

The Voice of Eastern Skagit County Concrete Here

Vol. 94, No. 1

January 2011

50 cents



The Skagit River Bald Eagle Interpretive Center in Rockport will host presentations, displays, and guided walks every weekend in January.



Bald eagle float trips offered by Pacific NW Float Trips and Chinook Expeditions give nature-lovers a front-row seat for eagle viewing.



Marblemount Hatchery tours educate visitors on salmon and hatchery practices, courtesy of Skagit Fisheries Enhancement Group.



The Carter Family band brings its bluegrass sound to town for a free concert at Concrete Theatre, Jan. 8 at 2 p.m. *Submitted photo.*

With a full line-up of January events ... Eagle Festival returns

By Jason Miller

The eagles are back, and eastern Skagit County is the best place to see them.

After a one-year hiatus, the popular Skagit Eagle Festival will once again welcome visitors to Concrete, Rockport, and Marblemount for four weekends this month. The festival will be held on Saturdays and Sundays from Jan. 8 through 30.

The lineup of events this year is even greater than before, with fun, interactive choices planned at venues in Concrete, Rockport, and Marblemount, including:

- Bus tours and bald eagle float trips along the Skagit and Baker Rivers
- Eagle-watching stations in Rockport and Marblemount; tours of the Marblemount Fish Hatchery
- Information stations at Sauk View Gallery in Concrete and the Skagit River Bald Eagle Interpretive Center in Rockport
- Deep Forest Experience guided walks at Rockport State Park
- Photography workshops, hayrides, cocoa and bonfires, craft fairs, and wine tastings
- Music by the Carter Family Band, Chris and Mary Brown, and Sharon Abreu and Michael Horowitz
- A "Recycled Art" contest, Chili Cook-off, Book & Bake Sale, and watercolor class
- Presentation on grizzly bears and wolves in the North Cascades
- Free tours and presentations from Puget Sound Energy at its adult fish trap location in Concrete
- Eagle Festival raffles and drawings

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Sedro-Woolley Christmas contest winners

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Rockport State Park after the storm

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PSE breaks ground on new power house

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Christmas for kids in Hamilton

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Skagit County Veterans Stand-down

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American Alps project seeks to expand park boundaries

A conservation group wants to redesignate large portions of land bordering the North Cascades National Park (NCNP) and says their new National Park status will create a win-win situation for wildlife and humans during the next two decades.

The North Cascades Conservation Council (NCCC) has been shopping around its proposal—dubbed the American Alps Legacy Project (AALP)—for more than a year, educating the public, east county businesses, and government officials on its idea to convert 57,700 acres of the Ross Lake National Recreation Area and 246,600 acres of National Forest Service lands into National Park. All lands in the proposal currently adjoin the NCNP, and all lands

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Marblemount woman battles cancer

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Concrete Herald

The Voice of Eastern Skagit County

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Airport scanners erode our freedom

Later this year we'll mark the 10th anniversary of one of the most brutal attacks on American soil in the history of our republic.

On Sept. 11, 2001, Islamic extremists hijacked three planes, two of which they flew into the World Trade Center in New York City, killing more than 3,000 human beings and further acquainting Americans with the intended by-product of such vicious actions: terror.

Almost 10 years later, our government seems more petrified than the average American of what might happen next. And no federal entity is making more rash decisions than the one in charge of securing our air travel: the Transportation Security Administration (TSA).

See Editorial, p. 31

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Opinion

Letters to the editor

Humor a challenging target

I am very sorry if the “Concrete Harold” cartoon that ran in the November 2010 issue of *Concrete Herald* struck a tone of offensiveness for anyone. I agree that it is not funny.

It is very challenging to come up with a scenario, time after time, that is truly funny. More often than not, I settle for something that is mildly amusing or that will generate a heartfelt snort.

Think of the last time you found a cartoon that gave you a genuine belly laugh. I would be willing to bet that same cartoon offended someone, somewhere.

Humor is a touchy thing to achieve. It depends on timing, surprise, maybe even ludicrous to sublime situations. This cartoon’s humor started out by focusing on the character of the waitress and her initial surprising response. That response was the punch line. At the last minute, in order to spare super-sensitive souls who read the cartoon, we scrubbed the original punch line. As a result, the cartoon plummeted into the “reluctant smile” category. Perhaps we should have scrubbed the whole cartoon.

Remember, Jason Miller has not titled the page on which “Concrete Harold” appears “Funny,” “Comics,” or even “Mildly Amusing.” He has titled it “Smile.”

Please try to see the best in that cartoon. Getting your fire department upgraded seems like a perfectly good reason to smile, to me. It is kind of like the grin I had spread all over my face when I received my cousin’s hand-me-down clothes.

Joyce Harris, cartoonist
Marblemount

Clear Lake dinner recognition

Thank you so much for the story and photos of the Clear Lake Community Connection Progressive Dinner. That being our fifth dinner, we were pleased with the enjoyment the Clear Lake area residents received from it.

Along with the two churches in the area, the Clear Lake Historical Association and the Clear Lake teachers, another group of volunteers have always been a supporter of this dinner: the Clear Lake

Fire Department. Members of their volunteer crew have been involved from the beginning in helping make sure these dinners are a success. They have been the financial support for the postage for the postcard invitations. They have provided the additional outside lights so that people progressing from one location to another are able to see their way. They provide the additional traffic help to make sure everyone, driver or walker, will get around safely. The Clear Lake Fire Department and volunteer firefighters contribute so much to our community, not only by fighting fires, but by ensuring that the fun we have can happen safely.

Also, thanks to OAYSIS for the donation of printing the beautiful postcards we send out inviting the Clear Lake area residents to this dinner. And to Jansma Construction for all their help, mostly with the donation of the many volunteer hours provided by Jeff, Karen, and Stacy Jansma.

Lots of wonderful people contribute time, food, creative effort, and abilities to make our community dinner and other events such a hit! Thanks to all of them.

Sylvia Matterand
Clear Lake Historical Association

Thank you for Christmas support

Thank you to the community for your support by buying trees from the Concrete

See Letters, p. 3

Corrections

A sports article in the November issue incorrectly stated that Tyler Clark had set a school record with an 85-yard punt return for a touchdown. It should have stated that he had tied the school record, which originally was set in September 1958 by Ronald Regan, who graduated from Concrete High School in 1959 and now resides in Fayetteville, N.C.

Letters policy

Letters of 200 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald.com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Letters, cont. from p. 2

Lions Club this December. All money raised will go back into the community in a variety of ways.

We hope to see everyone again next year. Thanks again.

Barbara Withrow, Concrete Lions Club
Concrete



Above: Some of Santa’s helpers stopped long enough for a photo at the Resource Center in Concrete Dec. 20. Left to right: Kay Brown, Ricky Rautenan, Angel Munday, and Lou Hillman. *Photo by Michael Hayes.*

Angel Tree brought hope to 124

Once again this year, the East County Resource Center and the Upper Skagit Library combined their efforts to bring the holidays to more than 124 children and families in eastern Skagit County.

The second annual Angel Tree quickly became an area of giving. The outpouring of support from the community and the surrounding area has once again surpassed all expectations.

To say thank you to all who have given time, money, and help to make this year’s Angel Tree the success that it is, hardly seems enough. Yet those who gave unselfishly to others in the hope of spreading cheer and goodwill did it for that very reason. All who have helped deserve so much more than a mere thank you; however, thank you is what I can say.

It has been awe-inspiring to witness. The fact that there are so many angels among us here in East County goes without saying.

Thank you to Lou Hillman, Kay Brown, Karen Smith, Gaylyn Harrington, Aimee Hirschel, Karen Ganion, Nancy Sparkowich, and Chris Brown for all your work. To all of you who helped anonymously (and you know who you are) I wish to say a heartfelt thank you as well.

This is yet another example of how Concrete is making a difference in the lives of our neighbors and our community. May each and every one of you have a happy holiday. I wish all the best to the community in the coming year.

Beverly Richmond, Upper Skagit Library
Concrete

Brighter holiday for area children

The Concrete Food Bank and Friends Helping Friends thank the wonderful people and organizations that donated whatever they could to help make the holidays a little brighter for the Children of Concrete: Toys for Tots, Concrete Eagles, Concrete Lions Club, Upper Skagit Indian Tribe, Concrete Fire Department, Paul Rider, and our friends and families who gave of their time and talents to wrap gifts and help with decorations and cookies. And, of course, the people who made our benefit “Fill Santa’s Sack” a success: Fred West and Val Stafford at Concrete Theatre, Sally Dellinger, the Assembly of God Worship Team, Paula Overstreet, Leap of Faith, Finney Creek, and Salt Marsh Caterpillar.

Adrienne Smith
Concrete

Lyman Angel Tree thanks

Thank you to everyone involved with the Lyman Angel Tree this year. It was our biggest year yet and although our need was great, the generosity of people was even greater. We could not do this event without the support of so many people and all our fantastic people who adopt tags and shop for their “angel.”

Our heartfelt gratitude goes out to all our “shopping angels”; our wonderful Santa, Mike Ford, and his helper, Pam Ford; Jason Brisson of the Lyman Fire Department; our wrapping volunteers Brandi Knapp, Roxie Griffith, Cyndi Stormo, Larry Weston, Brandon and Austin Werner, and Marlene Skelton; our party volunteers Casey and Debbie Boyd, Larry Weston, Patty Cook, Stan Werner, Elaine Kohler, Brandon and Austin Werner, Andrea Grinton and Morgan Hull; scarf, hat, blanket, and afghan makers Elaine Kohler, Ann Lepard, Patty Walker, Tami Hull, Pat Morgan, Diana Blankenship, June Harshman and her daughter, and Lynn Jonasson and the others who donated anonymously; food box help from Jim and Lynn Jonasson and the Lyman Library group; toothbrushes and toothpaste donated by Dr. Adkinson’s and Dr. Forsythe’s dental offices; and pet food donations from Chuckanut Valley Veterinary Clinic.

A special thank you to Lyman Town Clerk Debbie Boyd for going above and beyond the call of duty, always willing to help and assist in any way possible.

Thanks to all the Angel Tree families that came to our first Angel Tree party and to all the anonymous people who gave freely without recognition. Each and every

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Concrete cracks down

By Jason Miller

Town of Concrete will step up its enforcement of a few key ordinances during 2011, according to its Code Enforcement Officer, Rich Philips.

Nuisances

Concrete Municipal Code 8.04.30 places constraints on land owners, including owners of vacant lots, regarding elements that are not allowed on any property. Some of these elements include junk, discarded lumber, broken or neglected equipment, hazardous trees, and junk vehicles in public view.

Any property owner found to be in violation of the Nuisance ordinance will be given a warning notice and then fined upwards of \$100 if the nuisance is not addressed appropriately.

Loose dogs

A number of town codes address how pet dogs must be registered and maintained, including:

- 6.04.07: All dogs within town limits must have a current dog license
- 6.04.130: It's unlawful to harbor or permit a barking dog whose barking is bothersome to persons on adjacent property

- 6.04.140: It's unlawful for dog owners to allow their dogs to run at large within town limits
- Dog owners found to be in violation of these or other dog-related codes likely will get a warning first, then may face removal of their dog(s), a fine, and impound fees.

Parking

Particularly in Concrete's Town Center, unlawful parking is an issue that doesn't seem to go away, according to Philips.

The biggest issue is how long a person is allowed to park in a given space. Unless otherwise posted, parking along Main Street in the Town Center is limited to two hours. Twenty-three-hour parking is available in the municipal parking lot at Bear Square.

Discharge of firearms or weapons

In 2011, Concrete will get some assistance from the Skagit County Sheriff to enforce its ordinance pertaining to unlawful discharge of firearms or weapons within the town limits. It remains unlawful for any person to fire a gun or dangerous weapon within the town limits.

The town's ordinance was clarified by Undersheriff Wayne Dowhaniuk in late 2010. The changes cleaned up the definition of "dangerous weapon" and "firearm," and gave Sheriff's deputies authorization to enforce the ordinance.

Possible sex offender used Facebook to contact students

A local sex offender used Facebook to contact students in the Concrete School District in early December, according to a memo from CSD administration to parents and guardians, released Dec. 7.

"It has been brought to our attention that there has been, and might still be, many of our high/middle school students that may be contacted by a possible local sexual offender in the community through Facebook," the memo read in part.

A concerned parent notified the district after their child was contacted by the possible sexual offender, stating that many other students were connected or linked to the alleged offender through Facebook.

The school district contacted the Skagit County Sheriff's Office, notified all CSD parents and guardians of the report, and encouraged parents of all victims to call the SCSO. The district blocks all access to Facebook accounts from its schools.

"I cannot overstate the importance of parents monitoring their kids' online activities—especially Facebook and Myspace accounts—and sharing their concerns with their children," said Concrete High School Principal Don Beazizo. "Communication with our students is our best tool for ensuring that Concrete continues to offer a safe learning environment at school and at home," he said.

—J. K. M.

Concrete Herald
The Voice of Eastern Skagit County

Snow emergency street procedures

With more snow in the forecast, the Town of Concrete announces its procedures for keeping the streets clear of the white stuff, plus tips for keeping safe when the plows are active.

In Concrete's Town Center during and after major snow events, citizens and visitors are asked to parallel park (instead of angle parking) on the north side of Main Street. This will create more room for the plows to clear the street.

Concrete Public Works crews will periodically close the Town Center portion of Main Street after heavy snows, so that piles of snow can be removed, said Public Works Director Alan Wilkins. According to Code Enforcement Officer Rich Philips,

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THIS AND THAT

By J. K. M.

An **earthquake** rumbled Sauk City on Dec. 10, reports resident Nicola Pearson via e-mail. The epicenter of the temblor was literally at Sauk Mountain Pottery, where Pearson lives with her husband, Potter Stephen Murray.

