

# The Voice of Eastern Skagit County

# Concrete Herald

Vol. 95, No. 8

August 2012

concrete-herald.com

50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdsvie • Grasmere • Concrete • Cape Horn • Sauk City • Sauk Valley • Rockport • Van Horn • Darrington • Corkindale • Marblemount • Bullerville • Newhalem • Diablo

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Members of the Darrington Friends for Public Use pause for a photo while working on Illabot Creek Rd. near Rockport July 28. From left, Brian Berggren, DFPU founder Martha Rasmussen, Don Bangert, April Bangert. Not pictured but also working on the road that day were Paul Wagner and Phyllis Reed. Wagner has adopted Illabot Creek Rd. and will monitor it regularly.

What do you do when one of your favorite backcountry roads has been closed because there isn't enough money for the U.S. Forest Service to maintain it? If you're Darrington's Martha Rasmussen, you form a volunteer group to take on the

task of monitoring the most crucial forest roads and doing what you can to keep them open, navigable, and beautiful.

Rasmussen's crusade began last summer with a planned day hike to Circle Peak. "I found that because of an access road

closure, I'd have to hike an additional seven miles to get there. That got to me," she said.

After a conversation with her husband,

See **Friends**, p. 23

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# Concrete Herald

The Voice of Eastern Skagit County

Jason K. Miller, publisher and editor 360.853.8213 / editor@concrete-herald.com

Concrete Herald owes its success to volunteer contributors from Sedro-Woolley to Diablo. **Contributors:** Kathy Henderson, Aimee Hirschel, Elaine Kohler, Bill Mueller, Melissa Norris, Dan Royal, Gladys Silrus, Maria Skaglund, Kris Voigt, Tammie Werner, and many more. **Cartoonists:** Joyce Harris, Stig Kristensen, Jonathan Carter; **Proofreading:** Katy Tomasulo; **Ad Production:** Lynn Jefferson; **Bookkeeping:** Upriver Bookkeeping Services. **Local contributors are welcome:** call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

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Concrete Herald is published the first Wednesday of each month and distributed via newspaper racks and retail businesses from Clear Lake to Newhalem, Washington. A complete list of distribution points is posted online at [www.concrete-herald.com/about-the-herald/distribution-points](http://www.concrete-herald.com/about-the-herald/distribution-points). Mail subscriptions are \$27 annually for U.S. addresses, \$39 for Canadian addresses. Other subscription options are listed on the "Subscribe" page at [www.concrete-herald.com](http://www.concrete-herald.com). Physical address: 7674 Cedar Park, Concrete, WA 98237. POSTMASTER: Send address changes to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Printed with pride by The Daily Herald, Everett, Wash., using soy-based inks. Contents © 2012 Concrete Herald LLC.

From the editor

## High-speed Internet, EMS levy

Recent efforts by Frontier Communications and Skagit County PUD to bring high-speed Internet access to the Upper Skagit Valley are to be lauded. True, in Frontier's case, the right push needed to come in the form of AT&T Wireless and others willing to help Frontier pay for the necessary infrastructure in order to make the venture financially viable, but the end result is the same: More Upper Valley homeowners and businesses will have access to high-speed Internet. Not only that, but in certain areas, users will actually have a choice between Internet service providers.

This is a pivotal moment for Upper Valley businesses and citizens. With high-speed Internet available, small, even micro-businesses can get started and flourish. *Concrete Herald* itself is one of those businesses, helmed by a staff of one and published from a home office that relies on high-speed Internet access. Here's hoping more businesses blossom in the wake of this good news.

On Aug. 7, Skagit County voters will be given a chance to weigh in on Proposition 1, which will ask voters to renew the countywide emergency medical service (EMS) levy. Since 1978, levy (tax) dollars have funded Skagit EMS' countywide EMS response system. The program provides basic and advanced life support care via three ambulance providers, 18 fire districts, four cities, and four towns.

In the Upper Skagit Valley, Aero Skagit provides emergency medical service from its base in Concrete. Its future will be at stake on Aug. 7, along with all the other EMS districts that serve 117,000 residents in Skagit County.

The EMS levy renewal is for six years at 37.5 cents per \$1,000 of assessed value. The current levy, at 25 cents, expires this year. The money will be used to continue EMS for Skagit County residents, as well as replace ambulances and life-saving equipment needed to treat victims of heart attack, stroke, and other medical emergencies.

Among our needs as humans, health is one of the most basic. The EMS levy renewal will help to ensure that need continues to be met in the most effective way possible. It will be money well spent.

Please vote YES on Proposition 1.

—J. K. M.

## SKAGIT RIVER BALD EAGLE INTERPRETIVE CENTER

### Saturday Market Benefit Bake Sale

Aug. 11, 9 a.m. to 3 p.m.

### Bald Eagle Interpretive Center Benefit Yard Sale

45182 Highway 20, Concrete (west of Logger's Landing)

Aug. 25, 9 a.m. to 4 p.m.

For more information or to make donations, call 360.853.8296

# Opinion

## Letters to the editor

### Renewed life in Concrete

It's not your imagination. There is renewed life in Concrete and believe it or not, you can find it on Main Street! We owe a big part of this positive direction and renewal to the efforts of a few good men.

A huge thank-you goes to Adolph Nieshe for raising all the American flags on Main Street. It's wonderful to see the flags waving proudly every day. For me, they instill that patriotic feeling of Small Town, USA.

An extra large round of thanks goes to John Boggs for all the work he's doing on the Concrete Drug Co. building (formerly Eagles). Even in the throes of repair, the building looks brighter and lighter. Seeing the building coming around to the way it was originally is heartwarming!

Painter extraordinaire Robert McWilliams has once again outdone himself with the coordination of colors on the Concrete Food Bank and The Washington Cafe & Bakery. Although we may disagree about what the exact hue is, we can all agree that the improvements he's made are fabulous! Robert's keen eye for balance and color shows through as his ongoing projects bring new light to Main Street and Concrete.

Thanks goes to the other two gentlemen involved in the Main Street Painting Project, Bill Sullivan and Jim Hillman. Your selfless contribution of time and effort are greatly appreciated!

*Sherrill Coville  
Concrete*

### Why doesn't council want to save Superior Building?

I attended the July 9 Town Council meeting because I knew the Superior Portland Cement Co. building in Silo Park was on the agenda. I came away mad,

frustrated, and very disappointed (see article, p. 4, for background information).

When Imagine Concrete was formed three years ago, it was determined that restoring the office building was at the top of the list of things the population in and around Concrete wanted done. Cleanup days were held with volunteers logging hundreds of hours of work, and a fence was erected around the building for security purposes. The feasibility study determined the building was sound and could be restored. The cost was high (\$750,000), but could be covered by applying for and receiving grant money.

I don't understand why some members of the Town Council voted not to allow those grants to be applied for. Why, specifically, don't they want the building to be restored? If Town Council doesn't want Town Hall to move there, other groups may be interested. A use for the building could/would be found, and the town could be collecting rent from those organizations.

*Gail Boggs  
Concrete*

### Council needs a history lesson

The July 9 decision by Concrete Town Council to address demolition of the Superior Portland Cement Company Administration Building seems quite random and severely uninformed. Council members who voted in favor of this

See **Letters**, p. 38

### Letters policy

Letters of 200 words or fewer may be e-mailed to [letters@concrete-herald.com](mailto:letters@concrete-herald.com) or sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

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## Commentary

# Straight talk regarding Skagit climate change

By Grace Popoff

Good news: Even in a warmer world, we might not see a lot more rain on an annual basis. Bad news: Wetter winters and rising snow levels could alter flood patterns in the Skagit basin in "inconvenient" ways.

Good news: A relatively stable coast line will likely diminish the effect of a rising sea level. Bad news: Even a relatively modest rise in sea level of 12 inches could substantially affect Skagit lowlands, challenge tide gates, and increase the frequency of extreme coastal flooding.

The June 21 presentation by Dr. Alan Hamlet at the Skagit County Commissioners' hearing room regarding potential climate change impacts in Skagit County was measured—measured in a thousand ways. Dr. Hamlet reviewed the many kinds of measurements that contribute to the scientific analyses regarding climate projections. He discussed how scientists working in many different fields pool their information to create models that predict what might happen in the future. They test their models by using them to "predict" historical trends. If the models predict what has already happened with reasonable accuracy, then their projections into the future are viewed as credible. When the models created by many groups of scientists converge, scientists gain confidence in the predictions.

The consensus in the large community of climate scientists did not happen overnight. This is a complicated topic with a great many factors to consider. There is clear evidence of dramatic shifts in climate over millions of years, yet humans have only been measuring weather for a few hundred years. Within a millennium, climate varies a great deal, so the challenge is to see if recent data fall within normal variations or indicate a break-out into new territory. Scientists are using many new strategies – ice cores, tree rings, sediment analyses – to create databases of ancient climate information. As they piece together data from the various sources, they debate the implications of this bit and that bit. Hence Dr. Hamlet's quip that it's hard to get a consensus when just two scientists are involved. How remarkable then is the broad consensus that has slowly emerged regarding a warming trend influenced by human activity that could shift the

earth's climate in ways that create serious challenges.

Many of the dissenters last week cited recent data that don't agree with a warming trend, questioned the ability of global climate models to simulate future trends, or disputed assumptions about how warm the medieval warm period was. Yet if you read an extended discussion of the evolution of climate science (such as Michael Mann's book *The Hockey Stick and the Climate Wars*), you'll see that, over time, challenges to the consensus on climate change have not held up as evidence accumulates that we are venturing beyond natural variations.

All of the graphs presented by Dr. Hamlet show a range of possibilities, but the trend is the same. The Pacific Northwest and the earth as a whole are warming, and the warming is projected to continue and intensify. Within this trend, there continue to be variations in weather that seem to conflict with the prediction of a warming trend; furthermore, climate change is not happening in the same way in every location. This makes it very hard for "regular folk" to know whom to trust, especially given deliberate efforts to discredit individual scientists and publish articles with distorted data.

My response to this situation is to read as much information as I can from scientists who are not linked to UN conspiracy theories, the fossil fuel industry, or think tanks with extreme ideologies. When I listen to presentations such as that by Dr. Hamlet, the tone of the presentation is very important to me. My sense was that Dr. Hamlet was straightforward, informative without being alarmist, and respectful to the dissenters. His information supported other information I've read. He gained my trust.

So, now then, what are the implications for us? Essentially this: more intense winter storms as the rising snow level and rising sea level alter flood patterns. Lowlands might see more instances of saltwater inundation, especially during storms. This could challenge the network of tide gates that protect farm land from salt water. Our "pineapple express" storms, and accompanying floods, could be more severe as less precipitation will fall *as* snow—and less will fall *on* snow—which can temper flooding. So much rain

will fall in un-dammed portions of the watershed that the dams will be less able to protect us from extreme storms. Also, we could see more floods in the fall and early winter.

An opposite problem could occur in the summer. With less precipitation stored as snow for gradual release during the summer, the low flow season could also be more extreme – sooner, longer, lower.

This would be a serious challenge for salmon, agriculture, water-dependent

## Commentary

# Saving a place: Superior Building

By Eric N. Archuletta, M.A.

"Save Our Superior." That was the feeling shared by many who attended the July 26 Concrete Town Council meeting. After much discussion, the council decided to lay the responsibility of raising money for a permanent roof for the Superior Building on the shoulders of the Historic Preservation and Landmarks Commission (HPLC) and Imagine Concrete. The roof will need to be installed within three years, or the building likely will no longer be salvageable, according to a feasibility report submitted by The Johnson Partnership for Town of Concrete.

The Superior Building is a 1920s administrative building that was gifted to the town by the Lone Star Portland Cement Company after the industry left Concrete in the late 1960s. During the past three years—with the council's direction and encouragement—community members have worked diligently to begin restoring the building, volunteering more than 300 hours in cleanouts, workshops, grant searches, and other work necessary to fulfill the task of saving the building, an idea that had grown new legs during the April 2009 Imagine Concrete townwide visioning workshop.

The Superior Building and Silo Park are eligible for listing on the National Register of Historic Places and hold a distinctive place not only in the history of Concrete, but numerous communities across Washington that used Superior Portland Cement products for the construction of commercial and residential structures. We are fortunate to have a tangible reminder of the town's history that present and future generations can see, touch, and experience.

If you would like to lend a hand in saving the Superior Building, here are some simple ways you can join in the effort and help make a difference.

industries, and people living here.

What should we do about this?

1. Get informed. A good place to start is the Web site for the Skagit Climate Science Consortium. Also, the Upper Skagit Library will soon have a DVD of Dr. Hamlet's presentation and the Q and A that followed.
2. Those of us who support the scientific consensus around climate change

See **Talk**, p. 32

### Donate!

Donations to the Save our Superior Fund will help in raising money to restore the building. Imagine Concrete Foundation is in the process of setting up this account at Columbia Bank in Concrete.

### Volunteer!

Attend an Imagine Concrete meeting. Meetings are held on the second Wednesday of every month at 6 p.m. in the Pilots' Lounge at Mears Field.

Attend an HPLC meeting. Meetings are held on the second Tuesday of every month at 6 p.m. in Concrete Town Hall.

Information about meeting dates, fundraising events, and work parties for the Superior Building will be published in *Concrete Herald*.

### Investigate!

There are many ways to get involved in historic preservation and learn more about your community at the same time. A great resource is the Concrete Heritage Museum.

Each time a historic or architecturally significant building in our community is lost through deterioration or demolition or through inappropriate changes to its exterior fabric, a piece of our heritage is lost as well.

Sir Winston Churchill eloquently stated, "we shape our buildings; thereafter, they shape us."

During the past three years, a spirit ignited the community to come together and put forth the effort to save this valuable part of Concrete history. The goal continues to be ensuring a long-term preservation of the Superior Building for the Concrete community. A small group of people has started the task to restore the historic Superior Building, but it will take a community to save it!

What's possible when our community comes together? Anything!

## Superior Building gets a reprieve

After first voting on July 9 to abandon efforts to secure funding for an early phase of restoring the Superior Portland Cement Company Administration Building, the Concrete Town Council agreed on July 25 to let two advisory groups pursue funding opportunities.

The council's second July meeting was attended in large part by local citizens who were frustrated by the council's initial decision, which seemed to open the door for demolition of the Superior Building after three years of town and citizen efforts to save it.

During the July 9 meeting, councilmembers David Pfeiffer, Jack Mears, and Mike Bartel voted to deny a resolution presented to them by the Historical Preservation and Landmarks Commission (HPLC), an advisory body that the previous council had voted into existence to help guide and inform the Superior Building's restoration.

Councilmembers Marla Reed and Jason Miller voted to pass the resolution, which would have accepted Seattle-based The Johnson Partnership's feasibility report on the building, and begun the process of "securing funding for the adaptive reuse of the [Superior Building], starting with securing the roof with a permanent replacement."

About 20 people attended the July 25 council meeting to protest the council's earlier decision. Among them were Bruce Newburn and Judy Fales, who live near Concrete. Newburn presented the council with 120 signed petitions in support of saving the building.

Another attendee, Bill Pfeifer, read from a prepared statement, which called the council's earlier decision "irresponsible" and said the council's decision was "arrogant, and it ignored the wishes of many people of the city and the surrounding areas, possibly the majority

of those folks."

The three dissenting council members were not convinced by the remarks from the public until John Boggs took the stand.

Boggs suggested an approach that would allow the town to remove itself from the fundraising effort, placing that responsibility with the Imagine Concrete group and the HPLC. Since The Johnson Partnership principal Larry Johnson had said the building probably wouldn't be salvageable three years from now, Boggs suggested a deadline could be set, giving the groups three years to secure funding for a permanent roof for the building.

All five council members agreed to the approach Boggs suggested, so a revised resolution will be drafted, directing Imagine Concrete and the HPLC to seek out funding for the building's permanent roof. The two groups will have until Dec. 31, 2015 to have the roof installed; if that deadline is not met, the restoration of the Superior Building will be reevaluated by the council. The council will vote on the new resolution during its Aug. 27 meeting.

Already, fundraising efforts have begun. The Imagine Concrete Foundation is working to create an account at the Concrete branch of Columbia Bank with which to receive donations. Fales coined the phrase, "SOS," which stands for "Save Our Superior Building." The slogan likely will be used for future fundraising efforts.

The Superior Building was constructed in 1920 and a basement laboratory was added in 1923. The building's restoration was one of the more popular ideas to come out of the first Imagine Concrete visioning workshop in April 2009. Since then, the town authorized the creation of the HPLC and approved efforts to become a Certified Local Government. Both decisions were made with the restoration of the Superior Building in mind.

—J. K. M.



Concrete citizens and area residents gathered at the Superior Building in Concrete July 11 to show their support for saving the building. The move was in response to the Concrete Town Council's July 9 decision to stop pursuing funding for the building's restoration.

## August road projects in Concrete

August road projects in Concrete will shore up potential problem areas and make travel lanes safer for folks on foot and behind the wheel.

### Main Street reconstruction

Reconstruction of Main Street from Cupples Alley west to Superior Ave. will begin on Aug. 20, following Cascade Days (see Notice of Proposed Road Closure, p. 39).

Two 12-foot-wide vehicle travel lanes, plus south-side curb and gutter, planter strip, and sidewalk are planned, as well as elements that bring the sidewalk into compliance with Americans with Disabilities Act (ADA) regulations. Engineers also will plan for the proposed Public Safety Building to be constructed on the west side of the Superior Building, and the planned public restrooms, which will be part of a multipurpose building sited in the northeast corner of the community garden.

### Burpee Hill Road permanent repairs

A long-term fix to Burpee Hill Road should begin in late August or early September, closing the road for up to three weeks at some point during the project. One lane of traffic should be open during the remainder of the project, according to statements made by engineer Cody

Hart of Reichhardt & Ebe during recent Concrete Town Council meetings. Complete closure is a point of concern for Concrete businesses.

—J. K. M.

## "Another friend lost to the woods" Logging accident claims George Nick.

Concrete logger George Nick lost his life in a July 23 logging accident near Darrington.

Nick, 48, was logging near the end of Sauk Prairie Rd. in rural Skagit County northeast of Darrington, off of SR 530. He was struck from behind by a piece of machinery, which fatally injured him in the head and neck.

Aid crews from Snohomish County responded, but found Nick deceased upon their arrival.

A memorial service for Nick was held July 27 at Lemley Chapel in Sedro-Woolley, followed by a burial ceremony at Forest Park Cemetery in Concrete and a potluck at a family member's house.

An investigation into the accident is being conducted by the Skagit County Sheriff's Office and the Washington State Department of Labor and Industries.

—J. K. M.

## Council summary

Concrete Town Council met for regular meetings July 9 and 25. Following are summaries of those meetings. Complete minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).

### July 9

Mayor Wilson reported that he had heard from Adam LeMieux with Rick Larsen's office, who reported that the funding once thought available for construction of the new public safety building is no longer available. LeMieux was to attend the council meeting on July 23 to discuss funding (Editor's note: Mr. LeMieux did not attend the July 23 regular council meeting).

A FEMA representative still plans to visit in August for a meeting regarding funding. A grant writer remains an option for funding also.

Mayor Wilson stated that he would not give up on this project.

Cody Hart of Reichhardt & Ebe reported they are moving forward with the Burpee Hill Road project and are hoping to go out to bid in mid-July, with construction starting in August. Hart stated that the road would need to be closed for two to three weeks for repairs. Councilman Jason Miller commented that the contractor should be told to make haste, because the closure affects many people and town businesses' revenue.

Superior Building: Councilman David Pfeiffer made a motion to discontinue looking for funding for the Superior Building. Councilman Jack Mears seconded the motion.

Councilman Michael Bartel stated that after walking through the building, he believed it would cost more than the verbal estimate of \$750,000 to restore it. He said it would be a money pit, and said later there are too many unknowns.

Councilwoman Marla Reed said she had mixed feelings. She understood the history of the building, but also felt it might be a money pit.

Miller read an e-mail from Kelly Bush, archaeologist with the Historic Preservation and Landmarks Commission, regarding why the building is perfect for telling the history of the town. He stated later that he thought the town should at least try to get grant funding at no cost to the town. He said that the

town has a professionally produced study that supports the feasibility of what the people want the town to do with the Superior Building.

Pfeiffer said a private group could raise funds if they chose to, but the town should not spend any money on the building.

Mears stated that the town has too many projects that need doing to put money into a project that does not need doing.

After audience input in favor of saving the building, Mayor Wilson called for a vote on Pfeiffer's motion. The motion carried with a vote of 3 to 2, with Mears, Bartel, and Pfeiffer in favor, and Reed and Miller opposed.

Mayor Wilson stated that if the building was not going to be restored, it should be torn down. Reed agreed that it is the town's responsibility to tear it down if it is not going to be restored. Mayor Wilson asked Alan Wilkins to get a demolition estimate.

### July 25

Superior Building: Local resident Bruce Newburn presented 120 signed petitions to the council, requesting that the building be saved.

Local resident Bill Pfeifer read from a prepared statement that referred to the council's vote against restoring the Superior Building as "irresponsible" and "arrogant."

Local resident Sandra Mitchell stated she cannot believe the history of this town would even be considered for demolition. She also stated this is one of the last remaining buildings that tells the history of the town.

Miller reminded the council that the \$750,000 amount was an estimate given verbally before the report was complete, and that the report stated a figure of \$1.27 million for restoration.

Discussion moved to whether the building eventually should be used as Town Hall, and whether it was fiscally responsible to spend money for its restoration.

Local resident John Boggs stated that he doesn't believe the community effort should be disregarded. He suggested instituting a deadline for the funding to be sought by Imagine Concrete and the Historical Preservation and Landmarks Commission, and if at that time funding is still not secured, the town may proceed with the possible demolition of the building. This idea was agreeable to the council, which will give the groups three years to secure funding for restoration.

**Cascade Days 2012**

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# Cascade Days hits Concrete streets Aug. 18–19

Concrete’s biggest summer attraction is once again lined up, promising family-friendly fun for all ages during the weekend of Aug. 18–19.

Besides several popular returning events, this year’s celebration includes a special emphasis on entertainment for children, said organizer Gladys Silrus.

A three-hour stretch of kids’ games on Sat., Aug. 18, will be supplemented this year with additional activities. Children ages 5 and up will get a chance to design their own wooden cars, airplanes, and birdhouses, or make foam bracelets.

