

Concrete Herald just got bigger: 40 pages!

More general news!

Expanded Sports and Academics sections!

Darrington page!

News and events in Mount Vernon, Burlington, La Conner, and Anacortes!

Crossword and Sudoku!

Expanded Smile section!



And they ... are ... outta here!

Concrete High School Class of 2011 celebrates a major milestone June 3.



Blast from the Past, Loggerodeo back in S-W

Two signature Sedro-Woolley events are on tap for June and July, carrying on the town's tradition of family-friendly fun.

Blast from the Past

From June 3–5, Blast from the Past takes over the streets and sidewalks of downtown. The festival began around 1965 as a sidewalk sale for the businesses downtown, according to Dyrk Meyers,

manager of Oliver-Hammer Clothing.

"People would buy peanuts and peel them and throw them down on the sidewalk," he said of one tradition.

These days, peanut allergies and an aversion to the tremendous mess left by the peanut revelers have done away with that activity. But attendees still will have plenty to distract them during the event.

See Blast, p. 16

Young arborists at Clear Lake Elementary

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Summit Bank fails, Columbia Bank buys

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Carving a memory

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Crossword, Sudoku

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Concrete Herald The Voice of Eastern Skagit County

Jason K. Miller, publisher and editor

360.853.8213 / editor@concrete-herald.con

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A taste of poverty

On May 6, I was poor for one hour. My name changed to Harry Hanlow. I was 25 years old, just out of jail, living in a homeless shelter with my girlfriend and her baby by another man. We had just been evicted from her mobile home because of nonpayment. had a job, but she didn't. We were scraping by.

We lived a week every 15 minutes. While she made the rounds for food and services for her baby, I went to work. During the second week, I lost my job because I could not get to work. We pawned our possessions at one point. By the end of four weeks, I was on a downward slide, heading into a dark tunnel with no light ahead.

And then the whistle blew, and it was all over. It had been only one hour, but it left a taste of poverty in my mouth that I hope I never experience for real.

I was part of a day-long "Focus On Poverty" exercise staged by a Leadership Skagit team at Salem Lutheran Church in Mount Vernon. The stated goals for the day were to increase understanding of poverty issues, statistics, and mindsets; challenge preconceived notions regarding poverty within Skagit County and beyond; and present a framework for community empowerment to affect poverty in Skagit County.

From my perspective, those goals were met.

Skagit County Community Action Agency Executive Director Bill Henkel delivered a sobering presentation that explained just how bad the situation is in Skagit County. For example, 2008 U.S. Census data show that 14,400 (12.4 percent of 116,152) Skagit County residents live below the federal poverty level (\$20,756 for a family of four, \$10,965 for an individual).

Community Action served 34,638 low-income individuals in need last year, a nearly 25 percent increase from a few years ago, before the recession, when they served 27,000.

"We need to get away from an 'us vs. them' mentality," said Henkel. "It's not 'out there.' It's right here."

When it comes to understanding and preconceived notions, I'm as guilty as the next guy. I consider myself a compassionate person, but growing up amongst Dutch farmers in Lynden does something to a guy's work ethic, and when I see poverty, I've sometimes wondered how hard the person is working to change his or her circumstances. After the poverty simulation, I've decided that sometimes it doesn't matter how hard you work. You would think I'd have figured that out by now, after losing my job in early 2009 because of the recession.

One by one the common perceptions of poverty were brought forth and refuted. Some in attendance spoke of their time in poverty. Some were still living in poverty. Their

See Editorial, p. 33

Letters to the editor

Saying "no" to loss of farmland

In 2008, 3,000 acres of Skagit farmland were converted to other uses. Where is the plan to replace any of the acres lost? No land has been added to the Agricultural zone (Ag-NRL) from another zone in 2008 or any other year.

In 1996, more than 87 percent of Skagit County residents favored saving farmland and the commissioners enacted a property tax to fund the County's Farmland Legacy Program (FLP). More than "... a pledge of keeping as much farmland as we can..." as Commissioner Dillon stated. the FLP has as one of its goals "no net loss of agricultural land." Commissioners regularly call for and cite the county's policy of "no net loss of farmland."

Have commissioners required developers to purchase "replacement" farmland, as a criteria for converting farmland, even when the new uses support farming? Why hasn't "replacement" land and donation of the development rights to the county FLP been a part of the deal? And should the "replacement" acres be more than one for one, since the Ag-NRL soils may be more productive per acre than the replacement land? What about re-designating a Secondary Agriculture zone for lands in other zones that are used for production?

Are the commissioners ever going to require replacement of the lost farmland? If not, they should stop saying that there is a policy of "no net loss" and tell the truth. Using Comprehensive Plan amendments, emergency ordinances, and resolutions to permit land use changes that appear to be spot re-zones just promotes sprawl.

We must insist the county stop conversion of farmland to other uses, because there is no other program to guarantee "no net loss." All we have now is a continued loss of the best farmland in the world.

> Ellen Bynum Friends of Skagit County

White Cane Day thank-you

Concrete Lions Club thanks everyone who donated during White Cane Day this year. We are pleased to say that our small community is going to be donating just over \$600 to the Northwest Sight Foundation in Seattle. This helps us to help those in need in our community. Thank you all.

> Barb Withrow Concrete Lions Club

Youth, adults beautify Concrete

On behalf of the Town of Concrete and the Concrete Parks Committee, I offer our deepest gratitude to a select group of kids and adults who recently engaged in their community in real and meaningful ways.

On May 2, the high-school-age Youth Dynamics kids rolled up their sleeves and tackled Silo Park. They picked up litter, shoveled and raked new pea gravel in the playground, swept Skate Park, and wirebrushed the cement bollards along the parking area bordering Superior Avenue. Thanks, guys, and thank you, Kevik

On May 20 the Furs & Things 4-H Club descended on the east and west "Welcome to Concrete" signs, scrubbing them clean, then weeding and replanting the landscaped areas in front of them. Big thanks go to those kids: Brook Barnedt, Grace Clemons, Chloe Crosson, Megan Fenley, Emily Greso, Olivia Greso, Caleb Harrison, Abigail Martinsen, Emma Martinsen, Jacob Massingale, Moriah

See Letters, p. 39

Letters policy

Letters of 200 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald. com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. Concrete Herald reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Pat RimmerTire Center 204 W. Moore St., Sedro-Woolley 360.855.1033

Workers' compensation agreement would protect employers, workers, and prevent insolvency

By Rep. Dan Kristiansen

www.concrete-herald.com

One of the greatest barriers to privatesector job growth in Washington has been the high cost of workers' compensation. In January, the Department of Labor and Industries increased workers' compensation premiums by more than 12 percent. This was after a 7.6 percent rate increase the previous year. In fact, since 2001, workers' compensation rates have increased for employers nine times.

The state-run system has been both costly and inefficient. Even after these continued rate increases, the state auditor has said there is a 95 percent chance our system will become insolvent in the next five years. That means only two options: much higher rate hikes against employers to support a failing system—or comprehensive reform of the system. At a time when profit margins are so thin and many employers are on the razor's edge of keeping their doors open, unaffordable double-digit workers' compensation premiums well into the future could easily seal their doom.

With nearly 229,000 people unemployed and looking for work in March, including 6,241 in the 39th District, the goal of House Republicans is to "Get Washington Working Again." We realized that could not be accomplished without workers' compensation reform that would lower costs for employers, provide for injured workers, and prevent insolvency. That's why we joined a bipartisan coalition of legislators who insisted that workers' compensation reform be passed before the Legislature adjourned for the year.

The original legislation, Senate Bill 5566, which passed the Senate with bipartisan support, called for a voluntary lump-sum settlement option, which would have provided significant savings for the system. Labor unions, however, adamantly opposed this option, as did House Speaker Frank Chopp. It would have passed the House; however, the speaker would not allow this or similar workers' compensation reform under House Bill 2109 to be brought to the House floor for a vote. So throughout much of the special session, negotiators from the Republican and Democratic caucuses in the House and Senate and from the governor's office met to find common ground. Only three days before the end of the limited 30-day special session, a deal was struck and an agreement reached that was written

into new legislation, House Bill 2123.

Under this compromise proposal, rather than the lump-sum settlement, an injured worker could agree to resolve a claim through negotiated "structured settlements," meaning that the cash would be paid out over a period of time. Under this voluntary option, workers would get at least 25 percent and no more than 150 percent of the state's average annual wage per month, or between \$982 and \$5,976, until the settlement is paid in full. The option is available initially to injured workers 55 years and older, then it decreases to age 53 in 2015, and finally to age 50 in 2016.

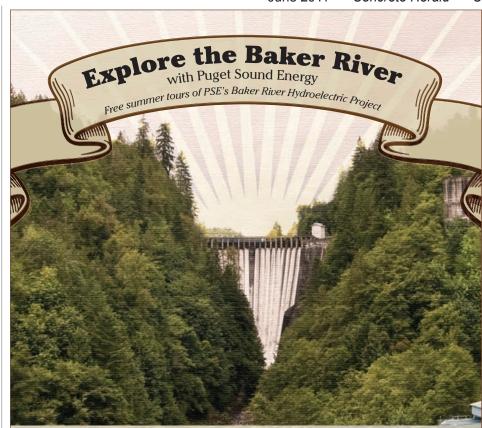
The bill also would:

- offset any permanent partial disability received from the final settlement
- incentivize return to work sooner by providing subsidies for employers to allow for light duty or transitional work options for employees
- significantly reduce rate increases in 2012 and beyond for employers
- provide payments for continued medical treatments and reopening of claims if the medical condition worsens
- freeze cost-of-living adjustments for one vear
- create a rainy day fund to prevent future drastic rate increases Had the Legislature adjourned without

workers' compensation reform, it would have resulted in unsustainable costs that would put more jobs at risk. While we believe more could have been accomplished, this compromise package is a good step toward avoiding future double-digit rate increases, producing a sustainable system for both workers and employers, protecting jobs, and helping to get Washington working again.

Rep. Dan Kristiansen, R-Snohomish, serves as chairman of the Washington House Republican Caucus and represents the 39th Legislative District. He can be called at 360.786.7967 or e-mailed through his Web site at www. houserepublicans.wa.gov/Kristiansen.





Make your reservation now to tour Puget Sound Energy's largest hydropower operation, located in the beautiful, mountain-rimmed Baker River Valley off the North Cascades Highway. See PSE's internationally lauded facilities for transporting migrating salmon around the utility's two large dams. Visit the new PSE-built hatchery for boosting Baker River sockeye salmon runs. Gaze downriver from atop the 312-foot-high Upper Baker Dam. And while you're in Concrete, take in the annual Cement City Street Fair and Fly-In!

• Saturday, July 23 – tour buses depart 10 a.m., 10:30 a.m., 11:30 a.m. and 12:30 p.m. Each tour lasts approximately 3 hours.

• Check-in / bus departure from Concrete Public Schools, 7830 S. Superior Ave., Concrete

Tour stops include:

- PSE's Baker River Visitor Center for hydro-project overview
- Lower Baker Dam overlook to view dam and new powerhouse construction
- PSE's new upstream Adult Fish Trap
- Upper Baker Dam and Floating Surface Collector (for juvenile fish)
- New Baker River Hatchery and sockeye spawning beds

For reservations

- Phone: 360-766-5656
- E-mail: tours@PSE.com
- In person: PSE Skagit Service Center, 1660 Park Lane, Burlington
- First come, first seated; limited availability, reservations required

Please note: Children under 16 must be accompanied by an adult. Buses are not wheelchair-accessible. Tour participants with limited mobility are encouraged to bring a friend or relative to assist in getting on and off of the bus.

PSE.com











Several east county and vicinity elected positions are up for grabs during the coming General Election on Nov. 8:

- Concrete: four council positions
- Concrete School District board: three positions
- Sedro-Woolley: mayor and three council positions
- Sedro-Woolley School District board: two positions
- Lyman: mayor and four council positions, one of which is vacant
- Hamilton: mayor and four council positions
- Darrington School District board: three positions

A complete list of positions of offices open for election is posted online at http://wei.secstate.wa.gov/skagit/Pages/ OfficesOpenforElection.aspx.

One-week window to file

Candidates who wish to run for any elected office need to file with Skagit County Elections Department during the week of June 6-10, between 8:30 a.m. and 4:30 p.m. The last day to withdraw after filing is June 16. If no one files for a position, Skagit County Elections will hold a special three-day filing period.

Karl Kersteter

888-980-5275, TTY 711

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Candidates filing for office in Skagit County will be able to file for office online and use a credit card to pay the filing fee. Online filing will be available 24 hours a day starting at 9 a.m. June 6 and ending at 4 p.m. June 10. Candidates who file online will receive the following benefits:

- an immediate e-mail when another candidate files for the same position.
- an e-mail if a candidate withdraws from the same race.
- Candidates will have the choice to submit their voters' pamphlet statements and photos online.

Candidates for office in Skagit County also can file in person in the Elections Department in the Office of the County Auditor, downtown Mount Vernon.

Candidates who will be out of the area during the filing period can file by mail beginning May 20 and ending June 10 at

Candidate submission guidelines will be posted online at http://wei.secstate. wa.gov/skagit/candidatefiling/Pages/2010 CandidateSubmissionGuidelines.aspx.

For more information on the election process, contact the Elections Department of the Skagit County Auditor's Office at scelections@co.skagit.wa.us or 360.336.9305.

KSVU lands studio space in Concrete

Speedy Concrete School District board decisions have given the fledgling east county radio station, KSVU 90.1 FM, a studio in Concrete.

In about a month, the station will begin broadcasting from Building B near Concrete Elementary School. "Thanks to Barb Hawkings and the school board for making this happen almost overnight," said General Manager Rip Robbins.

Did you notice?

There is a big change to the "Concrete Welcomes You" signs on the east and west ends of town. Members of the Furs & Things 4-H club of Concrete spent their May 20 afternoon cleaning the signs, then weeding, trimming, and replanting the surrounding garden beds. The gardening project provided education and experience that the 4H members can apply to their fair exhibits, and the rejuvenated signs offer a brightened "Welcome" to visitors in Concrete. Many thanks to Susan Taxdahl, owner of Cascade Burgers, for generously donating water, which was -J. K. M. used for the cleaning.

THIS AND THAT

Got a classic car? Want to hang out with like-minded enthusiasts? Head to Concrete every Friday evening for a little gathering. Good conversation and great cars; how can you beat that? Look for a group congregating at Cascade Burgers between 5:30 and 6 p.m. on Fridays, weather permitting. For more details, e-mail cljohnson77@hotmail.com.

Keep your eyes on the streets of Concrete June 4, when the town will host a rest stop for the SWAN Century and Family Fun Ride. There are three rides: a 58-mile, a 100-mile, and a 13-mile journey. Proceeds from the event will fund humanitarian aid projects in Kenya and Bolivia. Find out more by pointing your browser to www.swancentury.org.

lia sophia has promoted Concrete's own Val Berg from advisor to unit manager. Berg earned the promotion by meeting or exceeding sales and recruiting goals for the company, which offers direct sales of fashion jewelry via personalized, in-home -Emily Greso | demonstrations. Congratulations, Val!

Swift Creek Campground to open June 24

Creators of the new Swift Creek Campground will celebrate its completion with a Grand Opening event on June 24, from 10 a.m. to 2 p.m. The public is invited to attend.

The U.S. Forest Service, Hoodoo Recreation Services, and Puget Sound Energy collaborated to create the campground, located at the site of the former Baker Lake Resort (Concrete Herald, July 2009). Festivities will include tours of the new facilities, displays, a visit from Smokey Bear, and a short ceremony with a ribbon cutting at noon.

Swift Creek Campground is located on the Baker Lake Highway, 20 miles north of its intersection with State Route 20; 16 miles east of Sedro-Woolley. The new U.S. Forest Service campground includes 50 campsites, a day-use waterfront, a swim beach, a picnic shelter, and a dock and boat launch. The campground will be operated by Hoodoo Recreation Services, the concessionaire for all the campgrounds in the Mt. Baker-Snoqualmie National Forest.

From 1998 through 2009, the former Baker Lake Resort was operated by Puget Sound Energy, under a Special Use Permit from the U.S. Forest Service. The permit was terminated in 2009 as part of Puget Sound Energy's Baker River Hydroelectric Project Relicensing Comprehensive Settlement Agreement. Permit termination requirements included decommissioning of most buildings, restoration of land, and the development of a new campground. The intent was to develop a campground that preserved the natural habitat and forest serenity of the location, while offering a unique and safe camping experience for families and friends to enjoy at Baker Lake.

> -Greta Movassaghi, natural resource specialist Mount Baker-Snoqualmie National Forest

Looking for Concrete Herald?

A complete list of distribution points is posted online at www.concrete-herald.com/about-the-herald/distribution-points www.concrete-herald.com



Tacoma-based Columbia Bank buys Summit Bank after failure

May was a bad month for Burlingtonbased Summit Bank. Citing inadequate capital and severe loan losses, the Washington Department of Financial Institutions (DFI) closed the bank just before 6 p.m. on May 20.

Immediately following the closure, DFI named the Federal Deposit Insurance Corporation (FDIC) as receiver of Summit

Just as quickly, the FDIC entered into a purchase and assumption agreement with Columbia State Bank, headquartered in Tacoma. Columbia State Bank (doing business as Columbia Bank) will assume all of the deposits, except approximately \$2 million in brokered deposits and all assets of Summit Bank.

"Summit Bank has suffered significant losses associated with real estate lending. Like many institutions, Summit Bank has

experienced large losses associated with construction and land development loans," said Gloria McVey, Acting Director of DFI's Division of Banks. "Despite continuing efforts, bank's management was not able to raise sufficient capital to remain viable.'

"We are very pleased to warmly welcome former Summit Bank customers into our extended Columbia Bank network," said Melanie J. Dressel. President and Chief Executive Officer. Columbia Banking System, in a press release. "Branches will open under new ownership; however, customers will be able to bank as usual during regular business hours, and their deposits are safe, available, and remain FDIC insured."

Columbia State Bank will acquire

See Bank. p. 38

CASCADE SUPPLY Best





Customer Appreciation Day is coming!

Sat., July 9, 11 a.m. to 3 p.m. Door prizes! Free pop and chips! **Hot dogs cooked by Concrete Lions Club members!**





45900 Main St., Concrete • 360.853.8811 • Mon.—Sat., 8:30 to 5:30

The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information contact the plan. AARP and its affiliate are not insurance agencies or carriers and do not employ or endorse insurance agents, brokers, representatives or advisors. If you prefer, you can contact SecureHorizons directly for more information or to enroll at 1-800-559-9095, TTY 711 from 8 a.m. to 8 p.m. local time, 7 days

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Carving out a memory

These days, Concrete's Rick Williams doesn't spend much time at home. He's been working 12-hour days under a large tent at Pier 57 in Seattle, knife in hand, carving totem poles in memory of his brother, John T. Williams.

Three poles are in progress, all commissioned by the City of Seattle. There are two 30-footers and a 15-footer: all three came from a 130-year-old Western red cedar that was 128 feet tall, donated by Manke Lumber Co. in Shelton.

The work space is long and narrow. Williams shares it with his cousin and project partner, Dennis Underwood, and a 33-year-old carving student, a member of the Chumash Nation in San Luis Obispo, Calif., who gave only his first name: Gino.

On one of the long poles lies a carved wooden feather and a real feather, a guestbook with signatures from all over the world, and a shell filled with scorched cedar foliage and sage "to bless the space and keep out the negative while carving." according to Williams.