"There was this tremendous explosion sound, like a sonic boom, and the house shook a little at the front," said Pearson. "We both assumed it was the gravel pit, blowing up rocks, until another neighbor called. He'd gone to the U.S. geological (Web) site and it listed an earthquake centered two miles west of Rockport at 11:11 a.m., that registered 2.2 on the Richter scale."

Births

On Dec. 29 at 8:05 a.m., Paul and Kirstin Rider of Concrete welcomed Elijah Michael Rider to the world. Michael weighed 9 lbs. 4 oz. and measured 19-3/4 inches at birth.

Elijah joins his sister, Rebekah, 7, and brother, Josiah, 4.

Anniversaries

Dale and Bea Philips of Concrete celebrated 67 years of marriage on Dec. 10. The Philips' son, Rich Philips, and daughter, Nikki Long, treated the couple to a celebration dinner at Lupitas Mexican Restaurant in Concrete Town Center.

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PSE breaks ground on new power house

\$43 million project will boost Concrete's revenues in 2011–12

BELLEVUE — Puget Sound Energy began construction on a new power house Dec. 16 on the Baker River to aid salmon runs while boosting the utility's output of hydroelectricity.

PCL Construction Services, of Seattle, is the project's general contractor. Creating approximately 40 construction jobs, the project will provide an economic boost for Concrete, where PSE's Lower Baker Dam is located.

Sales tax dollars from the purchase of construction materials end up in the town where the materials are used, which means that Concrete stands to gain more than \$160,000 during the next two years. In 2010, Concrete had collected almost \$200,000 in sales tax revenue.

The 30-megawatt power plant is the latest in a series of major fish-enhancement initiatives undertaken by PSE as part of its 50-year federal operating license for the Baker River Hydroelectric Project. Among other things, the 2008 license requires a

minimum downstream flow from PSE's Lower Baker Dam of at least 1,000 cubic feet per second. The project's previous license, issued in 1956, required flows of approximately 80 cubic feet per second to support upstream fish-passage facilities.

"With this new power plant, we're not only improving river flows for Puget Sound salmon, but we're increasing our capacity to generate renewable hydropower for the region and providing an economic boost to the local economy," said PSE Government and Community Relations Manager Ray Trzynka. "It's a win for the environment, for our local communities, and for our customers."

Because the new power house is creating an additional source of renewable energy, federal incentives could reduce the facility's projected \$75 million construction cost to PSE customers by up to 30 percent. Also, the new plant's output will count toward PSE compliance with Washington's renewable-energy standard, which requires the state's utilities to secure 15 percent of their power supply from renewable sources by 2020.

Besides increasing the minimum downstream flows passing through Lower Baker Dam, the new power house's 30-megawatt turbine will reduce the

speed, or "ramping rate," at which PSE is able to take its power-generating operation offline. A slower ramping rate lessens the chances of juvenile salmon becoming stranded in side channels along the river as downstream water levels rise or fall. Resource agencies say the increase in downstream flows and a slower ramping rate will help salmon migration and spawning.

The bigger, 79-megawatt turbine in PSE's existing Lower Baker Dam power house cannot operate efficiently under the new license's required flow regimes. Instead of spilling water to meet the new requirements, Trzynka noted, PSE opted to build a second Lower Baker power house immediately downriver that can take advantage of the flow directives in the new license.

The new power house, scheduled for completion in late 2013, will raise the power capacity of PSE's two Baker River dams from today's 170 megawatts to 200 megawatts, enough peak output to serve 150,000 households.

Fisheries agencies say PSE's investments and collaborative efforts could produce annual sockeye runs on the Baker River of 50,000 to 75,000 fish—a boon for fishers and their prey.

PSE Foundation awards nonprofits in 2010

BELLEVUE — The Puget Sound Energy Foundation announced that it distributed more than \$640,000 to 161 local charitable organizations throughout Washington state in 2010, directing \$202,500 in December alone to 84 organizations as part of the foundation's second round of grants.

Ranging in size from \$1,000 to \$25,000, the grants were awarded based on a two-tiered competitive review process to qualifying 501(c)(3) charitable organizations in Puget Sound Energy's 16-county service and broader operations area.

The foundation's first round of 2010 funding, announced in June, distributed \$155,000 in charitable grants to 61 local organizations in Washington.

The 2010 second-round Puget Sound Energy Foundation grant recipients in Skagit County included Concrete High School (\$2,500), Skagit Fisheries Enhancement Group (\$4,500), Guemes Island Fire Department Dist. 17 (\$2,500), Pacific Northwest Trail Association (\$2,000), and Skagit Preschool and Resource Center (\$1,500).

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Above: Ovenell's Heritage Inn brought a "Snoopy's Doghouse" float to the Christmas parade.
Below: At the Senior Center, kids scrambled for free plushy toys.



Above: As a dog, Carolyn Travis (left) reacts when Nicola Pearson scolds her during "The Gift," a play written by Pearson.
Below: Santa, Mrs. Claus, and a host of elves and helpers greeted kids at the Concrete Senior Center.



Above: Bruce Newburn and Judy Fales perform a reading of "How the Grinch Stole Christmas" with plenty of visual aids and laughs.
Below: Caleb and Jessi Martin discuss their Christmas tree options with Jim Park (right) at the Concrete Lions Club's sale, Dec. 4.





2010 football season wraps up

The Concrete Football team came as close as they could come to the second round of the playoffs, but were not quite able to pull it off as their season was cut short against a tough South Bend team in the first round of the state tournament.

This team had high hopes for going far, with many of them having played on the Superbowl Championship team as 6th and 7th graders, but a combination of obstacles stood in the Lions way.

South Bend ended the Lions’ season with a final score of 28–15. For a complete list of post-season award winners, see the info box, this page.

Wrestlers are off and grappling



Senior Scott Rice wrapped up his opponent during an away match against Darrington Dec. 9. The Lions took home the win that day.

Tough start for hoopsters

By Brooke Howell

The Concrete Lion’s boys basketball team got off to a rough start this season, going 1–7 in their first eight games with three of those losses a differential of only nine points.

The Lions will rely heavily on junior Tyler Clark, who started the season averaging just over 30 points a game, which is at the top of the state charts, along with senior Kyler Howell, a four-year starter, averaging just under 10 points a game. If those two can stay healthy, the Lions should be able to stay in most games.

Clark opened the season breaking the single-game scoring record for Concrete with 48 points against Chief Leschi, and followed that up three games later with a 45-point effort against Darrington.

Filling out the roster for the Lions are senior DJ Mitchell, juniors Aiden Walsh and Jake Massingale, sophomores Hayden Holbrook and Cody Jarmin, and freshmen Dallas Newby and Josh Rogge.

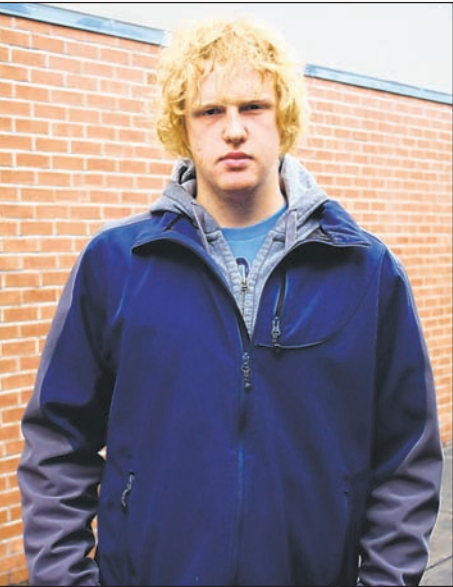
Coach Josh Peterson, who is in his first year at the Lions’ helm, is optimistic about this year’s team. “So far, I’ve been really pleased with our effort and hustle. We’ve raised our level of play and are starting to



Concrete’s Tyler Clark does what it takes to get a shot when the Lions took on Friday Harbor Dec. 14.

see results on the scoreboard. Clark and Howell have really stepped up and filled their roles as captains and leaders,” said Peterson.

One bright spot for the Lions has been their free throws, where they are shooting a respectable 70 percent from the line.



Athletes of the Month are Sarah Spaeth and Uriah Kast

Sarah Spaeth was “a surprise to me this year,” said soccer Head Coach Adam Woodworth of the junior center midfielder. “She’s very hardworking and committed to the team; she takes her position personally in that she feels it’s her responsibility to make the team better,” he said. Uriah Kast, a senior tackle for Concrete’s offensive and defensive lines, has racked up a long list of post-season honors, including being named the Associated Press’ first-string-all-state offensive tackle—the only Concrete player to snag that honor. “He’s come miles and miles as a student and an athlete,” said Head Coach Ron Rood. “We’re really proud of his effort in both of those areas.” Spaeth and Kast were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

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Lady Lions log wins, eye playoffs

By Jason Miller

“We’ve come a long way since those first four games,” said Head Coach Kevik Rensink of the women’s basketball squad.

The team started its season with two nonleague games against Coupeville and Cross Point Academy, and headed into league play against the two best teams into the league: Friday Harbor and Darrington.

The Lady Lions lost all four games, but turned the challenging matchups into learning opportunities.

“They’re playing a lot better now,” said Rensink.

Indeed. The Lady Lions have notched three wins since then, knocking off Seattle Lutheran 58–54 at home, Shoreline Christian 47–29, and North Delta B.C. 66–36. The North Delta win came during the Andy Thompsen Memorial Basketball Tournament in Concrete on Dec. 30.

“So we’ve won three of our last four games, and we have a lot of momentum now and are hoping that carries over,” said Rensink as he eyed the schedule for the first full week in January. “I’d like

to see us get two out of three (in league play); that would put us in good position,” he said.

See Lady Lions, p. 31



Jessica Filtz tosses one over a Friday Harbor defender as the Lady Lions took on the Lady Wolverines Dec. 14.

SOCCER AWARDS, 2010 SEASON

Team awards:

MVP: Lonna Lloyd; Most Inspirational: Thea O’Brien; Hustle Award: Seantel Shope; Rookie of the Year: Jonnie Rohweder; Foot Fury: Melia Thompson.

League Second Team:

Lonna Lloyd, goal keeper; Sarah Spaeth, midfield. Honorable Mention: Melia Thompson, midfield; Jonnie Rohweder, midfield; Thea O’Brien, defense; Seantel Shope, defense. Sportsmanship Award for team.

FOOTBALL AWARDS, 2010 SEASON

Team awards:

Most Improved: Zach Olmstead; MVP: Kyler Howell; Coaches Award: Cody Corn; Best Tackler: Tyler Clark; Best Blocker: Uriah Kast; Team Captain: Scott Rice.

Northwest/Seatac 2B League All-League Team:

League MVP Offense: Kyler Howell, running back. 1st Team Offense: Uriah Kast, lineman. 1st Team Defense: Kyler Howell, linebacker; Uriah Kast, lineman; Tyler Clark, defensive back. 2nd Team Offense: Tyler Clark, quarterback; Zach Olmstead, lineman. 2nd Team Defense: Scott Rice, linebacker; Tyler Kales, defensive back. Honorable Mention Defense: Johnny Corne, lineman; Dalton Dellinger, defensive back. Co-Coach of the Year: Ron Rood.

Northwest/Seatac 2B League Co-Champions: Concrete, Orcas, Tacoma Baptist. Nomination to the EAST/WEST All State Game: Kyler Howell, Uriah Kast. Associated Press All State Team 2B, 1st Team: Uriah Kast, offensive line; Honorable Mention: Kyler Howell, running back.



Lois Thompsen did the honors of bestowing the First Place trophy to North Delta B.C. players at the Andy Thompsen Memorial Basketball Tournament, which ran Dec. 29–30. The tournament honors loyal fan Andy Thompsen, who passed away in October 2009. Photo by Mike Criner.

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Academics

Winter Concert showcases student musicians’ talents

By Jason Miller

The gym was alive with the sound of music Dec. 17 as Concrete Middle and High School musicians played their hearts out to the delight of hundreds of attendees.

This year’s Winter Concert was a delightful mix of instrumental and choral offerings guided by Music Director Peter Ormsby.

The evening began with performances by the 6th and 7th grade bands, and the Middle School Honor Band, which included Sousa in its repertoire and showcased several soloists playing holiday and patriotic tunes.

The high school choir held forth with a strong rendition of “O Holy Night,” featuring Sarah Spaeth’s more than capable pipes; and “Raise it Up,” from the movie August Rush.

The high school band ended the program with its trademark talent and boisterous sound. The “Don’t Stop Believin’” sing-along was an especially fun touch.



Clockwise from top left: Ashten Tygret plays her flute, the 6th and 7th grades fill the gym with music, the high school choir, and Amy Storms (left) and Krista Wahlgren play their trumpets.



4-H youth head to Teen Rally

By Tonya and Kimberly Torheim

On Oct. 22, Kimberly and Rebecca Torheim and Taleah Werda headed to Enumclaw for the 4-H Teen Rally that weekend.

The fun began Friday night with a “get to know you” game, and continued with roasted hot dogs and s’mores at a campfire.

Saturday the girls attended a variety of classes, including CPR training, robotics, mask-making, candy-making, and others. The pasta-making and Dutch oven cooking classes made dinner.

Sunday brought final discussions, plus grounds and cabin clean-up.

The last item discussed was State Ambassador (SA) positions. Kimberly was interested and later filled out an application and participated in a phone

interview. She is now one of 17 4-H SAs from Washington’s Western District!

Kimberly’s 2-year term will have her attending four weekend-long meetings, numerous phone conferences, and planning events, such as County Teen Representative training, the Teen Rally, and Teen Conference, with that conference being the year’s biggest event.

