

# The Voice of Eastern Skagit County

# Concrete Herald

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50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdsvie • Grasmere • Concrete • Cape Horn • Sauk City • Sauk Valley • Rockport • Van Horn • Marblemount • Bullerville • Newhalem • Diablo

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## Why Concrete MATTERS

One engaged citizen aims to document the places we love too much to lose.



Does Concrete matter? Stephanie Morgareidge thinks so—and she believes she's not alone.

Morgareidge, who moved to the Concrete area in 2006, has begun a project

that aims to focus on all the good things Concrete has to offer. She calls it the "Why Concrete Matters" campaign.

"Why Concrete Matters" is brilliant in its simplicity. Citizens think of Concrete-

area places they'd miss if they were gone. They contact Morgareidge via e-mail at [morgareidge@frontier.com](mailto:morgareidge@frontier.com) to set up a time to meet at that location.

Once there, Morgareidge hands them a large sign that says, "This place matters." They hold the

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The first three "Why Concrete Matters" places are shown clockwise from above left: Josh Howard, Anne Bussiere, Danielle Howard, and Ashlyn Morgareidge at Annie's Pizza Station. Val Stafford and Encore Fitness participants at Concrete Theatre. Chris Brown, Nancy Sparkowich, and Aimee Hirschel at Upper Skagit Library. *Photos by Stephanie Morgareidge.*

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# Concrete Herald

The Voice of Eastern Skagit County

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Concrete Herald owes its success to volunteer contributors from Sedro-Woolley to Diablo. Contributors: Kathy Henderson, Aimee Hirschel, Elaine Kohler, Bill Mueller, Melissa Norris, Dan Royal, Gladys Silrus, Maria Skaglund, Kris Voigt, Tammie Werner, and many more. Cartoonists: Joyce Harris, Stig Kristensen, Jonathan Carter; Proofreading: Katy Tomasulo; Ad Production: Lynn Jefferson. Bookkeeping: Upriver Bookkeeping Services. Local contributors are welcome: call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

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## Editorial

### Concrete Theatre should be saved

By now you've probably heard about the challenge facing Concrete Theatre. By the end of 2013, movie studios will have switched to a digital-only product, forcing all theaters to upgrade from film to digital projection systems. For Concrete Theatre, this means somehow ponying up \$50,000 or closing its doors.

An effort has begun to raise the funds necessary to purchase a digital projection system for the theater (see article, p. 6). Most upper valley citizens recognize that the theater's presence goes beyond simply having a movie venue nearby, rather than having to drive 30 miles west to the multiplex in Burlington.

In towns across the U.S., movie theaters are crucial anchor points for traditional town centers. They are catalysts for nightlife, feeding other town center businesses—especially restaurants—because of our decades-old love for “dinner and a movie.” They energize downtown cores; if you don't believe this, hang around Concrete Town Center

See Editorial, p. 38

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# Opinion

## Letters to the editor

### Miller remembers which hat he's wearing

The other day we were drinking our morning coffee and catching up on the local newspaper when we read about the recent kerfuffle regarding the insurance policy for the annual fly-in. Since we missed the original council meeting, it was good to be able to read all about it in *Concrete Herald*.

We appreciate that Jason Miller was able to confine his opinions to the well-written editorial statement, and provide an objective journalistic viewpoint in the news story about the council meeting, recounting events in which he was personally involved.

With all the effort that Jason puts into things in our community, he wears a lot of hats. We couldn't help thinking as we read *Concrete Herald* that he does a nice job of keeping track of which one is showing at the moment.

Thank you for providing us with the local news beat, Jason!

Saara Kuure, Keith Alesse  
 Concrete

### Don't dampen my memories

Sounds like “Hangar 15 at Mears Field” needs to grow up. I didn't appreciate his language (“snarky,” “get out of bed and use the potty”).

My husband, Jack, cleared and put many hours in our Mears Field many years ago, when it was nothing but trees, berry bushes, and stumps. He graded the field and Puget Power got interested and got a grant to blacktop the field. In fact, my youngest son, Les, helped with the paving.

Jack and I flew with Lowell Peterson, who built the first hangar. Jack Solomon and Dr. Monzingo also had planes at Mears Field. Ralph Prisee also helped my husband with the mowing around the airport.

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I am a 64-year-plus resident of Concrete, and I have a lot of memories of our municipal airport. Don't ruin them.

Barbara Hoover  
 Concrete

### Ovenell's egg hunt a success

Ovenell's Heritage Inn and Double O Ranch thanks all the businesses that made our Easter egg hunt a real success: Albert's Red Apple, Annie's Pizza, Cascade Burgers, Cascade Supply, Cascadian Farms, Concrete Theatre, Hair Fitness, Northwest Garden Bling, Pacific Rim Tonewoods, Perks Espresso, Wolf Designs, The Sissy Bar, and Wal-Mart.

Thank you for your donations of prizes, candy, and eggs!

Cindy Kleinhuizen  
 Concrete

### Community garden grows with support from community members

The Angele Cupples Community Garden in Concrete has enjoyed significant progress this spring toward its eventual completion. Donations from Annie's

See Letters, p. 38

### Letters policy

Letters of 200 words or fewer may be e-mailed to letters@concrete-herald.com or sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

### Corrections

The April issue of *Concrete Herald* incorrectly stated the Concrete Lions fastpitch softball team's record at the end of March. The record at that point was 3-4 overall and 1-3 in league.

## Commentary 2012 legislative session missed opportunities

By Rep. Dan Kristiansen



It's encouraging to see the state's unemployment rate drop to 8.2 percent in February. That's down almost a full percentage point from February 2011 when unemployment was at 9.1 percent. It demonstrates our state's economy is slowly showing signs of recovery.

Still, the newest figures also mean that more than 288,000 people in Washington remain unemployed and looking for work. To put that in perspective, it's equivalent to nearly the entire population of Skagit County doubled, plus every man, woman, and child in the cities of Arlington, Monroe, and Sedro-Woolley.

That's why I am disappointed with the outcome of the 2012 legislative session. We had ample opportunity to focus efforts on private-sector job creation legislation during the two-month session that began Jan. 9. Unfortunately, this opportunity was missed as majority Democrats spent much of the session on divisive social legislation, such as passing same-sex marriage legislation, which consumed 35 of the 60 days scheduled for the regular session.

In 2011, my House Republican colleagues and I created a jobs package of legislation we called “Let's get Washington working again.” This year, we worked to refine that package to meet the needs of employers and our state's economy. Our jobs plan included, but was not limited to, the following bills:

- House Bill 2290 would have simplified and reduced the number of tax rates for small businesses.
- House Bill 1961 would have required agencies to make a permit decision within 90 days or it is granted.
- House Bill 1125 would have recognized hydropower as renewable energy, helping to provide for lower electricity rates.
- House Bill 1872 would have reformed workers' compensation by addressing final settlement options and other reforms to contain costs to the system, minimize time loss, and protect earnings for those who suffer work-related injuries and illness.
- House Bill 2276 would have enacted major regulatory reforms.
- House Bill 1779 would have modified joint and several liability to alleviate the high risk of tort claims

on government and employers, regardless of degree of fault.

- House Bill 1341 would have delayed implementation of rules until they have weathered the scrutiny of a legislative session.
- House Bill 1156 would have extended the governor's moratorium to suspend unnecessary rulemaking for three years or until state revenue growth shows evidence of economic recovery.
- House Bill 1671 would have required state agencies to determine whether compliance of a proposed rule would have a specified economic impact on jobs and taxpayers before adopting the rule.
- House Bill 1592 would have suspended the Growth Management Act in counties and cities where the unemployment rate exceeds 7 percent for three consecutive months.

Despite our best efforts to advance jobs legislation during the 2012 session, House Democratic majority leaders refused public hearings on nearly all of the bills, effectively killing them. They passed their own “jobs” legislation (Senate Bill 5127) that would borrow money to pay for state infrastructure improvements, thus creating short-term jobs, but requiring taxpayers to pay back the borrowed money with interest over 25 years. That's like taking out a 25-year mortgage to buy tires. You're still paying on the tires long after they are worn out. Increasing public debt is not a smart way to create jobs.

I believe it will be small businesses that lead us out of this difficult economy and back on the road to prosperity. Unfortunately, this year, it will have to happen without the Legislature's assistance. As you can see, my House Republican colleagues and I did our best to help local employers. Unfortunately, we were overcome by a majority party who felt their priorities took precedence over providing regulatory and tax relief our small businesses desperately need.

With so many people still unemployed, we have a long and difficult road ahead toward getting people back to work. I believe my fellow House Republicans and I are on the right track and we will

See Commentary, p. 38

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## Former deputy clerk gets 20 days, restitution

A former deputy clerk for Town of Concrete was found guilty of second-degree theft, sentenced to 20 days of jail time, and ordered to repay Town of Concrete for funds she stole while serving in her former position.

On April 13, Skagit County Superior Court Judge Susan Cook ruled that former Town of Concrete Deputy Clerk Paula Mann “did wrongfully obtain or exert unauthorized control” when accepting utility payments from Concrete citizens while she was employed by the town.

Mann was ordered to pay \$8,585.18 in restitution to the town. She will make \$50 monthly payments beginning in May, according to court documents.

Mann’s crime is a class C felony. Because she had no prior felony history, she may be eligible to serve her jail time in “partial confinement” with a work crew or work release program. Home detention with electronic monitoring is another possible option for Mann, who has since relocated to Port Angeles.

As of April 26, Mann had not been

processed at the Skagit County Jail, so a deputy there was unable to provide specific information regarding how Mann was to serve her time. Deputy Prosecuting Attorney Sloan Johnson could not be reached for comment on the matter.

For Concrete officials, the sentencing brought closure and a sense of justice served. In his comments to Judge Cook at the sentencing, Concrete Mayor Judd Wilson said that Mann had been “placed in a position of trust, then pitted the residents against the town staff” by stealing some residents’ cash utility payments, then receiving another resident’s check payment to the first account.

Town Clerk Andrea Fichter, who also attended the sentencing, had earlier submitted a “victim impact statement” to the court. In it she stated Mann’s actions had “caused a lot of mistrust between the town and rate payers.”

Most of the town-related backlash from Mann’s actions fell on Fichter’s shoulders, who spent several weeks with representatives from the State Auditor’s Office, investigating transactions that had been handled by Mann.

Mann expressed remorse at the sentencing, telling Judge Cook, “I’m sorry for everything.”

—J. K. M.

## Paint the town

Main Street Painting Project aims to dress up storefronts on a shoestring budget.

If you were a building owner and were given an opportunity to get your storefront painted for only the cost of the paint, would you jump at the chance?

A group of local volunteers is hoping the answer is yes for Concrete Town Center building owners. The five men—Robert McWilliams, John Boggs, Bill

Sullivan, Jim Hillman, and Community Stew Director Eric Archuletta—hit on the idea and fleshed it out during an informal “Coffee Talk” meeting with Archuletta in March. Archuletta is serving as a pro bono “town liaison” for Concrete in its efforts to revitalize its town center business district. Skagit County Commissioner Sharon Dillon also attended that March meeting and suggested the county-owned food bank building as a starting point.

McWilliams, who is an artist, researched an appropriate color palette for the building. The group plans to begin work in May on the food bank and two other buildings: The Washington Cafe and Bakery and the building bordering the food bank building to the east.

“Concrete is one of the only towns east of Sedro-Woolley with an intact Main Street that has changed very little since it was built,” said Archuletta. “Part of the revitalization strategy is design, which means preparing the buildings for visitors and giving the community a sense of pride in their Main Street: making it safe, walkable, and presentable.”

The volunteers will spend May power washing and doing surface preparations to prepare the buildings for paint. In June they’ll apply the base coat on those first

## Public safety building moving from dream to reality

After years of waiting for the right stars to align, an idea to build a new public safety building in Concrete has begun to grow legs.

“This project has been on my mind since 2003, before I was even on the council,” said Concrete Mayor Judd Wilson of the effort, which carries a price tag of an estimated \$1.65 million.

Wilson and other town officials met April 20 with Congressman Rick Larsen’s aide Adam LeMieux, County Commissioner Sharon Dillon, and Town Engineer Cody Hart of Reichhardt & Ebe. The focus of the meeting was funding. Larsen has stated previously that he fully supports the project and will work to get the funding needed to complete it. Wilson said Larsen’s office “will put their thumb on FEMA for us.” FEMA’s regional manager plans to visit Concrete in August to tour the existing building and make a funding decision.

“That will be a big decision on his part at that time—whether he’s going to fund it or not,” said Wilson. But there shouldn’t be any reason why FEMA wouldn’t fund



This drawing shows the chosen colors for the Concrete Food Bank building’s new paint job, which should go on during June. The color scheme was researched by local artist Robert McWilliams. Photo by Eric Archuletta.

three buildings. Their goal is to finish by July 1—in time for the July 4 parade in Concrete. Hopefully other building owners will ask to take advantage of this opportunity, Archuletta said.

The group welcomes volunteers. Anyone interested in contributing to this effort is encouraged to e-mail Archuletta or Boggs at rickna@comcast.net or jboggs@swash@aol.com, respectively.

—J. K. M.

this project.”

Still, with the chance—however slight—that FEMA might decide not to fund the building, Wilson sought out a grant-writing “ringer” and requested a proposal from her. At its April 23 regular meeting, the Concrete Town Council reviewed a professional services agreement from Michelle Mazzola of Leavenworth-based Resource Solutions and voted to contract with her to write a grant for the project if the language in her contract is approved by the Association of Washington Cities’ legal advisory team.

Mazzola has a 95 percent grant writing success rate and is no stranger to big-ticket attempts. Her resume includes stories of grants captured by her work, including a \$903,000 win for a new fire station in George, Wash. If her contract is accepted, Town of Concrete would pay Mazzola a not-to-exceed amount of \$10,000.

### Desperate times

The town’s current building, which houses fire engines and once accommodated the town’s police force, has fallen victim to age and geological realities. Simply put, it’s falling apart. The roof threatens to cave in with every significant snowfall—firefighters prop up the main beam with a 4x4 when they see the ceiling start to sag—and the steep hillside behind the building slopes down to the Baker River and erodes a little more every winter.

“You can see the structure is starting to separate from itself,” said Wilson. “One of these days, we’re not going to be able to get our fire trucks out of the building, because they’ll be in the Baker River.”

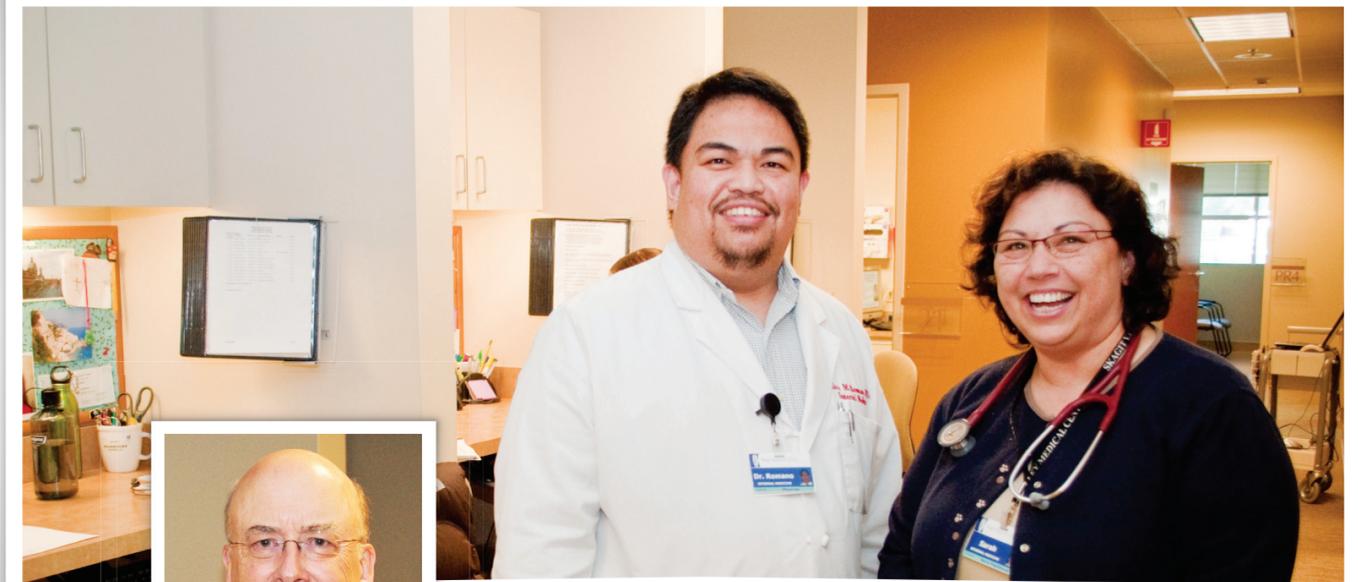
For that reason, Wilson will push for a hazard mitigation grant from FEMA, arguing that the building has become a dangerous structure. “Nobody’s tried to hazard a guess about how long the building will last,” said Wilson.

### New beginning

Construction drawings for the new public safety building already have been developed. It would be located on Main St. at the current stockpile site between the Superior Building and the community garden, and would include two levels—the main level being a sort of daylit basement—with three drive-through bays for the fire engines. Wilson wants the building to include offices for an Upper Skagit emergency operations center, a Red Cross satellite office, a DNR or U.S. Forest Service office, and offices for the Sheriff’s Office East Detachment.

—J. K. M.

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—Teackle Martin, MD

Teackle Martin, MD Sedro-Woolley

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## Concrete Theatre launches fundraising campaign

After a flurry of publicity from Seattle television stations and local radio, Concrete Theatre owners Val Stafford and Fred West hosted a brainstorming session on April 26 at the theater. The topic? How to raise \$50,000 for a digital projection system for the theater.

Sometime in 2013, the movie industry will complete a transition to an all-digital format, forcing theaters worldwide to convert or—in the case of smaller, one-screen theaters—close their doors.

In response to a groundswell of support from the community, a fundraising effort has begun to help with the costs of the digital conversion and keep the Concrete Theatre's doors open.

Approximately 50 people attended the April 26 brainstorming, with one couple traveling all the way from Bellingham. Ideas ranged from silent auctions and benefit concerts to car washes and T-shirt sales, said Stafford.

"We are definitely going to be 'selling the seats,' primarily via the Web," said Stafford, who added with a laugh that "the purchase of a seat does not grant exclusive rights to sit there, especially if one of your friends has already parked their fanny in it!"

One business owner, Claudia Marken from New 2 U, a clothing consignment store in Concrete, is planning a fashion show. Two local musical groups, Joyful Noise on the Skagit and Barefeet, are planning a benefit concert.

A few doors down from the theater, Mike and Melissa Swanberg of The Washington Cafe and Bakery threw their hats in the ring in mid-April, offering 10 percent off customers' meals if they donated at least \$5 to the fundraising

See **Concrete Theatre**, p. 11



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## Council summary

Concrete Town Council met for regular meetings April 9 and 23. Following are summaries of those meetings. Complete minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).

### April 9

- Mayor Judd Wilson reported on a meeting he'd had with grant writer Michelle Mazzola. She was given a tour of the current public safety building. Mayor Wilson stated he needs to find out what her hourly rate is for writing this grant. He requested permission from council to proceed with having her write a grant for a new public safety building.

Marla Reed stated she was not comfortable approving this without first finding out Mazzola's hourly rate. Jason Miller stated that he agreed with Marla and would also like to know how many hours this will take her.

Mayor Wilson stated they are currently looking at a few different funding sources. He reported the design work is almost complete. He also reported the west side of the Superior Building is the proposed site for the new building. Discussion ensued on the amount of room in this area, along with the position of the building so drive-through bays could be included.

An audience member questioned if

the public safety building costs will have a cost for the citizens as well. It was stated the town is doing its best to make sure there are no costs to the citizens. The funding that is being sought is via grant(s) and/or already secured local funds.

Audience member Don Payne questioned how many floors the public safety building would have. It was stated there would be two floors to the building.

- Marla Reed reported on underage drinking assemblies that were held at the school, during which Deputy Kelly Howell had spoken. Reed stated that it had gone very well, the kids were very receptive, and Deputy Howell had done a great job.
- Sergeant Chad Clark reported the calls for service continue to remain low. He also reported on two smoking citations and a DUI issued over the previous weekend.
- The council voted to accept a bid and award a contract to H. O. Stafford Trucking and Excavating for the Burpee Hill Winter Protective Measures project.
- The council voted to award the East Main Water Line project to Carman's Construction and to approve Task Order T, which addresses the construction management portion of that project.
- Carl Reichhardt of Reichhardt & Ebe reviewed the Town of Concrete

See **Council**, p. 19

## Parks Committee ponders future use of slide area

A brainstorming session dominated the Concrete Parks Committee regular meeting on April 9.

