

The Voice of Eastern Skagit County Concrete Herald

Vol. 93, No. 7

July 2010

Concrete
Youth
Activity
Day p.11

50 cents



Gary Wichers of Bellingham brought his 1952 Oldsmobile Super 88 convertible to the 2009 Lyman Car Show and plans to return to this year's event, slated for July 10. Concrete Herald file photo.

Fun on four wheels

Lyman Car Show marks its 10th year July 10.

By Nancy Trythall

On July 10, Lyman will host the 10th Anniversary Lyman Car Show.

The show, which started a decade ago, has grown from a small show averaging 50 cars to a record-breaking 169 cars in 2009. Our goal this year is 200 cars and trucks from days gone by—but not forgotten.

Last year, the show included Lyman's 100-year birthday celebration. It was a crazy, fun day. This year, we are all about the cars and crafts. People love old cars and the memories they spark, and we will have many decades honored at the show.

See Car Show, p. 14

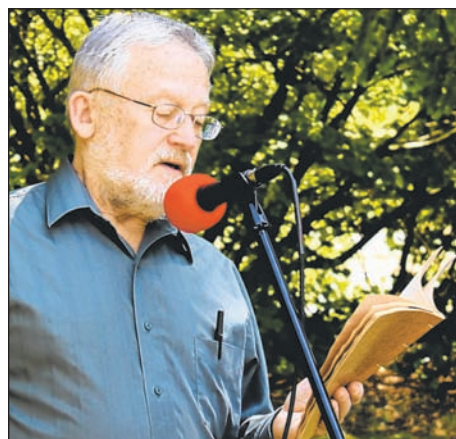
Cement City Street Fair, Fly-In arrive for July 24 weekend

By Valerie Stafford and Jason Miller

Cement City Street Fair will fill downtown Concrete on Sat., July 24, from 9 a.m. to 4 p.m. on Main Street, with a variety of family-friendly activities to participate in: arts and crafts sales, resource tables, fun food, live music, and more.

United General Hospital and the Concrete Chamber started the event three years ago as a way to share the talents and resources that abound in eastern Skagit County. The hospital's goal is to provide health information and screenings: There will be free health screenings, information on everything from skin cancer to fitness

See Fly-In, p. 4



Poet Steve Grubb reads during last year's Poetry & Music Festival. He'll return this year.

Poker Run revs in Sedro-Woolley Page 12. »

Salmon BBQ in Marblemount Page 22.

Cinder Shins Fun Run returns July 24 Page 4.



*Published the first
Wednesday of each month*

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Concrete Herald

The Voice of Eastern Skagit County

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Editorial

Whenever she hears someone begin a sentence with “I wish...” the mother of two of my best friends likes to respond, “Well, wish in one hand and spit in the other, and we’ll see which one fills up first.”

I couldn’t agree more. Nothing gets under my skin faster than someone who’s all talk, or who neglects to engage in the process of change and then complains when that change occurs. That person never gains an audience with me for long.

In our small, east-county communities, nobody has the luxury of sitting on their hands. We all must work toward that change we seek, or our communities will wither and die.

Wish if you must. (I wish I had Andy Aiken’s hair.) Now, however, we must engage.

— J. K. M.



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Opinion

Letters to the editor

We’re all just passing through

The BMW in front of me on Hwy 20 sped up. Their decision to exceed the speed limit couldn’t have come at a worse time for the duck that flew up out of the wetlands we were passing through. If the driver had stayed with the posted speed limit, the duck would have had that ONE HALF SECOND that made all the difference in whether it would live or die. I was left to witness the demise of an innocent creature. I cried!

I’m heading to the shop, driving up the deserted country road with no one in sight. There’s plenty of brush along the side of the road, with a big field on the other side. Out of nowhere, a bushy black cat darts in front of my car. I had to stop in order to avoid hitting the rascal. Thankfully, I wasn’t in a hurry and was driving under the 25 mph speed limit. I sighed with relief!

My family lives on a quiet country road (posted for 25 mph). Our home is situated within the minimum of allowed distance a structure can be from a roadway in Skagit County. Needless to say, when unthinking drivers race by our home at 40 to 50 mph, IT IS VERY UNSETTLING! I can’t help but think one wrong move on their part and we’re all toast! It’s gotten to the point that I cannot let our little puppy romp around the front yard for fear I’ll witness another innocent animal’s demise at the hands of another speeding driver. I mutter!

Roads may appear empty. Wetlands may appear dormant. THEY ARE NOT! I encourage everyone to obey the posted speed limits. Limits are for the safety of everyone and every THING. Remember, we’re all just passing through. Let’s make a conscience effort to do so safely!

Sherrill Coville
Concrete

Kevin Geagan is a hero

I write this letter to honor Kevin Geagan, my chiropractor who practices in Burlington and who also happens to be one of my heroes.

Why? It started in 1997, when my youngest brother Larry Loomis became ill. He went to many doctors and not one of them believed him. His primary doctor said he was faking it to get out of

work or to get drugs. All the while Larry was losing weight and getting weak and dragged-out tired.

Larry was the guy who drove to work in whiteouts when no one else would or could, and he didn’t do drugs. He had missed only four days of work in 20 years. He worked at an aluminum plant in Ferndale, which should have been a clue to investigate physical illnesses, because of possible exposure to “pot ash.” Our family history, too, would have been a good place to start.

Meanwhile, Larry’s insurance provider and his self-insured company started calling the shots. They fought him all the way.

At the same time, President Clinton addressed the nation with the news that we were all drug addicts and he was cracking down on the doctors who prescribed them. So my brother suffered. He was not believed and he lived in excruciating pain.

The doctor finally sent my brother to Harborview Medical Center, where they did some tests and checked his colon. He also was sent to a shrink, who said he hated his mother and that was why he was so ill. Larry loved mom (God bless her soul) and was probably the most well-adjusted person you could have met.

The tests were sent back to his doctor, but he never read them. After Larry’s death we got his paperwork from his doctor and learned that Harborview had found carcinogenic material in his sample tissue they had biopsied. This finding could have led to what was wrong with Larry; instead, they let him slip through the cracks again without reading his test results.

Larry now looked like a refugee camp survivor. He could hardly walk or eat or sleep. He got some pills from friends, but nothing took the pain away. We should

See **Letters**, p. 3

Letters policy

Letters of 150 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald.com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Letters, cont. from p. 2

have taken him to Canada where people are treated like human beings.

The only thing I could think of was to send my brother to my chiropractor, Kevin Geagan, to have him try to help my brother with his excruciating pain, since his back was out.

His first visit included a set of X-Rays. Kevin Geagan checked the X-rays and found a white mass of bubbles in Larry’s lower spine. Larry almost fainted as he stared at the proof that something was wrong with him. Can you believe that his doctor never took a simple X-ray?

Even with this proof, Larry’s doctor wouldn’t help him. Kevin adjusted Larry and gave him some relief from the pain, but the most important relief my sweet brother got was knowing that it wasn’t all in his head. Kevin Geagan became “Kevin Geagan, M.D.” in my eyes and heart.

When no one else cared, this man came through.

A couple of months later, the pain got so bad that Larry was driven to an emergency room in Bellingham. He couldn’t get out of the car. A doctor came and discovered one of three tumors growing in Larry’s abdomen had burst through his stomach. He was rushed to surgery and barely made it.

Larry had many surgeries during the last year of his life, before he died in 2000. I once asked him how he did it and he said, “Once it happens to you, you start thinking of life a lot clearer.”

God bless Larry Loomis and God bless Kevin Geagan.

Deborah Chapman
Concrete

Thanks to engaged citizens

Two major Imagine Concrete events took place in June, and several volunteers stepped forward to ensure their success with a little elbow grease.

Imagine Concrete thanks the following for their work during the Lone Star building clean-out on June 19:

Fred West, John Boggs, Marla Reed, Darrel Reed, Alan Fabrick, Carol Fabrick, Lou Hillman, Jim Hillman, Kathy Milanuk, Eric Archuleta, Jack Mears, Judd Wilson, Paul Rider, Beverly Richmond, Anne Young, Kay Brown, Amber Lee, Don Payne, Sandy Wells, William Wells, Jim Parker, Town of Concrete, and Jason Miller.



June 19: Lone Star building clean-out volunteers included local citizens, business owners, members of Friends of the Upper Skagit Library, Town Council members, and Jim Parker (in light blue shirt and green hat), who worked in the building for 17 years while it was still operating. *Photo by Amber Lee.*

Many thanks also to 2G’s Mobile Cafe for providing lunch for our hungry volunteers.

From June 25–27, more volunteers took on the task of defining the Angele Cupples Community Garden with a beautiful cedar-picket fence, some of the pickets for which were donated by Ed Rogge of Northwest Cedar Salvage. Imagine Concrete thanks the following for their work during this three-day project:

Joseph DiLeo, James Brangham (from Sedro-Woolley), Chad Hawkings, Barb Hawkings, Floyd Anderson, Bill Newby, Tom Jones, Larry Mosby, Jim Parker, Marla Reed, Bob DiLeo, Lillian DiLeo, Don Payne, Conrad Claybo, Cheryl Prier, Darrel Reed, Barb Withrow, Jim Hillman, Lou Hillman, Robert DiLeo Jr., James Morgareidge, Kay Brown, Jack Mears, Jason Driver Sr., Jason Driver Jr., Jerry Robinson, Rich Philips, Town of Concrete, and Jason Miller.

Special thanks goes to Dan Pfluger of Alpine Lakes Construction for drilling the post holes, and to the following local businesses (and one nonprofit organization) for providing lunch each day: Annie’s Pizza Station, Hi. Lo. Country Bar & Grill, Community Stew, and Concrete Herald LLC.

Jason Miller, chair
Imagine Concrete Steering Committee

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The Chamber sees the street fair as an opportunity for artists and businesses to showcase their offerings in a fun and friendly setting. By working together with other local businesses (other event sponsors include Eagles in Flight, Concrete Theatre, and *Concrete Herald*), the hospital and Chamber are able to offer a wide range of activities, displays, and demonstrations.

This is the first year the event will feature a motorcycle show, where bikes of all makes and models will “show up and show off.” Eagles in Flight is coordinating the show and will provide the prizes for each of four categories, following the judging at 1 p.m. Participants will receive a commemorative patch.

To add a musical flair, we are pleased to present Marcia Kester, singer/guitarist from Mount Vernon, as our live entertainment from 10 a.m. to 2 p.m. on Main Street. Marcia’s music is a popular blend of acoustic and electric sounds, featuring everything from songs of Patsy Cline to Tanya Tucker to k.d. lang.

Another exciting part of the Street Fair is the third annual Poetry & Music Festival, this year being held in the historic Concrete Theatre from 1 to 3 p.m. Featured artists include Dick Harris, Caleb Barber, Stephany Vogel, and Jason Miller, among others.

Everyone on the Cement City Street Fair Committee is looking forward to providing a wonderful, summertime celebration for the many visitors expected in town. The Street Fair is the same weekend as the annual Concrete Fly-In, which draws thousands of aviation buffs and their families, and the Saturday Market also will be in full swing at the Senior Center, with fresh produce, crafts, food, live entertainment, and more. With all this going on, where could you spend

a more incredible summer day than in Concrete, Washington?

There may still be time to register your motorcycle or sign up for a booth at the Cement City Street Fair. For information or forms, go to www.unitedgeneral.org, call United General Hospital at 360.856.7662, or contact Chamber President Valerie Stafford at chamber@concrete-wa.com.

History on the wing

In its 29th year, the North Cascade Vintage Fly-In will offer a mix of the expected and unexpected during its three-day run from July 23–25.

Sure, it’s held at Mears Field (formerly Concrete Municipal Airport) in Concrete. Sure, it will host between 100 and 200 planes from all over the northwest corner of the U.S.

But the big draw this year is a Boeing Model 40 that was built in 1928 and crashed in southern Oregon in October of that same year. In 1998, current owner Addison Pemberton tracked the plane to a horse trailer in a backyard and, in 2000, negotiated a sale of the wreckage with the Oregon Aviation Historical Society.

Thus began eight years and 18,000 hours of restoration work on the plane, performed by Addison and 62 volunteers. The plane now holds the impressive distinction of being the oldest Boeing plane still flying and the only flyable Boeing Model 40 in existence. Pemberton and 12 other planes will arrive from Spokane for our Fly-In.

The Fly-In will deliver on the reputation it’s built during its almost three decades of

existence, said co-organizer Jim Jenkins, who shares management duties with Larry Mitchell.

“Look for an interesting variety of planes, from classics to home-buils,” said Jenkins. “This year we plan to give out awards, too, in several categories, such as Grand Champion Antique, Warbird, Experimental, and more,” he said.

The event is packed with more vendors than last year, plus jazz music, and biplane and helicopter rides, too. Lions Club members will be on hand to grill up tasty meals, too. For more information, go to www.concretewaflyin.org.



Attendees during last year’s Fly-In huddled under airplane wings to escape a passing sprinkle of rain. This year’s event will include an appearance from the only flyable Boeing Model 40 in existence. Built in 1928, the Model 40 is the product of eight years and 18,000 hours of restoration.

www.concrete-herald.com

Cinder Shins Fun Run returns for second year

The Cinder Shins 5K Fun Run/Walk will be held again this year during the Cement City Street Fair on July 24.

Sponsored by *Concrete Herald*, the family-friendly event is free. At 8:00 a.m. on race day, participants should meet at the Town Center sign on Main Street in Concrete. Runners will be guided through the 5-kilometer course by a race official on a bike. Finishers will receive a medal.

For more information and to obtain a waiver that must be signed before racing, call 360.853.8213 or send an e-mail to editor@concrete-herald.com.



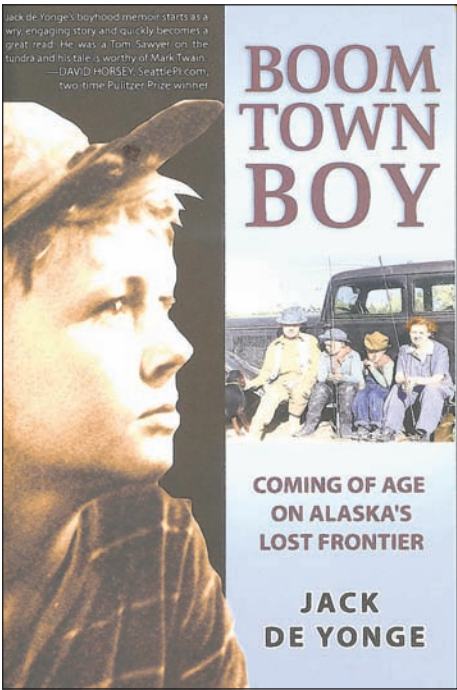
Former newspaperman publishes memoirs

East county local and former *Seattle Post-Intelligencer* journalist, editor, and columnist John (Jack) de Yonge has published *Boom Town Boy*, the story of his years growing up in Fairbanks, Alaska.

Born in 1934, de Yonge lived in Fairbanks as it slowly died after its mining heyday, and experienced its awakening after World War II broke out. A Japanese attack on the state brought thousands of military personnel and construction workers to town, and de Yonge’s life was altered forever.

