

The Voice of the Upper Skagit Valley

# Concrete Herald

Vol. 101, No. 8

August 2018

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50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdsvie • Grasmere • Concrete • Concrete • Concrete • Sauk C • Valley • Rockport • • Corki • Marblemount • Bullerville • Newhalem • Diablo

## IN THIS ISSUE

### Election 2018

In advance of the primary election on Aug. 7, *Concrete Herald* invited several candidates to share their campaign aspirations. *Page 4.*

### Boys & Girls Club program to begin in Concrete

A \$1.65 million federal grant will bring Boys & Girls Club programs to Concrete students in grades K-12 this fall. *Page 9.*

### Don't call it a food bank

A jubilant crowd gathered at 9386 Fruitdale Rd. in Sedro-Woolley on July 29 for a ribbon-cutting ceremony at the new Helping Hands Solution Center. *Page 16.*

### Hike-a-thon aims to raise mental health awareness

Billie Hills of Lyman is on a mission. She's organized a fundraiser to help people get the therapy they need to confront and conquer mental illness. Her fundraiser of choice? A walk in the woods. *Page 18.*

### Sauk-Suiattle Tribe to open casino near Darrington

The Sauk-Suiattle Indian Tribe will next month open a new casino, Bingo hall, and cafe. Last Chance Casino and Bingo, a two-story, 12,200-square-foot facility, will hold its grand opening Sept. 1 on Chief Brown Lane. *Page 24.*



We  
  
 our  
 Upper  
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 bands

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The Voice of the Upper Skagit Valley

**WNPA**  
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Concrete Herald owes its success to citizen journalists and photographers. Reporter: Chazlyn Lovely, Ad Production: Lynn Jefferson and Chazlyn Lovely, Bookkeeping: Upriver Bookkeeping Services. Local contributors are welcome; call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

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*From the editor*

## Music in the Upper Valley

I have to hand it to *Concrete Herald* reporter Chazlyn Lovely, who wrote this issue's cover story. Not everyone would be able to track down a crowd of musicians, interview them, and pull it all together by deadline. Big kudos to her.

Chazlyn also wanted to thank those musicians who took the time to respond to her inquiries, so special thanks go to Janice Sherman, Linden Jordan, Jack Mattingly, Nick Anthony, Josh Fichter, Richard Lewis, Mardi McLaskey, and Josh Hamilton. Good on ya, folks.

Lovely's article kicks off on p. 10. Check it out. And rock on.

—J. K. M.

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# Opinion

## Letters to the editor

**YAD: Another great event**

A huge thank you to so many amazing community partners and organizations that made Concrete Youth Activity Day such a great event!

A big shout out to the Concrete Youth Activity Day planning committee members: Mary Janda, Kelsey Stannert, Sarah Beste, Matt Del Bosque, Dana Whitney, Brooke Pederson, and Rachel Sacco.

I want to personally thank Annie's Pizza, Cascadian Farms, Concrete Theatre, Upper Skagit Library, Concrete Lions Club, Concrete High School Cheerleaders and Coach Tracie, Upper Valley Task Force, Community Bible Church, Citipoint Church, United General District 304, Community Action of Skagit County (East County Resource Center), Skagit Watershed Council, Magically Yours DJs, Molina Health Care, and the Washington State Health Care Authority for providing fun, food, raffle prizes, or a monetary donation to keep this event 100 percent free for our attendees.

I hope everyone had a great time and I look forward to next year.

*Stephanie Morgareidge, coord.  
Concrete Resource Coalition  
Concrete*

**Support for Pasma**

Tom Pasma, candidate for 40th Legislative District Representative, is a rancher, auctioneer, and champion of the environment and sustainability. He is prepared to start working in Olympia on Day One because he's been working on issues important to the 40th LD for decades. He already knows how to get things done in the state legislature.

Tom is well known in Olympia. In

2009 Gov. Gregoire asked him to take a leadership role in the Samish Watershed Initiative. And you might have read in the *Skagit Valley Herald* that Gov. Inslee made his ranch a showcase for sustainability when Tom hosted 100 local, state, federal, tribal, and climate scientists to discuss how best to get people together for stewardship of the Samish Watershed. Since the early 2000s, he has worked to save Blanchard Mountain and the forest.

Tom has worked on a broad spectrum of other issues important to the 40th LD as well. He met to discuss coal trains and the Cherry Point Terminal with a member of President Obama's Special Advisory for Green Jobs. He spearheaded legislative efforts to create a program that fosters the next generation of farmers to use science-based, environmentally-sustainable practices. As a volunteer auctioneer he has raised millions of dollars for nonprofits. He is founder and president of a nonprofit program—Leadership, Education, and Advanced Development—to connect at-risk youth with professional athletes and community leaders to mentor them in leadership skills. In 2010 he was asked to work on the Affordable Care Act throughout Washington State.

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Many may know Tom only from a nonprofit auction. Tom's a modest man. But for many years he has more than proven his qualifications to represent us in Olympia. No one could serve us better. Vote for Tom Pasma, 40th LD Representative.

*Gail Nicolls  
Guemes Island*

**Thanks for a great fly-in**

After the decision to close the North Cascade Vintage Aircraft Museum, this year's fly-in might never have happened. Thankfully, a stalwart band of supporters pulled it off after re-forming the ranks of Concrete Events.

Here's a hearty thank-you to that organization and its helpers: Drew Jenkins, president; Larry Mitchell and Valerie Lee, officers; Wiley Moore, Steve Bolan, Roger Dunham, Roger Chapman.

I also have sincere thanks for the folks who volunteered to ride on the shuttle/tour bus on Friday and/or Saturday, providing color commentary of our fine community: John Boggs, Ginger Kyritsis, Beth Easterday, I was proud to have you as colleagues during those hot days.

Speaking of hot days, our shuttle bus

driver, Marla Reed, deserves special thanks. She didn't have the choice to work a shift; she was there from start to finish both days. In that heat. Thank you, Marla.

I noticed some fine efforts also on the airport grounds. A little bird told me that June Moore is responsible for the absolutely incredible work done at the small gate east of the main gate to the airport. She turned that overgrown mess into a Japanese garden! Thank you, June.

I caught June and her husband, Wiley, up at the pilots' lounge in the days leading up to the fly-in too, working with Jack Mears' son-in-law, Roger Chapman, to declutter and incorporate Jack's impressive library into the decor up there. Thanks, you three, and anyone else who helped you.

After more than three decades, our fly-in is stronger than ever. Please take a moment to tap the folks mentioned above on their shoulders and offer them your thanks. If I missed anyone with a role in the fly-in's success, please know you have my sincerest gratitude.

*Jason Miller, Mayor  
Town of Concrete*

**Business Spotlight:**  
**Allelujah Business Systems**

Every business—no matter how small or large—needs someone in their corner, someone they can trust to provide the products and services they need to operate.

In Sedro-Woolley, that someone is Allelujah Business Systems. Owned and operated by Scott and Kristi Curtin,

**At a glance:**  
**Allelujah Business Systems**

**Where:** 901 Metcalf St., Sedro-Woolley

**Hours:** Mon.-Fri., 8:30 a.m. to 6 p.m.  
Sat., 9 a.m. to 2 p.m.

**Phone:** 360.855.1157

**E-mail:** allcopiersystems1@yahoo.com

Allelujah ("Praise the Lord") can deliver virtually everything you need to keep your business running smoothly. Fervent followers of Jesus Christ, the couple might even throw in a prayer if you ask for one. These days, that's not a bad perk.

Scott, who left the copier industry years ago with a headful of knowledge, runs the copier end of things. He can sell you a remanufactured copier for pennies on the dollar, then maintain and/or repair it with regular visits so any down time is minimized if not eliminated altogether.

Kristi oversees "everything else"—and that list is exhaustive: color and black-and-white copies of all sizes, a notary service, faxes (receive and send), computer and Internet use, lamination, private mailboxes, shipping (FedEx, UPS, USPS). An office supply section debuts this month. Need something they don't have? Bend Kristi's ear, because she's known for her responsive attitude.

"I love my customers," she says. "I like to hear what they want."

Scott tells a funny story of an atheist who learned of the couple's faith and was visibly uncomfortable when he showed up to ship an item. That's silly; you don't have to share their faith to experience the

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**Family affair:** Scott and Kristi Curtin own and operate Allelujah Business Systems, located at 901 Metcalf St. in Sedro-Woolley. Hard at work behind the Curtins is Carrie Curtin, their daughter-in-law.

benefit of a business that is committed to the highest ethical and integrity.

"If we see a need for a customer, we will make whatever investment we can to take

care of our community because we love Sedro-Woolley," says Scott. "God brought us here and gave us a heart for the town."

—J. K. M.

# PRIMARY Election 2018

Ballots for the 2018 primary election were mailed on July 17. Ballots must be postmarked or placed in a drop box by Aug. 7. In advance of the primary election, *Concrete Herald* invited several candidates to share their campaign aspirations.

## Congressional Dist. 1 U.S. Representative

**Suzan DelBene (D) (incumbent)**

**In her words:**

"I am running for Congress to stand up for the middle class. My father lost his job when I was a child, and we went



through tough times as a family. I was only able to go to college because of financial aid, work-study programs, and student loans. That education, combined with hard work, gave me the foundation to build a successful career as a business executive and entrepreneur. I'm running for Congress to help build an economy that works for everyone, especially our middle class, where prosperity is widely shared. I'll continue standing up to special interests by fighting to keep dark money out of politics. I have a record of fighting for local agriculture, quality affordable

healthcare, access to education, and Medicare and Social Security.

"Jobs and the economy are the most pressing concerns in our district. I know what it's like to struggle financially growing up and how much a job can be a source of economic stability and personal pride.

"We can help grow the economy by helping small businesses and local industries provide good-paying jobs. I secured \$200 million in job training to help low-income individuals across the country receiving nutrition assistance get the right skills to find a job. I'll continue fighting for policies that help Washingtonians get ahead: access to better education and apprenticeship programs, pay equity, retirement security, investing in infrastructure, and protecting Social Security and Medicare for generations to come."

DelBene faces opposition from four candidates in the primary. Of those four, Scott Stafne responded to *Concrete Herald's* invitation to share his thoughts. Stafne is running as a Republican.

## Scott Stafne (R)

**In his words:**

"I have dedicated my professional career preparing for this position, and now is the time.

"I believe the biggest issue facing this state and nation today is judicial and proprietorial corruption. Achieving justice for the people was the primary objective for creating this nation. As James Madison explained, 'Justice is the end of government. It is the end of civil society. It ever has been and ever will be pursued until it be obtained, or until liberty be lost in the pursuit.'

"Today courts are taking people's lives, liberties, homes, and children arbitrarily and unfairly. Most people can't afford lawyers. Our once great jury system, which was designed to protect the people, is almost extinct. Courts are no longer required to follow precedent and explain why their decisions are lawful.

"Our courts need rigorous legislative oversight at both the state and federal levels. We need to enact laws which promote judicial and proprietorial accountability over giving such officials broad immunity for their actions. If our adversary system is truly dead to the point where it cannot be rehabilitated, we need to replace it with a system that can

provide justice for all people.

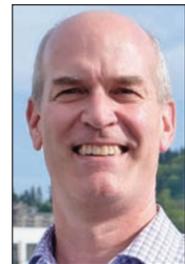
"If something is not done soon, we will have lost our liberties to the government's pursuit of power for itself and not to provide justice for the people."

## Congressional Dist. 2 U.S. Representative

**Rick Larsen (D) (incumbent)**

**In his words:**

"I am running for Congress to strengthen the middle class, provide families with better jobs and higher wages, and give people the tools they will need to succeed in the 21st century.



"The greatest issue I will face in Congress will be strengthening and expanding the middle class, and providing increased opportunities for the future workforce.

"I am working to build an economy that creates jobs by investing in infrastructure. In Washington state, transportation means good-paying jobs. I want to continue putting people to work building, repairing, and maintaining our roads, bridges, and highways.

"I am expanding opportunities for the middle class through access to education and skills training, and ensuring the next generation of workers has the tools they need to compete in a global marketplace through STEM programs and apprenticeships.

"I am running for Congress to continue to help our communities address the pain of opioid addiction. I will keep fighting to make sure law enforcement and treatment facilities have the training and supplies needed to reverse opioid overdoses and get our loved ones on the road back to recovery.

"And I am running to ensure our veterans have access to the care and resources they have earned.

"It is a privilege to fight and serve on your behalf. I am proud of what I have accomplished and excited about the opportunities we have to grow and strengthen our middle class. If you feel the same, I ask for your support."

Larsen faces five opponents in the

## Election 2018, cont. from p. 4

primary election. Three submitted responses to *Concrete Herald*.

## Congressional Dist. 2 U.S. Representative

**Collin Carlson (D)**

**In his words:**

"I am running for office to bring a 'Green New Deal' to the United States. Our country faces mass crisis with life expectancy in the working-class dropping, our environment being destroyed beyond repair, our infrastructure crumbling, poverty rising drastically, and much more. My economic stimulus intends to rebuild and strengthen the working-class, eliminate poverty, and put our people and our country on the right path towards creating an inclusive society that takes care of our people and our environment.



"Aside from money in politics, which undercuts every issue, the main issue I plan on fighting for is a Universal Single-Payer Healthcare Program to provide healthcare to ALL of our citizens at a significantly lower cost per person. It is time to get the 'for profit' motive out of our healthcare. Forty-five thousand Americans die every year due to a lack of health insurance. As the richest country in the history of the Earth, this is completely unacceptable."

## Brian Luke (L)

**In his words:**

"I am concerned about the national debt, a dangerous and expensive interventionist U.S. foreign policy, jobs, and matters of freedom. Furthermore, I want a Libertarian presence in this race.

"I believe the biggest issue is our national debt, which will hurt future generations of Americans. The federal government will spend an enormous amount on interest on our debt in the coming decades. Furthermore, federal

households and businesses, which could reduce employment opportunities.

"I will look for opportunities to cut domestic, foreign policy, and military spending. Furthermore, I will exhibit discretion in deciding whether to reduce taxes without any serious intent to cut spending. Our government must collect sufficient revenue to pay for the federal government and not overspend."

## Gary Franco (I)

**In his words:**

"Let me make the following pledges to you, the voters of the 2nd Congressional District: You will be my boss, I your public servant. I promise to represent you in Washington D.C. with hard work, honesty, and overall integrity. I will not accept donations over \$1,000. I will accept no money with strings attached. I will limit myself to a maximum of three 2-year terms in Congress. I will not use my position for personal gain.



"My personal and political philosophy comes from many sources, especially the Gospels of Matthew, Mark, Luke, and John. I strive to live by these four pillars of my personal life, which would also be incorporated into my political life, if elected: truth, justice, compassion, and peace.

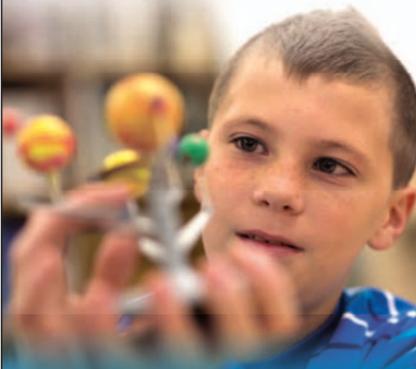
"Here are some of the issues which I hope to discuss with you: responsible fiscal management of our national budget, an affordable military budget, high-quality health care that is available to all citizens, curing the homelessness epidemic, helping college graduates pay back student loans, and creating a vibrant economy with good paying jobs.

"Finally, our president promised domestic stimulus spending to repair infrastructure and good jobs. I will hold his feet to the fire on his promise!"

## State Legislative Dist. 39 State Senator

**Keith Wagoner (R) (incumbent)**

Wagoner, who was appointed to his senate seat after former Senator Kirk Pearson retired, faces opposition from within and without his party. Elizabeth



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# Cascade Days 2018

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## THIS AND THAT

By J. K. M.

August kicks off with everyone's favorite musical fundraiser, **Birdstock**. Slated this year for Sat., Aug. 4, from noon to 8 p.m., Birdstock will again be hosted by Birdsvew Brewing Co., located at 38302 SR 20 in Birdsvew (about 7 minutes west of Concrete).

The biggest fundraiser every year for the Birdsvew Volunteer Fire Dept., Birdstock will bring seven bands to its portable stage. Firefighters will do all the cooking. Leave your pets at home and please don't plan to stay overnight. Just bring \$5 cash for the cover charge and be ready to party.

The headliner this month, of course, is **Cascade Days**, Aug. 18-19 in Concrete. The perennial favorite offers all the activities that make it popular, plus a few new surprises. Look for the parade, kids' activities, car show, log show, firemen's

muster, and duck race on Saturday, as well as a street dance at 3 p.m. that day.

On Sunday, hilarity will ensue in Veterans Memorial Park, where you'll find a pet costume contest, pie- and watermelon-eating contests, a jam contest, chainsaw carvers south of the library ... and karaoke, of course.

More information, plus vendor and parade forms, are available online at [www.cascadedays.com](http://www.cascadedays.com).

District 10 (Birdsvew station) Fire Dept. is holding a **gun raffle** to raise funds for the department. At stake is a Browning X-Bolt Hells Canyon SPEED chambered for a .270 Winchester, paired with a Leupold VX-3i 3.5-10x40mm scope.

Tickets are \$10 each and can be had by contacting any Birdsvew firefighter. The winning ticket will be drawn on Aug. 4, during the Birdstock fundraiser at Birdsvew Brewing Co. More info can be found on Facebook: Skagit County Fire District 10, Birdsvew & Grassmere Fire Stations.

Boaters! Take note that for personal safety reasons, the **Lake Shannon Boat**

**Launch**, owned by Puget Sound Energy, will be closed to public use from Mon., Aug. 6 to Fri., Aug. 10. PSE will perform construction and crane activities in that area throughout the week.

The boat launch will re-open for public use on Sat., Aug. 11.

**Date change!** During the week of Oct. 8, **Waste Management will change the service days** for 143 of its residential customers in eastern Skagit County. Two weeks prior to that date, letters of notification will be mailed to affected customers.

Some customers will experience a seven-day or more gap in service. Others will experience a day change that is less than a week. The letters will provide details on how customers should respond.

In response to the popularity of the first workshop, a second **Solar Workshop** will be held on Thur., Aug. 16, from 6 to 8 p.m.

Presented by Banner Power Solutions, the workshop will be held at Concrete Community Center, 45821 Railroad Ave., Concrete.

For more information, call 360.755.3030.

