

The Voice of Eastern Skagit County

Concrete Herald

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50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdsvie • Grasmere • Concrete • Cape Horn • Sauk City • Sauk Valley • Rockport • Van Horn • Darrington • Corkindale • Marblemount • Bullerville • Newhalem • Diablo

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WSDOT's permanent fix

\$20 million strategy will remedy trouble spot where Skagit River gouges SR 20. *Page 26.*

Life after I-1183

Five months after it passed, the initiative that privatized liquor sales in Washington gets mixed reviews from Upper Valley retailers.

By Jason Miller

Ask Concrete Liquor Store owner Ken Betts about how Initiative 1183 has changed his life—but you might want to duck.

"Business is off roughly 50 percent from what we did before," he said. "And we've lost all the restaurant business because they buy direct now. We serviced every restaurant east of Sedro-Woolley before, [so we've lost] \$10,000 to \$12,000" because of the change.

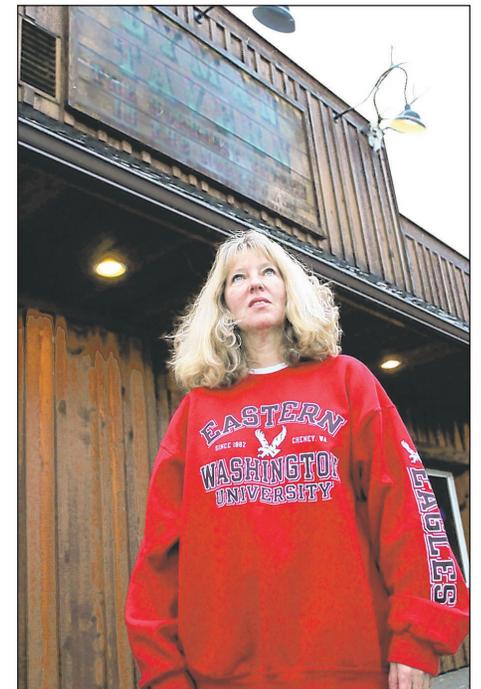
Betts has owned and operated the liquor store—a former state store—in Concrete Town Center with Pat, his wife, since 1996. When the November vote loomed last year, neither of them were proponents of I-1183, which promised to end Washington's monopoly on liquor sales by privatizing the existing wholesale distribution and retail liquor mechanism that had been in place for 78 years.

Chief among I-1183 proponents was Costco, which pumped millions into advertising campaigns touting the benefits of passing the initiative.

"But it wasn't a good consumer move—unless you shop at Costco," said Betts. "The prices went up 20 to 30 percent. The consumer didn't win; they just got tricked."



Mike (left) and Richard Frank, owners of Albert's Red Apple Market grocery store in Grasmere, call I-1183 "a big hassle," bringing slim profit margins and more work, while taking up more space in the store.



Lyman Mayor Debra Heinzman owns Lyman Tavern with her husband, Mont. Heinzman supports I-1183. "I don't think the state should be in the liquor business, especially if it's going to be the regulator," she said.

See I-1183, p. 38



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Concrete Herald

The Voice of Eastern Skagit County

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From the editor

Shameless thievery of good ideas

I'm a copycat. I think most of us are. And I don't have a problem with that, especially when the topic of economic development is on the table.

I had the good fortune this year of traveling to Independence, Ore., and Dayton, Wash., to learn from city officials, chamber of commerce leadership, and citizen activists what they've done to transform their towns from struggling, blighted streetscapes to revitalized, thriving communities.

The differences between Independence, Dayton, and Concrete are many—but I didn't visit the first two to focus on the differences. I wanted to glean ideas from the decision-makers that could, perhaps, be molded, scaled, or adopted outright in Concrete.

Here are my top three favorite ideas, the ones that I feel have the greatest potential for

See Editorial, p. 39

Holiday memories can be confusing for those who have lost loved ones. We, at Lemley Chapel, would like to assist our community with those holiday recollections by hosting a

"Candlelight Service of Remembrance"

At Lemley Chapel
 Sunday,
 December 2, 2012
 at 2:00 PM

Please join us for this special ceremony honoring the memory of those we have served during this past year and all that will forever remain sweet in our memories.



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Refreshments and social hour following tribute.

Opinion

Letters to the editor

Youth Dynamics program supports healthy choices for youth

Having worked with students in Concrete and the upriver communities for more than 30 years, I have seen Youth Dynamics stand the test of time. I became aware of YD when Paul Loeffler became the first program leader for Concrete and he convinced me to volunteer. Paul led for several years and then was moved to Moses Lake, leaving Concrete without leadership. Kevik and Marta Rensink became the next leaders (without any pay) and continued to build the program, which, at times, involved most of the high school students. I am inspired by what I have witnessed and the positive changes in lives. Monday nights in Concrete are the "cool" hang-out place to gather with friends, eat food, play games, and just have fun in a safe setting.

Thank you, Kevik, Marta, and all volunteers who support our youth.

Mary Janda
 Marblemount

Concrete Theatre goal within reach

Concrete Theatre is a cultural treasure of the first order. Not only does it provide us with current movies at a fraction of the cost for the same movie at the I-5 venues, but it also brings documentaries, live shows, classic movies, and ethnic entertainment that is hard to find anywhere, let alone in eastern Skagit County! The level of programming exemplified in Concrete Theatre's schedule rivals that of art houses and theaters in Seattle or Vancouver, or anywhere else, for that matter. We can't afford to lose this priceless asset.

The theater needs to sell 25 more seats by the end of December to meet its goal of \$50,000 to purchase a digital projection system. With the purchase of the new

projector, the theater also will be able to show 3-D movies! Yes, 3-D movies right here in Concrete! Amazing!

So if you know of anyone who hasn't bought a seat yet and is considering it, please jog their memory and suggest that they buy one in honor of a loved one or friend soon. If you or they work for a local company, perhaps that company would like to buy a seat and have its name engraved on the seat plaque as a supporter of this great cause.

In October we hit the \$42,000 mark, and we thank everyone who has contributed to date. Please tell your friends who love movies and live entertainment about our efforts to save a hometown treasure. Anything you can do to help Val and Fred reach their goal is very much appreciated!

Bill Pfeifer
 Concrete

Halloween fundraiser thanks

Heart To Heart Charity thanks everyone involved in our first annual Halloween Party fundraiser for the Christmas Angel Tree. We had an amazing turnout and raised a lot of money toward our goal for this year's Angel Tree. The money raised will go a long way to help our Angel Tree this year provide for as many children as we can.

We couldn't have done this event without the many volunteers and businesses who supported us and donated

See Letters, p. 39

Letters policy

Letters of 200 words or fewer may be e-mailed to letters@concrete-herald.com or sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. Concrete Herald reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

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Commentary What does "value" mean?

By Eric N. Archuletta

An interesting phrase revealed itself to me this past week: "of no value."

I thought about that phrase and what it means. I spent this summer traveling thousands of miles and speaking with hundreds of people; never once did that phrase enter a dialogue.

My longest trip was a return to my hometown of Ewa, Hawaii. I went back to all the places I knew as a child growing up on the great Ewa plain and the town itself, placid and rural, surrounded by sugar cane fields as far as the eye could see—replaced by subdivisions and strip malls as far as the eye could see.

I also made a recent trip to Dayton, Wash., a town that fewer than 30 years ago was facing its demise. Today it has recovered its original history and has become a thriving community.

How did it happen that one community completely lost its identity and went to sprawling subdivisions and strip malls, while another community banded together to restore what it was?

Ewa can no longer reclaim its rural identity, its history, its purpose. Dayton did. What is the difference? The difference is while one community viewed its history and assets as being "of no value," another community recognized value in its very existence.

Today, Concrete is at the crossroads of that decision. Dayton took a small grassroots movement and incorporated volunteers to set about an effort that would allow the town to retain its identity. These people "found value" in maintaining their identity, their history, their town. Ewa allowed its identity to be eaten up by deep-pocket development and

Town of Concrete seeks support letters

Town of Concrete is seeking letters of support to include with a grant application for its proposed new Public Safety building.

Letters may be written by community members or public safety enforcement agencies, and should include an explanation of why the writer or organization supports the new facility.

The proposed building would be located between the Superior Building and the

will never be reclaimed.

In Concrete, Imagine Concrete is just such a grassroots movement. In 2009, citizens of the greater Concrete community came together to envision what they wanted Concrete to be. To them the history and culture of this beautiful mountain community was indeed "of value."

As in Dayton, Imagine Concrete represents the voices, the enthusiasm, and the volunteer spirit that is a grassroots movement. This small group of people are striving to preserve this identity, this history, this town. But this can be done only by people who recognize the "value" and support the effort.

There are some who say the comparison of two demographically and economically different cities to Concrete has no value. I'm inclined to disagree. The value comes not from the contrast and comparison to Concrete. The value comes from what Concrete can learn from these communities about the process of proactive change. This knowledge not only has value; this knowledge is priceless.

Imagine Concrete is always looking for supportive volunteers. If you are interested in joining us to make a contribution of your time to your community, join us on the second Wednesday of every month at 6 p.m. in the pilots' lounge at Mears Field in Concrete.

Questions or comments can be directed to Jason Miller at 360.853.8213 or goodwords@frontier.com.

Eric N. Archuletta, M.A. is a frequent lecturer at Antioch University Seattle, as well as at rural organizations on the topics of rural community revitalization, grassroots movements, and the development of resilient communities. He is a member of the Office of Hawaiian Affairs and vice president of Imagine Concrete Foundation.

community garden on Main St. in Concrete, on the site of the old tennis courts.

The town's current public safety building is in a deteriorating state, and also is not capable of housing the town's future emergency response equipment. The current building's location within the dam inundation zone also is cited as a reason to build a new structure.

Anyone interested in writing a letter of support is asked to send their letter to: Town of Concrete
 Attn: Public Safety Building
 P.O. Box 39
 Concrete, WA 98237

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Officials discuss public safety building

State and federal government officials traveled to Concrete Oct. 31 for a meeting with town staff and representatives.

The agenda: Concrete's plan for a new public safety building to replace its failing fire station at the east end of Main St.

Congressman Rick Larsen attended, saying one of his goals for the meeting was to make sure the project didn't die on the vine after the Nov. 6 election, when redistricting will remove him from Concrete's equation.

"We haven't been as successful as we wanted to be, getting funding through federal sources," he said. "And since Concrete will no longer be in my district come Jan. 3, I wanted to make sure we get together one last time, get on the same page, create that momentum so my office can hand off the project to the next person."

Town of Concrete has tried to secure funding for building the new facility through FEMA, but found out recently that FEMA funds are to be used primarily for demolition of unsafe buildings, such as the existing fire station.

Built in 1900, the aged fire station has numerous deficiencies. Its roof is failing. It's too small to house proper firefighting equipment. And it was built on a steep slope

that has since been designated a critical area; efforts to shore up the building were discouraged by Dept. of Ecology.

The proposed new building could house not only the town's fire engines and equipment, but other related entities as well, such as American Red Cross, Dept. of Natural Resources, Skagit County Sheriff Search and Rescue, Aero Skagit, and others.

But with a price tag upwards of \$2.6 million, the town can't afford to build it. The town began seeking funding in 1997, but no state or federal funds have been received.

State Senator Kirk Pearson attended the Oct. 31 meeting. He stated there was confusion in Olympia regarding the price tag for the building.

"They thought it would be \$5 million," he said. "We need a letter to that office stating that it's less than \$5 million."

Pearson said state funds might be available for capital projects, and "if we jump on this early and get a letter to the next governor, I will request that some people from Concrete come down to Olympia and speak out."

Larsen's aide Adam LeMieux weighed in too, saying, "Everyone should be writing a letter behind this thing."

—J. K. M.



Behind the Concrete Fire Hall Oct. 31, Congressman Rick Larsen (left) discusses the current building's deteriorating state and opportunities for building a new public safety building in town. With Larsen are FEMA Region 10 Mitigation Director Mark Carey, Concrete Mayor Judd Wilson, and town engineer Cody Hart with Reichardt & Ebe. In the background, Concrete Fire Chief Rich Phillips discusses the building's condition with State Senator Kirk Pearson.

Concrete freezes staff salaries

During its Oct. 22 budget workshop, Concrete Town Council voted to freeze all staff salaries in 2013.

The decision came on the suggestion of town employees themselves. With the PSE power house and floating surface collector projects nearing completion, and health insurance rate increases that hovered around 6 percent, staff members thought it would be wise to stay at their current pay.

2013 salaries

Town of Concrete will pay its full-time employees the following annual salaries in 2013 (no change from 2012):

- Public Works Director: \$48,652.80
- Public Works Assistant: \$37,641.24
- Clerk Treasurer: \$38,937.24
- Public Works Maintenance Worker No. 1: \$29,735.16
- Deputy Clerk: \$27,720
- Fire Chief: \$3,600
- Town Planner (hourly): \$30,000
- Office Assistant (hourly): \$1,442.40

The council made one concession on the benefits side, agreeing at Mayor Judd Wilson's request to keep the employee-paid portion of Deputy Clerk Corrina Koenig's health insurance premium at the 2012 level, which will save Koenig about \$38 per month.

—J. K. M.

Kading replaces Clark at East Detachment

Skagit County Sheriff's Sgt. Chris Kading has replaced Chad Clark as manager of the East Detachment, headquartered in Concrete.

Kading, 47, a 20-year veteran with the force, already has begun managing the east county force, although he's still managing his existing squad in Mount Vernon. He'll transition solely to east county on Jan. 1. Kading described his management style as "laid-back," with a focus on community-oriented policing. "I'm a little more on giving people the tools, and problems will take care of themselves. There are multiple options before handing someone a citation," he said.

Kading is a proponent of what he calls the "fourth multiplier"—people who keep law enforcement aware of problems before they escalate. He encourages people to inform the East Detachment office of nonemergency situations, rather than calling 911.

The SCSO's online crime-reporting feature was Kading's idea. "We think it will be a cost-saving measure," he said.



Kading



This aerial photo shows the floating surface collector being moved into Lake Shannon in late July. Photo courtesy of Aequalis Photography.

PSE power house, floating surface collector projects enter home stretch

Two major Puget Sound Energy projects are sprinting toward completion in Concrete. Both should wrap up at different points in 2013.

Lower Baker power house

After an unstable slope to the east of the construction site delayed the start of the new power house, the \$43 million project was off and running in 2011. PSE officials now are looking at an August 2013 completion date, with no major setbacks along the way.

"We've been really lucky; we're doing well; it's going well," said PSE Project Manager Scott Rzemien.

Construction crews have completed installation of the turbine in the turbine generator and are currently installing the generator portion. Tailrace construction is about 15 percent complete and should be finished in March 2013, said Rzemien.

"We're preparing for startup and commissioning sometime after Jan. 1. While that's happening we'll complete the mechanical, electrical, and architectural systems inside the power house," said Rzemien. "After that it's just site work: We'll finish grading and complete the access road work."

The new power house is mostly underground. When it's complete, only the top 4 to 6 feet of it will be above grade. The subterranean design is a response to the 1955 landslide that destroyed the first two power houses—Units 1 and 2—that PSE had built upstream from the current site.

The new power house will raise the power capacity of PSE's two Baker River dams from today's 170 megawatts to 200

megawatts, enough peak output to serve 150,000 households.

Floating surface collector

Farther upstream, a floating surface collector was launched into Lake Shannon in late July.

The FSC is an approximately four-story metal box that was built on shore, then launched into the lake and floated. Its components include a net transition structure—a pyramid-shaped funnel that comes out of the box—and giant nets that extend to the lake floor and the shoreline.

In early November "we mated the net transition structure to [the FSC]," said PSE Project Manager Jim Hogan. "It's a big milestone. It's a huge curtain. We spread it across the lake and then slowly dropped it to the bottom of the lake. It's a week-long operation in itself."

Commissioning of the structure is under way, according to Project Engineer Andrea Smith with Skanska, the contractor that built the FSC. "We're starting up the systems and making sure they're running—fine-tuning and adding some last-minute items that PSE wanted," said Smith. "We're scheduled to turn it over to PSE in March 2013, and PSE will run it."

When the FSC is functioning, it will generate a current that will fool young salmon into thinking they're headed down the Baker River. They'll be collected in the body of the unit, where some will be tagged. From there they'll be transported by boat to a new, Skanska-built pier and loaded into trucks for transport downstream.

—J. K. M.

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Council summary

Concrete Town Council met for regular meetings Oct. 9 and 22. A Budget Workshop preceded each meeting. Following are summaries of those meetings and the workshops. Complete minutes for every council meeting are posted on the town's Web site at www.townofconcrete.com/cminutes.php.

Oct. 9 Budget Workshop: 2012 Known Revenues and Expenditures

- 2012 publication costs are over budget. Andrea Fichter explained this is most likely because of the number of projects and the advertising that had to be done for those projects, such as solicitation for bids, road closures, and other items associated with the projects.
- Councilmember Jack Mears questioned the Airport Fund not having enough money to complete the driveway paving. Mears also expressed concern for the amount of salaries and benefits coming out of the Airport Fund.
- Sewer lagoon sludge removal cost was discussed. Mayor Judd Wilson reported the sludge removal and lagoon decommissioning is mandated to be completed by Dec. 31. He also stated the town does not have

the funds to complete this and there is no funding available. Staff will investigate further options for what can be done to lower the cost for sludge removal and to finish the lagoon decommissioning.

Oct. 9 Regular Meeting

- Mayor Wilson welcomed and introduced Sgt. Chris Kading as the new sergeant for the Sheriff's East Detachment.
- Mayor Wilson reported a meeting was held last week with grant writer Michelle Mazzola. He requested support letters from different families, entities, and community members in support of the town seeking grant funding for the Public Safety Building. He said the town will request grant funds from the Community Development Block Grant program, which is geared toward funding low-income communities.

Town Planner Jeroldine Hallberg reminded the mayor and council the site plan for this building will need to be reviewed for zoning and other town codes. She stated this review is usually completed by the planning department.

See Council, p. 38

KSVU plans Nov. 10 fundraiser dinner/dance

On the heels of its fundraiser in Marblemount, KSVU 90.1 FM will host a similar event Nov. 10 at Concrete Center.

The community event will feature The JesusChords, an alternative country rock band from Friday Harbor, plus dinner from Marblemount's Que Car BBQ and desserts and coffee from The Washington Cafe and Bakery in Concrete. Robert "Tex" McWilliams will emcee the event, which will be broadcast live on KSVU.

Dinner is at 6 p.m., with dancing from 7 to 10 p.m. Suggested donation is \$7, with dinner/dessert an extra charge. Package deals will be available, as well as radio station memberships.

KSVU 90.1 FM is a noncommercial, community-supported radio station that has been broadcasting from its Concrete studio for more than a year, providing diverse music, news, and information. More program offerings are planned for the future. For more information, call 360.853.8588.

—Christie Fairchild

Violent crime victims rep now closer to home

Families and Friends of Violent Crime Victims (www.fnfvcv.org) has been providing peer support and advocacy for victims of crime since 1975. Families and Friends has an office in Mount Vernon.

Lead Victim Advocate Jessica Drain will be at the East County Resource Center on Nov. 20 and every third Tuesday of the month, at 9 a.m. She also can be reached at 360.982.2829 or jessica@fnfvcv.org.

- FNFVVCV's mission is to support and advocate for victims of crime, adult missing persons, and their loved ones, and to provide education about victims' rights and services. These services include:
- 24-hour crisis line: 800.346.7555.
 - Assistance with issues resulting from being a crime victim.
 - Assistance in understanding the criminal and civil legal process, ensuring victims' rights are being upheld.
 - Emotional support during a civil or criminal proceeding.
 - Resources, referrals, and education.

"Let's Talk Library" sparks conversation

A community conversation about the future of the Upper Skagit Library drew only a handful of attendees, but its hosts found reason for hope even in the sparse turnout.

The Oct. 25 event at Concrete Theatre was hosted by the library's board of trustees, advisory committee members, and staff members. It was designed to draw out ideas from community members regarding the library's current collections, services, programs, and more.

Audience members could be counted on the fingers of one hand, but organizers felt this may have been indicative of the recent misunderstanding between the library, county commissioners, and area seniors having blown over.

"It may be good that no one came," said Barb Trask, foundation liaison for the library.

Organizers stepped through their paces, with library Building Committee Chair Keith Alesse delivering a PowerPoint presentation that explained the library's history, mission, collections, programs, and more.

The evening's sparse dialogue wasn't a stumbling block for library officials, however. The group recently completed a community survey that delivered key information. Those surveyed consistently appreciated the library staff's helpful attitudes, the variety of items available, and the checkout process. Desired elements included increased hours of operation, more tables and chairs, more computer stations and access, and more space.

It's that last item—space—that's been dogging the Upper Skagit Library for about three years.

The building in which the library currently resides never was meant to house a library. Its square footage and floor weight limits cut short its usable lifespan as such. After a dead-end conversation with the county over possibly trading spaces with the Concrete Center, library officials now are faced with the same choices they've had for years: finding a new space, building a new space, or expanding their existing space.

The county is examining the feasibility of adding on to the current library facility—an idea that isn't being met with thunderous applause, primarily because it will replace much-needed parking spaces.

—J. K. M.

Melia Thompson contributed to this report.

THIS AND THAT

By J. K. M.

Brian Spence of Cape Horn contracted noncontagious bacterial meningitis in late October and was eventually transported to Harborview Medical, where he remains in the ICU.

With four children and no financial means to weather this level of health crisis, Spence needs the community's financial support. Anyone wishing to donate can use the donation jars at Rockport Country Store or Loggers Landing in Concrete.

For more information, call 360.770.6429 or 360.722.0077.

