

The Voice of the Upper Skagit Valley

Concrete Herald

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July 2015

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50 cents

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July packed with events

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Loggerodeo is back!

Sedro-Woolley's world-famous Independence Day celebration returns for its 68th year this month, with a whole slew of events filling four days, July 2-5. *Page 16.*

Pipe bomb explosion under investigation

A large pipe bomb exploded near Lyman Elementary School on June 20, rattling windows of neighboring residences and causing shrapnel damage to the school and neighboring property. *Page 18.*

North Mountain Lookout work party a towering success

From June 12-14, approximately 40 people gathered for phase one of the North Mountain Lookout restoration. *Page 24.*

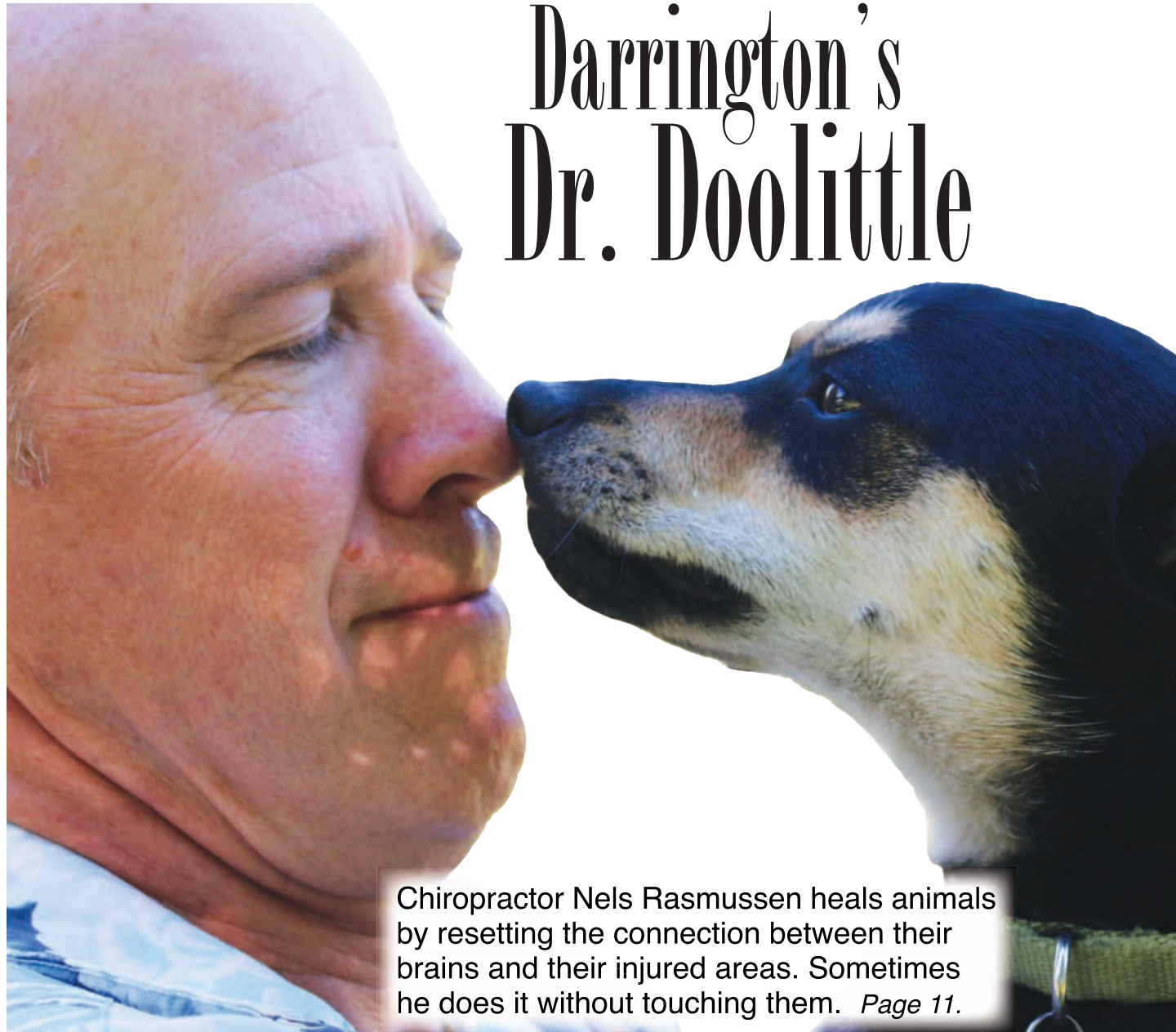
Mary Janda honored

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Cascade Loop is EV-ready

With strategically located electric vehicle charging now in place, electric vehicle drivers can travel along the 440-mile Cascade Loop Highway route quietly and with zero tailpipe emissions. *Page 27.*

Darrington's Dr. Doolittle



Chiropractor Nels Rasmussen heals animals by resetting the connection between their brains and their injured areas. Sometimes he does it without touching them. *Page 11.*

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Pat Rimmer Tire Center

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Concrete Herald

The Voice of the Upper Skagit Valley



Washington Newspaper Publishers Association
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From the editor

Fireworks and dry weather: a potentially volatile combination

Do I even need to write this editorial? After weeks of unseasonably warm weather, the Upper Skagit Valley is a tinderbox waiting for someone to give it even a flaming look. Fireworks are illegal within the towns and cities in the *Concrete Herald* coverage area—with good reason. In the more densely populated areas of the county, fireworks bring a combination of fire hazard and (often) unwanted noise that spell misery for most pets and some military veterans who live with PTSD.

This year, another layer of concern comes in the form of hot, dry weather. The smartest move for incurable pyros like me is to get to a reservation, then follow the 3 B's of fireworks safety: 1. Be prepared: Have water nearby and put pets indoors. 2. Be safe: Only adults should light fireworks. 3. Be responsible: Clean up fireworks debris.

—J. K. M.

Candidates' Forum



Jason Driver



Bill Sullivan



Rob Thomas



Chris Thun

Meet the candidates for Concrete Town Council Position No. 1. Bring your questions.

THURSDAY, JULY 23, 6 P.M.
Concrete Theatre
45920 Main St., Concrete

For more information, contact Jason Miller at 360.853.8213 or editor@concrete-herald.com.

Hosted by

Concrete Herald

Opinion

Letters to the editor

Thanks, Dale

All the members of the Concrete Heritage Museum Association wish to express their sincere thanks to Dale Angell for trimming around our outdoor displays. Dale is one of those quiet folks who see something that needs doing and they just do it, sometimes without anyone even noticing they're doing it. While some get more credit than others, no act of kindness should go unnoticed.

Concrete Heritage Museum Assn

Thanks, Public Works

On behalf of the crew that made the roadbed a royal mess with all the debris cleaned from power washing the sidewalks on Main Street, we thank the Concrete Public Works crew who came in early Saturday morning with the street sweeper to clean up.

John Boggs
Concrete

Kurt's Cause walk a success

What an absolutely glorious day we were blessed with on June 20 to hold our 1st Annual 5k Walk for Kurt's Cause. I would like to thank everyone who came out to participate and support Kurt's Cause. We had a total of 21 entry participants, ranging from 5 years old to 71 years old!

Our 1st place runner was 15-year-old Johnathan Arnold, coming in at just 25:08 minutes. Two friends, Christine McKellar and Lisa Moody, tied for 2nd place at 32:11. Third place was taken by 14-year-



Kurt Wyatt

old Jasmine Lloyd with a very respectable 35:40 minutes. Fourth and 5th places were taken by Mandy Harrison, 11 years old, in just 45 minutes, and her mom, Julie Harrison, coming in right behind her at 45:10. Our last two finishers walking in at 1:16:36 were my mama, Shirley Wyatt and my daughter, Cherrish Wysong.

All of our walkers in between were Jessica, Jeremiah and Johanna Arnold; Nykki Hoffman and Alexis Wysong; Becky Jensen, Kendra Conard-Newman, and Haley Pressley; Tina Lloyd; Jackie Clevenger and Joanna Salinas; and Catherine and Trey Price. This year we also had two four-legged friends, Dixie and Jersey, two very well behaved dogs that joined the Arnold family, and they placed somewhere in the middle of the race!

I would also like to give special mention to our priceless volunteers photographer Sherrie Devine with Devine Images, Mark Wyatt, Chad Hoffman, Amber Petersen,

See Letters, p. 19

Corrections

In the June issue article about the June 20 Walk for Kurt's Cause, Kurt's last name was published incorrectly as Hayes. Kurt's last name was Wyatt.

Letters policy

Letters of 200 words or fewer may be e-mailed to letters@concrete-herald.com or sent to Concrete Herald, P.O. Box 682w, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

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Message from the mayor

By Jason Miller

I witnessed a very impressive example of collaboration last month: Four locals teamed with our Public Works staff to pressure-wash the sidewalks of our Town Center. On the volunteer side, **Adolph Nieshe, John Boggs, Bill Sullivan, and Bill Pfeifer** put in a total of 42.5 hours of labor as they manned two pressure washers and made their way down Main St. (see p. 29). On the town side, Public Works staff installed filters in all the stormwater drains, then came in on their day off and ran the street sweeper over the entire area. On behalf of the town, my gratitude goes to these volunteers and staffers.

I'm very pleased that our new **wayfinding sign** on SR 20 is in place, actively advertising our Town Center and area businesses to drivers (see photos on p. 21). Thanks to Deputy Clerk Corrina Hart for doggedly pursuing this project and clearing the way for our Public Works team to install that big bad boy.

Councilmember Marla Reed and I spent most of June 23 at a **Skagit Food for Skagit Families** stakeholders meeting in Mount Vernon, where we'd been invited as keynote speakers. Marla told the crowd about Concrete School District's Farm to School program, and I held forth on the town's community garden, which has generated more than two tons of produce for our Concrete Food Bank and Resource Center distribution points since 2010!

I know how rumors can run rampant, so here's the truth regarding the proposed **zip line and climbing wall** in Silo Park: We have the political will to make these things happen; we're doing our research to figure out how those two ideas can be achieved.

The **Concrete Town Council** meets on the second and fourth Mondays of each month, at 7 p.m., at Town Hall. I encourage you to visit a meeting whenever you can.

Concrete Mayor Jason Miller can be reached at goodwords@frontier.com or 360.853.8213.



Commentary

The evolution of libraries

Last month we introduced Andrew Carnegie and explained his significance in building more than 1,700 libraries in the United States. The impact of Andrew Carnegie, especially in America, is even bigger than merely funding construction projects. Carnegie revolutionized the concept of libraries. Part of his success in the business world stemmed from his innovations to improve efficiency and lower costs. He applied this same innovative spirit to how libraries should be operated. Prior to his involvement, libraries operated in rather closed societies with only a select number of people even being allowed to use them.

Libraries were not for the general public, which at the time was deemed too uncouth to have any need for reading or education. We still had a very class-oriented society where the general public was considered to be the working class and employers preferred them to remain uneducated and complacent. Carnegie required all the libraries he supported to be open to the public, which was quite an unusual concept for the time. Even though totally equal access to libraries was still not permitted in the Southern states, Carnegie also helped build libraries to serve black residents in some communities.

Part of the traditional library concept imported from the Old World was that all books had to be specifically requested from a librarian at what was called a delivery desk. The librarian then went into a back room to retrieve the requested item. There was no such thing as browsing through the open stacks of books and finding something that looked interesting. The stacks were closed and only those "in the know" even knew what to ask for, if you were even allowed in the door. This change in the fundamental concept and purpose of libraries became part of the revolution in public education in the early 1900s. Ordinary citizens were now not just allowed to become more educated than their ancestors, they were expected to be. This greater revolution in public education is what brought about the technical and industrial revolution in America.

Fortunately, libraries have continued

See Libraries, p. 6



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Four candidates vying for Council Position 1 in Aug. 3 primary

Conserve Concrete water this summer

By Haley McNealey
Edited by Katy Tomasulo

With primary elections coming up on Aug. 3, candidates are preparing to persuade Concrete residents of their qualifications for Council Position 1. Earlier this year, Jack Mears announced that he will retire from his position on the Town Council when his term expires at the end of the year. Four candidates have announced their intent to run for his position.

Jason Driver has been a Concrete resident for about 11 years. During this time, he has worked on the Planning Commission for six years in addition to being on the Parks Committee. "I'm involved, I attend the town meetings, and I know a lot of people. I see some changes that could improve the town," he stated. Driver went on to say, "The greatest



Driver

challenge for the town right now is having things for the kids to do to prevent activities like vandalism. The most important projects are providing activities at Silo Park for the children and repairing roads like Cedar and Limestone."

Bill Sullivan, a retired aerospace engineer, has lived in Concrete for 10 years. He is one of six individuals on the committee for the new library and he attends town council meetings regularly. Over the last decade, Sullivan's contributions to the community have included supporting Concrete School District sports teams, providing his time and equipment to supplement the process of cleaning the streets, and supporting the museum. "One of the problems," he said, "is not enough encouragement



Sullivan

for residents to open businesses and not enough communication with the merchants already in town." Of his 42-year career in the aerospace industry, Sullivan spent the last 29 in high office and has a strong management and financial background. "The greatest challenge I see right now is the wastewater treatment facility. The citizens of this town cannot afford to have the rate go up," he said. Sullivan also emphasized the importance of focusing on one or two projects at a time to guarantee follow through. He stated, "My theme is 'Retain the charm, plan for the future.'"

Rob Thomas has been a Concrete resident for 23 years. He is on the civil service commission and the board of directors for the food bank, and has served



Thomas

as a pastor and coach. Thomas discussed two primary challenges he sees for the town. "The first challenge is economically improving the town. We need to make this town even more attractive for new businesses and tourists. The second challenge is keeping people in Concrete. The number of children in the school district has dropped in recent years, which means families are moving away from Concrete," he stated. Thomas is looking forward to seeing the construction of the new library and the further development of Silo Park. "Improvements to Silo Park are an investment for the future. I see it as a great, untapped resource for this town."



Thun

As we enter this unusually hot and dry summer with very little snow pack, some Concrete residents may be wondering about the town's water supply. At this time the town is not experiencing a shortage, but as we continue into the even warmer parts of summer, here are some tips to help you help us ensure an uninterrupted water supply is available (these tips should be helpful to those of you with wells too):

- Install aerators on bathroom and sink faucets. This can save approximately 1.2 gallons of water a day.
- Reduce your shower time from 10 to 5 minutes; this can save approximately 12.5 gallons of water a day.
- Install a high-efficiency toilet, a more permanent solution that can save approximately 19 gallons of water a day.
- When doing laundry or dishes, wait until there is a full load. This could save up to 15 gallons of water a day.
- Check faucets and pipes for leaks. A small drip from a worn faucet washer can waste 20 gallons of water a day; larger leaks can waste hundreds of gallons.
- Check your toilet for leaks. You can do this by putting a few drops of food coloring into the toilet tank without flushing. If the color appears in the bowl within 30 minutes, you have a leak that should be repaired immediately. Most replacement parts are inexpensive and easy to install.
- Rinse your razor in the sink: Fill the sink with a few inches of water; use

See Primary, p. 6.

this water to rinse your razor instead of rinsing under running water.

- Don't let the faucet run while washing vegetables, brushing your teeth, or washing dishes.
- Don't water the gutter! Position your sprinklers so water lands on the lawn or garden, not on paved areas. Avoid watering on windy days.
- Water your lawn only when it needs it. A good way to see if you lawn needs watering is to step on the grass. If it springs back up when you move, it doesn't need water. If it stays flat, the lawn is ready for watering. Letting the grass grow taller (3 inches) also will promote water retention in the soil. Most lawns only need about 1 inch of water each week. During dry spells, you can stop water altogether and the lawn will go brown and dormant (not dead!). Once cooler weather arrives, the morning dew and rainfall will bring the lawn back to its usual vigor. This may result in a brown summer lawn, but it saves A LOT of water.
- Don't run the hose while washing your car. Clean the car using a pail of soapy water. Use the hose only for rinsing. This simple practice can save as much as 150 gallons when washing a car. Use a spray nozzle when rinsing for more efficient use of water.
- Use a broom, not a hose, to clean driveways and sidewalks.

Water conservation comes naturally when everyone in the family is aware of its importance and parents take the time to teach children some of the simple water-saving methods around the home that can make a big difference.

Alan Wilkins is Public Works Director for Town of Concrete.

Business Spotlight: Yeates Family Dental

When Sedro-Woolley dentist Justin Yeates, DDS, says, "We treat you like family," he means it quite literally.

"Everyone loves to have someone on the inside of a profession—a cousin who works on cars, for example. I want my patients to feel like they have an 'in' inside dentistry. Ask any question and you'll get a 100 percent honest answer, as you would from a family member. You won't get a feeling like there's an agenda behind the answer," says Yeates.

How refreshing!
Step inside Yeates Family Dental and beyond the clean, quiet waiting area you'll find everything you'd expect from a

quality, professional practice. The general dentistry firm accepts children and adults and offers cleaning, fillings, dentures, crowns, full-service dental implants, root canals, extractions, whitening, and X-rays. Bite guards and snoring prevention appliances also are available. When necessary, Dr. Yeates refers his patients out to specialists.

The right career choice

The best businesses to patronize are the ones whose owners love what they do. That describes Dr. Yeates perfectly.

"Ever since I was young, I wanted to do something in healthcare," says Yeates. "During my junior year of college I met a recently graduated dentist who asked me why I wanted to be a community doctor. That model was disappearing in medicine, but was still in place in dentistry."

Yeates switched career gears, followed a professional mentor in Sedro-Woolley, and never looked back. "I've been really happy with my career choice," he says with a big, perfect smile.

Yeates is a University of Washington Dental School graduate and has worked in Mount Vernon and Everett. His dream came true in 2011 when he was able to buy a retiring dentist's practice in Sedro-Woolley, where he's been ever since.



Justin Yeates, DDS, treats you like family at Yeates Family Dental in Sedro-Woolley.

Give Yeates Family Dental a visit. Not only will you be treated with friendly care and professionalism, but if you mention this article or Dr. Yeates' *Concrete Herald*

ad, he'll give you a one-time \$50 credit toward treatment.

You know, something family would do.
—J. K. M.

At a glance:
Yeates Family Dental
Where: 825 Murdock St., Sedro-Woolley
Hours: M-Tue. 10-7; W-Th. 8-5
Phone: 360.855.1689
Web: www.yeatesfamilydental.com

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More info: **360-814-2424** www.skagitcancersurvivors.org

Thomas acknowledged the challenge of having limited resources and a small budget, stating, "When this community works together, the only limitations are the limitations we place on ourselves. Where there is a will, there is a way."

Chris Thun has been a property owner in Concrete for five years and has been a resident for about one year. When asked what motivated him to run for office, he responded, "Jack Mears is leaving the council, and I think someone that lives on the airport should be on the council to represent the aviation world. I have a strong interest in aviation, and I believe every person should take part in community." Thun emphasized the importance of making the town more attractive to new businesses to increase revenue. "With the lack of income," he said, "I don't see any projects in the future with the exception of the library."

Candidates' Forum

A candidates' forum is scheduled for Thur., July 23, at 6 p.m. at Concrete Theatre. The forum is designed as a Q&A format, with attendees asked to write questions on cards, which will be read aloud by a moderator. Each candidate will be given the opportunity to answer all questions.

The forum is hosted by *Concrete Herald*, but will not be moderated by Publisher Jason Miller. For more information, contact Miller at editor@concrete-herald.com or 360.853.8213.

Writer Haley McNealey is a 2015 graduate of Concrete High School. Editor Katy Tomasulo lives in Seattle.

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July packed with events

This month is bursting at the seams with fun activities for every age.

A **July 4 parade** will be held in Concrete Town Center, beginning at 11 a.m. Line-up is at the PSE Visitors Center this year, with the parade route tracking west and ending in Veterans Memorial Park. Following the parade, bring a picnic lunch to the park and enjoy music and food.

This year's **Concrete Youth Activity Day** will be held on Thur., July 9, from 12:30 to 4:30 p.m. in Silo Park. Kids can look forward to local music, Zambini Brothers puppets, skateboard lessons and competition, prizes, resource booths, and great food. At dusk the fun shifts to Veterans Memorial Park, where a family-movie will be shown.

The weekend of July 24–26 will again find aviation enthusiasts flocking to Mears Field in Concrete for the **North Cascades Vintage Fly-In**. The fly-in brings vintage aircraft and cars, food trucks, live music, and plenty of family fun to the Concrete airport for three days of revelry. For more information, go to www.vintageaircraftmuseum.org.