The son of a hardwareman and an Irish daughter of the Gold Rush, de Yonge was a fist-fighting, music-loving, reluctant altar boy who discovered his own truths about sex, religion, and racism—and tells the tale in what novelist Tom Robbins called “A memoir as sparkling and sharp as a spring-thaw icicle, and as honest and revealing as yellow snow.”

Find your copy of *Boom Town Boy* in local bookstores and Amazon.com.



Looking for Concrete Herald?
A complete list of distribution points is posted online at www.concrete-herald.com/about-the-herald/distribution-points

www.concrete-herald.com

Business Directory under way

By John Boggs

The Concrete Chamber of Commerce is collecting information for a new local business directory. No fees are being collected to have your business included. The directory will assist local residents, newcomers, and visitors, as well as provide a source of information to publishers of travel guides.

In the past, this information has not been readily available, so what gets printed is often outdated. The Chamber’s goal is to remedy that situation. If your business is only Internet based and you don’t want folks calling you or showing up at your door, that’s fine; just state “Internet only” in the remarks sections of your application and other information submitted will not be printed or released to the public.

All information submitted will be kept on file, to help refer visitors and potential customers to your business. Some or all of it also may be printed in an upcoming directory that will be made available at other visitor centers and special events.

To submit your business information or for answers to additional questions, contact the Chamber of Commerce at 360.853.8767, deliver to the Chamber/Licensing Office located in the Community Resource Center at 45770 Main Street, mail to P.O. Box 743, Concrete, WA 98237, or e-mail John Boggs at jboggs@washington.aol.com. Clearly mark your submission as “Business Directory Information.”

Saturday Market hits July stride

By Athena Hornsby

July puts the Concrete Saturday Market in full swing. The raspberries are in and a variety of other fresh local produce is ready for your table. We have live music scheduled for every Saturday in July beginning at 11 a.m. These include local favorites such as The Renegades, Fiddlin’ Anne, and Bare Feet. We also host a musical jam session the first Saturday of each month from 1 to 3 p.m., which is open to all musicians.



The Concrete Heritage Museum Association is having a bake sale/info booth on July 24. Come down and support your local museum by getting some great, yummy, homemade baked goods. Also, the Concrete Senior Center is hosting breakfast on July 24, beginning at 7:30 a.m.

We have a nice selection of locally made arts, crafts, and consumables that are great for yourself or as a unique gift. New vendors, with new items, all the time.

On Sat., July 31, the market will host a chalk art contest for kids. Some great prizes donated by vendors will cap off the fun. All kids welcome. The contest begins at 11 a.m.

Next month promises to be even more fun with some children’s activities planned by members of Finney Farm and a bake sale for the Friends of the Upper Skagit Library on Aug. 7.

Your community market is a great place to go! For information or a calendar, send an e-mail to concretesaturdaymarket@

gmail.com or call 360.856.2093 or 360.391.9840.

We are located just off scenic State Route 20 at milepost 89 and open Saturdays from 9 a.m. to 4 p.m.

For more information, call 360.856.2093 or 360.391.9840.

PSE to drill near Baker River Rd.

By Jeff McMeekin

July 6 through Aug. 6, Puget Sound Energy (PSE) plans to conduct geological exploration (drilling) work related to the proposed Unit 4 Powerhouse Project. The work will occur near Baker River Road, north of the Dillard Avenue Bridge.

The work will require the use of a helicopter for mobilization of the drilling equipment. A temporary traffic detour on Baker River Road may occur from July 16 to July 18.

For more information, call PSE Engineer Zak Ngoma at 425.457.2219.

Writer(s) needed!
Concrete Herald needs YOU to cover the Concrete Town Council on a volunteer basis. Call: 360.853.8213.

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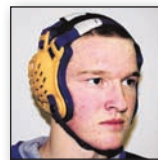
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Sports



Track athletes bring home plenty of metal

By Jason Miller



Kevin August (left) exults over his three State medals on May 29 while Greg McIntosh regards his single award with mock disgust. August placed third, fifth, and sixth in the Triple Jump, Long Jump, and High Jump, respectively. McIntosh took eighth in the 400m. *Photo by Vanessa Williams.*

May 28 found a group of Concrete High School Track athletes in Cheney for the Class 2B State Track and Field Championships at Eastern Washington University.

Our athletes did not disappoint, digging in and bringing home life experiences — and a little metal to boot:

Alex Aiken placed 16th in the 100m.

Andy Aiken attended as a 4x400m Relay alternate.

Andrew Black placed 11th in the 4x400m Relay.

Kevin August shone in his three personal events, bringing home three medals by placing 3rd in the Triple Jump, 5th in the Long Jump, and 6th in the High Jump. He also placed 11th in the 4x400m Relay.

Dennis Dorgan went to State as a 4x400m Relay alternate.

Greg McIntosh brought home a medal by placing 8th in the 400m, while placing 11th in the 4x400m Relay.

D. J. Mitchell placed 11th in the 4x400m Relay.

Taylor Lee placed 11th in the 100m Hurdles, and took 15th place in the

300m Hurdles.

At the team's awards banquet in June, the following athletes were recognized with special awards:

Kevin August was named Most Valuable Teammate.

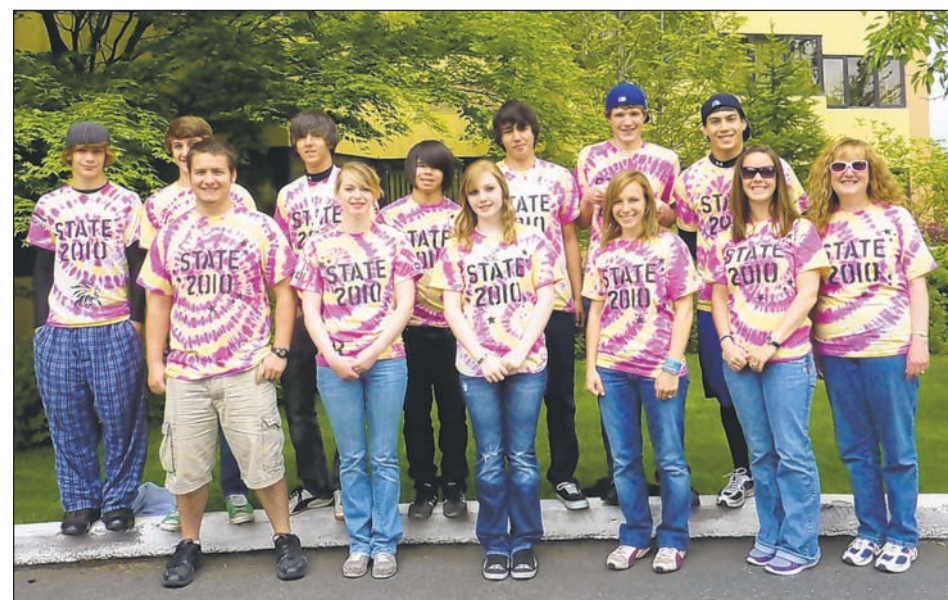
Dennis Dorgan was named Most Inspirational.

Greg McIntosh was named Most Dedicated.

Will Stidman and Taylor Lee were given Coaches Awards.

At their request, the team's four captains (Kevin August, Taylor Lee, Greg McIntosh, and Will Stidman) each awarded an athlete with the "Captain's Choice Award." These went to Justin Soule, Dennis Dorgan, D. J. Mitchell, and Kellen Russell for their hard work this season, especially during practice.

Updated sports schedules for all Concrete sports teams are online and updated regularly. Go here: www.concrete.k12.wa.us/sports.html



The Concrete High School Track contingent took a moment to get their photo snapped while in Cheney for the State Tournament. *Back row, left to right:* Andrew Black, Dennis Dorgan, Kevin August, Andy Aiken, Alex Aiken, D. J. Mitchell, Greg McIntosh. *Front row, left to right:* Matthew Williams (volunteer coach), Taylor Lee, Olivia Davis (manager), Meghan Claybo (assistant coach), Ashleigh Howell (co-head coach), Vanessa Williams (co-head coach). *Submitted photo.*

Middle School track shows strong at Finals

By Jason Miller

Concrete Middle School sent an impressive 22 athletes to the Track Finals this year, which were held at Mount Vernon High School on May 26, reported Head Coach Sarah Dinkins. The athletes logged strong placings, which included:

7th grade girls

Muriel Troka placed 2nd in shotput with 27'3".

Anjelika Koenig placed 5th in the 100m hurdles with a time of 18.9 seconds.

Taylor Warner placed 6th in the 1600m with a time of 6:26.

Hailey Brashear placed 6th in the 800m with a time of 3:19.44.

The girls' 4x100 relay team placed 6th with a time of 1:01.52.

7th grade boys

Clay Nelson placed 2nd in the 100m hurdles with a time of 17.76, and 5th in the 100m with a time of 13.40 seconds.

Anthony Moran placed 5th in the 800m with a time of 2:46.91, and 6th in the 1600m with a time of 5:58.54.

River Lee placed 2nd in shotput with a throw of 31', and 5th in discus at 72'3".

The boys' 4x100 relay team took 6th place.

8th grade girls

Emily Fenley placed 6th in the 1600m with a time of 6:42.



Seventh-grader Juanita Castaneda winds up to throw the discus during a home track meet on May 12.

8th grade boys

Dakota Meldrum placed 3rd in the long jump at 15'8 1/4".

Nathan Butler placed 4th in the long jump at 15'2 3/4", and 3rd in the 200m with 26.23 seconds.

The boys' 4x200 relay team took 6th place.

Newby has high hopes for next season. "We didn't lose any seniors, so we have every kid returning. In a situation like that, we're expecting even bigger and better things next year," he said.

Men's Baseball awards announced

By Jason Miller

Concrete High School baseball coaches awarded the following players during the team's June awards banquet:

Tyler Clark was chosen captain and MVP for the season.

Kyler Howell took home honors for offensive player and defensive player of the year.

Tyler Kales captured the Coaches Award. Dalton Dellinger received the Hustle Award.

Several players also earned positions on the Northwest 2B All-League Baseball Team. First-team honors went to Tyler Kales, Kyler Howell, and Tyler Clark. Cody Corn placed on the second team. An all-league honorable mention went to Dalton Dellinger.

"We exceeded our expectations this year by far," said Head Coach Jim Newby.

"Our initial goal was to make the district playoffs. When we were able to win the league title and advance to state playoffs, every game beyond that was a bonus."

Athletes of the Month



Athletes of the Month are Kevin August and Tasha Zitkovich

Kevin August, who just finished his junior year, names the long jump, triple jump, high jump, and 4x400m relay as his main events for the Concrete track team this year. "Kevin was our jumping captain this year ... he assisted other jumpers and ran the high jump at home Middle School meets," said Co-head Coach Vanessa Williams. Graduated senior **Tasha Zitkovich** tried Track for the first time this year. "We wish we would have had her all four years," said Williams. Tasha threw the shot, discus, and javelin, "was very coachable and extremely supportive of everyone," said Williams. August and Zitkovich were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

2nd Annual Cinder Shins 5K Fun Run

Sponsored By
Concrete Herald

Saturday, July 24
8 a.m. in Concrete

To register, e-mail your name, mailing address, and phone number to editor@concrete-herald.com or call **360.853.8213**.

It's FREE!
It's HEALTHFUL!
It's FUN for the whole family!

A waiver and race details will be e-mailed or snail-mailed to you. You must return the waiver to Concrete Herald by July 17 to be eligible to race.

Concrete Heritage Museum

Bake Sale and Info Booth

Saturday July 24

Concrete Saturday Market

Support your local museum and get yummy, homemade baked goods!

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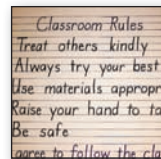
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Graduation and Recognition

Graduation and Recognition

A large group of students and staff posing in front of the Concrete Elementary School sign. The group is diverse in age and appearance, with some students holding balloons and others holding certificates. The sign behind them reads "Concrete Elementary School".

A large group of approximately 25 students posing for a photo outdoors. They are arranged in several rows, with some standing on a grassy area and others on a paved surface. Behind them are two large, bright orange inflatable rafts stacked horizontally. The students are dressed in casual attire, including t-shirts, jeans, and hoodies. Some are making playful poses, like one student in the back row making a peace sign. The background features tall evergreen trees and a clear sky.

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Clear Lake



Digging up a token history

By Shelley Van Pelt

Rick Van Pelt loves finding history underfoot. The Clear Lake man has been metal-detecting for 20 years, seeking long-lost artifacts in England, Holland, and many states across the U.S.

Some of his most treasured finds have been discovered right here in Skagit County, where he paces through vacant lots, construction sites, and even his own backyard in search of items that provide a glimpse into the history of the area.

Some of his finds include tokens: small circles of metal that for many years were used by local businesses because of a lack of coins. The tokens were stamped with the businesses' names or logos; many were a great source of advertisement to keep customers coming back to their businesses.

"There are many different varieties of tokens, such as milk, beer, pickles, tavern

drinks, and hotels," said Van Pelt. "I have found local tokens from Clear Lake."

Deanna Ammons, a historian for the Clear Lake Historical Society, says that tokens were given to customers for ice cream, candy, beer, or other store items.

"The thought was that the customer would return to the store and redeem the token for an item or service, and possibly buy more merchandise," said Ammons.

Tokens came in many small denominations or "in trade" for a service. On one side of the token, a monetary amount of 5, 10, or 25 cents might be shown. The opposite side might give detailed information about the business issuing the token.

During the early 20th century, more than 900 Washington towns issued tokens.

See **Tokens**, p. 20



Above: Rick Van Pelt of Clear Lake demonstrates the slow, steady sweeping motion he uses while trying to detect historical treasures underground.

Below: Rick Van Pelt displays a few tokens and an antique spoon he discovered earlier this year.



Clear Lake Triathlon to be held for 23rd year

The 23rd Annual Clear Lake Triathlon is scheduled for Sat., July 10, at Clear Lake Beach in Clear Lake, located three miles south of Sedro-Woolley on Highway 9.

The three-part course route consists of a 100-yard swim, a 14.8-mile bike ride, and a flat, 4-mile run. The course will be chip timed by BuDu Racing. Parents are encouraged to participate with youth

and cheer them on during the event. Last year's race saw more than 200 contestants. The adult race group, ages 14 and older, starts at 9 a.m. A youth course for those 14 years and younger will begin at 11 a.m.

Preregistration is requested; the cost is \$48 per person. Day-of-race registration is offered; the cost is \$55 per person.

For more information or to register, go to the Skagit County Parks and Recreation page at www.skagitcounty.net or call 360.336.9414.

Concrete Youth Activity Day promises fun for families—and it's FREE!

By Jason Miller

Photos by Mike Criner

For school-age kids, the place to be on July 22 is Silo Park in Concrete, where the third annual Concrete Youth Activity Day will be held.

Check-in for this free event begins at 12:30 p.m. The event will run till 5 p.m., when organizers will hand off kids to the Concrete Theatre, which will show a family-friendly movie at 5 and 7:30 p.m.

In its third year, Youth Activity Day aims to connect families with opportunities available to them in Skagit County. But it's not a completely serious affair, said co-organizer Chris Kennedy, an intervention specialist with Skagit County Community Services.