School Board meeting

The Concrete School Board will hold its next regular board meeting on Wed., Jan. 26, at 7 p.m. in the high school Commons. The board will hold a workshop on Jan. 24 at 6 p.m., also in the high school Commons.

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Trever Spence, 5, hams it up while taking a hearing test in the Concrete Lions Club’s hearing/vision van at Concrete Elementary School Dec. 17. Lions Club member “Peanuts” Elliott is behind him, administering the test.

Homelessness

Yesterday’s myths, today’s reality

I vividly recall my father telling me stories about the Great Depression of the 1930s. He spoke of hitchhiking around Texas with a knapsack, looking for work so he could support himself, his mother, and his sister. And yes, he spoke of occasionally riding the rails and staying in the stereotypical hobo camps.

A large segment of the U.S. population had been displaced because of bank failures, home foreclosures, and unemployment. We share that common history.

In the 1930s, especially in rural areas like ours, homes were often little more than drafty shacks heated only with a wood-burning cook stove. Fortunately, most families had garden plots, raised some livestock or poultry, and had the support of their extended families. The image of the noble poor and their ability to make it on their own was greatly reinforced by the media for decades.

Once again, we are in hard economic times, but with some key differences. Today, most of us live in homes with amenities once only dreamed of. Life during the Depression was hard, but most had somewhere to call home and some means of sustenance. Many people today aren’t so lucky and live under conditions that can’t really be comprehended by

watching a sound bite on the evening news. They don’t consider themselves homeless, but they certainly are, living out of vehicles, travel trailers, outbuildings, or makeshift shelters. Today, anyone who lacks a fixed, regular, and adequate night-time residence is defined as homeless.

Many people, including me, sometimes make judgment calls regarding those less fortunate than ourselves. We look for reasons not to extend a helping hand to those we deem unworthy. We turn away and refuse to see them. We spend time judging why someone made the decisions in their lives that got them where they are today—time we could better spend on self-reflection of our own lives.

Even though we often make such people invisible, everyone has value and deserves to be noticed. An important count for our community is the annual PIT, or point-in-time count of the homeless, which is taken by the folks at the East County office of Community Action. The numbers of those living on the edge of survival have greatly increased during this past year, but the help for them has not. Accurate counts will assist us as a community to help those who need it.

Locally, this year’s PIT count will begin on Mon., Jan. 24, and will end at the Veterans Stand-down on Sat., Jan. 29.

Please support the regular staff and volunteers helping with this event. If you think you may be considered homeless, please take the time to be counted.

Do not remain invisible.

—John Boggs

SKAGIT COUNTY VETERANS STAND-DOWN

Serving all veterans, including homeless, active duty, National Guard, Reserve, retirees, and their families

When:
Sat., Jan. 29, 9 a.m. to 3 p.m.

Where:
Concrete Assembly of God, 45734 Main St., Concrete

Services available in Concrete:
Haircuts and showers
Hot lunch and refreshments
Limited medical and dental assessments and immunizations
Veteran Service Officers: information on veteran benefits and disability claims
Veterans Relief Fund information
Community Service Agencies and DSHS screening (food stamps, GAU, medical)
Senior Services / Medicare savings
Legal advice / Child support information

To create and maintain a safe environment:
NO drugs, NO alcohol, NO weapons

Other services may be available at these other sites:
Mount Vernon: Christ the King Church, 2111 Riverside Dr.
Anacortes: Fraternal Order of Eagles, 901 7th St.

Points of contact for each site:
Concrete: Mike Abbott, service officer from DAV on Wed. afternoons at East County Resource Center in Concrete, 360.853.7009, mikea@valleyint.com
Lou Hillman at East County Resource Center, 360.853.7009, louh@skagitcap.org
John Boggs, 360.853.8347, jboggs@earthlink.net
Donations may be left at East County Resource Center
Mount Vernon: Bill Adamek, 360.416.3572; Larry VanDyke, 360.595.1155, lvandyke1@earthlink.net
Anacortes: Richard Sundance, 360.420.4046, skagitvalleydav@comcast.net; Kristi Daily, kristi.daily@skagit.edu

Pancake breakfast for scholarships

Grasmere Fire Hall will host a Pancake Breakfast on Jan. 15 from 8 to 11 a.m.

The morning feed will raise money for scholarships, with all proceeds going toward the 2011 school year. Volunteer firefighters will serve the breakfast, which always gets rave reviews.

Cost is \$5 per person or \$15 per family. Don’t miss this opportunity to support our community’s youth.

Pancake Breakfast Fundraiser

Where: Grasmere Fire Hall

When: Jan. 15, 8 to 11 a.m.

Cost: \$5 per person; \$15 per family

Why: 2011 scholarships fundraiser

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660065 Sale ends 1/31/11 January



Clear Lake



Left: Terri Smith (left) and Maggie Radliff of Mount Vernon hosted a booth at the Clear Lake Craft Fair, Dec. 4. Smith holds a kids' placemat she created, which holds a coloring book and crayons, and rolls up for travel.

Above: Scott Thompson of Clear Lake brought his signature birdhouses to the fair, including one modeled after Evelyn's Tavern in Clear Lake.



Above and right: Music was in the air when about 57 Clear Lake carolers took to the streets Dec. 22. Escorted by Clear Lake Fire Department engines and volunteer firefighters, the group wound their way throughout the community, jingling bells and belting out sacred and traditional songs.



Far left: Persistent rain in December brought flooding to many parts of Skagit County. The view west from Buchanan St. showed open fields inundated with water.

Left: One of the first spots to flood, this area near the intersection of Swan Road and Mud Lake Road got its traffic cones and "closed" sign early. Photos by Zach Schmidt.

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Clear Lake Historical Association (CLHA) QUARTERLY MEETING

Tue., Jan. 25, 7 p.m.
CLHA Hall, 12655 Highway 9, Clear Lake
(next door to the post office)

All are welcome to learn about
and share local history.

For more info, call Deanna Ammons:
360.856.6798

Plan a Healthy New Year

We want to help make 2011 the healthiest year of your life. Please join us for any of the following classes and programs. Registration is required: (360) 856-7245 or wellness360@unitedgeneral.org.



HEALTHY STEPS
Every Tuesday at 3:00 p.m.
Free

North Puget Cancer Center at United General Hospital is pleased to offer a gentle exercise class designed for cancer survivors and others with

chronic illnesses. Based on the Lebed Method, developed by physicians and dance movement specialists, the class features simple movements, uplifting music, humor and camaraderie.

FITNESS FOR BABY BOOMERS

Wednesday, January 5
6:00–7:30 p.m.
Free.

If you're between the ages of 45–65 and want to improve your strength and flexibility, lose weight, and lower your risk for heart disease and cancer, this class is for you. Learn how to exercise safely and effectively to live an active and healthy life.



HEALTH COACHING

Monday through Friday by appointment
Fee: \$45/session

Receive personalized guidance from experienced coaches who can help you with motivation, information and hands-on instruction. Focus on fitness, weight management, stress reduction, healthy eating and more.

SHAPE YOUR LIFE

Three Tuesdays: January 11, 18 & 25
6:00–7:30 p.m.
Fee: \$35

This three-part program will inspire you to make healthier choices about nutrition and exercise. Each session focuses on a different topic, with helpful information, tips and time for your questions, plus the benefit of peer support. Free journal provided for tracking your progress.



Bud Browell, Burlington

FITNESS CLASSES

United General Hospital's Certified Medical Fitness Program offers safe, supervised fitness classes throughout the week. Sessions include cardio, strength and balance training, plus stretching to improve flexibility. Call for current class schedule and fees: (360) 856-7524.



MALL WALK

Join our "Inside Track Mall Walk" at the Cascade Mall in Burlington, 7:00–10:00 a.m., Monday through Saturday. It's for people of all ages and abilities who want a safe, comfortable environment in which to walk for fitness. Free blood pressure screenings are available every Monday morning. Walkers receive a free t-shirt with registration and can earn prizes for mileage walked.

HEALTH SCREENINGS

Cholesterol and diabetes screenings are offered at United General Hospital every Friday for \$15. Screening includes total cholesterol check: HDL, LDL, triglycerides and glucose levels. 12-hour fast is required; water and medications are okay. Vitamin D screenings are available every Friday for \$35. Fasting is not required. Results are mailed to your home and/or physician. All screenings are available Fridays, 8:00 a.m. to Noon. No appointment necessary, just check in at main lobby of United General Hospital.

More info at www.unitedgeneral.org

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Betty Sebers, Sedro-Woolley



Sedro-Woolley



Winners named in Christmas contests

The Sedro-Woolley Chamber of Commerce thanks all who participated in the House Decorating and Business Decorating Contests in December.

We saw lots of houses, businesses, and designs. Three judges independently toured as many neighborhoods and businesses as possible, and came together to decide the winners.

To enter your house or business next year, contact the Chamber of Commerce.

House Decorating winners
Clark Griswold Award of Excellence:
608 Reed St.

Best Block Participation:
Thurmond Avenue in Klinger Estates
Most Traditional:
437 Warner St.

Best Use of Mixed Media:
1105 Jameson St.

Most Ostentatious:
423 Puget St.

Triple Dog Dare Neighborhood Award:
300 Talcott St.

Charlie Brown Award:
424 Sterling St.

Best Religious:
713 Brickyard Blvd.

Most Tasteful Use of Lighting:
334 Warner St.

Gingerbread House Award:
912 7th St.

Business Decorating winners
Best Use of Outdoor Lighting:
North Cascade Veterinary Hospital

Best Hearth and Home:
Interior Gardens

Best Use of Santa:
Skagit Surveyors

Best Whimsical:
Cascade Fabrics
Best Natural Wintry Scene:
Simply Silver
Best Modern:
Reichhardt & Ebe Engineering
Best Nativity Scene:
Janicki Industries
Best Child's Vision Display Award:
ReYouz
Best Retail Display:
Oliver Hammer

Magic of Christmas Parade Results
Best Band:
1st Place (tie):
Blue Horizon Jazz Choir
Concrete High School Band
3rd Place:
Sedro-Woolley High School Band
Honorable Mention:
Cascade Middle School Band
Best Lit:
1st Place:
Sedro-Woolley Fire Department
2nd Place:
Sedro-Woolley Co-Op Preschool
3rd Place (tie):
Jungle Playland
Sedro-Woolley Museum
Best Vehicle / Float:
Sedro-Woolley Museum & Jungle Playland
Best Equestrian:
Skagit Rein Riders
Best Other:
Kids N 9's 4H Club

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Magic of Christmas Parade Grand Marshal Paul Kelley, with his wife, Roberta (Bobi). What a pair!
Photo by Kristina Collins.



For their awe-inspiring display of holiday lights at 608 Reed St., Jim and Linda Williams won the Clark Griswold Award of Excellence this year.
Photo by Kristina Collins.

Volunteers sought for Traveling Tribute

The American Veterans Traveling Tribute is coming to Sedro-Woolley in August. American Veterans Traveling Tribute (AVTT) travels the U.S. to provide a forum for the members of the community to come together to honor and remember defenders of the U.S.

If you'd like to help with this event in any way, contact event coordinator Shelley Prentice at 360.647.8268 or shelleyhd43@msn.com.



A kid at heart, Sedro-Woolley Museum Board President Carolyn Freeman told Santa (Dave Kelley) what she wanted during the Sedro-Woolley Chamber of Commerce Christmas party Dec. 22. Festivities included a gift swap and plenty of food. Did Freeman get what she wanted? You'll have to ask her.

CONCRETE HERITAGE MUSEUM NEWS

The Concrete Heritage Museum is closed for the season. Until next Memorial Day weekend, you can **make an appointment** to visit the museum or do research in our library. Just call Robin at 360.826.3075 or e-mail us at concreteheritagemuseum@stumpranchonline.com.

Monthly meetings are held year-round at the museum on the second Thursday of each month, at 7 p.m. All meetings are open to the public.

If you aren't already, please **consider becoming a member** of the museum. Local support is extremely helpful to

the upkeep of the museum building and artifacts that help give weight to the history of eastern Skagit County.

We also request you continue to **turn in your receipts** from Albert's Red Apple to the collection boxes at Upriver Services, the Liquor Store, or museum members. Thanks to your efforts and the generosity of the Frank family, this remains our biggest source of income.

The current project we are trying to complete is the installation of a bathroom. **HAPPY NEW YEAR!**

—Dan Royal

At the Upper Skagit Library

Americans love their libraries, and advances in technology have multiplied the ways in which libraries enrich the quality of life in their communities. The following are 12 ideals toward which librarians strive.

1. Libraries sustain democracy. Libraries provide access to information and multiple points of view so that people can make knowledgeable decisions on public policy.

2. Libraries break down boundaries. Libraries offer services and programs for people at all literacy levels, readers with little or no English skills, preschoolers, students, homebound senior citizens, prisoners, homeless or impoverished individuals, and persons with physical or learning disabilities.

3. Libraries level the playing field. By making access to information resources and technology available to all, regardless of income, class, or background, a public library helps close the gap between the rich and the poor.

4. Libraries value the individual. Libraries offer choices between mainstream and alternative viewpoints, between traditional and visionary concepts, and between monocultural and multicultural perspectives.

5. Libraries nourish creativity. As repositories not only of books but of images and a wide variety of media, libraries offer access to the accumulated record of mankind.

6. Libraries open young minds.

Story hours, book talks, summer reading activities, career planning, art projects, gaming competitions, and other programs spark youthful imaginations. Bringing children into a library can transport them from the commonplace to the extraordinary.

7. Libraries return high dividends. Libraries offer big returns to the communities they serve—anywhere from \$1.30 to \$10 in services for every \$1 invested in them. Strong public and school libraries make a city or town more desirable as a business location. Americans check out an average of more than seven books a year from public libraries, and it costs them roughly \$34 in taxes—about the cost of a single hardcover book.