Libraries, cont. from p. 3

to evolve to match the times we live in. Today, providing printed materials is only one facet of the services they provide. They have become hubs in the community, providing meeting spaces for civic groups, continuing education programs, children's programs, special presentations of general interest, and more. They have become centers of technology with banks of public access computers and Wi-Fi, along with technical expertise to assist users to fully exploit the whole spectrum of Internet resources that are not available to the average home computer user. Today's libraries are not the libraries of our parents or grandparents. To meet the needs of our children, grandchildren, and great-grandchildren, libraries must continue to evolve and embrace the future. After all, their future is also our future. Are you doing your part to secure our mutual future?

Paid commentary submitted by the Join the Library Committee.



Needle exchange program expands to include Concrete

Intravenous drug users over 18 years old can now exchange old needles for new, thanks to the expansion of an existing needle exchange program offered by Mount Vernon-based Phoenix Recovery Services.

The needle exchange is a free service. An exchange bus (see above photo) will park at the Concrete Center (senior center) on the third Monday of each month from 2 to 4 p.m. to collect and exchange needles on a one-for-one basis. Phoenix also provides safer use supplies, used needle disposal, counseling, and referrals.

Phoenix is the largest treatment center in Skagit County. In addition to needle exchange services, it provides substance use disorder, mental health, and problem gambling services.

Phoenix is supported by Skagit County Public Health and Community Services.

KSVU needs pressure tank

Concrete-based community radio station KSVU is seeking to replace its pressurized nitrogen tank with a donated one, after four years renting one.

The tank is a key component in the station's function, serving to maintain its transmitter site cable line anti-moisture system, and is critical to the station's operation.

Station officials are seeking the donation of a pressurized nitrogen tank. Anyone willing to donate the tank is asked to contact Rip Robbins at 360.416.7711, or leave a message on the KSVU studio phone: 360.853.8588. Callers are asked to leave their name and return phone number.

Read
Concrete Herald
The Voice of the Upper Skagit Valley

THIS AND THAT

By J. K. M.

Skagit County Public Health and Community Services Director Jennifer Johnson stated in a June press release that the **WIC Nutritional Program** will still serve clients in the event of a state government shutdown on July 1.

The clarification came after National Public Radio and Office of Financial Management mistakenly included WIC on a recent list of programs that would suspend services if the state government shut down. Details are at www.doh.wa.gov/youandyourfamily/wic.

A second meeting to discuss current **water rights issues in Skagit County** and corresponding legislation in Olympia is scheduled for Tue., July 21, at 6:30 p.m. at the American Legion Hall, 45952 Main St., Concrete.

Attending the meeting will be Mike Newman, Realtor and water rights advocate, Skagit Co. Citizen's Alliance for Property Rights; Representative Elizabeth Scott, 39th District; Dr. Gary Clancey, Skagit Co. Citizen's Alliance for Property Rights; and Peter Ojala, attorney.

The meeting is free and open to the public. Light refreshments will be available. For more information, contact Tina Champeaux-Wolner at 425.350.0217 or tinac21747@aol.com, or Vern McCarty at 425.330.3468 or vmccarty1@live.com.

The East Skagit County **Resource Center in Concrete** will be closed on Thur., July 23, for a Community Action all-staff training day.

Concrete High School Class of 1960 will hold a class reunion on Aug. 15 at the Skagit Hotel adjacent to Skagit Casino. Socializing will begin at 5 p.m., followed by a buffet dinner at 6 p.m. Reservations may be made by calling 210.287.8617, 520.297.2144, or 360.708.2923.

This year's **Project Homeless Connect** will be held on Sept. 11. The event is open to all families and individuals looking to overcome their barriers to stable housing. Services include, but are not limited to, haircuts, DSHS services, photo IDs, medical exams, dental care, eye exams, children's services, clothing, veterinary care, bicycle repair, school supplies, and veterans' services.

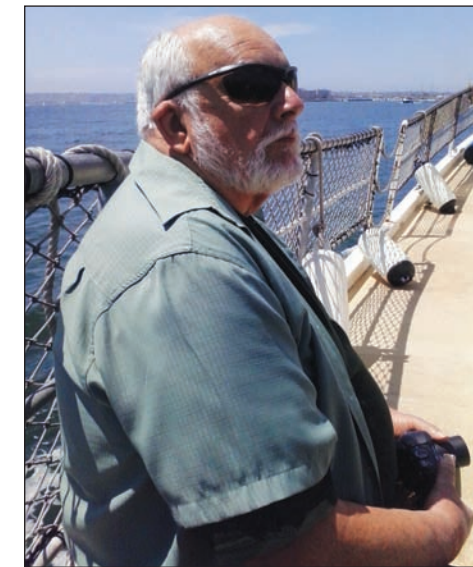
For more information, call 360.420.3973.

Celebrations

Bob Kincaid is turning 80, really. We are celebrating with family and friends on Sat., July 11. The fun starts at 11 a.m., and we will celebrate until he decides it is time to take a nap. Food and drinks will be provided at his home on Sauk Store Rd.

He will love to see each and every one of you, so come on over and make a toast.

—Judy Hemenway



Council summary

Concrete Town Council met for regular meetings on June 8 and 22. The following is a summary of those two meetings. Complete and council-approved minutes for every council meeting are posted on the town's Web site at www.townofconcrete.com/cminutes.php.

June 8 regular council meeting

- Darrel Reed, representing the fire department, asked about the process for choosing food vendors at the Fly-in. He reported the fire department had experienced dwindling revenues from its food sales at the event, the revenue from which the department splits with a local group. Councilmember Jack Mears stated that they can't give exclusive rights to vendors. Mears said that the vintage aircraft museum handles the vendor line-up. Reed said he would take the information back to the department so its members could decide whether they wanted to participate in this year's Fly-in.
- Public safety:** SCSO Deputy Sonnabend was present. Reports included an ongoing investigation into graffiti on the north side of the silos at Silo Park. Deputy Sonnabend also reported an incident at The Hub where pepper spray was used, stating the bartender used the spray, not a deputy.
- An urgent need to replace a water line along S. Dillard Ave. was discussed. Public Works Director Alan Wilkins explained the damage and the need.

Council voted to get moving on the engineering and bid documents. The project likely will be done in August.

- Council voted to approve Resolution #2015–08, withdrawing from the Skagit Island Regional Transportation Planning Organization.

June 22 regular meeting

- Public Safety:** SCSO Sgt. Chris Kading reported that things have been pretty quiet and slow the last few weeks. He stated they made a DUI arrest and booked a man on disorderly conduct at the Resource Center, who also had outstanding warrants.
- Town engineer Cody Hart reported progress on funding for a proposed Main Street pedestrian rest area in front of the Superior Bldg. site. The money is five years away, but could provide a nice rest area at that location, regardless of the outcome of the Superior Bldg. discussion.
- Hart also reported that he and Wilkins had met with a representative from TIB regarding which projects would be the best fit to apply for funding this year. Hart said they will put together two applications for the same project—the West Main St. project—which has two other funding sources at this point. He stated that

Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to andrea@concretewa.gov or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 7 p.m. at Town Hall.

between three programs, all of West Main from Superior to Grasmere should get completed, including curb, gutter, and sidewalks, as well as an overlay for the road surface. He also reported that the town will need to find or secure funding for utility work, and that Clerk Treasurer Andrea Fichter is going to research a

possible funding source for the utility work portion.

- A hazardous materials survey bid for the Superior Bldg. was reviewed and discussed. Council decided to table the matter until concerns raised by town attorney David Day were addressed by the bid provider.

—Compiled by J. K. M.

Gear Up for VBS!

Where: Community Bible Church

45672 Limestone St, Concrete

When: Sunday July 19th - Friday July 24th

Time: 5:00pm until 7:30pm

Fun for ages 4 - 12

It's Fun It's Free and It's for ALL Kids!

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More info? Call 360-853-8182





Sports



Above and right: Concrete senior Gibson Fichter (Class of 2015) finished out his season with a trip to Bellingham to play in the NW Regional High School All-Star Feeder Games at Joe Martin Field on June 3. Fichter stepped to the plate and the pitcher's mound, and showed the crowd what small-town boys are made of. Fichter was chosen as male Athlete of the Year for the 2014–15 school year; look for a record of his achievements in the August issue of *Concrete Herald*.



SOFTBALL AWARDS

JV Rookie of the Year: McKenna Kononen. **Varsity Rookie of the Year:** Emma Claybo. **Most Inspirational Teammate:** Emily Bridge. **Most Valuable Player:** Tessa Coffell. **All League, First Team:** Chloe Stidman. **All League, Second Team:** Iris Nevin.

SOFTBALL STATISTICS TEAM LEADERS

Batting Average: Chloe Stidman, .553; Iris Nevin, .392; Tessa Coffell, .375; Tate Mathis, .357; Taylor Aldridge, .333; Sidney Hockett, .333; Victoria Sheahan, .333.
Doubles: Sidney Hockett, 5; Chloe Stidman, 4; Iris Nevin, 3.
Triples: Tessa Coffell, 1.
Home Runs: Chloe Stidman, 9; Iris Nevin, 3.
Walks: Chloe Stidman, 14; Sidney Hockett, 9; Tessa Coffell, 5; Tate Mathis, 5.
Fewest Strikeouts (minimum 45 AB): Chloe Stidman, 2; Tate Mathis, 3; Taylor Aldridge, 4; Tessa Coffell, 4.
RBI: Chloe Stidman, 25; Iris Nevin, 19; Tessa Coffell, 10; Taylor Aldridge, 9; Emily Bridge, 8; Victoria Sheahan, 8.
Runs: Chloe Stidman, 27; Iris Nevin, 18; Sidney Hockett, 12; Emily Bridge, 11; Tessa Coffell, 11; Tate Mathis, 11.
Slugging: Chloe Stidman, 1.213; Iris Nevin, .627; Tessa Coffell, .458; Sidney Hockett, .452; Victoria Sheahan, .370.
On Base Average: Chloe Stidman, .661; Iris Nevin, .456; Sidney Hockett, .451; Tessa Coffell, .434; Tate Mathis, .410.
Pitching Wins: Tessa Coffell, 5.
ERA: Tessa Coffell, 6.88.
Strikeouts: Tessa Coffell, 57; Katelin Pritchard, 16.

Join the Concrete Lions Booster Club

Current members of the Concrete Lions Booster Club invite you to join them in support of all Concrete extracurricular programs. The club has been around since 1977, when it was formed to promote Concrete programs and upgrade athletic facilities. Since its inception, the club has:

- Built the baseball and softball fields, dugouts, backstops, grandstands, and concession stands
- Participated in the building of the all-weather track
- Built the visitors' grandstand and other upgrades in the football stadium
- Built the weight room used by athletes, students, and community members
- Participated in the building of numerous other district facilities, including sidewalks, playfields, landscaping, etc.

- Raised money for all district programs through the Cement City Trail Run, birthday calendar, advertising signs, and other projects

The Club also is responsible for Athlete of the Month and Athlete of the Year awards, sports trophies for all programs, the booster's scholarship, and support of other activities as needs arise.

Many of the original members' children have long since grown and there is a real need for parents of current athletes and extracurricular programs to participate if the club is going to continue to provide the services and support that is needed.

There are many ways to help—big and small—but your help is needed. For more information, contact a current member, Athletic Director Karl Kerstetter, club President Jim Newby, or football coach Ron Rood.

Athletes of the Month



Athletes of the Month are Sidney Hockett and Solomon Holman

Sophomore right fielder Sidney Hockett is "a delight to coach," said Head Coach Adam Woodworth. "She gives her best every day and leads quietly by example of her work. She is one of the most consistent performers on the softball team, landing close to the top spot in nearly every offensive category, and led the team this year with five doubles. She is a versatile part of the team's defense playing primarily right field, but has bounced to left and center when needed and can fill any void in the infield. Sidney is also a good student and excellent communicator."

Sophomore shortstop Solomon Holman's future is so bright, he has to wear shades. Head Coach Randy Sweeney said Holman stepped up this year and filled the position, and he's "pretty excited about what will happen during the next couple years." Sweeney said Holman is "a guy who works hard, comes to practice ready to go. He's good-natured and enjoys being wherever he is. He had some struggle at the position, but we talked about it and got through it, and by the end of the season he was right where we needed him to be."

Hockett and Holman were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

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Skagit County burn restrictions modified

Because of the dry weather and available fire resources, the Fire Marshal's Office modified the burn restrictions in unincorporated areas of Skagit County to allow recreational burning only, effective Tue., June 23, at 8 a.m.

Recreational fires are those used for cooking and pleasure, and consist only of charcoal or firewood. Recreational fires must meet the following requirements:

- Fires must be in an enclosure that is a minimum of 16 inches high, no larger than 3 feet across, and made of cement block, stones, or #10 gauge steel.
- Burned materials must be kept lower than the sidewalls of the enclosure.
- The following must be in the immediate vicinity of the enclosure and present at all times during burning: A charged garden hose or two 5-gallon buckets of water, or a 5-gallon class-A fire extinguisher, and a shovel.
- Fires must be 10 feet from any standing timber and there must be no tree branches within 10 feet above the

enclosure.

- There must be at least one person 16 years of age or older who is capable of putting the fire out in attendance at all times.
- As of Tue., June 23 at 8 a.m., debris-burning fires are not allowed until further notice. If residing within the city limits of any of the incorporated cities or towns, contact your city or town fire department for current burning restrictions.
- The permanent open burning ban remains in effect in the cities of Anacortes, Burlington, Concrete, Hamilton, La Conner, Lyman, Mount Vernon, Sedro-Woolley, and their urban growth areas. For more information on the burn ban in these cities, contact the Northwest Clean Air Agency at 360.428.1617 or go to www.nwcleanair.org

Landowners whose property falls under the jurisdiction of the Department of Natural Resources should call 360.856.3500 for burn permit information.

For more information or questions regarding open burning in Skagit County, contact the Skagit County Deputy Fire Marshal Bonnie LaCount at 360.416.1842.



The early birds of the Join the Library Committee attempt to catch some bookworms at the Saturday Market during the first of six planned bake sales. Monies raised will be used for promotional materials in support of the upcoming vote by Concrete to join the Upper Skagit Library District. From left, Gail Boggs, Bill Sullivan, Laurie Thomas. Photo by John Boggs.

Darrington's Dr. Doolittle

Chiropractor Nels Rasmussen heals animals by resetting the connection between their brains and the injured area.

By Jason Miller

Darrington chiropractor Nels Rasmussen holds his dog, Brandy, for a photo shoot at his home near Darrington. I ask him if she'll bump noses with him; that's the shot I want.

"That won't be a problem!" he laughs, as the squirming dog smooches him.

Brandy and her "sister," Callie—both rescues—live with Rasmussen and his wife, Martha, and both dogs are smitten with the chiropractor.

They're not the only ones. Rasmussen, 59, has developed a second career, and with it a following of animals and their owners locally, nationally, and internationally who seek him out for his remarkable ability to heal what ails them.

"I work with pet owners who have an animal that's sick or in pain or paralyzed, and they don't know what to do about it," he said. "I help them to regain their lost health or comfort or mobility, without drugs or surgery."

One of his clients had a dachshund that mysteriously lost the use of its back legs and hadn't walked for two months. "It took 120 days, but we had that dog running and playing like it used to," he said.

How does he do it?

Rasmussen's method might strike you as a bit mystical. He uses a gentle, hands-on approach based on Bioenergetic Synchronization Technique (BST). BST is a way of using the energy that's already within the body, rebalancing it (synchronization), and reconnecting the flow of energy through the body. It works on many levels, including the "life force" level and the sensory side of things.

"When you touch a body, it's instantly aware of the touch, and the part of the brain that recognizes it's being touched—the part that runs the body—reevaluates that area to see if there's something that needs to be reset," said Rasmussen.

Animals and humans use 5 to 10 percent of their brains; the other 90 to 95 percent is the part that Rasmussen accesses.

To treat an animal, Rasmussen places his fingers on the "active points" of the

animal's body—that is, the places that need help, where the brain and the body have lost communication. He waits to feel synchronized pulses in his fingers—sometimes a 30-second wait, sometimes five minutes. That synchronization signals the body is resetting itself, rebalancing. Healing.

"They're energy pulses, difficult to distinguish from heartbeats, but when I start, they're unbalanced, like a vibration, maybe only in one finger, then they usually slow to one every half second," he said.

Treatment time can fluctuate, but Rasmussen's success level has stayed in the 80 to 90 percent range, even though these days he actively courts seriously troubled animals.

Why does Rasmussen's technique work? Because it rebalances a problematic communication between the animal's brain and its body. Rasmussen provides an example.

"Frequently, someone will have a sliding glass door, and the animal will run into it and smack it hard. This initiates a flight or fight response that mentally cements the physiology of the moment: tight muscles or a kink, something's that's out of balance. That's a response that later develops into the problem that I'll treat."

Come one, come all

Rasmussen typically treats horses, dogs, and cats, but he's also worked with sheep, goats, cows, rabbits, and ferrets. "I did a little work at a wild animal rescue once—a squirrel and an owl," he said.

His work has not gone unnoticed. In 2012, radio host Martha Norwalk discovered him and invited him as a guest on her show, Martha Norwalk's Animal World. Rasmussen has been on the show about every other month ever since. It's led to what he calls "remote" work, where he performs his healing via telephone or Skype. He just began work on a Great Pyrenees in New York State.

Most of his healing efforts are closer to home, such as Ozzy, a longhair Chihuahua owned by Terri Engelbretson of Darrington. Ozzy was fine before he



Nels Rasmussen listens to a caller while on the air with Martha Norwalk's Animal World. Norwalk discovered Rasmussen in 2012 and brought him on board as a guest. Rasmussen answers listeners' questions every other month on the show, which airs on Sunday mornings from 9 a.m. to noon on 1150 AM or via Norwalk's Web site, www.marthanorwalk.com. Submitted photo.

suddenly faceplanted into the ground, then started walking on his wrists instead of his front paws. Miserable at the thought of putting the dog down, Engelbretson contacted Rasmussen.

"I took him to Nels once a week for four to five weeks, and now he's like nothing

ever happened. I tell everybody about Nels and what he's done for my dog, because I thought we were going to have to put him to sleep."

Don't believe me? Check out Ozzy's video at www.nelshealingministry.com. It'll make a believer out of you.

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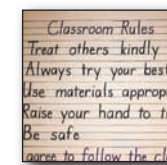
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Academics



No one hears

By Jasara Taylor-Temple



Natalie Hood (far left), David Cope, and Melody Young visited Concrete High School on June 4 to announce that their "Team Courageous," a group within Leadership Skagit Class of 2015, had raised \$18,000 for the team's "Keep a Heart Beating Skagit!" project. That good news translated to a new Automated External Defibrillator (AED) device installed at the school. Team Courageous members showed up again on June 6 to deliver new AEDs to Albert's Red Apple Market, Concrete Theatre, and Marblemount Community Hall.

Briefly ...

Concrete School District is looking for a **school board member** to fill the remainder of the term in District No. 3. Anyone interested is asked to call the district office at 360.853.4000 for boundary information and an application. Soroptimist International of Sedro-Woolley has **Continuing Education**

Scholarships available for Sedro-Woolley and Concrete graduates who have completed at least one year of college and are continuing their education.

Students should submit an essay explaining their future educational goals and a transcript of this year's grades to P.O. Box 249, Sedro-Woolley, WA 98284, by July 31, 2015.

—Compiled by J. K. M.

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Salutatorian Muriel Troka, who shared the honor with fellow senior Gibson Fichter, speaks during the graduation ceremony at Concrete High School on June 5. Valedictorians this year were Madeline Corn and Haley McNealey.

Summer food program for children

Concrete School District will again sponsor the Simplified Summer Food Program for all children ages 1 through 18.

Any child may come and eat meals at the specified times. Children do not need to be enrolled in any summer program in order to receive free meals. Children must consume all food in the cafeteria.

Meals will be made available Monday through Wednesday, from July 6 through Aug. 5, at Concrete High School cafeteria, 7830 S. Superior Ave., Concrete.

Breakfast will be served from 9 to 9:30 a.m. Lunch will be served from 12:30 to 1 p.m.

YD update

Youth Dynamics gives me and the rest of our volunteer staff the opportunity to be better than we were the day before. It never ceases to amaze me how much of an impact the students have on us. It is a wonderful sign of positive change in the Upper Skagit Valley. Marta and I have been working with high school students through Concrete YD for a long time, and the students have taught us so much.

We had a great time this school year on our Monday nights, adventures, and weekend retreats. Our last Monday night included a softball game and barbecue at Veterans Memorial Park, where the staff and students shared highlights of the year. It is always a difficult goodbye as the kids head into summer.

