

# Concrete Herald

Vol. 93, No. 12

December 2010

50 cents

## Christmas arrives in the upper valley



The holiday season is back, with major east county celebrations taking place in Concrete and Sedro-Woolley.

"Christmas in Concrete" returns with a parade and more. The parade is slated for Dec. 11 at 6 p.m. The route begins at the PSE complex on the east side of the Baker River, crosses Thompson Bridge, and passes through Concrete Town Center. It ends at the Concrete Senior Center, where Santa will be waiting to hand out toys for kids. Look for a few snacks too. For more information, call 360.826.4848.

Following the parade, head to Concrete Theatre for a Christmas-themed variety

See **Christmas**, p. 11



## Concrete senior breaks county rushing record

During a Nov. 4 regular-season game against Darrington, Concrete running back Kyler Howell made history. Heading into the game with only 30 yards remaining to break the Skagit County career rushing record, Howell got the nod on the first play and rumbled 53 yards for a score.

"It definitely felt good," said Howell during a post-season phone interview. "I

See **Howell**, p. 6



## Concrete throws its first Veterans Day parade

Sunny skies greeted participants and spectators Nov. 10 during the first Veterans Day parade to fill Concrete Town Center for more than 60 years.

Organized by Birdview Brewing Co. owner Kris Voigt to honor her husband, Bill, and all other veterans, the parade was well attended, setting the stage for future similar events, according to Voigt.

See **Parade**, p. 19

## Interpretive Center opens in Rockport

The Skagit River Bald Eagle Interpretive Center opened its doors for another eagle-viewing season on Nov. 27.

Located at Howard Miller Steelhead County Park in Rockport, the center will once again host all the same attractions that it has in the past. Throughout the bald eagle-viewing months of December and January, the center will provide a warm place to take in numerous programs.

Page 20

## Giving thanks in Clear Lake

Page 10

## Brunch and bazaar in Marblemount

Page 22



Kristina Collins

## Sedro-Woolley's marketing maven

After World War II, Americans fled our country's urban centers for the promise of suburbia, taking their dollars with them while developing a mindset that malls and big-box retail stores were more desirable places to shop.

That mindset arguably has been most damaging to smaller towns, and it's one that Elizabeth Fernando wants to change.

See **Fernando**, p. 10

**SEDRO-WOOLLEY**  
TIRE & AUTO REPAIR  
1288 W. State Route 20, Sedro-Woolley  
Mon.-Fri. 8-6  
Sat. 8-4

## Service At A Fair Price

★ Tune-ups, brakes ★  
★ Alignment, struts ★ All major tire brands ★  
360.982.2114 360.239.7967  
sedrotires@yahoo.com (AFTER HOURS)

*Published the first Wednesday of each month*

## Inside:

Opinion	2
Sports	6
Academics	8
Clear Lake	10
Sedro-Woolley	12
Community Calendar	13
Lyman	14
Day Creek	15
Hamilton	18
Rockport	20
Marblemount	22
Newhalem/Diablo	23
Business Directory	29



# Concrete Herald

The Voice of Eastern Skagit County

Jason K. Miller, publisher and editor 360.853.8213 / editor@concrete-herald.com

Concrete Herald owes its success to volunteer contributors. **Birdsview:** Kris Voigt; **Clear Lake:** Sylvia Matterand, Kathy Schmidt; **Concrete:** John Boggs, Aimee Hirschel, Brooke Howell, Chris Jansen, Danielle Jensen, Lacy Lahr, Sara Pritchard, Dan Royal, Jeanna Smiley Squires, Bill Sullivan, Cora Thomas; **Corkindale:** Joyce Harris; **Diablo:** Wayne and Judy Knopf; **Hamilton:** Carol Bates, Susan Mani, Aleaha Neimann; **Lyman:** Debbie Boyd, Kristi Johnson, Elaine Kohler, Tammie Werner; **Marblemount:** Patricia Blauvelt, Christie Fairchild, Laurie Thomas, Kathy Watson; **Newhalem:** Jim and Judy Hannigan; **Rockport:** Christie Fairchild, Elise Lewis; **Sedro-Woolley:** Bill Mueller. **Cartoonists:** Joyce Harris, Stig Kristensen, Jonathan Carter; **Photography:** Amber Lee, Kristina Collins, Mike Criner; **Proofreading:** Katy Tomasulo; **Design:** Paul Wayne Rider; **Ad Production:** Lynn Jefferson. More local contributors are welcome: call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

**Contact us**  
**Newsroom:** 360.853.8213 / editor@concrete-herald.com // **Advertising:** 360.853.8213 / ads@concrete-herald.com  
**Letters:** P.O. Box 682, Concrete, WA 98237 / letters@concrete-herald.com // **Classifieds:** P.O. Box 682, Concrete, WA 98237 / classifieds@concrete-herald.com

Concrete Herald is published the first Wednesday of each month and distributed via newspaper racks and retail businesses from Sedro-Woolley to Newhalem, Washington. A complete list of distribution points is posted online at [www.concrete-herald.com/about-the-herald/distribution-points](http://www.concrete-herald.com/about-the-herald/distribution-points). Mail subscriptions are \$26 annually for U.S. addresses, \$38 for Canadian addresses. Physical address: 7674 Cedar Park, Concrete, WA 98237. POSTMASTER: Send address changes to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Printed with pride by The Daily Herald, Everett, Wash., using soy-based inks. Contents © 2010 Concrete Herald LLC.

Guest editorial

## Proposed 2011 Skagit Tours uninspired

Since the 1920s, the City of Seattle had reason to be proud of its City Light-sponsored Skagit Hydro Tours. They weren’t extravagant, but they were unique for many reasons. Originally, to get to the tour in the beautiful Upper Skagit, you took a train—the Toonerville Trolley—from Rockport to Newhalem. You stayed overnight in a bunkhouse and were fed well. Once a road was constructed, the tour included a meet-and-greet, a bus ride to Diablo, a ride up the Incline Lift, a boat ride to Ross Powerhouse with a tour of an operating power house, a trip through the gardens up to Ladder Creek Falls, and an unforgettable all-you-can-eat, family-style chicken dinner.

See Editorial, p. 31

## Lupitas Breakfast & Mexican Restaurant

**NOW OPEN**



45938 Main St.  
Concrete, WA  
Mon.–Thur. 6–9  
Fri.–Sun. 6–10

360.853.8308

Buy one entree, get a second entree for half price with this ad. Valid only Mon.–Thur., 6 a.m. to 3 p.m., through Dec. 31, 2010.



Find us on



www.concrete-herald.com

# Opinion

## Letters to the editor

**Silrus goes above and beyond**

I take exception to the letter by Richard L. Crossley in your November 2010 issue, regarding our Friends Helping Friends program and its coordinator, Gladys Silrus. Gladys is one of a small group of people in our community who go above and beyond a job well done. Mr. Crossley may not know that our school district goes clear up to Diablo and below Birdsview; those children have the right to come to Concrete to participate in all of our programs. We have a lot of home-schoolers, too. I don’t have anything to do with this program, but I trust Gladys and know that she’d do the best she could for this community. She doesn’t deserve such a negative public letter.

Robin Wood  
Concrete

**“Concrete Harold” not funny**

I would like to respond to your picture in your *Concrete Herald* that ran for Vol. 93, No. 11. For those of you who missed it, I will recap.

The man says to the woman, “Did you read how Sedro-Woolley wants to help Concrete upgrade its Fire Dept. by giving us their old fire truck?”

The woman responds, “Yeah! Just like when I was a kid getting my city cousin’s hand-me-down clothes.”

Just what exactly were you thinking when you pretended to be funny?

My brother and sister-in-law are established in the Sedro-Woolley Fire Department and Med Unit. They have worked many long hours doing and volunteering their time for many events and calls.

My brother had a very big part in helping Concrete get this “old” fire truck. He was born and raised here in Concrete and wanted to give back. This was a way to show his support.

Your picture paints a very sad view. Are we supposed to hang our heads down and be ashamed of a very thoughtful gift? Your picture would have been more praise-worthy if you were applauding the support that Concrete received by another town instead of thinking that we all have our noses in the air and are too good because we received something less than new.

I don’t pretend to know all of the circumstances surrounding this good deed to our city, but what I do know is that we certainly do not need views like the picture you painted.

Back in the day, receiving hand-me-downs was a normal way of life; families were bonded, showing support for one another. There is nothing wrong with hand-me-downs.

I am thankful for this gift and to Sedro-Woolley Fire Dept.

Diana Williams  
Concrete

**Perks Espresso program a win/win**

A big thanks goes to Helen Ovenell, owner of Perks Espresso in Concrete, for her donation program that feeds a portion of her revenues directly to local charities (see ad, p. 3, for details).

In October, Helen presented the Angele Cupples Community Garden in Concrete with a check for \$156.50—the result of saving out a nickel from every cup of coffee or latte she sold during September. Isn’t it amazing how such a small amount per transaction can multiply into a significant sum?

The Perks Espresso donation was deposited into the community garden’s account with Town of Concrete and will be used in the next few months to buy materials with which to build the for-rent raised beds in the garden.

See Letters, p. 3

### Corrections

A caption in the November issue incorrectly referred to Mary Bron as the new president of the board for Pregnancy Choices. Bron is the new executive director for the Mt. Vernon and Concrete Pregnancy Choices offices.

**Letters policy**

Letters of 150 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald.com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

www.concrete-herald.com

**Letters**, cont. from p. 2

On behalf of Imagine Concrete and Town of Concrete, thank you, Helen, for your wonderful example of generosity and hometown pride.

Jason Miller  
Concrete

**Thank you, “helpers”**

On two occasions in the past four months, I have dialed 911 because of emergencies. In both cases, the level of professionalism and love displayed by the 911 operator and the police officers who responded was outstanding.

I thank God that He created “helpers.”

“The Lord bless you and keep you; The Lord make His face shine upon you and be gracious to you; The Lord lift up His countenance upon you and give you peace.” Numbers 6:24–26.

Thank you, “helpers.”

Kathleen Jelvik  
Rockport

**Fire engine not a hand-me-down**

I would like to respond to the cartoon in the November issue of *Concrete Herald*. Portraying the engine from the Sedro-Woolley Fire Department as a hand-me-down was in very poor taste.

As former mayor, assistant fire chief, and volunteer for many years, I would like to say along with Mayor Wilson and Chief Phillips, “Thank you very much to the Sedro-Woolley Fire Department for their gifting us the ‘new’ unit.”

As a small, underfunded volunteer department, we have worked with other departments in the past for our common goal, which is safety. To have this department’s support and members who are willing to support us and go the extra mile to make our department better, should not be portrayed as a hand-me-down. Thank you.

Dave Williams  
Concrete

**Private Ghost Walk a hit**

The Bothell Girls would like to extend warmest thanks to the Concrete Chamber of Commerce, the Concrete Heritage Museum, and all the actors involved in the private Ghost Tour we attended Nov. 19. All the actors impressed us with their performances and the depth of their historical knowledge. For hospitality above and beyond the call of duty,

See Letters, p. 31

thanks to the handsome men of Cascade Supply (and of course the owners), the accommodating museum docents, and especially tour leader Val Stafford. We enjoyed a screening of Secretariat at Concrete Theatre and dinner at Annie’s Pizza that evening, and in the spirit of gratitude we would like to offer this traditional Bothell Girls recipe, which we always prepare when we visit Concrete:

**Mary’s Beanie Weenie\***

- 1 lb. hamburger
- ½ lb. bacon, diced
- 1 onion, diced

Sauté above ingredients till onions are soft and meat is cooked through.

Add:

- 1 can pork & beans
- 1 large can kidney beans, drained
- 1 can large white beans, drained
- 1 can black beans, drained

In a small bowl, whisk the following ingredients and add to the bean mixture:

- ½ cup ketchup
- ¼ cup brown sugar
- 2 tablespoons white vinegar

Simmer till heated through and serve with ample tumblers of your favorite box of wine. Makes enough to feed a bunch of Bothell Girls for dinner with leftovers for lunch the next day.

\*Traditional Beenie Weenie contains no weenies, but you could add some.

P.S. We all have a crush on Mr. Dwelley and can’t believe he’s dead.

Karin Poage for The Bothell Girls  
Bothell

**Community compassion on display**

On Nov. 6 a man came into the Upper Skagit Library and asked for help creating a flyer. Aimee Hirschel helped him with the computer and then she and Bev Richmond got interested in the flyer itself.

This man had traveled cross-country as he had not heard from his son in weeks and was worried beyond belief. Concrete was the son’s last known sighting. His son was a veteran of five or six tours in Iraq and had been discharged not long ago with deep depression. The father was prepared for the worst; he just needed to know.

Bev worked during the next 36 hours trying to organize friends of hers to help out in the search, and started searching herself. She found the son before the father did!



**"Skagit's Own" FISH MARKET**  
Northwest's Finest Seafood

Dungeness Crab ~ Oysters  
Fresh Fish ~ Mussels  
Shrimp ~ Scallops ~ Clams  
Smoked Fish

Special orders always welcome!

**360.707.CRAB (2722)**  
**Toll-free: 866.707.2722**  
Mon. - Sat. 10:30 - 6, Sun. 11 - 4  
18042 Highway 20, Burlington, WA 98233

**Perks Espresso & Deli**

5¢ from every cup of coffee or latte goes to local charities!

Breakfast, Lunch  
Ice Cream, Baked Goods, and Espresso!

Open M-F, 5 a.m. - 2 p.m., and Sat.-Sun., 7 a.m. - 2 p.m.

44586 SR 20 Concrete 360.853.9006

## Home Appliance & Furnace



**\$129.95** + tax  
**Tune-Up House Call**

Concrete Herald SPECIAL

Call **Rick's**

*"The Cool Guys"*  
Rick's Refrigeration, Inc  
402 State Street ~ Sedro-Woolley

**360 856-1798**



## YOUR WINTER TIRE STORE

If you are looking for that one place to take care of your winter driving needs, Les Schwab Tire Center is the place with over 420 locations. We can help you find the right Custom Wheels & Tires for your Passenger Car, Performance Car, Light Truck, or SUV.



**TIRES | WHEELS | BRAKES | SHOCKS  
ALIGNMENT | BATTERIES | SUSPENSIONS**

www.LesSchwab.com

**Pat Rimmer Tire Center**  
204 W. Moore St., Sedro-Woolley  
**360.855.0493**



## Misinformation blamed in Toys for Tots dustup

By Jason Miller

A misguided Toys for Tots representative is to blame for Friends Helping Friends co-organizer Gladys Silrus' understanding that the U.S. Marine Corps Reserve, which oversees the Toys for Tots program, was no longer giving away toys to nonprofits.

This was "a misunderstanding on both our parts," Mount Vernon Local Community Organization Coordinator Richard Crossley told Friends Helping Friends co-organizer Adrienne Smith when she contacted him to discuss his letter to the editor, which ran in the November issue of *Concrete Herald* and rebuked Silrus for spreading misinformation.

According to Smith, however, a Toys for Tots representative told her and Silrus last year that stocking stuffers would be given in 2010, but nothing more would be forthcoming for nonprofit organizations.

That statement was wrong, according to Crossley, who told Smith that Friends Helping Friends could order toys for the Christmas Parade in Concrete on Dec. 11. Smith has ordered a total of 100 gifts.

## Stand up for the stand-down

By John Boggs

A January stand-down is being planned in Concrete.

Coined during the Vietnam War, the term "stand-down" described a period when combat personnel who were exhausted and in need of physical and emotional rest were sent to a safe retreat. While there, troops were able to take care of personal hygiene, get clean uniforms, enjoy warm meals, receive medical and dental care, mail and receive letters, and enjoy the camaraderie of friends in a safe environment. Stand-downs afforded battle-weary soldiers the opportunity to renew their spirit, health, and overall sense of well-being.

The first veteran's stand-down was organized in 1988 by a group of Vietnam veterans in San Diego in response to the plight of local homeless veterans who also needed that same sort of renewal. Since 1988 veteran stand-downs have been organized throughout the country and have served hundreds of thousands of vets and their family members. Stand-downs have become collaborative events coordinated between private

and governmental service agencies and volunteer groups.

The Concrete stand-down will be held on Sat., Jan. 29, in Concrete.

See **Stand-down**, p. 15

## Concrete's 2011 budget gives and takes

By Jason Miller, council position no. 5

Concrete's Town Council tightened some belts and loosened others during 2011 budget workshops in November.

The town's 2011 budget was finalized during the council's Nov. 22 regular meeting. Notable changes to the 2011 budget included:

- Cutting the Public Works position held by Corrina Koenig.
- Requiring new employees to pay a percentage of their medical and dental benefits, which will range from 10 to 50 percent.
- Giving town staff a minimal raise of 1 percent.
- Increasing water and sewer rates by a flat \$5 each per month.
- Approving the allowed 1 percent property tax increase.

## THIS AND THAT

By J. K. M.

Concrete citizen **Judie Legg** is bringing something new to town at P.O. Box 2304 in Concrete. All kids who write letters to that address will get one or more letters in return from a bevy of characters, including Lee the gnome, tooth fairies Sparkle and Spitshine, Bugaboo the backyard bug, and even Mrs. Claus.

This fun opportunity is free. Interested kids should include a stamped, self-addressed return envelope and send their letter to P.O. Box 2304, Concrete, WA 98237.

A timely reminder this month: The **Concrete Food Bank** is open on the second, third, and fourth Thursday, from noon to 3 p.m., through May 2011. From June through September 2011, the food bank will be open the second and fourth Thursdays, from noon to 3 p.m.

The **Concrete Lions Club** will sell Christmas trees again this year from Dec. 4–5 and 11–12. Details can be found in the Community Calendar on page 13.



# SIMS TRUCK RANCH

## Deals you can sink your spurs into!

**Hurry in pardner, sale ends 12/31/10!**

<b>2005 Nissan Xterra</b>  4WD, Tow, Rack, #5077A <b>\$14,863</b>	<b>2008 Ford Ranger</b>  XCab, Auto, AC, only 14k, #B6031A <b>\$14,932</b>	<b>2007 Ford Explorer 4x4 XLT</b>  Loaded, 47k, #B6048 <b>\$16,984</b>	<b>2005 Dodge Durango</b>  Limited 4X4, Leather, Sunroof, #B6060 <b>\$18,742</b>	<b>2007 Dodge Ram 1500</b>  Quad Cab, Hemi, SLT, 32k, #5042A <b>\$20,947</b>
<b>2007 Ford F150 XLT 4x4</b>  Premium Wheels, Boards, Tow, A Good Buy! #T6125 <b>\$21,843</b>	<b>2007 Ford F-150</b>  XCab, 4X4, Custom Alloys, 30k, Spray-in Liner, #T6109 <b>\$23,842</b>	<b>2008 Chevy 1500 XCab 4x4</b>  Alloys, Running Boards, Tow, Bedliner, 23k, #6104 <b>\$24,798</b>	<b>2007 Ford F150 4x4</b>  Crew Cab, 5.4, Tow, Boards, #B6120 <b>\$24,838</b>	<b>2006 Toyota Tacoma 4x4</b>  SR5, Auto, Double Cab, #B6106 <b>\$24,896</b>
<b>2005 Ford F250</b>  Crew Cab XLT, Diesel, 40k, #B6090 <b>\$24,987</b>	<b>2007 Ford F150</b>  Supercrew, 4X4, only 3k, XLT, #B6044 <b>\$26,983</b>	<b>2004 Ford F250</b>  4X4 Diesel, Lift, Alloys, 60k, #5138A <b>\$26,987</b>	<b>2007 Chevy Silverado</b>  Crew Cab 4x4, LT, only 36k, #B86092 <b>\$27,987</b>	<b>2007 Chevy Suburban</b>  4WD, Leather, Sunroof, Loaded, #4866A <b>\$28,943</b>
<b>2007 Dodge Ram 4x4</b>  Quad Cab, Hemi SLT, 32k, #B6087 <b>\$28,983</b>	<b>2007 Chevrolet Silverado</b>  Crew 4X4, Nav, Sunroof, Leather, LTZ, #B6096 <b>\$32,637</b>	<b>2008 Ford F150</b>  Crew, 4X4, Lariat, Sunroof, Leather, 24k, #B6088 <b>\$32,863</b>	<b>2007 GMC Yukon</b>  4X4 Denali, Nav, Loaded! #5054A <b>\$34,868</b>	<b>2008 Chevrolet Silverado</b>  2500, Diesel, 4x4, only 35k, #B6102 <b>\$41,987</b>



At **SIMSTRUCKRANCH.COM**  
**800-745-7467**

**I-5 Burlington**  
**George Hopper Rd.**  
**Exit 229**

Pics for display purposes only. All prices plus tax & lic, doc fee \$150, vins available at dealer. Ad expires 12/31/10.