"The negative" waits for Williams at the edge of his mind. The John T. Williams



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Memorial Totem Pole Project exists to honor the memory of his brother, who was shot and killed by Seattle Police officer Ian Birk last August. Williams and Underwood wear John T. Williams buttons on their headbands. The pins and T-shirts are for sale with a donation. Williams pointed to a photo of him and his brother. "That was taken two hours before they shot him," he said.

On Mother's Day, Williams had been working on the poles for 54 days, seven days a week. Sons Thunderheart, Eagleson, and Hawkman have carved alongside him, as has his daughter Adair.

See Carver, p. 38



Seventh-generation Ditidaht carver Rick Williams slices into one of two 30-foot totem poles in his work space at Pier 57 in Seattle May 8. The poles, plus a third 15-foot one, were commissioned by the City of Seattle to commemorate Williams' brother, John T. Williams, who was shot and killed by Seattle Police officer Ian Birk last August.



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The book is available on Amazon.com. -J. K. M.

Emus Loose

Big Stories from Small Towns

Story of Concrete

Herald's return

by renowned

journalist

achievements.

told in new book

Veteran journalist Judy Muller's resume

includes work with NPR, ABC, CBS, and

Now she can add Concrete to her list of

Muller visited Concrete during Cascade

Days in August 2009 to learn more about

the return of Concrete Herald and chat up

find out why they're willing to support the

hometown newspaper. She recalls her visit

the citizens of eastern Skagit County to

in her new book, *Emus Loose in Egnar*:

Big Stories from Small Towns (University

of Nebraska Press, \$24.95) beginning the

first chapter with a 13-page description of

Emus goes on to tell the stories of rural

American newspapers from Montana to

media are hemorrhaging and doomsayers

America," says the book's dustcover. The

"little stories" of our small towns create

a mosaic of American life that tells us a

"At a time when mainstream news

are predicting the death of journalism,

take heart: The First Amendment is

alive and well in small towns across

the Concrete Herald comeback.

Alaska to Martha's Vineyard.

great deal about who we are.

PBS, and mentions Emmy awards (ves.

plural) and a Peabody Award too.

in Egnar

www.concrete-herald.com

Live radio show fundraiser to benefit KSVU

Concrete Theatre will host "A River Home Companion," a parody of a popular radio program, on Sun., June 26 at 3 p.m. The show is a fundraiser for KSVU 90.1 FM, the public radio station now broadcasting in eastern Skagit County under the auspices of Skagit Valley College.

The show stars longtime Skagit Valley resident Steve Denzel as Harrison Wheeler, with musical numbers performed by acoustic duo Chris and Mary Brown; gospel singers, The Lovely Lyman Sisters; and singer-songwriter Michal Whiton; along with a cast of other performers, actors, and special guests. Segments include "The Lives of the River Guides" and "The News from Lake Shannon," as well as almost-real commercials from local businesses.

"This is one live performance you don't want to miss," said Valerie Stafford. owner of the Concrete Theatre and coproducer of the show. "You might even recognize yourself in some of the stories and songs."

Tickets are \$10 each and go on sale June 3 at the Concrete Theatre, located at 45920 Main Street. For more information. go to www.concrete-theatre.com or call 360.941.0403.



Steve Denzel. Submitted photo.

A River Home Companion KSVU fundraiser

When: June 26, 3 p.m. Concrete Theatre 45920 Main St., Concrete

Tickets:

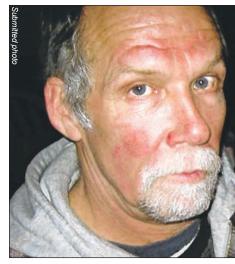
www.concrete-theatre.com 360.941.0403

www.concrete-herald.com

Dear Dad ...

My dad is the greatest influence on my life. When I was little, he bandaged up skinned knees. When I became a teenager, he mended broken hearts. And now that I'm an adult, he has had to watch his baby girl grow and build her own life. He has always been tender enough to keep me close, but strong enough to let me go. To my dad and best friend, I love you more and more each day. Forever.

> Cassandra Rauch Concrete



To Tod Ross (Dad),

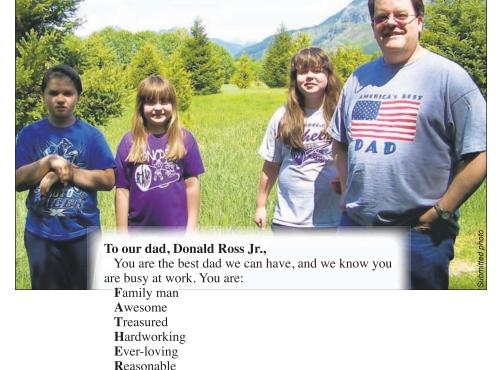
Throughout the years you have always been there for a shoulder to lean on. a hand to hold, an ear that listens, but mostly a great dad. Thank you for being you and always being there. We love you! Love, Tiffany, Duane, Ray, and Frank



Happy Father's Day to Jeff Earheart Sr. (Dad)

Through the years you have been our rock, our comfort, our best friend and confidant, and our spiritual leader. You are not only the center of our family, you are the glue that holds us together! You are the best dad and grandpa ever.

Love, Jeff Jr., Jennifer, Jaymie, Daniel, Isaiah, Kaitlin, and Rvan



That's why we wish you the best Father's Day ever.

Rebecca, Danielle, and Dakota Ross

Imagine Concrete follow-up workshop June 25

We love you!

A follow-up Imagine Concrete workshop is planned for June 25 in the Commons room at Concrete High School. The workshop will begin at 9 a.m. and will end "as quickly as possible," according to organizers.

Imagine Concrete steering committee members will present the results from the April 16 workshop, during which participants revisited the ideas that were generated two years ago, brainstormed new ideas, and added them to each of the five initiatives that grew from the first workshop.

The most popular ideas will again be brought before the Concrete Town Council. The June 25 workshop will give attendees an opportunity to join task forces that will work to implement the ideas approved by the council.

Imagine Concrete is an advisory body to the Concrete Town Council, and focuses on ideas that can be realized within the limits of Town of Concrete, for the betterment of the whole of eastern Skagit County.

-J. K. M.

Town of Concrete

Clean-up Weekend!

WHEN:

Fri.. June 24 Sat., June 25 Sun., June 26 9 a.m. to 4 p.m. all three days

WHERE:

Main Street, east of Skate Park

Free only to Concrete residents who live within the corporate limits of the Town of Concrete.

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PEDIATRICS now in Sedro-Woolley

June 2011 • Concrete Herald • 7

with Brad Berg, MD, PhD

Pat Aiken and children

Arielle, and Vanessa.

Submitted photo.

(left to right): Alex, Andy,

Skagit Regional Clinics is pleased bring Pediatrics to the Sedro-Woolley office with Berg, MD, PhD. Dr. Berg is a board nealth care to children fr to 18 years. His focus is o pediatrics, ADHD, depr . developmental disorders.



Pediatric appointments are available from 8 a.m. to p.m. every Thursday in the Sedro-Woolley office. T schedule an appointment in Sedro-Woolley, please call (360) 856-4222. If we see an increase in demand for pediatric services for Sedro-Woolley we may be able to add . additional davs.

Dr. Berg also serves the Mount Vernon office which offers Pediatrics Monday through Friday from 8 a.m. to 8 p.m. and Saturdays from 9 a.m. to 5 p.m. To schedule a appointment in Mount Vernon, please call (360) 428-2500

Additional services in our Sedro-Woolley clinic include Internal Medicine, Cardiology, Optometry and Podiatry. Skagit Regional Clinics is committed to providing all o our communities with compassionate, multi-specialty

Dr. Berg's Education:

MD - University of Rochester School of Medicine (1999) RESIDENCY - Cedars-Sinai Medical Center (Pediatrics-2002) FELLOWSHIP - Cedars-Sinai Medical Center (2003)

SEDRO-WOOLLEY



(360) 856-4222 | www.srclinics.org 1990 Hospital Drive, Sedro-Woolley, WA 98284

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Concrete Track athletes place at District, State

By Co-coach Vanessa Williams and Jason Miller

Concrete's High School Track team headed to the 1B/2B District Championships and 2B State Track and Field Championships in May, competing with vigor and, in some cases, bringing home medals

District results, women

Emilee Fenley and Seantel Shope placed 3rd and 8th, respectively, in the 1600m.

Emilee Fenley placed 4th in the 3200m Angie Mclaughlin placed 8th in the 100m high hurdles.

Thea O'Brien and Seantel Shope placed 7th and 8th, respectively, in the 300m low

Jessica Filtz, Angie Mclaughlin, Thea O'Brien, and Sarah Spaeth comprised the 4x100 relay team, which took 6th place.

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In the shotput, Jessica Filtz and Sarah Spaeth took 2nd and 7th place, respectively.

Sarah Spaeth placed 8th in the discus. Jessica Filtz took 4th place in the javelin and long jump.

District results, men

Andy Aiken and Alex Aiken placed 1st and 3rd, respectively, in the 100m sprint. Jose Torres and Ben Lamb placed 4th and 5th, respectively, in the 400m.

Nate Long placed 8th in the 1600m, and 4th in the 3200m.

DJ Mitchell took 3rd place in the 110m high hurdles and the 300m low hurdles.

Our 4x100m relay team snagged 2nd place with team members Andy Aiken, Hayden Holbrook, Kevin August, and DJ Mitchell.

The men's 4x400m relay notched an exciting 3rd place with runners DJ Mitchell, Dennis Dorgan, Ben Lamb, and Jose Torres.

Ben Troka captured 2nd place in the

shotput. Colton Maloney took 7th and 3rd in the

discus and javelin, respectively. True to form, Kevin August jumped his way to 1st place in the high jump, with



Oh, yeah, they medaled: Concrete's finest gathered after the State medals ceremony. From left are DJ Mitchell, Kevin August, Hayden Holbrook, and Andy Aiken. Photo by Vanessa Williams.

Hayden Holbrook taking 5th.

Kevin August, Andy Aiken, and Alex Aiken took 3rd, 4th, and 5th place, respectively, in the long jump.

Kevin August captured 2nd place in the triple jump, with Hayden Holbrook and Justin Soule taking 6th and 8th place, respectively

State results

The following athletes traveled to the State Championship at Eastern Washington University in Cheney: Andy Aiken, Alex Aiken, DJ Mitchell, Hayden Holbrook, Kevin August, Dennis Dorgan, Ben Lamb, Jose Torres, Ben Troka, Colton Maloney, and Jessica Filtz. Josiah Martin,

Matthew Holman, and Justin Soule attended as relay alternates.

Andy and Alex Aiken took 12th and 15th, respectively, in the 100m sprint.

DJ Mitchell took 10th in the 110m high hurdles and 6th in the 300m low hurdles. Andy Aiken, Hayden Holbrook, Kevin August, and DJ Mitchell formed the 4x100 relay team that took 7th place.

The 4x400 team of DJ Mitchell, Dennis Dorgan, Ben Lamb, and Jose Torres took 14th place.

Ben Troka placed 13th in shotput. Colton Maloney placed 14th in javelin.

Kevin August went home with three medals, and placed 4th in high jump, 3rd

in triple jump, and 13th in long jump. Concrete's lone woman, Jessica Filtz, represented in the shotput, placing 15th.

VOMEN'S SOFTBALL AWARDS Miss Intensity: Sherry Pringle

Most Improved: Kylee Warner T. E. A. M. Award: Lonna Lloyd Betty "BJ" Torgerson Award: Lonna Lloyd

MEN'S BASEBALL AWARDS

All-League: Tyler Clark, second team infield Tyler Kales, first team infield Kyler Howell, first team infield

Most Valuable Player: Tyler Kales Most Improved: Spencer Duffy Team Captain: Kyler Howell Coaches' Award: Dallas Newby Gold Glove (best defense): Tyler Clark ndividual School Records:

> Tyler Kales, 36 season hits Kyler Howell. 117 career hits

www.concrete-herald.com

Baseball team closes season after going to playoffs four years in a row

The Concrete baseball team went to the playoffs for the fourth consecutive year this season. They staved in contention after beating Rainier Christian 6–4 on

After building a commanding 6–2 lead, Lions pitcher Kyler Howell struggled late in the game, allowing two more runners to cross home plate and prompting Head Coach Jim Newby to replace him with Tyler Clark. Howell took over at shortstop, Clark threw a couple pitches, and the Mustang batter popped up a shallow fly ball—into Howell's waiting glove, ending the game.

The Lions continued the playoffs at Parker Field in Anacortes on May 21, first taking on Morton/White Pass and besting them 2–0.

"Kyler Howell pitched a great game that day, and we played great defense behind him," said Newby of his senior strongman, who struck out eight and walked three that game. "We didn't have an error, and we made the plays we were supposed to."

The team clashed with the powerful La Conner team later that day, and didn't come out so successful, losing 5-0.

"We played a great game against La Conner also," said Newby. "Granted, we didn't hit the ball exceptionally well either game—only three hits on the whole day. But Tyler Clark pitched a great game. He had one bad inning when they got four runs; he left a couple pitches up and they were able to put a good swing on it. Other than that, we played really good defense."

The Lions ended their season with a 12–10 record overall, and 6–3 in league At the team's awards banquet May 25. speaking to the crowd of players and parents, Newby had good things to say.

"I'm really proud of the kids for staying in the games throughout the season. It took a lot to get as far as we did, and for our seniors to go to the state playoffs all four years was truly exceptional.

"I'm very proud of the seniors, and I hope that legacy continues with the younger players as we move ahead," he said.



Junior Tyler Clark jumps to catch a high throw to second during the Lions' May 14 playoff match against Rainier Christian in Stanwood. The runner beat the throw, but Concrete got the win that day, edging the Mustangs 6-4.

June 2011 • Concrete Herald • 9 Athletes of the Month



Athletes of the Month are Bailey Dellinger and DJ Mitchell

Don't let Junior second-base player Bailey Dellinger's short stature fool you. She brings energy to her infield play and the plate: "Her batting average jumped in the last month to improve to a .329," said Head Coach Don Beazizo. Senior DJ Mitchell is a force on the Concrete Track team, competing in the 4x100 and 4x400 relays, and the 110m and 300m hurdles. He traveled to State this year and took 6th in the 300m hurdles and 10th in the 110m hurdles. The 4x100 relay team placed 7th, and the 4x400 relay team placed 14th. Dellinger and Mitchell were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

3rd Annual





The 2011 Concrete Lions baseball team. Photo by Mike Criner.

Madeline Corn clears a hurdle during the Middle School semi-finals meet in Burlington May 18.

Middle School Track athletes wrap up finals

With strong showings at the semi-finals meet in Burlington on May 18, Concrete Middle School track athletes headed to the finals meet in Mount Vernon on May 25.

They did not disappoint their coach, Elizabeth Lentz. Several placed in the top five as follows:

7th grade girls

Javelin: Jasmine Hopfield, 2nd 1600m: Jasmine Hopfield, 5th 7th grade boys

400m: Colton August, 3rd Long jump: Josh Gentry, 5th

8th grade girls

High jump: Anjelika Koenig, 3rd Shotput: Muriel Troka, 1st Anjelika Koenig, 5th

Long jump: Renay Miller, 5th Discus: Muriel Troka, 2nd

8th grade boys

Discus: River Lee, 5th

Lentz reflected on her first season as middle school track coach, saying she wasn't the only newbie on the track. "A lot of the 7th graders were out for their



first year, and were placing in the top three or five. To do that is fantastic. I think we had a great season," she said.

Lentz was encouraged and thrilled by the young athletes' efforts and their desire to continue beating their personal records. "That's what kept them going," she said. "They got excited about it."

The team will hold a barbecue awards ceremony on June 10, with a competition between the athletes and parents, said Lentz.



Seventh-grader Colton August competes in the long jump at the Burlington semi-finals May 18.

Beazizo. Whitten headed to other schools

At the end of June, Concrete School District's two principals will move on to new phases in their careers.

High school principal Don Beazizo has accepted the Athletic Director position at Burlington-Edison School District, a job for which he feels he's tailor-made.

"That's where my heart's always been, in athletics," he said.

Beazizo became principal at Concrete High School in 2002; that year he also served as curriculum director. Since then, he's worn several hats, including district assessment coordinator, Title 1 director, and middle school principal. He took on the role of athletic director in 2008, and softball coach in 2007. He's been a fixture at most athletic events, often serving as announcer for football, volleyball, and basketball games.

Filling all those roles—and the possibility of more to come—is what finally pushed Beazizo to simplify his career track.

"With the state cutbacks, I was told that my position at Concrete would look different after this school year," said Beazizo. "That could ... add more duties to my plate. I had heard that [current B-E Athletic Director Jim Clem] was going to retire, so I decided to pursue that because being an athletic director and wearing just one hat was appealing to me, even though it's a pay cut."

Beazizo looks fondly

potential is there for everyone to excel." Whitten picks Bellingham

on his years serving

Concrete. "It's been

a great place to work,

and great people to

work with," he said.

Hawking's leadership

We have a lot of great

as a superintendent.

students here, the

"I appreciate Barb

Concrete Elementary School principal Matt Whitten—who took on the role in 2007—told Concrete Herald he has accepted a principal position at Geneva Elementary in Bellingham.

"It's a good opportunity for me to grow professionally in a larger district," said Whitten of his decision. "It also provides better compensation, which will allow my family to grow, and maybe allow my wife to work part-time or not at all."

The commute, too, is about 20 minutes shorter for Whitten, who lives in Mount Vernon.

Whitten says he'll miss the community. "[Concrete has] really phenomenal kids, and I couldn't have asked for a better group," said Whitten. "I love getting to know the families and working with a dedicated staff who are all here for the kids. I'll miss being a part of the closeknit Concrete community, and I've appreciated my time here."

-J. K. M.



Dear Beazizo.

Thank you for everything, from softball to leadership. Without you we would not be a team. You have created a great team and that will last a long time.

As we step onto this field next year, we will be thinking of you and all the great times we have had. Thank you for your time and your commitment to our team. **KEEP PLUGGING ALONG!**

—Your 2011 Lady Lions Softball team

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CONCRETE HERITAGE MUSEUM NEWS

Concrete Heritage Museum is open for the season! If you haven't been to the museum in some time or have guests coming to visit this summer, plan a Saturday afternoon to visit us from noon to 4 p.m.

You can make an appointment to visit the museum or do research in our library outside of our regular hours by calling Robin at 360.826.3075 or e-mailing us at concreteheritagemuseum@ stumpranchonline.com.

Monthly meetings are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

Our annual **Bow Hill Rest Area Bake** Sale is scheduled for the weekend of June 24–27. We could use more volunteers to help staff the booth, all in support of your local museum. If you can help, give Robin a call at the phone number above.

Reminder: Bake Sale at the Concrete Senior Center Saturday Market, June 11, from 9 a.m. to 4 p.m. These fundraisers make a big difference in bringing in dollars to help the museum.

The Centennial reprint of **So They** Called the Town Concrete is still available. The new edition features enhanced photographs and a more readable font. New cover graphics were done by Philip Johnson. Copies are available at Albert's Red Apple (at the lottery counter; please pay for it there) and the museum. An order form also may be printed at our Web site: www.stumpranchonline.com/ concreteheritagemuseum.

WANTED: New Museum Association members! Support your local historical

-Dan Royal

Upper Skagit Library

On June 2 at 7 p.m., Eric DeLuca will be at the library. De Luca is the artist-in-residence at North Cascades National Park. His plan is "to create a soundscape composition that could act as an educational tool connecting individuals to the sounds of the park, as well as a musical composition." This program should appeal to musicians and artists alike.