But wait! We had one more wild weekend to share together before we sent them home, and it was called Rock-N-Roll. Our staff piled gear into two of our vans as 19 students folded themselves neatly inside, ready for the four-hour drive and the 90-degree weather. We camped at Stonewater Ranch in Plain, Wash., and used that as our base camp as we took our day adventures from there. We went rock scrambling, shopping in Leavenworth, and whitewater rafting on the Wenatchee River. The river was extremely low this year, but was super fun nonetheless.

The highlight of the trip for me was on top of Badger Mountain at 11:14 p.m., overlooking the lights of Wenatchee and the Columbia River. After a late night run into Wenatchee to grab a new battery for one of our vans, four students made the biggest decision of their young lives when they decided to start a new life living for God instead of themselves. These moments are the reason why I continue in this ministry. I am encouraged by these students and their courage to take a step of faith and change the course of their lives forever. I also want to thank all of you who have supported us with prayer, words of encouragement, finances, or hugs. Youth Dynamics is needed in our community, so it is our community's responsibility to support our young people. We had a great year, but we look forward to being better next year.

—Kevik and Marta Rensink, directors

Some kids are bullies while others are bullied. But there's one thing both types have in common: Their parents, more likely than not, don't know a thing about what's going on.

What about you? Do you know if your kid's a bully? Or if they're bullied? Do you even know what modern bullying is? Do you know that kids bully "just because"? Do you know that kids bully "friends"? Do you know that kids use texts to bully, that they use e-mail to bully? Do you know that bullies are everywhere? Do you know that the ones who are being bullied feel awful about themselves, all because of the bullies? If you don't know, read on.

Are they bullied?

Bullies can be a kid's best friend, or at least pretend to be. It's like the saying, "keep your friends close and your enemies closer," but more literal. To help you understand, imagine these scenes:

- A new girl/boy is befriended by a not-so-new girl/boy. Time passes, and now the not-so-new kid is being not so nice by spreading rumors about the "new" kid.
- A girl/boy is being talked about—and not in a good way. Instead of trying to put a stop to the rumors, their "friends" increase them.
- A girl's boyfriend abuses her "just because."
- A boy/girl is forced by their "friends" to enhance themselves or do drugs just so they can be cool and respected. This is the basic friend-turned-frenemy or even peer-pressure method. But there's also the original method, "just because."

Bullying has also gone viral. Bullies are now using text messages, e-mails, online posts and messages, and much more. And the kids these posts are about? They don't even know who's sending these texts or these e-mails. They don't know who's posting these photos or these messages. But while the bullies are laughing, the ones who are being bullied might just be contemplating suicide because they feel like they're worthless, or like they never want to show up at school, in public, or anywhere else, all because of the mean

messages and posts that the bullies sent out. On top of all that, they probably haven't told their parents.

What about you? Do you know if your child is bullied? Contemplating suicide? If they're depressed? Whether they are or aren't, you as their parent should talk with them.

Are they bullies?

If you just got divorced, or something bad happened within the immediate or extended family, talk with your kid(s). Why? Three reasons:

1. They might think it's their fault.
2. They might blame someone else.
3. They might need to be comforted.

To add to these facts, it's not just kids with home trouble, it's also kids with little empathy, kids who think hurting others is funny, kids who don't even care about who they hurt, as long as they get a kick out of it.

And cyberbullies? They're no different. All they want is a good laugh, to humiliate a person they hate, or possibly revenge—from bullied-to-bully.

As a parent, you need to keep up to date with your kid(s). You need to know how they feel: Scared? Worried? Embarrassed? You need to know what's going on in their life. Have they been bullied? Are they currently bullied? Have they been a bully? Are they currently a bully?

Now what?

Now that we know if your child is bullied or a bully, what do we do? Well, one way is to talk. First talk to your kid(s), then talk to the kid(s) who bullied them, or the kid(s) they bullied. Then, talk to the parents of those kid(s), and with the school.

Another way is to spread awareness. Make posters, write blogs, write articles and send them to newspapers and magazines, even schedule a seminar if you have to!

Hopefully someday, because one person decided to spread the word about bullying and ways to stop it, the world will be changed.

Concrete Herald
The Voice of the Upper Skagit Valley

CONCRETE MIDDLE SCHOOL HONOR ROLL

The following students at Concrete Middle School received a grade point average of 3.2 or higher for the second semester of the 2014–15 school year. An asterisk denotes a student with a perfect 4.0 GPA.

Grade 7 Honor Roll

William Baird, Elizaeth Buchta, Thalen Cambo, Cody Carlson, Jacquelyn Jackson, Khyla Phillips, Izabela Ramos, Peyton Sanchez, *Troy Schmidt, Devin Wilbur-Blankenship.

Grade 8 Honor Roll

*Jonathan Akers, Shanon Clemons, Tyler Coffell, Dalton Newby, *Jaidyn Swanson.

CONCRETE HIGH SCHOOL

The following students at Concrete High School received a grade point average of 3.2 or higher for

the first semester of the 2014–15 school year. An asterisk denotes a student with a perfect 4.0 GPA.

Grade 9

*Rebecca Azure, Riley Fichter, Caroline Gregush, Hannah Haskett, Erica Knuth, McKenna Kononen, Rebeckah McClure, Madisyn Renzelman, *Emily Schmidt, Mary Spangler, Jasara Taylor-Temple, Robert Thompson Jr.

Grade 10

Brook Barnett, Emily Bridge, Ashlee Gilbert, Riley Pritchard, Hannah Rensink, Chloe Stidman.

Grade 11

Cassidy Cargile, Joshua Gentry, Jasmine Hopfield, Hannah Kononen, Mary Mauck, Shelby Meacham, Kevin McLaughlin, Donald Olmstead III, Hannah Peif, Amanda Perry, Ashten Tygret.

Grade 12

Kelse Cargile, Madeline Corn, Shayane Gilbert, Haley McNealey.

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Clear Lake



HISTORY CORNER

The photo above was taken at the **Alaska-Yukon-Pacific Exposition** in Seattle in July 1909. From left, Margaret Turner and her husband, John, along with Daisy Bell Bokemeier and Daisy's husband.

The primary physical legacy of the Alaska-Yukon-Pacific Exposition—which became known as the A-Y-P—is the planning framework from the fair, which continues to shape the University of Washington campus. The Rainier Vista and Drumheller Fountain, the focus of the A-Y-P, are today the central focus of the Science Quadrangle of the

university's overall plan. Opening Day, June 1, 1909, was declared a city holiday, and 80,000 people attended. Attendance was even higher—117,013—on “Seattle Day.” By the time the fair closed on Oct. 16, more than 3,700,000 had visited. *Photo courtesy of Clear Lake Historical Association.*

If you have old photos of Clear Lake and/or Day Creek, please contact historian Deanna Ammons at 360.856.6798.

—Deanna Ammons, historian
Clear Lake and Day Creek



The Clear Lake Historical Association has a new, durable metal roof, installed in May.



Community Calendar



JULY

- 2–5 Loggerodeo, Sedro-Woolley; see article, p. 16; info and schedule at www.loggerodeo.com
- 4 Independence Day
- 4 “Robyn’s Pancakes for Kids,” Sedro-Woolley Senior Center, 715 Pacific Ave., Sedro-Woolley, 6:30 to 10:30 a.m.; see notice, p. 17
- 4 38th Annual Great Sedro-Woolley Footrace, check-in at SWHS gym between 7:30 and 9:20 a.m.; 9:30 a.m. start; see notice, p. 17; info at www.sedrowoolleyfootrace.com and 360.856.4465
- 4 KSVU Bake Sale, Concrete Saturday Market, 9 a.m. to 3 p.m.
- 4 July 4 Parade in Concrete, 11 a.m.; line-up starts at PSE Visitors Center, parade ends at Veterans Memorial Park; bring-your-own picnic lunch follows at park
- 4 Join the Library Committee Bake Sale, Veterans Memorial Park, after July 4 parade (11:30 a.m.-ish)
- 9 8th Annual Concrete Youth Activity Day, Silo Park, Concrete; 12:30 to 4:30 p.m. (registration opens at 12:15 p.m.), free family movie at dusk (at Veterans Memorial Park across from Resource Center); free admission; see ad, p. 13
- 11 Lyman Car & Craft Show, Lyman, 8 a.m. to noon; info at 360.826.3315 and 360.708.7331
- 11 Bare Feet in concert at Glacier Peak Winery, 98575 SR 20 (milepost 104), Rockport, 5:30 to 8:30 p.m.; see ad, p. 11; info at 360.873.4073 or thevinogeek@gmail.com
- 12 Marblemount Farmers’ Market, Marblemount Community Hall grounds, see notice, p. 26; info at 360.873.2323
- 17 Concrete Cheer Squads Garage Sale Fundraiser, Swap Meet field, Concrete, 7 a.m. to 5 p.m.; info at 425.350.5988
- 18 Join the Library Committee Bake Sale, Concrete Saturday Market, 9 a.m. to 3 p.m.
- 18 Sedro-Woolley Alumni and Schools Foundation All-Class Picnic, Riverfront Park, Sedro-Woolley; see notice, p. 17
- 18–19 Skagit Artists Together Studio Tour, various locations throughout Skagit County, 10 a.m. to 6 p.m. both days; see article, p. 34; info at www.skagitart.com
- 23 Candidates’ Forum hosted by *Concrete Herald*, Concrete Theatre, 45920 Main St., Concrete, 6 p.m.; see ad, p. 2; info at editor@concrete-herald.com or 360.853.8213
- 24–26 North Cascades Vintage Fly-In, Mears Field, Concrete; see ad, p. 3; info at www.vintageaircraftmuseum.org
- 25 Concrete Heritage Museum Bake Sale, Concrete Saturday Market, 9 a.m. to 3 p.m.
- 31 Rockport Volunteer Fire Dept. Yard Sale (through Aug. 2), Rockport Fire Hall, Rockport, 8 a.m. to 6 p.m.; to donate, call 360.853.7699 or 360.708.8594

AUGUST

- 1 Birdstock Festival @ Birdview Brewing Co., Birdview
- 1–2 Rockport Volunteer Fire Dept. Yard Sale, Rockport Fire Hall, Rockport, 8 a.m. to 6 p.m.; to donate, call 360.853.7699 or 360.708.8594
- 2 Annual Salmon Barbecue Fundraiser, Marblemount Community Hall, 60155 SR 20, Marblemount, noon to 6 p.m.; see notice, p. 26
- 4 Primary Election, ballots must be submitted by 8 p.m.
- 12–15 Skagit County Fair, Mount Vernon
- 15–16 Cascade Days, Concrete; info at www.cascadedays.com

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Coffee Talk with Concrete Mayor Jason Miller meets the third Fri. of each month at 8 a.m., at 5b’s Bakery in Concrete. **JULY TALK WILL BE JULY 24.** 360.853.8213.

Community Chat, an informal conversation about projects in Darrington, meets the second Fri. of each month at 8 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

Concrete American Legion Post and Auxiliary meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or concretechamber@mac.com.

Concrete Heritage Museum Board meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or concreteheritagemuseum@gmail.com

Concrete Lions Club meets the first and third Wed. of each month, at Annie’s Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete Resource Coalition meets the third Thur. of each month, at 1 p.m., at the Concrete School District offices (usually in the north room at the eastern end of the building).

Concrete School Board will hold a work session on July 27, at 6 p.m. in the high school Commons. The board will hold its regular monthly meeting on July 30, at 6 p.m., in the Commons. 360.853.8141.

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

Darrington Area Business Assn (DABA) meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glaciertown.net.

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the third Tue. of each month in the Pilots’ Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or goodwords@frontier.com.

KSVU station info and host training, second Wed. of each month at Portable B behind Concrete K-8 School, 4 p.m., open to public. Call 360.416.7001 to confirm appointment.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.com.

Mansford Grange meets the first Tue. of each month, 7 p.m., at the Mansford Grange Hall, 1265 Railroad Ave., Darrington. 360.436.0711.

Marblemount Community Hall board and staff meet the second Wed. of each month at the hall, at 6:30 p.m. 360.873.2048 or 360.853.8388.

Paranormal Discussion Group meets the last Sunday of each month at Concrete Center, 45821 Railroad St., Concrete, at 7 p.m. 360.630.5143.

Saukrates Cafe meets the last Wed. of each month at Annie’s Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

Sedro-Woolley High School Alumni Association meets the third Wed. of each month, at 1 p.m., at the Sedro-Woolley Senior Center. 360.424.7243

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

Sedro-Woolley School District Board will meet for regular meetings on July 13 at 7 p.m. at the Support Services Bldg. 360.855.3500 or kcargile@swsd.k12.wa.us.

Skagit River Bald Eagle Interpretive Center Board meets the second Tue. of each month, 6:30 p.m., at Annie’s Pizza Station in Grasmere. Open to the public. sauksister@frontier.com or www.skagiteagle.org.

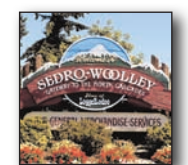
Upper Skagit Library District (USLD) Board meets the second Thurs. of each month at 5 p.m., at the library. Public is welcome. 360.853.7939 or info@upperskagit.lib.wa.us.



Who’d a Think It the Discussion Group allows informal and open discussion about major world topics to ask you “what if?” Opening with an inspiring TED talk on

a given subject, everyone is encouraged to give their opinions and thoughts, then the conversation jumps from there to, well ... anywhere! It aims to bring examination, ideas, and critical thinking to the table—literally! The wisdom and witticisms occur the fourth Friday of every month, from 6 to 8:30 p.m. at 5b’s Bakery, so bring your brain along, and let the mind storms begin!

—Bowen Beals



Sedro-Woolley



Loggerodeo is back!

Sedro-Woolley's world-famous Independence Day celebration returns for its 68th year this month, with a whole slew of events packed into four days, July 2-5.

A complete schedule is published in this year's program (included in the June issue of *Concrete Herald*) and online at www.loggerodeo.com. Here's a snapshot:

- **Carnival:** All four days. Carnival bracelets are \$25 per person per day. Wristbands allow you to ride unlimited rides for one day. No bracelet? Tickets are \$3.50 each or 10 tickets for \$30.
- **Fireworks Show:** July 4 at dusk, at Riverfront Park.
- **Kiddie Parade:** July 3, 5 p.m.
- **Grand Parade:** July 4, 11 a.m. Parade route begins on 3rd St. by

Sedro-Woolley High School, turns left on State St., then right on Metcalf St., right on Ferry St., another right onto Township St., and ends at the intersection of Township and State Streets. The Grand Marshals for 2015 are Becky and John Taft.

- **Rodeo:** Presented by the Sedro-Woolley Riding Club, the rodeo is held at the rodeo grounds on July 3 and 4, at 7 p.m. and 2 p.m., respectively. Tickets are \$10 for adults and \$8 for seniors, children, and military members.
- **Logging Show:** July 3 and 4 at 2 p.m., in the vacant lot at the corner of State St., across from Wood's Logging Supply.

For more information, go to www.loggerodeo.com.

Boys & Girls Club of Sedro-Woolley gets building upgrades

As their annual project, "Helping Hands," one of the 2015 Leadership Skagit Teams, decided to benefit the Boys & Girls Club of Sedro-Woolley by updating its entrance space in the Club. Working with members of the community, Leadership Skagit team members built a new front desk for parents, new members, and game checkout. The previous desk did not fit the needs of the Club as it had not been updated since the Club's inception in 2001. As an added benefit, the team added a project to bring in new cubbies for the kids' backpacks.

The team, Roland King, Rebecca Shotton, Cameron Bigge, Dorothy Elsner, Carol Anderson, and Anthony Esposito, formed last September. Shotton recommended the Boys & Girls Clubs of Skagit County as a potential site. They wanted youth participation and were thrilled when the construction class at Cascade Job Corps came onto the project to design and build the new cubbies.



Samantha Busadre (left) and Jazzelle Elias grill hot dogs at a True Value anniversary hot dog fundraiser for the Sedro-Woolley Keystone Club, a national program of Boys & Girls Clubs that focuses on leadership and provides opportunities for youth to get involved throughout their communities. Elias is club president. This year the club has worked on several projects with Skagit Land Trust, pulling ivy and helping to plant trees. They're currently planning a book drive. Look for them grilling hamburgers at the Sedro-Woolley Eagles on July 4. —Patrick Dougher



Londa Schultz (hiding behind quilt at left) and Noni Moody display a crazy quilt owned by Shirley Smith during a "bed-turning" attraction at Blast From the Past on June 6. The quilt was made by Bessie Olita Trefethen, who assembled it square by square and did all the stitching and embroidery herself. It is made from leftover fabrics.

2015 Blast from the Past WINNERS

Pudding Eating

4-7 Boy: Kaden Billings
Girl: Madelyn Eaisy
8-11 Boy: Matthew Jackson
Girl: Rylan Kononen
12-15 Boy: Austin Campbell
Girl: Adrianna Timblin
16+ Boy: Ryan Donovan
Girl: Serena Moses

Jump Rope

4-7 Girl: Dezira McCoy
8-11 Boy: Nolan Cook
Girl: Catalina Kaplan
12-15 Boy: Tucker Hershel
Girl: Freya Hoskinson
16+ Boy: Jason Miller
Girl: Destiny Johnson

Hula Hoop

4-7 Boy: Jonan Black
Girl: Kaleah Reggiatore
8-11 Girl: Kendra Knuth
12-15 Boy: K. C. Paulson
Girl: Gillin Ryan
16+ Boy: Austin Frizzell
Girl: Emily Hall

CASCADE MIDDLE SCHOOL HONOR ROLL

The following 7th and 8th grade students at Cascade Middle School received honors for high marks for the second semester of the 2014-15 school year. An asterisk denotes a student with a perfect 4.0 GPA.

Grade 7 Honor Roll

Emma C. Adams, Josseline D. Aguirre, Anahy Alcazar Salinas, Stephanie Amaro, Trisol A. Angulo, Delaney M. Aragon, Isabella R. Archer, Alexandra Bannister, Courtney M. Bawden, Angelina J. Benitez, Keegan A. Blaine*, Kevi A. Blair Ruiz, Lexani B. Brown, Kylee N. Bryan, Haylee A. Bryson, Cheyan K. Budrow*, Starlynn J. Burnside, Peyton X. Burrell, Lorianna V. Castellanos, Emma L. Cook*, Camden J. Dowhaniuk*, Jasmine J. Evans, Macy L. Evans, Eleanor R. Fair, Madelyn R. Farnham, Shauna C. Flores, Megan Friend*, Elliott G. Gahan*, Elise C. Gamson, Amy J. Graber, Devin A. Gray, Isaiah M. Guerrero*, Minerva C. Guerrero, Jared C. Gunderson, Jacob M. Gwin, Mackenzie L. Hamilton, John C. Hansen, Crista J. Harris*, Amber T. Helinski*, Karin A. Henderson, Fatima Hernandez-Lara, Tucker A. Hershaw, Madisyn R. Hill, Caleb R. Hoogendam, Kyle J. Hoyt, Chloe N. Hynds, Jaiden M. Jenkins, Joseph L. Jennings, Shyanne J. Jewell, Logan J. Johnson, Morgan B. Johnson, Cameron M. Kapan, Alyssa J. Lecca La Cruz, Jacob N. Lennox*, Mark S. Leus*, Kelsey N. Loop, Israel Lopez Martinez, Denisse Lopez Nolasco, Trinity R. Luchi, Alexa D. Lynn*, Logan E. Maloney, Asia A. McDermott, Kaitlyn M. McKibbin, Harleigh K. McSpadden, Mauricio Medina Mondragon, Destiny J. Mehlum, Rylee R. Moors, Jennifer Morales, Rachel M. Neeld, Jacob B. Norris, Mitchel A. Pepper, Makenna A. Peterson*, Jerzee Pigford, Grace M. Pohl*, Elijah I. Price*, Endorra S. Priddy, Morgan I. Ralls, Ariel A. Resnik, Cheyanne M. Robbins, Karsyn T. Rooks, Romel A. Saragena, Dylan J. Scheib, Alyssa J. Scherf, Natalya A. Schwetz, Hallie J. Simpson, Zoe K. Slabodnik, Piper R. Smith, Tessa C. Smith*, Jared J. Snodgrass, Shelly L. Staples, Brandi E. Stewart, Liliana Tapia, Natalia R. Taylor, Kaylee M. Thomas, Madisun R. Tobisch, Ian A. Valdivinos*, Alejandro Vega-Macedo, Avery E. Wagner, Roweann A. Wagner*, Anna G. Waldrop, David R. West Jr, Serina E. Wilson, Samantha R. Wise, Mitchell T. Wolkenhauer*, Alexis J. Wysong, Yasmin Zavala Mendoza.