A **reunion for the Concrete High School Class of 1955** is planned for Fri., Aug. 17, at 5 p.m., at the Royal Star Buffet, 2300 Freeway Dr., Mount Vernon. The group will again gather at 4 p.m. for a barbecue potluck dinner.

For more information, call Bill Newby at 360.826.5307, Joan Schmidt at 360.770.5180, or Pat Nelson at 360.424.1738.

The annual **Rockport-Marblemount Old Timers & Friends Reunion** will be held on Sun., Aug. 19, at 1 p.m. at Marblemount Community Hall. A potluck lunch is planned, with coffee and a punch table service provided. Bring lawn chairs.

For more information, contact Merv Peterson at 360.873.4903, Dona Cowan at 360.856.1378, or Pat Nelson at 360.424.1738.

Highland Farm West and the 1095 Skagit Child Nutrition Coalition will host a **Child Nutrition Fun and Awareness Fundraiser** on Sat., Aug. 4, from 4 to 7 p.m.

The event seeks to raise awareness and promote solutions to child hunger in Skagit County. The event is free, with a suggested donation of \$10 per family. Regardless of financial ability, everyone is invited to attend.

For more information and to RSVP, go

to [skagitchildnutrition.org](http://skagitchildnutrition.org).

**More fundraisers are in the works for KSVU 90.1 FM.**

Cascade Days, Aug. 18, will find KSVU volunteers once again selling pie a la mode, as well as ice cream and root beer floats at their booth in Veterans Memorial Park. Come on by to say hello, learn about your very own all volunteer, noncommercial, community radio station, and get yourself a cold, sweet treat!

September 15 will find local country musician Marcia Kester donating her talents as a KSVU fundraiser at our beloved watering hole, Birdsvew Brewing Company.

We hope to see you there! Be sure to pick up a current radio program schedule in various Upper Valley locations, including the KSVU Studio in Portable B behind Concrete Elementary School, Albert's Red Apple Market (Lotto counter area), Concrete Chamber, Upper Skagit Library, Rockport Pub, and the Marblemount Community Hall. Enjoy a diversity of music, views, and news—there's something for everyone!

Call the station anytime: 360.853.8588.

A reunion for the **Concrete High School Class of 1978** is planned for Sat., Aug. 18. Members will meet by the post office at 10:30 a.m. and ride in the parade. The group will again gather at 4 p.m. for a barbecue potluck dinner.

The hosts will be Kathy (Brumley) and Brad Monrad at their home at 46557 Baker Loop Rd., in Cedar Grove near Concrete. There is space for overnight camping, so classmates may bring RVs or tents.

For more information, call Connie Clark Anderson at 360.393.4634, Tammy Cloer Ross, or Kathy Brumley Monrad.

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## Council summary

*Concrete Town Council met for regular meetings on July 9 and 23. Following are summaries of those meetings. Complete and council-approved minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).*

### July 9 regular meeting

Mayor Jason Miller announced the passing of Office Assistant and long-time resident Denise DuVarney this past Saturday night/Sunday morning and asked for a moment of silence in her memory.

Upper Skagit Library Dir. Brooke Pederson updated the council on the library's progress toward additional renovation on its new building. She also discussed a specific location for the future book return box, which will be placed on the sidewalk in front of the library, and asked the council to consider reconfiguring the parking arrangement in Concrete Town Center. Council directed Mayor Miller to write a letter to all Town Center business and property owners, asking them for their opinion on the parking proposal.

Council again discussed the disposition of the Lorenzen Creek spoils pile and heard an update from Town Planner Marianne Manville-Ailles on the current status of the SEPA process. After discussion, council voted to change the proposed location of the pile from the unopened S. Rietze St. right of way to the southeast corner of the airport property.

Town engineer Cody Hart reported that the spray park concrete pad would be poured on July 20. He also handed out a conceptual exhibit for proposed pedestrian route improvements on S. Rietze St. Discussion ensued on the alignment, placement of culverts, and how past decisions that were made for development in this area have caused the current issues.

**Public Safety:** Mayor Miller reported that councilmembers should have the two monthly reports. He also stated that he has received reports of speeding along Fir St. going into the Loggers Landing parking lot. He stated there is concern that people coming from Java Zone could be hit by people speeding into the parking

lot. Audience member Claus Joens reported that the Civil Air Patrol will not be allowed to assist at the fly-in this year. He stated there is too much liability with having kids assisting, and that this is happening all over the country. Discussion ensued on who would be parking planes and who would be involved in assisting with regular vehicle parking.

### July 23 regular meeting

Audience member Garrett VonKemnow spoke in general terms about Roundup and its active ingredient, glyphosate. He stated under ADA Title 2 Section 3.6000, a public entity must reasonably modify its policies, practices, or procedures to avoid discrimination. If a public entity can demonstrate, however, that the modification would fundamentally alter the nature of its service, programs, or activity, it is not required to make the modification. He stated that he is asking for the reasonable accommodation of not using chemical sprays within the town limits of Concrete. He stated there are other methods such as mowing, burning, covering with plastic, or using vinegar with salt and Dawn dish detergent, which would not cause the damage the chemical sprays do.

Councilmember Mike Bartel reported an apparent record attendance at this year's fly-in. One tally for a portion of Saturday put walk-ins at 1,200.

Manville-Ailles reported that disassembly of the burned rail car has begun. She hopes it will be complete within one week.

—Compiled from staff minutes

### Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to [andrea@concretewa.gov](mailto:andrea@concretewa.gov) or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 6 p.m. at Town Hall.

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# Athletes of the Year

## Madisyn Renzelman

A three-sport athlete during her senior year, Madisyn Renzelman (CHS 2018) was found on the softball diamond, the soccer field, and the basketball court.

Fierce, unrelenting, and fast, Renzelman was known for her competitive nature and never-say-die attitude.

Renzelman was “an outstanding addition to every team she competed with,” said softball Coach Anna Gallagher. “Not only was she a force on the field, Madisyn was a full-time Running Start student, taking college courses at Skagit Valley College while still acquiring her diploma from Concrete High School. She was a top student in her chosen program.”

Renzelman was the team’s catcher for the first part of the 2018 season, then played shortstop to finish her senior year.

“She is a born leader, and not only fired up her teammates during competition, she showed compassion toward them in times of need as well,” said Gallagher.

On the soccer field, Renzelman was a presence for five years, starting during her 8th grade year. She typically played left defense, but also spent time as stopper and a forward. She was known for her aggressive play and ability to stop the ball.

And her speed. During her 2014 season, she won a “Hustle” award for her efforts,



which often included sprinting the full length of the field in order to get the ball. She weathered the challenges of having three different head coaches during her high school career, and ended her senior year by lettering yet again in the sport.

“Her dedication, despite her busy college and work schedules, was incredible,” said basketball Coach Kevik Rensink, for whom Renzelman played throughout her high school career.

“She never made excuses, and never complained of being tired. “She is always striving to be the best at whatever she does. Madisyn worked very hard to master the strengths of her game, and for basketball, it was her defense. She was known throughout the league—and with the utmost respect—as the most annoying defender. Other teams hated playing against her, and that is probably the ultimate compliment for someone like Madisyn.

“She represented her community and Concrete High School well. I am proud of Madisyn’s work ethic, her attitude, and the way she fought to be a good example to her peers, our faculty, and the players in our youth programs who look up to her. Well done, Madisyn. You deserved this type of recognition after the tremendous career you had at Concrete.”

—J. K. M.

## Riley Fichter

Riley Fichter (CHS 2018) is a fine example of what can be accomplished with the right attitude and plenty of hard work. The three-sport athlete played football and baseball, and wrestled his way to a 4th place medal (126 lbs.) at Mat Classic in February.

His senior year started with football, where he led the team as quarterback and as a team captain. He was named All League First Team Quarterback near the end of the season.

“Riley’s leadership on the field was extremely valuable,” said Coach Marcus Carr. “On offense he rushed for only 57 yards, but had 10 TDs. He also completed 29 of 56 passes for 478 yards and 7 TDs. On defense he had four interceptions.”

Next came wrestling, a season filled with first and second place medals and ribbons as he marched relentlessly toward the Tacoma Dome. Fichter had traveled to Mat Classic his previous three years, but a medal had eluded him until this year, when his commitment to training ended with him standing on the medals podium.

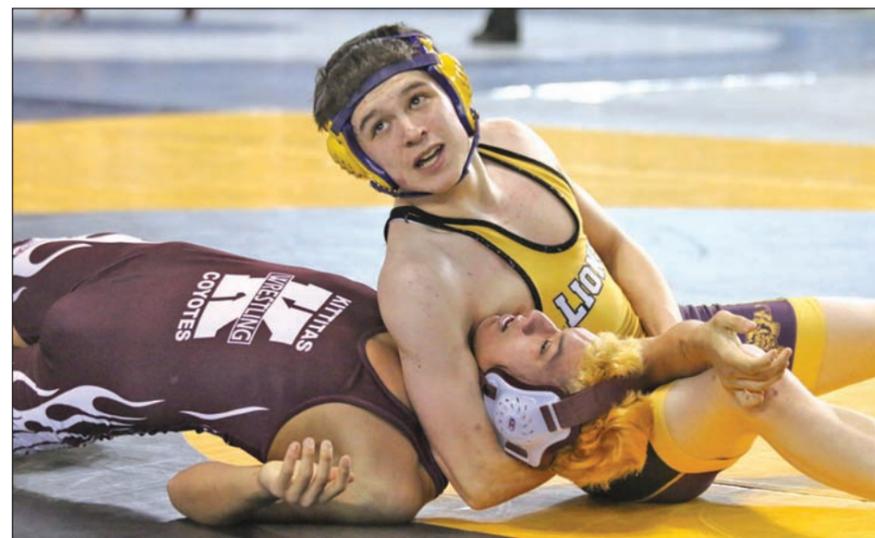
Fichter played three positions for the Concrete High School baseball team: pitcher, catcher, and shortstop. He was the team’s lead-off hitter, was chosen catcher for First Team All League, and played in the Senior All Star game. At season’s end, he received a team captain award and the Golden Glove Defensive Player of the



Year award for his work behind the plate and at shortstop.

“Nobody is more deserving of that award than Riley,” said Coach Randy Sweeney. “I’m proud as heck of him; I’ve been honored to be his coach. I could go on all day about him; he’s always been one of my favorites. That’s why I coach kids like that. Great demeanor, always positive, never negative toward his teammates.”

—J. K. M.



## YD update

Let me tell you a little bit about an awesome nonprofit organization called Youth Dynamics. Youth Dynamics is regionwide, covering Oregon, Idaho, and Washington. It has been around for 48 years as an organization, and 26 years here in Concrete.

My wife and I took on an amazing challenge 19 years ago to help make a difference in the lives of teenagers in the Upper Skagit Valley. We do this by inviting high school students to join us every Monday night for food, relationship building, and some crazy (but safe) good times. We also take several adventure trips throughout the year, including skiing, snowboarding, horseback riding, whitewater rafting, kayaking, mountain biking, hiking, rock climbing, and backpacking.

Our desire is to form dynamic relationships through challenging experiences. Your continuous prayers, financial support, and ongoing encouragement help us accomplish this. The attitudes of our staff and students remain high, and the need for our young people to experience life to the fullest remains at the forefront of our mission.

Almost every student at Concrete High School attends our many Monday night meetings and retreats. Many of those students make huge decisions to live a better life and break the wicked chain of drugs, alcohol, and abuse that can so deeply affect their home lives. Youth

Dynamics continues to offer a positive place for our young people, and a hope for a solid future. Many lives have changed and continue to change as a result of our times together building lasting relationships.

### An opportunity to support YD

On Aug. 27th, I will be golfing more than 100 holes at Avalon Golf Course in Burlington to help raise money for Concrete YD. I will tee off at sunrise and cramp up at sunset.

These funds go directly into our Youth Dynamics account. This money helps pay for insurance, fuel for our passenger vans, food, and providing scholarships for the many students that attend our retreats throughout the year. We operate on a very small budget. As I stated before, our entire staff is volunteer, so every dollar goes toward the students.

If you would like to help us get off to a solid financial start to the 2018–19 school year, please consider sponsoring me.

This year my fundraising goal is \$16,000 for Concrete Youth Dynamics. You can either sponsor me per hole or give a flat donation. Please go to [www.yd.org](http://www.yd.org), click on the Golf Marathon icon, choose “Concrete,” and sponsor either me or former student, Jeffrey Garland, who also is golfing for Concrete YD. We thank you for your support because without it we would not be able to do this for the kids of East Skagit County.

—Kevik and Marta Rensink  
Area Directors  
Concrete Youth Dynamics

## Back 2 School Blessing planned for Aug. 11

The backpacks will be distributed at the CCD Center, 45603 Limestone St., Concrete (across the street from Saint Catherine’s), on Sat., Aug. 11 from 1 to 4 p.m. Children and parents must come together to receive a backpack. Games, hot dogs, and fresh warm donuts also will be available.

Donations of any size are welcome, and can be made by check payable to the Mount Baker Presbyterian Church or at donation sites at local area businesses or your local church.

For more information, contact Karen Stafford at 360.708.4668.

—Karen Stafford

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## Boys & Girls Club program to begin in Concrete

A \$1.65 million federal grant, administered by the Washington State Office of Superintendent for Public Instruction (OSPI) will bring Boys & Girls Club programs to Concrete students in grades K-12 this fall.

Through a successful partnership born 18 months ago, the collective efforts of the Boys & Girls Clubs of Skagit County, United General District 304, and Concrete School District means that more than 20 percent of the school population will have daily access to life-changing programs during out-of-school hours.

Staff working in the United General District 304 Community Health Outreach Programs (CHOP) were instrumental in convening the parties together, and provided support in developing the successful narrative.

“The Community Health Outreach Programs at United General District 304 are 100 percent grant funded, with a mission of improving the health and quality of life for our residents. We are honored to share our expertise for projects like the 21st Century grant and believe partnerships like these make our community stronger,” said CHOP Director Carol Hawk.

Club operations will include two sites: one at Concrete Elementary School serving grades K-6, and one at the high school serving grades 7-12. The program will begin Oct. 1 and be open school days through the end of the year from after-school until 6:30 p.m., as well as a six-week summer camp program.

In order to bridge gaps between service that the 21st Century Community Learning Center (CCLC) grant will provide, traditional Club opportunities that provide care at below-market rates for youth in grades K-6 will be offered during school holidays and during the afternoons in the summer.

While the focus is on increasing academic achievement and social and emotional learning skills, the Club sites will integrate everything found at the other traditional Clubhouses across Skagit County. This will include workforce preparation and development, prevention programs, leadership and character development, and a significant implementation of STEM strategies.

The Concrete School District is

providing classroom spaces at each school that can be dedicated to the innovative programs and provide a clear identity for the Concrete Club. Additionally, participants will have access to a snack after school, supper, and even some limited transportation options to get them home afterward.

“The District has remained committed to removing all barriers to participation for its students, and as a result, those kids and teens who need us most will benefit greatly,” said Ron McHenry, CEO for the Boys & Girls Clubs of Skagit County.

Already one of the larger organizations geographically in the United States, the Boys & Girls Clubs of Skagit County now reaches youth covering more than 2,600 square miles. While this means additional complications in general business operations that will stretch the Clubs’ administration to an even greater degree, the positive outcomes the community will receive far outweigh the strain.

“Out of all communities in Skagit County, the need for Club programs is greatest in Concrete, as evidenced by statistics including disciplinary actions, youth participation in drugs and alcohol, and graduation rates,” McHenry said.

Concrete School District Superintendent Wayne Barrett has taken a strong stance in the partnership, and is passionate about what this means for the students he serves. “It’s a win for us all the way around because we have to support our kids academically, and when all your kids get on a bus right after the school day, it makes it difficult to get them the extra help. The other thing is that it means more positive adults in their lives who can help them explore different paths in life.”

The Club CCLC program is free, and registration is currently available at major community events. Once staff get settled, regular office hours will allow for parents to learn more about the program and enroll their children.

Space is limited, so early registration is encouraged. For more information, go to the Club Web site at [www.skagitclubs.org](http://www.skagitclubs.org) or follow the organization on Facebook for real-time updates.

—Tammy Findlay

# We ♥ our Upper Valley bands

By Chazlyn Lovely

When it comes to the Washington music scene, Seattle may be the first thing that comes to mind for the average music lover. We Upper Valley folks know that our homegrown bands can give Seattleites a run for their money. From established bands to those just starting out, here's a few of our more famous (or infamous) bands in eastern Skagit County.

## ♥ Bare Feet

### Members

Josh Fichter, guitar, vocals, songwriting (around 40 songs so far); Ray Hambleton, drummer, dobro (slide guitar), vocals; Jim Fichter, mandolin, vocals; Jesse Eldridge (also from Gin Gypsy), bass, vocals; Jack Mattingly (intermittent); Gibson Fichter (intermittent), saxophone; Riley Fichter (intermittent), trumpet; Marshall Fichter (intermittent), trombone.

### Music style

Band member Josh Fichter said the

band's style incorporates several elements. "When I first started playing, I was into playing Heavy Metal and stuff like that. Growing up I was always around my dad when he was playing Bluegrass. It's a little bit of a mix; it's kind of like Rock, Blues, Reggae, and Bluegrass. The cover songs that we do—we play The Beatles, The Band, The Rolling Stones, Doctor Hook—stuff like that."

### Influences

Bluegrass artists and bands they cover. "People recognize the songs, but we put our own spin on it," said Fichter. "Then we mix in our original songs in the set too."

### History

Hambleton and Josh Fichter went to school together and have played music together for more than 25 years. They first started a band when Fichter was still in school. The first band they started in high school fizzled, but the two continued to play. The band has had different members throughout the years. The name "Bare Feet" came from some guys in the band

who were basically hippie types, who never wore shoes.

### Where to find them

All over the valley. They've been in Everett and Bellingham, and even Eastern Washington. "We pretty much hit all the dive bars and a few festivals," said Fichter. "We really like playing Birdstock, which is coming up. This is our 11th year playing there."

### Next gig

Birdstock, Birdsvew Brewing Co., Aug. 4.

### More stuff

Find Bare Feet on Facebook: [www.facebook.com/thebarefeetband](http://www.facebook.com/thebarefeetband).

## ♥ Cryptamnesia

### Members

Ticker Twizted (Josh Hamilton), lead vocals; Saryn Greymourn, rhythm guitar; Germ, lead guitar; Akon, bass; Michelangelo Gilchrestius, drums; Steven Gill, sound effects and stage production.

### Music style

"We play what we call 'Monster Rock,'" said lead singer Josh Hamilton. "We are a Hard Rock theatrical band."

### Influences

Rob Zombie, Dope, Pantera, KMFDM, and Combiechrist.