Do you need help with your energy bills? **Energy Assistance** will be available through Skagit County Community Action beginning Nov. 7. To schedule an appointment, call 360.428.1011 Mon. through Fri. between 9 a.m. and 12:30 p.m. or between 2 and 4 p.m. Clients who have been disconnected or have no heat should go to 330 Pacific Place, Mt. Vernon.

Rockport author **Melissa K. Norris** is teaming up in this year's Writers and Readers Reach Out 2012. Writers and readers choose one charity for the month of November to raise awareness and funds. This time it's Make Way Partners, which helps free and teach victims of slavery. To learn more or to donate, go to www.melissaknorris.com and type Writers and Readers Reach Out 2012 in the search box.

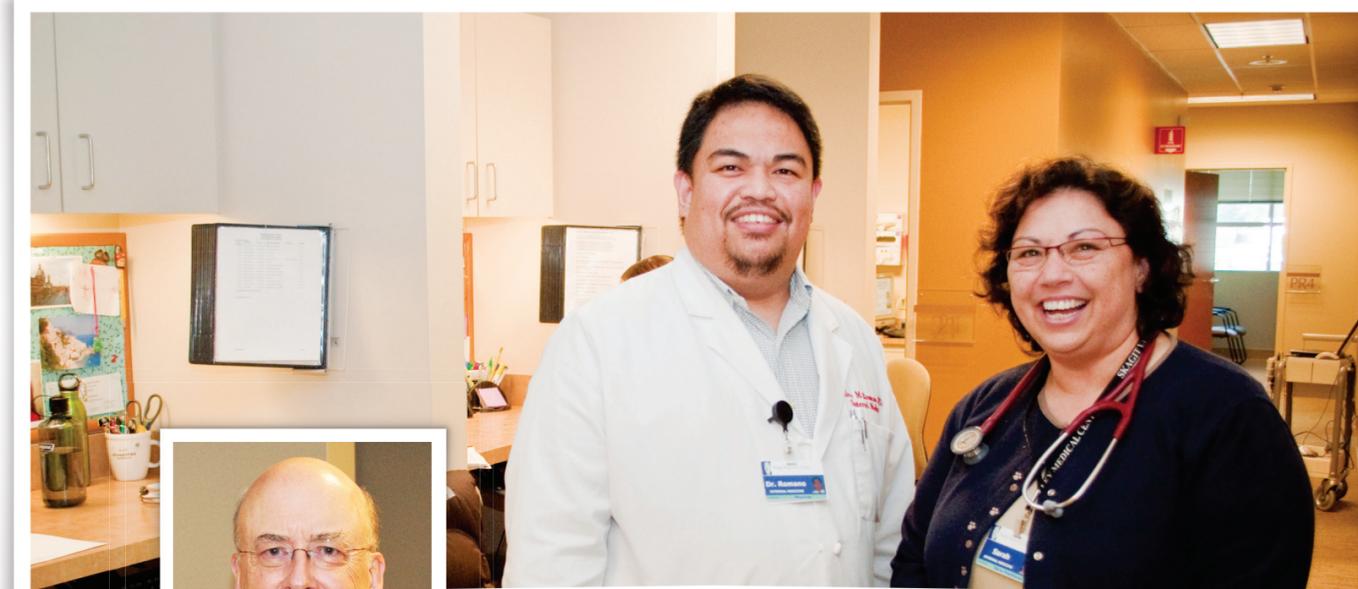
Concrete Lions Club Annual Christmas Tree Sale will return in December. For just \$20, you can have a live Christmas tree in your home. You'll find Lions Club members in George Theodoratus' field immediately west of Loggers Landing in Concrete, on Dec. 1–2, 8–9, and 15. The lot will be set up by 8 a.m. each day, with Lions Club members waiting to help you pick out the perfect tree.

All proceeds go back into the community. The Lions Club is known for its help with eyeglasses, hearing aids, school needs, and many other efforts.

Christmas in Concrete again will feature a Santa Parade on Dec. 8. The parade will begin at the PSE building on East Main St., travel across the bridge and through Concrete Town Center, and end at Concrete Center around 6:30 p.m.

Anyone who wants to volunteer, be in the parade, or donate a new, unwrapped toy is encouraged to contact organizer Gladys Silrus at 360.826.4848.

Patients First and Foremost.



Rico Romano, MD and Sarah Evans, ARNP Sedro-Woolley



Teackle Martin, MD Sedro-Woolley

“ I have been serving the patients of Skagit County for 36 years and I am committed to continue providing service to them. We care for each and every patient and value their trust in us to provide them with exceptional health care. ”

—Teackle Martin, MD

The most important part of health care is you, the patient.

We are here for you. The physicians, providers and staff of Skagit Regional Clinics in Sedro-Woolley and our seven other regional clinic locations are committed to providing quality, compassionate care to the people of this great region. We understand the importance of the relationship between a doctor and their patients and we are dedicated to maintaining those close ties. We appreciate the trust our patients place in us to provide excellent care and we look forward to continuing to serve your health care needs.

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Sports



Lions soccer ends season fierce on the field

By Adam Woodworth, head coach

October started with more of the same for the Lions soccer team.

Struggling to field a full team because of injuries and other eligibility issues, practices and games suffered. On Oct. 3 the Lions suffered a nonleague 5-1 loss against Mount Vernon High School's C team, playing with 10 players on the pitch. We struggled playing on the artificial field and despite preparing for that specifically, Mount Vernon had the edge. Jonnie Rohweder scored the Lions' sole goal unassisted in the 33rd minute.

On Oct. 9 the Lions played at Friday Harbor and lost the league match 7-0. There were some promising chances throughout, but the Lions fell short.

October 11 brought the Lions home to face Orcas Island for a league match. Orcas came out to an early lead, scoring twice in the first 16 minutes, but then the Lions shored up their defense and began to take care of the ball. In the 33rd minute, Jessica Filtz scored on a Jonnie Rohweder throw-in, and the score remained 2-1 at half. In the 51st minute, Filtz scored again on a Tate Mathis pass to even up the score. Orcas pulled ahead again two minutes later, and then Mathis scored for the Lions on a perfect through pass from defender Iris Nevin. Concrete 3, Orcas 3. It took nine more minutes of intense battling when Filtz pounded a diving header into the back of the Vikings' net via a Chloe Stidman through ball. Concrete 4, Orcas 3, 18 minutes remaining. The Lions found themselves in an unfamiliar position, defending a lead late in the second half. The whole team rallied to hold on for the victory and a league win! Xyomara Ramos had 10 saves in goal, including a blocked penalty kick.

After beating Orcas the remaining games became a big focus and motivation for the Lions. If they could win the last two games of the season, they would be

tied for second and have a tie-breaker game with Orcas, with the winner going to Bi-Districts. One win at Bi's and the Lions would be state bound! This made the last two weeks of the season very exciting, and the girls worked hard in practice to prepare for the games ahead.

First up was Mount Vernon Christian in the last home game of the season. The forecast was for a downpour, and it didn't disappoint. The Lions came out to an early lead on an unassisted goal by Jessica Filtz. Our defense looked solid and the outlook was good. Then MVC struck back. First one, then another, and another, and another. MVC 4, Concrete 1—with fewer than 19 minutes remaining. The game looked to belong to MVC and the Lions' season looked to be drawing to a close.

Then the Lions' offense caught a break and turned a corner kick from Filtz into a score by Tate Mathis to bring the score to 4-2. The girls battled hard through the remainder of the half as the time ticked down to fewer than three minutes. One more offensive push and Filtz scored again! With fewer than two minutes, it seemed almost perfect for one more chance. Turns out it couldn't have been scripted better, Filtz found herself within shooting range with 48 seconds on the clock, she beat a defender and let it fly ... goal! On to overtime!

The first overtime period belonged to the Lions with three more good chances to score, but none found the net. The second and final overtime looked promising until a ball slipped past the defense pushed up to midfield, and a lone Hurricane dribbled toward the Lions' goal. She let her shot fly and the Hurricanes won.

The intensity of the game was higher than any other this season, and the girls were very proud of their effort and, although disappointed with the end result, happy with themselves.

The final game of the Lions' season took them to La Conner, where a healthy and experienced Braves' team awaited them. The Lions' played with pride and never gave up, despite falling 9-0 on a disappointing end to a fantastic season.

The Lions wrapped up with an overall record of 1-11 and a league record of 1-7.



During an Oct. 11 home game, senior defender Heather Collins clears the ball from in front of the goal after Orcas Island players swarmed it, drawing goalie Xyomara Ramos away from the net. Concrete notched a come-from-behind victory that day, sending the Vikings home with a 4-3 loss. Ramos logged 10 saves in goal, including a blocked penalty kick.



Junior forward Jonnie Rohweder gets the ball away as an Orcas Island defender closes in Oct. 11.



Senior forward Jessica Filtz powers one toward the goal during the Lions' home game against Orcas Island Oct. 11.

Lions football team on its way to playoffs

By Ron Rood, head coach

The Concrete Lions football team had a very successful October, winning all four of its games to stay on top of the NWB-SEATAC league with a league record of 5-0 and an overall record of 8-1. The Lions qualified for a spot in the WIAA state playoffs, setting the stage for a battle against La Conner Nov. 1 for the league title.

The Lions started October with a 56-13 rout of nonleague opponent Bridgeport in an Oct. 5 game dominated by the Concrete line on both sides of the ball. Wingbacks James Luttrell and Gibson Fichter combined for almost 300 yards rushing and five touchdowns between them.

Defending league champion Tacoma Baptist came to town Oct. 12 and was beaten 36-12 in a crucial matchup of teams hoping for a spot in the playoffs. The Lion defense held the powerful Crusaders at bay for most of the night, and sophomore Fichter led the Lions with 150 yards rushing. Senior Luttrell added 109 yards to the cause.

The "Saws & Claws" trophy contest with archrival Darrington loomed next, and the Lion defense responded with a shutout as Concrete rolled to a 39-0 win.

The "Claws" rode a bruising 245-yard, four-touchdown performance by Luttrell to victory. Most of Luttrell's yardage was gained behind the right side of the line consisting of Rick Powell, Dilyn Stidman, Don Olmstead, and Jon Kucera.

Next, the Lions had to battle adversity as they traveled to the San Juan Islands to face league power Orcas Island. The fired-up Vikings held a 6-0 lead at halftime, but Concrete used a total team effort in the second half to leave the island with a 14-6 win and a spot in the state playoffs. Freshman nose guard Randall Beacham blocked an Orcas punt in the fourth quarter to give the Lions good field position, and Fichter ran the ball in from 23 yards out for the win.

The Lions finished their regular season with a Nov. 1 fight against the La Conner Braves for the league title. The Braves jumped to an early lead that a rallying Concrete team couldn't overcome; the Lions fell 47-20.

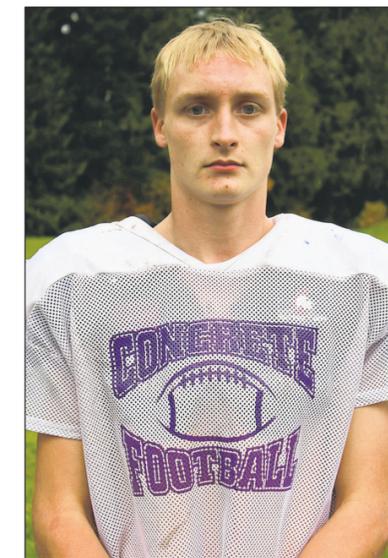
Look for an update on all November games—plus the Concrete Lions' playoff results—in the December issue of *Concrete Herald*.



Senior James Luttrell drags a Bridgeport defender as he charges toward the end zone during the Lions clash against the Mustangs Oct. 5. The Homecoming game ended with a notch in the win column for the Lions, 56-13.

Follow the Lions' playoff schedule online at www.concrete.k12.wa.us/sports.html

Athletes of the Month



Athletes of the Month are Jonnie Rohweder and James Luttrell

Jonnie Rohweder, a junior captain for Concrete's soccer team, plays forward on the field and was the team's leading scorer when she was chosen for Athlete of the Month. "She has been an exceptional captain, leading by example and working harder than ever this year," said Head Coach Adam Woodworth. "She was hands down my first choice for Athlete of the Month nominee from the soccer team for September."

Senior James Luttrell is a wingback for the Concrete Lions football team, switching to outside linebacker on defense. Lean and mean, Luttrell "gets a tremendous amount of production out of his body. He tries really, really hard," said Head Coach Ron Rood. "He's developed as an athlete and a leader this year, which has really helped us succeed." Rood added that Luttrell is likely the team's leading tackler this year.

Rohweder and Luttrell were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.



Junior Josh Rogge prepares to pull in a punt Oct. 5 when Concrete tangled with Bridgeport at home.

Winter sports begin Nov. 12!
Updated schedules for all Concrete School District sports teams are online and updated regularly. Go here:
www.concrete.k12.wa.us/sports.html

Lady Lions wrap up volleyball season

By Matthew Williams, head coach

The Concrete High School volleyball team opened up the month of October with a thrilling victory at Grace Academy, taking down the Eagles three games to two. The Lady Lions continued to play well in the beginning of the month, losing a tightly contested match at home with Shoreline Christian (0-3) followed by a convincing win at Cedar Park Christian-Mountlake Terrace (3-0).

Concrete was unable to notch another win in October, however, going 0-5 in its remaining regular-season games. The Lady Lions finished the season with an overall record of 6-12 and a 1-9 record in league play.

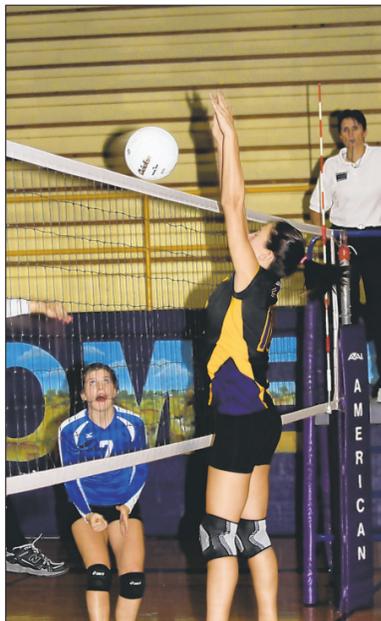
The Lady Lions wrapped up their season in the District 1 Tournament at Mount Vernon Christian High School on Oct. 26. They were swept 0-3 in both matches by the La Conner Braves and Orcas Island Vikings. It was a disappointing end to a season for a team that had achieved

so much success compared to previous seasons.

The six wins that the squad tallied surpassed the total number of victories the program had achieved over last decade—a step forward for the program as a whole. The seniors finished the season doubling their win total from their first three years combined.

Concrete's seniors took to their home floor against Mount Vernon Christian on Oct. 18 for their last home match as Lady Lion volleyball players. The Lions played a tough match, but ultimately fell to the Hurricanes in three games. Seniors Frankie Rohweder and Kylee Warner played for the program all four years they were in high school.

Many thanks to the seniors who have left an impact on the program: Hannah Brashears, Melissa Clontz, Christina Prater, Frankie Rohweder, Sophia Taylor, and Kylee Warner.



Senior Kylee Warner goes up for a block during the Lady Lions' home-court match against Orcas Island Oct. 11.



Senior Christina Prater bumps the ball as the Lady Lions took on the Lady Loggers in Darrington Oct. 16.

www.concrete-herald.com

Middle school volleyball teams end season with win, loss, experience

By Rob Thomas, head coach

With a seventh grade victory against rival La Conner, the middle school girl's volleyball season drew to a close on Tue., Oct. 23. The eighth grade team battled against a taller and more experienced La Conner team before falling in the third and final game 17-15.

The seventh grade team was limited to just six players all season. As such, the girls gained extensive experience as the season progressed. In fact, they won back-to-back matches against Mount Vernon Christian and La Conner to end the season.

The eighth grade team settled down with two six-person rotation teams and found much greater success during the season. Consistently playing with the same six

girls enabled the eighth graders to learn what to expect from one another and be more successful.

The strength for both teams proved to be their accuracy in serving. Though serving mostly underhand, getting the serve in enabled both teams the opportunity to keep the ball in play and score. The result was longer volleys and the further development of individual and team skills. The greatest unmet challenge throughout the season was the lack of communication on the court. Not calling for the ball ended up costing both seventh and eighth graders far too many points throughout the season.

From a coaching standpoint, the eighth graders have a foundation to build upon as they transition to the high school program. The seventh graders have extensive game experience, which should bode well for next year. The girls never quit during practice or in the games, and they continued to improve throughout the season. As a coach, I could not be more proud of their effort and attitude.



Hannah Rensink (left) and Kevah Martin gang up on a ball during an eighth-grade volleyball game at Darrington Oct. 16.



Eighth-grader Riley Pritchard taps the ball over the net during the Oct. 16 middle school matchup at Darrington.

Winter sports begin Nov. 12 ... Winter sports begin Nov. 12 ... Winter sports begin Nov. 12 ... Winter spo

www.concrete-herald.com

CONCRETE HERITAGE MUSEUM NEWS

October was a busy month with Ghost Walks every Saturday night. Once again the walks proved to be a fun event for the museum members and guests alike.

Some months ago we reported on the series of photographs detailing the construction of the Lower Baker Dam from 1924-5. That one-of-a-kind collection was restored and copied by Puget Sound Energy for the museum. After receiving an enhanced copy of the entire collection, we turned the original photos over to the Center for Pacific Northwest Studies (CPNWS) in Bellingham. Their state-of-the-art storage facilities will ensure the protection of the originals. Those photos now have been included in the online catalog for the CPNWS. Check out the following links:

- <http://nwda-db-orbiscascade.org/findaid/ark:/80444/xv21008>
- <http://library.wvu.edu/news/11742>
- <http://library.wvu.edu/cpnws> (The main site for the CPNWS.)

Efforts are being made to either reprint

the popular Town of Concrete Walking Tour guides or to develop a new brochure to help entice folks to come visit not only the museum, but Concrete in general.

The holiday shopping season is rapidly approaching. What better gift to send those out-of-town relatives who already have too much stuff, but a copy of the book *So They Called the Town Concrete*, now on sale at Albert's Red Apple? (Please check them out at the Lotto Counter.) Order forms also may be found at www.stumpranchonline.com/concreteheritagemuseum.

Special museum tours may still be arranged by contacting Robin Wood at 360.826.3075 or r-g-wood@juno.com.

As much as the Museum Association tries to be involved in the community, we need the community to be involved with us too. Please join us for a meeting. Monthly meetings are held year-round on the second Thursday of each month at 7 p.m. in the museum.

—John Boggs

At the Upper Skagit Library

Thank you very much to those who filled out the **10-page survey** for the library. The amount of data obtained will be very helpful in planning the next steps for the library. The results are available on the library's Web site (www.upperskagit.lib.wa.us). Those who filled out the survey were able to enter a drawing for five \$30 cash prizes generously donated for the purpose. The lucky winners were Marjorie Anderson, Alice Mosby, MarLee Osterbauer, Shirley Partington, and Ellen Wheeler.

The community conversation—**Let's Talk Library**—on Oct. 25 was attended by a smaller crowd than hoped for, but quite a few good ideas came out of the meeting. There are plans to continue these conversations in other parts of the library district to give as many people as possible the chance to provide input.

Small crowds attended the puppet show for children presented by Skagit Domestic Violence & Sexual Assault Services and

the Liz Adair writing workshop. Both were great learning experiences.

Upper Skagit Library has borrowing agreements with the other libraries in Skagit County. The residents of the library district (the rural area of the Concrete School District) must visit the library to get a sticker on their library card. That sticker, along with the proper identification, allows users to apply for a library card at any of the other five libraries. Books borrowed from one of the other libraries must be returned to that library. Just a reminder: The other libraries charge fines!

In November the library district will submit the 2013 budget to the county commissioners. The public budget hearing is scheduled for Nov. 8 at 5 p.m., before the regular board meeting at 6 p.m. In January 2013, board meetings will switch to the third Thursday of each month at 5 p.m.

—Aimee Hirschel, director

Please support Concrete Herald advertisers!

November at the Darrington Library

Children

- Baby & Me Storytime, Fridays, Nov. 9 and 16, 10-10:30 a.m.
- Preschool Storytime, Fridays, Nov. 9 and 16, 10-10:30 a.m.
- LEGO Club, Thursday, Nov. 15, 3 p.m. Children in Kindergarten through fifth grade are invited to come and build whatever they can imagine through individual and cooperative play.

Adults

- Guitar for Parents, Tuesdays, Nov. 13 and 20. Learn how to play guitar and sing songs for children in this weekly class for adults. Participants will learn chords, basic strumming and picking patterns, and a bookload of songs

to sing at home. Preregistration is required.

- Bibliophiles: *Cleopatra, A Life*, by John Steinbeck, Wed., Nov. 7, 6:30 p.m.-8 p.m.
- Darrington Friends of the Library will meet Wed., Nov. 7, from 5:30 to 6:30 p.m. The meeting is open to the public.
- Tapestry, Darrington's knitting/crocheting/quilting group, meets the fourth Monday of each month. Its next meeting is Mon., Nov. 26, from 6 to 8 p.m. Persons of all ages are welcome.

For more information, go to www.sno-isle.org?ID=1194.

—Bryan Stratton, branch manager

Concrete Theatre enters fundraising home stretch

After October fundraising efforts that included a Bluegrass music concert and an art auction, Concrete Theatre's "Donate to Digital" campaign had reached \$42,000 as of Oct. 29.

Aided by a fundraising committee staffed by local theater supporters, theater owners Fred West and Valerie Stafford are attempting to raise \$50,000 by year's end. The money is needed to buy a digital projection system to accommodate the film industry's switch to an all-digital format.

In November and December, the theater plans an array of special events in addition to a new movie every weekend.