# This holiday season,

## give a gift certificate from these local businesses

<p><b>Annie's Pizza Station</b>            44568 State Route 20, Concrete            (360) 853-7227</p> <p><b>Cascade Burgers</b>            45292 State Route 20, Concrete            (360) 853-7580</p> <p><b>Chinook Expeditions</b>            www.chinookexpeditions.com            (800) 241-3451</p>	<p><b>Concrete Dental</b>            45860 Main Street, Concrete            (360) 853-7400</p> <p><b>Concrete Theatre</b>            45920 Main Street, Concrete            www.concrete-theatre.com            (360) 941-0403</p> <p><b>Eagle Haven Winery</b>            8243 Sims Road, Sedro Woolley            www.eaglehavenwinery.com            (360) 856-6284</p>	<p><b>Northwest Garden Bling</b>            7460 S Dillard Avenue, Concrete            www.nwrgardenbling.com            (360) 708-3279</p> <p><b>Ovenell's Heritage Inn</b>            46276 Concrete Sauk Valley Rd, Concrete            www.ovenells-inn.com            (360) 853-8494</p> <p><b>Perks Espresso &amp; Deli</b>            44586 State Route 20, Concrete            (360) 853-9006</p>
---	--	---



www.concrete-wa.com | 360.853.8767





# Football season comes to an end

By Brooke Howell

The Concrete Football team came as close as they could come to the second round of the playoffs, but were not quite able to pull it off as their season was cut short against a tough South Bend team in the first round of the state tournament. The last time the Lions made it past the first round and all the way into the semifinals was 1997. This team had high hopes for going far, with many of them having played on the Superbowl Championship team as 6th and 7th graders, but a combination of obstacles stood in the Lions way. South Bend ended the Lions' season with a final score of 28–15. The Lions were hampered by penalties, turnovers, and an injured Kyler Howell, their leading rusher, who had a minor shoulder separation during the first defensive series. Howell was used sparingly on defense most of the game.

Concrete started the game strong going ahead 15–7, but penalties and turnovers hurt the Lions and they were never able to recover. Concrete's two scores came on Tyler Clark's one-yard run and Howell's three-yard run. Howell punched in the point-after-touchdown on the first TD, with Clark running in the two-point conversion on the second. For the game, Clark completed 10 of 18 passes for 155 yards and an interception. On the other end of those passes was Howell, who caught 5 for 87 yards, and Tyler Kales, who caught 4 for 54 yards. Senior Johnny Corne also had a reception for 14 yards. Howell led the rushing charges with 20 carries for 81 yards, with Clark going 15–61, Kales at 5–21, and senior Scott Rice rushing 4 for 13 yards. In the previous week, the Lions routed their rival, the Darrington Loggers, by



Quarterback Tyler Clark braces for impact as three South Bend Indians bear down on him during the Lions' first playoff game on Nov. 13. The home-field advantage failed to work this time, as the Lions fell 28–15.

a score of 67–16. The Lions scored 42 points in the first quarter, after which many of the starters gave up the reins to the underclassmen. Kyler Howell used his first run of the

night to break the Skagit County career rushing record held by Concrete's own Eli Sanchez (3,414 career yards from

See **Football**, p. 31

**RETIREMENT MAY BE FAR OFF, BUT THE APRIL 15 DEADLINE FOR IRA CONTRIBUTIONS ISN'T.**

You have only so many years to prepare for retirement. That's why contributing to your IRA is so important. Fortunately, you still have time to maximize your 2010 IRA contribution before the April 15 deadline.

By contributing now, your retirement savings can have more opportunity to grow. Even if you already have an IRA elsewhere, it's easy to transfer it to an Edward Jones IRA and begin receiving the face-to-face advice you deserve.

To learn more about the advantages of an Edward Jones IRA, call or visit today.

**Troy W Kunz**  
Financial Advisor  
913 Metcalf Street  
Sedro Woolley, WA 98284  
360-855-0239

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING®

Howell, cont. from p. 1

knew I was getting close to breaking the record, and I wanted to get it over with.” At the close of the 2010 season, Howell's career rushing stats stood at 464 carries for 3,622 yards, eclipsing the previous record held by fellow Lion Eli Sanchez, who racked up 3,414 yards from 1990–93. Howell scored 68 touchdowns total, with 42 extra points for 452 points. His 220 points this season made him the first Skagit County player in at least a decade to score more than 200 points. He had three 1,000-yard rushing seasons, even after missing four games last year because of an injury, and missing one forfeited game this season. Not bad, not bad. “Deserving” is a word that comes up repeatedly during interviews with those closest to Howell's achievement. “He's a well-deserving kid,” said Head Coach

Ron Rood. “He never misses a practice session spring, summer, or fall. He works on weights after practices. He's pretty driven.” “He deserves it,” said Sanchez, who also is a friend of the family. “He worked really hard over the summer and he was really focused this year, ready to play.” Howell tips his helmet to the offensive linemen who opened holes for him: Johnny Corne, Uriah Kast, Zach Omstead,

See **Howell**, p. 23



Concrete running back Kyler Howell's physical power and mental determination combine to create a force that requires more than a handful of jersey to stop him.



## Rood named Seahawks Coach of the Week

For a fourth time, Concrete High School Football Head Coach Ron Rood has been named NFL High School Coach of the Week by the Seattle Seahawks. “It's a fun thing,” said Rood of the

See **Rood**, p. 23

# Peterson takes men's hoops helm

By Jason Miller

A familiar face has taken on the role of head coach of the Concrete Varsity basketball team. Josh Peterson, who assisted then-Head Coach Chad Dinkins



last year, got the nod when Dinkins resigned his position and moved to Utah earlier this year. Peterson also served as an assistant football and Middle School boys basketball coach last year. The 24-year-old Eastern Washington University and Willapa Valley High School graduate's story is a “coming full circle” one. His father, John Peterson, coached the basketball team from 1985 to 1989. His mother, Jayme (Hoyle) Peterson, is still the all-time leading scorer for the Lady Lions basketball team. Peterson has big plans for the team. “We're putting in a completely different system,” he said. “I want to make sure we're competitive in every game, make sure we're making the right decisions. As for wins and losses, if we work hard, I think the wins and losses will take care of themselves,” said Peterson. Coach Peterson has a mixed group of players this year, with returning veterans Tyler Clark and Kyler Howell, plus younger players and “some guys who have never played organized basketball”

See **Peterson**, p. 26

## Lady Lions basketball focused on learning, improving

By Jason Miller

The Lady Lions basketball team opens its season with two nonleague games, taking on Coupeville Nov. 30 and Cross Point Academy in South Seattle on Dec. 10. Head Coach Kevik Rensink likes it that way. “Two long road games to start. Good,” he said. Rensink likes to play strong opponents out of the starting gate to find out where his team's at, physically and mentally. Since Concrete plays in one of the toughest leagues in Washington, that's probably not a bad idea. And playing league powerhouses also helps him to check his players' attitudes. For Rensink, attitude is most of the battle. “Our attitude going into each game, league or nonleague, is we're looking for improvement. We obviously want to win, but that's not our main focus,” said Rensink, who doesn't spend much, if any, practice time talking about winning. Instead, he talks about understanding the game, areas of improvement, and getting better. Those teachable moments are coming.

“As long as we're doing that, staying focused and staying positive, we'll build on last year,” said Rensink. The Lady Lions will open up their league play against last year's defending champions, Friday Harbor, on Dec. 14, the team's first home game. They'll host Darrington, another heavy-hitter, that same week, on Dec. 17. On Dec. 29–30, Concrete will host a Christmas tournament that will include teams from Alaska and Canada. Rensink knows the season ahead won't be easy. There are eight teams in the Northwest 1A/2B League, and the top two—Friday Harbor and Darrington—are both returning all five of their starters. “That's one of those things where you just buckle up and go into the game,” said Rensink, who recognizes other teams' strengths without being daunted by them. “I believe if you go out and compete and play hard, anybody can beat anybody,” he said. “We're always going to play hard; we're always going to be scrappy,” said Rensink. “The public's mindframe is completely based on wins and losses. For us it's keeping focused on the most important thing: What are we learning from this?” he said.



## Athletes of the Month are Tyler Clark and Megan Rogge

Tyler Clark, the football team's junior quarterback, “is one of the best all-around athletes in the league,” said Head Coach Ron Rood. “For us he was both one of the best throwers in the league and one of the best runners,” Rood said. Megan Rogge, a senior middle hitter and blocker for the Varsity volleyball squad, “has made huge strides throughout the season,” said Head Coach Matthew Williams. “She hadn't played since her freshman year, but by the end of the season she had become a huge contributor on the front line. Her teammates voted her Most Improved Player,” said Williams. Clark and Rogge were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

## Gridiron Midgets finish with pride

By Jason Miller

Concrete's Midget football team didn't go quite as far as their Pee Wee counterparts did last year, but their season was rife with success stories. Head Coach Shile Magee and Assistant Coach Taylor Nybo are proud of their numbers—all of them. They fielded 30 players ages 9 and 10, went 4–4 in the regular season and 1–1 in the playoffs, and missed going to the Super Bowl by only eight points. The team's offense scored 181 points; its defense had three shutouts. “I'm proud of them; they accomplished a lot,” said Head Coach Shile Magee, who pointed out that some of the teams they play (and defeat) come from cities with thousands of residents. The players try out for those teams, which in theory should make them much better than Concrete's team. In theory. Magee and Nybo recognized specific players this year, giving the Bud Clark Memorial Award to Ray Garibay, the Most Improved award to Jon Akers, and Coaches Awards to Dalton Newby and Cole Meacham. The team's season ended with a second-round playoff loss to Anacortes.

More Than Just **Great Pizza!**

Lasagna ★ Salads ★ Beer  
Espresso ★ Baked Goods

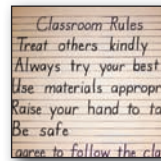
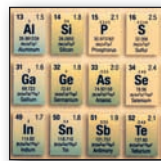
**DELIVERY AVAILABLE 5-8 P.M.**  
Tues-Sat 11-9 Sun 2-8

**360-853-7227**





# Academics



## SWHS FFA Logging Rodeo Team takes first—again

Story and photos by Sylvia Matterand

Sedro-Woolley High School FFA Logging Rodeo Team took first place at the State competition in Elma, Wash., on Nov. 13.

This is the 10th win in a row for the team. Corporate sponsor Stihl donated a chain saw to the winning team, as well as Stihl caps to the blue ribbon winners in each event.

Heather Collier took the top prize in the Best All-Round Girls category, and Ian Wilson took first in Best All Round Boys. The entire team did well, winning ribbons in events such as boys crosscut, girls crosscut, Jack and Jill crosscut, chain saw, axe throw, and pole climbing.

Elma was a great host, providing a covered arena during the drizzly day and having a closing ceremony of pole climbers taking the American flag and the FFA flag up the pair of poles and unfurling them while the “Star Spangled Banner” played.



**Above:** Sedro-Woolley High School FFA Logging Rodeo Team is captured first place for their 10th win in a row at the State competition in Elma, Wash., Nov. 13.



**Above:** Sawdust flew during the competition. Students were timed for their speed through a log.



**Left:** Heather Collier and Jacob Johnson perform the Jack and Jill crosscut event while parent volunteers Janie Johnson and John Matterand judge the event. Sedro-Woolley team members sit on the log to hold it steady while waiting for their turn to cut.



## Learning the ropes

All four classes at Concrete High School got a lesson in teamwork Nov. 12, when U.S. Army Specialist Brian Eagen and Pvt. 1st Class Le'juan Taylor visited the school.

Eagen and Taylor brought with them ropes of varying lengths, 2x6 boards, short lengths of plastic pipes, and other materials, with the goal of teaching the senior, junior, sophomore, and freshman classes a few points about teamwork, peer pressure, perspectives, and making wise decisions.

The “low ropes activities,” as Eagen referred to them, included an “infinite knot” teamwork exercise (see photo above), where students stood in a circle holding on to lengths of rope that were intertwined with other ropes—and extricated themselves without letting go of the ropes.

Another exercise called “Hands Down” challenged students’ way of perceiving reality. Another found them all standing on the 2x6 boards—and challenged with changing places end to end without stepping off the boards.

## School Board meeting

The Concrete School Board will hold its next regular board meeting on Wed., Dec. 15, at 7 p.m. in the high school Commons. There will be no board work session in December.



**Above:** Justin Soule and Colton Maloney do what it takes to untangle themselves while not letting go of the intertwined short lengths of rope they hold in each hand. **Top:** The same exercise on a larger scale, the “infinite knot” encouraged the entire senior class to work together while attempting to undo the “knot.”



## Stout-Ringhouse wed

Alyssa Marie Stout and Ryan Ray Ringhouse were married in an afternoon ceremony Sat., July 24, at Tazer Valley Farm in Stanwood. The bride is the daughter of Steve and Lynda Stout of Concrete. The groom is the son of Vern and Tammy Ringhouse of Sedro-Woolley.

The Rev. Tiffani V. Mondares-Riggs officiated the double-ring ceremony. The bride carried a bouquet of ivory roses, lisianthus, calla lilies, hydrangeas, and a delphinium mix.

Anna Frank of Concrete was the matron of honor. T. J. Bryner of Clear Lake was the best man. Patricia Rhinevault of Mount Vernon; Katie Buss of Waco, Texas; and Tori Jackson of Sedro-Woolley were the bridesmaids. Justin Adkins of Clear Lake, Andy Stout of Concrete, and Brian Jackson of Sedro-Woolley were the groomsmen. Emma Sumner of Sedro-Woolley served as the flower girl. The ring bearer was Tavin Jackson of Sedro-Woolley. Myelle and Tyra Stout of Gig Harbor distributed programs and bubbles to guests.

The parents of the bride and groom hosted a reception after the ceremony at Tazer Valley Farm in Stanwood.

The bride is a 2007 graduate of Concrete High School, and is in her second year of the RN nursing program at Walla Walla Community College in Clarkston. She plans to graduate in June 2011. Alyssa works part-time at Skagit Valley Hospital in Mount Vernon. The groom graduated from Sedro-Woolley High School in 2003. He is employed at D.L. Sorenson Construction in Bellingham.

The couple took a wedding trip to the Dominican Republic. Alyssa and Ryan Ringhouse live in Sedro-Woolley.

## FREE family photos offered at Concrete Theatre

Concrete Theatre has teamed up with Matt Brown Photography to offer a special gift to families who would like a professional photo this holiday season.

On Sat., Dec. 4, photo mini-sessions will be held at the theater, with families from the Concrete area invited to be photographed for free.

“We want to make sure families know that there is absolutely no charge for this,” explained theater owner Valerie Stafford. “It’s just our way of sharing the joy of the season.”

Each family will receive a 5x7 print and a disc of the digital images, both available for pick-up at Concrete Theatre during regular movie times on Dec. 10, 11, and 12.

The photos also will be displayed (with permission) on the theater screen before the movies in December.

### Appointment required

An appointment is required for the photo mini-sessions. To request an appointment, e-mail [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com) or call 360.941.0403 (the theater’s phone line) and leave your name and number.

## Sockeye Express down, not out

Budget cutbacks have sealed the fate of a Concrete icon—at least for now.

During its regular meeting on Nov. 8, the Concrete Town Council voted not to invest in the repair or replacement of the aged and ailing Sockeye Express.

The trolley-style transportation vehicle is a popular attraction for tourists during the summer months as it shuttles them around town during major events.

But age and maintenance priorities have taken their toll on the vehicle, which needs repairs that are estimated from between \$5,000 and \$8,000. The most inexpensive replacement trolley ran to \$11,000. Insurance requirements for the trolley hovered around \$6,000 annually. Given the current economic climate, the council decided it could not justify such expenditures.

This story isn’t over, however. Upon hearing the news, Concrete Chamber of Commerce President Valerie Stafford vowed to work toward a new solution.

—J. K. M.

## Snow emergency street procedures

With more snow in the forecast, the Town of Concrete announces its procedures for keeping the streets clear of the white stuff, plus tips for keeping safe when the plows are active.

In Concrete’s Town Center during and after major snow events, citizens and visitors are asked to parallel park (instead of angle parking) on the north side of Main Street. This will create more room for the plows to clear the street.

Concrete Public Works crews will periodically close the Town Center portion of Main Street after heavy snows, so that piles of snow can be removed, said Public Works Director Alan Wilkins. According to Code Enforcement Officer Rich Philips,

any car parked illegally during a snow event will be removed at the owner’s expense. Questions regarding parking regulations should be directed to Town Hall at 360.853.8401.

During and after major snow storms, the public works crew plows all major streets first, then the secondary streets, said Wilkins, adding that citizens can help improve the efficiency of their efforts.

“If you can keep your car off the street during snow storms, please do so. It helps us plow to the curb,” said Wilkins.

Drive cautiously when sharing the road with a snow plow. Resist the urge to pass; their size and the weather conditions may make it difficult for the driver to see you.

## Get outstanding low prices on quality products.



**SPECIAL PURCHASE**  
**9<sup>97</sup>**

**46-Pc. Drill Drive Set**  
Includes 24 one-inch chrome vanadium screwdriving bits, 17 titanium drill bits in sizes up to 3/8" plus accessories. Lockable vinyl storage case. R 130 370 B6 While supplies last.

**W**  
**SAVE 31%**  
**14<sup>99</sup>**

**reg. 21.99**  
**Compact Ceramic Heater**  
Features comfort control thermostat and auto-safety shut-off. W 262 706 B6 While supplies last.



**MASTER ELECTRICIAN**  
**SAVE 40%**  
**8<sup>99</sup>**  
**reg. 14.99**  
**Heavy Duty Power Hub with Remote Control**  
Indoor/outdoor design plugs into any standard outlet. Remote control turns on and off from up to 80' away. E 710 210 B5 While supplies last.

**DECEMBER**  
**Bargains**  
**of the month.**

**Cascade Supply**  
45900 Main St., Concrete  
360.853.8811

**True Value**  
START RIGHT. START HERE.®

Sale ends 12/31/10

© 2010 True Value® Company. All rights reserved.

Save with your card and earn valuable rewards!



**NORTH CASCADE**  
**QUICK LUBE**

Get Your Next Oil Change From One Of Our Fast, Friendly & Qualified Technicians



**\$5 OFF**  
**Any Oil Change\***

\*Valid only with coupon. Excludes other discounts or coupons. Limit one coupon per customer. Expires January 5, 2011.

205 Township St., Sedro-Woolley  
(next to Dairy Queen)

**360.855.0418**

**OPEN 7 DAYS**  
**A WEEK!**





# Clear Lake



## Giving thanks in Clear Lake

Photos by Zach Schmidt

Partnering with the Clear Lake Historical Association and Clear Lake Baptist Church, Community Covenant Church in Clear Lake again hosted the Community Thanksgiving Meal this year. Now in its fifth year, the late-November event is meant to gather Clear Lake citizens to help them get better acquainted with neighbors whom they might not yet have met.