Joanne Lennox will tell of her adventures writing and hiking from Mexico to Canada on the Pacific Crest Trail and Continental Divide Trail on June 10 at 7 p.m., at the library. Hikers and armchair travelers welcome.

The variety of programs offered recently by the Friends of the Library and the Upper Skagit Library should have something to appeal to everyone. If these are being offered at a time or a day that is inconvenient for you, let us know. We're trying to schedule them when it will be convenient for most people. It's no fun for the speaker to speak to an empty room. The schedule for **summer reading**

programs is nearly complete and can be found on the library's Web site at www. upperskagit.lib.wa.us. Summer reading starts June 6. Programs begin with the exciting Reptile Man at the library June 21 at 3:30 p.m. Everyone interested in reptiles is welcome.

Adjustments continue to be made to the new system at the library. Yes, it's been operational now for two months, but there was tweaking to be done, surprise hardware issues, and the usual crossover problems to be solved. If anyone trying to renew books or place holds through the catalog using a home computer is having problems, call and we'll walk you through the process.

The June **board meeting** will be June 9, 5 p.m. at the library. Everyone is welcome

-Aimee Hirschel

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Kilroy's Korner

By John Boggs

announced new



rules for the Veterans Affairs Caregivers program. Approximately 3,500 caregivers may be eligible if they care for a veteran who sustained a serious injury in the line of duty since 2001. Some caregiver benefits are available for veterans of other eras; check with your local service officer.

Future activities

- 1. We are still exploring ways to provide transportation to the combined Homeless Coalition and Veterans Stand-Down in Mount Vernon at Skagit Valley College on Sept. 8.
- A tentative date of Nov. 5 has been set for the next stand-down in Concrete. A lot of coordination will still be required to gather the support and service agencies together. The Skagit County Community
- Action Agency has been awarded a \$136,987 grant from U.S. Department of Housing and Urban Development. Exactly what that means to the residents of the Upper Skagit Valley remains to be seen, but the initial plan is to provide some rent subsidies for eligible veterans. We are still looking for landlords who are willing to participate.

Priority group for veteran benefits

Each veteran is assigned to a priority group depending upon the type and nature of any disability. The assignment of priority groups allows the Veterans Administration flexibility in providing services. If the current demand is low and/or funding is good, services can be provided to those who have a higher priority number. For the most part, the level of service provided is an administrative function and can change without notice.

Group 1 (highest): Veterans with service-connected disabilities rated at 50 percent or more and/or those determined by the VA to be unemployable because of service-connected conditions.

Group 2: Veterans with serviceconnected disabilities rated at 30 to 40

Group 3: Veterans with serviceconnected disabilities rated at 10 to 20 percent, are former prisoners of war, have been awarded a Purple Heart, were awarded special eligibility for disabilities incurred during treatment or participation

June 2011 • Concrete Herald • 11 in a VA Vocational Rehabilitation

program, or were discharged for a disability incurred or aggravated in the line of duty.

Group 4: Veterans receiving aid and attendance or housebound benefits, and/or are determined by the VA to be catastrophically disabled.

Group 5: Veterans receiving VA pension benefits or eligible for Medicaid programs, have service-connected disabilities found to be non-compensable, have 0 percent service-connected disabilities, and whose gross annual household income and/or net worth are below certain limits. Group 6: Veterans seeking care solely

for certain conditions associated with exposure to radiation during nuclear testing or during the occupation of Hiroshima or Nagasaki, or for certain veterans with 0 percent service-connected disabilities who served in a theater of combat operations after Nov. 11, 1998.

Group 7: Veterans with a gross household income below a certain level and who agree to pay copays.

Group 8 (lowest): Veterans with a gross household income above a certain level by 10 percent or less and who agree to pay

Note: These geographically adjusted

See Kilroy, p. 39

Celebrations



Michael and Darlene Dods are celebrating their 50th Anniversary. They were wed on July 8, 1961, in a small chapel in Idaho. Mike and Dar have shared a beautifully blessed life working hard to raise a family and retire together.

Rejoicing with them are five children, 15 grandchildren, and one greatgrandchild, as well as many more family members and friends.

Mike and Dar are sharing a life most dream to achieve. Compassion, willingness, faith, patience, kindness, and love carry them through thick and thin.

We love you, Mom and Dad! Happy 50th Anniversary.

The Dods' children

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Academics







-J. K. M.

CHS Class of 2011 to graduate June 3

That rite of passage known as graduation looms for 37 Concrete High School seniors, who will attend their commencement ceremony June 3 at 7 p.m., in the Concrete High School gym.

Leading up to the big night, seniors took a trip to Seattle, which included a Mariners game. On June 2 at 5 p.m., Community Bible Church will host a dinner for all seniors.

Baccalaureate is June 2 at 6:30 p.m. Scholarships and awards will be handed out that night at 7:30 p.m.

Graduation practice will take place June 3 at 8 a.m., with the commencement ceremony that evening.

For a complete list of all east county graduation ceremonies, see the info box on this page.

Bright lights

This year's graduating class includes valedictorian Shae Van Wagoner, a

Running Start student and member of the FIRST Robotics team who has been given what amounts to a full-tuition scholarship to Duke University in Durham, N.C., where he will attend this fall.

"Duke has a 'needs-blind' policy," said Van Wagoner's father, Rob. "They basically say, 'If you can get in here but you can't pay, we'll pay.'

Van Wagoner overcame incredible odds just to get in: Of 31,000 students who applied, Duke accepted 1,700.

"He makes us look good," said Van Wagoner's Mom, Cheri.

Van Wagoner said he plans to pursue a four-year program, with a double major in computer science, and English and visual arts, an interdisciplinary major. He will minor in film.

"I'm even going to try for a Rhodes Scholarship," he said.

Van Wagoner said he pushed for Duke

after visiting the campus.

"It felt right," he said. "The people there were very smart, very articulate, very outgoing. I was hosted for a night by a freshman there; it was spending time with them that convinced me to go."

Graduation ceremonies

Concrete High School

Fri., June 3, 7 p.m., CHS gym

Darrington High School June 11, 1 p.m., Bluegrass grounds or Comm Ctr.

Sedro-Woolley High School

Fri., June 10, 7 p.m., at SWHS (hopefully outside)

State Street High School Tue., June 14, 7 p.m., SWHS auditorium

Cascade Middle School "Moving Up"

Tue., June 14, 8 a.m., at CMS

Congratulations

As valedictorian, Van Wagoner is

following in the footsteps of his older

brother, Phoenix, who graduated from

Concrete in 2009.

to Concrete's graduating **class of 2011!**

Alexander Aiken*

Christopher Archuleta

Kevin August

Jessica Bauer' John Corne Dalton Dellinger Robert Dileo Jr. Spencer Duffv* Dimond Edge **Taylor Edwards** Hayley Femling Katie Hallwirth August Hanke* Dakota Hazel Daniel Herrera Evan Holm Kvler Howell* Ashley Johnson Uriah Kast Shelby Lloyd Colton Maloney Cody Mills* Darryll Mitchell Heather Mitchell Kelsey Mitchell* Christopher Phillips Cody Pounds Sherry Pringle Scott Rice Megan Rogge' Jon Kellen Russell Seantel Shope Justin Soule Shelby Stanton Jose Torres Shae Van Wagoner* Miranda Wallen*

*Denotes 3.2 or above overall grade point average

Academic & Citizenship Awards

Each quarter, the Concrete High National Honor Society recognizes four high school students for maintaining a 3.2 or higher grade point average, being consistently prepared for classes, not having any detention or unexcused tardies or absences, and demonstrating good citizenship. The students are nominated by teachers.



First quarter (back, from left): Josh Rogge, Dallas Newby. (Front) Angela Mclaughlin, Jonnie Rohweder



Second quarter (back, from left): Kate Mclaughlin, Dennis Dorgan-Von Bohlen. (Front) Cody Mills, Miranda Wallen.



Third quarter (back): Forest Barnedt (Front) Sara Jenkins, Danielle Pringle. Not pictured: Alex Joens

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For more information about current issues, please see our website: www.unitedgeneral.org.

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Clear Lake





Planting a future

Clear Lake Elementary students experience science, sustainability by giving hemlock seedlings a home.

By Jason Miler

Clear Lake Elementary School teacher Jan Johnson believes a child's education shouldn't end at the walls of her classroom.

"It's just good teaching to engage students in the world outside the classroom, to keep the learning from becoming abstract," she said.

On May 24, she put that philosophy into action, shepherding her split firstand second-grade class—23 strong—to the Northern State Recreation Area off Helmick Road in Sedro-Woolley, where the youngsters planted five Western hemlock seedlings along a walking trail.

Johnson's field-trip choice was designed to provide a service-based learning experience that linked hands-on work with the book learning the children had been performing in her classroom.

"In our science unit, we've been studying about plants and plant growth how we use plants. We studied trees in particular: the parts of trees, how they're important. Smokey the Bear visited and talked about their importance in forests.

"We've also had an 'umbrella' theme of sustainability, and of plants being a renewable resource. We've learned about how important they are to people and animals and ecosystems," said Johnson.

Every year the class finds a way to "link" to the community outside the



school. Johnson said this year the class decided to give something back to the earth, "because more trees on the earth is better for humans and animals."

Parent Christi Schmidt, whose daughter, Brianna, is a second-grade member of the class, helped to facilitate the field trip and secured the tree seedlings, which were donated by Fourth Corner Nursery in Bellingham. The nursery also provided instructions for how to plant them.

"We chose Western hemlock because it's the state tree," said Schmidt,

Schmidt and other parents are members of Visions, a parent-involvement program at the school that began in 1991. Families who join the program commit to volunteering 10 hours per year toward their child's education, serving as de facto teacher's aides.

"It's our own little heaven in a public school, a way we can get that close-knit feeling without having to pay a private school price," said Schmidt.



First-grader Keara Fellers stands with one of five potted Western hemlock seedlings to be planted by her class at Clear Lake Elementary School on May 24. Photo by Christi Schmidt.



Students from teacher Jan Johnson's first/second-grade split class at Clear Lake Elementary exult during their May 24 field trip. The students planted five Western hemlock seedlings at the Northern State Recreation Area east of Sedro-Woolley. Photo by Lisa Swanson.



Camille Skiles (left), Shel Blau (right) and other students watch as Jamie Bartok digs a hole in which students will plant a Western hemlock seedling. The seedlings were donated by Fourth Corner Nursery in Bellingham, which also provided planting instructions. Washington designated the Western hemlock as its official state tree in 1947. Photo by Christi Schmidt.



First-grader Jesse Barthule shows off a freshly planted Western hemlock seedling. Students left loosely tied ribbons on the young trees so that they could keep track of them as they grew. In time, they'll have to crane their necks to check their charges: Western hemlocks can live to 100 years or more and reach 100 feet in height. Photo by Lisa Swanson.

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1, 8, 15

- 22, 29 Sedro-Woolley Farmers' Market, Hammer Heritage Square, S-W, 3-7 p.m. Lyman Annual Townwide Yard Sale, various locations within Lyman, 9 a.m. to 5 p.m.; info at oney_brat@yahoo.com
- Blast from the Past, Sedro-Woolley; see article, p. 1; info at www.sedro-
- 18, 25 Concrete Saturday Market, Concrete Senior Center, 9 a.m. to 4 p.m.
- Filing week for Skagit County elected official candidates; see article, p. 4 Girl Scouts Troop No. 50822 Bridging ceremony, Henry Thompson
- "Kilowatt Ours" (plus selected shorts) plays at Concrete Theatre, 45920 Main St., Concrete, 7:30 p.m., free admission; info at 360.941.0403 or www.concrete-theatre.com
- 16–19 Berry Dairy Days, Burlington; see notice, p. 34
- Free Clothes for those in need, from Holy Clothes on Wheels, The Reach Church, 720 N. Puget St., Sedro-Woolley, 10 a.m. to 2 p.m.
- Darrington Day, Darrington and vicinity, 10 a.m. to 4 p.m.; see article, p. 25; info at www.darringtonwatourism.com
- Sedro-Woolley Boys & Girls Club summer hours begin (thru Aug. 19): Mon., Wed., Fri. from noon to 5:30 p.m.; info at 360.856.1830 or ireid@bgcskagit.org
- North Cascade Veterinary Hospital mobile vaccination clinic, old police station, Concrete Town Center, 3 to 5 p.m.; info at 360.856.1809
- Grand opening of Swift Creek Campground (former Baker Lake Resort site), 10 a.m. to 2 p.m. (ribbon-cutting at noon); see article, p. 4
- 24–26 Town of Concrete Clean-up Weekend, Main St., east of Skate Park, 9 a.m. to 4 p.m. all three days; open only to residents who live within corporate limits of the town; admission with flier only; if you didn't receive a flier, call 360.853.8401; see notice, p. 7
- Imagine Concrete workshop (April 16 workshop results), CHS Commons room, 9 a.m.; info at 360.853.8213 or goodwords@frontier.com
- 25–26 Darrington Timberbowl Rodeo, Darrington Rodeo Grounds, 42109 SR 530 NE, Darrington, 1–6 p.m.; info at www.darringtonrodeogrounds.com and www.darringtonwatourism.com/events
- "A River Home Companion" KSVU fundraiser, Concrete Theatre, 3 p.m.; tickets \$10; info at www.concrete-theatre.com or 360.941.0403
- 30–7/4 Loggerodeo, Sedro-Woolley, locations and times vary; see program insert in this issue, article on p. 16, and www.sedro-woolley.com

JULY

- July 4 Parade and Picnic, Main Street and Town Park, Concrete; parade at 11 a.m., picnic immediately follows, till 2 p.m.; no charge for parade entries, send name, org name, description, and contact info to chamber@ concrete-wa.com before July 3; info at www.concrete-wa.com
- Darrington Fourth of July Parade and Fireworks, Darrington and vicinity, noon; info at www.darringtonwatourism.com/events
- SWCTS Combat Flag motorcycle-escorted transport from Lyman Town Hall to KAPS/KBRC Radio Station, Mount Vernon, 9 a.m.; info at 360.202.8128, coordinator@swcommunitytroopsupport.com, or online at www.swcommunitytroopsupport.com
- Puget Sound Energy Baker River Tours, buses leave CHS at 10, 10:30, and 11:30 a.m., and 12:30 p.m.; see article on p. 19 and ad on p. 3
- Grasmere Fire Hall scholarship fundraiser dance, 7–11 p.m.; live band, food, prizes; \$15 per person, \$30 per couple; contact a Grasmere firefighter for tickets

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Hi. Lo. Country Bar & Grill, 7296 Baker St., Concrete Town Center. 360.466.8754 or concretechamber@ mac.com.

Concrete Eagles Aerie 1444 holds Aerie meetings the first and third Wed. of each month at 7:30 p.m., and Auxiliary meetings the first and third Tue. at 7:30 p.m., at 45930 Main St., Concrete. tuffenuf1@frontier.com.

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete School Board will meet on June 22 at 7 p.m. in the high school Commons. The board will hold a workshop that same night at 6 p.m. in the high school Commons. 360.853.8141.

Concrete Town Council meets the second and fourth Mon. of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andreaf@concretewa.gov.

Darrington Area Business Assn (DABA) meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed, of each month at Town Hall,

1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.net

Friends of Upper Skagit Library meets annually in Feb. each year. 360.853.8549 or uslfriends@gmail.com.

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Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.com.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.

Saukrates Cafe meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and http:// saukratescafe.wordpress.com.

Sedro-Woolley Chamber of Commerce meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

Sedro-Woolley School District board meets the second and fourth Monday of each month at locations TBA, at 7 p.m. 360.855.3500 or rmiller@swsd.k12.wa.us.

*To add your organization's meeting to this list, e-mail editor@concrete-herald.com or call 360.853.8213.



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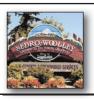
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Sedro-Woolley





Blast, cont. from p. 1

Jina Williams with the Sedro-Woolley Chamber of Commerce said the formula for fun this year will introduce new components while retaining most of the old favorites.

New this year is the Blast from the Past Art Show and Sale, to be held all three days of the event at Sedro-Woolley Community Fellowship, 817 Metcalf St., downtown. The show will present art from all over the county and beyond; most items will be for sale.

This year the car show will move from Saturday to Sunday, and from Metcalf St. to Murdock St. in front of the Sedro-Woolley Museum, Look for live music there, plus a 50/50 raffle. First-time cars will get dash plaques. While ogling the cars, attendees can enjoy the museum's open house that day, too, from 11:30 a.m. to 2:30 pm. It's a good opportunity to learn more about the town's past.

On Saturday, the popular contests for kids will be held, with live music and KAPS/KBRC radio broadcasting live. Look for pie-eating, hula hoops, and more • Carnival: Family Night opens at 5 p.m.

Parade will take place on Saturday at 11 a.m. Line-up is at 10:30 a.m. on Woodworth St., in front of the vendor booths by the post office. Just look for

weekend promises to have something for everyone. For more details on Blast from Loggerodeo

It's back! Running from June 30 to July 4, this year's Loggerodeo is family fun with the thrill of rodeo added to the mix.

day; here's a brief summary:

Community gave generously for **White Cane Day**

Sedro-Woolley Lions' White Cane Day raised more than \$1,000 for Lions Vision and Hearing programs

The Sedro-Woolley Lions thanks all members of the community who contributed to our White Cane Day fundraiser. The money raised will be used to provide eye care and hearing care for members of our community.

We would also like to thank the Market Place for allowing us to use their facility for our two-day program.

Lynn Torset, secretary Sedro-Woolley Lions Club



The Second Annual Children's Costume

With crafts and food vendors, a bike ride, quilt show, and a pancake breakfast hosted by the Eagles club, the three-day the Past, go to www.sedro-woolley.com.

The five-day event packs a lot into each

Women's Retreat slated for Oct. 7-9

The Upper Skagit Valley Women's Ministries team will hold its annual nondenominational Women's Retreat Oct. 7-9 at the Baker Lake

This year's theme is "Choose Forgiveness," featuring speaker Karen Ellison. The event will offer an additional day this year, beginning Friday night and continuing through Sunday morning, including worship services. The new, expanded format allows attendees to make a choice of an extra day of participation.

Registration brochures will be available by mid-June and will be mailed out to all previous participants. Brochures also will be available at various outlets within the community.

The retreat features worship and learning opportunities in a relaxed and casual Christian atmosphere. The group's stated mission is to provide an interlude of inspiration and refreshment for women in east county communities.

Details and a registration form can be found at www.stumpranchonline.com/ upperskagitwomen. Interested women also may call 360.826.3849 or 360.826.6141.

Thur... June 30

- Kiddies Parade: Registration at 5 p.m.; parade at 6 p.m.
- Fri., July 1 • Chainsaw Competition, 8 a.m. to 5 p.m. •

• Carnival opens, 11 a.m.

- Sat., July 2
- Chainsaw Competition, 8 a.m. to 5 p.m. • Arts, Crafts Vendors, 10 a.m. to 5 p.m.
- Firemen's Competition, 10 a.m. to 2 p.m. • Bluegrass Festival, 6:30 p.m.
- Troy Fair Band, 7 p.m. to 10 p.m.

Sun., July 3

- Ted Vigil's John Denver Tribute, 12:30 p.m. and 5 p.m.
- Rodeo, 6 p.m.

Mon., July 4

- Grand Parade, 11 a.m.
- Rodeo, 2 p.m.
- John Denver Tribute, 2 p.m. and 7 p.m.