Grade 8 Honor Roll

Weston D. Abbott, Savannah M. Acton*, Oscar D. Aguilar-Cerna, Stephany Ayala-Cerna*, Nikolas R. Barron, Maya R. Becerra, Paris Y. Becker-Tidington, Ethan J. Beierle, Janessa L. Belisle, Megan J. Benham, Nicole L. Bohme, Nana Lilja M. Braaten, Helena T. Brase, Hailey N. Brooks, Tyler D. Bryson, Cody R. Buchanan, Edgar Bueno, Samantha R. Busadre, Zacharystorm L. Canapo, Gloria Cantu, Kristen Carlson, Adam P. Cassidy, Catalina Chaires, Cassidy R. Chambers*, Nicole E. Christensen, Aspen M. Cole, Chandler J. Comstock, Riley J. Conn, Anthony G. Corona, Amiaya M. Davies, Autumn R. Davis, Hollie J. Davis, Katie R. Davis*, Eli J. Dejjong*, Olivia A. Doorn, Megan L. Dressor, Rachelle A. Eakin, Jacob C. Eason, Jazzelle B. Elias*, Richard S. Ershig, Aidan M. Fitzpatrick, Sophia A. Fox, Beau T. Freiberg, Raul Gonzalez, Tyler D. Goss, Joie E. Hackney, Cody D. Hamilton, Gavin A. Hamilton, Abigail R. Hannan, Luke D. Hedberg, Cole D. Helgeson, Justine T. Henderson, Erann T. Henry, David A. Hoffman, Brandon A. Holdeman, Jacob D. Hollands, Erin K. Hudson*, Tanner J. Huisman, Alexander J. Hulst, Trever W. Irvine, Alex S. Jack*, Hunter L. Jackson, Rachel I. Jackson*, Emily F. Jennings, Zoe A. Jennison, Canyon R. Jones, Lindsey A. Joyce, Alyssa M. Kazmir, Shelby A. King, Kyah J. Lamb, Julia B. Layland, Logan K. Lewellen, Sydney C. Light, Reed A. Lloyd*, Bree L. Lobdell, Isabella Loy, Kindred J. Marden, Crystal M. Martin, Kathryn A. Matthews, Kelsie B. McCloud*, Averil N. McKay, Atalissa R. McLemore, Emma M. Mesman, Nahaleana M. Metcalf, Maren A. Mihelich*, Lillian M. Millison, Chandler E. Mitcham, Jillian T. Nelson*, Haley R. Nersten, Alaina A. O'Regan, Hunter Olsen, Kevin N. Palmer, Ashlyn N. Peden, Ben Y. Peden, Hanna S. Pleasant, Ephanie E. Prochaska-Wegley, Monica D. Quintanilla*, Leeann M. Reed, Karissa M. Rice, Lexi Rodriguez, Lucas A. Rodriguez, Shianna L. Samuelsen, Charlotte K. Saric*, Hayden M. Skiles*, Anna M. Skrinde, Shaely Spilker*, Elizabeth J. Staggs, Mckylee E. Stephenson, Eden Suchsland, Dayna R. Sumrall, Eleanor R. Taylor, William E. Taylor, Kylie Thornton, Adriana N. Timblin, Atziry R. Torres, Carter J. Trammell, Dimar G. Ugalde, Hannah L. Vanovermeiren, Sierra R. VanSweden, Delaney E. Warren, Conner L. Washington, Emily D. Welcome, Brendan A. Woods, Nicole M. Wright.

River Rd. collision claims one life

A Sedro-Woolley motorcyclist lost his life in a June 11 accident on River Rd., about one mile from Sedro-Woolley.

According to a Washington State Patrol report, Timothy Savoie, 51, of Sedro-Woolley died after his Kawasaki motorcycle collided with a Chevrolet Tahoe driven by Greg Ross, 29, also from Sedro-Woolley.

The two vehicles were westbound on River Rd. just west of Fruitdale Rd., when Ross made a U-turn in a pullout. Savoie struck the side of Ross' vehicle, totaling the motorcycle. Savoie was pronounced dead at the scene. Ross was not injured. Savoie was wearing a helmet at the time of the accident.

The cause of the accident is still being investigated and charges are pending, according to the report. It was not known if drugs or alcohol played a role in the collision.

—J. K. M.

Briefly ...

The **38th Annual Great Sedro-Woolley Footrace** will be held Sat., July 4, and will include a 5.17-mile race and a 2-mile fun run/walk.

Check-in and day-of-race registration is from 7:30 to 9:20 a.m. at Sedro-Woolley High School gym. Participants are encouraged to check in or register prior to 8:45 a.m. to prevent a last-minute rush. The race will begin at 9:30 a.m. sharp.

Pre-register on or before July 2 for \$20 (includes T-shirt) or \$15 without T-shirt. Registration after July 2 and the day of the race is \$20, with no T-shirt.

Registration is free for ages 14 and under and 70 and over, but all participants must register and have a race number.

Register online at www.sedrowoolleyfootrace.com. Downloadable entry forms can be obtained at www.loggerodeo.com. Entry forms also are available at the Sedro-Woolley Chamber of Commerce or by calling 360.856.4465.

The Sedro-Woolley Alumni and Schools Foundation will hold its annual **All-Class Picnic** on Sat., July 18, at Riverfront Park in Sedro-Woolley. The picnic will include a catered picnic lunch and fundraising for the annual scholarship program.

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To reserve a spot, mail \$20 per person (post-July 1 price) to Sedro-Woolley Alumni, P.O. Box 509, Sedro-Woolley, WA 98284.

For more information, go to www.swhsalumni.blogspot.com or find the foundation on Facebook.

The Sedro-Woolley Alumni & Schools Foundation will host its 8th annual pancake breakfast, **"Robyn's Pancakes for Kids,"** on Sat., July 4 from 6:30 to 10:30 a.m., at the Sedro-Woolley Senior Center, 715 Pacific Ave., Sedro-Woolley.

Suggested donation is \$5 per person. All proceeds raised during the breakfast help to benefit students in the Sedro-Woolley School District through the Foundation's grant program.

Soroptimist International of Sedro-Woolley has awarded 12 \$1,000 scholarships to area high school students. The organization awarded scholarships to 11 Sedro-Woolley High School students, Blake Beacham, AnnaBell Belisle, Justin Duranceau, Mason Elms, Carly Froneberger, Rachel Marsh, Makayla Matthews, Rebekah Matthews, Amy Schols, Shayna Snyder, and Alec Solemslie.

Haley McNealey from Concrete High School also received a scholarship.

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Lyman



Day Creek



On the ballot

The following individuals have filed for public office in Town of Lyman and will be on the Nov. 3 ballot:

- Mayor: Edward Hills
- Council Position 3: Mike Swanson, Charles (Dick) Saunders
- Council Position 4: Ryein Kitchen, Mike Couch
- Council Position 5: Donald Frye, Gail Ganga

15th Annual Lyman Car & Craft Show

**Sat., July 11
8 a.m. to noon**

List your house with an agent who knows the value of Sedro-Woolley!

- **Sedro-Woolley homeowner**, small business owner, and downtown real estate owner
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Tahlia Honea
Realtor



Windermere
REAL ESTATE
Windermere Real Estate North Cascades
520 Cook Rd.,
Sedro-Woolley, WA 98284
360-333-5815

Pipe bomb explosion under investigation

A large pipe bomb exploded near Lyman Elementary School at approximately 1:30 a.m. on Sat., June 20, rattling windows of neighboring residences and causing shrapnel damage to the school and neighboring property.

Several 911 callers reported hearing the explosion. The next day, several callers reported shrapnel damage to cars and houses. The school suffered several broken windows and damage to the siding on its west side.

The explosion occurred about 50 feet from the propane tanks near the school, with shrapnel slicing through the tanks' protective chain-link fence and flying out into the field beyond.

No injuries were reported. Deputies and ATF officials are investigating the incident. Several items of evidence have been recovered. Anyone with information about this crime is asked to contact Sgt. Kading of the SCSO at 360.853.8583 or 911.

—J. K. M.



Shrapnel from a pipe bomb near Lyman Elementary School punched holes in the thick walls of a Dumpster near the school's west exterior wall. The bomb detonated at approximately 1:30 a.m. on Sat., June 20.

At least one chunk of shrapnel sliced through a chain-link fence protecting propane tanks near the school and narrowly missed them, flying out into the field beyond.
Photos courtesy of SCSO.

Community notes

July calendar

July 11: Collection day for the Day Creek Firefighters Garage Sale.
July 17-18: Day Creek Firefighters yearly Garage Sale.
July 26: Community Barbecue.
Aug. 23: Community Barbecue.

Day Creek Chapel Sunday School News

July 5: Water play date taking place during the church service. Bring your water clothes and towels.
July 16: Join in at the Kiwanis Water Park in Mt. Vernon on 18th St. Meet at 11 a.m. Bring a lunch, swimsuit, and towel.
July 30: Creek Party. Meet at Day Creek Chapel at 11 a.m. with a lunch, swimsuit, and a towel.

AA meeting

A weekly AA meeting is held at Day

Creek Chapel on Thursdays from 7 to 8:30 p.m. Contact Diane at 360.770.3984 for more info.

Kingdom Builders

Donna Pulver and Kathy Henderson, co-directors of Kingdom Builders, are reaching out to those in the Day Creek community who need help with trips to the doctor, hospital visits, store runs, and more. If you would like to become available to be a community helper, call 360.826.3003, 360.826.3581, or 360.826.3822.

Walkie Talkies walking group

The Day Creek Walkie Talkies are up and at 'em. Every day around 7 a.m., there is a group walking the streets of Day Creek. For more information, call 360.826.4375.

Day Creek Book Club

The club meets at Cedar Springs Lodge

Letters, cont. from p. 2

Rod Hayes, Eliza VanPelt, Autumn Elmore, Ashlyn Fischer, Zoe Powell, Chris Fahnstock, and Ryker Taylor from The Company to be Named Later, and Sandra Hambleton at Challenger Ridge Winery.

Kurt's Cause relies on the support of our sponsors, who really pulled through this year for us: Baker Lake Travel Center, Law Office of George T. Freeman, Annie's Pizza Station, Carol Lawson State Farm Insurance, Cascade Burgers, Doyle Guffie's Rallye Auto & Truck Sales, Eldred & Associates, Jeff and Tera Boonstra, Keith and Jackie Clevenger, NALS of Washington, West Coast Heavy Equipment, and Yellow Rose Enterprises, LLC.

We also give special thanks to all of our supporters who either provided a service or a prize for our participants: Clear Creek Candle, Devine Images, Sign Pro, Stocker Farms, Trendz Hair Salon, The Lunch Box @ Bill's Diner, Homeward Bound, McDonalds, Dairy Queen, and www.readingrecycled.org. We were provided with plenty of water from T. K. at Logger's Landing, duffins from Em Beals at 5b's Bakery, more than 10 lbs. of bananas from Richard Frank at Albert's

Red Apple Market, and dozens of cookies baked by Ronee Pearcy.

We have been holding a book drive all year, collecting new and gently used children/teen books for our friend Anne Keenan at www.readingrecycled.org in Ambler, Penn. So far this year we've collected 142, and we held our drawing at the 5k walk. Our winner was Barbara Claybo, who together with her family collected and donated 62 books! Barbara has won a Kurt's Cause Memory Book with her choice of theme. To donate books, can contact me on my personal Facebook page or e-mail me at kandy@kurtscase.org. You will receive one drawing ticket for each book donated. Our goal is to beat last year's number of 187. Part of our book drive is to also collect loose pocket change in our "Make-a-Change" jar. While at the 5k event we collected \$13.59. The change collected is what helps us ship our books all the way to Pennsylvania.

Find out more about Kurt's Cause at www.facebook.com/kurts-cause or www.kurtscase.org.

Kandy Hayes
Concrete

on Barben Rd. on the third Monday of each month. New members are welcome. All members are welcome to host a club meeting at their favorite hangout spot.

For more information, call 360.661.0247.

WOMEN HAND in hand

WOMEN HAND in hand will head to the Sedro-Woolley rodeo during Loggerodeo on July 3 and 4. Make sure to come for delicious eats at the WOMEN HAND in hand concession stand. We'll serve barbecue pork wraps that are so yummy! Lots of goodies and ice cold lemonade, Italian sodas, and mocha. We'll look forward to seeing you there.

WOMEN HAND in hand can be followed on its Facebook page or on its Web site.

To join WOMEN HAND in hand, call 360.826.3067.

News and tips should be sent via e-mail to winningcircularchapel@gmail.com.

—Compiled by Kathy Henderson

2015 Community Potluck dates

July 21, 6:30 p.m.
August 18, 6:30 p.m.
September 15, 6:30 p.m.
October 20, 6:30 p.m.
November 17, 6:30 p.m.
December 15, 6:30 p.m.

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See www.concrete-herald.com for Canadian and overseas rates.



June in pictures



Above: Concrete business owner Don Payne adds cedar 2x2s for a finishing touch to the plaza he's building at the west end of Concrete Town Center, June 16. Payne was joined by Concrete Mayor Jason Miller as the plaza neared completion.



Above: Bicyclists chow down in Veterans Memorial Park in Concrete June 12 during a cross-country ride to raise money for Ride 2 Recovery, which supports wounded military veterans.
Below: Concrete School District Food Service Manager Marla Reed speaks to an eager audience about the district's Farm to School program during a Skagit Food for Skagit Families meeting in Mount Vernon on June 23. Reed and Concrete Mayor Jason Miller were the keynote speakers at the meeting; Miller told attendees about the town's community garden.



Above: After several tries, Concrete Mayor Jason Miller took the red Solo Cup trophy from longtime champion David Bricka at the Blast From the Past 16-and-up jump rope contest on June 6. From left, a 1960s-costumed Mike Yeoman, Miller, Bricka, and Kymber Self, who captured the women's title in the event for a fifth straight year. Photo by Jim Self.



Above: Concrete Public Works employees install one of two panels that comprise a new sign on town-owned land along SR 20, due south of Concrete Town Center. The sign is designed to draw attention to Town Center businesses and pull traffic off the highway and into town.



Above right: Concrete Deputy Clerk Corrina Hart poses with the sign, her brainchild and pet project. For the past three years, Hart has worked with WSDOT to find a home for the sign, navigating restrictive state laws surrounding signage along SR 20, a historic byway.



Left: Iona Werda touches up the paint on the western welcome sign in Concrete June 26. Werda, her mother, Cheryl, and fellow 4-H members weeded the area, and cleaned and painted the sign.

Right: Adriana Timblin, 14, of Sedro-Woolley, competes in the pudding-eating contest during Blast From the Past in Sedro-Woolley on June 6 while her friend, Betty Newcomb, casually holds her hair out of harm's way.
Far right: Rylan Kononen, 9, of Sedro-Woolley, is all smiles during the pudding-eating contest.



Above: K. C. Paulson, 15, from Sedro-Woolley, makes the hula hoop contest look easy during Blast From the Past.



Left: Catalina Kaplan, 10, from Sedro-Woolley, is the picture of concentration during the hula hoop competition at Blast From the Past. Kaplan's focus paid off as she captured the second place prize in her category.

Right: Maddy Faisy, 7, from Sedro-Woolley shows off a face full of pudding during the pudding-eating contest at Blast From the Past. Faisy was competing in the ages 4-7 category.

**Rockport Volunteer
Fire Dept.**

Yard Sale

July 31-Aug. 2

8 a.m. to 6 p.m.

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Hamilton



Rockport



Council summary

The Hamilton Town Council held a regular meeting May 12. Following is a summary of that meeting.

- Mayor Cromley discussed the dog nuisance information. She also announced that there will be a public hearing at the next council meeting.
- Mayor Cromley talked about the Skagit Island Regional Transportation Planning Organization (SIRTPO) membership letter. Council voted

unanimously to accept the letter and sign it.

- **Water Dept.:** Cas Hancock announced that this month we are down to 5 percent unaccounted for water loss. Hancock announced that the sensor was ordered for the mitigation tank. There was a complaint about the taste and smell of the water on Pettit St. Mayor Cromley talked about Brian Friend's water bill and that the leak had been fixed. Council voted to give Friend a "one-time forgiveness" of \$150.

- **Fire Dept:** Councilmember Bates announced that they've had only a few calls lately.
- **Street Dept.:** Mayor Cromley

discussed the signs for the Rails to Trails. Tom Selin mentioned a crack in the pavement on Pettit St.
—Compiled from staff minutes

From the Mayor

Hopefully you'll get to see our new-to-us ambulance in the Sedro-Woolley Loggerodeo parade. It's a great step up from the old one, and hopefully will last us a long time. The fire department is excited to have it. The next step is getting a better stretcher, and that should be accomplished by the end of July. Those items have been on the Capital Improvement list for a long time, and we're glad to be able to cross them off.

Another project that should be done by the end of this summer is moving the fire siren from the old fire hall to behind Town Hall. The electronics will be protected, high and dry inside Town Hall without attaching the siren to the building itself.

There have been some issues with public comment at the Hamilton Council meetings lately. The Open Public Meetings Act allows the public to attend meetings where decisions are made, but does not mandate that the public be allowed to comment, particularly throughout the entire meeting. The council agenda previously had public comment at the end of the meeting. The public comment period will now be at the beginning of the meeting so that people can come to the meetings and make comments, and then choose to quietly stay or leave. We always welcome written comments as well. Personally, I hope to make use of some training I've recently had to help the meetings go smoother and cooler. If anyone has questions about the process or requirements about public comment, please contact me.

Here's a bit of information I recently learned. There's a Web site where you can register to opt out of receiving phone directories: www.yellowpagesoptout.com will let you choose which local phone directories you receive and which ones you do not want delivered to your home. It's a free community service!

—Mayor Joan Cromley



Birdsview Buzz

Happy Independence Day everyone. Can you believe this weather? Kinda worried about what kind of winter we are going to have. Our Baker River Hotshots have been in Alaska on the fires up there. I'm sure they will be kept very busy this summer. They are all a great bunch of hardworking kids.

July birthdays

- 6 Lou Daley
- 13 Favorite pink-haired brewer, daughter Julie Voigt
- 14 Dan the man Brown
- 17 Birdsview Brewery's 9th birthday!
- 31 Jim Havens

At the brewery this month

- July 3: Live music with Bare Feet

Have a safe summer everyone.

—Kris Voigt

Public meeting to focus on proposed Shular Rd. culvert crossing project

Skagit County invites the public to an informational public meeting on Wed., July 1, from 6 p.m. to 7 p.m. at the Howard Miller Steelhead Park Clubhouse in Rockport.

The evening's subject will be the Shular Rd. culvert crossing, a proposed project brought about because of sedimentation

of the culvert that plugged the existing culvert and overtopped the road with gravel and debris. The project will remove the existing plugged 24-inch culvert and restore the creek channel.

Skagit County, WDFW, and Skagit River System Cooperative staff will be available to discuss the project and answer questions. Participants can stop by anytime between 6 and 7 p.m. The evening will begin with an informational presentation followed by an open forum. A comment sheet will be available.

For more information, contact David Walde at davidw@co.skagit.wa.us or 360.416.1400.



Motorcycles rumbled through Sedro-Woolley en route from Rockport to Anacortes June 6 as four combat-wounded veterans were escorted to a salmon feed in their honor. The veterans were guests of John and Dawn Koenig of Rockport, who provided a getaway at their Camp Stillwater, courtesy of Wounded Warriors in Action. The veterans enjoyed salmon fishing with Koenig.

On the ballot

The following individuals have filed for public office and will be on the Aug. 4 and/or Nov. 3 ballots:

- Mayor: Renee Barley, Mathew Coker, Joan Cromley

- Council Position 1: Timothy Morrison
- Council Position 2: Brian Kirkpatrick
- Council Position 3: Bethany Betlem
- Council Position 4: James S. Bates
- Council Position 5: Mike Brockman, Lisa R. Johnson

AREA FOOD BANKS

Clear Lake

Community Covenant Food Bank

Next to church at 12605 Hwy 9, Clear Lake
For a referral, call Love Inc. at 360.419.7061
between 9:30 a.m.–3 p.m.