The progressive dinner included a variety of salads served by the Clear Lake Historical Association, an array of pies served by Clear Lake Baptist Church at Clear Lake Elementary School, and a main course served at Community Covenant Church, which included turkey, mashed potatoes, rolls, green beans, stuffing, and cranberry sauce.

This year's turnout was almost overwhelming: 555 diners showed up!



**Clockwise from left:** Left to right: Amy Swihart, Brenda Hull, Charlene Dillon, Eleanor Hull, Janet Hull, Arielle Dillon; First Baptist Church of Clear Lake Pastor John Batts and his wife, Kelly; left to right: Joel Howard, Susie Chatt, and Mark Chatt; and, at far left, Deanna Ammons and Rick VanPelt.

### Fernando, cont. from p. 1

"When the malls came in, we left the job of inviting our residents to shop up to them. Well, they have huge advertising budgets and they do a great job of inviting people. I can't spend that kind of money on advertising, but if I can get 50 people together and we each spend \$25 per month, we can do it," said Fernando.

The Sedro-Woolley business owner took that idea and ran with it, creating a coupon book filled with dozens of deals from Sedro-Woolley businesses. The book is designed to create "cross-pollination"

among local businesses and their owners, whom Fernando encourages to get out and familiarize themselves with other businesses, so that they can recommend options to customers.

Fernando is walking the talk: The coupon book itself is a collaboration amongst herself, local photographer Kristina Collins, and local small business center Allelujah Business Systems.

#### Sedro-Woolley on TV

With decades of experience in radio, newspaper, and TV advertising under her belt, Fernando also has leveraged

her know-how to spearhead an effort to produce three TV commercials that plug all the Sedro-Woolley business community has to offer. The spots began to air on cable TV in November and will continue into January.

Active with the Sedro-Woolley Chamber of Commerce, Fernando is "a dynamo—a one-woman marketing committee," said Pola Kelley, the Chamber's executive director. "She's determined to succeed, but she knows her success is tied to the town's success, and so she has set out to help herself by helping others," said Kelley.

Fernando has her work cut out for her. She's running a kiosk at Bellis Fair Mall in Bellingham during the holiday season, and said that she's met several people from Sedro-Woolley, Hamilton, and other east county communities who had no idea her shop was in Sedro-Woolley.

"That's what I'm dealing with: people who feel more comfortable driving to Bellingham than Sedro-Woolley; well, enough of that!" she said.

Shopping habits can be hard to adjust, said Fernando, who mentioned a fellow Sedro-Woolley business owner who likened it to turning a large ship.

"We're trying to turn that 'ship' so that our town becomes more cohesive, so that we work together and become successful together," said Fernando.

As the owner of Simply Silver & More in downtown Sedro-Woolley, Fernando has a vested interest in seeing her ideas work. She's doing everything she asks other business owners to do, and she's paying her share of the coupon books and the commercials.

"I'm standing at the top of a hill with a snowball in my hand," she said. "I want to see what happens when it reaches the bottom."

—J. K. M.

### Christmas, cont. from p. 1

show at 7:30 p.m. Included on the program is an award-winning play written, directed, and acted by local playwright Nicola Pearson; poetry by writer Jason Miller; and "How the Grinch Stole Christmas," featuring actor Bruce Newburn. Other acts are being arranged and will be announced on the Concrete Theatre Web site at [www.concrete-theatre.com](http://www.concrete-theatre.com).

For more information, call 360.941.0403 or contact Valerie Stafford at [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com).

#### Magic of Christmas

Sedro-Woolley is planning its annual townwide celebration, Magic of Christmas, hosted by Sedro-Woolley Chamber of Commerce and the City of Sedro-Woolley. Sponsored by United General Hospital and a slew of other businesses, including Wells Fargo and Sedro-Woolley Family Dental, the Dec. 4 bash begins at 3 p.m.

Attendees can take their kids to ride the ponies provided by Lange's Pony Farm or ride the kiddie train provided by The Shoppe. The whole family will enjoy a ride on the horse-drawn trolley provided by Cramer Classic Carriage Rides with donations for the ride going to the Allison Clark Memorial Fund. The rides will begin around mid-afternoon and continue

up to parade time at 5 p.m. The parade promises to be a colorful spectacle.

Attendees are encouraged to browse Sedro-Woolley merchants prior to the parade. Look for special sales, plus hot cider, coffee, cookies, and excellent service.

On Dec. 11, Sedro-Woolley hosts two more events. Start the morning off with Breakfast with Santa at the Sedro-Woolley Community Center, from 9 to 11 a.m. Kids are free and adults are asked to make a nominal donation to enjoy a French toast breakfast with sausage and juice provided by the Sedro-Woolley Chamber and served by the Beta Sigma Phi Sorority.

The Holiday Home Tour hosted by The Sedro-Woolley Museum is held the same Saturday, Dec. 11, at 4 p.m. This is an opportunity to visit Sedro-Woolley heritage homes decorated for the holidays. Tickets are only \$5, and are available at the Sedro-Woolley Museum, which will provide maps of the participating homes. For more information, call 360.855.0638.

#### Something for every taste

This Christmas season, there's something fun for every family member. Events ranging from silly to serious are lining up. For more ideas on how to spend this holiday season, see the schedule at right, and go to [www.concrete-herald.com](http://www.concrete-herald.com) for regular updates throughout December.

## Concrete Angel Tree ready to spread good cheer

Concrete's Angel Tree was set in place Nov. 29.

Last year, 118 children in our community were thrilled to receive a holiday gift, thanks to the generosity of everyone who helped with the "Community Angel Tree."

The program is under way again, sponsored by East County Resource Center, Upper Skagit Library, Concrete Chamber of Commerce, and Town of Concrete.

To participate, you are invited to visit the Angel Tree, located at the Resource Center at 45770 Main St., Concrete, and choose a tag with the gender and age of a needy child. The Angel Tags also will be available at the library.

You then purchase and wrap your gift, and return it to the Angel Tree with the tag attached before Dec. 20. Gifts also may be dropped off at the Library or at Town Hall.

Monetary donations also are being accepted for the program to ensure that

every child receives an age-appropriate toy, game, or clothing.

For more information on the Angel Tree, visit the Resource Center Monday through Friday, 9 a.m. to 3 p.m., or call 360.853.7009.

## "Christmas in Concrete" at Concrete Theatre

Concrete Theatre and a cast of local talent will present "Christmas in Concrete" at the theater on Sat., Dec. 11, at 7:30 p.m. Admission is free and everyone is welcome to attend. The event takes place right after the annual Santa Parade on Main Street.

Included on the program is an award-winning play written, directed, and acted by local playwright Nicola Pearson; poetry by writer Jason Miller; and "How the Grinch Stole Christmas," featuring actor Bruce Newburn. Other acts are being arranged and will be announced on the Concrete Theatre Web site at [www.concrete-theatre.com](http://www.concrete-theatre.com).

For more information, call 360.941.0403 or contact Valerie Stafford at [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com).

## Christmas services and events

### DECEMBER

- 3 EDASC's Swing Into the Holidays Dinner, Dance, & Auction, 6 p.m. social hour, 7 p.m. dinner, \$75/person; St. Joseph Center, 215 N. 15th St., Mt. Vernon; info at 336.6114 or [www.skagit.org](http://www.skagit.org)
- 4 Clear Lake Elementary Holiday Bazaar, off SR 9, Clear Lake, 9 a.m. to 3 p.m.
- 4 Magic of Christmas, Sedro-Woolley, events begin at 3 p.m., parade begins at 5 p.m.; info at 360.855.1582 or [www.sedro-woolley.com](http://www.sedro-woolley.com)
- 4 Watercolor Christmas Cards; free demo or small fee to try it yourself; Sauk View Plaza, SR 20 and S. Dillard, Concrete, 11 a.m. to 2 p.m.; info at 360.853.8209
- 4-5 Concrete Lions Club Christmas Tree Sale, George Theodoratus' field (west of Loggers' Landing, south side of SR 20), Concrete, 10 a.m. to 3 p.m.
- 5 Shepherd of the Hills Lutheran Church tree-trimming and decorating party, 46372 Main St., Concrete, immediately following 10 a.m. service; potluck lunch, all invited
- 5 Brunch and bazaar to benefit Marblemount Community Hall, 60055 SR 20, Marblemount; brunch (\$6 per person) from 9 a.m. to 1 p.m., bazaar from 9 a.m. to 3 p.m., Santa visits from 11 a.m. to 1 p.m.; info at 360.873.4631
- 10 "A Starry Night" dinner program and special music, with inspirational speaker Tami Hodge, Day Creek Chapel, 6:30 p.m., \$10 suggested donation; childcare not provided; for reservations, call Sylvia Miles: 360.826.3696
- 11 Breakfast with Santa, Sedro-Woolley Community Center, 700 Pacific St., 9 to 11 a.m., kids eat for free, adults are asked to make a small donation
- 11 Holiday Home Tour, Sedro-Woolley, \$5 tickets and maps available at the Sedro-Woolley Museum; info at 360.855.0638
- 11 "Christmas in Concrete" parade, starts at PSE/ends at Concrete Senior Center, 6 p.m.
- 11 "Christmas in Concrete" variety show, Concrete Theatre, 7:30 p.m.; free admission; info at 360.941.0403 or [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com)
- 11-12 Concrete Lions Club Christmas Tree Sale, George Theodoratus' field (west of Loggers' Landing, south side of SR 20), Concrete, 10 a.m. to 3 p.m.
- 8, 11, 12 Skagit Valley Chorale and Starry Night Orchestra perform John Rutter's 'Magnificat'; McIntyre Hall, Mount Vernon, 7:30 p.m. (Dec. 8, 11) and 2 p.m. (Dec. 12); tickets at McIntyre Hall; info at [www.mcintyrehall.org](http://www.mcintyrehall.org) or 360.416.7727
- 12 Make Mom a Gift (scented bath salts), free to kids under 12; Sauk View Plaza, SR 20 and S. Dillard, Concrete, 11 a.m. to 2 p.m.; info at 360.853.8209
- 12 Christmas Performance 2010 (play, musical), Community Bible Church, Concrete, free admission, 6 p.m.
- 18 "A Truckload of Christmas in Clear Lake" caroling, meet at Evelyn's Tavern at 5 p.m.; need singers and stopping points (residences) with homeowners willing to provide spiked hot cocoa for the singers; info at 360.856.0443
- 19 "The Mouse's Tale," (children's Christmas program), Day Creek Chapel, 10 a.m.
- 19 A Christmas Talent Show Celebration, First Baptist Church of Clear Lake, 6 p.m.; info at [pastorjohn@firstbaptistclearlake.com](mailto:pastorjohn@firstbaptistclearlake.com), 360.856.2767, or 360.770.6933
- 19 Blue Christmas Service to acknowledge and bring hope to those who are "blue" during this Christmas season, Community Covenant Church, Clear Lake, 7 p.m.
- 20 Christmas Performance 2010 (play, musical), presented by Community Bible Church, Concrete Theatre, Concrete, free admission, 6 p.m.
- 22 Christmas caroling in Clear Lake, meet at Community Covenant Church in Clear Lake at 7 p.m.; info at 360.856.1023
- 24 Candlelight Christmas Eve service, Community Covenant Church, Clear Lake, 7 p.m.
- 24 St. Catherine's Catholic Church Christmas Vigil Mass, 45603 Limestone St., Concrete, 5 p.m.; info at 360.855.0077
- 24 Shepherd of the Hills Lutheran Church traditional, family-oriented Christmas Eve candlelight service, 46372 Main St., Concrete, 7 p.m.; public is invited
- 24 Candlelight Christmas Eve worship services at 7 p.m. and 11 p.m., Bethlehem Lutheran Church, 1006 Wicker Rd., Sedro-Woolley
- 24 Christmas Eve Candlelight and Communion Service, Day Creek Chapel, Day Creek, 10 p.m.

**\*This list will be updated online at [www.concrete-herald.com](http://www.concrete-herald.com) throughout December.**

### Evelyn's

#### New Owners

- Good company
- Great food
- Cocktails & 8 beers on tap
- Kegs for rent
- Daily drink specials
- Open mic Tuesday nights!

7 days a week, 11 a.m. to 2 a.m.

**360.856.0443**  
12667 SR 9, Clear Lake

### "Few Try Harder at Customer Service Than We Do"

#### Sand and Gravel Products

#### Crushed Rock

#### Seasonal Landscape Supplies

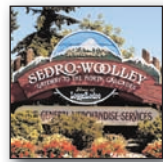
*Pickup or Delivery*  
Open M-F 7:30-4:30 • Sats by appt.

## 3DH AGGREGATES

[www.3dhaggregates.net](http://www.3dhaggregates.net)

Hwy 20 at Milepost 95  
**360.853.8927 Pit**  
 **360.239.0076 Johnny Rock**





# Sedro-Woolley



## Magic of Christmas parade, family fun on tap

By Pola Kelley, exec. dir., Sedro-Woolley Chamber of Commerce

The Magic of Christmas, hosted by the Sedro-Woolley Chamber of Commerce and the City of Sedro-Woolley, invites everyone to come and enjoy the downtown festivities. The plan is to have the biggest, brightest, and best lit parade and the organizers hope that the entire town will sparkle with the spirit.

Sedro-Woolley merchants will have specials to offer folks prior to the parade on Sat., Dec. 4 at 5 p.m. Many will offer warm cider, coffee, cookies, and excellent service to warm shoppers visiting their stores.

While shopping the town, folks can take their kids to ride the ponies provided by Lange's Pony Farm or ride the kiddie train provided by The Shoppe. The whole family will enjoy a ride on the horse-drawn trolley provided by Cramer Classic Carriage Rides with donations for the ride going to the Allison Clark Memorial

Fund. The rides will begin around mid-afternoon and continue up to parade time.

Every year one lucky person is chosen to light up the community Christmas tree; this year is no exception. It's a stretch for most to reach in and throw the switch, setting the tree ablaze with lights that heralds the start of the parade, but what an awesome experience.

The parade follows a short route from Lemley Chapel north on Metcalf Street to Ferry, a block east to Murdock, and then south to State and back down Third, returning to Lemley. Parade judges will score quantity and quality of lighting, creativity, and enthusiasm of participants. If applicable, entries also will be judged on the quality of their musical performance. Cash prizes are given for the best lighted entry and the best band. (Bands

See **Magic**, p. 14



Sedro-Woolley's trademark downtown Christmas tree lit up during last year's Christmas season. The Magic of Christmas event will be held this year on Sat., Dec. 4, beginning at 3 p.m. Concrete Herald file photo by Amber Lee.

## From the mayor's desk

By Mayor Mike Anderson

I see the foothills turning white with snow again, and our city crews are preparing for a snow response this winter.

The city is prepared for inclement weather, snow, ice, and wind, and I am writing to ask you, the citizens of Sedro-Woolley, to help out too.

Our response plan begins with our street department, which has four operators, including the supervisor. Together they operate snow plows, a sanding truck (that spreads a salt/sand mixture), and a road grader. For larger events we call on all of our public works staff to join the effort and are capable of staffing a response on shifts for 24 hours per day. When we get two inches of snow and the snowfall continues, the snow-removal policy calls for the street department to respond with its plows and the sand/salt as needed.

The primary focus is on arterial streets to ensure the passage of emergency vehicles. With arterials complete, the team moves downtown, addresses hill neighborhoods, and, lastly, the smaller side streets. The Washington State Department of Transportation will plow and sand SR 20 and SR 9 within the city limits; the city and county work together on some of the arterials that run through and near the city.

Garbage removal continues on schedule so long as the trucks can safely operate. If they can't operate and you miss a collection day, the missed garbage plus the next week's garbage will be picked up on the next scheduled collection day. Get some extra garbage bags, just in case.

My request to you this winter season:

1. Be prepared. Stock up on food, batteries, and wood for your fireplace. Have blankets on hand, refill prescriptions, and make sure you have other essentials like a snow shovel and snow melt.
2. Use common sense. Park your car, truck, or other vehicle off the roadway before it snows. This is critical, especially on Arrezo,

See **Anderson**, p. 31

## CONCRETE HERITAGE MUSEUM NEWS

Our annual potluck **Christmas Party** will be at the Senior Center on Thurs., Dec. 9, at 6 p.m. Don't be shy; we look forward to seeing you.

**Elections:** Our current slate of officers has been elected for another year's term.

The officers are:

President Robin Wood  
Vice-President Lyle McClure  
Secretary Gail Boggs  
Treasurer Cheri Cook-Blodgett  
Historian Dan Royal  
Documentation Clerk John Boggs  
Council Liaison Jason Miller

The Museum Association thanks the Concrete Chamber of Commerce for its fundraising drive to help get the tourist trolley, the Sockeye Express, repaired. Thousands of dollars have either been raised or pledged toward this goal. Many hurdles still remain to getting the vehicle repaired and back on the road, providing memorable experiences for visitors and residents alike. Many donors have placed conditions on their donations/pledges that require "doing something different" when it comes to future maintenance for the Sockeye. I believe they've heard the

old adage that "if you keep doing the same thing, you shouldn't be surprised when you keep getting the same results." That's why they feel a change is needed. At this point, the Museum Association has reasons to remain optimistic that the previous maintenance problems will be resolved in a manner that is mutually acceptable to the Association and the Town of Concrete. See the article on p. 9 for an update on the Sockeye Express. Please continue to turn in your receipts from Albert's Red Apple to the collection boxes at Upriver Services, the Liquor Store, or museum members. Thanks to your efforts and the generosity of the Frank family, this remains our biggest source of income. The current project we are trying to complete is the installation of a bathroom.

As always, please contact us if you wish to visit the museum during our off-season by calling Robin Wood at 360.826.3075. For research assistance, e-mail Dan Royal at [concreteheritagemuseum@stumpranchonline.com](mailto:concreteheritagemuseum@stumpranchonline.com).

—Dan Royal

## At the Upper Skagit Library

Residents of the Upper Skagit Library District are encouraged to apply for a vacancy on the Board of Trustees of the Upper Skagit Library District. The term begins Jan. 1, 2011.

Upper Skagit Library was established by county voters to provide library services in the unincorporated area within the boundaries of the Concrete School District, an area from Lusk Road on the west side to the county line on the east side of Skagit County.

Being a trustee is a major responsibility. Trustees receive a five-year term and are allowed to serve two terms consecutively. Duties include monthly meetings, setting policy, approving payrolls and expenditures, strategic planning, and adoption of the annual budget. This is a volunteer position.

Meetings are held on the second Thursday of each month at 5 p.m. in the library and may run for two hours. Additional committee meetings may be necessary.

Additional information is available at the library, located at 45770-B Main

Street, Concrete. Letters of interest may be mailed to Upper Skagit Library, P.O. Box 99, Concrete WA 98237.

The appointment of trustees is done through the Skagit Board of County Commissioners.

—Aimee Hirschel



Concrete Theatre owner Valerie Stafford, left, and Upper Skagit Library Director Aimee Hirschel drew the winners of a "Book & Movie" contest on Nov. 19. The theater and library teamed up to encourage people to read books that have been made into movies. Winners of the movie tickets were Sheryl Cochran, Lora Austin, Steven Tronson, and Sean Pratt. Photo by Karen Smith.