For more information on Loggerodeo, including a complete events schedule, see the program insert in this issue, call 360.770.8452, e-mail info@loggerodeo. com, or go to www.loggerodeo.com.

Quilters to host "Blast of Color"

Woolley Fiber Quilters are preparing for their 2011 quilt show "Blast of Color," to be held June 3–5 in Sedro-Woolley. Showcasing local quilters, "Blast of Color" is a companion event to "Blast from the Past."

"We're so excited to bring out the work of talented quilters in Sedro-Woolley and Skagit County," said Judy Johnson, one of the quilt show organizers. "Last year's show was a big success, and we can hardly wait to reveal what we have been working on during this long, wet winter."

The show will be in two locations this year: 807 Metcalf (the former Courier-*Times* building) and 817 Metcalf (the

former Oliver-Hammer store). Opening at 10 a.m. each day, the show will keep festival hours, closing at 6 p.m. on Friday and Saturday, and at 4 p.m. on Sunday.

Once again, attendees will have the opportunity to vote for their favorite entry in the "People's Choice" awards; a trio of local celebrity judges also will each select a favorite. More than 200 quilts will be on display, plus quilting-related vendors, a boutique of quilted items for sale, and demonstrations.

Admission is \$3. For more information about the quilt show, go to www. woolleyfiberquilters.blogspot.com.



Woolley Fiber Quilters Bertha Schiefelbein, Teri Bever, Judy Johnson, and Elsie Summers with a few of their creations. Photo by Celeste Weaver.



Winners again

Kudos to Sedro-Woolley High School's FFA horticulture team, which traveled to Vancouver, Wash., on May 25 and brought home its fourth state championship in seven years.

The S-W team competed against 21 other teams from all over the state.

"We won by almost 500 points," Coach

Wayne Ramsey reported in an e-mail. "We had four kids that all finished in the top five spots in the state."

Shown in the photo above, with individual results, are, from left, Coach Wayne Ramsey and sophomores Ryan Solemslie (1st), Troy Peterson (5th), Kristin Ramsey (3rd), and Kayla Overby (2nd). Not pictured: Kathryn Phillips.

Soroptimist scholarships for deserving seniors



Soroptimist International of Sedro-Woolley announced the 2011 recipients of its \$1,000 college scholarships:

Sedro-Woolley High School seniors: Jennifer Burke, Sierralee Crutchfield, Arielle Dillon, Alfa Hordges-Johnson, Kathryn Hull, Evan Mann, Hank Smith,

Concrete High School seniors: Kyler Howell, Miranda Wallen, Cambridge "Shae" Van Wagoner. Photo by Jill Reid.

New Clinic Open at United



We're pleased to announce the opening of **United Family Medicine**, a new clinic located on the hospital campus. Dr. William Saunders, Family Practitioner, is now accepting new patients and looks forward to meeting you.

Dr. Saunders has 22 years of experience, most recently at the Evans Army Community Hospital, in Ft. Carson, Colorado, as an outpatient family practice provider. Prior to that, he practiced for several years at an immediate care facility in Bellingham. He is happy to be back in the Pacific Northwest and is looking forward to being part of our community. To make an appointment to see Dr. Saunders, please call (360) 856-7230.

Ribbon Cutting

Thursday, June 9 • Noon – 1:00 p.m.

Across from hospital main lobby

RSVP: Valerie Stafford, (360) 856-7323, communications@unitedgeneral.org



William Saunders, MD

2061 Hospital Drive • Sedro-Woolley WA 98284 • (360) 856-7230







Zumba donations bolster school

Dance instructor Christina Jepperson gives fitness class funds to Lyman Elementary.

By Jason Miller

Every Monday, Tuesday, and Thursday night from 7 to 8 p.m., the Lyman Elementary School gym throbs with pulsating music and the Latin American moves of Zumba. Instructor Christina Jepperson offers the class for free, but accepts donations, which she funnels straight to the school.

Since the class began in June of last year, Jepperson has put \$500 in Principal Mark Nilson's hands. Nilson has used the

8th Annual Lyman **Townwide Yard Sale**

This year's townwide yard sale will be held June 3-4, from 9 a.m. to 5 p.m. More than a dozen families are participating in this year's sale. Maps

of participating sales are available at Lyman Town Hall on Fri., June 3, and at the Lyman Post Office on Sat., June 4. The registration donation fees collected will be donated to the Lyman Angel Tree to benefit local families during Christmas this year.

The event is co-organized by Tammie Werner and Patty Cook, and is posted on Facebook at Lyman Annual Townwide Yard Sale. Maps will be available for download a few days before the sale.

-Tammie Werner



funds in three ways so far:

- Purchasing new books for the library
- Buying Accelerated Reader (AR) tests, which students take to test their comprehension after they finish reading an AR book
- Support for a "needy children's fund," which helps to provide gloves, jackets, and other warm clothes every winter for kids who need them

Jepperson's success was a pleasant surprise for Nilson.

"When this first started, I had no idea there'd even be money coming to the school," he said. "I intended it as a donation of space for the community. It was just an opportunity for camaraderie and physical fitness. It morphed into a thing where people insisted on donating a little money, and Christina said she didn't want anything for it, she just wanted to give it to the school."

Jepperson's generosity is even more impressive when you consider what she's been through during the past year.

This time last year, her doctor noticed that her thyroid gland felt enlarged. They tested it and found three growths; a biopsy on them came back inconclusive. In February another ultrasound showed that the growths had "changed," so Jepperson



Zumba instructor Christina Jepperson (right) was joined by Lyman Elementary student Echo Cyr while leading a Zumba routine during a May 26 class in the school gymnasium. Jepperson gives all donations from the free class to the school.

headed to Seattle for surgery to play it safe and have her thyroid removed. It came out with 10 growths on it, making Jepperson feel she made the right decision.

A dancer her whole life, Jepperson is trying to get back into the swing of things after the surgery. "I get worn out a little easier; my stamina isn't what it used to be. I'm a little shorter of breath, but I'm trying Nilson.

to get back to where I was," she said.

The class is popular. Jepperson started with 15 participants and has seen as many as 72 dancers in one night. Most nights, 30 to 40 students fill the gym.

"Her taking this on and donating her time has been a benefit to our school. We can't thank her enough for that," said

Lyman Slough invasive plant removal

Want to help your fellow Lyman citizens and others to reclaim a piece of land in your town? North Cascades Institute will join forces with Skagit Land Trust and volunteers to weed invasive plants out of Lyman Slough on June 24, from 10:30 a.m. to 3:30 p.m.

There will be a lunchtime speaker to educate participants about the history of the area and teach about the plants volunteers are working to protect.

To join the effort, bring a lunch, work clothes, and a rain jacket, and head to the Lyman Slough in Lyman on June 24!

Lyman Library tales

By Elaine Kohler

Things have been moving and shaking at our little library this past month. Since the hall will be getting spruced up so it can be rented more often, we had to do some moving around and some downsizing. The bookcases have been moved and books weeded out. All the excess books have been donated to the Second Chance Thrift Shoppe in Sedro-Woolley. They do all the picking up of the boxes, which is great since I do not always have access to a truck. The books in the library are in the process of being rearranged, so when you come in, you may have to do some looking to find your favorite authors. Be

patient; things will get where they belong

I am going to try and read a new author each month, give a short report about it, and maybe encourage folks to try someone new. This month I am writing about *The Ladies Auxiliary* by Tova Mirvis. I have a great interest in other cultures and religions, and this one gives a lot of insight into the life of Orthodox Jewish families. It also explores discrimination and misconception of people without knowing the facts. It is well written and often shows the humor of life in a strictly structured culture. It is both funny and informative.

Stop in and see the changes, and remember to say thanks to the volunteers.



www.concrete-herald.com



360.540.3978.





Community notes

Day Creek is looking for **ideas for community events**—for fun and fundraising. These events will help us get to know our neighbors and help support our fire hall. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson at 360.826.3581.

At the Day Creek Club Potluck May 17, Girl Scout Katie Edelson shared the trip she and her family recently made to a remote village in Cambodia. As a Girl Scouts project, Katie gathered money from the community, with which she purchased school supplies and vitamins for the village. Katie plans to make a second presentation at the Day Creek Chapel. The date for this will be announced later; plan to come. For more information, including the date and time of the second presentation, contact Kathy Henderson at 360.826.3581.

The reining and pro-cutter classes at Way Out Ranch have been postponed for spring cleaning. For riding information, contact Karen McCoy at 425.760.7860.

Women (and men) crafters are invited to work together on projects. Crafters meet the last Thursday of each month, from 5 to 9 p.m. in the parsonage building next door to Day Creek Chapel. Bring your own craft or come to learn a craft. Bring a snack and have some crafty fun. The group is planning a painting and refreshing of the building. If you would like to help or just want more information, call Virginia Learned at 360.770.1765.

Knitters, come one and come all. A knitting club began in February, with plans to read Debbie Macomber's book, Shop on Blossom Street, and learn to knit the baby blanket in the book. The

group meets the first and third Monday of each month at Cascade Christian Church (Township and Wicker in Sedro-Woolley), from 6:30 to 8:30 p.m. For more information, call Hilary Bonnette at

The **Day Creek Fire Hall** is looking for a community-minded person to take charge of maintenance. Tasks such as lawn mowing, bee control, pressurewashing, etc., are crucial to the upkeep of the hall. If you're interested, call Travis Arendse at 360.826.5125

Did you know **Karen Morgan** had knee surgery? She would love a call or a visit. Church chatter

"Kingdom Builders" meets Wednesdays from 6:30 to 8:30 p.m. This is a group forming at Day Creek Chapel to reach out to address others' needs in the community. Call Kathy Henderson for details or if you'd like to become

involved: 360.826.3581 Mark your calendars! Day Creek Chapel is hosting Vacation Bible School July 11–15. For more information, call Virginia Learned at 360.770.1765.

The ladies of Day Creek Chapel will host a yearly Women's Retreat at Camp Casey. This year's camp is scheduled for Sept. 23–25. Cost is \$110 for three days; food and lodging are included. For more information, e-mail Sharon Herring at fishclan2@gmail.com.

Warm Beach Camp will hold a Kids Camp Out at Miles campground, July 15–17, from noon to noon. For more information, call Virginia Learned at 360.770.1765.

If you have information you want to share, contact Kathy Henderson via e-mail at winningcircleranch@gmail.com.

-Kathy Henderson

PSE Green Power Program Top 10 in national rankings

BELLEVUE — The U.S. Department of Energy's National Renewable Energy Laboratory (NREL) last week recognized Puget Sound Energy customers' commitment to clean energy by naming the utility's Green Power Program as one of the "Top 10" out of 850 green-power programs in the country in 2010. PSE customers have earned the honor from the NREL for nine years in a row.

"Customers who participate in PSE's Green Power Program are making a difference by bringing additional sources of renewable energy onto the grid across the Pacific Northwest," said Cal Shirley, PSE vice president of Energy Efficiency Services. "This recognition is a testament to our customers' and the region's commitment to the development of local renewable energy.'

The NREL has ranked PSE's Green Power Program as one of the country's top 10 in renewable energy sales for nine consecutive years (2002 through 2010), and for seven consecutive years (2004–2010) for customer participation. In 2010, PSE sold 314,893 megawatthours (MWh) of Green Power renewable energy, up from 303,046 MWh in 2009 and 291,167 MWh in 2008. The

number of PSE customers enrolled in the program in 2010 reached 29,398 (28,524 residential customers and 874 business and government customers).

PSE's voluntary Green Power Program gives PSE electric customers a way to guarantee that some or all of the energy they use is matched in the electric grid with electricity from wind, solar, biomass, and other renewable energy sources in the Pacific Northwest. None of the renewable energy in PSE's Green Power Program is generated by PSE; it all comes from other Northwest producers of renewable power.

PSE residential customers can purchase 100 percent green power for approximately \$10 to \$12 a month based on their actual usage or buy a specific amount, with a minimum purchase of \$4 per month for 320 kilowatt-hours. After an initial investment, additional green power can be bought in increments of \$2 for 160 kWh. Business customers also can participate at rates specific to their situation.

PSE aims to have 5 percent of its more than 1 million electric customers be Green Power customers by 2014, compared to 3 percent currently.

PSE customers wishing to sign up for Green Power can do so at www.pse.com/ greenpower or by calling a PSE Energy Advisor at 800.562.1482, Mon. through Fri., between 8 a.m. and 5 p.m.

-Submitted by PSE

PSE to offer free tours of Baker River **Hydroelectric Project**

Puget Sound Energy will again this year offer its popular tour of the company's largest hydroelectric project, located in and north of Concrete. The tour is free and available on a first-come, first-seated basis. Last year's tour sold out quickly after PSE began publicizing it.

The tour will begin with a stop at PSE's Baker River Visitor Center for a project overview. Other stops include the Lower Baker Dam overlook to view the new

power house construction, the adult fish trap, the Upper Baker Dam and floating surface collector, and the new Baker River Hatchery and sockeye spawning beds.

"The Baker River project is Puget Sound Energy's largest hydropower operation and contains our most extensive salmonenhancement facilities, by far," said PSE Spokesman Roger Thompson. "These tours give our customers an opportunity to see, up close, a working hydroelectric facility that's normally not open to the general public."

For more information, see the ad on p. 3 of this issue. To reserve a seat on the tour bus, call 360,766,5656 or e-mail tours@ pse.com.



occurred at the Sedro-Woolley Senior Center on May 14. Members of Leadership Skagit's Skagit Seven team joined forces with a number of other organizations, businesses, and volunteers to create a victory garden for the senior residents.

Four raised garden beds were built with reclaimed cedar and installed in front of the center. Paths, trellises, and a garden bench also were installed. The beds' heights and widths were carefully designed to provide a safe and wheelchair/walker-accessible gardening experience for seniors, who will be allowed to grow whatever they desire in the beds.

Below: An impressive example of collaboration

Key players in the project included Skagit Council on Aging, Sedro-Woolley Senior Center and its Advisory Council, Skagit County Community Services, Retired and Senior Volunteer Program, and the City of Sedro-Woolley.

The beds were built by Elijah Winn of 2nd Winn Log Homes in Lyman, who laughed about the weather he faced while building the beds the previous Saturday: "It wasn't raining, it was pouring," he said.

of the cinnamon rolls on May 25, when the pass finally opened. Tootsie arrived at the west gate

about 7:30 a.m. with her son, Don, and a granddaughter. In the photo she holds a custom-made

napkin for the event. The pass opened at noon that day, the second-latest opening in its history.

May in pictures



Above: Concrete High School Prom royalty posed for their public on May 14. From left are King Spencer Duffy, Queen Seantel Shope, and royal court members Shelby Lloyd, Christopher Archuleta, Miranda Wallen, and Colton Malonev.

Right: Concrete Lions Club members Ray Drake (left) and Dave Wright accept a donation during White Cane Day on May 7. The group set up donation sites in Concrete Town Center, the post office, and Albert's Red Apple Market, and raised more than \$600 for the Northwest Sight Foundation.

Right: Area Boy Scouts participated in a Court of Honor ceremony May 7 at Community Bible Church in Concrete. Shown are (front): Brian Torheim, second row, left to right: Josiah Werta, Teegan Sterling, Rylan Goett, Alan Smith, back row, left to right: Elijah Smith, Forest Barnedt, Kevin McLaughlin, Tye Thompson, and Scout Master Dave McLaughlin.

The following scouts received promotions: Forest Barnedt was promoted to Star; Kevin McLaughlin was promoted to Second Class: and Rylan Goett. Elijah Smith, and Brian Torheim, were promoted to Tenderfoot.

The following scouts were awarded merit badges: Brian Torheim: Wood Carving, Citizen in the Community, and Environmental Science. Elijah Smith: Wood Carving and Leather Working. Kevin McLaughlin: Wood Carving, Leather Working and Environmental Science. Tye Thompson: Wood Carving and Leather Working.

> Teegan Sterling: Wood Carving. Submitted photo



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Above: Volunteers spread wood chips in the paths at the Angele Cupples Community Garden May 21–22. During June, the garden should see the completion of its gazebo, water lines, eight more raised beds, and field crops area, in which vegetables will be grown for the Concrete Food Bank. To lend a hand in the building or maintenance of the community garden or to rent a bed, contact Jason Miller at goodwords@ frontier.com or 360.853.8213, or Marla Reed at 360.391.2589 or marla.mr@frontier.com



Quilt Show Art Show Crafts & Food Vendors Century Bike Ride Family Fun Ride Children's Costume Parade Kid's Contests Live Music Murder Mystery Day **Eagles Pancake Breakfast** Museum Open House CAR SHOW (now on SUNDAY)

SEDRO-WOOLLEY Details at www.sedro-woolley.com

Above: A helicopter operated by Salmon River Helicopters out of Riggins, Idaho, touches down for refueling at Mears Field in Concrete. The company had been contracted by PSE and Potelco to haul gravel and cement for power pole footings along a corridor north of and parallel to SR 20. The

Above: Tootsie Clark, of whose age no one can be certain, once again reprised her role as bringer job took only two days.

Above: Furs & Things 4-H Club spent May 20 scrubbing Concrete's east and west welcome signs clean, then weeding and replanting the landscaped areas in front of them. Not pictured: Emily Greso. Photos by Emily Greso.

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Hamilton

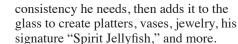




Dust to dust, ashes to ... glass

When Hamilton glass artist Richard Lowrie made his first glass creation that incorporated the cremated remains of his father, he wasn't necessarily thinking he would market similar creations.

But the combination of memory and beauty has become a sought-after product. His new line of art pieces—dubbed "The Forever Collection"—blends glass and ashes from loved ones and even pets. Lowrie sifts the ashes to get the fine



From Arlington to Ferndale, and from Oak Harbor to Sedro-Woolley, all but one funeral parlor has agreed to inform customers his service is available. Lowrie sells his creations via veterinary clinics, galleries, and retail points too.

For more information, contact Lowrie at richard.lowrie360@gmail.com or 360.421.0582.

A Web site, www.forevercollection.com, is under construction.

-J. K. M.



Hamilton glass artist Richard Lowrie has expanded his offerings to include pieces that incorporate ashes of loved ones or pets into his works of art. Above left: Lowrie holds a "Life Bowl"; the milky areas amongst the blue and vellow spots are the ashes. Above right: Samples of iewelry with ashes mixed into the glass. The metal portions of these pendants and earrings can be platinum, gold, or silver. "The possibilities are practically endless," said Lowrie.



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Council summary

The Hamilton Town Council held a regular meeting on April 12. Following is a summary of that meeting.

- Pola Kelley from the Sedro-Woolley Chamber of Commerce and Kristen Whitener from the Mount Vernon Chamber of Commerce spoke to the Council regarding the Skagit Tourist Bureau. They requested Hamilton sign the Interlocal Agreement to become a part of the tourism promotion. Ms. Whitener stated a decision could wait for the next council meeting on May 10.
- Mayor pro-tem Cromley conducted the discussion on the liquor license for the Hamilton Market and Café.

for which Mayor Bates is a business partner. Council member Bonner made a motion to approve the liquor license for the business. Motion passed; all members of the council signed approval of the license.

The continued problem with the property at 642 Hamilton (David Thompson) was discussed. There were still too many RVs and vehicles on the property. The County Health Department has sent letters and been to the property. Child Protective Services has also gone out. Mayor Bates requested the clerk send a letter to Thompson, requesting the name of his attorney and stating the council confirmed that his property is zoned residential.