8. Libraries build communities. People gather at the library to find and share information, experience and experiment with the arts and media, and engage in community discussions and games.

9. Libraries support families. Libraries offer an alternate venue for parents and their children to enhance activities traditionally conducted at home. Libraries everywhere are adapting to meet the economic and social challenges of the 21st century.

10. Libraries build technology skills. Public libraries serve as technology hubs by offering a wide range of public access computing and Internet access services at no charge to users.

See Library, p. 19

COMMUNITY CALENDAR

JANUARY

- 6 Basic Genealogy Information and Resources, Upper Skagit Library, Concrete, 2 p.m.
- 6 Saukrates Cafe meeting, Annie's Pizza Station, 6 p.m.; conversation topic posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>
- 8–9 Skagit Eagle Festival, numerous events, weekend-by-weekend schedule posted at www.concrete-wa.com
- 12 Marblemount Community Club board meeting, Marblemount Community Hall, 6 p.m.; info at 360.873.4631 or 360.873.4432
- 12 Imagine Concrete meeting, Mears Field Pilots' Lounge, 6 p.m.; info at goodwords@frontier.com or 360.853.8213
- 13 Concrete Chamber of Commerce meeting, Hi. Lo. Country Bar & Grill, 8 a.m.; info at 360.466.8754 or www.concrete-wa.com
- 15 Pancake Breakfast Scholarships Fundraiser, Grasmere Fire Hall, 8 to 11 a.m., \$5 per person, \$15 per family
- 15–16 Skagit Eagle Festival, numerous events, weekend-by-weekend schedule posted at www.concrete-wa.com
- 22 Friends of Upper Skagit Library Book & Bake Sale, Concrete Senior Center, 10 a.m. to 4 p.m.; info at 360.853.7564 or uslfriends@gmail.com
- 22–23 Skagit Eagle Festival, numerous events, weekend-by-weekend schedule posted at www.concrete-wa.com
- 22–23 Recycled Art Contest, Annie's Pizza Station and Sauk View Gallery, Concrete, 9 a.m. to 4 p.m.; info at 360.853.7227 and www.concrete-wa.com
- 22–23 Chili Cook-off & Art Show, American Legion, Concrete; free admission, chili \$5; info at 602.550.3974
- 25–26 Skagit Eagle Festival, numerous events, weekend-by-weekend schedule posted at www.concrete-wa.com
- 26 3rd Annual Sedro-Woolley Boys and Girls Club Spaghetti Feed, Sedro-Woolley Community Center, 703 Pacific St., 4:30 to 7:30 p.m.; adults and youths ages 9 and older \$7, children 8 and under \$3, kids 3 and under are free; info at jreid@bgcskagit.org or 360.856.1830
- 29 Skagit County Veterans Stand-down, Concrete Assembly of God Church, 45734 Main St., 9 a.m. to 3 p.m.; see ad, p. 9, for details and contacts
- 29 Pat Buller's North Cascades Odyssey: Summer 2010 slide show, Skagit River Bald Eagle Interpretive Center, Rockport, 11 a.m.
- 29 Grizzly Bear Outreach Project presentation, Concrete Theatre, 2 p.m.; info at 360.873.4203 or <http://bearinfo.org/pages/events>

FEBRUARY

- 19 Cathaleen Stewart Fundraiser Dinner, Marblemount Community Hall, 5:30 to 7:30 p.m.; info at 360.873.4507

*Community Calendar is updated daily at www.concrete-herald.com/calendar

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Lyman



Angel Tree made 80+ children very happy

By Tammie Werner

Wow! What a Christmas blessing this year’s Lyman Angel Tree was to 33 families, with more than 80 children “adopted” this year.

The need was great but the community rose to the call and with shopping angels and donations, all children were adopted and provided with presents.

Most children also received a warm blanket or handmade afghan, new pajamas, socks, dental items, scarves, knitted hats and mittens, or gloves.

Ten families also were each provided with three to four boxes of food and a turkey or ham for Christmas dinner.

On Dec. 18 a party was held for the Angel Tree children and their families at the old Town Hall in Lyman, with games, refreshments, hayrides, and a visit from the North Pole. Santa arrived at 6:15

p.m. with a fire engine escort from Jason Brisson of the Lyman Fire Department, with flashing lights, a blaring siren, and children lining the street, cheering.

Lyman Angel Tree tags were available online this year via the Angel Tree’s Facebook page, as well as from the Angel Tree at Town Hall. Donations of cash, food, clothing, scarves, hats, gloves/ mittens, extra toys, handmade afghans, and dental supplies were brought in during the month-long event.

This was the third year of organizing this event with my mom, Kathy Weston, and it was by far our biggest year yet.

The Angel Tree cannot be successful without the outpouring of generosity from the community. This year our community was extended with people as far away as Ellensburg and Fort Lewis adopting angels and sending their presents to us in the mail.

We thank everyone who supported this event through adoption of children; donations of cash, food, handmade items, clothes, toys, and party refreshments; volunteering at the party; and gift

wrapping, as well as to our wonderful Santa and his helper.

You gave of your time, talent, and energy to brighten the Christmas of others and you have helped to create lifelong memories for each family that was blessed because you were involved. We look forward to our 2011 Angel Tree.



Santa, a.k.a. Tom Ford, delights a very happy little girl during the Angel Tree party in Lyman on Dec. 18. *Photo by Pam Ford.*

Lyman Library tales

By Elaine Kohler

Welcome to 2011! I hope the new year brings many wonderful things to everyone. I would like to thank all the patrons of our little library for making use of the sign-in sheets by the door. Town of Lyman officials have asked us to see when we have the most use of the facility so better use of the hall can be arranged. The Baptist church is leaving us to be in their beautiful new building, and the business of allocating the electricity and heating of the building where we are located is in planning. So be sure to sign in when you come to get your books or puzzles.

We will plan a work day to go through the romance section; the announcement will be made online or posted in the post office. This is one area where we have an over-abundance of books, and I have a box of new donations to be put up. We will purge some of the older books and pass them on to the military support group; others will be put away for the annual book sale. If you are interested in helping, give me a call at 360.826.3929. We have also received more puzzles.

Congratulations to the Lyman Angel Tree group and the huge success of their efforts this year. All the children were adopted, and I know there were many very happy children on Christmas morning.

Until next month, keep dry and warm.

Free tax assistance offered

Free tax assistance and preparation for taxpayers with low and moderate income, with special attention to those age 60 and older, is available from AARP Tax-Aide from Feb. 1 through April 15.

You do not need to be a member of AARP or a retiree to use this service.

AARP Tax-Aide volunteers, trained in cooperation with the Internal Revenue Service, will offer help with personal income tax returns in Concrete at the Concrete Senior Center on Wednesdays from 9 a.m. to 1 p.m.

“I really enjoy volunteering for AARP Tax-Aide. The taxpayer is always so appreciative of having this resource,” said Katy Brady-Good, Concrete’s local coordinator.

“Tax law can often be confusing. AARP Tax-Aide volunteers can make the process of filling out tax returns a

whole lot easier,” said Brady-Good.

Last year, AARP Tax-Aide volunteers helped more than 270,000 people file their federal, state, and local tax returns, 1,500 of which resided in Skagit and San Juan Counties.

To schedule an appointment, call 360.853.8400. AARP Tax-Aide is a program of the AARP Foundation, offered in conjunction with the IRS.

Become a Concrete Herald Facebook friend!

1. Go to www.facebook.com and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.



Day Creek



News bits from Day Creek

- A big “Thank You” to all those who attended the Community Pot Luck in December. Special thanks to Simme Bobrosky for the wonderful music.
- The levy passed! The levy lift request on November’s ballot, Proposition 1, was approved and will provide much-needed budget relief for the Day Creek Volunteer Fire Department.
- There will be an EMT Class this spring. Two firefighters are requesting to attend. There will be a fee for this class, which likely the Day Creek Volunteer Fire Department fund will pay and request reimbursement.
- Sand and sandbags were requested and delivered to the fire hall for the community to use during high-water events.
- The 2011 fire service directory has been updated.

- The next Skagit County Fire District #16 meeting is Jan. 10, at 7 p.m., at Day Creek Fire Hall.
- Kathy Henderson

Senior driver refresher course announced

SKAGIT COUNTY — The next scheduled sessions of “Getting There Safely,” a senior driver refresher course, will occur through April on the following dates:

- Thurs., Feb. 10, and Fri., Feb. 11
- Thurs., March 10, and Fri., March 11
- Thurs., April 14, and Fri., April 15

The classes will be held at the Mount Vernon Senior Center, 1401 Cleveland Avenue, Mount Vernon, WA 98273.

The eight-hour class, divided into two four-hour sessions, is specifically designed for the senior driver. The sessions will run from 9 a.m. until 1 p.m. both days. People 55 years of age and older who complete

the program will qualify for a modest reduction in their automobile insurance. There is a \$10 fee per person for this class.

For more information or to enroll in an upcoming class, contact Kathryn Bowen at 360.336.9333, ext. 13140#, or through Skagit County Public Works Department at 360.336.9400, ext. 3140.

All participants must pre-register.

counseling are available Monday through Friday from 8 a.m. to 4 p.m.

- The clinic also has openings for couples seeking counseling. Appointments for couples are available Tuesday evenings from 4 to 6 p.m. Counselors are trained to deal with a wide range of issues.

For more, call Lynn Graham in the WWU Psychology Department at 360.650.3184 and leave a confidential message.

WWU to offer free counseling

BELLINGHAM — Beginning Jan. 17, graduate students in Western Washington University’s Psychology Department will provide counseling, under faculty supervision, for individuals and couples. Both of these services are free:

- Western’s Counseling Training Clinic has openings for individual counseling of adults, adolescents, and children. Appointments for individual

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From rocks to rockets

East county rocketry enthusiasts have a close-to-home resource

By Jason Miller

This ain’t rocket science, but it’s close. Rocket enthusiast Dave Ebersole has added a lineup of rocketry supplies to his store shelves at Skagit Lapidary Supply in downtown Mount Vernon.

Ebersole’s efforts join those of Skagit Valley Rocketry and Skagit Rocketry, both of which serve rocketry buffs in Skagit and neighboring counties.

Sometimes called “the thinking man’s hobby,” rocketry enthusiasts have been known to play with the big boys, even getting invited by NASA to travel to Cape Canaveral and launch their creations. More sophisticated rockets even require FAA clearance before they can be launched from an approved site.

Creating an approved site in Skagit County is what’s weighing on Ebersole’s mind these days. Months ago, “we almost had one,” he said. “We came very close to getting one on Cockreham Island, but by the time we caught up to the owners of the property, a Canadian firm had bought it for a blueberry farm.”

Ebersole’s still looking for a prime spot, but it’s more difficult than it sounds. The best sites—the ones that the FAA smiles upon—have to be away from major air traffic routes. Other pluses include a recovery area that’s 3,000 feet in diameter, and free of obstructions and occupied buildings. Currently, Ebersole is looking at some sites along Highway 9, north of Sedro-Woolley.

More information on model rocketry can be obtained at Skagit Lapidary, or by contacting Dave Ebersole at dave@skagitlapidary.com or 360.336.3533.



Skagit Lapidary Supply owner Dave Ebersole poses with some of the new rocket-related inventory in his store in downtown Mount Vernon. *Submitted photo.*

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JANUARY: Work continued on the Baker Hotel in Concrete's Town Center. Major additions included a gable roof and the beginnings of a covered balcony and deck on the west side of the building.



MARCH: On March 24, Concrete renamed E Ave. Douglas Vose III Way. Vose, a Concrete native, was killed in the line of duty on July 29, 2009, while serving in Afghanistan. Concrete Town Councilman and National Guard member Paul Rider came up with the idea to rename the street in Vose's honor.



FEBRUARY: Concrete Theatre reopened on Feb. 12, boasting a new sound system, luxurious wall coverings, and more legroom. "Some Like It Hot" played that night. *Photo by David Rosen.*



APRIL: Union soldiers fired a cannon toward Confederate forces to the west on State Route 20 during the Civil War reenactment in Marblemount April 16–17. The thunderous concussion was so powerful it made pant legs flap.

APRIL: Clear Lake residents participated in a community-wide clean-up on April 17. Mark Venn, Don Ammons, Jeff Jansma, and student volunteer Michael Battreal were surprised to see one of Jamie Lanning's mannequins show up. *Photo by Zachary Schmidt.*



2010 in pictures



JUNE (left to right): Kathy Milanuk, Jim Hillman, and Carol Fabrick scoop decades of debris and floor tiles from a main-floor room June 19 during the first of two clean-out days the Superior Building in Concrete received. The building has been designated an adaptive reuse project; Town of Concrete intends to restore it and move its administrative offices there.

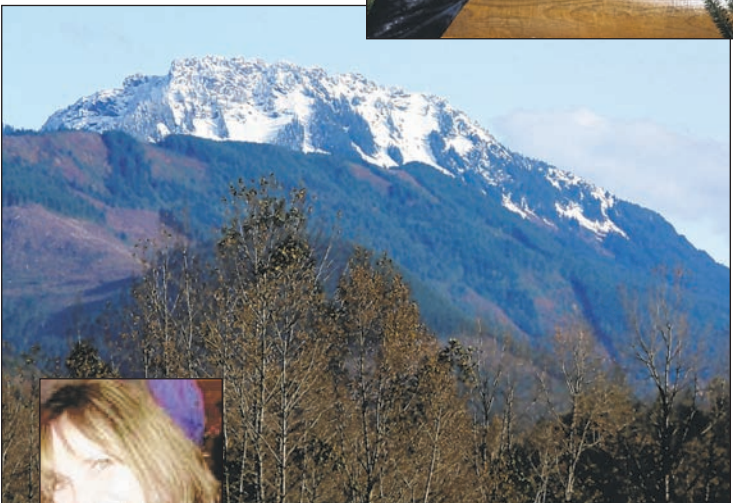


JULY: Ashley (left) and Shelby Lee of Lyman proudly displayed the medals they won—and their efforts that won them—after the kids' coloring contest held during the Lyman Car Show on July 10. *Photo by Debbie Boyd.*

MAY: The Angele Cupples Community Garden in Concrete hosted its first planting event on May 22, courtesy of First Bloom kids and organizer Jennie McGuigan. The kids planted a variety of seeds and seedlings into two 4'x8' raised beds. *Photo by Amber Lee.*



JULY: Kassidy Smith, 6, of Concrete, was the picture of concentration as she painted a birdhouse during Concrete Youth Activity Day, July 22. Her creation and almost two dozen others were mounted on the community garden fence posts in mid-August.