## COMMUNITY CALENDAR

### DECEMBER

- 2 Saukrates Cafe meeting, Annie's Pizza Station, 6 p.m.; conversation topic posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>
- 4 Free Family Photos, Concrete Theatre, 45920 Main St., Concrete; 11 a.m. to 1 p.m., APPOINTMENT REQUIRED; info at 360.941.0403 or [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com)
- 4 Arthritis Foundation Jingle Bell Run/Walk, Moose Lodge, Mount Vernon; info at 360.733.2866 or [jcampa@arthritis.org](mailto:jcampa@arthritis.org)
- 4 Magic of Christmas parade, Sedro-Woolley, 5 p.m.; info at 360.855.1582 or [www.sedro-woolley.com](http://www.sedro-woolley.com)
- 4–5 Concrete Lions Club Christmas Tree Sale, George Theodoratus' field (west of Loggers' Landing, south side of SR 20), Concrete, 10 a.m. to 3 p.m.
- 8 Imagine Concrete meeting, Mears Field Pilots' Lounge, 6 p.m.; info at [goodwords@frontier.com](mailto:goodwords@frontier.com) or 360.853.8213
- 9 Concrete Chamber of Commerce meeting, Hi. Lo. Country Bar & Grill, 8 a.m.; info at 360.466.8754 or [www.concrete-wa.com](http://www.concrete-wa.com)
- 11 Birdview Fire Dept. Open House for new fire hall, 8391 Russell Rd., free food and a visit from Santa, 1–5 p.m.; info at 360.739.3252
- 11 Christmas Parade, Concrete Town Center, 6 p.m.; starts at PSE building, crosses Thompson Bridge, down Main St., ends at Senior Center
- 11 Christmas in Concrete holiday program, Concrete Theatre, 7:30 p.m.; free admission; room for more performers; info at [valerie@concrete-theatre.com](mailto:valerie@concrete-theatre.com)
- 11–12 Concrete Lions Club Christmas Tree Sale, George Theodoratus' field (west of Loggers' Landing, south side of SR 20), Concrete, 10 a.m. to 3 p.m.
- 16 Concrete Music Program Winter Concert, CHS gym, 7 p.m.
- 31 New Year's Eve Party with Breaking the Sound Barrier (Dave Chapman), Hi. Lo. Country Bar & Grill, 9 p.m.; info at 360.853.8000

### JANUARY

- 6 Saukrates Cafe meeting, Annie's Pizza Station, 6 p.m.; conversation topic posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

*The Magic of Christmas*  
Presented by **UNITED GENERAL HOSPITAL**

**Saturday Dec 4th**  
3PM - 5PM Horse drawn carriage rides by donation. FREE pony & train rides.  
5PM Lighting of the tree kicks off the parade!

**Saturday Dec 11th**  
9AM - 11AM Santa's Breakfast @ Community Center. Kids eat FREE  
4PM - 9PM Holiday home tour begins at the Museum 855-2390

*Eat, Drink and Shop Local Saturday!*

**SEDRO-WOOLLEY CHAMBER OF COMMERCE**

[www.sedro-woolley.com](http://www.sedro-woolley.com)

stores closed for the winter, the Sedro-Woolley location at 810 SR 20 is the best bet for shoppers. That office is open Monday through Friday from 8 a.m. to 4:30 p.m. through Dec. 12. That location also will be open on Dec. 4–5 and 11–12 from 9 a.m. to 3 p.m., for U.S. Forest Service Christmas Tree Permit sales. For more information, call 360.854.7200.

## Wing places admirably in NYC Marathon

Clay Wing has good reason to strut. The Cascade Middle School teacher and Sedro-Woolley High School Cross Country coach traveled to New York for the Nov. 6 ING New York City Marathon. Wading into the ocean of approximately 45,000 runners, Wing ran the 26.219 miles in 02:34:55, finishing 78th overall and 28th among U.S. men. He was the first Washington State finisher.

The world-famous marathon regularly draws upwards of two million spectators and 315 million worldwide television viewers. World-class and professional athletes compete for \$600,000 in prize money.

# REWARD \$25,000



**A \$25,000 reward has been offered for the return of Patti Krieger, who went missing on Sauk Mountain Oct. 2. She was last seen on the mountain with her dog, a rottweiler named Bear. She was wearing blue jeans, tennis shoes, and a long-sleeved, white t-shirt with a blue undershirt.**

**Please call the tipline with any information: 360.419.7785.**

**E-mail tips to: [pattytips@hotmail.com](mailto:pattytips@hotmail.com).**





# Lyman



## Lyman Library tales

By Elaine Kohler

The holidays are here again. As always, we have the books to help you decorate and bake good things. The puzzles are ready for you, and we’re slowly getting more as people donate the ones they have put together.

Our big upcoming project is to reorganize the Romance section of the library. We recently have been given several donations of new ones, including a lot of Debbie Macomber, who is beginning to get a bigger following by the locals, including me. I really have enjoyed the Blossom Street series. The Westerns are coming in too.

We ask everyone who uses the library, whether for books or puzzles, to be sure to sign the sheet hanging by the door. We are trying to see which days get the most use. Since the church will be leaving and

moving into their lovely new building, the town officials are trying to see how to allot the heat and electricity for the building. Please do this every time you come in.

Not a lot of news this month. Keep warm, drive safely, and have a wonderful holiday, whichever one you celebrate.

## Zumba classes offered

Ready to shake your Latin rhythm groove thing and get in shape at the same time?

Beginning Dec. 9, Zumba classes will be offered at the Lyman Elementary School gym Tuesdays and Thursdays from 7 to 8 p.m.

Led by certified Zumba instructor Christina Jepperson, the classes are available for a suggested donation of \$5. For more information or to sign up for the class, call Jepperson at 360.826.4579.

## Christmas Angel Tree in town through Dec. 15

By Tammie Werner

The Third Annual Lyman Angel Tree is set up inside Lyman Town Hall and will remain there through Dec. 15.

Anyone wishing to help those in the Lyman School District area (Lyman, Hamilton, and parts of Birdsvie) can stop by during regular office hours of Mon. through Fri., 8 a.m. to 4 p.m., and pick an angel tag from the tree.

Tags will include information such as sizes, hobbies, specific needs, etc. Choose the boy or girl of your choice and then return the tag with your unwrapped, unopened gifts by Dec. 15.

There are no rules for what to purchase; that choice is up to the sponsor. There also will be generic tags for items such as wrapping paper, socks, hats/mittens, toys, and other needed items.

Donations of cash/checks are greatly appreciated. Checks should be payable to Tammie Werner and can be dropped off at Town Hall or mailed to P.O. Box 1372, Lyman, WA 98263. If you cannot make it to Town Hall during regular hours, tags can be obtained by contacting Werner.

The Angel Tree is on Facebook and can be found by searching for Lyman Angel Tree. Fans can see tag information



Lyman's Third Annual Angel Tree is in town through Dec. 15. All gifts will be due by Dec. 15. *Submitted photo.*

available and select their tags online.

To submit names of local children to be placed on the Angel Tree, pick up a nomination form at Town Hall or contact Werner. Submit names no later than Dec. 6.

The Angel Tree will celebrate the holidays with a party for the Angel Tree

See Angel Tree, p. 29

## Magic, cont. from p. 12

also are judged on their lighting, so don’t forget to light that tuba.)

Santa always arrives at the end of the parade, and children can visit with Santa immediately following the parade at the Fraternal Order of Eagles Hall at 1000 Metcalf St., just across the street from the end of the parade route.

**Breakfast with Santa**

On Dec. 11, Sedro-Woolley hosts two more events. Start the morning off with Breakfast with Santa at the Sedro-Woolley Community Center, from 9 to 11 a.m. Kids are free and adults are asked to make a nominal donation to enjoy a French toast breakfast with sausage and juice provided by the Sedro-Woolley Chamber and served by the Beta Sigma Phi Sorority. The Whole Shabang Photography will provide professional pictures of your child with Santa if desired. A Christmas

Musical performance will be presented by the Sedro-Woolley Community Fellowship, a new addition to the town working to bring a youth center to the old Oliver-Hammer space on Metcalf along with church services on Sundays.

**Holiday Home Tour**

The Holiday Home Tour hosted by The Sedro-Woolley Museum is held the same Saturday, Dec. 11, at 4 p.m. This is the opportunity to visit Sedro-Woolley heritage homes decorated for the holidays.

For more than 20 years, Sedro-Woolley’s most treasured architectural masterpieces have festooned their homes with lights and holiday decorations, then opened their doors for people to come in and take a look around. Tickets are only \$5 and are available at the Sedro-Woolley Museum, which will provide maps of the participating homes. For more information, call 360.855.0638.



# Day Creek



## Christmas cheer in Day Creek

Christmas events are on their way to Day Creek. The community’s monthly potluck will get a Yuletide flavor, with Christmas caroling planned for attendees. The potluck is scheduled for Tue., Dec. 21, at 6:30 p.m. at the Day Creek Fire Hall. Simme Bobrosky will bring her guitar; all who play are invited to bring their own instruments for an old-fashioned sing-along.

Day Creek Chapel has scheduled several Christmas events.

On Dec. 10 at 6:30 p.m., women are invited to attend the A Starry Night dinner program, which will include special music and tips on decorating Christmas trees. The inspirational speaker for the evening is Tami Hodge, a wife of 25 years, mother of two sons, and a life coach for the “differently abled.”

There is a \$10 suggested donation

for this program, and childcare is not provided. For a reservation, call Sylvia Miles at 360.826.3696.

The children of Day Creek Chapel will present their Christmas program, “The Mouse’s Tale” on Sun., Dec. 19, at 10 a.m., at Day Creek Chapel.

Finally, the church offers a Christmas Eve Candlelight and Communion Service on Dec. 24 at 10 p.m. This celebration, with music of the season, is open to all who wish to attend.

## SVC radio stations receive award

KSVR and KSVU, Skagit Valley College’s radio stations, received a \$300 grant award from the Rick Epting Foundation on Nov. 13 at the Lincoln Theatre.

KSVU radio, scheduled to begin broadcasting in 2011, was one of five

## Stand-down, cont. from p. 4

While this stand-down is still in the planning stage and it is unknown exactly what services will be available, we are trying to get the word out to encourage participation by both supporting volunteers and veterans in need of support services.

We currently are soliciting donations and volunteers to help make this event a success. Donations of such things as towels, soap, toothbrushes, toothpaste, socks, underwear, cold weather clothing, and gear is appreciated. Donations of hot food and volunteers to serve it also are needed.

If you can help in any way, please contact one of the following:

Mike Abbott, local service officer from the Disabled American Veterans, on Wednesday afternoons at the Upriver Services Office in Concrete, 360.853.7009 (mikea@valleyint.com).

Lou Hillman at the Resource Center in Concrete, 360.853.7009 (louh@skagitcap.org).

John Boggs, 360.853.8347 (JBoggsWash@aol.com).

Donations may be dropped off at the Resource Center in Concrete.

## Septics 101 classes offered through county

SKAGIT COUNTY — Two more opportunities remain to attend the Septics 101 class offered by the Skagit County Health department.

The purpose of the free Septics 101 class is to inform and educate homeowners on septic systems operations, monitoring, cost-saving operations, public health concerns surrounding their use, and maintenance procedures in order to prevent problems.

The remaining classes will be held:

- Dec. 2, 6:30 – 8 p.m. Alger Community Hall 18731 Parkview Lane, Burlington (accessed from Old Hwy 99 south of the Alger Bar and Grill)
- Dec. 8, 2:30 – 4 p.m. Sedro-Woolley City Hall 325 Metcalf St., Sedro-Woolley

Pre-registration is recommended for Septics 101. To register or for more information, contact the Skagit County Health Department at 360.336.9380.

grant recipients.

The grant to KSVU will be used for the creation and production of an evening of radio theatre, in celebration of the culture and environment of the Upper Skagit Valley. The show is scheduled to take place in the Concrete Theatre.

For more information on KSVR or KSVU, the public is invited to sign up for a weekly schedule guide of programs and events by sending an e-mail to britta.eschete@skagit.edu with “Word Waves” in the subject line.

## Skagit County saves taxpayers \$745,000

SKAGIT COUNTY — On Nov. 2, Skagit County government issued bond debt to finance the Transfer Station Project, saving taxpayers more than \$745,000 during the 20-year life of the bonds.

More than \$300,000 of the saving was

a result of Skagit County’s request for additional recovery zone bond allocation recently increased from \$5.276 million to \$9.3 million.

The county originally was awarded a bond cap allocation of \$5,276,000 from the federal government. The awarded authority comes from the American Recovery and Reinvestment Act (ARRA) of 2009. This allows the county to issue taxable debt with a 45 percent interest subsidy from the Federal Government. Additionally, \$480,000 of additional debt was issued as Build America Bonds with an interest subsidy of 35 percent.

This project includes construction of a new, pre-engineered, 23,000-square-foot metal building for solid waste transfer operations. It also will include new maintenance and staff facilities, as well as a new scale plaza. The new facility will be constructed on the site of the current transfer station, which will remain operational throughout the construction period.



I can help you make sure your coverage is up-to-date.  
Call me today.  
**(360) 855 0555**

**POLA A KELLEY**  
407 STATE ST  
SEDRO WOOLLEY  
a092897@allstate.com



Insurance subject to availability and qualifications. Allstate Insurance Company and Allstate Property and Casualty Insurance Company, Northbrook, Illinois © 2009 Allstate Insurance Company.

Rick Lemley



Chuck Ruhl

**LEMLEY CHAPEL**  
Funeral Directors

1008 Third St.  
Sedro-Woolley, WA 98284  
www.lemleychapel.com

Office: 360-855-1288  
Fax: 360-855-1868  
Email: lemleychapel@frontier.com



**TRUST IS NOT A TREND.**

**TRUST IS EARNED OVER TIME.** Generations of families have come to know the service and care provided by Summit Bank over the last 95 years. Isn't it time you found a bank that cared about you more than your money?

**Summit Bank - since 1914.**

<b>BURLINGTON</b> 723 Haggen Dr. (360) 757-0100	<b>CONCRETE</b> 45872 Main St. (360) 853-8171	<b>MOUNT VERNON</b> 1725 E. College Wy. (360) 848-5000
---	---	--

**www.summitbank-wa.com**



Large Enough to Serve You. Small Enough To Care.





**Left:** Cascade Middle School threw its annual Community Dinner on Thanksgiving day. Shown are the dozens of volunteers who made it happen.

**Below:** A volunteer serves a piping hot Thanksgiving dinner to a delighted guest.

**Below left:** Dinner attendee Maddy wanted her photo in *Concrete Herald*, so ... there you go, Maddy. Photos by Amber Lee.



**Above:** Concrete writer Jack de Yonge read from his memoir, *Boom Town Boy*, at Sauk View Gallery Nov. 14.



**Above:** Imagine Concrete steering committee member Val Stafford addresses members of Envision Skagit 2060 Nov. 19 during the group's visit to learn more about Concrete's grassroots community visioning effort. Stafford was joined by fellow steering committee members Barbara Hawkings and Jason Miller.

## Brunch and Bazaar!

**When:** Dec. 5, 9 a.m. to 3 p.m.  
Brunch 9 to 1; Santa 11 to 1  
**Menu:** Pancakes/eggs/ham or biscuits/gravy plus beverage  
**Price:** \$6 per person  
**Bazaar:** Lots of vendors!  
\$12 per vendor space  
**Where:** Community Hall, 60055 SR 20  
Marblemount

For event and booth spaces, contact Connie Clark, 360.873.4631.



**Left:** Kiya Mann, 12, attempts to tag an opponent hiding behind *Concrete Herald* photographer Jason Miller during Family Fitness Night at Concrete Elementary, Nov. 10.  
**Below left:** Kids maneuver a huge parachute up and down during Family Fitness Night.

# November in pictures



**Above:** Music and kids filled Metcalf Street in Sedro-Woolley the morning of Nov. 10 for a loud and celebratory Veterans Day Parade. Photo by Jina Williams.

**Right:** Sally Dellinger brought her soothing voice to the "Filling Santa's Bag" variety show at Concrete Theatre Nov. 13. The show promised an eclectic lineup and delivered exactly that, ending with Josh Crosson (far right) and the rest of the boys from Saltmarsh Caterpillar, who tore it up to end the night.



**Left:** Carrying his bike, Concrete competitor Bob Lahr scrambles over two obstacles during Woolleycross 2010 in Sedro-Woolley Nov. 13. Lahr joked after the race that he'd taken first in the "Full-suspension mountain bike category" and admitted he'd eaten a healthy portion of "humble pie," but maintained that "it's all about the experience."



**Above:** Delaney Dreyer, 3, of Lyman, sports a fine tiger look during the Sedro-Woolley Community Troop Support Drop-off Day at Cascade Mercantile in Lyman Nov. 6.



**Above left:** Diane Kinzer (left), a senior at Sedro-Woolley High School, teamed with her friend and fellow senior Shana Scarth to manage the Sedro-Woolley Community Troop Support Drop-off Day at Albert's Red Apple Market in Concrete Nov. 13. Kinzer is working with the organization for her senior project.

**Left:** Estella Rae Hargrove, 7, posed with her mom, Lori Ann Hargrove, after getting a butterfly painted on her face during the Drop-off Day event.



**Above:** Mitch Carvalho poses with the dragon he built from scrap for the Haunted House he and Kat, his wife, organized and decorated this past Halloween. Located at the east end of Main Street and staffed by volunteers, the haunted house collected donations to the tune of \$269—all of which went to Toys for Tots. Carvalho wears a belt that he fashioned to help him control the dragon, whose mouth, wings, and tail are powered by compressed air.

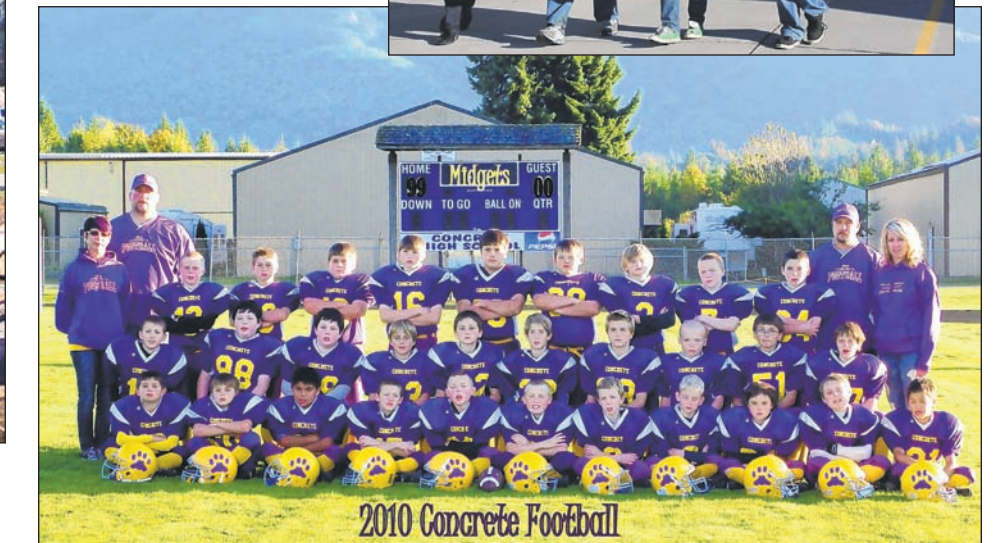


**Above:** With Master Gunnery Sgt. (ret.) Bob McDaniels of the U.S. Marine Corps as their chauffeur, Bill and Kris Voigt, along with grandsons Julian and Jaydon, led the first Veterans Day parade to grace Concrete in more than 60 years. Organized by Kris Voigt, the parade drew dozens of spectators Nov. 10 and included color guards from two towns, plus a marching band and plenty of waving flags.

**Right:** Shile and Dani Magee of Concrete didn't come through the Nov. 15 storm unscathed. A 12-in. cedar snapped off at a weak joint and put 13 holes in their roof.



**Right:** The Concrete High School Band set out on foot for the Veterans Day parade in Concrete Nov. 10, with students from Concrete Elementary and Middle Schools in front and behind them. After all, what's a parade without a band?



**Above:** The Concrete Midgets football team numbered 30 players this year and made it to the playoffs, losing to Anacortes in the second round. The team scored an impressive 181 points during its season; its defense produced three shutout games along the way. Photo by Amber Roger.





# Hamilton



## Council summary

The Hamilton Town Council held a regular meeting on Oct. 12. The following is a summary of the minutes from that meeting.