Janicki begins storage facility construction

Janicki Industries has begun building a storage facility at the company's Hamilton location. The 45,000-square-foot building will be built by Chad Fisher Construction and will be a tilt-up concrete structure.

The storage facility will not result in any new jobs for Janicki Industries. Its purpose is to facilitate work flow at Janicki's SR 20 and Hamilton plants, which are currently over-crowded. Indirectly, the storage building may enable Janicki to add manufacturing capabilities in existing facilities, as improved use of space becomes a possibility.

Groundbreaking was in May. The company plans to complete the building during the fourth quarter of 2011.



It may not look like much yet, but this site directly south of Janicki's existing facility in Hamilton soon will be home to a 45,000-squarefoot storage building. Janicki spokeswoman Kat Olson said the new building will not result in any new jobs for the company.

Birdsview buzz

By Kris Voigt

Wow, the pass is finally open. It must really be spring! Last month the brewery was proud to host the Sedro-Woolley Troop Support Combat Flag that had been flown in Afghanistan by Concrete native Charlie Ross. It is now making its way all over the county.

Happy birthday this month to:

- Danielle Moore
- 12 Sean Larson
- Rebecca Morse
- Gibson Fichter
- My favorite 10-year-old. Julian Voigt
- My favorite oldest daughter, Sara Voigt
- Our newest BBC brewmaster. Scott Hollenbeck

And a happy anniversary to Dennis and Shelly Russell on June 23.

Jim and Elaine Fichter participated in a walk to raise money for juvenile diabetes last month in Seattle. Great job, guys! I'm sure it was quite an experience as well.

Congratulations to all the 2011 graduates. Good luck on your future.

Happy Father's Day to all you dads and grandpas, and all you single moms who are both mom and dad.

Let's hope that the coming summer season is great for all the local businesses, but locals, remember that tourists are nice. but you are what keep all of us going yearround. Thank you and have a great month!

www.concrete-herald.com

Business Spotlight: **Goldner RV Repair**

By Bill Mueller

Ever have the experience of sitting around and waiting for a tow truck? It isn't high on the list of fun things to do for anyone that I know. It's one thing to do that with a car, quite another with a RV. Which is why our featured business this month is Goldner RV Repair.

Tired of having to take his RV in to get it fixed, Louie Goldner started the company in 1999, after learning how to make needed repairs himself. Today he covers mostly Skagit County and the south end of Whatcom County. He deals with all appliances that an RV owner may need work on, along with hydraulics, sliders, water systems, septic systems, and electrical systems. Whatever your rig needs, Louie can take care of it. Louie has faced some challenges in

the repair business. He said his biggest is dealing with septic systems, especially when you have to completely remove the system and replace it. Refrigerators and water heaters are also fun to wrestle with. Yet, regardless of the challenge, Louie and his son, Nick, get the job done and done



Louie's business philosophy is basic. It is one that we all wish every business would commit to: "We service them." For Louie and Nick, this means that whatever needs to be repaired, their goal in the end is to "take care of the customer and make them happy." This is music to the ears of a vacationer who doesn't want to bring

his or her rig into a shop to get work done. With Goldner, they don't need to: The company is mobile; they come to you. There is no address to take your vehicle to, just a number you can call to get Louie and Nick driving your way, ready to repair what needs it. That number is 360.826.3303. If you are

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an RV owner, be sure to jot that number down as you may need it if you are in this area and have something that needs fixing.

Louie and Nick both attended an RV repair school so they would know how to deal with any issue that comes up when one is looking to relax and enjoy the outdoors. They make it so a person does not have to waste a day trying to get to a service outlet, because they will find you where you are camping and take care of your needs. Many is the camper who was relieved to see the Goldners' familiar Dodge van pull into their campsite.

Louie is one of those guys who can be called "a jack of all trades" since he can fix just about anything. And as he put it, "We want our customers happy."

Louie doesn't do a lot of advertising; he gains new customers largely by word of mouth. This means the men of Goldner RV Repair have left an awful lot of people happy with their work.

At a glance: **Goldner RV Repair**

Where: Concrete, mobile Phone: 360.708.4424

Open for business:

New 2 You

By Jason Miller

Mark your calendar for June 8. That's when Concrete will get a new consignment shop.

Owned and operated by Claudia Marken, New 2 You will open its doors in that cute little white building on the west side of the Skagit County road maintenance property at SR 20 and Concrete-Sauk Valley Road.

For now, Claudia will offer clothing, shoes, and accessories such as jewelry, belts, hats, and scarves. In the future, she hopes to expand her inventory to carry



housewares and antiques. She'll sell on consignment, which means all you have to do is bring in your gently used clothing and shoes, she'll price it, and if it sells, she'll split the earnings with you 50/50. That's a striking difference from the usual 70/30 split vou'd get at most other stores. But it makes sense when you talk to Claudia, in whose mind community comes first.

"I saw a need in the community, and I think a store like this is a great asset for us," she said. "With fuel prices rising, a lot of people can't afford a trip down below; they're stretching their income. If you can find these products and not have to drive 50 miles, that's a good thing. It's designed to be another option in the community that people can check before driving out to I-5."

Claudia will stock her shelves and racks with products from community members, garage sales, other consignment shops, out-of-state friends who gather stuff and send it to her, eBay, and liquidation wholesalers.

Claudia said she's including nice white dress shirts and black dress pants for those eleventh-hour needs, because "I can't be the only parent with kids who tell me stuff at the last minute!" she said.



Claudia Marken

At a glance: New 2 You

Where: 44942 SR 20, Grasmere Hours: Wed.-Sat., 10 a.m.-5 p.m.

Phone: 360.421.3073

Grasmere Fire Hall Scholarship Fundraiser dance July 23, 7 to 11 p.m.

Live Band: The Sardines "Tasty Classics" 8 to 11 p.m.

Food: Kayla's Kickin' BBQ will prepare the main dish (meat, meat, meat)

Prizes: Prizes will be given away every hour until we run out of items

> Prizes include: Fishing trip 2 Hand-built benches Fishing poles **Photography**

Tickets: Contact a Grasmere firefighter for tickets:

\$15 each or \$30 per couple



Rockport







Make a difference: **Become a North Cascades Steward**

North Cascades Institute has begun to partner with local nonprofit organizations and public land agencies, working together to make a difference in local watersheds through three areas of focus: native plant restoration, trail work, and scientific research.

North Cascades Institute's program focuses on restoration work in the North Cascades and Skagit Valley. North Cascades Stewards are asked to commit to at least three days of work in 2011. Free training will be provided on site by project leaders; volunteers should bring gloves, a camera, and enthusiasm for giving back to our public lands

More information and a full list of stewardship activities is available at www. ncascades.org/stewardship.

Upcoming opportunities

National Trails Day, June 4, 10 a.m. to

3 p.m.: The day will begin with spreading gravel on wheelchair-accessible areas and maintaining campsites along the Baker River Trail. Afterward, volunteers may walk the trail with some of North Cascades Institute's staff for a casual natural history lesson.

Meet at the Baker River Trailhead in Concrete. Bring lunch, work clothes, and a rain jacket.

Newhalem Campground Workday, June 11, 10 a.m. to 3 p.m.: Volunteers will remove non-native plants from the Newhalem Campground in North Cascades National Park, and maintain the trails in the area. Free camping is offered for those helping with the workday.

Meet at North Cascades National Park Newhalem Campground, Newhalem. Bring a lunch, work clothes, and a rain

Savvy Businesses Advertise in Concrete Herald

As a monthly, Concrete Herald keeps your ad in front of readers' eyes for a minimum of three weeks per placement. Many readers keep their issues for a month or longer, many archive them, and some read them repeatedly, making your decision to advertise in Concrete Herald one of the wisest business strategies you could adopt.



Alan & Lori Goerdt, owners

"After advertising in Concrete Herald,

we had customers show up at our

Concrete Herald

www.concrete-herald.com 360.853.8213

Patti Krieger family withdraws reward offer

Citing a lack of life insurance funds. the family of Patricia "Patti" Krieger officially withdrew its \$25,000 reward offer May 28.

The reward had been offered for information on Krieger's return after she went missing while hiking with a group of friends on Sauk Mountain near Rockport in October of last year.

In a news release, the family requested that "all signs, stickers, posters, banners, and any other digital, copied, printed, or other form of advertising for the reward money be immediately removed and/or a disclaimer posted on your appropriate website stating the withdrawal of the reward offer."

The release referred to "the unique situation in reference to Patti going missing" as the reason for the lack of a life insurance policy to back the reward. The family also is "open to the possibility that more than one individual could come forward to request the reward amount," according to the release.

The family continues its search for Krieger and hopes the Skagit County community will support its efforts.

"We want to thank everyone who has continued to share Patti's story, and we hope to one day bring her home and find some closure," said the release.

Anyone with information on Patti's whereabouts is asked to call the Skagit County Sheriff's Office tipline at 360.419.7785. Questions about the reward withdrawal may be sent to pattytips@ hotmail.com. Find the group online at www.facebook.com/findpattikrieger or at www.findpattikrieger.com.

Free Web conference on creating a seniorfriendly home

The nonprofit National Private Duty Association (NPDA) will host a consumereducation Web conference titled "Creating a Senior-Friendly Home to Help Parents Age in Place" on June 16, at 5 p.m.

The live and interactive program, which is being held during National Home

One more chance at reduced-rate vaccination clinic

North Cascade Veterinary Hospital will bring its mobile vaccination clinic to Concrete once more, on June 21, from 3 to 5 p.m.

NCVH will charge a reduced rate for examinations (\$25) and vaccines, which range from \$16.50 to \$25.

No appointment is necessary, just bring your cat in a carrier or dog on a leash. For more information, call 360.856.1809.

Volunteers sought for **Traveling Tribute**

The American Veterans Traveling Tribute is coming to Sedro-Woolley in August, American Veterans Traveling Tribute (AVTT) travels the U.S. to provide a forum for the members of the community to come together to honor and remember defenders of the U.S.

If you'd like to help with this event in any way, contact event coordinator Shelley Prentice at 360.647.8268 or shelleyhd43@msn.com.

Safety Month, will provide advice on how to design and furnish a home to create a safe environment for a senior aging at home. The event is free of charge to participants.

"Aging in place is clearly more desirable for aging parents and their families," said Sheila McMackin, president of NPDA. "Most seniors want to remain living at home as long as possible. Practicing senior safety at home can accomplish a sense of independence and security for them, and peace of mind for you. This program will provide caregivers with the knowledge to address safety and comfort issues."

The Web conference topics include designing a home for senior safety and comfort, addressing changing health needs, appropriate furnishings, and ambient technology.

Pre-registration for the event is required. Sign up by clicking the registration link at www.privatedutyhomecare.org.

Celebrate Darrington Day June 18

www.concrete-herald.com

Darrington will throw out the welcome mat to visitors for Darrington Day, to be held June 18. With the town celebrating its 120th birthday this year, organizers are pulling out all the stops to make this vear's event one of the most successful.

Sponsored by the Darrington Area Business Association (DABA), the community's annual "celebration of wildflowers, waterfalls, the Mountain Loop Highway, and more" promises something for everyone.

The event runs from 10 a.m. to 4 p.m. and includes the following attractions:

- Electric chainsaw carvers.
- Area waterfalls, which can be viewed via a scenic backroad waterfall drive. The road includes a .2-mile hike to the North Fork Sauk Falls. Details about the waterfalls are at the Senior Center, 1115 Darrington Street.
- Photographer Aaron Young of Aaron's Waterfall World.
- Smokev the Bear and Bigfoot too.
- Historical displays about Darrington's colorful history, plus a presentation of "The Story of the Darrington Area." Learn about towns that once were and how the mining town of Monte Cristo and the CCC shaped Darrington's history.
- Celebration of the 120th birthday of the Old Pioneer Road. Built in 1891, the road started at Sauk City on the Skagit River, and traveled south to the famous boom mining town of Monte Cristo
- Information about the Mountain Loop Highway, which turns 70 this year. A historical display will be sponsored by the Darrington Historical Society.
- The train that changed Darrington history will be on display at the Fire Station located at 1115 Seeman Street. Go to the railroad room and see a model rural railroad and sawmill.
- Marvel at the pageant of colorful spring flowers in the area. Pick up a wildflower crossword puzzle at the Honeysuckle House located at 1215 State Route 530, next to Glacier Peak Cafe. Take a self-guided wildflower tour just south of town.

For complete event information go to www.darringtonwatourism.com.

Darrington Rodeo coming last weekend in June

The Darrington Timberbowl Rodeo will once again come to town June 25–26, from 1 to 6 p.m. The event will take place at the Darrington Rodeo Grounds, 42109 SR 530 NE, west of Darrington.

A Professional Western Rodeo Association-sanctioned rodeo, the event draws contestants from around the northwest U.S. and Canada. With events like barrel racing, calf roping, breakaway roping, team roping, steer wrestling, wild cow milking, saddled bronco riding, bareback riding, and bullriding, this year's rodeo will continue the tradition of fun. There's even stick pony racing and mutton busting for the kids.

Details can be found at www. darringtonrodeogrounds.com and www. darringtonwatourism.com/events.

National Trails Day

Join the Darrington Ranger District, 1405 Emens Ave. North, on June 4 from 8:30 a.m. to 4 p.m., for a day of trail maintenance along the Mountain Loop Highway. Volunteer efforts will be recognized with dinner and door prizes at the Mansford Grange located on Railroad Ave. behind the IGA. Dinner and door prizes are compliments of the Darrington community.

For more information, contact the Darrington Ranger District at 360.436.1155 or go to www.darringtonwatourism.com

Darrington IGA

Randy Ashe, Kevin and Sheila Ashe, owners.

1090 Seeman St. • Darrington

- Sat.: 7 a.m. to 8 p.m. • Sun. 9 a.m. to 6 p.

Mt. Baker-Snoqualmie **National Forest** opened camping season **Memorial Day weekend**

EVERETT — Summer may be cool,

Darrington

wet, and late, but most campgrounds opened by Memorial Day weekend in the Mt. Baker-Snoqualmie National Forest. The forest opened all campgrounds by May 27 except for snow-covered Denny Creek, Corral Pass, and Evans Creek in the Snoqualmie Ranger District. Road construction has closed Beaver Creek, Coal Creek, and Tulalip campgrounds in the Darrington Ranger District, as well as San Juan and Troublesome Creek campgrounds in the Skykomish Ranger District.

Find a forest campsite and check availability with the forest campground concessionaire, HooDoo, at http://hoodoo. com/mt-baker-snoqualmie-national-forestwa. Contact Rob Ralph at 360.691.1841 or rob@hoodoo.com for more information about HooDoo camping sites. Reserve a campground on the National Recreation Reservation System at www.recreation. gov/. Check current trail and road conditions at www.fs.usda.gov/goto/mbs/ road trails.

Local ranger districts and public service centers can provide more information on camping, hiking and access; districts in the area include:

Darrington Ranger Dist., 360.436.1155 Verlot Public Service Ctr. 360.691.7791 Mt. Baker Ranger Dist., 360.856.5700 Glacier Public Service Ctr, 360.599.2714 Skykomish Ranger Dist., 360.677.2414

"Hometown Proud"

owned by people

you can trust!

Forest Service seeks volunteers for Iron Goat Trail

Volunteers are needed to repair winter storm damage and do drainage maintenance on the Iron Goat Trail. A work day is planned for June 4, from 8:45 a.m. to 3:30 p.m.

There will be a free cookout with burgers and hotdogs afterward for the work party. Sign up by calling 206.517.3019 or go to www. trailvolunteers.org.

To reach the trailhead, take the Stevens Pass Highway, U.S. 2, to milepost 55, six miles east of Skykomish, or to milepost 58.3 at Scenic (5.6 miles west of the summit). Turn north onto the Old Cascade Highway, U.S. Forest Service (USFS) Road #67. Proceed to the junction with USFS Road #6710 (2.3 miles from milepost 55 or 1.4 miles from milepost 58.3). Turn onto USFS Road #6710 and proceed 1.4 miles to the Martin Creek trailhead parking lot.

For more information, contact Tom Davis at 360.677.2414 or tdavis@fs.fed.us.

ATTENTION Darrington citizens!

Concrete Herald now includes this Darrington page and is sold at Darrington IGA. Please send rington news, events info, and high-resolution notos to editor@concrete-herald.com or call Editor lason Miller at 360.853.8213.

Questions are welcome too. Welcome aboard! -Jason Miller, publisher and editor





360.436.1008



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Marblemount





Reason to celebrate

What do you do when you complete your cancer treatment? Cathaleen Stewart threw a party.

It's been about four months since Marblemount's Cathaleen Stewart had a chemo treatment, and the two scans she's had since then leave her cautiously optimistic that her cancer is in remission.

"May 6 was my last visit, the 'thumbs up' visit," said Stewart with a big smile.

That's cause for celebration, so Stewart posted an invitation on Facebook to join her at Annie's Pizza in Concrete on May 24 for a "No More Chemo Pizza Party."

The party pulled in more than 30 friends and family members from her Marblemount church, her Perks Espresso co-workers, and her Facebook friends. Stewart looked fit as a fiddle, smiling and joking with the attendees—especially her best friend, Angela Janda.

"I thank Angela. She was a godsend," said Stewart. "She spent the nights with me in the hospital" during her five-day chemo treatments. "At one point, she



Cathaleen Stewart (right) hugged best friend Angela Janda during Stewart's "No More Chemo Pizza Party" on May 24. "She was a godsend," said Stewart of Janda.



was the only one with me, besides my

In October of last year, Stewart was diagnosed with Large B Cell Lymphoma, a blood cancer that affects mainly young, otherwise healthy women. It's relatively rare, making up only 2 percent of all lymphomas. Its cause is unknown, and Stewart can't even point to her family history to explain why she contracted it.

She underwent six chemo cycles to shrink the mass that was growing on a lymph node on the right side of her chest. The mass was large, about the size of a man's fist—a big man's fist. It was pressing against her heart, lungs, and nerves, and constricting blood vessels. Two biopsies later, it was determined that the tumor was cancerous.

After the chemo cycles, scans indicated that the mass has shrunk to about the size of a golf ball—a mostly benign golf ball. Stewart said her oncologist's opinion is that she's in remission, "although I'm not on the official 'remission' list," she said.

Stewart will get another scan of the mass in mid-June, a milestone she's facing with her typical upbeat attitude. "I'd better not get bad news, because this party will have been for nothing!"

In the meantime, she's pressing on toward the goals she had set before her bout with cancer: She's enrolled for fall classes at Skagit Valley College, where she'll study exercise science on her way toward a career in personal training or physical therapy.

"Blast Open the Pass" draws happy dancers

After a hiatus of more than 20 years, the Marblemount Community Club once again echoed with the sounds of celebration.

The revived "Blast Open the Pass" party drew revelers to the hall on May 21 for a taco feed and square dancing, with music by John Rantschler, Roger Weaver, John Boyd, and the Jandas. Celeste Weaver called the square dances.

Want to share news about the evening? Send an e-mail to editor@concrete-herald. com and tell Concrete Herald editor Jason Miller all about it!

Postal news

Electronic Post Office By Kathy Watson

The "electronic Post Office"—providing access to postal products and services—is available 24/7.

What does that mean? A customer who needs stamps but doesn't want to leave the house can go to usps.com/shop. If customers need to send a package but can't leave the office, they can go to usps. com/shipping. And if they need to track a package or find a ZIP code while on the go, they can use the Postal Service's mobile applications.