"It's a chance to get families together for a fun-filled day and for the resource providers who work in east county and Concrete to get to know families in the community, connect face-to-face, and talk about what they have to offer the community, the kids, and their families—while they're all having fun," said Kennedy.

Fun certainly is on the agenda. The skateboarding competition returns this year, complete with prizes. Prizes will be awarded for a slew of field games, too, which will be held concurrently with the skateboard competition.

A bounce house, chalk art, face painting, and arts and crafts activities such as necklace-making are on tap, as well as a dunk tank. "If you're hot that day, feel

free to come to the dunk tank," laughed Kennedy.

With youth musicians, free t-shirts, and food, this year's event promises to be the best yet.

This time around event will be held in Silo Park, instead of spreading to Town Park on Main Street as it did last year, said Kennedy. The change was made to consolidate the activities and clear up any confusion regarding location.



This year's Concrete Youth Activity Day is sponsored by Community Bible Church, Concrete Lions Club, Concrete School District, Skagit County Community Services/ARIS, Skagit Prevention Council, Upper Valley Task Force, Skagit County Youth & Family Services, Skagit Valley YMCA-Oasis Teen Services, and Town of Concrete. **CH**

Right: A skateboarding competition is on the agenda for this year's Youth Activity Day.

Below: Booths like these at last year's event will connect parents with local resources.



Concrete Youth Activity Day schedule

12:30 p.m.	Check-in at Silo Park, where all events will be held
1:30–2:30	Skateboarding competition and field games
1:30–4:30	Resource and activity booths, bounce house, dunk tank, chalk art, face painting, checkpoint game, live music
3–3:30	Awards ceremony
3:30–4:30	Hamburgers, hot dogs, drinks
4–4:30	Ice cream
5 and 7:30	Movie at Concrete Theatre

Left: Anyone can throw an airplane; these kids tried their hands at *aiming* theirs during last year's Concrete Youth Activity Day.

\$1,000 scholarship offered

Soroptimist International of Sedro-Woolley is offering \$1,000 continuing education scholarships to graduates of Sedro-Woolley or Concrete High Schools who are currently enrolled in their sophomore, junior, or senior year of college (not for current high school seniors).

Please send a one-page letter describing: 1) Education plans, 2) Career goals, and 3) Involvement in community service. Include your contact information, including phone number and e-mail address.

Attach a copy of your most recent transcript and mail the application packet **by July 31, 2010** to:

Soroptimist Int'l of Sedro-Woolley
Attn: Scholarship Committee
P.O. Box 249
Sedro-Woolley, WA 98284
For further information, e-mail jreid@bgcskagit.org.



Photo by Amber Lee.



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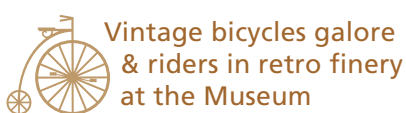
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Poker Run to benefit troops

By Tammie Werner

Mark your calendars! Sat., July 31, is the first annual motorcycle Poker Run fundraiser for Sedro-Woolley Community Troop Support (SWCTS). Proceeds from the Poker Run will be used for the Christmas Care Packages, which are sent to troops serving overseas.

Registration is \$20 for bike and rider; the \$10 for passengers includes breakfast. The first Card Draw is at Sedro-Woolley Eagles Aerie 2069, located at 1000 Metcalf. The first rider out departs at 8 a.m. and the last rider at 9:30 a.m. Extra hands cost \$5; extra cards are \$1 each (limit two per hand, at end of ride). There will be five Card Draw stops and a special stop for a Game of Chance along the way.

The Second Draw Card will be at Eagles In Flight, located at State Route 20 and S. Dillard Ave. in Concrete. They will have special deals in their coffee and ice cream

shop, as well as discounts from their business in road bike sales and repairs.

A special guessing Game of Chance will take place en route at the Cascade Mercantile/Old Mill Restaurant parking lot in Lyman on State Route 20. Guess how many items are in the jar for a chance to win a great prize!

See **Poker Run**, p. 18



Blast from the Past a sunny success

By Jina Williams

Blast from the Past was a great success! More than 50 vendors forced us to move some of them onto Woodworth Street. Sunshine on Saturday brought lots of cars out for the car show and we had 500 to 600 people on each day strolling through the vendors' booths.

Fun-filled contests brought out folks to try their hands at hula hoop, jump rope, and pie eating. Our winners were:

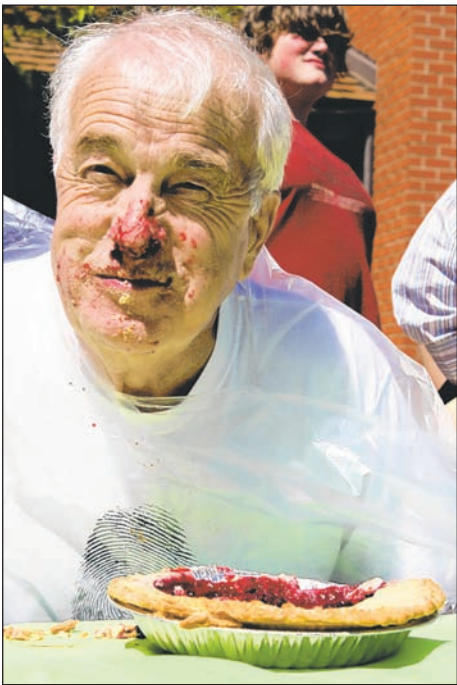
Hula hoop

- Boys 4–7: Brycen Wipple
- Girls 4–7: Keturah Hollopeter
- Boys 8–11: Austin Frizzell
- Girls 8–11: Elizabeth, Becca Hollopeter
- Girls 12–15: Emily Hall
- Girls 16 & Older: Devorro Dills

Jump rope

- Boys 4–7: Nathian Perry
- Girls 4–7: Sah-Teen-Kuh Tigilau
- Boys 8–11: Cameron Moses
- Girls 8–11: McKylee Stephenson
- Boys 12–16: Tucker Lee
- Girls 12–16: Emily Hall
- Boys 17 & Older: David Bricka
- Girls 17 & Older: Tonya Fenton

See **Blast**, p. 23



Millard Deline, 72, of Sedro-Woolley, appeared to be having second thoughts about his involvement in the pie-eating contest during Blast from the Past.

From the Mayor's desk

By Mayor Mike Anderson

At the June 9 City Council meeting, the proponents of a new cocktail lounge called Scooters addressed the council at public comments regarding an objection I filed with the Washington State Liquor Control Board. As someone who has been a strong advocate of existing Sedro-Woolley businesses and who has worked hard to attract new businesses, I would like to explain why I filed an objection to allow a new liquor license to be issued for a new cocktail lounge in the Gateway Building.

Within one block of the Gateway Building we have three existing bars, two existing restaurants with beer and wine, one restaurant with full-service spirits, and one private club (American Legion). When the Aloha Bar (same location as Scooters) and Boondocks were both operating, the city received numerous

See **Mayor Anderson**, p. 28



Austin Frizzell, 11, of Sedro-Woolley, took home the first-place ribbon in the Boys 8-11 category by showing everyone how to keep a hula hoop moving with seemingly little effort.

Concrete Heritage Museum News

The Concrete Heritage Museum is **open for the season**. If you haven't been to the museum in some time or have guests coming to visit this summer, plan a Saturday afternoon to visit us from noon to 4 p.m. The Sockeye Express makes a tour of Concrete during this time.

Don't forget: You can make an appointment to **visit the museum or do research** in our library outside of normal times by calling Robin Wood at 360.826.3075 or e-mailing us at concreteheritagemuseum@stumpranchonline.com.

Monthly meetings are held year-round at the museum, on the second Thursday of each month, at 7 p.m. All are welcome.

The Board needs a couple new volunteers to run the **Sockeye Express** from Memorial Day Weekend through Labor Day Weekend from noon to 4 p.m. The route starts at the Senior Center and ends at the Museum. If you are interested, please contact Robin at the phone number above.

Reminder: **Save those receipts** from Albert's Red Apple for the museum. The Frank family graciously donates a small

percentage of money for the total of those food receipts to the museum and they add up. You can give them to any board member you know; I hand mine to cashier Gail Boggs if she is on duty at Albert's. You can also leave them at the Concrete Liquor Store. Thank you always to the Frank family for their continued support of the museum and the community of Concrete.

The Centennial reprint of *So They Called the Town Concrete* is still available. The new edition features enhanced photographs and a more readable font. Copies are available at the lottery counter at Albert's Red Apple (remember to pay for it separately at that counter) and the museum; an order form also can be printed at our Web site at www.stumpranchonline.com/concreteheritagemuseum.

History note: The recently christened Angele Cupples Community Garden was named for the former Angele Howe, who was born March 29, 1903, in Wisconsin

See **Museum News**, p. 31

Upper Skagit Library news

By Aimee Hirschel

The Internet is a wonderful place for educational and recreational resources. Some are free, while others charge fees. Have you discovered the following?

For those of you who enjoy learning, check out www.openculture.com, free cultural and education media on the Web. The site offers free online courses, audio books, language lessons, and eBooks, among other things. Another site is www.learnoutloud.com for audio and video learning.

Free audio books are available at www.freeclassicaudiobooks.com, www.booksshouldbefree.com, www.simplyaudiobooks.com, www.free-books.org.

There are similar sites for children, such as: www.storynory.com, <http://kids.learnoutloud.com>, and www.lightupyourbrain.com. Coloring pages are readily available online and many are the type that can be colored on the computer.

Don't know what to do with some of the books sitting on your shelves? You may find the answer at one of the following sites:

- www.BooksFree.com: Get 2 paperbacks at a time for \$11 per

- month, with free shipping
- www.AmericasBookShelf.com has an annual fee of \$12, which covers postage; this is a swapping club where it costs \$3.50 per book to borrow and you can lend your own books
- At www.BookMooch.com, you earn points when you mail out books and pay for the shipping, which in turn are redeemed when you request a book.
- Interested in global literacy? www.BetterWorldBooks.com offers gently used books, both paper and hardback, donated by libraries or private parties; proceeds are used to promote global literacy

The book version of "Where's George. com" is www.BookCrossing.com. People recycle books by leaving them in airports, train stations, laundromats, etc., after registering them on the Book Crossing Web site. People picking up the books can log their location on the Web site, showing the book's adventures.

The next Library Board meeting will be July 8, at 5 p.m., at the library.

COMMUNITY CALENDAR

- JULY**
- 9, 23 Town of Concrete Community Movie Nights, Silo Park, dusk; info and movie titles at www.townofconcrete.com or 360.853.8401
- 9 Sedro-Woolley Outdoor Movie: "Mama Mia," Masonic Lodge backyard, downtown, dusk; info at 360.855.1841 or swchamber@sedro-woolley.com
- 10 Lyman Car Show, Lyman, 8 a.m. to 3 p.m.; info at 360.855.1280
- 10 23rd Annual Clear Lake Triathlon, Clear Lake Beach, Clear Lake, adults race at 9 a.m., youths race at 11 a.m.; registration info at www.skagitcounty.net or 360.336.9414
- 10 Concrete Saturday Market featuring The Renegades at 11 a.m., Concrete Senior Center, 9 a.m. to 4 p.m.; info at concretesaturdaymarket@gmail.com
- 16 Sedro-Woolley Outdoor Movie: "The Blind Side," Masonic Lodge backyard, downtown, dusk; info at swchamber@sedro-woolley.com
- 16–18 Big Bird R. C. Models (radio-controlled aircraft) Fly-In, Mears Field, Concrete, 9 a.m. to 5 p.m.; info at 360.853.7727
- 17 Concrete Saturday Market featuring Zach Michaud at 11 a.m., Concrete Senior Center, 9 a.m. to 4 p.m.; info at concretesaturdaymarket@gmail.com
- 17 Clear Lake Reunion, former IOOF Hall, 12655 Hwy 9, Clear Lake, 10 a.m. to 4 p.m. (history presentation at 1 p.m.), info at 360.856.6798 or pda98235@earthlink.net, or 360.856.9049 or matterand@wavecable.com
- 22 Angele Cupples Community Garden dedication ceremony, corner of Main St. and N. Superior Ave., Concrete, Noon, info at 360.853.8213 or editor@concrete-herald.com
- 22 Concrete Youth Activity Day, Silo Park, Concrete, 12:30 p.m.; info at 360.419.3307 or rjoelenem@co.skagit.wa.us, or 360.336.9406 or chriskw@co.skagit.wa.us
- 23 Sedro-Woolley Outdoor Movie: "The Lightning Thief," Masonic Lodge backyard, downtown, dusk; info at swchamber@sedro-woolley.com
- 24 Concrete Senior Center Fundraiser Breakfast, Concrete Senior Center, 7:30 to 10:30 a.m.; info at 360.853.8400
- 24 Concrete Lions Club Annual Fly-In Breakfast, Concrete High School Cafeteria, 8 to 11 a.m. (\$5 per meal; \$4 for seniors and kids under 12)
- 24 Cinder Shins 5K Fun Run/Walk, sponsored by Concrete Herald, start at Town Center sign, Concrete, 8 a.m.; info at editor@concrete-herald.com or 360.853.8213
- 24 Cement City Street Fair, Concrete, 9 a.m. to 4 p.m.; info at www.concrete-wa.com
- 24 Concrete Saturday Market featuring Bare Feet at 11 a.m., Concrete Senior Center, 9 a.m. to 4 p.m.; info at concretesaturdaymarket@gmail.com
- 24 Friends of the Upper Skagit Library Book Sale, west side and front of Upper Skagit Library, Concrete, 10 a.m. to 4 p.m.; info at 360.853.7250
- 23–25 North Cascade Vintage Fly-In, Mears Field (formerly Concrete Municipal Airport), Concrete, dawn till dusk; info at concretewaflyin.org
- 30 Sedro-Woolley Outdoor Movie: "Ice Age," Masonic Lodge backyard, downtown, dusk; info at 360.855.1841 or swchamber@sedro-woolley.com
- 31 Poker Run, registration/breakfast at Sedro-Woolley Eagles Club, 1000 Metcalf St.; registration fee is \$20 for rider and bike, \$10 for passenger; info at 360.391.3113 or 333.5658
- 31 Concrete Saturday Market featuring Brian Fannin at 11 a.m., Concrete Senior Center, 9 a.m. to 4 p.m.; info at concretesaturdaymarket@gmail.com

- AUGUST**
- 1 Hamilton Reunion, Sedro-Woolley Community Center, 1 p.m.; info at 360.826.3837, 360.826.3327, or 360.826.3830
- 1 Salmon Barbecue, Dunk Tank, and Flea Market, Marblemount Community Hall, Marblemount, noon to 6 p.m., \$12 per salmon dinner/\$9 per hot dog dinner; info at 360.873.4631 or 873.2048
- 11–14 Skagit County Fair, 1410 Virginia St., Mount Vernon; info at 360.336.9453 and www.skagitfair.com
- 14 Lyman All-School Reunion potluck picnic, Lyman City Park, noon to 4:30 p.m.; info at 360.826.3160, 360.659.9848, or rabb@comcast.net

*Community Calendar is updated daily at www.concrete-herald.com/calendar

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Lyman



Sun + Sales = Success

Lyman Townwide Yard Sale had good turnout, weather

By Tammie Werner and Patty Cook

Thanks to all of this year's Townwide Yard Sale participants for making our seventh year successful. More than a dozen families and groups were a part of the event this year, bringing in more than \$60 in participation donations, which will go toward purchasing flowering trees for the Lyman Town Park. Public Works Manager Mark Kitchen will plant the new trees soon.