### History

We started Halloween night 2017. We're now signed with Momma Lynn Management.

### Where to find them

Seattle, Bellingham, Skagit County, Olympia. Next year they plan to do mini-tours to Oregon and Idaho.

### Next gig

Their last show in our area was Evelyn's Tavern in Clear Lake, but the band currently has no shows lined up locally. Upcoming shows include:

- Aug. 11, Little Roadside Tavern, Deming.
- Aug. 31, Club Sur, Seattle.



Josh Fichter belts it out during a Bare Feet performance.

- Oct. 27, Frightfest at Louie G's Pizza, Fife.
- The band also will have a booth at Headbanger's Con in Portland, Ore., with GeeksterInk Legends on A&E.

### More stuff

Learn more about the band: Online: at <https://cryptamnesia.band.wixsite.com/cryptamnesia> or [www.facebook.com/cryptamnesia](http://www.facebook.com/cryptamnesia).

Twitter: @Cryptamnesia\_

Instagram: @cryptamnesia

A music video for the band's song, "Poltergeist" is on Youtube: Search for Cryptamnesia Official. We're getting ready to work on one filmed in Concrete called "Until the End." On our website we have a link to our email newsletter that gets you special access to our music videos before everyone else!

## ♥ Good Old Country

### Members

David Sherman, rhythm and vocals; Janice Sherman, drum machine, sound system, and vocals. The Shermans live in Birdsvew.

### Music style

Old Country—"tunes of yesteryear."

### History

"I grew up listening to my folks play this kind of music," said Janice Sherman. "They also had a band; that's how I got started. When my mama passed away, I filled in with papa, singing in old folks homes in the valley, and when Dave and I met in 2009 we added him to the mix. When papa passed in 2011, we just carried on."

### Where to find them

Local "old folks homes," private parties, Concrete Saturday Market.

See Bands, p. 11

Bands, cont. from p. 10

### Next gig

Good Old Country will play at the Concrete Saturday Market on Aug. 11 and Sept 1.

### More stuff

The band has a couple of videos posted on Facebook, and has in the past had CDs for sale.

## ♥ Jack Mattingly & Whiskey Fever

At one point, Jack Mattingly & Whiskey Fever dropped Mattingly's name just to shorten it up, but it's back for the band's newest album.

### Members

Jack Mattingly, front man, songwriter, vocals, acoustic guitar; Andy Brown, drummer, backup vocals/harmonies; Dylan Dalgarn, bass, harmonies; Dennis Dorgan, lead guitar.

### Music style

"Mostly Rock'n'Roll," said Mattingly of the band's musical leanings, "just straight Rock'n'Roll, not hard rock or anything like that. Rock'n'Roll with a little bit of a Honky Tonk to it I guess. It's hard to pinpoint. People always ask that and it's like, I let them listen and then ask them, 'well, what do you think?' and they can't pinpoint it. It's easiest to classify it as Rock'n'Roll: It covers a lot of bases, and it's more of like the early '50s/'60s upbeat and fun, everyone-can-enjoy-it kind of stuff."



Cryptamnesia band members, from left: Saryn Greymourn, Akon, Ticker Twizted, Michelangelo Gilchrestius, Germ. Photo by Lani McGeachy.

### Influences

Tom Petty & the Heartbreakers, The Beatles, Johnny Cash, and similar classics. Elvis Costello, a lot of the early '60s/'70s music. "As the songwriter, my bigger influences are Tom Petty & The Heartbreakers, Hank Williams Sr., Willie Nelson, some of the earlier country music like that, which is where we get some of our Honky Tonk, I guess," said Mattingly.

### History

In Mattingly's words: "When I was in fourth grade, we had Career Day, and one of those careers was 'somebody in a band,' and so this band came in and sang some songs for my class, and one of the guys in that band was Andy Brown, who's our drummer now. It inspired me to play. I got a guitar that Christmas and started writing songs.

"Once I got out of high school, I started writing more songs, and then eventually when I turned 25, I was able to get Andy into my band with me as my drummer. Dylan is a guy I met when I was going to community college, so he was able to join in and we were a trio for a bit. And then Dennis and I are both from Concrete, and he worked at Annie's Pizza.

"Before I was in this band, I was in one I called 'Bad Chuck' that was named after Chuck Bussiere from Annie's Pizza, and he was my bus driver so I named the band after him when I was in high school. Chuck had one of my CDs, and Dennis listened to it while he was making pizzas, so he got to know my songs before we got to know each other, and while we were



Jack Mattingly & Whiskey Fever band members, from left: Andy Brown, Jack Mattingly, Dennis Dorgan, and Dylan Dalgarn. Submitted photo.

looking for a guitar player he already knew all my songs, so we got him and he just jumped up on stage and played and that's pretty much how we've had him ever since. There's a lot of Upriver history from that Concrete Elementary School Career Day to Annie's Pizza bringing us together."

### Where to find them

All over the state, but in Skagit County you'll often find them at The Conway Muse, plus twice yearly at Birdsvew Brewing Company. In Bellingham you'll find them at the Firefly Lounge and the Wild Buffalo. The band shows up in Eastern Washington every three months or so, during road trips.

### Next gig

Summer Meltdown Festival in Darrington on Aug. 3, and Birdstock at Birdsvew Brewing Co. on Aug. 4. The band's itinerary can be found at [www.jackmattinglyandwhiskeyfever.com](http://www.jackmattinglyandwhiskeyfever.com).

### More stuff

The band sells CDs, t-shirts, and hats, and has a presence on iTunes and Spotify. Its latest album is "Ocean of Trouble." Find them online at [www.jackmattinglyandwhiskeyfever.com](http://www.jackmattinglyandwhiskeyfever.com) and [www.facebook.com/whiskeyfeverband](http://www.facebook.com/whiskeyfeverband). Other online targets are:

- [www.reverbnation.com/whiskeyfever](http://www.reverbnation.com/whiskeyfever)
- [www.instagram.com/whiskeyfever](http://www.instagram.com/whiskeyfever)

- [www.twitter.com/whiskeyfever](http://www.twitter.com/whiskeyfever)
- E-mail: [whiskeyfeverband@gmail.com](mailto:whiskeyfeverband@gmail.com).

## ♥ Jumbled Pie

### Members

This Marblemount band is composed of Rob Coffey, fiddle, keyboard, accordion, harmonica, vocals; Deborah North, bass; John Boyd, lead guitar, vocals; Andris Vezis, fiddle; Rich Cross, drums; and Linden Jordan, guitar, vocals.

### Music style

Cajun, Zydeco, Rock, Blues, Americana.

### Influences

Louisiana Cajun and Zydeco artists, Americana, and Blues.

### History

All band members live in the same neighborhood in Marblemount and started playing together just for fun. "We liked the sound and got to the point where we wanted to share our music with others in the community," said Linden Jordan.

### Where to find them

Skagit County.

### Next gig

Look for the band at the Old Timers Picnic at the Marblemount Community Hall in Marblemount on Aug. 19. They also will perform at The Conway Muse on

See Bands, p. 12



Bare Feet band members, from left: Josh Fichter, Jim Fichter, Jesse Eldridge, Ray Hambleton. Photo by Chuck Bussiere.

Bands, cont. from p. 11

Oct. 20 to Celebrate Life and Love.

**Other stuff**  
Find the band on Facebook (www.facebook.com/jumbledpie) and online at www.jumbledpie.com.

## Thunder Creek

**Members**  
Nick Anthony, lead vocals, rhythm guitar, sound and lights; Michael Boyd (of The Boyd Family Band that started Upriver as well), lead guitar, backup vocals; Danny Hansen, drummer; Bill Hicks, bass.

**Music style**  
“We do everything,” said Nick Anthony. “We go from Hank Sr.’s ‘Your Cheatin’ Heart’ to Nirvana to Creedence to Ricky Nelson, to Disturbed. Hank and Hank Jr. It’s all over the place. Chris Stapleton—we do a lot of his music. We’ve something for everybody no matter how old you are.”

**Influences**  
Lynyrd Skynyrd, Marshall Tucker, .38 Special. “We’re all kinda old school to be honest,” said Anthony. “A couple of us are in our 60s and we were all kinda retired



Jumbled Pie is a common sight at Mardi Gras in Concrete each year. Band members are Andris Vezis, Deborah North, Rob Coffey, Linden Jordan, John Boyd, and Rich Cross.

musicians for a while, but we needed the fix, so to speak. That’s the gift God gave us to do.”

**History**  
The original Thunder Creek got together in 1993; Anthony is the last remnant of that band. The original band first performed at the Totem Trail Motel in Corkindale, then at the PVI in Rockport, then Blackies in Marblemount. “At that time I had guys driving from Oak Harbor to Marblemount to play—it was a long haul for them,” said Anthony. That version of the band broke up in 2001.

“When I came back out, I still had the band trailer, had all the equipment that still said Thunder Creek, still had the banners and still had all the stuff, so this is Thunder Creek Revisited,” said Anthony. “It’s TCR rather than CCR.”

**Where to find them**  
Evelyn’s in Clear Lake, where Anthony also plays a solo act every Wednesday from 7 to 9 p.m. The band also plays at American Legion halls, the County Fair, private parties, and The Hub in Concrete.

**Next gig**  
The band has this summer off because Anthony started his solo act in January, and that has kept him very busy: 17 shows in eight weeks.

Anthony will perform his solo act at the Concrete Saturday Market this summer.

Otherwise, the band can be found at The Bullpen in Sedro-Woolley, and hopes to make an appearance in Lyman at the new restaurant.

**Other stuff**  
“We rely a lot on word of mouth, and are working on t-shirts for the county fair,” said Anthony.

## Undecided

**Members**

Jeff Maher (also plays in Wishbone Alley), bass; Jim Fichter (also plays in Bare Feet), mandolin; Michael McLaskey (also plays in Wishbone Alley), percussion; Andris Vezis (also plays in Jumbled Pie), violin; Richard Lewis (also plays in the Richard/Peace Wizard Duet), guitar.

**Music style**  
Acoustic swing music—Gypsy Swing and Texas Swing—as well as Jazz and Blues. Up-tempo songs and slower grooves. “We are also working up a growing repertoire of original tunes,” said Richard Lewis. “It’s all about sharing this music and energy with our friends and wider community, making people happy, and getting folks dancing.”

**Influences**  
Django Reinhardt, Fats Waller, Duke Ellington, Dan Hicks and his Hot Licks, and “our own muses!” said Lewis. “We play standards from the different genres, but we are increasingly creating our own eclectic arrangements of the songs.”

**History**  
Jeff met Jim; Richard was invited by them to an outdoor jam in Woolley in the fall of 2015. Andris indicated a similar interest in the music and joined the group.

This past spring Michael came by to help the band with its amplified sound and stayed on as a percussionist.

**Where to find them**  
Find the band at Birdsvew Brewing Co., The Woolley Market, at benefits for KSVU 90.1 FM at the Marblemount Community Hall, or an occasional outdoor venue. “Mostly we play at Jeff’s House,” laughs Lewis. “We are looking to play venues down valley, and maybe in the Methrow Valley.”

**Other stuff**  
The band is producing a demo, a short sampling of its music for future gigs. The band does not have an online presence or sell merchandise.

Bands, cont. from p. 12

percussion; Bryce Jones, percussion.

**Music style**  
Jazz to Blues to Reggae, Swing and World Beat. “We are a fun, lively, ‘happy feet’ dance band,” said Mardi McLaskey.

**Where to find them**  
The band has performed for several years at such venues as the Anacortes Arts Festival, The Woolley Market, and Concrete Mardi Gras and July 4 celebrations, as well as private parties and

shows.  
**Next gig**  
Find the band on the Port Stage at the Anacortes Arts Festival on Aug 5.  
**Other stuff**  
No social media or merchandise. For more information, contact Michael McLaskey at 360.708.0350.

Concrete Herald reporter Chazlyn Lovely lives in Corkindale.



Undecided band members, from left: Andris Vezis, Michael McLaskey, Richard Lewis, Jim Fichter, Jeff Maher. Submitted photo.



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## Wishbone Alley

**Members**

Mardi McLaskey, percussion; Michael McLaskey, guitar, vocals; Bill Pfeifer, keyboard; Mary Leone, percussion; Linden Jordan, vocals, percussion; Jeff Maher, bass guitar; John Boyd,

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See Bands, p. 13

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# Clear Lake



## HISTORY CORNER

1900, and the business became known as the Stevens Hotel. This Hotel was one of the first structures erected in Clear Lake. It was torn down in 1921. *Photo courtesy of Clear Lake Historical Association.*

If you have old photos of Clear Lake and/or Day Creek, please contact historian Deanna Ammons at 360.856.6798.

Like the Clear Lake Historical Association on Facebook at [www.facebook.com/clearlakehistory](http://www.facebook.com/clearlakehistory).

—Deanna Ammons, historian

**Nick VanJaarsveld**  
Financial Advisor



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[nick.vanjaarsveld@edwardjones.com](mailto:nick.vanjaarsveld@edwardjones.com)  
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The mill and the lumberyard anchored the town of Big Lake in 1910. The company farm in the background provided milk and beef to a growing community. *Photo courtesy of Big Lake Historical Association.*

## Big Lake Historical Society announces new exhibit

The Big Lake Historical Society will present its biennial display at the new Big Lake Fire Department's Community Room, across the road and opposite the Big Lake School at the north end of Big Lake.

The event will be held on Saturday and Sunday, Aug. 11–12, from 10 a.m. to 5 p.m. each day.

The exhibit's theme is "How Timber and Mills Shaped the Big Lake Valley." Historical photos and artifacts will be displayed. At 1 p.m., historian Melba Hall will show a PowerPoint presentation about early days. This will be followed at

approximately 2 p.m. with Andrea Xaver leading a walking tour of old town Big Lake.

Entry is free, but donations are appreciated. Big Lake Valley books will be available for purchase. Coffee and cookies will be offered, as well as opportunities to sit and visit with friends and neighbors in this room with a view and comfortable setting.

Parking is at the north side of the building, so as not to obstruct emergency vehicles and firefighters' activities.

—Trudi Davis

**Continue the cycle**  
**Please recycle**  
**this newspaper**



## Community Calendar

### AUGUST

- 3–5 Rockport Volunteer Fire Dept. Garage Sale, Rockport; see notice, p. 23; info at 360.708.8594
- 4 Skagit Land Trust Lyman Slough Stewardship event, 9 a.m. to noon; info at [www.skagitlandtrust.org/event.aspx?eventid=421](http://www.skagitlandtrust.org/event.aspx?eventid=421) or call 360.428.7878
- 4 Concrete Heritage Museum Bake Sale, Nick Anthony at Concrete Saturday Market, 9 a.m. to 3 p.m.
- 4 Heart to Heart Charity Poker Run, see article, p. 18
- 4 Family Story Time at Marblemount Community Hall, Marblemount, 11 a.m.; free admission
- 4 Birdstock, Birdsvew Brewing Co., 38302 SR 20, Birdsvew; noon to 8 p.m.; \$5 cover; see notice, p. 6
- 5 Community Hall Salmon Bar-B-Que fundraiser, Marblemount Community Hall; see notice, p. 26
- 6–10 Lake Shannon Boat Launch closes to public use; see notice, p. 6
- 7 Primary Election; all ballots must be placed in drop box or postmarked by today's date
- 8–11 Skagit County Fair, Mount Vernon; info at [www.skagitcounty.net/fair](http://www.skagitcounty.net/fair)
- 11 Girl Scouts Bake Sale, Good Old Country Band at Concrete Saturday Market, 9 a.m. to 3 p.m.
- 11 Back 2 School Blessing, CCD Center, 45603 Limestone St., Concrete, 1 to 4 p.m.; see article, p. 9; info at 360.708.4668
- 11–12 Big Lake Historical Society exhibit event, "How Timber and Mills Shaped the Big Lake Valley," Big Lake Fire Dept. Community Room, 10 a.m. to 5 p.m.; see article, p. 14
- 16 Solar Workshop presented by Banner Power Solutions, Concrete Community Center, 45821 Railroad Ave., Concrete, 6:30 to 8:30 p.m.; info at 360.755.3030
- 17 Skagit Land Trust Barney Lake-Bell Stewardship event, 9 a.m. to noon; info at [www.skagitlandtrust.org/event.aspx?eventid=422](http://www.skagitlandtrust.org/event.aspx?eventid=422) or call 360.428.7878
- 17 Concrete High School Class of 1955 Reunion, Royal Star Buffet, 2300 Freeway Dr., Mount Vernon, 5 p.m.; see notice, p. 6
- 18 Wilderness to Wellness Poker Hike-a-thon, Park Butte Trail trailhead, 6 a.m.; see article, p. 18; info at [www.wildernesstowellness.org](http://www.wildernesstowellness.org)
- 18 Concrete Jr. Cheer Bake Sale, Richard Myer at Concrete Saturday Market, 9 a.m. to 3 p.m.
- 18 Concrete High School Class of 1978 reunion, 10:30 a.m. and 4 p.m.; see notice, p. 6; info at 360.393.4634
- 18–19 Big August Hoobajoob art show; see notice, p. 25
- 18–19 Cascade Days, Concrete; see notice, p. 6; info at [www.cascadedays.com](http://www.cascadedays.com)
- 19 Rockport-Marblemount Old Timers & Friends Reunion, Marblemount Community Hall, Marblemount, 1 p.m.; see notice, p. 6
- 25 Marblemount Bread of Life Food Bank Bake Sale, Miguel Garibay, Ask a Master Gardener at Concrete Saturday Market, 9 a.m. to 3 p.m.

### SEPTEMBER

- 1 Last Chance Casino and Bingo grand opening, Chief Brown Lane, Sauk-Suiattle Reservation; see article, p. 24
- 1 Concrete Food Bank Bake Sale and Food Drive, Good Old Country Band, Izzie from Community Action at Concrete Sat. Mkt., 9 to 3
- 22 Upriver Kids Daycare 1st Annual Slug Races and Friendraiser, Marblemount Community Hall, 1 to 4 p.m.; see notice, p. 26; info at [www.upriverkids.org](http://www.upriverkids.org)

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

## Community meetings

**Cascade Days planning meetings** will be held the third Mon. of each month, at 7460 S. Dillard, Ste. A (corner of SR 20 and Dillard), at 5:30 p.m. Meetings are not mandatory for volunteers. Info at [ember@cascadedays.com](mailto:ember@cascadedays.com).

**Christian Motorcyclists Assn Morning Star Chapter 39** meets the first Mon. of each month at Royal Star Buffet in Mount Vernon. Optional dinner at 6 p.m.; meeting at 7 p.m. 425.770.6154 or [cmchapter39@gmail.com](mailto:cmchapter39@gmail.com).

