

The Voice of the Upper Skagit Valley

Concrete Herald

Vol. 100, No. 7

July 2017

50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdsvie • G

orkindale • Marblemount • Bullerville • Newhalem • Diablo

Preserving history in Newhalem

Seattle City Light's Skagit River Hydroelectric Project unveils a new gallery and a different kind of museum. *Page 11*

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in bid for second term** *Page 4.*

Concrete to hold town flag contest

July 14 kicks off the race to design something Concrete has never had before: a town flag. *Page 5.*

Food bank ownership shifts to board

Backed by a Robert Gates donation, the Concrete Food Bank board of directors board won a June 30 auction and will own its own building. *Page 6.*

Lyman Car & Craft Show back in town

Lyman's signature event is on tap again this month. The 17th annual Lyman Car & Craft Show will be held on Sat., July 22, in downtown Lyman. *Page 18.*

Whitehorse trail work continues

Work is coming along on the Whitehorse Trail, which follows the old 27-mile railroad line from Darrington to Arlington. *Page 24.*

Alan Ferrara, maintenance manager for Seattle City Light's Newhalem complex, stands outside the renovated and reimagined Gorge Inn, which now serves as a museum and staff cafeteria.

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Concrete Herald

The Voice of the Upper Skagit Valley



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From the editor

Thank goodness for Gates

When Skagit County Treasurer Katie Jungquist began the auction for the Concrete Food Bank building on the morning of June 30, anything could have happened. Someone unknown to us all could have stepped up and bought the building as a tax shelter, saddling the town with an absentee landlord with no meaningful connection to the community. Another bidder could have provided a half-measure, buying the building and then kicking out the food bank at the earliest opportunity.

Fortunately, neither of these scenarios happened. Former Defense Sec. Robert Gates quietly bankrolled the board's purchase of the building, then wrote a second check for \$5,000 to kickstart the fundraising for repairs. We should all breathe a sigh of relief that the building will be controlled locally, for better or worse.

Mr. Gates, on behalf of this newspaper and the Upper Valley community it serves, thank you for saving our food bank.

—J. K. M.



Explore the Baker River

Enjoy a free tour of the Baker River Hydroelectric Project

Make your reservation now to tour Puget Sound Energy's largest hydropower operation, located in the beautiful, mountain-rimmed Baker River Valley near Concrete. And while you're in Concrete, take the annual Vintage Fly-In!

When: Saturday, July 22 – tour buses depart 9:30 a.m., 10:30 a.m., 11:30 a.m. and 1 p.m. The tour lasts approximately three hours.

Where: Check-in / bus departure from Concrete Public Schools, 7830 S. Superior Ave., Concrete

What: Tour stops include:


- PSE's Baker River Visitor Center for hydroproject overview
- Overlook of Lower Baker Dam and new powerhouse
- PSE's upstream fish trap (adult fish)
- Upper Baker Dam and floating surface collector (juvenile fish)
- Baker River fish hatchery and sockeye spawning beds

For reservations:

Phone: 360-766-5656
E-mail: tours@pse.com

Limited availability, reservations required

Please note: Children under 16 must be accompanied by an adult. Buses are not wheelchair-accessible; tour participants with limited mobility are encouraged to bring a friend or relative to assist getting on and off of the bus.



PUGET SOUND ENERGY

Opinion

Letters to the editor

Thanks from Concrete Food Bank

On behalf of the Concrete Food Bank executive board of directors, we would like to publicly thank Mr. and Mrs. Robert Gates of Big Lake for their kindness in helping the Concrete Food Bank obtain the building from Skagit County.

We were so pleased to have such a wonderful outcome to what was a very alarming situation. When the owners of the building (Skagit County) announced that they would be selling the food bank building several months ago, we began to look for another location. Thanks to the generosity and community spirit of the Gates family, the Concrete Food Bank building is now secured for the future.

There are no words to express our deepest gratitude to Mr. and Mrs. Gates, but to thank you from the community of Concrete, both those who have served in this endeavor for many years and those who have found the food bank there when they were in need.

Maureen Ford, secretary
Concrete Food Bank Board

Special medal available to American veterans of World War II

Since 2014 the government of France has been awarding their highest medal, the Legion of Honor, to veterans who fought to liberate France during the Second World War. Many veterans worldwide have now received this great honor, but many veterans may not even know it is available.

The Legion of Honor is a very significant official medal that is the highest award granted by the Government of France. Living American veterans who saw service in France or directly supported the French liberation

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Message from the mayor

By Jason Miller

Despite one particular setback, we're pressing onward with town projects in July.

We learned last month that the bidding environment is favorable to primary contractors when we discovered a single bid for our water spray park project—a bid that was well over our grant amount. Ouch.

We rejected that bid and will instead break down the project into its component parts, then go after bids from smaller contractors for those parts. There's more competition in those smaller arenas, so we're confident we'll be able to get the spray park built yet this year, although now we're looking at completion by late August/early September instead of our original plan (July 4).

I'm very pleased with the outcomes of the overlay project on S. Dillard and the repair work done on Airport Way—both much needed and both looking like a million bucks now.

Construction should begin this month or in August on the Main St. restoration from Superior Ave. N. to Grasmere Rd. Finally, we will have finished our steady march from the Town Center westward, repairing, restoring, and renovating our primary street—a process that began in the early 2000s!

How awesome was it to see your efforts during our cleanup days last month? Some citizens reached out to me for guidance on how to get rid of some pretty awful situations, and I was thrilled to not only give advice, but to put on a pair of gloves and lend a hand. A big thanks to Karla Massingale and the other citizens—you know who you are—for stepping up to deal with a problem.

Finally, a goodbye to the Judd and Crissie Wilson family, who will soon leave us for North Dakota. Thank you, Judd and Crissie, for serving Concrete.

Concrete Mayor Jason Miller can be reached at goodwords@frontier.com or 360.853.8213, or by sending correspondence to P.O. Box 39, Concrete, WA 98237.



Commentary

Trumpcare lacks common sense

By Rick Larsen

If there were a book on common sense for Congress, I am sure it would include a chapter on holding public committee hearings before voting on legislation. Trumpcare would be a perfect case study: Congressional Republicans found out on May 24, 20 days after ramming Trumpcare through the House, how awful this bill truly is.

Three weeks after the House vote on Trumpcare, the nonpartisan scorekeeper for congressional legislation, the Congressional Budget Office, released its report detailing the bill's impacts. If this legislation becomes law, 23 million Americans will lose health insurance during the next decade and \$834 billion of critical federal health care funding to states will be lost. In short, Trumpcare is a real loser.

Under Trumpcare, states will have the power to forgo essential health benefits and make health care for individuals with preexisting conditions unaffordable. That means if you are one of the 25 percent of Washingtonians with a preexisting condition such as diabetes, cancer, or pregnancy, your premiums could increase dramatically.

In addition, insurers will be able to charge their oldest enrollees five times as much as their youngest.

What would this look like?

A 64-year-old making \$26,500 a year could pay up to \$16,100 out-of-pocket for insurance under Trumpcare. By comparison, under the Affordable Care Act, that individual only pays \$1,700 out-of-pocket. No one can afford to spend more than half an annual salary on health care—nor should anyone have to, especially when the Affordable Care Act is working for so many people in Washington state.

Trumpcare would devastate people like 63-year-old "Kay" from San Juan Island, who is one of the nearly 1,000 Washingtonians who shared their story at www.larsen.house.gov/shareyourstory. Kay signed up for health insurance under the Affordable Care Act three years ago, and last year experienced "a serious heart condition for the first time." Thanks to the Affordable Care Act, she "obtained care at



Partners for Progress wishes to thank the following donors for their valuable contributions to create the Skagit County Veterans Community Park:

Reba Sines, Iron Skillet Restaurant
Hal's Drive In, Sedro-Woolley
Materials Testing, Burlington
Wayne Johnson, Johnson Roofing
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Harold Straight
Superior Systems: Josh Guffie
Dina Kelly, bookkeeping
Dan Kristiansen
Skagit County Commissioners

THANK YOU!

Jon Schmidt
Doyle Guffie

See Commentary, p. 38

Concrete mayor faces opposition in bid for second term

By Haley McNealey

Edited by Katy Tomasulo

Concrete Mayor Jason Miller will campaign for a consecutive term, contested by first-time candidate Lesley DeKrey.

Concrete Herald reached out to both candidates for their overall positions and qualifications. Lesley DeKrey did not respond to numerous requests for an interview.

Miller, 50, has resided in Concrete for more than 11 years. Prior to his term as mayor, which began in January 2014, Miller represented the town for seven years as a councilmember. When asked to describe his involvement within the community, Miller stated that he has served as a member of the Planning Commission; established and participated in the Economic Development Task Force, which has now evolved into the Economic

Development Commission (on which, as mayor, he is not allowed to sit); serves as a co-manager of the community garden; serves as president of Imagine Concrete Foundation, which organizes regular workshops to facilitate coordination between elected representatives and citizens; and revived the *Concrete Herald* in May 2009. Miller currently acts as editor and publisher of the monthly publication. (Since taking the mayoral seat in January 2014, Miller has not written or edited articles that discuss himself or any town government topics on which he has publicly stated an opinion.)

Miller described a range of accomplishments the administration performed during his first term as mayor; one such achievement is the completion of the Fire and Life Safety Facility, a project

spearheaded by previous mayor Judd Wilson that cost approximately \$1.8 million secured in grant funds. Another notable achievement was the construction of the Park and Ride, which cost an estimated \$700,000. Despite encountering budgeting challenges, the town is proceeding with the Water Spray Park project, with an anticipated completion date no later than the end of August.

Ongoing endeavors that Miller is pleased with include the economic development effort orchestrated by the Economic Development Commission, with two years of labor from the preceding task force delivering a finished economic development plan that includes objectives for the next decade. The plan is the first of its kind in Concrete. Since its completion, two of the 16 goals have been realized, and it is anticipated that a new town Web site will be online by the end of the year, maximizing accessibility and strengthening the town's brand. Miller also mentioned the ongoing dredging of Lorenzen Creek, an effort that, according to Miller, "buys us time to develop a long-term solution to residential flooding."

Another continuing venture Miller noted is the effort to bring consistent and reliable broadband Internet access to the region, an undertaking to which he assigns an estimated timeframe of three years.

Miller went on to describe a number

of infrastructure improvement projects currently in various stages of completion, including major upgrades to the wastewater treatment plant, water system upgrades, the W. Main Street renovation project, and the recently completed overlay on Dillard Ave.

When asked to describe the most frustrating component encountered during his first term, Miller responded, "Bureaucratic red tape at the state and federal level," naming the Lorenzen Creek project as particularly frustrating.

If reelected, Miller stated, "I would like to see more properties get rid of junk cars and clutter." He emphasized the importance of a visible increase in pride, beginning with residential yards, and he expressed a willingness to assist citizens in cleanup efforts.

Of the accomplishments he is most proud of from his first term, Miller stated, "I enjoyed working with Concrete's volunteers and the conversations regarding the town's future. I love Concrete's people."

The mayor commended the work ethic and commitment of the town's staff and volunteers, and he praised the town for its attractive setting. When asked to describe his approach to being mayor and decision to run for reelection, he said, "I focus on the potential of the town, which is through the roof. ... There is a lot that Concrete needs to get done, and I believe I am doing a solid job of leading those processes and projects."

A forum with both mayoral candidates is planned for early to mid-October.

Writer Haley McNealey is a 2015 graduate of Concrete High School. Editor Katy Tomasulo lives in Seattle.

Help create Concrete's first official town flag

By Eric Archuletta

Humans are beings who use symbols to represent ideas, beliefs, and events. Since their beginnings, flags have stirred emotion throughout human history.

The sight of a flag still flying over the walls of a fort compelled a Baltimore lawyer to write our national anthem. The image of five U.S. Marines and a Navy corpsman raising an American flag over the battle-scarred Japanese island of Iwo Jima gave strength and determination to millions of Americans to win World War II.

A flag can be a powerful way to strengthen civic pride. It gives purpose and identity. Many municipalities across the U.S. have created their official city flags, which have become a symbol of their community, its history, and its prospects. Here in Skagit County, the cities of Anacortes, Sedro-Woolley, and Burlington have municipal flags. This past April the City of Bellingham adopted a new city flag.

Concrete is a great place to live, with a strong community spirit. It needs a flag that represents our community. Therefore, Town of Concrete will hold a contest to create its first official town flag, and it needs your help to do it.

The flag contest will start on July 14 and end on Oct. 1. The contest is open to anyone of any age who lives within the school district boundaries, regardless of where or if they attend school. Imagine Concrete Foundation, in partnership with the town, will award a \$200 prize to the chosen winner.

Flags have been designed by famous and not-so-famous people. A 13-year-old Native American boy, Benny Benson,

designed the simple and beautiful flag of Alaska. The instantly recognizable tricolor flag of Italy is said to have been designed by Napoleon Bonaparte.

How to design a flag

Flag design can be easy if you follow the five basic principles:

1. Keep it simple. The flag should be so simple that a child can draw it from memory.
2. Use meaningful symbolism. The flag's images, colors, or patterns should relate to what it symbolizes.
3. Use two to three basic colors. Limit the number of colors on the flag to three, which contrast well and come from the standard color set.
4. No lettering or seals. Never use writing of any kind or an organization's seal.
5. Be distinctive or be related. Avoid duplicating other flags, but use similarities to show connections.

Learn more at the official Flag Contest booth during Youth Activity Day on July 14 and during Cascade Days (Aug. 19), both in Veterans Memorial Park in Concrete.

Contest entry forms also can be picked up at Town Hall after July 14.

For more information, call 360.853.8213 or 503.333.2406.

Eric Archuletta chairs the Concrete Economic Development Commission and is vice president of Imagine Concrete Foundation.



Concrete man Jason Lovelady is still missing. The Whatcom County Sheriff's Office (WCSO) recently reminded the public that it still has an active investigation into the disappearance of Jason L. Lovelady in the Baker Lake area three years ago.

The WCSO continues to seek assistance from the public with the disappearance of Lovelady. Lovelady was last seen on Oct. 5, 2013, near the area of Forest Service Road 12. At the time of his disappearance, Lovelady was picking pine cones with family members. The WCSO conducted an extensive search and rescue mission in the area and Lovelady was not located.

Lovelady has not been seen or heard from since his disappearance three years ago. Until he is located, his disappearance will remain an open investigation. Detectives are seeking assistance from the public with any new information regarding Lovelady's disappearance.

Anyone with information regarding the disappearance of Lovelady is encouraged to call the Whatcom County Sheriff's Office Tip Line at 360.778.6663.

JULY 14, 2017

10th Annual

CONCRETE YOUTH ACTIVITY DAY

Veterans Memorial Park

12:30 - 4:00 p.m.

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Special Entertainment sponsored by the Upper Skagit Library at 2:30 p.m.: **KCPuppetree (Puppet Show).**

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Public fireworks displays

There are more than 100 community fireworks displays in Washington State. At these displays, certified and licensed pyrotechnicians who are trained and experienced in the safe use of fireworks will provide exciting shows.

While attending a public display, always sit a safe distance away from the firing area. After the show, be sure children do not pick up any fireworks debris that they find on the ground;

they may still be active and could cause serious injury.

If staying within the comfort of your own home is more appealing, check with your local television stations. Many times, these shows are televised live, offering patriotic soundtracks.

For more information about fireworks safety, public fireworks displays, and the fireworks laws for your area, go to www.wsp.wa.gov/fire/fireworks.htm.

— Washington State Patrol

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CONCRETE: 1st and 3rd Mondays: 2-4 PM at Concrete Community Center, 45821 Railroad Ave.

MARBLEMOUNT: 1st Monday each month: 10 AM to Noon; call to schedule, 360-848-8437, ext. 318

ANACORTES: 3rd Monday each month: 10 AM to Noon at the Salvation Army, 3001 R Ave.

BURLINGTON: Thursdays 12-2 PM at Tierra Nueva, 701 E. Fairhaven Ave.

SEDRO-WOOLLEY: Tuesdays 1-4 PM at PeaceHealth United General Medical Center, 2000 Hospital Dr., AND Thursdays 9-11 AM at the Senior Center, 715 Pacific St.

MOUNT VERNON: Tuesdays 9 AM to Noon at Christ the King, 2111 Riverside Dr., AND Thursdays 3-5 PM at the Senior Center, 1401 Cleveland St.

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Former Secretary of Defense Robert Gates (far left) and Concrete Food Bank board members and volunteers had reason to smile after Gates funded the board's purchase of their building during a public auction on June 30. From left, Gates, Angela Massingale, Maureen Ford, Gladys Silrus, Carol Keller, Bette McCormack, Bob Keller, Marty Smith.

Food bank ownership shifts to food bank board

Backed by Robert Gates' donation, board wins June 30 auction.

By Jason Miller

Three bidders showed up on June 30 for the public auction in front of the Concrete Food Bank building in Concrete Town Center. On the docket was the food bank building itself, formerly owned by Skagit County, which had stated its eventual intent to sell the property two years ago.

The food bank board of directors came out on top with a \$11,500 bid from Vice President Angela Massingale, who then turned to a quiet man who quietly pulled out his checkbook and wrote a personal check for the full amount.