A community bulletin board that was set aside from previous yard sale participation will be installed soon. Mark donated his time and talent to craft a beautiful bulletin board for the town to enjoy. We can't wait for this addition to the town to be installed and ready for use.

We hope everyone (including those who weren't "officially" part of the event) had a good weekend and made some money!

Participants reported a good turnout of shoppers and were thrilled to have the sun shining for the weekend.

Special thanks to everyone who donated their leftover items to Hamilton Community Food Bank, and to Larry and Kathy Weston; Neil and Patty Walker; and Tammie, Brandon, and Austin Werner for helping to pick up and unload all the donations. These items will be available to those in need in our east county communities. More than three very full, large trailer loads were picked up. Thanks again and see you next year.

"How much for the baby?" Little Karstyn Adkerson of Lyman waits patiently while her mother, Tracee Adkerson, tends to the family's sale during the Lyman Townwide Yard Sale June 25–26. *Photo by Tammie Werner.*



Car Show, cont. from p. 1

For the past 10 years, Lyman's Car Show has been raising money for the Lyman Cemetery and Park. All proceeds from the show go to improve and maintain these two important pieces of property in Lyman that are not tax-supported. The park installed new restrooms in 2008. In 2009 a "niche wall" was installed in the cemetery. Our goal this year is to raise money for a new cook shack for the park, with power and running water.

Registration for the show is \$10 per vehicle. We will have hotdogs and BBQ pork sandwiches from Arnold's Original BBQ, and Papa Murphy's from Sedro-Woolley will sell pizza—both donating all sales to the Park and Cemetery fund. Raffle tickets will be sold for many items. There is a 50/50 raffle for cash and more great things to win. There's also a coloring contest for kids aged 4 to 12 years, with awards.

Lyman is the place to be on Sat., July 10, from 8 a.m. to 3 p.m. Stop by for a fun day for everyone. For more details, call 360.855.1280.

» Last year's Car Show filled the streets of Lyman with 200 cars. Organizers are hoping for an even better turnout this year.

Lyman Library tales

By Elaine Kohler

I am delighted to tell you the book sale during the Lyman Town Yard Sale was a success. We made more than \$100. Leftover books were donated to the Hamilton Food Bank and the Military Support Group.

I was told of a sale where they had lots of jigsaw puzzles right across the street from where we were set up. The owner gave me a deal to take them all; I got 34 really nice ones for only \$20. Some are still unopened. So if you are a puzzle fan, come down and check them out. This is the type of thing we buy with the money we make.

I try to read new authors every now and then and recently picked up one by Debbie Macomber. It is the "Blossom Street" series. I enjoyed the first one so much I have been looking for the rest of the set. These are about women helping each other and how they solve life's problems. A little romance now and then, but not any of the heavy stuff. They're similar to the last book I mentioned, *The Healing Quilt*, but still different enough to make them nice to read. I will put them together on the shelf so if it sounds interesting you will be able to find them.

A recent donation brought in a bunch of Nora Roberts and her alter name J D Robb. She now has a shelf all to herself. Haven't read her yet, but when I am done with the others, I think I will check it out. If you are a fan, you may want to see what we have. They look to be quite new.

I want to include a few thank you's. First to Patty Cook for letting us use her garage for the sale and supplying us with tables and chairs. Also to Marge Conard and Anne Leopard for helping with the sale and packing up. Your help was greatly appreciated.

Remember, take a few minutes each day to put your feet up and read a chapter. Even a few minutes to rest keeps us going for the rest of the time.



Day Creek



SFEG reps report progress to Day Creek citizens

By Jason Miller

Skagit Fisheries Enhancement Group (SFEG) representatives met with Day Creek residents June 15 at the Day Creek Fire Hall. The potluck gathering was called so SFEG could provide an update on its continuing activity in the area.

On hand from SFEG were Outreach Coordinator Lucy DeGrace and Susan Madsen, a restoration ecologist for the organization, which seeks to work with property owners near salmon-bearing streams to improve salmon habitat. They reported the following activities:

- Riparian zones are being restored at various sites
- Forests adjacent to streams are being restored
- "Large wood" is to be added to the creek, which will create complex habitat for salmon.

A formal presentation from SFEG is planned for August or September of this year.



Above: Susan Madsen, a restoration ecologist with Skagit Fisheries Enhancement Group, spoke with Day Creek property owners about SFEG's work in the area.

Below: Day Creek citizens Simme Bobrosky (standing) and Peter Edelson take a closer look at a map of the Day Creek watershed provided by SFEG representatives during the June 15 meeting.

Weather-watching volunteers needed

By Vince Streano

Are you someone who enjoys keeping weather statistics? Do you have a rain gauge or a weather station at your home? If so, Cocorahs (www.cocorahs.org) is looking for you. Cocorahs, which stands for Community Collaborative for Rain, Hail and Snow, is a nationwide volunteer organization that tracks precipitation patterns across the United States. Volunteers log on to the Web each morning and record their findings from the previous 24 hours. The recorded data is valuable to organizations studying rainfall patterns nationwide, including the National Weather Service.

As the coordinator for Cocorahs here in

Skagit County, my job is to recruit enough volunteers so that we get an accurate picture of the precipitation falling here in Skagit County. Skagit County is unique in that the west end of the county is in a rain shadow from the Olympic Peninsula, while the eastern end can have the most precipitation of any location in the state. In addition, the middle of our county is a fertile farming community that depends on rain to grow its crops. So it's important we have an accurate picture of where the rain is falling.

Volunteering is easy. Simply log onto the site, click the "join Cocorahs" button in the upper right corner of the page, and fill in the form. There is even a training slide show you can watch to learn how to place your rain gauge and record your measurements. If you have questions, give me a call at 360.293.4525.

Day Creek Reunion a big draw

Approximately 100 attendees flocked to Day Creek Chapel June 26 for the annual Day Creek Reunion.

The reunion event began at 11 a.m. and ran till 4 p.m., with a potluck lunch served at noon.

At 1 p.m., the crowd was treated to a special history presentation from Deanna Ammons (shown at right), Historian for the Clear Lake Historical Society. Titled "Dairy Farming in Day Creek," Ammons' presentation included a miniature "museum" on early farming tools and practices.

Ammons turns her attention next to the Clear Lake Reunion, which is slated for July 17, from 10 a.m. to 4 p.m., at which she is scheduled to present once more. For more information, see the Community Calendar on p. 13.



Photo by Debbie Taylor.



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A WEEK!

2010 Lake Tye Fishing Derby and Duck Race results

Fishing Derby, Men

First Place	David Spellman	7 lbs., 13 oz.
Second Place	Travis Gustafson	4 lbs., 13 oz.
Third Place	Dick Stolar	4 lbs., 8 oz.

Women

First Place	April Burton	4 lbs., 9 oz.
Second Place	Penny Rehfeld	4 lbs., 7 oz.
Third Place	Michelle Brown	3 lbs., 2 oz.

Teen 13–18 years old

First Place	Kaimen Wheelis	3 lbs., 2 oz.
Second Place	T. J. Moen	2 lbs., 4 oz.
Third Place	Conner DeFrancesco	1 lb., 1 oz.

Youth 8–12

First Place	Dalton Martin	1 lb., 5 oz.
Second Place	Alano	1 lb., 3 oz.
Third Place	Duncan Burton	1 lb., 2 oz.

Child 7 and under

First Place	Lacie Evans	1 lb., 3 oz.
Second Place	Elena Lopez	14 oz.
Third Place (tie)	Braldin Katat	12 oz.
	Logan Martin	12 oz.

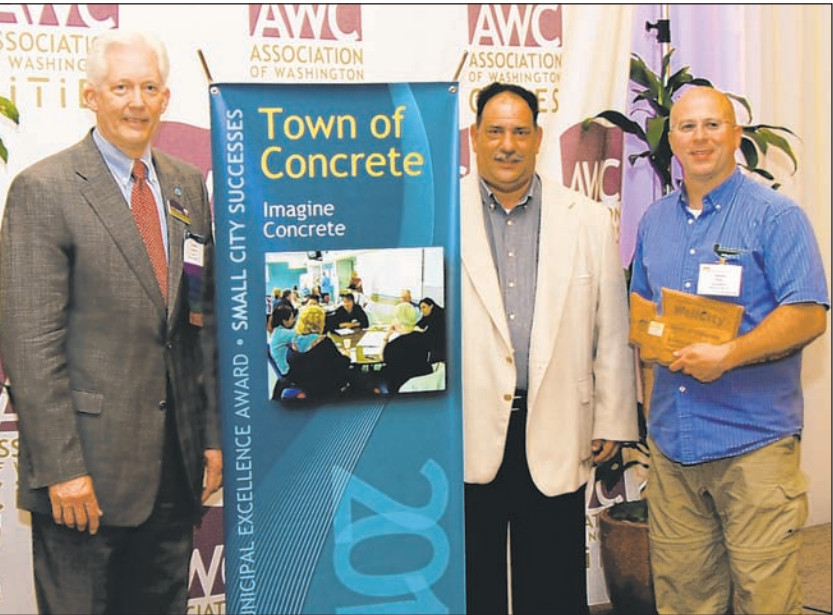
Beat Joe Black Contest, sponsored by Lands West, Inc.
Kurt Moore, winner 2 lbs., 13 oz. (Joe Black's fish: 2 lbs., 12 oz.)

Duck Race #1

First Place (\$100)	Jim Metz	Duck #115
Second Place (\$75)	Richard Branch	Duck #146
Third Place (\$50)	Jim Cook	Duck #65

Duck Race #2

First Place (\$100)	Allison Corral	Duck #165
Second Place (\$75)	Joey Corral	Duck #161
Third Place (\$50)	Melinnda White	Duck #92



Above: Katie Swanson of Lyman poses with her quilt, which won her the People's Choice First Place award in the Youth division at the Woolley Fibers Quilters quilt show during Blast from the Past, June 4–6. Swanson's entry was titled, "I made it for my boyfriend." *Photo by Judy Johnson.*

Above, right: John Boggs (left) and Fred West push a junk refrigerator into one of two 20-yard garbage containers during the Lone Star building clean-out June 19. **Right** (left to right): Kathy Milanuk, Jim Hillman, and Carol Fabrick scoop decades of debris and floor tiles from a main-floor room during the clean-out.

Left: Town of Concrete collected a Well City Award, plus a Municipal Excellence Award for its Imagine Concrete initiative at the Association of Washington Cities annual conference in Vancouver, June 24. Shown with AWC Board President Glenn Johnson (left) are Community Stew founder Eric Archuletta (middle) and Imagine Concrete Steering Committee Chair Jason Miller. *Photo courtesy of Association of Washington Cities.*



Girl Scouts enjoyed a June honors ceremony at Community Bible Church in Concrete. *Photo by Chris Jansen.*



Left: Hannah Jutte, 7, of Sedro-Woolley, revved up a bicycle-powered blender during Blast from the Past, June 5.

June in pictures



Above: Cascade Middle School students get on with the business of graduating while their proud parents listen. *Photo by Amber Lee.*



Above: David Bricka is the picture of concentration in the jump rope competition during Blast from the Past, June 5. Bricka's focus paid off: He won in his category.



Left: Concrete Town Councilmember and Air National Guard photojournalist Paul Rider met Congressional Medal of Honor winner Wilburn K. Ross June 5 at Camp Murray (across from Fort Lewis). Rider also met Congressional Medal of Honor winner Bruce Crandall that day. Ross' story can be—and arguably should be—read online here: www.cmohs.org/recipient-detail/2974/ross-wilburn-k.php. *Photo by SFC Randall K. Wong.*

Right: Four generations converged at the Day Creek Reunion June 26 to celebrate Ralph Morgan and Art Grandstrom's 95th birthdays. Shown left to right: Ralph Morgan, Debbie (Morgan) Taylor, Maddie Whitney, and Jennifer Whitney. *Submitted photo.*



Above: Student guitarists strum during Rockfest, June 9. *Photo by Chris Jansen.*



Above: Jeanne's Boutique of Sedro-Woolley, a women's consignment shop, celebrated its grand opening June 17. *Submitted photo.*

Right: Cheryl and Harold "Pete" Pitts share a dance during the grand opening of their newly renovated Hi. Lo. Country Hotel & Cafe in Concrete's Town Center. The June 19 event included live music in Bear Square. The Pitts duo also bought the old Ponderosa restaurant and renamed it Hi. Lo. Country Bar & Grill. The restaurant opened for business in May. *Photo by Chris Jansen.*



Above: Julie Erickson from Sauk Mountain Lavender Farm spins during the June 12 Concrete Saturday Market. *Photo by Amber Lee.*



Above: Isaac Tiemens gives the nasturtiums a drink at Angele Cupples Community Garden June 26. A First Bloom kid, Isaiah couldn't attend the planting event, but wanted to tend the plants. Now *that* is a citizen.



Hamilton



Hamilton Reunion planned for Aug. 1

By Jennie Queen

A gathering of Hamilton schools alumni and anyone who wants to reconnect with Hamilton friends is planned for Sun., Aug. 1, at 1 p.m., at the Sedro-Woolley Community Center, located at 700 State Street in Sedro-Woolley.

Attendees are encouraged to bring all types of memorabilia for viewing, and to join their old classmates and friends for an afternoon of good conversation, reminiscing, and good food.

For more information about this event, contact Jennie Queen at 360.826.3837, Sharron Moody at 360.826.3327, or Barb Medford or 360.826.3830.

AT A GLANCE:
Hamilton Reunion

Where:
Sedro-Woolley
Community Center
700 State St., Sedro-Woolley

When:
Sun., Aug. 1, 1 p.m.

Info:
360.826.3837
360.826.3327
360.826.3830

From our family to yours...

BIRDSVIEW BREWERY
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Thank you for four great years, and here's to many more!

The Voigt Family
Bill, Kris, Jason, Sara, Julie, Julian, Jaydon

Birdsview Brewing Company
Birdsview, Washington

Hamilton Musings

By Carol Bates

It's been a while since I have written, because of Jim being sick and me trying to get a log truck load of logs cut and doing the splitting and stacking myself! And now, of course, comes the yard work. No rest, I guess.

We are proud to announce the arrival of our first great-great-granddaughter. Mayor Tim Bates' oldest son Craig's daughter Krissie and Duane Morris are the proud parents a 6-lb., 9-oz. baby girl with black hair and that little Bates mouth and chin. And, of course, she's a cutie. The Bateses left for Kansas on June 16 to get a five-generation photo.

Since the new floor has been installed in the upper floor of the museum, we are ready to make the small room into a sewing machine display. We have been given a shoe-sewing machine dated 1902, a sack-sewing machine (which was used to sew the tops of grain sacks), and another machine dating to the late 1890s. (The thing I like about that last one is it has a wooden rod attached to the treadle.)