OCTOBER: Hiker Patti Krieger went missing on Sauk Mountain after separating from friends with whom she was hiking on Oct. 2. Three months later, she had not been found, although her dog, Bear, turned up in Rockport on Oct. 27. *Submitted photo.*



AUGUST: Town of Lyman took possession of its beloved Minkler Mansion Aug. 2, after paying Skagit County the balance due on the \$399,000 property. The county had bought the mansion three years prior, and entered into an interlocal agreement with the town, which stipulated the town would buy back the venerable building within three years. Town officials paused with Skagit County Commissioner Sharon Dillon in front of the Minkler Mansion Aug. 10, after a signing ceremony preceding the council's regular August meeting. *Front, left to right:* Sharon Dillon, Lyman Mayor Debra Heinzman, Clerk/Treasurer Debbie Boyd. *Back, left to right:* Councilman Eddie Hills, Lyman Town Attorney Marketa Vorel, and Councilmen Ron Hodgkin and Mike Couch. Not shown: Councilwoman Jada Trammell.



NOVEMBER: Concrete threw its first Veterans Day Parade in more than 60 years on Nov. 10. Organized by Birdsview Brewing Co. co-owner Kris Voigt to honor her husband, Bill, and all other veterans, the parade played out under sunny skies and set the stage for future similar events.



DECEMBER: Adrianna Maria Canales wowed a packed house during the Christmas in Concrete variety show at Concrete Theatre Dec. 11. The evening included a play by Nicola Pearson and music from the Concrete Assembly of God Worship Team, among other performances.



SEPTEMBER: Chris Fry (right) of Tacoma played Marshal Charles Villeneuve in the reenactment of the 1914 bank robbery during Founders' Day in Sedro-Woolley on Sept. 11. Fry's role carried special meaning for him: He is a great-great grandson of Villeneuve. The bank robbery perforated Sedro-Woolley storefronts and left a 13-year-old boy dead. The robbers, who were Ukrainian immigrants, fled to Canada, where Royal Canadian Mounted Police killed all five of them.

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Hamilton



From the mayor’s desk

By Mayor Tim Bates

Do you wonder where the spirit of Christmas has gone? This season, it was found in the Town of Hamilton.

This year’s Children’s Christmas Party was a huge success. Many people contributed to bring joy and delight to the children of Hamilton.

Thank you for all the contributions and donations: Kim Allison, Jennifer Bates, Mandy Bates, Nick and Marge Bates, Scott Bates, Jennifer Benjamin, Dale Bonner, Joan Cromley, Susan Dills, Billy Fisher, Andy Jensen, Nellie Mani, Roger and Susan Mani, Tamara McGrady, Gayle Metcalf, Tom and Jane Selin, Phyllis Wilson, Cheryl and Mayor Bates, True Value Hardware, the Sedro-Woolley Dollar Store, and the many who put donations in our donation box.

A special thank you to Kim Allison, Jennifer Bates, and Mandy Bates for making all the cookies for the children to decorate; to Mandy Bates and Cheryl Bates for the shopping; True Value Hardware in Sedro-Woolley for the Christmas tree; Dale Bonner for decorating the Christmas tree; Dollar Store in Sedro-Woolley for the stickers; Jane Selin for the Santa Suit and Tom Selin for being Santa; Scott Bates and the Hamilton Fire Department for providing Santa with transportation; and Joan Cromley for being the photographer. Thank you to the anonymous donor for the toys.

Thank you to all the parents who came with their children and assisted in decorating the ornaments and cookies.



Santa, a.k.a. Tom Selin, posed with a few well-behaved fans during the Children’s Christmas Party in Hamilton. *Photo by Joan Cromley.*

Thank you to the children of Hamilton for sharing with us the joy and wonder of the Christmas season. We filled you with sugar, the excitement of Santa, and gifts, then expected you to behave and you did! It may have been cold and rainy outside, but the Hamilton City Hall was filled with warmth and happiness.

From Hamilton, we wish you all the same joy and happiness this wonderful season.

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Birdsview buzz

By Kris Voigt

Happy New Year! I hope 2011 is a great year for everyone.

A few loose ends from last month . . . Uncle Floyd’s surgery was postponed until this month, so our thoughts will be with him and we wish him a speedy recovery.

A belated Happy Anniversary to Dan and Kim Brown, and a belated birthday greeting to Kathy, Brad, and Bruce Monrad. Thanks for sharing it at our place.

- This month’s birthdays:
- 1 Little Buddy and Little Carolina
 - 2 Adam Adkinson
 - 3 Deborah Money
 - 5 Karissa Sokol
 - 6 Jaci Gallagher
 - 9 Mike Bauer, Shelly Holm
 - 10 Ryan Jepperson
 - 12 Jeanne Rataj
 - 20 Barb Kales, Ray Hambleton
 - 24 Craig Peterson
 - 25 Sheya Shields
 - 29 Bev Dellinger

Sorry if I’ve forgotten anyone, but unless you let me know, I can’t mention it. Also, let me know about your trips, new baby, grandchildren, etc.

Speaking of trips, Wendy and the boys (Jordan and Josh), made a trip to visit Short and Kathy Hurn before Christmas. It was good to see them; I think the boys have grown a foot!

Rachel Money and her son made a visit to Deborah Money and Patrick Cooney.

Santa made a visit to the brewery on Dec. 18.

The new Birdsview Fire Station is great! It took awhile to get it built, but now that it is, it’s something the community can be proud of. Good job!

In these tough economic times, I can’t stress enough about how important it is to support your local businesses. Don’t just take it for granted that we will always be here. When you support your local small businesses, you get friendly faces that usually call you by name, ask about the family, remember what you like on your pizza or what you like to drink, etc., and the money is put back into our community.

Don’t forget to check out the happenings of the month-long Eagle Festival in January. And watch out for those tourists—you know, the ones who like to park their cars in the middle of the Highway 20!

Have a great month.

Teddy Bear Drive planned at Grandy Creek Grocery

Grandy Creek Grocery in Birdsview will hold a Teddy Bear Drive from Jan. 17–23, with a goal to collect 100 bears. Donated bears may be dropped off at Grandy Creek Grocery during normal business hours.

“The idea came as I was cleaning out mountains of stuffed animals that were in an extra room that the kids had collected over the years,” said Grandy Creek Grocery owner Dave Needham.

Needham contacted a friend who works for the Skagit County Sheriff’s office, who said Needham could drop the teddy bears by the office for use in situations when kids are involved in domestic issues, house fires, or any other situation that causes them stress.

Grandy Creek Grocery is located about five miles east of Concrete at 39952 State Route 20. For more information on the drive, call 360.826.3690.

Business Spotlight: Pat Rimmer Tire Center

By Jason Miller

Pat Rimmer Tire Center General Manager Doug Gran sums up the shop’s services: “Pretty much anything to do with a car except for body and engine work.”

The familiar white, red, and yellow business on State Route 20 at the roundabout in Sedro-Woolley delivers on Gran’s words, offering virtually every tire available, plus wheels, suspension work, brakes, shocks, batteries, wipers—and 24-hour on-call service to help get you out of a jam no matter what day or time trouble hits.

Not content to rest on its laurels, Pat Rimmer plans to break ground Feb. 1 on a six-bay brake and alignment center that will expand its alignment capabilities to cover standard car alignments all the way



General Manager Doug Gran (right) and Assistant Manager Justin Ward lead a team of 18 customer service-oriented professionals at Pat Rimmer Tire Center in Sedro-Woolley.

up to semi truck and trailer alignments. Gran says they plan to open that new center in June.

January, however, is Bargain Days Month, when customers can get great deals on discontinued and clearance items, such as wheels, tires, special purchase items, and used merchandise.

These impressive offers and capabilities would mean little if it weren’t for the backbone of Pat Rimmer’s business

model: service and community involvement.

“We pride ourselves on our efficient facility,” said Gran. “Our goal is to take care of the customer, give them superior customer service, have the cleanest facility, the best reputation in town.”

The business engages in its community. It supports several athletic organizations and is a member of the Sedro-Woolley Chamber of Commerce. It participates in

Open for business: Carol Pando RE:DESIGN

By Jason Miller

There’s a newcomer in town, ready to handle your graphic design needs—and guide you as you navigate a new computer program too.

Carol Pando runs the one-woman graphic design business RE:DESIGN from her home in Concrete. She arrived in early November 2010, from Denver, Colo., following a visit to Seattle for a job opportunity that fell through.

“I had extra time before flying [back to Denver], drove out here and fell in love with the area. A month later I was here,” she wrote in e-mail correspondence with *Concrete Herald*.

Pando’s resume is impressive. She has the education and experience to deliver quality page layouts, brochures, posters, event-oriented items, and Web-based design. She has 15 years’ experience in design, production, and management of

Web sites, print, and electronic media for profit and nonprofit organizations.

“I like to help companies promote themselves and to come up with new ideas to tie everything together, including logos, promotional items, and Web sites, without going over the top. I can also help with computer issues, depending on the problem,” she said.

Indeed. Pando knows four operating systems (Mac, PC, LAN, and WAN) and more than a dozen software titles, including a few I’ve never even heard of (Ipswich?). It’s good to know that when you need her, she’s just a phone call away.

Pando’s community-oriented too. She immediately plugged into the Concrete business community by appearing at the December Chamber of Commerce meeting, introducing herself and letting Chamber members know by her presence that she “gets it” when it comes to small-town economies and what it takes to sustain them.

Throughout 2011, keep Pando’s skill set in mind if you decide to recreate your business’ brand or sharpen your message to potential customers.



At a glance:

Carol Pando

RE:DESIGN, LLC

Location: Concrete

Phone: 360.853.8202

E-mail: carol@redesignllc.net

Web: www.redesignllc.net

car shows and parades in communities from Sedro-Woolley to Newhalem, and supports other events and organizations from I-5 to Newhalem. Gran is a member of the Sedro-Woolley Rotary Club.

With 18 employees, it’s no surprise that customers often get a personal greeting as they step out of their cars upon arrival. Gran, who’s worked for Pat Rimmer stores for 14 years and served as the manager of the Sedro-Woolley location for the past three years, says that warmth comes in part from the store’s connection to east county communities: It regularly hires local citizens.

“The two assistant managers I have are born and raised in the Skagit valley. Eric Whalen is a Sedro-Woolley boy, and Justin Ward is a Sedro-Woolley and Hamilton boy who went to school in Concrete,” said Gran.

At a glance:

Pat Rimmer

Tire Center

Where: 204 W. Moore St., Sedro-Woolley

Phone: 360.855.1033

Hours: Monday – Friday, 8 a.m. – 6 p.m.
Saturday, 8 a.m. – 5 p.m.

Web: www.lesschwab.com

Library, cont. from p. 13

Nearly 100 percent of American libraries offer Internet access.

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Originally published as a cover story in American Libraries, December 1995. Adapted and updated by Leonard Kniffel, December 2010.

Concrete Herald



Rockport



After the storm

Rockport State Park still clearing trees after Nov. 15 wind storm

By Jason Miller

The wind storm that tore through Skagit County on Nov. 15 brought down Douglas fir, cedar, hemlock, and other trees in Rockport State Park, blocking all five miles of its trails and creating a recovery effort for Ranger Al Nickerson that will last for months.

The blowdown is so extensive on the Evergreen trail, “I don’t know what we’re going to do up there,” said Nickerson. Portions of that trail are so badly blocked, they may have to be rerouted, he said.

Ever since the storm, Nickerson has

been methodically clearing trails. He’s gotten some help along the way from a Whatcom County work crew on loan from the U.S. Forest Service, and fellow rangers from Rasar State Park.

“It’s about the only thing I can do, just head out there with a chain saw,” said Nickerson, who noted the process of clearing downed timber can be dangerous. “Just peck away and cut a little bit at a time,” he said.

About 50 percent of the trails were open as of Dec. 30, enough to host with ease the Deep Forest Experience tours during the Skagit Eagle Festival, said Nickerson.

Nickerson welcomes help clearing trails on weekdays, but volunteers need to own the right safety equipment and be skilled with a chain saw. Potential volunteers can reach Nickerson at 360.853.8461.



A view of the Evergreen Trail in Rockport State Park, after the wind storm. Photo by Al Nickerson.

Festival, cont. from p. 1

A series of events on Sat., Jan. 8, will kick off the festival, including a photography workshop at 10 a.m., a bluegrass concert at 2 p.m., and a celebration in story and song, featuring storyteller Antoinette Botsford, at 7:30 p.m. The three events are free, open to the public, and being held at the Concrete Theatre, located at 45920 Main Street in Concrete. Call 360.941.0403 for more information.