"**The Lost Airmen of Buchenwald**" will screen Thur., Nov. 8, at 7 p.m. The feature-documentary chronicles the little-known story of Allied airmen imprisoned at the Buchenwald Concentration Camp in the final months of World War II. Special guests Joe Moser (the 90-year-old P-38 pilot on whose story the film is based) and Executive Producer Gerald Barron will attend, and Kelly Siebecke from Birdview will sing the National Anthem. Free admission for veterans; regular movie prices for all other attendees.

A **Chinese Puppet Show** presented by Dragon Art Studio of Portland, Ore., will take the stage Sun., Nov. 11, at 1 p.m. All seats are \$5.

"**Head Games**," a new documentary

that tells the story of football player and wrestler Chris Nowinski's quest to uncover the truth about sports-related head injuries, screens on Thur., Nov. 15, at 7 p.m. Admission is free; the film is sponsored by United General Hospital. Rated PG-13.

Comedy Night with Travis Simmons, a Seattle-based stand-up comedian, will be held Thur., Nov. 29, at 7 p.m. All seats are \$10.

World-renowned electric violinist Geoffrey Castle will bring his popular Celtic Christmas Celebration to Concrete Theatre on Thur., Dec. 6, at 7 p.m. Tickets are \$20 and are available online at www.concrete-theatre.com.

For more information and to purchase tickets, go to www.concrete-theatre.com or call Concrete Theatre at 360.941.0403.

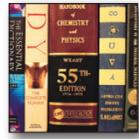
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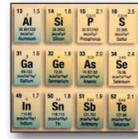
SEDRO-WOOLLEY MUSEUM & GIFT SHOP

Spaghetti Feed
Nov. 9

725 Murdock St. | 360.855.2390
www.sedrowoolleymuseum.org



Academics



Youth Dynamics back in full swing

Concrete Youth Dynamics has kicked off the school year once again with a plethora of fun, exciting, and crazy games and activities on Monday nights.

We started the year with a barbecue and some Ultimate Frisbee at Veterans Memorial Park in September. We ate some All-American food, flung the frizz, and had the high school students talk about their expectations and what they wanted to get out of this school year.

The first Monday night in October we held our annual Cardboard Gladiator Night. The students construct armor out of cardboard and duct tape, and then must compete in strength and agility competitions. Congratulations to River Lee, Alle Canales, and Colton August as they came out on top!

Next up was the Fall Rave! We had a great group of young people attend, and everyone participated, which always makes it more fun. With the lights out, glow sticks waving around, techno music thumping the walls, and some mad dancing, it was impossible not to have a good time. Jessica Filtz and Taylor Sterne were crowned as dance champions.

On Oct. 15 we had a Capture the Flag Night at the Sternes' (a huge thank-you for hosting again!). For the second Monday in a row it was dark and involved glow sticks, only this time it was only two glow sticks and no techno, just the silence of the woods, and the high-pitched shrieking when someone got caught.

October 22 was dodgeball/kickball night, and the youth were able to release a lot of tension, stress, and anger on little foam balls. This one is always a "hit" (just not in the head, Dallas)!

Next up was our annual Harvest Party

on Oct. 29 at the Harrison Farm, (thanks for hosting), where we gave away tons of door prizes, ate lots of goodies, and had a pumpkin toss, musical hay bales, pumpkin carving contest, best costume, and a bonfire.

As you've probably guessed by now, we have a lot of fun. We meet every Monday night throughout the school year, and all high school students are encouraged and welcome to attend. We have many activities scheduled, and we cover a lot of topics during the school year.

At Concrete YD we want the students to feel accepted, loved, and respected. We want to help them make better life decisions, and we want to do it in a very positive atmosphere. If you have a son or daughter who you think might be interested in Youth Dynamics, give Kevik and Marta Rensink a call at 360.853.6815.

—Kevik Rensink

Lyman Co-Op Preschool now enrolling for 2012–13 toddler class

Lyman Co-Op Preschool is enrolling for its 2012–2013 toddler class for ages 2 to 3-1/2 years old.

Class will be on Tuesdays and Thursdays from 9:15 a.m. to noon. The class is designed to be an introduction to a classroom setting, with emphasis on social skills and behavior. A wide variety of themes are presented and explored through hands-on learning in science, art, books, music, and drama plays.

For more information or to register, call 360.855.3639 or 360.826.4579.

Cross-age tutors recognized at Lyman Elementary

Lyman Elementary School honors its cross-age tutors for the 2012–13 school year. The tutors applied for their positions, received parent permission, and gained classroom teacher permission.

Kindergarten tutors

Elizabeth Thramer
D.J. Benjamin
Dana Revey
Dusty Rhodes
Tyler Fisher

First grade

White noise

Look beyond your horizon, is nothing there?
Through the strong parameter of your conscious mind
Does come that indescribable, overpowering feeling of discontent?

In the summer time,
Alone in a dark room
While conflicts rage
And the light that hugs the earth,
Is so humbly set free

Though you humbly fail,
To take control, helpless are you
At the mercy of your conscience
Sometimes that voice, is a most demonic power

The summer sky holds no white noise,
To grasp on to
White noise is a stronghold for which peace is conceived in.
It may ease you.

Sit alone, in a dark room
Let tranquility pulsate through you

It starts with the rain doesn't it?
Its vibration, hitting metal roofs
Soothing you to sleep
Calming your body, allowing it to breathe

And when you lie, so solitary
That gentle voice, it will bring you peace
And that voice, you so often depend on
It finally speaks to you, the things kept secret
You take comfort in its evil words
Oblige to its demands
You take comfort in the pain
It's most familiar to you

Machaela Nieshe
Katie Backstrom
Isaak Sanders
Kaitlyn McKibbin
Carter Trammell

Second grade

Brynna Lee
Laura Kester
Caleb Miksovsky
Skylar Lybarger
Maria Sturlaugson
Patrick Miksovsky

And when the rain stops
Does creep in that indescribable,
Overpowering feeling of discontent.

Rain it changes, I know
From falling to drifting
In its solid form
It's my white noise, my poison
My soulless distraction
And in creeps the voice of my conscience
That voice begins timid and fearful, but sometimes
That voice is a most demonic power

Impossible to mock thy departure, I'm far too gone,
A cold victim to season.

Once evil thoughts have got you
You become helpless to defend
Find a place in nowhere to be found
And be consumed by a bleached white world

I feel the freezing upon my shoulder
With the growing intensity of the numbing sensation
I can almost feel relief

I feel the freezing upon my chest
Thoughts break through the walls,
The cold has over my mind
Filtering through memories
Making the seconds last

I feel the freezing upon the periphery of my vision
Consuming my sight
I lie still and make not a sound

Vibrant warmth comes at the last moment
Of my conscience's power
Its words are muttered in vain
I'm parted from its relentlessness
That voice, it's a most demonic power

Daniel Starks, 18

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"His Kids" Fun Nights

Community Bible Church, 45672 Limestone, Concrete

Children ages 5th–8th grade // separate group for 6th–8th grades

Meets the first and third Sunday of each month, through June 2013

5 to 7 p.m. (dinner at 5 p.m.) // 360.873.4348 or debkayr@hotmail.com



Clear Lake



What's your vision for Clear Lake Beach Park?

Second meeting will discuss the future of community park.

A second public forum to discuss a new site plan for Clear Lake Beach Park is scheduled for Thur., Nov. 29, at 6:30 p.m. The meeting will be held at Clear Lake Elementary School, 23631 Lake St., in Clear Lake, and hosted by Skagit County Parks and Recreation.

The November meeting follows a Sept. 20 forum that began the process of gathering ideas from community members, said Parks and Recreation Director Brian Adams. At that meeting, attendees voiced their ideas for park improvements and upgrades. They were asked to provide feedback regarding what is working well, what problems exist, and what opportunities exist for the park.

The park's sandy beach, dock, and

playground were among elements favored by attendees at the first meeting. Problem areas included garbage, inadequate parking, lake water quality, and the perceived abandonment of the annual Penguin Dip event. Suggested new amenities included fencing, plumbed restrooms, shielded flood lights, and a covered banquet/barbecue area.

This month's meeting will discuss short- and long-term options for the park. A preliminary site plan also will be available for comments and feedback.

A third meeting is planned for early 2013, during which a "final" site plan will be available for comments and feedback.

For more information, call Parks and Recreation at 360.336.9414.

Outdoor burning restrictions lifted Oct. 17

After almost three months, the outdoor burn ban was lifted Oct. 17 for all unincorporated areas of Skagit County. The decision was made by the Skagit County Fire Marshal's Office in conjunction with neighboring counties.

Those who live within an incorporated city or town, or within an urban growth area in Skagit County, should contact their city fire department for burn restriction information.

In unincorporated Skagit County (outside of urban growth areas), residents may burn a pile four feet by four feet (or smaller) of natural vegetation without a permit. Residents need to apply for a

burn permit from the Skagit County Fire Warden if they plan to burn pile sizes greater than four feet by four feet of natural vegetation. A message for the Fire Warden can be left at 360.419.7701. He will compile a list of those people who require burn permits and will contact each person in the order their request is received.

Only natural vegetation (leaves, grass, and tree trimmings) may be burned. It is never legal to burn any of the following: garbage, household trash, lumber, building construction waste, or demolition debris.

For more information regarding the burn program, see the Fire Marshal page at www.skagitcounty.net or contact the Skagit County Fire Warden at 360.419.7701.

PSE urges public to be prepared for first storm of the season

BELLEVUE — With fall's first weather system now an October memory, Puget Sound Energy crews and emergency responders are ready if forecasted high winds and heavy rain batter the region.

"While the sun was shining these past few months, our crews were busy trimming trees, working on reliability projects, and getting ready for winter," Andy Wappler, a certified meteorologist and PSE vice president of corporate affairs, said in October. "Now that the weather is changing, those preparations will help us serve our customers as storm season begins. Our crews are ready for storm season, and we want families and businesses to be ready too."

Although the National Weather Service predicts an El Nino weather pattern, which typically results in a mild mid-to-late winter with warmer and drier weather than average, the phenomenon has little impact on reducing the number of fall and early winter storms. As an example, meteorologists point to the very stormy fall of 2006, which brought flooding, snow, and the devastating Dec. 14-15 Hanukkah Eve wind storm.

More than 250 PSE personnel recently took part in the utility's annual "mock

storm" exercises at PSE's Emergency Coordination Center and its storm bases in Olympia, Puyallup, Kent, Redmond, Poulsbo, and Burlington. The series of drills required crews to simulate all aspects of response to a major, widespread storm, from assessing damaged electrical systems and dispatching line crews to coordinating with local emergency-service agencies and communicating with customers and the media.

While effective, well-planned storm response is vital, Wappler said, equally critical is the work PSE does throughout the year to harden its energy-delivery infrastructure. PSE invests more than \$100 million per year to maintain its electric system and enhance equipment reliability. The effort includes such things as:

- Trimming or removing trees that are threatening to come into contact with power lines.
- Strategically replacing overhead power lines with specially coated "tree wire" that is less prone to power outages if a tree branch falls into the line. This year PSE is installing more than 40 miles of this high-strength wire.
- Upgrading substations and replacing aged transformers, fuses, breakers, power poles, and other electrical equipment.
- Replacing overhead power lines in outage-prone areas with underground cable.



Community Calendar



NOVEMBER

- 6 Election day
- 7 Public Meeting: Early concept briefing on proposal for redevelopment of Northern State property, Sedro-Woolley Council chambers (325 Metcalf St.), 6 to 7 p.m.; info at 360.855.9922
- 8 "The Lost Airmen of Buchenwald" plays at Concrete Theatre, 7 p.m.; free admission for veterans; info at www.concrete-theatre.com
- 9 Spaghetti Feed to benefit Sedro-Woolley Museum, Joy's Sedro-Woolley Bakery, 4 to 7 p.m.; see notice, p. 16
- 10 KSVU 90.1 FM fundraiser dinner/dance, Concrete Center, dinner at 6 p.m., dancing from 7 to 10 p.m.; \$7 suggested donation, extra charge for dinner/dessert; see notice, p. 6; info at 360.853.8588
- 11 Chinese Puppet Show, Concrete Theatre, 1 p.m.; all seats \$5; info at www.concrete-theatre.com
- 12 Veterans Day
- 13 Veterans Day Parade, Concrete Town Center, 1 p.m.
- 15 "Head Games" (documentary about sports-related head injuries), Concrete Theatre, 7 p.m.; free admission; info at www.concrete-theatre.com
- 15 American Rhododendron Society, Komo Kulshan Chapter meets (p. 34)
- 16 PSE Tradeshow, PSE Skagit Service Center, 1660 Park Lane, Burlington, 4 to 6 p.m.
- 17 Planting Party at Howard Miller Steelhead Park (west end), 10 a.m. to 1 p.m.; see article, p. 24; info at ldegrace@skagitfisheries.org or 360.336.0172
- 17 Darrington Community Dance, Mansford Grange, Darrington, 5:30 p.m. start; \$7 suggested donation; see notice, p. 25; info at 206.402.8646
- 22 Thanksgiving Day
- 22 Sedro-Woolley Community Thanksgiving Dinner, Cascade Middle School, 12:30 to 3 p.m.; free admission, donations accepted; info or volunteer details at 360.855.0231 or slokkebo@yahoo.com
- 29 Clear Lake Beach Park site plan public meeting, Clear Lake Elementary School, 23631 Lake St., Clear Lake, 6:30 p.m.; info at 360.336.9414
- 29 Comedy Night with Travis Simmons (Seattle stand-up comedian), Concrete Theatre, 7 p.m.; all seats \$10; info at www.concrete-theatre.com

DECEMBER

- 1 35th annual Country Christmas Bazaar, Marblemount Community Hall, Marblemount; noon to 4 p.m.; see notice, p. 26; info at 360.708.4603 (text) or call 360.873.4344
- 1 Marblemount Open Mic, Marblemount Community Hall, Marblemount, 5 to 8 p.m.; see notice, p. 26; info at 360.708.4603 (text) or call 360.873.4344
- 2 "Candlelight Service of Remembrance," Lemley Chapel, 1008 Third St., Sedro-Woolley, 2 p.m.; info at 360.855.1288 or info@lemleychapel.com
- 6 Celtic Christmas Celebration with electric violinist Geoffrey Castle, Concrete Theatre, 7 p.m.; all seats \$20, available online; info at www.concrete-theatre.com or 360.941.0403
- 8 Darrington Holiday Bazaar, 9 a.m. to 3 p.m.; see notice, p. 25
- 8 Christmas Parade in Concrete, Concrete Town Center, 6 p.m.; starts at PSE building, ends at Concrete Center with gifts for kids; info at 360.826.4848
- 13 "The 'Kind' Christmas Visitors," a play performed by Community Bible Church members, Concrete Theatre, 7 p.m.
- 16 "The 'Kind' Christmas Visitors," a play performed by Community Bible Church members, Community Bible Church, Concrete, 6 p.m.
- 31 Deadline for ads submitted for 2013 North Cascadian Travelers' Guide; info at editor@concrete-herald.com or 360.853.8213

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Coffee Talk, a casual conversation about Concrete's transformation, meets the third Fri. of each month at 8 a.m. at The Washington Cafe and Bakery, Concrete Town Center. 360.853.8213.

Concrete American Legion Post and Auxiliary meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or concretechamber@mac.com.

Concrete Heritage Museum Board meets the second Thur. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or concreteheritagemuseum@stumpranchonline.com

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete School Board will meet Nov. 29 at 6 p.m. in the high school Commons. The board will hold a workshop on Nov. 26, at 6 p.m. in the high school Commons. 360.853.8141.

Concrete Theatre Fundraising Committee meets the first and third Tuesday of each month at the East County Resource Center on Main St., Concrete (enter through far west door). billpfeifer@yahoo.com

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

Darrington Area Business Assn (DABA) meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.net.

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Friends of Upper Skagit Library (FOUSL) Board meets the third Tuesday of odd-numbered months at the East County Resource Center in Concrete, at 1 p.m. Public welcome to attend. uslfriends@gmail.com.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.com.

KSVU 90.1 FM hosts free trainings and a studio open house every Wed. from 1 to 4 p.m. at the Concrete studio in Portable B behind Concrete Elementary School. Monthly radio staff and volunteer meetings are held the last Thur. of each month at the same location. 360.853.8588.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.com.

PFLAG (Parents, Families, and Friends of Lesbians and Gays) Skagit County Chapter, meets the second Monday of each month at The Safe Haven Room, Central United Methodist Church, 1013 Polte Rd. Sedro-Woolley, from 7 to 8:30 p.m. 360.856.4676, www.pflagskagit.org.

Saukrates Cafe meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 5 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

Sedro-Woolley School District Board meets for its regular meeting Nov. 14 at the Support Service building and Nov. 26 at Cascade Middle School, at 7 p.m. 360.855.3500 or rmiller@swsd.k12.wa.us.

Upper Skagit Library District (USLD) Board meets the second Thur. of each month at 5 p.m. in the library, located in the Ted Anderson building on Main St. in Concrete. Public is welcome. 360.853.7939 or info@upperskagit.lib.wa.us.

Savvy businesses advertise in Concrete Herald

Targeted. Five thousand copies circulate through Whatcom, Skagit, and Snohomish Counties every month, reaching an untapped market of readers, many of whom say they read only *Concrete Herald*.

Smart. Concrete Herald keeps your ad in front of readers' eyes for three to four weeks per placement.

Flexible. A variety of options accommodate your goals and budget. Ad design services also are available.



"Our ads in *Concrete Herald* help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from *Concrete Herald* readers."

~ Valerie Stafford
communications director
United General Hospital,
Sedro-Woolley

Concrete Herald

The Voice of Eastern Skagit County
www.concrete-herald.com 360.853.8213

GOLD NUGGET JEWELRY & LOAN
We BUY, SELL, & LOAN

Have an Amazing Thanksgiving Day!

Hate Shopping but don't want to miss the after Thanksgiving deals?

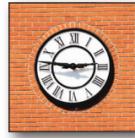
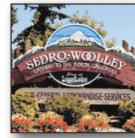
Come to our 'GOLD FRIDAY' sale on Friday Nov. 23rd from 10am-6pm
(we don't wake up early either) **Our 2nd largest sale of the year!**

10-75% off selected items throughout the store.

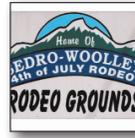
Expect Snacks & a Gift Giveaway Drawing!

Come shop for yourself or for Christmas! Put it on layaway!

Hours: Mon-Fri 10-6 Sat 10-5 Web Site: GoldNuggetPawnShop.com
Located at the 4-Way stop on Hwy 530 & Mt. Loop Hwy in Darrington 360-436-1029



Sedro-Woolley



Heaven on wheels

Skate Park celebrates Oct. 13 grand opening.

Soggy skies did little to dampen the spirits of more than 100 skateboard enthusiasts who descended on Sedro-Woolley's latest skater-friendly attraction: a brand-new skate park that already is being touted as the finest one north of Seattle.

The new skate park is located on the same site as the old one, adjoining the baseball field on Metcalf near SR 20, tucked into the field's southeast corner. A few cosmetic items still needed to be installed on Oct. 13, but the parts that matter were in place and being used by eager skaters.

The project was spearheaded by the Sedro-Woolley Rotary Club, which billed it as its premier project for 2012-13. Rotary Club President Doug Wood was all smiles at the grand opening, standing in the rain, thanking individuals

and businesses for their support of the project, which cost more than \$100,000. It could have been more, but several area businesses and individuals donated labor and materials—or sold them at cost—to minimize the project's price tag as much as possible.

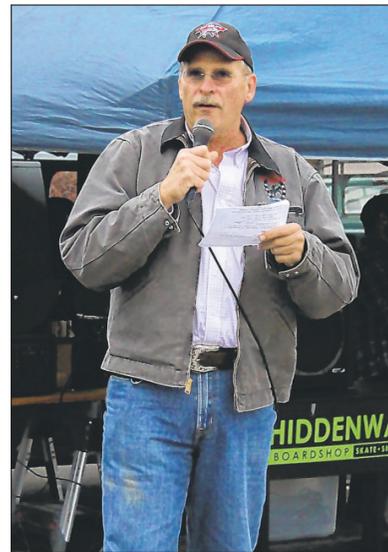
The push for support isn't quite over, however, said Wood. The project still could use contributions in a number of ways, including:

- Purchasing a piece of the skate park, such as a brick, bench, drinking fountain, or other element
- Donating cash or in-kind labor and materials toward construction
- Sponsoring an area as a group or as an individual
- Sponsoring a fundraising event

—J. K. M.



Zach Schmidt, 17, from Sedro-Woolley, does an Ollie during the grand opening of the Sedro-Woolley Skate Park Oct. 13.



Sedro-Woolley Police Chief and Rotary Club President Doug Wood speaks during the skate park's grand opening ceremony.

The 2012 Magic of Christmas
Saturday December 1st
 Parade & Festivities begin at 3pm
 Free Pony Rides
 Free Train Rides
 FREE Children's Activities & Crafts by The S-W Boys & Girls Club
 Tree Lighting kicks off the Parade at 5pm
 Presented By **UNITED GENERAL HOSPITAL**
 360-855-1841
 www.sedro-woolley.com



Shelby Hurley from Sedro-Woolley had reason to smile Oct. 20, after being crowned 2013 Sedro-Woolley Rodeo Queen. Hurley was chosen from a field of four finalists, including Quincy Gundersen, Kylee Schwartz, and Makhala Fox. Gundersen captured the Miss Congeniality and Runner Up awards that evening.

Skagit Farmers Supply adds Ace Hardware products to its lineup

Skagit Farmers Supply has partnered with Ace Hardware to expand its inventory, bringing a full lineup of hardware and related products to its shelves.

Store Manager Sue Calkins said the store still carries all the pet, livestock, and horse supplies its customers have come to expect, "we've simply added on to our mix of products in order to serve our local community better—based on what they've asked for," she said.