We also have an International Trophy machine, which I had never heard of. Another machine I thought was a Feather Weight—until I went to pick it up! Craig Bates found it in Kansas. We still have to pick up the International and clean it. And, somebody was here the other day who promised to bring one that has to have its cabinet, etc., restored. This will give us six machines to display.

We just found out we are related to important people. Pam Roach, who is our state senator, is a fourth cousin and plans

to visit the Bates home to find out about her generation and lineage. Her great-great-grandfather and mine are brothers. Pretty neat, right?

Last but not least, on May 30, Jim Bates celebrated his 81st birthday.

Birdsview buzz

By Kris Voigt

Happy belated 4th, everyone! Hope everyone had a great and safe time.

Well, can you believe it's been four years this month since we opened the brewery? When we first opened, we had no idea what to expect, and no real plan. It's turned out to be more than we could ever have imagined. It consumes all of our time and energy. We've met so many wonderful new people and it's put us back in touch with many old friends.

It's not easy being a small business these days, and being an upper valley business is even harder. So we feel very fortunate that we are still able to keep our doors open. And being that it's run entirely by family members, well, that can make it even more challenging sometimes! Thank you, everyone, for your support.

On to other things:
Happy 21st anniversary to Ron and Kathy Lemon (July 1).

- Birthday greetings to:
- 8 Anne Bussiere
 - 12 Katie Thompson (Nicki's best roommate)
 - Angie Breckenridge (my bestest friend)
 - 13 Julie Voigt (my youngest)
 - 15 Clayton Olson
 - 17 Birdsview Brewery (4 years)
 - 24 Heidi Bletch
 - 25 Ashley Michaud (finally 21!)
 - 31 Betty Taylor

And Uncle Floyd, feel better soon. We miss seeing your smiling face. Sarah and Randy (formerly of Challenger Ridge Winery), good luck on your new adventures in Oregon. We miss you lots and hope you'll come back to visit sometime. Or maybe we'll make it down to see you when we're visiting Jessie and Jack, and soon Julie and Dusty, in Oregon. Have a good month, everyone, and remember, support your local businesses. We depend on it!

Poker Run, cont. from p. 12

The third Draw Card will be at Nooksack River Casino, located in Deming at 5048 Mt. Baker Hwy.

The fourth Draw Card will be at Mt. Baker Harley-Davidson, located in Bellingham on the poker route at 1421 N. State Street. They will have pie and ice cream available for participants that day.

From there, participants are encouraged to enjoy the view from Chuckanut Drive as they travel to their final Fifth Draw Card at Skagit Harley-Davidson, located in Burlington at 1337 Goldenrod Road. They also will host the awards party, with a live band and BBQ. The BBQ will start at approximately 12:30 p.m., with awards and raffle/auction to begin after all participants have completed the run. The BBQ and band entertainment is by donation and is suitable for all ages; families are encouraged to attend. Everyone is invited to enjoy the BBQ and entertainment. There will be a raffle at the BBQ and tickets are \$1 each or 6 for \$5. Many wonderful prizes are up for grabs, donated by local businesses and supporters. SWCTS is still taking donations of cash and prizes and all donations are tax deductible. If you would like to help assist this military troop support event, please contact coordinator@swcommunitytroopsupport.com.

Payment is due at registration the day of the Poker Run; however, riders are encouraged to pre-register their intent to participate. Volunteers are needed for Card Draw spots and help at the awards party at the BBQ. For any questions or to pre-register or volunteer, contact: events@swcommunitytroopsupport.com. To keep up to date on SWCTS activities and events, become a fan on Facebook by searching for Sedro-Woolley Community Troop Support. The SWCTS Web site is www.swcommunitytroopsupport.com.

Many local businesses have donated prizes, including float trips, gift certificates, and more. There will be many opportunities to win wonderful prizes while supporting our troops. Invite your friends and family to come as well. It will be a great day of fun for the whole family!

Tammie Werner is Upriver Liaison for SWCTS.

Business Spotlight: Lahr Custom Woodworking

By Bill Mueller

Bob Lahr has been building things since he was a young boy. It helps when your Dad is a carpenter and you learn to swing a hammer and more at a very young age. He grew up around wood and building things from it.

Four years ago Bob opened Lahr's Custom Woodworks in Concrete. These days, if he's not out on an installation, you'll likely



find him in his shop working on furniture-grade cabinets made to order. He constructs all sorts, whether for the kitchen, bathroom, or bedroom. He also produces counters and interior doors and trim.

Bob is creative and won't hesitate to build unorthodox pieces. He just completed a custom desk and entertainment center for a client. Bob's philosophy in working with wood is, "If you can dream it and I can draw it, then I can build it."

At 36, Bob already has been in the

business 10 years. Lacy, his wife of six years, and their 4-year-old daughter, Natalie, keep Bob on the go on the home front. His

father-in-law also is a cabinetmaker, so working with wood is very much in the family.

Bob has lived in the Skagit Valley since 1984. He settled in Concrete because he loves the outdoors and he found good people in the community. "It's great to know everyone," he says. "I enjoy the laid-back feeling here."

Bob spends free time mountain

Artist spotlight: Athena Hornsby

By Sandra Hambleton

Athena Hornsby is a Concrete resident and business owner many locals will recognize from the Saturday Market. She has been selling small plants and quilted items at the market for years.

About ten years ago, Athena took a mosaic class with her cousin. It was then that she became interested in glass work. Inspired by the great Louis Comfort Tiffany, she began experimenting with stained glass and took another class. Glass beads, mosaic, and the

Tiffany foil method of stained glass have evolved into her preferred medium.

Most of Athena's stained glass works are custom orders. She also takes pride in her use of recycled materials: An old satellite dish once became a thing of beauty when she turned it into a mosaic bird bath.

Athena's main inspiration is the natural world around us. Many pieces feature dragonflies, spiders, and insects. Tiffany's influence is apparent in some of these, but has recently led to an ambitious undertaking that was a first for Athena: She spent about five months creating a Tiffany-style lamp decorated with a series of luminous dragonflies. Three-dimensional work

was new to Hornsby, and she again benefited from classes while also drawing on her past experience. As a largely self-taught artist and teacher of glass art herself, she knows that artists sometimes must advance their own paths and learn as they go. She calculates that about two hundred actual labor hours went into the lamp, which currently is on display at the Covenant Gallery in Everett.

Athena not only rose to the challenge

of creating this beautiful piece, but came away from it with more inspiration. She expects another lamp might take fewer hours to complete, now that she has been through the process.

Athena wants to make more lamps and to master leaded stained glass in order to do bigger and different projects like windows and repair work.

Her lamp will return to her gallery, Northwest Garden Bling, this fall. Athena's studio is located in the Sauk View Plaza at 7460 South Dillard in Concrete, next to several other local galleries and shops.

From Oct 22–24, Hornsby and a few of her neighboring artists will host an open house weekend they are calling "The Elegance of Light and Glass: a Gala Lighting Event."

Northwest Garden Bling is open every Monday and Tuesday for classes in stained glass and mosaic work, and Athena welcomes anyone who sees her working



Above: Athena Hornsby adjusts an art piece outside her studio in Concrete. Photo by Sandra Hambleton. Inset: Hornsby's Tiffany-style desk lamp.



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biking and fishing whenever he can. He also is a musician and has played on and off with Bare Feet, the local band we all know and love. In fact, he met Lacy when he joined the band. It seems that she was the lead singer's sister. When they met, "sparks flew," says Bob. They have been together ever since.

In his cabinet business, he says that maple and cherry are the woods of choice for most people. Yet, Bob has other businesses as well. A year ago he began a lawn care and landscaping company, North Cascade Lawn Maintenance, which keeps him and his crews busy designing yards, planting beds, and whatever else their clients desire. He also restores off-road vehicles and boats.

It's safe to say that Bob is a hands-on man. No matter what he works on, from wood to cars to a landscape, Bob Lahr is a true craftsman.

AT A GLANCE:
Lahr Custom Woodworking

Location: Concrete

Hours: Mon.–Fri., 8–4:30

Phone: 360.708.2504

Online: www.lahrcustomwoodworks.com

E-mail: info@lahrcustomwoodworks.com

throughout the week to stop by. She also is happy to schedule a time to meet you at her Concrete studio if you call her at 360.708.3279, or you can view her beautiful glass works at www.nwgardenbling.com any time.



Rockport



Application deadline looms for Envision Skagit 2060 Citizen Committee

SKAGIT COUNTY — Skagit County is seeking letters of interest from residents of the county—including its rural communities, cities, towns and tribes—to serve on a Citizen Committee considering the future of Skagit County.

The 12- to 15-member Citizen Committee will work together to develop a broadly supported, forward-looking vision (or “preferred future”) for Skagit County through 2060. The committee will craft recommendations for a “preferred future” drawing on broad community input and information gained from the evaluation of several alternative future scenarios.

Envision Skagit 2060, formerly known as the Skagit Alternative Futures project, is a collaborative effort involving Skagit County cities, towns, tribes, and numerous local and regional organizations. The project is funded with grants from the U.S. Environmental Protection Agency and substantial in-kind contributions from Skagit County and other participating organizations.

“We want to signal our desire to work with all members of the community to shape a future for the Skagit Valley that we can proudly pass on to our children, their children and grandchildren,” said

Sharon Dillon, chair of the Skagit County Board of Commissioners. “An important step is selecting a Citizen Committee that reflects the general citizenry of the county—in terms of geography, age, ethnicity, vocation, and diverse visions for the future.”

The Citizen Committee will be selected by the County Commissioners and the Mayors of Anacortes, Burlington, La Conner, Mount Vernon, and Sedro-Woolley. The committee, with support from project staff, will work between September 2010 and June 2011 to develop a long-term vision of the Skagit landscape and specific steps to implement that vision.

The project ultimately will recommend changes to Skagit County’s land use plans and policies. The County Commissioners hope that other participating jurisdictions and organizations also will consider implementing the project’s recommendations.

“The project’s recommendations will be shared with and shaped by the broad community, including cities and towns, tribes, and various interest groups,” said Commissioner Ken Dahlstedt. “We’re very interested in working with our partners to develop and consider

recommendations that advance their long-term goals.”

Citizens interested in serving on the Envision Skagit 2060 Citizen Committee are encouraged to apply by submitting a letter of interest describing their background, interests, and reasons for wanting to serve on the committee. Two references also are required. Letters of interest, along with reference contact information, should be submitted by 4:30 p.m. on July 9, 2010, to Emma Whitfield at emmaw@co.skagit.wa.us or to 1800 Continental Place, Mount Vernon, Washington 98273.

Skagit County is looking for a broad spectrum of applicants, including youth. To emphasize the citizen focus of this committee, applicants are not eligible if they are full-time paid elected officials, staff to the county, cities, towns, and tribes, or are applying as full-time paid employees of organizations involved in advocacy on behalf of conservation, natural resource, or economic development interests.

Further information regarding the role of the Citizens Committee, requirements, selection criteria, and the selection process can be found at www.skagitcounty.net/envisionskagit or by contacting Emma Whitfield, Skagit County Public Information Officer, at 360.336.9410, ext. 3152, or emmaw@co.skagit.wa.us.

Tokens, cont. from p. 10

Larger city tokens, such as from Seattle or Tacoma, are fairly easy to find. But the smaller town tokens, such as Clear Lake, are much more rare and often in poor condition.

Tokens are hard to date precisely, because there usually was no date inscribed on them and the businesses that issued them typically have long faded into history. A person who finds a token must rely on local museums or knowledgeable people for this information, or join a token collection group.

But for seekers like Van Pelt, sometimes a mere glimpse into the history of an area is enough.

Shelley Van Pelt is secretary for the Clear Lake Historical Society. Rick Van Pelt contributed to this article.

Organic gardening TIPS

(ARA) — The trend for gardening at home continues to grow—and people are taking a particular interest in raising their flowers and vegetables organically.

Unfortunately, the increased interest in organic gardening has led to some confusion—and some deception—about what it means for a product to be “organic.”

If your main concern in planting an organic garden is providing your family with safe-to-eat, healthy food right from your own back yard, you’ll want to take the trouble to make sure you’re using truly organic gardening products. At the same time, you want your garden to look great and produce well.

One of the biggest challenges to organic gardening is keeping pests away in a way that is humane and safe. For smaller pests, it is increasingly easy to find organic insecticidal soaps that are safe unlike some traditional pesticides. Larger garden plant browsers can really wreak havoc unless you use a rabbit or deer repellent. An OMRI-listed solution, developed in eco-conscious Sweden and now made in the United States, is Plantskydd.

It’s important to remember that you have the power to influence the products that are available to you. If keeping your organic garden truly organic is important to you, discuss your concerns with local retailers. By asking them to stock products that have been subject to rigorous standards, like those of OMRI, you’ll make it easier for everyone in your community to have access to verified organic materials.

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2. Create an account
3. Search on “Concrete Herald”
4. Send a friend request



Home & Garden



Garden site defined after 3-day “blitz”

By Jason Miller

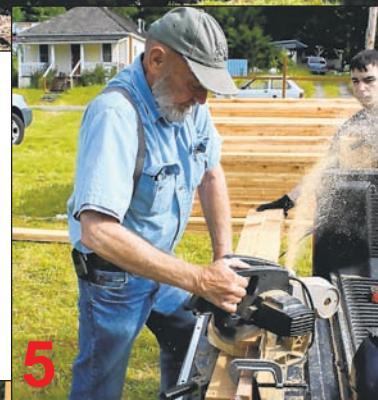


3. Left to right: Concrete Town Councilmember Marla Reed, Lillian DiLeo, and James Brangham set a stringer in place.
4. Bob DiLeo unloads the last of 370 1x6 boards that would be cut to length for pickets.
5. Councilmember Jack Mears teamed with James Brangham to cut points on each picket board.

How to build a community garden fence:

1. Dan Pfluger from Alpine Lakes Construction used an auger to dig post holes. Clearing the holes of loose dirt were, left to right: Cheryl Prier, Tom Jones, James Brangham (of Sedro-Woolley), and Joseph DiLeo.

2. Concrete Lions Club members pitched in to set the posts and cement them into place. That’s Concrete Schools Superintendent Barb Hawkings manhandling one of the gateway posts, and Don Payne in the backhoe, providing drainage gravel for the post holes.



6. Marla Reed (left); her husband, Darrel Reed (kneeling), and Concrete citizen Jerry Robinson teamed up to install pickets during the third day of the blitz.

Beware the apple maggot

SKAGIT COUNTY — It is apple season again and with Skagit County’s anticipated apple bounty comes an unwanted pest, the apple maggot. The apple maggot is a destructive fruit-eating insect that feeds primarily on apple, crab apple, and Hawthorne trees.

Apple maggot infestation can result in a serious economic impact on both Skagit County and Washington State’s fruit industry.

Backyard and unattended fruit as well as Hawthorne trees, that are not part of an integrated pest management system, continue to cause problems in Skagit County.

WSU Skagit County Extension has apple maggot traps and lures, which can be purchased and placed in backyard trees to help control the spread of apple maggots.