For younger kids—ages 3 and up—Silrus will provide a Spring Scratch-N-Reveal Craft. “Kids can have fun making small items to take home with them, keep, or give away,” said Silrus.

Sun., Aug. 19 will offer a scavenger hunt for kids ages 7 to 11, beginning between 1 and 2 p.m. Look for silly races on Sunday, too, such as a tire race and Slinky race.

### The usual suspects

Cascade Days wouldn’t be itself without

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its parade, scheduled this year for 11 a.m. on Saturday, with lineup beginning at 9 a.m. Look for entries new and old, with Concrete’s own cedar man—the man who stared death in the face and lived to tell about it—Mr. Ed Rogge as Grand Marshal!

Also on Saturday, a car show will be staged in Concrete Town Center, running from 12:30 to 4:30 p.m.

In Veterans Memorial Park (formerly Town Park), look for the Firemen’s Muster at 12:30 p.m., with feats of strength on tap, as well as a contest to see who has the better aim with a water hose.

A fish tank sponsored by PSE, plus pony rides, will be available from 1 to 4 p.m.

The always-popular Log Show will start at 2:30 p.m. and end when the last axe is thrown.

At 2 p.m., scaffold races will be held on Main Street, in front of the Upper Skagit Library.

Chain saw carvers will display their skills along SR 20 at Douglas Vose Way beginning at 12:30 p.m., with an auction at 4:45 p.m. (Sunday auction at 4:15 p.m.).

On Sunday, visitors are encouraged to vote for their favorite chili at 2 p.m., during the Cascade Supply Chili Cook-off.

Pie- and watermelon-eating contests will provide a messy and hilarious distraction during the afternoon, beginning at 1:30 p.m.

—J. K. M.

## Concrete passes moratorium on medical marijuana dispensaries

Looking to buy time to gather citizen input and examine its legal options and obligations, Concrete Town Council voted July 25 to place a moratorium on the issue of whether to allow medical marijuana dispensaries within town limits.

The moratorium will expire Jan. 31, 2013, during which time the town will hold a public hearing on the subject, as well as research its obligations and legal parameters with regard to such dispensaries.

Currently, medical marijuana dispensaries are illegal according to federal law, although state law may allow them in certain cases.

—J. K. M.

## Cascade Days 2012 SCHEDULE

### Sat., Aug. 18

- 9-11 a.m. Parade line up
- 11 a.m. Parade
- 12:30-4:30 p.m. Car Show
- 12:30 p.m. Chain saw carving (corner of Hwy 20 and Douglas Vose Way)
- 12:30 p.m. Firemen’s Muster (Veterans Memorial Park)
- 1 p.m. Parade Awards
- 1-4 p.m. Kids’ games, dunk tank (Veterans Memorial Park tennis court)
- 1-4 p.m. Fish tank (Veterans Memorial Park)
- 1-4 p.m. Pony rides (Veterans Memorial Park)
- 2 p.m. Scaffold race (Main Street, in front of library)
- 2:30 p.m. Log Show (Veterans Memorial Park)
- 4 p.m. Car Show Awards (east end of Main Street)
- 4:30 p.m. Duck Race (Main Street, in front of bank)
- 4:45 p.m. Carving auction (corner of Hwy 20 and Douglas Vose Way)
- 6:30 p.m. Cascade Ramblers (American Legion)

### Sun., Aug. 19

- 9 a.m. Cascade Supply’s Chili Cook-off begins (Veterans Memorial Park)
- 10 a.m. Entertainment (Veterans Memorial Park)
- 10 a.m. Chain saw carving (corner of Hwy 20 and Douglas Vose Way)
- 11 a.m. Pet Show (Veterans Memorial Park)
- 12 p.m. Karaoke
- 12:30 p.m. Jam Contest (Veterans Memorial Park)
- 1:30 p.m. Pie-Eating Contest (Veterans Memorial Park)
- 2-3 p.m. Chili Cook-off tasting/voting (The public is needed to vote their choice)
- 2:30 p.m. Watermelon-Eating Contest (Veterans Memorial Park)
- 3:45 p.m. Button Drawing (Veterans Memorial Park)
- 3:30 p.m. Chili Cook-off winner announced
- 4:15 p.m. Carving auction (corner of Hwy 20 and Douglas Vose Way)

## Skagit County Citizens Ignited seeks Concrete coordinator

A local effort to reverse the 2010 Supreme Court ruling that corporations are entitled to spend unlimited funds in U.S. elections is seeking a Concrete-based coordinator for the Upper Skagit area of Skagit County.

Skagit County Citizens Ignited is working with FreeSpeechForPeople.org to enact a constitutional amendment that “puts people ahead of corporations.”

The coordinator would be responsible for appearing before Concrete Town Council twice: once to explain the group’s intent, then to collect supporting signatures from a minimum 10 percent of the population, then to return to the council with the petitions and a request to pass

## THIS AND THAT

By J. K. M.

The 40-year class **reunion for CHS class of 1972** will take place during Cascade Days. Alumni will line up for the Cascade Days Parade on Sat., Aug. 18 at 10 a.m., and participate in the parade, followed by a potluck at Brad Monrad’s place at 3 p.m. Questions should be directed to Elena (Balzar) Harp at meharp@comcast.net.

**Birdstock** is back! On Sat., Aug. 4, from noon till dark, Birdview Brewing Co. will host the popular annual event, whose \$5 entry fee goes to support the Birdview Volunteer Fire Department.

Besides the suds, Birdstock showcases local bands; this year’s lineup includes Barefeet, Fanny Alger, Jack Mattingly, Fortune 500, and more.

Event organizers welcome all comers, with only three “no-no’s”: no outside alcohol, no dogs, and no overnight camping. For more info, go to [www.birdviewbrewingcompany.com](http://www.birdviewbrewingcompany.com).

A **Townwide Yard Sale** to benefit Concrete Theatre’s “Donate to Digital” campaign will be held on Labor Day, Sept. 3, at Veterans Memorial Park in Concrete. Save the date!

Another **free Medicare insurance basics seminar** is planned for Wed., Sept. 12, from 3:30 to 4:30 p.m. It will be held at the East County Resource Center, 45770 Main St., Concrete.

The seminar is designed for those turning 65 or anyone interested in more information on this complex subject. No selling or no specific plan information will take place. For reservations, call 866.733.5111.

The **vandals who sprayed graffiti** on the Henry Thompson bridge during the evening of June 26 have been caught. How? Why, because the little Rhodes Scholars signed their initials to their work.

a resolution to reverse Citizens United through a constitutional amendment.

So far, Seattle, Bellingham, and Langley have passed resolutions, as have the commissioners for Jefferson and Island counties, according to Skagit County Citizens Ignited coordinator Gail Nicolls.

For more information or to volunteer for the Concrete coordinator position, contact Nicolls at [guemesgail@gmail.com](mailto:guemesgail@gmail.com) or 360.293.9540.

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United General Hospital has been creating success stories since 1965. With the most advanced technology, expert staff, and a safe, friendly environment, we offer all the programs and services you need to live a healthier life. For high quality healthcare, community education, and innovative programs and events, think of United General Hospital as your partner in wellness.

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- Physical Therapy
- Pulmonary Rehabilitation
- Sleep Disorders Center
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# Sports



## Lions football team trains for fall season in Oregon

The Concrete Lions football team participated in the Camp Rilea football camp on a military reservation near Astoria, Ore., from July 14–18.

The camp annually hosts teams from Washington and Oregon who participate in a passing league, various physical contests, and live scrimmages.

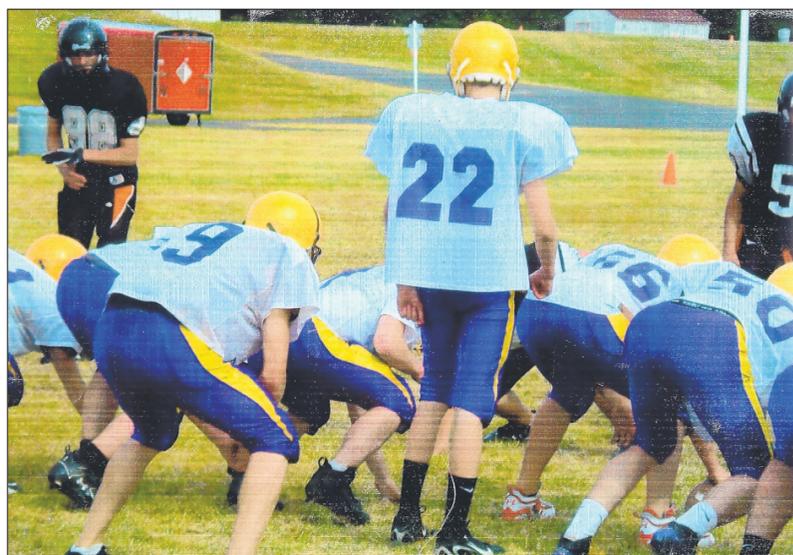
The Lions had an intense daily schedule of events during their five days in camp. They took the field against teams of many levels from both states. Although on most days the players were busy from breakfast until 9 p.m., they got one break from football for an afternoon visit to Seaside, Ore.

Team members finished their experience on a high note by defeating class 2A Tillamook, Ore., in the “super scrimmage”—the culminating event of the camp.

Concrete’s regular season practice begins Wed., Aug. 15. Gear will be issued to those who didn’t attend the Camp Rilea trip and newcomers at 6 p.m. on Mon., Aug. 13 at the high school. All players must turn in the school athletic packet and have a current physical on file before they can begin practice. Forms can be picked up at the school district office or at weightlifting on Monday and Wednesday evenings.

—Ron Rood

**Sports schedules are online**  
Updated schedules for all Concrete School District sports teams are online and updated regularly. Go here: [www.concrete.k12.wa.us/sports.html](http://www.concrete.k12.wa.us/sports.html)



Members of the Concrete Lions football team line up for a scrimmage during the Camp Rilea football camp near Astoria, Ore., from July 14–18. At quarterback this year will be Dallas Newby. Jersey no. 9 is James Luttrell. At center is Dilyn Stidman. The Lions’ regular season practice will begin Wed., Aug. 15. Photo submitted by Ron Rood.



Tyrel Pritchard of Birdsview comes in first during the fourth annual Cinder Shins 5K Fun Run/Walk in Concrete on July 28. The event is a component of the Cement City Street Fair, which is sponsored by United General Hospital and carries a theme of health and wellness. Pritchard ran the 5K route in 20 minutes, 59 seconds. The next five finishers were Sharon Watson of Mt. Vernon (21:08), Taylor Warner of Birdsview (24:15), Jared Felling of Concrete (24:16), Matthew Holman of Concrete (24:17), and Rob Walston of Bellingham (24:50).

# Athletes of the Year

## Filtz, Clark take top honors

Concrete High School junior **Jessica Filtz** was awarded Female Athlete of the Year by the Concrete Booster Club in June at the high school’s end-of-the-year awards assembly. The Booster Club recognizes one male and one female athlete at the end of each school year for outstanding athletic achievements.

Filtz participated in three sports last year (soccer, basketball, and track & field) and lettered in all three. She was named to the Northwest 1A-2B All-League 2nd Team in soccer and 1st Team in basketball, as well as All-County 2nd Team for basketball. Filtz also advanced to the state competition in track & field.

Some of the accolades Filtz received were being named team MVP for both her basketball squad and the women’s track team. Her accomplishments this past year included leading her soccer team in goals scored and her basketball squad in steals, assists, 3-point shooting, and free-throw attempts. She also was second on the team in rebounds and points per game.

In track, Filtz was League, District, and Bi-District Champion in the shot put and javelin. She was League and District Champion in the long jump. She made it to the State Championships in the long jump, shot put, and javelin, placing second in javelin. Filtz set a school record in the triple jump and was part of a record-setting 4x400m team as well. She will be aiming for more records within her grasp next year; she is just a few feet shy in the javelin and only inches in the long jump, and also is on pace to become the career leader in steals and assists for women’s basketball.

Filtz acknowledged that her teammates are always helping to push her to be her best and playing with them. She thanked them for making her junior year an exceptional one, and is looking forward to seasons she has left with her fellow seniors. She knows that if they continue to push each other to their full potential, they will succeed, no matter the odds.

Filtz could not pick any specific moment as a highlight from last year, but said that either winning their playoff basketball game or placing at track state could be one. She cherishes not only all of the team and individual accomplishments, but also the learning process and the struggles that she’s had to go through to get to where she is. Filtz also was involved in her



Incoming senior Jessica Filtz was voted women’s Athlete of the Year by the Concrete Lions Booster Club. She participated in three sports last year, and lettered in all three.

community through Youth Dynamics and maintained a 3.6 GPA for her junior year.

Filtz plans to work even harder her senior year to make sure that it’s even more memorable than the previous. There’s still plenty of work to be done, and she has her eye on some redemption from past seasons. Filtz hopes to be able to continue her athletic career in some fashion at the college level once she is done with high school.

—Matthew Williams

### 2011–12 SOCCER stats and honors

- Letter earned
- Northwest 1A-2B All-League 2nd Team
- Led team in goals

### 2011–12 BASKETBALL stats and honors

- Northwest 1A-2B All-League 1st Team
- All-County 2nd Team
- Team MVP
- Led team in steals, assists, 3-point shots, and free-throw attempts
- Second on team in rebounds and points per game

### 2011–12 TRACK & FIELD stats and honors

- League, District, Bi-District champion in shot put and javelin
- League and District champion in long jump
- Second in State, javelin
- School record in triple-jump and 4x400m relay
- Team MVP

**Tyler Clark** made headlines repeatedly during his senior year at Concrete High School, breaking records and frustrating his competition along the way.

A natural athlete, Clark brought equal parts physical ability and mental sharpness to his game. Because of this, Concrete Lions Football Coach Ron Rood put the ball in Clark’s hands as often as he could.

“He’s a good runner, good thrower, good receiver. We tried to get him in positions where he would get the ball or at least handle the ball,” said Rood of his quarterback, who was an equal threat as a running back. During the 2011–12 school year, Clark racked up 1,471 rushing yards, setting a new single-season rushing record at Concrete. He also became the first and only Concrete football player to pass and rush for more than 2,000 yards in a career. “He’s a tough kid. Smart. Great competitor,” said Rood. “He enjoyed being in competitive situations.”

On the basketball court, Clark broke the all-time Skagit County single-season scoring record with 785 points, and set a new Skagit County career scoring record with 2,080 points.

He played four positions, said Coach Larry Tyndall: “I had him at point guard, off guard when we needed to focus on scoring, small forward when we needed to run certain plays. He played the post too; he could transition between those positions and the other team didn’t know where he was going to be.”

Tyndall said Clark’s “basketball IQ” was very high on the court and off.

“It was almost like having an assistant coach on the floor,” he said. “You don’t come across that very often.”

Clark was a highly skilled and confident athlete on the hardwood, added Tyndall. “He’s able to execute. He has a high level of awareness about what needs to be done in any situation,” said Tyndall.

Clark finished his senior year on the mound and elsewhere in the field for the Concrete baseball team. He logged a .500 batting average and went 6–2 as pitcher. He was named to the 1st Team All-County and 1st Team All-League, and was chosen as League and Team MVP.

After losing so much talent bundled into one athlete, Concrete High will face a challenge next year as it seeks to find one or more athletes to fill Clark’s shoes.

—J. K. M.



Graduated senior Tyler Clark was voted men’s Athlete of the Year by the Concrete Lions Booster Club. Among other accomplishments, Clark broke the Skagit County single-season and career scoring records in basketball.

### 2011–12 FOOTBALL stats and honors

- 1,471 yards rushing for a single football season, setting a new all-time single-season record at Concrete
- First and only Concrete football player to pass and rush for over 2,000 yards in a career
- 1st Team All-League offense and defense
- 1st Team All-County offense
- Selected as All Star for All State Earl Barden Classic, East vs. West
- Team MVP

### 2011–12 BASKETBALL stats and honors

- Averaged 35.6 points per game
- Skagit County player of the year
- 1st team All-League
- Broke the all-time Skagit County single-season scoring record with 785 points (previous record was 651 points set in 1993–1994)
- Broke all-time Skagit County career scoring record with 2,080 points from 2008–12 (previous record was 1,914 points, set from 1995–1999)
- Team MVP
- Selected as All Star in All-State game
- 3-point shooting champion at Senior All Star Night for all schools and classifications in Skagit County

### 2011–12 BASEBALL stats and honors

- .500 batting average
- 6–2 as pitcher
- 1st Team All-County
- 1st Team All-League
- League MVP
- Team MVP

## Savvy businesses advertise in Concrete Herald

**Targeted.** Five thousand copies circulate through Whatcom, Skagit, and Snohomish Counties every month, reaching an untapped market of readers, many of whom say they read only *Concrete Herald*.

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“Our ads in *Concrete Herald* help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from *Concrete Herald* readers.”

—Valerie Stafford  
communications director  
United General Hospital,  
Sedro-Woolley

## Concrete Herald

The Voice of Eastern Skagit County  
[www.concrete-herald.com](http://www.concrete-herald.com) 360.853.8213

# Scenes from a skateboarding competition

Concrete Youth Activity Day brought 18 contestants to the Skate Park.



Jose Torres.



Chaz Holder.



Hawkman Williams.



James Luttrell.

## The Travel Guide is back!

Reach visitors to the Upper Skagit Valley by advertising in the 2013 North Cascadian Travelers' Guide.



**Publication Date**  
May 2013

**Circulation:** 15,000 **Pages:** 48

**Deadline for ads:**  
Dec. 31, 2012

**Deadline for payment:**  
Jan. 31, 2013

The Travelers' Guide will showcase the history, plus current activities and events for visitors to:

Clear Lake, Sedro-Woolley, Lyman, Day Creek, Hamilton, Birdsvew, Grasmere, Concrete, Rockport, Darrington, Marblemount, Newhalem, and Diablo.

A **Concrete Herald** Publication

For more information or to request an advertising rate card, send an e-mail to [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

**Call 360.853.8213**



Tristin Vandershule.

## Concrete Youth Activity Day Skateboard Contest WINNERS

Congratulations to the following winners:

### Advanced

- 1st place: Jose Torres
- 2nd place: James Luttrell
- 3rd place: Andrew [no last name]

### Beginner

- 1st place: Cutter [no last name]
- 2nd place: Chase Holder
- 3rd place: Grayson Luttrell

## CONCRETE HERITAGE MUSEUM NEWS

Concrete Heritage Museum is **open for the season**. If you haven't been to the museum in some time or have guests coming to visit this summer, plan a Saturday afternoon to visit us from noon to 4 p.m.

You still can make an appointment to visit the museum or do research in our library outside of our regular hours. Simply call Robin at 360.826.3075 or e-mail us at [concreteheritagemuseum@stumpranchonline.com](mailto:concreteheritagemuseum@stumpranchonline.com).

**Monthly meetings** are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

Thanks to all who helped raise much needed funds during the annual **Bow Hill fundraiser**.

The annual **Picnic/Potluck** will be held Aug. 9, at 6 p.m. at the Concrete Center. Tang, coffee, plates, and plastic tableware will be provided. Everyone bring your favorite dish.

**Concrete Herald Digitization Project:** John Boggs was notified that PSE is getting ready to work this project.

Special visit: The group **"Friends of Museums"** will visit on Sept. 26. They plan to arrive at noon, tour the museum, and have lunch.

The Centennial reprint of *So They Called the Town Concrete* is still available. The new edition features enhanced photographs and a more readable font. New cover graphics were done by Philip Johnson. Copies are available at Albert's Red Apple (at the lottery counter; please pay for it there) and the museum. An order form also may be printed at our Web site: [www.stumpranchonline.com/concreteheritagemuseum.com](http://www.stumpranchonline.com/concreteheritagemuseum.com).

**WANTED: New Museum Association members!** Support your local historical museum.

—Dan Royal

## At the Upper Skagit Library

Friends of the Upper Skagit Library (FOUSL) will present another **Amazing Book Sale** during Cascade Days, on Sat., Aug. 18, from 9 a.m. to 4 p.m. in the Library/Resource Center parking lot in Concrete. Proceeds from FOUSL fundraisers go to the Upper Skagit Library to pay for equipment, materials, and other needs beyond the library's regular budget (summer reading programs or student library card scholarships), or to sponsor community programs such as free public lectures, book talks, story hours, or writing workshops.

**FOUSL needs volunteers** to sort books before the event, or to set up canopies and tables, or sell books the day of the sale. Even an hour or two of your time is appreciated; you do not have to be a FOUSL member to volunteer. Helping with the sale is a good

way to find out if you'd like to be more involved with FOUSL. To volunteer, e-mail [uslfriends@gmail.com](mailto:uslfriends@gmail.com) or call Betty at 360.770.5914.

Book sales are by donation, with shoppers encouraged to fill a bag with books to take home for their reading enjoyment.

Because the *Concrete Herald* copy deadline this month precedes the end of the summer reading program, it's difficult to tell you of the crowds for the last two performers. What I can tell you is one reader has completed more than 8,400 minutes (140 hours) since June 18!

For those of you who bid on the silent auction items at the Saturday Market a few weeks ago, the Board meeting will be Aug. 9 at 5 p.m., at the library.

—Aimee Hirschel, director

### TWO-MUSEUM ESTATE SALE

Benefits Skagit County Historical Museum and La Conner Quilt & Textile Museum Antiques, collectibles & more!

La Conner Civic Garden Club, La Conner, WA  
**August 10-12**

8/10: Preview Sale, 5:30-8 p.m., \$20/person  
8/11: FREE & open to public, 10-6 p.m.

8/12: FREE & open to public, 10-4 p.m.  
Info: 360.466.4288



A Boyd family gathering is shown in this 1933 photo. The Boyd and Savage family of Birdsvew, as well as the Rozema family of Bay View, will be honored as Pioneer Family of the Year and Family Contributing to the Pioneer Spirit, respectively, during the 108th Annual Skagit County Pioneer Association Picnic and Meeting on Aug. 2. *Photo submitted by Dan Royal.*

## Pioneer Picnic to be held Aug. 2

The 108th Annual Skagit County Pioneer Association Picnic and Meeting will be held Thur., Aug. 2 at Pioneer Park, near the Rainbow Bridge in La Conner.