**Coffee Talk** with Concrete Mayor Jason Miller meets the third Fri. of each month at 8 a.m., at 5b's Bakery in Concrete. 360.853.8213.

**Community Chat**, an informal conversation about projects in Darrington, meets the second Sat. of each month at 9 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

**Concrete American Legion Post and Auxiliary** meets the second Tue. of each month, Sept. through May, at 1 p.m., in the conference room of the East County Resource Center. 360.853.8347.

**Concrete Community Center Committee** meets the third Friday of each month at 10:30 a.m., at the East County Resource Center in Concrete. Meetings are open to the public. 360.416.1733 or [claudiam3@communityactionskagit.org](mailto:claudiam3@communityactionskagit.org).

**Concrete Economic Development Commission** meets quarterly at 6 p.m. at Concrete Town Hall. Call 503.333.2406 for the date of the next meeting.

**Concrete Elementary PTO** meets the second Wed. of each month at 5 p.m. in the Concrete Elementary School library. 425.350.5988.

**Concrete Chamber of Commerce** meets the second Thur. of each month at 8 a.m. Meetings usually are held in the Pilots' Lounge at Mears Field in Concrete. 360.466.8754 or [concretechamber@mac.com](mailto:concretechamber@mac.com).

**Concrete Heritage Museum Board** meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or [www.concreteheritagemuseum.org](http://www.concreteheritagemuseum.org).

**Concrete Lions Club** meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

**Concrete Resource Coalition** meets the third Thur. of each month, at 2 p.m., in the Concrete High School library.

**Concrete School District Board:** The board will hold a work session on Aug. 27 at 6 p.m. in the high school Commons room. The board will hold its regular monthly meeting on Aug. 30 at 6 p.m., same location. 360.853.4000.

**Concrete Town Council** meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 6 p.m. 360.853.8401 or [andrea@concretewa.gov](mailto:andrea@concretewa.gov).

**Darrington Strong** meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

**Darrington Town Council** meets the second Wed. of each month at 7 p.m. at Town Hall, 1005 Cascade St. 360.436.1131 or [darrcityhall@frontier.com](mailto:darrcityhall@frontier.com).

**Forest Park Cemetery District No. 5** meets the third Tue. of each month at the cemetery office on Compton Lane in Concrete, at 6 p.m. 360.708.3656.

**Hamilton Town Council** meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

**Imagine Concrete** meets the third Tue. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

**KSVU** staff and volunteer meeting, second Tue. of each month at Portable B behind Concrete Elementary School, 4 p.m., open to public. 360.853.8588.

**Lyman Town Council** meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or [clerk\\_lyman@msn.com](mailto:clerk_lyman@msn.com).

**Mansford Grange** meets the first Tue. of each month, 7 p.m., at the Mansford Grange Hall, 1265 Railroad Ave., Darrington. 360.436.0711.

**Marblemount Community Hall board and staff** meet the second Wed. of each month at the hall, at 6 p.m. 360.873.2323.

**Ohana Support Group** meets the 3rd Wednesday of each month at Concrete Community Center, 45821 Railroad Ave., Concrete, at 6 p.m. 360.416.1733.

**Paranormal Discussion Group** meets the last Sunday of each month at Concrete Center, 45821 Railroad St., Concrete, at 7 p.m. 360.630.5143.

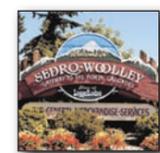
**Sedro-Woolley Town Council** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

**Sedro-Woolley School District Board:** A work session is planned for Aug. 27 from 5:30 to 7 p.m., at the Support Services Bldg., followed by a regular meeting at 7 p.m. at the same location. 360.855.3500 or [kcargile@swsd.k12.wa.us](mailto:kcargile@swsd.k12.wa.us).

**Skagit River Bald Eagle Interpretive Center Board** meets the second Tue. of each month, 5:30 p.m., at Annie's Pizza Station in Grasmere. Open to the public. [saunksister@frontier.com](mailto:saunksister@frontier.com) or [www.skagiteagle.org](http://www.skagiteagle.org).

**Upper Skagit Library District (USLD) Board** meets the second Thursday of each month, 6 p.m. at the library. Public is welcome. 360.853.7939 or [info@upperskagit.lib.wa.us](mailto:info@upperskagit.lib.wa.us).

**Upper Skagit Writers Group** meets the third Mon. of each month at 6 p.m., at 5b's Bakery, Concrete. Open to the public and all skill levels. [em@5bsbakery.com](mailto:em@5bsbakery.com).



# Sedro-Woolley



## Quilt show flaunts hundreds of entries

Judy Hutchings of Concrete won first place honors in the Extra Large Quilt category at the Woolley Fiber Quilters ninth annual show.

Held July 13–15 at Cascade Middle School in Sedro-Woolley, more than 300 quilts were on display with 261 eligible for People's Choice Voting. Quilters

from all over the region were invited to enter quilts and voting closed Saturday afternoon to enable winners' ribbons to be awarded for the last day of the show.

Maureen Ford of Concrete won the 2018 raffle quilt, "Life in the Northwest."

—Judy Johnson



Right: Maureen Ford of Concrete was the proud winner of the raffle quilt, "Life in the Northwest" at the Woolley Fiber Quilters' annual quilt show at Cascade Middle School July 13–15. Submitted photo.

# Don't call it a food bank

## Ribbon-cutting for Solution Center draws hundreds

A jubilant crowd gathered at 9386 Fruitdale Rd. in Sedro-Woolley on July 29 for a ribbon-cutting ceremony at the new Helping Hands Solution Center.

"The Solution Center is a place where all people can come for the tools that they need to grow and thrive—it's not just the people who come and use the food bank, it's for the whole community," said Helping Hands Exec. Dir. Rebecca Larsen.

### The future

The Helping Hands Solution Center aims to be more than a short-term fix for people who are struggling with life circumstances. The facility will include:

- Grocery store model distribution, which restores dignity for participants by allowing them to select their own food.
- Vocational training.
- Educational opportunities via a 15-person classroom.
- Increased access to social services.



Above: The past, present, and future joined to cut the ribbon for the new Helping Hands Solution Center. From left: Janicki Industries President John Janicki, Micayla Yates, Lily Dether, Helping Hands Executive Dir. Rebecca Larsen, and Grandpa Danny Vandenburg. "He has been serving the food bank and community for 26 years," said Larsen. "He is our strength and heart, and was selected by the volunteers to cut the ribbon."

Left: Larsen shares her thoughts and gratitude for the Sedro-Woolley community before the ribbon-cutting ceremony.

Right: The new facility combines educational opportunities, emergency services, job training, and community partnerships.



## 2018 Loggerodeo Parade winners

### Log trucks

- 1st Hamilton Brothers Logging
- 2nd Deming Log Show
- 3rd Bob Hillier Trucking

### Floats

- 1st Captain Seaglass
- 2nd Skagit Muzzle Loaders
- 3rd Princess Anabella

### Bands, Drill teams, Marching units

- 1st Skagit Valley High School Marching Band
- 2nd Nile Shriners

3rd SWHS Cheerleaders & Minis

### Equestrian

Cle Elum Round-up Queen

### Pooper scooper

Skagit Rein Riders

### Antique Truck/car

Paul W. Brindle '88 Mercedes Benz

### Antique tractor/Farm/Fire equip.

Cascade Two Cylinder Club

### Youth group

Fastpitch Softball All Stars

### Community/Church group

Combat Vets Chapter 6

## Summer Food Program continues into August

Boys & Girls Clubs of Skagit County will continue its Summer Food Service Program for children this month. Meals are available at no charge to children from 6 to 18 years old.

Meals will be served at the following location within the *Concrete Herald*

coverage area:

- Sedro-Woolley Boys & Girls Club – 915 McGarigle Rd., Sedro-Woolley

An afternoon snack will be served from 3 to 3:30 p.m., from June 18 to Aug. 31. Supper will be served from 5 to 5:45 p.m., from July 9 to Aug. 24.

For more information, call 360.856.1830, ext. 43.



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# Lyman



## Hike-a-thon aims to raise mental health awareness

Billie Hills of Lyman is on a mission. Having struggled with depression and found a path toward healing as an adult, she has organized a fundraiser to help others get the therapy they need to confront and conquer mental illness.

Her fundraiser of choice? A walk in the woods. On Sat., Aug. 18 at 6 a.m., the Wilderness to Wellness Poker Hike-a-thon will kick off at the trailhead for the Park Butte Trail northwest of Concrete. The hike will take place entirely within the Mt. Baker-Snoqualmie National Forest, passing through Schriebers Meadow and ending at the Park Butte Lookout.

The concept is a familiar one: Hikers sign up and then collect per-mile or lump sum donations, and are asked to bring their donations to the event. The money will go to the Linehan Institute in Seattle, which plans to create a scholarship for the Skagit County area.

with that mental illness her whole life. Medications didn't work. "I was really sick," she said. At one point she voluntarily institutionalized herself for four weeks.

Finally, Swedish Medical Center diagnosed her properly: a borderline personality disorder. She was introduced to Dialectical Behavior Therapy—a therapy developed by Linehan Institute founder Marsha Linehan—and, after several months, can finally see the light at the end of the tunnel.

"Now I've experienced joy instead of wondering why others can experience it," said Hills. "If it can help me, it can help other people. And that's the goal: to save others. And I want others to learn about the illness and not stigmatize it."

Hills' fundraising goal is \$10,000. She said her biggest need right now is hikers, although if people want to make a cash donation, she'll certainly accept them.

More information about the event and how to get involved or donate is online at [www.wildernesstowellness.org](http://www.wildernesstowellness.org).

—J. K. M.

**A personal journey**

Hill has very personal reasons for choosing the Linehan Institute as the target for the fundraiser. Diagnosed with depression as a child, she struggled

## Poker Run planned for Aug. 4

Lyman-based Heart to Heart Charity's 4th annual motorcycle Poker Run fundraiser will be on Sat. Aug. 4.

The event will start at Bingham Park in Sedro-Woolley and end at the Eagles lodge in Sedro-Woolley. Registration will be from 10:30 to 11 a.m. at the park, with kickstands up at 11 a.m. Participants will receive one poker hand, a scenic ride, and a free lunch.

The cost for the event is \$20 for bike/ rider and \$30 for bike/rider/passenger if

paid before Aug. 1; add \$5 to each after Aug. 1. Registration forms are available on the charity's Facebook event page ([www.facebook.com/hearttoheartcharity](http://www.facebook.com/hearttoheartcharity)) or via e-mail at [hearttoheartcharity@gmail.com](mailto:hearttoheartcharity@gmail.com). The first ten prepaid registrations will receive a biker's gift bag.

Volunteers are needed for this event, as well as businesses that would like to donate prizes. For more information, contact organizer Tammie Werner via e-mail or 360.826.3818.

The annual Poker Run benefits the charity's activities for children of low-income families.

—Tammie Werner



Blaine Burghdoff of Concrete showed off his 2017 Dodge Challenger Hellcat at the Lyman Car & Craft Show on July 14. The Hellcat's muscular 707-horsepower engine can move the car from 0 to 60 in 3.6 seconds. Photo by Blaine Burghdoff.

## Election 2018, cont. from p. 5

Scott (R) is on the primary ballot, as well as Marblemount's Claus Joens (D) and Jamal Rabieh (I). Joens responded to the invitation to share his platform.

**In his words:**

"It was my honor serving you this past legislative session. My 23-year military career as a pilot and naval officer, coupled with executive experience as mayor, gives me unique perspective on leadership and working with others to accomplish mutual goals.

"I believe in smaller government and reducing the tax burden on property owners. Government needs to respect not infringe upon our basic rights. I stood firmly for 2nd Amendment rights and against new taxes.

"Raised in rural Skagit County, I have a deep personal connection to our district and its people. I understand the importance of promoting our farms and businesses. In Olympia, I worked cooperatively within my party and across the aisle developing collaborative solutions; and brought more than \$10M of your hard-earned taxes back to our district for important projects, including money to fight the opioid epidemic and address behavioral health.

"We must continue working to accelerate solutions to our horrific traffic problems on SR 522 and SR 2; our citizens shouldn't have to waste their lives in stop-and-go traffic."



## Claus Joens (D)

**In his words:**

"I am running for the State Senate in the 39th Legislative District because Olympia is simply not getting the job done. Our region faces many problems that deserve to be fixed. Our voices deserve to be heard.

"People want to know what new promises I can make, but what bothers me is that the promises that have already been made aren't being kept. Our salmon stores are depleting, our neighbors have lost their water rights without recourse,



the Skykomish Bridge is not fixed, and we have no idea where our tax dollars are going. Consumer protections have been stripped away. Our schools are not funded enough—your students who need help the most are at risk of not getting it.

"Politicians have not funded those promises either. Before we consider new taxes, let's close the loopholes and collect the taxes we already have.

"Republicans have controlled this district for the last 15 years and Olympia for four of the last five years. Our problems still haven't been fixed. We need someone to advocate for our children because they are our future.

"The Republican establishment talks about the importance of keeping current relationships when those legislators are not working for us. Their job is to work for you. They gave up on the salmon, they gave up on water rights, and they gave up on you. VOTE THEM OUT.

"We live in a crazy time. If you have someone or something you're willing to fight for, VOTE!"

## State Legislative Dist. 39 State Rep. Pos. 1

With Dan Kristiansen's departure, three candidates now vie for his seat. Two submitted responses.

## Robert Sutherland (R)

**In his words:**

"I am running to help create a better future for my children and yours. Too many of our rights (property, water, gun, etc.) are being systematically violated by elected officials in Olympia, and we continue to be taxed at an excessive rate. This undermines our ability to enjoy our life, to live free, and to pursue our own version of happiness. I hope to be a voice for those who feel the same way as I do.

"Critical issues are: a) property, water, gun rights violations; b) excessive taxation on our personal property (homes, automobiles, etc.); c) improving educational choices for parents and students; d) reducing our traffic congestion; e) prioritizing the state budget, top down.

"I will fight to restore property, water, and gun rights; b) I'm calling for a freeze on existing property taxes; true \$30 car tabs; c) Encourage more home,



charter, private, religious, and public school choices; d) By adding additional lane capacity; adding center and right turn lanes on busy roads and highways; building bridges over railroad tracks and busy intersections (thus removing traffic lights); creating more expressways with merge on and off lanes (again, removing traffic lights); improving our mass transit by expanding bus routes and frequency; offering financial incentives to those who carpool to work; e) after prioritizing the budget we should pay for education first (not last) then move on down the list until the money runs out. Then cut the least-prioritized spending programs."

## Randy Hayden (GOP)

**In his words:**

"There is no single most important issue; there are many issues that are important and that affect everyone. I believe one of the top issues is the opioid addiction and all the problems that surround it, such as mental health and homelessness. This is an issue I've been very focused on for six years. In 2015 I was Chairman of the Snohomish County Drug and Alcohol Advisory Board and we put into place the state's first Naxolone program; to date over 100 lives saved. I believe that we need to be more focused on after care; those who have gone through treatment need to have a place where they can be brought back into becoming part of the functioning society.

"We need more counselors in the jail system to work with those who have been incarcerated, so they know what options they have, and then we need programs to help get them back on their feet. The current system puts a lot of these people right back on the street, which puts them back where they started. We need to streamline and cut government waste so we can be more focused on helping those who need help, and stop wasting money on those who don't want help. Drug treatment shouldn't be an option to avoid jail, rehab should start in the jail system."



## State Legislative Dist. 39 State Rep. Pos. 2

Incumbent Carolyn Eslick faces a single challenger in Eric Halvorson (D).

## Carolyn Eslick (R) (incumbent)

**In her words:**

"It was an honor to serve you in Olympia for the 2018 session. I worked every day to fight for you and the issues facing the 39th Legislative District, including lower taxes and property rights. We also made significant investments to combat the heroin epidemic.

"I will continue to vote for smaller government and less spending. We must be responsible with the taxpayer dollars we collect and find savings in state government. We must also turn our attention to the important transportation needs in the 39th including 522, US 2, and Highway 9. I humbly ask for your vote.



## Eric Halvorson (D)

**In his words:**

"I love this part of the state. I raise my family down here outside of Monroe. There isn't a better district in this state than the 39th. We've had representation in the past that I believe doesn't accurately reflect the kindness and compassion that I have found when I'm out meeting my neighbors.

"Over and over I have heard people talk about transportation. Snohomish County is the fastest growing county in the state. Skagit County is close behind. The traditional power structure in Olympia would do well to remember that not everyone lives along I-5 when they make transportation decisions in the budget process.

"Our representatives have a responsibility to advocate for our priorities, our commutes, our safety. Saying 'no' to everything keeps us from having a seat at the table. Let's improve Highway 20 and Highway 9, make US 2 safer, and build a strong future together."



See Election 2018, p. 27

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# July in pictures



**Left: Corey Ruiz** of Concrete tosses the heavy hammer during the 24th Annual Skagit Valley Highland Games in Mount Vernon. **Above: Seattle City Light first responders** and hundreds of supporters were in Concrete Town Center July 20 for a screening of "Escape From Diablo," the utility's tongue-in-cheek safety film, coupled with a street fair for all things safety-related. From left: Fire Captain/Electrical Constructor Apprentice Josh Kelley, Fire Brigade Chief Cody Watson, and Fire Lieutenant/Structural Painter Byron DiGrazia. Behind them is Newhalem-Diablo Fire Brigade's newly in service 2017 Horton F-450 Ambulance. *Photo by Becky Luttrell.* **Below: River Lavine**, 4, of Lyman, enjoys a memorable moment operating a fire hose with District 10 Cadet firefighter Tyler Coffell during Youth Activity Day in Concrete on July 13. "All he talks about is being a firefighter," said River's mother, Jodi Lavine.



**Above: A lone plane piloted by Larry Mitchell** heads west during a "Gone West" tribute to recently departed former town councilman and airport advocate Jack Mears on July 21. Mitchell's plane was one of three to lift off from Mears Field in Concrete, flying in formation first eastward, then westward. As the three planes passed over the crowd gathered below outside the pilots' lounge, the two planes flanking Mitchell—piloted by Steve Bolan and Dave Adams—peeled away, leaving Mitchell alone to fly west.

The practice of saluting a pilot who has passed away has its beginnings in World War I. When pilots were killed in action, their bodies were placed on ships returning to North America or shipped to western France or England—hence the term "Gone West." More recently the military form of tribute has been the Missing Man formation, with the pull-up of a single aircraft; that aircraft would proceed westward after leaving the formation, a sign that one did not return. The July 21 tribute was a variation of that formation. Jack Mears has gone west.

