Conclete Helald

Vol. 94, No. 5 May 2011 50 cents

Waiting for the pass

East county merchants lose money while snow slows efforts to clear North Cascades Highway.

By Jason Miller

East county merchants have a literal "make hay while the sun shines" approach to business. Most make the majority of their annual revenue during the summer months, relying heavily on the tourist dollars that flow when Washington Pass opens each spring.

This year, that stream of tourism dollars is slow to come, because of heavy March snowfalls that dumped upwards of 15 feet of snow on the North Cascades Highway, greatly increasing the avalanche danger and forcing efforts to reopen the pass to begin later than normal.

On April 11, WSDOT crews began the weeks-long process of clearing the highway and digging out the avalanche chutes that line portions of the road. Almost a month into the task, they're not able to make even an educated guess as to when the pass will be open.

"I've gotten lots of 'when will it open' e-mails. Truthfully, we really don't know," wrote WSDOT road employee Jeff Adamson in an April 26 e-mail. "If the weather, equipment, and crew health all

See Pass, p. 23



In this April 25 photo, WSDOT road crew member Jesse Gurney uses an excavator to cut into an avalanche chute west of Cutthroat Creek. *Photo courtesy of WSDOT.*



Be aware of bears

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We love our mothers

They guide us, nurture us, defend us, cheer for us, love us. Whether they're still with us or not, we love them right back. Mother's Day is May 8; it's our chance to tell them how much they mean to us.

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Lyman Elementary girls collect coins for Japan

Brontë Stiles, Tayler Henderson, and Lily Millison took a good idea and ran with it, raising more than \$500 for tsunami victims in Japan.

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KSVU 90.1 FM

East county radio station on the air, seeks local talent, stories.

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Published the first Wednesday of each month

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Concrete Herald

Jason K. Miller, publisher and editor

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Guest editorial

Balancing the budget by making communities less safe is immoral

By Rep. Kirk Pearson

The governor and the majority party in the legislature have referred to the state operating budget as a "moral document" that should reflect the values of our people. I believe public safety is a core value of our citizens and one of the primary functions of government. That's why I was disappointed in legislation proposed this session as well as the current special session —not the least of which is the House Democrat budget proposal, House Bill 1087—which would spend \$2 billion more than the 2009–11 budget, yet includes more

than \$31 million in additional cuts to corrections. Putting the safety of our communities at risk to save \$31 million is no way to balance a budget. The majority party's proposed 2011–13 budget, which begins July 1, 2011, includes \$26 million in reduced spending by allowing certain offenders convicted of all levels of crimes to be released from prison 120 days early.

It also purports to save \$5.2 million by cutting 47 additional community corrections officers, a crippling blow to an already weakened front line. Nearly 400 similar community corrections positions were eliminated in the last budget cycle, allowing thousands of prisoners to be released with no substantive supervision. These parole officers are often the last and only line of defense for the public when dangerous criminals are released from jail or prison.

I understand tough budget choices need to be made and have offered numerous costsaving alternatives that are less egregious and irresponsible. However, the authors of the House budget proposal seem fixated on further cuts to public safety and are not telling the public exactly who will be let out of prison early, nor that they fully expect a marked increase in crime for several years as a result. According to the state Department of Corrections, a baseline of 1,300 high-, medium-, and low-risk offenders convicted of car theft, burglary, and drug dealing, among others, will be included in the early release policy in the budget.

The original idea to release inmates early came from Senate Bill 5866—an alternative proposal arguably designed to finance state government at the expense of the lives of its citizens. Senate Bill 5866 would allow a 120-day sentence reduction for offenders

Letters to the editor

Stand-down a lift for tired vet

When I received my copy of the February Concrete Herald, I read in the Opinion section that Concrete held a stand-down.

What a lift for a tired Vet. I had just completed a day of stand-down at the Veterans Memorial Coliseum in Phoenix. There has been limited coverage in the local media of this three-day event, and it was good to see there is a "light shining in Camelot" (Concrete). We were privileged to serve more than 1,000 homeless vets, some with families. Thank you, Concrete.

> Martin "Marty" Spargo Sun City, Ariz.

Businesses aided egg hunt success

The Ovenell family thanks the following businesses for donating to our Easter Egg Hunt and remind you to thank them also by shopping local:

Albert's Red Apple Market, Annie's Pizza Station, Cascade Burgers, Cascade Supply, Concrete Theatre, Hair Fitness, Hi. Lo. Country Bar & Grill, Northwest Garden Bling, Perks Espresso & Deli, Que Car BBO, Sauk View Gallery, Summit Bank, and Wolf Designs.

Thank you!

Cindy Kleinhuizen Concrete

Merchants made the difference

Thank you to all the Concrete merchants for helping the Concrete Lions Club with raffle prizes at our Corned Beef & Cabbage Feed in March. The Lions Club appreciates your help and support.

White Cane Days are May 6 and 7, with all donations going to Northwest Sight & Hearing in Seattle. Lions Club members will be at Albert's Red Apple and in Concrete Town Center.

Barbara Withrow

American Alps Legacy Project a "take-away program"

Are you aware that there is a conservation group that is proposing to transfer 304,300 acres of public land to the North Cascades National Park (NCNP)? Most of this land is U.S. Forest Service (USFS) land and is being used by all recreational user groups. By transferring this land to the NCNP, it will be closed down to many recreational

Terms such as "protect, preserve, and restrict" are used by the American Alps Legacy Project. Check this out at www. AmericanAlps.org. They talk about what they will create and give us, but it is a

See Letters, p. 3

Letters policy

Letters of 200 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald. com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. Concrete Herald reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Corrections

The story about the passing of Robert Good of Rockport in the April issue incorrectly referred to the small bag hung from his neck as a coin purse. It was a medicine bag.

In the April issue, a photo caption congratulating Helen (Pemberton) Dwelley on her 100th birthday incorrectly stated that she had helped her late husband, Concrete Herald publisher Chuck Dwelley, publish the newspaper for 40 years. That role should be attributed to Helen (Grubb) Dwelley, Chuck Dwelley's first wife, who passed away in 1969. Helen (Pemberton) Dwelley joined Chuck later in life, during Concrete the last few years of his tenure at the Concrete Herald helm.

See Editorial, p. 31

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www.concrete-herald.com Letters, cont. from p. 2

take-away program. Is restricting public lands from some user groups so that only a few can use it what we want?

I just want to bring this to your attention and ask you to see what the AALP is all about. I believe this 304,300 acres should be kept under its current management so we can all enjoy mountain recreation activities. Darryl Weidkamp

Lemonade, anyone?