The Skagit Eagle Festival was revived for 2011 by the Concrete Chamber of Commerce, which is coordinating the events. The Chamber will be assisted by the Skagit River Bald Eagle Awareness Team (SRBEAT), which hosted the festival for more than two decades, during which time it drew 6,000 to 10,000 visitors to the upper Skagit region each year. Last year’s festival was cancelled because of lack of funds.

Funding and fun

Funding the festival is a concern for local businesses, whose survival depends in part on winter tourism dollars. One such effort is the “Raptors on the River” raffle, organized by Ovenell’s Heritage Inn and professional fishing guide Wayne Ackerlund.

The two businesses will raffle a bundled offering of a bald eagle float trip from Ackerlund and an overnight stay at the Ovenell’s log cabin for six people. More information on the raffle is posted at www.ovenells-inn.com and skagiteagles.com.

“Our local businesses definitely felt the impact of a winter without the Skagit Eagle Festival last year,” said Valerie Stafford, president of the Concrete

Skagit Eagle Festival
SCHEDULE
Printed schedules for the 2011 Skagit Eagle Festival are available at many businesses in Concrete, Rockport, and Marblemount.
The festival schedule also is posted online at www.concrete-wa.com.

Chamber of Commerce. “The event is an important part of our economy, in addition to being a wonderful experience for families from all over the region.”

Another element of the festival designed as a fun way to encourage visitors to linger is a punch card, the brainchild of Susan Taxdahl of Cascade Burgers in Concrete. The punch card will be available at several Concrete-area businesses; visitors stop at each of the businesses on the card for a “punch” (no purchases necessary), return it to any of the participating businesses, and cross their fingers. On Jan. 30 at Cascade Burgers, a drawing will be held to award lucky winners with gifts from the participating businesses.

Printed schedules for the festival are available at many businesses in Concrete, Rockport, and Marblemount. The festival schedule also is posted online at www.concrete-wa.com.

For more information, contact the Concrete Chamber of Commerce at 360.853.8767 or chamber@concrete-wa.com, or go to its Web site at www.concrete-wa.com.

Interpretive Center open during Eagle Festival

The Skagit River Bald Eagle Interpretive Center in Rockport will be open to the public every weekend in January, Friday through Sunday from 10 a.m. to 4 p.m.

Each Saturday at 11 a.m. (unless otherwise posted), a guest speaker will share his/her expertise on the Skagit River ecosystem.

On Saturdays and Sundays at 1 p.m., join Kelly for a guided walk along the wild and scenic Skagit River in the heart of the wintering eagle migration.

Also on Saturdays and Sundays, eagle watchers are available, equipped with scopes to get an up-close view of the bald eagles. There are many local rafting companies that depart from Howard Miller Steelhead Park.

Skagit River Bald Eagle Interpretive Center is operated by donations and volunteers, and is located in the Upper Skagit River Valley, which is known for the best bald eagle viewing in the lower 48 states.

For more information, call 360.853.7626, e-mail srbeatic@fidalgo.net, or go online to www.skagiteagle.com.

— Kelly Regan



Home & Garden



Community garden gearing up for spring

By Jason Miller

Imagine Concrete task force members Marla Reed and Jason Miller have begun the next construction phase in the Angele Cupples Community Garden: building 28 more raised beds—18 of which will be available for rent beginning April 1, 2011.

The beds will occupy the northwest quarter of the garden, which is located at the intersection of Main Street and Superior Ave. North in Concrete.

Three sizes will be offered, based on responses to a survey developed and administered by task force members Jim and Lou Hillman earlier this year: 4x8, 4x10, and 4x12. All beds will be approximately 1 foot deep.

Hardware for constructing the beds will be sold to the town at a reduced price by Cascade Supply in Concrete. The beds will use salvaged cedar from Ed Rogge at Northwest Cedar Salvage.

Individuals and businesses are encouraged to donate toward the purchase of a bed or beds. Donating toward a bed does not obligate the donor to actually tend the bed. Sizes and prices are:

- 4x8 \$48 (seven beds needed)
- 4x10 \$56 (four beds needed)
- 4x12 \$64 (nine beds needed)

At press time, donations for four beds had been promised or received.

A shed, memory garden, and water lines also are planned for the garden during spring 2011. Donations for these are welcome.

Support for the Food Bank

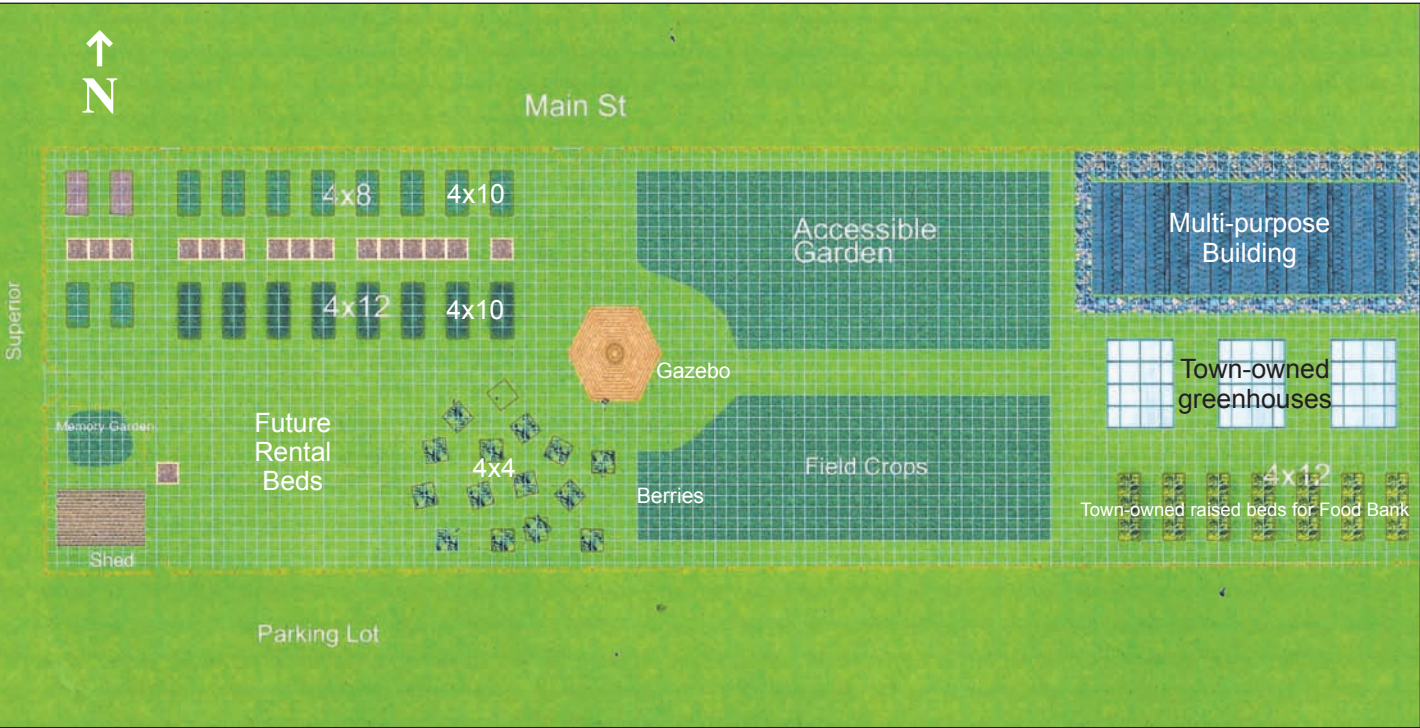
In response to one of the earlier ideas for garden components, eight 4x12 raised beds and an area for field crops and berries will occupy the southeast corner of the garden. Managed by Jason Miller, these areas will grow fresh produce that will be distributed by the Concrete Food Bank and sold to help raise money for the garden’s maintenance and operation.

Long-term goals

A large, multi-purpose building, three greenhouses, and an accessible garden are on the to-do list for the coming years, and will be built as funds are secured in the form of grants and donations.

Beds for rent

Garden administrators are accepting reservations for all three raised-bed sizes:



This graphic shows the current plan for build-out of the Angele Cupples Community Garden in Concrete, with elements suggested by attendees of the first and second Imagine Concrete workshops, as well as additional ideas generated during a community survey and by members of the Community Garden Task Force. Donations currently are being sought by Imagine Concrete to pay for planned additions in 2011, including water lines, an entry sign, 28 raised beds ranging from 4x8 to 4x12 feet, 14 raised beds measuring 4x4 feet, a 12x16 shed, a memory garden, and reconstruction of a donated gazebo roof. Graphic by Marla Reed.

- 4x8 \$25 per year
 - 4x10 \$35 per year
 - 4x12 \$45 per year
- All renters will be asked to sign an agreement, as well as provide their own gardening tools. All questions and reservation requests should be directed to Jason Miller at 360.853.8213.

Donations needed

All individuals and businesses who donate time or money to the garden during any phase will have their name added to a large sign that will be placed inside the garden sometime during 2011.

Anyone wishing to donate is asked to contact Jason Miller at 360.853.8213 or goodwords@frontier.com, or Marla Reed at marla.mr@frontier.com or 360.391.2589.

Our Garden needs YOU!

The Angele Cupples Community Garden in Concrete needs donations (in any amount) and volunteers. If you can handle a paint brush or a shovel, YOU CAN HELP, whether you're a teen or a senior.

Call 360.853.8213 or e-mail editor@concrete-herald.com to find out how you can help.

Rick Lemley

Chuck Ruhl



1008 Third St.
Sedro-Woolley, WA 98284
www.lemleychapel.com

Office: 360-855-1288
Fax: 360-855-1868
Email: lemleychapel@frontier.com



Marblemount



Marblemount woman battles cancer at 21

By Jason Miller

Cathaleen Stewart is almost what you’d expect from a woman her age. The outgoing 21-year-old has lived in Marblemount all her life, looks like a contestant on “America’s Next Top Model” without the attitude, and, almost predictably, loves to hike, jog, swim, and enjoy other outdoor adventures. “I’m very active,” she says. “Well, I was very active, before this happened.”

These days, her priorities have shifted. In October of last year, Stewart was diagnosed with Large B Cell Lymphoma, a blood cancer that affects mainly young, otherwise healthy women. It’s relatively rare, making up only two percent of all lymphomas. Its cause is unknown, and Stewart can’t even point to her family history for explanation, since only her great uncle was ever diagnosed.

Stewart suspected something was wrong in early August 2010, after experiencing pain in her back and chest. But the pain came and went, and a doctor thought it might be a pulled muscle, so she lived with it and started her second quarter of study at Skagit Valley College.

She caught a cold that brought with it a cough that kept getting worse. Her regular doctor prescribed antibiotics, but after 10 days, she still didn’t get better, and her doctor started thinking “tumor.”

He was right. Stewart had a mass growing on a lymph node in her chest, right of center, about the size of a man’s fist—a big man’s fist. It was pressing against her heart, lungs, and nerves, and constricting blood vessels. Two biopsies later, it was determined that the tumor was cancerous.

The fight

Stewart is in the middle of six cycles of chemotherapy treatments to shrink the tumor and obliterate the cancer. Her blonde hair fell out after the first treatment—a promising sign because it shows the chemo is working. On Dec. 27 she received CT scan results that showed her tumor had shrunk by 40 percent—not quite where she wanted to be, but promising news. Her last chemo treatment will be in February; she and her doctor will evaluate her progress then.



Cathaleen Stewart of Marblemount is undergoing chemotherapy treatments for Large B Cell Lymphoma, a relatively rare cancer that mainly affects young, otherwise healthy women.

Meanwhile, the Marblemount community is rallying around Stewart. Her church, North Cascade Community Church, has taken multiple free-will offerings to help fund her medical expenses. She began treatments with no medical insurance; on Dec. 20, her family learned that state funding had come through for some of the bills. A fundraiser is planned for Feb. 19 to help further (see sidebar).

“I didn’t realize I was so popular until I got cancer,” Stewart laughs.

Cathaleen Stewart FUNDRAISER

What: Fundraising dinner for Cathaleen Stewart
When: Sat., Feb. 19., 5:30 - 7:30 p.m.
Where: Marblemount Community Hall
Menu: Mexican Fiesta

A raffle also is in the works. For more information, call Brenda Palmer at 360.873.4507.

Brunch & Bazaar fundraiser falls below expectations

By Jason Miller

A Dec. 5 Brunch & Bazaar fundraiser for the Marblemount Community Hall held at the facility didn’t quite meet organizers’ expectations, according to Marblemount Community Club President Connie Clark.

“... the turnout was poor,” Clark wrote in an e-mail to *Concrete Herald*. The event attracted 15 vendors, but sold fewer than 40 breakfasts. Santa felt a little lonely, too, seeing only four families in three hours.

On the brighter side, the event did generate funds via table rentals, a raffle, and donations for the building to the tune of \$430. The money will be used primarily to cover the building’s maintenance and operating costs.



Above: Hunter Throssel, 3, of Marblemount, hung out with Santa (Bob Garrison of Marblemount) during the Brunch & Bazaar fundraiser at the Marblemount Community Hall Dec. 5.

Below: Santa chats with Rodney Bain of Rockport Rogue Island Farm in Rockport. Bain raises icelandic sheep and transforms their luxurious pelts into yarns, rovings (carded fiber ready to spin or felt), and more.



Marblemount Community Hall to host Eagle Festival events

By Merlene Buller

During the Skagit Eagle Festival’s Jan. 22–23 weekend, come to Marblemount for a great taste of local handicrafts, including a very special hands-on opportunity.

During both days, a handicrafts show will be held at the Marblemount Community Hall from 9 a.m. to 3 p.m. Visitors will experience a showcase of local crafters, including a flintknapper, a painter of Native Americans, Pat Buller Photography’s North Cascades scenery and native wildflowers portraits, and, hopefully, a scrimshaw artist.