Concrete

Concrete Food Bank

112 E. Main St., Concrete
Second, third, and fourth Thur. each month,
Noon–3 p.m.
360.853.8505

Darrington

Darrington Food Bank

First Baptist Church
1205 Emmens St., Darrington
First and third week each month:
Wed. and Thur., 10–noon and 1–2 p.m.
360.436.9603

Hamilton

Hamilton Community Food Bank

951 Pettit St., Hamilton
Every Tue., 11–noon and 1–3 p.m.

360.826.4090

Lyman

Shepherd's Heart Food Bank

8334 S. Main St., Lyman
Every Thur. 10:30 a.m.–1 p.m.
Self-help classes after food bank closes; call
for subjects: 360.853.3765

Marblemount

Bread of Life Food Bank

59850 State Route 20, Marblemount
First and third Wed. each month
11 a.m.–4 p.m.
360.873.2504

Sedro-Woolley

Helping Hands Food Bank

601 Cook Rd., Sedro-Woolley
Wed., 10–11:30 a.m. and 12:30–4 p.m.
Open every Wednesday
360.856.2211

*Changes? Call 360.853.8213.

PIONEERING TODAY

How to can rhubarb

By Melissa K. Norris

8 cups chopped rhubarb
1 cup sugar

1. Rinse and pat dry rhubarb stalks. Chop into 1-inch pieces. Place into a large bowl and sprinkle 1 cup sugar onto chopped rhubarb. Stir until well combined. Cover the bowl with a tea towel and allow to sit for four hours. The sugar will pull out the juices from the rhubarb stalks, creating a lovely rhubarb syrup.
2. Wash four pint-size jars in warm soapy water and rinse. Fill water bath canner with water and begin to heat. Fill a kettle with a few cups of water and bring to a boil.
3. Dump rhubarb and syrup into a large pot. Bring to a boil and boil for 30 seconds, stirring. Take off of heat and ladle 2 cups of rhubarb into each pint jar with a generous half-inch head space. Pour syrup over rhubarb, dividing it evenly between the four jars to a half-inch head space. Remove air bubbles by running a spatula or knife around the outside of the jar and add more syrup if needed. If you run short on syrup, add boiling water (hence the kettle boiling). Wipe rim of jar clean, put lids on, and screw down bands.

How to pressure can rhubarb

Follow above recipe through step 3. Place rack in pressure canner and add specified amount of water. Place jars on rack. Allow pressure canner to vent for 10 minutes. Use 5 lbs. of pressure and process both pint- and quart-sized jars for 5 minutes.

It's normal for the rhubarb to float to the top of the jar.

Melissa K. Norris is a Christian fiction novelist who lives in Rockport.

Rockport Volunteer Fire Dept.

Yard Sale

July 31–Aug. 2,

8 a.m. to 6 p.m.

To donate,
call 360.853.7699 or 360.708.8594



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AUG blueberries SEPT sweet corn OCT pumpkins



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- homemade ice cream
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Darrington



Sheriff's Report

June 8

A woman of unknown age who sustained injuries while horseback riding was located, treated, and packed out by personnel from the Sheriff's Office, Snohomish County Volunteer Search and Rescue, Getchell Fire District, Lake Stevens Fire District, and Granite Falls Fire District earlier today. The woman had been riding along the trail near the power line when she fell around 12:30 p.m. and called 911. She was safely recovered and transported to Providence Regional Medical Center around 2 p.m.

June 9

Another woman of unknown age who sustained a possible broken ankle while hiking to Lake Serene was assisted out by search and rescue crews last night. A friend of the victim called 911 around 4:45 p.m. to report the injury. The Sultan Fire District, Gold Bar Fire District, and Index Fire District assisted the Sheriff's Office and Snohomish County Volunteer Search and Rescue in reaching her around 6:30 p.m. and safely packing her out. She was transported to the hospital for medical treatment.

June 22

Search and rescue personnel and volunteers rescued a male climber who had fallen while climbing Dome Peak. On Sun., June 21, a beacon alert was picked up from the area around 4 p.m. SnoHAWK10 went to the area and located the victim, who had possible rib fractures from falling and landing on the lip of a crevasse on his back. The victim was packaged into a litter, hoisted to the helicopter, and flown to Cascade Valley Hospital around 9:30 p.m.

FEMA issues grants for SR 530 slide recovery

The Federal Emergency Management Agency (FEMA) announced in June an additional \$7.6 million in grants for recovery efforts for the SR 530 slide and subsequent flooding that occurred in March and April last year.

Contractor crews removed and processed 200,000 cubic yards of mainly earthen or vegetative material, and used much of that material to fill holes and trenches at the site. Approximately 85 percent of the cost of this work will be compensated for by the FEMA grants. "[FEMA's] announcement demonstrates

June 23

A tip to 911 about a suspicious yard sale last weekend led to the recovery of more than a dozen appliances believed to have been stolen from construction sites.

The person who called 911 said he had visited the yard sale at the 12100 block of Andrew Sater Rd. on Saturday morning, June 20. He became suspicious after he noticed that a refrigerator had a cut water hose and noted that the story about how the seller came to possess the items for sale changed several times.

Sheriff's deputies arrived at the residence around 1 p.m. and determined that several appliances at the scene had the same serial numbers as items stolen from construction sites in the Bothell area. Deputies recovered a dishwasher, three 32-inch bathtubs, three shower kits, two fireplaces, six ranges and/or ovens, a microwave, a tankless water heater, and a refrigerator (see photo below). Some items have been returned to identified owners; others are being stored in the Evidence Unit until they can be claimed.

Sheriff's deputies questioned several people at the scene, but no arrests were made. The case has been forwarded to a property crime detective and is still under investigation.



the commitment toward a full recovery for the communities affected by the State Route 530 landslide," said Congresswoman Suzan DelBene. "More than one year after the tragedy, I'm encouraged that Oso, Darrington, Arlington, the Stillaguamish Tribe, and the Sauk-Suiattle Tribe continue to receive the resources they need."

"The communities affected by the SR 530 slide more than a year ago continue to show admirable strength and resilience as they heal and recover," said Rep. Rick Larsen. "These funds from FEMA underscore the federal government's ongoing commitment to helping these communities rebuild."

North Mountain Lookout work party a towering success

During the weekend of June 12-14, approximately 40 people gathered for phase one of the North Mountain Lookout restoration. The three-day project was sponsored by Friends of North Mountain, a division of Darrington Strong.

The Friends of North Mountain have a common love of fire lookouts, local history, and the outdoors. The network of those involved procured donated materials from such businesses as Darrington-based Hampton Mill, Darrington Hardware, and Soprema for roofing materials.

Lunches and snacks were provided by Darrington IGA and Mountain Loop Books and Coffee. The construction team was led by Forrest Clark, a veteran of numerous other regional restoration projects including Mt. Pilchuck and Three Fingers. Mark Hanna, an Oso-based building science consultant, having rigged safety devices up high, called the shots on the roof.

The general idea behind the restoration is to turn a weatherbeaten, no-longer-in-service lookout into a self-sustaining vacation rental. North Mountain Lookout is a USFS type TT (treated timber), 41-foot-tall tower. It affords a panoramic view of the surrounding Mt. Baker Snoqualmie Forest, including a brilliant view of Mt. Baker.



Photo by Mike Hardy.

Among the weekend accomplishments were the installation of a double-membrane, 40-year-lifespan roof, the disassembly of two mid-tower structures, replacement of the west-side wall, new catwalk boards installed on two sides of the tower, three pier blocks restored to original shape, and the original toilet was brought back into service. Future work parties will include more reconstruction carpentry, painting, and window and interior furniture installation.

Volunteers are still needed to continue with this project. For more information or to volunteer, contact Roselie Rasmussen at info@northmountainlookout.com.

—Thomas Piwowarski



Photo by Rick Knight.



Photo by Richard Morell.

Town of Darrington and Darrington Fire Dist. 24 will enforce the Washington State firework regulations this July 4 season. The dry conditions and expected high temperatures have created a situation where a major fire could cause extensive property damage or loss of life.



Darrington High School's Andrew Young gets a hit during the NW Regional High School All-Star Feeder Games at Joe Martin Field in Bellingham on June 3. Young is second baseman for the Logger team and brought his .354 batting average to the field.

Briefly ...

The Fabulous Kingpins will return to Old School Park to Rock the Park on July 25 from 6:30 to 10 p.m. After being well received in 2014, the Darrington Renewal Project decided to bring them back with a free, family-friendly, rockin' show.

Darrington High School Alumni will sponsor a potluck for the members of all the graduating classes of the 1970s in Old School Park on July 25. Bring a favorite culinary delight and share some good food and old friendships. For more information, contact Sheila Ashe at d.iga@frontier.com.

On Darrington Day, May 30, **Janet Cabe** received the Hometown Hero award for being a dedicated local volunteer,

recognized for 65 years of service with Darrington Funeral Dinners.

The 39th Annual **Darrington Bluegrass Festival** will return from July 17-19, located as always at the Darrington Bluegrass Music Park, about three miles west of Darrington off SR 530. For more information, go to www.darringtonbluegrass.com.



Cabe

—Marla Skaglund



Rick Lemley
Doug Hutter
Tobi Stidman

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Marblemount



Newhalem



Mary Janda of Marblemount (above, left), was one of three Skagit County citizens who were given the Linda Nelson Community Champion award by the Skagit County Child and Family Consortium on June 17. Standing with Janda are fellow honorees Bill Sparks and Delia Arce, executive director of Children of the Valley, an after-school program in Mount Vernon that serves elementary and middle school students who are considered at-risk.

"Mary Janda is a visionary with the passion to transform ideas into reality," said a press release announcing the awards. "She is a roll-up-your-sleeves, hands-on, let's-get-it-done person. During her career as an educator, Mary taught 6th, 7th, and 8th grade and served as the Concrete Middle School principal. She currently teaches the alternative high school program, serves on the Concrete Resource Coalition Board, and facilitates Strengthening Families programs, along with many other projects to support children, families, and her community."

The Linda Nelson Community Champion Award recognizes outstanding community members and/or organizations whose efforts with children and families in Skagit County communities characterizes many of the following attributes:

- Exceptional commitment to safe communities, prevention, and the well-being of children and families.
- Regard for human dignity.
- High respect by colleagues and community partners.
- Understanding of the importance and value of partnerships in the community.
- Ethical and congruent in both words and actions; demonstrating remarkable personal accountability.
- Being a visionary with the passion to bring ideas to reality.

For more information about the Skagit County Child and Family Consortium or the Linda Nelson Community Champion Awards, go to www.sccfc.org or e-mail lyndie.case@unitedgeneral.org. Submitted photo.

Hall buzzes in July

Summertime, and the Marblemount Community Hall is buzzing with activities.

Sunday, July 12 is the second Farmers Market of the summer, including organic produce, fresh Okanogan fruit, local honey and eggs, handmade arts and crafts, herbal products, goatmilk soap, local jams and preserves, fresh sandwiches and cold beverages, live music, and the Upper Skagit Library.

Vendor applications with instructions are available at www.marblemountcommunityhall.org/events.html, or paper copies are in the mailbox at the front door of the hall. These must be received and approved before market day to ensure quality and nonduplication of offerings. Interested vendors also may call the hall at 360.873.2323 and leave a message.

Sunday, Aug. 2 marks the annual Community Hall fundraiser Salmon BBQ. Not only will you enjoy a great meal with friends and neighbors, but you'll be contributing to the hall's upkeep expenses—critical to keeping our doors open for you.

The event runs from noon to 6 p.m. A complete salmon dinner is \$12, a hot dog meal is \$9, and a kids' hot dog meal is \$5.

—Christie Fairchild

Cascade River Rd. work begins next month

Drivers may experience up to 20-minute delays from Aug. 23 to Sept. 7, as construction begins on the last three miles of Cascade River Rd. The road will be closed to all vehicle and foot traffic from Sept. 8 through late October.

The road closure will begin at the Eldorado parking area near milepost 20 and will affect hikers and climbers approaching the area from the east and west. Eldorado Peak and other peaks accessed via Eldorado Creek will not be affected.

The National Park Service and Federal Highway Administration project will use heavy equipment and large dump trucks to make the necessary repairs.

The good news is ... Cascade Loop is EV-ready

By Sasa and Starwalker

Acid reflux is caused by a malfunctioning valve muscle that usually closes after food passes by it on its way to the stomach, preventing food or acid to come back up. Acid reflux occurs when this valve opens at wrong times, allowing acid from our stomachs to come back up. It is a symptom, not a disease—a communication from our bodies that something needs our attention.

Possible causes may be related to hernia, H. pylori, or side effects from medications.

Steps we can take to help our bodies return to homeostasis or wellness:

- Changing the diet to vegetables and organic unprocessed foods, as well as eliminating possible foods that may trigger reflux. Make sure your stomach has enough beneficial bacteria by eating fermented vegetables and chutneys; cultured dairy such as yogurt, kefir, and sour cream; and fish such as mackerel and gravlax.
- Switching to Himalayan salt can provide chloride your body needs to make hydrochloric acid, as well as providing more than 80 trace minerals.
- Raw, unfiltered apple cider vinegar, betaine, baking soda, aloe juice, Ginger root or chamomile tea, vitamin D, slippery elm, Chinese herbs for the treatment of "Gu," Glutamine, and folic acid (B9 and other B vitamins) also can help.
- Avoid known triggers of reflux, like caffeine, citrus fruits, tomatoes, garlic and onion, spicy foods, peppermint, cheese, nuts, avocados, red meat, alcohol, chocolate, carbonated drinks, and other foods that you find trigger or bring on reflux.

Anyone who wants to contribute to Sasa and Starwalker's efforts may contact them at cascadiaeffect@gmail.com. Experiences also may be shared at the accompanying blog at <http://cascadiaeffect.weebly.com> and on Facebook: Cascadia Effect

Gov. Jay Inslee proclaimed June 16 the official start of electric vehicle tourism season at an electric vehicle gathering at Pybus Public Market in Wenatchee. With strategically located electric vehicle charging now in place, electric vehicle drivers can travel along the 440-mile Cascade Loop Highway route quietly and with zero tailpipe emissions.

"This is an incredibly important step toward enabling broad adoption of electric vehicles in Washington state," said Inslee. "We're seeing the exciting results of the hard work by our agencies and partners, and seeing how a cleaner transportation system can help us promote local jobs, rural businesses, and clean energy."

Gov. Inslee recognized Plug-In North Central Washington for coordinating with the Cascade Loop Association and businesses to electrify the entire Cascade Loop Highway. Plug-In NCW has encouraged several businesses to install charging stations at popular travel destinations to attract eco-tourists to the region.

More than 12,000 plug-in electric vehicles are registered in Washington within driving distance of the region. Charging-station-host sites reach a new customer base of travelers who stop to charge and spend time shopping or dining at the establishment.

"Businesses within the corridor have been good partners and we appreciate their work," said Transportation Secretary Lynn Peterson. "With electric vehicle charging available along this popular scenic loop, travelers from British Columbia, Portland, and Seattle can choose to take their plug-in EVs on road trips this summer."

Work to electrify the scenic loop builds on a 2012 partnership to open the nation's first electric vehicle-friendly scenic byway route along US 2. With federal Recovery Act funding through the State Energy Program, the Washington State Department of Transportation contracted with AeroVironment to install electric vehicle fast chargers in four communities spaced 25-50 miles apart along the corridor: Sultan, Skykomish,

Leavenworth, and Wenatchee. The route connects to the Interstate 5 "electric highway" enabling electric vehicle drivers to travel from across the west coast to north central Washington.

"Enthusiasm and preparation for electric vehicles arriving in north central Washington has been ramping up for the past eight years," said Ron Johnston-Rodriguez, Plug-In NCW president. "The state of Washington's deployment of DC fast chargers along US 2 proved to be an energizing catalyst for the private and public sectors to invest in electric vehicle charging equipment and to promote electric vehicle tourism in the region."

A planned Park and Ride facility in Concrete will include a charging station. Town officials are waiting for state funding to begin the project.

North central Washington charging locations along the Cascade Loop Highway include Stevens Pass Ski Area; Leavenworth area's 59' Diner, Icicle Inn, City Hall, and Sleeping Lady Resort; and Wenatchee's Convention Center, Pybus Public Market, and SpringHill Suites by Marriott Wenatchee Hotel. Other recent installations include Campbell's Resort and City Hall in Chelan; Pateros Lakeshore Inn; and Methow Valley's Twisp River Pub, Pine Near RV Park, and Mazama Country Inn.

Each of these venues installed Level 2 charging stations that allow electric vehicle drivers to "fuel up" while visiting local attractions. Level 2 equipment charges vehicles at the rate of about 15 to 30 miles of driving range per hour of charging. A complete list of charging locations can be found in the Cascade Scenic Loop Travel Guide.

In addition to securing more charging stations, the Plug-In NCW also has coordinated with the Cascade Loop Association to provide EV Itineraries to help electric vehicle drivers plan their trip.

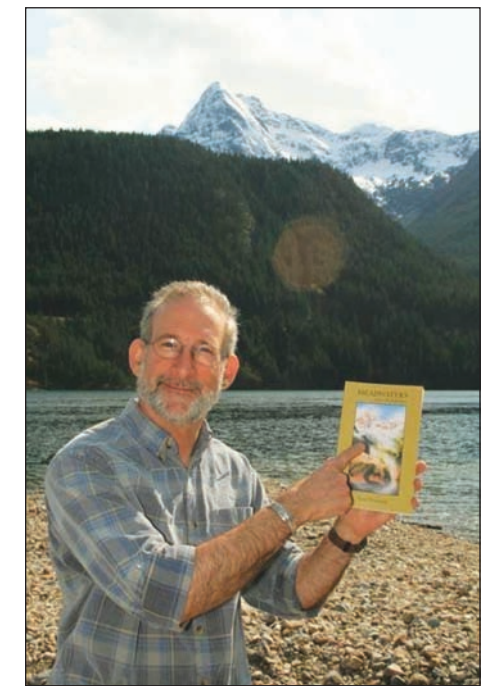
Read Concrete Herald
The Voice of the Upper Skagit Valley

Weisberg publishes poetry collection

Inspired by more than 30 years of explorations in the North Cascades, North Cascades Institute founder and Executive Director Saul Weisberg (pictured at right) has published a collection of poetry titled *Headwaters: Poems and Field Notes*.

"Headwaters drips with the waters of the wild, sings with the voices of thrush, wren, and owl, dances with the butterflies," said Robert Michael Pyle. "How wonderful to have Saul Weisberg's long-awaited poems together in this handsome book."

Novelist William Dietrich called the poems in *Headwaters* "marvelously condensed wisdom ... intricate as a snowflake, as simple as stone, and the very soul of an educational visionary who has spent his life in the high Cascades."



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Seniors



Coffee Break

The art of life

By Patrick M. Kennedy

What is inside you reflects who you are. Therefore, if your life of retirement is a watercolor piece of art, it will wilt and run in the rain and the mountain snow, and become a mess. That can look good in the abstract, but living an abstract life can be confusing.

Abstract art is an artistic movement comprising diverse styles and techniques and emphasizing especially an artist's liberty to convey attitudes and emotions through nontraditional and usually nonrepresentational means. That's you, the artist. Now if that is who you are or want to be, consider your life a watercolor and enjoy the confusion of retirement. It might be fun.

If your life is worked out in oil paints, it has the same abstract qualities of watercolors, but is more stable and inflexible, at least after it dries. During the building process, this kind of lifestyle can be very flexible and changeable, and things can be moved around until the perfect wishes and

wants of the perfect retirement are attained. Life can be colorful as well as flexible in the building process. It won't be changed by wet elements, and once it is complete, it dries and it can be hung on the wall and be called life.

Acrylic paints contain an acrylic substance and are used by many artists. Acrylic paints can be diluted and cleaned with water, but become water-resistant when dry. They are a sort of compromise between watercolors and oils; you can paint your life with the flair of either manner, but when dry, it stays put and your retired life is predictable and consistent—no unforeseen quirks in your lifestyle.

There are other media that can be used to build your retirement years. Take stained glass. Although traditionally made in flat panels and used as windows, the creations of modern stained glass artists also include three-dimensional structures and sculptures. It's made of different sizes, colors, and textures of translucent glass and is held together by strips of lead. It may take a little longer and much more work, but the final result is a lifestyle that will last.

And then there is sculpting. Here you have a choice of materials to create a sculpture that reflects what you want in your future. This sort of life building can take a little longer, but should be worth it.

The art of life can have as many looks as there are ideas and imaginations; it is just having the right attitude and conviction of your ideals.

Patrick M. Kennedy is the author of Lotsa Fun with Retirement. Find it at Amazon.com.

Way Back When

80 years ago

July 18, 1935: At the conclusion of the regular meeting of the Concrete Volunteer Fire Department Tuesday evening, it was decided that one member of the department had not yet been duly initiated into the ranks of the newly married, so starting up the fire wagon, Bob Leonard and his recent bride were mounted upon the hose rack and given a ride about town. Not satisfied with one bride and groom, the boys then called upon Mr. and Mrs. Allen Gardinier, routed them out of bed, and added them to the party.