The topic was what to do with property in the Mill Addition neighborhood that had been deemed a "life safety zone" where no future buildings could be constructed. The houses that once stood there were demolished or burned in 2011 after a 2009 landslide destroyed the home of Concrete citizen Diane Bergsma and almost took her life.

One of the few options for the site is a neighborhood park, so the brainstorming session focused primarily on park components and a name. Popular ideas for elements within the park included, in priority order:

- Increased lighting to help discourage

potential unlawful activity.

- A combination of taproot and shallow-rooted trees planted on the steep-sloped areas of the site, to help prevent future slides.
- An "edible forest" garden that imitates a natural forest, but where all plantings are native, perennial, and edible.
- Unusual, artistic, science- or art-based playground equipment.

Potential names for the park were abundant, with "Knott Hill Park" edging out "Slide Park," "June Park," and "Donny Hill Park" by one vote.

The compiled results of the brainstorming session will be discussed by the Parks Committee during its next public meeting on Mon., May 14, at 6:15 p.m. at Concrete Town Hall. The committee will present its recommendation to the Town Council during its regular meeting at 7 p.m. that evening.

—J. K. M.

## THIS AND THAT

By J. K. M.

**Cascade Burgers** in Concrete celebrated its 2nd birthday in April with menu specials and cake for all comers. Congratulations to owners Keith and Susan Taxdahl for their success in a tough economy.

The **Run For Your Mum** 5K Fun Run and Walk will be held Sat., May 12, at Silo Park in Concrete. Registration opens at 2 p.m.; the run starts at 3 p.m. Pay a small registration fee or collect pledges and get your fee waived. Go to [www.runforyourmum](http://www.runforyourmum) for event details.

Happy birthday to longtime Concrete citizen **Barb Hoover**, who turns 85 on May 21!

"**A River Home Companion**" will return to Concrete Theatre on May 20 at 4 p.m. Once again the popular live performance will showcase a variety of local talent to raise funds in support of KSVU 90.1 FM. The performance will be broadcast live on KSVU.

The show features Steve Denzel as the storytelling emcee, with Mason Egers as music director. Special guests include The Lovely Lyman Sisters, Joyful Noise, Nicola Pearson, Jason Miller, and a cast of other performers and actors.

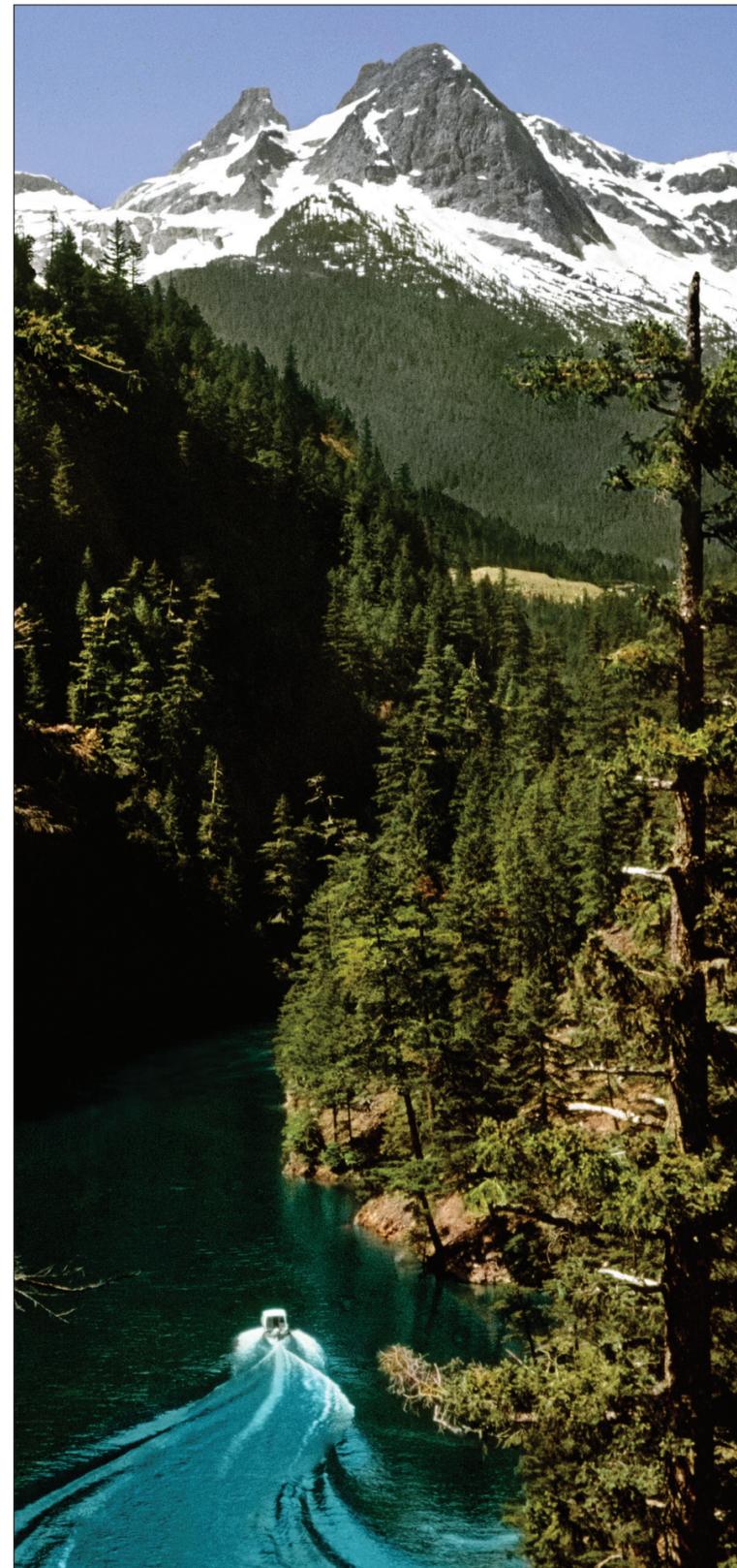
Tickets are \$10 each and go on sale May 4 at Concrete Theatre in Concrete Town Center. For more information, call 360.941.0403, e-mail [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com), or go to [www.concrete-theatre.com/events](http://www.concrete-theatre.com/events).

Traditional Latin American and Caribbean musical group **Los Flacos** will play Concrete Theatre on Fri., May 4, at 7:30 p.m. Los Flacos will be joined by a traditional dancer.

Admission is \$5 at the door. A special "Dinner & Show" package will be offered by The Washington Cafe and Bakery two doors down from the theater. Enjoy a Latin-themed dinner at the restaurant and get a ticket for the show for \$20 per person.

For more information, e-mail [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com).

A garage sale fundraiser for **Juvenile Diabetes Research Foundation** will be held Fri. and Sat., May 4–5, from 10 a.m. to 4 p.m. at 21975 Cook Rd. in Sedro-Woolley. All items for the fundraiser sale are donated. To donate items or for more information, e-mail [taraicook@hotmail.com](mailto:taraicook@hotmail.com) or call 360.333.1614.



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# Sports



## Boys of summer are playoff-bound

Lions clinch No. 1 league seed, look to home district playoff game May 8.

By Dallas Newby

The Lions baseball team played very well in April and are ready for another run in the playoffs. After beating La Conner, the Lions clinched the No. 1 seed in the league and will have a home district playoff game May 8.

The Lions' first game this month was April 6 against Darrington. The team had only five hits: two from Tyler Kales and Tyler Clark; Cody Jarmin also had a hit. Still, the Lions were able to put five runs on the board. There was also major help from Tyler Clark's pitching. He had 12 strikeouts and four walks in five innings. Then Kales came in the last two innings and had four Ks and one walk to help the Lions win 5-1.

The next game was probably the best game of the year. The Lions were matched

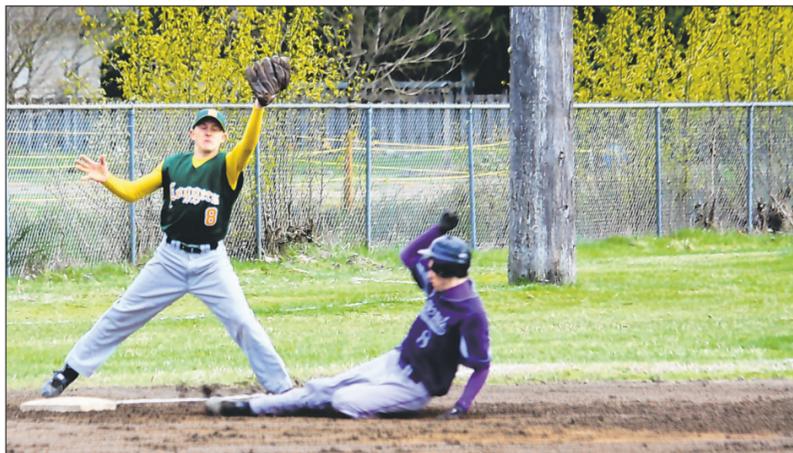
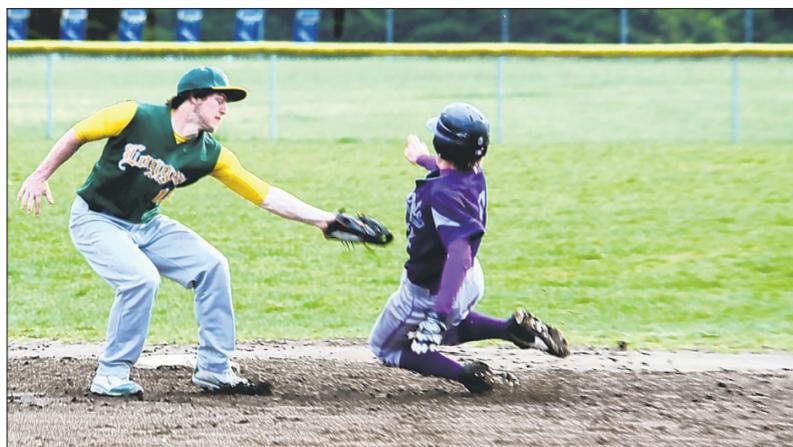
up against Friday Harbor, a team Concrete hasn't beaten since 2008. The game was a nail-biter, with phenomenal pitching and defense from both teams. Kales went the distance, pitching all seven innings and giving up only two hits and two runs. The game was scoreless till Friday Harbor's Nathan Lamb crushed the ball over the centerfield fence for a two-run home run. The Lions could not find a way to get a run in until the last inning.

In the bottom of the 7th inning, down by two, the bottom of the order came up big. Dylin Clark was able to work a walk out, then Gibson Fichter hit the ball straight up the middle for a base hit. Dallas Newby then worked a walk, bringing up loaded bases with no one out for the best hitters in our lineup. Kales unfortunately popped out to the leftfielder on the first pitch, but Tyler Clark came up big with a two-run single to tie the game. With the winning run on third, Jordan Clontz walked to load the bases for Josh Rogge. Rogge tried to bunt Newby in to win the game but couldn't; Newby got caught in a run-down for the second out.

Then the unthinkable happened. Rogge struck out, but the ball hit the ground so he took off running. Under pressure, Friday Harbor's catcher made a bad throw to first and Rogge was safe. Clark was able to score, and the Lions had their 3-2 comeback win.

The next game after that was a non-league game against Granite Falls. The Lions had a good day at the plate. Kales had three hits; Clontz, Freeman, and Massingale each had two hits. The team had 10 hits and scored 6 runs, but it wasn't enough. Clark and Freeman combined for five strikeouts and 13 walks, and gave up one too many runs: The Lions lost their third game of the season, 7-6.

April 19 was the most important game of the season. If the Lions beat La Conner, they would clinch the No. 1 seed in the league. The weather did not help the matter. It rained the entire game and made the balls and field very harsh. That didn't stop the Lions, who pulled off six hits—three coming from Fichter—and scored



Concrete's Josh Rogge slides into third during the Darrington match, which ended with the Lions on top 13-2.

five runs. Tyler Clark had a great day on the mound. He was able to strike out seven batters and walked only three. The weather was so bad that day, the umpires had to call the game after the 6th inning, giving the Lions a 5-3 victory.

The Lions returned to Darrington April 20, bringing their hot bats with them. Every starting player got a hit in the game. Clontz had three hits and Rogge and Fichter each had two. The Lions had a

total of 16 hits and scored 13 times. Kales pitched 15 strikeouts and walked only three batters. The Lions easily won, 13-2.

Concrete closed its April lineup with its first league loss against Friday Harbor on April 24. Friday Harbor brought its A-game and excellent pitching, giving the Lions a 4-1 loss.

On April 27 the Lions played their last league game of the year, winning 8-2 against Cedar Park Christian.

Below: A controversial call during the April 20 Concrete-Darrington game brought Concrete Coach Jim Newby onto the field to argue that Lion Jake Massingale had not been tagged out as he attempted to steal second.

## Fastpitch team sees playoff hopes dashed

By Jason Miller

For the Concrete Lions fastpitch softball team, April was indeed the cruelest month. The team notched only one league and one nonleague win in four weeks, ending the season with a league record of 2-10, and 4-12 overall.

"It was a pretty rough month," said first-year head coach Britt Howell, who has described her work with this year's team as "building ... from the ground up."

The month opened with an April 10 homefield doubleheader against Orcas Island, which handed Concrete two losses, both in five innings. The first game found the Lady Lions down 23-7, followed by a 23-1 rout.

Concrete hosted Friday Harbor on April 11, which handed the home team a 24-3 loss, again in five innings. "We couldn't catch a break," said Howell. "With a combination of walks, hits, errors—it's tough to come back from that. We have young pitchers and you have to hand it to them, going out there every day. They go out there and don't give up; you can't ask much more than that."

La Conner gave the Lady Lions another loss, this time 31-12 at La Conner, even though the Concrete batters fought back late in the game. "We woke up in the 4th and 5th innings and got some runs," said Howell.



Jailyn Hastings beats the throw to second as the Lady Lions played an "alumni game" against former Concrete fastpitch players on April 28. The alumni team taught the young-uns a lesson, handing them a 24-6 loss.

The Lions traveled to Highland Christian for an April 18 loss, even though they "didn't get stomped," said Howell. "It was a pretty good game into the 3rd inning, but in the 4th we let it get away from us. We were missing four or five starters and had several new players on the field, who did a great job."

Concrete was able to hold on for the full seven innings, but took a 14-8 loss.

An April 20 doubleheader at Darrington found the Lions with their first win and another first: Sarah Spaeth hit her first



Concrete senior Alyssa Wahlgren slides into third during a doubleheader against Darrington April 20. The Lady Lions squeaked out an 8-6 win against the Loggers in the first game, but took a pounding in the second, losing 15-5.

## Athletes of the Month



### Athletes of the Month are Emilee Fenley and Hayden Holbrook

Emilee Fenley, a sophomore captain for the women's wrestling team, is the second woman ever in the history of Concrete School District to make it to the Mat Classic state wrestling tournament. "She works harder than anyone else in the room—including the boys," said Wrestling Coach John Koenig. "She's one of the few who stay after practice and do extra work."

Hayden Holbrook was a junior forward guard for the Concrete Lions basketball team. He won the "Sixth Man" award at season's end for his willingness to come off the bench later in games and contribute, even though he was talented enough to start games. "Hayden did a great job this year and has so much potential for next year," said Head Coach Larry Tyndall. "He has a great attitude; he's willing to go out and do whatever you want him to do."

Fenley and Holbrook were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

home run—and the team's only home run this season. Pitcher Kalysta Becker got the 8-6 win that game.

In the second game, "they just got complacent," said Howell, who saw her team go down 15-5. "[Darrington] scored 10 runs in the first inning."

After an April 24 make-up doubleheader against Friday Harbor—both Lion losses at 19-3 and 22-6 after five innings, the team closed its season with a fun game against Concrete fastpitch alumni on April 28. The "old-timers" took that game 24-6.

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# Track athletes begin journey to state tourney

Concrete's track team continues to enjoy the benefits of having more female members than last year. At the end of April, the women's team had captured three wins.

"That hasn't happened in more than a decade," said a pleased Vanessa Williams, who co-coaches the track team with Ashleigh Howell. "They have a chance of winning league."

From league to district, and from district to the state tournament, to be held May 25-26 this year. Williams said several athletes have good prospects for making the trip.

The men's 4x100m relay team is ranked in the top five in state. Andy Aiken is ranked in the top 10 in the 100m. Ben Troka is ranked in the top 10 in shotput. And Jessica Filtz is ranked in the top 10 in javelin.

Much depends on the athletes' performance in the league and district meets this month, not to mention the performance of their opponents. With

that qualifier, Williams said she also had her eye on Aiken for the 200m, Hayden Holbrook and Josiah Martin for the triple jump, Muriel Troka in the discus, Emilee Fenley and Taylor Warner in the 3200, and Kaitlyn Smith in the 1600.

For the most part, the track team has stayed healthy and strong, a fact that helped them bring home a little bling from the Skagit County Track Meet on April 25:

- Aiken captured 2nd in the 100m and 4th in the 200m.
- Ben Lamb took 5th in the 400m.
- Aiden Walsh and Ben Troka performed decently in the discus, tossing it 104 feet and 99 feet, 6 inches, respectively.

On the women's side of things at the county meet:

- Filtz placed 2nd in the javelin, and 5th place in shotput and triple jump.
- Fenley took 9th in the 3200.
- Rebecca Torheim took 10th in shotput and 9th in javelin.



Jessica Filtz did Concrete proud at the Skagit County Track Meet April 25, taking 2nd place in javelin with a throw of 106 feet, 8 inches. Filtz also notched 5th place in shotput and triple jump that day. Coach Vanessa Williams said Filtz is one of the track athletes she expects to make a trip to the state tournament this year.



Dustin Brigham hurls the discus at the Skagit County Track Meet April 25, at Mount Vernon High School.

## Sports schedules are online

Updated schedules for all Concrete School District sports teams are online and updated regularly. Go here: [www.concrete.k12.wa.us/sports.html](http://www.concrete.k12.wa.us/sports.html)

[www.concrete-herald.com](http://www.concrete-herald.com)

[www.concrete-herald.com](http://www.concrete-herald.com)

## CONCRETE HERITAGE MUSEUM NEWS

The board members of the Concrete Heritage Museum are getting ready for our yearly **opening of the museum** on Memorial Day Weekend May 26. General clean-up for the museum is scheduled for May 24 at 10 a.m.; volunteers are welcome. If you haven't been to the museum in some time or have guests coming to visit this summer, plan a Saturday afternoon to visit us from noon to 4 p.m. You still can make an appointment to visit the museum or do research in our library. Simply call Robin at 360.826.3075 or e-mail us at [concreteheritagemuseum@stumpranconline.com](mailto:concreteheritagemuseum@stumpranconline.com).

**Monthly meetings** are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

April's **Easter Bake Sale** at Albert's Red Apple was a terrific success and

always helpful on the fundraising front for the museum. Thank you very much to everyone who contributed the baked goods for the sale, and to Rich and Mike Frank for allowing us to set up inside the store.

The Centennial reprint of *So They Called the Town Concrete* is still available. The new edition features enhanced photographs and a more readable font. New cover graphics were done by Philip Johnson. Copies are available at Albert's Red Apple (at the lottery counter; please pay for it there) and the museum. An order form also may be printed at our Web site: [www.stumpranconline.com/concreteheritagemuseum](http://www.stumpranconline.com/concreteheritagemuseum).

**WANTED: New Museum Association members!** Support your local historical museum.

—Dan Royal

## At the Upper Skagit Library

The **Washington Talking Book and Braille Library** is a free service for Washington residents who meet the eligibility requirements. Those requirements include residents who are legally blind, deaf-blind, or who cannot read books with standard print. If you cannot hold a book or turn pages or have a learning disability because of an organic dysfunction, you too are eligible for these services.

Available from this service are large-print books, books in Braille, and audio books. The equipment is free too. There even is a free download program. Applications are available at the library if this is something that you can use or if you know someone

who is eligible.

In May the library offers two separate **sessions on social media**. The various media choices and their uses will be explained so you'll be able to decide which might be useful to you. As for the computer classes, the May session is filled and there will be no classes in June.

If you are taking classes or applying for jobs, we have **laptops available** to use. These are available through a grant and are limited to those two uses for the time being. The next **board meeting** is May 10 at 5 p.m.

**LEGOS in the Library** is May 25, 3 p.m. —Aimee Hirschel, director

## May at the Darrington Library

### For children and families

- Baby & Me Storytime, May 3, 10, 24, 31, 10:30 a.m.
- Preschool Storytime, May 4, 11, 18, 25, 11 a.m.
- Saturday Matinee: "The Emperor's New Groove," May 5, 2 p.m.
- Claymation for All Ages, May 19, 2-4 p.m.
- Lego Mania, May 25, 12:30 p.m.