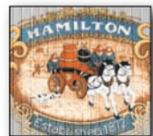
**Left: An enthusiastic young bubble-blower** does her best to inflate a big one during Youth Activity Days in Concrete on July 13.

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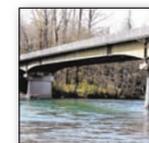
<p><b>United Family Medicine</b> 360-856-7230</p> <p><b>Sedro-Woolley Family Medicine</b> 360-855-1411</p>	<p><b>Burlington Family Medicine</b> 360-856-7960</p> <p>Walk-in hours: Monday – Friday, 9 a.m. – 6 p.m.</p>
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# Hamilton



# Rockport



## Council summary

The Hamilton Town Council held a regular meeting June 12 and a public hearing on June 21. Following are summaries of those meetings.

### June 12 regular meeting

- **Public comments:** Andrea (700 Maple St.) expressed concerns about the horses at Hamilton Ave. Renee Barley asked about RVs not being licensed.
- Councilmember Tim Morrison moved to approve the Memorandum of Understanding with Forterra, adopting Resolution 03-2018 regarding land acquisition for Town relocation. Councilmember Scott Bates seconded the motion. Councilmembers Lisa Johnson, Brian Kirkpatrick, and Mike Brockman voted nay; the motion did not pass.
- Council voted to approve the Skagit Fisheries Enhancement Group

Recreation Conservation Office contract. Council voted to approve that \$10,000 per year be spent to retain a code enforcement officer. Council approved leak forgiveness for the Linscott water bill, reducing the bill by \$230.

- **Water Dept.:** Cas Hancock reported a 3 percent water loss.
- **Fire Dept.:** The economic development grant for a cascade system was denied. Paggers were again discussed.
- **Street Dept.:** Street department has been busy burning blackberries, filling potholes, and clearing brush.

### June 21 public hearing

- **Public comments:** A comment was made by Janet Koopsen. Council voted to table the Town of Hamilton Comprehensive Plan until its July meeting.

—Compiled from staff notes

## From the Mayor

If you haven't heard, our town clerk passed away July 8. Denise will be missed by many, including me. Her quirks in many ways mirrored my own. It's the first time I've worked with someone who "got" me so quickly. She truly was a friend, and I know she was friends with a variety of people in town. She didn't judge people by their current circumstances, trying to see the potential in everyone and their contributions to our community. If they wanted to improve whatever their current situation is, she would help in whatever way she could.



She was an excellent reminder of what good in the world can do. Her heart may not have worked well physically, but it did wonderful things.

The programs she started—Game Night and Block Watch—will continue. Scott and Karin are taking over Game Night, with lots of water fun on these hot days. I hope everyone came to join us on July 31 for Star Wars night in Denise's honor (it hasn't happened yet, but will be over by the time this comes out).

Tim is taking over Block Watch. We intend to meet on Thursdays, every 4 to 6 weeks, depending on scheduling.

In the office, we pick up the pieces and march on because we have to. By the time you read this, we should be training a new clerk. Please have patience as we work through this.

—Mayor Joan Cromley

## DNA analysis confirms cougar euthanized near North Bend had attacked two bicyclists

Washington State Dept. of Fish and Wildlife (WDFW) announced on July 25 that DNA analysis by scientists at the University of California Davis had confirmed that the cougar euthanized by wildlife officials on May 19 was the same animal that attacked two bicyclists earlier that day near North Bend.

WDFW Capt. Alan Myers said the laboratory analysis confirmed that DNA from animal hair found on one of the victims was identical to that contained in muscle tissue taken from the cougar.

The analysis was conducted by researchers at the genetics laboratory

at the university's School of Veterinary Medicine. Their report is available on WDFW's Web site at <https://wdfw.wa.gov/news/attach/jul2518a.pdf>.

Myers said the cougar was shot and killed by WDFW enforcement officers after it attacked the bicyclists, killing one of them, on a remote forest road in eastern King County. The officers found the cougar near the body of the dead cyclist.

"We were confident the animal euthanized at the scene was the same cougar involved in the attack, but needed the DNA analysis to be certain," Myers said.

A separate examination of the carcass, known as a necropsy, conducted by personnel from Washington State University's Animal Disease Diagnostic Laboratory, produced no findings to indicate why the cougar attacked the cyclists.

The cougar weighed 104 pounds and was estimated to be about 3 years old. The necropsy found no indication of rabies or other diseases that would pose a risk to humans.

—Submitted by WDFW

## Rockport Fire Dept. to host Garage Sale

Donations are now being accepted for the Rockport Volunteer Fire Department Garage Sale, which is slated for Aug. 3-5, from 8 a.m. to 6 p.m. all three days.

Almost any item can be donated, except for mattresses, children's car seats, and box TVs (CRT style).

For more information, contact event organizer Jessica Moore at 360.708.8594.

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# Darrington



## Snohomish County Sheriff's Report

### July 1

A multiple-vehicle accident today claimed a life and injured others near Arlington.

According to a Washington State Patrol press memo, Aaron Gentry, 56, of Darrington, was traveling north in the southbound lane of I-5 at milepost 208. His Ford Explorer struck a Toyota Corolla driven by Dorajean Wyne of Albany, Ore., head on, then rolled over and landed on the cable barrier between the northbound and southbound lanes. Wyne's vehicle came to rest against the cable barrier. Three other vehicles were struck by debris.

Gentry was injured and booked into Snohomish County Jail. His vehicle was totaled.

Wyne was injured and transported to Providence. Her passenger, Miriam Robinson, 28, also from Albany, was pronounced deceased at the scene. Wyne's other passenger, a juvenile, was injured and transported to Providence with Wyne.

The drivers of the three cars that were struck by debris were not injured.

The cause of this accident is under investigation, as are possible charges.

### July 2

Detectives with the Major Crimes Unit are investigating the suspicious death of a man whose body was found yesterday near Blue Stilly Park near Arlington. The man, who has yet to be identified, is dark-skinned and appears to have been in his early 20s. There is evidence that he was shot several times, although cause and manner of his death are pending from the Snohomish County Medical Examiner.

His body was discovered off the park access road by people walking their dog around noon on July 1. Detectives believe the man had been killed in the previous few days.

Anyone with information about this incident or who has reported someone missing recently who matches the description of the victim is asked to call the Sheriff's Office Anonymous Tip Line: 425.388.3845.

### July 4

Last night, the Snohomish County Sheriff's Office and Snohomish County Fire District 26 rescued a 27-year-old Monroe man from the Skykomish River. The man was kayaking when he was caught in rough water about four miles

east of Gold Bar. Two other kayakers were able to reach him after the current carried him out of the dangerous waters and farther downstream. A call was made to 911 around 7 p.m. to report the kayakers had pulled him from the river and were performing CPR. He was transported to Evergreen Hospital in critical condition.

The Sheriff's Office has responded to five drowning incidents on backcountry waterways this year:

- June 23: A 54-year-old Sultan man was fishing on the Skykomish River when his boat overturned. His body was recovered from the river later that day.
- June 5: A 35-year-old Sultan man was recovered from the Skykomish River after going into the water at Big Eddy Public Water Access.
- May 28: A 24-year-old Monroe man went missing at Eagle Falls. His body was recovered June 2.
- April 24: A 30-year-old Bothell woman went into the water at Wallace Falls State Park. Her body was recovered the same day.
- April 12: A 22-year-old Monroe woman went into the water at Cedar Ponds. Her body was recovered on April 21.

Snohomish County rivers are cold and swift this time of year. Anyone recreating on or near rivers should always wear a life jacket. If you are going out on the river, wear a helmet and make sure you have the training needed to navigate unpredictable rapids and swift water. Response to backcountry rescue and recovery efforts can be extremely dangerous and put rescue personnel and volunteers at risk. Do not swim near waterfalls, even if you consider yourself a strong swimmer. Currents are swift and cold, and there are hidden snags and drop-offs.

### July 8

A Washington State Patrol trooper was injured when a driver under the influence struck his patrol car.

The incident took place around 8:50 a.m. Trooper Brent Campbell was parked on the right shoulder of northbound SR 525 at milepost 1, working radar.

A Subaru Impreza driven by David Vanderweele, 46, of Arlington, struck Campbell's patrol car from behind, injuring Campbell, who was transported to Swedish Hospital in Edmonds. Vanderweele also was injured and also was transported to the same Swedish facility. His vehicle was impounded.

The cause of the accident was determined to be DUI. Charges are pending.

—Compiled from SCSO and WSP reports

## WSDOT pushes safety message

Washington State Dept. of Transportation (WSDOT) has created a video to show how quickly a moment's inattention or distraction can have disastrous results. The video, featuring several WSDOT maintenance workers, is a scenario the workers and contractors see on a regular basis, and can be found at <https://youtu.be/H8SXTngGpZY>.

The release of the video is timed to coincide with one of WSDOT's largest construction-related closures of the summer—"Revive I-5"—so that drivers understand how important work zones are for worker safety and how impactful their driving decisions can be to themselves and all of our employees.

WSDOT asks all drivers to follow these four guidelines when they're near a work zone:

1. Slow down. Drive the posted speeds; they're there for your safety.
2. Be kind. The workers are helping to improve the roadway for all drivers.
3. Pay attention to workers directing you and surrounding traffic; do not use phones or other devices while driving.
4. Stay calm. Expect delays, leave early and take alternate routes if possible.

## Big August Hoobajoob art show returns

Darrington's longest continually running art show is back, scheduled for Aug. 18-19.

The show features the unique works of local artists Ron Wolff, Holly Cannell & Gordy Beil, and will be held at the studio space at 605 S. Emens Ave. in Darrington.

The space will be open from 10 a.m. to 4 p.m. on Sat., Aug. 18, and from noon to 6 p.m. on Sun., Aug. 19.

For more information, call 360.436.0711.

## Sauk-Suiattle Tribe to open casino

The Sauk-Suiattle Indian Tribe will next month open a new casino, Bingo hall, and cafe. Last Chance Casino and Bingo, a two-story, 12,200-square-foot facility, will hold its grand opening Sept. 1 on Chief Brown Lane within the tribal reservation.

The facility is located about 6 miles northeast of Darrington along Hwy 530.

The tribe, which numbers close to 300 members, partnered with Willapa Bay Enterprise Corporation, the economic development segment of the Shoalwater Bay Indian Tribe, to make the casino a reality. A total of 40 casino staff will be hired and trained by the team that runs the Shoalwater Bay Casino, located on Willapa Bay in southwest Washington.

The partnership has been called a landmark display of "tribe-to-tribe assistance." Several times the Sauk-Suiattle Indian Tribe attempted to open a casino, but were unsuccessful until partnering with the Shoalwater Bay Indian Tribe.

The Bingo hall will hold 70 people and double as a venue for live entertainment. The casino will have close to 200 slot machines and a small bar. A week before the grand opening, a celebration will be held for tribal members.

The new facility will create job opportunities for both the tribe and Darrington.

The Washington Indian Gaming Association, a nonprofit organization of tribal government leaders of federally recognized tribes in Washington, is a trade organization whose purpose is to educate and disseminate information to the Indian gaming community, federal and state governments, and the general public on issues related to gaming in Indian country. In 1988, Congress passed the Indian Gaming Regulatory Act, requiring states to negotiate gaming compacts in good faith to allow tribes to offer casino-style gaming if it's allowed in the state.

—Marla Skaglund

Right: Darrington Mayor Dan Rankin gets dunked at the Darrington Street Fair, July 14. Photo by Marla Skaglund.





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Above: Ian Dobson gives a demonstration on bucket drumming at the Darrington Library, July 12. Photo by Marla Skaglund.

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# Marblemount



## Busiest month at the hall

August couldn't be busier for upriver families and friends. Here's the lineup for Marblemount Community Hall this month.

- Aug. 4: Upper Skagit Library's "Story Time" at 11 a.m.
- Aug. 5: Marblemount Community Hall's annual Salmon BBQ Fundraiser from noon to 5 p.m. Meal includes salmon, baked beans, coleslaw, pasta salad, garlic bread, dessert, and beverage for \$12/adult and \$5/child. A hotdog meal also will be available with the same sides for \$9. Come one, come all!
- Aug. 8: Marblemount Community Hall monthly board and staff meeting at 6:30 p.m. All are welcome.

- Aug. 18: Cascade River Park's membership meeting.
- Aug. 19: annual Rockport/Marblemount Old Timers Picnic at 1 p.m. includes a potluck lunch and live music by Marblemount's own "Jumbled Pic." Bring your own lawn chair. For more information, contact Dona at 360.856.1378 or Merv at 360.873.4903.
- Aug. 22-23: The hall again will host this year's Bike-and-Build youth cyclists who are riding from coast to coast, helping to create and repair homes for those in need along the way.
- Aug. 25: private wedding

That's a full calendar. Questions? Call the hall at 360.873.2323 and leave a message with a return phone number. More info is online at [www.marblemountcommunityhall.org](http://www.marblemountcommunityhall.org).

—Christie Fairchild

## Briefly ...

An effort to get a daycare off the ground in the Marblemount/Rockport area will kick off with a Sept. 22 get-together.

The **Upriver Kids Daycare 1st Annual Slug Races and Fundraiser** is slated for Sat., Sept. 22, from 1 to 4 p.m. at Marblemount Community Hall in Marblemount. For more information, go to [www.upriverkids.org](http://www.upriverkids.org).

**Cascade River Rd. is now open** to all vehicles to its end at the Cascade Pass

Trailhead. The road had been closed for road repairs following storms, heavy rains, and flooding last winter.

Crews continue to work on the road; drivers should use caution near large trucks and equipment along the road.

The Cascade River Road provides access to Cascade Pass, Horseshoe Basin, and Sahale Arm Trails, as well as a scenic route for visitors hiking across the park to Stehekin. Boston Basin is a popular climbing area, with access to Forbidden, Sahale and Sharkfin peaks, and is also accessed via Cascade River Rd.

**Volunteers needed for Fire District 19, Marblemount Fire Department.** Stop by the Fire Hall for an application on meeting nights, the second and fourth Mondays of every month at 7 p.m., or call Vanessa at 360.630.3900 for more info. This position is subject to a background check.

## Election 2018, cont. from p. 19

### Skagit County Assessor

Incumbent Dave Thomas (R) is unopposed this season.

### Skagit County Auditor

After 12 years in the position, Skagit County Auditor Jeanne Youngquist announced earlier this year she will not run for re-election.

Two candidates—both Democrats—are vying for her seat: Sandy Perkins and Mike Urban.

### Sandy Perkins (D)

#### In her words:

"I am currently Skagit County's Chief Deputy Auditor and office manager for the four departments within the Auditor's office: Elections, Accounting, Vehicle and Vessel Licensing, and Recording. I have 25 years of experience as an auditor and I am a Certified Fraud Examiner, a designation that proves a high level of proficiency in Accounting, Law and Investigations.

"As an experienced auditor, I will implement and maintain internal controls to safeguard county assets and taxpayer money. I am running for the position of Skagit County Auditor because I want to make our local government the very best it can be and I know I have the experience, the education, and the skills to do the job better than anyone else.

"The single greatest issue facing the Skagit County residents I will serve is the protection of our county's election systems from outside interference. Free and fair elections are a central pillar of our democracy and we need to protect the integrity of every single vote. My education and training includes an in-depth focus on cybersecurity, which will be an asset to the Auditor's Office and to the voters of Skagit County. I will work with the Secretary of State's office and the Department of Homeland Security to develop strategies for maintaining data integrity and ensuring the security of our election systems. Every vote counts and

every vote must be counted as cast. As Skagit County Auditor, I will make this my top priority."

### Mike Urban (D)

#### In his words:

"I am running for Skagit County Auditor to utilize my education and professional experience in government, business, and accounting to serve our community, which I am proud to call home for more than 42 years.

"The foundation of our democracy is built on our election system. As auditor, I will perform my duties with integrity and transparency to assure that the utmost level of ethics are maintained for all functions of the office—with emphasis on elections.



### Skagit County Clerk

Melissa Beaton (D) is unopposed this season.

### Skagit County Commissioner Pos. 3

Incumbent Lisa Janicki (D) is unopposed this season.

### Skagit County Coroner

Incumbent Hayley Thompson (D) is unopposed this season.

### Skagit County Prosecuting Attorney

Incumbent Rich Weyrich (D) is unopposed this season.

### Skagit County Sheriff

Sheriff Will Reichardt announced his retirement earlier this year. One candidate is running unopposed to fill his seat.

### Don McDermott (D)

#### In his words:

"I have had the honor to serve as a public servant with the Skagit County Sheriff's Office for over 36 years, and it has been my privilege to serve alongside the first responders across Skagit County, whose dedication to our communities is my inspiration.

"The single greatest issue facing the people of Skagit County is combating drugs and the overdose crisis. As the previous commander of the Skagit County Interlocal Drug Enforcement Unit, I have a firsthand knowledge of the drug trade that negatively impacts our community. As Sheriff I will work in collaboration with our law enforcement partners to combat these criminal organizations.

"Skagit County faces the same crisis as the rest of the nation. Opioid-related deaths have now surpassed motor vehicle crashes as the leading cause of accidental death. I will help to facilitate treatment opportunities to prevent deaths from overdose. As first responders we are committed to the preservation of life."



### Skagit County Treasurer

After 18 years as Skagit County Treasurer, Katie Jungquist announced her retirement from the position. Three candidates have announced their intention to fill her position, including current Chief Deputy Treasurer Clyde Williams.

### Clyde Williams (R)

#### In his words:

"I have always enjoyed working with and for the taxpayers, along with the many districts and local government agencies we serve on a day-to-day basis.

"I look forward to implementing some needed changes, as there are always more ways to improve the services we provide. A recent example of this is the implementation of our AutoPay program. Enrolled taxpayers can simply have their tax payments deducted directly from their

bank account twice a year. We have had a very positive response to the change.

"Customer service will always be one of my main concerns, as it encompasses so many of the things we do on a daily basis. Having a well-trained staff, as we currently have, that must keep up to date on a litany of laws our office is required to follow, is invaluable when it comes to customer service.

"If I had to pick one subject, I am constantly thinking about and working on, it would have to be cyber security. We must religiously guard against any sort of a compromise in our financial affairs. We do this by working with internal and external agencies, such as our Information Services Department, who are ever vigilant on the matter.

"My experience working in the office for the past 27-plus years, as well as working with and for the current treasurer, sets me apart from other candidates. Over the years, I have worked in numerous positions within the office, which has allowed me to have a complete understanding of what the public expects from our office. I have also built working relationships with taxpayers, county departments, along with other local and state agencies that I believe are invaluable.