Council was advised that letters were sent to RV Park Owners regarding the monthly inspections done by Council member Bonner. The October flood letter to all residents in the Flood Area was discussed. Council member McGrady stated it was beneficial that the letter reminded residents to have an emergency plan for pets and animals. Council member Bonner emphasized the importance of including the requirements for all recreational vehicles to be currently licensed and road-ready at all times and the monthly inspections to ensure compliance. Council member Bonner questioned if the fire department was prepared with flashlights and other equipment necessary. Mayor Bates stated they were ready.

The council was given bids on obtaining an Internet connection to replace the dial-up connection currently used at City Hall and the Fire Hall. The only available connection would be with Broadstripe. The quote from Broadstripe was \$55.95 a month for each location, no installation cost. The clerk advised the council that the Town of Lyman only paid \$32.95 a month and she is negotiating with Broadstripe for a lower quote. Council member McGrady made a motion to approve an Internet connection with Broadstripe for the \$55.95; motion passed.

Mayor Bates introduced Cas Hancock, who explained the manganese data

from this last year. The manganese level for the town water was taken weekly for two months, then every two weeks for two months, and then monthly for eight months. Levels were all under the maximum contaminate level of 0.05 mg/L with the exception of three readings. Mayor Bates asked the council to make a decision if they wanted to continue with Water and Wastewater and sign the new contract in the amount of \$31,440 per year, or have Cas Hancock take over. Cas Hancock & Associates would enter into a contract with the Town of Hamilton to take over all the duties necessary to maintain the water system for \$50 a month until Tom Selin passed the test to be certified. Cas Hancock is certified by the State of Washington Department of Health, Office of Drinking Water as a Basic Treatment Operator, Water Distribution Manager 2, Cross Connection Specialist (Certification #7482) and as a Qualified Sanitary Surveyor (Certification #316). Jim Hancock also is certified by the state as Water Distribution Manager 2 and Cross Connection Specialist (Certification #7217) and as a Qualified Sanitary Surveyor (Certification #317). Council McGrady questioned how close the Town was to Level I. Mayor Bates stated the town had completed all the testing.

Cas Hancock went over the procedure, which started more than a year ago. Nancy Feagan with the Department of Health directed the Town to WAC 246293 20E, which explained what was required. Cas Hancock explained that the manganese level in a new well will drop as it is used. Feagan recommended taking a year and to do samples and provide the levels to the

Town of Hamilton and her. Cas Hancock explained manganese is not a health risk, that it is found in the soil and rocks in the state. If the Town of Hamilton would like to discontinue the cost for treatment and monitoring, a letter to Feagan would be required. Cas Hancock recommended testing three times a year and sending Feagan a letter suspending the treatment system. Mayor Bates suggested we continue to test every month on a regular schedule and keep a record. The Town also would be responsible for the report on water loss now being done by Water and Wastewater. Tom Selin would keep the records on water usage and the consumption.

The cause of the water loss was discussed. The few leaks that were found have been repaired. Finding the cause of this loss is priority. Tom Selin stated a major portion of the old pipes have been replaced. Council Bonner motioned the contract with Water and Wastewater not be signed, their services discontinued. Motion passed.

Council Cromley made a motion to sign the contract with Cas Hancock & Associates and send the letter to Feagan at the Department of Health. Motion passed.

A fall cleanup was suggested. Garbage containers placed in the town for residents' use was suggested. It was questioned how we could keep people not in the town from using the garbage containers; a voucher system was suggested.

## Birdsview buzz

By Kris Voigt

Happy holidays, everyone. Can't believe the year is almost over! Where does the time go?

The first Veterans Day parade in Concrete in more than 60 years was a success, and I'm already thinking ahead to next year's. Thanks to everyone who participated and came to watch. We had fire trucks, an ambulance, Harleys, school kids, a marching band, other random vehicles, and a color guard, and leading the parade was my hubby, Brewmaster Bill, in a vintage Jeep, accompanied by our grandsons, Julian and Jaydon.

Santa will be at the brewery Dec. 18 from 2 to 4 p.m. Bring your little ones in for a picture with Santa. There will be

treats, hot chocolate, and fun.

We will be closed on Christmas Eve and Christmas Day. Check our Facebook page or come to the brewery for New Year's Eve info.

We also are a Toys for Tots drop-off location. Everything donated stays in the upper valley. Let's see if we can fill the bin.

Lots of December birthdays and one anniversary, so here goes:

- 2 Kyle Brown
- 5 Mari Doerner
- 6 Kayla Zitkovich
- 7 Michael Russell
- Claire Babcock
- 8 Rosie Philips
- Michelle Shearer
- 9 Keith Tyminski
- 12 Cody Mills
- 16 Jack Mattingly, Lacy Lahr, Debra Robbins
- JJ Doerner
- 18 Shelly Russell, Holly Mumford
- 19 Tim Babcock
- 21 Hildi Parker
- 23 Bonnie and Keith Tyminski's anniversary
- 24 Jessie Voigt
- 26 Maureen Royal
- 27 Nicola Murray

Kathleen and Short Hurn made a trip to Vegas to visit daughter Wendy and grandsons Josh and Jordan. While there, they took a side trip to the Grand Canyon.

Also traveling in November were Eric Warner and Dustin Claybo. They made a trip to Pennsylvania and Ohio, visiting Martin Guitars and Stewart MacDonald Guitar Shop Supply.

We wish Uncle Floyd a successful surgery on Dec. 7. Listen to your doctors, Floyd, and we look forward to seeing you back feeling better than ever.

Welcome to Concrete's newest business, Lupita's Mexican Restaurant. We wish you well.

Speaking of local businesses, please remember to support your local businesses. Especially this time of year, we count on your support, bringing your friends and family, and recommending us to others. When you shop local, you have friendly faces that usually call you by name, most are family-run businesses, and you keep the money in the community. Plus, you help keep our doors open.

Until next year, happy holidays from the Voigt family.

## Business Spotlight: Sauk View Gallery

By Cora Thomas

You can't deny the multitude of artists in the Skagit Valley and surrounding areas. They are, after all, how the story of Sauk View Gallery begins.

A group of people that was showing their work at the Concrete Saturday Market—Ember LaBounty, Gladys Silrus, and Athena Hornsby—decided to create a space for artists to display and sell their work. LaBounty owned the building on SR 20 and S. Dillard, and wanted to utilize the space instead of leaving it empty.

**At a glance:**  
**Sauk View Gallery**

**Where:** Sauk View Plaza  
SR 20 and S. Dillard, Concrete

**Phone:** 360.853.8209

**Hours:** Friday through Monday  
Nov. – April., 10 a.m. – 5 p.m.  
Summer, 10 a.m. – 6 p.m.

**E-mail:** saukviewgallery@live.com

**Web:** Find it on Facebook

### Parade, cont. from p. 1

"I originally thought about the parade to honor my husband, Bill, a Vietnam Marine veteran, because when he came home, he and other Vietnam vets were treated horribly, spit on, called baby killers, and worse. So I wanted to do something to honor him and all the other vets that weren't properly thanked when they returned," said Voigt.

The parade filled Main Street in Concrete with color guards from the Concrete and Sedro-Woolley American Legion posts, fire trucks, an ambulance, motorcycles, school kids, and a marching band from Concrete High School. Bill Voigt led the parade in a vintage Jeep, accompanied by Kris and their grandsons, Julian and Jaydon.

Already, Kris is dreaming of next year's parade.

In July 2007 this co-op artisan gallery known as Sauk View Gallery opened its doors. In 2009, Merlene Buller took the reins and now three artists are the main partners of the shop: Buller, Diane Wood, and Betty Seguin. They each have their own art displayed in the gallery. Buller, from Marblemount knits, makes pine-needle baskets and Christmas ornaments, and duplicates antique ornaments. Wood, from Rockport, works with acrylics and also does decorative painting on fabrics. Seguin, from Cape Horn, makes "Sauk" Monkeys, dog toys, and organic treats.

### Featured artists

More than 50 local artisans are featured in the shop.

"Artists are cycled in and out throughout the year," Buller explains. Artists represented at the gallery include Steve Philbrick, photographer (Rockport); Jim Clay, Native American painter (Marblemount); Dale Angell, pencil drawings (Concrete); Pat Buller, photographer (Rockport); Greg Hochmuht, flint knapping (Marblemount); and Julie Erickson, Sauk Lavender Farm (Rockport). Other artists come from Bellingham, Blaine, Deming, Mount Vernon, Arlington, and Sedro-Woolley.

Anyone who has handcrafted art is eligible for consideration; the owners decide if the art is a good fit for the studio.

There are several different media in the studio. You'll find not only traditional art pieces, but practical, handcrafted items

such as oven mitts, baby clothes, books written by local residents, cards, and even honey. I found myself admiring distinctive art I've never seen before!

The other businesses in the building include Karin's Art Studio & Gallery owned by Karin Silvernale, Northwest Garden Bling owned by Athena Hornsby, and Chicks with Cameras owned by Melissa Stern and Becky Luttrell.

### Business philosophy

Sauk View Gallery's business philosophy revolves around "shop local." "Gathering in a local place to show and sell local art is really fun; it fascinates me," says Buller with a smile. Supporting local artists that produce unique handcrafted works is deeply valued. They not only depend on out-of-towners for business, but also the local crowd. "We want to give customers a nice visit and good memories," says Buller.



Merlene Buller manages Sauk View Gallery, located at S. Dillard and SR 20 in Concrete. The shop was created for artists to display and sell their work.

**North Cascade Lawn Maintenance**

~ **DEPENDABLE YARD CARE** ~  
Mowing • Trimming • Tilling

**Snow Removal  
Storm Debris Removal  
Pressure Washing**

**Robert Lahr, owner**  
*Licensed and Insured*

Call Today For A FREE Estimate!  
www.northcascadelawnmaintenance.com

**360.708.2504**



**Above:** School kids marched with flags and handmade banners. The one at the bottom of this photo says, "You are heroes." **Below:** Local Scouts carried a huge American flag.



A new member of the American Legion in Concrete, Blaine Burghdoff joined his colleagues in the parade as a member of the color guard. The Sedro-Woolley American Legion also sent a color guard.



Concrete Fire Chief Rich Philips waves from the cab of the fire department's latest acquisition: an engine donated by the Sedro-Woolley Fire Department in October, significantly improving the town's emergency-response capabilities.





# Rockport



## Interpretive Center opens with full slate of attractions, educational opportunities

By Deanna Ensley

The Skagit River Bald Eagle Interpretive Center opened its doors for another eagle-viewing season on Nov. 27.

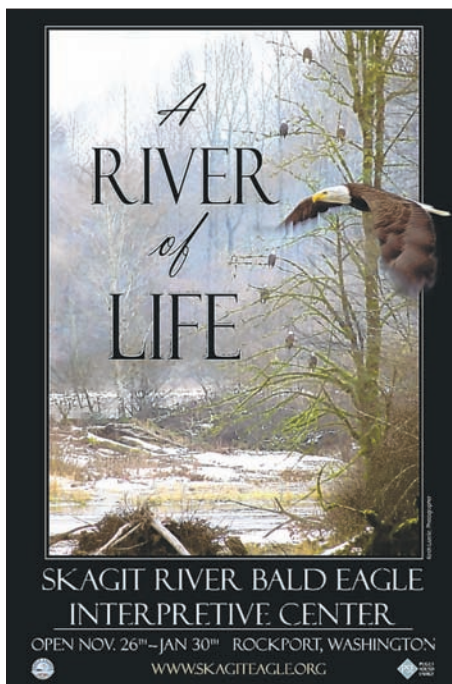
Located at Howard Miller Steelhead County Park in Rockport, the center will once again host all the same attractions that it has in the past.

Each Saturday at 11 a.m., a speaker will share his or her expertise on the Skagit River Watershed's natural history. On Dec. 4, the season's speaker schedule opens with Rose Oliver on "North Cascade Grizzly Bears." At 1 p.m. each Saturday and Sunday, guided walks will be offered along the Skagit River through the park and viewing the mouth of the Sauk River, with the hope of eagle sightings. The popular Sardis Raptor shows are scheduled for Jan. 8 and 22.

Throughout the prime bald eagle-viewing months of December and January, the center will provide a warm place to watch bald eagles and to take in numerous programs each weekend. The center does not plan to be open during Christmas weekend.

The Skagit River Bald Eagle Interpretive Center has provided community and natural history education for 6,000 to 10,000 visitors each season for more than 20 years.

For updated center schedule information, go to [www.skagiteagle.org](http://www.skagiteagle.org) or call the center at 360.853.7626. Questions also may be e-mailed to [srbeatic@fidalgo.net](mailto:srbeatic@fidalgo.net).



### Volunteers are needed!

The Skagit River Bald Eagle Interpretive Center needs volunteers to staff the center during some of the weekends during December and January.

For more info, call Ember LaBounty at 360.853.7867 or 853.7626.

## What's to be done with Illabot Creek Road?

Road removal proposal enters effects-analysis phase; public comments still being accepted.

By Jason Miller

With almost 100 comments received thus far, the U.S. Forest Service has entered an effects-analysis phase for its proposal to close 14.5 miles of Illabot Creek Road near Rockport, from mile posts 9.5 to 24.

The comments period spanned September and technically closed on Oct. 1, but in a Nov. 24 phone interview, wildlife biologist Don Gay told *Concrete Herald* that comments still will be accepted while the analysis continues.

"It's very unusual to have as many comments as we've had in this case," said Gay, who said that as of Nov. 24, the Forest Service had received 98 written or phone comments that ran the gamut from people who wanted to see the road left open to people who are supportive of the proposal.

"It depends on what folks' primary interests tend to be. Even some avid recreationists have been supportive of the concept because they're more into an 'unroaded' situation because they want that unspoiled approach. But not many in the recreation community," share that view, said Gay.

The topic hit the blogosphere, said Gay, generating comments from as far south as Auburn. A large number of commenters like to fish the high mountain lakes to which Illabot Creek Road provides access via trail. And more people opposed the road closure proposal than supported it, said Gay.

"That's not unusual. Closures usually generate more negative than positive

feedback. Even within the Forest Service we're not happy about road closures," he said, because such action decreases the amount of access Forest Service employees have to the lands they're charged with managing.

During December, Forest Service engineers, biologists, and other staff members will conduct cost and effects analyses on all options on the table, including a new option that was posed during the official comment period: Upgrade and improve Illabot Creek Road beyond the Slide Lake trailhead. That portion of road was blocked by slides and fallen trees last winter; Gay said people had been driving around the blockages in a dangerous fashion.

Gay said an environmental assessment should be complete and available to the public on Jan. 11. Anyone who comments on the project will automatically have this assessment sent to them. The assessment also will be posted online at [www.fs.fed.us/r6/mbs/projects/nepa-projects.shtml](http://www.fs.fed.us/r6/mbs/projects/nepa-projects.shtml). Already, several documents addressing the proposal are available on that site.

During the analysis period, citizens are invited to continue submitting comments, which can be sent via e-mail at [dgay@fs.fed.us](mailto:dgay@fs.fed.us), or via snail mail to Don Gay, Mt. Baker Ranger District, 810 SR 20, Sedro-Woolley, WA 98284.

Questions should be directed to Don Gay at 360.854.2632.

## View and learn about bald eagles on the Skagit River

One of the largest wintering populations of bald eagles in the lower 48 states migrate through the Skagit River, and visitors can view and learn about them from volunteers with the Eagle Watchers Program hosted by the U.S. Forest Service.

Three viewing stations with off-highway parking along State Route 20 provide spotting scopes and binoculars to help the public see the birds up close. Volunteers will staff stations Saturdays and Sundays, 10 a.m. to 3 p.m., Dec. 18 through Jan. 30, except Christmas day.

Eagle Watcher stations are located at Howard Miller Steelhead Park in Rockport, Sutter Creek Rest area (milepost 100), and the Marblemount Fish Hatchery. Look for the yellow signs. A map of the viewing sites is posted at [www.fs.fed.us/r6/mbs/skagit-wsr/overview/wildlife.shtml](http://www.fs.fed.us/r6/mbs/skagit-wsr/overview/wildlife.shtml). For more information, call 360.856.5700.



# Home & Garden



## Get your home ready for the new year

(ARA) — Your home is meant to last, but over time, simple wear and tear can result in inefficient systems and less-than-perfect conditions.

To keep your home looking and operating like the day you purchased it, consider these few easy maintenance projects that will make a big impact in the end.

### Protect your baseboards

While adding a new coat of paint to your walls is always a good idea when maintaining your home, it's also a good idea to freshen up your baseboards, which often see the most wear and tear. Wash them down using a pine-based cleaner, a little bit of warm water, and a sponge to remove dirt and grime. Then touch up your baseboards with paint to protect them and keep them looking brand-new. Use a washable and scratch-resistant paint.

### Add caulk for instant savings

Over time the repeated use of a bathtub or shower can lead to cracks in your grout and caulking. These cracks are not only unsightly, but can cause leakage problems costing you thousands of dollars if not fixed immediately.

Fix this problem easily and inexpensively with a silicone-based caulk, which ensures a fast-drying, smooth surface and creates a strong seal to prevent leakage. Start by peeling away the old caulk and making sure the surface is completely dry before re-applying a high-quality kitchen and bath caulk.

### Clean your carpets

With heavy traffic, household carpeting takes a daily beating, collecting dirt, grime, outdoor particles, and plenty of dust. Not only are these items harmful to your health, they quickly will wear down your carpeting.

While it's good practice to vacuum on a weekly basis, cleaning your carpeting every 90 to 120 days will give you a cleaner home and prolong the life of your carpeting. Hiring a professional can be expensive, so stop by your local hardware store to rent a carpet cleaning system for a fraction of the cost of having the work done professionally.

### Breathe easy

Anyone with allergies knows that air quality is very important. This applies inside the home as much as outside.

A great way to prevent bad air circulating in your home—and make sure your equipment is running efficiently—is to replace the air filters in your forced-air furnace. Use pleated filters; they do a better job of filtering internal air. These filters are inexpensive and take about five minutes to replace.

### Clean your gutters

Clearing your gutters is the link to a dry home, and it's important to clean them out at least twice a year. There are a number of options on the market that make the job easier, including aluminum screens that attach to the front of the gutter and provide a permanent barrier to keep leaves, pine needles, debris, ice, and snow from clogging. Another leaf-blocking option is a flexible foam insert that blocks leaves and debris.

### An easy fix for the winter blues:

## Update your garage door

(ARA) — Everyone wants their home to look its best. But what about the exterior? It's too cold to paint, and landscaping is impossible this time of year.

One aspect of a home's appearance that is often overlooked is the garage door. It's an easy fix that can be completed in a few hours in most cases. Best of all, it's a relatively inexpensive way to add a fresh look to your home and increase its value.

Garage doors are available in a wide range of styles, colors, and materials to complement any home's architectural style. In recent years, garage door companies have increased their selections of stamped steel doors that are attractive, durable, and more affordable than wood doors. Some companies offer stamped steel carriage house doors that look like wood carriage house doors, but are lighter and require less maintenance.

Steel doors can be custom-painted to coordinate with virtually any house color, and there's a wide array of decorative accents such as faux ornamental wrought iron windows or decorative hardware that can be added to create a unique look without breaking the bank.

**Concrete Herald**  
The Voice of Eastern Skagit County

## Raised-bed construction begins; donations still needed for community garden

Imagine Concrete task force members Marla Reed and Jason Miller have begun the next construction phase in the Angele Cupples Community Garden: building 18 more raised beds that will be available for rent beginning April 1, 2011.

The beds will occupy the northwest quarter of the garden, which is located at the intersection of Main Street and Superior Ave. North in Concrete.

Three sizes will be offered, based on responses to a survey developed and administered by task force members Jim and Lou Hillman earlier this year: 4x8, 4x10, and 4x12. All beds will be approximately 1 foot deep.