### Teen programs

- Teen Hang Time, May 2, 9, 16, 23, 30, 3-5 p.m.
- Teen Advisory Board, May 14, 3 p.m. For ages 12 to 19 (grades 6 to 12).

### Adult programs

- Darrington Friends of the Library meeting, May 2, 5:30 p.m.
- Bibliophiles (Book Lovers): *The Tiger*, by John Vaillant, May 2,

## Concrete Theatre, cont. from p. 6

effort. As of April 30, the couple had pulled in more than \$1,000 for the cause. Stafford said another \$3,700 had been collected in donations via the Web site and snail mail.

"After KOMO saw the story in *Concrete Herald*—and then KING and three radio stations followed suit—we received donations from Idaho, California—all over the place," said Stafford.

Stafford plans to approach corporate sponsors for donations, and is asking community members to submit letters or e-mails of support that can be shared with those representatives. "Tell us why you think the Concrete Theatre is important to the community," she said. Those letters can be e-mailed to [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com) or snail-mailed to P.O. Box 954, Concrete, WA 98237.

### Reviving an icon

Stafford and West purchased the theater in fall 2009 and refurbished the interior, upgrading the auditorium, lobby and sound system. They reopened in February 2010 and have hosted new or second-run movies every weekend since then. They also present a variety of live performances and special events, providing entertainment options for patrons from Burlington to Darrington and everywhere in between.

Donations are accepted at the theater during weekend movie times or may be mailed to Concrete Theatre, P.O. Box 954, Concrete, WA 98237. Credit cards or PayPal payments are accepted online at [www.concrete-theatre.com](http://www.concrete-theatre.com). Funds also can be donated at Columbia Bank in Concrete. Checks should be made payable to Concrete Theatre, designated for "Digital Projector Fund."

For more information, to donate, or to suggest fundraising strategies, contact Valerie Stafford and Fred West at [info@concrete-theatre.com](mailto:info@concrete-theatre.com) or 360.941.0403. —J. K. M.

## Celebrations



Gene and Shirley Shepherd

The children of **Gene and Shirley Shepherd** invite you to celebrate Gene's 88th birthday and their 60th wedding anniversary, Sat., May 26, 1 to 4 p.m., at Catholic Community Center, 45590 Limestone St., Concrete. No-gift reception. 360.853.8496.

## Save Concrete Theatre

Want to help Concrete Theatre owners Val Stafford and Fred West convert to a digital projection system?

- Make a donation at the theater during weekend movie times (see [www.concrete-theatre.com](http://www.concrete-theatre.com)).
- Mail a check payable to Concrete Theatre ("Digital Projector Fund" on the memo line) to Concrete Theatre, P.O. Box 954, Concrete, WA 98237.
- Make a "Buy a Seat" payment or a credit card or PayPal donation online at [www.concrete-theatre.com](http://www.concrete-theatre.com).
- Drop off a check at the Columbia Bank office in Concrete Town Center.

For more information or to suggest additional fundraising ideas, contact Stafford and West at [info@concrete-theatre.com](mailto:info@concrete-theatre.com) or 360.941.0403.

## Middle School track stars setting PRs

With only two meets under their belts at the end of April, the Concrete Middle School track team didn't have a wealth of numbers to talk about. But that doesn't mean they didn't have bragging rights.

"The kids are setting their [personal records] like crazy," said second-year head coach Elizabeth Lentz. "They're beating their own throws and jumps, and they're excited. Everybody is doing really well; the camaraderie is there."

With 45 athletes in the mix this year—twice as many as last year—that camaraderie is important, said Lentz.

"Right now we have no assistant coach, so the 7th graders have been buddying up with the 8th graders. The 8th graders have played a very big role in helping make the team what it is this year," she said.

The athletes chose two captains—Josh Gentry and Jasmine Hopfield—as go-to people, to help relieve Lentz from some of the demands of coaching 45 athletes in different events simultaneously. The captains were chosen for their excellence in school, sportsmanlike conduct, event knowledge, and approachability.

"If kids have an issue, they go to the captains to help resolve it," said Lentz.



**Above:** Jasmine Hopfield showed improved form in the 100m hurdles during an April 26 home meet. **Right:** Sawyer Scollard looks good in the high jump this year, said head coach Elizabeth Lentz.



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# Academics



## O'Brien captures DAR Good Citizens award

Concrete High School senior Clara Elise O'Brien has been named the award winner of the Essay Scholarship portion of a Daughters of the American Revolution Good Citizens program scholarship contest.

The contest was sponsored by the Ann Washington Chapter of DAR. That chapter is based in Mount Vernon. The Good Citizens program honors an outstanding young person in the senior class who demonstrates qualities of a good citizen, as well as provides an opportunity for this student to participate in the scholarship portion of the program.

The DAR Good Citizens program and Scholarship contest is intended to encourage and reward the qualities of good citizenship and is offered every year to seniors in high schools of Washington state and nationwide by DAR chapters.

Joining O'Brien participating in the program this year were Makenna Codlin from Burlington-Edison High School,



Concrete High School senior Clara Elise O'Brien is this year's winner of the Essay Scholarship portion of the Daughters of the American Revolution Good Citizens program contest. *Submitted photo.*

Kasey Suzanne Andrews from Mt. Vernon Christian School, and Amanda R. Grant from La Conner High School.

## Concrete School District opens kindergarten registration

Concrete K-8 is accepting 2012-13 kindergarten registrations. Students must be 5 years of age by Aug. 31, 2012, to be eligible. The child's birth certificate and immunization records are required.

Students are required to attend a scheduled kindergarten activity day on Aug. 22 or 23. Parents will choose an appointment time for the kindergarten activity day at the time of registration.

Register in the Concrete K-8 office from Mon. through Fri. between 8 a.m. and 3 p.m.

Questions regarding the kindergarten registration process should be directed to the Concrete K-8 office at 360.853.8145.

—Submitted by Concrete School Dist.

## Sixth Grade Transition Nights for SWSD

Sedro-Woolley School District has announced Sixth Grade Transition Nights. The meetings will be held on Wed., May 9 for outlying schools and Wed., May 16 for in-town schools, at 6:30 p.m. in the Cascade Middle School cafeteria.

Officials are planning an informative evening and encourage all parents and sixth grade students to attend. Any family that cannot attend on their designated evening is asked to attend on a night that is convenient for them.

For more information on Sixth Grade Transition Nights, call 360.855.3520.

**Concrete Herald**  
The Voice of Eastern Skagit County

## Lyman Elementary preps for MSP testing

The Measurements of Student Progress (MSP) is the state's exam for students in grades 3-8. This year the testing window for Lyman students grades 3-4 is May 3-17. The window for grades 5-6 is May 16-31.

To help your student perform well, make sure your student gets plenty of sleep the night before and a nutritious breakfast before coming to school. Make every effort to have your child in attendance during their MSP window.

Other ways to help your child do better on tests include:

- Have your child dress comfortably and arrive on time.
- Send your child with words of praise and support.
- Suggest that your child do deep breathing exercises to relax before the test begins.
- Tell your child to follow directions carefully.
- Remind your child to check over answers before turning in the test.
- Encourage wanting to do well.

—Kristi Johnson

## CASCADE MIDDLE SCHOOL HONOR ROLL

The following students at Cascade Middle School received honors for high marks for the third quarter of the 2011-12 school year. An asterisk denotes a student with a perfect 4.0 GPA.

### Grade 7 Honor Roll

Abril Alarcon, Jacy G. Ammons, Phoebe R. Anderson, Gabrielle M. Aven, Andrew W. Backstrom, Alexander M. Bertrand, Kylee K. Carlson, Emalee K. Cassidy, Elizabeth Chandler, Ekaterina M. Clark, Madisen E. Cork, Holly M. Crawford, Saige R. Cullup, Kortnee M. Davidson, Halie N. Davis, Jessie Delay, Janae B. Dills, Jarryd L. Dressor, Grae L. Eason, Emily Eastman, Emily B. Evans, Leighann M. Evans, Ashley I. Fair, Shanda M. Ferguson, Shannon Finch, Michael D. Fox, Trenten W. Freiberg, Dalton Friend\*, Michael D. Gant, Carly R. Hatch, Tessa S. Hawk, Olivia K. Helinski\*, Destiny Hesselstine, Shelby L. Hoffman, Payton Holmgren, Bryce C. Hornbeck\*, Treyton C. Howell\*, Amber N. Hughes, Bryce D. Humerickhouse, Christopher J. Jacob, Gabrielle Jann, Baylee C. Jones, Amy M. Joyce, Alexis J. Kelley\*, Bailey N. Kelley, Hailey V. Lee, Grant S. Lloyd, Alexis O. Magana, Victoria H. Mahle, Giselle Marin, Alyssa A. Martini\*, Carli A. Mayo, Elizabeth K. Melton, Troy J. Mesman, Maleah L. Mitchell, Jasmine Montes, Elizabeth H. Moore, Emily L. Moore, Kathrine F. Morgan, Madeline Moser, Devin Ochoa, Sean D. Olsen, Rebekah J. Ormesher, Jourdan E. Parker, Darrell A. Payton, Carina M. Perry, Hazel B. Pleasant, Odin D. Proudfoot, Madison N. Queen, John Jacob Reyes, Anise E. Robles, Daniella Rodriguez, Inez Santos Flores, Allison R. Segura, Amelita D. Smith, Sierra A. Smith\*, Dawson W. Snyder, Fabian St. Germain, Jordan L. Stapleton, Brandon M. Starkovich, Alysa M. Stewart, Hallie L. Stiles, Noah J. Stroosma, Ezra J. Swenson, Jacob R. Swenson, Alexander L. Thomas, Abril C. Torres, Emily A. Toth, Reid M. Trammell, Chloe N. Waldrip, Morgan J. Warren, Braden D. Washington, Devyn M. Weidert, Vanessa Whidden, Jazmyn N. Williams, Corey Wilson, Benjamin A. Workman Smith, Kelby A. Wright.

### Grade 8 Honor Roll

Adam J. Adkinson\*, Samantha A. Alspaugh\*, Cheyenne B. Ammons, Kortni E. Amundson, Alison A. Anderson, Noah A. Annett, Dayton M. Bailey, James D. Barney, Zachary D. Baumgardner, Alison B. Blanton, Dakota S. Bowman, Tristan Bradford, Mariana Brandt, Dylan P. Breier, Krista M. Calender, Stephen L. Cann, Quinn Carpenter, Austin R. Cartwright, William D. Childress, Carter J. Crosby, Katherine N. Daley\*, Taryn R. Dawson, Yuliana L. Delgado, Zoe L. Demming, Gabrielle E. Deruischer, Rilea R. Dills, Myles A. Doorn, Isaac Dugger, Austin R. Edson, Shyanne E. Edson, Kyla R. Felton, Sean C. Ferdig, Shelby M. Ferguson, Richard J. Fowler, Joshua A. Gaethle, Bryn C. Gallagher, Samuel H. Garcia, Ryan C. Garner, Alestra D. Glassman, Emily T. Hall, Skylar S. Hannan, Kiahna R. Harris-Self, Haley A. Hartley, Diana V. Hernandez, Blaine Hindman, Rachelle D. Hockett, Hannah R. Holt, William C. Hornbeck, Jordan Hoyle, Samuel Hudson, Brandon S. Huston, Ethan S. Isakson, Christopher H. Ishihara, Valerie K. Jech, Bryer M. Johnson, Kelsey E. Johnson, Savanah L. Johnson, Zachary I. Jordan, Madison C. Kearney-Elder, Mary K. Kelley, Tanna L. Kelly, Jared A. Kimball, Jared M. Laramore, Alyssa A. Martin, Connor L. McCandless, Riley A. McClenaghan, Meghan T. McCloud, Avory D. Messer, Mariko F. Meyer, Emily N. Moran, Hollie M. Morgan, Abigail M. Murdock, Carmen R. Nabholz\*, Justin O. Nabholz\*, Brittany D. Needham, Thomas M. Nelson, Jaxson Nilsen, Odalys N. Nuno-Macias, Kathryn A. Orwig, Tyrell H. Oudman, Nicole A. Pace, Deanna T. Perkins, Emily K. Pohl, J'den L. Pnce, Shannon Rae Reyes, Kayce T. Richardson, Jackson S. Roberts, Dustin W. Rose, Emily J. Rose, Koby A. Schinman, Alicia R. Schmidt, Teracita R. Shanes, Emma E. Shannon, Brayden W. Smith, Justin J. Spinnie, Lars M. Stenseth, Kathryn R. Stiles, Cordell J. Stocking, Shelby C. Sundheim\*, Zachary M. Taylor, Eric R. Teeple, Robert S. Treat, Nickolas T. Turgeon-Orbe, Thor B. Wagoner\*, Nicholas A. Wahlgren, Devin J. Willard, Samantha K. Wills, William Wing, Courtney A. Wright, Anthony K. Wyndham.

## Exchange student program seeks Concrete host families

Concrete High School has agreed to accommodate up to three exchange students through the World Heritage Student Exchange program during the 2012-13 school year. Now, it has only to find them.

The World Heritage Student Exchange program, a public benefit organization, is seeking local host families for high school boys and girls from such countries as Spain, Germany, Thailand, Norway, China, Russia, France, the former Soviet Union countries, Denmark, Italy, and Sweden.

Host families are asked to include the student as a member of their family. Couples, single parents, and families with and without children in the home are all encouraged to host. You can choose a student for a semester or for the school year.

Each World Heritage student is fully insured, brings his/her own personal spending money, and expects to contribute to his/her share of household responsibilities, as well as being included in normal family activities and lifestyles.

For more information, call World Heritage Student Exchange at 800.888.9040, go to www.whhosts.com, or send an e-mail to info@world-heritage.org.



Concrete Middle School students discuss the effects of advertising with Concrete teacher and coach Jim Newby during an alcohol awareness assembly at the school on March 30. Skagit County Sheriff's Deputy Kelly Howell was on hand that day to discuss the inevitable result of bad decisions. REXANNE GREENSTREET, a health educator with the Community Health Outreach program at United General Hospital, spoke about the power of marketing campaigns to affect our decisions. The assembly was sponsored by the Upriver Awareness Task Force.



### SAVE CONCRETE THEATRE!

**Donate to Digital Campaign!**  
The movie industry will convert to digital in 2013. Concrete Theatre won't be able to show new movies unless it converts to a digital system --a \$50,000 hurdle. **Please donate to help keep Concrete Theatre alive!**

- Donate at the theater during weekend movie times
- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at [www.concrete-theatre.com](http://www.concrete-theatre.com)
- Donate at Columbia Bank in Concrete (designate check for "Digital Projector Fund")

For more info on ways to help, call 360.941.0403 or e-mail [info@concrete-theatre.com](mailto:info@concrete-theatre.com).

\*Advertisement paid for by an anonymous donor.

**Please support Concrete Herald advertisers!**

Cascade Days organizers need log donations for the August event. Cedar or spruce logs are sought. Contact Cascade Days President John Burmaster at 360.853.8024.

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# Clear Lake



## Historical Association plans annual reunion

Clear Lake Historical Association invites the public to join its members for the Clear Lake Reunion (anyone having anything to do with Clear Lake, past or present).

This year's event will be held Sun., May 20, from 10 a.m. to 3 p.m. at the former IOOF Hall in Clear Lake, 12655 Highway 9 (next door to the post office).

The group will celebrate Clear Lake's past and present, and the association's 25 years of existence. It's one of the few times the public is able to view the vast photography and memorabilia collection

of the historical association.

Lunch will be available at the Clear Lake Community Covenant Church from 12:30 to 2 p.m. and celebration cake will be served. The Mattered family will be the honored family this year and will have early photos and displays in the dining room. Cliff Mattered grew up in Clear Lake and has lots of stories about growing up here. Some of you may remember the vegetable stand on the side of Highway 9 south of Clear Lake or the shocks of hay in the low field, that Aaron Mattered put in.

For more information on the reunion, call Clear Lake historian Deanna Ammons at 360.856.6798.

The association also plans major fundraising this year to replace siding on the south side of the CLHA hall. Reports on the group's restoration efforts will be published in future issues of *Concrete Herald*.

—Sylvia Mattered

## VISIONS program to hold annual auction

The VISIONS Parent Involvement Program will stage its annual fundraising auction on Sat., May 12, from 6 to 9 p.m. at the Sedro-Woolley Community Center.

On tap for the evening are a silent and live auction, live music, and plenty of food. Local youth will showcase projects they've worked on in school.

VISIONS is a non-profit student enrichment program that is part of the Sedro-Woolley School District at Clear Lake Elementary. It is a hands-on learning program that focuses on creative thinking, problem solving, skill development, and strong parent involvement. VISIONS offers out-of-school experiences (field trips) and uses parent/family volunteers to provide a better student/adult ratio in the classroom, a sense of community, and a

### VISIONS Annual Auction

**When:** Sat., May 12  
6 - 9 p.m. (doors open at 5:30)

**Where:** Sedro-Woolley Community Center

Food and beverages  
Live music by Touks  
Silent and live auction  
Classroom projects made by kids

\*Adults only, please.

broader range of experiences.

Questions about the VISIONS program or auction should be directed to Gina Eyre at 360.770.1951.

## Quicker crossings ahead for travelers on SR 9

SUMAS — Cross-border travelers will soon find shorter lines at the State Route 9 border crossing in Sumas thanks to a little lane adjustment and some new striping.

As soon as the weather allows, the Washington State Department of Transportation will convert rarely used street parking into additional lanes for traffic between Garfield and Harrison streets.

The changes in Sumas reflect the state and national goal of reducing border wait times and creating jobs between the U.S. and Canada, according to Todd Carlson, WSDOT planning and engineering services manager.

"These are fairly simple changes we can make on the ground that should net big benefits for travelers and both economies," Carlson said. "Increased traffic flow across the border can mean increased business for Sumas and beyond."

Only one lane currently exists in each direction with parking on both sides of Cherry St. After the restriping, there will be one southbound lane and three

northbound lanes between Garfield St. and Harrison St., which will help cut down on long lines and waits for travelers crossing into British Columbia, Canada.

Striping crews will close lanes periodically during a two- or three-day period to grind and replace the old lane markings, stripe the new lanes, and add new signs. Dry and reasonably warm conditions are necessary, so crews will wait for a dry spell and do the work during the day. The border crossing will remain open during the work, but drivers should anticipate some added delay.

The border is a major economic driver for local residents, the state, and nation. Last fall, the number of vehicles passing through the four Whatcom County border crossings was the highest seen since 2001. According to the Whatcom Council of Governments, more than 1 million vehicles crossed the border in Sumas in 2011. That's an increase of more than 200,000 from 2010. More than \$40 million in trade is shipped daily across the U.S.-Canada border.