My mom used to tell me when life hands you lemons, make lemonade. Well. this week I made lemonade!

A few weeks ago I found a gorgeous 1926 front door. I bought it and couldn't wait to get it into its new home! Since I wasn't quite ready, I left it outside my back door, since nobody goes there. Oops, someone did, and traded me my gorgeous 1926 door for a rusty old bent bed frame—not my idea of a fair trade at all!

I called my sissy and was too mad for words—not good words, anyway—and she told me, "Oh, Elizabeth, just paint it and hang it on the wall."

I did, and it became my new flower bed, holding all my new barrettes I had been designing and didn't know how to display. So Mom would be proud: I made lemonade!

I do miss my 1926 door though. Elizabeth Fernando Sedro-Woolley

Hamilton Food Bank thanks you

Hamilton Community Food Bank thanks the community for its support during April. Because of the support given, HCFB was able to assist 1,571 people in 486 households, providing 7,855 meals. An impressive 25,470 lbs. of donated perishable and nonperishable food items were distributed. We have given out more than 2,500 lbs of clothing and household items in addition to the food provided.

We had 30 volunteers who worked 710 hours to minister to the needs in our community, which range from Darrington to Mount Vernon and other outlying areas.

Our donations come from as far away as Tenino and Bellingham because people have heard of the work that is being done through the food bank. The local community, too, has stepped up to meet the needs in the area.

It has been our great pleasure as a faith-based operation to see the activity of God in your generosity to others in giving and volunteering. May it be returned to you multiplied.

Larry Weston, volunteer office manager

In The Service



Concrete Town Councilman Paul Rider has secured a grant for \$2,000 for Town of Concrete to erect a flag pole for what he hopes will become a memorial to military service members living and deceased.

The grant, which came from the state Department of Licensing's Emblem Fund, will pay for a 35-foot flag pole, pulley equipment, an ornamental eagle at the top, and solar-cell sensors that tell its lighting system when to turn on and off.

Rider and the town are eyeing a corner of Town Park near the Town Center sign as a suitable location, and are discussing the option with the Concrete School District, which owns the park land.

"It's a big deal to recognize these people who have and are putting themselves in harm's way for us," said Rider, who is a staff sergeant and photojournalist with the Air National Guard's 194th mission support wing at Camp Murray.

View the combat flag

Sedro-Woolley Community Troop Support will display the flag flown by Charlie Ross' company in Afghanistan at the following locations in May:

- 9–16: Concrete Town Hall will host by proxy for *Concrete Herald*
- 16–22: Birdsview Brewing Co.
- 23–31: East Skagit Resource Center and Concrete Chamber of Commerce. Concrete

In June the flag will be displayed at Food Pavilion in Sedro-Woollev from June 1–12.

Red Cross offers help to families during military deployment

"Coping with Deployments" is a free one-day class that addresses psychological help for military families before, during, and after military deployments of a loved one. The class will be offered by the Mt. Baker Chapter of the American Red Cross on Sat., May 7, from 9 a.m. to 3 p.m. at Cascade Professional Center, 160 Cascade Place, 2nd Floor Conference Room, in Burlington.

The course is targeted for spouses, children, parents, siblings, and significant others, and is taught in a confidential environment. Sessions are divided into adult and children's modules. The Red Cross encourages military members to attend with their families.

Pre-registration is required. Call 360.733.3290, ext. 1019, or e-mail Lyman stacyr@mtbredcross.org.







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Imagine Concrete workshop merged new ideas with old

April 16 found a group of east county citizens gathered in the Commons room at Concrete High School, bent on doing what they could to create the community they wanted to live in.

Imagine Concrete held its two-year workshop that day, hosting about 25 participants who came with their thinking—and dreaming—caps on. Planned for equal parts review and new thinking, the workshop allowed participants to revisit the dreams from two years ago and brainstorm new ideas, which were added to each of the five initiatives that grew from the first workshop.

Since it is an advisory body to the Concrete Town Council, Imagine Concrete focuses on ideas that can be realized within the limits of Town of Concrete, for the betterment of the whole of eastern Skagit County

There was no lack of ideas this time around—and the sky was the limit. Participants suggested the town, county and library board get together and imagine more options for the library's badly needed new home. A multi-million-dollar complex housing a community center with a pool, meeting rooms, and areas for vouth activities—and much, much more also was envisioned. And citizens think still more could be done to clean up "junk vards" in town.

A follow-up meeting in June will include a presentation of the results of the April 16 workshop and give attendees an opportunity to join task forces that will work to implement the ideas approved by Concrete Town Council.

The date of the June workshop will be published in the June Concrete Herald.

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MUSEUM

Concrete Saturday Market opens May 28

It's that time of year again! Concrete's popular Saturday Market will open for business on Sat., May 28, this year.

Located at the Senior Center in Concrete, the market will be open from 9 a.m. to 4 p.m. every Saturday from May 28 through Sept. 10 this year.

The market is a colorful cornucopia of arts, crafts, music, food, and produce from neighboring farms. Visitors find organic vegetables and fruits, homemade jam, framed art and photographs, woodcrafts and sewn goods, glass art, jewelry, soaps, lotions, perfumes, and more.

The market also offers a food wagon with breakfast and lunch menus—both made fresh. On most Saturdays, the market hosts local musicians practicing their art. Concrete Chamber of Commerce is on hand too, for information on the town and local events.

For information on Concrete Saturday Market, call 360.853.8505, e-mail concretesaturdaymarket@gmail.com, or go online to http://sites.google.com/a/ dishmail.net/concretesaturdaymarket.

Artists sought for Blast from the Past Art Show and Sale

Area artists are invited to showcase their creations at the inaugural Blast from the Past Art Show and Sale, to be held June 3–5 at Sedro-Woolley Community Fellowship, 817 Metcalf St., in downtown Sedro-Woolley.

A variety of booth sizes are available; for more information or to register, artists should contact Elizabeth Fernando at 360.588.4384 or 521.6325. The deadline to register is May 10.

Report finds former deputy clerk stole more than \$1.700

A report from the Washington state auditor released April 18 states that a former Town of Concrete deputy clerk shifted funds from utility payments in the amount of \$1,713.65.

Concrete Clerk Treasurer Andrea Fichter first noticed discrepancies while doing a quarterly check in September 2010 of utility revenues against fees received.

"I noticed people who were charged twice or not charged at all, names for checks we didn't receive, and other irregularities," said Fichter.

Utility payments were received by the deputy clerk, whom Fichter suspected. She spoke with Concrete Mayor Judd Wilson, who placed the employee on a two-week suspension with pay Sept. 17. The employee resigned from her position on Oct. 1, 2010, according to the report.