Hardware for constructing the beds will be sold to the town at a reduced price by Cascade Supply in Concrete. The beds will use salvaged cedar from Ed Rogge at Northwest Cedar Salvage.

At press time, donations for two beds had been promised or received. Individuals and businesses are encouraged to donate toward the purchase of a bed or beds. Sizes and prices are:

4x8 \$48 (seven beds needed)  
4x10 \$56 (four beds needed)  
4x12 \$64 (nine beds needed)

All individuals and businesses who donate time or money to the garden during any phase will have their name added to a large sign that will be placed inside the garden sometime during 2011.

A shed and water lines are planned for the garden during spring 2011. Donations for their construction also are welcome.

Anyone wishing to donate is asked to contact Jason Miller at 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com), or Marla Reed at [marla.mr@frontier.com](mailto:marla.mr@frontier.com) or 360.391.2589. **CH**

## Our Garden needs YOU!

**The Angele Cupples Community Garden in Concrete needs donations (in any amount) and volunteers. If you can handle a paint brush or a shovel, YOU CAN HELP, whether you're a teen or a senior.**

Call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com) to find out how you can help.

Oliver-Hammer Clothes Shop  
821 Metcalf Street • Sedro-Woolley • (360)855-0395 • [oliverhammer.com](http://oliverhammer.com)





# Marblemount



## Brunch and bazaar for a worthy cause

### Fundraiser seeks donations for Marblemount Community Hall upkeep

By Jason Miller

Head to Marblemount Dec. 5 for plenty of food and fun—all for a very worthy cause.

A brunch and bazaar will be held that day to raise funds for the maintenance and operations costs associated with the Marblemount Community Hall, that much-loved and crucial gathering place for citizens of Marblemount.

The event begins at 9 a.m. with brunch. Diners may choose from a pancakes, eggs, and ham plate or a biscuits and gravy plate, plus beverage. The cost is \$6 per person. Brunch will be served till 1 p.m.

The bazaar will be open from 9 a.m. to 3 p.m., and will boast the wares of several vendors, said event organizer Connie Clark. Any vendors wishing to sneak in at the last moment should contact Clark at 360.873.4631.

Clark told *Concrete Herald* that this year they'll forgo the tree-lighting ceremony, but Santa will be in attendance from 11 a.m. to 1 p.m. Kids are encouraged to show up and bring their Christmas lists.

All east county citizens are encouraged to attend this fundraiser as the citizens of Marblemount seek to preserve their community hall, which has helped to bind together community members for decades. Be there Dec. 5, from 9 a.m. to 3 p.m.

## Heating-bill assistance for low-income individuals

Skagit County Community Action Energy Assistance (SCCAEA) continues to make appointments to assist low-income individuals with heating bills. To see if you qualify, go to [www.skagitcap.org](http://www.skagitcap.org).

East county residents need to call the east county office at 360.853.8767 for information on scheduling an appointment for the Concrete office.

On the first Saturday of each month, SCCAEA will schedule appointments for central county residents at 330 Pacific Place, Mount Vernon, from 8:30 a.m. to 4:30 p.m.

The scheduling strategy has changed for 2010. The first 300 people to apply will be scheduled for an appointment the following month (for example, if you come in December, you will be scheduled to be seen in January).

Remaining scheduling days are December 4, January 8, February 5, March 5, April 2, and May 7.

For special accommodations for seniors and disabled individuals, please call 360.853.8767 if you live in the east county area. Others should call 428.1011.

### Become a Concrete Herald Facebook friend!

1. Go to [www.facebook.com](http://www.facebook.com) and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.

## Medicare Part D emerges from healthcare reform stronger than ever

By Peter Pitts

The holiday season is here. From peppermint lattes and potato latkes, carols to dreidels, there are reminders at every twist and turn.

Seniors also should remember that it's time to sign up for Medicare's prescription drug benefit, known as Part D. From now until the end of the year, seniors can enroll in Part D or switch from their existing plan to a new one.

All those eligible should take advantage of this "open enrollment" period. Unlike most public health programs, the Medicare prescription drug benefit is administered by the private sector. The program is subsidized by taxpayer dollars, but seniors are allowed to select the drug benefit that best suits their needs.

Providers must compete for this business, which leads to more choices, better service, and lower premiums. This feature—the freedom to comparison shop between competing Medicare drug plans—is one of the reasons the program is both popular and cost-effective.

Part D has a 92 percent satisfaction rate among its beneficiaries. And the program has reduced the number of seniors without a drug plan by 17 percent. Meanwhile, the price of Part D over the next decade is expected to be nearly \$120 billion less than originally estimated.

Many seniors worried that healthcare reform would put the drug benefit in danger. But now that the dust has settled, it looks like Part D has emerged as an even stronger program.

According to the Centers for Medicare and Medicaid Services (CMS) 99 percent of seniors in Part D will have access to a plan in 2011 with a premium that is the same or lower than what they are paying now. In fact, CMS estimates that the average senior will pay \$30 per month for coverage in 2011, just \$1 more than this year.

Also, thanks to the healthcare reform bill, the gap in coverage known as the "donut hole" is about to start closing. In the past, seniors faced a gap in coverage after spending a certain amount on drugs until they hit a "catastrophic" level. This

was confusing and often an unforeseen cost for seniors. But beginning in January, America's drug companies will start providing eligible seniors who reach the donut hole a 50 percent discount on their brand-name drug purchases.

The donut hole will be completely closed by 2020.

The open-enrollment period gives seniors a valuable opportunity to get the most out of their Medicare drug benefit. Even beneficiaries who are happy with their current Part D plan should visit [www.Medicare.gov](http://www.Medicare.gov) and consider their options. There are dozens of plans out there, so everyone should be able to find one that's both affordable and well suited to their needs.

Like holiday sales, this opportunity will be gone by the new year. Seniors should make sure they get the most out of the season—and their Medicare drug benefit—before the end of the year.

*Peter J. Pitts is president of the Center for Medicine in the Public Interest in New York, N.Y., and a former FDA associate commissioner.*

## What are the top 4 vegetables?

By Iva Young

We all know we need to eat our veggies. Here are five key vegetables that top my list as the healthiest:

- Spinach: It's an excellent source of Vitamin K, Vitamin A, manganese, folate, magnesium, iron, Vitamin C, Vitamin B2, calcium, potassium, and Vitamin B6. It's also a good source of fiber, copper, protein, phosphorous, zinc, Vitamin E, omega 3 fatty acids, niacin, and anti-oxidants.
- Lettuce (greenleaf, red leaf, romaine): Lettuce is a low-calorie fiber food that also is a great place to find Vitamin A and folic acid.
- Broccoli: It contains copious amounts of Vitamin A, Vitamin C, beta carotene, and Vitamin K. The minerals in broccoli include calcium, potassium, iron, and folate.
- Brussels Sprouts: This crunchy garnish contains lots of potassium, Vitamin C, Vitamin A, beta carotene, and Vitamin K.

*Iva Young is the author of Healthy Mom.*



# Newhalem



## Seattle City Council approves SCL budget, Skagit Tours

By Jason Miller

During its Nov. 22 meeting, the Seattle City Council approved Seattle City Light's (SCL) 2011 budget, which includes funding for the planned return of the Skagit Hydro Tours.

Seattle City Light suspended the tours for the 2010 season because of budget cuts. The 2011 tour schedule is a scaled-back version of previous years, with 27 total boat tours offered throughout the year, primarily in July and August. Free guided walking tours of Newhalem and Ladder Creek Falls will be offered twice a day every day in July and August, depending on demand.

At least four specialty tours are planned for September, two of which would be themed "Fish, Fowl, and Foliage."

### Howell, cont. from p. 6

Chris Phillips, Matthew Holman, Jordan Clontz, and D. J. Mitchell. With Kast and Cody Corn the only returning members of the line-up—and Corn injured early in the season—the relatively inexperienced front line delivered on demand, said Howell.

"They really worked hard, got with the program, learned their assignments, really did a solid job," he said.

Howell's father, Kelly, is an assistant coach for the squad. He watched Kyler grow up in the shadow of cousins' records posted on the walls of Concrete High School.

"He wanted to make sure he got his name up on the wall," said Kelly. "He's always worked toward that, and I think it's something to be proud of. He's a hard worker with natural talent and worked hard to develop those talents," he said.

### Rood, cont. from p. 6

honor. He praised the Seahawk franchise for its dedication to high school football programs statewide.

"They're really, really good with high school coaches," he said. "They offer training like instructional classes, for

## Cut a Christmas tree

### Permits for sale on Mt. Baker-Snoqualmie National Forest

The public can buy permits to cut Christmas trees in the Mt. Baker-Snoqualmie National Forest through Dec. 24.

Cutting areas are located within national forest lands in the eastern portions of Pierce, King, Snohomish, Skagit, and Whatcom counties. Maps and information about cutting areas are provided where permits are sold at ranger stations and the Verlot and Glacier Public Service Centers.

Permits cost \$10 each, one tree per permit, with a tree height limit of 12 feet. The permits are nonrefundable. Trees taller than 12 feet require a special permit at a minimum price of \$20. Credit cards are not accepted at Forest Service offices.

Forest Service offices may close early Christmas Eve, so call ahead for operating hours.

Plan to purchase a parking permit if

the trip includes parking in a designated Sno-Park lot. Getting a tree early before snow falls usually means better access on forest roads. Most trees are accessible only by narrow, unplowed mountain roads. High-clearance vehicles often are required, along with tire chains and a shovel. Check ranger stations for road and weather information, or go to [www.fs.fed.us/r6/mbfs](http://www.fs.fed.us/r6/mbfs).

### Offices and locations

Mt. Baker Ranger Station

810 State Route 20, Sedro-Woolley

360.856.5700, ext. 515

Mon.–Fri., 8 a.m.–4:30 p.m.

Dec. 4, 9 a.m.–3 p.m.

Dec. 11–12, 9 a.m.–3 p.m.

Glacier Public Service Center

Mt. Baker Highway 542, Glacier

360.599.2714

Weekends, 9 a.m.–3 p.m.

Darrington Ranger Station

1405 Emens Ave. N., Darrington

360.436.1155

Mon.–Fri., 8 a.m.–4:30 p.m.

Dec. 4, 9 a.m.–3 p.m.  
Dec. 11, 9 a.m.–3 p.m.  
Verlot Public Service Center  
33515 Mt. Loop Highway, Granite Falls  
360.691.7791  
Weekends, 8 a.m.–3:30 p.m.  
Honeysuckle House  
1215 State Route 530, Darrington  
Thu.–Sun., 10 a.m.–5 p.m.

## Skagit General Store winter hours

The Skagit General Store in Newhalem has adjusted its hours of operation to accommodate the slower winter season.

The store is open weekdays only during the winter months:

Monday – Friday, 10 a.m. to 5 p.m.  
206.386.4489.

# Concrete Herald

The Voice of Eastern Skagit County

# Subscribe Today!

Your life. Your stories. Your news.

**1 Year**  
**Subscription Options**

..... 12 ISSUES .....

Print	E-edition*	Combo
<b>\$26</b>	<b>\$15</b>	<b>\$35</b>

Send your check, payable to Concrete Herald, to:  
**Concrete Herald**  
P.O. Box 682, Concrete, WA 98237

**Prefer to pay with a credit card?**

Go to [www.concrete-herald.com](http://www.concrete-herald.com) and click on "Subscribe"

# Concrete Herald

The Voice of Eastern Skagit County

Save a tree!

Subscribe to the new e-edition of Concrete Herald!

*\*E-edition sent via e-mail as a PDF attachment(s); include e-mail address with order. See [www.concrete-herald.com](http://www.concrete-herald.com) for Canadian and overseas rates.*



## Assistance is our business...

■ Services & Programs	■ DSHS Assistance	■ Veterans Assistance
■ Adult Literacy	■ Energy Assistance	■ Visitor Information Center
■ Concrete Chamber of Commerce	■ Food Handler Permits	■ Water Sample Testing
■ Concrete Licensing	■ GED Classes	■ Women, Infant & Children Program
■ Copy, Fax & Notary Services	■ Legal Clinic	■ Women's AA
	■ Teen Clinic	



45770 Main Street in Concrete  
(360) 853-7009 | (360) 853-8767

Call for more information & schedules or visit: [www.concrete-wa.com](http://www.concrete-wa.com).





# Seniors



## Coffee Break

Don't be boring

By Patrick Kennedy

If people are yawning all around you, does that mean you are boring? Many senior citizens fall into this “trap” during their transition from busy work days to days filled with abundant “alone time.”

Personal boredom can set in, that emotional state experienced during periods lacking activity, when one is uninterested and unaware of his or her surroundings, or when one’s days consist largely of activities that are accomplished alone.

Popular activities that seniors often pursue alone include watching TV, crossword puzzles, and reading books. All have the potential of producing personal boredom, with the exception of reading books: That pursuit can expand to include conversations with others, such as within a book club environment.

“There are many ways of going forward, but only one way of standing still,” said President

Franklin Roosevelt. Being alone and being uninteresting is similar to standing still, and it generates a boring person.

The idea, then, is to move around physically and mentally. “The less routine, the more life,” said the philosopher Amos Bronson.

Even some of our favorite things can become routine. Walking, jogging, or even running several times a week can be a routine that gets you outside and maybe even stimulates the brain. Ideas will flash into your imagination as trees or parked cars fly by. Mix it up and run a different route every day. Maybe a running club will help, or even a gym and a treadmill gets one communicating with other runners.

There are ways to fight being bored, which leads to being boring. Inspect your life to figure out why you are bored. Look at things in a new way and think creatively to find the fun in everything you do. Make a list of things you want to accomplish in life. Try to appreciate new things, such as art, music, books, or a garden in the yard.

Being boring is hardly the worst problem you could have, but don't make it someone else's problem.

Patrick M. Kennedy is the author of *How to Have Fun with Retirement*, a sneak peek of which is available online at [www.funwithretirement.com](http://www.funwithretirement.com).

## Way Back When

### 80 years ago

Dec. 11, 1930: The proposed rural free delivery route from Concrete to Birdsvew is now an assured fact and prospective patrons of the route have only to get ready for the beginning of the service on Jan. 16, 1931. A petition was filed some time ago asking for the establishment of the route, and about two weeks ago it was announced that the route would be established if 80 families would sign up to take advantage of the service. It was believed this would be easy, but nothing was absolutely certain until the names were on the dotted line.

### 70 years ago

Dec. 5, 1940: Fire of unknown origin completely destroyed

Tumleson's Amusement Hall at Van Horn early Sunday morning.

On Saturday evening, the dancers attended their last dance at the hall. After the crowd had left, Mr. Tumleson made his usual round of the building to see that everything was in order and retired. He was awakened about 5 a.m. the next day by his neighbor, Harry Theodoratus, who had been awakened by the flames. When the men got on the scene, the entire east end of the building was burning and little could be done with the only water available, a garden hose.

### 60 years ago

Dec. 28, 1950: Perhaps the biggest earth slide in the upper valley in many years occurred Christmas night in the hills just north of Concrete. The slide, about a half mile in length and covering an estimated 15-20 acres, brought residents of the Limestone Street district out of their



**20 years ago:** The Dec. 6, 1990, *Concrete Herald* carried this photo of about 100 Concrete High School students who had participated in a peaceful demonstration the previous Friday. The students were protesting the school board's refusal to amend the district's closed campus policy. The students marched in a protest rally from the high school to Loggers Landing, then back to the high school, during their lunch period. The demonstration was called by ASB President Jason Vose, who reported that all but two students returned promptly for their afternoon classes after the demonstration. *Concrete Herald archive photo.*

beds about midnight as the noise of the cracking of trees and rumbling of the earth gave warning of the danger.

No actual property damage was done, as the slide occurred back of the ridge behind the Limestone Street homes and paralleled the street.

### 50 years ago

Dec. 8, 1960: Saturday is the big day at Marblemount, for after many years of effort, they will open their new Community Club building for use. The official dedication has been set for

the evening with a program of entertainment and dancing open to everyone in the valley. There also will be an open house from 2 to 4 p.m., during which time Art Enthrop will lead building tours.

### 40 years ago

Dec. 3, 1970: Brake failure was blamed for a car-store crash

that caused damages estimated at \$1,000 to Clark's Grocery in Marblemount Saturday afternoon.

State Patrol troopers said a small pickup driven by Elizabeth Riggles, 18, of Newhalem, pulled into the store's parking area when her brakes failed and her vehicle went into the front of the store.



**30 years ago:** Eighty volunteers and at least 15 loaned vehicles converged on the old Concrete Grade School the morning of Sat., Dec. 6, 1980, for a well-organized moving operation that transferred desks, equipment, and boxes of books and supplies to the school's new location off Superior Ave. South. The move went “better than I dreamed possible,” said then-Principal Bob Sjoboen, and was completed in a long day's work that lasted nearly 12 hours for some of the volunteers. *Concrete Herald archive photo.*

## Concrete Senior Center December 2010 Activities

Lunch is served Monday through Friday, 12:30 p.m.

### Mondays

9 a.m. Gray Ladies Hoop Quilting  
1 p.m. Skip Bo

### Tuesdays

10 a.m. Dominoes  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Wednesdays

8:30 a.m. - 3 p.m. Quilting  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Thursdays

10 a.m. - 2 p.m. Wii Sports play  
11:30 a.m. Jigsaw puzzle

### Fridays

11:30 a.m. Jigsaw puzzle  
Noon Mexican Train Dominoes

### Special Events

12/8 11 a.m. Advisory Board meeting  
12/8 1 p.m. Bingo  
12/16 12:30 p.m. Christmas Lunch  
12/21 Noon Leap of Faith  
12/22 1 p.m. Gift Exchange Party  
12/29 11 a.m. Bingo  
12/30 Foot Care by appointment

### Holiday Closures

12/24 Christmas holiday: Senior Center closed  
12/31 Furlough Day: all Skagit County offices closed

How to Have Fun with Retirement

Order your copy of Patrick M. Kennedy's Book [www.funwithretirement.com](http://www.funwithretirement.com)

90.1 KSVU-FM

88 News, Talk, and Music 108

Skagit Valley Upriver Community

To volunteer for KSVU call 416-7001  
To sponsor KSVU call 416-7711



# Sunday School lesson

## The indescribable gift

By Bruce Martin

“Thanks be to God for His indescribable gift” (2 Corinthians 9:15).

This is the time of the year when we give thanks for a bountiful harvest, and give and receive gifts.

What better time to share the greatest gift ever given: the gift of eternal life through Jesus Christ, God’s one and only son.

The Apostle Paul had just concluded a detailed discussion with the Corinthian church about giving. He understood that there was no reason to even speak about giving without talking about the author of giving, the greatest giver of all, our Heavenly Father, and the greatest gift of all: Jesus.

Why is it that Paul calls this gift “indescribable”? The King James Bible translates the word “unspeakable”; The New Living version says, “a gift too wonderful for words.” The literal Greek simply means, “beyond telling, too wonderful and glorious to relate in human language.”

This gift God has given to us is beyond description in many ways, but is best explained in the words of Jesus to a spiritually thirsty man named Nicodemus in the third chapter of the Gospel of John. Jesus expressed God’s heart and motivation in the giving of this wonderful gift:

“For God so loved the world that He gave His one and only Son that whoever believes in Him shall not perish but have eternal life” (John 3:16).

Let us consider for a few moments why this gift is so “indescribable.”

First, it was given as an expression of God’s love, expressed without condition: “For God so loved the world He gave...”

Sometimes our giving is more out of necessity or obligation than from our hearts. God’s love is given to us not because of who we are or what we have done, but because of who He is. His love expressed is beyond our understanding and can encompass every human, a love so pure that there is no sin too great that would cause God not to love us. His love can forgive every sin and transform every

sinner. It can satisfy the deep spiritual longing of the human heart for this life and throughout eternity; His love is expressed by giving.