The man was former Secretary of Defense Robert Gates, who makes his home in Big Lake these days. Gates has displayed a compassionate heart for causes like the Concrete Food Bank, which found out earlier this year that its building would go up for sale at some point this year. The news created an uncertain future for the food bank, which

serves residents from throughout the Upper Skagit Valley. Now, that future is significantly more secure.

"This is very good news," sighed board President Gladys Silrus after the winning bid was declared.

Massingale said the board's next steps would be to begin repairing the building, which suffers from a failing foundation and partially detached back wall. "We plan to open an account for donations," she said, the costs for which could run in excess of \$25,000. Gates already has donated an additional \$5,000 toward repairs.

"I'm ecstatic for the community and so grateful to Mr. Gates for thinking about other people's needs," said Massingale, who also plans to create a window display of memorabilia from the building's previous tenant, Dr. William Monzingo. Massingale is accepting artifact donations.

July heats up with events Council summary

This month is jammed with fun summer fun, some of which can be enjoyed at no cost.

Youth Activity Day

Bring the whole family to Veterans Memorial Park in Concrete on Fri., July 14, from 12:30 to 4 p.m. Community resources, food, prizes, a puppet show, and a movie promise to make this year's event the best one yet.

Concrete Vintage Fly-In

July 21–23 marks more than three decades of this perennial favorite. Come for food, fun, vendors, and, of course, beautiful classic airplanes.

Lyman Car & Craft Show

Lyman's signature event is on Sat., July 22, in downtown Lyman. See p. 18 of this issue for details.

Darrington Bluegrass Festival

The Darrington Bluegrass Festival will be held July 21–23 at the Darrington Bluegrass Music Park just west of Darrington. For more information, go to www.darringtonbluegrass.com.

Baker Lake Sockeye Shootout

Who doesn't love an old-fashioned fishing derby? Grab your rod and go, July 28–30. Details at 360.354.0204 or 360.224.9345.

difficult times.

For more information, go to www.jw.org/en/jehovahs-witnesses/conventions.

THIS AND THAT

By J. K. M.

Community Bible Church in Concrete will host **Vacation Bible School** in July with the theme "Maker Fun Factory."

The program runs from July 16–21 and is open to children who are preschool age through 6th grade. It will be held from 5:30 to 8:30 p.m. each day at Community Bible Church, located at 45672 Limestone St. in Concrete.

Registration is requested at the church or during Concrete Youth Activity Day on July 14 (see ad for Youth Activity Day on p. 12 of this issue).

For more information about Vacation Bible School at Community Bible Church, call 360.853.8511.

A series of Jehovah's Witnesses

Conventions continue this month at the Tacoma Dome in Tacoma. Four conventions are planned, with the first running from June 30 to July 2. The second convention is July 7–9, the third is July 14–16, and the fourth, a Spanish-language convention, is slated for July 21–23.

This year's theme for the conventions is "Don't Give Up!" The times for the three remaining conventions are Friday and Saturday from 9:20 a.m. to 4:50 p.m., and Sunday from 9:20 a.m. to 3:30 p.m.

According to a press release, the convention is designed to help all in the community to be encouraged as they face

Women can learn the basics of fishing, hunting, and other outdoor skills in a **September weekend workshop** that includes sessions led by Washington Department of Fish and Wildlife (WDFW) experts and other certified instructors.

Scheduled for Sept. 15–17 at Camp Waskowitz in North Bend, the annual workshop is coordinated by Washington Outdoor Women (WOW), a nonprofit program dedicated to teaching women outdoor skills and natural resource stewardship. WOW, now in its 20th year, is an educational outreach program of the Washington Wildlife Federation.

Experienced instructors at the workshop will teach 21 classes on skills such as archery, outdoor survival, fly-fishing and fly-tying, big-game hunting, and wilderness first aid. Instructors who have volunteered to share their skills include WDFW biologists Stacie Kelsey (basic freshwater fishing), Laura Till (map and compass reading), and Shelly Ament (wildlife awareness and tracking).

Workshop participants must be at least 18 years old. Those planning to participate in the fly-fishing and freshwater fishing sessions must have a current Washington recreational fishing license.

More information about the workshop, including attendance fees and online registration, is available at <http://washingtonoutdoorwomen.org/>.

Scholarships from the Rocky Mountain Elk Foundation are available for first-time participants.

Concrete Town Council met for regular meetings on June 12 and 26. Following is a summary of those meetings. Complete and council-approved minutes for every council meeting are posted on the town's Web site at www.townofconcrete.com/cminutes.php.

June 12 regular meeting

- Public Safety:** Sgt. Chris Kading reported there were only 46 calls in May, which is low for this time of year. He stated that graduation night went off without a hitch. He also reported that with the pass now open, they have put an emphasis on speeding. He stated that approximately 23 speeding tickets were written in one weekend throughout the Concrete area. He also reported they are working with the State Patrol on the motorcycle issues as well.

- Sgt. Kading reported that he has also been in contact with Mayor Jason Miller to discuss the upcoming fireworks season. He stated that he believes they are ahead of the game and will work with the town on enforcement. Mayor Miller reported to the council that he has requested that people be issued a warning and if that same person is contacted again, that they are cited. He stated the main focus should be on Silo Park; Clerk Treasurer Andrea Fichter stated the tennis court at Veterans Park is also used.

- Town engineer Cody Hart reported the S. Dillard Ave. project is proceeding well. He stated they have completed the saw cuts and areas that needed to be repaired, and will now prep for the main paving. He stated they have also installed the new ADA ramps. He stated they are in the second week of this three-week project.

- Hart also reported that the First St. water line and water system improvements project is still in the environmental permitting phase.

- Hart also reported that bids for the Water Spray Park project will open this Thursday at 2 p.m. He stated that contractors are busy at this time and a lot of projects in the valley are only receiving one or two bids, but he is hopeful the town will receive competitive bids on this project.

- Council elected Ginger Kyritsis as Mayor Pro-Tem for the period from July to December 2017.

- Town planner Marianne Manville-Ailles noted that the CHS Prevention Posse students had discussed with the Planning Commission the possibility of restoring the old rail car near Town Hall, which is owned by Tommy Dellinger. Councilmember Jude Dippold stated that he took some time to look at the outside of the train car. He stated he doesn't believe that it is worth restoring with the shape that it is currently in, but that he would recommend getting someone who is familiar with these types of train cars to take a look at it before the town considers taking ownership of it.

- Audience member John Boggs suggested the town contact the railroad museum and see if they have someone who could take a look at it.

- Audience member Beth Easterday suggested the Posse also contact Seattle City Light's restoration department. She stated they have people who inspect the train cars and other railroad related items in Newhalem and might have someone who could take a look at it.

June 26 regular meeting

- Public Safety:** Sgt. Kading reported on continuing speed emphasis patrols on SR 20, with two additional SCSO patrol trucks in the area, as well as an extra Washington State Patrol trooper east of Concrete.

- Council approved a recommendation to award Main St. Phase 3, Main St. Phase IV, and Main St. Overlay Projects to Tuttle Engineering.
- Council approved survey proposals for Livie Alley, Campbell Place, and Fir St.

- Council approved an agreement with Skagit Valley Family YMCA, committing \$100 per year for five years to help fund the new facility to be built in Mount Vernon (groundbreaking planned for this fall). This agreement will allow Town of Concrete residents to attend a monthly Open Swim Night free of charge, with proof of Concrete

See Council, p. 38

Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to andrea@concretewa.gov or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 6 p.m. at Town Hall.



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MOUNT VERNON



Sports



Softball: It's a wrap

The Concrete High School women's fastpitch team ended its season with District play in Stanwood.

The team played a doubleheader on May 19 at Stanwood High School, first facing La Conner and coming out on top, 10-0. Head Coach Kelly Howell attributed the final score to solid performances from key players, including Chloe Stidman and Iris Nevin, who both put three hits into the playbook, and Tessa Coffell, whose pitching arm didn't disappoint.

"Our hitting came around in the later innings, we pitched well, and shut them down," said Howell.

The moment of reckoning came as the Lady Lions next faced their arch nemesis, Friday Harbor.

"Going into the season, I knew it was going to come down to us and Friday

Harbor at District," said Howell. "We played well; we just haven't found a way to beat them," he said of his team's 3-2 loss.

Concrete kept the game tight, including a close call for a sprinting Stidman at home plate that would have tied the game. Coffell again turned in impressive numbers from the mound during the long day.

The loss knocked Concrete out of their run for State; they closed their season with a 12-4 league record.

"It was a great season," said Howell. "The girls played up to their potential; by the end of the year, I thought we had some great games."

Looking toward next year, Howell hopes he'll be able to coach again. A new job at the new jail already is keeping him busy.



Madisyn Renzelman gets the throw to second with plenty of time to spare during District play against La Conner on May 19.



A sprinting Iris Nevin beats a wild throw to first as the Lady Lions topped the La Conner Braves during District play at Stanwood on May 19.

Athletes of the Month



Athletes of the Month: Sidney Hockett and Iris Nevin

Senior Sidney Hockett plays center field for the Concrete Lions fastpitch team. "She's a quiet leader, takes control of the outfield, can catch anything, and has a good strong arm," said Head Coach Kelly Howell. "Her hitting came on toward the end of the season; she ended up in the top five."

Senior shortstop Iris Nevin led the team in RBIs and home runs. "She's a spark plug at the top of the batting order," said Howell. "She's very vocal, very strong, very competitive."

Hockett and Nevin were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

Registration is open for Sultan Swoosh

The Sultan Community Alliance and Sultan Youth Basketball are teaming up to bring Sultan Swoosh, a brand new 3-on-3 basketball tournament coming in August.

Sultan Swoosh is an all-ages tournament that takes place at the corner of First and Main St., near Sultan's River Park. The games kick off at 9 a.m. on Sat., Aug. 5, with check-in available from 7:30 to 8:30 a.m. on the morning of the event.

The family-friendly tournament is open to the entire Snohomish County region and beyond. Those not participating on teams are invited to come and root for their favorite players as Sultan's

downtown area is transformed into a live sports arena composed of 12 courts of play.

Four-person teams are organized by grade level from third through eighth grade, and by skill level at the high school and adult levels. An entry fee of \$80 applies to teams eighth-grade and under, while registration for high school and adult teams is \$100 per team.

Sultan Swoosh offers a three-game guarantee to ensure that each team receives the opportunity to participate in multiple games.

Pre-registration is required. To register for the event, go to www.tourneymachine.com/R31958.

For more information about Sultan Swoosh, send an e-mail to sultan.community.alliance@gmail.com.

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Mount Baker Ultra Marathon revives America's first adventure race

At midnight on June 4, 17 hardcore runners gathered near the old fire hall and police station in Concrete, turned on their head lamps, and jogged off into the night. Their destination? Sherman Peak on Mt. Baker, at 10,160 feet. The course was 50 miles out and back from Concrete to Sherman. The runners covered 41 miles of gravel Forest Service roads, 5.5 miles of snow trail, and 3.5 miles of glacier travel.

They weren't the first to attempt the run, which is a revival of the Mount Baker Marathon, a 1909 brainchild of a group of Bellingham mountaineers and businessmen. Envious of the tourists flocking to Seattle, these civic leaders of fledgling Bellingham devised an elaborate



PR stunt: America's first mountain adventure race. They offered \$100 in gold coins to the first runner who could clamber up and down Mount Baker—from Bellingham.

They hosted the first Mount Baker Marathon in 1911. The race was held for three years from 1911–1913, and though the race drew the attention of professional and international runners, after the third year and several near-tragic accidents and some calling the race “a human horse race,” the Mt. Baker Marathon was ended.

Its comeback was orchestrated by adventure runner Dan Probst, who worked for three years to realize his dream, and

hopes to bring it back to Concrete next year. This year's finishers were, in order:

1. Piotr Chadovich, Woodinville
2. Scarlett Graham, Bellingham
3. Aaron Rinn, Edmonds
4. Amon Mende, Seattle
5. Jon Lumb, Seattle
6. Suzanne Lundberg, Bellingham
7. Fred Tassinari, Toronto
8. Grant Maughan, Dudley, Australia
9. Alex Giebelhaus, Bellingham
10. Kelsey Wilmore, Bellingham
11. Daniel Griffin, Berkeley, Calif.
12. Jens Hansen, Kirkland
13. Jeremy Berry, Des Moines, Wash.
14. J. P. Walters, Boulder, Mont.

Above: Participants in the Mount Baker Ultra Marathon paused for a photo before dashing off at midnight on June 4. The first finisher ran the 50-mile route in just over 10 hours; the last finisher took 16 hours and 23 minutes to complete the task.

Below left: Gail Galbraith Everett arrived in Concrete on June 4, in time for the finish. The surprise visit was especially meaningful: Everett's father, Joe Galbraith, won the 1911 Mount Baker Marathon.

Below right: First and second finishers Piotr Chadovich of Woodinville and Scarlett Graham of Bellingham share a drink at the finish line.



Preserving history in Newhalem

There's something different about the Gorge Inn in Newhalem. Step inside the historic building owned by Seattle City Light and you'll see a cafeteria-style eatery and a large kitchen. But before you reach the tables and chairs, displays and signs aim to educate you on the history of the land, the river that runs through it, and the impossibly huge dream of a man named J. D. Ross.

Often called the “Father of City Light,” Ross orchestrated a massive taming and harnessing of the wild Skagit River beginning in the early 1900s, culminating in the first of three dams—Gorge Dam—sending power to Seattle in 1924. During the next three decades, Diablo Dam and Ross Dam would be added to the mix, with Ross' name written permanently into the history books.

Reclaiming history

Four years ago, work drew to a close on the Gorge Inn renovation project. The building had been lifted into the air and its foundation rebuilt. Skilled City Light tradespeople painstakingly rebuilt all the windows, using the original glass. The interior manages to retain its rustic, historic appeal while shining like a new penny.

Museum components were added to the

entry area of the Gorge Inn earlier this year.

“The goal of the displays is to show what life was like here back in the day, and to talk about City Light and the things we do for the environment,” said Alan Ferrara, maintenance manager for the Skagit River Hydroelectric Project.

To that end, displays and interpretive signs abound in the new space. One sign hangs from a bright yellow gantry crane and tells the story of Newhalem, a company town and a tourist destination in one. A roll-top desk surrounded by artifacts tells the story of J. D. Ross. An old baseball uniform donated by a City Light employee is right over there, near a description of the one-room school house that is still standing, used today as lodging for contractors. There are electric appliances, household items from everyday life decades ago, and examples of Newhalem society in the old days.

“Dances, card parties, movie nights, and other social events created a sense of community at the Skagit Project,” reads one sign, which includes photos of a March of Dimes Ball on Jan. 22, 1949.

Good thing, because life in Newhalem was no picnic back then. Seattle is more

See **Newhalem**, p. 27



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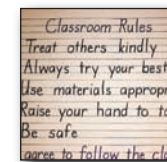
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Academics



Josiah Rider churns through another lap on June 12 after notching his 100th mile during the 2016-17 school year at Concrete Elementary. Rider's efforts were part of the 100-Mile Club at the school.

Back 2 School Blessing

Once again the Back 2 School Blessing for the Concrete School District students will be held on Sat., Aug. 12, at the CCD Center in Concrete from noon to 4 p.m. This year we'll serve hot dogs and have a few fun activities for the kids, in addition to handing out fully loaded backpacks for school. This event has become a tradition in our area and is being put together by the five area churches with help from several others.

To participate, children must be accompanied by their parent or guardian.

Anyone wanting to give a monetary donation to this effort is encouraged to send checks directly to:

Mount Baker Presbyterian Church
Attn: B2SB
P.O. Box 246
Concrete, WA 98237

Please write "B2SB" on the memo line. We also will have donation cans available at some local events, area businesses, and through the churches.

We serve a community where more than 60 percent of our students come from economically challenged homes, so the need is great.

If you would like to help in any other way or have questions, call 360.708.4668.

—Karen Stafford

YD update

Concrete Youth Dynamics only had one event in the month of June, but it was a BIG one! Rock-n-Roll is always the first weekend of June, and includes camping, ropes course, hiking, touring Leavenworth, and white-water rafting on the Wenatchee River. This year we brought more high school students (33) than any other year. The students were led blindfolded through a ropes course, climbed to the top of Icicle Ridge, and rafted down the Wenatchee River (which was flowing at 12,700 cfs by the way). Pushed to their limits in so many ways, but so much fun!

Another way the students were pushed to their limits was through discussions around the campfire at night. This is my favorite part of the weekend because our young people get an opportunity to open up and talk about things they wouldn't normally discuss during the course of a school day. We talked about what direction we want our lives to go, what we are living for, and who we are living for. Many of the students made life-changing decisions during the weekend. These adventure-type retreats are eye opening and heart opening.