The town began its own investigation. reviewing all utility customer account activity between Jan. 1 and Sept. 17, 2010. It also requested an investigation from the state auditor's office.

The auditor's office widened its investigation, looking at the town's financials from April 1, 2009 through Sept. 17, 2010. Its report identified \$9,072.37 in questionable receipting activity to utility customer accounts. Of that amount, the auditor's office was able to determine \$3,342.97 in receipts had been misappropriated. The office was only able to assign responsibility to the employee in question for \$1,713.65 of that loss. It could not determine who was responsible for the loss of the remaining \$1,629.32 because of "the Town's inadequate controls over the receipting process."

Town of Concrete responded to the

See Deputy Clerk, p. 31



THIS AND THAT

Community Bible Church in Concrete is assembling a team to create Fellowship Fun Nights for children ages K through 8th grade. For more information or to volunteer your time for the children of Concrete and surrounding area, contact Deborah Richmond at 360.873.4348 or debkayr@hotmail.com.

Concrete Chamber of Commerce has a new Web site! After months of hard work and tangling with villainous hackers, the site at www.concrete-wa.com is up and running—and looking much better than its predecessor. The new site functions better in front of the screen and behind it, where a new user interface lets webmaster and Chamber President Valerie Stafford edit the site much more efficiently. Check it out.

The Concrete Licensing Agency. located in the East Skagit County Community Resource Center on Main Street, announces new hours and a direct phone number.

Cheryl Werda will operate the office on Mondays starting May 9. The direct phone number is 360.853.8784.

Hours of operation are Mon. through Fri., from 9 a.m.–3 p.m. (closed 1–1:30 p.m. for lunch).

Did you know that **Concrete Eagles Aerie 1444** serves up spectacular dinners for very reasonable prices? Check this out:

Fish Fry every Friday, 5 to 7 p.m., only \$6.95. Steak Dinner on May 7.5 to 7 p.m., \$9.50 (\$11 with shrimp). Ham Dinner on May 14, 5 to 7 p.m., only \$5. Find the Eagles at 45930 Main St. in Concrete Town Center. For details, e-mail

Sharon Elliott: tuffenuf1@frontier.com.

Parks Committee seeks new members

Concrete Parks Committee is seeking new members to replenish its ranks.

The committee serves as an advisory body to Concrete Town Council, aiding the town in planning and beautifying its existing parks and open spaces. The group meets on the second Monday of each month, at 6:15 p.m. at Concrete Town Hall.

For more information, contact Jason Miller, chair, at 360.853.8213 or goodwords@frontier.com.

www.concrete-herald.com

DOH honors Skagit County resident for keeping drinking water safe

SKAGIT COUNTY — Concrete citizen Kathleen "Cas" Hancock has been recognized by Washington State Department of Health for her contributions to keeping drinking water safe. The department will honor Hancock with a Lifetime Achievement award.

Hancock operates a number of water systems in Skagit and Snohomish counties, and often is described as a plainspoken, big-hearted dynamo with a penchant for bringing people together to solve problems. "Is there a small system in Skagit County she hasn't helped?" said the colleagues who nominated Hancock.

Hancock has served in a number of

leadership capacities, including the state's former Water Supply Advisory Committee.

Keeping drinking water safe is an important and sometimes difficult job. Each year during National Drinking Water Week, the state Department of Health honors the professionals and organizations that have made exceptional contributions to delivering safe, reliable drinking water. Drinking Water Week will be observed May $1-\overline{7}$ this year.

"Each of this year's winners has made a difference for the communities they serve," said Denise Clifford, Director of the agency's Office of Drinking Water. "Washington has some of the best drinking water in the nation, and dedicated people like these help keep it that way."

Hancock will receive her award May 9 at 1 p.m., at the Skagit County Administrative Building located at 1800 Continental Place, Mount Vernon.

Friendship and service

While the advent of spring is a welcome relief to us all, it is especially good news for people who are homeless. During the winter, most of us stay warm and cozy in our houses or apartments, but for those who do

By Marie Marchand

not have homes, the extremely cold weather is dangerous, sometimes fatal. The reality is that homeless individuals and families struggle vear-round, even when the sun is out. Hard economic times compound people are oftentimes unemployed,

the challenges of poverty. Homeless malnourished, and disconnected from their families. They are marginalized from transportation, education, and opportunities for fulfilling social engagement. When weighing our personal and societal responsibility to the less fortunate, the Golden Rule certainly applies. The Golden Rule is an integral moral tenet found in each of the world's major religions. As a compass, it is the best gauge of the vigor of our humanity.

In reference to how we should treat the most vulnerable among us, the Golden Rule can be adapted to read: "Treat others who are in a crisis as you would want to be treated if you were in a crisis."

Friendship House in Mount Vernon is a nonprofit organization that provides vital services to men, women, and children who

are homeless and hungry in the Skagit Valley. We run two shelters, a community kitchen, and one transitional house. Our men's and women's shelters are licensed to accommodate up to 24 people each. Our community kitchen serves nutritious meals three times daily, totaling more than 4,000 a month.

In order to become a resident of Friendship House, people must sign a contract agreeing to stay clean and sober, refrain from panhandling, and contribute to the household by doing chores such as cleaning and cooking. Residents also agree to create "action plans" that outline the steps necessary for them to find permanent housing, employment. counseling, veteran benefits, and other vital necessities. The maximum stay is three months. Our team of trained human service professionals provides supportive, compassionate care and connects residents to other resources in the community. We believe in empowering residents to make healthy decisions. After having their basic needs of food, shelter, safety, and hygiene met, residents are more likely to succeed in finding stability and fulfilling their dreams.

East county connection

Friendship House seeks to be of service. East county people who are homeless are welcome to contact our house managers to see if Friendship House is an appropriate next step. Women with or without children may call Yvonne at 360.336.2418. Men can call Kathie at 360.336.2135. Our community kitchen is located at 1008

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KSVU radio on the air in eastern Skagit County

It's been a long wait, but KSVU is on the air, at 90.1 on your FM dial.

The station could be heard March 17, when its 10-day testing period began before FCC licensing, said General Manager Rip Robbins, who also oversees KSVR, broadcasting from Skagit Valley College in Mount Vernon. Robbins said the FCC issued KSVU its license April 8

Don't be confused by what you hear currently when you tune to KSVU. While the station slowly builds programming that caters specifically to east county communities, you'll hear KSVR programming, including Spanish language components.