"I approach every day working in the office with an open mind that is willing to listen to every point of view and apply what has been learned in an effective and meaningful manner. I will be a working treasurer, not a figurehead."

### Jackie Brunson (D)

#### In her words:

Brunson, the current chief of administrative services at the Skagit County Sheriff's Office, said she is running for Skagit County Treasurer "because the retirement of our current treasurer creates an opportunity for me to serve the residents of Skagit County in a higher capacity. This responsibility requires qualities I possess: trustworthiness, reliability, and competence. These qualities are essential in running effective and efficient government. I have the integrity, experience, and education to protect the county's assets. I am a lifelong resident of Skagit County and I have been serving the citizens of Skagit County for 26 years. I am proud of my career and proud of this



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# Seniors



## Way Back When

### 70 years ago

Aug. 12, 1948: Jack Ward of Marblemount was held on open charges today by the county Sheriff's Office following a shooting at a Marblemount tavern about midnight last night. The shooting occurred at the close of a friendly party, during which the two principals engaged in words.

### Verna's Kitchen



By Verna McClure

### Bread Pudding

- 2 eggs
- 2 cups milk
- 1/2 cup sugar
- 1 teaspoon vanilla
- 4 slices bread
- Raisins (optional)

1. Beat the eggs in a bowl. Add milk, sugar and vanilla. Mix well.
2. Cube bread and put in a baking dish. Pour milk mixture over the bread and add raisins (optional). Sprinkle cinnamon on top if desired.
3. Bake for 45 minutes in a 350-degree oven. Serve hot or cold, with or without cream.

Enjoy the sunny days and keep smiling!

The injured man was E. G. Sanberg, a member of the state highway crew working in that area. He was taken to the Sedro-Woolley hospital about 2 a.m. last night after having been treated with first aid here by Dr. Raeb. Sanberg was shot three times: once in the upper part of one leg and twice through the lower part of the other. Two bullets tore through the bone of the lower leg, breaking it in two places and shattering it badly. The other wound was superficial. The shots were fired from a .38 cal. revolver.

Deputies from the Sheriff's Office are now making a thorough investigation of the case before filing charges. No statements have yet been taken from either Sanberg or Ward, although stories of witnesses were being taken today.

Ward has been at Marblemount for the past year as manager of the Stop & Save store in that community.

### 60 years ago

Aug. 7, 1958: A man by the name of Dupuis and another giving the name of Fred York, both of Bellingham, were arrested above Newhalem about 1 a.m. Wednesday by special Whatcom

Deputy Charles McDougall of Newhalem. The men had been the object of a manhunt in that area Sunday night and since that time after they had threatened to kill McDougall when he tried to search their car in Newhalem.

After threatening the officer, the men fled upriver. Their car was found with a flat tire above the Gorge dam. The men were known to be heavily armed and equipped with camping gear.

The men had been reported at Newhalem for several days before McDougall attempted to search the car for a pair of stolen binoculars.

The men were taken to Whatcom County for questioning yesterday morning.

### 50 years ago

Aug. 28, 1968: The Upper Skagit Tribe will meet this Sat., Aug. 31, at Hillcrest Park in Mt. Vernon to discuss and vote on accepting a proposed settlement of \$384,471.42 offered the tribe to settle its claim case against the U.S., which has been pending since 1951.

The settlement represents additional compensation for 453,000 acres of land ceded under

the Treaty of Pt. Elliott in 1859, and is based on a value of 90 cents per acre at the time of the treaty. Such valuations are established on the basis of what the land was worth at the time of taking.

The tribe received a consideration of only \$22,228.58 from the government as a result of the treaty, which has been determined to be inadequate compensation even on the basis of 1859 land values. The proposed settlement has been arrived at by deducting the consideration from the gross award of \$407,700.

If the tribe approves the proposal, Congress will be asked to make an appropriation during its present session so the funds will begin to draw interest immediately. Before funds actually can be distributed, Congress must pass legislation specifying how this will be done.

Charles Boome of Sedro-Woolley is chairman of the Upper Skagit Tribe, and Mrs. Alice Cuthbert is secretary. They state that this is the most important meeting the tribe has had. They emphasize that individuals must be present to vote and urge everyone to attend.

### 40 years ago

Aug. 3, 1978: This week marks the 40th anniversary of single-family ownership of the State Bank of Concrete, one of only six such financial institutions under family operation in Washington.

On Aug. 1, 1938, the late Walter D. Ross purchased the interests of Superior Portland Cement, Inc., at that time majority stockholder, in the bank where he had served as cashier since 1919. He managed the bank till his death in 1961.

—Compiled from archives



Rick Lemley  
Doug Hutter  
Tobi Stidman

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# Concrete Community Center

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**Wednesday**  
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**Thursday**  
8/2 12:30 p.m. Pinochle  
8/16 12:30 p.m. Pinochle  
8/16 6 p.m. Banner Power Solutions free solar workshop  
8/30 12:30 p.m. Pinochle

**Friday**  
All 10 a.m. Community Closet  
8/10 12:30 p.m. Commissioner Janicki  
8/17 10 a.m. Concrete Community Center Advisory Board meeting

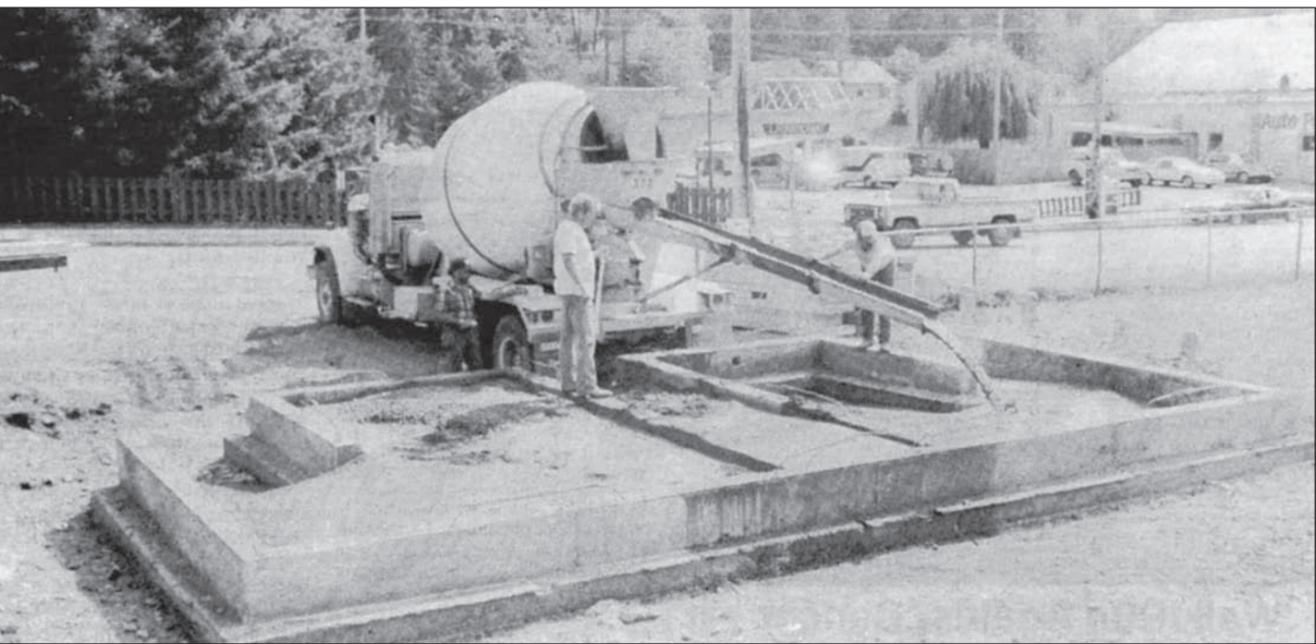
**Saturday**  
All 9 a.m. Concrete Saturday Market  
All 7 p.m. AA meeting



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30 years ago, 1988: A "potty project" got under way in Concrete after the town successfully raised monies required to build public restrooms on Main St., at what is now Veterans Memorial Park. Jim Falconer handled the job as contractor and is pictured above with John Shepherd of Valley Ready Mix, Inc., and Terry Clifford, filling cement forms with wet sand. Plumbing work and installation of the sewer line had also been started at this point. The project used purchased and donated materials and equipment as a community project designed to benefit visitors and residents. Archive photo by Anne Bussiere.

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# Obituaries

**Denise Marie DuVarney**, age 44, passed away July 8, 2018. She was born Feb. 5, 1974, in Worcester, Mass., to David and Sandra (Bostrom) DuVarney. Denise played the saxophone in high school, had a joy for photography, loved people and animals, and had an impressionable sense of humor. She was everyone's kind of person.



Denise is survived by her daughters, Bailey Arnone and Victoria Sheahan; father, David DuVarney; and siblings, Mike DuVarney, Cathy (Rick) Mueller, and Dan DuVarney. A celebration of her life will be held at Hillcrest Park in Mount Vernon, on Aug. 12 at 2:30 p.m. Share your memories of Denise and sign the online guest register at [www.lemleychapel.com](http://www.lemleychapel.com).

They moved to the magic Skagit to start their own woodworking business, The Mystic Tree. Tommy created hundreds of Native American flutes to share and sell. This led them to move to the Hawaii Islands to continue woodworking for ten years. Suzie passed away in Hawaii and Tommy returned to the magic Skagit in 2012.

Tommy is survived by three brothers: Bob of Nikiski, Alaska; David of Shelton, Wash.; and Larry of Lakewood, Colo.; and many wonderful nieces and nephews.

A memorial service will be announced the first week of September. Instead of flowers, please make donations to your favorite wildlife organization.

**Obituaries published in Concrete Herald** from May 2009 to present are posted online at: [www.concrete-herald.com/obituaries](http://www.concrete-herald.com/obituaries). For more information, contact Concrete Herald at 360.853.8213 or [editor@concrete-herald.com](mailto:editor@concrete-herald.com).



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**Thomas (Tommy) Harrison**  
 12/24/44 to 7/23/2018

Tommy fought a long battle with cancer, laughing at the challenge until his final day. Born in Seattle on Christmas Eve, and gifted others his whole life. He joined three brothers on Orcas Island. Later the family moved to Juneau, Alaska. A man of many talents led him to work on fishing trawlers in Alaska, as a machinist at the Seattle PI, and fishing boats in the Everett area. While working in Everett, he married his best friend Suzie.

# Sunday School lesson

## When life takes a turn

By Matt Del Bosque

We live in a world that is full of darkness. Turn on the news and we see story after story of horrible crimes and accidents. Look around in our own lives and we see addictions, divorce, financial struggles, relationship issues, depression ... the list can go on and on.

It's hard to see how God is a good and loving god when bad things happen. It's hard to understand why God would even allow such things to happen. Many feel as if there is no God and if he does exist, then he simply doesn't care.

In the Bible there is a man named Habakkuk. He was a prophet who had grown up in a time where things were good in his nation. People loved each other and loved God. They were passionate about scripture and generally making the world a better place.

Fast forward some years and outside armies had attacked his people, they had abandoned God and begun worshipping idols, and violence and destruction was everywhere. Habakkuk found himself in a place of hurt and frustration, so he cried out to God, "Do you even care? Why is this happening? Where is the justice?"

God's response surprised him because God said this:

"Look among the nations, and see;

wonder and be astounded. For I am doing a work in your days that you would not believe if told."

—Habakkuk 1:5

God had a plan and a purpose in everything that was happening to Habakkuk's people. It was all ultimately working to bring forth a greater good. I know in times of difficulty it's hard to see the greater good that could come from it. What we see is the here and now, what God sees is the here and now and way beyond.

"For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

—Isaiah 55:8-9

When life takes a turn for the worse and it appears that the world is falling apart, have faith that God is in control and that all things will work for the good of those who love him and are called according to his purposes. God's timing may not be our timing, but his timing is perfect. The pain you may be going through now will make you all the more stronger down the road. So hold on, stay faithful, and trust in God's great plan for your life and our world.

*Matt Del Bosque is pastor of Citipoint Church North Cascade.*

# Skagit County Sheriff's Office Blotter

**June 27**

A citizen reported that someone had entered his trailer, which was parked on North Shore Ln. in Cape Horn, and taken an iPod and Bose speaker. The suspect had entered through an open window that had been left open. There are no suspects at this time.

**June 28**

Deputy Wolfe stopped a vehicle for failure to come to a complete stop at the intersection of California St and Baker St. The driver's driving status was suspended and he had no insurance. He was cited for both offenses and allowed to find a license driver to drive the vehicle.

**June 30**

Charges of driving under the influence are pending for a Sedro-Woolley woman after she collided with a vehicle on the opposite side of SR 20.

According to a Washington State Patrol report, a Toyota Prius driven by Anita Thewes, 62, of Sedro-Woolley, was parked on the shoulder of eastbound SR 20 just east of Sims Rd. near milepost 70. As Dennis Hendrickson, 53, from Concrete, approached Thewes in his Dodge Ram pickup traveling westbound, Thewes drove across the eastbound lane and into the westbound lane, and struck Hendrickson's vehicle.

Thewes was injured and transported to Harborview Medical Center. Hendrickson was not injured, but was transported to PeaceHealth United General Medical Center as a precaution.

Both vehicles were totaled. The cause of the accident was determined to be driving under the influence, and charges are pending.

**July 1**

While working patrol in Concrete, Deputy Koback observed a male whom he believed had warrants for his arrest. He checked the suspect and discovered that he had a confirmed warrant. The suspect was contacted and arrested.

A report of a possible domestic at the Hamilton Boat Launch was called in by a citizen. When Deputy Moore and Game Agent Ludwig arrived, they discovered a male and female at that location. After investigating they determined that the male had violated a no-contact order he had with the female. He was arrested and booked into Skagit County Jail.

**July 4**

Deputy Hill responded to a report of a burglary near the 59000 block of SR 20 in Marblemount. The victim said that overnight, someone had kicked in his door and taken multiple items, including tools, washer and dryer, rototiller, kitchen stove, and a refrigerator. The investigation is continuing.

**July 5**

A report of a male subject lying in the middle of Martin Rd. led deputies to respond, along with medical personnel. The subject appeared to have been assaulted. When deputies arrived the male seemed to be delusional and didn't remember what had happened. He was transported to the hospital for an evaluation.

**July 6**

While patrolling the area of the Lake Shannon limestone quarry, known locally as the Devil's Tower area, Deputy Wiggins located two males who were behind the locked and posted gate. He contacted the subjects and cited both of the subjects for trespassing per the request of CalPortland, the owner of the quarry. CalPortland has requested that the Sheriff's Office arrest all people who trespass onto the property.

**July 7**

Deputy Wiggins contacted two subjects who were trespassing on the Lake Shannon quarry property owned by CalPortland. The female subject advised she knew the area was private and posted no trespassing, but she didn't think it was a big deal. The male told Deputy Wiggins that his family owned the mountain range where they were located. Both subjects were acting very odd. It took Deputy Wiggins and Deputy Koback more than four hours to remove the subjects and their belongings from the area. Both subjects were arrested for trespass and obstructing.

Earlier, Deputy Wiggins had contacted nine subjects who were at the quarry playing with airsoft guns. Seven of the subjects were arrested for trespass and two juveniles were referred for trespass. All subjects were told not to go back onto the property.

**July 8**

Deputies responded to a possible domestic in the 45000 block of Main St. in Concrete. After interviewing those involved, it was determined that the female had become upset with her boyfriend and had called the Sheriff's Office after she assaulted him to try to get him arrested. The female was arrested and

taken to jail for assault.

While patrolling the Lake Shannon quarry, Deputy Wiggins located two subjects walking down the road behind the gate. He contacted them and they advised they had gone to the quarry to have a barbeque and that the father was still up in the quarry. The mother advised she knew that the quarry was private property and posted, but that they had been coming up there for years and did not think it was a big deal. She also advised that there were approximately five others up at the old quarry buildings. Deputy Wiggins was able to contact all the subjects in the quarry and cited each for trespassing.

**July 11**

Deputy Devero stopped a vehicle for traveling 68 mph in a 50 mph zone near the Rockport State Park. The driver had a suspended driver's license. He was arrested and his wife was called to come and take possession of the vehicle.

**July 12**

Deputy Hill observed a motorcycle traveling east on Concrete Sauk Valley Rd. near the 45000 block. The driver wasn't wearing a helmet. He stopped the motorcycle and contacted the driver. The driver had a warrant for his arrest and his driving status was suspended. Deputy Hill

arrested the driver. The motorcycle didn't have a license plate, but Deputy Hill was able to locate the vehicle identification number. When he ran the VIN, he discovered the motorcycle was stolen out of Montana. The motorcycle was seized and the driver was booked into jail on his warrant, driving with a suspended license, and possession of a stolen vehicle. When Deputy Hill arrived at the jail, he checked his car and discovered that the suspect had dropped a small baggie of meth in the back seat. The suspect was then arrested for possession of drugs.

While working patrol in the area of Concrete Sauk Valley Rd. in Concrete, Deputy Koback observed a vehicle with a burned out headlight. He stopped the vehicle and contacted the driver. The driver had a suspended license and multiple warrants. The driver advised Deputy Koback that the warrants were not his, but his brother's warrants. He said that his brother always uses his name when he is contacted by police. Deputy Koback arrested the driver for a suspended driver's license and on the warrants. He advised the driver to talk to his attorney to take care of the warrants.

See Sheriff's Blotter, p. 33

# Worship directory

**Assembly of God**

**Concrete Assembly of God**  
 45734 Main St., Concrete; 853.8042  
 Sun. worship: 10 a.m.  
 Tue.: Men's meeting, 8:30 a.m.  
 Wed.: Adult Bible study, 6 p.m.  
 Thur.: Women's Bible study, 6:30 p.m.

**Citipoint Church North Cascade**

59850 SR 20, Marblemount  
 360.873.2504  
 Sunday Gathering: 10 a.m.  
[www.citipointchurch.com](http://www.citipointchurch.com)  
 E-mail: [mattd@citipointchurch.com](mailto:mattd@citipointchurch.com)

**Baptist**

**First Baptist Church**  
 12732 Hemlock St., Clear Lake  
 360.856.2767  
 Sunday School: 9:45 a.m.  
 Sun. worship: 11 a.m. and 6 p.m.  
 Wed.: 7 p.m.  
 E-mail: [pastorjohn@firstbaptistclearlake.com](mailto:pastorjohn@firstbaptistclearlake.com)

**Hamilton First Baptist Church**

797 Hamilton Cemetery Rd. at SR 20  
 Office: 360.826.3307  
 Sunday School: 9:40 a.m.  
 Sun. worship: 11 a.m. and 7 p.m.