Concrete YD has one more summer adventure planned, and it is an extended trip coming up Aug. 4-9. We will take about 15 high school students on a seven-day kayak trip down the Salmon River in Idaho. This will be the first time we have ever taken this trip, and we are very excited about the opportunity to explore another river, and continue to make memories for these kids. If your son or daughter is in high school and this sounds like a once in a lifetime opportunity, there are still a few spots available on the trip. Call me at 360.630.6063 for pricing and details, as we would love to fill out our roster. If you feel led to help us finance this trip, please make your checks payable to Concrete Youth Dynamics and mail them to 49947 Sauk Store Rd., Concrete, WA 98237.

As volunteer staff of Concrete YD, we appreciate your continued support in giving, encouragement, and prayers.

—Kevik and Marta Rensink
Concrete YD Area Directors



Concrete High School Prevention Posse members were awarded recognition certificates during a June 1 ceremony at the high school. Posse members who were celebrated that night included Sam Mitchell, Anna Spangler, Makayla Callas, Gabbie Munday, Lexi Denley, Keighley Mitchell, Autumn Neece, Michelle Samuelsen, Bethany Werda, Jade Kidder, Tyler Kidder, Christiann Barela, Vinny Wenneke, Aunya Carpenter, Corbyn Higgins, Avery Coke, Bryan Ribera, Mariah Labounty, Leona Martinez, Raylee Ward, William Baird, and Benjamin Cockrum.

JULY 14, 2017

10th Annual

CONCRETE YOUTH ACTIVITY DAY

Veterans Memorial Park

12:30 - 4:00 p.m.

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Soroptimists group offers scholarships

Soroptimist International of Sedro-Woolley has Continuing Education Scholarships available for Sedro-Woolley High School and Concrete High School graduates who have completed at least one year of college and will be returning this fall.

Submit an essay explaining your future educational goals and a transcript of this year's grades to P.O. Box 249, Sedro-Woolley, WA 98284, by July 31.

Summer Food Program for children

Concrete School District will again sponsor the Summer Food Service Program for all children ages one through 18. Any child may come and eat meals at the specified times. Children do not need to be enrolled in the summer program in order to receive free meals. Children must consume all food in the cafeteria.

Meals will be made available at no charge, Mondays through Wednesdays, July 10 through Aug. 2, at the Concrete High School cafeteria, 7830 S. Superior Ave., Concrete.

- Breakfast: 9 to 9:30 a.m.
- Lunch: 12:30 to 1 p.m.

For more information, call the Concrete School District office at 360.853.4000.

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Clear Lake



HISTORY CORNER

This month's picture depicts one of the many Skagit County fire lookouts that were built to help protect forests, which provided employment to many Clear Lake residents. Several hundred lookouts were built by the Civilian Conservation Corps, as were several thousand miles of trail.

In the 1930s, 700 to 800 lookouts were in service in Washington State. Fire lookouts were supplied either by mules or men carrying supplies on their backs. Very early lookouts were often crafted with materials on site. Many women staffed these lookouts, especially during World War II. Fires were reported using telephones, carrier pigeons, and heliographs (a mirrored instrument). *Photo courtesy of Clear Lake Historical Association.*

If you have old photos of Clear Lake and/or Day Creek, please contact historian Deanna Ammons at 360.856.6798.

Like the Clear Lake Historical Association on Facebook at www.facebook.com/clearlakehistory.

—Deanna Ammons, historian



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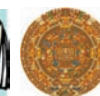
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Community Calendar



JULY

- 1-4 Loggerodeo continues in Sedro-Woolley; info at www.loggerodeo.org
- 4 July 4 Parade, Darrington
- 4 July 4 Parade, Concrete
- 4 July 4 Parade, Sedro-Woolley
- 6 Kids & Teens Gaming Afternoon, Upper Skagit Library, Concrete, noon to 3 p.m.; info at 360.853.7939 or www.upperskagit.lib.wa.us
- 7 STEM Series: Code & Go Mouse, Upper Skagit Library, Concrete, 1 to 3 p.m.; info at 360.853.7939 or www.upperskagit.lib.wa.us
- 7 Craft Friday, 5b's Bakery, 6 p.m.; info at 360.853.7939
- 12 Ballots for primary election mail today
- 14 Youth Activity Day, Veterans Memorial Park, Concrete, 12:30 to 4 p.m.; see notice, p. 6
- 14-Aug. 19 Skagit River Shakespeare Festival, Rexville-Blackrock Amphitheatre, 19299 Rexville Grange Rd., Mount Vernon; weekend shows; info at www.shakesnw.org, eal@shakesnw.org, or 206.317.3023
- 14-16 Woolley Fiber Quilters annual quilt show, Cascade Middle School, Sedro-Woolley; admission \$3; see notice, p. 17
- 15 Darrington Day, various locations in Darrington, 10 a.m. to 5 p.m.; see notice, p. 25
- 15 Children's Author Performance: Barbara Jean Hicks, *Once Upon a Parsnip*, Upper Skagit Library, Concrete, 3:30 p.m.; see notice, p. 33; info at 360.853.7939 or www.upperskagit.lib.wa.us
- 16-21 Vacation Bible School at Community Bible Church, 45672 Limestone St., Concrete, 5:30 to 8:30 p.m. each day; see notice, p. 6; info at 360.853.8511
- 19 Sedro-Woolley Primary Election Candidates' Forum, City Council Chambers, 325 Metcalf St., Sedro-Woolley, 6 p.m.
- 21 STEM Series: Straws & Connectors, Upper Skagit Library, 1-3 p.m.; info at 360.853.7939 or www.upperskagit.lib.wa.us
- 21-22 Day Creek Firefighters Garage Sale, Day Creek Fire Hall, 8 a.m. to 7 p.m. (Fri.) and 8 a.m. to noon (Sat.); see notice, p. 19; 360.826.1155
- 21-23 Concrete Vintage Aircraft Fly-In, Mears Field, Concrete; see notice, p. 6
- 21-23 Darrington Bluegrass Festival, Darrington Bluegrass Music Park; info at www.darringtonbluegrass.com
- 22 Lyman Car & Craft Show; see article, p. 18
- 28 Son of the Reptile Man, Upper Skagit Library (lawn), Concrete, 11 a.m. to noon; free admission; info at 360.853.7939 or www.upperskagit.lib.wa.us
- 28-30 Baker Lake Sockeye Shootout; info at 360.354.0204 or 360.224.9345
- 29 "The Great American Eclipse of Aug. 21, 2017," Upper Skagit Library, Concrete, 3:30 p.m.; free admission; info at www.upperskagit.lib.wa.us or 360.853.7939

AUGUST

- 1 Primary Election; ballots must be postmarked with today's date or dropped in an election drop box by 8 p.m. tonight
- 4-6 District 19 Volunteer Fire Dept. Garage Sale, Rockport Fire Hall, 8 a.m. to 6 p.m.; see notice, p. 23; info at 360.853.7699
- 5 Heart to Heart Poker Run; see article, p. 18
- 12 Lyman Hamilton School Reunion, Lyman City Park, Lyman, noon to 5 p.m.; see notice, p. 22; info at 360.826.3160, 360.659.9848, or rabb@comcast.net
- 19-20 Cascade Days, Concrete; info at www.cascadedays.com

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Cascade Days Committee Board of Directors meets the third Mon. of each month at 5:30 p.m., at Lone Star Restaurant in Concrete Town Center. 360.853.7867, ember@cascadedays.com, info@cascadedays.com.

Christian Motorcyclists Assn Morning Star Chapter 39 meets the first Mon. of each month at Royal Star Buffet in Mount Vernon. Optional dinner at 6 p.m.; meeting at 7 p.m. 425.770.6154 or cmachapter39@gmail.com.

Coffee Talk with Concrete Mayor Jason Miller meets the third Fri. of each month at 8 a.m., at 5b's Bakery in Concrete. 360.853.8213.

Community Chat, an informal conversation about projects in Darrington, meets the second Sat. of each month at 9 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

Concrete American Legion Post and Auxiliary meets the second Tue. of each month, Sept. through May, at 1 p.m., in the conference room of the East County Resource Center. 360.853.8347.

Concrete Economic Development Commission meets quarterly at Concrete Town Hall. Its first meeting is Oct. 12 at 6 p.m. 503.333.2406

Concrete Elementary PTO meets the second Wed. of each month at 5 p.m. in the Concrete Elementary School library. 425.350.5988.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held in the Pilots' Lounge at Mears Field in Concrete. 360.466.8754 or concretechamber@mac.com.

Concrete Heritage Museum Board meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or www.concreteheritagemuseum.org.

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete Resource Coalition meets the third Thur. of each month, at 1 p.m., at the Concrete School District offices (usually in the north room at the eastern end of the building).

Concrete School District Board will hold its next work session on July 24, at 6 p.m. in the high school Commons. The board will hold its regular monthly meeting on July 27 at 6 p.m. in the same location. 360.853.4000.

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 6 p.m. 360.853.8401 or andrea@concretewa.gov.

Darrington Strong meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at 7 p.m. at Town Hall, 1005 Cascade St. 360.436.1131 or darrcityhall@frontier.com.

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the third Tue. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or goodwords@frontier.com.

KSVU station info and host training, second Wed. of each month at Portable B behind Concrete K-8 School, 11 a.m., open to public. Call 360.416.7001 to confirm appointment.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.com.

Mansford Grange meets the first Tue. of each month, 7 p.m., at the Mansford Grange Hall, 1265 Railroad Ave., Darrington. 360.436.0711.

Marblemount Community Hall board and staff meet the second Wed. of each month at the hall, at 6 p.m. 360.873.2323.

Paranormal Discussion Group meets the last Sunday of each month at Concrete Center, 45821 Railroad St., Concrete, at 7 p.m. 360.630.5143.

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

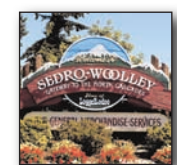
Sedro-Woolley School District Board will meet on July 10, at 7 p.m. at the Support Services Bldg. 360.855.3500 or kcargile@swsd.k12.wa.us.

Skagit River Bald Eagle Interpretive Center Board meets the second Tue. of each month, 5:30 p.m., at Annie's Pizza Station in Grasmere. Open to the public. sauskister@frontier.com or www.skagiteagle.org.

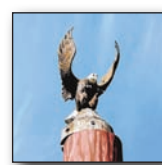
Upper Skagit Library District (USLD) Board meets the second Thursday of each month, 5 p.m., at the library. Public is welcome. 360.853.7939 or info@upperskagit.lib.wa.us.

Upper Skagit Writers Group meets the third Mon. of each month at 6 p.m., at 5b's Bakery, Concrete. Open to the public and all skill levels. cthomas@upperskagit.lib.wa.us.

Parents! Get involved in your PTO!
Concrete Elementary PTO meetings are held the second Wednesday of each month, at 5 p.m., in the Concrete Elementary School library.
For more information, call 425.350.5988.



Sedro-Woolley



of Sedro-Woolley. Embrace the spirit of a nonpartisan election and vote for the candidate who will serve our whole community as we live, work and play."

City Council Ward 3

Brenda Kinzer (incumbent)

Kinzer is the current Sedro-Woolley City Council Ward 3 councilmember, a seat she has held since 2014. She was the Sedro-Woolley Mayor Pro-Tem from 2016-17. She is a former Lyman Town Councilmember.

She works in the Surgery Center at PeaceHealth United General Medical Center, is a board member of the Sedro-Woolley Museum, and is director and founder of Northern State Preservation Group.

In her words:

"I am a Skagit County native, now firmly rooted in Sedro-Woolley. I have lived in Sedro-Woolley and Lyman all of my adult life. I have seen a lot of change take place in our community, and am now focused on keeping Sedro-Woolley's heritage alive, while keeping our city moving forward in order to responsibly provide a pathway toward more jobs, housing, education, and recreation for our younger generations.

"I am very excited that the Northern State Hospital campus is going to be put to such wonderful use, providing hundreds of jobs, yet preserving the history of the site.

"I am passionate about providing educational opportunities for our young people, including the STEM program, and a new library will be an excellent place for students to gather and have the technology available for their study projects as STEM evolves.

"As I represent the citizens of Sedro-Woolley, I have voted against most tax increases. It is a pleasure to serve the

for 15 years has given Mary a deep appreciation for all the people of Sedro-Woolley. With no outside political agenda, Mary is best equipped both to lead and serve the citizens of Sedro-Woolley.

"Mary Andersson seeks only the endorsement of the people, rather than special interest groups. She asks for your vote so she can be your voice on the Sedro-Woolley City Council."

Jared W. Couch

Couch is president of Washington Fraternal Order of Police #18 and a former Skagit County Corrections Deputy Guild president. He has more than six years of law enforcement experience and is an experienced labor contract negotiator. His education includes the BIA Law Enforcement Academy, WA State Reserve Law Enforcement Academy, WA State Corrections Officer Academy, and a BA from Eastern Washington University. He is a Sedro-Woolley High School graduate.

Couch's online statement says he is "a fresh face to Sedro-Woolley politics and a young passionate leader who has longtime Sedro-Woolley roots.

"Jared has been active in politics since a young age, serving numerous student government rolls in the Sedro-Woolley School District and continuing that service while in student government at Eastern Washington University. Jared is the multi-term President of the Fraternal Order of Police #18, serving over 230 law enforcement officers in three counties. Jared believes it is time for his generation to be involved in our town and to serve the people of Sedro-Woolley. Jared believes in running to serve the needs of all residents and doesn't run on a personal agenda.

"Public safety, commerce, and community pride are areas that Jared hopes to focus on and keep at the forefront of council action. We must continue the traditions that make Sedro-Woolley great, while maintaining the highest standards in public safety and community development.

"Jared would greatly appreciate your support in the coming election and would be honored to serve you and all

Woolley could once again be the major source of jobs in the area. An example is the development at the SWIFT center, which is vital to sustainable growth and desired progress, it will become the 21st century leader in world-changing technology.

"Forward thinking and positive action are the keys. The Chamber has been one avenue to being a part of what is new and exciting, but I would like to see plans move forward into action, such as the common library. As your Council-At-Large, I will work toward creating good jobs and a strong, vital community."

Mary SR Andersson

Andersson is treasurer for the Sedro-Woolley Farmers Market, and is a 15-year member of the Sedro-Woolley Library staff. She holds a BA in History from UCLA.

Andersson's online statement says that she is running for Sedro-Woolley City Council "to give city residents a strong voice representing them. She is convinced that small businesses are essential to Sedro-Woolley's success.

"Mary Andersson is fiscally responsible and a consensus-builder. She has demonstrated leadership while serving Sedro-Woolley for 27 years, in the schools teaching music as a volunteer and as treasurer for several parent groups, each time improving their finances.

"Under her leadership, local Cub Scout Pack 67 was transformed from 19 boys into a vibrant group of 90 boys. Mary Andersson is a proven community leader who listens carefully to all, then works diligently to bring people together amicably. As City Councilwoman, she will be careful and responsible with Sedro-Woolley city taxes and revenue. Working at the Sedro-Woolley Library

City Council Council-At-Large

Pola Kelley

Kelley is the Executive Director of the Sedro-Woolley Chamber of Commerce (8 years). She is a graduate of Sedro-Woolley High School and holds a BA in Political Science and Speech Communications from Gonzaga University.

In her words:

"Having lived in the Sedro-Woolley area for most of my life, I will always love, respect, and honor the natural beauty surrounding us. While providing good-paying jobs, we can still offer a beautiful place to live.

"Affordable housing is essential and needed for job growth. My family came to the area in 1920 and through hard work enjoyed a comfortable life. My family history was based in the logging industry. A strong work ethic and sense of entrepreneurship is part of what drives me to work for a robust local economy. With our community on the verge of a major breakthrough in manufacturing, Sedro-

Election 2014

Two council seats on primary ballot in August

Ballots will be mailed on July 12 for this year's primary election on Aug. 1.

In Sedro-Woolley, two City Council positions will be on the primary ballot, contested by three candidates for each seat.

The Council-At-Large seat is contested by Pola Kelley, Mary SR Andersson, and Jared W. Couch. Current Council-At-Large Councilmember Brett Sandstrom will not run for re-election.

In Ward 3, incumbent Brenda Kinzer is being challenged by Tina Tate and J. Dennis O'Neil.

The other two seats will appear on the November ballot. Germaine Kornegay is running uncontested for her Ward 2 seat. The Ward 6 seat is being sought by Harold Beitler and Karl de Jong. Current Ward 6 Councilmember Rick Lemley has stated he will not run for re-election.

Here's a closer look at the candidates on the primary ballot.

residents in my ward, and I have always welcomed any and all suggestions and complaints and addressed them in a timely manner. I am there for my constituents and am honored to be their councilperson."

Tina Tate

Tate has 10 years' experience with Skagit Publishing, as well as three years as Executive Dir. of Friendship House in Mount Vernon. She has also served on the Skagit Womens Alliance and Network Board, is a Skagit Women in Business member, and a volunteer for the Celtic Arts Foundation, several chambers of commerce, and EDASC.

Tate's online statement:

"Equipped with strong management skills and a deep sense of community, Tina brings a passion for serving others to her role as Executive Director of Friendship House. She has a proven track record as a successful manager at Skagit Publishing and previously served on the Friendship House Board of Directors, including two years as Board President. Tina was once a resident of Friendship House, and has proven the program can be successful. Now she gives back to the community that supported her by volunteering with many other organizations in Skagit County. Tina's heart is in community service.