That content will slowly be phased out. said Robbins. Right now, you'll hear a "Lunch Box" music show around noon. with tunes from dance bands from the '30s, '40s, and '50s. The first east county news talk show will air Wednesdays

at 5 p.m. as soon as three pre-recorded shows are "in the can." Titled "Skagit Talks: East County Edition," the show is hosted by Christie Fairchild of Rockport, who has big plans for it and other shows. She wants to do recreation reports and a "Tradio" show, where "folks can call in with goods and services to trade or barter You know, 'I've got a goat, you need an organic lawnmower?" she said.

KSVU will broadcast from the KSVR facility in Mount Vernon until Robbins can find a suitable east county studio space. He's in talks with Concrete School District to possibly use a portable classroom building.

In the meantime, east county programming is needed. If you'd like to host a show—free training is provided contact Station Manager Dave McConnell at 360.416.7710 or mail@ksvu.org.

KSVU is on the air!



To volunteer for KSVU call 416-7001 To sponsor KSVU call 416-7711



See Friendship House, p. 31













Baseball team clinches 2nd in league

The Concrete baseball team will head to playoffs this year with a winning record. at 6–2 in league play and 9–6 overall.

The team has clinched a second place berth in league play. A May 2 match against La Conner will tie the squad with La Conner for the league championship.

Head Coach Jim Newby is cautiously optimistic as the playoffs loom. "We're showing some flashes of all three aspects: pitching, hitting, and defense. It's just a matter of putting all three together as the playoffs approach, on every game day,"

Players performing well

Newby named Tyler Kales, Kyler Howell, and Tyler Clark as the team's top players. Kales leads the team with the best batting average, close to .600, he said. Howell and Clark also have strong averages.





Above: Senior shortstop Kyler Howell tags second and throws to first for a double play against Friday Harbor April 26. The Lions took two losses in the doubleheader match, getting 10-runned in both games, but will head to the playoffs this year with a winning record. **Left:** Josh Rogge gets a piece of it during the Friday Harbor game.

See Baseball, p. 27

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Good batting, but no postseason for softball team

By Jason Miller

"Few Try

Harder at

Customer

Service.

With three games left in their season, the Lady Lions softball team isn't looking to move on to the playoffs. At the end of April, the team was 2–6 at home and 2–6 on the road. Two losses to Friday Harbor on April 26 "eliminated us from any

postseason hopes," said Head Coach Don

Still, Beazizo isn't sulking. Other goals are being met, he said, such as the team's .300 batting average target. "We're at .308 right now," he said.

Some players are pushing that average, with Alyssa Wahlgren at .486, Sophie Taylor at .432, and Lonna Lloyd at .407, even though she's had fewer at-bats. Jonnie Rohweder is at .395.

April games

The Lady Lions traveled to Orcas Island for their first April game on the 11th, and

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lost the doubleheader match 21-3 and 10–3. They notched a 21–11 win against Highland Christian at home on April 13.

On April 15 they took on Friday Harbor and lost 10–0. April 19 found them at Granite Falls, which handed them another loss, 1–8.

Darrington came to town for an April 22 doubleheader, adding two more games to the loss column for the Lady Lions, with 19–14 and 15–9 scores.

The point of no return came when

See Softball, p. 31



Darrington Coach Sue Howard watches as Darrington's Amy Miles slides into third while Concrete's Dani Pringle prepares to tag her out during the rivals' doubleheader match-up April 22.

www.concrete-herald.com

New coach, approach for Middle School Track

"I've always wanted to coach, but I've always had to have a full-time job," said Concrete Middle School's new track coach, Elizabeth Lentz.

The retired bakery manager and cake decorator from Arlington is getting her wish now, after 25 years in that business. She lives in Newhalem now, "for a change of pace, a change of scenery," and she's putting her best foot forward training young Concrete track athletes.

Her coaching strategy isn't quite what you might expect. "Track for me was always more of a one-on-one competition, but I like to treat it as a team effort," she

Lentz was a distance runner during her middle- and high-school years, competing in the mile, cross country, and high jump events. "I've always been athletic, with lots of sports in my background," she said.

Her team strategy already is bearing fruit. The middle school squad has taken third overall in its first two matches, against Anacortes on April 20, and against Anacortes, Oak Harbor, and La Conner on April 26. "We have some kids taking



Juanita Castaneda hurls the javelin April 26 when Concrete Middle School track athletes hosted teams from Anacortes, Oak Harbor, and La Conner.

first and second place," said Lentz. "We're doing really good, the kids are really striving for excellence."

See **MS Track**, p. 19

May 2011 • Concrete Herald • 7 Athletes of the Month





Athletes of the Month are Alyssa Wahlgren and Tyler Kales Junior catcher and shortstop Alyssa Wahlgren hit close to .450 and knocked in 21 RBI in April for

the Lady Lions softball team, said Head Coach Don Beazizo. She's played left field too, but Beazizo says he's playing her more at shortstop as he plans for next year's team. Tyler Kales, a junior pitcher and catcher for the Concrete baseball team, "has so much athletic ability, it's unbelievable," said Head Coach Jim Newby. "He has a 3-1 pitching record and his batting average is just shy of .600." Wahlgren and Kales were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

Track stars shine

By Ashleigh Howell and Vanessa Williams, co-coaches

For Concrete High School's Track and Field team, April started with a downpour of rain at the Mount Vernon Christian league meet on April 13.

Because of the weather and coming off Spring Break, the team's performance was not at its best. Kevin August was the Lion's only first place winner in an individual event: the triple jump with a mark of 40 feet, 2.5 inches. August, along with DJ Mitchell, Andy Aiken, and Hayden Holbrook, also received a first place for the men's 400m relay with a time of 48.38 seconds.

The boys team came back full of vengeance for the home meet on April 19. They took first, outscoring second by 188 points. The boys took 13 out of 16 first place awards. August captured first in all jumping events. Dennis Dorgan grabbed two first place finishes in the 1600m and 3200m. Mitchell claimed both first place finishes in the hurdles, while the Aiken brothers took first in both sprint events: Alex in the 100m and Andy in the 200m. Jose Torres crushed the competition and won the 400m. Ben Troka was the lone

thrower to earn first place in the shot put. Both boys' relays also took first and

notched big personal records. The 400m relay consisted of Andy Aiken, Josiah Martin, August, and Mitchell with a time of 46.29 seconds. The 1600m relay ran with Bryan Dutil, Ben Lamb, Mitchell, and Torres with a time of 3 minutes, 43.5 seconds.