**Continue the cycle**  
Please recycle this newspaper



## Community Calendar



### MAY

- 3-5, 10-12 "Seussical the Musical," SWHS auditorium, see story, p. 16
- 4 Los Flacos plays Concrete Theatre, 7:30 p.m.; \$5 donation admission at the door; info at 206.306.1181 or 360.941.0403; see notice, p. 6
- 4-5 Lions Club White Cane Days; see story, p. 17 for locations and times
- 4-5 Juvenile Diabetes Research Foundation garage sale fundraiser, 21975 Cook Rd., Sedro-Woolley, 10 a.m. to 4 p.m.; info at 360.333.1614 or taracook@hotmail.com; see notice, p. 6
- 5 Mansford Grange Spring Plant & Bake Sale, Darrington, 10 a.m. to 3 p.m.; see notice, p. 25; info at 360.436.2107
- 5 4th Annual Home Brew Contest, Birdsvew Brewing Co., 2 p.m.; info at www.birdsvewbrewingcompany.com
- 5 Concrete High School Prom: photos at 7; dance from 8 to 11 p.m.
- 11 Hurn Field Bird Walk with Tim Manns, Hurn Conservation Area, Concrete, 8:30 to 11 a.m.; \$5 suggested donation; RSVP to reginaw@skagitlandtrust.org or 360.428.7878
- 11 "Grub-n-Groove" potluck and music night, Rockport Fire Hall; 6 p.m. potluck and sign-up, 7 p.m. open mic
- 12 WSU Master Gardener Plant Fair, Skagit County Fairgrounds, Mount Vernon, 8 a.m. to 3 p.m.; info at http://skagit.wsu.edu/MG/plantfair.htm
- 12 Have a Heart 5K and 10K Runs/2K Walk/Half-Pint Half Mile, Edgewater Park, Mt. Vernon, 9:30 a.m.; info at susanl@skagitcap.org or 360.588.5737
- 12 Run for Your Mum fundraiser, Silo Park, Concrete, 3 p.m.; info at www.runforyourmum.com
- 12 VISIONS Annual Auction, Sedro-Woolley Community Center, 6-9 p.m., see notice, p. 14; info at 360.770.1951
- 13 Mother's Day
- 19 Meet and Greet for congressional candidate Laura Ruderman (D-WA), Bauter/Myers residence, 8002 Lena Lane, Concrete; 3 to 5 p.m.; RSVP to danika@lauraruderman.com
- 20 Clear Lake Historical Association Reunion, CLHA Hall, 12655 Hwy. 9, Clear Lake, 11 a.m. to 3 p.m.; info at 360.856.6798
- 20 "A River Home Companion" KSVU 90.1 FM fundraiser variety show, Concrete Theatre, 4 p.m.
- 23 Sedro-Woolley Farmers' Market opens for season, Hammer Heritage Square, Weds., 3 to 7 p.m.; info at www.sedrowoolleyfarmersmarket.com
- 25 Sedro-Woolley Skate Park Benefit Show, Sedro-Woolley Community Center, 703 Pacific St., S-W, 6 p.m.; \$6 admission; see story, p. 17
- 26 Friends of the Upper Skagit Library Book & Bake Sale, Concrete Center, 9 a.m. to 3 p.m.; donations of wrapped, home-baked goods appreciated; info at uslfriends@gmail.com
- 26 Concrete Saturday Market opens for season, Concrete Center, 9 a.m. to 4 p.m.
- 26 Darrington Day, Darrington, 10 a.m. to 4 p.m.; info at www.darringtonwatourism.com/darrington-festival-events/darrington-day-celebration
- 26 Concrete Heritage Museum opens for season, Saturdays, noon-4 p.m. Memorial Day
- 28 Concrete American Legion Forest Park Cemetery services, 1 p.m.; food at American Legion after services; potluck donations appreciated

### JUNE

- 1-2 Cascade Senior Center Plant & Rummage Sale, 1115 Darrington St., Darrington, 9 a.m. to 4 p.m.
- 1-3 Blast from the Past, Sedro-Woolley; info at www.sedro-woolley.com or 360.855.1841

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

## Community meetings

**Concrete American Legion Post and Auxiliary** meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

**Concrete Chamber of Commerce** meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or concretechamber@mac.com.

**Concrete Heritage Museum Board** meets the second Thur. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or concreteheritagemuseum@stumpranchonline.com

**Lyman Town Council** meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk\_lyman@msn.com.

**Concrete Lions Club** meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

**Concrete School Board** will meet May 24 at 6 p.m. in the high school Commons. The board will hold a workshop on May 21, at 6 p.m. in the high school Commons. 360.853.8141.

**Concrete Town Council** meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

**Darrington Area Business Assn (DABA)** meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

**Darrington Town Council** meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.net.

**Forest Park Cemetery District No. 5** meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

**Friends of Upper Skagit Library (FOUSL)** Board meets the third Tuesday of odd-numbered months at the East County Resource Center in Concrete, at 1 pm. Public welcome to attend. uslfriends@gmail.com. May 15 meeting to include planning for Book & Bake Sale on May 26.

**Hamilton Town Council** meets the second Tue. of each month at Town Hall, 584 Maple

St., Hamilton, at 7 p.m. 360.826.3027.  
**Imagine Concrete** meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.com.

**KSVU 90.1 FM** meets the last Thur. of each month (except Nov. and Dec. 2011) at portable classroom B near the Concrete Elementary School campus, at 4, 5, and 6 p.m. (the 4 and 6 p.m. meetings are identical). 360.416.7711 or rip.robbins@skagit.edu. Studio orientations and trainings for all interested people are held every Wed. from 1 to 4 p.m.; call Joseph McGuire at 360.416.7001 for details.

**PFLAG** (Parents, Families, and Friends of Lesbians and Gays) Skagit County Chapter, meets the second Monday of each month at The Safe Haven Room, Central United Methodist Church, 1013 Polte Rd. Sedro-Woolley, from 7 to 8:30 p.m. 360.856.4676, www.pflagskagit.org.

**Saukrates Cafe** meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and http://saukratescafe.wordpress.com.

**Sedro-Woolley Chamber of Commerce** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

**Sedro-Woolley School District Board** meets May 14 at the Support Service building (5:30 Special Session and 7 p.m. Regular Meeting) and May 30 at Mary Purcell Elementary School, at 7 p.m. 360.855.3500 or miller@swsd.k12.wa.us.

\*To add your organization's meeting to this list, e-mail editor@concrete-herald.com or call 360.853.8213.

## Savvy Businesses Targeted Advertise in Concrete Herald

5,000 copies circulate throughout Whatcom, Skagit, and Snohomish Counties (and beyond) every month, reaching a largely untapped market of readers, many of whom say they read only Concrete Herald. If you're not advertising in "The Voice of Eastern Skagit County," you're missing thousands of potential customers.



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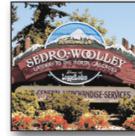
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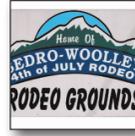
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# Sedro-Woolley



## Blast from the Past is back

One of Sedro-Woolley's favorite events is coming again, returning to town June 1-3.

The tried-and-true lineup of attractions and events draws crowds every year; this year should be no different. Look for a children's costume parade and kids' contests, including jump rope, hula hoop, and pie-eating. In the adult jump rope category, be looking for David Bricka to reclaim his crown from Mike in the Morning, who won the event last year.

Sidewalk sales are on the agenda, along with a dress-up contest for businesses. The Woolley Fibers Quilt Show will again run concurrently with Blast, showing off artful creations from area quilters.

An art show returns for its second year, with plenty of local presence. Arts and crafts vendors blur the line between form,

function, and fashion. And live music is planned for indoor and outdoor venues.

KAPS and KBRC will broadcast live at Blast from the Past, roaming the street with microphones for realtime reports.

Head to the Sedro-Woolley Museum for an open house on June 3 from noon to 3 p.m., and enjoy the displays there.

The Sedro-Woolley Library plans a Murder Mystery Day. Finally, don't miss the popular Car Show on the streets of downtown Sedro-Woolley.

More information can be found online at [www.sedro-woolley.com](http://www.sedro-woolley.com).

### Blast from the Past

**Where:** Downtown Sedro-Woolley

**When:** June 1-3

**Info:** [www.sedro-woolley.com](http://www.sedro-woolley.com)  
360.855.1841

## "Seussical" gets May run at SWHS

Sedro-Woolley High School's "Seussical the Musical" runs May 3-5 and 10-12.

The musical is taken from the world and works of Dr. Seuss, making it upbeat, imaginative entertainment for all ages. Its story revolves around Seuss' classic character Horton the Elephant and his quest to save the planet of Who, which just happens to be on a speck of dust.

The cast, directors (Amy Gregory and Steve McCart), and student-led choreography team rehearsed for two months before opening, and the hard work has paid off. Seussical is filled with dance, over-the-top characters, and song from start to finish. The play relies on a steady string of songs to keep the story going, interrupted only by rhyming lines and poignant songs about real-life issues. Audience members old and young will

recognize songs and characters, from The Cat in the Hat to the finale's lyrics, "I do not like Green Eggs and Ham."

The student-designed set and costumes are all straight from Dr. Seuss' fantastical stories, complete with vivid colors and, of course, Thing 1 and Thing 2. The musical will be performed in the SWHS auditorium, with doors open at 6:30 p.m. and curtain at 7 p.m. There also will be matinee showings at 2 p.m. on May 5 and 12. Tickets are \$5 for students and seniors and \$10 for general admission.

—Linnaea Groh

### Seussical the Musical

**Where:** SWHS auditorium

**When:** May 3-5, 10-12  
Doors open at 6:30 p.m.,  
Curtain at 7 p.m.  
2 p.m. matinee on May 5 and 12

**Tickets:** \$5 students/seniors, \$10 general

## City acquires land for park use

The City of Sedro-Woolley announced April 16 the acquisition of 9.5 acres of land to its inventory of publicly owned land for future use as park, playfields, and open space. This land was partly purchased and partly donated by the owners in honor of Winnie Houser.

"Winnie Houser was very involved in softball, athletics, and coaching throughout her life," stated Mayor Mike Anderson. "It is a great honor that the Houser family has decided to donate and sell this land so future generations may share Winnie's love for sports."

The City paid \$200,000 for the property, roughly half of its market value. Funds for the purchase came from the City's park impact fee fund, which is limited by state law to acquisition and development of new parks and park features.

The property is currently zoned for industrial uses, but is farmed by local potato farmers. "The city will seek to rezone the property to public use as part of the 2012 Comprehensive Plan updates," said City Supervisor Eron Berg, adding that "since the land is currently

being farmed, the City Council and the city's Parks Commission will have time this year to plan for future use and development of the park."

As part of the transfer from the Houser family to the city, the property is deed restricted to be used as park, playfields, and open space in perpetuity. The new park will be named the Winnie Houser Park & Playfields.

The property is located within the city's limits on Rhodes Rd. at the western entrance to Sedro-Woolley. A dedication ceremony will be held soon.

## "Women Hand in Hand" group forms

A group of women from Sedro-Woolley and Concrete have created "Women Hand in Hand," an interdenominational women's ministry group whose goal is evangelism and discipleship.

The group will work at fundraising events this summer to raise money for its first evangelistic event to be held at the Sedro-Woolley Community Center on Sept. 6. For more information about Women Hand in Hand, call 360.826.3696 or find the group on Facebook.

## Wildlife rehab center seeks volunteers to transport wildlife

Wolf Hollow Wildlife Rehabilitation Center in Friday Harbor serves Skagit County by taking in injured or orphaned wildlife.

The center needs volunteers who are willing to transport birds and animals (already contained in a box or carrier) from the Sedro-Woolley, Lyman, Hamilton, and Concrete areas, meeting up with and transferring them to volunteers in Burlington or Mount Vernon to be taken to Anacortes and then to Friday Harbor.

Interested persons should contact Wolf Hollow at 360.378.5000 and ask for Shona or Nikki, or call 360.428.3668 and ask for Ann.

—J. K. M.

### Continue the cycle

Please recycle this newspaper



Local band Skipping Victor will headline the first of two all-ages Sedro-Woolley Skate Park Benefit Shows planned for May and June at the Sedro-Woolley Community Center. Submitted photo.

## Skate park to get a musical boost

All-ages shows have a long history in Washington. That legacy finally will come to Sedro-Woolley, if only for a couple nights this year.

As a benefit for the soon-to-be-built Sedro-Woolley Skate Park, the Sedro-Woolley Rotary will sponsor two all-ages shows featuring young bands for a young audience—but don't let that discourage the older folks from coming out too, because it should be a fun night for all.

The first concert will be held May 25 with Sedro-Woolley High School bands Skipping Victor and I Thought I Heard a

Zombie, and Anacortes High School band Sleepy Lagoon. The doors of the Sedro-Woolley Community Center will open at 6 p.m., with bands starting shortly after. This show will be \$6, and all funds are going to help build the best skate park in Skagit County.

A second show is lining up for June 22, with Bellingham pop-punk band Bowlcut (featuring S-W High graduate Aaron Apple) headlining.

The Sedro-Woolley Community Center is located at 703 Pacific Street. More information about the concerts is posted on the Sedro-Woolley Community Skate Park Facebook page.

—Brett Sandström



Chamber of Commerce members and City of Sedro-Woolley officials gathered at Allelujah Business Center April 23 to celebrate the grand opening of the store's new home at the corner of State and Metcalf in downtown Sedro-Woolley. Owner Kristi Curtin is shown cutting the ribbon; Sedro-Woolley Mayor Mike Anderson stands to her left. Photo by Pola Kelley.

## May in brief

The Sedro-Woolley Rotary Auction will be held May 4 at St. Joe's in Mount Vernon. Tickets are available for purchase by calling Cheri Queen at Sedro-Woolley Auto Parts at 360.855.0341.

Lions White Cane Days are May 4-5. On that Friday and Saturday, Lions Club members across Washington and Northern Idaho will join forces to raise money for sight projects. Lions will be soliciting contributions for their work for sight.

They will offer everyone they encounter a white cane sticker to wear in support of their efforts. Donor contributions will benefit the Northwest Lions Foundation's Patient Care Grants, Hearing Aid Bank, Lions Health Screening Unit, and the Lions Project Support Grants. Members also will accept donations of used eye glasses and hearing aids.

Look for Lions Club White Cane Days stations at the following Skagit County locations:

- Burlington Lions: May 4 at U.S. Post Office, 9 a.m.–noon. May 4-5 at Fred Meyer and Hagen, 9 a.m.–6 p.m.
- Concrete Lions: May 4-5 at Albert's Red Apple Market and U.S. Post Office, 9 a.m.–5 p.m.
- Mount Vernon Lions: May 5 at Hagen, Safeway, and Red Apple, 10 a.m.–4 p.m.

Sedro-Woolley Lions: May 4-5 at Food Pavilion, 10 a.m.–6 p.m. Woolley Fiber Quilters has extended a call for entries for the "Blast of Stars" 2012 quilt show scheduled for June 1-3 in downtown Sedro-Woolley.

In conjunction with the Blast from the Past festival, the quilt show will feature 200-plus quilts on display, member boutique, demonstrations, vendors, People's Choice voting, and more. The weekend features something for everyone, with vintage cars on display and kids' contests.

For more information about the quilt show, go to [www.woolleyfiberquilters.blogspot.com](http://www.woolleyfiberquilters.blogspot.com). Deadline for entry forms is May 16; forms are available at Cascade Fabrics. Quilt turn-in day is May 29.

The Sedro-Woolley Chamber of Commerce has decided to end its Summer Outdoor Movie program. "After seven years, we have found in spite of our best efforts to bring quality family entertainment to downtown Sedro-Woolley, the program grew for a while and then waned to an unsustainable level," the Chamber wrote in an e-mail to its members.

With fewer than 100 people attending the showings last year, the Chamber found it could not meet costs and felt it was in the best interest of its members to discontinue the program.



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# Lyman



## Council summary

The Lyman Town Council held a public hearing for its Water System Plan Update on April 10, followed by its regular monthly meeting. Following is a summary of those meetings.

### Public hearing, 6:30 p.m.

- The public hearing was a continuation of the public hearing held March 13.
- Mike Jauhola introduced Stacy Clear and stated she is Doug Jacobson's replacement at Gray & Osborne. Clear will now assist Town of Lyman with the CDGB Planning-only Grant application.
- Councilmember Rita Burke, who was unable to attend the first public hearing, asked Jauhola to explain to her the work they are doing. Jauhola stated the update of the water system plan will benefit the entire community. The town's existing plan was completed in 2002. The state regulations governing water purveyors require them to update their water-system plans every six years. Town of Lyman is several years behind in this update and has a deadline of August 2012 to have a draft of the plan to DOH. The updated plan will help in the future as it looks at projected growth in Lyman. The new plan will help Lyman better calculate a buy-in charge for new users, and will help identify the capital improvements needed to accommodate that new growth. The Water System Comprehensive Plan needs to be in place to qualify for

- grants and loans in the future.
- Mayor Heinzman adjourned the meeting at 7 p.m.

### Regular council meeting, 7 p.m.

- Mayor Heinzman moved the Water System Update up on the agenda. Council voted unanimously to adopt Resolution 2012-2, authorizing the CDBG Planning-only Grant application.
- Mark Kitchen introduced Arne Svendsen, who is doing improvement work on the alleys. The projected start date is April 24 or 25. Svendsen told council a small amount of moisture is better to help pack the gravel. Kitchen asked council about the Banta property. Council discussed several options; one was to put gravel in front of their house and make a parking area. It was decided to invite the Bantas to a meeting to discuss the parking and make a decision after meeting with them.
- Kitchen informed council that TMG will be up to do the pump house maintenance on April 24.
- Two certified letters addressed to Rick McCown, owner of property at 31561 E. 3rd in Lyman have gone unanswered again. Mayor Heinzman asked the clerk to look into what options the town has by contacting Municipal Research.
- Andy Hawkings for Fire District 8 was present to speak to the clerk about information they need to complete the annexation application with Skagit County.



The kids turned out in full force for the Lyman Community Easter Egg Hunt at Lyman Elementary April 7. **Above left** is Stacy Griffith, a 2nd grader at Lyman Elementary, who paused long enough for a photo with a flurry of egg-hunting activity in the background. **Above right** is Stacy with Sedro-Woolley Rodeo Queen Lindsey Tonkyn, Miah Castilleja, and Brenna Castilleja. *Submitted photos.*



## Lyman Library tales

By Elaine Kohler

Well, the trip to California was a so-so deal. Great seeing the family, not so great being sick most of the trip. I did get to Vegas, so that is one item off the bucket list. But it was good to get back home.

I had a phone call recently from a lady wanting to donate paperbacks. They should be on the shelves by the time you read this. Some are Westerns and some are gothic romance. She said some were older and some quite new. I asked to have the newer ones brought in first, so if that is what you read, be sure to come and check it out.

We are looking for a few more people who are willing to give a few hours a week to help on days the library is open.

We are getting ready to discuss what days get the most visitors and would be glad to have any input from our readers as to what days they think are best. Thursday is available pretty much all day because of the Food Bank being there too. Up to now it has been the same five faithfuls who are there. With summer on its way, it would be nice to have a few backup volunteers. Duties include putting returns on the shelves—that is pretty much it. The rest of the time you can sit, knit, crochet, or read. We just have to have someone there during the hours the library is open to the public.

For more information, call 360.826.3929 or e-mail ekohler412@aol.com.

Remember, without the volunteers the books and puzzles would be packed up and removed, and we would have to drive to another town and pay for a library card.

**Mt. Baker-Snoqualmie National Forest is seeking public comment until May 20** on whether to lease a portion of 5,500 acres of land nominated for geothermal exploration and development, located southeast of the Mt. Baker National Recreation Area and west of Baker Lake. To comment or ask questions about this project, e-mail project leader Eric Ozag at eozag@fs.fed.us or call him at 360.691.4396.



# Day Creek



## Community notes

The **Relationship Encounter** series continues. Hosted by Dave and Kathy Henderson and Day Creek Chapel, the course material was created by Dr. David Jeremiah. Here's the May schedule:

Social time: 5:45 to 6 p.m.  
DVD: 6 to 7:30 p.m.

### Dates

May 6  
May 20  
May 27

Bring a notebook and pen. Catch the information on the church readerboard. Questions? Call Kathy Henderson, 360.826.3581.

Day Creek Chapel has a very active women's ministry team, **Women of Hope**, and they have been concerned about women of all ages in the eastern part of the county.

A group of women has formed in eastern Skagit County. **"Women Hand in Hand"** is unaffiliated with any specific church, so the group can cross lines without proprietary identification.

The group's first event is in the planning stages, with author, speaker, and horse woman Kim Meeder, to be held Sept. 6 in Sedro-Woolley.

Any women's ministry group that wants to be involved with Women Hand in Hand is encouraged to contact any one of the following:

Sylvia Miles	360.826.3696
Sharon Herring	360.661.5037
Bonnie Lintz	360.856.1385
Sue Walden	360.826.3944
Shannon Shipley	360.472.1211
Kathy Henderson	360.826.3581

**A Mother and Daughter Tea** is planned for Fri., May 11 at 6:30 p.m. Reservations are needed; admission is \$5 per person. For more information or to RSVP, call Sylvia Miles at 360.826.3067 or 360.826.3696, or e-mail her at smiles@gmail.com.

A **community bulletin board** has been installed at the Day Creek Fire Hall. Community members are invited to post their business cards, coming events, and Day Creek activities on the board—then contact *Concrete Herald* at 360.853.8213 or editor@concrete-herald.com.

The **Day Creek Fire Hall** is looking for a community-minded person to take

charge of maintenance. Tasks such as lawn mowing, bee control, pressure-washing, etc., are crucial to the upkeep of the hall. If you're interested, call Travis Arendse at 360.826.5125.

**Community Club Potlucks** are held on the third Tuesday of each month at 6:30 p.m., at the Day Creek Fire Hall. The next potluck is slated for May 15.

We are looking for **event ideas** that are fun and help to support the Day Creek Fire Hall while letting us all get to know our neighbors better. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson 360.826.3581.

See Day Creek Fire Commissioner **Simme Bobrosky** make beautiful music at the Mount Vernon Senior Center. Bobrosky will play with a band there on May 5 from 7 to 11 p.m. Admission is by donation; food and nonalcoholic beverages will be available.

If you have information for this column, please send an e-mail to winningcirclearch@gmail.com.

—Kathy Henderson

## Community Club Potluck dinners

Community Club Potluck dinners are held the third Tuesday of each month at 6:30 p.m. at the Day Creek Fire Hall. Come and join the fun!

### 2012 dinners

May	15
June	19
July	17
August	21
September	18
October	16
November	20
December	18

## Continue the cycle

Please recycle this newspaper



The Day Creek Fire Hall readerboard said it all in April, encouraging locals to consider one of the noblest of citizen duties: volunteer firefighter. Anyone interested in serving with the Day Creek team should call 360.826.5125. *Submitted photo.*

## Council, cont. from p. 6

Water System Plan, the latest draft of which has been submitted to the State Department of Health for its review and comments.