"Tina is committed to bring this level of commitment to Sedro-Woolley. She is determined to help create a sustainable growth to strengthen the community. Listening to the people in her ward will be her number one objective."

J. Dennis O'Neil

O'Neil comes to the council race with more than 20 years in an agricultural background of farming and ranching. He also has 25 years in banking/finance and real estate lending. His college degree focused on business and economics.

local quilters, demonstrations, the popular bed turning, vendors, and some surprises. Admission is still only \$3.

The group found it necessary to move away from their traditional June dates to secure a new facility with plenty of room for the large quilt show. Quilt-appreciators from all over Washington and Lower British Columbia typically attend and enjoy the festive event.

Quilt turn-in day is July 11. Everyone is welcome to enter quilts and be a part of the show.

Woolley Fiber Quilters to host show

Woolley Fiber Quilters will hold its annual quilt show July 14-16 at Cascade Middle School in Sedro-Woolley. This year's theme is "Blast of Birds"; the show features more than 250 quilts made by

O'Neil's online statement:

"Dennis started attending city council meetings in 2007. He was active in raising community concerns about Deluxe Recycling's plans to locate across from SW High School by his speaking at numerous city council meetings and petitioning the residents to oppose this proposal.

"He supports the continued locally owned and operated city library versus transference of our library, plus our taxpayer funds, with control going to the District. He believes that this library issue

should have been on the 2016 ballot for Sedro-Woolley voters to decide upon, not just the city council and mayor. Dennis is concerned that similar practices will continue if existing city council members are re-elected with a repeat of no direct voter balloting once the 2017 election is over.

"Other concerns are for better transportation within the city for the elderly and all residents that find it difficult to drive into the downtown area. This action will support our town's merchants and professional services."

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CITY COUNCIL AT LARGE

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Lyman



Day Creek



Lyman Car Show marks 17 years

Lyman's signature event is on tap again this month. The 17th annual Lyman Car & Craft Show will be held on Sat., July 22, in downtown Lyman.

The event remains a fundraiser for the Lyman Cemetery and City Park, one that has pulled in thousands of dollars for those amenities during the course of its reign.

This year's event will include the popular draws that make it unique. Cars, of course—lots of them, lining S. Main Street. A separate area near Minkler Mansion for the Craft Show. A general raffle and a 50/50 raffle. A silent auction.

Music. The show never fails to draw car enthusiasts from near and far.

To register a car, start with a phone call to Lyman Mayor Eddie Hills at 360.770.3308. Register before July 15 and it's \$10 per vehicle. Register on the day of the show (from 8 a.m. to noon) and it's \$15 per vehicle. Checks should be payable to Mont Heinzman.

For craft booth registration, call Mayor Hills at the same number.

Car show trophies will be awarded at 3 p.m. the day of the show.

For more information, contact Mayor Hills at 360.770.3308.



Photo by Denise DuVarney

Community notes

Vote YES to continue current bond

It has been 14 years since the Day Creek community approved a bond that allowed Skagit County Fire District 16 (Day Creek) to purchase a 2003 fire engine.

This engine has rendered assistance for hundreds of calls since its purchase. The Day Creek Fire Department and community have benefited from the use of this engine, and will continue to do so until 2033.

The Washington Insurance Rating Bureau and the NFPA rules only allow a fire department to use a fire apparatus for 30 years, then it must be retired. Because of this regulation, the fire district is asking the Day Creek community to again provide their support by voting "yes" to continue the current taxing bond

allowing the funds required to maintain the district's fire tender (water truck) and second-out fire engine.

This vote is not for a new tax, just the continuation of the current tax rate for the next 20 years. The Day Creek Fire Department needs this bond to provide funds to maintain compliance for Day Creek's fire insurance rating, as its current fire tender is 29 years old and its second-out engine is 21 years.

The approval of this bond will provide resources to cover upcoming maintenance expenses and:

- Introduce no new tax.
- Cover the upcoming maintenance needs of two fire apparatus.

- Provide a more capable water source since Day Creek does not have fire hydrants.
- Improve firefighter safety.
- Maintain our current fire rating with the Washington Insurance Rating Bureau.
- Provide improved services for Day Creek.

Day Creek Firefighters Garage Sale

The annual Day Creek Firefighters Garage Sale will be held on Friday and Saturday, July 21–22, from 8 a.m. to 7 p.m. (Friday) and 8 a.m. to noon (Saturday), at the Day Creek Fire Hall.

Items may be donated for the sale on July 15 and 16, at the fire hall. For more information, call 360.826.1155.

Friendship House Helping Hand

Together we can reach out to the homeless and serve a monthly dinner at the Friendship House. Prep is at 3 p.m. and dinner at 5 p.m. on the last Sunday of each month.

For more information, call 360.391.1709.

Kingdom Builders

Kingdom Builders works together with the help of our community, reaching out to be a help to those in need of trips to the doctor, hospital visits, store runs, and more. Drivers are needed and donations are always welcome.

Kingdom Builders and the Friday Morning Bible Study Group have

assembled Homeless Giveaway Bags. Anyone who wishes to keep a few in their car should call 360.826.3581.

Anyone interested in becoming available to be a community helper may call 360.826.3003 or 360.826.3581.

Report illegal dumping

If you see anyone illegally dumping garbage in or near our community, try to write down their vehicle license plate number and then report the activity by calling 360.428.3211.

Cowboy Church

Casual, country, and encouraging. Cowboy Church is held in the clubhouse at the Sedro-Woolley Rodeo grounds every Wednesday evening at 6:30 p.m. For more information, call 425.395.4014.

Friday Night Lights

If you are interested in getting involved with the Sedro-Woolley Rodeo Riding

Club's barrel-racing nights, just show up at 5 p.m. for dinner and 7 p.m. races on July 14 and 28, Aug. 4 and 18, or Sept. 8.

For more information, call 360.826.3581.

—Kathy Henderson

2017 Community Potluck dates

July 18, 6:30 p.m.

August 15, 6:30 p.m.

September 19, 6:30 p.m.

October 17, 6:30 p.m.

November 21, 6:30 p.m.

December 19, 6:30 p.m.

Poker Run planned

Lyman-based Heart to Heart Charity's 3rd annual motorcycle Poker Run fundraiser will be on Sat., Aug. 5. The event will start at the Eagles Lodge, 1000 Metcalf St. in Sedro-Woolley. Registration from 9–11 a.m. and first bikers out at 11 a.m. Participants will receive one poker hand, a scenic ride, and a free breakfast.

Cost for this Poker Run is \$20 for bike/rider and \$30 for bike/rider/passenger if paid before Aug. 1; add \$5 to each after Aug. 1. Registration forms are available on our Facebook event page or e-mail hearttoheartcharity@gmail.com to request one. First 10 prepaid registrations will receive a biker's gift bag full of items, including a family pass to Skagit Speedway.

Volunteers are needed for this event, as well as businesses that would like to donate prizes. Contact Tammie Werner via email or 360.826.3818 for details. This event supports activities for children of low-income families, including homeless bags, assistance, and the charity's Christmas Angel Tree program. The event is listed on Facebook at www.facebook.com/hearttoheartcharity.

—Tammie Werner

Alcohol + road rage = jail

Charges of DUI and vehicular assault are pending against a Hamilton man after he caused an accident near Lyman on June 11.

Chris Adams, 65, of Hamilton, was booked into Skagit County Jail after he used his 2011 Kia Sedona to force another motorist off the road and into a collision with a third vehicle.

Adams and Wendy Brink, 29, of Concrete, were traveling eastbound on SR 20 at milepost 74 when Adams struck Brink's 2011 Honda Pilot, forcing her to cross the westbound lane and travel into the westbound ditch.

At that moment, a 1997 Ford F150 driven westbound by Pamela Krause, 48, of Sedro-Woolley, collided with Brink.

Brink and her 6-year-old daughter were injured and transported to Skagit Valley Hospital.

Krause also was injured and transported to Skagit Valley Hospital. Her passenger, Peter Angulo, 31, of Concrete, received relatively minor injuries.

Adams was not injured in the incident. The WSP trooper report indicates alcohol was involved. Adams was booked into Skagit County Jail; charges of DUI and vehicular assault are pending.

South Skagit accident injures one

Two vehicles tangled on S. Skagit Hwy last month, resulting in injuries to one of the drivers.

The incident occurred on June 11. The vehicles were southbound on S. Skagit Hwy, about 9 miles northeast of Mount Vernon.

According to a Washington State Patrol report, Beverly Baker, 32, of Sedro-Woolley, driving a Chevrolet Trailblazer,

struck from behind a GMC Yukon driven by Austin Bryant, 17, of Mount Vernon. The contact occurred just south of the bridge and caused Bryant to cross the northbound lane of SR 9, roll, and come to rest in a ditch. Baker's vehicle struck a light standard and came to rest on the southbound shoulder.

Bryant was injured in the accident and transported to Skagit Valley Hospital. Baker was not injured.

The cause of the incident is under investigation. No charges had been filed at press time.



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Above: Judd Wilson (left) and former Concrete Volunteer Fire Dept. Chief Rich Philips pause with a handcrafted sign created by Wilson for the Fire and Life Safety Facility in Concrete. The sign and a plaque from the town thanking Philips for three decades of service to the department were presented during a surprise retirement party for Philips on June 17. The sign will be hung above the existing sign on the building, thereby naming the building itself after Philips.



Left: Members of the newly formed **Concrete Community Choir** perform their first concert June 15 at the Concrete Community Center. Led by music teacher Gretchen Hewitt, the choir performed a set of five songs during its inaugural concert. The group plans to reunite in September to begin rehearsals for a longer concert. *Photo by Lowell Chilton.*

June in pictures



Above: Back on top! **David Bricka** celebrates his win of the adult jump rope contest during Blast from the Past in Sedro-Woolley on June 3. During the 2015 and 2016 competitions, he lost his crown to Concrete Mayor Jason Miller and Sedro-Woolley City Supervisor/Attorney Eron Berg, respectively. Bricka's win this year makes him a four-time champion of the event.

Right and far right: Dynamic daughter and mother duo **Marilana Hernandez, 7, and Consuelo Kennedy** compete in the hula hoop and jump rope contests during Blast from the Past in Sedro-Woolley on June 3. Mom won the women's jump rope contest, while Marilana swept both the jump rope and hula hoop contests in her age class.



Above: **Grayson Luttrell** and **Riley Pritchard** hand flowers to Debra Jones during the opening processional for the Concrete High School graduation ceremony on June 9. Jones received a flower from every senior as they walked into the gym, a gesture of remembrance of her son, Dakota Robertson, a member of this year's graduating class who died in a car accident in 2011.





Hamilton



Rockport



From the Mayor

Thank you, Dave Mitchell, for your years of working for the town of Hamilton. It is often a thankless task, so I try to remember to say thank you to our employees as often as possible!



Maintenance in our town covers a broad range of work. The water system is a priority focus, especially if things aren't working smoothly. Water levels have to be checked, samples taken, and readings written down every day. If something isn't working right, it sometimes has to be checked multiple times a day. Chemicals that have the potential to cause serious problems have to be handled.

Meter readings have to be done once a month, physically looking at each meter. Water lines have to be dug up for leaks and repaired. They are the ones making sure we all have healthy water to drink every time we turn on the tap. Thank you.

Our streets have the edges mowed on a regular basis. Potholes are fixed when possible. Side note: we received a grant from the Transportation Improvement Board to fix lots of potholes, hopefully within the next couple months! Gravel gets added where needed, or cleaned up when it strays. Garbage gets picked up along the streets and parks, and that can be a hazmat situation. Thank you. Trees that overhang roadways get trimmed back when they cause a problem. The Town owns a lot of land that needs mowed on a regular basis. We have lots of trees that also like to drop large amounts of leaves in the fall, creating more raking and sweeping work.

Maintaining all of the equipment that gets used in town is also part of what they do. Things break down and have to be fixed, parts gotten and replaced. Thank you. Our buildings have to be maintained. None of our buildings are brand-new; they all have age-related issues that crop up unexpectedly. Roof leaks, gutter issues, stuck doors, security issues—all have to be handled, occasionally on a slim ladder a few stories up. Thank you. Our small levee system gets walked and maintained, sometimes every hour during a high water event. Thank you. Beaver dams get taken apart piece by piece, by hand, while in cold water so the water can flow around the slough. Thank you.

There is a continually revolving task list of work that has to get done, and it all gets handled, usually with a smile. Thank you. Whoever replaces Dave will have some big shoes to fill.

—Mayor Joan Cromley

Whiskey Fever wins “Best Band in Skagit”

Last month was very good to Upper Valley band Whiskey Fever. On June 10, the two-time Cascadia Weekly “Best Band in Skagit” winner won the “Tour Possible” contest at The Showbox in Seattle.

The band, composed of Jack Mattingly, Dennis Dorgan, Andy Brown, and Dylan Dalgarn, won both the “fan favorite” title voted by fans at the event (and nabbed the \$500 cash prize) and the grand prize of \$20,000, voted on by judges from Sub Pop Records, Amazon Music, and radio station KEXP.

The event was sponsored by US Bank. There were five other bands in the contest. All five were selected to the event as a result of online fan voting in May.

The headlining band the night of the contest was Dandy Warhols; the Whiskey Fever win was announced in the middle of the Dandy Warhols' set.

Whiskey Fever will enjoy recording help, promotional assistance, and advice on touring.



Whiskey Fever band members, from left, Andy Brown, Jack Mattingly, Dennis Dorgan, and Dylan Dalgarn won the US Bank “Tour Possible” contest last month, scoring the grand prize of \$20,000. The band will get assistance with recording, promotion, and touring. Submitted photo.

Birdsview Buzz

Welcome to summer, everyone.

This month we celebrate the brewery's 11th anniversary. Eleven years ago, we could never have imagined how we would evolve. We thank the locals for their support. We have three generations working at the brewery and it continues to be majority family run. We are bringing back one of our original beers to celebrate: Scraps. Look for it this month.

Birdstock is back to the first Saturday of August, so this year it's Aug. 5 from noon to 9 p.m. The band line up is: Undecided, Barefeet, Whiskey Fever, Back Porch Apostles, Fanny Alger.

As usual, this is a fundraiser for the Birdsview Fire Dept. They do all the cooking so please support them and do not bring your own food. No dogs allowed; please don't bring them and leave them in your car, you will be asked to leave. We patrol the parking lot, so no drinking out there and it's not BYOB.

Brewery happenings this month

- 7 Live music from Undecided
- 8 Live music by Josh Fichter
- 29 Live music by The Music Man Jeff Peters
- 13 Julie Voigt's birthday
- 17 Brewery's birthday

Have a good month and good luck with the road work. We will be open during the chip sealing, unless they have us blocked off when they are working right in front.

—Kris Voigt

Briefly ...

Hamilton Community Food Bank will be closed July 4 and 11 for maintenance.

This year's **Lyman Hamilton School Reunion** is planned for Sat., Aug. 12, from noon to 5 p.m. at Lyman City Park in Lyman.

The potluck lunch will include a ribbon-cutting dedication ceremony for the new addition to the park.

For more information, call 360.826.3160 or 360.659.9848, or send an e-mail to rabb@comcast.net.

Skagit County Volunteer Fire Dept. Dist. 19 to hold annual fundraising garage sale

The Dist. 19 Volunteer Fire Dept. (Rockport, Marblemount) will hold its annual garage sale on Aug. 4–6, from 8 a.m. to 6 p.m. at the Rockport station.

The sale is organized and staffed entirely with volunteers from the Rockport and Marblemount communities. All proceeds benefit the Skagit County District 19 Volunteer Fire Department.

The success of the garage sale starts

with generous donations and with everyone in the Upper Valley doing what they can to spread the word about the sale. The more customers during the sale, the better the result.

Donations are being accepted now. To donate, call 360.853.7699.

Gently used items are appreciated: furniture, clothing, appliances, sporting and camping goods, books, toys,

motorized equipment, household and kitchen, art/music, plant/garden, handyman items, and tools.

Organizers cannot accept computers, printers, hazardous materials, car seats, or cribs.

For more information, call 360.853.7699.

—J. K. M.

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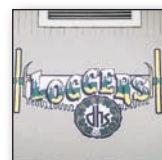
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Darrington



Whitehorse trail work continues

By Marla Skaglund

Work is coming along on the Whitehorse Trail, which follows the old 27-mile railroad line from Darrington to Arlington. While folks have been enjoying parts of the trail for many years, there are sections that have been overtaken by blackberries and other weeds.

Since the Hazel Hill slide in 2014, Snohomish County Parks Department has been making repairs, including rebuilding several bridges. On April 16, 2016, a group of volunteers from Comcast spent hours cutting blackberries and picking up litter along the trail on a day they called Comcast Cares Day. Others have followed suit, volunteering to keep parts of the trail open, receiving little or no recognition.

Spanning 27 miles between Arlington and Darrington, the Whitehorse Regional Trail follows the path of the former Burlington Northern-Santa Fe Railroad line through the North Stillaguamish River valley. The trail meanders through the valley from its junction with the Centennial Regional Trail in Arlington, frequently paralleling SR 530 and the North Fork of the Stillaguamish River.