The party gathered quite a crowd before it was over, all enjoying the excitement of locking the grooms and a number of the merrymakers in the city jail and other pranks that took place before the boys became weary enough to let the married folks go home and salvage what was left of their night's sleep.

70 years ago

July 5, 1945: Wayne S. (Jack) Hoover MM 3/c was aboard the USS Bunker Hill during the suicide attack by the Japanese off Okinawa on the morning of May 11, when she was almost converted into a flaming torch.

The Bunker Hill was the flagship of Vice Admiral Mac A. Mitscher. He escaped, and the Bunker Hill survived, but 656 men lost their lives in the attack. Two suicide planes dropped their 500-lb. bombs into the carrier's decks, and many

lives were snuffed out in a space of seconds.

The Bunker Hill, her decks, islands, and gun galleries a shambles, is being repaired at the Puget Sound Navy Yard in Bremerton, and Mr. and Mrs. H. H. Hoover have made several trips there to visit with their son.

In the six hours that followed the two suicide hits, Mitscher and his surviving staff of officers were removed by breeches buoys to the destroyer English while the Bunker Hill's still living officers and men braved death to fight fires, jettison ammunition and gasoline, and rescue the wounded still trapped.

So many erstwhile ordinary human beings were transformed into heroes that the ship's skipper has recommended 280 of his crew for awards, including two Navy Crosses.

50 years ago

July 8, 1965: Dust sampling of the air within the city limits of Concrete, which has been in progress here for the past two years to determine the amount of cement dust being put into the air by the cement plant, has revealed the highest readings yet.

In the monthly reports received from the State Dept. of Health by the Town Council, the total figure for May was 935 tons per square mile, far above the 605 TPSM for the same period in 1964. The April figure was 496 TPSM, which was less than the 1964 total of 605.

The Dept. of Health stated that the results would be reviewed, after which the board would make further contact with the cement plant for possible action.

—Compiled from archives

Concrete Center

July 2015 Activities

Mon. - Fri., 10 a.m. to 3 p.m.

Lunch served Tue. - Fri., noon

Mondays

10 a.m.
12:30 p.m.
12:30 p.m.

Jigsaw puzzles
Skip Bo, Wii Bowling
Craft: Bird feeders,
7/27
Needle exchange bus
on site, 7/20

2 - 4 p.m.

Tuesdays

10 a.m.
Noon
12:30 p.m.
12:30 p.m.

Jigsaw puzzles
Lunch
Skip Bo
Writer's League,
7/7

12:30 -
2:30 p.m.

SHIBA Medicare
assistance by appt.
only, 7/14

Wednesdays

10 a.m.
10:30 a.m.

Jigsaw puzzles
Advisory Board mtg.,
7/8

Noon
12:30 p.m.
12:30 p.m.

Lunch
Skip Bo
Bingo, 7/8, 7/29

Thursdays

10 a.m.
10:30 - 11:30 a.m.
Noon
Noon
12:30 p.m.
12:30 p.m.

Jigsaw puzzles
Farmers' Mkt vouchers
Lunch
Salmon BBQ
Skip Bo
Pinochle, 7/2, 16, 30

Fridays

10 a.m.
Noon
Noon

Jigsaw puzzles
Lunch
Birthday Celebration,
July 31

12:30 p.m.
12:30 p.m.

Dominoes, Skip Bo
Coffee with Commissioner Janicki, 7/10
Watercolor painting

1 p.m.

Special events

7/11 Bake Sale at Saturday Market
7/25 Biscuit & Gravy breakfast, 8-11 a.m.



Verna's Kitchen

By Verna McClure



Editor's note: This new column is presented by Verna McClure, a long-time resident of the Upper Skagit Valley and well known for her community spirit, willingness to participate, and, most of all, the treats from her kitchen. She has agreed to release some of her favorite, time-tested recipes for your culinary pleasure. This column will appear as space and submissions permit.

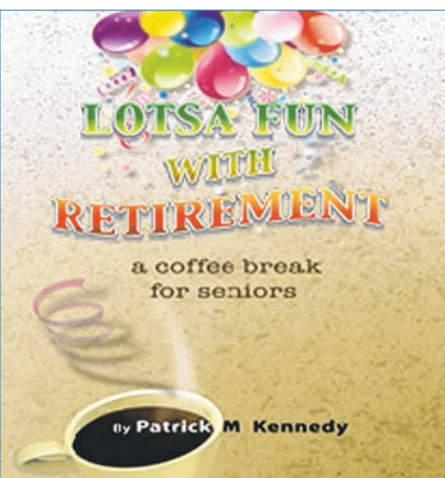
This month's recipe for German Cookies was given to me by an old German lady from Forks, Wash., in the 1940s.

German Cookies

4 eggs
2¼ cups brown sugar
2½ cups flour
½ tsp cloves
1 Tbs cinnamon
Dash salt
1 cup raisins

1. Beat eggs. Add sugar and mix well.
2. Mix together the flour, cloves, cinnamon, and salt, and add to the sugar mixture. Add raisins.
3. The dough will be stiff. Spread on a 15 x 18-inch jelly roll pan. Push the dough out to the sides with wet hands.
4. Bake at 350 degrees for 20 minutes.
5. Mix together 1 cup of powdered sugar with 3 Tbs of water. While still warm, spread this mixture over the cookie dough.
6. Let cool, cut into bars, and enjoy.

Top and left: A crew of four civic-minded souls, from left, Bill Sullivan, Bill Pfeifer, John Boggs, and Adolph Nieshe, logged 42.5 hours of pressure-washing the sidewalks in Concrete Town Center on June 12. Concrete Public Works staff bookended the group's efforts by installing filters on the stormwater drains and sweeping the street when they were finished. *Top photo by Gail Boggs.*



Obituaries

Beverly Ann Martin, age 82, passed away on Wed., June 17, 2015, at PeaceHealth United General Medical Center in Sedro-Woolley. She was born on March 27, 1933, in Ellensburg, Wash., to Carl and Esther (Hill) Bellisle. Bev grew up in Bellevue and graduated from Bellevue High School in 1951. She began working in the Accounting Department for Puget Sound Energy, where she met her future husband, Frank D. Martin. They were married on Aug. 16, 1959, in Seattle and they would have celebrated 56 years together. Bev and Frank lived in Clearview and Puyallup until coming to Sedro-Woolley in 1966. Bev was a stay-at-home mother until 1976, when she began working as a legal secretary for Bill McCann, Attorney at Law until her retirement in 1988. She later worked part time at Easton's Book Store in Mount Vernon. She was very active in her community, being a volunteer for the Skagit County Accountability Board for 25 years, a member of Skagina Junior Women's Club in the early 1970s, and for more than 50 years was very involved with Sedro-Woolley Loggerdeco. Bev and Frank helped organize the Senior Crime Watch Program with the Sedro-Woolley Police Department, and she also cooked on Fridays for Meals on Wheels. Bev enjoyed bowling, gardening, reading, and crossword puzzles, but most of all she enjoyed spending time and spoiling her grandchildren and great-grandchildren.



She is survived by her husband Frank D. Martin Sr. at the family home in Sedro-Woolley; her son Dan Martin and his wife Yvonne of Sedro-Woolley and their children, Teri Haber and husband William, Michael Martin and wife Jamie, and Matthew Martin; daughter Jeanne McLennan and her husband Dan of Sedro-Woolley and their daughter, Rindala McLennan; four great-grandchildren, Ian and Cole Haber and Hunter and Natalyn Martin; two sisters, Shirley Hansen of Shoreline, Wash., and Linda Martin and her husband Paul of Bothell, Wash.; brother John Bellisle of Albuquerque, N.M.; and numerous nieces and nephews that she loved very much. She was preceded in death by her parents. A Celebration of Life Service will be held on Sat., July 11, 2015, at 11 a.m. at the Sedro-Woolley Eagles Club with Pastor John Batts officiating. Memorials are suggested to a charity of your choice. Arrangements and services are under the care of Lemley Chapel, Sedro-Woolley. Share memories of Bev and sign the online guestbook at www.lemleychapel.com.

Regina (Gina) Anne Harland, age 52, a resident of Sedro-Woolley, passed away on May 20, 2015, at her home in Sedro-Woolley. She was born on July 8, 1962, in Long Beach, Calif. Regina was a nursing assistant for many years; she also was a youth minister for most of her life. Regina was married to Robert Harland on Jan. 30, 2000. For the last few years, Regina attended Christ the King Church in Sedro-Woolley and Mount Vernon. Gina was one of those people who if you met her,



you wouldn't forget. She had one of those hearts that would light up your life. She grew up unsure to a point because her life over the years was not easy by any means. Although she had only two kids by birth, Regina took in many kids over the years, most of whom still call her mom; she loved them all like they were her own. Regina never had a lot of the things that most would want out of life. She never cared about the name brand things or having a big house or super nice cars. Her idea of a perfect life was simple. In the last couple of years, she got to find her long-lost sisters Ruth Anderson and Linda Owens. I was so happy when they found each other after so many years. One of my mom's only dreams was to open a place for at-risk teens and young adults to learn life skills and help them back on their feet. Most who knew her would say she was kind but firm. She would sit there for hours talking to you to make you feel better about anything, or would give you everything she had if it was what you needed. My mother has touched the hearts of so many over the years. I know a lot of us will miss the sound of her singing, and that smile she would give no matter how hard times were for her. That light of God's love through her eyes is the one thing I think we will miss the most. Gina had many hobbies and interests. We will always remember going out singing with her and the way it would light her up inside. We can always remember how she loved to cook all the yummy things she would make, or the outfits she would make for the Renaissance Society, the jewelry she made, or the quotes she put so much love into. Her biggest hobbies till the day she died were helping those in need, even when I would get mad because she didn't have everything she needed or would put herself last no matter how badly she needed whatever it was at the time.

Gina is survived by her son, Brian Keith Jeffries of Mount Vernon; grandsons Brandon, Aaron, Logan, and James; daughter Mandy Lynn Lockrem of Concrete; granddaughter Kayley; father Edwin Rinn; brother Ernest Rinn; and sisters Ruth Anderson, Linda Owens, and Lana Rinn. A viewing was held at Kern Funeral Home on Fri., June 5, from 10 a.m. to 8 p.m. and Sat., June 6, from 10 a.m. to 5 p.m. Graveside services were held Mon., June 8, at noon at Hawthorne Memorial Park in Mount Vernon, with a reception following at Hillcrest Park. You may offer your condolences and share memories of Gina with her family online at www.kernfuneralhome.com. Funeral arrangements were under the care of Kern Funeral Home.

Lorraine May Jeffries (Ogilvie), age 65, passed away May 15, 2015, at her home in Riverside, Wash., surrounded by her loving family. She was born May 16, 1949, to Anthony and Emily Ogilvie in Seattle. Lorraine attended Immaculate Conception School in Seattle and graduated in 1967. Following graduation, she went to work at the local Hormel meat packing plant. In 1969 Lorraine met Rick Jeffries, and they married in August 1971, at Lorraine's brother Lew's house in Seattle. The couple made their home in Coupeville, Wash. During their time on Whidbey Island, Lorraine gave birth to a son, Richy, on November 3, 1972.



See Obituaries, p. 31

Obituaries, cont. from p. 30

The family moved to Newhalem in 1974 and made it their home for the next 16 years. On Aug. 18, 1976, Lorraine gave birth to Jeremiah (Bubba). Later, Lorraine started working for Seattle City Light in Newhalem, becoming an electrician's helper, a job she enjoyed. She worked at the Ross Powerhouse before moving on to the Gorge Powerhouse. In 1990 the family relocated to Concrete, where Lorraine continued to work until 2007, when she was diagnosed with multiple myeloma. She retired in early 2008 to begin her battle with the disease. During the next two years, Lorraine received two stem cell transplants at Fred Hutchinson Cancer Research Center and the University of Washington Medical Center. Finally, her disease went into remission and she was able to return home. Lorraine and Rick moved to Riverside in 2010 to live in the new log home their son Richy built for them there. She enjoyed gardening and canning food from her garden, as well as watching the cows grow and have calves. She loved the views from her home, and took pleasure in watching the deer walk up to the living room window and look into the house. She is survived by her husband Rick; sons Richy and Bubba; daughter-in-law Amy; grand-daughters Kassidy and Sydnee; brothers Lew, Anthony Jr., and Donald; and sister Nancy Ogilvie; as well as a large and beloved extended family. Lorraine was preceded in death by her parents Anthony and Emily, and brother Alan. A graveside ceremony will be held on Sat., July 11, at 1 p.m. at the Riverside Cemetery in Riverside, with celebrant Kate Wallace Johnson officiating. A reception will follow at the Mt. Olive Grange, Riverside. Remembrances can be made to the Multiple Myeloma Research Foundation (mmrf.org).

Skagit County Sheriff's Office Blotter

May 26
Deputies went to a residence on Cockreham Island Rd. near Hamilton to serve an arrest warrant. The wanted persons were not there, but a female was there in violation of a no-contact order. She was taken to jail for failure to follow the judge's directive.

May 28
A resident on Shangri-La Dr. in Hamilton reported a missing pistol. The silver 9mm was last seen about three weeks ago. The pistol may still be in the house somewhere, but the man wanted the SCSO to know it's missing.

May 29
A suspicious man was seen lurking around residences on Pinelli Rd. near Hamilton, taking pictures. A deputy spoke to the man, who denied being suspicious. He lied about his name, probably because he had warrants for his arrest. He was arrested and deputies later served a search warrant at his house on Cape Horn Rd. You guessed it: It was full of stolen property. Many thanks to the alert neighbor who recognized something was odd about this guy. Another incident at the Concrete Resource Center has deputies and staff concerned. It appeared someone put a large dent in the door of a car parked out front. Staff and deputies are looking into the issue. A few weeks earlier, two cars got flat tires at nearly the same time.

June 1
A deputy spoke to a Lyman man who was receiving threatening text messages on his phone. It appears the text sender had the wrong phone number and the text receiver wasn't happy about it. A simple misunderstanding over a wrong number; no crime.

A Concrete man, recently released from prison, has been living in town. He failed to fulfill his obligations to his parole officer and was wanted by Department of Corrections. A team of DOC officers arrested him at this house and he's headed back to jail.

June 2
Deputies responded to the trails near Silo Park in Concrete to a report of a female screaming. An investigation revealed two 15-year-old kids who have been dating and were involved in a domestic fight. The pair is known to local law enforcement and get a

lot of our attention. On this occasion, the female was referred for charges of domestic assault, plus malicious mischief for breaking a window in a house. Unfortunately, this is commonplace for them.

A man showed up at the Concrete High School office and caused some alarm to staff. He refused to identify himself and wanted information about a student. The questions were better suited for law enforcement. A deputy responded and located the man in town a short time later. The man was cautioned to be more civil to school staff and to direct his oddball line of questions to the local SCSO office. I applaud the school for reporting this odd behavior and obtaining a good description of the man for deputies.

A man near the transfer station near Rockport has called repeatedly about a domestic issue. He's been the victim of the "soup can thrower." He and the missus aren't getting along and it's usually a minor argument that deputies still need to respond to. Oftentimes things are settled by the time we arrive, but both parties are cautioned to remain civil and to quit tossing cans; you're going to put an eye out.

Deputies assisted Washington State Patrol on a traffic stop near Moen Rd., west of Rockport. A WSP trooper stopped a speeding vehicle. The driver said they were taking the back seat passenger to the hospital because he'd rolled his pickup truck on Illabot Creek Rd. Med 7 came and transported the patient. Two other people inside the car had warrants and they were also transported—to jail. No rollover accident was ever located.

June 20
Someone set off a large pipe bomb explosion near Lyman Elementary School. Several callers reported hearing an explosion about 1:30 a.m. late Friday night, June 19. The next day, several callers reported shrapnel damage to cars and houses. The school suffered several broken windows and damage to the siding on its west side. This explosion occurred about 50 feet from the propane tanks near the school. Thankfully no one was injured. Deputies are investigating the incident. Several items of evidence have been recovered, and the ATF has been notified. This was a potentially lethal explosion, and I fear someone would certainly have been killed had it not occurred at 1:30 a.m. If you have any information about this crime, please contact Sgt. Kading of the SCSO at 360.853.8583 or 911.

Speaking of fireworks, the SCSO will have a presence in Lyman on July 3.

There will not be an official sponsored fireworks display this year. Last year was a fiasco and things got out of control at the fireworks show. Folks from out of the area came to Lyman and caused an unsafe and unruly situation. Deputies will have no tolerance for alcohol offenses, disorderly conduct, or other community safety violations. Offenders will be booked into jail to remove them from the scenario. Fair warning.

June 13
A resident on Lyman Hamilton Hwy. near Lyman reported a burglary. A neighbor discovered the back door had been kicked open and a pistol taken from the house. Deputies have few leads, but are looking at two local crooks. A resident in Lyman also reported his shop broken into. Several hand tools were taken from a residence near the cemetery. Same suspects, but no arrests are pending.

See Sheriff's Blotter, p. 33

Level 2 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence.

Boyd, Jayson Lee
Age: 40
Race: W Sex: M
Height: 6' 0"
Weight: 160
Hair: Gray
Eyes: Blue
Address: 81xx Lyman Ave., Lyman
A Level II sex offender, Boyd was convicted of third-degree rape of a child in Skagit County. His victim was a 14-year-old female who was unknown to him. He was 23 at the time. Alcohol was a factor.

Boyd is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.



Worship directory

Assembly of God
Concrete Assembly of God
45734 Main St., Concrete; 853.8042
Sun. worship: 10 a.m.
Tue.: Men's meeting, 8:30 a.m.
Wed.: Adult Bible study, 6 p.m.
Thur.: Women's Bible study, 6:30 p.m.
Bruce Martin, pastor

North Cascade Community Church
59850 SR 20, Marblemount
360.873.2504 // www.mmag.net
Sunday School: 9:30 a.m.
Sun. worship: 10:30 a.m.
Thur.: Men's meeting, 8 a.m.
Thur.: Bible Study, 7 p.m.
Dave Nichols, pastor
E-mail: pastordave@fastmail.fm

First Baptist Church
12732 Hemlock St., Clear Lake
360.856.2767

Lyman Church
31441 W. Main St., Lyman
Office: 360.826.3287
Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Catholic
St. Catherine Mission Church
45603 Limestone St., Concrete
Mail: 719 Ferry St., Sedro-Woolley
Office: 360.855.0077
Weekday hours: 9:30 a.m.—3:30 p.m.
Sat. Mass: 8:30 a.m.
Father Martin Bourke, pastor
www.svcc.us/scm

Covenant
Community Covenant Church
12605 Highway 9, Clear Lake
360.856.1023 // covenant@wavecable.com
www.clearlakecov.org
Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.
Call for weekly youth group/Bible studies
Tim Hedberg, pastor

Free Methodist
Day Creek Chapel
31438 S. Skagit Hwy, Sedro-Woolley
Office 360.826.3696
Sun.: 9:15 a.m. prayer svc, 10 a.m. worship
Tue.: Women's Bible study, 9:30 a.m.
Thur.: Bible study at Louise's complex, Mt. Vernon, 6:30 p.m.
Fri.: Women's Bible Study at Kathy's in Day Creek, 8 a.m.

Methodist
Central United Methodist Church
1013 Polke Rd., Sedro-Woolley
360.856.6412 / centralumcsw@yahoo.com
<http://centralumcsw.org>
Adult Sunday School: 9:30 a.m.

Sun. worship: 11 a.m.
Marilyn Kallshian, pastor

Presbyterian
Mount Baker Presbyterian Church
45705 Main St., P.O. Box 246, Concrete
Church 360.853.8585; office 360.595.0446
www.mtbakerpresbyterian.synodnw.org
Sun. worship: 9 a.m.
Tom Ross, pastor

Lutheran
Shepherd of the Hills Lutheran Church
46372 Main St., Concrete / 360.853.8814
Sun. worship: 10 a.m.
Chris Anderson, pastor

Nondenominational
Agape Fellowship
Meets at Mount Baker Presbyterian,
45705 Main St., Concrete
Second and fourth Weds., 7 p.m.
360.708.4764
Dolores Elliott, pastor

Community Bible Church
45672 Limestone, Concrete; 360.853.8511

E-mail: cbcofconcrete@earthlink.net
Sun. School: 9 a.m.; Worship Svc: 10 a.m.
Childcare/Children's Ministries at both
Contact church for other ministries
Rob Thomas, pastor

The RIVER Gathering
720 Puget Ave., Sedro-Woolley
Sun. worship: 10:30 a.m.
Wed. potluck/study: 6 p.m.
Thur. ladies group: 6:30 p.m.
Last Fri./mo. potluck/games: 6 p.m.
www.facebook.com/therivergathering
360.853.6676 // Pastor Larry Weston

Rockport Christ the King Comm. Church
11982 Martin Rd., Rockport, WA 98283
Church office: 360.853.8746
Pre-service fellowship: 9:30 a.m.
Sun. service: 10 a.m.
Sun. eve. Bible study: 5 p.m.