"We know our customers are busy people and they need simple solutions to conduct their postal business," said Kelly Sigmon, acting vice president for Channel

The Postal Service launched its first mobile application for iPhone, iPod touch, and iPad devices in December 2009. Using this application, customers can find Post Offices, look up ZIP codes, calculate postage prices, and track packages. Since its launch, more than 966,000 customers have downloaded the app and 50,000 use it at least once a week. And the application has consistently been listed as one of the top 10 free business apps on the Apple iTunes App Store.

Last March, the Postal Service launched a mobile application for Android devices. To date, more than 30,000 customers have downloaded the application, which has been listed among the top 25 free business applications in the Android Marketplace.

Nearly 1.5 million customers each day go online to usps.com or use the postal smartphone applications. They can receive an online discount for postage and free Delivery Confirmation service on Priority Mail and Express Mail packages when using Click-N-Ship—a quick and easy way for them to print mailing labels with postage using a desktop computer at home or the office.

When a package is ready to be shipped, customers can schedule free package pickup from their home or office at usps. com/pickup.

Kathy Watson is Postmaster of Marblemount.





Newhalem





Pass opened May 25

Finally! The May 25, noon reopening of the North Cascades Highway marked the second latest since the highway opened 39 years ago. The latest ever was June 14, 1974, and the next latest, surpassed by this year, was in 1976, when it reopened on May 21.

The clearing effort took more than six weeks, compared to just three-and-a-half weeks last spring. Nine feet of snowfall in March and a record seven-and-a-half feet in April on the western slopes of the Cascades kept avalanche control technicians and snow clearing equipment on Stevens Pass until the avalanche threat eased and allowed the team to move up to the North Cascades. There, they found SR 20 buried in snow as deep as 75 feet. Party hearty

A Pass Opening Party coordinated by the Concrete and Winthrop chambers

of commerce was a chilly but fun celebration. Held May 25, just minutes after the North Cascades Highway opened for the year, the gathering brought members of both chambers together at the Washington Pass Overlook, where they exchanged "Pass Offerings"—gift baskets filled with merchandise contributed by businesses from both sides of the mountains.

"It was an important day for all of us." said Valerie Stafford, president of the Concrete Chamber. "This highway offers incredible scenery, amazing recreational opportunities, and the chance for many more people to visit our communities.

One four-footed chamber member joined the festivities: Alex, a dog owned by Sharon Feller of Concrete Dental, insisted on shaking hands with everyone.

Both chambers look forward to celebrating the 40th anniversary of the highway in 2012.



Members of the Concrete and Winthrop chambers of commerce met at the Washington Pass Overlook minutes after the May 25 pass opening, and shared a toast. From left, Steve Mitchell, Winthrop Chamber board member and owner of Rocking Horse Bakery in Winthrop; Lori Loomis, Winthrop Chamber board member and owner of Backcountry Coffee Roasters in Winthrop; Valerie Stafford, Concrete Chamber president and owner of Concrete Theatre in Concrete; and Anne Bussiere, Concrete Chamber board member and owner of Annie's Pizza Station in Concrete. -J. K. M. Submitted photo.

With SR 20 open, **North Cascades National Park puts** out welcome mat

In lock step with the opening of the North Cascades Scenic Highway, North Cascades has opened and is beginning to offer summer recreation and visitor services throughout the State Route 20 corridor.

In addition to hiking, camping, family activities, and ranger programs, NCNP will partner this year with the North Cascades Institute and Seattle City Light to run the Skagit Tours on Diablo Lake. The partnership will offer new adventures for the 2011 summer season.

Join a ranger and North Cascades Institute instructor aboard the Alice Ross III for a boat tour of Diablo Lake. The tour includes a delicious lunch, featuring food from the Skagit "foodshed" at the Environmental Learning Center overlooking Diablo Lake. Tours are Fridays, Saturdays, and Sundays in July and August, with special senior group bookings available on Thursdays.

In addition, National Park Service

rangers and North Cascades Institute naturalists will lead two new tours along the State Route 20 corridor. Join a ranger for a guided walking tour in the historic company town of Newhalem. These tours start at the Skagit Information Center twice a day on Wednesdays through Mondays in July and August, and weekends in September. For the adventurous, explore the Hydro Highway and learn about the North Cascades and Skagit Project by guided van and hiking tour. This field day includes a picnic lunch at a scenic site, plus either a two-mile hike or several shorter hikes. The Hydro Highway Tour is offered Fridays, Saturdays, and Sundays in July and August.

For details on all of the Skagit Tours, go to www.skagittours.com.

Skagit Information Center open This year the National Park Service.

North Cascades Institute, and Seattle City Light will work together to operate the Skagit Information Center in Newhalem, which opened on May 26, providing easy access to fun things to do along the State Route 20 corridor and in the North Cascades. The information center will feature historic artifacts from the Skagit Museum and a new bookstore operated by North Cascades Institute.



A family plays along the shore of Diablo Lake in the Colonial Creek Campground. Photo by David Snyder, courtesy of North Cascades National Park.

The North Cascades National Park Visitor Center is now open daily and will offer a variety of ranger programs this summer, including the free Junior Ranger program for kids 3 and older. A renovated bookstore, operated by North Cascades Institute, provides maps, guide books, and

For details on hiking in North Cascades National Park, visit the Wilderness

See North Cascades, p. 39

The **Skagit General Store** in Newhalem is now open seven days a week, from 10 a.m. to 5 p.m. 206.386.4489.

Mondays

9 a.m.

1 p.m.

Tuesdays

10 a.m.

1 p.m.

11:30 a.m.

Wednesdays

11:30 a.m.

Thursdays

11:30 a.m.

1 p.m.

Fridays

6/14

6/14

6/16

6/23

6/28

6/24

6/29

10 a.m. – 2 p.m.

10 a.m. - Noon

Special Events

11 a.m.

1 p.m.

1 p.m.

Holiday Closures

360.853.8400.

6/17 Furlough Day:

11:30 a.m.

1 p.m.

9 a.m. - 1 p.m.

8:30 a.m. - 3 p.m. Quilting

Concrete Senior Center

June 2011

Activities

Lunch served

Mon. - Fri., 12:30 p.m.

Hoop Quilting

Skip Bo

Movies

Dominoes

Skip Bo

Jiasaw puzzle

Income tax assistance

by appointment

Jigsaw puzzle

Wii Sports play

Jiasaw puzzle

Watercolor painting

Advisory Board mta.

Jigsaw puzzle

Dominoes

Bingo

12:30 p.m. Father's Day Lunch

Foot care by appointment

12:45 p.m. Leap of Faith

12:30 p.m. Birthday Lunch

Bingo

All Skaait County offices closed

For more information, contact Senior Center

Sara Pritchard at sarap@co.skagit.wa.us or

Concrete Herald

Skip Bo

Skip Bo







Seniors





www.concrete-herald.com



Coffee Break

Old friends

By Patrick Kennedy

The past is such a wonderful path to travel. And the Internet can bring old friends together who haven't seen each other for 40 or 50 years. Just send an e-mail to one or more old friends, and start the message with, "Remember when?"

One of the fantastic functions of e-mail is that you can attach a photo to the message and get the old brains stirring up things the others didn't remember. Pictures from the past cross the airwaves and land on desktops everywhere you send them.

The comments will bounce back: "Looking at that picture, and how we dressed." "Check it out, and the hairdos." "Did I wear my hair like that?" "What an ugly blouse I had on!"

"I don't have any records for the '50s and '60s. Do any of you have any records of those years?" one of your friends may ask. And even if someone in your old gang did have these records, which of them would still have a 45 or 78 rpm record player? That would be called hanging on to the past!

"Memory is a way of holding on

Being a Senior Citizen BEING A SENIOR CITIZEN Order your copy of Patrick M. Kennedy's book

www.furrwithretirement.com/beingsenior.ht

to the things you love, the things you are, the things you never want to lose." This, from the awardwinning television show, "The Wonder Years."

Someone will always bring up the malt shop or coffee shop, or the drive-in restaurant with the cheap hamburgers where you met your friends. Or the drive-in theater where you went as a group to watch a movie, but more likely looked at your date.

"Remember the time we went skinny-dipping in the lake and got caught with our pants down literally?" Good stories; they take us back to our vounger years.

"By the way, where is so-andso now? I haven't heard from him or about him for years. Has anyone?" This is a question that always comes up when jaunting down memory lane, the guy or gal who was always way out there and uncontrollable within the social standards assumed by the gang.

The idea of a reunion always gets into the rapping session someplace: "Let's get together someday, somewhere, and have a party." Yes, the Internet gets old friends, stories, and photos in the same world at the same time, but the physical movement of the bodies through the airwaves is not possible—yet. As said, the past is a wonderful path to travel, but the trains, planes, and automobiles have issues. But it can happen if a gang of memories wants to get together again in the real world.

Patrick M. Kennedy is the author of How to Have Fun with Retirement, a sneak peek of which is available online at www.funwithretirement.com.

Way Back When

80 years ago

June 11, 1931: Superior Portland Cement, Inc., closed negotiations last week for a five-year lease on the plant and all equipment of the Pacific Coast Cement company in Seattle. The local concern will take possession of the Seattle plant and its quarries in Alaska on July 1.

There is no present intention of closing either plant, or even curtailing operations. Both plants will continue in steady operation, and no change in personnel is contemplated, except that C. L. Wagner of Concrete will be the general manager of both concerns. The offices of the Seattle plant will be closed, and all accounting will be handled through the local office of the Superior company.

70 years ago

June 19, 1941: The annual Cascade Days celebration, which reached a climax as one of the most successful of county celebrations last year, will not be put on as planned this August.

The decision to forego the event was reached Monday evening when the second consecutive meeting of the Booster Club failed to draw enough interested members to conduct the business that had to be done to get the celebration under way. The regular meeting last month passed with few showing up, and the special celebration meeting called for Monday brought out only a few of the faithful

60 years ago June 21, 1951: An early

morning fire at the Rusdick Mill at Van Horn cost the community a valuable payroll Wednesday when the mill burned to the ground. Estimates of the loss are upwards of \$100,000 in mill equipment and finished lumber, and around \$9,000 a month in payroll. The mill was completely covered by insurance and present plans are to rebuild as soon as possible.

The blaze started in the furnace room and was discovered by the watchman about 4 a.m. He had wet down the mill platforms and other danger spots as usual during the night, but when the fire broke out he was unable to start the pump. By the time he had roused the residents nearby, the entire mill was a raging inferno.

50 years ago

June 22, 1961: Big kids, little kids, fire wagons, and bicycles provided the town with a parade last Wednesday afternoon as the young folks of the community made their effort to show the older folks how Flag Day should be observed.

Bearing flags of all sizes, from the large Legion standard carried by Commander Hoover, to the tiny ones waved by the little tots, the group brought a refreshing bit of patriotism to Main Street.

40 years ago

June 3, 1971: Edward V. Pressentin, lifetime resident of the upper Skagit Valley and son of an early day pioneer family, died Tuesday morning at United General Hospital.

Mr. Pressentin was born May 12, 1889, in Birdsview. He operated

See Wav Back, p. 29

Way Back, cont. from p. 28

a general merchandise store at Rockport from 1917 until his retirement in 1958, and served as postmaster for 35 years. He also was involved in the logging industry for many years.

30 years ago

June 18, 1981: Lone Star Industries wants to give the municipal water system to the Town of Concrete. According to Lone Star officials, the company no longer wants the water system and its problems, and is willing to work with the town to help Concrete take over the utility.

Town Councilman Herb Larsen stressed that the water system, as it is now, would operate at a loss unless money is spent to repair the major problems.

Senior driver refresher sessions announced

SKAGIT COUNTY — The next scheduled sessions of "Getting There Safely," a senior driver refresher course, will occur through August 2011 on the following dates:

- June 9–10
- July 7–8
- Aug. 4–5

The class will be held at the Mount Vernon Senior Center, 1401 Cleveland Ave., Mt. Vernon.

The eight-hour class, divided into two four-hour sessions, is designed for senior drivers. The sessions will run from 9 a.m. to 1 p.m. both days. People 55 years of age and older who complete the program will qualify for a modest reduction in their automobile insurance.

There is a \$10 fee per person for this class.

For details or to enroll, contact Kathryn Bowen at 360.336.9333. ext. 13140#, or through the Skagit County Public Works Department at 360.336.9400, ext. 3140. All participants must pre-register.

An occasional comment By Jeanne Malbrain

Oh my goodness! First we have John Edwards, and now, Arnold Schwarzenegger, not to mention the French IMF guy. Whether he is married or not, did he exert force? If so, he doesn't belong in the group above.

In forcible rape cases, women, the less stronger of the two, are the victims. But why are the women in affairs *always* portrayed as the victims?

I suggest that men of that position had some "consent" in these cases. The women involved knew that the men were legally married to trusting wives, and could have refused, even laughed in their faces and said, "You've gotta be kidding." Why didn't they? Because they didn't!

I do not speak from ignorance. I've been there (very few times, thank goodness), and laughed at such stupidity. The results showed "little boys like whipped dogs," with their tails you know where.

Mississippi River floods

The Mississippi River originates in Itasca State Park, Minn. My hometown of Hastings was about halfway to the southern border between Minnesota and Iowa, and the eastern border between Minnesota and Wisconsin. There is a considerable bend in the river just before my hometown, which tends to slow down the flow. There was a levee fronting the river at Hastings, and it never flooded to my knowledge. However, just south of Hastings lies what was called bottom land. Nobody would think of building a house on that land, because every spring it flooded. The rest of the year, farmers ran pigs, cattle, and other livestock on that land, because the grass was so lush.

Carete Herald

a tree!

Is there a lesson here somewhere?

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By David McAllister

At the center of the universe is a relationship.

All of creation coming about by means of God the Son. The first relationship in the Garden being shattered because of mistrust. God the Father loving those who are dead set against Him and His reign. His working to reconcile all things to Himself through the One with whom He is well pleased. God the Spirit serving (in relationship to Mary) as the divine source of the Word who became flesh. That same Spirit later falling upon Him as proof of that central relationship. Jesus Christ being sent among them, not to condemn them, but rather to save them. The Son glorifying the Father throughout His earthly ministry. And the Father glorifying the Son through His being lifted up for our sake. God the Father calling God the Son to lay down His life. The Son glorifying the Father through humble obedience. A relationship deep enough to bear the weight of a Son being stricken by His Father. And that separation ultimately bringing about a healing that could have never come apart from such an act.

At the center of the universe is a relationship.

This relationship existed without any



origin of its own. Yet it has served as the basis for many origins, both in our being born and our being born again. These divine members share a love and bond so close that they truly are one. From that unity comes an invitation for us as humanity to take up our cross and thereby enter into that glorious union. Those who were once His enemies are now called His friends, having been justified in accordance with that relationship. Those who have been set free have in turn become slaves to God, a relationship that finally offers our souls rest. And we who hunger and thirst for righteousness have been called to go out and proclaim that relationship to the ends of the earth.

At the center of the universe is a relationship.

A relationship that by its very nature is exclusive only to those who come to the Father through the Son. We who have drawn near to the Father (by the work of the Spirit) have been ushered into a relationship with a high priest who meets all our needs, beginning with the offering of Himself. This relationship is one of incredible freedom, for through the Son we have been crucified to this world. Those who live no longer live for

themselves but for the One who reveals the Father. By relationship, our old life is over, for it is Christ who is living in us. God the Son now stands before His Holy Father, interceding for those who believe by means of this extended relationship of grace. And the Spirit of God now works in those who come to Christ so that they might be transformed into His same likeness.

At the center of the universe is a relationship.

Dave McAllister is a graduate of Regent College in Vancouver, B.C., and *currently is pursuing full-time pastoral* ministry.

Why don't people like **Christians anymore?**

Kirk Minor remembers a time when working with his church was centered around people and not rhetoric—and he's wondering where those days went.

"There's an old axiom that states 'Those who speak, don't know, and those who know, don't speak," said Minor, a retired pastor and author of *Journey Across The* Tiber: My Many Rooms.

"We're finding more and more that there are a lot of people out there doing a lot of talking and protesting and bellyaching, but fewer people actually walking the walk.

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We have extremists protesting at soldiers' funerals, pundits decrying the use of abbreviations for the word Christmas, and activists campaigning for prayer in public schools. These are all very divisive issues, and have little to do with the good works the Bible wants the faithful to perform. And people wonder why the media tide is turning against people of faith."

Minor believes that there is a very vocal contingent of religious leaders who are using the Bible not as a teaching tool, but as a bludgeoning tool, which was not how the book was intended.

"If there is something about society that vou don't like, chances are vou can find a quote in the Bible that demonizes it," Minor said. "It's not difficult to take just about any reference material, secular or nonsecular, and use it as a means to pit people against each other. But that's not what the Bible was meant to do. It was meant to bring people together, to teach charity and tolerance, and to bring about peace and harmony. I think it's time that pastors and people of faith stand up and recognize the elephant in the room. Too many people are using religion as a sword to fight those with whom they disagree, instead of as a plowshare to help their fellow neighbors tend the land and form a community."

The key to reversing the trend, according to Minor, is to use actions more than words, and for people of faith to quietly go about the good works and charity that is at the essence of the Bible's teachings.

"In the face of all the shrill voices that capture the media's attention, good people sometimes wonder what they could possibly do to make a difference," he said. "Shouting louder than the other guys only results in more shouting, which never gets anything done. The key is to go about your life, as one of the faithful. and to make sure you actually do at least one thing each day that reflects the faith in which you believe. The Bible has endless passages about charity, comforting the sick, and providing shelter for the poor. Imagine how many of our unfortunate brothers and sisters we could help raise up from their situation if everyone who calls themselves Christian did one kind act each day to help their neighbors. Imagine the impact on the world when literally millions of people—all at once—stand up and, instead of talking about their faith, actually act on it. That's the world the church was built to realize. That's the kind of world that can only become a reality when people of faith band together and commit themselves to achieving it."

A Concrete caller reported a suspicious

Sheriff's blotter

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with rising fuel prices.

A Concrete caller reported that someone

siphoned 10 gallons of gasoline. Gasoline

thefts are becoming increasingly frequent

A motor vehicle accident occurred in the

Marblemount area, in which a car collided

with a deer. The driver and passenger were

A Cape Horn caller reported the theft of

A Concrete caller reported approximately

10 subjects standing around getting ready to

fight. Deputies responded and were unable

Multiple vehicles were reportedly racing

A Hamilton caller reported a loud party with many people and vehicles. Deputies

A Burlington caller reported that he had

a gun to his head and was going to shoot

himself. Deputies responded, determined

subject to a hospital for medical assistance.

A Hamilton caller reported two females

A Concrete caller reported that a subject

A Hamilton caller reported a subject was

dumping garbage across from their residence.

A Concrete caller reported that her son

A Concrete caller reported a loose bull

had been bitten during Little League

with whom they share a private road

attempted to run them off the road.

and he could not exit safely.

there was no gun, and transported the

from Cape Horn westbound on South

drilled the lock out of his gas cap and

April 24

April 25

injured.

April 26

April 27

April 28

April 29

April 30

May 1

May 2

May 3

May 4

May 5

May 6

picture day.

in the road.

May 16

May 17

through the gate.

theft of a digital camera.

his prescription medication.

to locate any subjects.

Skagit Highway.

dispersed the party.

fighting in the street.

subject in a van pulled off the road in a gully. Subject was eating her lunch.

May 18

A Lyman merchant reported repeated cases of a customer paying with "account closed" checks.