The backcountry corridor rewards visitors with picturesque views of forests, farmland, streams and rivers,

and mountains. Currently only a 6-mile portion of the trail, from Darrington to Swede Heaven Rd., is open to the public. With the exception of three-wheel vehicles for disabled mobility, wheeled all-terrain vehicles are not allowed on any Snohomish County Park trail.

The Interim Use that came into agreement with Burlington Northern and Rails-to-Trails Conservancy was established under the National Trails System Act of 1968 (16 U.S. Code). Section 1246(c) prohibits motorized vehicles from any trail designated as a National Trail, or any trail established as an Interim Use of Railroad Rights-of-Way, which is how the Whitehorse Trail was acquired. The 16 U.S. Code Section 1247 authorizes the acquisition and operations agreements to Rails-to-Trails, which then conveyed the interim use to the local government.

The language also states that if the county were to decide not to operate a nonmotorized trail, then Rails-to-Trails has the right to appoint another state agency or private interest to operate the trail as part of the National Trails System. Rails to Trails Conservancy has negotiated a contract with Burlington Northern

Railroad Company for the acquisition of certain BN rail lines.

Discussion has continued on social media sites and at local meetings to designate a trail system for motorized vehicles that would be used by folks wanting to take such vehicles into forested areas. So far, no one has stepped up to take on the responsibility of applying for grants, going to the appropriate meetings, or even starting a petition drive.

The Washington ATV Association has a Web site filled with information on trail maps, rules and regulations, and environmental education. They state their aim is to expand the network of ATV enthusiasts and their supporters who promote the responsible enjoyment of ATV use, and said they hope individuals who want to establish motorized vehicle use in the Darrington area will use their Web site as a resource.

Council summary

Darrington Town Council met for a regular meeting on May 10. The following is a summary of that meeting. Complete and council-approved minutes for every council meeting are available at Darrington Town Hall.

May 10 regular meeting

- Council approved Frankie Bryson as Grand Marshal for the July 4 parade.
- Councilmember Gary Willis went over his water-rights discussion with Jason Hatch from Washington Water Trust. Hatch will meet with the town on May 24 in Everett or Arlington to discuss the proposals that council had at the last meeting. Willis would like to discuss those ideas with Hatch, along with any council members who would like to attend. Any information from the meeting will be brought to the next council meeting for further discussion. Willis is not in favor of the town doing "virtual water" because of the maintenance involved.
- Council further discussed the town's park event policy, renaming it "event policy" for all town-owned properties.
- Efforts are ongoing to determine where, specifically, the Darrington "Welcome" sign can be placed on SR 530. Mayor Dan Rankin has attempted to contact WSDOT with no luck. Councilmember Kevin Ashe requested an answer within two weeks. A design for the sign is being worked on.
- The pocket park is still under way. There may be a need for donated

sod. There is a desire for the Youth Council to name the pocket park.

- JoAnn Milton requested the town donate the funds for the porta-potty rental (approx. \$315) for the Darrington Day Street Fair. Event organizers also would like to see if the town could order a couple of units for that event, then the Darrington Day coordinator would reimburse the town for the cost. Council agreed to the above.
- Tentative opening for the Whitehorse Trail: October.
- Council discussed proposed changes for Municipal Code Chapter 13.10.060, Utility Late Fee and Termination Notice. An ordinance will be drafted for the next meeting.
- A ground-breaking ceremony for Old School Park was to be held on May 15 at 2 p.m.
- Discussion ensued regarding North Commercial, which is airport right of way. Willis said the town needs to get funding started for "right of way" use on Engles Lane. Willis would like to see this topic on the next council meeting. Mayor Rankin said that the right of way for Commercial Ave. was done by a prior mayor. Willis stated that the county does not have it recorded.

For more Darrington information, go to www.destinationdarrington.com, www.facebook.com/destinationdarringtonwa, or <https://www.instagram.com/destinationdarrington>.

—Compiled from staff minutes



Darrington Mayor Dan Rankin and Clerk/Treasurer Dianne Allen paused for a photo after receiving an award from the Risk Management Service Agency (RMSA) within Association of Washington Cities (AWC). Town of Darrington was recognized for liability claims experience below the average in 2016. Rankin and Allen attended a special RMSA awards dinner during the annual AWC conference in Vancouver, Wash., June 21–23.

Darrington Day packed with fun

The 7th Annual Darrington Day Celebration on Sat., July 15, has added several new events. The new Darrington Street Fair, 10 a.m. to 5 p.m., will be held in Old Town on Darrington St. There will be live music, Upriver artists, craft booths, and a dunk tank featuring Mayor Dan Rankin. Smokey Bear also will make an appearance. Kids' activities include face painting and sidewalk chalk art, plus other surprises.

A Model A Strut will cruise through town and park at the street fair. Darrington Performing and Visual Arts will bring actors telling fascinating historical

stories about the Darrington area. The Hometown Hero award will be announced by North County Family Services. Rivertime Brewing will open its beer garden featuring locally crafted beers.

Darrington IGA will offer its famous pulled pork sandwiches, and tours will be available at Hampton Mill to see a working state-of-the-art sawmill.

The Rock and Gem Show is also being held the same day at the Mansford Grange.

The Darrington Archery Associations' "Ralphies' 2nd Annual Run what you Brung event" is being held July 15 and 16.

—Marla Skaglund

Snohomish County Sheriff's Report

June 17

Snohomish County Sheriff's Office Dive and Swift Water Rescue units responded to Sunset Falls near Index this afternoon for a report of a male who had fallen into the Skykomish River. At approximately 3:45 p.m., a male and female were walking along a road way near the raging Skykomish River when the 49-year-old male slipped and fell into the water. The 32-year-old female quickly called 911 to report the incident and to request help. Fire Department resources from the Index and Goldbar area were dispatched, along with the Snohomish County Sheriff's Office patrol and water rescue assets. Snohawk 1, from the Snohomish County Sheriff's Office, was also dispatched to assist with an aerial search of the river. Snohomish County Volunteer Search and Rescue units were also sent to the area to assist with operations.

Units searched the area at the base of Sunset Falls without success. Sergeant Fenter, with Snohomish County Sheriff's Office Search and Rescue, advised the area to be searched is 28 feet deep with a tremendous volume of water tumbling over the falls, making it extremely unsafe and dangerous to deploy divers into the water. In place of divers, a remote underwater sonar and camera were used to conduct a search from on top of the water.

Units searched the area for more than two hours before suspending all operations. When new evidence of the victim's location is discovered, units will resume operations.

June 18

This morning, the Search and Rescue Unit and volunteers from Snohomish County Volunteer Search and Rescue rescued an adult male from Sloan Peak in western Snohomish County. The 27-year-old Seattle man was climbing the peak Saturday as part of a climbing class when he fell and broke his ankle. One of the climbing instructors activated a personal locator beacon, which sent GPS coordinates to the Air Force Rescue

Coordination Center in Florida, which in turn alerted a Snohomish County dispatch center around 5:15 p.m. on June 17.

SAR personnel and volunteers, including Everett Mountain Rescue, responded. Rescue helicopter SnoHAWK10 was unable to reach the climber because of inclement weather, but rescuers who made their way to the male by ground arrived at his location around 8:30 a.m. today. They provided first aid and moved the patient down the mountain's glacier where he could be lifted into the helicopter. He was flown to Darrington, where an aid car transported him by ground to a nearby hospital.

Approximately 70 volunteers from throughout the State assisted with this rescue, including volunteers from Yakima (Central) Mountain Rescue, Chelan County Mountain Rescue, Everett Mountaineers, and the Seattle Mountaineers, providing roughly 1,000 hours of volunteer time. The Border Patrol Search, Trauma, and Rescue (BORSTAR) team with U.S. Customs and Border Protection also assisted.

"Both the Mountaineers and BORSTAR were outstanding assets working in combination with our search and rescue/mountain rescue volunteers," said SAR Sgt. Danny Wikstrom.

June 19

The Snohomish County Sheriff's Office Collision Investigation Unit responded to its second fatal collision of the day tonight at the 9300 block of Arlington Heights Rd. in Arlington. The 19-year-old male driver was the only person in the car when his vehicle left the roadway and collided with a utility pole. The Arlington man died at the scene. The collision was reported to 911 just before 9 p.m. and investigators were on scene until 1 a.m.

Detectives were investigating the cause of the collision. Identification of the deceased was to be released by the Snohomish County Medical Examiner after notification to family was made.

June 21

The Search and Rescue Unit and

See Darrington, p. 38



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Marblemount



Newhalem



The good news is ...

By Sasa and Jesse

In the wake of tragedy there exists a gathering of angels. They are the Children's Hospital Clowns and clowns around the world who volunteer at hospitals where children and their families work through some of the most challenging events.

My family was one of those families. In August 2007 my daughter was diagnosed with cancer—she was only 5 months old. At the time we lived in Alaska; we were flown to Seattle Children's Hospital, with my sons arriving later that month. During the next year we fought for Mimi's life—all of us, as a family. There were days I did not think I could go on, let alone bear the pain of seeing my baby die before my eyes. My saving grace came in the form of a beautiful group of volunteers who came as clowns to spread a little laughter

and get us out of the pain and back into our hearts so we could continue on our healing journey.

We lost Mimi in July 2008, and the clowns stood by my side the whole way. Even through the memorial and our Native tradition of cutting of our hair when loved ones are lost. I bow and honor the peeps who have the strength and courage to be in their hearts and share a little love and light to those struggling to find their way in the dark.

After having a Spirit Bundle Ceremony done, eight years down the healing path I am finding creative ways to share Mimi's life with others, and we have been learning from this experience to honor Mimi's life. We loved a lifetime and I know we are still connected through our hearts. It took a bit, but now I sing to Mimi and send her happy thoughts. Every July 13 we hike into the beautiful mountains surrounding us and leave her little carved hearts with gratitude for

having her in our life.

The story of the rainbow

Long ago, and not so long ago, there was a couple who lost their child. One became very angry for the child lost and demanded payment. The other carved a rainbow to honor the child lost. Rainbow was so honored that she changed the carving into a portal so the parent could visit the child anytime and left the key within the parent's heart. Time to be in our hearts.

Contact Sasa at cascadiaeffect@gmail.com. Experiences may be shared at <http://cascadiaeffect.weebly.com> and on Facebook: Cascadia Effect.



Northwest Garden Bling

- Gift shop
- Stained glass & glass supplies
- Souvenirs

360-708-3279
nwngardenbling@frontier.com
 44574 Highway 20 – Concrete, WA 98237

Newhalem, cont. from p. 11

than 100 miles away, and it took six hours by train and car to get there. All supplies had to be brought in by train, including the materials it took to build the dams.

But it had electricity. Boy, did it. Having developed the source of clean power, Ross then marketed appliances that used it.

"He was a remarkable businessman; he saw the big picture, but was able to get into the micro of it all too," said Ferrara. "He created the Skagit Tours. They came by train back in the day, prior to 1974 when SR 20 punched through to the east side."

City Light continues the tradition of tours to this day, offering Diablo Lake Boat Tours, a Power House Insiders Tour at Gorge, and a Dam Good Chicken Dinner & Ladder Creek Falls by Night tour, which gets the public into the Gorge Inn for dinner (typically the inn serves meals only to City Light staff and contractors).

The newest addition

Step outside the Gorge Inn and take a stroll upstream to the Gorge power house, past the complex's clean, simple, traditional architecture. There are more than 85 buildings, structures, and objects associated with the Skagit River Project that are listed on the National Register of Historic Places. Included are all three dams and power houses, many of the houses in the towns of Newhalem and Diablo, a steam locomotive, a few historic tugs, a garden, and J. D. and Alice Ross's crypt.

On the second floor of the Gorge power house lies a new gallery that tells the story of the three dams in greater detail, focusing on the processes used to construct them.

To create the new space, City Light renovated a neglected area, said Ferrara. "We gathered up photos from historical societies and held many, many, many meetings," he said with a laugh. "For Gorge, J. D. Ross wanted a showpiece; he went with an Art Deco theme."

Another bit of trivia: The Gorge power house is sited just upstream of a natural fish barrier in the river, making fish ladders for all five salmon species in the

river unnecessary, since all three dams are upstream of the Gorge power house.

As the 2017 tourist season kicks into gear, City Light has made its project at Newhalem an even bigger draw. For more information, go to www.seattle.gov/light/Skagit.

—J. K. M.



Right: A decorative pool soothes feet and senses along the trail to Ladder Creek Falls.

Below: Skagit Hydroelectric Project Maintenance Manager Alan Ferrara points out the Gorge power house's striking Art Deco architecture, chosen by J. D. Ross.



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CONCRETE: 1st and 3rd Mondays: 2-4 PM at Concrete Community Center, 45821 Railroad Ave.

MARBLEMOUNT: 1st Monday each month: 10 AM to Noon; call to schedule, 360-848-8437, ext. 318

ANACORTES: 3rd Monday each month: 10 AM to Noon at the Salvation Army, 3001 R Ave.

BURLINGTON: Thursdays 12-2 PM at Tierra Nueva, 701 E. Fairhaven Ave.

SEDRO-WOOLLEY: Tuesdays 1-4 PM at PeaceHealth United General Medical Center, 2000 Hospital Dr., AND Thursdays 9-11 AM at the Senior Center, 715 Pacific St.

MOUNT VERNON: Tuesdays 9 AM to Noon at Christ the King, 2111 Riverside Dr., AND Thursdays 3-5 PM at the Senior Center, 1401 Cleveland St.



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Skagit County Public Health and Community Services
Phoenix Recovery Services LLC. **360-848-8437**



Seniors



Coffee Break

Bits and pieces for seniors

By Patrick M. Kennedy

There's a lot to be said for getting half-price meals, discounts, shopping bargains, cheap rentals, and other benefits simply because you are of a certain age.

Keep your eyes open; there are opportunities for nearly free stuff for seniors. No matter where you live, your neighbors probably take care of their elders.

Sometimes movie theaters have a 55 or 62 age-saving break for senior ticket prices. The average cost is either at or slightly less than the matinee price, regardless of the show time. And museums and other attractions also extend a discount for admission or memberships. Depending on the institution, the discount can be 15 to 20 percent, if you like to go to such places.

Get a quality workout at a local health club for 50 to 70 percent less than other members just because you are a little older and maybe smaller than the other members. Shopping? Retail stores

and department stores offer 10 to 30 percent off purchases daily, or on special days, and promote sales days exclusively for seniors.

And let's not forget that early bird specials are just one of many dining discounts that can be found. Some restaurants offer the standard AAA 10 percent off, while others have specials such as two-for-one entrees or special senior days.

Numerous airlines offer senior discounts, either through incentive programs, such as the United Silver Wings Program, or by discounting standard fares 10 to 15 percent. However, like all things involving airlines, there are many rules. Individuals who may qualify as a senior on one airline may not on another. It is best to review deals carefully.

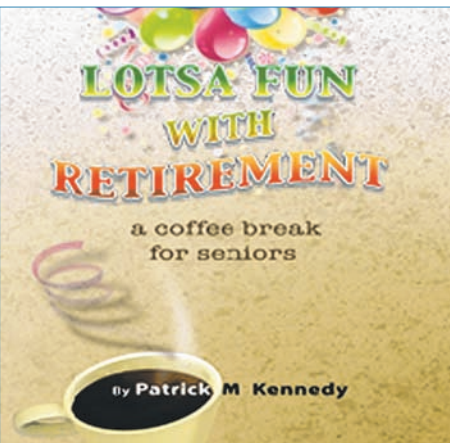
Other travel discounts available to seniors include car rentals, hotel stays, theme park and attraction tickets, and reduced golf and other activity pricing.

Seniors who are interested in continuing their education can join a lifelong learning program for a small fee and no credit, or pursue a college degree at some institutions with a grant or reduced tuition.

And as another bonus for seniors, various civic and social organizations encourage senior participation through a nominal fee or even free membership.

No matter where you live, there has to be a deal. Look around and save some money for that trip to Disneyland or a taxi to your grandchild's play land.

Patrick M. Kennedy is the author of Lotsa Fun with Retirement. Find it at Amazon.com. For more, go to www.funwithretirement.com.



Way Back When

100 years ago

July 7, 1917: Lars Moen's ranch at Van Horn proved very attractive to an unusually large crowd of grange members Wednesday, during a picnic at that location.

Those arriving on the noon train and by autos put their lunches together and served one big picnic dinner that was thoroughly enjoyed by all. There were all kinds of races, including a sack race, a three-legged race, and men's, women's, boys', and girl's races. The races were the source of much amusement.

Ice cream and pop were sold on the grounds. Those desiring to attend a dance in the evening repaired to Frank Mack's hall, where an orchestra hired for the occasion by the grange dispensed popular music throughout the night.

70 years ago

July 10, 1947: Chief Joseph Campbell, 90-year-old leader of the Upper Skagit Tribe, died at his home in Concrete on July 4 after an illness of about two months. The chief had been a familiar resident of the valley for many years and was known and respected by old-timers and later residents alike.