The additional products hit the shelves Oct. 29 and include a full line of Craftsman tools, plumbing supplies, an electrical department, housewares, and paint. They'll even cut a key for you.

"Now we carry so much more for farmers," said Calkins. "We're trying to make it more of a one-stop shopping convenience for our customers."

Ace Hardware has 80,000 products available on its Web site, said Calkins. Customers can order items online or in-store and have them shipped to the store for free.

Spaghetti feed to benefit museum

Joy's Sedro-Woolley Bakery will sponsor a spaghetti feed to benefit the Sedro-Woolley Museum on Fri., Nov. 9, from 4 to 7 p.m.

Admission is \$8.50 per person. Children 12 and under are \$5.

The menu is spaghetti, salad, and French bread. Tickets are available at Joy's Bakery and the museum.

Thanksgiving Dinner Nov. 22

The annual Sedro-Woolley Community Thanksgiving Dinner will be held at Cascade Middle School in Sedro-Woolley on Thur., Nov. 22, from 12:30 to 3 p.m.

The dinner is free to all members of the community. Family-style seating includes tables and chairs. The dinner is handicap-accessible. Donations are accepted.

For more information or to volunteer, contact Stephanie Lokkebo at 360.855.0231 or sllokkebo@yahoo.com.

Troop Support work parties to begin this month

Sedro-Woolley Community Troop Support will collect donations until Nov. 11 (Veterans Day) for its Christmas care packages being sent to military members serving overseas.

Work parties will be held soon after Veterans Day at the SWCTS warehouse in Sedro-Woolley to begin assembling care package boxes. Volunteers are needed to ensure packages are ready for mailing before Thanksgiving.

Troop Support will accept names of loved ones serving overseas through Nov. 11. Names can be submitted via Facebook at www.facebook.com/swcts or by e-mailing swctsgroup@gmail.com. Include the recipient's full name and complete mailing address, plus the military branch in which they serve.

Cash donations are appreciated and will be used to pay for postage, phone cards, boot socks, and more. Submit Christmas cards and letters for care package recipients to SWCTS. Cash donations, cards, and letters can be sent to SWCTS, P.O. Box 817, Sedro-Woolley, WA 98284.

There are multiple donation drop-off locations from Concrete to Anacortes.

S-W Park Service employees recognized

National Park Service Pacific West Regional Director Chris Lehnertz recently announced the 2012 Pacific West Regional Director's Awards for Natural Resource Management.

Two of the recipients are based in Sedro-Woolley. Dr. Jon Riedel received the award for "Natural Resource Management" and Steve Gibbons received the award for "Professional Excellence in Natural Resources."

Riedel, a North Cascades National Park geologist, was recognized for three significant accomplishments. First, he led the team that developed the Stehekin River Corridor Implementation Plan and Environmental Impact Statement.

Second, Riedel developed the landmark North Cascades Glacier Monitoring Program. This program, which is in its 20th year, has set the standard for glacier monitoring in the National Park Service and is at the forefront of understanding the impacts of climate change on the North Cascades ecosystem.

A list of drop-off sites and suggested donation items is posted online at www.swcommunitytroopsupport.com and on the group's Facebook page.

For information or to volunteer, contact Chairperson Marilyn Pineda at 360.856.4397 or at coordinator@swcommunitytroopsupport.com.

Make a Difference Day

On Sat., Oct. 27, SWCTS had an amazing turnout of volunteers to help sort through the generous donations of care package items received so far during the group's 2012 Christmas Campaign. More than 10 grocery carts of donations had been gathered by SWCTS during its Donation Drop Off Day events for men and women serving overseas in the military. As Make a Difference Day kicked off, more than 25 volunteers came together at the group's warehouse in Sedro-Woolley to break down, sort, and inventory those donations to get them ready for the Christmas mailing.

Make a Difference Day inspires volunteers to organize projects to help others in their communities. Sponsored by USA WEEKEND Magazine and its 800 carrier newspapers, projects are eligible to enter for national recognition and win \$10,000 for your favorite charity.

—Tammie Werner, Marilyn Pineda

Third, he has served as a teacher and mentor, using his professional knowledge to serve as an informative and entertaining instructor for youth and adults.

Steve Gibbons, National Park Service Pacific West Region natural resource specialist who is duty-stationed in Sedro-Woolley, was recognized for two significant accomplishments.

First, during his 20 years as the Pacific West Region National Landmarks coordinator, he has successfully collaborated with National Natural Landmark managers to earn matching grants totaling more than \$380,000 and accomplish more than 35 projects that include interpretive exhibits, trail improvements, restoration projects, weed control, evaluation reports, signage, and informational books and brochures.

Second, as co-coordinator for the Pacific West Region threatened and endangered species program, Gibbons has provided effective leadership and vision for the protection of federal and state-listed species managed in and near national parks.

—Submitted by National Park Service



City and chamber officials held a ribbon-cutting ceremony Oct. 24 for Cascade Clinic, a new business located at 500 W. State St. in Sedro-Woolley. The medical office is helmed by Kathy Bradford, ARNP, and is open Monday, Tuesday, Thursday, and Friday. Photo by Paula Johnsen.

Ann Stiles has been named executive director of Country Meadow Village, a Village Concepts community in Sedro-Woolley.

Stiles brings a wealth of knowledge to the retirement community, acquired from her 30-year career in the senior living industry.

"It is a privilege and honor to serve the residents and families of the Skagit Valley," said Stiles in a release. "I am looking forward to creating many

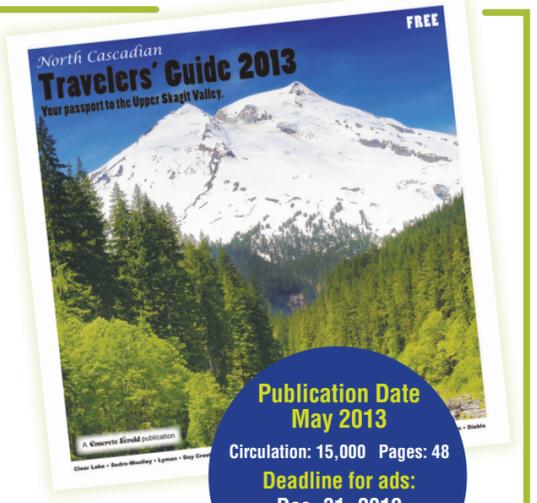
great relationships as we work to bring retirement to life."

Stiles received her degree in Long Term Health Care Administration from the University of Wisconsin in Eau Claire, Wis. She lives in Sedro-Woolley with her husband, Brian, and family.



The Travel Guide is back!

Reach visitors to the Upper Skagit Valley by advertising in the 2013 North Cascadian Travelers' Guide.



Publication Date
May 2013

Circulation: 15,000 Pages: 48

Deadline for ads:
Dec. 31, 2012

Deadline for payment:
Jan. 31, 2013

The Travelers' Guide will showcase the history, plus current activities and events for visitors to:

Clear Lake, Sedro-Woolley, Lyman, Day Creek, Hamilton, Birdsvie, Grasmere, Concrete, Rockport, Darrington, Marblemount, Newhalem, and Diablo.

A Concrete Herald Publication

For more information or to request an advertising rate card, send an e-mail to editor@concrete-herald.

Call 360.853.8213



Lyman



Town lands water systems grant

Town of Lyman has received a \$24,000 water systems Community Development Block Grant.

This grant is a planning-only grant, which will allow the town to complete the planning portion of updating its water system plan.

Lyman is in the process of fulfilling a Department of Health requirement to provide a draft copy of the plan by March 2013. The grant is timely and necessary, said Town Clerk Debbie Boyd.

"We're a couple years behind schedule; I'm sure that made it easier for us to get (the grant)," she said.

In 2002 the town installed a new water system using an old plan. "So we had an old plan with a new system," said Boyd.

That fact became problematic a few years ago, and the town began looking for help securing grant funds to develop a new plan. The Arlington office of Gray & Osborne Engineers came to the town's aid; the town ended up choosing that firm to develop the plan.

—J. K. M.

Lyman annexes into Fire Dist. 8

It's official. Town of Lyman has merged with Fire Dist. 8.

The annexation was made official Oct. 10 when the district passed a resolution to accept the annexation.

And none too soon, said Lyman Clerk Debbie Boyd. Prior to the annexation, "[the town] was collecting \$1.19 per thousand in property taxes, and handing \$1.06 to the district for fire protection. We couldn't have continued running our town on 13 cents per thousand."

Lyman Town Council decided to put the decision to a "vote" by citizen petition, asking the property owners—who would end up footing the bill—to decide whether to annex. More than 73 percent signed the petition for annexation.

Because of the timing of the decision, residents won't be assessed at the new tax rate till 2014, said Boyd. "They'll get a year of reprieve."

Boyd added there's little doubt that it was the best decision for the town and its residents.

—J. K. M.



Town of Lyman staff, local volunteers, and representatives from Sound Ocean Metal Fabricators converged on the Lyman Cemetery Oct. 10 to install a new flag pole and raise a new flag to its 32-foot height. The flag pole was built by Sound Ocean after employee Lance Averbek talked to his employer and got the nod. Shown just before hoisting the flag are, from left, Lyman Public Works Director Mark Kitchen, local volunteers Doug Davis and Paul Dotlich, former Lyman Mayor Chris Stormont, and Aaron Churchill, Shaun Bachteler, and Rex Averbek from Sound Ocean Metal Fabricators. The flag was donated by Joel Clayton (U.S. Navy-ret.) from Sedro-Woolley.



Lyman Elementary students raise their hands in response to a question during an Oct. 3 visit from the Mobile Science Bus, an outreach arm of Seattle Children's Research Institute. The topic at hand was "Seeking the Sugar Solution." Looking on is Amanda Jones, Ph.D., director of the Health & Science Education Outreach Program of the institute. The bus, a.k.a. "Science Adventure Lab," travels the state visiting schools. Staff lead hands-on science experiments that teach students how to become health investigators in an authentic laboratory setting.

Angel Tree effort begins

The 6th annual Christmas Angel Tree is now under way. Anyone wishing to help those in need in our community can pick angel tags, either online at www.facebook.com/lymanangeltree or stop by during regular office hours at Lyman Town Hall and pick tags off the tree.

Choose the tags of your choice off the tree and either write down your selection on the sign-up sheet if selected at Town Hall or post your tag choices online on our Facebook page. Additional information will be emailed to you after making your selections. Then return your unwrapped, unopened present with your tag number by Dec. 5 to Town Hall.

All presents must be unwrapped; any we receive wrapped we have to unwrap.

For more information, contact Tammie Werner at hearttoheartcharity@gmail.com or 360.826.3818. Donations of cash or checks are greatly appreciated to help with additional needed items.

—Tammie Werner

Heart To Heart Kids to meet

The Heart To Heart KIDS group will meet Wed., Nov. 7, at old Town Hall in Lyman from 4 to 5:30 pm. Enjoy library time, Thanksgiving crafts, and troop support crafts and an ice cream party for reaching our second goal in our Clothes Drive. KIDS is collecting items till Nov. 7 for our next Give Back project. We want to send care package boxes to troops serving overseas. Any items are appreciated. Snacks and personal hygiene items are great and cards and drawings from kids are valued.

The next Craft Day is Wed., Nov. 28, from 4 to 5 p.m. at the same location. We will begin our Christmas ornament craft and finish at the next meeting, Wed., Dec. 5. KIDS is for children ages 4 years and older. There is no charge for these events. For more information, For more information, contact Tammie Werner at hearttoheartcharity@gmail.com or 360.826.3818.

—Tammie Werner

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Town of Lyman staff, local volunteers, and representatives from Sound Ocean Metal Fabricators converged on the Lyman Cemetery Oct. 10 to install a new flag pole and raise a new flag to its 32-foot height. The flag pole was built by Sound Ocean after employee Lance Averbek talked to his employer and got the nod. Shown just before hoisting the flag are, from left, Lyman Public Works Director Mark Kitchen, local volunteers Doug Davis and Paul Dotlich, former Lyman Mayor Chris Stormont, and Aaron Churchill, Shaun Bachteler, and Rex Averbek from Sound Ocean Metal Fabricators. The flag was donated by Joel Clayton (U.S. Navy-ret.) from Sedro-Woolley.



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Day Creek



Six ways to save on heating costs

Temperatures already are dipping, and weather experts are warning consumers everywhere to brace for a colder winter than last year.

That means you'll be paying more to heat your house this winter—and even more if you haven't sealed it and/or taken other energy efficiency measures.

If you think energy efficiency steps aren't that big a deal, the founder of Angie's List says you should think again.

"The average heating and cooling system accounts for about 54 percent of the average home's total energy costs," said Angie Hicks. "Even small things can add up to big heating bill savings—and many of them are jobs you can do yourself."

Angie's List, a national resource for consumer reviews on local service experts, went to highly rated heating experts to compile six ways to save on your heating bill.

1. Check your furnace filters each month and replace if necessary. A clean filter distributes heat better and cuts your energy costs. Plus, it's an inexpensive and easy task you can do yourself. An annual furnace checkup from a reputable heating system expert will

help detect and fix small problems before they result in a system failure.

2. Is your couch or a bookcase blocking a baseboard radiator? Take a look to be sure you have good airflow around registers and radiators to increase energy efficiency.

3. As much as 20 percent of the air moving through the average home's duct system is lost to leaks and poor connections. Sealing up leaks with caulk, spray foam, and/or weather stripping will stop that. Check doors and windows too and caulk, seal, and weather-strip any drafts.

4. The sun offers free energy that you can tap even without solar panels. Keep your blinds up and the curtains open on a sunny winter day to absorb heat. Close them up at night to help keep the heat inside.

5. Heat rises, which means if you don't have enough insulation on the ceiling and in the attic, your heat is literally going through the roof. If you can see the floor joists in your attic, you probably don't have enough insulation. Be sure to get the right R-value for your area.

6. Use a programmable thermostat to easily adjust the temperature while you're away or sleeping and save up to 30 percent on your bill, according to Energy Star.

Community notes

Our corner store has been sold! Gary Larson and Robyn Choffel soon will be a much-needed part of the Day Creek Community. Feel free to stop by and visit with Gary as he works on this big project. He is looking for a hand from the neighbors and will gladly use your help. He can be reached at 360.333.3905.

The next **Relationship Encounter** series is led by Marriage Today's Jimmy Evans. For more information or to get involved in this series, call 360.826.3581. Participants in the new series will meet Nov. 6, 13, and 27, and Dec. 4 and 11.

Kingdom Builders is on the move. Watch for Donna Pulver and Kathy Henderson in the community again as the holiday season approaches.

There have been some calls for rides to appointments, etc. Henderson and Pulver are compiling a workers list for those willing to be drivers. Be sure your name is on the list as a Day Creek helper. For more information, call 360.826.3581 or 360.826.3003. Henderson and Pulver are in need of helpers both now and later. Once the information is compiled, a directory will be made.

If you are not able to be a physical helper but want to help, you may give a donation to Day Creek Chapel, marked "Kingdom Builders Fund."

A group of women has formed in eastern

Skagit County. **"Women Hand in Hand"** is unaffiliated with any specific church, so the group can cross lines without proprietary identification.

Any women's ministry group that wants to be involved with Women Hand in Hand is encouraged to contact any one of the following:

Sylvia Miles	360.826.3696
Sharon Herring	360.661.5037
Bonnie Lintz	360.856.1385
Sue Walden	360.826.3944
Kathy Henderson	360.826.3581

A **community bulletin board** has been installed at the Day Creek Fire Hall.

Community members are invited to post their business cards, coming events, and Day Creek activities on the board—then contact *Concrete Herald* at 360.853.8213 or editor@concrete-herald.com.

Community Club Potlucks are held on the third Tuesday of each month at 6:30 p.m., at the Day Creek Fire Hall. The next potluck is slated for Nov. 20. The last 2012 potluck will be Dec. 18. Be there or be square!

We are looking for **event ideas** that are fun and help to support the Day Creek Fire Hall while letting us all get to know our neighbors better. If you have an idea, call 360.826.3003 or 360.826.3581.

If you have information for this column, please send an e-mail to winningcircle@gmail.com.

—Kathy Henderson

Not advertising in Concrete Herald is like winking in the dark*

***You're the only one who knows what you're doing.**

Call 360.853.8213 today to be seen in Concrete Herald, the Voice of Eastern Skagit County.

Free service delivers emergency alerts

A new, free service is available to help Skagit County residents during emergency situations.

MyStateUSA Community Notification System allows residents of Skagit County and individuals who work there to receive alerts about emergencies that may affect them. Users can choose multiple areas they want to be contacted about, such as their home, work, schools, or any other areas within Skagit County.

The free service also allows users to choose multiple devices on which to receive alerts, such as cell phones, work phone, e-mail, home phone, or text.

For more information, go to www.skagit911.com. Click on the "Public Sign Up" button to enroll.

Sedro-Woolley Community Thanksgiving Dinner

Sedro-Woolley High School, Nov. 22, 12:30 to 3 p.m.
Free admission, donations accepted; info or volunteer details at 360.855.0231 or slokkebo@yahoo.com

SAVE CONCRETE THEATRE!

Donate to Digital Campaign!

The movie industry will convert to digital in 2013. Concrete Theatre won't be able to show new movies unless it converts to a digital system --a \$50,000 hurdle. **Please donate to help keep Concrete Theatre alive!**

*Advertisement paid for by an anonymous donor.

- Donate at the theater during weekend movie times
- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at www.concrete-theatre.com
- Donate at Columbia Bank in Concrete (designate check for "Digital Projector Fund")

For more info on ways to help, call 360.941.0403 or e-mail info@concrete-theatre.com.



Above: A memorial honoring Mitchell Latting stands at a cliff's edge overlooking Lake Shannon Oct. 12. Latting fell over the 50-foot-plus cliff Oct. 5 during a gathering with friends at the site. He was 17 years old.

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Above: Joy Eberly from Mount Vernon smooches a horse during the Festival of Family Farms Oct. 6, at the Ovenells' Double O Ranch near Concrete.



Above: Cindy Kleinhuizen, who manages Double O Ranch with her husband, Jason, fashioned this bronco rider from a round hay bale for the Festival of Family Farms.

Right: Local artist and photographer Doris Pollack admires a watercolor up for auction during the Art Show and Auction fundraiser for Concrete Theatre Oct. 19.



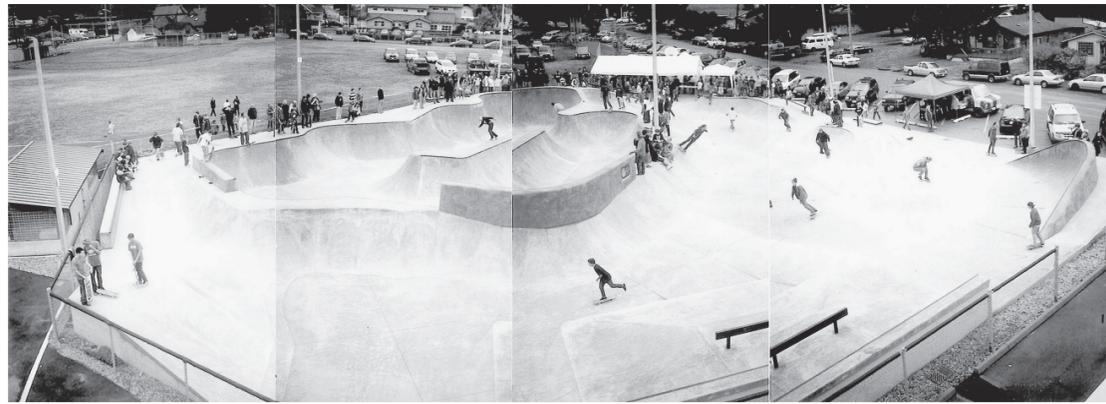
Above: Riley Fichter, 13, hoists a giant pumpkin and loads of candy at Cascade Supply in October. Fichter won the store's drawing and its very big prize.



Above: "Blossom," a Treeture character representing the Skagit Conservation District Youth Education Program, poses with members of Cascades Job Corps at Double O Ranch during the Festival of Family Farms Oct. 6. Inside the Blossom costume is Kiana Wright, 13, from Concrete.



October in pictures



Above: Sedro-Woolley Councilman Brett Sandström created this composite photo of the new Sedro-Woolley Skate Park by snapping several photos during the grand opening celebration Oct. 13. *Photo by Brett Sandström.*

Right: Achilles Pfarr, 6, from Concrete, gets a feel for "eyeballs," "worms," "zombie skin," and "brains" during the Concrete Lions Club Halloween Party at Concrete Elementary School Oct. 31. Actually, Pfarr got as far as the zombie skin before he opted out and collected his candy prize. Staffing the booth is "Zombie Mom" Angela Powell.

Below: An eclectically costumed Evans family enjoyed the Halloween Party too. In back are "Little Hyrum," 1, Emily Evans, and Hyrum Evans. In front are Abigail, 4 (the little witch), and Savannah Evans, 5.



Above left: Val Berg from Birdsvie (right) chats with a shopper during the Holiday Bazaar at Concrete Center Oct. 27. Berg, who offers doll-making workshops in Sedro-Woolley, was selling dolls, T-shirts, bags, and sock-monkey dolls made by her granddaughter.

Left: Concrete students wave from a float during the Homecoming serpentine parade Oct. 5. The tradition-rich parade started at the school and wound its way down SR 20 and through Concrete Town Center. *Photo by Adrienne Smith.*



Above: Local band Lovelswine took the stage at Birdsvie Brewing Co. Oct. 20 during Cardiac Arrest Fest, which raised more than \$1,400 for Seattle Children's Hospital. The annual event began in 2009 to remember when the brewer owners' son, Jason Voigt (right), almost died in 2008 after suffering a cardiac arrest caused by Wolff-Parkinson-White syndrome. Lovelswine members are, from left, Miguel Garibay, Cody Mills, Josh Crosson, and Spencer Duffy.