Secondly, God’s love was expressed in action. It has been said that love is a verb. God’s love compelled Him to action. “For God so loved the world He gave.” We respond to God’s love by receiving His love and free gift of salvation by simple faith in Jesus Christ and what He has done for us. Could it be that we are objects of so wondrous a love and recipients of so precious a gift? Yes! O “Thanks be to God for His indescribable gift!”

Finally, it is essential to note the best news of all: God’s gift is for everyone.

“Whoever believes in Him (Jesus) shall not perish but have eternal life” (John 3:16).

What is the greatest gift you have ever given? What is the greatest gift you have ever received? God’s “indescribable” gift was the most precious and valuable gift He could give you and me.

The gift of salvation is free, but it was not cheap. God gave His only Son, who gave His life as a ransom for many.

It was a gift that fits our need perfectly. If our greatest need was for information, God would have sent us an educator. If our greatest need had been for technology, He would have sent us a scientist. If our greatest need had been for money, God would have sent us an economist. If our greatest need had been for pleasure, He would have sent us an entertainer. But our greatest need was for salvation, so He sent us a Savior.

“For unto us a child is born, unto us a Son is given, and the government shall be upon His shoulders. And He will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of his government and peace there shall be no end” (Isaiah 9:6-7).

“Thanks be to God for His indescribable gift!”

*Bruce Martin is pastor of Concrete Assembly of God.*



## Obituaries

**Dale Delbert Middleton**, born Aug. 23, 1934, in Portland, Ore., passed away Nov. 13, 2010, in Sequim, Wash., from complications of COPD.

Dale was raised in Concrete, Wash. He joined the Navy in 1952. After the Navy he managed Thom McCann shoe stores in various cities, went into the scaffolding business, retired, and moved back to Concrete, then moved to Sequim in 1998.

He is survived by his partner Helen Kuznek; daughter Darcy (Rex) Smith, Boise, Idaho; son Cory (Joanne), Eugene, Ore.; sister Dona (Vince) Mongillo, Yachats, Ore.; stepdaughter Dawn Provencio, Gig Harbor, Wash.; stepson John Parker, Covington, Wash.; five grandchildren; and three great-grandchildren.

Dale was preceded in death by his wife Betty and 14-year-old daughter Roxanne in 1972; his wife Teresa in 2002; two brothers and one sister.

At his request there will be no services.

www.concrete-herald.com

Peterson, cont. from p. 7

before,” he said. Peterson said he’s working hard on teaching fundamentals and understanding right and wrong decisions on the court.

With 17 players this year (up from 9 last year), however, Peterson is optimistic about the team’s chances.

“I’ve been really pleased with the kids’ work,” he said. “They’re really coachable. I think we’ll be competitive.”

Peterson is a long-term thinker and is encouraged by the six freshmen who have turned out this year. It bodes well for the future depth of Concrete’s basketball program, he said.

“It’s good to see the kids come out and want to participate. I’m really excited and pleased that they’re coming out,” he said.

## An Elf’s Life

By Jonathan Carter



## Worship directory

### Assembly of God

Concrete Assembly of God  
45734 Main St., Concrete; 360.853.8042  
Sunday worship: 10 a.m.  
Tuesday: Men’s meeting, 8:30 a.m.  
Wednesday: Adult Bible Study, 6 p.m.  
Thursday: Women’s Bible Study, 6:30 p.m.

### Lutheran

Shepherd of the Hills Lutheran Church  
46372 Main St., Concrete  
360.853.8814  
Sunday Worship: 10 a.m.  
Marcus Stroud, pastor

### Presbyterian

Mount Baker Presbyterian Church  
45705 Main St., Concrete  
Sunday worship: 8 a.m.; Wednesday: 7 p.m.  
Church 360.853.8585; office 360.595.0446  
www.mtbakerpresbyterian.synodnw.org  
Tom Ross, pastor

### Nondenominational

Community Bible Church  
45672 Limestone, Concrete; 360.853.8511  
E-mail: cbcofconcrete@earthlink.net  
Sunday School: 9 a.m.; Worship Svc: 10 a.m.  
Childcare/Children’s Ministries at both  
Contact church for other available ministries

Rockport Christ the King Community Church  
11982 Martin Rd., Rockport, WA 98283  
Pre-service fellowship: 9:30 a.m.  
Sunday service: 10 a.m.  
Sunday eve. Bible study: 5 p.m.  
Church office contact: 360.853.8746

To add your place of worship to this directory, call 360.853.8213 or e-mail editor@concrete-herald.com.

www.concrete-herald.com

## Sheriff’s blotter

November 11

A Grasmere caller reported someone had thrown a pumpkin at his mailbox and knocked it off its post. Deputies watched for repeat performances in days following.

November 10

A Hamilton caller said they’d gotten a call from someone who claimed to be a friend of the family. Caller said they were in Madrid, Spain, and needed some money. Caller said it was a scam and wanted it on record.

November 9

A deputy investigated a theft in the Hamilton area and located a suspect, a 25-year-old Hamilton man. The man had three arrest warrants, including theft and violation of court orders. Jail was too crowded to accept him; he was released. The theft report was determined to be unfounded.

November 8

A caller from Concrete High School reported a 15-year-old student in the office had some marijuana. A deputy arrived. The boy admitted to smoking marijuana, but said he had nothing left. Deputy checked and found a baggy with a small amount of pot and a pipe used to smoke it. The boy was booked into juvenile detention and charged with marijuana possession.

November 7

A deputy made a traffic stop on a driver pulling an unlicensed horse trailer in the Concrete area. The driver was a 46-year-old Concrete man who had a valid New Mexico license but was suspended in Washington State. Driver was cited for driving with a suspended license and no license plate on the trailer.

November 7

A Sedro-Woolley caller reported an early morning party. Neighbors were parked in his driveway, blocking it, and there was loud noises and cars revving engines. Deputy contacted the partiers, who said they would quiet down and move the cars.

November 6

A caller east of Marblemount reported that his adult son’s car was found parked by a trailhead. Caller said he had not seen his son in almost three months and was concerned. Caller contacted the Sheriff’s Dept. later and reported he had heard from his son, who had simply been on an extended hike.

November 5

A report came from Concrete Middle School about three 13-year-old female students who appeared to be under the influence of “something.” Their speech

was slurred and they were disoriented. A deputy arrived and learned that one of the girls had stolen prescription medications from her grandmother and all three girls had taken some. All families were involved in the investigation. The girls will be referred to juvenile court for charges of violation of a controlled substance.

November 5

A Prairie caller reported hearing several juveniles and a couple cars in the area. There was lots of yelling and “crashing” sounds. Caller thought the kids were trashing mailboxes in the area. A deputy arrived and found no suspects. No damaged mailboxes were observed.

October 31

A Hamilton caller reported loud voices, a possible domestic dispute. Deputy arrived at the house in question to find a small party. The partygoers were loud because they had misplaced an item and were looking for it. No fighting was observed.

October 30

A Hamilton caller reported his pistol had been stolen. He thought his live-in girlfriend might have taken it. Deputy questioned the suspect, who denied having stolen the gun. The gun was entered into the computer as stolen; investigation continues.

October 29

Two girls, ages 15 and 17, got into a fight on a school bus in the Hamilton area. The fight was recorded on video. A deputy was to review the tape and determine if charges were appropriate.

October 28

A Birdsview caller reported a reddish-colored vehicle occupied by a male subject. The man had a camera with a zoom lens and was taking pictures of residences. The man left before a deputy arrived. His motive remains unknown.

October 27

A Sedro-Woolley woman reported that her ex-boyfriend continued to call and e-mail her in a harassing fashion. She thought he had hacked into her computer and wanted a deputy to contact him and tell him to stop. A deputy spoke to all parties.

October 27

Three Concrete Middle School students were found in possession of a small amount of marijuana while on campus. A deputy interviewed the boys; all three will be referred to juvenile court for possession of marijuana. The boys’ ages were 13, 13, and 14.

October 26

A Day Creek business reported they’d had the radiator and two batteries stolen

from a road grader. Value of the radiator was \$3,000. The items likely were stolen for their scrap metal value. No suspects at this time; investigation continues.

October 25

A Lyman caller reported a gunshot at a property that deputies have visited before. In the past, the homeowner has believed that people are spying on him and trying to break into his shop. This time, the homeowner said he had his .22 rifle, and, while he was in the backyard looking for people, he accidentally shot himself in the foot. Deputy seized the rifle and the man was taken to a hospital for treatment.

October 20

A Clear Lake woman reported that she was chased by a black dog and a white dog with black spots, who jumped at her and tore her jacket. Animal Control Officer contacted the dogs’ owner. The two parties will talk and resolve the problem of reimbursement for the torn coat.

October 17

A Hamilton caller said he’d bought a truck whose seller later reported it stolen and disputed its ownership. This is a civil issue.

## Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender’s presence when, in the discretion of the agency, the release of information will enhance public safety and protection.

**Fixel, Adam Joshua**

Age: 23  
Race: W  
Sex: M  
Height: 5’ 7”  
Weight: 145  
Hair: Blonde  
Eyes: Blue  
Address: 333xx  
Cockreham Island Rd., Hamilton



Fixel was convicted of Third-Degree Assault with Sexual Motivation. His victim was a 15-year-old female whom he had just met. Alcohol was involved.

Fixel is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

Source: Skagit County Sheriff



## GROCERIES / PRODUCE / MEAT

- Fishing Tackle & Licenses
- 24-Hour Ice
- LOTTO & Cash Machine
- Western Union
- Copies / FAX Service
- Movie Rentals



## Take-Out from our Deli!

Hot Dogs - BBQ Roasted Chicken - Pizza

Monday thru Saturday | 9 AM - 8 PM  
Sunday | 10 AM - 6 PM

44546 State Route 20, Concrete  
360.853.8540 | FAX 360.853.8208

www.redapplemarkets.com



Quarry products:  
5/8" to large riprap  
You haul or we deliver

Robert Hornbeck,  
owner, L.B. & R. Logging

## Worth repeating

“Faith must be tested, because it can only become your intimate possession through conflict. What is challenging your faith right now? The test will either prove your faith right, or it will kill it. ... The ultimate thing is confidence in Jesus. Believe steadfastly in Him and everything that challenges you will strengthen your faith. Faith is absolute trust in God, trust that could never imagine that he would forsake us.”

—Oswald Chambers, *My Utmost for His Highest*





# Health



## Snow thrower safety and winter maintenance

(ARA) — The late-November snow that blanketed eastern Skagit County probably sent many citizens scrambling for their snow throwers, while sending others to hardware stores to buy one.

If you're in the latter group, it's important to follow proper safety procedures to prevent injury and review maintenance tips to keep your snow thrower in tip-top shape all winter. Hopefully it's not too late to soak up a little knowledge on the topic.

**Safety first**

One of the most important things to do when getting ready to use a snow thrower is to read and understand all instructions before operating it. When you're ready to start up your snow thrower, always wear protective eyewear, like safety goggles, and make certain you wear proper winter gear.

When operating a snow thrower, follow these safety tips:

- Remember to inspect the area that is going to be cleared before using the machine, and remove any objects from the area that may cause harm, such as doormats, newspapers, sleds, wires, pet leashes, and other objects that can be tripped on or pulled into the auger and/or impeller.
- Always use an approved chute-clearing device to clear a clogged chute; never use your hands.
- Remember that children ages 14 and under should not operate a snow thrower.

If you are looking to buy a snow thrower, it's important to know which is right for you. If you receive light snowfall, about 0 to 6 inches at a time, and have a smaller area to clear, try a

single-stage snow thrower, which has about a 12.5-inch clearing width and about a 6-inch intake height. For a slightly larger driveway about 20 to 40 feet long that receives light snowfalls, a gas-powered, single-stage snow thrower may be best for you.

For heavier snowfalls of more than 6 inches of snow at a time, try a two-stage snow thrower, which usually includes an electric start and a roughly 30-inch clearing width. Two-stage snow throwers break up snow with an auger (stage one), churn it up and send it to an impeller, a high-speed fan that throws it out of the chute (stage two). These snow throwers are larger and are ideal for long driveways, compacted snow, and heavy snowfalls.

**Protect your investment**

If you already own a snow thrower, maintaining it is an important step for smooth winter operation. Here are a few

- tips to help keep your snow thrower running properly:
- Add fresh fuel before you use your snow thrower for the first time, and prime the unit as specified by the engine manufacturer to make starting easier.
  - Change your oil and spark plug at the beginning of each season, and check the oil before each use.
  - Run the unit regularly, at least once a month, to circulate the fuel—even if there's no snow.
  - Always use a manual pump or portable electric tire inflator to inflate your snow thrower's tires, because the tires are low-volume, low-pressure tires; do not use an air compressor, because it is generally a high-volume, high-pressure unit that is capable of overinflating a tire quickly, possibly rupturing the tire assembly and causing harm

## Feed your immune system well

By Karl Mincin

In one of the most dramatic demonstrations of the diet/disease connection, a classic scientific study showed a marked decrease in white blood cell (WBC) count immediately following the consumption of sugar. The drop in infection-fighting WBCs was virtually instant.

The lesson? If you want to avoid catching a cold—or cancer—avoid sweets. In fact, even if you already have such a condition, avoiding sugar—even concentrated natural sugars from fruit juice—will allow your immune system to get back on its feet more quickly and can speed up recovery.

The immune-suppressing effect of sugar is just one example of food's effect on health. Because the immune system is at the root of your overall health, whatever you can do to strengthen your immunity will contribute to improved overall well-being.

Not surprisingly, the foods that are good for other body systems—cardiovascular, digestive, endocrine (hormonal balance), musculoskeletal (including joints and bones), and blood sugar balance (diabetes or hypoglycemia)—also are beneficial for

the immune system.

Most foods fall into one of two classifications: immune- and health-building foods, and health-destroying foods.

For example, functional foods that fight flu include red pepper (cayenne). In addition to increasing circulation and reducing mucous congestion, it has both anti-viral and antibacterial properties. Fresh raw nuts such as almonds, pecans, and Brazil (Amazonian) nuts are high in the antioxidant and immune-boosting mineral selenium. Yogurt can help reduce sneezing and coughing (although for many individuals dairy products will increase mucous congestion).

New research on the potent cancer-fighting effect of medicinal mushrooms also is impressive. Small battles even against AIDS are being won with the heavier nutrition artillery and medical foods such as phytonutrients, concentrated herbal extracts, specialty antioxidants, sulfur-based compounds, omega-three fatty acids, and specialized polysaccharides from modified citrus pectin.

*Karl Mincin is a clinical nutritionist in practice locally for 25 years. He specializes in nutrition assessment testing and may be reached at 360.336.2616 or online at [www.Nutrition-Testing.com](http://www.Nutrition-Testing.com).*

## Savvy Businesses Targeted

### Advertise in Concrete Herald

5,000 copies circulate throughout Whatcom, Skagit, and Snohomish Counties (and beyond) every month, reaching a largely untapped market of readers, many of whom say they read only Concrete Herald. If you're not advertising in "The Voice of Eastern Skagit County," you're missing thousands of potential customers.



"Our ads in Concrete Herald help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from Concrete Herald readers."

Valerie Stafford  
communications director  
United General Hospital

## Our advertisers agree...

# Concrete Herald

The Voice of Eastern Skagit County  
[ads@concrete-herald.com](mailto:ads@concrete-herald.com) 360.853.8213

# BUSINESS DIRECTORY

**Auto/Equipment repair**  
**Clear Lake Heavy Equipment Repair**  
12785 State Route 9, Clear Lake  
360.856.9004  
Maintenance and Repair of Cars/Pick-ups  
Excavators/Dump Trucks and more!  
Roadside Service Available

**Bookkeeping**  
**UpRiver Bookkeeping Services**  
360.826.4448 or 360.708.9761  
upriver21@frontier.com  
Reasonable rates  
Payroll services to full-charge bookkeeping

**Brew pubs**  
**Birdsview Brewing Co.**  
Fresh micro beer brewed on our premises  
Great food! Family friendly!  
Open Tuesdays through Sundays  
38302 State Route 20, Birdsview  
360.826.3406 / [www.birdsviewbrewingco.com](http://www.birdsviewbrewingco.com)

**Construction**  
**Don Payne's Backhoe Services**  
Extensive experience, reasonable rates  
Trenching for electrical and plumbing lines,  
site preparation, road- and lot-clearing  
360.853.7838 / 770.0178  
dpaynes2001@yahoo.com

**Donald H. Moore Construction**  
Dump truck / Sand / Gravel / Topsoil  
Complete excavation and lots, to acreage  
cleared / log loads, underground utilities avail.  
Licensed, bonded, and insured  
360.853.8525

**Farm and estate sales**  
**Salmagundi Farms / George A. Lloyd**  
We buy, sell, trade; consignment or cash paid  
35 yrs. sales experience  
Licensed, bonded, & insured  
360.678.5888  
SALES EVERY SATURDAY AND SUNDAY

**Gifts**  
**All Valley Storage & Gifts**  
31687 SR 20, Ste. 102, Lyman/Sedro-Woolley  
Our prices can't be beat! Beanpod candles,  
home/garden items, decorating ideas, more!  
360.826.6001 / [allvalleystorageinc@live.com](mailto:allvalleystorageinc@live.com)  
Online: [www.allvalleystorageinc.com](http://www.allvalleystorageinc.com)

**Matty's on Main**  
45905 Main Street, Concrete  
\*\* UNIQUE & ANTIQUE \*\*  
Family Gift Shop / Special Orders  
FREE GIFT-WRAPPING AVAILABLE  
360.333.8851

**Northwest Garden Bling**  
[www.nwngardenbling.com](http://www.nwngardenbling.com)  
7460 S. Dillard, Concrete  
360.708.3279 / [nwngardenbling@frontier.com](mailto:nwngardenbling@frontier.com)  
Gift shop featuring stained glass and mosaic.  
Supplies, classes, and gift certificates.

**Sauk View Gallery**  
Watercolor Christmas Cards Demonstration.  
Sat. Dec. 4, 11 a.m.–2 p.m. at Sauk View  
Gallery, Hwy 20 & S. Dillard Ave., Concrete.  
For a small fee, join in the fun and try  
your own. Call 360.853.8209 for more info.

**Hair salons**  
**Hair Fitness**  
Complete family hair care, specializing in:  
PERMS / COLOR & CUTS / WAXING  
More than 25 years' experience!  
Call Kathy Monrad and Becki Hoover for appt  
360.853.8684

**Insurance**  
**Farmers Insurance**  
Notary Public  
45905 Main Street, Concrete  
\*\* CHECK OUT OUR NEW LOW RATES!! \*\*  
PLEASE CALL FOR QUOTE  
360.333.8851

**Lawn care**  
**North Cascade Lawn Maintenance**  
Your dependable, full yard care specialist  
Mowing, trimming, tilling, snow removal,  
pressure washing, debris removal  
Licensed and insured; call for free estimates  
Robert Lahr, owner, 360.708.2504

**Lodging**  
**Ovenell's Heritage Inn/Double O Ranch**  
Fully equipped log cabins; AAA; 580-acre  
cattle ranch; all-natural, grain-fed beef;  
special events; getaways; local discounts; and  
wildlife! See our views of Mount Baker!  
360.853.8494 / [www.ovenells-inn.com](http://www.ovenells-inn.com)

**Photography**  
**Kamber Kustom Photography**  
Affordable custom photography for your  
wedding, quinceanera, birthday, senior pics,  
more. Special artworks created on request.  
E-mail: [cloudjocky34@live.com](mailto:cloudjocky34@live.com)  
[www.kamberkustomphotography.com](http://www.kamberkustomphotography.com)

**Kristina Collins Photography**  
Specializing in commercial, advertising,  
and freelance photography.  
Also online social media marketing.  
360.622.6204 [photography@kristinacollins.com](mailto:photography@kristinacollins.com)  
[www.KristinaCollins.com](http://www.KristinaCollins.com)

**Pat Buller Photography**  
Pat Buller signs his 2011 calendar Sat., Dec. 11,  
from 1–3 pm at Sauk View Gallery, Hwy 20 &  
S. Dillard Ave., Concrete. Call 360.853.8209  
for more information. Christmas cards and  
stationery gift packs available.