Admission is \$12, which includes a barbecued salmon lunch and membership in the Pioneer Association. Lunch will be served at 11:15 a.m.

The Business Meeting of the Association will begin at 12:45 p.m. and will include a memorial tribute for departed pioneers. Special honorees will include the Savage and Boyd family of Birdsvew as Pioneer Family of the Year, and the Rozema Family of Bay View as Family Contributing to the Pioneer Spirit. Boyd descendant, retired U.S. Ambassador to Thailand Darryl N. Johnson, will share a few words.

The Savage family came to Skagit County in 1874, while it was still part of Whatcom County. George Savage was the first county engineer of Skagit County, and located most of the pioneer roads here. He was interested in politics and once made a steamboat journey from Mount Vernon to Whatcom to protest on behalf of the would-be Skagit County residents.

The Savages and their four children—Leslie, Bert, William, and Ira—crossed the plains from Iowa on the first train to carry passengers to San Francisco.

The family came north by sailing ship to New Westminster, and settled in British Columbia. From there they left on a sailboat that George Savage had built. They spent a winter at March's Point, but later went on to Utsaladdy, where a sawmill was located. Eventually Savage left the mill to look for a homestead, finding his way to Concrete, where he settled on the Skagit River.

The original Savage home was destroyed by fire, but Bert Savage built a home on the same site and for a time retained the old log outbuildings, as well as part of the original orchard.

At this year's picnic, the Skagit County Historical Society and Museum will have tables with historical publications related to local Skagit County history. On sale the day of the picnic will be a new edition to the Skagit County Historical Series titled, *Bridgeside: Selected Stories of Dick Fallis, Skagit County Historian*. There will be a 15 percent discount off the \$18.95 retail price the day of the picnic.

Attendees' picnic ribbons will provide free admission to the Historical Museum the day of the picnic. The museum is located at 501 S. 4th Street, at the top of the hill in La Conner. For more information, call 360.466.3365 or visit [www.skagitcounty.net/museum](http://www.skagitcounty.net/museum).

The Skagit County Pioneer Association was originally formed in 1891 and revived in 1904.

—Dan Royal



# Academics



## Back-to-School Blessing will hand out backpacks of school supplies Aug. 12

The annual Back-to-School Blessing event in Concrete will take place at Concrete Center (formerly Concrete Senior Center) on Sun., Aug. 12, from 1 to 3 p.m.

This year, four Concrete churches are working collaboratively to provide free school supplies for Concrete School District students as they head into the 2012-13 school year. The supplies—which will fill backpacks—are intended for K-8 students. Additional supplies will be given to high school counselors; high-school-age students can visit the counselors for their supplies.

A volunteer committee has been formed of representatives from the churches, which are Mount Baker Presbyterian, Shepherd of the Hills Lutheran, St. Catherine Mission Church, and Concrete Assembly of God.

“One hundred and twenty backpacks is the goal,” said committee member Sara McReynolds. “We’ll start handing them out at 1 p.m., and when they’re gone, they’re gone.”

McReynolds said the churches have begun collecting school supplies and will do so through Aug. 10, when the committee and other volunteers will meet to fill the backpacks.

Donations of supplies are still being accepted. Since supply needs vary among age groups, the committee has created a list of needed items that can be obtained by contacting committee member Sara McReynolds at 360.826.4681 or 4sarita@frontier.com. The list also is included in the online version of this article posted at www.concrete-herald.com.

—J. K. M.

## Free climate change teacher workshop

North Cascades Institute will offer a climate change workshop for teachers Aug. 10-14. Teachers will spend the week in the North Cascades, studying the effects of climate change in the Pacific Northwest from climate science experts, resource managers, and climate change educators.

The workshop will focus on understanding climate change on a regional basis and adapting lessons from climate change curricula to teachers’ classrooms.

The workshop is free and provides teachers with clock hours.

For more information and to apply, go to [www.ncascades.org/signup/programs/climate-challenge-teacher-workshop](http://www.ncascades.org/signup/programs/climate-challenge-teacher-workshop).

## Cub Scout Pack 4074 plans reorganization

The Mount Baker Council of the Boy Scouts of America is working with community leaders in the Concrete area to reorganize Cub Scout Pack 4074.

The Boy Scouts of America is the nation’s foremost youth program of character development and values-based training in good citizenship, patriotism, community service, and leadership. Judie and John Legg of Concrete have worked with the Cub Scout program in the past and have agreed to be part of the reorganization effort. The Mount Baker Council is conducting a membership drive during the summer and fall and also is seeking adult volunteers to get the Pack up and running.

Pack 4074 is important to the district and will be a valuable resource to the youth of the community, but we know there are many more boys in the community who would benefit from the Boy Scouts program. It would be ideal to organize more than one Pack in the area.

To volunteer or get more information about the Cub Scouts, call Judie or John Legg at 360.853.9500 or Hector Franco at 360.420.2921.

—Hector Franco, membership chair Skagit District

## Summer feeding program in Concrete

Concrete School District will sponsor the Simplified Summer Food Program for all children ages 18 and younger this summer. Meals will be made available at no charge at the following location and time(s) Mondays through Thursdays, July 9 through Aug. 9:

Concrete Elementary School Cafeteria  
7838 S. Superior Ave., Concrete  
Breakfast: 7:30 to 8 a.m.  
Lunch: 11:30 a.m. to noon

## “Adopt A Student” aims to help students in need

Heart To Heart Charity is holding an Adopt A Student event for families needing assistance with school supplies.

Shoppers can select a tag number of a child they would like to shop for at [www.facebook.com/HeartToHeartCharity](http://www.facebook.com/HeartToHeartCharity) under “Notes.” Shoppers then will receive a list of the required items for that child.

All items for the child are due back by Aug. 17. The charity also is accepting nomination forms for families needing assistance with school supplies. Forms are available on the Facebook page, via e-mail at [HeartToHeartCharity@gmail.com](mailto:HeartToHeartCharity@gmail.com), or by calling 360.826.3818.

The charity also is looking for salons, barbers, and hair stylists to donate free basic hair cuts, and is accepting school supplies and cash donations. Donations can be dropped off at Lyman Town Hall during regular business hours or mailed to Heart To Heart Charity, P.O. Box 1372, Lyman, WA 98263.

## Save the date: Lyman Back to School Parade

The 8th Annual Lyman Elementary Back to School Parade will be held on Tue., Sept. 18.

The parade will start at 6 p.m.; participants need to be at the set up location at the Minkler Mansion by 5:30 p.m. To register, contact parade organizer Tammie Werner at [oney\\_brat@yahoo.com](mailto:oney_brat@yahoo.com).

## A Meeting To Be Remembered

The first sight of his newborn child leaves him in awe  
The light beams reflect off him the most beautiful being he ever saw

He caresses his child ever so tender  
Not even an artist could capture this moment in a render

The glorious meeting is hard to explain  
The simple beauty is difficult to obtain

When his baby girl has blossomed to a mere one-year-old  
It mutters the word, “Dad,” the first to be told

As the child grows older, bumps and bruises are earned  
Dad says consider them lessons well learned

School is rough not just nice words are said  
Sometimes it’s scary to have your own big kid bed

Boyfriends are a new experience as well  
Dad only wants to catch her heart in case it fell

He says he loves you and is always there  
She says, “Whatever, Dad,” with a rolling glare

Her age only increases and she eventually moves out  
She says don’t worry Dad I have my own planned route

He worries to the point of losing sleep  
But he loves her and the trust he must keep

Her wedding symbolizes another man worthy of her love  
The father-daughter dance is a moment sent from above

She breaks the news a few months after  
Daddy’s going to be a grandpa he can only thank the man in the rafter

He sees it as another chance  
For those sleepless summer night rants

As another opportunity to care  
A special connection we know as rare

As dad gets older and closer to the sky  
he tells his baby it’s his time to fly

These goodbyes are never hoped for  
His farewell is said in three words no more

I love you he barely says with his last breath of air  
Three words that don’t see that much wear

But this isn’t their last meeting  
For he will be at the pearly gates with a rejoicing greeting

They will be together for infinite time  
in a book of poems life on earth is just one single rhyme

Emily Stidman  
Concrete

# CASCADE SUPPLY Do it Best

**Home Deals!**  
While Supplies Last!  
**8<sup>00</sup>**  
**18 Gal. Tote Box**  
611670 Sale ends 8/31/12

**Tool Savings!**  
While Supplies Last!  
**5<sup>97</sup>**  
**1" x 30' Tape Rule**  
316873 Sale ends 8/31/12

Expires 8/31/2012  
**Save \$3/bag Off Nutrena Layer Feeds**  
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## Concrete School District opens kindergarten registration

Concrete K-8 is accepting 2012-13 kindergarten registrations. Students must be 5 years of age by Aug. 31, 2012, to be eligible. The child’s birth certificate and immunization records are required.

Students are required to attend a scheduled kindergarten activity day on Aug. 22 or 23. Parents will choose an appointment time for the kindergarten activity day at the time of registration.

Register in the Concrete K-8 office from Mon. through Fri. between 8 a.m. and 3 p.m.

Questions regarding the kindergarten registration process should be directed to the Concrete K-8 office at 360.853.8145.

—Submitted by Concrete School Dist.

**Continue the cycle**  
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# Clear Lake



## United in purpose

### Three local women take on the Clear Lake Triathlon.

Three lives converged this year at the Clear Lake Triathlon, where three friends gathered to take on the challenging race. Sharon Herring from Birdsview, Sylvia Miles from Day Creek, and Tara Day from Sedro-Woolley spent weeks training for the July 7 event, which consisted of a 1/3-mile swim, a 14.8-mile bike course, and a 4-mile run.

Herring, 51, was the catalyst for the other women's involvement. "I started doing triathlons about six years ago—not that I'm any good at them—I just do them because I want to be healthy," said Herring, laughing. She wasn't a jock when she was younger, said Herring, so she wanted other people to see that someone who hadn't done sports in the past could do a triathlon. All



Tara Day of Sedro-Woolley begins the running portion of the Clear Lake Triathlon.

three women attend Day Creek Chapel, and Herring encouraged them and other women there to consider accepting the challenge of a triathlon.

"At first I thought, no way, but then I thought, why not?" said Tara Day, who already was on a path to better health.

About two years ago, Day, 33, had graduated with a degree in interpreting for deaf and hearing people, and the strain of standing for hours while motioning with her hands and arms already was beginning to wear on her.

"I thought, I have got to get healthy. I was overweight, so I changed how I ate. God was also working in my head, changing my perspective about what food is for."

Day lost 50 pounds in three months. Six months later, she started going to a gym to build her strength. By the time she jumped in the water for the triathlon, she had lost 98 pounds and was the healthiest she'd ever been.

When Herring suggested the triathlon to Sylvia Miles, "I decided I can, so I will," said Miles.

Miles liked the proximity of the Clear Lake Triathlon: close to home. "There was a confidence factor too, knowing the lay of the land," she said.

Miles, 63, doesn't claim to be fiercely competitive; her goal was simply to complete the course, knowing that she'd be swimming and biking and running



Three local women took on the Clear Lake Triathlon July 7. Sharing a laugh before the start of the race—the swimming leg—are, from left, Sylvia Miles, Sharon Herring, and Tara Day.



The three friends plunge into the waters of Clear Lake at the start of the race. From left, Sylvia Miles, Tara Day, and Sharon Herring.

alongside top-notch athletes who were training for Ironman competitions and riding \$12,000 bikes.

"I just wanted to be able to say, 'I did it,'" said Miles. "And I did. I enjoyed it thoroughly. Even though I was the last to cross the finish line, the encouragement along the route was incredible. The other participants yelled things to me like, 'you're almost there' and 'you're doing great!' That was huge. They weren't looking down their noses at me because they were professionals. It was a good 'God lesson' about encouraging others along the way."

Don't be surprised to see these women pounding the waves and the pavement in coming triathlons. This was Herring's 12th time out, and although she wished she'd trained more so she could have performed better, she still crossed the finish line standing up. But she no longer likes to compete in triathlons alone. "Hopefully we'll get more people to do it next year," she said. She will, if she can get them thinking like Tara Day did. "I thought, let's see if I can do this," said Day.

—J. K. M.

## Community Calendar

### AUGUST

- 2 108th Annual Skagit County Pioneer Assn Picnic and Meeting, Pioneer Park, La Conner, 11 a.m.; \$12 admission includes lunch; see story, p. 11
- 2-4 Strutzfest, Darrington Music Park, 42501 SR 530, Darrington; see article, p. 25; info at [www.strutzfest.com](http://www.strutzfest.com)
- 4 Birdstock, Birdsview Brewing Co., Birdsview; see notice, p. 6; info at 360.826.3406 or [www.birdsviewbrewingcompany.com](http://www.birdsviewbrewingcompany.com)
- 4 Salmon Barbecue to benefit WWIA, Howard Miller Steelhead Park, Rockport, 2 to 6 p.m.; see notice, p. 24; info at 360.853.9801
- 3-5 Rockport Volunteer Fire Dept. Garage Sale, Rockport Fire Hall, 8 a.m. to 6 p.m. every day; see notice, p. 24; info at 360.708.8594
- 8-11 Skagit County Fair; info at [www.skagitcounty.net/fair](http://www.skagitcounty.net/fair)
- 9-12 Summer Meltdown festival, Whitehorse Mountain Amphitheater, 42501 SR 530 NE, Darrington; see p. 25; info at [www.summermeltdown.com](http://www.summermeltdown.com)
- 11 Skagit River Bald Eagle Interpretive Center Benefit Bake Sale, Concrete Saturday Market, 9 a.m. to 3 p.m.; info at 360.853.8296
- 11 Lyman/Hamilton School Reunion; see notice, p. 22
- 12 Back to School Blessing, Concrete Center, 1 to 3 p.m.; see story, p. 12; info at 360.826.4681 or [4sarita@frontier.com](mailto:4sarita@frontier.com)
- 16 Live Fashion Show to benefit Concrete Theatre, Concrete Theatre, Concrete Town Center, 6:30 p.m.; \$10 admission
- 18 Amazing Book Sale, presented by Friends of the Upper Skagit Library, Library/Resource Center parking lot, 45770 Main St., Concrete, 9 a.m. to 4 p.m.; book sales by donation
- 18 Mountain Loop Books and Coffee open house, 1085 Darrington St., Darrington, 9 a.m. to 5 p.m.; see photo caption, p. 25
- 18 Concrete High School Class of 1972 40-year Reunion; see notice, p. 6
- 18 Jack Sims Memorial Ride, Harry Osborne Trail trailhead, 10 a.m. and 1 p.m.; \$10 per hand or three for \$20; see notice, p. 19; info at 360.661.2149 or [clgeerdes@gmail.com](mailto:clgeerdes@gmail.com)
- 18 Praise in the Pasture Praisefest 2012, Lyman Church, 31441 W. Main St., Lyman, 11 a.m. to 5 p.m.; info on Facebook, search "Praise in the Pasture"
- 18 Concrete High School Classes of the 1950s Reunion; see notice, p. 22
- 18 Skagit Family Jubilee to benefit Skagit La Leche League, Sedro-Woolley Community Center, 703 Pacific St., S-W; 2 to 5 p.m.
- 18-19 Cascade Days, Concrete; see story, p. 6; info at [www.cascadedays.com](http://www.cascadedays.com)
- 19 Rockport/Marblemount Old Timers/School Reunion; see notice, p. 22
- 25 Skagit River Bald Eagle Interpretive Center Benefit Yard Sale, 45182 Hwy 20 (west of Loggers Landing), 9 a.m. to 4 p.m.; info or donation details at 360.853.8296

### SEPTEMBER

- 3 Townwide Yard Sale to benefit Concrete Theatre's "Donate to Digital" campaign, Veterans Memorial Park, Concrete; time TBD; info at [billpfeifer@yahoo.com](mailto:billpfeifer@yahoo.com)
- 6 Women Hand in Hand presents an evening with Kim Meeder of Crystal Youth Ranch, Sedro-Woolley High School auditorium, 1235 3rd St., Sedro-Woolley; free admission (offering taken); info at 360.826.3696
- 12 Free Medicare Insurance Basics Seminar, East County Resource Center, 45770 Main St., Concrete, 3:30 to 4:30 p.m.; see notice, p. 6; for reservations, call 866.733.5111
- 18 8th Annual Lyman Back to School Parade, Lyman, 6 p.m.; see notice, p. 12; info at [oney\\_brat@yahoo.com](mailto:oney_brat@yahoo.com)

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

## Community meetings

**Coffee Talk**, a casual conversation about Concrete's transformation, meets the third Fri. of each month at 8 a.m. at The Washington Cafe and Bakery, Concrete Town Center. 360.853.8213.

**Concrete American Legion Post and Auxiliary** meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

**Concrete Chamber of Commerce** meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or [concretechamber@mac.com](mailto:concretechamber@mac.com).

**Concrete Heritage Museum Board** meets the second Thur. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or [concreteheritagemuseum@stumpranchonline.com](mailto:concreteheritagemuseum@stumpranchonline.com)

**Concrete Lions Club** meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

**Concrete School Board** will meet Aug. 30 at 6 p.m. in the high school Commons. The board will hold a workshop on Aug. 27, at 6 p.m. in the high school Commons. 360.853.8141.

**Concrete Theatre Fundraising Committee** meets the first and third Tuesday of each month at the East County Resource Center on Main St., Concrete (enter through far west door). [billpfeifer@yahoo.com](mailto:billpfeifer@yahoo.com)

**Concrete Town Council** meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or [andrea@concretewa.gov](mailto:andrea@concretewa.gov).

**Darrington Area Business Assn (DABA)** meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

**Darrington Town Council** meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or [darrcityhall@glacerview.net](mailto:darrcityhall@glacerview.net).

**Forest Park Cemetery District No. 5** meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

**Friends of Upper Skagit Library (FOUSL)** Board meets the third Tuesday of odd-numbered months at the East County Resource Center in Concrete, at 1 p.m. Public welcome to attend. [uslfriends@gmail.com](mailto:uslfriends@gmail.com).

**Hamilton Town Council** meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

**Imagine Concrete** meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

**KSVU 90.1 FM** hosts free trainings and a studio open house every Wed. from 1 to 4 p.m. at the Concrete studio in Portable B behind Concrete Elementary School. Monthly radio staff and volunteer meetings are held the last Thur. of each month at the same location. 360.853.8588.

**Lyman Town Council** meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or [clerk\\_lyman@msn.com](mailto:clerk_lyman@msn.com).

**PFLAG** (Parents, Families, and Friends of Lesbians and Gays) Skagit County Chapter, meets the second Monday of each month at The Safe Haven Room, Central United Methodist Church, 1013 Polte Rd. Sedro-Woolley, from 7 to 8:30 p.m. 360.856.4676, [www.pflagaskagit.org](http://www.pflagaskagit.org).

**Saukrates Cafe** meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

**Sedro-Woolley Town Council** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

**Sedro-Woolley School District Board** meets Aug. 22 at the Support Service building for a special-session work study at 5:30 p.m. (tentative; call 360.855.3500 to confirm). The board meets Aug. 27 at 7 p.m. at the Support Service building for its regular meeting. 360.855.3500 or [miller@swsd.k12.wa.us](mailto:miller@swsd.k12.wa.us).

\*To add your organization's meeting to this list, e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com) or call 360.853.8213.

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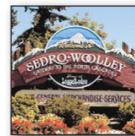
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- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at [www.concrete-theatre.com](http://www.concrete-theatre.com)
- Donate at Columbia Bank in Concrete (designate check for "Digital Projector Fund")

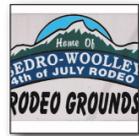
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# Sedro-Woolley



## SWHS class picnic draws hundreds

Bright sun and balmy temperatures greeted attendees at this year's Sedro-Woolley High School Alumni Association's Annual All Class Picnic on July 7.

The event, which is chaired by Barbara Ward Thompson, Class of 1943, has been a popular draw for alumni for more than a decade. This year's 14th annual picnic pulled about 500 to the banks of the Skagit River, where both lunch and memories were served in generous portions.

The All Class Picnic has been growing steadily over the years, said volunteer Judy Johnson, Class of 1971, as she looked out over the crowd from her post at the registration table.

"There are quite a few first-timers here, but most of them come every year. They love it," she said.

Accepting the honor of first in line at the food table, alumnus Elwood Tresner, who goes by "Tres," graduated in 1930 and recently celebrated his 99th birthday. Hard on his heels was Joe Nemo, who will turn 99 on Sept. 1. Nemo was joined at the picnic by Barb Hoover from Concrete, who is his stepdaughter.

Amid the laughter and storytelling stood a somber reminder of life's realities: A giant sandwich-board display of "Fallen Cubs"—former or current students who have passed away. Among the photos were handwritten messages to the deceased. One read, "I will forever carry you in my heart."

—J. K. M.

## SWHS students create new sign, repair another

Eight Sedro-Woolley High School students in Mike Stewart's Shop program recently created a new Sedro-Woolley Lions Roadside Park sign and restored the City's Harry Osborne Park sign.

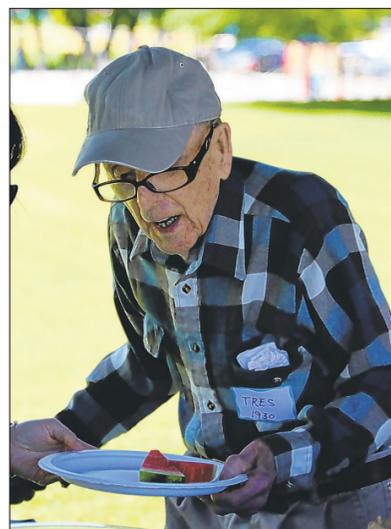
Student Lane Rayfield began the program by developing the pattern for the new Roadside Park sign and laying out the project. Students Rayfield, Petra Bethea, Shawne Ureshiro, Zane Nispel, Amber Stewart, Samantha Fox, and Eisha Williams worked on creating the 5-foot-by-4-foot, two-sided sign. They also restored the large wooden sign from the Harry Osborne Memorial Park at the entry to downtown on Ferry Street.

"It says something about how our students value their community when they can make room in their busy schedules to volunteer their time for such a worthy project," said Stewart.