**Lyman Church**

31441 W. Main St., Lyman  
 Office: 360.826.3287  
 Sunday School: 9:30 a.m.  
 Sun. worship: 11 a.m.

**Catholic**

**St. Catherine Mission Church**  
 45603 Limestone St., Concrete  
 Mail: 719 Ferry St., Sedro-Woolley  
 Office: 360.855.0077  
 Weekday hours: 9:30 a.m.–3:30 p.m.  
 Sat. Mass: 8:30 a.m.  
[www.svcc.us/scm](http://www.svcc.us/scm)

**Covenant**

**Community Covenant Church**  
 12605 Highway 9, Clear Lake  
 360.856.1023 // [covenant@wavecable.com](mailto:covenant@wavecable.com)  
[www.clearlakecov.org](http://www.clearlakecov.org)  
 Sunday School: 9:30 a.m.

Sun. worship: 11 a.m.  
 Call for weekly youth group/Bible studies

**Episcopal**

**St. Martin/St. Francis Episcopal Church**  
 55223 Conrad Rd., Rockport  
 Services: first and third Sunday of each month, 1 p.m.

**Free Methodist**

**Day Creek Chapel**  
 31438 S. Skagit Hwy, Sedro-Woolley  
 Office 360.826.3696  
 Sun.: 9:15 a.m. prayer svc, 10 a.m. worship  
 Tue.: Women's Bible study, 9:30 a.m.  
 Thur.: Bible study at Louise's complex, Mt. Vernon, 6:30 p.m.  
 Fri.: Women's Bible Study at Kathy's in Day Creek, 8 a.m.

**Methodist**

**Central United Methodist Church**  
 1013 Polke Rd., Sedro-Woolley  
 360.856.6412 / [centralumcsw@yahoo.com](mailto:centralumcsw@yahoo.com)  
<http://centralumcsw.org>  
 Adult Sunday School: 9:30 a.m.  
 Sun. worship: 11 a.m.

**Presbyterian**

**Mount Baker Presbyterian Church**  
 45705 Main St., P.O. Box 246, Concrete  
 Church 360.853.8585; office 360.595.0446  
[www.mtbakerpresbyterian.synodnw.org](http://www.mtbakerpresbyterian.synodnw.org)  
 Sun. worship: 9 a.m.

**Lutheran**

**Shepherd of the Hills Lutheran Church**  
 46372 Main St., Concrete / 360.853.3714  
[www.uprivergrace.com](http://www.uprivergrace.com)  
 Sun. worship: 10 a.m.

**Nondenominational**

**Agape Fellowship**  
 Meets at Mount Baker Presbyterian,  
 45705 Main St., Concrete  
 Second and fourth Weds., 7 p.m.  
 360.708.4764

**Community Bible Church**

45672 Limestone, Concrete; 360.853.8511  
 E-mail: [cbcofconcrete@earthlink.net](mailto:cbcofconcrete@earthlink.net)  
 Sun. School: 9 a.m.; Worship Svc: 10 a.m.  
 Childcare/Children's Ministries at both  
 Contact church for other ministries

**The RIVER Gathering**

720 Puget Ave., Sedro-Woolley  
 Sun. worship: 10:30 a.m.  
 Wed. potluck/study: 6 p.m.  
 Thur. ladies group: 6:30 p.m.  
 Last Fri./mo. potluck/games: 6 p.m.  
[www.facebook.com/therivergathering](http://www.facebook.com/therivergathering)

**Rockport Christ the King Comm. Church**

11982 Martin Rd., Rockport, WA 98283  
 Church office: 360.853.8746  
 Pre-service fellowship: 9:30 a.m.  
 Sun. service: 10 a.m.  
 Sun. eve. Bible study: 5 p.m.

**Wildwood Chapel**

41382 SR 20, Concrete  
 Sun. worship: 10 a.m.  
 Bible studies: Call for times  
 360.708.4330

## CONCRETE HERITAGE MUSEUM NEWS

A notable example of combining bad judgement with bad timing occurred in August 1948. During the spring floods that year, John Roger Conrad, age 15, was drowned when a ferry overturned while crossing the Skagit River. Conrad's funeral services were held on Aug. 10 and his cremated remains were taken to the summit of Sauk Mountain.

A week later the annual Cascade Days celebration was being held, and many tried to put that somber occasion behind them by engaging in the merriment. Everyone except the ferryman at the Faber Ferry, located 5 miles east of Concrete. He was bored and lonely missing out on the festivities and having to hear of the excited anticipation expressed by all those he ferried across the river to Concrete's biggest celebration of the year.

To create some excitement for himself, he called in a report that a car had driven off the ferry. For those not familiar with the times, this was a regular occurrence for cars, log trucks, and even an occasional school bus. State troopers, the Sheriff's Office, and firemen spent most of the night dragging the river for the car and its passengers.

Finally the ferryman admitted that he'd called in a false report. This episode, so soon after young Conrad's funeral, ensured a swift trip to the county jail for the ferryman.

Not everything about the old days included a slow pace of life. Two burglars were caught by Concrete's Town Marshall Owen in August 1928 after arousing suspicions by making regular trips to and from the old ferry landing

below the Crofoot Addition. Marshall Owen found a cache of stolen goods and promptly arrested Charles Nelson, 26, and John Kelly, 27, and transported them to the county jail. Fewer than two weeks later, the two were convicted and sentenced to 18 months to 3 years.

August has always been a good month to build and in 1915, business was booming. Joe Barta, owner of the City Bakery (one of two bakeries in town) was building a new bungalow on B Street (now 7302 B Ave.) across the alley from his bakery for his residence, while E. E. Aldridge planned for the new Aldridge Building to house his store on Main St. In 1928 work started on the Marblemount Bridge and one year later, Governor Roland Harley dedicated it. In 1950 ground was broken for the new high school and in 1965 the Grasmere Fire Hall was expected to be completed.

Mayors have always been multi-talented. In 1950 Concrete Mayor Tom Wright and Mt. Vernon's Mayor Harley Vaux competed in a milking contest at the 4-H fair. No results are known.

Please come visit with us any Saturday through September, noon to 4 p.m. For those who want to learn more about Concrete's past from the comfort of their own home, go to [www.concreteheritagemuseum.org](http://www.concreteheritagemuseum.org) and read the newspaper archives or look through the photograph collection. Special tours at other times may be arranged by calling 360.853.8347 or e-mailing your requests in advance to [jboggs@washingtonstatehistory.org](mailto:jboggs@washingtonstatehistory.org) or [autohistory@hotmail.com](mailto:autohistory@hotmail.com).

—John Boggs

### Nick VanJaarsveld Financial Advisor

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## At the Upper Skagit Library

The Summer Reading Program is winding down, but there are still activities happening at the library!

August 4 is our last Silly Saturday. Come by the library and find five silly things and win a small prize.

Also on Aug. 4, from 11 a.m. to noon at the Marblemount Community Hall, we have Storytime Stretches & Summer Crafts. Join us for Storytime, yoga activities, and summer crafts. For children and families.

There is still time to sign up for the Summer Reading Program. Drop by the library, sign up, and get your reading log. Complete the time on the reading log to earn a paperback book and get entered to win great prizes. We have extra challenges to get you more tickets for prize drawings, so stop by the library for more details. Grand Prize drawings will be held Aug. 25 at 11 a.m., with multiple runner-up prizes.

We also have an Adult Reading Program this summer. There is still time to grab a Book Bingo! card and be entered in a drawing to win book-related prizes. The drawing will be held Aug. 31 at 2 p.m.

Need help with your computer or smartphone? Maybe you need help setting up an e-mail account, applying for a job online, or watching funny videos of cats and dogs? Come see us at our Drop-In Computer Tutoring session every first and third Wednesday from 11 a.m. to 1 p.m.

The monthly Upper Skagit Library Board Meeting will be held Aug. 9 at 6

p.m. The public is always welcome.

The Library will be closed Aug. 18 for Cascade Days.

The Upper Skagit Library Foundation will host a Book Sale during Cascade Days, Aug. 18, from 9 a.m. to 3 p.m. in the library parking lot. Stop by and support the library.

**New in fiction:** *Spymaster* by Brad Thor, *Lincoln in the Bardo* by George Saunders, and *The Lying Game* by Ruth Ware.

**New in nonfiction:** *The Sun Does Shine: How I Found Life & Freedom on Death Row* (Oprah's Book Club Summer 2018 Selection), *Becky: The Heartbreaking story of Becky Watts* by her father Darren Galsworthy, and *The Truth About Chernobyl* by Gregori Medvedev. Medvedev was the deputy chief engineer at the No. 1 reactor unit of the Chernobyl Nuclear Power Plant in the 1970s, and in 1986 was the deputy director of the main industrial department in the Soviet Ministry of Energy dealing with the construction of nuclear power plant stations. Since he knew the plant well, he was sent back as a special investigator immediately after the 1986 catastrophe.

**New in juvenile:** *Warriors: A Vision of Shadows #1: The Apprentice's Request* by Erin Hunter, and *Ricky Ricotta's Mighty Robot vs. the Mecha-Monkeys From Mars* (Ricky Ricotta's Mighty Robot No. 4).

Happy summer reading!

—Tess Carroll, Library Associate

## August at the Darrington Library

### Children and family programs

- Family Storytime, Wednesdays, Aug. 1–29, 11 a.m.; all ages welcome; caregiver required.

### All ages

- "The Swingin' with Dean Show," Sat., Aug. 4, from 3 to 4 p.m.; 1940s to 1970s music.
- Explore Summer: Summer of Musicals: "Frozen" Singalong, Thur., Aug. 30, from 3 to 5 p.m.

### Adults

- Explore Summer: Summer of Musicals: "La La Land," Sat., Aug. 25, from 3 to 5 p.m.

The Darrington Library is located at 1005 Cascade St., Darrington. For more information, go to [www.sno-isle.org?ID=1194](http://www.sno-isle.org?ID=1194) or call 360.436.1600.

—Ashley Bryson, branch manager

Area businesses bring you Concrete Herald each month.  
Please support them!

### Sheriff's Blotter, cont. from p. 31

A resident who lives on Cascade River Rd. reported that someone had broken into her home and had taken an Xbox, Wii gaming system, and jewelry. She had no suspects at the time. Entry was believed to have been gained through an unlocked door.

#### July 13

Deputy Wiggins contacted three more subjects trespassing in the Lake Shannon quarry. Each subject was arrested for trespass.

#### July 17

Deputy Esskew and Deputy Devero responded to a vehicle fire in the 36000 block of Cape Horn Rd. near Hamilton. While driving to the call, dispatch advised that the car was on fire and there was a female inside the car. When deputies arrived they were advised that the female was deceased. Witnesses said they had driven by the vehicle and saw that it was on fire. A female was sitting in the driver seat with her feet outside the car. They stopped and yelled at her to get out of

the car. When she didn't, they attempted to get closer to assist, but the car filled with smoke and the female fell back into the car. The car then became fully engulfed, and they were unable to remove the victim. Firefighters arrived shortly afterward and were able to put out the fire.

#### July 18

A hiker on Sauk Mountain called and advised that a member of their hiking group had stumbled and fallen from the trail near the summit of Sauk Mountain. Deputies arrived and shortly after, the victim was located. She was deceased. With assistance from Skagit Mountain Rescue and the Snohomish County Sheriff's Office helicopter, the Sheriff's Office was able to recover the body. The hiker was a 71-year-old female from Connecticut who was visiting the area.

#### July 19

Deputy Wiggins arrested five more subjects for trespassing at the Lake Shannon quarry. One of the subjects had a felony warrant and was taken to jail.

#### July 21

Four more trespassers were located in

the Lake Shannon quarry. All four were cited for trespass. The total number of people cited for trespass for the month is 33, with the majority of those from outside the area.

Deputy Moore took a complaint of a domestic assault that had occurred the previous evening in Marblemount. Deputy Moore and Sgt. Adams contacted the suspect at his residence in Marblemount and arrested him for fourth-degree assault, domestic violence. He was taken to Skagit County Jail and booked.

#### July 24

Two Stanwood men died when their vehicle collided with a tree on Baker Lake Rd. The Ford Ranger, driven by John Allan Gore, 74, was southbound on Baker Lake Rd. near milepost 5 when it drifted over the center line, crossed the northbound lane, and struck a tree. Both men were deceased at the scene. The second man, age 65, was not identified by Washington State Patrol pending notification of next of kin.

#### July 25

At approximately 6 p.m., Skagit County

Sheriff's Office received a 911 hang-up call from a residence on Stonewood Dr. near Big Lake. Shortly after the call was received, two Skagit County deputies arrived at the residence; they were able to enter the home because of a possible domestic violence situation inside.

The investigation revealed that the domestic violence was between two adult brothers. During the course of the investigation, one of the brothers armed himself with a knife and assaulted one of the deputies. The second deputy fired his service weapon, striking the male. The male was transported to Skagit Valley Hospital, then later transported to Harborview Medical Center in Seattle with serious injuries. The deputy sustained nonlife-threatening injuries and was treated and released.

—Compiled by Sgt. Greg Adams  
and from WSP releases

Read  
**Concrete Herald**  
The Voice of the Upper Skagit Valley

# BUSINESS DIRECTORY

### Bookkeeping

#### UpRiver Bookkeeping Services

360.853.7667 or 360.708.9761  
[upriver21@hotmail.com](mailto:upriver21@hotmail.com)  
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### Brew pubs

#### Birdsview Brewing Co.

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[www.birdsviewbrewingcompany.com](http://www.birdsviewbrewingcompany.com)

### Construction

#### Don Payne's Backhoe Services

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360.853.8684

### Liquor stores

#### Concrete Liquor Store & Convenience Store

45895 Main Street, Concrete // 360.853.7149  
Monday thru Saturday 11 a.m. – 7 p.m.  
Sundays 11 a.m. to 5 p.m.  
Gifts, Rocks, Tobacco, Cigars, and more!

### Pawn shops

#### Gold Nugget Jewelry & Loan

New & Used guns, ammo, sporting goods  
We Buy, Sell, & Loan Guns, gold, coins  
Corner of Hwy 530 & Mt. Loop Hwy, Darrington  
Tue.-Fri. 10–6, Sat.-Sun. 10–5  
360.436.1029 [www.goldnuggetpawnshop.com](http://www.goldnuggetpawnshop.com)

### Ranches

#### Double O Ranch, LLC

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360.770.5380, 9-5 M-F, by appt. weekends.  
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### Restaurants

#### Cascade Burgers

45292 State Route 20, Concrete  
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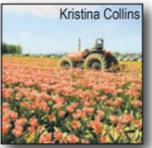
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# Out & About



## Mount Vernon

### Hero Craft Fair seeks vendors for November fundraiser

Organizers for the 2nd Annual Hero Craft Fair in Mount Vernon are looking for vendors for the annual fundraiser. Moneys raised at the event—scheduled this year for Nov. 9–10—are donated to the Mount Vernon Police Dept., the Mount Vernon Fire Dept., and veterans organizations.

“Our craft fair is unique; we try to help the wonderful and talented crafters who put in a great deal of time, and we also raise funds for the three groups,” said organizer Robert Longdon.

Longdon hopes to include 50 vendors

at the nonprofit event this year. The rental fee is \$55, which includes an 8' x 10' space, one table, two chairs, and free coffee. Registration is due by Oct. 31. Checks should be made payable to T/Sgt. Robert Longdon.

Hero Craft Fair will be hosted by Mount Vernon Church of the Nazarene, located at 2710 E. Fir St. in Mount Vernon. The fair will be open:

- Fri., Nov. 9, from 9 a.m. to 6 p.m.
- Sat., Nov. 10, from 9 a.m. to 3 p.m.

Interested vendors and anyone who wants to learn more about the event should contact Longdon at 360.360.399.3069 or relmm2000@comcast.net.

## State

### Inslee announces nine appointees to state Women's Commission

Gov. Jay Inslee on July 26 announced the appointments of nine women to serve on Washington's new Women's Commission. Michelle Gonzalez was named commission director in June.

The commission was created by HB 2759 to address issues relevant to the problems and needs of women, such as domestic violence, childcare and support, sexual discrimination and harassment in the workplace, equal compensation and job pathways in employment, and the specific needs of women of color.

“The commission will be a valuable resource and provide recommendations and advice to my office, the Legislature, and state agencies on issues important to all women,” said Inslee.

The appointees were chosen by the governor with input from members of the state House and Senate and community stakeholders. Commissioners will serve three-year staggered terms. The appointees are:

- Jackie Boschok, Green River College Board of Trustees, King County

## Practicing gratitude

Talk about a positive perk: By cultivating a spirit of gratitude, you actually end up with more to be thankful for.

When you make an effort to see the good in life, it feels good. You'll likely notice that you are happier—more content and less stressed. You'll also enjoy some nice health benefits. Some studies show that practicing gratitude may help:

- Lower blood pressure.
- Boost immune response.
- Lower the risk for depression, anxiety, and substance-abuse disorders.

### Four ways to grow in gratitude

A grateful spirit may seem like it comes naturally to some people. But to nurture a habit of thankfulness, it helps to make a conscious choice, day by day. These practices can help you keep gratitude at the center of your day:

1. **Savor your everyday life.** Slow down and enjoy those things that bring you comfort and joy, but that can be easy to take for granted. A loved one's smile. A crisp, cold apple. A bright blue sky. A warm cup of tea.
2. **Write it down.** What makes you smile? Note it in a daily gratitude journal. It truly can make a difference in where your focus lies. It's hard to get stuck in the negative when you are busy counting—and writing about—your blessings. Studies show

that people who use a gratitude journal are more optimistic and enjoy better overall health. They tend to be more alert, determined, enthusiastic, and energetic. They also cope better with stressful life events, bounce back from illness faster, exercise more, and sleep longer and enjoy better sleep quality.

So, big or small, find those moments from your day—or reflections on your life—to appreciate. It could be a kind word said, a helpful neighbor, or a hearty laugh. Writing it down will help you focus on the positive. And any time you need a lift, you can turn back to your journal and read those memories and moments.

3. **Say thanks.** Write a letter. Deliver it in person if you can. Let others know how much you appreciate them—their kindness, generosity, friendship, time, etc. You'll reap the benefits of a grateful deed and bring that person joy of their own.
4. **Do for others.** Reaching out and assisting those in need often reminds us of the good in the world. Even better, make volunteering a family affair and teach your children the power of giving and gratitude.

Happiness shared is happiness multiplied. Studies show that telling a friend about a happy event in your life increases the amount of joy you feel about that event. And that attitude of gratitude may spread to those around you.