Wildwood Chapel
41382 SR 20, Concrete
Sun. worship: 10 a.m.
Bible studies: Call for times
360.708.4330

Obituaries published in Concrete Herald
from May 2009 to present are posted online at:
www.concrete-herald.com/obituaries
For more information, call 360.853.8213 or e-mail editor@concrete-herald.com.

Jehovah's Witnesses will hold the first of three three-day conventions at the Tacoma Dome July 3–5, beginning at 9:20 a.m. on July 3. The theme of this year's program is "Imitate Jesus!" The conventions will examine Jesus' life and emphasize how all can benefit in practical ways from his example and teachings. Admission is free.

Two more conventions are planned for July 10–12 and 17–19.

CONCRETE HERITAGE MUSEUM NEWS

The museum is putting together a **cookbook** for use in future fundraising and events. Gail Boggs is working on collecting recipes and is hoping to receive 200 to 250 to complete the book. We encourage people to solicit their own favorite recipes and those from relatives and friends. E-mail recipes to Gail at jboggs@washington.com or drop them by during the museum's open hours, noon to 4 p.m. on Saturdays. The cookbook is planned to be roughly completed toward the end of the year, in time for the holidays and Christmas bazaars as the perfect stocking stuffer.

The work on the **annex building** has passed its second inspection recently; the OSB is the next thing to go up and then the major construction will be finished. Once the annex is completed, the museum will be able to expand upon the displays currently open for viewing.

On Aug. 20, the museum will work in

conjunction with the Concrete Theatre to bring you Gary Meader's presentation on the famous Skagit Valley photographer, **Darius Kinsey**. Be sure to mark the date on your calendar!

We will be participating in the July 4 celebration in the park after the parade. Look for our booth!

For **more information** concerning any of the planned events listed here or information concerning the museum in general, you can contact the museum through John Lloyd, president, at 484.575.6374, or John Boggs at 360.853.8347. Our Web site is www.concreteheritagemuseum.org; it has many *Concrete Herald* issues in PDF format, dating back before the 1920s.

Monthly meetings are held on the third Wednesday of every month, starting at 7 p.m. at the museum, always open to the public. We encourage everyone to join us.

—Bowen Beals

At the Upper Skagit Library

Our "Every Hero Has a Story" **Summer Reading Program** has started with a BANG! We already have several youngsters and teens exploring their superhero strength and imaginations. Sign up anytime this summer and you'll have a chance to win prizes, even a shiny new bicycle. Be Super Crafty every Friday, and on Silly Saturdays find five silly things and win a prize. Find out more at www.upperskagit.lib.wa.us.

"Be a Hero" during this year's **Concrete Youth Activity Day** on July 9 at Silo Park in Concrete, from 12:30 to 4:30 p.m. Spend a family day having fun with hands-on activities and connect with community resource providers. Participate in superhero-themed crafts at our table. Sponsored by the library, The Zambini Brothers Puppets will entertain.

The library has returned to the **Marblemount Market**. Catch us every second Sunday of the month; the next date

is July 12. We provide books for checkout and for sale, library information, kids' activities, and library card sign-up.

Summer Fun events

Step back into time with **Knights of Veritas** on July 22 from 5 to 6 p.m.

Predators of the Heart will educate and inspire with animals from the wild on July 31 from 11 a.m. to noon. These events are held on the library lawn and are free and open to the public.

New arrivals

In adult fiction, *Wicked Charms* by Janet Evanovich. In adult nonfiction, explore living small in *The Big Tiny* by Dee Williams. In children's, watch a son of superheroes fly in *Max*.

The library will be closed on Sat., July 4. The next Upper Skagit Library Board meeting will be July 9 at 5 p.m.

—Cora Thomas, library associate

Sheriff's Blotter, cont. from p. 31

June 6

A Concrete caller reported seeing a motor vehicle accident in which the vehicle fled. A likely intoxicated driver ran over a woodpile and hit a picnic bench on Miller St. The vehicle was a gray SUV, and the caller had obtained a license plate; the vehicle was located in Marblemount crashed into someone's lawn. The driver was identified and processed for DUI by the State Patrol. Please, don't drink and drive.

June 7

A patron from the Lyman Tavern reported an assault. The man said he was reading the advertisements on the front door, apparently letting all the cold air out. This upset a patron, who apparently works for the air conditioning police, so he slammed the door on a female who was with this man. The patron was cited for 4th degree assault.

June 11

At approximately 4:50 a.m., a deputy came upon a car-vs.-elk accident near Hamilton. A small pickup truck struck an

elk, which had jumped out of the ditch. Thankfully the driver was not hurt, but the elk was killed. Remember, the elk are still in the east county SR 20 corridor, and the forecast is to increase the herd. Be vigilant.

Deputies were called to an intoxicated person lying on the steps near the Upper Skagit Library in Concrete. The man was intoxicated and rude to the deputies. Med 7 arrived to check his welfare. He was transported to PeaceHealth United General Medical Center, where he blew a .260 alcohol level. After a short stay at the E.R., he was booked on his outstanding warrants. A .260 would kill most people; this guy was apparently a professional.

June 12

At approximately 9:30 p.m., a deputy attempted to stop a motorcycle for speeding on SR 20 near Hamilton. The motorcycle failed to stop and it was obvious the rider saw the deputy, since he turned around several times as he sped away. The deputy ended his pursuit for safety reasons, but located the motorcyclist a short distance away at a gas station. The driver was arrested. He was

a citizen of Canada, so he had to work out his arrest issues with the Canadian Consulate in Ottawa. He was booked into jail, and his motorcycle was impounded. I have an idea: Just slow down; Winthrop isn't going anywhere.

June 13

A caller from the north end of Hamilton reported loud music coming from Boots Bar in town. Deputies are working with the town to coordinate a response to the ongoing noise issue.

June 14

A person was walking her dog on the trails near Cabin Creek Rd. near Hamilton. A man with several young boxer puppies was also walking in the area. A confrontation between the boxer pups and the lone dog resulted in a dog fight. There didn't appear to be any injuries to any of the dogs. The boxer pups' owner was cautioned about having potentially aggressive dogs.

June 15

A Concrete caller reported a possible DUI driver on SR 20 near Concrete. Several callers reported a man stumbling away from a black car parked on the

side of the road. A deputy arrived and the man stumbled down the middle of SR 20. He was arrested for disorderly conduct and transported to jail on various charges. Earlier that day he was wanted by Department of Corrections. They went to his house in Burlington and knocked on the front door, so he ran out the back, somehow ending up in Concrete.

Some alert family members may have prevented a tragedy on SR 20 just west of Marblemount. A couple was driving westbound on the highway just leaving Marblemount, when the driver apparently fell asleep. The car crossed into the oncoming lane and plunged down the riverbank heading for the Skagit River. It stopped after striking a tree and rolling over. Both the driver and passenger were wearing their seatbelts and were left hanging upside down. A family following this car immediately pulled over. Mom called 911 and her boys, who are Eagle Scouts from Stanwood, sprang into action. They raced down the riverbank to assist the trapped people and helped them up to

See Sheriff's Blotter, p. 39

July at the Darrington Library

Children's programs

- Explore Summer: Villains – They're Bad, But That's Good, July 1, 11 a.m. to noon
- Explore Summer: Guardians of the Sea – The Coast Guard, July 8, 11 a.m. to noon
- Explore Summer: Thundering Tall Tales, July 15, 11 a.m. to noon

Teen programs

- Iron Chef: Ice Cream and Bananas, July 13, 1 to 3 p.m., for ages 12 – 18.
- Summer Meltdown: Watermelon Games & Snacks, July 29, 3 to 5 p.m. Watermelon seed-spitting contest, popsicle races, marshmallow-eating contest, more. For teens 12–18.

Adult programs

- Candidate Forum, July 20, 5 to 7 p.m. Meet the candidates running for Darrington mayor and Darrington School Board Positions 1, 2, 3, and 5. Bring questions for candidates.
- Summer of Authors Series at Mountain Loop Books & Coffee, July 29, 6 to 7 p.m. Featured author: Jillian Anderson Coats discusses her book, *The Wicked and the Just*. For teens and adults.

The Darrington Library is located at 1005 Cascade St., Darrington. For more information, go to www.sno-isle.org?ID=1194 or call 360.436.1600.

—Asheley Bryson, branch manager

Lions ROAR

Our **next meeting** will be held on Sept. 2 at Annie's Pizza. The meeting starts at 6:30 p.m.; however, there is always a group that gathers around 6 p.m. to eat and socialize before the meeting starts. All existing members mark your calendar. For those interested in becoming a member, submitting a request, or just want to see what we are about, please feel free to stop in.

The Lions Club will have its food booth at **Cascade Days**. Money raised will go to the Children's Fund. Stop by and enjoy the food and visiting with your local Lions Club members.

The Lions Club has access to **medical equipment**, such as wheelchairs, walkers,

shower chairs, and commodes, that can be lent to those in need. Contact any Lions Club member and we will do our best to help you out.

As we enter summer, it is the time to think about our commitment to ourselves and others. I encourage members of our community to think about and **join your local Lions Club**. Our club is your club. We are a club to serve you and our community. Our hope for 2015 is to increase our membership numbers times two. We all have friends and family who have seen the outreach of your local Lions Club, so now is the time to give great thought about being a member!

For those interested in becoming a member, submitting a request, or just wanting to see what we are about, please feel free to stop in to one of our meetings.

—Connie Smithhart

North Cascades Vintage Fly-In

July 24–26 Mears Field Concrete

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Reasonable rates
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Complete excavation and lots, to acreage cleared / log loads, underground utilities avail.
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360.826.6001 / allvalleystorageinc@live.com
Online: www.allvalleystorageinc.com

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Unique selection of handcrafted gift by local artists. Collectibles and antiques.
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Facebook or rusticrooster20@gmail.com

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Hair Fitness
Complete family hair care, specializing in: PERMS / COLOR & CUTS / WAXING
More than 25 years' experience!
Call Kathy Monrad and Becki Hoover for appt
360.853.8684

Liquor stores

Concrete Liquor Store & Convenience Store
45895 Main Street, Concrete // 360.853.7149
Monday thru Saturday 11 a.m. – 7 p.m.
Sundays Noon to 5 p.m.
Gifts, Rocks, Tobacco, Cigars, and more!

Pawn shops

Gold Nugget Jewelry & Loan
New & Used guns, ammo, sporting goods
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Out & About



Home & Garden



Burlington: Berry Dairy Days Fred Meyer Grand Parade winners were named last month, with the Skagit County High School Marching Band (pictured) taking first place, Christ the King Church taking second place, and Creekside Continuing Care Community snagging the third place prize. *Submitted photo.*

Skagit County

Art studio tour returns

Skagit Artists Together will host its 12th annual juried Studio Tour on Sat. and Sun., July 18–19, from 10 a.m. to 6 p.m. both days.

From Anacortes to Concrete, 30 artists will display their work at 20 studios throughout Skagit County.

Upper Valley artists

Three artists in the *Concrete Herald* coverage area will open their studios to visitors during this year's tour. In Concrete, look for woodworker John Burmaster at Baker River Woodworks in Concrete Town Center. In Grasmere, find glass artist Athena Hornsby at Northwest Garden Bling in Grasmere Village. And in Sedro-Woolley, visit with ceramic artist Patsy Thola Chamberlain at 7594 Delvan Hill Rd.

This year, Signature Artist Alfred Currier with Anne Schreivogl will open

their Anacortes studio doors featuring Currier's rich and colorful landscapes, many of which portray Skagit Valley scenes. Schreivogl's whimsical and colorful abstractions inspire the imagination.

Tour attendees will find glass art, wood, oil, ceramic art, acrylic and watercolor paintings, pastels, jewelry, pottery, functional art, fiber art, 2-D and 3-D collage, and photography.

The studio tour is always a festive event; organizers say it's like 18 different parties with fine art and crafts to enjoy. Tour goers are encouraged to make a day of it and bring family and friends.

The tour creates an opportunity to chat with the artists, asking them to explain their techniques while visitors view their work.

Studio Tour brochures are available for download and printing at www.skagitart.com. Brochures include the artist's studio address, a photo, a description of their work, and a map to all studio locations. Brochures also may be picked up at city chamber of commerce offices, local merchants, and at each participating studio.



Rasmussen

911 veteran passes one-month mark as director

Helen Rasmussen is six weeks into her new job as Skagit 911 Director, but her roots in the field date back more than 16 years, a valuable work history in a world that involves dispatch services for agencies serving a 1,700-square-mile region.

Rasmussen, selected to her leadership role by the Skagit Emergency Management Council (EMC) on May 15, has worked her way up the ladder from a career start as a dispatcher.

"This is the best job, the best industry I have been in," said Rasmussen. "Every day is a learning experience. Every day those of us in this center can walk away knowing we have provided well for our community and the agencies for whom we dispatch."

Skagit 911 is the primary Public Safety Answering Point for Skagit County. Although located in Mount Vernon, the Center provides call-taking and dispatch services for law enforcement, fire, and emergency medical services agencies located throughout Skagit County.

The Skagit 911 Center team receives more than 200,000 calls annually.

Lyman-based charity will host Poker Run fundraiser

Heart to Heart Charity will hold a Poker Run fundraiser on Sat., Aug. 1. The event is geared toward motorcycles and will start at The Coffee Barn, 9552 Old Highway 99 North, Burlington.

Registration begins at 11 a.m., with first bikers out at 11:30 a.m. Participants will receive one poker hand, a scenic ride through Skagit County to collect cards for prizes, and a meal provided at the end of the ride. The final party will be held at The Wild Blueberry restaurant beer garden, on SR 20 in Lyman. Anyone may attend the end party to enjoy music, food, horseshoes, and an outdoor pool table at a reduced cost; contact the charity for more details. A meal is included in registration for participants and additional food or drinks can be purchased at the restaurant, which has a full bar.

The cost for the Poker Run is \$20 for bike/rider and \$30 for bike/rider/passenger. Payments can be sent via PayPal using hearttoheartcharity@gmail.com (please use Gift tab). The charity also accepts credit cards, debit cards, and personal checks. Check payments should be sent prior to registration or submitted the day of the event. Checks should be payable to Heart to Heart Charity and sent to P.O. Box 1372, Lyman, WA 98263. Attendees may pay ahead of time or at the event during registration. There is no penalty fee for paying the day of the event. Pre-registration is encouraged. Registration forms can be sent via email; send an email to hearttoheartcharity@gmail.com to request a form.

Volunteers are needed for this event as well as businesses that would like to donate prizes. Contact Tammie Werner at hearttoheartcharity@gmail.com or 360.826.3818 for details.

Funds raised from the event will support charity activities for children of low-income families, including homeless bags, assistance, and a Christmas Angel Tree program. Find the event on Facebook.

—Tammie Werner

Read Concrete Herald
The Voice of the Upper Skagit Valley

By Sacha Johnson

A pesky new weed is cropping up in Upper Valley hay pastures, roadsides, and unmowed grassy areas. Yellow rattlebox (*Rhinanthus minor*) is an annual plant with yellow flowers that somewhat resemble very small snapdragons.

The plant's name refers to its seedpod. When the plant goes to seed, which it does very well, it develops a dry, papery, coin-shaped seedpod full of loose seeds that rattle and shake out when brushed by people, livestock, or equipment. It is considered native to Washington and other northern regions throughout the world, but it is most commonly seen in areas that have been disturbed by humans.

The flowers may be pretty and the seedpods interesting, but the plant is a vampire below ground. Its roots colonize the roots of pasture grasses, robbing them of nutrients and energy. A heavy infestation of yellow rattlebox can kill grasses in one growing season and can drastically reduce hay yield.

Yellow rattlebox can be considered useful in some circumstances. Restoration ecologists use it to weaken pasture grasses and restore native meadow.

Yellow rattlebox appears to be increasing in many areas of eastern Skagit County. Many livestock owners, my husband included, have complained about it showing up in their pastures. Horses will not eat it. Cows will, but they do not prefer it. Some research suggests that it is toxic to livestock. As yellow rattlebox continues to spread, livestock graze the remaining grass more heavily, creating a one-two punch that knocks the grass back even further.

In England, farmers see yellow rattlebox as a sign of poor soil fertility. Grasses that are nutrient-stressed are more susceptible to yellow rattlebox attack. New England researchers found that yellow rattlebox is associated with late mowing—in other words, fields that can't be hayed early allow yellow rattlebox to more readily go to seed. Not only does the seed fall around the plant, it also spreads throughout the field (and beyond) on equipment, in hay, or by livestock. One farmer observed

yellow rattlebox germinating directly from cow pies.

Getting rid of rattlebox

There are no herbicides registered for use on yellow rattlebox. The good news is that the plant is relatively easy to control by early mowing. Mowing should be done in late spring, before yellow rattlebox sets seed, at a height of approximately 4 inches (lower and you risk scalping grasses; higher and you might miss the yellow rattlebox). The plant is an annual, which means it dies in the winter. The seeds only live two to three years. Two years of early mowing should be sufficient to knock back the yellow rattlebox.

Yellow rattlebox spreads easily on equipment. It is important to make sure mowing equipment is cleaned off after mowing an infested field. Also, don't bring hay with yellow rattlebox seed pods onto your field.

In addition to mowing, try to maintain soil fertility. Send a soil sample in to get tested. The test results should give you recommendations on what nutrients are lacking and how much to add to your soil. Farmers in New Hampshire found that spreading wood ash significantly reduced yellow rattlebox. You can get a similar effect by adding lime and potassium to your soil.

Yellow rattlebox is a weed in Upper Valley pastures, but can be controlled by early mowing. In the Upper Valley, many farmers are forced to hay later in the summer. We normally don't get breaks in the weather until after July 4. Those not willing to sacrifice a year or two of hay crop could try making haylage or silage, which would allow for earlier mowing.



Yellow rattlebox (*Rhinanthus minor*) is gaining a foothold in the Upper Skagit Valley. An annual plant with yellow flowers that resemble small snapdragons, rattlebox is a vampire below ground: Its roots colonize the roots of pasture grasses, robbing them of nutrients and energy. Upper Valley livestock owners already have noticed a depletion of pasture grasses. Horses won't eat the weed, and cows do not prefer it. *Submitted photos.*

Nick VanJaarsveld
Financial Advisor

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Smile



Dwelleysms

Wit from former
Concrete Herald editor
Charles M. Dwelley

"As car manufacturers battle toward the ultimate goal of the perfect car, we look forward to the day when they will be all so much alike that all the salesman will ask is 'What size and color?'"

"Junk mail is to end March 31 everywhere but the rural routes and post offices boxes. Rank discrimination! We want to be treated like everyone else!"

"If we may be permitted the most obvious pun in years, conditions at the cement plant, which have long been superior, will soon be ideal."

"Congress was opened with prayer—and the taxpayers had better continue doing so until the session ends."

—Jan. 6, 1955

"The greatest setback in raising youngsters to be good citizens was when somebody started calling them 'juveniles.' Kids may get into trouble once in a while, but juveniles are holy terrors. It's like calling a boy 'Junior' when he'd have to do a lot less fighting under the name of 'Butch.'"

"The latest hospital bed is equipped with push-buttons that automatically provide all the needs of a patient short of wheels and power to get him home when he's well enough to get homesick."

"Britain accuses us of having too many babies at the risk of overpopulating the world. Leave us alone. We're just demonstrating the productivity of free

enterprise."

"Along with recommending that horror comics be banned for children, we suggest that lawmakers stop scaring the pants off grown-ups with all those wild tax proposals."

"The average American ate 53 pounds of tomatoes last year. Not counting the several gallons of catsup used to kill the taste of other foods. He likes 'em."

"Special nonfattening sweets have been developed for fat people, thereby taking all the thrilling hazard out of snitching an extra chocolate."

"Strange how in our noble efforts to promote world peace, we always end up supplying war materials to one of the quarreling nations involved."

"Don't get discouraged. These are the 'good old days' you'll tell the grandchildren about."

—Jan. 20, 1955

"They now have rubber posts to be used along the highways to keep damage down when cars go berserk. The next step will be to line our curves with safety nets to catch motorists on the bounce."

"One thing about being in business for yourself: The boss may not be rich, but he's certainly all on your side."