Reichhardt reviewed the chapters of the water system plan. He touched on different elements for projecting usage and future customer base.

Reichhardt stated the town's water rights and storage capacity should be adequate for the next 6 to 20 years. He pointed out a few deficiencies in the town's water flow, such as metering, which will need to be done by 2017.

Reichhardt distributed a spreadsheet on water capital improvement projects and reviewed it. He said the state would like to see a second water source identified for emergency purposes. He stated all the projects are put in this capital improvement list so that if grants or loans become available, the projects are listed in the plan and the town can more easily apply for funding.

- The council approved an agreement between Town of Concrete and Skagit Aero Education Museum for the North Cascades Vintage Fly-in.
- April 23**
- Eric Archuletta with Community Stew reported on the Main Street Painting Project, stating they have permission from three separate business/building owners to pressure wash and paint their buildings. The three buildings are the Food Bank building, the building that borders the food bank building to the east, and the Washington Café and Bakery. Archuletta handed out a proposed schedule for the pressure washing, preparation work, and painting.
- Mayor Wilson reported the rough estimate for the construction of the public safety building is \$1,650,000. He said a representative from Congressman Larsen's office stated that Larsen is behind this project and is working to ensure there will be funding available for its construction.
- The town is looking into posting signs about smoking enforcement.

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**Above:** Choir members from Community Bible Church in Concrete made a joyful noise during an April 5 Easter Cantata performance at Concrete Theatre.



**Above:** April tulips and Grape Hyacinth. Photo by Tim F. Hale/Flutterbye Images.



**Above:** Ditihaht carver Rick Williams of Concrete was honored March 31 with the "Compassionate Leadership Award" from Compassionate Seattle. Williams holds the award certificate, which reads, in part, "You transformed one of our community's greatest tragedies into an opportunity for public healing, increased understanding, peace and honor. We are forever changed by your compassionate leadership and the collective impact of your action." Williams' brother, John T. Williams, was shot and killed in 2010 by former Seattle police officer Ian Burk. Rick Williams responded by carving a 33-foot totem pole, which was installed at Seattle Center on Feb. 26. At Williams' feet is an original painting that blends an image of John T. with elements from the totem pole Rick carved. The painting was created by a visitor to Pier 57 in Seattle, where Rick worked on the memorial pole for three months.

**Below:** Annie's Pizza Station welcomed dozens of Scion vehicles and their owners to the Annie's Pizza 7th Annual Scion Run. The yearly road trip gathers Scion enthusiasts from all over the Pacific Northwest and ends in Grasmere, at the best pizza joint in the state. Photo by Chuck Bussiere.



# April in pictures



**Above:** 101 runners poured down Superior Ave. South in Concrete April 21 as the Cement City Trail Run began its 5K and 10K portions of the event. Earlier that day, 13 one-mile runners from kindergarten to 6th grade tested their legs on the Concrete High School track. The run was a fundraiser for the Concrete Lions Booster Club, which funnels money to students for their academic and athletic efforts. According to Booster Club member Kathy Howell, the event pulled in \$2,300 for the students. "I'm really happy with that," said Eric Warner, who helped to organize the run.

## The family that paints and plants together ...

**Below:** Darrel and Marla Reed sit on one of two colorful concrete benches they placed in the Children's Garden section of the Angele Cupples Community Garden in Concrete in April. Marla bought the benches at a Skagit Valley College auction in February.

**Right:** Jonathan Akers carefully paints one of the bench supports.

**Far right:** Robert Rushin "plants" himself in a 3-foot-deep post hole in the Children's Garden. The hole eventually held a 4x4 post that had been painted to look like a giant Dixon Ticonderoga No. 2 pencil. That post and two more just like it eventually will define the eastern edge of the Children's Garden.



**Left:** Concrete Public Works staffers Alan Wilkins and Rich Philips pour cement into a concrete base at Veterans Memorial Park in Concrete. In May they'll fasten a marker stone to the top of the base.



**Above:** Three-year-old Timothy Howard is quite pleased with his win, a giant Easter Bunny from Cascade Supply in Concrete. He won the bunny—and that basket of goodies—in a promotional drawing held by the Concrete Town Center business. Photo by Jason McMillen.

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*And I'm proud to be an American, where at least I know I'm free. And I won't forget the men who died, who gave that right to me. ~Lee Greenwood*



# Hamilton



## Massive autoclave rolls into Janicki's Hamilton plant

Before most people were awake on Sun., April 15, Janicki Industries was taking delivery of a rather impressive piece of equipment at its Hamilton plant.

Around 6:30 a.m., the Sedro-Woolley company added to its composites capabilities a 50-foot-long, 12-foot-diameter autoclave—one of the largest production autoclaves in the Pacific Northwest. The vessel, which is designed to withstand temperatures topping 550 degrees Fahrenheit and pressures up to 150 psi, will be installed adjacent to Janicki's new 9,204-square-foot cleanroom at the facility.

Autoclave curing is required for some types of high-performance composites, which Janicki produces. Preparation in a cleanroom environment, with highly-refined air quality, keeps dust and other particles from interfering with composite fabrication.

Installation and testing of the autoclave

was scheduled to take four to five weeks, and the autoclave is expected to be fully operational by June 4.

According to Janicki Industries' President, John Janicki, "The autoclave, along with upcoming AS9100C accreditation and the newly certified cleanroom, will advance our composite tooling and add to our high-performance composite capabilities."

WSDOT closed SR 20 from I-5 to Hamilton to allow the massive autoclave safe passage to its destination. The autoclave's shipping was managed by Active Machinery Moving of Lynden. Its dual-lane loader consists of a trailer powered by two trucks, one in the front and one in the rear, with a total of 18 axles and 108 tires. The total weight of the trailer and autoclave load was just over 500,000 pounds (250 tons). The load was 236 feet in length.

—J. K. M.



This 50-foot-long autoclave traveled SR 20 to Hamilton in the wee hours of the morning on April 15. Its destination was the Janicki plant in town. Measuring 50 feet long and 12 feet in diameter, the autoclave will be installed adjacent to the plant's new cleanroom, and will be used to cure some types of high-performance composites. *Photo by Kim Olson.*

## Birdsview buzz

Happy May, everyone!

Bet everyone's been out planting their gardens and barbecuing. Feels good to have better weather, doesn't it? Happy Mother's Day to all you moms out there.

### May birthdays

6	Bruce Morgan
8	Marshall Fichter
12	Rachel Hitt
14	Blaine Burghduff
16	Judy Hemenway Athena Hornsby
18	Victoria DuVarney
19	William McDaniel
20	Melissa Massingale, Vicki Frank, Judy Rantschler
23	Jayne Adkinson
25	Andy Freeman
26	Kraig Wennrick
30	John Shepherd

### Anniversaries

26	Kevin and Jayme Adkinson
----	--------------------------

### Brewery goings-on

May 5 (Cinco De Mayo): Our 4th annual Homebrew Contest. We have only three entries this year, but the beers sound interesting. Winner will brew with Brewmaster Bill and Brewster Julie, and the new beer will debut at Birdstock.

Speaking of Julie, yes, she is officially brewing now. We aren't sure, but we don't think there's too many other father-daughter brew teams out there. They've already come up with a new seasonal made with local (Birdsview) blackberries and Blue Agave, which will come out in mid-May.

Our music room is coming along. After much thought, we decided to finish the inside with a grunge/garage look. Ed Giecek will do some cool stencils on the wall, we're getting some old concert posters, and Bill is breaking out his old vinyl album covers. Once it's done, we want to start having music more often. So if there are any musicians out there that want to play for food and drink and tips, please contact me.

This month we welcome back to the valley our daughter Jessie and boyfriend Jack Mattingly. They've been gone way too long, but we're glad they are back.

Be looking for Rebecca from Jericho Farms to start selling on Saturdays out in the field. First it will be plant starts, but as the season goes on, she'll add veggies and fruits as they become available. Hours will be about noon to 4 p.m. Stop by and say hi.

Have a good month, everyone. On to summer!

—Kris Voigt

had purchased property on Bella St. and worked with Margaret Fleek to get the FEMA maps corrected to show that Bella was not in the flood way. The maps were corrected and

the residences are not required to purchase flood insurance.

- Fire Chief Bates stated the heater on the north end of the Fire Hall does not shut off; he'll investigate.

## Business Spotlight: Cascade Dental

By Bill Mueller

Tucked into the corner of Hospital Way and Collins Rd. in Sedro-Woolley is a general dentistry practice that is known for its observance of the Golden Rule. For Drs. John Matterand and Larry Forsythe of Cascade Dental, patient comfort is the priority.

Many people have a fear of dentists, so Larry and John work hard to relieve those fears. "We won't put anything in a patient's mouth that we wouldn't put in our own," says John.

That philosophy extends to the practice's well-trained staff, which assists the dentists to provide full dental care for all levels of need. To accommodate customers who can't make a daytime appointment to have dental work done, they are open into the evening on Mondays.

The practice employs leading-edge



Cascade Dental is located at 2261 Hospital Dr., Ste. 101, in Sedro-Woolley.

knowledge, technology, and materials, including a tooth-colored material that allows the dentists to perform less-expensive reconstruction on a tooth, rather than crowning it.

Dental care expense is always on their radar. Financing is offered through "Care Credit" at their practice, because they don't want anyone to miss out on taking care of their dental needs for any reason. Part of the motivation for this is because both men are Pacific Northwest natives: John grew up in Clear Lake, while Larry spent his formative years in Ferndale.

John Matterand always knew that he'd end up back in his hometown after high school and college. So he earned his DDS degree at Loma Linda University in California, then headed back north to establish his dental practice, settling into Clear Lake again. He and Sylvia, his wife, have been there for more than 30 years now; they are well known, well loved, and thoroughly invested in the community.

Cascade Dental has been John's career and focus long enough to have treated patients at an early age and watched them grow up and bring their own children in for his care.

John and Larry have been working together for years. Larry received his DDS degree from the University of Washington. Both John and Larry love the outdoors. They go pheasant hunting every year together. Fishing, crabbing, hiking, and biking also figure into their getaway time.

Involvement in the community is very important to both dentists. They have contributed in many ways to schools and other community groups over the years.

the SmileMobile's stay.

The SmileMobile accepts State of Washington Services Card (Provider One) and a sliding-fee scale based on family income as reimbursement for service.

The SmileMobile travels the state year-round, offering oral health examinations to children who might not otherwise have access to dental care. Funded by Washington Dental Service and in partnership with Seattle Children's Hospital, the SmileMobile provides services including exams, preventive care, fillings, and minor oral surgery to children from low-income families. Since 1995, SmileMobile dental professionals have examined and treated more than 30,000 youngsters in communities throughout Washington State.

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Drs. John Matterand (left) and Larry Forsythe lead the team at Cascade Dental in Sedro-Woolley, where patient comfort is the priority.

Larry has worked for years in the SmileMobile mentioned in the article below, and continues to donate his time to that worthy effort. Many of the doctors' patients are people that they have come to know simply because they've lived in the area for so long.

Want to learn more about Cascade Dental and the dentists who have given it such a great reputation? Go online to [www.cascadedds.com](http://www.cascadedds.com) for a closer look at John and Larry and their team of professionals. Doing so will probably find you calling for an appointment.

### At a glance:

## Cascade Dental

**Where:** 2261 Hospital Dr., Ste. 101  
Sedro-Woolley

**Hours:** Mon., noon–7 p.m.  
Tue.–Thur., 8 a.m.–5 p.m.

**Phone:** 360.856.6011

**Web:** [www.cascadedds.com](http://www.cascadedds.com)

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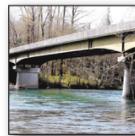
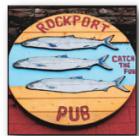
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# Rockport



## Illabot Creek Road will stay open

EVERETT — Mt. Baker-Snoqualmie National Forest won't close the Illabot Creek Road anytime soon. A decision to dismantle the road and remove culverts and bridges was withdrawn March 27 in response to public appeals. Illabot Creek Road is two miles south of Rockport, off of State Route 530.

Mt. Baker District Ranger Jon Vanderheyden proposed last December to close about 14.5 miles of the crumbling road to reduce road maintenance costs and save fish habitat. The Illabot is an old timber access road built in the 1960s at slope breaks with an aging road drainage system.

"Slope failures, erosion, and sediment are reducing water quality, affecting spawning gravels and fish habitat for endangered Puget Sound Chinook, Steelhead, and bull trout," Vanderheyden said. He also hoped to reduce the

ecological impact from concentrated recreation use going to high mountain lakes in designated wilderness.

Five individuals appealed the decision, saying they wanted the road open so they could get to trails leading to a series of high lakes in northern Glacier Peak Wilderness. One tribe appealed, saying the closure would block access to areas important for the exercise of their treaty rights.

The decision was withdrawn based on the recommendations of a Forest Service appeal review team that studied the appeals, environmental analysis, and project record.

Vanderheyden said the forest will revise the analysis and documentation, and issue a new decision next year if funds can be obtained to complete the work. "Road maintenance funds fall far short of maintaining our current road system. Without cuts in the road network, environmental damage is inevitable," he said.

—J. K. M.

## Open house to present preliminary Skagit River flood risk management plan

SKAGIT COUNTY — Skagit County and the U.S. Army Corps of Engineers will host an open house on May 7 from 4 to 6 p.m. at the Skagit County Administrative Building, 1800 Continental Place, Mount Vernon.

The purpose of the meeting is to present preliminary alternatives and to solicit feedback from the community on proposals from the Skagit River General

Investigation, which seeks to identify the challenges and opportunities associated with managing flood risk and to develop a watershed scale flood risk management plan. The preliminary alternatives will be further refined based on public input and additional technical analysis.

For more information or to submit comments on the alternatives, contact Project Manager Daniel Johnson, U.S. Army Corps of Engineers, at daniel.e.johnson@usace.army.mil or 206.764.3423. Comments should be submitted no later than May 24.



With the Backcountry String Band providing a tune and rhythm, attendees of the April 28 KSVU 90.1 FM Benefit Dance & Potluck try their feet on the dance floor at Marblemount Community Hall. Look for an update on the Upper Skagit radio station's fundraising efforts in the June issue of *Concrete Herald*.

## KSVU 90.1 FM nets more than \$1K in week-long pledge drive

Shortly after celebrating its one-year anniversary, the Upper Valley's fledgling community radio station held its first membership drive during the week of April 16.

By the end of the week, the station had brought in \$1,155 in pledges, enough to cover the station's expenses for a full month. The Concrete studio eventually will need to support its infrastructure, which includes a broadcast tower lease, the studio building rent and utilities, fees for syndicated programming, and more.

"We are thrilled with the local support," said Christie Fairchild, a KSVU volunteer who lives in Rockport.

The station followed its pledge week with an April 28 benefit dance and potluck event at Marblemount Community Hall. The event included folk, square, and Cajun dancing to music from Backcountry String Band and Mumbo Gumbo. A raffle provided an additional revenue stream to the \$5 suggested admission fee.

Fundraising for KSVU 90.1 FM will continue beyond the April push. For more information on contributing to the station, call the Concrete studio at 360.853.8588 or send an e-mail to mail@ksvu.org.

—Christie Fairchild

## PIONEERING TODAY

### Spring edibles

By Melissa K. Norris

I'm sure the pioneers looked forward to spring as much as we do. Two of my favorite spring things are morel mushrooms and rhubarb.

Without grocery stores at their convenience, the pioneers had to live off of what they'd put up the previous summer. By spring, I'm sure they were excited for fresh food.

April is morel time at our house. We eagerly search the leaf-carpeted forest floor for signs of the mushroom, hollering in excitement when a morel is spotted beneath its hissing place. My son can't wait for them to soak overnight before we fry up a batch. He's been known to eat the entire batch if not stopped.

My other early spring favorite is rhubarb. I love rhubarb strawberry jam and rhubarb pie. But my favorite is rhubarb strawberry dump cake. When I was a little girl, our neighbor baked one and at the spry age of 7 I knew it was a keeper. I walked up the street to her log cabin and asked for the recipe:

### Strawberry Rhubarb Dump Cake

- 1 box yellow cake mix
- 4 cups diced rhubarb
- 1/4 to 1/2 cup white sugar
- 1 3-oz. package strawberry Jell-O
- 1 cup cold water
- 2 Tbs. butter

Grease a 9x13 baking dish and place rhubarb in pan, sprinkle sugar over it, then Jell-O, then dry cake mix. Pour water over all of this and dot with butter. Don't stir! Bake at 350 degrees for 1 hour.

Make sure to keep animals away from your rhubarb. The leaves are poisonous, so only use the stalks. I slice them up and toss them in a freezer bag so I can make this yummy dish all year long.

For other great recipes and tips, go to my Web site, [www.melissaknorris.com](http://www.melissaknorris.com).

*Melissa K. Norris is a Christian fiction novelist who lives in Rockport. For more "Pioneering Today" articles, go to [www.melissaknorris.com](http://www.melissaknorris.com).*

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# Darrington



## Darrington Day descends again on May 26

It's time once again for Darrington's annual celebration of wildflowers, waterfalls, and outdoor adventures. This year's Darrington Day event will be held Sat., May 26, from 10 a.m. to 4 p.m.

Enjoy live music at Old School Park sponsored by the Whitehorse Musician's Guild, featuring music of the 1950s, 1960s, and beyond. Performers including Freddie James will play rock, pop, blues, and more. Music will start at noon and last until dusk. The day will end with a laser show against Gold Hill.

Find old-fashioned hospitality with goodies and coffee at the Darrington Senior Center, 1115 Darrington St., and see the historical logging display by the Darrington Historical Society. There also will be several photos needing identification, so this could be a great event for the grandparents!

The Darrington IGA at 1090 Seeman St. will offer its famous smoked ribs on the grill, as well as a booth for barbecue pulled pork sandwiches, a fundraiser for a local community member. Watch the DVD there of another event coming Sept. 22: the colorful storytelling of Patrick F. McManus by Tim Behrens.

At Mountain Loop Books & Coffee, 1085 Darrington St., meet author Aaron Young, who will sign his new book on waterfalls of the Mountain Loop Highway, plus author Brenda Ballard, who will sign her new book about colorful local history.

Browse the local vendors at the Darrington Open Air Market, hosted by Darrington Hardware at 1220 SR 530 NE. Look for vendors in other locations around town too.

Don't forget to keep a lookout for Smokey the Bear and possibly a Sasquatch too.

—Marla Skaglund

## May calendar

**Mansford Grange Spring Plant & Bake Sale** will be held Sat., May 5, from 10 a.m. to 3 p.m. at the Mansford Grange in Darrington. Come browse the plants for sale and check out the homemade baked goods. For more information, call 360.436.2107.

**Play Days at the Rodeo Grounds**, located at 42109 SR 530 NE in Arlington, start in May and run through September. Plays start at 10 a.m. and finish when everyone is done with the games. This year's dates:

- May 12–13
- June 8–9
- July 14–15
- Aug. 4–5
- Sept. 8–9

**Game Night & Potluck** is scheduled for Sat., May 26, at Mansford Grange, 1265 Railroad Ave., Darrington. Come early to enjoy the potluck at 5 p.m.; it's a great way to visit with friends or to make some new friends. Then get ready to play Gift Bingo; it's easy and loads of fun. Win a Bingo and get a special little gift.

## June events

**Cascade Senior Center's Plant & Rummage Sale** will be held Fri. and Sat., June 1–2, from 9 a.m. to 4 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. This year, look for lots of annual and perennial plants for sale outside from vendors and local gardeners. Head indoors for the large rummage sale.

Mark your calendar now for the annual **Timberbowl Rodeo**, coming June 23–24 to the rodeo grounds, located at 42109 SR 530 NE, near Arlington.

—Marla Skaglund



"You're killin' me, Smalls!" Darrington's Alisa Vargas shares a relieved laugh at third base with Darrington fastpitch coach Sue Howard after Vargas managed to escape a pickle during the Lady Loggers' April 20 doubleheader against Concrete. Darrington lost a close first game 8–6, but shredded the Lady Lions in the second game, 10–running them in the fifth inning and taking home a 15–5 win.

## State Parks seeks volunteer park hosts

OLYMPIA — Washington State Parks and Recreation Commission is seeking enthusiastic and interested volunteers to serve as hosts at state parks throughout Washington.

Hosts are needed year-round in state parks all across Washington. They assist

park staff and perform a variety of tasks. Hosts receive free camping and hookups in exchange for performing these duties.

For a list of volunteer and host openings, go to [www.parks.wa.gov/](http://www.parks.wa.gov/) volunteers.

Anyone interested in serving as a host should contact cindy.jorgensen@parks.wa.gov or 360.902.8612, or laney.mcintyre@parks.wa.gov or 360.902.8617.