The exact date of Campbell's birth is not known, but he was born in Mt. Vernon and when a child, came to the Upper Skagit to

Concrete Community Center

July 2017 Activities

Mon. - Fri., 10 a.m. to 3 p.m.
Lunch served at noon

East County Veterans Center meets Mon.,
Tue., Wed., from 10 a.m. to 3 p.m.
at the East County Resource Center

Monday through Friday

Jigsaw puzzles, walking group, games, more

All subject to change. For latest information:
www.facebook.com/concretecommunity or call
360.416.1377.

Monday

No dinner talk this month.

Tuesday

7/4 Closed

Wednesday

7/5 12:30 p.m. Pinochle

7/19 12:30 p.m. Pinochle

Friday

7/14 12:30 p.m. Youth Activity Day

7/14 12:30 p.m. Commissioner Janicki

7/21 All day Concrete Vintage Fly-In

Saturday

All 9 a.m. Saturday Market

All 7 p.m. AA meeting

7/15 10 p.m. Youth Activity Day:

Movie Night

7/22 All day Concrete Fly-In

7/22 7 p.m. Parking Lot Dance

Sunday

7/9 12 p.m. Marblemount Market

7/23 Half-day Concrete Fly-In

Way Back, cont. from p. 28

make his home with his parents. Since that time he made his home near the river, finally settling in Concrete.

He has been chief spokesman for the valley tribe for many years. He spent much time trying to secure a reservation for the tribe, such as the La Conner tribe enjoys, but with little success. Campbell recently made a trip to Washington, D.C., in the interest of his people.

Funeral services were held at the Shaker Church in Grasmere on Tuesday and interment was made in the Indian cemetery in Hamilton.

Campbell is survived by his wife, Alice; two sons, John and Pete; and six grandchildren.

60 years ago

July 4, 1957: Sauk Mountain, longtime sentinel of the Upper Valley, is to be given a lot of attention in the coming months. First, the U.S. Forest Service is installing a brand-new lookout cabin to replace the old one. Second, the Air Force will next year make an installation on the peak that will require a road built to the summit.

Plans are now ready for the new lookout station, a 14x14 flat-roof

50 years ago, Lance Corporal Donald Strong of Concrete

made the front page of the July 21, 1967 issue of *Concrete Herald* after being wounded in action in Vietnam on May 4 near Que Han. He was shown convalescing from his wounds aboard the USS Sanctuary, a hospital ship. While on the ship, he was presented with his Purple Heart medal by General Hocmarth. Strong wrote that he expected to be transferred to the states within a short time, but did not know which veterans hospital he would be assigned to for further treatment. *Archive photo; unknown source.*

building. The material is pre-cut and ready, and will be trucked to the end of the road below the lookout, then ferried by helicopter to the top.

Use of the mountaintop by the Air Force was revealed last fall when surveyors arrived to plot a road to the top of the mountain.

No information has been released as to what the installation will be. Rumors are that it will be radar. It is assumed that the present road to the meadow below the peak will be used, and a new section developed from there to the top. Engineers hope to find a route up the north side of the peak, which rises to 5,510 feet.

—Compiled from archives

Verna's Kitchen

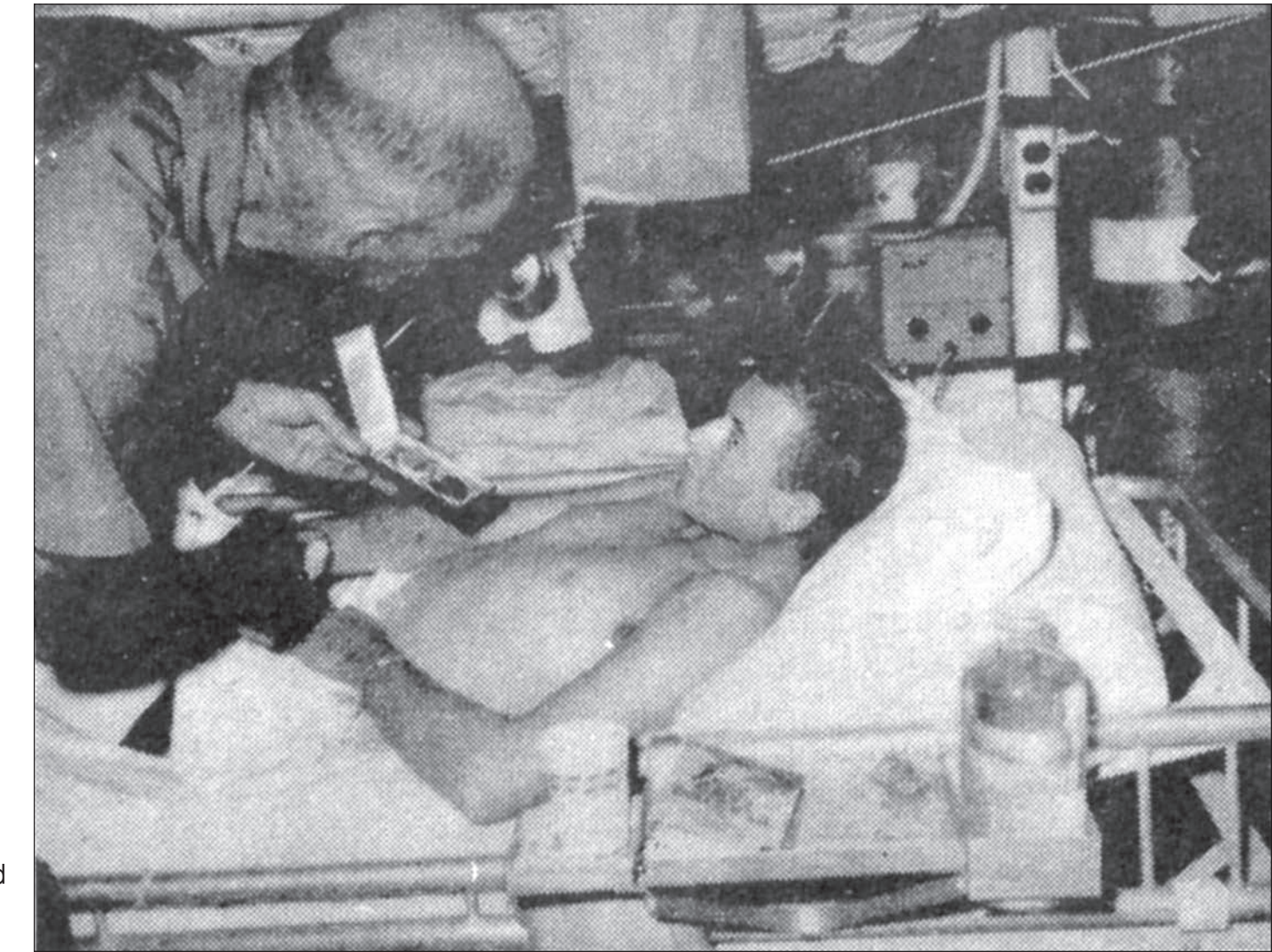
By Verna McClure

Quick salad or dessert

This keeps well and may be used as either a salad or dessert. Very good.

- 1 container cottage cheese
- 1 package orange Jell-O
- 1 can pineapple chunks (drained)
- 1 can mandarin oranges (drained)
- 1 8-oz. carton Cool Whip

1. Pour dry orange Jell-O over the cottage cheese.
2. Fold in pineapple chunks, then add the mandarin oranges and Cool Whip. Enjoy!



Obituaries

Clara May Haight 1942-2017



Clara was given the gift of life, and now she has had to give it back. As hard as this may be, she was a lucky woman. Some may say the luckiest of all. Although the final push was long and hard, she relished the time she was able to spend with her family and friends. Some of her most treasured moments in life were simply spending time with her children and grandchildren, and taking care of her family. Clara Haight moved on from this world on June 21, 2017, at the age of 75, and is survived by her caring husband Lawrence Haight, her children Larry Haight and Anita Tromp, her brothers Ron Long and Dale Long, and her many grandchildren and great-grandchildren.

She was preceded in death in an untimely manner by her daughter Sherry Haight.

Clara was born on June 4, 1942, in Prairie Grove, Ark., through the union of Elmer Long and Mayona Phillips with the company of four brothers. On Aug. 21, 1959, Clara and Lawrence Haight became one in a beautiful union that was blessed with three children, Sherry, Larry, and Anita. Although their journey began in Concrete, it marched onward and settled in Ferndale, Wash., where they both lived happily as long-term residents. Throughout her life, she continuously strived for knowledge, understanding, and love.

Clara was certainly never someone who could back down from a challenge, and although her stubbornness may have been frustrating at times, it was also part of her strength. She never stopped caring and never stopped loving, no matter what she was going through. She was a talented artist, seamstress, baker, ice sculptor (although some say it looked like an angry chicken), hunter, fisher, amazing friend, loving wife, and caring mother/grandmother. She spent many years fishing and hunting with her husband throughout Washington, although some would say she could outshoot and outfish her husband.

All of her skills and strengths aside, one of her greatest accomplishments is her loving family and the friendships she has created along the way. The woman who refused to give up, refused to back down, and the woman who taught us to love and laugh is now at rest after a long, hard journey. She will be missed as a wife, mother, friend, and grandmother. Although she has departed from this world, she is not forgotten. She is very much alive through the love and memories she has spread to those around her.

A private graveside service was held at Enterprise Cemetery on June 29, where she was laid to rest. A memorial will follow in the coming months. In lieu of flowers, please make a contribution to an organization of your choice.

Obituaries published in Concrete Herald

from May 2009 to present are posted online at:
www.concrete-herald.com/obituaries.

For more information, contact Concrete Herald at 360.853.8213 or editor@concrete-herald.com.

Sunday School lesson

Stand up/speak up/ show up

By Rob Thomas

Disclaimer: In the name of honesty and transparency, the genesis of this article was because I was asked to deliver the Baccalaureate message to the 2017 Concrete High School graduating class. Since that June 8 evening, I have reflected upon these thoughts and have continued to refine them in anticipation of sharing them with Concrete Herald readers.

Regardless of your religious/spiritual affiliation (after all, this is the monthly Sunday School Lesson), and/or regardless of your political persuasion, may I suggest that our community, our state, our nation, dare I say, our world, is in desperate need of those who are willing to Stand Up, Speak Up, and Show Up. Let me briefly address all three.

First, there is the need to Stand Up. To stand up means that you choose to be a person of courage. The word courage comes from the Latin meaning "heart." As such, your heart motivates you to face challenges and even take risks. Tucked amongst the 31,000 verses in the Bible is an incredible example and act of courage. We are not given many details apart from this line in 2 Samuel 23:20: "There was also Benaiah ... a valiant warrior ... He did

many heroic deeds ... Another time, on a snowy day, he chased a lion down into a pit and killed it."

Unfortunately, we are given no additional information. Just an example. Then again, do not our actions speak louder than our words? We need men and women who are willing to stand up and be people of courage.

Second, there is the need to Speak Up. To speak up means that you choose to be a person of conviction. You know what you believe and why you believe what you believe. You are not swayed by public opinion. You do not stick your finger in the air to see which way the wind is blowing the crowd. No, regardless of what others may think or say or do, you are called to develop your own personal convictions and live your lives accordingly. To connect my first two points (Stand Up/Speak Up), I believe that great theologian and country singer Aaron Tippin said it very well: "You've got to stand for something, or you'll fall for anything." Once again, my second point is that we need men and women who are willing to speak up and be people of conviction.

Third, there is the need to Show Up. To show up means that you choose to be a person of compassion. Compassion means to be moved inwardly to act outwardly. You don't simply feel something. You don't simply say something. You do something. It was St. Francis of Assisi, a man who lived more than 700 years

See Sunday School, p. 38

Skagit County Sheriff's Office Blotter

June 9

A 19-year-old Lyman female called 911 to report her 25-year-old boyfriend missing. She hadn't seen him in more than three days. Deputies researched his last known whereabouts and felt he may have slipped into the river near Cape Horn. The Sheriff's Office requested East County Water Rescue personnel to search the river, which they did. The man was not found. Well, come to find out he was never lost. He "failed to communicate" with his girlfriend and was found safe and sound a few days later.

June 22

A 911 call was received regarding a search and rescue up the Hidden Lake trail near Marblemount. A female had been hiking alone and she was not equipped for snow/ice at the 6,500-foot level. She slid over a steep embankment next to a waterfall. Luckily, she was able to arrest her fall by catching one foot on a small ledge. The female was stuck in "technical" terrain requiring vertical rescue. Luckily for her, other hikers in the area heard her screaming. One hiker remained with the patient while the other hiked down two hours to call 911. Skagit Ground SAR, Mt. Rescue, and National Parks personnel responded. Ultimately the National Parks Service helicopter crew was able to conduct a "short haul" rescue just before sunset. The female was flown to a Ranger Station with relatively minor injuries and transported herself to the hospital.

June 25

A deputy contacted two vehicles on Ensley Rd. near Hamilton. The men said they were just hanging out and didn't have anywhere else to be. The empty needles and shotguns shells littered around their vehicle gave the deputy reason to run their names. Both had warrants; however, the jail was unable accept them. Once the deputy had completed their paperwork, and they picked up the mess around their vehicle, they were removed from the area.

June 26

A caller from Hamilton Cemetery Rd. near Hamilton reported a traffic hazard. The caller said a beat-up, older motor home was pulling a trailer with several stripped dirt bike frames. A person from the motor home came to the door and asked for money. The caller didn't answer and the jalopy left. A deputy later checked

the area and the rig was gone.

June 29

Deputies received a report of a man acting strangely near the silos in Concrete. The man was apparently cursing while running in and out of the tree line. After a short time, the man was joined by a female and two kids, so apparently all is OK. He may have been searching for good cell phone service, but he was gone upon the deputies' arrival.

—Compiled by Sgt. Chris Kading

Mt. Pilchuck not an easy day hike

Four backcountry rescues in seven days have prompted the Snohomish County Sheriff's Office Search and Rescue to warn the public: Mt. Pilchuck is not an easy day hike.

Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence.

**Brooks, Cody
Alan**

Age: 17
Race: W
Sex: M
Height: 6' 0"
Weight: 170
Hair: Blonde
Eyes: Blue
Address: 229xx
Grip Rd., Sedro-
Woolley



The SCSO Search and Rescue Unit warned the public in mid-June that conditions on Mt. Pilchuck were not conducive to an easy day hike or to those who aren't well trained and well equipped. SAR personnel and volunteers had responded to four rescues in the previous seven days. Two of the people rescued had serious injuries.

"A late spring meltout and heavy winter snow pack on the mountain made the trail up Mt. Pilchuck slippery and very hard to navigate," said SAR Sgt. Danny Wikstrom. "All of our recent rescue missions to Mt. Pilchuck have been above the snowline, and three of them involved persons not dressed or equipped for the conditions on the mountain."

Sgt. Wikstrom offered these tips and reminders:

- Carry the 10 essentials, including a map and compass.
- Stay on the trail. If you're unsure where the trail is, turn around.
- Only hikers who have the training and equipment to traverse snow fields, who have extensive knowledge of the Mt. Pilchuck trail, and who are prepared for changing conditions—and to spend the night—should even

consider attempting the trail.

- Do not rely on using your cell phone as your only emergency plan. Very little of the mountain (or anywhere in the area) has cell phone coverage.
- Leave a hiking plan behind with someone who can call 911 if you don't return on time.

Recent Mt. Pilchuck missions

June 8: SAR personnel and volunteers rescued an adult female from the west side of Mt. Pilchuck. The woman slipped on snow at approximately 4,800 feet and sustained a leg injury. The hiker, who was well equipped, sustained injuries after attempting an ice axe self-arrest. She was transported by helicopter to the Sheriff's Office Search and Rescue facility around 3 p.m., and then transported by private vehicle for medical treatment.

June 11: SAR received a report around 5 p.m. that a 19-year-old male broke through the snow, fell, and dislocated his shoulder. The male was unable to move and was transported by helicopter to the Sheriff's Office Search and Rescue facility around 9 p.m. and then transported by private vehicle for medical treatment.

See Pilchuck, p. 38

Worship directory

Assembly of God

Concrete Assembly of God
45734 Main St., Concrete; 853.8042
Sun. worship: 10 a.m.
Tue.: Men's meeting, 8:30 a.m.
Wed.: Adult Bible study, 6 p.m.
Thur.: Women's Bible study, 6:30 p.m.

Citipoint Church North Cascade
59850 SR 20, Marblemount
360.873.2504
Sunday Gathering: 10:30 a.m.
www.citipointchurch.com
E-mail: matt@citipointchurch.com

Baptist

First Baptist Church
12732 Hemlock St., Clear Lake
360.856.2767
Sunday School: 9:45 a.m.
Sun. worship: 11 a.m. and 6 p.m.
Wed.: 7 p.m.
E-mail: pastorjohn@firstbaptistclearlake.com

Hamilton First Baptist Church
797 Hamilton Cemetery Rd. at SR 20
Office: 360.826.3307
Sunday School: 9:40 a.m.
Sun. worship: 11 a.m. and 7 p.m.