On Jan. 22 from 9 a.m. to 9 p.m., Native American flute maker William Moses will teach all comers how to make a genuine wood flute. The fee for this class is \$100, payable via a \$50 deposit, with the balance due at the class. The process takes about five hours and each finished, tuned flute will be comparable to the ones Moses sells at Pike Place Market for \$150 to \$200.

Registration for the flute-making class is limited; for more information, call 360.873.4344 or 360.873.2048.



Newhalem



Alps, cont. from p. 1

are federally owned by either the U.S. Forest Service or U.S. Parks; no private or state land is included in the proposal. The NCNP currently covers 684,242 acres.

“There’s not a whole lot of downside” to the proposal, said NCCC Executive Director Jim Davis, who says the AALP is in part an attempt to finish what was started when the North Cascades National Park was established by Congress in 1968. “The original plan left out lowland habitat, which, over time, has been logged,” said Davis.

It also left out mountains, sub-alpine lakes, old-growth forests, and key watersheds, according to the NCCC, which maintains that getting the new designation would provide protected habitat that is vital for the long-term survival of wolverines, grizzly bears, wolves, mountain goats, Chinook salmon, and several other at-risk species.

Economic benefits

A report prepared by Power Consulting for NCCC and published in April 2010 points to significant potential for the gateway communities of eastern Skagit County. The authors of the report surveyed Concrete, Rockport, Marblemount, and Newhalem, and found that presently, the NCNP generates \$15,182,561 annually between visitor and National Park Service spending. The two entities also are responsible for 356 jobs that are tied to the park. This amount is divided between the communities on the west and east side of the park.

According to the report, the proposed expansion of the park and the addition of new visitor amenities would, during

the next 20 years, result in an increase of \$66,198,682 generated annually, and a rise in jobs to 1,376.

How much of that money would western gateway communities see? That’s a gray area, said Davis. “There are fewer family-oriented amenities [on the west side],” Davis said. “More amenities might include new trails—in the Bacon Creek area, for example, and moving the visitors center closer to Highway 20. The goal would be to create more places where people can go.

“If the west side developed more infrastructure, the communities here would get a bigger piece of the projected pie,” said Davis.

If the proposal meets with approval from the various groups Davis is approaching, it will find its way to Congress. Already it has support from some of the same people who created the NCNP back in 1968.

—J. K. M.

LEARN MORE

Find more answers to your questions about the American Alps Legacy Project at the Skagit River Bald Eagle Interpretive Center, located at Howard Miller Steelhead Park in Rockport.

The center is open every weekend in January, Friday through Sunday from 10 a.m. to 4 p.m.

American Alps representatives will be at the center every weekend from Jan. 8–30.

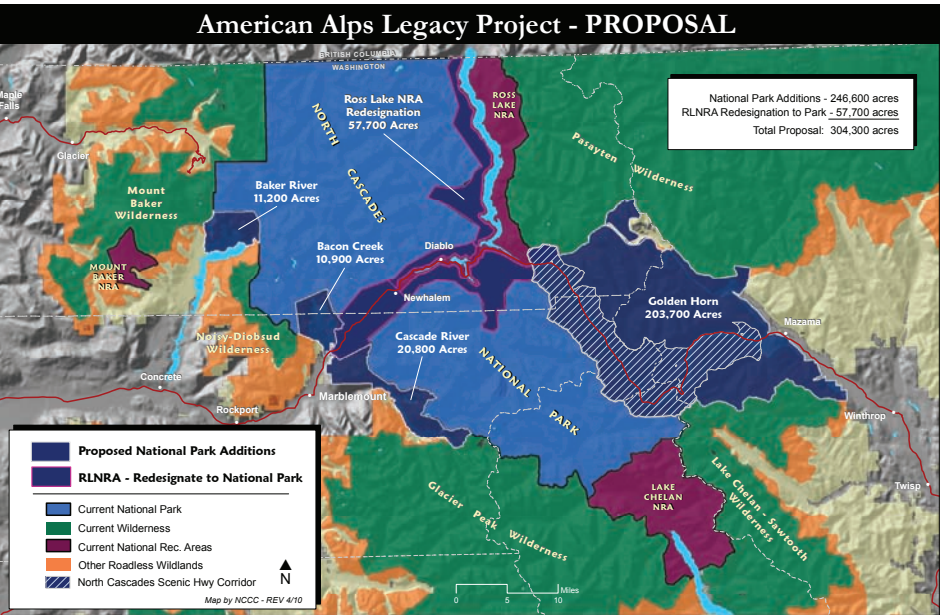
More information is posted online at www.americanalps.org.



A mountain goat scrambles across a snow field near Liberty Bell above Washington Pass. Photo by Tom Hammond.



This black bear was photographed near Easy Pass, south of State Route 20, between Canyon Creek and Rainy Pass. Photo by Phil Fenner.



In this image of the American Alps Legacy proposal study area, the darkest blue areas indicate the proposed National Park additions. The dark blue areas ringed with maroon red are Ross Lake National Recreation Area lands proposed to be redesignated as National Park land. Graphic courtesy of North Cascades Conservation Council.

Skagit General Store winter hours

The Skagit General Store in Newhalem is open weekdays only during the winter, from 10 a.m. to 5 p.m. 206.386.4489.

January on the Upper Skagit

An eagle day
Against a sky
Gray with rain

Forest somber
As folded wings
Indistinct as
Distant feathers

Sodden snow
Caught in branches
Of barren trees
Head white clumps

Everywhere forlorn
As the empty river

Only the willow
Beak yellow
Defies the gloom

Winter’s metaphor

Nancy B. Johnson

Pass closed for season

WENATCHEE — The North Cascades Highway (SR 20) is officially closed for the season after a December storm dumped two feet of new snow and significantly increased avalanche danger.

The highway is closed between milepost 134, seven miles east of Diablo Dam on the west side of Rainy Pass and milepost 171 on the east side of Washington Pass.

For more information, go to www.wsdot.wa.gov/traffic/passes/northcascades.

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Seniors



Coffee Break

Seniors as artisans

By Patrick Kennedy

There are many options when it comes to deciding how to fill your time with arts-and-crafts.

What is this arts-and-crafts thing? During the arts and crafts movement in the late 19th century, people began to take more interest and pride in simple, hand-made items crafted from local materials, while rejecting machine-made products. It was in part a reaction to the industrial revolution and the increasing use of machines to make everything. Simplicity became the new trend and everyone wanted to get in on it. Now it's your turn.

Simplicity is the key word. Arts-and-crafts objects are meant to be simple in form, without superfluous decoration. They followed the idea of "truth to material," preserving and emphasizing the qualities of the materials used.

Glass. Artistic senior citizens can produce their pieces using several techniques. Glass tubes are bent and filled with neon gas. Liquid

glass is heated, twisted, and blown into various shapes, such as vases, ashtrays, or chandeliers.

Wood is chosen from a number of trees, even the neighbor's backyard. It can be whittled, carved, chiseled, sawed, planed, turned on a lathe, and more. Sometimes, it's accessorized with other elements such as metal, glass, or clay, and finished to the artisan's whim.

Clay can be used to create bricks, tiles, and pottery, and comes in a variety of colors. Any senior citizen can throw the clay on a spinning wheel, mold it by hand, trim it, and then form it into a bowl, a pot, or a wall hanging.

Metal comes in a variety of colors and properties. Steel, tin, copper, bronze, pewter, and more can be employed to create a range of creative fantasies.

Future senior artisans can be creative to the extreme if they use creative tools. Off-the-shelf material and equipment will only carry the artisan's imagination so far; after that, ingenuity must develop new materials and tools to generate the pictures projected in the inner eye. That is also part of the fun. But with so much time available to senior artisans, there are endless projects to pursue for fun.

Patrick M. Kennedy is the author of How to Have Fun with Retirement, a sneak peek of which is available online at www.funwithretirement.com.

Way Back When

80 years ago

Jan. 15, 1931: The annual meeting of Superior Portland Cement, Inc., was held in Seattle Monday, and President Lucas read reports showing that while 1930 was a trying year for all industries, and particularly so for the cement companies owing to business conditions and price declines, the Superior Company had a profitable year. Dividends amounting to

70 years ago

Jan. 23, 1941: Concrete was buzzing this week with discussions of a gruesome and grisly mystery. The mystery was unearthed when bones resembling a human were brought to town Monday evening by Ernest Vanderhoof of Moss Hill. The grisly object had been found by a neighbor lady's dog on the riverbank. Further evidence of a body was not found at the site.



40 years ago: City Maintenance Man Jack Hoover was captured in this photo from the Jan. 21, 1971, issue of *Concrete Herald*, fighting a long and winning battle with snow that clogged Concrete streets. An estimated 12-inch total slowed traffic, but failed to stop activities of area residents, who proceeded with a "business as usual" attitude. *Concrete Herald archive photo.*

Immediately, the topic became the theme of all conversation. Local doctor A. C. McPhaden examined the bones and pronounced them "undoubtedly from a human body."

The remains consisted of the wrist bones, palm structure, and

three middle fingers, with the little finger and thumb missing.

The mystery had reached full height and all tongues were wagging when Chas. Wiseman, former trapper, and Morris Splane, state game protector, looked over the remains.

Concrete Senior Center January 2011 Activities

Lunch is served Monday through Friday, 12:30 p.m.

Mondays

9 a.m. Gray Ladies Hoop Quilting
1 p.m. Skip Bo

Tuesdays

10 a.m. Dominoes
11:30 a.m. Jigsaw puzzle
1 p.m. Skip Bo

Wednesdays

8:30 a.m. - 3 p.m. Quilting
11:30 a.m. Jigsaw puzzle
1 p.m. Skip Bo

Thursdays

10 a.m. - 2 p.m. Wii Sports play
11:30 a.m. Jigsaw puzzle
1 p.m. Skip Bo

Fridays

11:30 a.m. Jigsaw puzzle
Noon Mexican Train Dominoes

Special Events

1/12 11 a.m. Advisory Board meeting
1/12 1 p.m. Bingo
1/25 Noon Leap of Faith
1/26 1 p.m. Bingo
1/28 12:30 p.m. Birthday lunch

Holiday Closures

1/17 Martin Luther King Jr. holiday
1/31 Furlough Day: all Skagit County offices closed

"Beaver's foot" was their immediate comment.

60 years ago

Jan. 11, 1951: A South Skagit road from Sedro-Woolley to The Dalles is definitely in prospect within the next few years. The county commissioners and engineers already have begun investigating the right-of-way between the end of the new Day Creek road and the existing roads south of the Birdsvie ferry. The group was to make a trip on foot through the territory this week to see what work would be necessary to connect them.

50 years ago

Jan. 5, 1961: The home of Rev. and Mrs. Fred Dellinger of South Rockport was completely destroyed by fire last Wednesday. The fire started apparently in a defective flue and when noticed, smoke was coming from a closet. One of the boys tried to extinguish the flames, but they had gained too much of a start and soon enveloped their house.

Some of the clothing and household effects were saved, but most of the furniture and Rev. Dellinger's large library of books were lost.



30 years ago: The front page of the Jan. 8, 1981, issue of *Concrete Herald* carried this photo and an announcement of the Jan. 11 dedication ceremony for the new Concrete Elementary School. Construction of the \$2,812,000 facility was made possible by voter approval of an \$800,000 bond in September 1978. State matching funds of about 76 percent also helped to finance the project. *Concrete Herald archive photo.*

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Health



Guidelines for choosing multiple vitamins

By Karl Mincin

Choosing vitamin supplements should be done safely and effectively. Here are some general guidelines.

- Avoid single-dose, one-a-day formulas. It's better to divide the dosage throughout the day, just as we do with food. One vitamin per day is a nice idea, but it will nourish you no better than one meal per day.
- Tip the calcium balance in favor of magnesium. Avoid the conventional ratio of 2:1. Look for equal parts of each. When tested, more people are deficient in magnesium than in calcium.
- Avoid iron unless you have a deficiency confirmed by proper blood tests. In excess, iron is a pro-oxidant; it causes the kind of damage we try to protect against with anti-oxidants.

- Drink extra water when taking any vitamin supplement. These concentrated nutrients need to be diluted for proper utilization.
- Have a dietary analysis performed to determine the amount of vitamins and minerals your food supplies. Remember, it is your diet that is being supplemented.
- Get a free professional review and evaluation of all your vitamin supplements, drug-nutrient interactions, etc. Go to <http://nutrition-testing.com/nutritionresource/Articles/ArtProfVitEval.htm> to start.

Karl Mincin is a clinical nutritionist in practice locally for 25 years. He specializes in nutrition assessment testing and may be reached at 360.336.2616 or online at www.Nutrition-Testing.com.

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Medicines can kill if taken by the wrong user

Between 1990 and 2006, 85 percent of all fatal poisoning deaths in Washington involved medicines. During the holiday season, more young children may be visiting with grandparents—and at greater risks for poisonings.

Only about a dozen Washington counties have temporary sites for safe medicine disposal. Skagit County isn't one of them, which puts its communities at greater risk.

Each year, approximately 33 million containers of prescription and over-the-counter medicines are left unused in Washington. What happens to all of these leftover drugs? They stay in the family medicine cabinets, are flushed down the toilet, or are simply thrown in the trash. Without a sustainable, safe program where Washington residents can take back their leftover drugs to have them properly destroyed, these medicines can contribute to a rise in accidental poisonings and prescription drug abuse, as well as contamination of state waterways and the environment.

Take Back Your Meds is a group of health organizations, environmental groups, police, drugstores, and others who are seeking a statewide program for the safe return and disposal of leftover medicines.

Leftover meds can threaten kids

Young children are especially at risk for accidental poisoning from medicines left in the home. Thirty-two percent of child poisoning deaths were caused by someone else's prescription medication, and 26 percent were caused by over-the-counter medications.