On the other side, the girls team took a proud second, beating out third by five points. Jessica Filtz was the only first place winner in the javelin with a throw of 90 feet, 10 inches, but the girls pulled together and made it a real team effort.

On April 22 we traveled to La Conner for their invitational in the sun. The girls' team took fourth, beating out Clallam Bay by one point. The boys' team took second behind La Conner, but had many first place finishes. August took first in the triple jump and long jump, and contributed to the 400m relay's first place. Troka again claimed first in the shot put. Andy Aiken also had a stunning performance in the 100m with a time of 11.41 seconds.

We have only a few meets before we come into the "meat" of the season and the athletes will have to start qualifying to move on. As coaches we feel that our team has the potential to send many to State.



Above: Concrete high-jumper Andy Aiken gets some air during a home meet April 19. Concrete's boys' team snapped up 13 of 16 first place awards that day to win the meet; the girls' team took a strong second. Below: Angie McLaughlin prepares to take on the hurdles at the April 19 meet.



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Academics Academics Academics







The play's the thing

Concrete, Lyman, and Sedro-Woolley thespians showcase their acting chops in META's "Oliver!"

young people and mix them with talented adults, roll them in history, and sprinkle with great classic literature and an 18-piece live orchestra? Answer: A live production of the musical "Oliver!" that you can brag features performers who are also residents in your own community.

META Performing Arts will present "Oliver!" at McIntyre Hall, Mount Vernon from May 6–15. Featuring songs like "Consider Yourself," "Where Is Love," and "Oom-Pah-Pah," it's no wonder the musical received 23 curtain calls on its opening night in London, back in June 1960.

McIntyre show times are at 7 p.m. on Fridays and Saturdays, and 2 p.m. on Sundays. Reserve tickets are available online at www.mcintyrehall.org or by calling 360.416.7727. As part of their mission to keep live theatre accessible to

What do you get when you take talented everyone, META also will offer a paywhat-you-can showing on May 12 at 7 p.m. All seating for this show is festival only, with doors opening at 6 p.m.

The show is based on Charles Dickens original novel, Oliver Twist, in which Dickens targets England's "New Poor Law" enacted in 1834, which created workhouses for the poor.

-Submitted by META

META's "Oliver!" plays McIntyre Hall May 6-15 and includes actors from Concrete, Lyman, and Sedro-Woolley. Front row, left to right: Beni Garcia, Kylie Thornton, and Kristen Carlson. Middle row: Anika Pugmire, Kenzi Schrader, and Della Mae Babcock (Lyman). Back row: Brendon Francis, Elizabeth Kesterson (Concrete), Teresa Carlson, Logan Price, Brian Francis, and Kerry Van Winkle. (All actors not otherwise noted are from Sedro-Woolley.) Photo courtesy of META.



PTO president captures **VIPP** award

Concrete PTO President Debbie Ross was honored April 28 at Skagit Prevention Council's Very Important Prevention Person, Project, or Program awards ceremony at the Burlington Public Library.

Concrete Elementary School teacher Mary Janda did the honors of presenting Ross with the award, reading a long list of contributions that Ross has made to the school, its students, and their parents.

"Family Fitness nights, coin drives, the yearbook, Bingo nights, dances, monthly newsletters, fundraisers, all-school walkathon, assembly coordinator, popcorn days, purchasing new readerboard, classroom volunteer ..." Janda said, noting particularly Ross' help with the Science Fair, which has grown from 30 to 60 applicants in three years.

The organization's annual event awards key members of the Council's community.



Concrete Elementary teacher Mary Janda (left) presented the Upper Valley Task Force VIPP Award to PTO President Debbie Ross during the Skagit Prevention Council's awards ceremony April 28.

Concrete PTO news

By Debbie Ross, president

There are many fun events planned for May as the school year winds down.

Teacher Appreciation Week is May

On May 20, head to the elementary school lunch room from 6-8 p.m. for

The next Family Fitness Night is May 26, from 6-8 p.m. in the gym.

Don't forget: To honor **Memorial Day**, there will be no school May 30.

June kicks off in high style with a **Band Concert** in the high school gym, June 1 from 7–9 p.m.

A Science Fair Field Trip will be held June 2; listen to announcements for details. Finally, that moment every senior has been waiting for: High School **Graduation** is June 3.

The next **PTO meeting** is May 9, at 2:45 p.m. in the library. Please plan to attend. For more information, send an e-mail to concretek6pto@yahoo.com.

www.concrete-herald.com

We love our Mothers

With Mother's Day coming May 8, Concrete Herald readers remember their most important women in the world.



Diane Norris, Submitted photo.

In memory of our mom, Diane ...

Mom, you were our best friend. We were so lucky to call you our mom and for our children to have you for their granny. Thank you for all your love and for always being there for us. We miss you every day; we'll never forget you momma, "Granny."

> Love, your daughters, Jenny and Rachel

Mom, love you. You have always been there for me. You are the best not one bit less, you put up with me and my drama and fights, but you tell me "it will be all right" as you hold me tight

Love, Krista Kaylee Wahlgren

My mother is special. Last year, my husband and I retired. moving to beautiful Concrete. I left Fairfax, Va., after my first 55 years, not knowing how much I would miss my mother. I think of her every day! She did not like



the fact that I was leaving her, but never openly complained. She is the best mother anyone could have.

Before her time in so many ways, she worked outside the home in the '50s to help pay for our house, but still managed to raise three children. She instilled in us morals, values, and work ethics, always leading by example.

She was always there for the three of us, whenever we asked, whether to give advice or just listen. She respects our decisions in life and never judges us. She is always there to support us emotionally, financially, or physically. She is always

available to us, loving and strong. She is the mother every child wants. She is the mother every child deserves. She is the mother I hope to be for my son. How blessed I am to have her as my mother. Happy Mother's Day, Mom!

Connie Whybark



Left to right: Tinze Jo Rogge, Sadako Ganaha, Tina Lea McNealey. Submitted photo.

Our mother Sadako Ganaha

From the moment you meet her, you're under her spell. Our mom has a way with people that continues to amaze and inspire us. She is grace under pressure, genuinely compassionate, and gentle with a firm hand. She is the core of our family and for that we are grateful. Happy Mother's Day, momma-san

Tinze Jo Rogge, Tina Lea McNealey

To Vanessa Williams

Mom. Proverbs 31:25-27 says, "She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness."

Thanks for everything you do, Mom. Matthew, David, Kevin

My mom, Peggy Hatley, has been there for the scrapes, bumps, and bruises in life with a knowing smile and words of encouragement. For that I can never thank her enough. love you, Mom.