Right: Concrete Homecoming royalty pose for a pic Oct. 5 before the dance. Standing, from left: freshman Cassidy Cargile, senior Corey Brown, junior Xyomara Ramos, junior Kyle Nushart, sophomore Taylor Warner, sophomore Willey McGuire, senior Jessica Filtz. Seated, from left: senior Queen Maryka Gentry, senior King Matt Holman, senior Taylor Sterne, senior Angie McLaughlin. Seated in front: freshman Josh Gentry.

Below: In character as a long-deceased ... um ... lady of the evening, Cathleen Stewart from Marblemount strikes a pose during the annual Concrete Ghost Walk Oct. 27. The event, which ran every Saturday in October, finds community members dressing up as historical characters and telling their stories to visitors.



Hamilton



Council summary

The Hamilton Town Council held a regular meeting Sept. 11. Following is a summary of that meeting.

- Council members voted to revise the town's contract with Cas Hancock & Associates with an increased amount of \$4,500.
- The status of the Economic Development Grant was discussed. \$82,966.74 was left in the grant. After subtracting amounts left to be paid to vendors, an approximate remainder of \$13,938.69 was calculated. This amount should cover the administrative costs that had not been billed, plus any additional costs.
- Hancock reported that there was a larger loss of water this month. A total loss of 13 percent and an unaccounted loss of 11 percent reported on the Monthly Water Loss Report for August.

Notes from Hamilton

By Carol B. Bates

Mayor Tim Bates and Town Clerk Susan West-Mani obtained two grants to help with replacing water lines that are too small and outdated—and leaking.

The state had informed them of water loss because of water not flowing through meters; therefore, the town was losing that income. One of the grants will fix those lines and then resurface the street after completion.

One of those lines is beneath Railroad Ave. in front of Marie Hodgins' place. The road there was in poor condition—so poor that the school bus refused to travel down it last year to pick up kids. The Public Works Director kept adding cement and gravel to the potholes, but each rain seemed to undo his efforts. Now, however, the new water line is replaced and the street has been repaved and looks very nice.

The town was able to purchase some surplus water pipe at quite a savings; this gave them enough to replace the water line beneath Hamilton Ave. During this project several small lines were discovered connected to the main line but not to meters. This should now affect the loss of water.

Enough money was secured to blacktop the road from Baker St. around Rose Henline's place and the Hi. Lo. RV Park, which was almost impossible to travel on. The main part of town has been resurfaced several times in the last 20 to 25 years, but some of the side streets were getting bad with potholes. I believe the floods softened the base over time and let the blacktop settle and later break up. After the recent efforts, I believe our streets are in better condition now than several other towns.

We regret to inform those who didn't know that Jim Bates (Mayor Tim Bates' father) passed away July 3. We miss his beautiful brown eyes, his friendly smiles, and his sense of humor. But life goes on and the heart heals—at least that is what they tell me. Remember that he left us and everybody who knew him with a legacy of love.

Bud Cook, a one-time councilman, has also passed away. He was 80 years old and a longtime Hamilton resident.



Children from Heart To Heart KIDS held an October Clothing Drive to benefit the Hamilton Community Food Bank clothing department. These energetic and committed kids brought in a whopping 2,020 pounds of clothes during the two-week clothing drive. The bags of clothes shown in the photo are just a portion of the total donated; the food bank didn't have room to store all of the donations at once. Photo by Tammie Werner.

Birdsview buzz

Happy Veterans Day and happy Thanksgiving, everyone!

Speaking of Veterans Day, everyone is welcome to come watch or participate in the 3rd annual Concrete Veteran's Day Parade on Nov. 13 at 1 p.m. on Main Street.

Our annual Cardiac Arrest Fest was a big success. Thanks to everyone who contributed. Last year we raised \$700. This year, we doubled it to \$1,400! That's amazing. Our son Jason (the reason for Cardiac Arrest Fest) and one of our daughters will present the money in person to Seattle Children's Hospital sometime this month.

A very happy birthday to the following:

- 1 Cody Watson
- 2 Andy Cambo
- 6 Nick Stormont
- 7 Ellen Hankins

- 10 Kathy Hurn, Erin Havens
- 12 Joe Frank, Nicolette Thornton
- 13 Debby Riehl
- 15 Krista Temple, Cory Badding
- 18 My favorite husband (oh, wait, my ONLY husband!) Brewmaster Bill Voigt
- 21 Brooke Howell, Judy Monrad, Adam Lafayette
- 22 Kathy Lemon, Becky Lanier
- 25 Don Ross Jr.
- 30 Elaine Fichter, Tom Fichter, Seth Shields

If I missed your birthday, it's because you aren't on Facebook or haven't told me so I could put it on the calendar. Stop in and let me know any news that should be shared.

And remember, we're into the slower time of year for businesses. Support your local ones so we'll still be around.

—Kris Voigt

Business Spotlight: Marblemount Diner

By Sandra Hambleton

Last November, Jim and Charlene Mullen became the new owners of Marblemount Diner.

The historic house, built by the Pressentin family in 1901, is the second oldest building in Marblemount, and the dining building has been a favorite place to eat for many of us in the Upper Valley for years. Its new owners want to see that continue.

The Mullens opened for business at the end of May and welcomed the busy flow of tourists and locals. They have kept the classic diner fare on the menu, making few changes. The Mullens have closed the seasonal restaurant for this winter, but will reopen when the pass opens next spring—probably sometime in April.

Jim spent 33 years in the aerospace



Located at 60147 SR 20 in Marblemount—just east of the "big bend"—the familiar yellow Marblemount Diner draws locals and valley visitors alike with delicious fare.

industry before becoming a restaurateur. Charlene had worked at a restaurant before, but Jim says she spent most of those years raising their kids.

Before moving our way, Jim says they'd been coming up from the Everett area for the last 25 years to fish and hunt, and had bought their cabin on five acres between Marblemount and Rockport.

When asked how his life has changed since taking over the diner, Jim said he'd lost 20 pounds and gained respect for those who work in kitchens everywhere. Things are quieter in Marblemount than they are in the city, but running a restaurant will keep you in shape. By comparing his first season's receipts to those of the previous owners in prior years, he determined that business hasn't slowed down at all.

Charlene and Jim both cook, wait tables, wash dishes, and anything else that needs doing. They've been able to give each other a day off now and then as the season winds down. Both have enjoyed getting to know the locals and providing seasonal part-time employment to a few folks as well. They've embraced the Upper Valley community and been welcomed by it. Their goal is repeat customers, and they know that you achieve that by delivering delicious food and stellar service.

Before the Mullens were the owners of Marblemount Diner, they were frequent customers. While they have taken one or two items off the menu—and have plans to add dishes like meatloaf and homemade pies—the Mullens won't make fundamental changes. Local favorites such as their Jalapeno Burger will remain. Jim says the BLT is a very popular addition. Plans for next year include a beer garden

Open for business:

Back Room Vintage

By Jason Miller

Walk down the center aisle at Grasmere Village in Grasmere, hang a right at the back, and you'll find a delightful new store that's just as dedicated to ideas as it

is to the products that fill it.

Back Room Vintage will celebrate its grand opening Nov. 15–17. Owner Debra Kitchen hopes you'll stop in and find out what makes her vintage shop different from the cookie-cutter home products stores out there.

"I'm all about being creative. I don't want to just sell products to people; I want to sell ideas," says Debra.

Back Room Vintage will carry small furniture items, as well as dishware, linens, jewelry, art pieces, even handbags. Think "gently eclectic." Debra says visitors will find items that will make their homes truly unique, rather than mass-produced pieces that everybody has.

"I don't have 'precious' items; I have things that people love because they say something about them," she says.

At a glance:
Back Room Vintage
Where: 44576 SR 20, Ste. E, Grasmere Village
Hours: Thu.–Sat., 10–5 (beginning Nov. 15)
Phone: 360.853.7437
Web: www.facebook.com/backroomvintage



New owners Jim and Charlene Mullen bought Marblemount Diner in November 2011.

that will be completed during this winter, and the implementing of daily specials in the diner. The beer garden will feature Pacific Northwest brews and wines, along with popular national brands. The Mullens don't plan to serve spirits.

Marblemount Diner has a Facebook page you can check out, and Jim is thinking about developing a Web site. He's also considering special events that would involve local car clubs and live music.

It will be a busy winter for Jim and Charlene as they work on these plans and spend time with their family. They are both glad they made the decision to purchase the Marblemount Diner. They

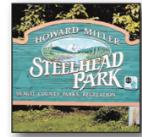
look forward to new friends becoming old friends over time here in our beautiful Valley.

At a glance:
Marblemount Diner
Where: 60147 SR 20, Marblemount
Hours: Closed for winter, but typically Mon., Thur., Fri. 11 a.m.–8 p.m. Sat., Sun., 8 a.m.–8 p.m.
Phone: 360.873.4503

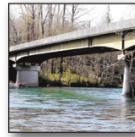
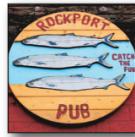
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Back Room Vintage owner Debra Kitchen (left) paused for a photo recently with her "partner in crime," Carolyn Perez, who helps at the new store at the back of Grasmere Village.



Rockport



Rerouted stream will double habitat for young fish

A restoration project at Howard Miller Steelhead Park in Rockport soon will increase young salmon and trout habitat twofold.

Skagit Fisheries Enhancement Group, in partnership with Skagit County Parks, Skagit County Public Works, and the Skagit Conservation District, has rerouted a small stream that runs across the park. The project will increase calm, stable, "off-channel" habitat for Chinook and Coho salmon, as well as steelhead trout, during their fry and "parr" stages of life; that is, when they are younger than 2 years old.

"One of the limiting factors in the Skagit River is rearing habitat for juvenile Chinook," said SFEG Restoration Ecologist Sue Madsen. "Fish that are spawned upriver often will stay in the river for a year or more—and those little guys will look for smaller habitats during heavy flows," especially during the winter when the Skagit River can rise to flood levels.

"We saw an opportunity to take that small stream and put it back into an old Skagit River channel and form 11 acres of new off-channel habitat," said Madsen.

The reroute project extends the original stream and reconnects it to the Skagit River farther west. It also includes a bridge and boardwalk at the west end of the park.

—J. K. M.



Above: Skagit Fisheries Enhancement Group Restoration Ecologist Sue Madsen explains the topographical realities of rerouting a small tributary stream in Howard Miller Steelhead Park back into its natural course along the base of a slope in a former side channel of the Skagit River during a tour of the area Oct. 30.

Right: Workers continue construction of a bridge and boardwalk at the west end of the project Oct. 30.

Below: Madsen points out pilings and log structures installed along the edge of the rerouted stream. Such structures slow the current and provide habitat and hiding places for young salmon and trout.



Planting party

Where: Howard Miller Steelhead Park Rockport. Park at west end of park; sign in at blue SFEG tent.

When: Sat., Nov. 17, 10 a.m.–1 p.m.

Info: SFEG will provide tools, boots, gloves, coffee/snacks. Dress for weather.

RSVP: ldegrace@skagitfisheries.org or 360.336.0172

PIONEERING TODAY

Applesauce cake

By Melissa K. Norris

Even though it's November, I'm still in almost full harvest mode. There are winter squash, pumpkins, and apples to be prepared and preserved. If you have a root cellar or garage that stays cool and dry, plus a dark corner or shelves, then most of your preserving is just putting the goods on shelves.

Those of us who are garage- or root cellar-less have a little more work to do. I prefer to freeze my winter squash; I have a full tutorial on how to do this, plus a recipe for garlic butternut squash, on my Web site, www.melissaknorris.com.

Pumpkins will store like most winter squash, but I prefer to bake and freeze mine now to make baking faster during the rush of the holidays. Chop pumpkin in half; scoop out the seeds and guts. (Save the seeds to roast for a nutritious and yummy snack.) Turn upside down in a baking dish filled with an inch of water (depending on size of pumpkin, you may have to quarter it), bake at 350 degrees for about 20 minutes or until pumpkin is soft.

After it's slightly cooled, spoon out soft pumpkin, use in place of canned pumpkin in recipes or freeze. Or you may can the pumpkin if you wish.

Pumpkin applesauce cake

Ingredients: Four eggs, 1-½ cups sugar, ¾ cup applesauce, ¼ cup oil, two cups cooked pumpkin or 15 oz. canned pumpkin, two cups flour, two tsp. baking powder, one tsp. baking soda, two tsp. cinnamon, one tsp. salt.

Preheat oven to 350 degrees. In a bowl mix eggs, sugar, applesauce, oil, and pumpkin. Beat until light and fluffy. Mix together flour, baking powder, baking soda, cinnamon, and salt. Stir into pumpkin mixture until thoroughly combined. Spread evenly in a 9x13 pan. Bake 25 to 30 minutes.

Buttermilk glaze
One-third cup sugar
One-eighth tsp. baking soda
¼ cup buttermilk (Don't substitute regular

See Norris, p. 38



Darrington



Photo by Adrienne Smith

Bald eagles are back in the area

Every fall the Bald Eagles return to the Darrington region to feast on the salmon in the rivers. There are various locations for viewing eagles and their nesting areas near Darrington, including the North Bridge of Squire Creek. Walking to the back area of Squire Creek Campground located along Hwy 530, you will reach the Whitehorse Rails to Trails. The old railroad bridge crossing Squire Creek is a popular feeding and nesting area.

Another great place to watch eagles is Bryson Rd., located north and east of Darrington where the road had washed out. Eagles roost in the trees and wait for returning salmon.

The Old Mountain Loop Highway off Sauk Prairie Rd. is an excellent drive to take. Park in the area by the gate and walk along the North Fork of the Sauk River to several good viewing spots. There are also two mining tunnels visible.

Another popular viewing area is Fortson Millpond, located along Hwy 530. Fortson was once a bustling mill town; now only the two millponds and ruins exist. The large Fortson Millpond is not only a good place to spot eagles, but also an occasional busy beaver.

White Chuck Bench Trail is accessible year-round. To reach White Chuck Trail #731 from the Darrington Ranger Station, drive south on the Mountain Loop Highway for 10 miles, then turn left over the White Chuck Bridge onto FS Rd. No. 22. Drive 0.75 miles to the trailhead. There is a small parking area on the left.

Bring drinking water and a Trail Pass. After walking the trail, enjoy views of White Chuck and Pugh Mountains.

The average life span of a bald eagle is 20 years. Eagle pairs mate for life or until one dies. Mating and nesting occurs February through March. The nests of heavy branches lined with grass are built on sturdy trees or high ledges. The same nest may be used year after year, and average about eight feet in diameter. The female will lay one to four eggs.

Eagle chicks start their lives covered in thick white down. They grow quickly on a rich diet of local salmon and other smaller animals. You will see them perched on the edges of their nests, their down turning to blackish-brown feathers.

It will take about one year for the chicks' feathers to change into their adult colors. The markings of the adult bald eagle include white feathers on the head and tail, bright yellow bill and feet, and blackish-brown breast, back and wing feathers. Males and females have the same markings.

—Marla Skaglund



Above: Carter Sattler, 4, carves a pumpkin during the Harvest Festival at Mansford Grange Oct. 13. **Below left:** Gordy Beil sports a veggie hat he made during the festival. **Below right:** A veggie-and-gourd creation by Ron Wolff. *Photos by David Fryman.*



Briefly ...

The **Darrington Holiday Bazaar**, brought to you by the Darrington PTSA, will be held Sat., Dec. 8, from 9 a.m. to 3 p.m. Santa will arrive at 10 a.m. and leave by 2 p.m. to see more girls and boys.

This month's **Darrington Community Dance** will be held Sat., Nov. 17, at Mansford Grange, located at 1265

Railroad Rd. in Darrington. The evening begins with a 5:30 p.m. potluck, followed by dance lessons at 7 p.m. and the dance at 7:30. Music by Atlas String Band, calling by Michael Karcher. Suggested donation is \$7.

For more information, call Matthew Rigger at 206.402.8646.

—Marla Skaglund



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Marblemount



WSDOT to repair Skagit River shoreline near milepost 100

A \$20 million effort has begun to protect a short stretch of State Route 20 and restore the Skagit River.

The trouble spot is between Marblemount and Rockport, just east of milepost 100 and across the highway from Cascadian Farm, where the shoreline is constantly buffeted by the Skagit. The river erodes the bank and shoulder of the highway when it's running at or near flood stage; it's come close to washing out the road on several occasions in recent years. The road failed in 2000.

Washington State DOT has begun the design phase of a long-term solution to protecting the highway and improving the river habitat at the site, according to

WSDOT representative Todd Harrison, who reported on the plan during the Oct. 17 Skagit Council of Governments meeting.

Engineered logjams eventually will line the riverbank along the southern edge of SR 20. Up to 5,000 logs will be combined with about 1,000 "dolosse"—massive concrete jacks that are used worldwide to stabilize marine shorelines.

Construction should begin in 2013 and finish by the end of 2014. Work will be completed in stages to minimize impacts on Chinook and steelhead spawning.

More information is available at www.wsdot.wa.gov/projects/sr20/skagitriverrestoration.



Large rocks line the riverbank along State Route 20 just west of milepost 100, between Rockport and Marblemount—evidence of past emergency repairs to the location, which is constantly pounded by the Skagit River, especially during flood stage. Washington State DOT is currently designing a long-term solution to the problem spot: an engineered logjam that will shore up the bank to secure SR 20, as well as increase pools for fish to hide and rest in, and increase survival of juvenile salmon by providing food and shelter. The project is scheduled to begin construction in 2013 and finish by December 2014.

Santa and M.O.M. coming to Marblemount

The 35th annual Country Christmas Bazaar, sponsored by Marblemount Community Hall, will celebrate the season on Sat., Dec. 1.

Local artists, crafters, writers, and bakers will have their handmade wares available for sale from noon to 4 p.m., highlighted by a visit from Santa Claus from noon to 1 p.m. Hot lunch, beverages, and seasonal treats will be available all

afternoon.

The event also will include a community potluck dinner and the very first Marblemount Open Mic (M.O.M.), where folks are welcome to share songs, stories, and music from 5 to 8 p.m.

For more information, send a text to Sacha Buller at 360.708.4603. Interested vendors and musicians should call Merlene Buller at 360.873.4344. Updates will be posted at www.marblemountcommunityhall.org. The hall is located at 60155 SR 20.

—Christie Fairchild



Above: Dancers fill the floor at Marblemount Community Hall Oct. 13 while Blues Playground plays during a KSVU 90.1 FM fundraiser. Right: Familiar faces at the fundraiser included John "Wizard" Bromet and Don Wageman.



Closed for winter! See you next spring!

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Newhalem



That time of year: Prepare for winter driving conditions

OLYMPIA — While some may cheer and others lament, it's inevitable—and coming sooner than you think. Snow already has fallen in the higher elevations and more is surely on the way as the year ends. That means anyone traveling over mountain passes across Washington may see more than a few flakes on the windshield.

Those first flakes are a good reminder it's time to prepare for rain, wind, snow, and ice. Taking the time to prepare now will save time and reduce stress during the first winter storm.

It just takes one unprepared or careless driver to slow or stop traffic. Always "know before you go" and get the most recent roadway information, winter-

driving tips, car-preparation advice, and information at the Washington State Department of Transportation's winter driving Web site: www.wsdot.wa.gov/winter.

Here's what drivers can do to prepare for wintry roadway conditions:

- Download, print and carry the WSDOT Winter Driving Brochure (available on the above Web site).
- Download the WSDOT mobile app to your smartphone.
- Get your car ready and plan extra time to cross all mountain passes.
- Carry chains and know the traction and chain requirements. Mountain-pass traction and chain requirements are available on the WSDOT Web site, highway advisory signs, and highway advisory radio.
- Preset 530 AM and 1610 AM on your vehicle's radio before traveling.
- While driving, follow these guidelines:
 - Drive for conditions: slower speeds,

slower acceleration.

- Use your headlights.
- Do not use cruise control.
- Four-wheel and all-wheel vehicles do not stop or steer better on ice.
- Leave extra room between your vehicle and the vehicle in front of you.
- Slow down when approaching intersections, offramps, bridges, or shady spots.
- If you find yourself behind a snowplow, stay behind it until it is safe to pass.
- Slow down and be extra cautious near chain-up and removal areas.

Some vehicle manufacturers recommend against the use of tire chains. Washington State Patrol provides a list of approved, alternative traction devices when crossing a mountain pass requires the use of chains. Find it online here: <http://www.wsp.wa.gov/traveler/traction.htm>.

Studded tires are legal for use only

between Nov. 1 and March 31 in Washington. Motorists are encouraged to visit a tire dealer to learn more about tires that provide traction and are legal for year-round use.

The WSP also reminds all drivers and freight haulers that state law requires commercial vehicles and combinations of vehicles more than 10,000 pounds gross-vehicle-weight rating to carry sufficient tire chains between Nov. 1 and April 1, including some larger passenger trucks, SUVs, recreational vehicles, and trucks hauling trailers.

Troopers will strictly enforce the Nov. 1 deadline. Failing to carry chains will cost heavy-truck drivers \$124. When highway advisories call for chains, drivers who don't chain up will face a \$500 penalty.

The WSP will have a special chain-emphasis patrol in early November to ensure drivers are carrying the appropriate number of chains, including spares.