For further information, or to purchase apple maggot traps and lures, visit the WSU Skagit County Extension office located at 11768 Westar Lane, Suite A, Burlington, or call Skagit County Horticultural Pest Control Coordinator, Doug Karr, at 360.428.4270 ext. 233.

“Growing Fuchsias from Cuttings”

Propagation demonstration
Tuesday, July 13
1-2 p.m.

WSU Discovery Garden Pavillion
16650 SR 536, Mount Vernon

Cement City Poetry & Music Festival needs musicians!

Local artists needed for July 24 event

Contact Stephany Vogel: 360.320.3782 or nannymoon@juno.com.

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Marblemount



Community Hall to host salmon barbecue

Annual event raises funds to maintain local building

By Jason Miller

One of Marblemount’s biggest fundraisers is on tap again. The Salmon Barbecue offers good food and fun while generating crucial revenue for the maintenance and operation of the Marblemount Community Hall, the only community meeting hall of its kind east of Sedro-Woolley.

This year’s event will be held Sunday, Aug. 1, from noon to 6 p.m., at the Hall, which is located at 60055 State Route 20 in Marblemount.

The star of the show is the King salmon dinner, which comes with pasta salad, coleslaw, baked beans, garlic bread, beverage, and cake for dessert. The King salmon dinner costs \$12 per diner.

A hot dog dinner also will be offered, including the same sides and priced at \$9 per diner.

More than food

Organizers Connie Clark and Jim and Kathy Hunter are planning a dunk tank as an additional fundraiser. Participants will be given three throws for \$1.00.

A flea market also is planned, with room available for all comers at only \$15.00 per space. The flea market will set up outside the Community Hall, in the front field near the playground.

Volunteers needed

As with all fundraisers, organizers are looking for a little help to ensure the event meets with success. They need a few kids

to sit in the dunk tank and get wet. They need people to serve food. But most of all, they’ll need community members to show up and give toward a worthy cause while getting a great meal.

For more information or to volunteer, call Connie Clark at 360.873.4631 or Jim and Kathy Hunter at 360.873.2048. **CH**

AT A GLANCE:
Salmon Barbecue

What: Fundraiser dinner for Community Hall, includes dunk tank and Flea Market

Where: Marblemount Community Hall 60055 State Route 20 Marblemount

When: Aug. 1, Noon – 6 p.m.

Prices: Salmon dinner: \$12
Hot dog dinner: \$9

Details: 360.873.4631 or 873.2048

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Mon, Thurs, Fri 11 a.m. - 8 p.m.
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Closed Tues. & Wed. 60147 SK 20

HOMEMADE Dinner Specials
Fri, Sat, & Sun 5pm-8pm
Featuring "Cuisines of the World & Homestyle Favorites"

Skagit County Fair now accepting online registrations

SKAGIT COUNTY — This year, the Skagit County Fair is accepting exhibit registration online. Exhibitors now have the ability to enter their cookies, crafts, quilts, and rabbits in the fair from the comfort of their own home.

Online entry is free and easy! To register entries, visit www.skagitfair.com and follow the step-by-step instructions. You can also view, print, and download forms as well as the Premium Book online. Bring exhibits to the fair on the correct entry date and fill out an entry tag for each exhibit entered.

Exhibit entry schedule

All animal entries must register online by July 9. You can download and print a Pen/Stall Fee Payment Form from the Web site; stall fees also are due to the fair by July 9.

Open Class Exhibits will be accepted on the following dates:

- Aug. 8: Hobbies & Crafts, Sewing, Needlecraft, Quilts, Photography & Fine Art
- Aug. 9: Food Preservation & Home Economics
- Aug. 10: Food Preservation, Home Economics, Horticulture, Local Produce & Honey

4-H Exhibits will be accepted on the following dates:

- Aug. 6: All exhibits except Foods Exhibits and Vegetable & Flower Gardening
- Aug. 10: Foods Exhibits and Vegetable & Flower Gardening

Check the Premium Book online to verify entry times and locations.

If you do not have Internet access or are uncomfortable with a computer, you may bring your exhibits to the Fair on the correct entry date and we will help you register your exhibits.

For more information, contact Bret Lunsford, Skagit County Fairgrounds event coordinator, at 360.336.9453 or bretl@co.skagit.wa.us.

Concrete Herald
The Voice of Eastern Skagit County

Postal news Prevent All Cigarette Trafficking (PACT) Act

By Kathy Watson

Beginning June 29, the Postal Service cannot accept packages containing tobacco products (cigars are exempt) unless they fit in one of the following exceptions:

- Alaska/Hawaii: Shipped within Alaska or Hawaii
- Business/Regulatory Purposes: Authorized tobacco industry
- Certain Individuals: Infrequent, lightweight shipment by age-verified adults
- Consumer testing: Sent by verified manufacturers

How will this new act affect our normal customers? There will be strict conditions of mailing.

The Certain Individuals exception

1. Package must have the marking, “Permitted Tobacco Mailing - Deliver only to Age-verified Adult of Legal Age.”
2. Sender must present photo identification that lists age or date of birth.
3. Must verify that the recipient is of legal age to purchase tobacco. Legal age is 18 years old, with the exception of Alaska, Alabama, New Jersey and Utah, and in Nassau, Onondaga and Suffolk counties in New York, where it is 19 years old.
4. Must be sent via Express Mail: Hold for Pickup and must sign the label
5. Cannot weigh more than 10 ounces
6. Addressee must present photo identification to prove legal age upon delivery.
7. No International shipments
8. Express Military Mail: APO/FPO shipments may be restricted, depending on the APO/FPO ZIP code.

New stamps in July

Negro League Baseball: July 15
Sunday Funnies: July 16
Scouting: July 27

Kathy Watson is Postmaster of Marblemount, Washington.



Newhalem



Tips for safe and fun outdoor adventures

(ARA) — Forced to cancel last year’s family vacation because of the economy? Don’t let financial woes hinder your getaway this summer. Outdoor adventures in domestic destinations can offer a plethora of eye-catching attractions. Take advantage of some of the country’s breathtaking natural beauty within driving distance and budget allocation. Camping out brings your family closer to nature and saves you money on lodging costs.

If you’re considering an excursion to the great outdoors this summer, here’s some advice to get you started, as well as to keep your family safe, healthy and happy during your vacation.

Research your options

The home page of the National Park Service at www.nps.gov is a great place to start. Here you’ll find information on the numerous national parks and monuments scattered throughout the country with admittance for little to no cost. Click on “find a park” and you’ll be able to search the site’s database of locations by state, park name or even the type of activity you’re looking for.

Check your engines

Once you’ve picked your destination, make sure your vehicle is in good working order for the road trip. Complete basic

Blast, cont. from p. 12

Pie Eating

Boys 4–7: Dylan Zimmerman
Girls 4–7: Emily Melchert
Boys 8–11: Ian Thomas
Girls 8–11: Alie Fish
Boys 12–15: Kelly Bosson
Girls 12–15: Kamree Allen
Boys 16 & Older: Bryce Luke
Girls 17 & Older: Shelly Fields
Sunday brought the first-ever Stuffed Animal Costume Parade! We had everything from a ladybug to a covered wagon. Homer from “Homer and Me” was on hand to visit with the kids and the crowd.

The quilt show was a grand success, with more than 200 quilts on display.

The fire truck was a hit with people, too, who watched the ladder rise five stories into the air.

maintenance such as an oil change if you’re due, check tire tread and pressure, confirm that fluids are full, and stock an extra gallon of windshield wiper fluid.
Take preventative measures
Make sure everyone in the family who is taking a prescription medicine has an adequate supply to carry them through the trip.
Secure electronic assistance
Portable DVD, MP3 and video game players can keep kids occupied on the drive, while a cell phone with good reception and wide coverage area or portable GPS, can ensure help will be accessible should you run into a problem.

SCL suspends 2010 Skagit Tours

SEATTLE — Seattle City Light will cancel its popular Skagit Tours and Dam Fine Dinner program for 2010.

“We regret having to cancel the tours,” Seattle City Light Superintendent Jorge Carrasco said. “The tour program has operated since 1928 and is enormously popular with City Light customers and employees, and with visitors from all over the world. However, the difficult budget years in 2009 and 2010 and ahead in 2011

leave us with no better options.”
This is only the third time in the 82-year history of the tours that they have been canceled. The last time was in 2002 as a result of the financial impacts of the energy crisis and the heightened security issues following of 9-11. The tours were reinstated the following year.

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Seniors



Coffee Break

Seasoned seniors

By Patrick Kennedy

The senior battle with the weather takes on temperature and wind velocity proportions unknown to the younger generations. Hot tempers can quell any tornado that tries to knock down a seasoned, wind-calloused galoot. Currents of air are fodder for the craggy, thick-experienced human of many levels. Temperatures hot and cold are water off a duck’s back. The wind is a push forward when traveling with it and a boost up when walking against it. It is a tool for stability.

Weather is the state of the atmosphere and a vicissitude of life or fortune affected by disagreeable or agreeable atmospheric conditions. The definition of weather could almost be the definition of a senior.

Summer, with its golden glow, is a relief to old bones and sore muscles that have been lingering

and demanding full attention all the previous year. Everything is brighter, including the future and prospects.

Fall is a seasonal buffer between the good and the worst of the year. Some saw beauty in the fall: Emily Bronte wrote that “Every leaf speaks bliss to me, fluttering from the autumn tree.” To each his own. But for many seniors it means aching bones from raking leaves or dragging the winter clothes from the garage or attic.

Winter is the grayest season of the year, which around these parts runs from November to February. A mummy of cold, wet snow blankets the land and we wait for it to come back to life. It should be a comfort to know that in the depth of winter, you finally learn than inside you are an invincible summers.

Spring springs and things grow again. Sure, there are April showers, but they bring the joy of May flowers. Little buds are poking out on the trees, and winter’s aching bones are starting to relax.

“Live each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influences of each,” said Henry David Thoreau. This should be the motto of all seniors.

Patrick M. Kennedy is the author of *How to Have Fun with Retirement*, a sneak peek for which is available online at www.funwithretirement.com.

How to Have Fun with Retirement

Order your copy of Patrick M. Kennedy's Book www.funwithretirement.com

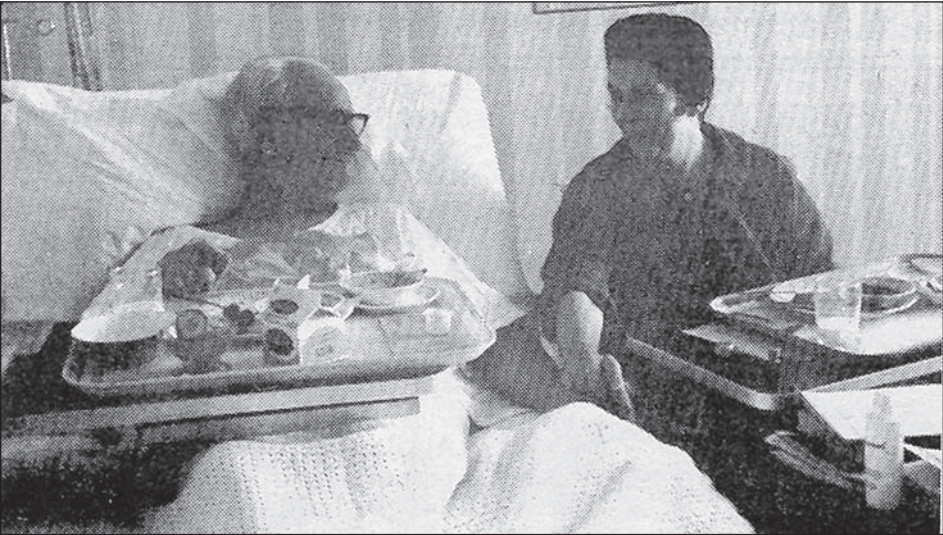
Way Back When

70 years ago

July 4, 1940: The new taxes for national defense, which Congress recently enacted, came home to the taxpayers this week as the various new levies went into effect all over the country on Monday.

Among the taxes to be felt very distinctly by the common person:

- Cigarettes: An additional tax of half a cent on every pack
- Theaters: New admissions taxes will run 1 cent per every 10 cents of admission cost
- Liquor: Taxes on hard liquors are boosted 24 cents to 30 cents per gallon; the federal beer tax increases from \$5 to \$6
- Gasoline: A new federal tax of one-half cent per gallon



40 years ago: In early July 1970, *Concrete Herald* Editor Charles M. Dwelley and his wife, Helen, shared a cozy lunch at United General Hospital, where they had both landed as a result of overwork and exhaustion. “Togetherness can be carried too far,” noted the photo caption in the July 8, 1970 issue. *Concrete Herald* archive photo.

60 years ago

July 6, 1950: Marion Sidney Stephens, 58 years old, well-known resident of Sedro-Woolley, was killed Monday evening in that city when he was slashed across the throat by a drunken logger. Mr. Stephens had been a resident of Sedro-Woolley for the past eight years, but formerly had made his home at Birdview and Hamilton.

Fred Elders, 42, who arrived in the county from North Carolina a few months ago, was being held for the slaying.

50 years ago

July 14, 1960: The Marblemount Community Club got a new temporary clubroom recently, erected on a large plot of ground just north of the Peterson property. It is one of the bunkhouse buildings from the upper Baker dam construction site. The grand opening for the new building is

now awaiting installation of wiring and plumbing, for which materials already are on hand.

20 years ago

July 12, 1990: The long-awaited Concrete Youth Center is all

systems go with a planned opening this Friday, one day earlier than previously was planned.

Concrete Eagles Aerie #1444 and the Upper Valley Drug Awareness Task Force are pleased with the

Concrete Senior Center July 2010 Activities

Lunch is served Monday through Friday, 12:30 p.m.

Mondays

9 a.m. Gray Ladies Hoop Quilting
1 p.m. Skip Bo

Tuesdays

11:30 a.m. Jigsaw Puzzle
1 p.m. Skip Bo

Wednesdays

8:30 a.m. – 3 p.m. Quilting
11:30 a.m. Jigsaw puzzle
1 p.m. Skip Bo

Thursdays

10 a.m. – 2 p.m. Wii Sports play
11:30 a.m. Jigsaw puzzle

Fridays

11 a.m. Men’s group
11:30 a.m. Jigsaw puzzle
Noon Mexican Train Dominos

Special Events

7/14 11 a.m. Advisory Board meeting
7/14 1 p.m. Bingo
7/15 8 a.m. Foot Care by appointment (853.8400)
7/24 7:30 – 10:30 a.m. Senior Center Fundraiser Breakfast
7/27 12:45 p.m. Leap of Faith
7/28 1 p.m. Bingo
7/30 12:30 p.m. Birthday Lunch

Holiday Closures

7/2 Furlough Day: all Skagit County offices closed
7/5 Independence Day

way the new youth center has come together and are planning to have it fully operational by Friday, July 13.

The center features a full kitchen, booths and tables, a bulletin board,

chalk board, and showcase. At the present time, they have a pool table, [table tennis] tables, and a foosball machine, with plenty of room left for more games and equipment.



30 years ago: If this burning home looks familiar, it should. On July 25, 1980, flames and smoke poured through the rear windows of the then Robert Whipple home, located at 7263 North A Ave. in Concrete. The same structure burned on May 4 of this year, forcing out its current residents, the Wammack family. *Concrete Herald* archive photo.