Shelby Pratt



Peggy Hatley. Submitted photo



Kathy Weston (right) and her daughter, Tammie Werner. Submitted photo.

My mom, **Kathy Weston**, is my best friend. I love my mom for the person she is and for showing me the type of person I want to be. Mom is kind, always seeing the good in people. She loves to help people, is always giving, and is fiercely protective of her loved ones. She has an infectious laugh and a heart of gold. I love you, Mom!

Tammie Werner

To a very special mom, Lucy Claybo You have ALWAYS been there for me.

You accepted and treated the girls and I as your own. You let me name Jasmine after you. I will never be able to tell you how thankful I am to have you in our lives! I love you very much!

Love, Tina



We love you to the moon and back, Nani! Happy Mother's Day! Love, Julie, Mike, Holden, and Iona. Submitted photo.



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New mom Jessi Martin and her brand-new little one, Silas Bruce Martin. Photo by Caleb Martin.

To a wonderful daughter and new mommy, wishing you a great Mother's Day from all your family. We love you! Betty McClure

"She is the mother every child wants. She is the mother every child deserves."



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Clear Lake





Clear Lake scrubs up

By Sylvia Matterand

efforts from the Clear Lake Community Connection and many volunteers.

Saturday, April 16, was the day for residents of the Clear Lake community to get rid of their trash for free. The Jansmas of Jansma Construction Inc. generously donated their work yard, their time, and equipment to help clean up Clear Lake. From 9 a.m. to 2 p.m., the trucks and vehicles started rolling in for a total of 124 loads. Two hundred yards of trash was hauled to the Skagit County Transfer Station on Ovenell Road in 10 dump truck loads. The scrap metal, tires, and appliances have yet to be disposed of.

Wonderful local volunteers donated their driving skills and dump trucks to haul all the trash away. Don Ammons and Rick Van Pelt operated the tractor and the loader at the yard nonstop to get the trash

Family Provisioners since 1965

Groceries • Camping • Fuel

Clear Lake is looking cleaner because of from the people's vehicles into the dump

Lots of community volunteers from Clear Lake and farther away helped with unloading trash. Mark Venn, Mike Schweigart, Henk Kruithof, Judy Olson, Anna Wright, and Joel Howard all helped from the Clear Lake Elementary and the Sedro-Woolley School District.

John and Sylvia Matterand, Doug Olson, Darrel Gadbois, and Shelley Van Pelt helped with this task too.

Karen and Stacy Jansma greeted people entering the yard, giving them directions as to where to drive their trash.

Our celebration of Earth Day was a little early, but our area is now more tidy and clean because of the efforts of those bringing the trash and those getting rid of it. Thanks to all involved, we now have a cleaner Clear Lake!



John Matterand, Mike Schweigert, and Henk Kruithof remove trash from a pickup during the Clear Lake Community Clean-up Day April 16. Photo by Sylvia Matterand.

Clear Lake business honored community and heritage on second anniversary

CLEAR LAKE — In celebration of its 2nd year of business on April 20, Jo's Java and Deli in Clear Lake donated 100 percent of that day's profits to honor community and heritage. Fifty percent of those proceeds received on its anniversary date were donated to neighboring Clear Lake Elementary School; the other fifty percent was donated to the American



12667 SR 9, Clear Lake



Left to right: Mechelle Murphy, Morgan Swatzina, Tanya Cline, and owner Tinze Jo Rogge.

Red Cross (Japan Earthquake and Pacific Tsunami fund).

Jo's Java and Deli owner and lead barista Tinze Jo Rogge is of Japanese descent: Her mother was born and raised on the Japanese island of Okinawa, where Tinze Jo lived until she was 6 years old.

"The tragedy that continues to loom over the people of Japan is one that weighs heavily on my heart and one that I want to contribute to," said Rogge. "Times like these remind us how fortunate

See Jo's Java, p. 31

www.concrete-herald.com



Celebrations

Maude Claybo turned 90 on Feb. 27. She celebrated with family and friends at the Royal Fork restaurant in Mt. Vernon. Days before her party, the family found out that Royal Fork was closing its doors for good. Maude was a little upset at this news, because when you reach age 90, you get to eat for free!

Local Girl Scouts busy busy busy!

Girl Scouts Troop No. 50822 leader Jacque Bridge provides this update on her iuniors'/cadettes' recent activities.

- The troop will hold a Unit Bridging ceremony at the historic Henry Thompson bridge in Concrete, May 7 from 10 a.m. to 1 p.m. The group might head to Silo Park afterward for a picnic.
- June 3–5 they'll travel to Camp Kirby for an encampment. Some of the girls will go to a week-long summer camp
- The troop sold 1,880 boxes of cookies this season and thanks Albert's Red Apple Market for being so generous and patient with the girls.
- The troop brought in donations for 50 boxes to be sent to the service troops overseas for Operation Cookie Drop.
- The girls brought 30 boxes, plus purchased 20 boxes, for the Concrete Food Bank. They were on hand at the food bank April 21 to hand out food and give each visitor a free box of cookies (see photo, page 17).

Class of '50s, Old-timers annual picnics planned

Did you graduate from Concrete High School during the 1950s? Your classmates are planning their annual potluck picnic for Aug. 20, 1 p.m., at Skagit View Village. For more information, contact Penny at 360.856.6465 or Bonnie at 360.853.8233.

The Old-timers picnic in Rockport has been booked for Aug. 19, 2012, and the CHS class of 1950s picnic in 2012 will be held Aug. 19. Mark your calendars for these dates for both years, and pass the information to all who are interested.

How great is YOUR dad?

Tell your father how awesome he is by sending him a note in the June issue of Concrete Herald

E-mail your message of 60 words or fewer to editor@ concrete-herald.com by May 22 for inclusion in the June issue. High-resolution photos also are welcome; just be sure to name the people in the photos, as necessary. Hard-copy submissions can be snail-mailed to P.O. Box 682, Concrete, WA 98237.

First come, first published! Preference will be given to folks living in Clear Lake, Sedro-Woolley, and all communities to the east. Questions? E-mail Jason Miller at the address above or call 360.853.8213.

KAPS & KBRC live radio Broadcast Murder Mystery Day - Sedro-Woolley Library

> Eagles Pancake Breakfast **Woolley Fibers Quilt Show** 1st Annual Art Show Arts & Crafts and Food Vendors Live Music - The Treblemakers & Mysterious Blood Royal Museum Open House ** MOVED ** CAR SHOW ** MOVED **

See the website for details! www.sedro-woolley.com

Kilrov's Korner

By John Boggs

During World War II, American GIs scrawled the

caricature of Kilrov wherever they went. It became the universal symbol of American GIs that is still recognized throughout the world.