—Submitted by WSDOT

Don't be shy



Got a story worth telling?
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Contact:

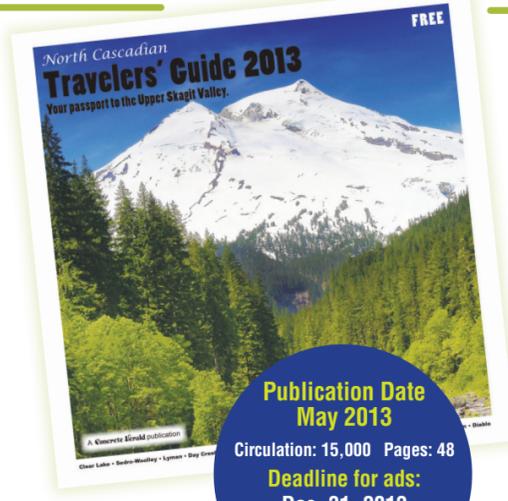
Jason Miller, editor
360.853.8213

editor@concrete-herald.com

Concrete Herald

The Travel Guide is back!

Reach visitors to the Upper Skagit Valley by advertising in the 2013 North Cascadian Travelers' Guide.



Publication Date
May 2013

Circulation: 15,000 Pages: 48

Deadline for ads:
Dec. 31, 2012

Deadline for payment:
Jan. 31, 2013

The Travelers' Guide will showcase the history, plus current activities and events for visitors to:

Clear Lake, Sedro-Woolley, Lyman, Day Creek, Hamilton, Birdsview, Grasmere, Concrete, Rockport, Darrington, Marblemount, Newhalem, and Diablo.

A Concrete Herald Publication

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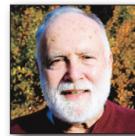
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Seniors



Coffee Break

I hate work

By Patrick Kennedy

"I hate work."

It sounds like a line Jackie Gleason would say in "The Honeymooners"—and follow with a belly roar. It sounds like a crazy statement; after all, work got us to where we are now: retired, happy, a nice home, a little income, and a universe of free time. Actually it comes down to that one thing, a little income, and toss in a universe of free time: Time to do things and little enough income to do them. That's where "I hate work" enters the retirement puzzle because a lot of happily retired citizens have to search the blue skies and back alleys for some kind of meager part-time employment (work) to have the fun we dreamed about.

We search the Employment ads and circle and call, circle and call. Not today, sorry! All filled up today; call again tomorrow or when you grow younger or own an American car. You can't demand. You have to request and be pleasant and have a silk suit and tie on your tongue. A button-down brain cluttered with toothy

smiles and polished pleases. Your applications probably are stashed in file drawers all over town between chopped olive sandwiches and Mary Missy sanitary napkins. You are too experienced and that is a negative for most of the jobs available for retired folks.

A job in the Lost and Found at the bus depot sounds inviting. A collector of the small things people forget. Any retiree can do that and maybe even dig up some old memories.

Sometimes you will spend the afternoons scanning for jobs in the Help Wanted ads. It is something to pass the time, so you pull out your pad and paper and play your own game with your own rules.

WANTED: A delivery boy who owns his own store.

WANTED: Dental Assistant. Must own a welding set.

WANTED: Dependable, trustworthy young person for a reputable collection agency: Must own a car with bulletproof glass.

Then you wonder if you really want to go back to work? Sometimes you aren't so sure. Your Social Security and retirement checks have been enough to pay the rent and buy munchies with enough left over to buy a few beers.

"Nothing is work unless you'd rather be doing something else," said Coach George Halas. Most retirees would like to be doing exactly that—something else—while avoiding the daily humdrum of taking on work again. Of course, landing a job has some positive sides to it, but they are too few to list here.

Patrick M. Kennedy is the author of *More Fun with Retirement*. Find it at www.funwithretirement.com.

Way Back When

80 years ago

Nov. 10, 1932: C. D. Stickley, proprietor of the Concrete Theatre and one of the best-known businessmen of the Skagit valley, died at his home on Division Ave. about 7 p.m. last Tuesday.

Mr. Stickley had been practically an invalid for the past year, and had been bedfast for several weeks. About 10 days ago, he was stricken with pneumonia and in his weakened condition, he had no chance to fight off the disease, sinking gradually until death came to end his suffering Tuesday night.

Stickley was a native of Kentucky and was about 70 years old. He first came to Concrete in 1909, when he opened a cigar factory here, and later entered the motion picture business. He sold his interest here in 1916 and moved to California, returning to Concrete about seven years later and purchasing an interest in the Concrete Theatre, of which he became sole owner on the death of his partner, J. M. Phebus.

Until his activities were curtailed by poor health, Stickley was a community leader in politics and sports. He served several times on the town council and one term as mayor of Concrete, and for many years he was manager of the Concrete baseball team.

70 years ago

Nov. 26, 1942: Appropriation of approximately \$100,000 for extending the Suiattle forestry road to the Glacier Peak mine, a

distance of about 12 miles, was announced this week by officials of the Mount Baker National Forest. A portion of the money will be furnished by the forestry service and the balance by the mine-to-market agency. Work on the new road is expected to start immediately.

The Glacier Peak mine, which has been developed by the M. A. Hanna Co. of Cleveland, is located on Miner's ridge near the Suiattle Pass. Large ore deposits, carrying a high percentage of copper and manganese, have been extensively prospected by core drilling for the past three years.

60 years ago

Nov. 27, 1952: The growing power shortage, caused by the unprecedented lack of rainfall this year, began to hurt on the local level this week and is threatening even more serious conditions for the balance of the winter.

First to feel the shortage was the Superior Portland Cement plant, which had to cut operations to a minimum. Other industries and even small users are asked to aid in further cuts in order to make the water behind the dams last as long as possible.

At the Baker River power station, the plant is operating at just 12.5 percent of normal for this time of year. All the water that is being used is a small stream to keep the fish run in progress. The lake is now at 421.30 feet—about 15 feet below normal. The Baker River normally runs at 30,000 feet per second; at present, the flow is 432 feet per second.

Water in the Skagit River also is

See **Way Back**, p. 29

Concrete Center November 2012 Activities

10 a.m. to 3 p.m.
Lunch served Mon. – Fri., noon

Mondays

10 a.m. Beginning quilting
10 a.m. Jigsaw puzzle
11:30 a.m. Couponing
12:30 p.m. Skip Bo, Dominoes

Tuesdays

10 a.m. Jigsaw puzzle
12:30 p.m. Skip Bo

Wednesdays

10 a.m. Advanced quilting
10 a.m. Jigsaw puzzle
10:30 a.m. Blood pressure checks:
Nov. 14
11 a.m. Advisory Board mtg.:
Nov. 14
12:30 p.m. Bingo: Nov. 14 and 28
12:30 p.m. Skip Bo

Thursdays

10 a.m. – 2 p.m. Foot care by appt.
10 a.m. – 2 p.m. Wii Sports play
10 a.m. Jigsaw puzzle
12:30 p.m. Skip Bo

Fridays

10 a.m. Jigsaw puzzle
10 a.m. Movie (viewers' choice)
12:30 p.m. Dominoes

Coming events*

11/8 Veterans' Day program, 12:30 p.m.
11/13 Free painting for seniors,
10:30 a.m.
11/13 Heart Health program, 12:30 p.m.
11/27 Energy Assistance: Call for appt.
360.416.7585
11/27 Leap of Faith, 12:30 p.m.
11/28 Bingo, 12:30 p.m.
11/29 Movie at Concrete Theatre:
"Singin' in the Rain," 1 p.m., \$5

Closures

11/12 Veterans Day
11/22-23 Happy Thanksgiving!

*Details published in October newsletter.

Way Back, cont. from p. 28

so low that the ferries have trouble operating. The Pressentin ferry at Birdsvew has been closed down.

50 years ago

Nov. 29, 1962: Don Ross, cashier at the State Bank of Concrete, was seriously injured in a hunting trip accident near Baker Lake last Friday evening when a pistol discharged and the bullet shattered the bones of his right leg.

Don and his brother, Dud, and a friend were on a hunting trip with a trailer and were parked in the Baker area. The door of the trailer had been sticking and when Don tried to get it open, the heavy caliber revolver he carried accidentally discharged. The bullet traveled downward into his leg.

After the mishap the others were able to administer first aid and after some difficulty got him to the hospital in good shape.

40 years ago

Nov. 30, 1972: The Army Corps of Engineers began to study flood control storage in Baker Lake as a partial solution to flood problems in the Skagit River valley.



Grace Popoff (left), Betty Seguin, and Janice Raschko eat lunch at Concrete Center Oct. 29 to show support for the county-owned facility. Twenty-four diners showed up that day for lunch. Area seniors are attempting to demonstrate their desire for extended hours and improved meal quality at the center, after recent meetings with the county caused concern among some that the center's primary focus—senior services—might evolve away from them.

An occasional comment

By Jeanne Malbrain

Regarding Hurricane Sandy (when she was still offshore): When I was a kid in Minnesota, I am sure similar weather events were going on. I don't think they are anything new. The "new" part is that everybody worldwide gets the news the instant (or before) it happens. Jittery people get all excited. The rest of us just listen, remember, and perhaps think, what else is new?

No wonder the clinics and hospitals are being inundated with "nervous" people. How do you assure these people that they are really not in harm's way, just go to the movies or read a book or play some golf (and watch the links wave up and down). Good grief, Gertie, get a life for Heaven's sake.

I was in high school in the 1930s and I lived on a farm in the country. At school I was called "hick," "hayseed," and other country terms. When the name-calling first started, I thought about how to stop it and this is what I did: I simply stared at them. I said nothing. I found out after this trial that people become very uncomfortable as the recipient of a stare. The result? The bullying stopped. Period. The bullies left me alone and went off to bully someone else. If you have a child or grandchild who is suffering this kind of behavior, maybe this idea might work. Worth a try?

Cheers!

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Obituaries

Wayne Arnold Siefke Oct. 19, 1954 - Oct. 17, 2012

Wayne Arnold Siefke, known by his friends as Buddy, died at his home in Rockport on Oct. 17, 2012, two days before his 58th birthday.

He was born in Libby, Mont., where he grew up before moving to Oregon during his high school years. He graduated high school in McMinnville, Ore., in 1972. A carpenter by trade, Buddy also was a lifelong animal lover and a gifted horse trainer who ran his own stables in Bothell, Wash., during the 1990s with his partner Ralph Armitage, who died in 1995. He also worked showing horses at shows nationwide. He was a member of the American Miniature Horse Association (AMHA) during those years. He moved to Seattle after living in the Bay area, including San Francisco and Sacramento, in the 1980s. He finally settled in Rockport in 2004.

An avid outdoorsman all his life, Buddy was dedicated to his garden and landscaping at his home, as well as an energetic mountain climber and hiker during the past 10 years of his life. He was a great cook too, and a lover of popular music who could recall the lyrics to hundreds of songs off the top of his head. He was a funny and loving man who will be greatly missed by all those who knew him.

He is survived by his partner, Brian Hagerty; his sisters, Jeanette Cummings, Shirley Hirst, and Diane Siefke, all from Libby, Mont.; his brothers, Tim Siefke, Bruce Siefke, and Johnny Ray Siefke; and his stepmother, Trudy Siefke, also of Montana.

Donations on Wayne's behalf may be made to the Bailey Boushay House in Seattle.

Doris Rosalind Spalding passed away peacefully in her sleep at her Mount Vernon home on Oct. 10, 2012.

Doris was born to Daniel Thomas Noonan and his wife Lillian on April 8, 1926, in Roseburg, Ore. At about age 2, Doris and her twin brother, Dan, were given to Edward and Lillian (Hatfield) White when her mother was killed in a hit-and-run car accident. She lived there with them and their son, William, all through most of her childhood.

Doris graduated from high school in Centralia, Wash., and was in her first year of business school there when she met her future husband, William West French, a WWII veteran, in the summer of 1945. William "Bill" and Doris were married Sept. 3, 1946, in Montesano, Wash. They started a family and resided in Mayfield, Wash., and Mossyrock, Wash., until moving to Concrete in the summer of 1956, where they bought a house in Grasmere and lived there until a short time after Bill's death in 1982.

Doris married Bob Spalding of Concrete in 1988 and they lived there and later Mount Vernon until his death in 1993. She later married M. E. Rowland in Mount Vernon and they resided in her present home in Mount Vernon until his death in Feb. 2006.

Doris was a superb salesperson and she enjoyed working at her Fuller Brush, Avon, Beeline, and Tupperware sales over the years. She worked at Albert's Serv-U and at Lyman Market and at Pioneer

North in Sedro-Woolley before her retirement. She had many friends and all of her kids and grandkids thought of her as not only a relative, but a valued friend.

Doris was also the treasurer for one term for the VFW Post 5056 in Concrete, in the Women's Auxiliary. Doris and Bill raised four children. She's survived by her two daughters, Anne (Verlon) Leopard of Lyman-Hamilton area, Barbara (Robert) Longenecker of Bethany, Pa.; her two sons, William (Sue) French of Concrete and Walter (Becky) French of Birdsview; stepchildren Marty Rowland and Shawn Forsyth; and her sister, Dawn. Also surviving her are her special friends, Al and Aletha Stone of Mt. Vernon, Brian and Kathy MacIntosh of Mount Vernon, June Rodgers of Mount Vernon, and all her neighbors and tradespeople she dealt with who all were great with her. To these people and the doctors and nurses who took care of Mom, we all give a big "thank you." Doris was a people person, and we will all miss her greatly.

Doris was preceded in death by husbands William French, Robert Spalding, and M. E. Rowland; adopted mother Lillian White; stepbrother William White; twin brother Daniel White; birth brother Herb Noonan; and sisters Fay (Noonan) Spady and Judy (Noonan) Greeley.

A graveside inurnment service was held Fri., Oct. 19, at 11 a.m. at Forest Park Cemetery, Concrete.

Share your memories of Doris and sign the online guest register at www.lemleychapel.com.

Keith Leroy Holbrook, age 83, a longtime Birdsview resident, passed away Sept. 30, 2012. He was born Oct. 22, 1928, in Boise, Idaho, to Joseph and Lucecca (Lytle) Holbrook.

www.concrete-herald.com

Keith was a Life Member of the NRA who loved to hunt, fish, and hike, exploring old mines. He collected old tools and enjoyed leatherworking, gardening, and scuba diving. He was a member of the Birdsview Volunteer Fire Department for 25 years. He also volunteered at the Birdsview Grange and did some volunteer woodcutting with the Concrete Lions Club.



Keith is survived by his wife Lois, of the family home in Birdsview; son Robert Holbrook, also of Birdsview; daughter Sherrie Holbrook, of Concrete; grandchildren Jessica Fell, of Concrete and Keith Fell, of Sequim; great grandson Adien Parker; and brother Lyle Holbrook, of Mill Creek.

He was preceded in death by his parents.

No formal services will be held. Please share your memories of Keith and sign the online guest register at www.lemleychapel.com.

Worth repeating

"You housemaids, you cooks, you nurses, you plowmen, you housewives, you traders, you sailors—your labor is holy if you serve the Lord Christ in it—if by living unto Him as you ought to live. The sacred has absorbed the secular! The overarching Temple of the Lord covers all your houses and your fields. My Brothers and Sisters, this ennoble life! The bondsman is henceforth free—he serves not man, but God. The galley slave tugs the oar for Jesus! The menial ministers to the Lord. This cheers the darkest shades, for now we no longer complain of the hardness of our lot, but rejoice in it because we bear all for Jesus—and the burden which we carry is His Cross which He, Himself, places on our shoulders! This ensures us a reward for all we do ...

"Perform your daily work with a heartiness which nothing else could beget in you. Serve the Lord with gladness and do all for love of His name. This I thought most important to bring forward, and though I cannot speak upon it as I would, yet I do earnestly urge all of you to remember that piety shines best around the domestic hearth—and that true religion is always best esteemed by unconverted men when they see it in connection with the common duties of life."

—Charles Spurgeon (1834-1892)

Taken from: All for Jesus, Sermon No. 1205, November 29, 1874.

Concrete Herald
The Voice of Eastern Skagit County

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Skagit County Sheriff's Office Blotter

Sept. 16

A truck driver called from a location near Concrete to report that he had a very confused female with him who appeared to be homeless and possibly suffering from mental illness. The female was contacted by deputies and it was determined that she would go to the hospital to be checked by a mental health professional.

Sept. 17

Deputies were dispatched to the 23000 block of School Dr. near Clear Lake for a suicidal juvenile female. The mother told them that her daughter had attempted to take pills and slit her wrists. Deputies found evidence of those actions. The juvenile female agreed to go to the hospital and speak with a mental health professional. No significant injuries were noted.

Sept. 22

A male caller from the 28000 block of Utopia Rd. near Sedro-Woolley reported a burglary to his trailer, where numerous hand tools were stolen. He believed it had occurred overnight. No suspects at this time, but deputies are following up possible leads.

Deputies were called to the area of Potts Rd. near Day Creek for a large party. Upon the deputies' arrival, they found that all partygoers were over 21 years of age. One of the partygoers had a valid warrant for his arrest. All partygoers were warned about having any underage drinkers at the party.

Sept. 23

A female caller from the 51000 block of Concrete Sauk Valley Rd. near Rockport reported missing her 2-year-old son. She reported him wandering off into a wooded area. Deputies and search and rescue crews arrived, along with a K-9 trailing team. The boy was located a half mile up into the woods unharmed. He was taken back to his mother.

A male caller reported his truck was broken into on Cascade River Rd. near Marblemount while he was fishing. He reported missing some off-road lights and battery. No suspects at this time.

A caller in the 7800 block of Fir St. in Cape Horn reported hearing a fight nearby. Deputies responded and contacted a residence. No one answered the door and the reporting party stated that two vehicles had left just prior to the deputies' arrival.

A citizen reported seeing a female lying in the ditch in the 24000 block of Minkler Rd. in Sedro-Woolley. She was described as having a shaved head with writing all

over her body. Deputies contacted the female and she said she was fine and just writing in a journal. Deputies determined that she had not committed a crime and was not in need of assistance.

A caller from the 24000 block of Old Day Creek Rd. near Clear Lake reported having a chain saw taken from her garage sometime during the previous week. Deputies checked for any evidence and are investigating.

Sept. 25

A resident in the area of Janicki Rd. near Clear Lake called in, stating they heard a chainsaw on the hill and could see lights. Deputies checked the area in the early morning hours and could not locate the suspects.

A male caller from the area of Blair Rd. in Day Creek reported that a vehicle left the area of his logging equipment. It was unknown at the time if anything was stolen or damaged. Deputies followed up leads and located the possible suspect truck. The driver was contacted and denied being in the area.

Deputies investigated a report of several SKAT bus stop signs in Concrete being lit on fire. The area was checked and the signs did not show any signs of being burnt. The suspects were not located.

Sept. 26

A male caller reported seeing a vehicle in the 32000 block of South Skagit Hwy in Day Creek, which was parked at the entrance of a driveway to a house that was currently vacant. Deputies went up to the house and found that all was secure.

A caller in 700 block of Maple Ave. in Hamilton requested a welfare check of a family member. Deputies responded and discovered a 60-year-old male had been acting irrationally and making statements about being in charge of the military. Deputies transported the subject to the hospital for a mental evaluation.

A male caller from the Burpee Hill Rd. area near Concrete reported that several batteries and other equipment were stolen out of his heavy construction equipment. Deputies located broken locks and other pieces of evidence. A patrol check was set up to patrol the area of the construction at night.

Sept. 28

Deputies responded to the 24000 block of Richards Rd. in Sedro-Woolley for a fight between a male and female. It was determined that the male was struck with an alarm clock that the female threw at him. She was arrested and booked into jail for assault.

Deputies took a report of a vehicle prowl in the 46000 block of Baker Loop Rd. near Concrete. The caller said the

Chief's corner

By Chad Clark



Imagine this scenario: It's late January, it's dark, it's cold. Your car slides into a snow-filled ditch out of sight of passing motorists, and your cell phone is dead. Are you prepared to face Mother Nature alone?

As the leaves fall and we face winter just days away, remember these helpful winter travel tips.

Allow extra time to reach your destination during inclement weather. It takes only one unprepared or careless driver to slow or stop traffic. Protect yourself and your passengers. Do not be that driver who shuts down the road.

- Drive for the conditions: slower speeds, slower acceleration.
- Use your headlights.
- Do not use cruise control.
- Four-wheel and all-wheel vehicles do not stop or steer better on ice.
- Leave extra room between your vehicle and the vehicle in front of you. The larger the vehicle, the longer the stopping distance.
- Slow down when approaching intersections, off-ramps, bridges, or

shady spots. We all know Burpee Hill can be tricky, and don't forget about the bridge on Hwy 20 over the Baker River. Bridge decks always ice up faster than the roadway around them.

- Check your tires and make sure your chains fit before the first winter storm, and check tire pressure during cold weather. Remember, tire shops and mechanics are busiest just before and during winter storms.
- Get a vehicle winter maintenance check-up. Don't wait to check your battery, belts, hoses, radiator, lights, brakes, heater/defroster, and wipers.
- Keep your fuel tank full; don't let it fall below half a tank on winter trips.
- Keep a basic winter survival kit in your vehicle: flashlight, batteries, blanket, snacks, water, gloves, boots, first-aid kit, tire chains, ice scraper/snowbrush, jumper cables, and road flares.

I hope this article will assist you during the coming winter months, when the weather gets bad and the driving becomes more difficult.

Chad Clark is Chief of Field Services for the Skagit County Sheriff's Office.

Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence.

Tanner, Christopher John

Age: 40
Race: W Sex: M
Height: 6' 2"
Weight: 190
Hair: Brown
Eyes: Hazel
Address: 233xx Hoogdal Rd., Sedro-Woolley



Tanner was convicted of first-degree rape in Skagit County. His victim was an adult female. Use of a weapon was involved.