Lyman Church
31441 W. Main St., Lyman
Office: 360.826.3287
Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Catholic

St. Catherine Mission Church
45603 Limestone St., Concrete
Mail: 719 Ferry St., Sedro-Woolley
Office: 360.855.0077
Weekday hours: 9:30 a.m.–3:30 p.m.
Sat. Mass: 8:30 a.m.
www.svcc.us/scm

Covenant

Community Covenant Church
12605 Highway 9, Clear Lake
360.856.1023 // covenant@wavecable.com
www.clearlakecov.org
Sunday School: 9:30 a.m.

Sun. worship: 11 a.m.
Call for weekly youth group/Bible studies

Episcopal

St. Martin/St. Francis Episcopal Church
55223 Conrad Rd., Rockport
Services: first and third Sunday of each month, 1 p.m.

Free Methodist

Day Creek Chapel
31438 S. Skagit Hwy, Sedro-Woolley
Office 360.826.3696
Sun.: 9:15 a.m. prayer svc, 10 a.m. worship
Tue.: Women's Bible study, 9:30 a.m.
Thur.: Bible study at Louise's complex, Mt. Vernon, 6:30 p.m.
Fri.: Women's Bible Study at Kathy's in Day Creek, 8 a.m.

Methodist

Central United Methodist Church
1013 Polke Rd., Sedro-Woolley
360.856.6412 / centralumcsw@yahoo.com
<http://centralumcsw.org>
Adult Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Presbyterian

Mount Baker Presbyterian Church
45705 Main St., P.O. Box 246, Concrete
Church 360.853.8585; office 360.595.0446
www.mtbakerpresbyterian.synodnw.org
Sun. worship: 9 a.m.

Lutheran

Shepherd of the Hills Lutheran Church
46372 Main St., Concrete / 360.853.8814
Sun. worship: 10 a.m.

Nondenominational

Agape Fellowship
Meets at Mount Baker Presbyterian,
45705 Main St., Concrete
Second and fourth Weds., 7 p.m.
360.708.4764

Community Bible Church

45672 Limestone, Concrete; 360.853.8511
E-mail: cbcofconcrete@earthlink.net
Sun. School: 9 a.m.; Worship Svc: 10 a.m.
Childcare/Children's Ministries at both
Contact church for other ministries

The RIVER Gathering

720 Puget Ave., Sedro-Woolley
Sun. worship: 10:30 a.m.
Wed. potluck/study: 6 p.m.
Thur. ladies group: 6:30 p.m.
Last Fri./mo. potluck/games: 6 p.m.
www.facebook.com/therivergathering

Rockport Christ the King Comm. Church

11982 Martin Rd., Rockport, WA 98283
Church office: 360.853.8746
Pre-service fellowship: 9:30 a.m.
Sun. service: 10 a.m.
Sun. eve. Bible study: 5 p.m.

Wildwood Chapel

41382 SR 20, Concrete
Sun. worship: 10 a.m.
Bible studies: Call for times
360.708.4330

Concrete Volunteer Fire Dept. needs firefighters!

- Do you have a heart for your community?
- Willing to volunteer?
- Free training!



[Chief Darrel Reed]

Interested?

Call Town Hall at **360.853.8401**
or drop in to fill out a quick application.



Applicants may live inside or outside town limits.

Source: Skagit County Sheriff

CONCRETE HERITAGE MUSEUM NEWS

Only about 60 days until the **BIG Annual Museum Yard Sale!** The annual yard sale is planned for Sat., Sept. 2

during (and at) the Labor Day Swap Meet. Donations will be accepted from 8 to 9 a.m., with sales from 9 a.m. to 3 p.m. No clothes, furniture, or trash accepted. Books should be donated to the Upper Skagit Library. Always great bargains.

Don't miss the **Concrete Vintage Fly-In** at the airport, July 21-23. The Concrete Heritage Museum will be open that Saturday, and we'll have an information and sales table at the airport. Thanks to everyone who supported our recent bake sale at the Saturday Market.

This year, the summer arrived with a sizzle, perhaps making many people remember a local event that occurred in June 1990. That's when the pool at the Concrete High School was filled in. Perusing back issues of the *Concrete Herald*, I focused on 1967—50 years ago. Among the highlights that year:

- State Route 20 over the pass was estimated to be another two years away from opening. Another \$1.2 million was allocated for the latest segment that, when finished, would bring the project within 17 miles of completion.

- The North Cascades National Park was another contentious year away from being created.
- The Fraternal Order of Eagles Aerie in Concrete celebrated its 61st anniversary, the festivities dampened only by the recent loss of their last charter member, Richard Thompson.
- Because of the Washington State law requiring driver training for those under the age of 18 to get a license, the school continued to offer it.
- Marblemount school teachers Mr. and Mrs. Underwood had their contracts renewed.
- Plans for the rebuilding of the Lower Baker power house were revealed. The original one was destroyed in a landslide.
- Concrete Herald* was a weekly paper, eight pages long.

The museum will be open every Saturday from noon to 4 p.m. until the end of September. Come see us or go to our Web site at www.concreteheritagemuseum.org. Special tours can be arranged, with advance notice, by contacting John Lloyd at autohistory@hotmail.com or John Boggs at jboggs@swash@aol.com.

—John Boggs

July at the Darrington Library

Children and family programs

- Family Storytime, Wed., July 12, 19, 26; 11 to 11:45 a.m.; all ages welcome, caregiver required.
- Three Pigs Build! Sat., July 8, 3 p.m.
- Build a Better World Scavenger Hunt (bring a digital camera or smartphone), Thur., July 20, 11 a.m. to 12:30 p.m.; for grades 5-12.

Tweens and Teens programs

- Read, Review, & Win. Anytime between June 1 and Aug 12, submit your book review in typed or video form to ryocum@sno-isle.org or drop it by the library.

All ages programs

- Explore Summer: Tech Fest 2017, Wed., July 12, 11 a.m. to 4 p.m.

Adults

- Summer of Authors Features: Jack Archibald. Held at Mountain Loop Books & Coffee, discussing *The Skeeter Daddle Diaries*, Sat., July 8, 6 to 8 p.m.
- Entry to Apprenticeship Workshop (career prep), Mon., July 10, 5 to 6 p.m.
- Mountain Sketching with Molly Hashimoto, artist; registration required, Sat., July 22, 11 a.m. to 12:30 p.m.
- Business Pros: Social Media Marketing for Creative Professionals, Sat., July 29, 1 to 3 p.m.

The Darrington Library is located at 1005 Cascade St., Darrington. For more information, go to www.sno-isle.org?ID=1194 or call 360.436.1600.

—Ashley Bryson, branch manager

At the Upper Skagit Library

Join our Summer Reading Program and “**Build a Better World.**” Kids and teens, participate in our reading challenges, science- and math-themed activities, and free special events. Pick up a reading log and event calendar at the library or download the materials from our Web site. Read to earn free books and enter to win your very own Kindle—our grand prize! Library card not required. See the Community Calendar for special events on p. 15.

“The Story Queen” and Ferndale author **Barbara Jean Hicks** returns to Upper Skagit Library on July 15 at 3:30 p.m. for a reading of her newest children's book, *Once Upon a Parsnip*. Meet Barbara Jean and purchase personally signed copies of her books. Concrete Farm to School Program will share a taste test and program information.

We are excited to welcome back **Son of the Reptile Man** Isaac Peterson on July 28 at 11 a.m. Learn about exotic reptiles from around the world. Pet a reptile following the performance! The event will be held on the library lawn.

The **solar eclipse** is Aug. 21! Join us on July 29 at 3:30 p.m., as Bob Scott of the Island County Astronomical Society presents “The Great American Eclipse of Aug. 21.” Free and open to everyone.

Cache in Concrete is back—a walkable treasure hunt for all ages. Spend an

afternoon discovering the rich history of our town. Cache brochures can be found at the library and participating local businesses.

Craft Friday is July 7 at 5b's Bakery, at 6 p.m. Make a clay planter or coasters. Supplies provided. Open to all ages.

New on our shelves

In adult fiction, *The Chalk Pit* by Elly Griffiths.

In adult nonfiction, *Astrophysics for People in a Hurry* by Neil deGrasse Tyson.

In young adult, *Throne of Glass* by Sarah J. Maas.

In juniors, *Diary of a Wimpy Kid: Double Down* (Book 11) by Jeff Kinney.

In beginning readers, *Bink and Gollie: Two for One* by Kate DiCamillo.

Take a listen—new audio

Alone on the Wall (nonfiction) by Alex Honnold, *An Avenue of Mysteries* (fiction) by John Irving, *Walk on Earth a Stranger* (young adult) by Rae Carson. Download e-books and e-audiobooks to your mobile devices with your Upper Skagit Library card. Visit our Web site's e-book Web page, upperskagit.lib.wa.us/ebooks.html, 360.853.7939.

The next Upper Skagit Library Board of Trustees meeting is July 13 at 5 p.m.

—Cora Thomas, Library Associate

Lions R-O-A-R



The Concrete Lions Club **will begin meeting again on Sept. 6** at Annie's Pizza Station. The meeting starts at 6:30 p.m.; however, there is always a group that gathers around 6 p.m. to eat and socialize before the meeting starts. All existing members, mark your calendars. Anyone interested in becoming a member or learning more about your local Lions Club, feel free to stop by.

The club will serve hot dogs and hamburgers at **Youth Activity Day**, July 14 at 12:30 p.m., in Veterans Memorial Park.

The Concrete Lions Club has access to **medical equipment**, such as wheelchairs, walkers, shower chairs, and commodes, which can be lent to help those in need. Contact any Lions Club member and we

will do our best to help you.

I encourage members of our community to think about and **join your local Lions Club**. Our club is your club. We are a club to serve you and our community. Our hope for 2017 is to double our membership numbers. We all have friends and family who have seen the outreach of your local Lions Club, so now is the time to give great thought about being a member!

Thanks to **Jason Miller and Concrete Herald** for honoring the International Lions Club 100th Anniversary and our local Lions Club.

Thank you for your prayers for the healing of our Lions Club members.

—Connie Smithhart

Children's author returns to Upper Skagit Library with a parsnip

Upper Skagit Library welcomes back Ferndale author Barbara Jean Hicks for a reading and performance of her newest children's book, *Once Upon a Parsnip*, on Sat., July 15, at 3:30 p.m.

The self-proclaimed “Story Queen” and youth health advocate gets kids excited about healthy eating during summer gardening season and all year 'round. The author of a “Frozen” story, “A Sister More Like Me,” Hicks will dazzle readers once again straight from the garden.

Bring the family and join us as Hicks

“makes the world a better place—one veggie at a time.” Meet the author and purchase signed copies of her books. Event partner Concrete Farm to School Program will share a tasting and information. Free and open to everyone.

For more information, contact Cora Thomas at cthomas@upperskagit.lib.wa.us or 360.853.7939. Learn more about the Story Queen at barbarajeanhicks.com and Concrete Farm to School at www.facebook.com/concretetfarmtoschool.

—Cora Thomas



Hicks



BUSINESS DIRECTORY

To add your business to this directory, call 360.853.8213 or e-mail editor@concrete-herald.com

Bookkeeping

UpRiver Bookkeeping Services

360.853.7667 or 360.708.9761
upriver21@hotmail.com
Reasonable rates
Payroll services to full-charge bookkeeping

Brew pubs

Birdsview Brewing Co.

Fresh micro beer brewed on our premises
Great food! Family friendly!
Open Tuesdays through Sundays
38302 SR 20, Birdsview // 360.826.3406
www.birdsviewbrewingcompany.com

Construction

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Online: www.allvalleystorageinc.com

Hair salons

Hair Fitness

Complete family hair care, specializing in:
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More than 25 years' experience!
Call Kathy Monrad and Becki Hoover for appt
360.853.8684

Liquor stores

Concrete Liquor Store & Convenience Store

45895 Main Street, Concrete // 360.853.7149
Monday thru Saturday 11 a.m. – 7 p.m.
Sundays 11 a.m. to 5 p.m.
Gifts, Rocks, Tobacco, Cigars, and more!

Pawn shops

Gold Nugget Jewelry & Loan

New & Used guns, ammo, sporting goods
We Buy, Sell, & Loan Guns, gold, coins
Corner of Hwy 530 & Mt. Loop Hwy, Darrington
Tue.-Fri. 10-6, Sat.-Sun. 10-5
360.436.1029 www.goldnuggetpawnshop.com

Ranches

Double O Ranch, LLC

46276 Concrete Sauk Valley Rd., Concrete
360.770.5380, 9-5 M-F, by appt. weekends.
All natural, grass-fed, USDA inspected beef by the package, ¼ and ½ beef orders.
Burger available at Albert's Red Apple.

Restaurants

Cascade Burgers

45292 State Route 20, Concrete
Featuring great burgers, fries, and milkshakes in a 1950s, family-style atmosphere!
OPEN DAILY: Mon.-Sat. 11-7, Sun. 11-6
44586 SR 20, Concrete
Ask about our daily specials! 360.853.7580

Perks Espresso & Deli

Full breakfast, espresso, sub sandwiches, drive-thru and take-out. Find us on Facebook.
M-F, 5 a.m. to 2 p.m.; Sa.-Su. 7 a.m. to 2 p.m.
360.853.9006

Self-storage

Concrete Self-storage

Located on Fir Street, Concrete
Heated and nonheated, security surveillance, coded entry, 4x5 to 15x32 units, locks for sale.
Customer service is our top priority!
360.853.8100/concreteseelfstorageinc@live.com

Septic services

Cinema Septic

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Serving all of Skagit County
Fred West, owner. 360.466.8753
fred@cinemaseptic.com
www.cinemaseptic.com

Thrift stores

Second Floor Thrift Store

Antiques, Vintage, Collectibles, Thrift
Inside & upstairs at Gold Nugget Pawn Shop
Corner of Hwy 530 & Mt. Loop Hwy, Darrington
Wed.-Fri. 10-6, Sat.-Sun. 10-5
360.436.1029 www.goldnuggetpawnshop.com

Towing services

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Professional roadside assistance. Flatbed towing and winch-outs. Lockouts, jumpstarts, fuel delivery, and motorcycle towing. Licensed and insured. Lowest prices around!
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Call Dave's towing for fast, courteous response.
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We tow all motorcycles, RVs, and trailers.
Storage, cash for clunkers, remove junk autos.
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Out & About



A family guide to sunscreens

By Dennis Horner, NP

Artist Point opened June 29

State Route 542/Mount Baker Highway to Artist Point reopened on Thur., June 29.

Dozens of feet of snow fell on the easternmost stretch of highway during the winter months. While there were a few sunny days, weather conditions in May and June were challenging. The maintenance team spent most days working in thick fog, rain, and even snow to clear the final 2.7 miles of Mount Baker Highway.

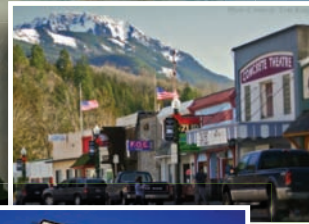
"The last time I saw this much snow was in 1999, when we couldn't even open the road," said WSDOT Maintenance Supervisor Bill Joyce. "We had a lot of snow this year too, but the real challenge was the wind, which created drifts more than 70 feet deep in some areas."

—Submitted by WSDOT

Read Concrete Herald
The Voice of the Upper Skagit Valley

Concrete Welcomes You!

Imagine your new life or business in our great small town!



Come to Concrete and experience small town living in the Skagit River valley. Surrounded by natural beauty and minutes away from the North Cascades and south flank of Mt. Baker, Concrete offers clean air, spring water in your taps, a strong school district, and a town that will do whatever it can to help you succeed in business. The only thing it's missing is traffic lights.

Concrete's historic Town Center offers a variety of buildings and flexible spaces that can be used to develop your unique business. Our housing stock is waiting for people with vision and dedication to help us continue our path toward a vibrant economy and great quality of life.



"Come discover why Concrete is the place to be!"

Jason Miller
Mayor

TOWN OF CONCRETE
45672 Main St., P.O. Box 39
Concrete, WA 98237
360.853.8401

CONCRETE CHAMBER OF COMMERCE
45770 Main St., P.O. Box 743
Concrete, WA 98237
360.853.8784

Burlington

Sustainable Samish Garden Tour slated for July 16

The 6th annual Sustainable Samish Garden Tour will be held on Sun., July 16, from 11 a.m. to 3 p.m. The event is free.

Maps and directions to each of the featured gardens on this self-guided tour will be available between 10:30 a.m. and 2 p.m. at the Alger Community Hall, located at 18735 Parkview Lane, Burlington (Alger).

The tour includes five gardens and is a friendly-to-all-ages, open house-style garden tour that features a mix of fresh food production, blooms, healthy living, and environmental and community responsibility for wildlife, plants, water,

people, and the whole earth.

Participants can pick up a wealth of gardening tips on how to grow healthy plants, including vegetables, flowers, orchards, fruits, and herbs; create a backyard sanctuary for wildlife and pollinators; and establish a native plant landscape or hedgerow. Opportunities to learn about permaculture, organic farming, drip irrigation systems, solar energy, "off the grid" living, green roofs, rainwater conservation techniques, and weed management also are on the agenda, as well as a chance to visit a "garden to table" restaurant.