May 19

A Day Creek caller reported that he and three others had been forced to leave a friend's residence and were now stranded without a ride.

A Sedro-Woolley caller reported that a subject pulled a knife on him in retaliation for calling the police the previous day.

May 20

A Lake Tyee caller reported damage to the community's guard shack. The damage A Concrete caller reported a fist fight in appeared to be caused by a vehicle going the street between two male subjects. **May 21**

A Concrete caller reported that a subject A dispute occurred in Cape Horn over the broke into his house and assaulted him in the head with a baseball bat.

> A Cape Horn caller reported damage to the Cape Horn park.

May 22

A gargoyle was stolen from an undisclosed location in Alger.

A Concrete caller reported receiving threatening messages via Facebook.

Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence when, in the discretion of the agency, the release of information will enhance public safety and protection.

Cole, Jason Carl

Age: 24 Race: W Sex: M Height: 5' 10" Weight: 165 Hair: Brown Eves: Blue

A Day Creek caller reported there was a Address: 5xx Sapp large aggressive dog outside of his vehicle Rd., Sedro-Woolley

Cole was convicted of third degree rape of a child and second degree child molestation in Skagit County in June 2007. His victims were females between the ages of 12 and 14 who were known to him.

Cole is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

Source: Skagit County Sheriff

AREA FOOD BANKS

Clear Lake

Community Covenant Food Bank Next to church at 12605 Hwy 9, Clear Lake For a referral, call Love Inc. at 360.419.7061

Concrete **Concrete Food Bank**

between 9:30 a.m.-3 p.m.

112 E. Main St., Concrete Second, third, and fourth Thur, each month. Noon-3 p.m. 360.853.8505

Darrington Darrington Food Bank

First Baptist Church 1205 Emmens St., Darrington First and third week each month: Wed. and Thur., 10-noon and 1-2 p.m. 360.436.1671

Hamilton

Hamilton Community Food Bank 951 Petit St., Hamilton Every Tue., 11-noon and 1-3 p.m. Commodities distributed first Tue, each month 360.826.4090

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Shepherd's Heart Food Bank 8334 S. Main St., Lyman Thur. 11 a.m. – 2 p.m. Third Thur. each month till 6 p.m. 360,424,4927

Marblemount

Bread of Life Food Bank 59850 State Route 20. Marblemount First and third Wed. each month 11 a.m.-5 p.m. 360.873.2504

Sedro-Woolley

Helping Hands Food Bank 250 W. Moore St., Sedro-Woolley Wed., 10-11:45 a.m. and 12:30-4 p.m. Commodities distributed first Wed. each month 360.856.2211

*Changes? Call 360.853.8213.

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Sun. worship: 10 a.m. Tue.: Men's meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women's Bible study, 6:30 p.m. Bruce Martin, pastor

North Cascade Community Church 59850 SR 20, Marblemount 360.873.2504 // www.mmag.net Sunday School: 9:30 a.m.

Sun. worship: 10:30 a.m. Wed.: Teen Connection, 6 p.m Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.) Thur.: Men's Breakfast, 8 a.m.

Baptist

E-mail: pastordave@fastmail.fm

Dave Nichols, pastor

First Baptist Church 12732 Hemlock St., Clear Lake 360.856.2767 Sunday School: 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: pastorjohn@firstbaptistclearlake.com

Worship directory Hamilton First Baptist Church 797 Hamilton Cemetery Rd. at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor

Lyman Baptist Church 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.

Catholic

St. Catherine Mission Church 45603 Limestone St., Concrete Office: 855.0077 Weekday hours: 9:30 a.m.-1:30 p.m. Sun. Mass: 8:30 a.m. Father Martin Bourke, pastor

Covenant

Community Covenant Church 12605 Highway 9, Clear Lake 360.856.1023 // covenant@wavecable.com www.clearlakecov.org Sunday School: 9:30 a.m Sun. worship: 11 a.m. Call for weekly youth group/Bible studies Tim Hedberg, pasto

Presbyterian

Mount Baker Presbyterian Church 45705 Main St., P.O. Box 246, Concrete Church 853.8585; office 595.0446 www.mtbakerpresbyterian.synodnw.org Sun. worship: 8 a.m.; Wed.: 7 p.m. Tom Ross, pastor

Lutheran

Shepherd of the Hills Lutheran Church 46372 Main St., Concrete / 853.8814 Sun. worship: 10 a.m. Marcus Stroud, pastor

Nondenominational

Community Bible Church 45672 Limestone, Concrete: 853.8511 E-mail: cbcofconcrete@earthlink.net Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children's Ministries at both Contact church for other ministries Rob Thomas, pastor

Rockport Christ the King Comm. Church 11982 Martin Rd., Rockport, WA 98283 Church office: 853.8746 Pre-service fellowship: 9:30 a.m Sun. service: 10 a.m. Sun. eve. Bible study: 5 p.m.

To add your place of worship to this directory, call 360.853.8213 or e-mail

Worth repeating ...

"The higher the hill, the

-John Wycliffe

"There is no worse screen to block out the Spirit than

editor@concrete-herald.com.

stronger the wind: So the loftier the life, the stronger the enemy's temptations."

"There is not one blade of grass, there is no color in this world that is not intended to make us reioice."

confidence in our own intelligence.'

—John Calvin

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Health







The clinic By Jeanne Malbrain

She was a pretty young girl working as a lab technician in her native state of Virginia, dreaming of becoming a nurse He had just secured a lab technician job where she worked and he dreamed of becoming a doctor. They met. They became engaged in January and married in June.

One of them had to realize the dream, for they decided both at one time would not fit their budget. They decided he would enter medical school. He did at great expense. And now the job of finding a practice to purchase. They agreed they didn't want a Beverly Hills or any big city practice, but rather in a small, rural, underserved town where his practice would make a difference in the lives of people living there. The search was on.

They traveled to many places and looked at many possibilities. Nothing

seemed quite right until one day they were asked to look at a little mountain town called Concrete, Washington. Concrete? Why would anyone name a town Concrete? Intriguing! Maybe worth looking into.

The town's beloved doctor had died two years before. His widow, Evelyn Monzingo, wondered if she would ever sell her late husband's practice. The couple looked over the practice records and listened to the widow's description, and considered the possibility. It sounded like the dream they had set for themselves, a small town where they could truly serve the needs of the people. They returned to meet with the widow, accepted the practice, and launched the career of Daniel Garcia, M.D.

As the practice grew, it was evident that the quarters they occupied had become too small, so the search for a larger space began. Each available facility had

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See Clinic, p. 39



East Valley Medical is located at 7438 South D Ave. in Concrete. For a schedule of its hours, call

Five keys to maintaining oral health

percent effective.

By Ryan Johnstun, DDS

As a dentist I view it as my job to keep people's mouths healthy, functional, and beautiful. While needs vary from patient to patient, there are five keys that I have found to help people maintain health, function, and beauty in their smiles.

1. If you lose them, replace them.

Replacing lost teeth (with few exceptions) will help to keep your bite in a proper relationship. This reduces stress on the remaining teeth and can help stop the chain reaction of losing more teeth. 2. The best toothbrush is only about 60

And that toothbrush is an electric one! Classic, handpowered toothbrushes are even less effective. There are many spots in your mouth where food and

bacteria can hide. Flossing helps, and oral irrigators such as a Waterpik help even more. To be most effective, there is no substitute for a professional cleaning. 3. Ignoring problems makes them worse.

Most dental problems are irreversible. Cavities grow larger and may go from what could have been fixed with a filling. to needing a crown, then possibly root canal therapy. The silent killer of teeth

is gum disease. It progresses slowly, and usually by the time problems are noticed, the gums and bone around teeth have been severely compromised. Early signs and symptoms include bleeding gums, dark red-purple-bluish gums, movement of teeth (front teeth have become more crowded, or spaces have developed), and exposed roots of teeth.

4. The primary cause of most dental disease is bacteria.

The mouth has hundreds of types of bacteria, but only a handful are harmful. Bacteria cause cavities; different bacteria cause gum disease. Controlling these bacteria and counteracting their effects is key to avoiding disease. That said, other factors such as smoking, acidic food and drinks, and grinding also play a role in tooth destruction in certain individuals.

5. Dental insurance coverage is based on their criteria—not your needs.

While dental insurance is wonderful for those who have it, it does not cover everything. I diagnose and recommend treatment based upon individual needs, not based on the patient's plan. Just because insurance does not cover a certain treatment, does not mean it is not

Ryan Johnstun DDS owns Darrington Family Dental in Darrington, Wash.

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Editorial. cont. from p. 2

stories were moving and very emotional, challenging those preconceived notions we all carried in our minds.

The statistics challenge those perceptions too:

- Skagit County doesn't import poverty. In Community Action's most recent (2009) survey of 656 low-income households (2,215 adults and children), 77 percent had lived in Skagit County for four or more years.
- More than half of respondents, at 52 percent, said that in the last 12 months they had to choose between paying the rent or mortgage and

other basic needs, and that 41 percent have had to share housing to avoid homelessness.

- The one-day homeless count in January 2010 found 2,426 homeless individuals in Skagit County, one of the highest per capita homeless counts in the state. Of these, 1,188 were 12 years or younger. All but 13 of this total were from Washington State, and the vast majority were from Skagit County.
- Approximately one of four families relies on local food banks to put food on their table.

Speaking of misconceptions, I have to mention an item in our information

packets, an undated commentary by columnist Leonard Pitts Jr., titled "Treating the poor like strays," in which he quoted South Carolina Lt. Governor Andre Bauer, who was running for governor at the time.

Speaking of those receiving public assistance, Bauer said, "My grandmother ... told me as a small child to quit feeding stray animals. You know why? Because they breed. You're facilitating the problem if you give an animal or a person ample food supply. They will reproduce, especially ones that don't think too much further than that. And so what you've got to do is you've got to curtail that type of behavior. They don't know any better."

June 2011 • Concrete Herald • 33 Yikes. I hope I'm never stranded on a

desert island with that guy.

What can we do about poverty? Commit to making a difference in the

lives of people who experience poverty. Talk about poverty and learn more about it. Go to www.movethemountain.org and

www.centertoendpoverty.org. Volunteer with organizations that are helping people in poverty (maybe start with the list of food banks on p. 31).

Write letters to government officials, newspaper editors, local business leaders. Socialize with people of all socioeconomic backgrounds. Remember: We're all in this together.

-J. K. M.

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2012 Calendars - Bookmark/Greeting Cards -Magnetic Bookmarks - in incomparable local scenery & native wildflowers. Sauk View Gallery Hwy 20 and S. Dillard, Concrete. 360.853.8209 Thur-Mon 10 am to 6 pm; Noon to 6 pm Sun.

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Neapolis Restaurant

Authentic Mediterranean, dine-in or take out 108 W. Moore St., Sedro-Woolley Sunday through Thursday, 11 a.m. to 9 p.m. Friday and Saturday, 11 a.m. to 10 p.m. 360.855.1400

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Your life. Your stories. Your news.

Concrete Herald

The Voice of Eastern Skagit County





Out & About





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Mount Vernon

Summer HD Encores series returns to Lincoln Theatre

Beginning June 15, the Metropolitan Opera in New York will again present Summer HD Encores, a series of screenings from the groundbreaking Live in HD series, in more than 425 movie theaters across the U.S. including the historic Lincoln Theatre. The operas from the award-winning series will be screened on Wednesday evenings at 6:30 p.m., beginning June 15.

This summer's Encores series offers screenings of six classic Live in HD

- June 15: Puccini's Madama Butterfly
- June 22: Donizetti's Don Pasquale
- June 29: Verdi's Simon Boccanegra • July 13: Donizetti's La Fille du
- Régiment
- July 20: Puccini's Tosca
- July 27: Verdi's Don Carlo

Tickets are \$11–\$15 for Met Opera encores, with \$2 off for Lincoln Theatre members.

Tickets are on sale for Summer HD Encores now and may be ordered by visiting www.iLovetheLincoln.com.

The Metropolitan Opera's 2011 Summer HD Encores schedule includes the following six classics.

Madama Butterfly

carhartt.

Academy Award-winning film director Anthony Minghella's production of Puccini's classic opera stars Patricia Racette in the title role. Marcello Giordani

is her lover, the callous Pinkerton, and Dwayne Croft sings the role of Sharpless. Don Pasquale

Soprano Anna Netrebko is Norina, the irresistible and clever romantic heroine of Donizetti's comic opera, who conspires with Dr. Malatesta (Mariusz Kwiecien) to teach a middle-aged miser (John Del Carlo) an unforgettable lesson about love and marriage.

Simon Boccanegra

Four decades into his legendary Met career, Plácido Domingo made history by singing the baritone title role of Verdi's Simon Boccanegra. Adrianne Pieczonka sings the role of Boccanegra's long-lost daughter Amelia, with Marcello Giordani as her lover Gabriele Adorno, and James Morris as Fiesco, Boccanegra's nemesis. La Fille du Régiment

Natalie Dessay is the title tomboy in Donizetti's comedy, with Juan Diego Flórez as Tonio, the soldier who is willing to go to great lengths to win her love. The supporting cast includes Felicity Palmer as the Marquise of Berkenfield, Alessandro Corbelli as Sulpice, and Marian Seldes as the Duchess of Krakenthorp.

Karita Mattila lives for art and love as the passionate title character of Puccini's opera. Luc Bondy's production co-stars Marcelo Álvarez as the painter and revolutionary Cavaradossi, and George Gagnidze as the corrupt villain Scarpia.

Don Carlo

Tony Award-winning director Nicholas Hytner made his Met debut with this new production of Verdi's monumental grand opera. Roberto Alagna is the conflicted title character.

CARHABIT SCHORT SLEEVE WORKWEAR POCKET T-SHI IS AN ALL-PURPOSE WORK SHIRT THAT IS PERFECT IN WARM WEATHER OR FOR LAYERING WHEN IT GETS GOLD THE MADE OF 6.75-COUNCE, TOOK COTTON JERSEY MAIN AND FEATURES A RIB-KNUT COLLAR AND A LEFT CHEST

OLIVER-HAMMER

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Berry Dairy Days returns June 16-19

Billed as "Burlington's oldest and sweetest festival," the Berry Dairy Days festival kicks off summer during the Father's Day weekend, June 16–19.

Major scheduled events include a fireworks show June 17 at 7 p.m., parades, Kiwanis salmon barbecue, an entertainment stage with live music, the Berry Cool Car Show, and, of course, fresh local strawberry shortcake available every day.

For more information and the Berry Dairy Days schedule, call the Burlington Chamber of Commerce at 360.757.0994 or go to www.burlington-chamber.com and select "Berry Dairy Days" from the "Community Events" drop-down link.

Bow

"Gardening for Wildlife" workshop

Learn how you can have your backyard garden designated as a wildlife habitat at this free upcoming community event.

Learn how to attract birds, butterflies, and other wonderful wildlife to your garden. You also will discover the benefits of native plants and learn how you can create a beautiful landscape that reduces pesticide and water use, protects water quality in local creeks, and provides a haven for people and local wildlife.

Learn how gardening practices can help protect the Samish River "one backyard at a time." This exciting and fun workshop will be June 7 from 6:30 to 8:30 p.m., at the Blanchard Community Club, located at 3606 Legg Road in Bow.

The event is hosted by volunteers and residents from the Blanchard area in partnership with the Skagit Conservation

Register with Kristi Carpenter, Skagit Conservation District, at 360.428.4313 or kristi@skagitcd.org.

La Conner Ouilt and Textile Museum has issued a call for entries for its first International Juried & Judged Show, sponsored by the museum.

Entries will be accepted in the following categories: Traditional, Nontraditional, Wearable Art, and Eco-Green. Winning entries will be featured in a special exhibit at the La Conner Quilt & Textile Museum titled "AWE: Award Winning Entries," from Oct. 5 through Dec. 30.

The deadline for entry is June 15. To download an entry form, go to www. laconnerquilts.com.

Anacortes

Anacortes Ferry Dock Rehabilitation Project and Guemes Island Ferry Dock Repair Project ceremony

SKAGIT COUNTY — On June 7 at 1:30 p.m., Skagit County will hold a ribbon-cutting ceremony for the Anacortes Ferry Dock Rehabilitation Project and the Guemes Island Ferry Dock Repair Project. The ceremony will take place at the Guemes Island Ferry Terminal located at 500 I Avenue, Anacortes. The public is invited to attend.

The Anacortes portion of the combined project included the replacement of bridge bearings and 10 pre-stressed concrete bridge girders, new bridge and pedestrian railings, and new asphalt paving of the bridge deck.

The Guemes Island project included the placement of new steel bridge girders, a cast-in-place concrete bridge deck, a reconstructed bridge cap beam, replacement of bridge bearings, and new bridge and pedestrian railings.

The projects were made possible by grants from the Ferry Boat Discretionary fund and the Bridge Replacement Advisory Committee.

La Conner

La Conner Quilt & **Textile Museum to hold** juried and judged show

Gardening briefs

It's apple season, and with it comes an unwanted pest, the apple maggot.

In Washington State, homeowners have a legal responsibility to manage insect pests that reside in backyard fruit trees. To prevent apple maggots, monitor their presence and place apple maggot traps and lures in fruit trees to detect the first emergence of the fly.

For more information or to purchase apple maggot traps and lures, visit the WSU Skagit County Extension office located at 11768 Westar Lane, Ste. A. Burlington, or call Skagit County Horticultural Pest Control Coordinator Doug Karr at 360.428.4270, ext 233.

A WSU Know & Grow Workshop titled "Know Your Bugs" will be held June 14 from 1 to 2:30 p.m., at WSU Mount Vernon NWREC Sakuma Auditorium. For more information, call 360.428.4270 or go to http://skagit.wsu.edu/mg.

Home & Garden

RENT A BED in the Angele Cupples **Community Garden, Concrete**

> **4' x 8'** \$25 per year 4' x 10' \$35 per year

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Info: Jason Miller: 360.853.8213 goodwords@frontier.com or Marla Reed: 360.391.2589 marla.mr@frontier.com

Lyle's Flower House

Zonal geraniums, bedding plants, hanging baskets, containers, large tomatoes, peppers, cabbage, herbs. 832 Alexander St., Sedro-Woolley Open 7 days/wk, 8-6 // 360.421.4117

Outdoor markets open in eastern **Skagit County**

Ham Herman, 12, of Finney Creek, will be at the Concrete Saturday Market most holiday weekends

this summer, offering his homemade birdhouses. The market is open every Saturday from 9 a.m. to

4 p.m. through Sept. 10. The Sedro-Woolley Farmers' Market is open Wednesdays from 3 to 7 p.m.,

Eastern Skagit County's two primary outdoor markets are now open for business.

The Concrete Saturday Market opened on Sat., May 28. Located at the Senior Center in Concrete, the market will be open from 9 a.m. to 4 p.m. every Saturday through Sept. 10.

The market is a colorful cornucopia of arts, crafts, music, food, and produce from neighboring farms. Visitors find organic vegetables and fruits, homemade jam, framed art and photographs, woodcrafts and sewn goods, glass art, jewelry, soaps, lotions, perfumes, and more.

The market also offers a food wagon with breakfast and lunch menus—both made fresh. On most Saturdays, the market hosts local musicians sharing their art. Concrete Chamber of Commerce is on hand too, for information on the town and local events.

For information on Concrete Saturday Market, call 360.853.8505, e-mail

concretesaturdaymarket@gmail.com, or go online to http://sites.google.com/a/ dishmail.net/concretesaturdaymarket.