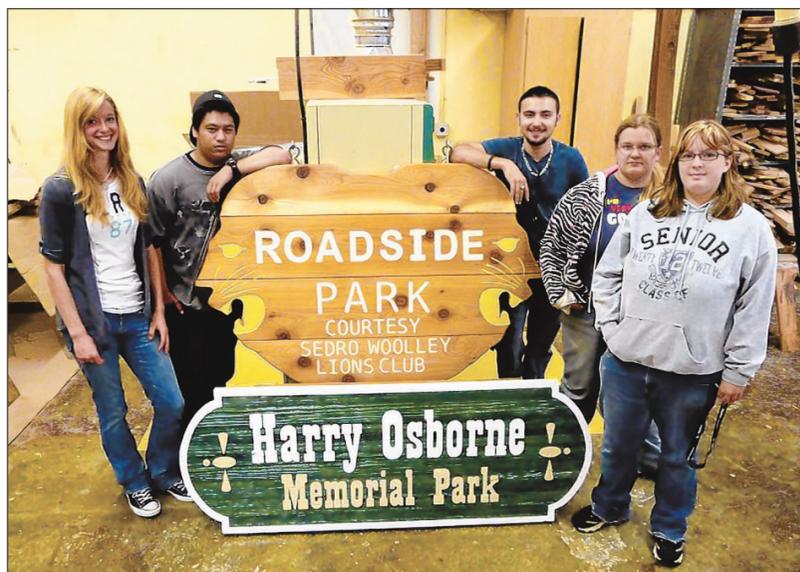
—Lynn Torset



Arthur Hammond, Class of 1938, and Peggy McDonald Banker, Class of 1932, ponder their food choices during lunch at the Sedro-Woolley High School Alumni Association Annual All Class Picnic on July 7. Held at Riverfront Park in Sedro-Woolley, the gathering drew about 500 attendees, with Bob Dow, Class of 1972, as the emcee.



One of the perks of reaching 99 years: Elwood "Tres" Tresner, SWHS Class of 1930, got to hit the food table first during the All Class Picnic on July 7. Tresner attended the event with his wife, Mary Lou. When congratulated for his longevity, Tres laughed, "I'm not done yet!"



Sedro-Woolley High School students pose with a sign they restored for Harry Osborne Memorial Park in Sedro-Woolley. From left, Petra Bethea, Shawne Ureshiro, Zane Nispel, Amber Stewart, and Denise McQuery. Not pictured: Lane Rayfield, Samantha Fox, and Eisha Williams. Submitted photo.

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## Blast from the Past winners

**Hula Hoop**  
 Ages 4-7: Vincente Vasquez, Jasmine Sargent, Rylan Kononen  
 Ages 8-11: Zachary Williams, Kadence Becktel  
 Ages 12-15: Janae Dills  
 Ages 16+: Phillip Hensyel, Chrissy Hastings

**Jump Rope**  
 Ages 4-7: Matthew Jackson, Catalina Kaplan  
 Ages 8-11: Ethan Mendiola, McKylee Stephenson  
 Ages 12-15: Cameron Moses, Erica Knuth, Destiny Johnson  
 Ages 16+: David Bricka, Kymbr Self (Self won overall)

**Pie-Eating**  
 Ages 4-7: Kyle Knowles, Dawelle Schulte  
 Ages 8-11: Cameron Moses, Abby Weiler  
 Ages 12-15: Ryan Donovan, Lexi Saville  
 Ages 16+: John McNeal, Shelly Fields

## Loggerodeo Parade winners

**Floats**  
 1st Marysville Strawberry Festival  
 2nd S-W Fallen Cubs Memorial  
 3rd Sedro-Woolley Museum

**Log trucks**  
 1st Mike Hamilton  
 2nd Janicki Logging & Construction  
 3rd Harkness Logging

**Marching bands**  
 1st Skagit Valley High School Band  
 2nd Shadow Creek Project

**Drill/Marching unit**  
 Nile Shriners

**Equestrian**  
 Miss Pro West

**Pooper scooper**  
 Miss Pro West

**Private vehicle**  
 [none given]

**Antique car/Vehicle**  
 1929 Ford Roadster, Walt Osterhout

**Antique tractor/Equipment**  
 Cascade Two Cylinder Club

**Youth group**  
 S-W 10-11 All Star Fastpitch Softball

**Church/Community group**  
 Washington National Guard

## Summer Concert Series returns to Riverfront Park

Free concerts are being offered again this summer at Riverfront Park in Sedro-Woolley, presented by Snohomish Artist Guild. Concerts are held Saturday nights at 7 p.m., with a special Children's Theater show planned just for kids on Aug. 18 at 11 a.m.

Attendees are encouraged to bring a chair, a blanket, and the whole family to the "season of song and dance." The August lineup is:

- Aug. 5: The Tiptons. Info at www.tiptonssaxquartet.com.
- Aug. 11: "Song Writer's in the Round" Alice Stuart, Mark Riley,

Leanne Trevalyan. Info at www.alicestuart.com, www.myspace.com/markrileytrio, and www.leannetrevalyan.com.

- Aug. 18: "Circus Cascadia" Children's performance and workshop. A special day and time show for youth 5 to 12 years old. Info at www.circuscascadia.com.
- Aug. 18: Evening show at 7 p.m. featuring modern country from "Cloverdayle." Info at www.cloverdayle.com

For more information, contact Cliff Verhoeff at Snohomish Artist Guild at 425.303.1848, or go to www.snohomishartistguild.org.

—J. K. M.

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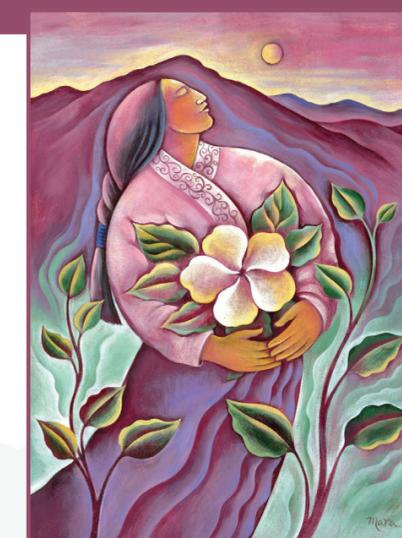
Sedro-Woolley city and chamber representatives joined new owner Paul Lavin (center, with "scissors") at Gateway Golf Course July 9 for a ribbon-cutting and grand opening celebration. The formerly beleaguered 60-acre course has benefited from Lavin's investment. Lavin, who is a PGA teaching professional, already has begun teaching classes at the course, which is open for business. For more information, call 425.633.6547 or go to [www.gatewaygolfandrestaurant.com](http://www.gatewaygolfandrestaurant.com). Photo by Pola Kelley.

## Skagit Family Jubilee to benefit Skagit La Leche League

Aug. 18, from 2 to 5 p.m.

Sedro-Woolley Community Center, 703 Pacific St., Sedro-Woolley  
 Bouncy house/slide, kids' activities, community info booths, silent auction, food for purchase

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# Lyman



## Council summary

The Lyman Town Council held its regular monthly meeting on July 10. Following is a summary of that meeting.

- Mayor Heinzman commended Eddie Hills for getting out and speaking to the residents about the petition to annex into Fire District 8. He explained the annexation to residents and got many signatures by going door to door and talking to them.
- Mark Kitchen told the council that the road to the storage tank will be done on July 18. He also told council that HDR called; they will mail a CD of the Water System Plan that they did in 2002. This will help control the cost of the new update.
- Council discussed a letter they'd received from Tammie Werner, asking to donate a bulletin board at the park with the community garage sale money. Council agreed to let them put

up a board at the park.

- Clerk Debbie Boyd explained a letter from USDA/Forest Service. The Forest Service wrote the letter to the Boundary Review Board to explain its position on the annexation into District 8. They would like to be taken out of the percentage necessary to meet the 60 percent requirement for the annexation to take place.
- Henry Van of Frontier was present to update the council on the expansion of the broadband service. Upgrading the network has been a process; they will be able to start offering service in Lyman in two to three weeks, with a cost of approx \$40 per month with unlimited data for now.
- Mayor Heinzman asked Kitchen to discuss the water service question he had for council about base rates. After a brief discussion, Mayor Heinzman asked Clerk Boyd to do a commercial vs. residential comparison for council to consider.

## Praise in the Pasture returns to Lyman Aug. 18

Lyman Church's annual music festival is on tap for Aug. 18, to be held behind the church at 31441 W. Main St., in Lyman. Praisefest 2012 will combine all-ages activities and live music to create a fun, family-friendly event that everyone can enjoy.

Organizers are planning a variety of activities, including volleyball, a bounce house, and the always popular dunk tank. The event and all activities are free.

Live musical acts that had confirmed at press time include Ernie Queen Bluegrass, Closer to Home, Rohan, Common Worship, Lyman Church Band, and Thrice Beckoned.

For more information, contact event organizers Stacy LaCount and Jordan Cook via Facebook—search "Praise in the Pasture."

## Briefly ...

The Lyman/Hamilton School Reunion is planned for Sat., Aug. 11, from noon to 4 p.m. at Lyman City Park. The reunion includes a potluck lunch; attendees also are asked to bring lawn chairs.

Questions should be directed to Joan Hendrix Parker at 360.826.3160 or Bobbi Hendrix Bryant at 360.659.9848. Hamilton School attendees are asked to contact Kim Stiles, 360.708.4854, for more information.

Heart to Heart Charity is holding a School Supply Drive through Aug. 17. Backpacks, school supplies for all grades, hand sanitizer, tissues, snacks, and more are needed. Donated items can be dropped at Lyman Town Hall during business hours. Cash donations can be sent to P.O. Box 1372, Lyman, WA 98263. PayPal donations can go to hearttoheartcharity@gmail.com. For more information, call 360.826.3818.

The 8th Annual Lyman Elementary Back to School Parade will be held on Tue., Sept. 18, at 6 p.m. Parade registrations can be obtained by contacting parade organizer Tammie Werner at oney\_brat@yahoo.com. Werner also is taking nominations for this year's Grand Marshal. Contact Werner with suggestions.

## Lyman Library tales

By Elaine Kohler

It looks like summer cannot seem to make up her mind this year as to whether or not she is going to be here. Like everyone else, the day the sun comes out, I run out and start digging in the dirt. I really won't complain about our rain and cool weather though, considering what people back East are having. I sure hope some of this cooling rain goes their way soon.

One of our volunteers for the library is moving back to this area, and says she is ready to help out again. So let's welcome Maria Santa Cruz back to Lyman. Glad to see you back, girl.

My thanks to Patty Cook. She just donated 15 jigsaw puzzles to us and all seem to be in really good shape. I spent the weekend reinforcing corners and



Faith Sanford (left) and Ally Navarro peer out from "jail" during the Lyman Car and Craft Show on July 7. The annual attraction again filled S. Main Street in Lyman with vintage cars dating back decades. More photos from the event are found on pages 20–21 of this issue.

**Concrete Herald**  
The Voice of Eastern Skagit County

putting pieces into plastic bags, which cuts down on lost parts. I know we have several folks getting the puzzles. I talked to one gentleman who gets four or five at a time. I tried to get him to take the golf ball one, but he just laughed and said no thanks.

I am still on my search for new authors of my whodunits. I picked up one by Elizabeth George and was surprised to find she writes the Inspector Lynley stories. I've watched them on BBC America. The English can write a good mystery, so give it a try next time you visit.

I often wonder if people really notice the volunteers, but last week a lady was in. We visited a bit and talked about books, and I tried to help her find some she was looking for. As she started out the door, she turned around and came back to me. She smiled and said, "Thank you for being a volunteer." Made my day!



# Day Creek



## Community notes

**Our corner store has been sold!** Gary Larson and Robyn Choffel soon will be a much-needed part of the Day Creek Community. Weed cutting and trash pick-up already have started. Feel free to stop by and visit with Gary as he begins this big project. He is looking for a hand from the neighbors and will gladly use your help. He can be reached at 360.333.3905.

Coming event: **Lawnmower races** in September! Call 360.826.3003 for details.

Day Creek Chapel was the place to be July 16–20 for the kids of Day Creek during **Vacation Bible School** and **Kids Camp** (July 20–22). Sixteen children attended, made crafts, heard stories, ate yummy snacks, played on the Slip-N-Slide, hurled water balloons, ate pie in a pie-eating contest, sang by the campfire, and roasted marshmallows for s'mores. Four of the kids made professions of faith for Christ.

To be involved in the children and youth groups at Day Creek Chapel, call Virginia Learned at 360.770.1765.

The **Jack Sims Memorial Ride** will be held Aug. 18 at the Harry Osborne Trail trailhead. First riders will head out at 10 a.m.; last riders at 1 p.m. The cost is \$10 per hand or three for \$20. A silent auction also is planned. Highest score wins a Court's saddle. The event will benefit Skagit County Youth Charities. For more information, contact Cherie Geerdes at 360.661.2149 or clgeerdes@gmail.com.

The current **Relationship Encounter** series has ended. A new series is scheduled for fall, with Marriage Today's Jimmy Evans providing the guidance. For more information, call Kathy Henderson at 360.826.3581.

A group of women has formed in eastern Skagit County. **"Women Hand in Hand"** is unaffiliated with any specific church, so the group can cross lines without proprietary identification.

The group's first event is an evening with author, speaker, and horse woman Kim Meeder, to be held Sept. 6 at the Sedro-Woolley High School auditorium, 1235 3rd St., Sedro-Woolley.

Any women's ministry group that wants to be involved with Women Hand in Hand is encouraged to contact any one of the following:

Sylvia Miles 360.826.3696

Sharon Herring 360.661.5037  
Bonnie Lintz 360.856.1385  
Sue Walden 360.826.3944  
Shannon Shipley 360.472.1211  
Kathy Henderson 360.826.3581  
Join Women Hand in Hand at their barista stand at the following scheduled events:

- Friday Night Lights at 5 p.m. Aug. 10, 24
- SWRC Play Day Shows at 9:30 a.m. Aug. 25–26 Sept. 15–16
- Jack Sims Memorial Ride at Harry Osborne Trail
- CEF Root Beer Float concession at Cascade Days, Aug. 18–19
- Upriver Women's Retreat concession at Cascade Days, Aug. 18–19
- Concession at Praise in the Pasture, Lyman Baptist Church, Aug. 18

The **Firefighters Garage Sale** was a great success—even with the rain, thunder, lightning, and power outage. All involved had a good time and enjoyed visiting with all the neighbors. A big thank-you goes to all the donors and workers! Thank you from the Day Creek volunteer firefighters.

**Kingdom Builders** is on the move. Be watching for Donna Pulver and Kathy Henderson as they are out in the community, filling out medical information magnets and passing out Day Creek Community information packets. They are looking forward to visiting with you.

A **community bulletin board** has been installed at the Day Creek Fire Hall. Community members are invited to post their business cards, coming events, and Day Creek activities on the board—then contact *Concrete Herald* at 360.853.8213 or editor@concrete-herald.com.

**Community Club Potlucks** are held on the third Tuesday of each month at 6:30 p.m., at the Day Creek Fire Hall. The next potluck is slated for Aug. 21.

We are looking for **event ideas** that are fun and help to support the Day Creek Fire Hall while letting us all get to know our neighbors better. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson 360.826.3581.

If you have information for this column, please send an e-mail to winningcirclearch@gmail.com.

—Kathy Henderson



One of a handful of birthday boys present at the Day Creek Reunion June 30, Ralph Morgan, 97, gestures while relaying an anecdote during the event. This year's reunion drew about 100 guests to Day Creek Chapel, where Day Creek historian Deanna Ammons led the group in remembrances and more than a little laughter. "We had a great time," said Ammons. "It's amazing how interested these folks are in their history. I think I could plan a reunion every six months and they were be there!"



Hopeful shoppers peruse the wares at the Day Creek Firefighters Garage Sale July 21. The two-day sale, which began the day before, started slow but picked up speed the second day, according to organizers. Garage sales of this variety—stocked with items donated by community members—are a popular and effective fundraiser for small, volunteer fire departments like Day Creek (Fire Dist. 16) and other Upper Valley stations.

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**Above:** Local actor Bruce Newburn (in back) laughs at an inappropriate moment during a scene from "The Anniversary," an independent thriller/horror movie that was being shot in Concrete, Marblemount, and other nearby locations in July. Newburn and the other actors were in the old Concrete Police Station on July 27.



**Above:** Jaretta Osborne of Sedro-Woolley stains the three-board fence that defines the western edge of the Children's Garden within the Angele Cupples Community Garden in Concrete July 12. Osborne was fulfilling her end of a bargain she made with garden co-manager Jason Miller: If he entered the Blast from the Past jump-rope contest, she would work for a day in the garden. He did—and she did.



**Left:** Director Brian Young speaks during a screening of "The Mountain Runners" at Concrete Theatre July 22. Young and Todd Warger directed the documentary, which tells the story of the Mount Baker Marathon, a grueling race that lasted only three years, from 1911 to 1913.



**Below:** Matt Novak and Allegra Ziffle of Pretty Little Feet entertain moviegoers before a screening of "The Mountain Runners" at Concrete Theatre July 22. The duo provided the soundtrack—including the theme song—for the film.

# July in pictures



**Above:** Leona Martinez, 9, paints a rock for the Children's Garden in the Angele Cupples Community Garden in Concrete during Concrete Youth Activity Day July 19. With Leona is her brother, Parker, 2.



**Above:** Area children got an up-close look at several large rigs during Concrete Youth Activity Day July 19. Shown in Concrete Volunteer Fire Dept. Engine 2813 with Concrete Fire Chief Rich Philips are, from left, Riley Army, 4; Alayla Army, 18 mos.; and Bannon Army, 3, from Clear Lake.



**Above:** U.S. flags adorned the lamp posts in Concrete Town Center during the July 4 Parade. American Legion member Adolph Nieshe mounted the flags earlier this year. Photo by Marcia McAvoy.



**Above:** Chloe Crosson shows off her goat during the July 4 Parade in Concrete. Crosson was part of a larger group, the 4-H "Furs & Things."



**Above:** Puget Sound Energy Recreation and License Administrator Pam Garland speaks to first responders during a July 19 tour of the company's Upper Baker facilities. The intent of the tour was to provide first responders an opportunity to view PSE's projects from an emergency-response point of view, and get input from them regarding information they would need to know in emergency situations. "Basically, we want to know what would help them to help us, in the event they're called," said Garland. A second tour is planned for Aug. 2, which will focus on PSE's Lower Baker facilities.



**Above:** Workers pour and draw a screed over a cement sidewalk along Superior Ave. North in Concrete, at Concrete High School July 18. The new 350-foot-long sidewalk—and the new retaining wall bordering it to the east—are part of the national Safe Routes to School initiative and will provide a safe area where students can walk next to Superior.



**Right:** Shayne Luttrell hams it up during a sack race at Concrete Youth Activity Day July 19.

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# Hamilton



## Council summary

The Hamilton Town Council held a regular meeting June 12. Following is a summary of that meeting.

- Mayor Bates reported that a meeting had been held with Carl Garrison from Garrison Engineering regarding the PE Stamp for the Railroad Ave. Water Line Project. Garrison proposed a contract not to exceed \$2,000 to provide the PE Stamp and inspect and approve the work being done with the provision that a representative from the town would oversee the daily work on the project. If this was acceptable to the council, Phase II from Ravnik & Associates would not be needed and the town would save approximately \$10,000. Councilmember Benjamin made a motion not to accept Phase II from Ravnik & Associates; the motion passed unanimously. Councilmember Bonner made a motion to accept the contract with Garrison Engineering not to exceed \$2,000 to inspect and provide the PE Stamp; the motion passed unanimously.
- Resolution 02–12 Authorizing Mayor Bates to receive payment to oversee the Railroad Avenue Water Line Project as requested by Garrison Engineers was presented. Councilmember Moore made a motion to accept Resolution 02–12; the motion passed unanimously.
- Mayor Bates presented the council with the asphalt bids for the Railroad Avenue Water Line Project. The bids were from April 2012 and prices were not guaranteed beyond 30 days. Tom Selin was to contact the bidders to confirm prices. The area to be paved was discussed. Mayor Bates stated the area to be paved was 920 feet of Railroad Ave. and 620 feet of Skagit St., totaling 1,540 feet of asphalt. The asphalt bids were tabled for the next meeting.
- Mayor Bates asked Cas Hancock the status of the Comprehensive Water Plan. Hancock stated she was requesting bids from engineering firms. She would present the council with at least three bids.
- Mayor Bates presented the Notice of Liquor License Application for the Undertow Bar & Grill located at 456 Maple St. for council approval. The ownership of the bar was discussed. The council approved. Mayor Bates signed the approval of the application.
- The status of the recreational vehicle permits was discussed. Selin explained his report on the number of RVs in the town and those being used as residences. The town clerk reported that nine permits had been purchased. The council discussed if the permits were necessary for any RV or only those that were being lived in. Councilmember Jensen stated all RVs should have permits, because if there was a flood, it would be necessary for all vehicles to be licensed and road-ready to be removed. Mayor Bates stated that the permits were for any RVs in a park or being lived in on private property. The problem of enforcement was

discussed. The use of official notices from the town was helping.

- The Interlocal Agreement for the Homeless and Housing Services was discussed. Councilmember Cromley made a motion to accept the agreement; the motion passed.
- Tom Studebaker sent a letter to the Town Council requesting an adjustment to the water bill from his rental residence located at 535 Hamilton Ave. Studebaker claimed the renter had a leak and did not report it to him. The bill is \$247.14. Mayor Bates stated that Studebaker also had requested trees be removed because they were causing moss to grow on the roof of the residence. Councilmember Moore made a motion to deny both requests for removal of the maple trees and the reduction in the water bill. The motion passed unanimously.
- Water Dept.: Hancock reported there was a loss of 22 percent in May. Selin would use the new hydrophones to locate any leaks. Hancock stated the pipes were old and that was the cause of the leaks. The new lines should help. Hancock presented the council with an Emergency Water Plan that will be required in the Comprehensive Water Plan and requested everyone review the plan.
- Street Dept.: The need for a chipper was discussed again. The council gave Councilmember Moore permission to look into finding a chipper, with the cost not to exceed \$5,000.