Homeowners will be available during the tour to share their gardening experiences with guests.

The Sustainable Samish Garden Tour is hosted by Chuckanut Transition, Friday Creek Habitat Stewards, and Skagit Conservation District. For more information, contact Kristi Carpenter at 360.428.4313 or kristi@skagitcd.org.

Party at Viva Farms

Viva Farms, a nonprofit farm business incubator, will host a locally sourced fundraiser meal at its property on 16470 SR 20 in Burlington.

The event is scheduled for Sat., July 22. Guests may arrive at 5:30 p.m., with dinner served at 6:30 p.m. Tickets are \$90 per person if purchased before July 7 or \$110 per person if purchased after July 7.

The meal will be prepared by Chef Ryan Ross and paired with live music. Farmstrong brews and Tulip Valley wines will be available for purchase.

Viva Farms supports aspiring farmers by providing bilingual training in sustainable organic farming, and access to land, infrastructure, equipment, marketing, and capital.

For more information, go to www.vivafarms.org/longlivefarms.

Home Trust of Skagit receives grant funds

Home Trust of Skagit, a community land trust organization headquartered in Mount Vernon, announced June 23 it had secured \$7,250 in grants to continue its work to help residents attain affordable housing.

Home Trust collected donations from Regence Blue Shield for \$250, the Archdiocese of Seattle for \$2,000, and Opus Bank for \$5,000.

Home Trust of Skagit works with Skagit County residents and workers who earn up to 80 percent of the area median income and who can qualify for a mortgage. Home Trust provides the down payment for qualified individuals. The land on which the house sits becomes part of the community land trust, which remains affordable for future homebuyers.

Home Trust currently is building the Summerlynd neighborhood along with Skagit Habitat in downtown Mount Vernon. Home Trust has other offsite homes in its community land trust portfolio in La Conner and Mount Vernon.

Executive Director Jodi Monroe said that without donations and support from community partners, it would be impossible to help families.

"Whether big or small, every grant plays a role in helping us secure affordable housing for families," said Monroe. "Home Trust thanks these partners so that we can continue this important work."

For more information, contact Home Trust at 360.428.0014 or go to www.hometrustedofskagit.org.



Home Trust of Skagit Executive Director Jodi Monroe (left) receives a grant check for \$5,000 from Kari Kennedy, vice president, relationship banking manager, of the Opus Bank Mount Vernon branch. Submitted photo.

Apply sunscreen before you go outside. It takes about 15 minutes for its protection to kick in.

Use enough of the stuff. Many people make the mistake of using too little sunscreen. Experts recommend using at least 1 ounce—about the amount you can hold in the palm of your hand—to cover exposed skin. This includes the face, ears, arms, hands, nose, neck, and feet. Use a lip balm with sunscreen in it to protect your lips.

Reapply at least every two hours. But put some more on immediately after you swim or sweat excessively.

Lather up the kids too. Follow the label instructions when applying sunscreen to children's exposed skin. If you have a baby younger than six months, it's best to keep him or her in the shade to protect their sensitive skin.

You'll also want to help your family avoid getting too much sun. For instance, encourage everyone to seek a shady spot whenever possible. And before you head outside, hand out some wide-brimmed hats and sunglasses.

Dennis Horner is a nurse practitioner for PeaceHealth Medical Group-Burlington Family Medicine in Burlington.

Mt. Vernon

Christian motorcyclists meet to eat, raise funds

The Christian Motorcyclists Association (CMA) Morning Star Chapter 39 will hold a Potato Bar & Silent Auction fundraiser to benefit its Run for the Son campaign on Sat., July 8, from 1 to 3 p.m. at Mount Vernon Church of the Nazarene, 2710 E. Fir St., Mount Vernon. Cost is \$10 per person and includes baked potato with all the trimmings, salad, dessert, and drink. A silent auction has something for all ages, including Mariners and Seahawks baskets.

Tickets are available by contacting CMA President Dwight Kaestner at cmachapter39@gmail.com or 425.770.6154. Tickets also will be available at the event.

CMA Morning Star Chapter 39 meets the first Monday of every month at Royal Star Buffet, 2300 Freeway Dr. in Mount Vernon. Dinner (optional) is at 6 p.m., with the meeting at 7 p.m. First-time attendees get a free dinner.

For more information, contact President Kaestner at 425.770.6154 or cmachapter39@gmail.com.

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The bus will offer 1 for 1 syringe exchange and safe disposal services



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CONCRETE: 1st and 3rd Mondays: 2-4 PM at Concrete Community Center, 45821 Railroad Ave.

MARBLEMOUNT: 1st Monday each month: 10 AM to Noon; call to schedule, 360-848-8437, ext. 318

ANACORTES: 3rd Monday each month: 10 AM to Noon at the Salvation Army, 3001 R Ave.

BURLINGTON: Thursdays 12-2 PM at Tierra Nueva, 701 E. Fairhaven Ave.

SEDRO-WOOLLEY: Tuesdays 1-4 PM at PeaceHealth United General Medical Center, 2000 Hospital Dr., AND Thursdays 9-11 AM at the Senior Center, 715 Pacific St.

MOUNT VERNON: Tuesdays 9 AM to Noon at Christ the King, 2111 Riverside Dr., AND Thursdays 3-5 PM at the Senior Center, 1401 Cleveland St.



Skagit County Public Health and Community Services
Phoenix Recovery Services LLC. 360-848-8437



Smile

SEEN and HEARD ON MAIN STREET



... from the Concrete Herald archives ...

"Say, Pop, did you go to Sunday School when you were a boy?"
"Yes, son, regularly."
"I'll bet it won't do me any good either."

— § —
"Daddy," began the little boy.
"All right, one more question, but only one," sighed the tired father. "What is it?"
"How far is it between to and fro?"

— § —
Doctor: "The thing for you to do is to stop thinking about yourself—bury yourself in your work."
Patient: "Gosh, and me a concrete maker."

— § —
"It drives me nuts the way my girl has to be handled with kid gloves."
"Man, you're lucky! Mine has to be handled with kid gloves, silk stockings, and fur coats."

— § —
Neighbor: "I'd like to borrow your radio tonight."
Bill: "Sure! Having a party?"
Neighbor: "No, just want to get some sleep."

— § —
The truck zoomed around the corner and just grazed the pants of a startled workman as he leaped out of the way.
"Boy," said the workman to the driver, "You sure waited long enough to blow a horn. I heard it just as you grazed me!"
Driver: "I didn't blow my horn, buddy. That must have been Gabriel's."

Dwelleysms

Wit and wisdom from former *Concrete Herald* editor Charles M. Dwelley

"A minister says miniskirts are a result of the young women being restless. Nope, it's sitting down in one that makes them act that way."
"The false mustache is available to men who would like to achieve the effect without the effort of nursing one of their own to maturity. Time once again intrudes its impatience on a leisurely manly custom. Once they took months to grow, years to get used to. Now, instant virility in a box."
"If you look at it the other way, liars are just better fishermen."
"One thing about the good old days, nobody on the Supreme Court questioned the Constitution. They all thought it meant what it said."

—May 31, 1967

"Welcome to World War III. How the American people get 'committed' to minding so many other people's affairs without giving those who do it permission is now worth some deep thought. We the people have somehow lost the right to determine whether or not we go to war."
"Consistency is a virtue expounded by all the experts. That is, provided it doesn't become a habit."
"Few pant seats get shiny from rousing kicks. It doesn't take many to create an allergy to chair polishing. The only problem is catching the needy victim with the target exposed."
"Ever notice how gossip seems more exciting when it is whispered? Something like a well-mixed highball. Goes down easier when the authority is diluted with the tang of pleasurable intimacy."

—June 7, 1967

Concrete Harold

By Joyce Harris



By Stig Kristensen

Public Service Announcement



Crossword: "Parts of Speech"

1	2	3	4		5	6	7	8		9	10	11	12
13					14				15		16		
17					18					19			
20				21						22			
23								24					
25						26	27		28		29	30	31
					33			34		35			
36	37	38	39	40					41				
42						43							
44					45		46			47	48	49	50
					52		53		54				
55	56	57	58				59	60					
61						62					63		
64						65					66		
67							68				69		

Across

- 1. North Atlantic fishes
- 5. Asset
- 9. Kuwaiti, e.g.
- 13. Circle
- 14. Blood line
- 16. One of three vessels
- 17. Caspian feeder
- 18. Man of many words
- 19. Bygone title
- 20. Izzard album title
- 23. Bowls
- 24. Game piece
- 25. Australian mimic
- 28. Interweave
- 33. Some votes
- 35. Army attack helicopter
- 36. He or she
- 42. Sitting spot
- 43. Islam denomination
- 44. First-aid item
- 46. Invigorate
- 52. Toupee
- 54. Thesis type
- 55. Source of grammatical debate

Down

- 1. Posterior
- 2. Solar system model
- 3. More indifferent
- 4. Like tears
- 5. French native
- 6. Swag
- 7. Spur
- 8. Benefit
- 9. One who hasn't turned pro?
- 10. Microprocessor type
- 11. Analytic, for short
- 12. Empty
- 15. Take ____ (travel)
- 21. Bag
- 22. Public util.

Across

- 26. Shag rugs
- 27. Indian metropolis
- 29. Waiting period, seemingly
- 30. Blood letters
- 31. French vineyard
- 32. Chinese dynasty
- 34. "Wheel of Fortune" choice
- 36. Fraternity letter
- 37. "Yadda, yadda, yadda"
- 38. Delicacy
- 39. Break down
- 40. Eyeball benders
- 41. Daredevil's trait
- 45. Percussion instrument
- 47. Samoan staple
- 48. Amount eaten
- 49. Stirred up
- 50. Amy or John
- 51. African menace
- 53. Distort
- 55. Hogwash
- 56. Excoriate
- 57. Bank claim
- 58. Like some wills
- 59. Enthusiasm
- 60. Egyptian fertility goddess

Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

3								8
						7	6	4
4					6	7	5	
				8				
				7	1	2		5
	6							
7		9		2		8		
2	8							
	4		3			1		

*Solutions to both puzzles are on p. 38.

Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in June:
- "I don't mean to brag or anything, but today my butt was caressed by the same soft, leather office chair that once cradled Prince's little butt in his editing lab. It was amazing. In related news, the staff at Paisley Park really frowns on you trying to take off your pants."
 - "It's OK to have unconditional love for others and at the same time not be a glutton for punishment because of it."
 - "I started watching 'Lost' again. I guess I must hate myself or something."
 - "Sometimes I just want someone to hug me and say, 'I know it's hard, but you'll be okay. Here's coffee and a million dollars.'"
 - "So someone can heat up something that smells like a dead hobo's foot in the microwave and no one says a word, but I can't eat kimchi at my desk ..."
 - "You-know-who did you-know-what for you-know-who and you-know-what is you-know-where for you-know-who."
 - "As you slide down the water slide of life, may none of your swimming suits give you a permanent wedgie."
 - "Kid at the barber shop: 'Your scissors are too close to my brain!'"
 - "Best thing ever! Just witnessed a bunny using a crosswalk on a busy street ... safety first!"
 - "If Obama didn't do very much, as President Trump has stated, why does he spend his every waking hour trying to undo his work?"

ago and whose life continues to inspire countless other lives, who said, “Preach the Gospel. If necessary, use words.” He understood that actions speak louder than words. Most, if not all of us, are familiar with the expression “It’s not enough to talk the talk, you must walk the walk.” To summarize, we need men and women who are willing to show up and let their actions speak for themselves.

Author Mark Batterson writes in his wonderful book *Chase The Lion*, “God isn’t going to say, ‘Well said,’ or ‘Well thought,’ or ‘Well planned.’ There is only one measuring stick: ‘Well done.’”

So Stand Up/Speak Up/Show Up.

Rob Thomas is pastor for Community Bible Church in Concrete.

Darrington, cont. from p. 25

volunteers from Everett Mountain Rescue rescued a 24-year-old male just north of Johnson Ridge in the Mt. Baker-Snoqualmie National Forest. The adult male became lost while returning from a day hike to Sunrise Mountain, about 6 miles north of SR 2 in eastern Snohomish County. He called 911 around 9:20 p.m. and his coordinates were received. A four-person team from Everett Mountain Rescue reached the man and his dog around 1 a.m. and escorted him back to the trailhead.

—Compiled from SCSO releases

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Pilchuck, cont. from p. 31

June 11: While responding to the injured 19-year-old male, SAR received a call that there was a 27-year-old male who had become lost. Rescue crews searched the area by air and ground, but were unable to locate the missing man. Several hours later, the man made it back to the trailhead on his own. He was cold and wet, but uninjured.

June 12: A 20-year-old woman became separated from her hiking partner and called 911 around 6 p.m. She was about 400 yards off the trail on a dangerous snow slope. Because of conditions and nightfall, SAR personnel and volunteers deployed ground rescue teams. She was safely escorted back to the trailhead just before midnight. She was treated for mild hypothermia. She was extremely fortunate to have cellphone coverage in that area.

—Submitted by
Snohomish County Sheriff's Office

Commentary, cont. from p. 3

Peace Health in Friday Harbor and at St. Joseph's in Bellingham”—care she would not have received otherwise.

After a year of public bipartisan Congressional hearings and input from more than 15,000 of my constituents (including the thousands of passionate folks who attended a town hall I held at Everett Memorial Stadium), I was proud to vote for the Affordable Care Act in 2009.

After seven years of promising to repeal and replace the Affordable Care Act, Congressional Republicans and now President Trump are treating health care

reform as a political imperative rather than a serious problem that affects the lives of millions of Americans and needs serious solutions.

Maybe that explains why Trumpcare received zero public hearings in the House or Senate. Or why Speaker Ryan pushed Trumpcare to the House floor before the nonpartisan Congressional Budget Office could evaluate the bill's impact. Or why 13 Republican senators rewrote Trumpcare behind closed doors, without public hearings, female senators, or their Democratic colleagues.

And let's be honest: While the rewrite made slight changes, the Senate version does not solve any of the major problems in the House-passed Trumpcare bill. Both versions would make detrimental cuts to Medicaid (a program that supports our nation's most vulnerable communities) and significantly raise premiums and slash financial assistance for hardworking families—all to provide major tax cuts to the wealthy and big businesses. Additionally, Trumpcare would eliminate vital protections for individuals with pre-existing conditions.

As it stands today, at least five Senate Republicans oppose the Senate bill. So while Trumpcare would not be able to pass through the Senate today, that could change as Majority Leader McConnell attempts to force a Senate vote.

Health care is not just a political problem for Congressional Republicans and the president. Health care is a determining factor in Americans' quality of life and a pillar of the U.S. economy (in 2016, health care spending accounted for nearly one-fifth of U.S. GDP, according to the Center for Medicare & Medicaid Services). With so much at stake, the only responsible course of action is for

Democrats and Republicans to work together to improve the quality of care, expand comprehensive coverage, and lower costs.

To date, Congressional Republicans' effort to repeal and replace the Affordable Care Act with Trumpcare has been sloppy, secretive, and partisan. The best information available from the nonpartisan Congressional Budget Office shows Trumpcare will hurt people who rely on the essential protections the ACA provides and result in 23 million more Americans losing health insurance. As health care policy and as an approach to governing, it could not be more clear that Trumpcare lacks common sense.

U.S. Congressman Rick Larsen represents Washington's 2nd Congressional District.

Council, cont. from p. 7

residency.

- Economic Development Commission report: The Concrete Town Flag Contest will begin on July 14 at Youth Activity Day. Entry forms will be handed out at a booth there and during Cascade Days. Entry forms also will be available at Town Hall after July 14. The contest ends Oct. 1.
- Mayor Miller reported on the Association of Washington Cities annual conference he attended in Vancouver the previous week. He accepted an award from Risk Management Service Agency on behalf of the town, for liability claims experience dropping by at least 2 percent in 2016.

—Compiled from staff minutes

Sudoku solution, from p. 37

3								8
					7	6	4	
4					6	7	5	
			8					
				7	1	2		5
	6							
7		9		2		8		
2	8							
	4		3			1		

Crossword solution, from p. 37

1	C	O	D	S	5	P	L	U	S	9	A	R	11	12	B
13	A	R	E	A	14	A	O	R	T	15	N	I	N	A	
17	U	R	A	L	18	R	O	G	E	T	19	T	S	A	R
20	D	E	F	I	N	I	T	E	A	R	I	C	L	E	
23	A	R	E	N	A	24	D	I	E						
25	L	Y	R	E	B	I	R	D	26	P	L	E	A	C	H
28					30	A	Y	E	34	S	35	C	O	B	R
36	P	E	R	S	38	S	O	N	A	L	P	R	O	N	O
42	S	T	O	O	P	43	S	H	I	A					
44	I	C	E	B	A	45	I	N	S	47	P	I	R	I	T
50						52	R	U	G	53					
55	S	P	L	I	T	57	I	N	F	I	N	I	T	I	V
61	L	A	I	R	62	R	A	I	S	63	A	L	I	T	
64	O	R	E	O	65	O	R	I	S	66	K	E	N	S	
67	P	E	N	N	68	L	E	S	69	E	D	G	E		

Classifieds

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360.436.9603

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