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# Marblemount



## Electrical fire destroys home

An April 17 fire destroyed a Marblemount rental house on Clark Rd., where the Besio family of four lived with their three dogs.

The fire was electrical in nature and started around 9:15 p.m., according to Star Besio, who lived in the house with her daughter, Stevie; her father, Lewis; and her stepmother, Carol. The family lost most of their belongings.

Not surprisingly, the days following the catastrophe have been difficult for the family, which has split into two groups: Lewis and Carol are staying in a Concrete rental property, and Star and Stevie have found (very) temporary housing at a Mount Vernon hotel. Star said she was able to pay for the hotel room with a \$500 gift card given her by the Skagit County Sheriff's Office Benevolent Association. Other friends also have helped meet the family members' immediate needs, she said. "I want to thank everyone who has contributed to our family."



An April 17 house fire left the Besio family of Marblemount scrambling to find places to live and replace their belongings. This photo shows three of the family members: Star, Lewis, and Star's daughter, Stevie. Lewis' wife, Carol, also lived in the home. *Submitted photo.*

The family's lives remain tumultuous in the wake of the fire. Star asked that anyone wishing to donate to her and Stevie may consider "any kind of gift card." Interested donors should contact Lewis directly to learn where he and Carol's greatest needs lie.

Star can be reached at 360.391.7866. Lewis' phone number is 360.853.3800.

## Youth Conservation Corps recruiting youth

North Cascades National Park is recruiting for six youth ages 16-18 for this summer's Youth Conservation Corps (YCC) in Marblemount, from June 18 through Aug. 9.

The work schedule will be Tue. to Fri. from 7 a.m. to 5:30 p.m. (10-hour shift).

The rate of pay is \$9.04 per hour.

Applications are available at the North Cascades National Park Service Complex office at 810 State Route 20, Sedro-Woolley, at the Marblemount Ranger Station, or by phone or e-mail from Michael Brondi at 360.854.7275 or michael\_brondi@nps.gov.

Completed applications must be received at the North Cascades National Park Service Complex no later than May 11.

Mark your calendars...

## Upcoming reunions

**Rockport/Marblemount Old Timers/School reunion** will be held Sun., Aug. 19 at the Howard Miller Steelhead Park in Rockport. We'll eat around noon. Bring your favorite potluck dishes. For more information, call Penny LaFleur Mitchell at 360.856.6465.

**Concrete High School classes of the 1950s** will be held Sat., Aug. 18 at the Skagit View Village in Concrete. Eating will start around 1:30 p.m.; bring your favorite potluck dish or dishes. For more information, call Bonnie Drake at 360.853.8233 or Penny LaFleur Mitchell at 360.856.6465.

—Penny LaFleur Mitchell

## The bears are back

How to be bear smart and keep people and bears safe.

Right now, bear-human encounters are on the rise as bears emerge from their winter dens in search of food. Almost all of Washington State is black bear country, and the Grizzly Bear Outreach Project (GBOP) is asking people to take down winter bird feeders and secure trashcans to help keep the hungry bears out of residential areas.

Bears can lose more than half their body weight during winter denning; upon awakening, they look for the highest nutritional value and protein content for the least expenditure of energy.

"Around 90 percent of a bear's diet is made up of wild plants, but unfortunately they will happily devour human sources of food when they are accessible," said Chris Morgan, bear ecologist, co-director of GBOP, and host of the PBS Nature series "Bears of the Last Frontier."

"Unfortunately, when humans leave attractants out, bears can start looking for easily accessible food in all the wrong places, including porches, sheds, garages, garbage cans, barbecues, kennels, and bird feeders. Prevention is key here," he said.

Morgan emphasizes that people in residential areas can play an important role in reducing encounters by staying well informed and taking four simple steps around the home:

- Keep garbage indoors until just before the pick-up service arrives.
- Remove bird feeders (including hummingbird feeders) during bear season (April through November).
- Clean barbecue grills after every use.
- Keep pet food indoors.

### Bear smart in bear country

*At your home or ranch*

- Do not leave human food outside where bears can find it.
- Store garbage indoors or in bear-resistant garbage cans and do not put garbage out until shortly before the pick-up service arrives.
- Keep barbecue grills clean and free from grease. Store them inside, if possible.
- Make sure that bird feeders, birdseed,

suet, and hummingbird mixes are not accessible to a bear.

- Keep pets inside at night, if possible. Remember: If bears have gotten into your garbage or livestock feed, remove the attractant immediately. Repeated use of a site by bears is much harder to stop than a single instance.

*At your campsite—setup*

- Be aware of your surroundings. Investigate your site before setting up camp, and then establish a clean camp that is free from odors.
- Avoid camping next to trails or streams, as bears and other wildlife use these as travel routes.
- Avoid camping near natural bear food sources such as berries.
- The 100-yard rule: When not camping in a National Park or other areas with designated camping sites, locate your cook area and food cache at least 100 yards downwind from your tent.

*Food storage*

- Never leave food unattended in your campsite unless it is properly stored.
- Do not bring food or odorous nonfood items into your tent. This includes chocolate, candy, wrappers, toothpaste, perfume, deodorant, feminine hygiene products, insect repellent, and lip balm.
- Avoid canned foods with strong odors such as tuna.
- Place food in bear-resistant storage containers (available at some campgrounds) or store it in your vehicle.
- Where this is not possible, cache your food by placing it inside several layers of sealed plastic bags (to reduce odor) and a stuff sack (waterproof "dry bags" work well). Then hang it high.
- Remember to hang pots, utensils, cosmetics, used feminine hygiene products, toiletries, and any other odorous items with your food and garbage.

*Cooking*

- Never cook or eat in your tent. Food smells may attract bears and other wildlife.

For more information on being bear smart, go to [www.bearinfo.org](http://www.bearinfo.org).



# Newhalem



## WSDOT aims for May opening of North Cascades Highway

As of April 28, State DOT crews were eyeing the week of May 7 for reopening the pass to through traffic, an adjustment after inclement weather dashed their hopes of opening by the first weekend in May.

Crews began spring snow-removal efforts on the North Cascades Highway on March 26, working from the east side. An April 26 e-mail update from WSDOT's Jeff Adamson and Dustin Terpening told of "awful" weather conditions, with rain becoming snow at higher elevations.

"That ramped up the avalanche danger to the point that the avalanche crew pulled everyone off the mountain," said the e-mail.

The weather delayed the clearing on the

east side; that crew was unable to reach Washington Pass on schedule, stopping them in more than 60 feet of snow below Liberty Bell avalanche chute no. 3. The west-side crew's progress ended just below Rainy Pass, leaving about seven miles between them and the east side crew.

According to WSDOT, the target for opening the pass has always been to have it cleared for Winthrop's 49'er Days, which is scheduled for May 12-13 this year. Opening the pass by that weekend is still realistic, said the e-mail, "if weather and equipment cooperate."

WSDOT's annual reopening work this year started almost three weeks earlier than last year, but progress was delayed by weather. West-side crews near Diablo couldn't begin work at the same time as the east-side crews because of heavy snowfall: nearly 10.5 feet at Rainy Pass as of March 27.

For maps, pictures, FAQs, and a history of opening dates, go to [www.wsdot.wa.gov/traffic/passes/northcascades/](http://www.wsdot.wa.gov/traffic/passes/northcascades/).

To sign up for automatic e-mail updates, go to <https://public.govdelivery.com/accounts/WADOT/subscriber/new?>



This April 26 photo shows WSDOT crews digging into a 60-foot snowpack at Liberty Bell Avalanche chute no. 3. Poor weather conditions and additional snowfall at higher elevations delayed the pass opening target by about a week. WSDOT officials now say an opening during the week of May 7 is likely. *Photo courtesy of WSDOT.*

## Red Cross to sponsor drills encouraging emergency preparedness

The Mt. Baker Chapter of the American Red Cross is sponsoring and participating in several drills this spring to ensure that equipment, staff, and volunteers are ready when needed.

The effort began with a radio drill on April 13, when the Red Cross tested its radio equipment, including the Red Cross frequency, as well as amateur radio capability throughout Whatcom and Skagit counties. The drill specifically targeted remote areas such as Lummi Island, Sudden Valley, Point Roberts, Kendall, and Concrete, as well as less remote sites in both counties.

On that day, the Red Cross tested 22 radios in 19 locations. This test checked radio functioning and coverage throughout each county and assisted the Radio Team to mitigate any deficiencies.

From June 5-6, a nine-county earthquake drill will be performed to exercise all activities after a large earthquake in the region. The Red Cross will open

and staff a disaster headquarters, as well as one shelter during the drill. Shelter workers, feeding teams, logistical support, health and mental health professionals, and damage assessment teams will be activated. Volunteers acting as disaster clients will present challenges to the Red Cross workers, encouraging them to practice their skills and problem-solve on the spot. The drill will test large-scale disaster capabilities within the Red Cross and within Skagit County and its participating agencies.

"Drills are an essential part of the planning process and a great opportunity to work with local governments and other agencies to prepare our community for times of disaster," said Stacy Rice, Emergency Services manager at Mt. Baker Red Cross. "Through drills we continue to train and practice different scenarios to ensure we are prepared for all types of disasters."

To learn more about these practice drills, contact Stacy Rice at 360.733.3290, ext. 1019, or [stacyr@mtbredcross.org](mailto:stacyr@mtbredcross.org).

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# Seniors



## Coffee Break

### All those clothes

By Patrick Kennedy

Look at your closet. It's filled from end to end and top to bottom. Where did all those clothes come from? You probably bought the house you are in because of all the closet space.

There is a theory that if you haven't worn an item in a year and you're not willing to wear it tomorrow, it should be tossed out. But sometimes Memory Lane takes over. Instead of getting rid of most things, you look longingly at them, remembering all the good times you had while wearing them. The shirt your friend gave you before the big dance or the one you wore to your first job. And that pink-and-black-polka-dot tube top will surely get used again for some 80+ party someday, right?

End to end, the clothes rod in the closet holds years and seasons of garb that were useful once, or may be useful today, if the time and weather is right. In summer, the winter clothes are at the back end. In winter, the opposite is true. If you are retired, the work clothes and ties hide behind all

the functional and no-nonsense hangers full of wraps, coats, sweaters, golf shirts, golf shorts, old jeans, new jeans, and shirts and blouses that caught your eye one afternoon while browsing at the mall. There's even that Western-style shirt you bought when you went to the rodeo once.

On the floor of the closet lie the one or two dozen pairs of shoes you've been tripping over while examining the clothes rod. Three pairs of tennis shoes! Why do you need three pairs when you only wear one once in a while? Slippers, flip-flops (we called them "thongs" in our day), and those comfy leather-strapped sandals that looked so cool, but always fell off your feet and hurt your calves to walk in. Brown and black dress shoes, walking shoes, running shoes (not sneakers), hiking boots, work boots, and those penny loafers—really?

So many scenarios and environments helped to fill that closet: body weight, seasons, moods, friends, entertainment, this job, that job, this hobby, that hobby, this friend, and that friend ... and, of course, the ultimate and borderline-criminal progression: age. Pegged pants and full, billowing skirts are too young for you now, too dated, and probably not in the closet anyhow. Besides everything else, tastes change, but the Memory Lane stays the same and the huge box you were going to fill for charity gets smaller as each item in the closet becomes cherished and not charity.

Patrick M. Kennedy is the author of *Being a Senior Citizen*. Find it at [www.funwithretirement.com](http://www.funwithretirement.com).

## Way Back When

### 80 years ago

*May 12, 1932:* At the regular meeting of the county commissioners last week, a supplementary agreement between the Dept. of Agriculture and Skagit and Whatcom counties in regard to the construction of the Baker Lake highway was accepted and signed.

The agreement covers the allotment of an additional sum of \$20,000 from the forest roads appropriations to this highway,

to continue the work on the road. This makes a total appropriation of \$210,000 of federal money that has been used on this road, and it is believed the present allotment will be sufficient to complete the construction work to Baker Lake, as only a small section remains to be built.

*May 12, 1932:* Johnny Meins, an 18-year-old Hamilton lad, killed one of the largest cougars seen in this part of the county for some time, last Friday evening, and bagged his game with a .22 rifle.

Meins, with friend Lee Garland, had started out to hunt mushrooms,

See **Way Back**, p. 29



**70 years ago.** This Memorial Day cartoon appeared in the May 28, 1942, issue of *Concrete Herald*. Memorial Day is May 28. Archive photo.

## Concrete Center May 2012 Activities

Lunch served  
Mon. - Fri., noon

### Mondays

9:30 a.m. Jigsaw puzzle  
9:30 a.m. Beginning quilting  
9:30 a.m. Men's group  
11:30 a.m. Couponing  
12:30 p.m. Skip Bo

### Tuesdays

9:30 a.m. Jigsaw puzzle  
10 a.m. Dominoes  
12:30 p.m. Skip Bo

### Wednesdays

9:30 a.m. Advanced quilting  
9:30 a.m. Jigsaw puzzle  
12:30 p.m. Skip Bo

### Thursdays

9:30 a.m. Jigsaw puzzle  
9:30 a.m. - 2 p.m. Wii Sports play  
10 a.m. Open studio  
watercolors  
12:30 p.m. Skip Bo

### Fridays

9:30 a.m. Jigsaw puzzle  
10 a.m. Movie (viewers' choice)  
12:30 p.m. Dominoes

### Special Events

5/3 9:30 a.m. Foot care  
5/9 11 a.m. Advisory Board mtg.  
5/9 12:30 p.m. Bingo  
5/22 12:15 p.m. Leap of Faith  
5/30 12:30 p.m. Bingo

### Closures

5/25 Furlough Day  
5/28 Memorial Day holiday

## Continue the cycle

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recycle  
this  
newspaper



## Way Back, cont. from p. 28

taking the rifle along. They were walking along a trail about a mile and a half northeast of Hamilton, with Meins some distance ahead. He heard a rustle in the brush and glanced up—and he admits he was scared when he saw a huge cougar crouched on the ground less than 10 feet away.

Meins threw the small gun to his shoulder and took careful aim for the center of the big cat's forehead. The cougar dropped, but Meins fired another shot for good measure—then turned and ran down the trail.

The cougar measured 7 feet from nose to tail tip, and weighed 116 pounds.

### 60 years ago

*May 8, 1952:* At noon last Saturday, the two sides of the Dallas Bridge span met over the Skagit River, connected into one continuous arch. The test of good engineering and construction was passed when the holes for the joining pin came within inches of perfect alignment. Tilting of the two spans by hydraulic jacks at each end brought the steel into position for driving the first pin into place. Work is expected to proceed swiftly from this point, as the balance of the steel is placed and riveted.

*May 8, 1952:* Concrete Town Council had an interesting request tossed into their lap Monday evening, when Councilman Lowell Peterson stopped the proceedings by asking that he be appointed official keeper of the town zoo. It was a serious request, his plan being to establish a municipal zoo in which he would arrange to keep the various wild animals picked up from time to time in this area.

### 50 years ago

*May 10, 1962:* Magnus Miller of Van Horn suffered a badly cut foot while cutting cedar poles near his home Sunday. His axe bounced on a vine maple and struck his foot.

## An occasional comment

By Jeanne Malbrain

Today the media (almost nonexistent in my day) touts the rapes that are going on in the military. Why?

I spent two years in the U.S. Army, first as a WAAC (Women's Auxiliary Army Corp) and later as a WAC (Womens' Army Corp). One night, a soldier parked his car and entered the barracks where I lived and asked if anyone wanted to go to the movies. I said I would. So, we went to the car. I was introduced to two couples in the back seat. We drove off.

Next thing I know, we were in a heavily wooded park in the D.C. area. The driver stopped the car and the two couples got out and disappeared into the woods. This was the movies? Then the driver opened his door and said, "Let's go."

Where? Was the theater in the woods? I didn't think so. I said so. He shut the door and asked me what I thought we were going to do. I said, "Go to the movies, period." He shut the door and we both were silent. Finally the two couples came back to the car and we went to the movies.

Some days later, the driver called the barracks and I answered the phone. He said he was going to dinner and wanted a companion, but not me. He asked who else was in the barracks. I told him Kershnik. He said never mind. Would I like to have dinner? I said yes. We did. We returned to the barracks and that was that.

He could have tried to rape me. Why didn't he try? I probably would have "killed" him before he could. A good swift kick to the "you know where" is the most efficient way to disarm and totally unexpected, and then you can run like hell to the nearest anything.

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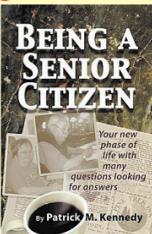
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## Being a Senior Citizen



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## Sunday School lesson Prescription for joyful living

By Bruce Martin

The Christian life is not a life devoid of trouble or hardship. There is no such thing! However, there is a life of faith and joy in the midst of such difficulties, because of the indwelling presence of the Holy Spirit in the life of every believer.

It has been said that joy is not simply the absence of suffering; instead, it is the presence of the Lord in our lives. It is that joy that gives us strength when times are tough and reminds us of God's promise never to leave or forsake us.

In the wonderful letter to the Philippian believers, the Apostle Paul describes what I like to call "a prescription for joyful living." It is found in the fourth chapter of the New Testament book of Philippians. The paragraph heading simply says, "Exhortations." An exhortation is a strong encouragement to make right choices.

I would like to express these encouragements with a series of single words. The first is the basis for all the other prescriptive encouragements.

### Forgive (Phillipians 4:2-3)

If you are sick and go to the doctor, he may prescribe an antibiotic to help your body fight the bacteria that is making

you sick. Before you leave the office, the doctor will always say something like, "take all of the medication please." Why? Because the tendency on our part is to stop taking the meds as soon as we feel better. The problem is that the medication does not always have the chance to complete the job it was intended to do. In this passage Paul is encouraging two women who are at odds with one another to forgive and make things right between them. God's forgiveness equips us to forgive others when we are wronged and to continue to do so. To be quick to forgive and extend forgiveness creates a foundation of spiritual health in our lives.

### Rejoice (verse 4)

The encouragement to "Rejoice in the Lord always" is the second prescription for joyful living. When we rejoice continually, it is a way of outwardly expressing our inward joy. It may come out in singing or in expressions of praise to God for what He has done and is doing, as well as a recognition of who He is. It is a way of encouraging others to trust the Lord as well. Thanksgiving and praise are expressions of rejoicing and joy, and flow from a heart that has been transformed.

### Stop worrying (verse 6)

The third prescription is one we all need to take on a daily basis: "Don't be anxious about anything!" We could probably say

that we have worked to perfect the art of worrying. Jesus asked the question: "Who of you by worrying can add a single hour to his life?" (Matt. 6:27). If there is a way to forfeit our joy, worrying would have to be one of the easiest ways to do it. We live in a world where there are many things to fret or stress about. The apostle doesn't leave us there to deal with all this by ourselves. Instead he reminds us not to worry about everything, but to pray about all those things that cause anxiety.

### Pray (verse 6)

We find in these verses not only words of encouragement, but a complete prescription of many kinds of prayer that will cause our joy to grow. These are prayers for specific requests, knowing that God hears us when we pray. He is concerned about our lives, our needs, and our situations. He invites us to cast our cares upon Him because He loves us. Prayer is the Lord's invitation to personal spiritual fellowship and friendship, as well as spiritual growth and understanding. Time spent in His presence will bless our lives. As the Psalmist wrote: "You will fill me with joy in Your presence."

### Promise (verse 7)

The final thought of the paragraph is a prescriptive encouragement to fully embrace the promise of God's peace. "And the peace of God which transcends

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understanding will guard your hearts and minds in Christ Jesus." Peace and joy are named in scripture as fruits of the Holy Spirit or evidences of His presence and work in the lives of believers. Each of these exhortations are truly God's way of filling our lives each day with the joy He alone can give. His promise is to guard and protect our hearts and minds.

Let's take the whole prescription so that the medicine of God's love will continue to heal and transform not only our lives, but also the lives of everyone around us.

*Bruce Martin is pastor of Concrete Assembly of God.*

## Obituaries online

Obituaries published in Concrete Herald from May 2009 to present are being posted online at:

[www.concrete-herald.com/obituaries](http://www.concrete-herald.com/obituaries)  
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## Skagit County Sheriff's Office Blotter

### April 1

Neighbors in the Grip Rd. area of Sedro-Woolley reported seeing a black truck whose occupants possibly were stealing scrap metal. The suspect was confronted by the neighbor, but left shortly after. Deputies tracked down the truck and found stolen items from the property in the back of the truck. The suspect was contacted and taken into custody for theft and two outstanding warrants.

A female Cape Horn caller reported that she received a call from her sister saying that her husband was "flipping out" and needed help. Deputies were familiar with the male and female and also were aware that he was not to have any contact with the female. Deputies arrived and were not able to locate the male. They were allowed inside the residence and eventually located the male hiding beneath some bedding in a bedroom. He was taken into custody and booked into jail. He admitted to knowing he wasn't supposed to be there.