- causing flooding and saturation that affect the efficiency of septic systems. Septic system owners should take extra precautions:
  - The septic system should not be used until the water in the drainfield area is lower than the water level around the house.
  - If toilets or drains inside the house are draining slower than usual, that's an indication that the system is saturated and the system is not operating as it should. If possible, don't use the septic system (internal plumbing) until the water table recedes.
  - Try to avoid any work around the saturated area.
  - When the water recedes, the system should be thoroughly inspected by a certified septic professional to ensure that the system is operating correctly.
  - Do not pump the tank during flooding or high water table conditions. Wait until the water recedes and then contact a certified professional. For a list of certified septic professionals, go to [www.skagitcounty.net/health](http://www.skagitcounty.net/health).

## High river levels cause soil saturation, septic problems

SKAGIT COUNTY — Continuing snow melt in the mountains is causing above average flows in the Skagit River resulting in soil saturation in many low-lying areas, the county announced July 20. The Skagit River had been above 20 feet for the past 30 days, according to Dan Berentson, Natural Resources Division Manager for Skagit County Public Works.

When the river is high, water tables along the banks of the Skagit River rise,



Sharon Herring of Birdsview dismounts from her bike on her way to the running leg of the Clear Lake Triathlon July 7. Herring competed in the triathlon with friends Sylvia Miles and Tara Day (see story, p. 14).

causing flooding and saturation that affect the efficiency of septic systems. Septic system owners should take extra precautions:

- The septic system should not be used until the water in the drainfield area is lower than the water level around the house.
- If toilets or drains inside the house are draining slower than usual, that's an indication that the system is saturated and the system is not operating as it should. If possible, don't use the septic system (internal plumbing) until the water table recedes.
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- Do not pump the tank during flooding or high water table conditions. Wait until the water recedes and then contact a certified professional. For a list of certified septic professionals, go to [www.skagitcounty.net/health](http://www.skagitcounty.net/health).

## Friends, cont. from p. 1

Darrington chiropractor Nels Rasmussen, “I started forming a plan,” she said.

Rasmussen met first with Darrington District Ranger Peter Forbes, who oversees the area's portion of the Mt. Baker-Snoqualmie National Forest. She explained her idea to create a volunteer-based group of road-maintenance workers who would do everything short of using heavy machinery to keep backcountry access roads open.

Forbes was agreeable, and brought North Zone Roads Manager James Mitchell into the conversation. With 1,400 miles of roads to maintain, Rasmussen's plan seemed like a good idea to the men, so the Darrington Friends for Public Use was born.

Rasmussen held her first work parties in April of this year and logged 54.5 volunteer hours. In May it was 72 hours. In June it leaped to more than 200 hours as the group tripled its volunteer base. It seemed Rasmussen was not alone in her concern for public access.

“I prayed that someone would be as crazy as I am—and there's a lot of them out there,” said Rasmussen. “I had no idea how this was going to work. I just knew that somehow it had to work.”

Rasmussen's crews have worked on several forest roads this year, including FR 28 and 18, Clear Creek Rd., White Chuck Rd., Rat Trap Pass Rd., and several more. On July 28 they were on Illabot Creek Rd., 15 miles in from Hwy 530, clearing culverts, shoveling muck out of ditches, picking up garbage, and pulling volunteer alder shoots out of pullouts.

“We don't do road maintenance; we just try to keep the roads healthy,” said Rasmussen.

Their tools of choice are flat shovels for scraping bridges, point-tip shovels for digging, pick mattocks, long-handled claw cultivators for clearing out culverts, flashlights for peering into culverts, come-alongs for moving larger objects, pry bars, and “lots of garbage bags.”

Rasmussen keeps her crews safe by requiring they wear safety vests, hard hats, sturdy boots, long pants, and gloves.

“Everyone who shows up for work parties are amazing, wonderful people. I don't know where they came from, but they come because they love the roads and access as much as I do,” said Rasmussen.

### On the job

Work parties are designed to get roads ready for adoption. DFPU volunteers clear away garbage and remove debris or anything that could be dangerous

from the roadway, turnouts, and ditches. They check ditches and catch basins near culverts to make sure nothing is blocking them. They remove tree branches that Good Samaritans pull from roadways and toss into ditches.

“We're very particular about culverts,” said Rasmussen. “We unclog them and we don't stop until we can see all the way through them, because a bad culvert is a road-killer.”

The group then puts the road up for adoption. Road adopters commit to driving the road several times each year, checking for erosion, picking up garbage, clearing the ditches, and preparing the road for the area's wet winters.

Rasmussen's adopted road is Seglesen Rd., which she referred to with a laugh as “16 miles of clogged ditches.” Illabot Creek Rd. recently was adopted by Paul Wagner, who was part of the group working on it on July 28. “Special places” also are being adopted, Rasmussen noted. “Two fly-fishermen” have adopted Texas Pond, and local kayak instruction and rafting business Adventure Cascades has adopted the White Chuck Boat Launch.

### Sign of the times

Rasmussen's idea is timely, according to District Ranger Peter Forbes. “Our declining budgets means we have less money, which means less staff. We have fewer eyes and ears out there, and not as much money to do the routine road maintenance we'd like to do,” he said.

For Forbes, having people willing to take on the more routine road-maintenance tasks such as removing brush, clearing trees, picking up litter, and culvert-cleaning is beyond helpful. “It gives us more eyes on the ground. It helps us get the water off the road and make sure the drainage features are functioning properly—that's probably some of the more important stuff they're doing, because when water starts going over roadways, that's an immediate threat,” he said.

“Their value is tremendous. From my perspective, they're helping to sustain public access in areas where we might not be able to get out there immediately.”

Volunteers act as agents of the Forest Service, said Forbes, so workers compensation would be available to them if they were injured while working on a road.

“We're not expecting them to do a job for nothing in return,” said Forbes.

### Viral volunteerism

Rasmussen hopes that the DFPU idea will catch on in the area and across



Members of Darrington Friends for Public Use examine a location along Illabot Creek Rd. July 28, where a blocked culvert had forced water to back up and flow over the roadway.

the U.S. With that hope, she's been documenting everything associated with the effort, so that it can be passed along to fledgling efforts everywhere. Already, a second group—Granite Falls Friends for Public Use—has formed because of exposure to the DFPU efforts. The Granite Falls group has focused on the area near Verlot, working on Coal Lake Rd. and Pilchuck Rd.

“I want this to spread,” said Rasmussen. “Yes, the economy's bad, but don't complain; pick up a shovel, or the backcountry roads we love and need are

going to be closed.”

These volunteer efforts also serve to provide a productive outlet for simmering frustration with road closures, said Rasmussen.

“There's a lot of anger about road closures, and I think this is helping to heal some of that. This is helping to strengthen relationships. We've opened up a lot of communication,” she said.

For more information on Darrington Friends for Public Use and its efforts, go to [www.ffpu.org](http://www.ffpu.org).

—J. K. M.

## Concrete Theatre fundraising nears halfway point

Six months into its campaign to raise \$50,000 for a digital projection system, Concrete Theatre is nearing the halfway point.

As of July 30, the effort had pulled in \$22,130, said Valerie Stafford, who owns the theater with her husband, Fred West.

Stafford and West have been aided in their efforts by a volunteer fundraising committee composed of local citizens and business owners who meet monthly to develop ideas to help the theater reach its goal. Led by Bill Pfeifer, the committee already has hosted car washes and placed collection boxes at area businesses.

But that's just the tip of the iceberg. In addition to two more car washes planned for Aug. 26 and Sept. 16 (at New 2 You Consignment on SR 20 in Concrete), the committee is planning the following fundraising events:

- Live Fashion Show on Aug. 16 at 6:30 p.m., at Concrete Theatre. Tickets are \$10, on sale now at New 2 You Consignment or at the box office the day of the show.
- Townwide Yard Sale on Labor Day (Sept. 3). Donated items will be sold; people also will have the option to buy a spot on the lawn at Veterans Memorial Park to sell their own goods.
- A fine arts auction is planned for October, featuring works by artists in the area and the surrounding region. Look for paintings, sculpture, glass, pottery, carvings, and more on sale to the highest bidder.
- Eighty-three seats remain for sale for \$300 per seat in the theater auditorium.

To learn more about supporting the “Donate to Digital” campaign, go to [www.concrete-theatre.com](http://www.concrete-theatre.com).

Anyone interested in joining the fundraising committee should send an e-mail to [billpfeifer@yahoo.com](mailto:billpfeifer@yahoo.com).

—J. K. M.

## August reunions

**Lyman/Hamilton School Reunion** will be held Sat., Aug. 11, from noon to 4 p.m. at Lyman City Park. Potluck lunch; attendees also are asked to bring lawn chairs. For more information, Lyman School attendees should call 360.826.3160 or 360.659.9848. Hamilton School attendees may call 360.708.4854.

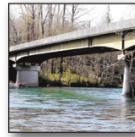
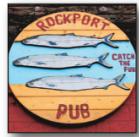
**Rockport/Marblemount Old Timers/School Reunion** will be held Sun., Aug. 19 at the Howard Miller Steelhead Park in Rockport. We'll eat around noon. Bring your favorite potluck dishes. For more information, call Penny LaFleur Mitchell at 360.856.6465.

**Concrete High School classes of the 1950s Reunion** will be held Sat., Aug. 18 at the Skagit View Village in Concrete. Eating will start around 1:30 p.m.; bring your favorite potluck dish or dishes. For more information, call Bonnie Drake at 360.853.8233 or Penny LaFleur Mitchell at 360.856.6465.

—Penny LaFleur Mitchell



# Rockport



## Rockport Fire Dept. Garage Sale, Aug. 3–5

The annual Rockport Volunteer Fire Department Garage Sale will be held this year during the first weekend in August.

The Rockport Fire Hall doors will open on Fri., Aug. 3, with the sale running through Sun., Aug. 5. Hours of operation each day are 8 a.m. to 6 p.m.

The garage sale generates much-needed funds in support of the local volunteer fire department by selling items donated by community members.

To make a donation or learn more about the sale, call 360.708.8594.



This view from last year's Rockport Fire Dept. Garage Sale shows just a portion of the variety of goods available during the annual fundraiser. This year's sale will be held Aug. 3–5 from 8 a.m. to 6 p.m. each day, at the Rockport Fire Hall.

## Salmon barbecue planned to benefit WWIA

John and Corrina Koenig of Rockport-based John's Guide Service will host a salmon barbecue this month to benefit Wounded Warriors in Action.

The fundraiser will be held Sat., Aug. 4, from 2 to 6 p.m. at Howard Miller Steelhead Park in Rockport. Donations and a raffle will be the primary sources of revenue for the effort.

The Koenigs have become staunch supporters of WWIA, which provides outdoor sporting activities free of charge to U.S. military members who have been wounded in action—Purple Heart recipients. For more information on the event, call 360.853.9801.

## Two Search and Rescue incidents evacuate four climbers

The North Cascades National Park search and rescue team recently responded to two separate mountaineering accidents, evacuating four people from remote mountain peaks.

On Fri., July 13, after navigating through the remote northern Pickett range and climbing several peaks, a party of three climbers requested assistance. One of the three hiked out to report that his two partners had been hit and injured by falling snow from a steep wall above their camp in a basin below Luna Peak.

Rangers evacuated the injured 29-year-old male and 29-year-old female climbers

via helicopter to Marblemount, where the male was transferred to a local hospital by ambulance and the female was released.

On Sat., July 14, a party of seven was climbing the south side route of Sahale Peak. One member of the party inadvertently pulled a large boulder, which struck him and then a member of the party below. Another member of the party hiked to Cascade Pass and contacted a wilderness ranger, who activated a rescue response. Climbing rangers approached the two injured climbers on foot from Boston Basin and by helicopter from Marblemount. The critically injured 24-year-old female was moved from the glacier by helicopter in a short-haul maneuver, then transferred to an Airlift Northwest medical helicopter at a road site. She was flown to Harborview Medical Center in Seattle and was reported to have multiple fractures, but to be in stable condition. The 25-year-old male climber, with minor injuries, was also flown out of the backcountry, but was released.

## Obituaries online

Obituaries published in Concrete Herald from May 2009 to the present are posted online at:

[www.concrete-herald.com/obituaries](http://www.concrete-herald.com/obituaries)  
For more information, e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com) or call 360.853.8213.

## PIONEERING TODAY

### Raspberry harvest

By Melissa K. Norris

Summer is cramped with preserving and harvesting our crops, something we share in common with our pioneer ancestors. Normally, I'd be busy canning green beans by now, but with the wet start, they're not ready yet.

My raspberry bushes are in full regale, faceted red jewels dripping from their leafed stems. I called my kids to dinner the other night, only to find them camped out in the raspberry bushes, stuffing themselves full of fresh berries.

Here are my tips for preserving raspberries:

1. Freeze berries. Don't bother with laying berries out on a sheet, simply put them in a plastic bag and toss them in the freezer. I've never had a problem with mine sticking together.
2. Make raspberry jelly. With the large seeds in raspberries, I prefer jelly over jam. I use my great-grandmother's sieve, so a few of the smaller seeds make it through, so I like to call it raspberry jammy.
3. Make fresh raspberry juice. Find the recipe at [www.melissaknorris.com](http://www.melissaknorris.com).
4. Bake muffins, cakes, or breads. Here's my favorite recipe, it's good with fresh or frozen berries:

### Raspberry Chocolate Chip Coffee Cake

*Cake ingredients:*

- 4 cups flour, 4 teaspoons baking powder
  - 1 teaspoon salt, 1-1/2 cups sugar
  - 2 cups milk, 1/2 cup soft butter
  - 2 teaspoons vanilla, 2 eggs
- Beat on low 30 seconds, then medium for two minutes, scraping bowl when needed.

*Streusel:*  
2/3 cup flour, 1/2 cup sugar, 1/2 cup butter  
Mix together

*Layering (don't mix together):*  
2 cups semi-sweet chocolate chips  
2 cups raspberries

Grease a 9x13 pan. Layer in pan half of the cake batter, 1 cup chocolate chips, 1 cup raspberries, and half the streusel topping, then repeat. Bake at 350 for 50 minutes.

*Melissa K. Norris is a Christian fiction novelist who lives in Rockport. Find her online at [www.melissaknorris.com](http://www.melissaknorris.com).*



# Darrington



The Spinney Brothers from Nova Scotia take the Darrington Music Park stage July 21 at the Darrington Bluegrass Festival. The three-day event brought almost two dozen acts to the amphitheater near Darrington, including two open-mic opportunities. Birdview-based bluegrass gospel band Joyful Noise on the Skagit made its first appearance at the festival this year.

## August at the Darrington Library

### Programs for school-age children and families

- Saturday Matinee: "The Adventures of Elmo in Grouchland," Sat., Aug. 4, 2 p.m.

*Summer Reading Events: Wednesdays, 2 p.m.*

- Aug. 1: Zombie Apocalypse
- Aug. 8: Night Owls
- Aug. 15: Leonardo: Patron Saint of Paper Airplanes?

Summer Reading Finale: "It Came From the Toy Box!" Wed., Aug. 22. With only a microphone and a box of toys, The Noiseguy brings laughter to girls and boys! Charlie Williams is "The Noiseguy," a sound impressionist, author, and kids comedian.

### Teen programs (grades 6–12)

Things That Go Bump In The Night Film Series: Wed., Aug. 1: "The Others." What Do You Know? The Trivia Game Sequel, Sat., Aug. 25, 2 p.m. How much do you know? Win prizes such as coffee cards and iTunes cards in this multi-level

trivia game by answering questions on famous people, geography, music, and movies. Snacks and beverages provided.

### Adult programs

A Summer of Authors: John Scurlock, *Snow & Spire: Flights to Winter in the North Cascade Range*. Wed., Aug. 22, 6:30 p.m. Join the Darrington Bibliophiles as they meet with Northwest author John Scurlock at Mountain Loop Books & Coffee on Darrington Street to hear a reading, discuss his book, "Snow & Spire," and learn about his writing process and the road to getting published.

For more information on these and other programs offered by Darrington Library, go to [www.sno-isle.org?ID=1194](http://www.sno-isle.org?ID=1194).

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## August calendar

**Play Days at the Rodeo Grounds**, located at 42109 SR 530 NE in Arlington, run through September. Plays start at 10 a.m. on Saturdays and 11 a.m. on Sundays, and finish when everyone is done with the games. Remaining dates:

- Aug. 4–5
- Sept. 8–9

For more information, e-mail [darringtonrodeo@msn.com](mailto:darringtonrodeo@msn.com).

**Cascade Senior's Spaghetti Dinner** will be held at 1115 Darrington St. in Darrington on Fri., Aug. 17, from 5 to 7:30 p.m.

—Marla Skaglund

## Summer Meltdown festival hits Darrington

Summer Meltdown, "the Biggest Little Festival in The Northwest," will land at the Whitehorse Mountain Amphitheater Aug. 9–12.

The grassroots music festival will include a screening of Matthew Lillard's new movie, "Fat Kid Rules the World." Shot in Seattle, the film has won several awards at festivals including SXSW. Its musical score was composed by Mike McCready of Pearl Jam.

Children's activities include hula hoops, Playdough, sand, bubbles, face-painting, dress-up, derby car races, a lemonade stand, and more. With a circus theme, the children's activities will be located in the meadow to the west of the Meltdown mainstage. Look also for arts and crafts activities available all day, plus a variety



Tony and Amy Gobroski, owners of The Mountain Loop Books and Coffee, 1085 Darrington St., Darrington, will host their Grand Opening on Sat., Aug. 18, from 9 a.m. to 5 p.m. Look for special guests, author signings, and freshly brewed coffee and tea. *Photo by Martha Rasmussen.*

of circus-theme workshops at every turn. Also for the youngsters, there will be 20 music instructors on site.

The Whitehorse Mountain Amphitheater is located at 42501 SR 530 NE, Darrington.

For more information go to [www.summermeltdown.com](http://www.summermeltdown.com).

—Marla Skaglund

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# Marblemount



Members of Choir of the Crown of Thorns from Pomeroy, Wash., sing during the morning worship service at North Cascade Community Church on July 22. The Marblemount church celebrated its 75th anniversary that day with a concert from the visiting choir and a picnic after the service.

## North Cascade Community Church celebrates 75 years of service

July 22 found the congregation of North Cascade Community Church in Marblemount marking quite a milestone: 75 years of service to the community.

Church members met in usual fashion for Sunday School and their 10:30 morning worship, but the regular service included special guests from a fair distance: the Choir of the Crown of Thorns from Pataha Flour Mills near Pomeroy, Wash. The volunteer choir, under the direction of Pastor Jon Van Vogt, sang a selection of traditional hymns and passages of scripture set to music, composed exclusively for the choir.

At the close of the morning service, church members and their guests enjoyed an outdoor potluck picnic in the church's backyard, with delicious chicken and hot dogs grilled by John Janda.

### A history of service

North Cascade Community Church traces its roots to November 1937, when its first service was held under its original name, Marblemount Assembly of God. Two pastors—both women—led the

church at that time: Verna Bohnstedt and Gladys Roland. The senior pastor position changed names 22 times over the years, with Pastor David and Faye Nichols currently serving in that leadership capacity.

The church moved to its present location in 1943. In 2007 the name was changed to North Cascade Community Church to embrace those members living in Concrete, Rockport, and Newhalem.

The church has operated Bread of Life Food Bank since 2002, when it was established by Faye Nichols, who serves as director. The food bank serves approximately 1,100 persons.

The church's 75-year anniversary was too large for a single celebration, so they began with a July 1 potluck picnic followed by entertainment from Wayne Wipf, a musician and songwriter from South Dakota who performs throughout the U.S.

For more information about North Cascade Community Church's ministry, call 360.873.2504.

—J. K. M.



Chom Prigg (right) has opened Mondo Restaurant in Marblemount and will serve American-style breakfasts, with Asian cuisine for lunch and dinner. Prigg is pictured with her brother, Sam Shim, who will manage the restaurant and cook too.

## Mondo Restaurant opens with Asian cuisine on the menu

For years, Chom Prigg has noticed that Marblemount lacked something. On July 14, after a three-year wait, she brought it to town.

Prigg, who owns and operates Chom's Chevron in Marblemount with her husband, John, recently opened Mondo Restaurant, a spacious eatery at 60102 SR 20 that has what she's been missing: Asian cuisine.

"We needed it up here," said Prigg.

We're not talking about an Americanized version of Asian food either. Prigg's heritage is Korean; she brings to the table authentic Korean and Chinese recipes, and the know-how to pull them off. Her brother, Sam Shim, manages the restaurant and also cooks. And the rest of the cooks know their stuff too.

Mondo will serve American breakfasts, but for lunch and dinner, you're in Prigg's neighborhood, so strap yourself in.

"Everything is home-cooked, all from scratch," said Prigg. "We make our own sauces too."

From egg rolls to teriyaki, you'll find out why Prigg already has return

customers. "Mondo" means "potsticker" in Korean—and they're on the menu too.

"Everyone tells me, 'this is really, really good,'" laughs Prigg.

After deciding to renovate the 1948 Mondo building, Prigg had her work cut out for her.

"We took it down to the original wood finishes," she said, keeping only the original cooler. She added a bathroom and installed new tile in both restrooms. She laid new, traditional Korean wallpaper over the walls.

The kitchen is new; the plumbing is new; the electrical system is new. Prigg sighs when she speaks of the three-year renovation process. There were legal battles and almost daily setbacks.

But she did it. The restaurant is open seven days a week from 7 a.m. to 8 p.m. You can reach it at 360.873.2111.

And Prigg finally has what she wanted, she said. "You have to believe in something. You have to go get it if you want it bad enough. We're those kind of people," she said.

—J. K. M.



# Newhalem



## Jenkins named NPS deputy regional director

Palmer "Chip" Jenkins, Jr., has been named Deputy Regional Director for Resource Stewardship and Planning for the National Park Service in the Pacific West Region.

As Deputy Regional Director, Jenkins will be responsible for leading and managing park operations for 17 parks located in Washington, Oregon, and Idaho, as well as the administration of four major program functions: Cultural Resources Management, Natural Resources Management, Planning, and Environmental Compliance. He also will serve as the regional director's principal representative in the Pacific Northwest and the lead official for the Seattle office of the Pacific West Regional Office.

Jenkins has been on a detail in this role since April 2012. He replaces Rory Westberg, who recently retired after serving as Deputy Regional Director for eight years.