Tanner is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

See Sheriff's Blotter, p. 33

Source: Skagit County Sheriff

Worship directory

<p>Assembly of God Concrete Assembly of God 45734 Main St., Concrete; 853.8042 Sun. worship: 10 a.m. Tue.: Men's meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women's Bible study, 6:30 p.m. Bruce Martin, pastor</p>	<p>Hamilton First Baptist Church 797 Hamilton Cemetery Rd. at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m. Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor</p>	<p>Call for weekly youth group/Bible studies Tim Hedberg, pastor</p>	<p>Lutheran Shepherd of the Hills Lutheran Church 46372 Main St., Concrete / 853.8814 Sun. worship: 10 a.m. Chris Anderson, pastor</p>
<p>North Cascade Community Church 59850 SR 20, Marblemount 360.873.2504 // www.mmag.net Sunday School: 9:30 a.m. Sun. worship: 10:30 a.m. Wed.: Teen Connection, 6 p.m. Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.) Thur.: Men's Breakfast, 8 a.m. Dave Nichols, pastor E-mail: pastordave@fastmail.fm</p>	<p>Lyman Baptist Church 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.</p>	<p>Free Methodist Day Creek Chapel 31438 S. Skagit Hwy, Sedro-Woolley Office 360.826.3696 Rick Miles, pastor Sun. worship: 10 a.m. Tue.: Women's Bible study, 9:30 a.m. Thur.: Bible study at Mt. Vernon Manor, 6:45 p.m. Fri.: Dinner/Bible study at Miles' 6:30 p.m.</p>	<p>Nondenominational Agape Fellowship Meets at Mount Baker Presbyterian, 45705 Main St., Concrete Second and fourth Weds., 7 p.m. 360.708.4764 Dolores Elliott, pastor</p>
<p>Baptist First Baptist Church 12732 Hemlock St., Clear Lake 360.856.2767 Sunday School: 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: pastorjohn@firstbaptistclearlake.com</p>	<p>Catholic St. Catherine Mission Church 45603 Limestone St., Concrete Mail: 719 Ferry St., Sedro-Woolley Office: 360.855.0077 Weekday hours: 9:30 a.m.–3:30 p.m. Sat. Mass: 8:30 a.m. Father Martin Bourke, pastor www.svcc.us/scm</p>	<p>Methodist Central United Methodist Church 1013 Polke Rd., Sedro-Woolley 360.856.6412 / centralumcsw@yahoo.com www.gbgn-umc.org/cumc-sedrowolley Adult Sunday School: 9:30 a.m. Sun. worship: 11 a.m. Marilyn Kallshian, pastor</p>	<p>Community Bible Church 45672 Limestone, Concrete; 853.8511 E-mail: cbcoconcrete@earthlink.net Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children's Ministries at both Contact church for other ministries Rob Thomas, pastor</p>
<p>Covenant Community Covenant Church 12605 Highway 9, Clear Lake 360.856.1023 // covenant@wavecable.com www.clearlakecov.org Sunday School: 9:30 a.m. Sun. worship: 11 a.m.</p>	<p>Presbyterian Mount Baker Presbyterian Church 45705 Main St., P.O. Box 246, Concrete Church 853.8585; office 595.0446 www.mtbakerpresbyterian.synodnw.org Sun. worship: 9 a.m. Tom Ross, pastor</p>	<p>Rockport Christ the King Comm. Church 11982 Martin Rd., Rockport, WA 98283 Church office: 853.8746 Pre-service fellowship: 9:30 a.m. Sun. service: 10 a.m. Sun. eve. Bible study: 5 p.m.</p>	



Health



Laughter: It's good for the soul—and body

By Mark Underwood

Laughing and telling jokes with friends is not just fun, it is good for your brain health.

You've probably heard the old saying that you should laugh more because laughter is the best medicine. Laughing is a good remedy for many things in life; we all need humor and levity to combat daily stresses. Laughing is not only a great release; it is available to everyone, anywhere, anytime.

University of Maryland Medical Center (UMMC) researchers studied people who laugh every day, several times a day to see if there was a connection between laughter and health benefits.

What they found was that on a biological level, laughing introduces additional oxygen into the body. Lymph

fluids are circulated and increased levels of oxygen boost immune system function. Laughing, in a sense, "pumps" oxygen through vital organs and tissues, which need the oxygen to repair damage, fight infection, and keep you feeling healthy.

People who laugh on a consistent basis tend to have lower blood pressure than those who laugh occasionally. Many studies have looked at the benefits of laughing and the heart. The UMMC was the first research university to find a link between laughter and lowering heart disease. They found people with heart disease laughed, on average, 40 percent less than people of the same age without heart disease.

Born to laugh

Humans have a natural instinct for laughter. Babies usually begin to laugh at four months. And it appears that laughter may be one of the few universal traits found across human cultures.

We know that adults are far less likely

to laugh than children. In fact, the average child laughs more than 300 times a day, while the typical adult laughs only 17 times a day. Even worse is the fact that a majority of adults who report laughing on a daily basis fall into the age range of 18 to 34.

Humor and laughter also may have powerful effects on memory, brain health, and aging. If the mental effects of laughter are as positive as the physical, then it is time to learn a few new jokes, gather some friends, and start improving your brain health the easy way. Make them laugh. Polish those punch lines and improve your brain health.

If you are an adult who doesn't laugh enough, it's time to start laughing and help your body feel better while having some fun. According to a Stanford researcher, laughing is like jogging while standing in place. Laughing is actually a physical workout. Remember the last time your stomach hurt from laughing too much?

You did a whole abdominal workout that was more fun than crunches and sit-ups. One minute of laughter is equal to using a rowing machine for ten minutes.

Use these tips to add more laughter in your life:

- Find humor in everyday things.
- Be a child again: Find amusement in the most ordinary things.
- Increase your exposure to comedy such as funny books, movies, and live theater.
- Make sure you have funny friends.
- Take time each day to laugh.
- If you hear a joke that makes you laugh, remember it. Chances are it will make someone else laugh too!

Mark Underwood is a neuroscience researcher, and president and co-founder of Quincy Bioscience, a biotech company located in Madison, Wis. More articles and tips for healthful aging can be found at: www.thegoodnewsaboutaging.com.

Sheriff's Blotter, cont. from p. 31

her garage sale in the 21000 block of Thillberg Rd. near Clear Lake a female suspect was purchasing items and only had a \$100 bill to pay for some items that cost \$12. The suspect distracted the caller and others who were working there, and when she got the \$80 in change she did not give them the \$100 bill. Deputies have leads and are following up.

Oct. 1

Deputies were called to the front of a business on Main St. in Lyman for an argument between a male and female. Deputies determined that the argument occurred at a nearby residence. It was determined that no assault occurred; deputies stood by until things settled down.

A male caller advised that he had several batteries taken out of an excavator that was sitting on a piece of property in the 8000 block of Cedar Grove Ave. near Concrete. The batteries had been taken sometime in the previous two weeks. No suspects at this time.

A male caller reported hearing several gunshots in the 45000 block of Cedar St. in Concrete. Deputies were in the area within five minutes, but could not find the

source of the gunshots. Extra patrols of the area were requested.

Oct. 5

Deputies were called to the Concrete area near a gravel pit for a teen who had fallen off a cliff and was deceased. Deputies learned that there had been a gathering at the pit and the teen had fallen down an embankment. Deputies are still investigating the incident and are interviewing everyone who had been at the gathering.

Oct. 6

A caller from the 24000 block of Chase Rd. in Sedro-Woolley reported that his 33-foot boat and trailer were stolen while he was fishing in Alaska. He told deputies the boat had been full of scrap metal at the time of the theft. Deputies have suspects who were seen towing the boat away.

A male caller in the 8000 block of Pipeline Rd. in Lyman reported that his neighbor had fired a gun in the air after a break-in to his shop. Deputies contacted the resident and he showed them his shed that had been entered. Many items inside were thrown around but nothing appeared to be missing. He said he fired a shot in the air to try to hear people running. No suspects at this time, but two vehicles

were seen leaving the area in a hurry.

A resident in the 500 block of Nobel St. in Hamilton reported that a green van pulled up to her residence and said that if her brother comes back to their property they would shoot him. Deputies contacted the brother, who was having mental issues, saying he was the President of the U.S. and speaking to the president's kids. He agreed to go to the hospital.

A male caller from the 46000 block of Baker Dr. near Concrete reported that he had been threatened with a gun by an upset neighbor. The suspect was described as having a rifle and a handgun threatening to shoot him. Deputies arrived and contacted all parties. The suspect denied pointing a gun at the neighbor, but did admit to threatening him. A search warrant was obtained and weapons were seized. The suspect was booked into jail for assault.

Oct. 8

A neighbor in the 4000 block of Blank Rd. near Sedro-Woolley called to report a nearby neighbor was screaming for help. Deputies arrived and were told that a male resident inside was deceased. Deputies located an injured and deceased male body inside the residence. A lengthy investigation ensued and detectives made an arrest of a male

suspect the next day. He was booked into jail on murder charges.

Deputies were called to the 41000 block of Cape Horn Dr. in Cape Horn in reference to a burglary. The property owner said that his vacation cabin was entered sometime in the last week. A TV, fishing pole, and other items were missing. He also reported that it appeared that someone had actually been squatting in the residence. Deputies are following up leads, but have no suspects at this time.

Oct. 9

Deputies were called to the 12000 block of South Front St. in Clear Lake for a vehicle prowl. The truck owner reported that the vehicle was entered sometime overnight and numerous items, including a radar detector, were taken. No suspects.

Oct. 10

A female caller reported a domestic dispute with her grandson that occurred in the 45000 block of Shields Court in Concrete. The juvenile suspect had threatened to do harm to the grandmother. The suspect was located near Loggers Landing; however, he ran from the deputy. He was later contacted and booked into juvenile detention for Felony Harassment.

AREA FOOD BANKS

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Concrete Food Bank
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Lyman

Shepherd's Heart Food Bank
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November: Open Nov. 23, 10 a.m.–noon
Closed Thanksgiving Day // 360.424.4927

Marblemount

Bread of Life Food Bank
59850 State Route 20, Marblemount
First and third Wed. each month
11 a.m.–5 p.m.
360.873.2504

Sedro-Woolley

Helping Hands Food Bank
601 Cook Rd., Sedro-Woolley
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*Changes? Call 360.853.8213.

The Travel Guide is back!

Reach visitors to the Upper Skagit Valley by advertising in the 2013 North Cascadian Travelers' Guide.

The Travelers' Guide will showcase the history, plus current activities and events for visitors to:

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A **Concrete Herald** Publication

For more information or to request an advertising rate card, send an e-mail to editor@concrete-herald.com.

Call 360.853.8213



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Out & About



La Conner

Skagit Valley Genealogical Society receives Heritage Award

The Skagit County Historical Society Heritage Award was presented to the Skagit Valley Genealogical Society during its recent annual membership meeting.

The Heritage Award is given to individuals or organizations who are worthy of recognition for some or all of the following:

- Actively participating in their community as a teacher, scholar, or historian.
- Be the finest possible representatives of significant traditions who embrace and embody the collective wisdom of their cultural experiences.
- Be traditional bearers within their communities and recognized as such by their communities.
- Have records of ongoing accomplishment and excellence.
- Have contributed significantly to the cultural heritage of Skagit County. Skagit Valley Genealogical Society is celebrating its 25th Anniversary this year.



Jaci Turner (second from left), president of Skagit County Historical Society, presents the Heritage Award to members of the Skagit Valley Genealogical Society. From left, Skagit County Historian Dan Royal, Turner, Muriel Neely, Genealogical Society President Dottie Chandler, Christine Cooper, Nancy Ruhlman, John Ruhlman. *Submitted photo.*

the social, economic, and environmental conditions of their homelands and people, according to an Ecotrust release.

As chairman of the Swinomish Tribe, Cladoosby has shown skill in strengthening economic and environmental conditions among Coast Salish tribal communities. He has cultured a unified voice for members of 66 Coast Salish Tribes and Nations, allowing them to protect indigenous human rights and to restore the region from ecological degradation. Through his expansion efforts, Swinomish Fish Company now sources salmon from 22 tribes at one of two remaining canneries in western Washington. Cladoosby also has led regional and national efforts to form new ties between Salish people, scientists, and the Obama administration.

Cladoosby will receive \$25,000 for his work with the Coast Salish Tribes and his growing work as a national Native American leader. He will accept his award, along with four fellow 2012

Indigenous Leadership Award winners, at a celebration on Nov. 13 at the Portland Art Museum. For information about tickets and pricing, go to www.ecotrust.org/ila. The event is open to the public; seating is limited.

Burlington

Rhododendron Society to meet Nov. 15

Komo Kulshan Chapter of the American Rhododendron Society will meet Thur., Nov. 15, at 7:30 p.m. at the Burlington Community Center, 1011 Greenleaf St. in Burlington.

John Christianson from Christianson's Nursery will speak about companion plants for rhododendrons in the Pacific Northwest.

The public is invited to attend the meeting. Experts will be available to answer questions or to provide advice

for rhododendron problems. Coffee, tea, snacks, and raffle prizes are offered after the program.

For more information, contact Carol Torset at 360.856.2410 or go to www.flounder.ca/komokulshan/index.asp.

Port completes major runway project at Skagit Regional Airport

BURLINGTON — Port of Skagit recently rebuilt the primary runway at Skagit Regional Airport.

With a price tag of \$14.4 million, the two-year runway improvement is the most expensive capital project in the Port of Skagit's 48-year history. It began in 2011 with replacement of the runway's failing drainage system. The 2012 work raised the east end of the runway five feet and converted the surface of the runway to a crown section to meet current FAA standards. In addition, taxiways have been reconfigured, the runway's lighting system has been replaced with an updated system, and airport signage has been upgraded. As a result of the project, Runway 11-29 now meets Federal Aviation Administration standards for nearly all business jets.

In a press release, the port referred to the project as a milestone in its effort to develop Skagit Regional Airport as a Northwest hub for general and business aviation. The port also has recently embarked on a marketing program to draw attention to the airport among potential new tenants.

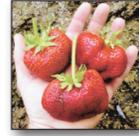
The airport generates nearly \$86 million per year in economic and fiscal impacts.



Congressman Rick Larsen speaks during the Runway 11-29 commissioning ceremony at Skagit Regional Airport on Oct. 19. *Photo courtesy of Port of Skagit.*



Home & Garden



Small steps to big savings

By Katy Tomasulo

Temperatures are falling, but it's not too late to take some steps to make your home more energy efficient. Here are some simple strategies that work well in any season.

Windows

Vinyl window manufacturer Simonton recommends giving your windows a thorough inspection, including:

- Check every window and door for adequate weather-stripping and caulking, which will ensure a secure seal around the openings.
- Did you know the average home has enough small holes to equal a 3-foot-by-3-foot opening? Be sure to seal any little cracks or gaps where air can leak in.
- If you have storm windows, put them up.
- Lock all window hardware. This creates a strong seal to help prevent cold air from getting inside. Even when closed, an unlocked window can still allow air to escape.
- Examine your windows to make sure they're doing their part to help insulate your home. Check for hot and cold spots or drafty areas inside your home near windows, which can indicate energy loss.

Appliances

Here are a few tips for operating appliances efficiently from the Department of Energy; see more at www.energy.gov/energysaver.

- When buying a new fridge or dishwasher, always look for the Energy Star label, which indicates the unit uses 20 percent or 10 percent less energy, respectively.
- Use the dishwasher when possible; it's more efficient than hand-washing. But wait until the dishwasher is full before running a cycle.
- Air dry dishes rather than using the heated cycle.
- Simply put: Close the fridge door.
- Keep your fridge at 35 degrees to 38 degrees F; set the freezer at 0 degrees F.
- For older-model refrigerators, be sure to clean the condenser coils; follow manufacturer instructions for doing so.

- Check door seals to make sure they're airtight. Stick a dollar bill in the door and close it; if you can pull it out easily, the seal may need replacing.
- Cover the pot/kettle when boiling water; match the size of the pan to the heating element.
- Wash clothes in cold water when possible, and match the setting to the load.
- Clean the dryer's lint screen after each use; periodically use the vacuum nozzle to clean the lint screen slot below the lint screen.
- Periodically inspect your dryer vent to ensure it's not blocked.

Around the house

- Look for Energy Star-rated computers, TVs, and other electronics.
- Use power strips so that TVs, computers, and other electronics aren't drawing standby power (commonly called "vampire loads") when not in use.
- As incandescent bulbs burn out, replace them with more efficient CFLs or LEDs, both of which now come in familiar screw-in models. They're more expensive, but they also use less electricity and last longer. Be sure to handle and dispose of CFLs properly—they contain mercury and shouldn't be thrown in the trash. (Go to www.epa.gov/cfl for cleanup and disposal help.)
- Install dimmers and motion sensors for light fixtures; turn off lights when you leave the room.
- Switch to programmable thermostats, which can be programmed to adjust heating and cooling during the day, evening, and night to avoid wasting energy when you're not home or are sleeping.
- Unplug smartphones and iPods—and their chargers—when they're fully charged; this is another common source of vampire loads.

Katy Tomasulo has been covering the building products industry for 12 years. Read her coverage of home products and trends at www.productsinsider.com.

Garden Patch

By Gladys Silrus

Potato blight caused the Irish potato famines in the 1840s and led to widespread starvation. The fungus that causes potato blight is called *Phytophthora infestans*. It is spread by either wind or rain, and occurs when there are two consecutive days of temperatures above 50 degrees F and on each day there are 11 hours when humidity is greater than 90 percent. These are known as "Smith Periods."

The first signs of potato blight are dark brown markings on the edges of the potato plant leaves. During the next stage, the leaves curl and the plant wilts and eventually falls over. This happens very quickly; the whole process can take only a few days.

If you see this on a couple of your plants, the only action is to cut the plants down to the ground immediately. This will prevent the disease from reaching the potato tubers under the ground. Potato blight appears between July and September, when the weather is at its warmest.

Once potato blight manifests itself, there is no treatment. To help avoid potato blight, destroy all infected plants by burning them, then harvest the tubers after two to three weeks. Do not plant in same area for three years. Spray potato and tomato (tomato plants get the same kind of blight) with Bordeaux mixture (available at garden centers) in May and June to help prevent infection.

Other tips for preventing blight include:

- Always buy your seed potatoes from a reliable source.
- Choose varieties less susceptible to blight.
- Ridge the soil well after planting.
- Mulch to reduce the amount of water required; water the soil, not the foliage.

- Harvest all your potatoes, even the tiniest ones.

November gardening tips

Cut back perennials felled by frost to just a few inches above ground. If the leaves aren't diseased, pitch them on your compost heap. Lay down a few inches of lightweight mulch, such as chopped leaves or pine needles.

If you haven't already pulled out your annuals, there is still time before the first snow. This includes vegetable garden plants such as tomatoes and peppers. If you don't, you'll create a good place to attract and harbor pests and diseases that will plague you next year.

After the last mowing, it's time to clean, service, and have your lawn mower's blade sharpened so it will be ready next year.

Now is a great time to clean and oil all your hand tools. I have found if you put some sand in a bucket, add some old or new motor oil, mix well, and slide your tools in and out of the oil/sand mixture a few times after removing excess dirt, it's a great way to clean and oil them for next year.

You can still plant garlic and some spring bulbs this month, as long as the ground hasn't frozen.

Cover your compost pile with a tarp. Too much water will slow the decomposition process; remove it periodically to allow the pile to moisten, then replace it.

Don't forget to drain all your hoses and put them away so they don't freeze and burst. Keep the questions coming and enjoy the coming holidays.

Happy gardening!

Got a gardening question? Send it to Gladys for an answer! Call her at 360.826.4848, or write to her at gsilrus@frontier.com or 42002 Pine St., Concrete, WA 98237.

WSU Know & Grow Workshop: Visiting Public Gardens and Garden Show in Europe

WSU Skagit County Extension Master Gardeners, in partnership with WSU - Mount Vernon NWREC, present a WSU Know & Grow workshop, "Visiting

Public Gardens and Garden Show in Europe," on Tue., Nov. 13, from 1 to 2:30 p.m. at WSU Mount Vernon NWREC Sakuma Auditorium, 16650 SR 536 (Memorial Highway). For more information, call 360.428.4270 or go to <http://skagit.wsu.edu/MG>.



Smile

Dwelleysms

Wit from former
Concrete Herald editor
Charles M. Dwelley

“Having invaded barber shops, beer bars, bowling alleys, and other places where once man could find sanctuary, women are now clamoring to be shot into outer space on an equal basis. Move over, astronauts—here come the astronannies!”

“Medicare, defeated in Congress, was not the all-inclusive plan such as is causing the doctors’ strike in Canada. But we think that was the ultimate goal of the group pushing it. And we feel this fear is what caused the pause for a second look. Socialism cannot be good in a small way without growing bigger. Once the bait is taken, it is only a matter of time.”

“Nothing is so discouraging as to have summer in your heart and cold rain down your neck.”

“As a native son of the county, we think development and progress should come gradually and with the dignity of planning and hard work. The crass and brassy rudeness with which promoters are despoiling waterfront land and once beautifully natural islands does not set well. The shock is something like having the old homestead sold for a garbage dump.”

—July 19, 1962

“‘Why bother?’ That’s what some people say. What used to be is good enough and there is no use in trying to make anything better. After a good number of years as an angry young man and more years as an impatient older man, the editor has never lost his view that improvement should be a way of life rather than an innovation enjoyed occasionally. We believe that every person has the right to expect that tomorrow will bring them a better home, a better community, a better country. This is why we are continually working, both personally and as a newspaper, against all the stumbling blocks that keep us from enjoying the best of what our surroundings have to offer.”

“Death has a way of taking people just about the time you get used to always having them around. The old-timers who drop in unchanged year after year

suddenly join their friends in the history pages of the past. It’s not that they weren’t always there, but only that now it will be the way you remember them best.”