Future activities

The Homeless Coalition is attempting to include some veteran-specific services at their Project Homeless Connect event, which will be held Sept. 8 in the Skagit Valley College gym. This will be in lieu of a separate veterans stand-down. We are attempting to arrange transportation to this event for all eligible east county residents. The target window for the next standdown in Concrete is sometime this fall.

Meetings are being conducted with Skagit County Community Action Agency's Housing Division to develop an approach to some housing-related issues for veterans in eastern Skagit County. No details yet, but stay tuned.

Veteran benefits

General eligibility: Veterans of the United States armed forces may be

eligible for programs and services provided by the U.S. Department of Veterans Affairs (VA). These benefits are legislated in Title 38 of the United States Code. Additional information is available at www.va.gov/.

Eligibility for most VA benefits is based upon the type of discharge from active military service. Active service means full-time service, other than active duty for training, as a member of the Army, Navy, Air Force, Marine Corps, or Coast Guard, or as a commissioned officer of the Public Health Service, Environmental Science Services Administration, or National Oceanic and Atmospheric Administration, or its predecessor, the Coast and Geodetic Survey. Generally, men and women veterans with similar service may be entitled to the same VA benefits.

Dishonorable and bad conduct discharges issued by general courtsmartial may bar VA benefits. Veterans in prison and parolees must contact a VA regional office to determine eligibility. VA benefits will not be provided to any veteran or dependent wanted for an outstanding felony warrant.

Certain VA benefits require service during wartime. Under law, the VA recognizes WWII (Dec. 7, 1941–Dec. 31, 1946), the Korean War (June 27, 1950–

Jan. 31, 1955), the Vietnam War (Aug. 5, 1964 (Feb. 28, 1961 for service "incountry" before Aug. 5)—May 7, 1975), and the Gulf War (Aug. 2, 1990 through a date to be set by law or the president).

Important documents needed to expedite VA benefits delivery:

Service Discharge Certificate: DD-214, DD-215, or for WWII veterans, a WD form, which documents service dates and type of discharge. If this has been lost, a duplicate may be requested. You may request a copy through Mike Abbott or Lou Hillman at the East County Resource Center. It takes two to three weeks to receive after the application is received. You may also apply online at www. archives.gov/veterans/military-servicerecords/.

For benefit claims related to a veteran's death, the following additional documents may also be required:

- 1. Veteran's marriage certificate for claims of a surviving spouse or children.
- Veteran's death certificate if the veteran did not die in a VA health care facility.
- 3. Children's birth certificates or adoption papers to determine children's benefits.
- 4. Veteran's birth certificate to determin parent's benefits.

Next month: Priorities for service.



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* * Sedro-Woolleu * *

Rlast from the Past

Business Dress Up Contest

Woolley Fibers Quilt Show

1st Annual Art Show

Arts & Crafts and Food Vendors

Saturday

SWAN Century Bike Ride

Woolley Fibers Quilt Show

1st Annual Art Show Arts & Crafts and Food Vendors

Children's Costume Parade

Kids Contests - Jump Rope, Hula Hoop,

& Pie Eating

Live Music - Silver Creek Band

SEDRO-WOOLLEY



Sedro-Woolley





Vivaz Fitness opened April 9

SEDRO-WOOLLEY — Offering the Latin-inspired, dance-infused workout known as Zumba, Vivaz Fitness opened its doors in downtown Sedro-Woolley April 9.

Located at 205 Ferry Street, Vivaz Fitness is owned and operated by three local residents and certified Zumba instructors: Dina Padilla, Angela Phares, and Fran Gonzalez. The trio's mission?

"Vivaz Fitness is a fitness studio devoted to providing affordable fitness for adults and children that will give people of all fitness levels the ability to achieve their fitness goals and feel better about themselves while having fun," said Gonzalez.

The studio is open Mon. through Fri. (9:15 a.m., 4:15–5:15 p.m., 5:30–6:30 p.m.), Mon. through Thur. (6:45–7:45 p.m.), and Sat. (8–9 a.m., 9:15–10:15 a.m.). Additional classes will be added depending on demand.



Vivaz Fitness owners (left to right) Dina Padilla, Angela Phares, and Fran Gonzalez.

For more information, visit the studio, call 360.855.0600, or e-mail vivazstudio@ gmail.com. Find the studio on Facebook



NWWRC helps **Sedro-Woolley youth**

NorthWest Washington Reading Corps will host a Healthy Kids Fun Fair at the Sedro-Woolley Boys & Girls Club, located at 201 N. Township St. in Sedro-Woolley. The event will be held May 6, from 2:30 to 6:30 p.m.

The fair will include bike and fire safety, nutrition activities, library card sign-ups, Zumba, ballroom dancing, disaster preparedness, gardening, dental health, and more. Booths will be set up to help kids learn about health, safety, and positive choices. School-aged youth are encouraged to attend.

An AmeriCorps Program, NorthWest Washington Reading Corps (NWWRC) has more than 50 members volunteering in Skagit, Whatcom, and Snohomish Counties. In Sedro-Woolley, NWWRC has teams of tutors at Evergreen, Mary Purcell, and Central Elementary Schools.

For more information, contact Morgan Otto-Berglund at morgan.otto-berglund@ servenorthwestwa.org, or Jill Reid at 360.856.1830 or ireid@bgcskagit.org.

Briefly ...

Woolley Fiber Quilters has extended a call for entries for the "Blast of Color" 2011 quilt show scheduled for June 3-5 in downtown Sedro-Woolley.

In conjunction with the Blast from the Past festival, the quilt show will feature more than 200 quilts on display, member boutique, demonstrations, vendors, People's Choice voting, and more.

Deadline for entry forms is May 16; forms are available at Cascade Fabrics. Quilt submission day is May 31.

For more information about the quilt show, go to www.woolleyfiberquilters. blogspot.com.

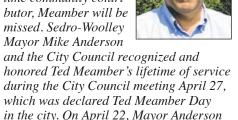
S-W Community Troop Support will have its bi-monthly meeting on May 31 at 5 p.m., at Eagles Arie #2069, located at 1000 Metcalf St. in Sedro-Woollev. Meetings are open to the public.

This meeting's agenda will focus primarily on our upcoming 2nd Annual Poker Run on Sat., July 30. For more information, contact coordinator Marilyn Pineda at mpineda@ianicki.com or 360.856.5143, ext. 1703.