Jenkins has worked for the National Park Service since 1985. Most recently, he served as superintendent of North

Cascades National Park, Lake Chelan National Recreation Area, and Ross Lake National Recreation Area in Washington. He also has served as superintendent of Lewis and Clark National Historical Park in Oregon and Washington, chief of strategic planning of Yosemite National Park in California, as special assistant to the National Park Service director, and as a resource specialist at Santa Monica Mountains National Recreation Area in California. He started his career as a seasonal ranger in North Cascades National Park.

Jenkins is a graduate of the University of California at Santa Barbara with a bachelor's degree in geography and environmental studies. He also is a graduate of the NPS Resource Management Trainee Program. In his spare time, Jenkins enjoys spending time with his family, skiing, hiking, and camping.

The Pacific West Regional Office (PWRO) is responsible for 58 widely varying park units and a portfolio of community assistance programs across Nevada, California, Washington, Oregon, Idaho, Hawai'i, a portion of Arizona and Montana, and the territories of Guam, American Samoa, and the Commonwealth of the Northern Mariana Islands.

## WSP reminds motorcycle riders to slow down on the North Cascades Highway

The Washington State Patrol (WSP) is reminding motorcycle enthusiasts to slow down on the North Cascades Highway (SR 20) in Okanogan County. Three motorcycle riders were involved in separate collisions in the last month at two of the most challenging stretches of roadway for novice or unfamiliar riders. They are Spiral Gulch below Liberty Bell Mountain, just east of Washington Pass and the "Seven Devils" curves, just east of Loup Loup Pass.

Wenatchee District Six WSP Lieutenant

Kandi Patrick noted all three riders were from British Columbia, adding, "We are extremely fortunate those three collisions did not result in a fatality. About half our motorcycle fatalities involve only the motorcycle. Those are clearly loss-of-control incidents. Many of them occur because riders are taking what appear to be fun curves at too high a speed."

The WSP has been trying to get the message out to all riders and drivers to slow down to the suggested speed limit on the yellow and black signs where they are posted in advance of upcoming curves. Lt. Patrick emphasized, "Those signs indicate how fast you can take the curve safely. For example, if the sign says 35 MPH, that is the maximum speed you should be taking the curve. Anything above the suggested speed limit could result in your losing control of your motorcycle."



A runner just barely makes it to second base during the Newhalem Softball Tournament in Newhalem July 21–22. The Newhalem team took the honors this year, beating the Pounders 6–0 in the championship game. Pacific Rim Orthopedic Surgeons took third place, with Fam Families in fourth. A consolation placement went to Peoples Bank, and Blue Ox was given a second consolation nod. Roundtable Pizza and Rabbits won Sportsmanship awards. Money raised from the tournament will go to a local charity, said event co-organizer Don Wick.

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# Seniors



## Coffee Break Grow that smile

By Patrick Kennedy

There are a million jokes for and about seniors. That's OK! Being a senior and maybe retired is fun and can be funny as well.

What's the difference between fun and funny? "Fun" is what provides amusement or enjoyment. "Funny" affords light mirth and laughter.

Let's go back to the beginning: "Knock, knock!" "Who's there?" "Opportunity!" "Opportunity who?"

"This is Opportunity, with your name and plan attached to it, to have fun in your life."

What do you do and how do you do it? Chances are you're feeling bored if you are thinking about it in the first place. Or perhaps you're just having trouble thinking up ideas for new fun activities.

Start with making a feel-good fun list. Include anything you typically enjoy, such as playing with a pet, watching a ball game, sleeping, taking part in an outdoor sport, or chatting with a friend.

Maybe starting a new hobby

should be on the list. Maybe taking singing lessons, or that watercolor painting or jewelry-making class down at the senior center. Maybe you always wanted to go bowling or play golf, but never had the time. There are so many things to do; you can find them by just flipping through the Yellow Pages, the Sunday paper entertainment section, or the Internet.

Two seniors walk into a bar. The first one says to the second, "What did you do today?"

"Nothing!" says the second. "What did you do today?" "Nothing! Got any ideas?"

It doesn't hurt to ask others what they do for fun—and then the fun starts. Maybe you and your friend or friends can share an opportunity to have fun. You may all be in the same boat, and it is time for everyone to grab an oar.

When going through your list, be sure to take into account all activities that are unlikely to have negative consequences and favor them, asking yourself,

- Can I (we) afford to regularly do this activity?
- Will it offend others?
- How soon can I (we) start?
- Am I (we) likely to enjoy it?

Fun, of course, is relative to many things, including finances, health and physical well-being, geography, friends and relatives, transportation, and attitude. To have fun is to have a positive attitude.

Did you hear the one about the group of seniors who went river rafting and their punch line was, "Boy, that was fun"?

Patrick M. Kennedy is the author of *Being a Senior Citizen*. Find it at [www.funwithretirement.com](http://www.funwithretirement.com).

## Way Back When

### 80 years ago

*Aug. 18, 1932:* Concrete citizens were greatly shocked yesterday afternoon by news that D. D. Dillard, a Concrete resident for the past 30 years, had lost his life in an auto accident on the rock cut about three miles west of town. His car went over the bank near the west end of the cut and landed, a mass of wreckage, on the Great Northern Railroad track.

The accident was first reported by the crew of the Great Northern train due [in Concrete] about 1 p.m. The train rounded the sharp curve at the west end of the cut and was almost on the wrecked car when it was seen by the fireman. Brakes were slammed on, but the train struck the car and pushed it about 15 feet up the track before the train stopped. Dillard's body was then found lying alongside the track, having been thrown free from the car as it struck the track.

Dillard was 76 years old. When the town was incorporated in 1909, he was elected as the first mayor. A few years ago, he was again chosen to serve in that office.

### 70 years ago

*Aug. 13, 1942:* Lightning stabbed at the Cascade ridges in this district for a second time this season last Thursday evening, when an electrical storm resulted in more than 100 fires in the Skagit, Suiattle, and Baker River areas.

As usual, the Suiattle district, lightning rod of the northwest, took the brunt of the pyrotechnics.

Sixty-four of the fires were charted from this ranger district.

Fortunately, the conditions were such that no large fires were started, and the fire crews rushed to the lightning strikes found most of them confined to a small area or out entirely.

Close to 200 men were called to duty by the forest service during the first two days in order to reach all strikes without delay. All fires are now under control or extinguished completely. Damage was negligible.

### 60 years ago

*Aug. 14, 1952:* Traffic across the new bridge at the Dalles may be limited to just a few fortunate residents of the south Concrete area for a while, but the bridge and road had a busy flurry of activity Saturday afternoon. Just a few minutes after Cascade Queen Dolores Keller cut the taut, white ribbon that represented the final barrier, the flatbed truck that had served as the speakers' stand was moved to one side and the cars began to roll across the bridge for the first time.

Near Marblemount, the Skagit River claimed another life last Friday night when Jerry Finch, 20, of Newhalem, drowned when his car plunged over the bank on a trip from Newhalem to Marblemount. A second death followed when his father, Charles E. Finch of Burlington, died of a heart attack from the exertion and anxiety of an all-day search for the boy after he disappeared Friday evening.

### 50 years ago

*Aug. 23, 1962:* The North

See **Way Back**, p. 29

## Concrete Center August 2012 Activities

Lunch served  
Mon. – Fri., noon

### Mondays

9:30 a.m. Beginning quilting  
9:30 a.m. Jigsaw puzzle  
9:30 a.m. Men's group  
11:30 a.m. Couponing  
12:30 p.m. Skip Bo

### Tuesdays

9:30 a.m. Jigsaw puzzle  
10 a.m. Dominoes  
12:30 p.m. Skip Bo

### Wednesdays

9:30 a.m. Advanced quilting  
9:30 a.m. Jigsaw puzzle  
11 a.m. Blood pressure checks:  
Aug. 8  
Advisory Board mtg.:  
Aug. 8  
11 a.m. Skip Bo  
12:30 p.m. Bingo: Aug. 8 and 29  
12:30 p.m.

### Thursdays

9:30 a.m. Jigsaw puzzle  
9:30 a.m. – 2 p.m. Wii Sports play  
9:30 a.m. – 2 p.m. Foot care by appt.  
12:30 p.m. Skip Bo

### Fridays

9:30 a.m. Jigsaw puzzle  
10 a.m. Movie (viewers' choice)  
12:30 p.m. Dominoes

### Coming events

8/16 10 a.m. – 1 p.m. Senior Day in the Park (Maiben Park, Burlington)  
8/30 Crafting Committee Anacortes Senior Center  
9/5 Manicures, Music, and Mocktails, Concrete Center  
9/13 All Centers Picnic, Riverfront Park, Sedro-Woolley  
9/21 Volunteer Bingo Night  
9/27 Culinary Taste Panel Burlington Senior Center

**Way Back**, cont. from p. 28

Cascade Conservation Council of Seattle, members of which are pushing to close off logging and other commercial uses of the northern Cascades by formation of a North Cascades National Park, recently struck a blow to logging plans for the future in this area—if their plea is heard by the right people in Washington.

The group has enlisted the help of Congressman Tom Pelly, who in a recent letter to the Secretary of Agriculture asked support of creation of a national park in the North Cascades.

### 40 years ago

*Aug. 17, 1972:* A \$537,000 improvement project at the State Dept. of Fisheries salmon hatchery in Marblemount was announced this week by Senator Lowell Peterson of Concrete.

The department accepted a low bid of \$376,159 from Troy Construction Co. of Bellingham for construction of incubation channels and related piping pump stations and water systems at the hatchery. A new residence also will be built by another firm.

### 30 years ago

*Aug. 5, 1982:* Jeff Kelly, Concrete High School Class of 1982, toured six European countries this summer as a member of the Sound of America Honor Band and Chorus.

Kelly traveled with a group of 150 choir and 100 band members, giving concerts to audiences in England, France, Austria, Italy, Switzerland, and Germany. The musicians represented 39 states; 19 members were from Washington.

Many of the concerts were performed in town squares, parks, and other outdoor locations. But the group also performed at Notre Dame in Paris for an audience of 11,000.

"We had a ball!" Kelly said.

## An occasional comment

By Jeanne Malbrain

"Meet the Press" recently reported an increase in high school drop-out rates. Why? Is high school too juvenile? Does it present no challenges? Does it present too many challenges? What's next? Eighth grade drop-outs? Finally, who are the dropouts? The report didn't detail that subject.

Can anyone imagine parents allowing their children to drop out of high school? The report did not say what these dropouts are doing. I think that might be an interesting statistic.

In the July 18 *Seattle Times* appeared an article titled "Teens struggling to find a job this summer." I pondered that, because I have been looking for someone to take care of my garden all summer. No teen appeared at my door asking, "Is there anything I can do for you to earn some money for the summer?"

As a product of the 1930s, I and my high school peers went door to door asking this question. Sometimes we succeeded.

My grandmother frequently had railroad "bums" who knocked on her door asking for a meal. She had them weed her garden, clean out the chicken coop, or mow the lawn. When they'd finished, they sat on the back step and ate a complete dinner she had prepared for them. Nothing was "free" in those days.

Maybe we ought to try that again? Think so?

Cheers!

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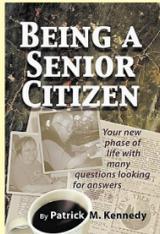


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### Being a Senior Citizen



Order your copy of Patrick M. Kennedy's book

<http://funwithretirement.com/BeingSenior.htm>

## Upper Room Fellowship opens its doors for worship

Concrete Town Center has a church. On July 1, Upper Room Fellowship welcomed its membership to 45948 Main St., next to the Food Bank.

The congregation moved from its Marblemount base when members' homes became unsuitable for the growing congregation, said pastor Dennis Peek. The new space should be much more accommodating.

Upper Room Fellowship got its start in May 2011, when a group of likeminded Christians decided they wanted to follow the example of the church in the book of Acts in the Bible.

"We gathered together one day and decided to try to begin a church that followed closely to the elements that were in the Acts 2 church, the same New Testament church that Paul spoke so much about," said Peek. "The churches in America today have come so far away from that."

In Acts, early church members were visited by the Holy Spirit on the Day of Pentecost. Acts 2:2-3 describes the moment as a sound from heaven like a violent rushing wind that filled the house where the apostles were gathered, followed by what appeared to be tongues of fire resting on each of the men.

As the apostles were filled with the Holy Spirit, they began speak in other languages. Other people from other nations who witnessed this event claimed that they could hear the apostles speaking in their own languages; some claimed the apostles were simply drunk with wine.

The apostle Peter seized the moment to explain that the Holy Spirit was responsible for the event, and reiterated what the prophet Joel had stated in the Old Testament:

"And it shall be in the last days, that I will pour forth of my Spirit on all mankind;

And your sons and your daughters shall prophesy,

And your young men shall see visions,

And your old men shall dream dreams..."

The ability to prophesy is deemed a spiritual gift by Upper Room Fellowship members—one of many, and one that should be given an opportunity to be used.

"Paul said in his writings that each one of us has a spiritual gift, and when we gather together, we should all be able to function within our gifts," said Peek. "Some are given a gift of prophecy. Some are gifted with wisdom. Others are gifted with knowledge, knowing the Word of



Upper Room Fellowship opened its doors for its first Sunday service July 1. The church is located at 45948 Main St. in Concrete Town Center.

God so well, they can link things together for us. Others are gifted as pastors or teachers, or with evangelism. The list goes on and on."

Peek describes the membership of Upper Room Fellowship as "just a bunch

of nondenominational believers in Christ who come together to worship the Lord, hear from Him, and be with each other. The group also offers counseling by appointment.

"We're about making relationships," said Peek.

Upper Room Fellowship meets Saturdays from 10 a.m. till noon. A men's group, "Men of the Mountain Ministries," meets Thursdays at 8 a.m. for a potluck breakfast and special speakers who may be local or from as far away as India or Australia.

For more information about Upper Room Fellowship, contact Dennis Peek at 360.873.9500 or dpeek52@peoplepc.com. — J. K. M.

## Condolences

**Our love and condolences go out to the family and friends of George Nick. We will all miss you and your madcap adventures. God bless you, buddy. Love, Dave and Deborah Chapman.**

**Obituaries published in Concrete Herald** from May 2009 to present are posted online at: [www.concrete-herald.com/obituaries](http://www.concrete-herald.com/obituaries)

## Skagit County Sheriff's Office Blotter

### June 18

A male caller reported a burglary to his camp trailer in the 11000 block of Panorama Rd. near Sedro-Woolley. Sometime during the previous several weeks, someone had entered the trailer through an unlocked window and took various items, including guns. No suspects at this time.

Deputies responded to a residence in Lyman to check the welfare of a female who had not shown up for work. Deputies learned that the male and female were disagreeing over an incident; however, no crime had been committed. The employer was notified.

### June 19

A male Rockport caller reported seeing a person wearing a pair of jeans that belonged to him. He advised that he found a brand-new pair of jeans at the dump with the tag still on them. After a few days he noticed an acquaintance wearing what he thought were the same jeans, he requested the deputy get the jeans. The deputy talked to the possible suspect, who denied taking them and would only say they were given to him as a gift. No arrests were made.

### June 21

While monitoring traffic, a deputy stopped a vehicle for speeding in the area of Hwy 9 and the Skagit River Bridge near Sedro-Woolley. Upon contacting the agitated driver, it was learned that he had a suspended driver's license and no insurance, and had a valid protection order not to have any contact with his female passenger. He was arrested and booked into the jail.

A male caller in the 31000 block of Prevedell Rd. in Lyman reported gas and oil taken from his mower, which was stored in his garage. It also appeared some items were moved around inside of the residence. No suspects, but extra patrols will be conducted.

### June 23

A caller who owns property in the Lake Tyee area reported that his trailer had been entered and small items had been removed. Deputies responded to several other similar incidents in the area. All occurred within the same time frame. No suspects at this time.

Another caller in the Lake Tyee area called to report their trailer had been entered with numerous items removed. Several hundred dollars worth of DVD

movies were taken. No suspects at this time.

A caller in the Forest Place area near Concrete reported four-wheelers driving in the area unlicensed. The deputy located the four-wheeler at a residence nearby. The rider was taken into custody for an outstanding warrant. He was later released pending a court date.

### June 25

Deputies responded to the 24000 block of Crab Apple Lane in Sedro-Woolley to a possible weapon violation. A female told them that she was driving down the shared driveway when a neighbor yelled at her because he felt she was driving too fast. She said he then pointed a hand gun at her from his property. The male was contacted and he admitted to showing the gun but only pointing it at the ground. Charges are being forwarded to the prosecutor's office.

A caller from the 11000 block of Western Lane in Clear Lake reported his lawn mower was taken from his garage. Deputies checked out possible suspect information and determined it was not the employees from a bank who took the mower. No suspects at this time.

### June 26

Deputies were called to the 31000 block of West Main St. in Lyman in reference to a domestic dispute. A mother and daughter were having a disagreement over a car repair bill. The deputy was able to mediate the situation and no arrests were made.

### June 27

A female Sedro-Woolley caller reported that she received a check in the mail for using her credit card in a store. The letter with the check told her to deposit it and send them the taxes for the check. It appeared to be a scam, since the money would need to be sent back to the UK. She was to follow up with her bank.

Deputies responded to a report of a serious injury accident near the intersection of Cape Horn Rd. and Russell Rd. in Birdview. Deputies learned a motorcycle had crashed, injuring the female passenger. Deputies suspected that alcohol could have been a factor with the driver. State Patrol was contacted; they handled the accident.

### June 29

While a deputy was patrolling the area of Francis Rd. near Clear Lake, he observed a Ford Bronco vehicle parked in the weeds. Upon checking the vehicle it was determined the vehicle was stolen out of Anacortes. The owner later recovered his Bronco. No suspects were located.

Deputies responded to the 7300 block of Pressentin Ranch Dr. near Concrete in reference to a verbal argument between a male and female. Deputies were able

## Sergeant's corner

By Skagit County Sheriff's Sergeant Chad Clark



I feel compelled to discuss the recent tragic events that have occurred across our nation, and ways to keep yourselves aware of your surroundings.

At Cafe Racer in Seattle, a deranged gunman entered the business and left four people dead. The man then carjacked a vehicle, killing one more. Another tragedy occurred in Aurora, Colo., where a person shot and killed 12 people and wounded 58 more during the midnight showing of the most recent Batman movie.

Both of these incidents were cruel and senseless, and affected many innocent lives.

While we may not be able to stop these kinds of incidents, there are ways to mentally prepare in case you find yourself thrust into these situations.

This doesn't mean to live your life paranoid and never go anywhere again. But the worst thing we can do is say the infamous words, "That kind of thing will never happen around here." That kind of thinking will not prepare you or your family for a potential tragedy.

to contact the male and female in a van in the area. It was determined that no assault occurred; however, the male was in violation of a no contact order with the female being the petitioner. He was arrested and booked into the jail.

### June 30

The owner of property in the 7500 block of Delvan Hill Rd. near Sedro-Woolley reported that a large storage container had been entered. The only thing she could determine missing was a motorcycle helmet. No suspects at this time.

A caller in the Shangri-La Rd. area of Hamilton could hear a female crying and a loud thumping noise, but could not see anything. Deputies arrived and found a vehicle crashed against a tree. No occupants were located. A search of the area did not turn up anyone. Deputies are following up with the registered owner.

A male caller reported having problems with his adult son at his residence in the Cedar Grove area near Concrete. Deputies talked to all parties and determined no crime was committed and that all parties were intoxicated. The son was taken to jail and booked on three warrants.

### July 1

Often when I am with my family and we enter a restaurant or shopping center, I will run a scenario through my mind of someone entering the area and beginning a rampage of violence. The things I consider:

- How close is my family to me?
- Where are the escape routes?
- Where is a good place to shelter my family?
- What things could I utilize to defend myself and my family?

The case in Colorado involved a moviegoer who dressed like the "Joker" and armed himself with several guns, gas mask, and tear gas. Most likely this is a tragedy that could not be avoided as the gunman had a plan and means to carry out his violence.

I believe that if you think about the safety of you and your family, you may have an opportunity to escape. Never say, "This will never happen to me." If you run these scenarios through your mind on a routine basis, you are essentially training your mind on how to react during these horrific tragedies.

We need to be aware of these tragedies, because they occur far too often in our society.

*Chad Clark is sergeant for the Skagit County Sheriff's East Detachment in Concrete.*

A female caller reported at 3:20 a.m. an unknown male subject was banging on the side of her home near Sedro-Woolley. Deputies arrived and contacted an intoxicated male who last remembered being in a tavern in Sedro-Woolley and didn't know how he made it out there. He was transported back to his residence.

A male caller reported being assaulted with a baseball bat in the 58000 block of SR 20 in Marblemount. Several deputies went to that area. Upon contacting the victim, it was determined that he'd received major injuries because of the assault. Upon contacting the suspect, it was learned the fight involved the two of them over an earlier dispute. When the victim refused to leave, a fight occurred, leaving the victim with severe injuries. The suspect was arrested and booked into jail.