Find more healthy living tips at [peacehealth.org/healthy-you](http://peacehealth.org/healthy-you).

*Submitted by PeaceHealth Family Medicine in Sedro-Woolley.*

- Graciela Gomez Cowger, Schwabe, Williamson & Wyatt, Clark County
- Tara Fairfield, Aging and Long Term Support Administration, Pierce County
- Monica Holland, Unemployment Law Project, Spokane County
- Grace Huang, Asian Pacific Institute on Gender-Based Violence, King County

- Rituja Indapure, Costco, King County
- Regina Malveaux, YWCA Spokane, Spokane County
- Michelle Merriweather, Urban League of Metropolitan Seattle, Snohomish County
- Dawn Rains, Treehouse, King County

All appointments to the commission are effective immediately.

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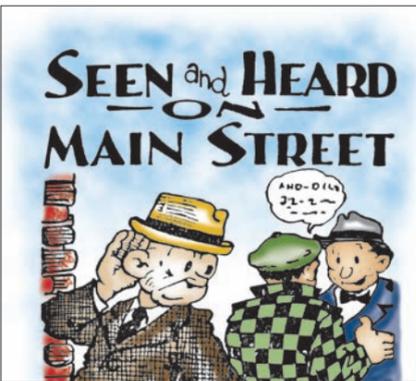
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# Smile



Election 2018, cont. from p. 27



## Dwelleysms

Wit and wisdom from former  
Concrete Herald editor  
Charles M. Dwelley

“Handicaps can be overcome. A lot of people who can’t sing are making a fortune at it disguising the fact with long hair and a noisy guitar.”

—May 1, 1968

“Two virtues our leaders seldom retain after being in power a short time are truthfulness and spendlessness.”

“They have dug up a human who lived in the state 13,000 years ago. Because of the condition of the bones, it is theorized that he was cooked and eaten. Probably for not paying his taxes.”

—May 8, 1968

“This is the time of year when political-minded people stand up and state that there are too many taxes and that their party will take care of the problem if elected. Historically, those elected find it necessary to legislate a few more before they get down to finding that any tax cut is impossible—for those in office. Any such effort must come from ‘the people,’ who never get elected to anything.”

“Lucky is the citizen who has a problem with an acceptable solution. Most find solutions either unwelcome or uncomfortable.”

“Speed is the contributing factor in almost every auto accident. Drivers forget that a speed limit is not a goal, but a warning, and that how fast you travel should be determined by the circumstances, not the horsepower or braking potential.”

—May 15, 1968

... from the Concrete Herald archives ...

Doc: “The thing for you to do is stop thinking about yourself. Try burying yourself in your work.”

Patient: But doc, I’m a concrete finisher!”

— § —

Man: “Well, my lady, I must be going now. I hope I haven’t bored you too much.”

Woman: “Not at all. I was an undertaker’s assistant once and I’m used to sitting up with the dead.”

— § —

The husband and wife were in court again. This time the wife had gone too far: She had bitten off her husband’s ear! However, they promised to make up.

“But,” said the judge to the wife, “I want you to promise to keep the peace.”

“I can’t, your honor,” she replied tearfully, “I gave it to the cat!”

— § —

“Daddy,” asked the little boy, “what was your greatest ambition when you were a kid?”

“To wear long pants, son. And I got my wish. I don’t know anybody who wears his pants longer than I do.”

— § —

Two small boys were sitting on a street corner.

“How old are you?” said the first.

“Five. How old are you?”

“I don’t know.”

“You don’t know how old you are?”

“Nope.”

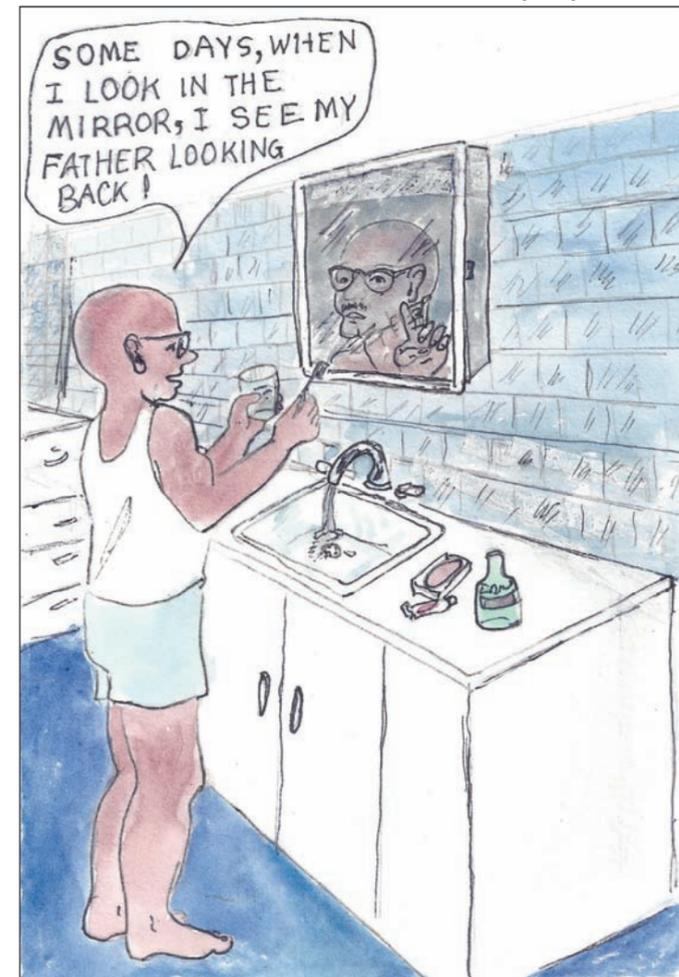
“Do women bother you?”

“Nope.”

“You’re four.”

## Concrete Harold

By Joyce Harris



County.

“The Treasurer’s Office oversees investments of over \$700 million not just for the county, but for several taxing districts like fire, school, and hospital districts. This makes the single biggest issue finding investments that maximize return while minimizing volatility and risk. Safety, liquidity, and return on investment are the main objectives of the county’s investment policy and I would not stray from that. Based on the evolving market conditions and instability in international trade, I would follow the county’s investment policy, utilize the county’s third-party investment advisors, and take a responsible approach to investing.”

## Brad Whaley (R)

In his words:

“I intend to apply my 30 years of financial experience as a county finance director, graduating Magna Cum Laude and passing the CPA examination on my first try, plus 13 years as a business owner

right here in Skagit County to do what’s in the best interest of the taxpayer.

“At the top of my priorities for the position of treasurer is to make it an option for you to pay your property taxes on a monthly basis. Right now 39 counties don’t provide this as an option. You can still pay your property taxes annually or in two payments, but this third option is a win-win for everyone.

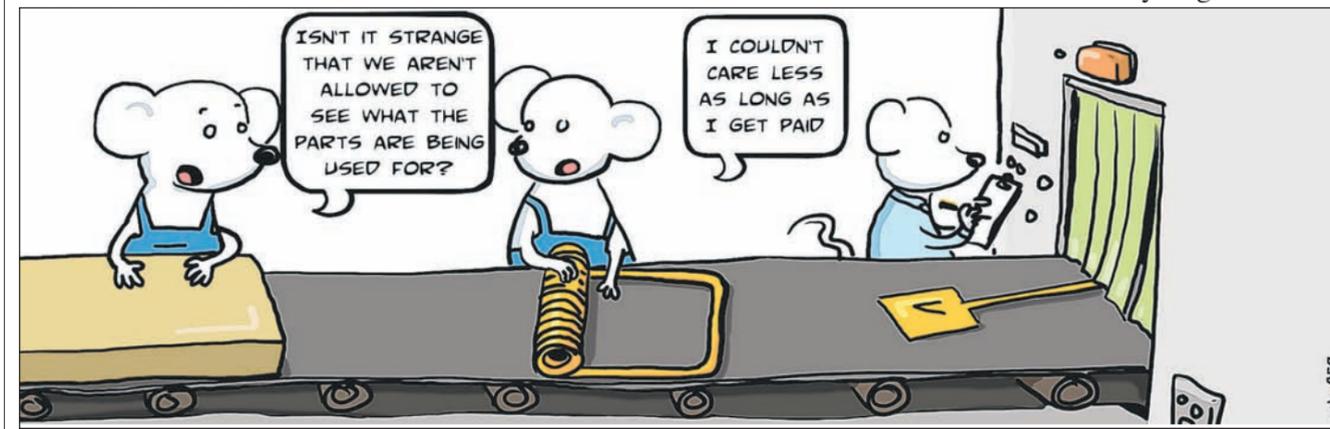
“I also intend to actively pursue various state and federal grants to assist taxpayers in a variety of different situations, such as failing septic systems and abating mold and asbestos issues so they can keep their homes. In other words, I’m not into this for a paycheck or a pension like many who run for these offices.

“I may not sound like your typical politician, but I am a good manager who is qualified and skilled to do this job. Thank you for your support!”



## Public Service Announcement

By Stig Kristensen



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# THE BODY IN THE BLACKBERRIES

By Nicola Pearson

*Editor's note: This is the 11th installment of a new serialized story by award-winning author and playwright Nicola Pearson of Sauk City. Future installments will appear on this page each month during 2018 until the story is complete. Previous installments are posted at www.concrete-herald.com.*

Lange watched Alice flee from the room.

"I'm sorry," said Brandie. "That's about as much as I've been able to get out of her since her dad dropped her off yesterday, and I can't tell if she's trying to protect him or if that lowlife brother of his scared her somehow."

"You think Wayne might have driven her up Sauk?"

Brandie sniffed and folded her arms across her chest belligerently. "Last I knew Wayne's rig was broke down."

"So it would have been Kyle's vehicle they were in," acknowledged Lange.

"What does Kyle drive?"

"A red Toyota pickup."

Lange looked across at Suleka. "What?" asked Brandie.

He lifted his shoulders, not wanting to say.

"Oh, don't give me that!" complained Brandie. "It's bad enough I gotta take it from an eight-year-old. You should at least be straight with me."

"You're right," agreed Lange. "I had a red Toyota pickup fly past me coming down Sauk Mountain yesterday."

"And there were two men in it?"

Lange paused, remembering back to the way the vehicle had almost spun him around, it had gone by at such speed.

He'd stood shaking his fist at it; did he see the backs of two heads behind the seats?

"No," he answered. "There was only one."

Brandie's cheeks flexed as she gritted her teeth at this news. "Well, maybe it was Wayne took off with Kyle's pickup, and that's what's got Alice scared." Now she shrugged, too. "Or it could've been somebody different. There's a lot of red Toyota pickups out there."

"That's true," conceded Lange.

Brandie sighed and her eyes filled with sadness. "Truth is, I don't want it to be Kyle. We're not married anymore, but we're friends. And he's a real good dad to Alice."

Lange decided not to tell her about the

check. He dug in the back pocket of his jeans and pulled out a business card. "Can you call me if you get Alice to open up?"

Brandie took the card. "Sure. What is it you want to know exactly?"

"If she was up on Sauk yesterday with her dad. Once we know that, we might be able to get the rest of the story to fall into place."

They parted company down in the living room again, where Alice was at the kitchen table playing with her mother's phone. Lange and Suleka walked slowly over the front lawn to the Nissan. "What is it with me today?" he asked. "I feel like I've completely lost my ability to get people to talk to me."

"She's just scared, is all," said Suleka.

Max was on the passenger side of the Nissan, standing on his hind legs, his front paws up on the door, and Suleka could see that he'd been worrying the wound on his shoulder. It gave her an idea. "Go back in with Max," she told Lange.

"Why?"

"I don't know," she answered. "I just have a feeling."

She reached into the pickup, lifted Max out, and thrust him at Lange, who strode the few steps back over to the house. He set Max down on the porch. "Hello?" he called out.

"Did you forget something?" Brandie said, rounding the corner toward the door just as Max skittered up over the threshold and into the living room.

"Kind of," Lange said.

But Alice overrode him. She gasped, leapt down from the table, and almost slid across the wood floor on her knees to throw her arms around Max. "You're okay!" she squealed.

Lange nodded across at Brandie. "I have my answer," he said.

He waited while Alice got her fill of petting the dog, then he scooped him back up and returned to the Nissan.

Suleka drove them down the hill to Steelhead Park. Ahead of them was the

Skagit River, its calm green surface, like sleepy cat's eyes, luring boaters and fishers to come in and play. To their right were RVs in several camping spots and hikers heading down the trail alongside the river; to their left was Michelle's silver Range Rover and Collins' green Ford Interceptor. Michelle and Collins were standing on the grass by the wood pioneer cabin, talking.

"Did you find the Clarksons?" Suleka called out to Michelle through her open window as she pulled in to park.

Lange rolled out as soon as the Nissan stopped moving, Max at his heels, and Kojak, who had been fully involved in sniffing the grass around the cabin, leapt excitedly to play with Max.

"We found Kyle," said Michelle.

"But nobody was home at Wayne's," Collins added. "His Jeep was there, though."

"That's probably because it's not functioning," Lange said.

"You know that for sure?" asked Collins.

"That's what Brandie told me. And it makes sense of why he went over to Kyle's in the first place. If he needed to pick up the drug shipment, he'd need a vehicle to get up Sauk."

"And Kyle might not have trusted him just to take his," said Suleka. "So he went up with him and took Alice."

The dogs tumbled over and around each other, chasing and nipping and teasing and tugging.

"Brandie said she didn't drop Alice off till 8:30," said Lange, "which may be after the early-morning guesstimate that the coroner gave for time of death."

"So maybe Wayne killed him and then went and got Kyle?" suggested Michelle.

"To help him move the body," Collins proposed. "Except, then how did Wayne get up Sauk in the first place?"

"Kevin?" said Michelle.

An SUV with a canoe on top of it drove into the park behind them, but none of them paid attention to it. They were all trying to arrange the pieces of the puzzle to make them fit.

"So Wayne gets a ride from Kevin," Collins hypothesized, "to pick up the drugs."

"And Bob Doyle gets wind of it and goes after them," continued Michelle. "There's a fight, Bob ends up dead, and Kevin says he's not going to move the body. Wayne's on his own for that. So Wayne goes after Kyle."

"But would Kevin go to the trouble of dropping Wayne at his brother's place?" asked Suleka, unconvinced.

"How about this," said Lange. "Wayne gets a ride from Kevin up Sauk, but Kevin hightails it out of there as soon as he figures out it's to pick up drugs. He wants no part of that. He misses his grandfather, who's found out somehow that the two of them were headed up Sauk, and Bob Doyle ends up confronting Wayne alone. Wayne punches him, Bob falls, and Wayne takes off with the drugs."

"How did he get down the mountain?" asked Michelle.

"He stole Bob's truck. That's why he went to get Kyle. He needed him to go back up the mountain with him so he could dump the truck back there now that he didn't need it anymore."

Collins exhaled noisily and they all looked at him. "You're assuming he didn't think Bob Doyle was dead."

"Correct."

"So then why isn't Bob Doyle's truck still parked at the gate on Sauk?"

"Maybe they went in to check on Bob, and as soon as they figured out he was dead, Kyle took off because he didn't want any part of that!" Suleka conjectured.

"Ohhhh, Wayne wouldn't want them checking on Bob Doyle. Not only did Bob confront Wayne about the drugs, if Lange's version is correct, but then Wayne punched Bob and stole his pickup truck! No way he would want them going anywhere near Bob Doyle," countered Michelle. She looked at Lange. "Don't you think?"

Max yelped, and they all turned to see the roughhousing between the dogs at a sudden end. Max picked himself up and limped back toward Lange as Kojak rolled onto his back and scratched in the grass. Lange leaned down and picked up the pup. "I do," he said in answer to Michelle's question. Max was licking him on the chin, and Lange gently cupped his muzzle and moved it, stroking the dog's nose with his thumb. He looked down at the Jack Russell and said, "Plus we still have to figure out how this one came into it."

"Did you find anything out from Alice Clarkson?" asked Collins, bringing them all back to the point of this meeting.

"Well, she was definitely up on Sauk yesterday," answered Suleka. "Because she was surprised to see Max still alive." "So she knows who shot at him?" asked Michelle.

"Yep," replied Lange. "But she wasn't saying."

"Neither was Kyle."

"No?"

See **The Body**, p. 39



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## Crossword solution

1	2	3	4	5	6	7	8	9	10	11	12	13						
S	E	C	S	T	H	R	U	S	T	I	C	K						
14	A	X	L	E	15	V	A	I	N	16	H	A	N	O	I			
17	T	H	O	M	18	A	S	J	E	19	F	E	R	S	O	N		
20	R	A	V	I	N	21	L	U	L	L	S	O	N					
22	A	L	E	23	I	T	24	S	25	R	E	L	I	26	C	T	S	
27	P	E	R	28			29	C	30	A	L	X	31	A	R	C		
32	S	33	A	34	V	O	R	35	U	36	T	O	P	I	A			
37	40	J	41	H	N	42	W	I	43	T	H	E	R	S	P	O	O	N
44	E	M	O	T	E	S	45	A	D	E	P	T						
46	T	I	E	47	O	T	A	48	S	49	P	A	T					
50	S	T	R	E	T	T	I	51	M	52	A	D	O	U	R			
53	54	T	55	R	O	L	56	L	57	N	A	T	58	U	R			
59	60	T	61	H	U	R	62	M	63	I	D	D	64	L	E	T	O	N
65	66	S	67	P	A	68	Y	S	69	E	M	I	70	N	E	R	D	
71	S	M	O	L	T	72	N	O	D	E	73	T	R	A	Y			

## Sudoku solution

4	9	1	6	7	2	3	8	5
5	6	7	1	8	3	2	4	9
8	2	3	4	5	9	1	6	7
6	7	4	8	3	1	9	5	2
2	3	9	5	4	6	8	7	1
1	8	5	2	9	7	4	3	6
3	4	6	9	2	5	7	1	8
9	5	8	7	1	4	6	2	3
7	1	2	3	6	8	5	9	4

**Youth Development.** Now Hiring! Boys & Girls Clubs of Skagit County is hiring part-time and full-time Youth Development positions for this fall. More info at skagitclubs.org.

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<b>RIVERBEND</b>	2320 Freeway Dr., Mount Vernon	360-814-6850
<b>SMOKEY POINT</b>	3823 172nd St. NE, Arlington	360-657-8700

**OPEN 7 DAYS A WEEK**    Monday to Friday    Weekends/Holidays\*  
 \*Closed Christmas Day    7:30a - 7:30p    8:00a - 4:00p

**Skagit Regional Health**

For Urgent Care wait times visit  
**SkagitRegionalHealth.org**