**Pregnancy counseling**  
**Pregnancy Choices**  
Pregnancy tests • Options counseling  
Parenting classes and store  
Free and confidential • Walk-ins welcome  
45080 Fir St., Concrete (next to Self-Storage)  
360.853.7700 • [www.pregnancychoices.org](http://www.pregnancychoices.org)

**Restaurants**  
**Buffalo Run Restaurant**  
Closed in Dec.; open weekends Jan. 7, 2011  
Featuring buffalo, venison, elk, ostrich,  
vegetarian, and all-American favorites!  
60084 State Route 20, Marblemount  
360.873.2103

**Cascade Burgers**  
45292 State Route 20, Concrete  
Featuring great burgers, fries, and milkshakes  
in a 1950s, family-style atmosphere!  
\* \* \* WINTER HOURS \* \* \*  
Mon., Wed.–Sat. 11 a.m. to 7 p.m.; Sun. 11–6  
Ask about our daily specials! 360.853.7580

**Lyman Tavern**  
8328 S. Main St., Lyman  
360.826.4131  
Full menu, including fresh burgers, fresh-cut  
salads, tenderloin steaks  
Find us on MySpace! Go to [www.myspace.com](http://www.myspace.com).

**Neapolis Restaurant**  
Authentic Mediterranean, dine-in or take out  
108 W. Moore St., Sedro-Woolley  
Sunday through Thursday, 11 a.m. to 9 p.m.  
Friday and Saturday, 11 a.m. to 10 p.m.  
360.855.1400

**Self-storage**  
**Concrete Self-storage**  
Located on Fir Street, Concrete  
Heated and nonheated, security surveillance,  
coded entry, 4x5 to 15x32 units, locks for sale.  
Customer service is our top priority!  
360.853.8100/concreteselfstorageinc@live.com

**Towing services**  
**Dave's Towing RTTO** (Bonded/Insured)  
24/7 towing extractions, tire changes,  
lock-outs, jump starts, fuel delivery, storage  
impound, and processing of abandoned  
vehicles. Credit cards and insurance accepted.  
360.853.7433 or 360.770.6705, Concrete  
**Book Dave's live band! Call 360.853.7433.**

**Rogers Towing**  
Fast, friendly, affordable service.  
24/7 towing, lock-outs,  
damage-free flatbed plus wheel-lift towing.  
Credit cards accepted.  
360.826.5514

**Wineries**  
**Challenger Ridge Vineyard & Cellars**  
Local wines, friendly faces, family- and dog-  
friendly. Camping available.  
Open weekends, 11 a.m. to 5 p.m.  
43095 Challenger Rd., Concrete  
425.350.8864 / [www.challengerridge.com](http://www.challengerridge.com)

To add your business  
to this directory,  
call 360.853.8213 or e-mail  
[ads@concrete-herald.com](mailto:ads@concrete-herald.com)

## TED ANDERSON

has joined the sales team at  
Doyle Guffie's Rallye Auto Sales! Stop in  
and see him Thursday, Friday, and  
Saturday every week.

# Rallye

AUTO & TRUCK SALES

360.391.8387 (cell) 360.757.7770 (office)  
1010 Old Hwy 99, Burlington | [www.rallyeauto.com](http://www.rallyeauto.com)

**Angel Tree, cont. from p. 14**

children and their families on Fri., Dec. 17, from 6–8 p.m. at the old Town Hall on 3rd Street behind the Fire Department. Please contact Werner if you would like to help with this event.

For more information on any aspect of the Angel Tree, contact organizer Tammie Werner at [oney\\_brat@yahoo.com](mailto:oney_brat@yahoo.com) or 360.826.3818.

**American Veterans Traveling Tribute coming to Mount Vernon**

A traveling replica of the Vietnam War Memorial will visit Riverfront Park in Mount Vernon in August 2011. Organizers are now accepting sponsors for the event.

American Veterans Traveling Tribute (AVTT) travels the USA with the mobile

wall to provide a forum for the members of the community to come together to honor, respect, and remember those who stood in harm's way to defend the U.S.

For more information or to sponsor the event, contact local coordinator Shelley Prentice at 360.647.8268 or [shellehyh43@msn.com](mailto:shellehyh43@msn.com).

Concrete Herald





# Dwelleysms

Wit from the Herald's former editor

“Honesty: to admit past mistakes and make every effort to see that they do not happen again.”  
“Remember when you could get a premium by sending a reasonable facsimile of a box top? Now folks are happy if they can buy a reasonable facsimile of the product.”  
“Gas rationing wouldn’t be half so bad if we could be sure it would make Mrs. Roosevelt stay home too.”

—Jan. 7, 1943

“Food scientists have developed a sausage that is stuffed with a little meat and the balance of soybeans. To make their discovery a complete dud, they admit that it is not very tasty. Possibly useful for counter displays.”

—Jan. 21, 1943



**Above:** Four generations gathered Aug. 8 for a memorable photo. Standing are great-grandma Joyce Tighe and her daughter, Delaine VanderLinden. Seated are Destiny Thompson and little Carman Morgan Lee Thompson. Submitted photo.

## Public Service Announcement



By Stig Kristensen

“The people of the upper valley are divided into two groups: the ‘haves’ and the ‘have nots.’ Half of them have a cold; the rest are just lucky.”

—Feb. 4, 1943

“One wonders how a voter can elect such masterminds to office and then lapse into imbecility immediately after.”

—Feb. 11, 1943

“Hitler is ill, reports state. Probably swallowed some of that rug he chews when things go wrong.”

—Feb. 25, 1943

## Concrete Harold



By Joyce Harris

“With the present need for workmen in this community, a lazy man almost has to go to work to get any rest. Somebody will always be waking him up to ask if he wants a job.”

—April 8, 1943

“Haircuts are going up again. What was all that about keeping down the overhead expense?”

—April 22, 1943

“One argument for private industry is becoming more apparent every day. A private concern is controlled and regulated more strictly than any publicly owned enterprise, and can be easier swayed by public opinion. A private concern depends on public good will, but did you ever try to get satisfactory action from one of our ‘public servants’?”

“We love the small town. Anytime anything happens to you, you can always hear such interesting versions of it.”

—May 20, 1943

“We used to hear about the younger generation heading straight for hell. But we didn’t realize that the mistakes of the older folks were going to be responsible for actually putting them there.”

—June 10, 1943

“The old saying is that the United States never lost a war or won a conference. The reason for this is that the fellows who win the war aren’t allowed at the conference table.”

—June 24, 1943

## What not to do during an interview

Personnel directors of 100 large corporations were asked to describe their most unusual applicant interviews.

- Interviewee wore earbuds, explaining that she could listen to the interviewer and the music at the same time
- Candidate dozed off during the interview
- Balding candidate excused himself and returned to the office a few minutes later wearing a headpiece
- Candidate announced she hadn’t eaten lunch and proceeded to eat a hamburger and french fries in the interviewer’s office
- Candidate said he never finished high school because he was kidnapped and kept in a closet in Mexico
- During interview, applicant phoned her therapist for advice on how to answer specific interview questions

The employers also were asked to list the most unusual questions that job candidates have asked:

- “What is it that you people do at this company?”
- “Why do you want references?”
- “Will the company move my rock collection from California to Maryland?”
- “Does your health insurance cover pets?”
- “What are the zodiac signs of all the board members?”
- “Does your company have a policy regarding concealed weapons?”
- “I know this is off the subject, but will you marry me?”

All of these ingredients earned the tour the reputation as a quality tour, well worth the price and a full day’s drive from Seattle.

The communities of eastern Skagit County did not get a share of the cheap electric power that passed by our homes, but we got jobs in Newhalem and Diablo, and our kids worked on the tours during the summers. For those of us living in the gateway community of Marblemount, the summer-long, daily multiple tours helped to fulfill the government promise that tourism would be the replacement for lost family wages (logging jobs) that the huge National Park would eliminate. Seattle, and Seattle City Light, seemed to be on board with the long-term commitment to quality tourism. Tours are a required condition of the FERC licensing agreement for Seattle’s ongoing use of the huge watershed that extends into Canada. However, the Federal Energy Regulatory Commission (FERC) condition does not specify the quality or quantity of the tours, which, sadly, have degenerated like a hydro turbine winding down.

With the advent of automation, the power house controls moved to Seattle, along with most of the jobs. Newhalem and Diablo shrank to a few homes, but the tours continued. With each passing year, something else was removed from the tour. First it was the train ride, then the incline lift ride, then the power house tour. With each deletion the tour became less and less interesting and unique. Predictably, attendance fell proportionately.

Seattle City Light was not supposed to be concerned if it cost them \$200,000 each summer, because the city received the benefit of millions of dollars worth of low-cost electricity—the engine that pulled Seattle to prosperity. That was a cheap price to pay for the exclusive annual use of our huge Upper Skagit watershed.

Seattle City Light, with the blessing of the Seattle City Council, is now redesigning the tour for 2011. What is left of the original tour program to make it a quality tour? Nothing! There is no daily tour. There are no multiple tours each day. There is no big bus ride to the power house tour, or for that matter, no tour of a power house. No incline lift ride up to Diablo Lake. There is still, when the tours are offered, a boat ride up Diablo Lake, but there is no tour through Ross power house. Finally, there is no family-style chicken dinner in the historic old cookhouse. J. D. Ross’ tomb is sadly unkempt, there are few flower gardens, and Newhalem and Diablo are equally vacant-looking. You can almost hear Ross

turning over in his neglected hillside grave.

Seattle City Light is now billing the tour revision as being more “sustainable.” Funny how SCL management has borrowed a term so that you’ll like the results of their tour reconfiguration. In fact, they are removing the memorable qualities of the tour and replacing them with cheap substitutes. This change is all about the almighty dollar and not at all about a quality tour program—hence the 2010 summer season cancellation.

The SCL-proposed 2011 tour program, with its uninspired tour offering, is opposed by the business community of the gateway communities.

Twice-daily tours bring tour visitors up the Skagit Valley both the night before and the night following the tour. This tourist spending stimulates the local economy and provides the tourists with greater exposure to this magnificent area. Under the proposed diminished mid-day tour, the visit becomes a day trip, with some kind of a lunch meal provided—not in the SCL cookhouse, which under this plan will now be torn down.

The gateway communities already have suffered from job losses and families leaving the area; now they are suffering from the loss of tourists that:

- will not be able to come to the area to experience the tour due to a significant reduction in tour offerings (only 27 regular tours all summer long),
- will not have any choice in the time of day to take the tour,
- and will evaluate the new tour offering and decide that there is not enough of interest to warrant the 300-mile drive.

For several years Seattle, through Seattle City Light, has been living off the goodwill that many years of quality, interesting tours gained them. Slowly and deliberately, they have been destroying the dynamics that made the tour uniquely successful. This latest proposal, under the guise of being “sustainable,” represents another round of program cuts that brings to a close any discussion about their commitment to a quality tour in the area.

This once-quality tour has been destroyed by the very organization that originated it in order to develop good public relations for a city that was getting such a huge electrical energy break. Now that they have that energy supply, and a long-term contract with FERC, why maintain old commitments that support the surrounding gateway communities?

Don Clark owns Clark’s Skagit River Resort and Clark’s Eatery in Marblemount.

Vecchio, and Portobello, where the streets are hilly and narrow. If you park on the street, we may not be able to plow your street at all because our plows don’t have room to maneuver or a place to put the plowed snow. This year the city will establish temporary no-parking/tow away zones on narrow roads and hilly areas such as those on Dukes Hill.

3. If you are physically able, clear the sidewalk in front of your house and help your neighbor too. We have many older people in our town; offer to help with their sidewalks, driveways, and front walks so they can get out safely if they need to.

I can’t stress enough the importance of keeping your vehicles off the street during a snow event. Please help us keep the streets clear by parking off the streets and on your own property.

Finally, I wish you a Happy Thanksgiving and if you have an extra hour or two this weekend, please stock up and be prepared for the winter weather.

I welcome your questions and comments. Please call me at 360.855.9922 or come by City Hall.

1990–1993) who was there to greet Kyler as he came off the field. The Lions never looked back after that as Howell and Clark ended with three touchdowns each. Kales, senior Raymond Benfit, Andrew Black, and Josh Rogge each tacked on a touchdown. Junior lineman Cody Corn, who spent much of the season sidelined with a broken arm, was successful on the first point-after-touchdown of his career. The Lions used mainly a rushing attack, with Howell leading the way with four carries for 159 yards. Other leading rushers for the Lions were Clark (5–52) and senior Dalton Dellinger (2–32).

The Lions say goodbye to eight seniors in Howell, Dellinger, Benfit, Rice, Corne, Uriah Kast, Chris Phillips, and DJ Mitchell. With a strong group of juniors coming back to lead the way next season, the Lions will hope to reach the playoffs again.

This story shows the compassion of this community in times of trouble, and Bev deserves the recognition.

Michael Hayes  
Concrete

# Classifieds

**MOVIES EVERY WEEKEND AT THE HISTORIC CONCRETE THEATRE**

**Fridays at 7:30 p.m.**  
**Saturdays at 5:00 and 7:30 p.m.**  
**Sundays at 4:00 p.m.**  
**All ticket prices \$6 or less**  
**24-hour MovieLine: 360.941.0403**  
[www.concrete-theatre.com](http://www.concrete-theatre.com)

## EMPLOYMENT

North Cascades Institute seeks a **Facilities Manager** for the Environmental Learning Center. This is a F/T exempt position with benefits. Details at [www.ncascades.org](http://www.ncascades.org). Send letter of interest, resume, and names and current contact information for three references to: North Cascades Institute, 810 State Route 20 Sedro-Woolley WA 98284 E-mail: [nci@ncascades.org](mailto:nci@ncascades.org)

## FOR SALE

**Headstones.** Traditional & One-Of-A-Kind. TODD’S MONUMENTS, (360) 708-0403. [www.toddsmonuments.com](http://www.toddsmonuments.com)

## PROPERTIES FOR RENT

**Concrete:** 7416 N. Superior Ave. 2-bedroom, all appliances, water, sewer, garbage. \$675/mo. 360.770.7470.  
**Concrete:** 2-Bed/1-Bath. 45106 Shields Court. Wa/ dryer, \$625/mo. 360.421.5261.  
**Birdsview:** 1-bed house, no pets, water included. \$500/mo. First/last/dep. 360.391.1418 or 360.391.0950.

## SERVICES

**General cleaning.** Residential and office. Reasonable rates. 360.610.5987, leave message.  
**Gladys’ Upholstery Shop.** Quality work, reasonable prices. 360.826.4848.  
**Northwest Garden Bling,** 7460 S. Dillard, Concrete 360.708.3279. Stained Glass & Mosaic classes, supplies, and gifts. [www.nwyardenbling.com](http://www.nwyardenbling.com)  
**STAINED GLASS SALE:** Dec. 26–31, 10 to 4 12” x 12” sheets: \$2.50; buy four get one free; half-sheets: \$1.00; scrap glass by the pound; bevels also on sale; pre-sales at regular prices, call for info.  
**Porcelain doll-making workshops** now available in Sedro-Woolley. Affordable and fun. For more info, call Val at 360.982.4234.  
**Custom mosaic and/or lessons.** Call Patty Detzer, 360.445.6281.

## WANTED

**Seeking info on people and little league players** who used to play in the Mount Baker Little League system from 1965/66–2000, for Mount Baker Youth Baseball History book. Need names of past coaches, players, umpires, past presidents, league officials who worked with our past youth programs. Need pictures (with names) and good stories. Also need info about past field locations, equipment, cost to play, even arguments that took place. All photos and material will be returned. E-mail info to [shiloshila@cablespeed.com](mailto:shiloshila@cablespeed.com). Snail-mail info to Jerry Smoot, 2972 Kelly Rd., Bellingham, WA 98226. 360.592.5905.

**To place a Classified ad,** contact *Concrete Herald* at 360.853.8213 or [editor@concrete-herald.com](mailto:editor@concrete-herald.com).



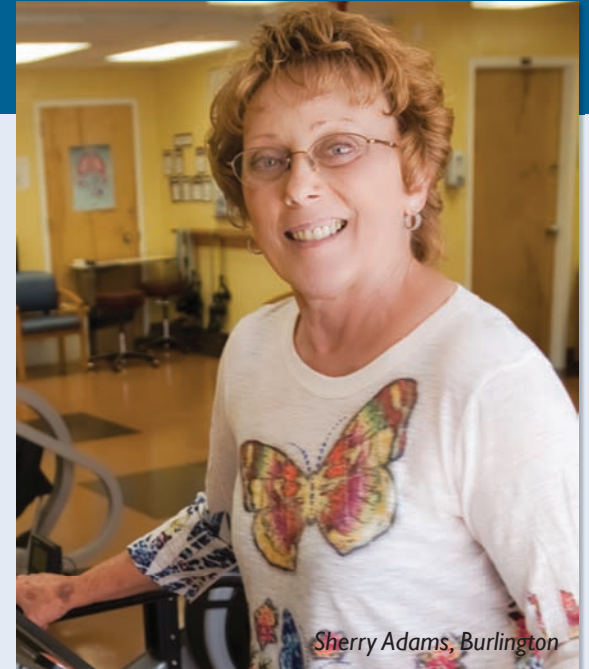
# We Measure Our Success by Yours.



Pinky Walker, Mount Vernon



Nan Hough, Mount Vernon

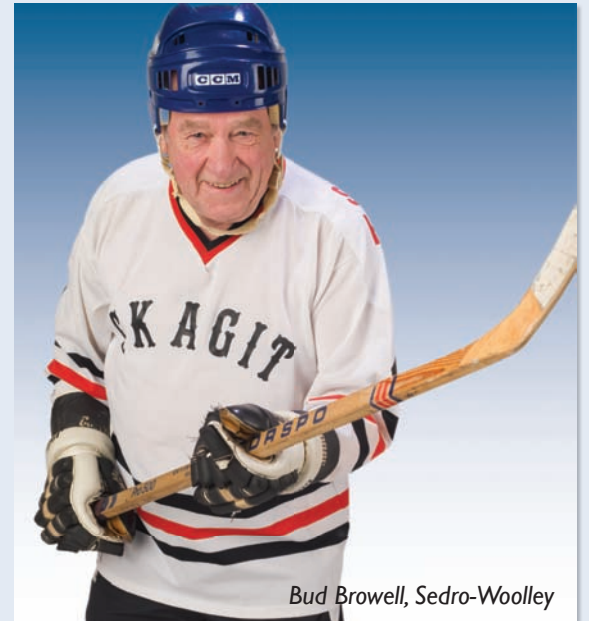


Sherry Adams, Burlington



Carol Pederson, Concrete

United General Hospital has been creating success stories since 1965. With the most advanced technology, expert staff, and a safe, friendly environment, we offer all the programs and services you need to live a healthier life. For high quality healthcare, community education, and innovative programs and events, think of United General Hospital as your partner in wellness. Because our success can only be measured by yours.



Bud Browell, Sedro-Woolley

- Acute Care • Breast Care Suite • Cancer Resource Center • Community Education
- Diagnostic Imaging • Diabetes Education Program • Emergency Room
- Fitness Center • Intensive Care Unit • Occupational Therapy • Physical Therapy
- North Puget Cancer Center • Pulmonary Rehabilitation • Sleep Disorders Center
- Speech Therapy • Surgical Services • Wellness Programs

www.unitedgeneral.org • 2000 Hospital Drive, Sedro-Woolley, WA 98284 • 360-856-6021