### April 2

A vehicle was stopped near Clear Lake for having a headlight burned out. The deputy learned from the driver that he was acting as the designated driver for the passenger. However, it was revealed that the designated driver had a suspended driver's license. He was cited and they waited for a licensed driver to pick them up.

### April 3

The owner of a seasonal cabin near Hamilton called to report that he was missing multiple items from his cabin. This was the second time in a four-month stretch it had been burglarized. It appears the burglars used a ladder to gain entry through an upstairs window. Many tools were missing from inside the cabin. The separate garage also had been entered and many tools were taken. Deputies investigated and have no suspects at this time. Deputies are following up on some leads.

### April 4

A Marblemount man reported his Chevrolet Blazer was taken by an unknown person. The vehicle was eventually located on a logging road off Medford Rd. in Hamilton. Deputies located one of the occupants of the vehicle; however, he told the deputies he was picked up and had no idea the Blazer was stolen. The owners recovered their vehicle. The next day the suspect who was driving the Blazer turned himself in to the Sheriff's Office. He said he was given the keys at a party. Deputies are

still investigating and no charges have been filed at this time.

A citizen followed a vehicle on SR 20 and on Concrete Sauk Valley Rd. near Concrete, observing it weave in and out of its lane of travel. Upon the deputy arriving in the area, the suspect vehicle was located parked nearby at a motor home. The deputy contacted the male who matched the description of the driver. He admitted to recently driving the car and drinking. A battery of tests was administered and the male was taken into custody for DUI.

### April 5

A female caller reported a domestic dispute at a Pringle St. home in Clear Lake. Deputies arrived and contacted a male subject who was very loud and intoxicated. He was being uncooperative and had to be forcibly restrained in the front yard. Deputies determined he was the aggressor; he was charged with assault and booked into jail. No injuries were reported, but a remote control was broken.

A male and female were observed cutting firewood on the Cascade Trail near Birdview. They also were driving their truck on the trail to gather the wood. Deputies contacted the subjects and they admitted to being "lazy" and not wanting to pack the wood out by hand, and that is why they drove their truck on the trail. It was later determined that they had no permission from the Parks Department to cut any firewood. Citations will be issued.

### April 7

Deputies were told of a theft at the Lake Shannon boat launch near Concrete. Two workers in the area were out in the lake; they noticed a group of people at the boat launch in two vehicles. When they returned from the lake, they noticed their chainsaw was gone from the back of their truck. Suspects' names were given and deputies are following up on the case.

A male caller reported a fight outside a business in Rockport. He said he and his friend were contacted outside by two males. The two suspects were yelling at them and eventually assaulted both of them. There were visible injuries when the deputies investigated. Witnesses were contacted and said that no fight occurred. The suspects were not located to find out their side of the story. Deputies are continuing their investigation.

### April 8

A female Clear Lake caller reported that her husband had assaulted her. Upon the deputies' arrival, they noticed red marks on the female's face where she claimed she was slapped. She was also wet from a glass of liquid being thrown on her. The

See Sheriff's Blotter, p. 33

## Sergeant's corner

By Skagit County  
Sheriff's Sergeant  
Chad Clark



For the past two months, I have discussed ways to become aware of your surroundings and things to look for in your neighborhood. Being a victim of a crime is not a good situation to be in. At some point, many of us will fall prey to a thief who is looking for an easy score. If that happens, there are ways to be prepared for being a victim of a property crime.

Since January, the eastern part of our county from Lyman past Marblemount has experienced 33 reported burglaries. The trends on these burglaries appear to be at residences where nobody was home at the time. Some of them have also been unlocked sheds.

Burglars are looking for items they can quickly sell. Often, they use pawn shops as their buyers. Items that are popular with thieves include guns, televisions, stereo equipment, cameras, tools, chainsaws, money (collections of coins), and computers.

This is a small list of items that we normally see stolen. These items can be difficult to track down, but there are ways that you can help us.

- Make an inventory of your household items. Within that list include serial numbers, model numbers, color, value, engravings, and any other information that you feel will assist us in the recovery of your property.
- Take photos of your property. The items that you store outside are easier targets for thieves, so it's very important that you inventory those items. Many homeowners who are burglarized do not have any valuable information about their stolen items. Being able to provide a deputy with detailed information of your property gives us a better chance of locating it.
- Cars not matching any of your neighbors' cars parked in the area.
- People who come to your door whom you do not recognize, who ask to use your phone, or who say their car is broken down. We find that these types of inquiries are done to see if anyone is home.
- Somebody walking around looking at houses on more than one occasion. This could be different if there are houses for sale in your neighborhood.
- Hearing a car idle late at night.
- Seeing a vehicle driving slowly that you do not recognize.

These are common things that you may see every day, but by being vigilant in your neighborhood, you can help us deter crime. We are in this together. By being our eyes and ears, we can make a difference.

*Chad Clark is sergeant for the Skagit County Sheriff's East Detachment in Concrete.*

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## Worship directory

<p><b>Assembly of God</b> Concrete Assembly of God 45734 Main St., Concrete; 853.8042 Sun. worship: 10 a.m. Tue.: Men's meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women's Bible study, 6:30 p.m. Bruce Martin, pastor</p>	<p>Hamilton First Baptist Church 797 Hamilton Cemetery Rd. at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m. Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor</p>	<p><b>Free Methodist</b> Day Creek Chapel 31438 S. Skagit Hwy, Sedro-Woolley Office 360.826.3696 Rick Miles, pastor Sun. worship: 10 a.m. Tue.: Women's Bible study, 9:30 a.m. Thur.: Bible study at Mt. Vernon Manor, 6:45 p.m. Fri.: Dinner/Bible study at Miles' 6:30 p.m.</p>	<p><b>Lutheran</b> Shepherd of the Hills Lutheran Church 46372 Main St., Concrete / 853.8814 Sun. worship: 10 a.m. Marcus Stroud, pastor</p>
<p>North Cascade Community Church 59850 SR 20, Marblemount 360.873.2504 // <a href="http://www.mmag.net">www.mmag.net</a> Sunday School: 9:30 a.m. Sun. worship: 10:30 a.m. Wed.: Teen Connection, 6 p.m. Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.) Thur.: Men's Breakfast, 8 a.m. Dave Nichols, pastor E-mail: <a href="mailto:pastordave@fastmail.fm">pastordave@fastmail.fm</a></p>	<p>Lyman Baptist Church 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.</p>	<p><b>Methodist</b> Central United Methodist Church 1013 Polke Rd., Sedro-Woolley 360.856.6412 / <a href="mailto:centralumcsw@yahoo.com">centralumcsw@yahoo.com</a> <a href="http://www.gbgm-umc.org/cumc-sedrowoolley">www.gbgm-umc.org/cumc-sedrowoolley</a> Adult Sunday School: 9:30 a.m. Sun. worship: 11 a.m. Marilyn Kallshian, pastor</p>	<p><b>Nondenominational</b> Community Bible Church 45672 Limestone, Concrete; 853.8511 E-mail: <a href="mailto:cbcofconcrete@earthlink.net">cbcofconcrete@earthlink.net</a> Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children's Ministries at both Contact church for other ministries Rob Thomas, pastor</p>
<p><b>Baptist</b> First Baptist Church 12732 Hemlock St., Clear Lake 360.856.2767 Sunday School: 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: <a href="mailto:pastorjohn@firstbaptistclearlake.com">pastorjohn@firstbaptistclearlake.com</a></p>	<p><b>Catholic</b> St. Catherine Mission Church 45603 Limestone St., Concrete Office: 855.0077 Weekday hours: 9:30 a.m.–1:30 p.m. Sun. Mass: 8:30 a.m. Father Martin Bourke, pastor</p>	<p><b>Presbyterian</b> Mount Baker Presbyterian Church 45705 Main St., P.O. Box 246, Concrete Church 853.8585; office 595.0446 <a href="http://www.mtbakerpresbyterian.synodnw.org">www.mtbakerpresbyterian.synodnw.org</a> Sun. worship: 9 a.m. Tom Ross, pastor</p>	
	<p><b>Covenant</b> Community Covenant Church 12605 Highway 9, Clear Lake 360.856.1023 // <a href="mailto:covenant@wavecable.com">covenant@wavecable.com</a> <a href="http://www.clearlakecov.org">www.clearlakecov.org</a> Sunday School: 9:30 a.m. Sun. worship: 11 a.m. Call for weekly youth group/Bible studies Tim Hedberg, pastor</p>	<p><b>To add your place of worship to this directory, call 360.853.8213 or e-mail editor@concrete-herald.com.</b></p>	



# Health



## EMS Commission to offer free CPR classes

The Skagit County EMS Commission will offer free CPR classes to the public during National Emergency Medical Services Week, May 20–26.

National Emergency Medical Services Week brings together local communities and medical personnel to publicize safety and honor the dedication of those who provide the day-to-day lifesaving services of medicine's first responders.

Laypersons are the first line in the CPR chain of survival. EMS professionals such as first responders, EMTs, and paramedics rely upon the public to start the process of care when someone needs immediate medical attention. To ensure that EMS professionals can do their jobs, alert citizens need to be the first to give life-saving care.

Participants in the classes will receive instruction in adult, child, and infant CPR

and Automated External Defibrillator (AED). Other topics will include choking prevention, signs and symptoms of heart attack, stroke and cardiac arrest, and prevention.

A limited number of spots will be available. Locations for the class are as follows:

- Mon., May 21, 5 to 9 p.m., Burlington Fire Department
- Tue., May 22, 5 to 9 p.m., Anacortes Fire Department
- Wed., May 23, 5 to 9 p.m., McLean Road Fire Department
- Thur., May 24, 6 to 10 p.m., Clear Lake Fire Department
- Fri., May 25, 9 a.m. to noon, Sedro-Woolley Fire Department

To sign up for the class, call the Skagit County EMS office at 360.428.3230 or 360.428.3236. For more information about this training, go to [www.skagitems.com](http://www.skagitems.com).

## Concrete Herald

## 10 best reasons a low-carb diet is unwise

By James J. Kenney

Just as your car runs best on a certain type of fuel, so does the human body. Unfortunately the latest low-carbohydrate (CHO) fad diets are not the fuel mix the human body was designed to run on. Here are the main health risks associated with consuming a high-protein, low-CHO diet over the long run.

- Heart disease risk increases.** Risk of heart disease increases greatly on a low-CHO, low-fiber diet that is high in animal protein, cholesterol, and saturated fat. All three raise serum cholesterol, particularly LDL or "bad" cholesterol.
- Cancer risk increases.** Risk of many cancers is likely to increase when most fruits, vegetables, whole grains, and beans are eliminated from the diet. The National Cancer Institute currently recommends that you eat a plant-based diet that is high in fiber and low in fat.
- Poor long-term weight control.** People on low-CHO diets who continue to lose weight after the first week do so because they decrease calorie intake. This can occur because of decreased dietary variety. Greatly limiting the number of foods that people are allowed to eat reduces their food and calorie intake. But a reduction in variety most often leads to boredom and cravings over the long run.
- Reduced athletic performance.** Athletic performance is reduced on a low-CHO diet. Since the 1930s it has been known that a high-CHO diet can enhance endurance during strenuous athletic events. Mountain climbers and skiers should be warned that a ketogenic diet greatly increases the risk of mountain sickness.
- Rising blood pressure with age.** Blood pressure will likely increase with age on a typical low-CHO diet, in part because a high-CHO, high-fiber diet includes more fruits, vegetables, whole grains, and nonfat dairy products. This diet was shown

to lower blood pressure most likely because of its higher content of key minerals such as potassium, calcium, and magnesium.

- Gout.** An excess of uric acid in the body causes gout. This excess can be caused by an increased intake of foods high in purines, which are broken down into uric acid in the body. Meat, poultry, nuts, seeds, eggs, and seafood are all fairly high in purines. Elevated levels of uric acid in the blood may lead to needle-like uric acid crystals in joints.
- Kidney stones.** Both uric acid and calcium oxalate stones are more likely to form on a high-protein, ketogenic diet than on a higher carbohydrate diet with more fruits and vegetables.
- Osteoporosis.** Over time, excess protein intake, especially from animal sources, increases the loss of calcium in the urine, which may contribute to osteoporosis.
- Fainting.** Orthostatic hypotension, or a rapid drop in blood pressure when you go from lying down to standing, is caused by a loss of fluid and electrolytes and reduced sympathetic nervous system activity. Both of these occur when your body is deprived of CHO. This may result in dizziness or even fainting when you stand quickly.
- Keto breath.** Keto breath can be described as a cross between nail polish and overripe pineapple. This is common for dieters who consume too few CHOs.

Your best bet for permanent weight loss and control, as well as good health, is twofold:

1. Increase the amount of fruits, vegetables, whole grains, beans, and nonfat dairy products that you eat.
2. Eliminate calorie-dense foods such as cookies, sugary desserts, bagels, crackers, chips, fries, pizza, candies, etc.

Research on people who have successfully lost a lot of weight and kept it off long term shows that the vast majority succeeded by consuming a low-fat, high-fiber diet coupled with regular exercise.

*James J. Kenney, Ph.D., RD, FACN, is a nutrition research specialist at Pritikin Longevity Center in Miami, Fla.*

## Sheriff's Blotter, cont. from p. 31

husband was contacted and arrested for assault.

### April 9

A male caller reported that a male and female at his property were trying to steal an old air tank. Deputies arrived and were told by the suspect that he was given permission from two people in Cape Horn that the tank was OK to take. He admitted that he realized they were not the owners. The owner requested them removed. Nothing was taken and the suspects were warned not to return.

### April 10

Deputies responded to the Helmick Rd. area of Sedro-Woolley in reference to a motor vehicle accident. The aid crew was on scene attending to the female driver. Deputies investigated and could smell

intoxicants on her breath. She denied having drunk alcohol, but a breath test proved she was intoxicated. She was cited for DUI.

### April 11

A motorized scooter was struck by a truck on Warfield Rd. near Day Creek. Deputies determined that the scooter left a driveway and turned onto Warfield Rd. without stopping. A truck was traveling south and was unable to stop prior to striking the scooter. The scooter driver was taken to the hospital by an ambulance. The truck driver was not injured. No arrests were made.

### April 12

Deputies investigated a burglary on South Brooks Rd. in Concrete. A shed had its locks pried off and entry was gained. No property appeared missing; deputies have some leads.

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### April 13

A deputy was conducting radar on Old Day Creek Road near Clear Lake when a vehicle sped by him traveling almost 20 miles over the speed limit. The car eventually stopped for the deputy and the female driver told him that she needed to drive at that speed to make it up the hill. She was ticketed and issued a citation for having a suspended driver's license.

### April 14

While conducting speed checks on the South Skagit Highway near Hendrickson Lane (Day Creek), a vehicle was spotted traveling at a high rate of speed. The car was pulled over and the driver did not have a valid driver's license. He was cited for a suspended license.

### April 15

Deputies received a call from Washington State Patrol in the Ellensburg

area that they were with a juvenile who had a car belonging to his grandmother in Sedro-Woolley. Deputies investigated and learned that the car was stolen. The child was brought back over the pass and eventually booked into juvenile detention for motor vehicle theft.

### April 17

Deputies were advised of a travel trailer at milepost 16 on the Concrete Sauk Valley Rd. near Rockport that was possibly occupied as they heard a dog bark inside. Deputies investigated; when the door opened to the trailer, a large dog aggressively came toward a deputy causing him to retreat and jump up on the hood of the truck that was towing the trailer. The deputy escaped injuries. The owner was able to gain control of the dog.

See **Sheriff's Blotter**, p. 38

## Savvy businesses advertise in Concrete Herald

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## Concrete Herald

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# Out & About



## Mount Vernon

### Law Day includes free Legal Advice Clinic

For the 18th year in a row, Skagit Valley College Paralegal program students, partnering with the Skagit County Bar Association, Skagit County Law Library, and the Skagit County Community Action Volunteer Lawyer Program, will host a Law Day Free Legal Advice Clinic.

The clinic will be held Thur., May 3, from 10 a.m. to 5 p.m. at the Skagit Transit Station in downtown Mount Vernon.

Local lawyers will be on hand throughout the day to answer legal questions for various topics, including bankruptcy, civil and criminal, divorce, child custody, domestic violence, landlord-tenant, wills and trusts, elder law, and immigration.

The Legal Advice Clinic is for walk-ins only—no appointments. Spanish-language interpreters will be available. For more information, call 360.416.7585 or 360.481.5696 (both English and Spanish).

## La Conner

### 2012 Quilt Festival planning is under way

The La Conner Quilt & Textile Museum has begun preparations for its largest fundraiser of the year: the 2012 Quilt Festival.

This year's festival will be held Oct. 5–7 and will feature an exhibition of juried and judged quilts and fiber arts in Maple Hall and the La Conner Civic Garden Club.

Festival hours are Fri. and Sat. from 10 a.m. to 6 p.m., and Sun. from 10 a.m. to 4:30 p.m. A \$10 donation includes entrance

to all venues.

#### Call for entries

The festival's call for entries deadline is June 15. The First Place winner in each category, along with the winner of each Bonus Award, will be featured in a special exhibit at the museum from Oct. 10 to Dec. 30.

This year the call for entries includes two divisions, Masters and Open, with each division to be judged separately. The contest accepts traditional and nontraditional quilts in several categories, along with wearable art and fiber art.

The event has added new Bonus Awards this year and, along with First, Second, Third, and Honorable Mention ribbons in all categories, will award a ribbon for Best of Show, Best Machine Quilting, Best Hand Quilting, Best Eco-Green, and Best Embellished.

## State

### WDFW prepares to battle northern pike

OLYMPIA — Concerned about the spread of northern pike in Washington waters, the Washington Department of Fish and Wildlife (WDFW) is gearing up for a spring campaign to halt the advance of the voracious, non-native fish toward the Columbia River.

In the coming months, state fishery managers plan to enlist anglers to remove as many northern pike as possible from the Pend Oreille River, a conduit for pike moving downstream from Idaho and Montana.

"Anglers can play a major role in this effort," said John Whalen, WDFW's regional fish program manager in Spokane. "Come spring, we're going to need their help to keep northern pike from invading the Columbia River."

A new page ([http://wdfw.wa.gov/ais/esox\\_lucius/](http://wdfw.wa.gov/ais/esox_lucius/)) on WDFW's Web site outlines the rapid proliferation of northern pike in the Pend Oreille River since 2004 and the threat they pose to native fish species.

Biological surveys conducted in conjunction with the Kalispel Tribe and Eastern Washington University reveal

a dramatic decline in native minnows, largemouth bass, yellow perch, and other fish species that inhabit the 55-mile Box Canyon Reservoir.

"Non-native northern pike are high-impact predators of many other fish," Whalen said. "We're increasingly concerned about future impacts to native trout and other species, including salmon and steelhead."

Fish managers have traced the movement of northern pike into the Pend Oreille River from rivers in Montana, where they were stocked illegally. Last spring, Canadian anglers reported catching them in the Columbia River near its confluence with the Pend Oreille, just north of the border between Washington state and British Columbia.

"That's a big concern," Whalen said. "If northern pike start spreading down the Columbia River, they could create significant ecological and economic damage."

Earlier this year, WDFW held public meetings in Spokane and Newport to discuss possible options for controlling northern pike. Regardless of what other methods are used, anglers represent a major line of defense, Whalen said. "These fish average 2-3 pounds, but can run up to 30 pounds apiece," he said, noting that there are no daily catch limits or size limits on northern pike in Washington state.

To help reduce the pike population, WDFW has proposed changing state fishing regulations to allow anglers to fish with two poles in the Pend Oreille River. The department has also proposed stripping the northern pike from its designation as a "game fish," while continuing to classify it as a "prohibited species" that cannot lawfully be transported to state waters.

The Washington Fish and Wildlife Commission, which sets policy for WDFW, will hear public testimony on that and other proposed fishing rule changes during a public meeting scheduled Jan. 6–7, 2013, in Olympia. WDFW will also accept written comments on those proposals through Dec. 30 of this year. The commission is scheduled to take action on those proposals at a public meeting Feb. 3–4 in Olympia.

For more information on the rule-making process, go to [http://wdfw.wa.gov/fishing/regulations/rule\\_proposals/](http://wdfw.wa.gov/fishing/regulations/rule_proposals/).



# Home & Garden



## Spruce up your interior with a stylish interior door

By Katy Tomasulo

Looking to update your interior, but don't want to make huge commitment? One often-overlooked opportunity is to upgrade your interior doors. Switching one or two of your plain or traditional doors to a more decorative option is a fairly simple, low-risk way to add visual interest to a room.