“The tremendous possibilities for Baker Lake as a recreation area should bring a very close examination of all plans for development. Now is the time the ‘horrible mistakes’ of later years occur.”

—July 26, 1962

“In these times of easy credit and old-age security, thrift is no virtue and many a strict adherent of the old qualities finds that in the end he may have lived wisely—but not too well.”

“A great exaggeration is more appealing than a half-truth, if only for the entertainment value and the artful imagination. If you are bound to tell a lie, make it a whopper and gain everyone’s respect.”

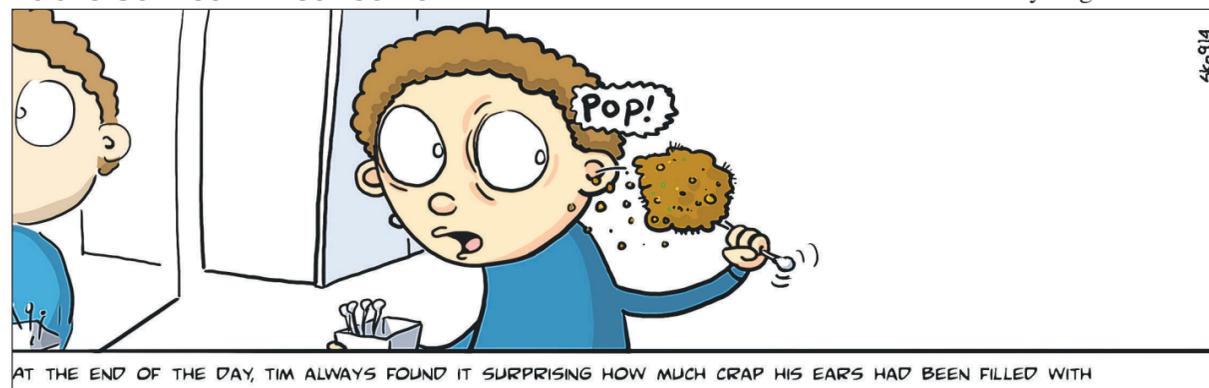
—Aug. 2, 1962

“The weathermen keep telling us that ours is a moderate and enjoyable climate. Like the old logger’s wool underwear of which it was said, ‘no matter how wet and cold you get, you’re always warm and dry.’”

“Reading is going into decline as a popular pastime, and it is a shame. The fleeting images of TV or the half-remembered words of radio can never take the place of a well-written paragraph that can be read again and again. In reading, time waits patiently.”

—Aug. 9, 1962

Public Service Announcement



Out of the mouths of babes ...

Jack, 3, was watching his mom breast-feeding his new baby sister. After a while he asked, “Mom why have you got two? Is one for hot and one for cold milk?”

Melanie, 5, asked her granny how old she was. Granny replied she was so old she didn’t remember anymore. Melanie said, “If you don’t remember, you must look in the back of your panties. Mine say ‘five to six.’”

Steven, 3, hugged and kissed his mom good night. “I love you so much that when you die I’m going to bury you outside my bedroom window,” he said.

Brittany, 4, had an earache and wanted a pain killer. She tried in vain to take the lid off the bottle. Seeing her frustration, her mom explained it was a childproof cap and she’d have to open it for her. Eyes wide with wonder, the little girl asked: “How does it know it’s me?”

Susan, 4, was drinking juice when she got the hiccups. “Please don’t give me this juice again,” she said. “It makes my teeth cough.”

DJ, 4, stepped onto the bathroom scale and asked: “How much do I cost?”

Clinton, 5, was in his bedroom looking worried. When his mom asked what was troubling him, he replied, “I don’t know what’ll happen with this bed when I get married. How will my wife fit in it?”

Marc, 4, was engrossed in a young couple who were hugging and kissing in a restaurant. Without taking his eyes off them, he asked his dad, “Why is he whispering in her mouth?”

Tammy, 4, was with her mother when they met an elderly, rather wrinkled woman her mom knew. Tammy looked at her for a while and then asked, “Why doesn’t your skin fit your face?”

James, 4, was listening to a Bible story. His dad read, “The man named Lot was warned to take his wife and flee out of the city, but his wife looked back and was turned to salt.” Concerned, James asked, “What happened to the flea?”

Off Center



Jonathan Carter

Crossword: “Head starts”

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20					21				22				
			23	24			25	26					
27	28	29		30			31			32	33	34	35
36			37				38			39			
40					41	42				43			
44					45					46			
47					48			49	50		51		
				52	53			54		55			
56	57	58				59	60			61	62	63	64
65					66					67			
68					69					70			
71					72					73			

Across

- 1. Paperlike cloth
- 6. Apple variety
- 10. Window part
- 14. Owning land
- 15. Carbon compound
- 16. Arch type
- 17. Head starts
- 20. Military cap
- 21. Channel
- 22. Anxiety
- 23. Defunct ruler
- 25. Hit ground
- 27. Dust remover
- 30. “You betcha!”
- 32. Has a mortgage
- 36. Frenzied
- 38. Bauxite, e.g.
- 39. Gingrich
- 40. Head starts
- 44. Case
- 45. Do exist
- 46. The “N” of U.N.C.F.
- 47. Microprocessor type
- 48. Calculator grid
- 51. Precognition (abbr.)
- 52. Wounded
- 54. “___ my word!”

Down

- 56. Pond buildup
- 59. 1987 Costner role
- 61. Greek letter
- 65. Head starts
- 68. Flu symptoms
- 69. Bog
- 70. Fred of hockey
- 71. Form
- 72. Aspersion
- 73. Itsy-bitsy bits

Across

- 26. Blown away
- 27. More crude
- 28. Cremona artisan
- 29. Masters
- 31. Bunk
- 33. Shoe type
- 34. Cream vessels
- 35. Razor sharpener
- 37. “My Little _____”
- 41. Camp sight
- 42. Dowel
- 43. Annul
- 49. Narc’s target
- 50. “Spirit” rock band
- 53. Colo. neighbor
- 55. Dusk to dawn
- 56. First fellow?
- 57. Child’s building brick
- 58. Showy trinket
- 60. Almond
- 62. Sundae topper, perhaps
- 63. Course
- 64. Stirs
- 66. Dash lengths
- 67. Group w. troops

Down

- 1. Approach
- 2. Feel pity
- 3. Strengthen, with “up”
- 4. European gull
- 5. Obstacle to learning
- 6. Actor Depardieu
- 7. Soon, to a bard
- 8. Mooning
- 9. A pint, maybe
- 10. Metaphysical poet
- 11. All excited
- 12. Ryan and Tilly
- 13. One-up
- 18. Flair
- 19. Amscrayed
- 24. “The Open Window”

Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

		3	2			4	5	8		
6	1						4			
5	8								2	
			6			5			3	
9				7			3		6	
1						6		8		
3									2	4
			5						1	9
		2	1	9				7	5	

*Solutions to both puzzles are on p. 38.

Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in October.
- “Why can superheroes wear their underwear over their clothes and be praised, but I do it and get laughed at?”
 - “Random thought: cow tipping is probably the most aggressive form of lactose intolerance.”
 - “Elk meat tacos!”
 - “Don’t ever tell a girl to calm down.”
 - “I hate Star Wars. There, I said it.”

SAVE CONCRETE THEATRE!

- Donate at the theater during weekend movie times
- Mail a check payable to Concrete Theatre to: Concrete Theatre, P.O. Box 954, Concrete, WA 98237
- Make a credit card or PayPal donation at www.concrete-theatre.com
- Donate at Columbia Bank in Concrete (designate check for “Digital Projector Fund”)

Donate to Digital Campaign!

The movie industry will convert to digital in 2013. Concrete Theatre won’t be able to show new movies unless it converts to a digital system --a \$50,000 hurdle. **Please donate to help keep Concrete Theatre alive!**

*Advertisement paid for by an anonymous donor.

For more info on ways to help, call 360.941.0403 or e-mail info@concrete-theatre.com.

Lyman Mayor Debra Heinzman supported I-1183—and still does—because to her, the state’s prior monopoly on liquor distribution didn’t make sense. Heinzman has owned Lyman Tavern with her husband, Mont, for the past eight years.

“If I owned a bar, I couldn’t own a liquor store because the state said it was a conflict of interest. But the state sold the booze and regulated the booze—isn’t that a conflict of interest? I don’t think the state should be in the liquor business, especially if it’s going to be the regulator. Besides, I think in the end it will bring way more money to the state.”

Heinzman is probably correct. With the initiative, the state jettisoned virtually all of its overhead and, according to early estimates from the Office of Financial Management, will stand to gain more than \$200 million in 2012, and add \$200 million (approximately) in local government revenues from 2012 to 2018.

At ground level, Heinzman sees more pros than cons. “I can buy from any source I want to, and the marketplace will dictate the price. I order it and it’s delivered to my business, which is a big plus. But it’s costing more.”

Heinzman said price tags will fall over time—“The markup is supposed to drop by 17 percent after the first year,” she said—but adds she makes purchases carefully to get exactly what she wants for the best price possible.

Heinzman believes it will take years for everything to settle out. “In the end I think

it’s going to be a good thing. I think it’s kind of a pain for everybody, but I think everybody’s getting used to it. I feel bad for the people I’m personally connected to, but overall, it’ll be a good thing.”

At Albert’s Red Apple Market in Grasmere, owners Richard and Michael Frank frowned on I-1183 while it was still a glimmer in Costco’s eye. They’re selling hard liquor now, but not because they want to.

“We’re selling it because we have to,” said Richard Frank. “If we don’t have it here, people will go down below and say, ‘I might as well buy my groceries while I’m down here buying liquor.’”

Frank lists slim profit margins, more work, and more vigilance against theft as reasons why I-1183 “hasn’t helped” the family-owned, 64-year-old grocery store.

“Everybody said it would make us big money. But that’s not the case. The state is making the money.”

Indeed. Liquor sales are strapped with jaw-dropping taxes, including a 10 percent wholesale tax, a 17 percent retail tax, an approximate \$3.77 liter tax, and a whopping 20.5 percent retail sales tax. Those last two are applied at the checkstand.

For the foreseeable future, I-1183 is here to stay. But for smaller retailers like those in the Upper Skagit Valley, it could be a challenge to live with.

“If we can make it through the winter, I think we’ll be okay,” said Ken Betts. “Fortunately, we’ve had some really good community support. That’s been a big help.”

Concrete Harold

By Joyce Harris



Council, cont. from p. 6

- Fichter stated David Day had sent the purchase agreement for 45501 Main St. (Herrera residence) for approval. She also stated this agreement will begin the process and that escrow and other paperwork will still have to be completed before the sale is final. Motion to approve the purchase agreement passed 4–1.
- A proposed Interlocal Agreement between Skagit County and Town of Concrete, authorizing the county as the town’s Certification Acceptance Agency for the proposed school/airport secondary access road, was tabled till the next meeting so that town attorney David Day could review it.

Oct. 22 Budget Workshop: 2013 Salaries and Benefits

- Council voted to combine Rich Philips’ Public Works salary and his Code Enforcement salary, in order to streamline bookkeeping efforts.
- Deputy Clerk Corrina Koenig stated that Fichter was not recommending staff raises in 2013 until it was more clear how the sewer fund and the general fund would fare in 2013, with the rate increases and PSE’s projects coming to an end. Council agreed to freeze 2013 salaries at 2012 levels.

Oct. 22 Regular Meeting

- Eric Archuletta and Jason Miller delivered a presentation on their recent trip to Independence, Ore., explaining some of the strategies that town used to revitalize its economy.
- Cody Hart from Reichardt & Ebe reported that the Burpee Hill Rd. project is more than a week ahead of schedule. The Main St. reconstruction project was delayed by the (surprise) location of the Lorenzen Creek culvert.
- The proposed Interlocal Agreement between Skagit County and Town of Concrete, authorizing the county as the town’s Certification Acceptance Agency for the school/airport secondary access project was revisited. Day stated he had reviewed the agreement and it appeared to be a standard contract. Council voted 3–2 to approve the agreement.
- Elements of a new contract with grant writer Michelle Mazzola were discussed. Questions were raised that Mayor Wilson will bring to Mazzola.
- Councilmember Miller reported that the Superior Building roof will cost about \$40,000. Grants will be sought.

Norris, cont. from p. 24

milk, if you don’t have buttermilk add ¼ tablespoon lemon juice and allow to sit for a minute) ¼ cup butter Combine ingredients in saucepan. Bring to a boil over medium heat and boil for 5 minutes. Watch carefully, once it reaches a boil it will boil over very easily. I turned my heat down to medium low and allowed to simmer, occasionally stirring. Remove from heat and add ½ teaspoon vanilla extract. Poke holes in top of cake with a toothpick and pour glaze over still-warm cake.

Melissa K. Norris is a Christian fiction novelist who lives in Rockport. Find her online at www.melissaknorris.com.

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Call 360.853.8213 today to be seen in Concrete Herald, the Voice of Eastern Skagit County.

Sudoku solution, from p. 37

7	3	2	6	9	4	5	8	1
6	1	9	5	2	8	4	3	7
5	8	4	3	7	1	9	6	2
2	4	6	8	5	9	1	7	3
9	5	8	7	1	3	2	4	6
1	7	3	4	6	2	8	9	5
3	9	7	1	8	5	6	2	4
8	6	5	2	4	7	3	1	9
4	2	1	9	3	6	7	5	8

Crossword solution, from p. 37

T	A	P	P	A	G	A	L	A	J	A	M	B		
A	C	R	E	D	E	N	O	L	O	G	E	E		
C	H	O	W	D	E	R	O	V	E	R	H	O	G	S
K	E	P	I	L	A	N	E	A	N	G	S	T		
		T	S	A	R	L	A	N	D					
R	A	G	A	N	D	H	O	W	O	W	E	S		
A	M	U	C	K	O	R	E	N	E	W	T			
W	A	R	H	I	L	T	O	N	D	U	N	D	E	R
E	T	U	I	A	R	E	N	E	G	R	O			
R	I	S	C	K	E	Y	P	A	D	E	S	P		
		K	N	E	E	U	P	O	N					
A	L	G	A	E	N	E	S	S	I	O	T	A		
D	E	A	D	B	E	A	C	H	E	G	G	R	E	D
A	G	U	E	M	I	R	E	S	H	E	R	O		
M	O	D	E	S	L	U	R	A	T	O	M	S		

Letters, cont. from p. 2

prizes and baked goods for our bake sale and cake walk.

Special thanks to Birdsvie Brewing Co., Jodi Hill at Monroe’s Salon, Salon Royell, Concrete Theatre, Community Bowling Center, Jungle Playland, Rocky Mountain Chocolate Factory, John at the Feed Barn, Cascade Mercantile, Schuh Farms, Papa Murphy’s in Burlington, Renee Self, Pam Ford, Jason Self, Colby Self, Colton Shephard, Brandon Evans, Kathy Conrad, Debbie Harrington, Patsy Armstrong, Sheril Wolfe, Debbie Brown, Amy Armstrong, Stan Werner, Austin Werner, Brandon Werner, Morgan Hull, Jorge Contreras, Cyndi Stormo, Maria Santa Cruz, Elaine Kohler, Chris Clark, Naomi Wicklund, Jen Bates, and to everyone who bought raffle tickets and came out with their kids to the event. We really appreciate all the support so much! Our volunteers are the best!

*Tammie Werner
Heart To Heart Charity, Lyman*

KSVU 90.1 FM thanks you

October saw local radio station volunteers and fans enjoying fundraising in numerous ways: the semi-annual, on-air Pledge Drive ran from Oct. 8–19, and on Sat., Oct. 13, a rockin’ music concert and dinner was held at the Marblemount Community Hall.

Enormous thanks to all who pledged and participated, but special thanks to the following:

The Washington Cafe and Bakery from Concrete, the “Blues Playground” band from Snohomish County, and Janice Gage (music host on KSVR/KSVU—the Blues Note). We raised more than \$750, which will keep us on the air and representing our upriver communities for yet another month. And for those of you who may have missed it, you can always pledge online at www.ksvu.org, or call us at the Concrete studio at 360.853.8588.

*Christie Fairchild
Rockport*

Editorial, cont. from p. 2

benefiting Concrete.

- Attitude is everything.** Start from a position of “What can we do?” and “How can I help you achieve your goals?”
- Begin with small projects** to develop enthusiasm among citizens.
- Plan carefully**, expecting painful moments during the process, and don’t abandon the effort.

—J. K. M.

Classifieds

MOVIES & EVENTS AT THE HISTORIC CONCRETE THEATRE

WEEKEND MOVIE SCHEDULE:

Fri., 7:30 p.m.; Sat., 5 and 7:30 p.m.;

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NOTICES

NOTICE OF TOWN COUNCIL 2013 BUDGET WORKSHOPS

NOTICE IS HEREBY GIVEN that the Concrete Town Council will hold workshops on the following dates in preparation for the 2013 Budget:

Sept. 24, 6 p.m.	2013 Rate/Utility
Oct. 9, 6 p.m.	Review 2012 Budget
Oct. 22, 6 p.m.	2013 Salary/Benefit Workshop
Nov. 13, 6 p.m.	Review 2013 Proposed Budget
Nov. 26, 6 p.m.	2013 Budget (if needed)

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24)-hour advance notice. Contact Andrea Fichter at Concrete Town Hall 360.853.8401.

Published in the September, October and November 2012 issues of Concrete Herald.

TOWN OF CONCRETE
45672 Main Street
P.O. Box 39
Concrete, WA 98237
(360) 853-8401 FAX (360) 853-8002
email: andrea@concretewa.gov

NOTICE OF 2013 BUDGET PUBLIC HEARING NOTICE IS HEREBY GIVEN that public hearings will be held by the Town Council of the Town of Concrete at its regular Council Meeting in the Town Hall at 45672 Main Street, Concrete, Washington, on November 13, 2012 and November 26, 2012 at 7:00 PM.

The purpose of the public hearing is to review the proposed 2013 Budget. Action may be taken at these meetings.

The public is encouraged to attend and give written or oral testimony.

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NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Town Council of the Town of Concrete at its regular Council Meeting in the Town Hall at 45672 Main Street, Concrete, Washington, on Monday, November 13, 2012 at 7:00 PM or as soon as possible thereafter.

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The purpose of the public hearing is to review the proposed 2013 Property Tax. Action may be taken at this meeting.

The public is encouraged to attend and give written or oral testimony.

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at the Concrete Town Hall (360) 853-8401.

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Published in the October and November 2012 issues of Concrete Herald.

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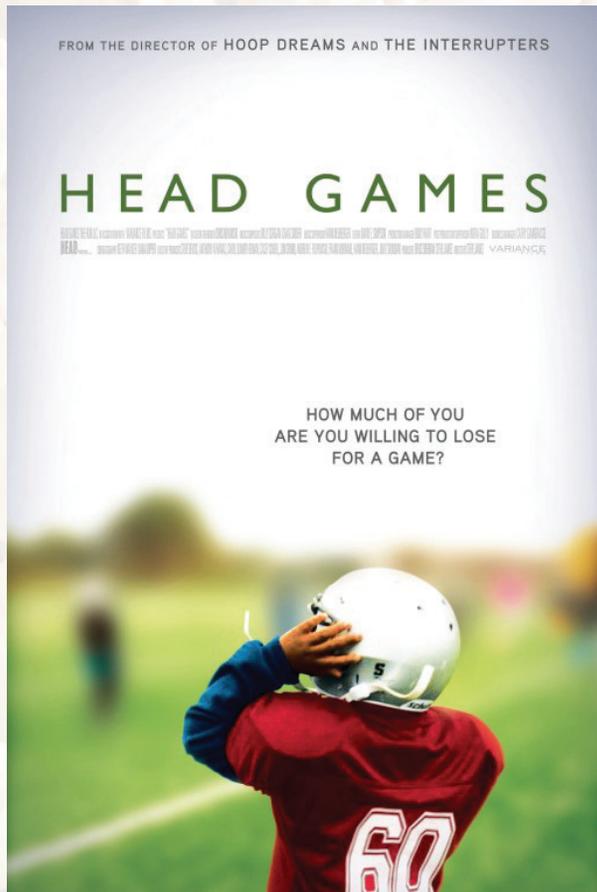
“Our ads in *Concrete Herald* help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from *Concrete Herald* readers.”

— Valerie Stafford
communications director
United General Hospital,
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Concrete Herald

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www.concrete-herald.com 360.853.8213

Free Movie Night



Thursday, November 15
7:00 p.m. at the Concrete Theatre
45920 Main Street • Concrete

You are invited to join us in viewing the new documentary, Head Games. It tells the story of football player and wrestler Chris Nowinski's quest to uncover the truth about sports-related head injuries. The movie includes relevant science on brain trauma, advice on how to better deal with concussions at all levels of sports, and some of the tragic stories from sports such as football, hockey and soccer that have now been determined to be due to concussions.

Head Games is rated PG-13 and will be of special interest to sports-enthusiasts, athletes, parents and coaches. For more information, call United General Hospital at (360) 856-7245.

*"Head Games tries to open the eyes of sports lovers to dangers that have too often been minimized and too seldom fully understood."
— New York Times*

Local Resource for Concussion Management

Dr. Nadya Volsky, of United Family Medicine in Sedro-Woolley, is trained in Primary Care, Sports Medicine

and utilizing ImpACT® as part of concussion management. ImpACT® (Immediate Post-Concussion Assessment and Cognitive Testing) is the first, most-widely used, and most scientifically validated computerized concussion evaluation system. Dr. Volsky recommends that all athletes playing contact sports have a baseline test before their season begins.

Dr. Volsky is available to come to your parents' or recreational sports group to talk about concussion management. Please contact events@unitedgeneral.org or (360) 856-7615 to schedule. To schedule a sports physical or baseline concussion test, call United Family Medicine, at (360) 856-7230.



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