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■ Energy Assistance	■ Women, Infant & Children Program
■ Food Handler Permits	■ Women's AA

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Sunday School lesson

Choosing what is better

By Bruce Martin

Imagine that Jesus was coming to your house for a visit.

This is the setting of the story we are told in the gospel of Luke 10:38–42. As Jesus and His disciples were traveling, they were invited to be the guests of a humble family in the village of Bethany. Martha, Mary, and their brother Lazarus opened their home to Jesus to refresh and bless Him and His disciples on their journey.

While Martha made preparations for her guests, her sister Mary sat at Jesus’ feet listening to what He had to say. Martha, upset that Mary was not helping her, appealed to Jesus for some support: “Lord don’t you care that my sister has left me to do all the work by myself? Tell her to help me!” she said.

“Martha, Martha,” the Lord answered, “You are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”

Sometime our greatest challenge as believers is not in choosing what is good or bad or even what is right or wrong, but in choosing what is better and what is best. Martha chose a good thing. She opened her door to Jesus; she wanted everything to be just right and to please her guests.

There are always many good things to be involved in. There are more choices then there are time, resources, and energy. There are a host of needs to fill and people to serve. Again, the harder choices have to do with choosing between “good things” and “God things.” We must be careful that we don’t get so caught up in “good things” that we miss “what is better.”

There is an end to all “good things.” When we shop for food, we are mindful of



the expiration date printed on each item. Once an item is past its expiration date, we hesitate to buy it. The Bible tells us that all “good things,” as good as they are, may have an expiration date.

The Apostle Paul in 2 Corinthians 4:18 reminds us that because of this fact, “...we fix our eyes not on what is seen but on what is unseen. For what is seen is temporary but what is unseen is eternal.” All the physical world around us will one day pass away, but the unseen spiritual world is eternal and will last forever. The sum of “good things” seem cheap by comparison to the “eternal things.”

Jesus asked the question: “What would it profit a man to gain the whole world and lose his own soul?”

Instead, He encouraged us to “...store up for yourselves treasures in heaven”; that is, invest in things of eternal value.

Jesus showed Martha and us what is better by focusing on Mary’s choice. Mary did the right thing at the right time, while her sister Martha did the right thing at the wrong time.

In all the business of our lives, may the Holy Spirit help us to choose “what is better,” to choose each day to focus our lives on eternal things rather than be distracted by all the preparations that need to be made. May we invest our lives in prayer and intimate time with God. May we spend time daily reading and meditating on God’s Word, the Bible. Then let us invest our lives in serving the Lord and one another by putting what we learn into practice, for “what is better” cannot be taken from us and will last forever.

Bruce Martin is pastor of Concrete Assembly of God.

Obituaries

Hettie “Maxine” Bangert was born in Omaha, Nebr., on Oct. 2, 1922, to Chester and Della Smith. She passed away at Country Meadows of Sedro-Woolley on June 30, 2010, at 87 years of age.

Maxine was preceded in death by her loving husband, Bob, of 65 years, whom she talked about daily.

She is survived by her son, Robert “Rob” Bangert, and her daughter-in-law, Cathy, of Oak Harbor, Wash.; her daughter, Pam Hoffman, and son-in-law, Bill, of Monroe, Wash.; her grandkids Dan Hoffman and his wife, Nichole, of Marysville, Wash., Jolene Hoffman of Monroe, Wash., Herbert Bangert and his wife, Suzzi, of South Carolina; and great-grandchildren Mattheu, Christopher, and “Baby Hoff” to be born on Dec. 30.

Maxine and Bob were married in Grand Island, Nebr., on May 6, 1945, and moved to Washington State in 1946 to make their home in Rockport for 54 years. They moved to Country Meadows in Sedro-Woolley in October 2000. Bob passed away in 2001 and Maxine continued to live at Country Meadows where she was a friend to all.

Maxine was a very kind, loving and special friend, mother and grandmother. She will be greatly missed by her family and all who knew her. Maxine had a great love for Pug dogs as anyone would tell you, as her apartment was decorated with them everywhere.

The family would like to express their deepest gratitude and thanks to Country Meadows, where Maxine was a resident for 10 years and who took such great care of her when it was needed. The family would also like to thank



TO THOSE I LOVE AND THOSE WHO LOVE ME

When I am gone, release me, let me go.
I have so many things to see and do.
You mustn’t tie yourself to me with tears.
Be happy we had so many years.

I gave you my love, you can only guess
How much you gave to me in happiness.
I thank you for the love you each have shown,
But now it’s time I traveled on alone.

So grieve a while for if grieve you must,
Then let your grief be comforted by trust.
It’s only for awhile that we must part.
So bless the memories within your heart.

I won’t be far away, for life goes on.
So if you need me, call and I will come.
Though you can’t see or touch me, I’ll be near.
And if you listen with your heart, you’ll hear
All of my love around you soft and clear.

And then, when you must come this way alone.
I’ll greet you with a smile and say,

“WELCOME HOME”

Worship directory

Assembly of God

Concrete Assembly of God
45734 Main St., Concrete; 360.853.8042
Sunday worship, 10 a.m.
Tuesday: Men’s meeting, 8:30 a.m.
Wednesday: Adult Bible Study, 6 p.m.
Thursday: Women’s Bible Study, 6:30 p.m.

Catholic

St. Catherine Mission Church
45603 Limestone St., Concrete
SUNDAY MASS 8:30 a.m.
Office: 360.855.0077
Weekday hours: 9:30 a.m.–1:30 p.m.
Father Martin Bourke, Pastor

Presbyterian

Mount Baker Presbyterian Church
45705 Main Street, Concrete
Sunday worship: 8 a.m.; Wednesday: 7 p.m.
Church 360.853.8585 // office 360.595.0446
www.mtbakerpresbyterian.synodnw.org
Tom Ross, pastor

Nondenominational

Community Bible Church
45672 Limestone, Concrete; 360.853.8511
E-mail: cbcofconcrete@earthlink.net
Sunday School 9 a.m.; Worship Svc 10 a.m.
Childcare/Children’s Ministries at both
Contact church for other available ministries

Rockport Christ the King Community Church
11982 Martin Road, Rockport, WA 98283
Pre-service fellowship: 9:45 a.m.
Sunday service: 10 a.m.
Sunday eve. Bible study: 5 p.m.
Contact: 360.853.7128 or 853.8746

Lutheran

Shepherd of the Hills Lutheran Church
46372 Main St., Concrete
360.853.8814
Sunday Worship 10 a.m.
Marcus Stroud, pastor

To add your place of worship to this directory, call or e-mail 360.853.8213 or editor@concrete-herald.com.

www.concrete-herald.com

Hospice of Skagit County for their wonderful care and compassion.

Memorials in Maxine’s name are suggested to Hospice of Skagit County, 819 South 13th St., Mount Vernon, WA 98273.

Graveside Services will be Sat., July 10, at 2 p.m., at the Forest Park Cemetery in Concrete. Arrangements and Services under the car of Lemley Chapel, Sedro-Woolley. Please share your memories of Maxine and sign the online guestbook at www.lemleychapel.com.

www.concrete-herald.com

Sheriff’s blotter

June 19

A Hamilton caller reported lending a Chevrolet Blazer to a friend who would not return it. A deputy located the vehicle abandoned on the side of a nearby road. The owner was to retrieve the vehicle. This is a civil issue; no crime.

June 18

A Cedar Grove caller reported someone had stolen two solar lights from her front yard and tossed a solar panel in the ditch across the street. No suspects.



June 16: A Concrete caller reported someone driving through a chain-link fence at the high school baseball field. The car then did “doughnuts” in the field, tearing it up. Deputies arrived and located blue paint and plastic car parts. A surveillance video showed the suspect vehicle entered the field at 3:00 a.m. Deputies followed up and identified a 16-year-old Concrete boy as the suspect. He will be referred to court for felony malicious mischief because of the high dollar value to repair the field and fence.

June 16

A caller in the Prairie Road area notified Animal Control that she can no longer adequately care for her horses. Animal Control has talked to this woman before about neglecting the animals. The woman signed over ownership of the horses to Animal Control and they will be adopted.

June 14

A deputy stopped a 2003 Honda convertible near Concrete because the driver had passed three cars in a row and was traveling at an extremely high speed. The driver was a 22-year-old Texas man who said he was on his way to Canada. The driver was cited for reckless driving, told to slow down, and sent on his way.

June 10

A Grasmere caller reported that a 39-year-old Concrete man was outside

of the caller’s house, very intoxicated and verbally aggressive. The intoxicated man was stating he wanted to go to detox. Deputy arrived and gave the man a courtesy ride to United General Hospital for possible detox.

June 9

A Marblemount caller reported finding an expensive “chopper”-style bicycle. The owner of the bicycle was unknown. Deputy determined the bicycle was damaged and probably junk.

June 9

A Sedro-Woolley caller observed a male subject with a dark gray hooded jacket and black sweatshirt breaking into a neighbor’s car. The caller yelled at the suspect and he ran away without stealing anything. Deputies checked the area, but were unable to locate the suspect.

June 7

A Hamilton caller had an acquaintance living on the caller’s property as a renter. The two parties had a dispute and the landlord wanted the renter to leave. Renter refused and threatened the landlord with bodily harm. Deputy is investigating a possible harassment charge, and advised the landlord about the legal eviction procedure.

June 6

A security guard for Sierra Pacific property near Rockport reported a pick-up with four people had gone through a gate and were trespassing. Deputy arrived, warned all parties in the pick-up about trespassing, and released them.

May 20

A Clear Lake caller reported her 16-year-old son was out of control and had trashed his bedroom, broken doors and windows, and smashed a TV. Deputy arrested the boy for malicious mischief.

Be aware

The Skagit County Sheriff maintains an online list of registered kidnapping and sex offenders living in our communities.

To view the online list of offenders, go to www.skagitcounty.net, then:

- Click on “Department Directory” on the left
- Click on “Sheriff” on the right
- This will take you to the Skagit County Sheriff’s Office page, where you can click on “Registered Sex Offenders” on the left navigation panel, and view the list

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Health



Here comes the sun (or not)

By Valerie Stafford

In spite of a drizzly early summer, it is bound to be warm and sunny when you read this. That means you should be thinking about two related health issues: skin cancer prevention and vitamin D deficiency.

Both of these have been hot topics recently, as scientists link vitamin D deficiency with a variety of diseases and conditions, including cancer. At the same time, experts continue to warn that sun exposure, which can help produce vitamin D, could also lead to skin cancer.

It is difficult to know how or if to change your habits in light of these scientific discoveries. Do you hide from the sun or just limit your exposure? Take supplements to increase your vitamin D level, or soak up a few rays to help your

body manufacture the vitamin? Start by learning about the basics.

Skin cancer is the most common of all cancers. It accounts for nearly half of all cancers in the United States, with more than 1 million cases diagnosed each year. There are three types of skin cancer: basal cell, squamous cell, and melanoma. Basal cell and squamous cell carcinoma are both highly treatable. Melanoma is the more serious of the three and is responsible for 75 percent of all deaths from skin cancer.

Basal cell and squamous cell skin cancer, referred to as non-melanoma, often develop on sun-exposed areas of the body, like the face, ear, neck, lips, and the backs of the hands. Depending on the type, they can be fast or slow growing, but rarely spread to other parts of the body.

Melanoma can spread quickly to other parts of the body through the lymph system or blood. Risk factors for melanoma include fair complexion, blond or red hair, blue eyes, family history of melanoma, a changed or changing mole, many freckles, and an inability to tan. Like most cancers, melanoma is most successfully treated when it is diagnosed early.

Skin cancer can be prevented by wearing protective clothing, including a hat with a four-inch brim, avoiding the sun from 10 a.m. to 4 p.m., and regularly using a broad-spectrum sunscreen with an SPF of 15 or higher, even on cloudy days.

Vitamin D is a fat-soluble vitamin that helps the body absorb calcium. It is known as the “sunshine vitamin” because the body manufactures the vitamin after being exposed to sunlight. Ten to fifteen minutes of sun exposure three times weekly has been thought to be enough to produce the

body’s requirement of vitamin D. However, even people living in sunny climates still do not make enough vitamin D.

Research has revealed that vitamin D deficiency may be related to heart disease, bone fractures, cancer, arthritis, asthma, diabetes, metabolic syndrome, and depression. Many physicians now believe that the current recommendation for vitamin D intake for adults—approximately 400 IUs—is much too low to help us stay healthy.

Some of the best nutritional sources of vitamin D are salmon, tuna, and fish liver oils. Small amounts are also found in cheese and egg yolks. Many foods are now fortified with vitamin D, including milk, orange juice, yogurt, and cereals. Dietary supplements of vitamin D are often recommended, but their dosage should be determined by your doctor.

Mayor Anderson, cont. from p. 12

citizen complaints regarding public urination, trash on sidewalks, public intoxication, intimidating behavior from out-of-town bar patrons, etc. Since they both closed, we have had relative peace in that area; I am concerned that opening a new bar in the same area could result in the reemergence of those old problems.

I am not against a new restaurant and I believe the backers of this project are solid business people who intend to do a good job. I did not object to the owner, I objected to the location. My objection and my concerns are a result of the city’s recent experience with the prior bars and my strong desire to see our downtown cleanup and revitalization continue.

To make sure you are protecting yourself from skin cancer and vitamin D deficiency, take time to get screened for each. Free skin cancer screenings are provided annually at United General Hospital or can be acquired through your family doctor. Screenings for vitamin D levels are offered every Friday from 8 a.m. to noon at United General Hospital. Fasting is not required; the fee is \$35. For more information about health screenings, call 360.856.7245 or send an e-mail to wellness360@unitedgeneral.org.

Valerie Stafford is the director of communications and community education at United General Hospital, a wellness instructor at Skagit Valley College, and the owner of Encore Fitness in the Concrete Theatre.

My job is to reflect the concerns of the community to the Washington State Liquor Control Board regarding existing liquor license holders when it comes time for renewal and for all new licenses. I am asked to either approve or object to the liquor license applicant or location.

To help me reflect your wishes for our downtown and best represent the community as a whole, I would appreciate hearing from you on this issue and other liquor license issues. Please contact me at manderson@ci.sedro-woolley.wa.us or 360.855.9922.

I feel like our town has come together in the downtown area to clean it up and fix it up in preparation for new businesses. The Chamber’s business development team, led by Mary McGoffin, the City’s offender work crew program, business owners, property owners and volunteers have all made a significant difference. I think we are moving in the right direction and the addition of one more watering hole does not seem to me to be what Sedro-Woolley needs in that block.

Finally, you should know that the final decision is not mine to make. I registered my concerns with the Liquor Control Board and they will weigh my concerns and make a final decision.

I welcome your questions and your comments. Please call me at 360.855.9922 or stop by City Hall.



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for antiques, tools, and household property
Licensed, Bonded & Insured since 1974
Serving the Historic Cascades & Scenic Hwy
20 Loop / 360.678.5888, cell 360.969.1948

Farmers' Markets
Concrete Saturday Market
Concrete Senior Center, Saturdays, 9 to 4
Music each week at 11:00 a.m.
Kids' activities hosted by Finney Farm
beginning July 24.
Berries, produce, and crafts.