A female caller reported being assaulted by another female with whom she is an acquaintance. Deputies contacted the victim, who said the fight was over disagreements with the property they lived on. The victim claimed she was punched in the ear. Deputies contacted

## Worship directory

<p><b>Assembly of God</b> Concrete Assembly of God 45734 Main St., Concrete; 853.8042 Sun. worship: 10 a.m. Tue.: Men's meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women's Bible study, 6:30 p.m. Bruce Martin, pastor</p>	<p>Hamilton First Baptist Church 797 Hamilton Cemetery Rd., at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m. Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor</p>	<p>Call for weekly youth group/Bible studies Tim Hedberg, pastor</p>	<p><b>Lutheran</b> Shepherd of the Hills Lutheran Church 46372 Main St., Concrete / 853.8814 Sun. worship: 10 a.m. Marcus Stroud, pastor</p>
<p>North Cascade Community Church 59850 SR 20, Marblemount 360.873.2504 // www.mmag.net Sunday School: 9:30 a.m. Sun. worship: 10:30 a.m. Wed.: Teen Connection, 6 p.m. Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.) Thur.: Men's Breakfast, 8 a.m. Dave Nichols, pastor E-mail: pastordave@fastmail.fm</p>	<p>Lyman Baptist Church 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.</p>	<p><b>Free Methodist</b> Day Creek Chapel 31438 S. Skagit Hwy, Sedro-Woolley Office 360.826.3696 Rick Miles, pastor Sun. worship: 10 a.m. Tue.: Women's Bible study, 9:30 a.m. Thur.: Bible study at Mt. Vernon Manor, 6:45 p.m. Fri.: Dinner/Bible study at Miles' 6:30 p.m.</p>	<p><b>Nondenominational</b> Community Bible Church 45672 Limestone, Concrete; 853.8511 E-mail: cbcofconcrete@earthlink.net Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children's Ministries at both Contact church for other ministries Rob Thomas, pastor</p>
<p><b>Baptist</b> First Baptist Church 12732 Hemlock St., Clear Lake 360.856.2767 Sunday School: 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: pastorjohn@firstbaptistclearlake.com</p>	<p><b>Catholic</b> St. Catherine Mission Church 45603 Limestone St., Concrete Mail: 719 Ferry St., Sedro-Woolley Office: 360.855.0077 Weekday hours: 9:30 a.m.–3:30 p.m. Sat. Mass: 8:30 a.m. Father Martin Bourke, pastor www.svcc.us/scm</p>	<p><b>Methodist</b> Central United Methodist Church 1013 Polke Rd., Sedro-Woolley 360.856.6412 / centralumcsw@yahoo.com www.gbgn-umc.org/cumc-sedrowolley Adult Sunday School: 9:30 a.m. Sun. worship: 11 a.m. Marilyn Kallshian, pastor</p>	<p>Rockport Christ the King Comm. Church 11982 Martin Rd., Rockport, WA 98283 Church office: 853.8746 Pre-service fellowship: 9:30 a.m. Sun. service: 10 a.m. Sun. eve. Bible study: 5 p.m.</p>
<p><b>Covenant</b> Community Covenant Church 12605 Highway 9, Clear Lake 360.856.1023 // covenant@wavecable.com www.clearlakecov.org Sunday School: 9:30 a.m. Sun. worship: 11 a.m.</p>	<p><b>Presbyterian</b> Mount Baker Presbyterian Church 45705 Main St., P.O. Box 246, Concrete Church 853.8585; office 595.0446 www.mtbakerpresbyterian.synodnw.org Sun. worship: 9 a.m. Tom Ross, pastor</p>	<p><b>To add your place of worship to this directory, call 360.853.8213 or e-mail editor@concrete-herald.com.</b></p>	



# Health



## Stay safe in the water

Summer has finally arrived in western Washington, and with the warmer weather, the temptation to find somewhere to cool off is tempting. Before you do, however, make sure that you protect yourself and your kids.

Skagit County Medic One and Safe Kids Skagit County remind you that drowning can happen quickly and quietly. The typical Hollywood-style drowning, complete with struggling and splashing, are mostly a myth. Someone drowning usually does so quickly, when no one is looking.

Drowning is the most common cause of accidental death for children between one and four. For every drowning, there are two more kids who need emergency room care and two more who need to go to a hospital for nonfatal drowning injuries, like being under water for too long.

Recent drownings that have affected families in our county serve as painful

reminders of how quickly someone can succumb to the water. Here are a few tips to help avoid such tragedy:

- Always use a life jacket. Parents, set the example of wearing life jackets.
- Stay away from fast-moving water. The current of the Skagit River is extremely fast and can pull under even the most experienced swimmer.
- Keep an eye on children around the water. They can get away from you in a hurry. This goes for bathtubs, too.
- Always swim with a buddy.
- If you have an outdoor pool, make sure you have a locking gate around it.
- Empty blow-up or kiddie pools when they are not being used, and store them safely.
- Put away all pool toys when you leave the pool.
- Make sure your pool or spa drains and make sure they have safety drain covers.
- Teach your kids to swim or take them where they can get swimming

lessons. The YMCA is one place to learn.

- Learn and know CPR.
- Don't let small children play alone around toilets or full buckets. They can fall in and not be able to right themselves.

Our summers in Skagit County are short enough. Let's make it an enjoyable one without another tragedy.

*Submitted by Skagit EMS Injury Prevention Coordinator Bill Craig. Safe Kids Skagit County is led by Skagit County Medic One; member organizations include area fire departments, hospitals, businesses, and individuals in healthcare-related fields. Information about Safe Kids can be found at [www.safekidsskagit.com](http://www.safekidsskagit.com).*

Talk, cont. from p. 3

should be willing to say so in public. I believe the scientists who believe human activity is contributing to climate change. Let's plan for this, both individually and collectively. How about you? Climate-change detractors are willing to speak up publicly; we need to do the same.

3. We need to elect people who accept the need to plan for climate change, including the likelihood of more severe floods. Electing people who will only plan for last year's flood puts everyone in danger. In general, we need to elect people who support good science of all kinds.
4. We need to support science education so the voting public can sort out good science from politically motivated scare tactics. Students need to learn how much debate occurs as a scientific consensus forms, as well as how much debate continues once a consensus emerges. These debates do not invalidate the consensus.
5. We need to start paying attention to the ways that science gets corrupted by profit-seeking scientists, as well as by companies trying to preserve their particular business model. We need to consider policies that will contain this damage.

## High temperatures increase health risks for people with diabetes

(ARA) — For the nearly 26 million Americans living with diabetes, high temperatures and increased sun exposure can pose particularly dangerous health risks. During warm weather, experts caution that people with diabetes must take extra care to avoid serious, heat-related conditions.

"Heading to the beach, the pool, or the park is a great way to cool down and stay in shape when the temperature rises, but people with diabetes may not realize the heat can place them at greater risk for serious, heat-related illness," said Dr. Deneen Vojta, senior vice president and chief clinical officer of UnitedHealth Group's Diabetes Prevention and Control Alliance (DPCA). "Diabetes actually impairs a person's ability to sweat, which means that hot, humid weather can dangerously reduce the body's regulation of blood sugar levels. That's why it is critical that people with this disease take proper precautions to avoid conditions like heat exhaustion and heat stroke."

Vojta offers seven simple tips that may help people with this disease to stay active, healthy, and safe when temperatures are high:

1. Check your blood sugar levels often. Changes in activity and heat levels can affect your body's insulin needs.
2. Wear sunblock. Sunburn can tax your body and trigger increased blood glucose levels.
3. Stay cool. Take regular breaks from the heat in air-conditioned areas or designated cooling centers, if possible.
4. Keep diabetes medications and supplies cool and away from direct sunlight and extreme temperatures.
5. Stay hydrated. Dehydration stresses the body and affects glucose levels.
6. Avoid caffeine and alcohol in high temperatures. Both alcohol and caffeine have diuretic effects that can increase risks of dehydration.
7. Be alert for common signs of heat exhaustion.

Grace Popoff blogs at [www.writteninconcrete.com](http://www.writteninconcrete.com).

Sheriff's Blotter, cont. from p. 31

the boyfriend of the suspect, who said his girlfriend was actually head butted by the other girl. Deputies are still investigating to determine if charges will be filed.

**July 4**

Deputies arrived at the intersection of Babcock Rd and SR 9 near Clear Lake for a vehicle stuck in a ditch. The passenger denied driving and was uncooperative. The owner of the car also denied driving; however, the deputies determined based on the distance from the seat to the steering wheel that the female owner was the driver. She was arrested for DUI.

The manager at the Creekside Campground near Birdview called to have a female removed. Deputies learned that she was burning garbage and acting irrationally. It was determined that she had

several warrants for her arrest. She was uncooperative, but was taken into custody and booked into jail.

A female caller from the 10000 block of SR 530 near Rockport reported her vehicle entered and items stolen. Medications were taken and at least two vehicles had been damaged. Deputies have possible suspects and are following up on leads.

**July 6**

A male was on a riding trip up in the Finney Cumberland area near Day Creek and had not returned to work on Friday. A helicopter was deployed, as well as volunteers from Search and Rescue, to search all of the road systems. The subject was located on Saturday in the later morning hours. He was severely injured from a going off the road. He was air lifted to a hospital for treatment.

## BUSINESS DIRECTORY

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\*\* UNIQUE & ANTIQUE \*\*  
Family Gift Shop / Special Orders  
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Complete family hair care, specializing in:  
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More than 25 years' experience!  
Call Kathy Monrad and Becki Hoover for appt  
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**July 7**

A suspicious male was loitering in the parking lot of a convenience store in Clear Lake, making the clerk very nervous. He was contacted by deputies and later arrested for two outstanding warrants. He was booked into jail.

**July 9**

While on routine patrol, a deputy observed a female walking on Utopia Rd. near Sedro-Woolley at 1:34 a.m. It was determined she got into an argument with her boyfriend at their tent site. She was given a ride to the AM/PM store.

The same deputy returned to the area on Utopia Rd. near Burmaster Rd. for a call of a male sitting in a truck that belonged to the homeowner. The male ended up being the boyfriend of the female from the earlier call. He was warned to stay out of vehicles and returned to his tent. No

charges were pressed.  
A caller in the 24000 block of McKendree Lane in Sedro-Woolley reported a detached shed at the residence was on fire. The fire had spread to a boat and burned a portion of that. It was determined by the Fire Marshall's Office that it was set intentionally by three young males at the residence. The males admitted to deputies that they had set the fire. They said they were playing with a lighter and gun powder. Charges will be filed.

A male caller reported that his ex-girlfriend was suicidal at her residence in the Walberg Rd area. in Day Creek. Deputies made contact and determined that she was a danger to herself. She resisted going to the hospital, but eventually was seen by a mental health provider.

### Perks Espresso & Deli

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### Restaurants

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To add your business to this directory, call 360.853.8213  
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**Targeted.** Five thousand copies circulate through Whatcom, Skagit, and Snohomish Counties every month, reaching an untapped market of readers, many of whom say they read only *Concrete Herald*.

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~ Valerie Stafford  
communications director  
United General Hospital,  
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## Concrete Herald

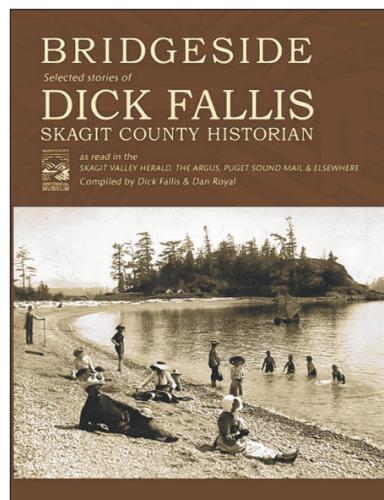
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# Out & About



## Skagit County



### Dick Fallis' collected writings published

Skagit County Historical Society has published *Bridgeside: Selected Stories of Dick Fallis Skagit County Historian*.

Edited by Skagit County Historian Dan Royal of Birdsvie, *Bridgeside* collects Richard E. Fallis' legacy of writings about the history of Skagit County through columns he wrote for *Skagit Valley Herald*, *The Argus*, *Puget Sound Mail*, and other publications.

Fallis was born Jan. 31, 1926, in Jonesboro, Ind., to Watt L. and Doris (Divine) Fallis. He served with the Navy in the Pacific during World War II. Following the war he majored in English, communications, research, history, and education, after which he had a full career teaching high school- and college-level history and English at Skagit Valley College.

He married Bernice Levitsky on Dec. 30, 1956, with whom he raised three children. His time teaching at Granite Falls High School in the 1960s ignited his passion for local history. While living in the town, he founded Rail Road Days, an annual event still going today.

He convinced his wife to let him buy the oldest existing newspaper at the time, the *Puget Sound Mail* in La Conner in 1973, while she became the main support of the family, working in the medical field

at local hospitals. He sold the newspaper by 1979, around the time he became Historian/Memorialist for the Skagit County Pioneer Association.

Fallis was extremely productive from 1979 to 2007, when a stroke slowed him down. He was involved with the Skagit County Historical Society and Museum as trustee and president, coordinator of the year-long Skagit County Centennial Celebration in 1983, a charter member of Skagit Valley Friends Meeting as clerk, an officer of La Conner Rotary, and many other organizations.

He produced many books on local history through his Skagit-Advocate Publishing, including a biography on early Skagit County preacher B. N. L. Davis and *Amid Fields of Alyssum: A Year at Northern State*.

Fallis wrote historical columns for the *Skagit Valley Herald* in the 1980s and the *Skagit Argus* in the 1990s, among many other periodicals and pamphlets. He was thrilled to promote and find funding for monuments, which included the Samish Indian story pole, "Maiden of Deception Pass," the River Jam Memorial, and the "Jasper Gates Father of Mount Vernon" statue found on First and Gates Streets in Mount Vernon, all done with sculptor Tracy W. Powell.

He kept the birthday of Skagit County, Nov. 28, 1883, alive by regularly sharing a birthday cake with the county commissioners.

Fallis resigned from his historian post with the Skagit County Pioneer Association in fall 2006, choosing Dan Royal as his successor, who succeeded Fallis in 2007. A year before his death, he was honored by the town of Granite Falls and presided as Grand Marshal over the event he founded, Rail Road Days.

At 84 years of age, Fallis died Jan. 20, 2011.

*Bridgeside* is the 10th book in a series of Skagit County history books published by the Historical Society since 1970. First copies of the book will be available at the Pioneer Picnic (see p. 11).

*Bridgeside* will be available exclusively at the Skagit County Historical Museum store, located at 501 S. 4th St., at the top of the hill in La Conner. For more information, call 360.466.3365 or go to [www.skagitcounty.net/museum](http://www.skagitcounty.net/museum).

—Dan Royal

## Samish Watershed Garden Tour Aug. 12

Friday Creek Habitat Stewards, Chuckanut Transition, and the Skagit Conservation District will present a free tour highlighting area gardens that are beautiful while providing healthy habitat and economic opportunity in the Samish watershed.

The tour will be held Sun., Aug. 12, from 11 a.m. to 3 p.m.

The six gardens on the tour will provide attendees a chance to meet and get tips from gardeners who make a living from their land while nurturing Skagit County's native habitat. The tour also will include tips on wild crafting natives, growing food in challenging climates, using greenhouses, edible perennials, and more.

Maps and directions can be picked up at Alger Community Hall, 17835 Parkview Lane, in Alger, from 10:30 a.m. to 2 p.m.

For more information contact Kristi Carpenter, at 360.428.4313 or [Kristi@skagitcd.org](mailto:Kristi@skagitcd.org).

## Burlington

### Skagit Valley Genealogical Society to host research workshop

BURLINGTON — Skagit Valley Genealogical Society's "Exposing Your Roots with Family History Research" workshop will offer educational sessions for family history researchers of all levels.

"Exposing Your Roots" will be held Sat., Aug. 25, from 8 a.m. to 4:30 p.m., at Creekside Retirement Community, 400 Gilkey Rd., Burlington.

Keynote speaker will be Eric Stroschein, professional genealogist and military records research expert. Seminar sessions include Military and Federal Land Records, Proving Your Sources, Researching Historic Newspapers, and the Washington State Archives.

Early-bird registration ends Aug. 10. For full details of registration costs, deadlines, and luncheon sign-up, contact Hazel Rasar at 360.630.0170 or [genealogy0715@gmail.com](mailto:genealogy0715@gmail.com), or go to [www.rootsweb.ancestry.com/~wasvgs](http://www.rootsweb.ancestry.com/~wasvgs).

## Mount Vernon

### Skagit County Fair returns for 114th year

One of Skagit County's popular attractions is again in the August lineup. The Skagit County Fair will be held Aug. 8 to 11 this year, at the fairgrounds property at 1410 Virginia St. in Mount Vernon.

Gates open at 10 a.m. and close at 10 p.m. On opening day, all tickets are \$3 till 3 p.m.

This year, look for a blend of the expected and unexpected. The county's agricultural history is reflected in the 4-H and FFA displays and competitions, including animal judging.

Entertainment options are varied and designed to appeal to every age group. Look for hypnotist Kerry Sharp, Sterling the Magician, musician Marcia Kester, and other musical acts, like the Holmes Shea Band and Ali Marcus.

During the afternoon of Aug. 9, check out the Youth Band Showdown, with three bands—including Skipping Victor from Sedro-Woolley—taking the stage to compete.

Families will want to include a stop at Sherman Anderson Field, where the Sardis Raptor Center display and a Kids' Zone promise plenty of fun.

For more information and to download this year's fair program, go to [www.skagitcounty.net/fair](http://www.skagitcounty.net/fair).

## La Conner

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La Conner, WA  
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8/11: FREE & open to public, 10–6 p.m.  
8/12: FREE & open to public, 10–4 p.m.

Info: 360.466.4288



# Home & Garden



## Protect your investment, Part 2

By Katy Tomasulo

In the second part of our three-part series on home maintenance strategies, we look at tips and tricks for keeping your hard- and soft-surface flooring looking newer, longer.

### Hard-surface flooring

One key to a long-lasting hardwood, laminate, or vinyl floor is choosing a type appropriate for the room and lifestyle in which it will be used. Consider the type of abuse your floor will take—mud, kids, pets, etc. Dan Willard, technical associate for Armstrong Flooring, offers these additional methods for keeping surfaces in tip-top shape:

- *Follow manufacturer recommendations.* Each company has slightly different requirements for upkeep, especially when it comes to which cleaning products can be used for their materials.
- *Sweep or vacuum regularly.* If outside dirt and debris aren't removed regularly, they can get ground into the floor surface, causing it to wear more quickly.
- *Don't overclean.* Cleaners typically are needed only when there are visible spots and stains on the floor, says Willard. If used too frequently, some cleaners can build up over time, creating a cloudy appearance.
- *Avoid moisture damage.* Clean up spills quickly to avoid damaging the edges and seams of hardwood and laminate flooring. If you use a mop, be sure to wring it out well and consider a tery cloth or micro-fiber model.
- *Polish vinyl.* If, over the long term, the wear layer of your vinyl floor becomes difficult to clean or looks worn, you can strip the floor and apply a polish; however, Willard notes, once you apply it, it will become a regular maintenance need.
- *Top coat wood.* You can hide dings in floors with touch-up kits, but if the surface starts to look really worn, consider a manufacturer's top-coat dressings to restore the appearance.
- *Refinishing.* If your hardwood looks worn but a top-coat dressing won't do the trick, it's time to call in a pro to

discuss recoating or refinishing.

- *Significant damage.* You'll also want to bring in a professional if there is physical damage to the floor or if it's been damaged because of flooding.

### Carpet

Again, start by choosing the right carpet for each application. Talk to your retailer about the amount of traffic the room will get so that they can point you toward the right fibers and topical treatments.

- *Wipe your feet.* Start by keeping dirt off carpet in the first place. Have doormats at all exterior entrypoints; shake them out often.
- *Vacuum regularly.* Dirt can make carpet look dingy and worn. For most households, vacuuming about once a week will suffice, but up that amount for high-traffic areas or in homes with allergy sufferers or pets.
- *Have spot cleaner on hand.* The longer a stain sits, the harder it is to get out. Again, verify with the manufacturer to see what cleaners are recommended for your specific carpet. Avoid cleaners with detergent, says Mike Zoellner, vice president of marketing services at Mohawk, because they can attract dirt back to the spot. Shaw Floors offers a free smartphone app, "Carpet Stain Center" that provides stain-removal strategies.
- *Get professional help.* Vacuuming and even home steam cleaning can get only so much, so have your carpets professionally cleaned every 12 to 18 months. Mohawk and Shaw both recommend cleaners that use the hot-water extraction method. Also call a pro if recommended strategies for stain removal aren't working; don't try non-recommended methods, which could discolor or damage the carpet.

Katy Tomasulo has written about the building products industry for 12 years. Read her coverage of home products and trends at [www.productsinsider.com](http://www.productsinsider.com). Portions of this story originally appeared in *USA Today's American Life | Home magazine*.

## Garden Patch

By Gladys Silrus

Want great color in August? Here are some plants and trees to try: Crape Myrtle, Pee Gee Hydrangea, Viburnum, and Hypericum. Plant ornamental grasses for motion and contrast. Fall Mums are in; plant now for autumn color. Water all plants deeply and thoroughly, especially newly planted ones. Daffodils and tulips should be fertilized in early to mid-August with two lbs. of 5-10-10 or 6-12-12 fertilizer per 100 square feet.

Pest control: Various pest problems can occur in August. Use diatomaceous earth to control crawling insects such as cockroaches, ants, slugs, silverfish, earwigs, fleas, spiders, millipedes, centipedes, and carpet beetles; use indoors and outdoors. Use Roundup, Finale, or undiluted vinegar to kill weeds and grasses in brick patios and walks. Spray roses with a chemical or sulfur spray to

keep black spot and other problems under control. Spray fruit trees regularly. Control slugs and snails on hosta and other plants with diatomaceous earth. Fertilize fruits and vegetables as needed with slow-release vegetable food.

Lawn care: If your lawn is turning brown, that's because it's gone dormant. You have two choices: Allow it to continue in its dormancy by not watering, or bring it out of dormancy with regular waterings—just don't bring it out of dormancy repeatedly. If you continue to water, be consistent. Continue to mow regularly (your best defense against weeds). Your mower should be set at 3 inches. Avoid pruning evergreens when it's hot; just wait until next spring.

Keep deadheading!

Got a gardening question? Send it to Gladys for an answer! Call her at 360.826.4848, or write to her at [gsilrus@frontier.com](mailto:gsilrus@frontier.com) or 42002 Pine St., Concrete, WA 98237.



"Experience The Most Comfortable Dental Visit Possible."



Dr. John Matterand



Dr. Larry Forsythe

Drs. Larry Forsythe and John Matterand are welcoming new patients to their dental practice, conveniently located at 2261 Hospital Dr., Ste. 101, in Sedro-Woolley, at the corner of Collins Rd. and Hospital Dr.

Call for an appointment today!

We look forward to seeing you soon!