Here are some strategies to consider:

- If you have a "special" room in the home, such as a study, library, or entertainment room, differentiate it with a unique door; the master bedroom, particularly if it has double doors, is another good opportunity. Options include but aren't limited to popular styles such as Craftsman, a sleek contemporary look, or custom routed doors.
- For rooms with a neutral or simple color palette, add visual pop by painting the door a bold color. I once saw a white-and-gray-hued kitchen with a chartreuse pantry door. The effect was striking—yet easy to change when the time comes to resell.
- Liven up kids' rooms by painting their doors their favorite color, opting for a door carved with their names or favorite characters, or applying chalkboard or dry erase paint for an ever-changing message board.
- Install a door with glass panels to help open up the space and allow light to infiltrate farther into the house.
- Elevate your pantry by installing a door with specialty etched glass—such as the Simpson door shown above—or a chalkboard panel. Or go all-out with a one-of-a-kind unit

made with reclaimed wood. For example, a builder in Florida made double swinging pantry doors out of 400-year-old oak shutters from Burma.



Submitted photo

- Pocket doors are highly functional, especially in cramped spaces, but often can be boring. Liven them up with unique pocket door hardware, such as the Victorian reproduction options from House of Antique Hardware.
- Wall-mounted sliding doors are growing in popularity; they're typically best suited to rooms where they can be an integral decorative element. Consider reclaimed wood (such as barn siding), an eye-catching style, or colored glass. Robust track hardware in a modern finish also can help the door stand out.
- If you'd rather stick with a subtle door style or you're just not ready to upgrade your doors, consider a unique hardware piece for a prominent door in the house to add visual interest.

Katy Tomasulo has been covering the building products industry for 12 years. Read her coverage of home products and trends at [www.productsinsider.com](http://www.productsinsider.com).

### WSU Master Gardeners Plant Fair scheduled for May 12

WSU Skagit County Extension Master Gardeners will hold their annual Plant Fair on Sat., May 12, from 8 a.m. to 3 p.m. at the Skagit County Fairgrounds in Mount Vernon. Parking and admission are free. Look for starts and established

plants for sale, including annual and perennial flowers, vegetables, herbs, peppers, and more than 20 varieties of tomatoes. Master Gardeners also will be on hand to answer gardening questions, and garden, art, and food vendors will be available; look for lots of planter bowls too. For more information, go to <http://skagit.wsu.edu/MG/plantfair.htm>.

## Garden Patch

By Gladys Silrus

The sun we had during the last part of April got me in the mood for planting my garden. I planted my peas, lettuce, two kinds of onions, and radishes. We'll see if the sun holds out; I may have to replant.

### May garden tips

**Shrubs and trees.** It's still not too late to fertilize your trees and shrubs. Use a rhododendron or evergreen plant food and an all-purpose garden fertilizer (10-10-10) to feed roses. Be sure to water thoroughly after application. Refer to last month's "Garden Patch" for more information about fertilizing your plants.

Early flowering deciduous shrubs such as forsythia, weigela, and spiraea should be pruned back when they have finished blooming. Cut back a third of the oldest canes to ground level, then cut back one third of the remaining branches by one third of their height. Remove the wilting seed heads from rhododendrons and azaleas so that the plant's energy will be used for foliage growth and next year's flowers, rather than seed. Work lime in the soil around your hydrangeas for pink flowers or aluminum sulphate for blue.

Remove any sucker growth from fruit trees as soon as it appears. Keep an eye on roses for diseases like black spot, and spray for aphids and other pests.

Lilacs should be pruned lightly after they finish blooming, removing sucker growths and dead blooms. Feed lilacs in May with a 10-10-10 fertilizer after they bloom. Add a little lime if your soil is acidic.

**Perennials, annuals, bulbs.** Dahlias, gladiolas, tuberous begonias, lilies, cannas, and all other summer-flowering bulbs can be planted this month. Plant your gladiolas every two weeks until the first of July; this will provide you with cut flowers up to the first frost.

Break off wilting tulip or daffodil heads, then continue to feed and care for the plants until the foliage dies back. This

should take about three weeks. Older plants can be divided and moved when they finish blooming; use care to protect the foliage and roots. Water thoroughly after transplanting. Pansies, snapdragons, dianthus, petunias, geraniums, fuchsias, and impatiens should be ready to plant by mid-May. By the end of the month, you can plant salvia, zinnias, marigolds, and lobelias.

**Fruits and vegetables.** Carrots, lettuce, potatoes, corn, beans, peas, and most popular vegetables can be seeded or planted into the garden at any time. Wait until mid-May before planting the warmer weather crops like tomatoes, squash, cucumber, pumpkins, and peppers. Gourds can be planted late in the month; hopefully the season will be long enough.

**Lawn care.** May is a good month to repair your lawn. Fill in the bare spots by slightly loosening the soil surface and sowing lawn seed over the area. Tamp in gently and water well.

Utilize your compost by amending your soil. The compost pile should be kept damp; frequent turning will turn your garden waste into flower food faster.

Remember, the first flowers you'll see will be your weeds. Eliminate the weeds—roots and all—before they have a chance to go to seed. Like I've said in the past, one year of no weeding will give you seven years of weeding. So get out there and pull those weeds.

### Tip of the month

To keep flies away from outdoor dining areas, grow a pot or two of basil. Put the potted plants on the table. When you sit down to eat, pinch off some leaves and crush them in your hands. The released oils will repel the flies. Repeat as needed. Save some for cooking; you can't beat fresh basil.

Happy gardening!

Got a gardening question? Send it to Gladys for an answer! Call her at 360.826.4848, or write to her at [gsilrus@frontier.com](mailto:gsilrus@frontier.com) or 42002 Pine St., Concrete, WA 98237.

## Our Garden needs YOU!



The Angele Cupples Community Garden in Concrete needs donations in any amount to help pay for its garden shed.

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# Smile



## Dwelleysms

**Wit from former Concrete Herald editor Charles M. Dwelley**

“Father and Mother get only one day a year—the by-product, baby, gets seven of them a week.”

—June 19, 1952

“Name-calling is much deplored in the present political campaign. There would be none of this if those blankety-blank, so-and-sos in opposition to the name-callers would be gentlemen enough to lie down without a fight.”

“The opening Democratic convention remarks are now proving embarrassing. After spending the first few days throwing rocks, they suddenly discover they have a glass house of their own.”

—July 24, 1952

“Long skirts are decreed for new fall styles. They can make with the yard goods, but it’s the same old chassis. All that changes is the upkeep.”

“Along with free haircuts, etc., for congressmen, we’d like to see them supplied with free injections of truth serum before every speech.”

“What a lot of us middle-aged guys would like is to have the speed of youth with our present low center of gravity.”

—June 19, 1952

“Isn’t it amazing how the average voter suffers a complete loss of memory around election time?”

—June 19, 1952

“A woman has sued her dentist because a tooth he extracted caused impairment in the art of kissing. Now if the court establishes that [kissing] is an art, a whole lot of clumsy but interesting play will suddenly be in the realm of higher education.”

“Sedro-Woolley is having swimming pool pains in a hassle over whether or not one should be built. If it is bitter now, just wait until the argument starts over the temperature at which the water is kept.”

“Remember when wishing for the moon was a pastime and didn’t cost a cent?”

—May 24, 1922

## Photo caption contest

Send a funny caption for the photo at right to *Concrete Herald*, and you might win a night at the movies for two at Concrete Theatre in Concrete!

The contest is open only to citizens living in Clear Lake, Sedro-Woolley, and any community east along SR 20, including Darrington. One entry per

person; past winners are ineligible unless I’m hurting for entries. E-mail or snail-mail your caption by May 25 to: editor@concrete-herald.com or P.O. Box 682, Concrete, WA 98237. Include your name, mailing address, and phone number.

The winner will be announced in next month’s issue.



So this is “coffee grounds!”

The above winning caption for the April contest was submitted by Bonnie Tyminski of Concrete, who will receive a \$25 Perks Espresso & Deli gift certificate. Congratulations, Bonnie! Photo submitted by Beka Thomas.



Submit a funny caption for the above photo to *Concrete Herald* by May 25, and you might win a night at the movies for two at Concrete Theatre! See complete details and rules above left.

**Cascade Days organizers need log donations for the August event. Cedar or spruce logs are sought for chain saw carvers during Concrete’s signature summer event. Can you help? Contact Cascade Days President John Burmaster at 360.853.8024.**

## Public Service Announcement

By Stig Kristensen



## Crossword: “Chanteuses”

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
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20						21			22					
		23	24	25				26						
27	28							29						
30						31					32	33	34	
35						36					37	38		
39						40					41			
			42	43					44					
45	46	47						48						
49								50				51	52	53
54								55			56	57		
58						59					60			
61						62					63			

### Across

- 1. Certain bird
- 6. Keats, for one
- 10. “The Sound of Music” backdrop
- 14. Antipasto morsel
- 15. Biblical preposition
- 16. Gloss
- 17. George’s aunt
- 20. Calendar abbr.
- 21. Puzzle
- 22. Put something on
- 23. Blast from the past
- 26. Reduces friction
- 27. Contradicted
- 29. Arouse desire
- 30. Bouquet
- 31. “\_\_\_ No Sunshine”
- 32. “A pox on you!”
- 35. “Stony End” singer
- 39. Numbskull
- 40. Irritate
- 41. Salsa, for one
- 42. Mark
- 44. Colorful bird
- 45. Call a koala an elk, e.g.
- 48. Chipper
- 49. Secrets

### Down

- 1. Microsoft product
- 2. African plant
- 3. Stains
- 4. Holiday lead-in
- 5. “Losing My Religion” rock group
- 6. Blender button
- 7. Black stone
- 8. “Yadda, yadda, yadda”
- 9. Bear
- 10. Ancient meeting places
- 11. Floor coverings
- 12. Newbie, of sorts
- 13. Eye sores
- 18. All fired up
- 19. Aces, sometimes
- 24. Arm or leg

- 25. Abby address?
- 26. Romance, e.g.
- 27. Cake with a kick
- 28. “-zoic” things
- 29. Deed
- 31. Line to the audience
- 32. Needlepoint, e.g.
- 33. Ancient Andean
- 34. “Our Time in \_\_\_” (10,000 Maniacs album)
- 36. Speech of old Syria
- 37. Matinee \_\_\_
- 38. Handel oratorio
- 42. “St. Elsewhere” singer, \_\_\_ Barkley
- 43. Eastern royal
- 44. Tip for the dealer
- 45. Court officer
- 46. Fit to be tied
- 47. Deep-six
- 48. Disloyal one
- 50. Cuckoos
- 52. Cheat, slangily
- 53. Lofty lines
- 55. Fair \_\_\_ doctrine
- 56. Engine speed, for short
- 57. Chinese dynasty

## Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

1			7					9
		4	1		9	8		7
					4	3		
3	5					7		
	8	9				5	1	
		6					4	8
		3	8					
7		5	4			3	6	
	2					7		4

\*Solutions to both puzzles are on p. 38.

## Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in April.
- Umpired a Senior Little League game yesterday, took a foul ball unpleasantly to the inner thigh, and now have a huge bruise. Ouch! Two more inches to the left and we’d be having a different conversation in the higher octaves.
  - Felt like such a dork having to walk into the dental office today and say, “my dog ate my retainers.”
  - Anyone have any ideas on how to get a nozzle out of my gas tank that seems to be stuck?



### SAVE CONCRETE THEATRE!

- Donate at the theater during weekend movie times
- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at [www.concrete-theatre.com](http://www.concrete-theatre.com)
- Donate at Columbia Bank in Concrete (designate check for “Digital Projector Fund”)

**Donate to Digital Campaign!**

The movie industry will convert to digital in 2013. Concrete Theatre won’t be able to show new movies unless it converts to a digital system --a \$50,000 hurdle. **Please donate to help keep Concrete Theatre alive!**

\*Advertisement paid for by an anonymous donor.

For more info on ways to help, call 360.941.0403 or e-mail [info@concrete-theatre.com](mailto:info@concrete-theatre.com).

not give up. We remain committed toward finding and adopting solutions that will get Washington working again.

*Rep. Dan Kristiansen, R-Snohomish, serves as chairman of the Washington House Republican Caucus and represents the 39th Legislative District. He can be contacted at 360.786.7967 or e-mail him through his Web site at: www.housepublicans.wa.gov/Kristiansen. His office address is P.O. Box 40600, Olympia, WA 98504-0600.*

**Sheriff's Blotter, cont. from p. 33**

The owner was identified and found to have a warrant out for his arrest. He was given a new court date and released. He was warned to keep his dog under control. **April 18**

A female Concrete caller reported that her adult daughter was having problems with her boyfriend. Deputies went to the daughter's home and found a male and female inside. There had been an argument and the female was leaving. The male had cut his arm and had stacked dresser drawers in the living room. The two were separated for the night. No arrests were made.

A hysterical Concrete female caller was reporting a fight on Main St., where

another female had pulled a knife on a person in the street. Deputies arrived a short time later and determined this was an ongoing feud between the two females. The suspect had fled on foot, but was located nearby. The female who displayed the knife was arrested and booked into jail for assault. No injuries were reported.

**Letters, cont. from p. 2**

Pizza Station, Ravnik & Associates, and Soroptimist International of Sedro-Woolley have helped to move along the garden shed project; with a little good fortune, more donations and a USDA grant will push that project along to completion.

Volunteers also have been active in the garden. Newcomer Sandra Combs has been an invaluable resource, getting her hands dirty with weeding, filling raised beds with dirt, and performing on litter patrol without complaint. We're very grateful also to Public Works employees Rich Phillips, Alan Wilkins, and Dale Angell, who excavated the Memory Garden area, transported wood chips to the site, installed two garbage cans, and kept the grass mowed in April.

An Imagine Concrete initiative, the community garden continues to demonstrate what can be achieved with a shoestring budget and citizens who are willing to sweat a little to transform a great idea into reality.

**Concrete Harold**



By Joyce Harris

Anyone who has questions or would like to get involved with the garden on a one-time or ongoing basis is encouraged to contact garden co-managers Jason Miller or Marla Reed at 360.853.8213 or 360.391.2589, respectively.

*Jason Miller, Marla Reed, co-managers  
Angele Cupples Community Garden  
Concrete*

**Damage outweighs benefit in coal debate**

A guideline of problem solving is that a solution to a problem should not cause a problem of equal or greater harm than the existing problem.

Currently, unemployment is identified as a major problem. Strip mining coal in the Powder River Basin and shipping it across the West and on to Asia will cause greater, permanent problems than a few vaguely promised jobs will solve.

Careful and detailed descriptions of what mining, shipping, and burning coal will mean for the West is more complicated than 300 words can manage, but creating pro and con lists shows me long-term problems created by the plan far outweigh the promised temporary solution.

Coal is the dirtiest, most polluting way to produce energy; advanced countries have been phasing out coal burning and the U.S. is slowly following suit; Asia is leading the world in developing alternate energy-generating methods and will also stop needing coal at some point; enormous Capesize coal ships will have to navigate the already crowded sea lanes to the open Pacific; the port and storage for the coal will deposit dangerous coal dust on nearby towns and people and smother the Cherry Point herring spawning area on which other animals depend; diesel-powered trains create dangerous air, land, and water pollution; nine additional freight trains carrying coal in open cars and nine more empty cars per day will travel through Skagit County; freight trains take precedence over passenger trains; trains already impede traffic locally; rail companies do not build overpasses or take other measures to improve crossings, local taxpayers do; coal burned in Asia will return to us as air pollution; coal-produced air pollution is one cause of climate change.

Less destructive means to create jobs are available if government officials have the will to refuse corporate campaign support and to find other solutions to unemployment. Voters must insist they do it.

*Joline Bettendorf  
Mount Vernon*

**Editorial, cont. from p. 2**

after a movie finishes at Concrete Theatre; you'll see what I mean.

The fundraising-for-a-private-business campaign is not without precedent. I did the same thing when I sought to bring back *Concrete Herald* in 2009. I thought, hey, my success at fundraising will be indicative of how much the upper valley community wants the paper to come back. By now I think we all know the answer to that.

A similar statement can be made about Concrete Theatre: How badly do we want our theater? How much are we willing to give?

I know my answer to both questions. Concrete Theatre should be saved because it is more than a one-trick pony—it plays a community role greater than a movie house. It is a meeting hall, a gathering point, a gymnasium, a performance hall. It is what urbanists call a “third place,” one where people love to spend time away from their home or workplace.

The success of this fundraiser will indicate how each one of us feels about our theater. I hope we all will donate according to our means. It's worth it.

—J. K. M.

**Sudoku solution, from p. 37**

1	3	2	7	8	5	4	9	6
5	6	4	1	3	9	8	2	7
8	9	7	2	6	4	3	5	1
3	5	1	9	4	8	7	6	2
4	8	9	6	7	2	5	1	3
2	7	6	3	5	1	9	4	8
9	4	3	8	1	6	2	7	5
7	1	5	4	2	3	6	8	9
6	2	8	5	9	7	1	3	4

**Crossword solution, from p. 37**

W	A	D	E	R	P	O	E	T	A	L	P	S		
O	L	I	V	E	U	N	T	O	G	I	L	T		
R	O	S	E	M	A	R	Y	C	L	O	O	N	E	Y
D	E	C	V	E	X	E	N	R	O	B	E	S		
B	E	L	I	E	D	T	E	A	S	E	S			
A	R	O	M	A	A	I	N	T	F	I	E			
B	A	R	B	R	A	S	T	R	E	I	S	A	N	D
A	S	S	G	R	I	L	E	D	A	N	C	E		
			G	R	A	D	E	T	O	U	C	A	N	
M	I	S	N	A	M	E	J	O	L	L	Y			
A	R	C	A	N	A	A	U	K	W	H	O			
C	A	R	R	I	E	U	N	D	E	R	W	O	O	D
E	T	A	L	A	S	I	A	P	E	R	S	E		
R	E	P	S	N	E	S	M	I	K	E	S			

**Concrete, cont. from p. 1**

sign, smile pretty, Morgareidge snaps their photo, and posts it online at www.concretematters.weebly.com.

**Spark of awareness**

Morgareidge thought of the idea after a conversation with Mount Vernon Downtown Association Executive Director Georgiann Dustin and Concrete's pro bono revitalization consultant, Eric Archuletta, in January. Dustin told a story about similar signs placed in downtown Mount Vernon businesses' windows that proved to be a contributing factor in bringing the city's Lincoln Theatre back to life.

"It got me thinking about our community and all the places I would miss if they went away," said Morgareidge. She'd been analyzing her spending habits and how they could be draining money from the local businesses she loved. "I thought, what kind of spark can we create to make people more aware of these places and how their decisions affect them?"

Morgareidge launched the Web site in February and snapped her first photo, of the Upper Skagit Library, in April. She recently filled the library's youth programs position formerly held by Beverly Richmond. Following that first photo, she added Concrete Theatre and Annie's Pizza to the collection, and will photograph the East County Resource Center on May 8.

**A cumulative effect**

Morgareidge hopes the idea will snowball the way it did in Mount Vernon, with many businesses posting the signs in their front windows. She wants to end up with dozens of photos, which she'll compile into a collage for display during Cascade Days in August.

"There are places we are all attached to in some way," she said. "There's an inclusive nature to this: Youth, adults, seniors, children—everyone can get involved in it."

Early indications are that the idea has potential. Morgareidge said when she posted the first photo online, she got 158 hits in one day, with people contacting her from outside Concrete, wanting her to add locations from their town to the Web site.

—J. K. M.

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**EMPLOYMENT**

**Campground Host.** Puget Sound Energy's Energy Production department is looking for a temporary Campground Host for the Kulshan Campground. This Campground Host will support the campground operation and provide a valuable point of contact for visitors in the campground, with an emphasis on customer service and safety. The Campground Host will be supplied with an RV campsite, sewer hook-up or septic service, water hook-up and 30-amp electrical service. The Campground Host is expected to live on site and provide their own camp trailer or motor home. Gain the energy to do great things through a career with Puget Sound Energy! PSE offers a highly competitive compensation. PSE is an Equal Opportunity employer. We encourage persons of diverse backgrounds to apply. Read more about these opportunities and apply online to ad #4804 at www.pse.com/careers.

**Cook and Dishwasher/Prep Cook.** North Cascades Institute seeks a Cook (\$12/hr) and a Dishwasher/Prep Cook (\$10/hr) to work at the Environmental Learning Center on Diablo Lake. Both positions are seasonal

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Next to church at 12605 Hwy 9, Clear Lake  
For a referral, call Love Inc. at 360.419.7061  
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**Concrete Concrete Food Bank**  
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Second, third, and fourth Thur. each month,  
Noon–3 p.m.  
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First and third week each month:  
Wed. and Thur., 10–noon and 1–2 p.m.  
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951 Petit St., Hamilton  
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Commodities distributed first Tue. each month  
360.826.4090

**Lyman Shepherd's Heart Food Bank**  
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\*Changes? Call 360.853.8213.

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