The Sedro-Woolley Farmers' Market opened May 18 and offers fresh food every Wednesday from 3–7 p.m. through Oct. 12. Market vendors set up in Hammer Heritage Square.

This year the market celebrates its 10th anniversary with many special events and several new vendors. The market offers fresh produce,

yummy baked goods, organic meat, divine cheeses, seasonal flowers, hot soup of the day, grilled organic burgers, homemade tortillas and quesadillas, handcrafted soaps, fresh roasted coffee beans, original art, and many handmade items, including socks and jewelry, said Melissa Warner, market manager.

For more information about the Sedro-Woolley Farmers' Market, go online to www.sedrowoolleyfarmersmarket.com.









Smile







Snowed in

Wit from the Herald's former editor

Dwelleyisms

"The proposed law to let drinking establishments stay open until 2:00 Sunday morning has failed to pass. It was necessary anyway. A fellow who can't get enough by midnight just isn't trying." -March 10, 1955

"Auto tires soon will be offered in colors to match your car. The next step will be false eyelashes and mascara for the windshield wipers."

-March 17, 1955

"A man happily never knows all his enemies or all his friends. About the only way he can judge how he is doing is note, each time he is tripped up, if there was someone standing by to help him up

"Funny how the man who always wants to retire never has the money, and the man who has the money never seems to want to retire."

-March 24, 1955

"About all the satisfaction that can be drained from a lot of possessions is the anticipation that some day they may be valuable antiques."

-May 25, 1961

Ole and Lena were sitting down to their usual cup of morning coffee, listening to the weather report coming over the radio: "There will be 3 to 5 inches of snow today and a snow emergency has been declared. You must park your cars on the oddnumbered side of the streets."

Ole got up from his coffee and replied, "Jeez, OK."

Two days later, again they were both sitting down with their cups of morning coffee and heard the weather forecast: "There will be 5 to 7 inches of snow today and a snow emergency has been declared. You must park your cars on the evennumbered side of the streets."

Ole got up from his coffee and replied, "Jeez, OK."

Three days later, they both were once again sitting down with their cups of coffee and the weather forecast was. "There will be 6 to 8 inches of snow today and a snow emergency has been declared. You must park your cars on the—" and then the power went out so Ole didn't get the rest of the instructions.

He said to Lena, "Jeez, what am I going to do now, Lena?"

Lena replied, "Aw, Ole, yust leave the car in the garage."

Concrete Harold

By Joyce Harris



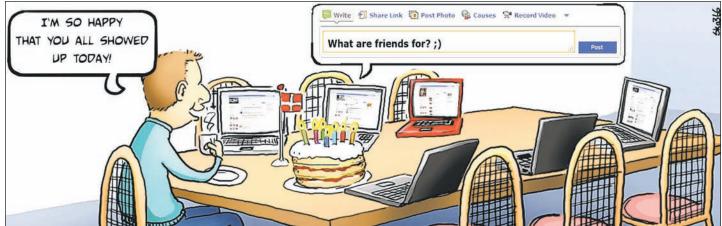
An Elf's Life



By Jonathan Carter

Public Service Announcement

By Stig Kristensen



Crossword

www.concrete-herald.com

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
23				24					25				26	27
28			29				30	31				32		
			33			34				35	36			
	37	38							39					
40						41								
42					43				44			45	46	47
48			49	50				51				52		
		53				54	55				56			
57	58					59					60			
61						62					63			
64						65					66			

Across

- 1. '60s rock group, with Corner
- 9. Partition
- 14. Lion's beard?
- 15. Type of insurance for
- 16. Pointed arch
- 17. Nose out
- 18. Tapi endinas 19. Rich tapestry
- 20. Place for pessimists
- 23. Virgo month
- 24. Cries at a circus
- 25. Keen
- 28. Swimmer's gear 30. Banned pesticide, for short
- 32. "Star-Spangled Banner" preposition
- 33. Tonque
- 35. Conundrum 37. Invest in a risky fashion
- 40. Witch
- 41. Bean
- 42. Grevhound, e.g.
- 43. Magazine revenue source 44. Come back again
- 48. Go up and down

- 51. Supporting 52. Grassy area
- 53. Investing term that came from poker
- 57. Salad oil holder
- 59. Old audio system
- 60. Horse course
- 61. Where to get a fast buck?
- 62. Fall locale 63. Anatomical network
- 64. Experiments
- 65. Used to be 66. Four's inferior

Down

- 1. Cells in the sea? 2. Improvised
- 3. Captivate 4. At no point in time,
- contraction 5. Native American people
- 6. Scottish water areas

12. "Desperate Housewives"

7. Mosque V.I.P. 8. City in Arizona 9. Drenches

11. Great musicians

- 10. Wading bird
- 56. Legal wrong 57. PC component, for short

actress, first name

21. A chemical salt

26. Romeo or Juliet

29. Distinctive flair

31. Angry outburst

34. Investor's alternative

35. Inquisitive people

36. Look at flirtatiously

30. Beach sights

13. Court matter

22. Deserter

27. Blunder

37. Constant

38. Flower starts 39. Belladonna poison

40. ABC's rival

45. Plant

43. Amazement

46. Fertility goddess

49. Driving hazard

51. Flute player 54. Consider, with on

55. Cover up

50. Common carriers

47. American sharpshooter

58. Delicacy

By Myles Mellor | Sudoku

By Myles Mellor and Susan Flanagan

Each Sudoku puzzle consists of a 9x9 grid that has been subdivided into nine smaller grids of 3x3 squares. To solve the puzzle, each row, column, and box must contain each of the numbers 1 to 9.



*Solutions to both puzzles are on p. 38.

A sensitive man

The room was full of preanant women with their partners, and the instructor was in full swing, teaching the women how to breathe properly and telling the men how to give the necessary assurance to their partners at this stage of the preanancy

"Ladies, remember that exercise is good for you," said the instructor. "Walking is especially beneficial; it strengthens the pelvic muscles and will make delivery that much easier."

The instructor looked at the men in the room and said, "Gentlemen, remember: You're in this together. It wouldn't hurt you to walk with her."

The room grew quiet as the men absorbed this information. Then a man in the back slowly raised his hand.

"Yes?" answered the teacher.

"I was just wondering," said the man. "Is it all right if she carries a golf bag while we walk?"



To volunteer for KSVU call 416-7001 To sponsor KSVU call 416-7711

Williams' other daughter, Nellie, serves as president of the project.

"My whole life I wanted to carve something like this," said Williams. "But I didn't want to do it because of the loss of my brother."

Williams is interrupted constantly by well-wishers and people who want to get their picture taken with him. He obliges quietly. One man in a wheelchair with difficulty controlling his hands asks Williams to remove his wallet from a zippered pouch on his chair. Williams does, removing a donation the man requests. Williams then puts a feather in the man's hand for a moment.

"It was a blessing," he said later. "I could feel he was in pain."

Williams is in pain too, but the carving helps, he said. The City of Seattle recently agreed to pay the Williams family \$1.5

million, but Rick Williams won't see a penny of it, because, according to family attorney Tim Ford, John T. Williams did not have a will. State law stipulates that without a will, the money goes first to a spouse, then children, then the parents. With the first two nonexistent, the money will go to Williams' mother; Williams will continue to live off donations, and eventually, compensation for the poles.

"I'm not grieving. I'm healing," said Williams. "This is taking the anger out of me. When I'm not carving, I stop and stare at the water."

Learn more

To find out more about the John T. Williams Memorial Totem Pole Project. join Facebook and search on that name, or send an e-mail to totempoleproject@



Rick Williams' cousin and project partner, Dennis Underwood, draws his 4-inch blade along the second of two 30-foot poles. He wears two buttons on his headband: one a memorial button for John T. Williams, the other depicting one silhouette figure shooting another. The second button says, "Caution: Police in Area.

Pickup or Delivery Open M-F 7:30-4:30 • Sats by appt.	"Few Try Harder at Customer Service."	Landscapers: Medium bark and topsoil available! Call for prices.	Sand and Gravel Products Crushed Rock Seasonal Landscape Supplies	
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Bank, cont. from p. 5

approximately \$140 million in assets and \$130 million in deposits located in Summit's three Skagit County branches. Summit Bank's loan portfolio of approximately \$110 million will be subject to a loss-sharing agreement with the FDIC.

Columbia State Bank participated in a competitive bid process, whereby it agreed to assume substantially all of the assets and all deposits of Summit Bank.

Headquartered in Tacoma, Columbia Banking System, Inc., is the holding company of Columbia State Bank, which was awarded third place in the large employer category by Seattle Business Magazine's 100 Best Companies to Work For 2010, and was designated one of Puget Sound Business Journal's "Washington's Best Workplaces 2010." Familiar faces

The former Summit Bank branch in Concrete Town Center opened with little fanfare the following Monday, with a few FDIC officials milling around as the same employees greeted customers. Whether those employees will keep their jobs remains to be seen, but Dressel was upbeat about their prospects.

"I can't imagine why we wouldn't keep the same people," she said.

Crossword solution, from p. 37

¹ A	² M	³ E	⁴ N		⁵ S	⁶ L	⁷	⁸ M		⁹ S	¹⁰ E	¹¹ V	¹² E	13 R
¹⁴ M	Α	Ν	Е		15 H	0	М	Е		¹⁶ O	G	-	٧	Ε
17 E	D	G	Е		¹⁸ O	С	Α	S		¹⁹ A	R	R	Α	S
²⁰ B	Е	Α	R	21 	S	Ι	М	Α	²² R	K	Е	Т		
²³ A	U	G		²⁴ O	Η	S			²⁵ A	S	Т	U	²⁶ T	²⁷ E
²⁸ S	Р	Е	²⁹ E	D	0		30 D	³¹ D	Т			³² O	Е	R
			³³ L	-	Z	₃G	J	Α		³⁵ P	³⁶ O	S	Е	R
	³⁷ T	³⁸ R	Α	D	Е	0	Ν	М	³⁹ A	R	G	ı	Ν	
⁴⁰ C	R	0	Ν	Е		⁴¹ L	Е	Ν	Т	1	L			
⁴² B	U	S			⁴³ A	D	S		⁴⁴ R	Е	Е	⁴⁵ C	⁴⁶ H	⁴⁷ O
⁴⁸ S	Е	Е	⁴⁹ S	⁵⁰ A	W			⁵¹ F	0	R		⁵² L	Е	Α
		⁵³ B	L	U	Е	⁵⁴ C	⁵⁵ H	1	Р	S	⁵⁶ T	0	С	K
⁵⁷ C	⁵⁸ R	U	Е	Т		₅₉ H	-	F	1		⁶⁰ O	٧	Α	L
⁶¹ R	0	D	Е	0		62 E	D	Е	N		⁶³ R	Е	Т	Ε
⁶⁴ T	Е	S	Т	S		⁶⁵ W	Е	R	Е		⁶⁶ T	R	Ε	Υ

Sudoku solution. from p. 37

						_ '			
	1	9	3	8	4	6	7	2	5
ı	8	5	2	9	7	1	4	6	3
	6	7	4	3	2	5	8	1	9
	3	2	1	4	5	8	6	9	7
	7	6	9	1	3	2	5	4	8
	5	4	8	7	6	9	1	3	2
	2	3	7	5	1	4	9	8	6
	4	8	6	2	9	7	3	5	1
	9	1	5	6	8	3	2	7	4

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After the failure **Answers to** frequently asked avestions

Is my money safe?

Your money is safe. No one lost any money as a result of the closure of this bank.

Can I still access my money?

You may continue to use your outstanding checks and they will clear up to the balance in vour account. Your ATM/Debit card will continue to work as usual. The total balance in your account(s), including checking, savings, money market, nonbrokered Certificates of Deposit, and retirement accounts, has been transferred to the new bank and will be available for transactions during regular business hours at the former bank

What about autopayments, bill paying, and online banking?

These services will continue as usual. Your routing number and account number will remain the same until you are notified in writing by the

Will my interest rate(s) change? Interest on deposits accrued through close of

business on May 20, 2011, will be paid at your same rate. Current rates will be reviewed by Columbia Bank and may be lowered.

What about my loan payment?

You should continue to make your payments according to the terms of your written contract. You may continue to make your payments at the branch office or send them to the same payment address, with checks made payable to the old

What about my escrow payment?

All services previously performed and related to your loan will continue. If you receive notification that any portion of your taxes or insurance was not paid, notify your loan officer immediately.

What if someone tries to scam me?

Be watchful for and resistant to any attempts to obtain information from you by individu or entities stating that they are acting on behalf of Summit Bank, Columbia Bank, or the FDIC. If you are contacted by anyone requesting private information from you related to the closure, contact the FDIC Call Center at 800.894.3219.

What if I have other questions?

Additional information can be found by calling the FDIC Call Center at 800.894.3219 or by going online to www.fdic.gov/bank/individual/failed/ banklist.html.

Source: FDIC.

www.concrete-herald.com

North Cascades, cont. from p. 27

Information Center in Marblemount or go to www.nps.gov/noca/planyourvisit/ hiking.htm. Free backcountry permits are required for overnight stays within the park.

Campgrounds along the North Cascades Highway are opening this week for the summer season, including Goodell Creek Campground located along the Skagit River, Newhalem Creek Campground, and Colonial Creek Campground on Diablo Lake. The majority of sites are first come, first serve. Reservations for individual sites at Newhalem Creek Campground and group campsites in Newhalem Creek and Goodell Creek Campgrounds are available at www.recreation.gov.

North Cascades Institute's Environmental Learning Center on Diablo Lake, operated in partnership with Seattle City Light and North Cascades National Park, is a great summer getaway for adults and families looking for fun summer programs. A more flexible recreation and learning experience also is available through North Cascades Institute's expanded Base Camp Program, which offers affordable accommodations and meals on Diablo Lake with your choice of learning adventures. Find out more at www.ncascades.org.

Letters, cont. from p. 2

Smith, Elijah Smith, Alan Smith, Brian Torheim, Kimberly Torheim, Rebecca Torheim, Bethany Werda, Iona Werda, Josiah Werda, and Taleah Werda. Susan Taxdahl at Cascade Burgers quietly donated the water the kids needed to clean the west sign.

May 21 found our resident certified horticulturist, Nicolette Thornton, replanting the beds in front of our Town Hall, Town Center sign, and Bear Square. (Nicolette also designed those areas.) She also arranged for the plants that the 4-H kids placed at the welcome signs.

Finally, during the weekend of May 21–22, I received some much-needed help spreading wood chips in the paths at the community garden from Tim and Lise Sconce, Bill Pfeifer, Drake Jansen, and the always reliable Bob DiLeo, Robert DiLeo Jr., and Joseph DiLeo. (If you ever want to volunteer your time in the garden, call me: 360.853.8213.)

Thanks to selfless citizens such as these. Concrete is becoming more and more beautiful. Thank you.

Jason Miller, chair

Cascade Supply: **Better than Home Depot**

My husband went to Cascade Supply today to see if he could get a replacement for an electrical breaker that they don't make any more. He went to Home Depot yesterday and three guys in the electrical department couldn't tell him what model would compatibly replace what he had.

Well, at Cascade Supply, my husband said the "white-haired guy" (Don Rohan) knew exactly what he needed right away.

We have found it is usually totally unnecessary to go down valley for what we need. We invariably find it at the hardware store, and when they are closed, Albert's Red Apple has an astounding array of what you are likely to need as well. Thanks, Concrete.

> Jan Brovan Concrete

Victory Garden project thanks

Thanks to some very special community members, fresh vegetables, flowers, and herbs will soon grace the tables at the Sedro-Woolley Senior Center. On May 14, four new, beautiful raised garden beds, built with reclaimed cedar, were installed in front of the center. This lovely garden setting, complete with paths, trellis, and garden bench, will provide years of enjoyment for our community's elders, making it possible for them to garden in a safe, accessible, and fun wav.

Leadership Skagit's Skagit Seven team would like to thank the following people, organizations, and businesses that gave so generously of their resources, time, and talent to make the new Victory Garden at the Sedro-Woolley Senior Center possible: Skagit Council on Aging; Ellen Palmer,

Sedro Woollev Senior Center: Renee Fleury, Senior Center Advisory Council; Beverly Edwards, Senior Center Advisory Council; Bob Hicks and Jodi Fraser, Skagit County Community Services; Elijah Winn, 2nd Winn Log Homes; Patrik Dylan, Eccos Design; City of Sedro-Woolley; Jerry Severson; Eddie Hills; Ken and Lisa Gray, Nidia Torres, and Dori White, Retired and Senior Volunteer Program; Rod Hall, Skagit Readymix; Express Professionals; Keith Sorestad, State Farm Insurance; Jansma Construction; Lefabers Turf; Kym and Tom Kelly, Cedar Creek Lumber; Dustin Engler, Larry Phillips, Brayden Engler, Shawn Thompsen, and Papé Machinery; Erin Long, CF Fresh; Keith Dulaney; Pola Kelley; Kris Kinney; Gene Joy, Northwest Trails Association; Frontier Building Supply; Snelson Cos., Inc.; Connie Miller and Don Winget, Broadcast Tools; Concrete Parks Committee ProBuild; Sedro-Woolley Chamber of

Commerce: Wells Nursery: Thompson's Greenhouse; Mike Sloan; Skagit Farmers Supply; and Ace Hardware.

Thanks again from all of us, to all of you, for this inspiring and productive partnership.

Leadership Skagit Seven Team. Cynthia Doussard, Karen Kipling, Susan Lange, Joe Stewart, Billie Stormont, Nida Tautvydas, Lawrence West

Clinic, cont. from p. 32

its drawbacks. Someone suggested the possibility of developing a clinic complex, but that would pile more debt on top of the amount they already had. Yet, the idea kept coming back to Emily Garcia's mind.

Emily had become the manager of the practice facility and it was her responsibility to keep it running smoothly. She found a property on the side of a hill overlooking Concrete, and the earthmoving machines soon started carving out a level ledge: The clinic was on its way.

Emily had in mind that the clinic would be as complete as they could design it, so she added a pharmacy. For the past 25 years, Kathi Handstad has been the pharmacist faithfully dispensing the prescribed prescriptions. And so we come to the present. Emily

and Dr. Garcia's son and daughter were born, grew up and went on their way. Emily's dream of becoming a nurse changed to the reality of becoming the clinic manager. Wasn't it now time to consider retirement? Retire from a day in the life of the doctor? Rounds at the hospital before the clinic opens at 10? Seeing patients until 5, checking over the notes made on patients seen that day before going to the transcriber, leaving for evening rounds at the hospital?

By now one would think the good doctor could return to a villa somewhere overlooking the Skagit river.

Not exactly. They still live in the trailer they bought so long ago when they moved to Concrete.

I asked Dr. Garcia when he was going to retire and pursue other dreams. He looked at me thoughtfully for a bit and then said softly, "I don't have time to retire."

Kilroy, cont. from p. 11

income thresholds (GMT) can be found at: www.va.gov/healtheligibility/library/ pubs/gmtincomethresholds.

Recently discharged combat veterans

Veterans, including activated reservists and members of the National Guard,

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Classifieds

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are eligible for the enhanced "Combat Veteran" benefit if they served on active duty in a theater of combat operations after Nov. 11, 1998, and have been discharged under other than dishonorable conditions.

Combat veterans are eligible for enhanced enrollment into Priority Group 6 (unless eligible for higher placement) for five years after discharge. During this period of enhanced enrollment, they may receive VA care and medications at no cost for any conditions that may be related to their combat service. Application can still be made after the five-year time limit.

Next month: Copays and reimbursement of travel costs.

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