Prescription drug abuse

Accidental poisoning is not the only risk posed by leftover medicines; prescription drug abuse is the fastest growing drug problem in the country. The rates of prescription drug abuse are especially high among teens. Three out of five teens say prescription pain relievers are easy to get from parents' medicine cabinets.

Flushing drugs discouraged

Why not toss leftover medicines into the trash or flush them down the toilet? Throwing unwanted medicines in the trash or flushing them passes them into state waterways and the environment. In the Pacific Northwest, researchers have found

drugs like painkillers, antihistamines, antibiotics, heart medications, and hormones in the environment, potentially affecting the surface, ground, and marine waters, in addition to the soils and sediments. Nationally, a wide range of medicines have been found in the drinking water of 24 major metropolitan cities.

Safely dispose of medications

Think of leftover medicine as toxic waste from the home, and work with county and state representatives to develop a statewide program with convenient locations where people return their unwanted medicines for disposal in a safe and secure manner. Today, high temperature incineration is the best and safest method for disposing of this type of toxic waste.

The growing volume of leftover medicines is rapidly becoming a serious issue both in and outside the home. In many Washington counties, communities and taxpayers have stepped up to provide temporary take-back programs.

Source: Take Back Your Meds

Keep spring pests from hatching in your home

(ARA) — As spring approaches, homeowners won't be the only ones opting for stay-cations. Insects that hibernate during cold winter months reappear in the spring, setting their sights on a location closer to home than you think: the safety and warmth of your house.

What to do? Follow these tips:

- Investigate: Search your home or a potential new home for pest problems.
- Study: Identify your pest problem so that you can use the proper method to solve or control the issue.
- Prepare: Think about the tools you'll need to solve your problem.
- Eliminate: Remove access points and other inviting entryways for pests lurking outside.
- Clean: Make sure you're not providing potential pests with all the comforts of home.
- Treat: Treating pest problems with responsible use of pesticide products will help keep your home, lawn, and community pest-free. For significant pest problems, call a professional.

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Pat Buller Photography

Pat Buller's North Cascades Odyssey:
Summer 2010 Slide Show,
Skagit River Bald Eagle Interpretive Center,
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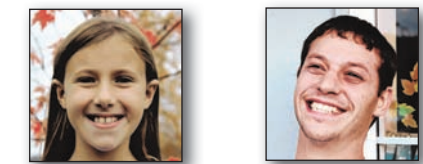
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View and learn about bald eagles on the Skagit River

One of the largest wintering populations of bald eagles in the lower 48 states migrate through the Skagit River, and visitors can view and learn about them from volunteers with the Eagle Watchers Program hosted by the U.S. Forest Service.

Three viewing stations with off-highway parking along SR 20 provide spotting scopes and binoculars to help the public see the birds up close. Volunteers will staff stations Saturdays and Sundays, 10 a.m. to 3 p.m., Dec. 18 through Jan. 30, except Christmas day.

Eagle Watcher stations are located at Howard Miller Steelhead Park in Rockport, Sutter Creek Rest area (milepost 100), and the Marblemount Fish Hatchery. Look for the yellow signs. A map of the viewing sites is posted at www.fs.fed.us/r6/mbs/skagit-wsr/overview/wildlife.shtml. For more information, call 360.856.5700.



Smile



Dwelleysms

Wit from the Herald’s former editor

“It used to be when two politicians got together, there was an election brewing. Now it just means that one of them has an idea for a new bureau.”
“They say \$10,000 bills are getting scarce. Must start counting the change again; we hadn’t noticed.”

—Aug. 5, 1943

“The only trouble with most government bureaus is that men smart enough to operate them intelligently are also smart enough not to take such a job.”
“When Hitler promised his people that he would bring home a victory, he didn’t tell them that he might have the Allies march in with it.”

—Aug. 12, 1943

“It won’t be long before an eligible male won’t be able to go down the street without being whistled at, either by the girls or the recruiting officers.”
“We understand small-town editors are listed as unessential. Teacher always said we wouldn’t amount to much.”

—Aug. 19, 1943

“Can anyone tell us just why the weeds quit growing after the last vegetables are removed from the row?”

—Aug. 26, 1943

“For the first time in many years, colleges are finding out they can operate without a football team.”

—Sept. 23, 1943

“No more pale pennies will be minted after Jan. 1 (1944). Probably will have the copper ones back in circulation before anyone learns to tell a penny from a dime at a glance. They sure had us watching the pennies for a while.”

—Oct. 28, 1943

“When you get so busy you can’t stand it, take a good vacation. When you get back, you’ll wonder why that little bit of work got you down: Look what you have now!”

—Nov. 11, 1943

“United States: Where nothing is so important as importance”
—Jan. 6, 1939

“According to party emblems, we have two elephants and a donkey in the commissioners’ office. Going on what has occurred since they took office, it appears that we have just three mules.”
—Jan. 19, 1939

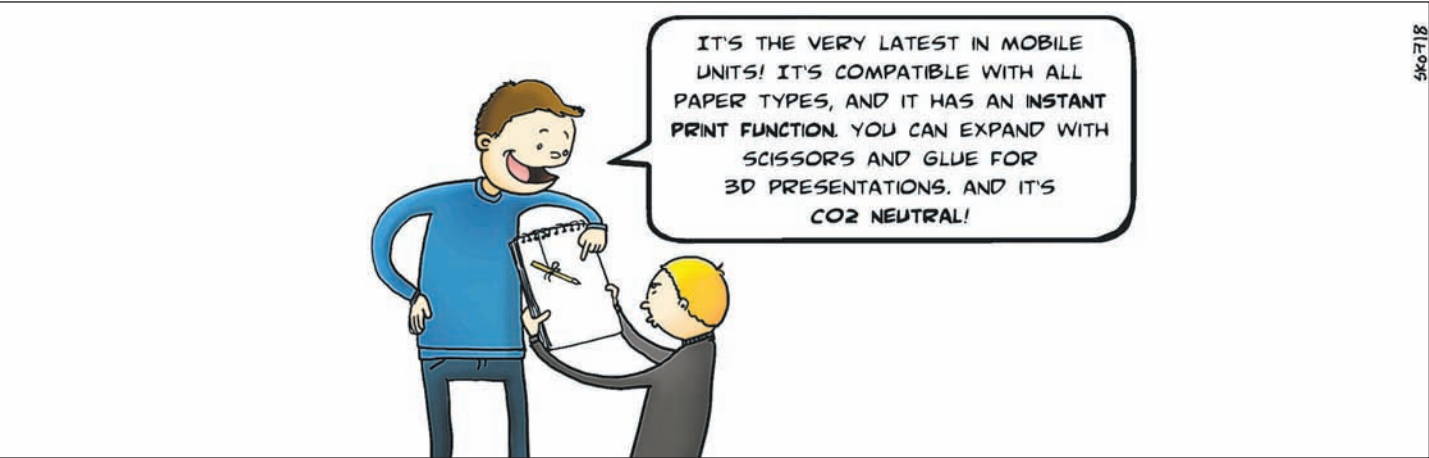
“Every once in a while, you run into someone who brags about being from a big town in order to impress a small-town person. Don’t let him fool you; he is just one of several hundred thousand, while in your case, the odds are much lower. If you live in a town of 1,000 with 500 people you can call by their first names, you are much more important than a man who lives with 15,000 other folks and doesn’t

know his neighbor’s last name.”
“Nobody knows where Mussolini went. Maybe when he puffed himself up last time, somebody stuck a pin in him.”
—Sept. 16, 1943

“Monday morning mothers will begin to realize once more why school teachers really earn their salaries.”
—June 1, 1939

Public Service Announcement

By Stig Kristensen



Nut Job

By Plip Morley



What’ll it be, pal? The full-body scan or the enhanced pat-down? Your choice.

Concrete Harold

By Joyce Harris



www.concrete-herald.com
Editorial, cont. from p. 2

The TSA seems locked in reactive mode, trotting out new regulations and technology almost daily so that the 99.999 percent of travelers who simply wish to get from point A to point B can incrementally lose their personal freedoms while the TSA attempts to chase down the .001 percent of travelers who have, shall we say, slightly less altruistic motives in mind when they board a plane. All in the name of security, of course.

First came the bans on box cutters, because they were used during the Sept. 11 hijacking. That’s reasonable enough. Then, a potential hijacker brought some explosive gel on board a plane, prompting a ban on more than 3 oz. of any liquid in a person’s carry-on luggage.

We started removing our shoes after would-be terrorist Richard Reid tried to detonate explosives hidden in his high-tops. Belts and other clothing items have to come off in the security checkpoints. Some carry-ons are wiped down with special cloths that detect explosives residue. In December 2009, a fellow named Umar Farouk Abdulmutallab, a 23-year-old Nigerian, boarded a passenger plane with 80 grams of the highly explosive powder PETN sewn into the crotch of his underwear. Airport scanners at the time missed the bomb, which did not explode because the detonator—acid in a syringe—malfunctioned.

U.S. Secretary of Homeland Security Janet Napolitano has leaped into action, deploying full-body scanners in every major airport in the nation. Whereas the old-fashioned scanners spotted old-school metal weapons such as guns and switchblades, the full-body scanners deliver exactly what the name implies: a view of a traveler’s entire “naked” body, rendered in such detail that TV news organizations have to blur the genitals when reporting on the topic.

Any traveler who refuses the full-body scan is given an equally unsavory option: an “enhanced” pat-down, during which a TSA agent’s hands are dangerously close—sometimes even touching—areas of one’s body that most people would feel are off-limits to anyone but their spouse or doctor.

You can see where this is going. Every time a would-be terrorist tries a different tactic, the TSA implements sweeping regulations that erode our personal freedoms and rights.

Not everyone is taking the new options lying down. John Tyner sure didn’t. The otherwise unremarkable traveler posted on YouTube his confrontation with a TSA agent, recorded on Tyner’s cell phone.

When asked to submit to the enhanced pat-down, Tyner told the agent, “... if you touch my junk, I’ll have you arrested.” Tyner was informed the pat-down was considered “an administrative search,” to which he responded, “What they’re doing here would be illegal if they weren’t the federal government.”

Preach it, brother. Our government has embarked on a slippery slope, slowly eroding our freedoms in the name of a goal that is impossible to attain: safety.

Remember what Helen Keller said? “Security is mostly a superstition. It does not exist in nature, nor do the children of men as a whole experience it. Avoiding danger is no safer in the long run than outright exposure.”

Statistics don’t support the TSA’s tactics. In an Aug. 11, 2006, article posted on reason.com, titled “Don’t be terrorized,” writer Ronald Bailey discussed the odds of dying in a terrorist attack:

“To try to calculate those odds realistically, Michael Rothschild, a former business professor at the University of Wisconsin, worked out a couple of plausible scenarios. For example, he figured that if terrorists were to destroy entirely one of America’s 40,000 shopping malls per week, your chances of being there at the wrong time would be about 1 in 1 million or more. Rothschild also estimated that if terrorists hijacked and crashed one of America’s 18,000 commercial flights per week that your chance of being on the crashed plane would be 1 in 135,000.”

I like those odds.
For several years, I’ve gone canoe camping with a longtime friend in the Boundary Waters Canoe Area Wilderness of northern Minnesota. Now that I’ve moved back to Washington, it seems that if I wish to continue this tradition, I’ll have to either a) subject myself to technology that carries with it the very real possibility that images of my naked body will show up on the Internet, or b) allow a total stranger to touch “my junk.”
So much for saving myself for marriage.

Letters, cont. from p. 3

person involved in this year’s event made a difference in the lives of others, and we are grateful and appreciative of your time, talent, and energy that you gave to brighten the holidays for people you don’t even know. You embodied the purest form of the Christmas spirit and we are thankful for your participation. We look forward to next year’s Angel Tree, and we welcome

any comments, suggestions, or input to improve our efforts. Thank you again and we wish each of you the best in 2011!
*Tammie Werner, Kathy Weston
Lyman Angel Tree organizers
Lyman*

Italian Dinner kudos

The Marblemount Community Club board members would like to thank Kathy Lester and all the volunteers who organized and put on the Italian Dinner. Without all their hard work, this fundraiser could not have happened. We also would like to give a special thank you to all of you who donated money; your donations are very helpful and always very much appreciated.

The Italian Dinner and donations raised \$2,500. These funds have paid 2010 taxes and insurance on the building, as well as operating permits, maintenance, and propane service.

We invite you to join us on Jan. 12 for our board meeting. We will have a detailed report showing how the money raised at the Italian Dinner was used. We also will plan the fundraiser during the Bald Eagle Festival, which will include a brunch, vendors, and a flute-maker from a local tribe. If you would like to help or have other ideas, we very much welcome them.

Thank you for your help, and for giving to the community, from the Marblemount Community Club Board Members.

*Connie Clark, Larry Schroder,
Jim and Kathy Hunter, Marshall Copper
Marblemount*

Lady Lions, cont. from p. 6

As they gain more experience, Rensink’s players are developing as a cohesive team, he said. Early on, “a lot of the girls hadn’t taken to their roles yet, but now they’re really starting to pick up on what they need to do to make the team better. They’re playing a lot better now,” he said.

Their numbers show it. During their first four games, they scored between 21 and 30 per game. During their next four games, they scored between 47 and 66. The team’s record at the end of December was 1–2 in league play, and 3–5 overall.

“As long as they keep believing in themselves and in each other, I think we’ll be all right,” said Rensink.

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EVENTS

Make an authentic wood flute in 5 hours! Jan. 22, 2011, 9 a.m. to 3 p.m., at Marblemount Community Hall. Registration limited, so sign up early! \$50 deposit requested, \$50 balance payable at class. Call 360.873.4344 or 360.873.2048.

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