360-856-6011  
[www.cascadedds.com](http://www.cascadedds.com)



# Smile



## Dwelleysms

Wit from former Concrete Herald editor Charles M. Dwelley

“Dial phones are scheduled to go into use here during the coming week, thereby ending that folksy era when the phone system was wrapped with the personality of ‘central.’ Progress it may be, as a machine handles our future calls, but a lot of us are going to miss that lazy man’s phone number: ‘Gimme Shorty Smith’ or ‘Let me talk to Ma Jones.’ We are afraid the dial won’t understand such requests.”  
 “It is noted that the average family cost of liquor and tobacco almost balances the family doctor bill. In case you can’t afford the former, you can always quit living and save on that doctor bill.”  
 “A spud shortage is predicted for next spring. Just about in time for our annual decision to diet off a few pounds.”  
 —Oct. 9, 1952

“After 20 years of cussing the Democrats, it is most annoying to find out there were so few of them the day after election.”  
 —Nov. 6, 1952

“A suggested new law would permit families of gambling papas to recover double damages for any of his losses. Under such a law the odds are two to one papa won’t quit as long as someone will take his bet.”  
 “Enjoy life for what it is. There is no substitute.”  
 —Nov. 13, 1952

“A government bureau has figured out that a good wife is worth about \$7 per day around the house. Reasonable enough, but they forget how the costs run up when she heads for town.”  
 “The dollar being what it is, don’t be alarmed if they ever stop making them out of silver. They could cost more than they are worth.”  
 “Lovers of understatement will enjoy hearing that scientists predict a fall from a spaceship is liable to be dangerous.”  
 —Dec. 11, 1952

“Many people laugh at the small town,

not knowing the small town is too polite to laugh at a person displaying such ignorance.”  
 “Dad is the guy who habitually spells ‘Christmas bells’ with an ‘i’ in the last word.”  
 —Dec. 18, 1952

“The goddess of the small town is Dame Rumor.”  
 —Jan. 14, 1932

“Someone suggests that firearms be made illegal, thus making it impossible for criminals to arm themselves. This person can’t have been around much. Maybe he hasn’t heard of the prohibition law and the way it turned out.”  
 —June 30, 1932

“Housewives never get any rest. Instead of cement dust cluttering up the house as usual, laid-off husbands will take its place for a while.”  
 —Sept. 1, 1932

“Not being a paper that editorially supports any candidates for office, it is a source of pleasure for us to sit back and rest without having to alibi our fallen champions.”  
 —Sept. 15, 1932

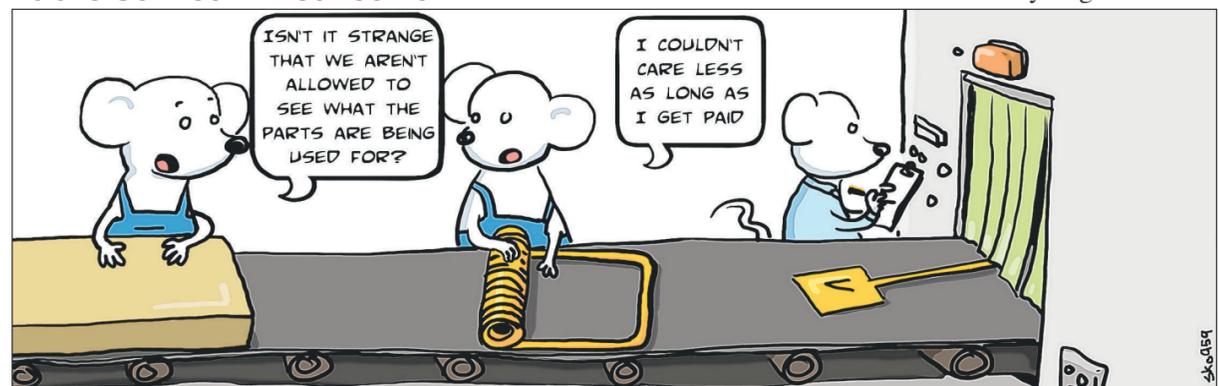
“With hunting season starting Saturday, the automobile will again take a back seat while the gun steps to the front with its yearly toll of accidents, as educated morons continue to shoot at moving bushes and brown hunting coats.”  
 “Pity the Democrats! They are scared stiff that prosperity will show up before they get a chance to prove that it was a Democratic president who brought it back.”  
 —Jan. 14, 1932

## Concrete Harold



By Joyce Harris

## Public Service Announcement



By Stig Kristensen

## Crossword: “Constructions”

1	2	3	4		5	6	7	8	9	10		11	12	13
14					15							16		
17				18								19		
20							21			22				
23				24			25					26		
27			28			29		30	31			32		
			33		34		35			36		37		
		38				39					40			
41	42			43				44						
45			46		47			48		49		50	51	52
53							54		55			56		
57				58	59	60		61				62		
63				64				65						
66				67								68		
69				70								71		

### Across

- 1. Shuttlecock
- 5. Ho Chi Minh City
- 11. Calendar abbr.
- 14. Brother of Jacob
- 15. Burning
- 16. Chemical ending
- 17. Developer
- 19. Pilot’s announcement, briefly
- 20. Watery motion
- 21. Watch the bottom
- 23. Tree under which Buddha was born
- 24. Storage cylinder
- 26. Textile designer and printmaker Albers
- 27. 1545 council site
- 29. “Cheaper by the dozen” actress, Hilary
- 32. Kind of room
- 33. Crumb
- 35. Plane, e.g.
- 37. Parked oneself
- 38. Real estate listing information, often
- 41. Cow or sow
- 43. Kind of palm
- 44. Low card
- 45. Microscope part
- 47. Study, say
- 49. Medieval light
- 53. Four Corners state
- 54. Ancient alphabetic character
- 56. Before, of yore
- 57. End of boyish period
- 61. Potato measurement
- 63. Track action
- 64. Commodore’s lyric, “She’s \_\_\_\_\_” and home description
- 66. Be off base
- 67. Ending
- 68. Boxer Spinks
- 69. Jamie Foxx’s legend
- 70. Out of it
- 71. Sheltered, at sea

### Down

- 1. Bidding
- 2. Meteorologist’s line
- 3. Talk aimlessly
- 4. The Everly Brothers composition
- 5. Riyadh resident
- 6. Away from home
- 7. Under the weather
- 8. Moves restlessly
- 9. Foreboding
- 10. Roman fiddler
- 11. Gentleness
- 12. Wave catcher
- 13. One not wearing rose colored glasses
- 18. Eating places
- 22. St. Louis pro
- 25. Alfresco
- 28. Parent’s order
- 30. FYI part
- 31. Contractor’s measure
- 34. Ski lift
- 36. Opposite of sophisticated and advanced
- 38. All the renters on an estate
- 39. It may need massaging
- 40. Jersey call
- 41. Type of party
- 42. Greek woman who was a social climber
- 46. “Quiet!”
- 48. Clout
- 50. Fill up the tank again
- 51. Defoe character
- 52. Satellite of Saturn
- 55. A natural juice
- 58. Clods
- 59. Life lines?
- 60. Bond opponent
- 62. Kind of nut
- 65. 007 creator Fleming

## Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

		8		5		1		
	2	1				7		3
5							8	4
			4				6	
9	3		5		6		7	1
	1				2			
1	5							7
8		9				5	4	
		2		7		6		

\*Solutions to both puzzles are on p. 38.

## Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in July.
- “My mother is the energizer bunny of talking. I swear I will be ready for the monastery after this week.”
  - “OK, Monday, let’s try and be civil with each other ...”
  - “What do we say to the god of death? ‘Not today.’”
  - “My dryer takes way too long to dry clothes. I know you all wanted to know about that so I posted ASAP.”
  - “Does anyone else wake up their pet when it seems like it’s having a bad dream?”



### SAVE CONCRETE THEATRE!

Donate to Digital Campaign!

The movie industry will convert to digital in 2013. Concrete Theatre won’t be able to show new movies unless it converts to a digital system —a \$50,000 hurdle. **Please donate to help keep Concrete Theatre alive!**

\*Advertisement paid for by an anonymous donor.

- Donate at the theater during weekend movie times
- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at [www.concrete-theatre.com](http://www.concrete-theatre.com)
- Donate at Columbia Bank in Concrete (designate check for “Digital Projector Fund”)

**For more info on ways to help, call 360.941.0403 or e-mail [info@concrete-theatre.com](mailto:info@concrete-theatre.com).**

Letters, cont. from p. 2

demolition option appear to be in need of a history lesson—not the history of the building, but of the council seats they occupy. They appear to be uninformed of the many discussions and effort toward preserving that building.

These councilors may not be familiar with “Imagine Concrete” or how and why Imagine Concrete came into being. Please do some research, gentlemen. They may not be familiar with community “targets for action” prioritized by Imagine Concrete. But at the very least, they should have abstained from voting on a topic that Mayor Wilson had on his “Top 5” list of priorities for the community. Or were these councilors ignorant of that fact too? Restoration of that building was one of Mayor Wilson’s priorities, and I can only envision him in that meeting, hearing the vote being cast against this project, which has occupied a place on his list of priorities for as long as I have worked in Concrete. It must have been heartbreaking.

Have the councilors who suggested demolishing this historic structure familiarized themselves with the processes already accomplished in its preservation? Are they aware of the money invested in this project by the State of Washington Historic Preservation Department for the express purpose of restoring the building? How does the town council intend to explain to this official state agency what they did with the money the town was given to preserve—not destroy—the structure? Where exactly did this money go, anyway? Are they aware of the “in kind” dollars invested by the community in the form of volunteer labor? It appears they are not.

Did the Town Council solicit information from Imagine Concrete before voting on this motion? Did the Town Council solicit information from Concrete’s Historic Preservation and Landmarks Commission before casting their votes? Did any voting member of the council discuss this motion with Mayor Wilson before saying “Aye!”

Upon what information about the building did the councilors base their decision? Which council member has the qualifications to supersede a professional architect and engineer in determining the salvageability of the structure? I am curious to know who possesses these qualifications and credentials, because Concrete can certainly use this “indigenous resource” in its economic recovery plan.

Or perhaps the vote to consider demolition of the Superior Building was

made by some opinionated individuals who based their votes on personal feelings and no real information whatsoever. The information is readily available to anyone who cares to examine it.

While that is most embarrassing for those particular councilors, caught red-handed in the act of being completely ignorant of the facts, it is more hurtful to and disrespectful of the many citizens of Concrete who have donated hundreds of hours in some effort or another to restore the building. Research, phone calling, letter writing, funding searches, and actual physical labor have gone into the project so far and progress has been steadily made since the project was undertaken. Are these councilors aware of that fact?

To the residents of Concrete who have been working on the restoration project: Community Stew donated four years of work and education to help you become community leaders. You have been taught how to become effective in your community. You have each “passed your classes.” You have become strong community leaders. Use those leadership skills to stand up for your hard work!

A town council, regardless of who holds the seats, can be toppled much more easily than the Superior Portland Cement Company building. That is a voting option that belongs to Concrete citizens and carries as much weight as any wrecking ball, should push come to shove.

*Cam Steigleder-Archuletta  
Arlington*

#### Get involved in community’s future

I am disappointed with the recent vote of the council to essentially abandon the Superior Building and make no further effort to put a roof on it to stop its deterioration. I would also like to admit that I was the one who asked the hard question regarding the future of the building: If the town was no longer going to support the effort to save it, and the building is on the brink of being unsaveable, then when were they going to tear it down or would it remain a eyesore for another 30 years? That pushed the issue to the real consequence of their action. I was further disappointed to hear a council member remark they shouldn’t be in any hurry to tear it down since it has been like it is for years. Derelict buildings, especially those on Main St.—regardless of whether they were neglected to death or burned last year—affect both the image and property values of the entire community.

I believe the council members who pressed to abandon the effort are doing the best job they know how to do, and

whether we agree with them or not, we should be respectful in our efforts to get the motion reversed. If they are not following the “will of the people,” it is only because so many of you haven’t been involved enough in your local community and government.

I’ve heard the comment that it’s the council’s job to find out what the community wants and to do it. That doesn’t exempt individuals in the community from their responsibilities to inform the council members and participate in the process. Where have all these citizens been when the council or commissions were pleading for members? Since I don’t live within the town’s limits, some often feel like I’m meddling in the town’s business, but as a member of the greater Concrete community who wants the town to thrive, I feel that active participation is the right thing to do. The project to spruce-up Main Street is such an example.

Remember, most things that happen aren’t done by the most qualified, they are done by the most willing. I encourage everyone to become involved in determining this community’s future. Of immediate interest is whether you support the council’s decision or whether you feel as I do, that they should go forward with the roof. I look forward to working with you all in the future.

*John Boggs  
Concrete*

#### Clinic refused to treat

My 46-year-old daughter and I arrived at the Grandy Creek Thousand Trails campground on Tue., June 26. On Wednesday morning she seemed disoriented. For three hours she was dizzy and vomiting. She said she needed a doctor.

As I drove toward Concrete, I saw the East Valley Medical Center. Inside I asked the receptionist if there was a doctor there who could see her. “This is not a walk-in clinic,” I was told. “It takes 40 pages of paperwork to make an appointment; we don’t take out-of-state insurance. Dr. Garcia does not do walk-ins. Go to United General Hospital in Sedro-Woolley; it’s 25 minutes away.”

The office wasn’t busy. A nurse could have taken my daughter’s blood pressure and checked for signs of a heart attack (severe vomiting is a symptom of a heart attack in women).

[East Valley Medical Administrator/Co-owner] Emily Garcia has called me twice to apologize. She stated that there is a triage procedure in place for emergencies and it was not followed by the recep-

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tionist. When she finds the person responsible, she said they will be severely reprimanded. I hope she is sincere. I don’t want anyone else to go through this same ordeal.

*Ann Sandt  
Federal Way*

#### East Valley Medical responds

I would like to respond to the letter you have published from Ms. Ann Sandt, regarding her interaction with East Valley Medical’s reception staff. First of all, I would like to say that Ms. Sandt’s description of her encounter is not indicative of our standard practice. As soon as I learned of her complaint, I reached out to her and apologized for this upsetting experience. When speaking with Ms. Sandt, I was pleased to learn that her daughter did not have a heart attack and is doing well.

East Valley Medical is a Family Practice office that has served the Upper Skagit Valley since 1982. While we have policies and procedures to address emergency situations with professionalism and expediency, we are not equipped to sustain life-threatening emergencies and are blessed to have Aero Skagit’s professional

See Letters, p. 39

#### Sudoku solution, from p. 37

7	9	8	3	5	4	1	2	6
4	2	1	9	6	8	7	5	3
5	6	3	1	2	7	9	8	4
2	8	7	4	9	1	3	6	5
9	3	4	5	8	6	2	7	1
6	1	5	7	3	2	4	9	8
1	5	6	2	4	9	8	3	7
8	7	9	6	1	3	5	4	2
3	4	2	8	7	5	6	1	9

#### Crossword solution, from p. 37

B	I	R	D	S	A	I	G	O	N	M	A	R	
E	S	A	U	A	F	L	A	M	E	E	N	E	
H	O	M	E	B	U	I	L	D	E	R	E	T	A
E	B	B	T	I	D	E	S	N	O	R	K	E	L
S	A	L	S	I	L	O	A	N	N	I			
T	R	E	N	T	D	U	F	F	M	E	N	S	
			O	R	T	T	O	O	L	S	A	T	
			T	W	O	B	E	D	R	O	O	M	S
S	H	E	S	A	G	O	T	W	O				
L	E	N	S	R	O	O	M	T	O	R	C	H	
U	T	A	H			R	U	N	E	E	R	E	
M	A	N	H	O	O	D	S	A	C	K	F	U	L
B	E	T	A	B	R	I	C	K	H	O	U	S	E
E	R	R	F	I	N	A	L	E	L	E	O	N	
R	A	Y	S	T	O	N	E	D	A	L	E	E	

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Letters, cont. from p. 38

ambulance crew located minutes from the office to assist with life-threatening emergencies and the transport of patients to hospital resources.

Once again I would like to take this opportunity to apologize to both Ms. Sandt and her daughter. As administrator and co-owner of East Valley Medical, I do not take lightly the issue brought to my attention by Ms. Sandt’s letter and actions have been taken to assure that an incident of this nature will not take place again. East Valley Medical has qualified, licensed professionals and support staff who are dedicated to caring for any patient who presents to East Valley Medical.

*Emily Garcia  
administrator and co-owner  
East Valley Medical, Concrete*

#### Tax the freeloaders

The biggest tax increase in history? That’s ridiculous. Call the individual mandate what you will, penalty or tax, the nonpartisan Government Budget Office (GBO) estimates that only 4 million, or 1.3 percent of citizens of the U.S., will ever be required to pay it. I for one will be happy to have my health insurance premiums reduced by \$1,000 a year when the Affordable Care Act is fully implemented. That’s what the GBO predicts will happen. When tens of millions of U.S. citizens who currently have no health care insurance are insured, they will no longer have to go to the ER, the least efficient and most expensive source of health care. And those 4 million free riders, who can afford health insurance but choose to use the ER, will be held accountable. As it is now, the other 250 million of us, who accept responsibility for our health care by being insured, are being penalized by insurance companies. How? They pass on to us, their paying customers, the cost of emergency room care for the uninsured and the free riders. Who do you think should be taxed or penalized, 250 million citizens who take responsibility for their health care or 4 million freeloaders?

*Gail Nicolls  
Anacortes*

#### Well owners should defend rights

The State Department of Ecology’s decision to close the Carpenter/Fisher subbasin to further development was driven by a special-interest machine that ignores science and dismisses the needs of rural citizens. The time has come for local well owners to stand up for their rights as guaranteed by state statute.

## Classifieds

### MOVIES EVERY WEEKEND AT THE HISTORIC CONCRETE THEATRE

**Fri., 7:30 p.m.; Sat., 5 and 7:30 p.m.; Sun., 4 p.m.**  
All ticket prices \$6 or less  
24-hour MovieLine: 360.941.0403  
[www.concrete-theatre.com](http://www.concrete-theatre.com)

### FOR SALE

**Headstones.** Traditional & One-Of-A-Kind. TODD’S MONUMENTS, 360.708.0403. [www.toddsmonuments.com](http://www.toddsmonuments.com).

### GARAGE SALES

**Cape Horn Community Garage Sale.** Aug. 4, 9 a.m. to 3 p.m., S. Skagit Hwy, 3 miles west of Dalles Bridge. Follow signs.

### NOTICES

**NOTICE** of proposed road closure for the Town of Concrete Main Street project is 15 days, which will occur sometime between August 27 and October 12. The closure will be on Main Street between Superior Avenue and A Avenue and is necessary during the reconstruction of this portion of Main Street. The closure period may be extended beyond the 15 days, but only if the Town/Engineer approves. Local access for residents will be allowed during the closure, but no general through traffic. When the

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closure is not in effect, the contractor will flag traffic through Main Street.

### PROPERTIES FOR RENT

**4-bedroom house.** 1913 classic with large yard. East Concrete. \$1,050/mo. includes water, sewer, garbage. 360.853.7312 for appt. Avail. Sept. 1.  
**Remodeled house** for rent, Concrete. 2 Bed, 1 Ba + laundry rm, WA/DRY. Propane heat SAVES, new insulation, Approved pets OK. \$850/mo. 360.630.9013.

### SERVICES

**Eagles In Flight** Motorcycle Sales and Service / Sissy Bar. 360.853.7000.

**Gladys’ Upholstery Shop.** Quality work, reasonable prices. 360.826.4848.

**Guitar Repair:** Free estimate, set intonation, replace nut, tuners, pickups, fix electronics. We carry accessories, strings, straps, cables. Order online, [www.GRGuitars.com](http://www.GRGuitars.com), pick up near Lyman, by appointment. E-mail [rgrguitars@msn.com](mailto:rgrguitars@msn.com) message 360.826.3157.

**House-painter, local.** No job too small. Licensed, bonded, insured. Free estimates. JZ Painting. 360.333.3053. Lic. #JZPAJZP923NM.

**Landscapes designed and built.** Great photos: [www.landscapesbyspaces.com](http://www.landscapesbyspaces.com). 360.435.1603.

**Piano Lessons.** Member WSMTA, enjoy my Web site: [www.sedrowoolleypianostudio.com](http://www.sedrowoolleypianostudio.com). Local access for residents will be allowed during the closure, but no general through traffic. When the

# AREA FOOD BANKS

#### Clear Lake

##### Community Covenant Food Bank

Next to church at 12605 Hwy 9, Clear Lake  
For a referral, call Love Inc. at 360.419.7061  
between 9:30 a.m.–3 p.m.

#### Concrete

##### Concrete Food Bank

112 E. Main St., Concrete  
Second, third, and fourth Thur. each month,  
Noon–3 p.m.  
360.853.8505

#### Darrington

##### Darrington Food Bank

First Baptist Church  
1205 Emmens St., Darrington  
First and third week each month:  
Wed. and Thur., 10–noon and 1–2 p.m.  
360.436.9603

#### Hamilton

##### Hamilton Community Food Bank

951 Petit St., Hamilton  
Every Tue., 11–noon and 1–3 p.m.

Commodities distributed first Tue. each month  
360.826.4090

#### Lyman

##### Shepherd’s Heart Food Bank

8334 S. Main St., Lyman  
Every Thur. 11 a.m.–3 p.m.  
Third Thur. each month till 5 p.m.  
**November:** Open Nov. 23, 10 a.m.–noon  
Closed Thanksgiving Day // 360.424.4927

#### Marblemount

##### Bread of Life Food Bank

59850 State Route 20, Marblemount  
First and third Wed. each month  
11 a.m.–5 p.m.  
360.873.2504

#### Sedro-Woolley

##### Helping Hands Food Bank

601 Cook Rd., Sedro-Woolley  
Wed., 10–11:45 a.m. and 12:30–4 p.m.  
Commodities distributed first Wed. each month  
360.856.2211

*\*Changes? Call 360.853.8213.*

# Top 100 Hospitals Award!



More HealthGrades® Awards Prove Patients First!



## Skagit Valley Hospital Nationally Ranked 100 Best! Orthopedic Surgery, Joint Replacement and Prostatectomy

Skagit Valley Hospital, part of Skagit Regional Health, is proud to announce it is ranked by HealthGrades® as a top 100 hospital in Orthopedic Surgery, Joint Replacement and Prostatectomy! HealthGrades is a recognized expert in measuring health care quality.

Skagit Valley Hospital has consistently been honored in Orthopedics and Joint

Replacement. To be named among the top 100 hospitals is a tribute to each physician, nurse and staff member who work to provide exceptional care for patients and their families.

Congratulations to our teams and everyone here at Skagit Valley Hospital for these great achievements!



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*Skagit Regional Health. Patients First*