"Love may not make the world go around, but it keeps sweethearts as dizzy as if it did."

—Jan. 26, 1955

"Skagit County is predicted as logical refuge for large-city evacuees in case of atomic attack. All we can say is that any strangers will have to get here ahead of the relatives."

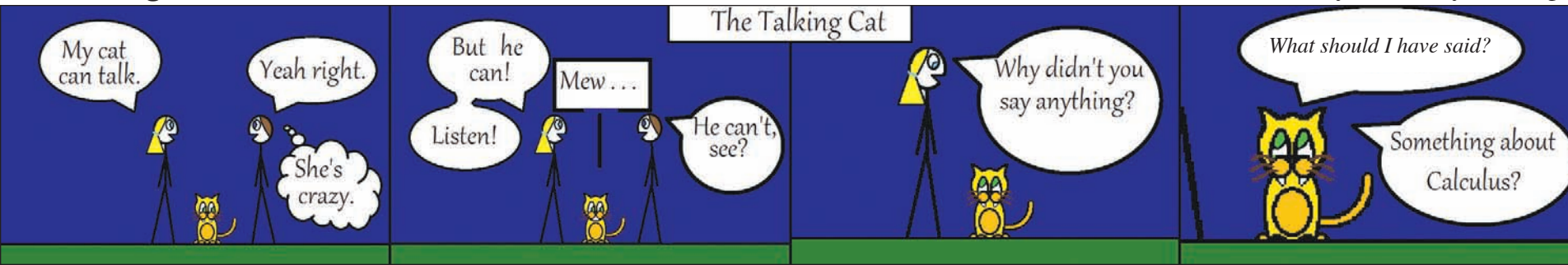
—Feb. 3, 1955

Concrete Harold

By Joyce Harris

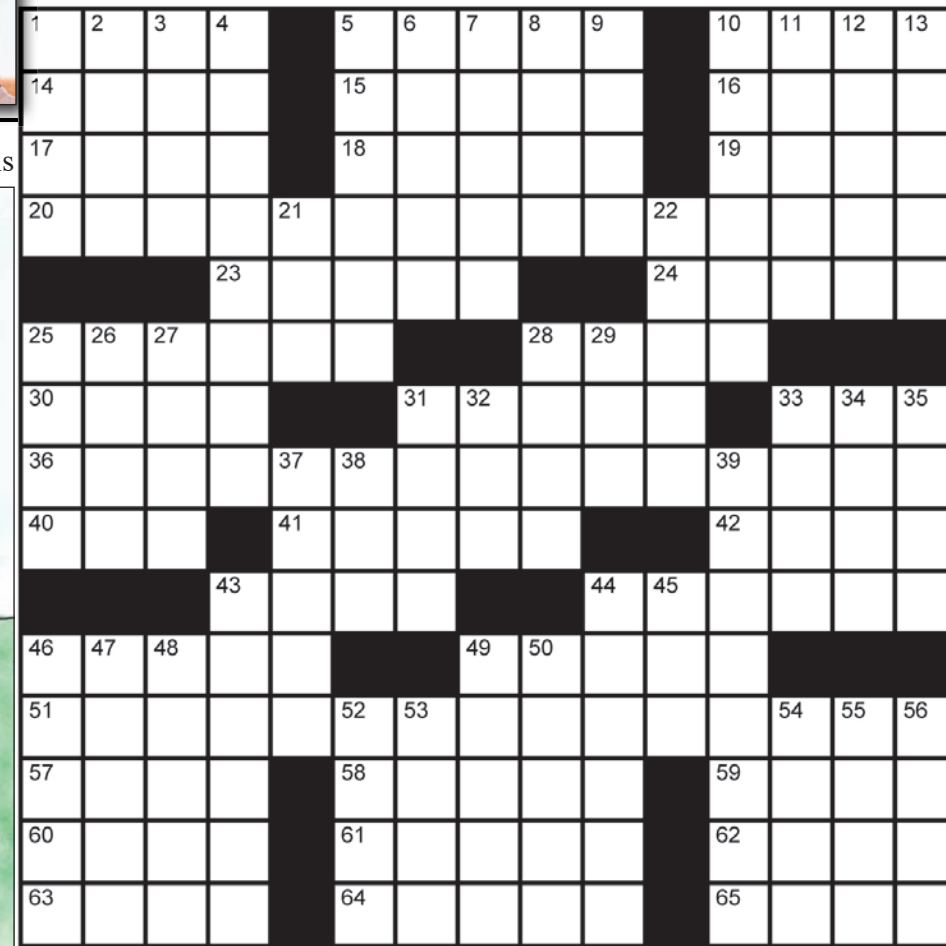


The talking cat



By Jasara Taylor-Temple

Crossword: "This way and that"



Across

- 1. Classified information?
- 5. One way to be taken
- 10. Fly, e.g.
- 14. "It was ____ mistake!"
- 15. Parlor piece
- 16. Head or night starter
- 17. Film unit
- 18. Cockamamie
- 19. Battering wind
- 20. One way to move
- 23. Rock fracture
- 24. Gardener's soil
- 25. Whips
- 28. Astringent
- 30. Achieving Moksha is one of its goals
- 31. Rivera product
- 33. Elusive one
- 36. One way to move
- 40. Balancing pro
- 41. Order
- 42. Chills and fever
- 43. Hordeolum
- 44. Monovalent radicals
- 46. Île de la Cité locale
- 49. Free-for-all
- 51. Every which way

Down

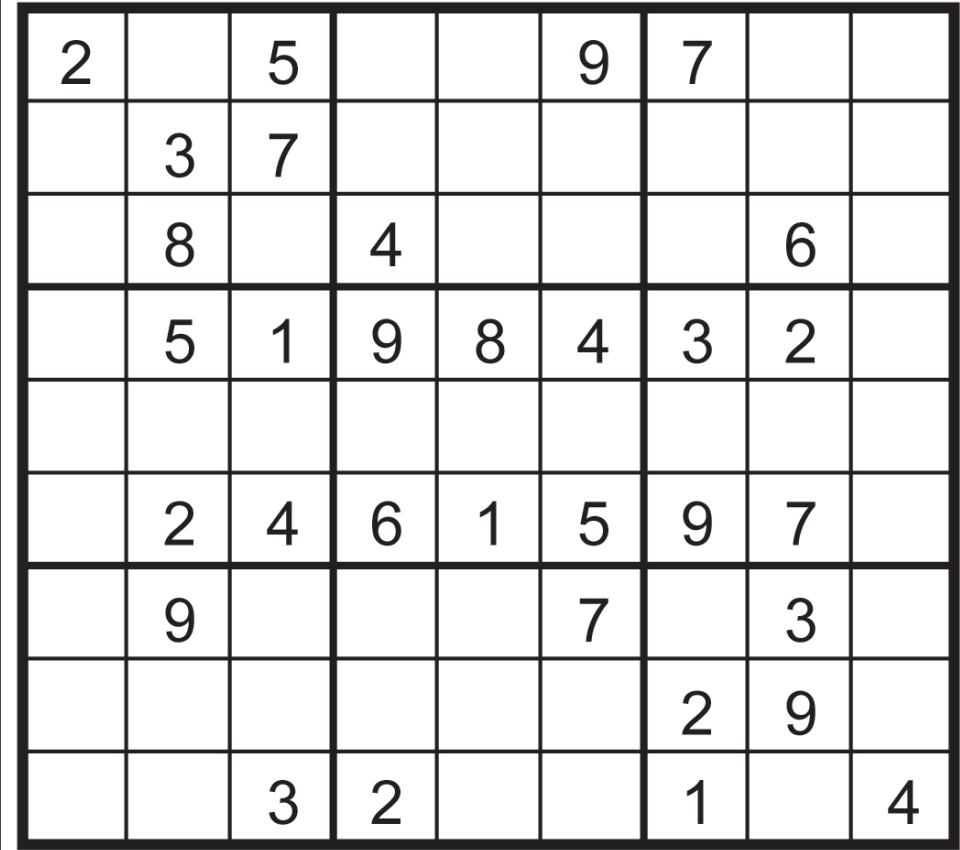
- 1. Rattles
- 2. Promise, e.g.
- 3. Cheese variety
- 4. Playa
- 5. Farewells
- 6. Double
- 7. "Stop!"
- 8. Empty talk
- 9. Had down cold
- 10. Organized persecution
- 11. Duck
- 12. Goes (for)
- 13. Deuce toppers
- 21. Ate
- 22. "Be-Bop-____"
- 57. Boor
- 58. Showy flower
- 59. D.C. al ____ (musical direction)
- 60. Suffix with neur-
- 61. Hinder
- 62. Opposite of charge
- 63. Actor Green of "Buffy the Vampire Slayer"
- 64. Fop's footwear
- 65. Wraps (up)

Across

- 25. Accord
- 26. Campus store
- 27. Indian tourist stop
- 28. Chichi
- 29. Kind of partner
- 31. Just
- 32. G8 member
- 33. Provocative
- 34. Jewish month
- 35. Strong cleaners
- 37. More than unpopular
- 38. Crooked
- 39. Illegal shares of profits
- 43. Rat
- 44. Nuptial sites
- 45. Island ring
- 46. Flies alone
- 47. Chew the scenery
- 48. Indigenous Canadian
- 49. Peach ____
- 50. Pomp
- 52. Does in
- 53. Alternative to steps
- 54. "Blue" or "White" river
- 55. Avon anti-aging brand
- 56. Historic Virginia family

Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.



*Solutions to both puzzles are on p. 39.

Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in June.
- "I was feeling like a bad-ass all day today until my policewoman neighbor rode by on her Harley and waved at me while I was picking up dog poop."
 - "Conversation for the day:
(As I am putting away dice, some fall on the table)
'Mom, are those dice I hear!?'
'Ye—'
'Why do you have dice out!? What are you going to do with them!? Are you playing a game!? I can get my dice! We can have dice out and play! Can we!? What game are you playing!? Are people coming over!?'
'N—'
'I'M GOING TO GO GET MY DICE, BE RIGHT BACK!'
This entire 'conversation' took place in less than .2 seconds."
 - "So who will be giving the rebuttal to [Obama's] eulogy?"
 - "Note to self, I'm not as graceful as I use to be running across the roadway in heels. Thank you everyone who stopped to provide assistance and scoop me up off the ground. How embarrassing, but I'm fine."
 - "Dear Western Washington, I apologize for the weather today. I may have said out loud that I was going camping at Fort Casey, so 90 mph winds and rain are incoming."
 - "There might be a problem when I message my friends to see who has bolt cutters and each of them wants to know if they would be considered accomplices in whatever it is I am up to if they say yes. Really, I just lost the key to shed. Really."
 - "My mothering instincts to save my children from danger draw the line at teenage boys who spray giant wasp nests with Raid in the morning instead of in the evening like rational people."

The Man in the Mud Room

By Nicola Pearson

Editor's note: This is the seventh installment of a monthly serialized story by award-winning author and playwright Nicola Pearson of Sauk City. Future installments will appear on this page each month during 2015 until the story is complete. Previous installments are posted at www.concrete-herald.com.

The last thing Lange examined before he left the Breckenridge home was the painted gourd he'd seen sitting on the shelf above the kitchen table. He'd moved to take a closer look earlier, but had been interrupted by the talk of Breckenridge's infidelities.

The gourd, however, continued to catch his eye. It was an acorn squash, turned into a canvas for a painting of a black bear walking through the woods. It was cleverly executed, with the ridges on the gourd giving depth to the trees that were acting as camouflage for the bear. It wasn't the kind of art that Lange usually liked, but he liked this one. "Did Margi paint this?" he asked.

Breckenridge craned his head around and looked up. "Yep," he grunted. "And it's mine."

"I wasn't going to—"

"Lot of people have tried to buy that one," he went on, overriding Lange. "But Margi gave it to me."

"You know, I saw that up there," said Suleka, gazing up at the gourd. "but I didn't think it was Margi's. I've only ever seen the ones she does with the colors on them. Like the ones on the porch."

"First time she tried wildlife," boasted Breckenridge, "and everyone says how good it is. I had somebody offer me four hundred bucks for that one."

Lange had been about to touch the gourd but changed his mind. He spun around and pulled both sides of his mouth down at Deller, impressed. She flexed her eyebrows back at him as if to say, "I told you."

"Your wife's obviously got talent," Lange remarked.

"Yeah she does. You should see the new ones."

Lange narrowed his eyes, curious.

Breckenridge went on. "When Margi saw how much people liked the bear, she did others: a deer, a bald eagle, a coyote with its cub—a whole bunch of different ones."

and flipped through the pages, trying to beat the cold by going fast. "Mary Lynn McCracken."

"You know her?" Lange was looking at Suleka, who sank farther down into the black knit scarf around her neck. Around them, downed branches and limbs were already popsicle white with hoar frost and everything was quiet in a way Lange had never experienced in New York.

"Uh-huh. Not very well though. You think she might have seen something?"

"She might," said Lange as he moved away, his mind leapfrogging to the possibility of the gourds in the back of Margi's car. He saw a Toyota pick-up that he assumed belonged to Sam Breckenridge parked perpendicular to Deller's Crown Victoria and a white, Subaru station wagon in the shed. That was probably Margi's. He walked toward it, using the light from the moon to scour the ground for signs. Signs of what, he wasn't sure, but he had a sense that there had to be something that might point him in Margi's direction.

The ground revealed nothing and Lange gave Margi's yellow Schwinn bicycle, which was leaning up against the outside of the shed, a quick once over with his eyes, but saw nothing out of the ordinary there either. Behind him he heard Suleka recounting details of the local burglaries to Deller, her voice echoing out into the trees in the quiet of the evening. He slipped inside the shed to check the Subaru. He flipped his phone out of his pocket and activated the flashlight app. A bright beam of light shone on the back seat of the Subaru, where Lange saw nothing other than a small pet carrier. A deep humm vibrated in his throat. Where was the fruit box full of painted gourds?

He ran the flashlight over the front seats and the floor of the station wagon, and then walked around to the back of the vehicle. He squeezed the handle on the hatchback with the fingers of his left hand and it popped open, allowing him to move the flashlight over the floor. But there was nothing more than a few stray boughs, a leash for the dog, and a couple of cloth shopping bags. He let the hatch back fall closed and stood for a moment, sucking softly on the plate in the roof of his mouth. He turned 180 degrees, blurring his gaze in the dark on the other side of the cabin. He was supposed to find something out here, he was sure of it, but he couldn't figure out what.

Lange became aware that Deller and Suleka had stopped talking and were watching him from where he'd left them standing in the middle of the driveway.

"That's okay. I should go talk to this woman anyway. D'you have her name?"

Deller pulled a small, red, spiral-bound notepad out of her jacket pocket

He didn't want them out in the cold any longer than necessary, especially since it didn't seem that there was anything worth finding out here. But then he noticed that the women weren't the only ones watching him. Coco was sitting at the top of the porch steps, staring at him with her big, round eyes. She was very intent, as if willing him to find something, and her posture caused Lange to crouch down, close to the ground, and shine his flashlight under the Crown Victoria. Yep, there was something under there, too far away to reach, but something small and white, alongside a hunk of vine maple. He stood back up, feeling an excited thrum in his chest. "Frankie, move your vehicle, would you."

"You see something?" she asked as she crossed toward her car.

"Something," he nodded, "but I don't know that it's anything. Just back up a few feet."

Deller didn't argue. She slipped into the driver's seat, turned the engine on, and eased the vehicle back half a car length. Lange saw what he'd been looking at under the car and held up his hand for her to stop. He stepped toward the small white item and heard, before he saw, Coco racing across the gravel to get there ahead of him. "Stop that dog!" he yelled, fearing the tiny Chihuahua would chew the evidence before he'd even had a chance to examine it. Suleka lunged, Deller sprinted and Lange lurched forward, but they weren't fast enough. Coco had the length of vine maple in her jaw and was dragging it across the gravel, growling at them to leave her alone.

"Oh that's what she wanted," Suleka remarked and looked at Deller. "No wonder she kept charging your car. You parked on her toy."

Lange was squatting over the ground by where the dog had retrieved the vine maple. "Fortunately that's not what I was after," he muttered, his eyes on a small rectangle of white paper with a hole in one end. It looked like someone had written something on the paper, but it had obviously been stepped on and rained on so the markings were smeared and hard to decipher. Deller was peering over Lange's shoulder. "What is that?" she asked. "A price tag?"

Lange blinked and pulled his head back, looking at the rectangle differently. "Oh now that could be," he said. He pulled a Leatherman tool out of the pocket of his jeans, used the scissor attachment to gently lift the paper up off the ground, and

Mud Room, cont. from p. 38

dropped it into an evidence bag Deller was holding.

"I think I've found something else," Suleka said. She was standing next to Coco and peering down at the ground. Lange crabwalked over to her, shining his flashlight on the ground to be sure he didn't step on anything important, and saw what Suleka had discovered. It was a cluster of small, opaque pearls on inch-long lengths of twine. He fished around in the gravel with the scissors to expose them and found they were being held together by a figure eight clasp on a silver hook.

"An earring," he said as he lifted it up into the air.

Suleka gasped. "That's Margi's."

Continued next month ...

Sheriff's Blotter, cont. from p. 33

the roadside. No one was injured!

June 16

911 received a call of three kayakers who had capsized on the Skagit River near milepost 112, the Copper Creek boat launch. The newly formed Search and Rescue Unit—the East County Water Rescue "River Dogs"—responded to the SAR request for help. They were able to retrieve the parties and determine there were no injuries. This was the first actual usage of the recently formed team and from all accounts, things went swimmingly.

June 17

Deputies were sent to check on two suspicious persons unloading items from a business on Main St. in Concrete. A deputy discovered this was a previous

Sudoku solution, from p. 37

2	4	5	8	6	9	7	1	3
6	3	7	5	2	1	8	4	9
1	8	9	4	7	3	5	6	2
7	5	1	9	8	4	3	2	6
9	6	8	7	3	2	4	5	1
3	2	4	6	1	5	9	7	8
8	9	2	1	4	7	6	3	5
4	1	6	3	5	8	2	9	7
5	7	3	2	9	6	1	8	4

See Mud Room, p. 39

Classifieds

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tenant and they were moving items to storage.

June 18

Deputies were called as words were exchanged between two men at the Concrete Center. The argument was over a vehicle and was over by the time deputies arrived.

—Compiled by Sgt. Chris Kading

Crossword solution, from p. 37

1	J	O	B	S	5	A	B	A	C	K	9	P	E	S	13
14	A	L	L	A	15	D	I	V	A	N	16	O	V	E	R
17	R	E	E	L	18	I	N	A	N	E	19	G	A	L	E
20	S	O	U	T	21	H	E	A	S	T	22	A	R	D	L
23	F	A	U	L	T	24	L	O	E	S	S				
25	S	C	A	L	D	S	31	M	U	R	A	L	33	E	
30	Y	O	G	A	32										
36	N	O	R	T	H	W	E	S	T	W	A	R	D	L	Y
40	C	P	A		41	A	R	R	A	Y	42	A	G	U	E
43	S	T	Y	E	44	A	L	K	Y	L	S				
46	S	E	I	N	E	49	M	E	L	E	E				
51	O	M	N	I	D	52	I	R	E	C	T	54	I	O	N
55	L	O	U	T	56	C	A	L	L	A	58	F	I	N	E
60	O	T	I	C	61	E	M	B	A	R	62	F	L	E	E
63	S	E	T	H	64	S	P	A	T	S	65	S	E	W	S

PROPERTIES FOR SALE



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Question, Persuade, Refer Gatekeeper Training for Suicide Prevention

Location:

Upper Skagit Library

Instructor:

Stephanie Morgareidge,
East County Resource Center Coordinator
Certified QPR Instructor

Dates Offered:

Monday June 29th — 4:30 to 6pm

Monday July 13th — 4:30 to 6pm

Thursday July 30th — 7pm to
8:30pm

Monday August 31st — 5pm-6:30pm

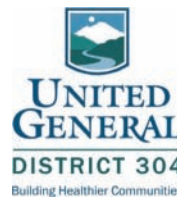
Question, Persuade, and Refer --
3 simple steps that anyone can learn
to help save a life from suicide.

A gatekeeper can be anyone in a position to recognize a crisis. Are you a parent, friend, neighbor, co-worker, teacher, minister, supervisor, health care worker, emergency responder, etc.?

In this training, you will learn:

- the warning signs of a suicide crisis
- how to question, persuade, and refer someone to help
- how to offer hope
- how to get help and save a life

To register or get more information, please call the East Skagit County Resource Center at (360) 853-7009 or the Upper Skagit Library at (360) 853-7939.



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