Gardening
Gardens by Grace (1 Cor. 3:7)
Flower bed maintenance
Weeding, pruning, transplanting, etc.
360.853.7186

Gifts
Karin's Art Gallery
It's Christmas in July!
Come see our great handmade ornaments.
Rock oil lamps by Lighted Creations
State Route 20 and S. Dillard, Concrete
360.853.8209

Matty's on Main
45905 Main Street, Concrete
**** UNIQUE & ANTIQUE ****
Family Gift Shop / Special Orders
FREE GIFT-WRAPPING AVAILABLE
360.333.8851

Northwest Garden Bling
www.nwngardenbling.com
7460 S. Dillard, Concrete
360.708.3279 / nwngardenbling@verizon.net
Gift shop featuring stained glass and mosaic.
Supplies, classes, and gift certificates.

Sauk View Gallery
Third anniversary in July! Christmas shopping
in July! Exciting holiday wares. Mention this ad
for a surprise discount.
Open Thursday – Monday 10 a.m. to 6 p. m.
SR 20 and S. Dillard, Concrete. 360.853.8209

Hair salons

Hair Fitness
Complete family hair care, specializing in:
PERMS / COLOR & CUTS / WAXING
More than 25 years' experience!
Call Kathy Monrad and Becki Hoover for appt
360.853.8684

Mandy's Hair Shop
Men, women, children—all haircuts \$10
Appointments and walk-ins welcome
Coloring / Perms / Waxing / Tanning bed too!
Tue.–Fri. 9–5; Sat. 9-3 (eve. appts. available)
520A Maple St., Hamilton / 360.826.3999

Health and beauty
The Healthy Bra Company
Professional custom bra-fitting services
for your body type. 2,500 possible size
combinations. Services by appt. only.
Maria Monti, Postural Therapist: 360.815.3205
www.thehealthybracompany.com

Honey Bee Holistics
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All Organic Soaps * Lotions * Herbal Teas
Homeopathic Tinctures * Organic Lip Balms
Now featuring Expectant Mother and Baby Line
Visit www.honeybeeholistics.com to order now!

Insurance
Farmers Insurance
Notary Public
45905 Main Street, Concrete
**** CHECK OUT OUR NEW LOW RATES!! ****
PLEASE CALL FOR QUOTE
360.333.8851

Lawn care
North Cascade Lawn Maintenance
Your dependable, full yard care specialist
Mowing, trimming, tilling, snow removal,
pressure washing, debris removal
Licensed and insured; call for free estimates
Robert Lahr, owner, 360.708.2504

Lodging
Ovenell's Heritage Inn/Double O Ranch
Fully equipped log cabins; AAA; 580-acre
cattle ranch; all-natural, grain-fed beef;
special events; getaways; local discounts; and
wildlife! See our views of Mount Baker!
360.853.8494 / www.ovenells-inn.com

Photography
Kamber Kustom Photography
Affordable custom photography for your
wedding, quinceanera, birthday, senior pics,
more. Special artworks created on request.
E-mail: cloudjocky34@live.com
www.kamberkustomphotography.com

Pat Buller Photography
North Cascades wilderness and native
wildflower notecards, postcards, mousepads
and more at Sauk View Gallery: 360.853.8209
P.O. Box 279, Marblemount 360.843.4344
Find images at www.pdbphotos.net

Pregnancy Counseling
Pregnancy Choices
Pregnancy tests • Options counseling
Parenting classes and store
Free and confidential • Walk-ins welcome
45080 Fir St., Concrete (next to Self-Storage)
360.853.7700 • www.pregnancychoices.org

Restaurants
Buffalo Run Restaurant
Open 11 a.m. to 9 p.m.; closed Wednesdays
Featuring buffalo, venison, elk, ostrich,
vegetarian, and all-American favorites!
60084 State Route 20, Marblemount
360.873.2103

Lyman Tavern
8328 S. Main St., Lyman
360.826.4131
Full menu, including fresh burgers, fresh-cut
salads, tenderloin steaks
Find us on MySpace! Go to www.myspace.com.

Neapolis Restaurant
Authentic Mediterranean, dine-in or take out
108 W. Moore St., Sedro-Woolley
Sunday through Thursday, 11 a.m. to 9 p.m.
Friday and Saturday, 11 a.m. to 10 p.m.
360.855.1400

Perks Espresso
44586 SR 20, Concrete
Open Monday-Friday, 5 a.m. to 2 p.m.;
Saturday and Sunday, 7 a.m. to 2 p.m.
Breakfast, lunch, ice cream, and espressos!
360.853.9006

Towing services
Dave's Towing
Local towing company; free clunker removal!
Lock-outs, tire changes, jump starts
Service provider for AAA, Allstate, and most
other auto clubs; we accept major credit cards
360.853.7433 or 360.770.6705, Concrete

Rogers Towing
Fast, friendly, affordable service.
24/7 towing, lock-outs,
damage-free flatbed plus wheel-lift towing.
Credit cards accepted.
360.826.5514

TJ's Towing & Auto Recycling
FREE removal of unwanted junk vehicles
farm & logging equipment
A green business serving the
Highway 20 Scenic Byways
360.678.7519, cell 360.941.6255

**To add your business
to this directory,
call or e-mail:
360.853.8213 or
editor@concrete-herald.com**



Western, Work & Fashion straw hats in a variety of styles!

OLIVER-HAMMER
Clothes Shop

817 Metcalf Street • Sedro-Woolley • (360)-855-0395 • oliverhammer.com



Smile

Dwelleysms

Wit from the Herald's former editor

“A lot of nice things ... are now being said about the upper Skagit valley in regard to our highway and a bridge over the Skagit. But will they love us in December as they do in May?”

“Nature is amazing. Flies are now said to be building up resistance to DDT, which was hailed as the fly-killer of the future. They didn’t use to have time to build a resistance to grandma’s fly swatter.”

—Jan. 22, 1948

“That old gag about death and taxes being certain is getting outdated. You die only once, but are taxed...”

—Feb. 5, 1948

“The woman’s ‘new look’ is still secondary in importance to attracting a man’s ‘second look.’”

—Jan. 29, 1948

“Things are really tough in Hollywood, even top executives are taking a cut in pay. They may even get down to paying actors what they are worth.”

—Feb. 19, 1948

“The brain is the most valuable thing in the world. Just think how many people can get along using such a little of it.”

“Manmade weather may be one of the coming sciences, but lord help ’em if they

try to improve on a sunny day.”

“Isn’t it odd how all the really intelligent people agree with you?”

—March 4, 1948

“Square milk bottles are now being brought on the market. Now they’ve got to find another shape for father’s gin. He might make a horrible mistake.”

—March 11, 1948

Only in America...

...can a pizza get to your house faster than an ambulance.

...are there handicap parking places in front of a skating rink.

...do people order double cheese-burgers, large fries, and a diet coke.

...do banks leave both doors open and then chain the pens to the counters.

...do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.

...do we buy hot dogs in packages of ten and buns in packages of eight.

...do we use the word “politics” to describe the process so well: “Poli” in Latin meaning “many” and “tics” meaning “bloodsucking creatures.”

Concrete Harold

By Joyce Harris



Public Service Announcement

By Stig Kristensen



Painful, just painful

Why did the runner quit the race against Bigfoot? He couldn’t face defeat.

What do you call a fish with no eyes? A fish.

Did you hear about the guy whose whole left side was cut off? He’s all right now.

A hole has been found in the nudist camp wall. The police are looking into it.

Did you hear about the online origami store? It folded.

Kloogan Floogan



By Luke Gage

Museum News, cont. from p. 13

and whose family came west to Bellingham in 1918. Angele married William “Bill” Cupples in Bellingham on July 1, 1920, and made their first home on the Cupples family homestead at the top of where Baker Dam is located now. They had to sell the property not long after their wedding so the dam could be built, and they spent the rest of their married life on their Grasmere ranch.

Bill and Angele were very active in the Concrete community; her early career included being a telephone operator in town.

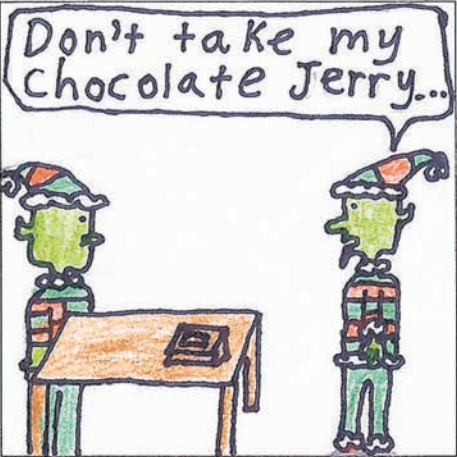
According to club historian Jessie Wenrich in 1977, the Upper Skagit Garden Club was originally a Study Club with no minutes kept. But on Nov. 16, 1938, the first official meeting was held in the Women’s Club Room, where they began calling themselves the Concrete Garden Club with Mrs. L. A. Kidd and Mrs. C. K. Hatcher as temporary officers. On March 8, 1939, they adopted the name “Upper Skagit Garden Club” with 21 charter members and Angele Cupples named the first President.

The group was very active for years, promoting and teaching gardening, beautifying the town of Concrete many times, reaching out to other groups in the county and state, receiving many awards, and sending memorials of flowers.

The recent disbanding of the group by President Gladys Silrus was because of lack of membership and Gladys not being able to find a new leader for the group. This could change with someone stepping forward. In the meantime, at the Concrete Heritage Museum Library, we have been given charge of the group’s scrapbooks, memorial listings and photos. A great resource on the group and its history if anyone would like to study them.

—Dan Royal

An Elf’s Life



By Jonathan Carter

Classifieds

CONCRETE SATURDAY MARKET

Karan’s Whimsey: Windchimes from junk. I recycle!
Doggone Good biscuits & toys: Sauk monkeys, Retro Rethreads Kids’ Clothes!
“Chicken Barb”: Designer animal fabric items, original cards, and hand-painted creations.

R & K Photo: Photos, wooden toys, aprons, kids’ dresses, and aprons.
2G’s Mobile Café: Garry & Lisa LaJoye 360.770.3222. “Need to Feed”

Don & Karen’s Woodcrafts: Birdhouses and squirrel feeders, whirly birds, plants, and puzzles.
Scrollsaw By Ken: Plaques, waste baskets, special orders, etc.

Lisa’s Handmade Bath and Body soaps, lotions, salts and balms.
NW Garden Bling: Plants, raspberries, stained glass, mosaic, and quilts.

Jericho Farm: Organically grown, fresh, local produce.
3D Arts & Crafts: Bone handle knives, sweaters, wooden models, gifts, and more.

L&B Crafts: Carved ornaments and puzzles, baby sweaters, and head-to-toe bibs.

MOVIES EVERY WEEKEND AT THE HISTORIC CONCRETE THEATRE

Fridays at 7:30 p.m.
Saturdays at 5:00 and 7:30 p.m.
Sundays at 4:00 p.m.
All ticket prices \$6 or less
24-Hour MovieLine: 360.941.0403
www.concrete-theatre.com

EMPLOYMENT

Office Manager. Dept. of Licensing office, operated by Concrete Chamber of Commerce. Computer skills and office experience required. Application form available at Resource Center, 45770 Main St., Concrete. To apply, mail completed application, resume and cover letter to Concrete Chamber, PO Box 743, Concrete WA 98237. Application deadline: July 16, 5:00 p.m.

FOR SALE

Chihuahua-pug puppies. Born 4.15.10, vet. checked. Playful, cuddly, \$225. 360.853.7186.
Headstones. Traditional or one-of-a-kind. TODD’S MONUMENTS, 360.708.0403. www.toddsmonuments.com.
Two antique end tables w/marble tops. \$50/both. 360.610.5987, leave msg.

FREE STUFF

Freezer: Upright, large, good condition. 360.610.5987.

GARAGE AND YARD SALES

Concrete: Pre-moving sale, June 5, 9 to 3. Shop items: tools and miscellany. PLUS: other buildings with house-hold goods, jewelry, electronics, books, and “stuff.” 7527 2nd St., Concrete.

Marblemount: July 2–5, 9 to 5. Solid oak desk, other furniture. Tupperware, table saw, misc. household items, antiques, more. 61176 SR 20. 360.873.2100.

MUSICIAN FOR HIRE

Thinking of throwing a great party this year? Book the fun and professional **Dave Chapman Show. 360.853.7433.**

NOTICES

Seeking all Class of ’89 and ’90 CHS alumni. Contact Beth Irons: navyangel72@yahoo.com or 360.420.9900.

Art Show at Wolf Designs in Grassmere Village, next to Red Apple, Concrete. July 23: 10–6. July 24: 9–2.

TOWN OF CONCRETE SHORELINE MASTER PROGRAM UPDATE. The Washington State Legislature recently approved amendments to the Shoreline Management Act (RCW 90.58.080) requiring local governments to update their Shoreline Master Programs and establishing a timetable for adoption. The Town of Concrete has received a grant from the Washington State Department of Ecology to develop and adopt a Master Program by June 30, 2012. The Master Program will include policies and regulations guiding long-term management of the shorelines of Lake Shannon, Baker River and Skagit River located within the Town’s jurisdictional boundaries. The Town has contracted with Graham-Bunting Associates to assist with preparation of the Master Program. The town invites interested parties to participate in the development of the Master Program by attending Planning Commission meetings or by visiting the Town’s Web site at www.townofconcrete.com. Inquiries may also be made to the Town Planner, Rick Cisar, at Town Hall (rickc@concretewa.gov) or Oscar Graham and Pat Bunting at gba@fidalgo.net.

PROPERTIES FOR RENT

Concrete: 7416 N. Superior Ave. 2-bedroom, all appliances, water, sewer, garbage. \$675/mo. **360.770.7470.**
Concrete: 2-Bed/1-Bath. 45106 Shields Court. Wa/ dryer, \$625/mo. 360.421.5261.

PROPERTIES FOR SALE


8720 Arnold Ln., 3bed, 1.5bath, quiet neighborhood near Concrete. Views of Mt. Baker and Sauk Mtn. \$169,500. 360.739.3252.

SERVICES

Gladys’ Upholstery Shop. Quality work, reasonable prices. 360.826.4848.

To place a Classified ad, contact *Concrete Herald* at 360.853.8213.



CEMENT CITY Street Fair

Saturday, July 24 • 9:00 a.m. - 4:00 p.m.

The third annual Cement City Street Fair is coming to Main Street in Concrete. This year we're featuring:

- Motorcycle Show — Judging at 4:00 p.m.
- Arts & Crafts
- Cinder Shins 5k Fun Run — Start time 8:00 a.m.
- Poetry & Music Festival — In the Concrete Theatre, 12:30 - 3:30 p.m.
- Resource Tables
- Refreshments
- Health Screenings
- Movies
- Live Music by Marcia Hester — on Main Street, 10 a.m. - 2:00 p.m.

See details at www.unitedgeneral.org or call (360) 856-7245.

Presented by the Concrete Chamber of Commerce and United General Hospital.



www.concrete-theatre.com

**Concrete
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