From the mayor's desk

By Mayor Mike Anderson

Editor's note: Sedro-Woolley City Council member Ted Meamber died April 20. A longtime community contributor, Meamber will be missed. Sedro-Woolley Mayor Mike Anderson



Ted Meamber loved Sedro-Woolley. He served city government, volunteered on the Sedro-Woolley Fire Department, volunteered with community organizations, and represented Sedro-Woolley for years and years. Ted has been a vital member of the City Council, and his participation and contributions will be

released the following memories of Ted.

missed by all of us. Ted's efforts and commitment to Sedro-Woolley made a big difference to the community. He was elected to the City Council in November 1999 and served as councilman until his death.

Before that, Ted served on the Sedro-Woolley Volunteer Fire Department from 1967 to 1987. As a councilman, Ted wanted the Skagit Plant in Ward 1 his ward—as he had spent many years working for the Skagit Corporation and wanted to see that property revitalized as a source of jobs.

He also served the American Legion and Helping Hands Food Bank, and was involved with the Sedro-Woollev wrestlers. Ted was himself a former state wrestling champion who, decades later, rarely missed a match.

On Jan. 12, the City Council adopted Resolution 837-11, which honored Ted for his decade of service on the Skagit Community Action Agency Board of Directors.

I could always count on Ted to give his time and energy to represent Sedro-Woolley on boards and commissions, or however he was needed.



CONCRETE HERITAGE MUSEUM NEWS

Opening Day is coming! The board members of Concrete Heritage Museum are getting ready to open the museum on Memorial Day weekend, May 28. If you haven't been to the museum in some time or have guests coming to visit this summer, plan a Saturday afternoon to visit us from noon to 4 p.m.

www.concrete-herald.com

Remember, you can make an appointment to visit the museum or do research in our library outside of our regular hours by calling Robin at 360.826.3075 or e-mailing us at concreteheritagemuseum@ stumpranchonline.com.

Monthly meetings are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

Our **Easter Bake Sale** at Albert's Red Apple Market on April 22 was a terrific success and always helpful on

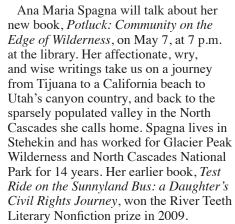
the fundraising front for the museum. Thank you to everyone who contributed baked goods for the sale, and to Richard and Mike Frank for allowing us to set up inside the store.

The Centennial reprint of **So They** Called the Town Concrete is still available. The new edition features enhanced photographs and a more readable font. New cover graphics were done by Philip Johnson. Copies are available at Albert's Red Apple (at the lottery counter; please pay for it there) and the museum. An order form also may be printed at our Web site: www.stumpranchonline.com/ concreteheritagemuseum.

WANTED: New Museum Association members! Support your local historical museum.

-Dan Royal

Upper Skagit Library



Constance Lang will be at the library May 20 at 7 p.m. Lang is a freelance writer, currently edits the NAMI Skagit Newsletter, and the newsletter for The Peer Connection Center while working one full-time and two part-time jobs. She has written books for children and young adults, as well as a diverse assortment of nonfiction articles.

In June the North Cascades National Park artist-in-residence Eric DeLuca

will be at the library (date to be determined). DeLuca's art is a unique marriage of art and science utilizing natural sound. His proposal was "to research and explore the park's unique sonic repertoire using advanced audio recording technology (including air and underwater transduction), acoustic ecology, musical composition, and critical listening." His plan is "to create a soundscape composition that could act as an educational tool connecting individuals to the sounds of the park, as well as a musical composition." This presentation promises to be very unique indeed. The library is in the basic planning

stages for providing computer classes. We will receive six laptops through a grant to be used in training people to use the Internet. An announcement will be made when that is available.

The regular library board meeting will be May 12, 5 p.m., at the library. Everyone is welcome.

-Aimee Hirschel

Community Calendar





2-6Teacher Appreciation Week

National Day of Prayer participation, Community Bible Church, Concrete, 6 a.m. to 7 p.m.; see notice, p. 26; info at 360.853.8829

Healthy Kids Fun Fair, Sedro-Woolley Boys & Girls Club, 201 N. Township St., Sedro-Woolley, 2:30 to 6:30 p.m.; info at 360.856.1830 or ireid@bgcskagit.org

Cascade Senior Center Plant Sale, 1115 Darrington St., Darrington, 10 a.m. to 4 p.m.; info at patches 1234@gmail.com

WSU Skagit County Master Gardeners Plant Fair, Skagit County Fairgrounds, 8 a.m. to 3 p.m.; info at albacall@aol.com

Girl Scouts Troop No. 50822 Bridging ceremony, Henry Thompson bridge, Concrete, 10 a.m. to 1 p.m.

Lyman Elementary Booster Group-sponsored carnival, Lyman Elementary, 1 to 4 p.m.

Terry Lane Memorial Service, Concrete High School gym, 2 p.m.

Upriver Drifters car enthusiasts cruise to Annie's Pizza Station, Concrete, every Sat. starting May 7, 2 to 4 p.m.; info at 360.853.7638

Ana Maria Spagna book tour, Potluck: Community On the Edge of Wilderness, Upper Skagit Library, 45770 Main St., Concrete, 7 p.m.; info at www.ncascades.org

Mother's Day. Tell your mother you love her.

Free health screenings at Concrete Theatre, Concrete, 5:30 p.m.; see announcement, p. 28; info at 360.856.7245

United General Hospital open house, Sedro-Woolley, 4–7 p.m.; info at www.unitedgeneral.org

Mountain School open house at North Cascades Institute Learning Center, 9 a.m. to 4 p.m.; meet at administration office in Sedro-Woolley; RSVP to 360.854.2595 or oraneka_singlaub@ncascades.org; info and video at www.ncascades.org/school

Walk for Life & 5K Friendly, a Pregnancy Choices benefit, Port of Skagit County Nature Trails, 10 a.m.; info at 360.428.4777 and www.pregnancychoices-walkforlife.com

Bear Awareness Week, see article, p. 23

Ana Maria Spagna book tour, *Potluck: Community On the Edge of* Wilderness, Darrington Library, 1005 Cascade St., Darrington, 6:30 p.m.; info at www.ncascades.org

North Cascade Veterinary Hospital Mobile Vaccine Clinic, 7337 Dillard (old police station), Concrete, 3 to 5 p.m.; info at 360.856.1809

"FRESH" sustainable agriculture documentary shows at Concrete Theatre, 7:30 p.m.; admission by donation; see announcement, p. 28; info at www.concrete-theatre.com

Hamilton Cemetery work party, north end of Cabin Creek Rd., just east of Hamilton, 9 a.m.; info at 360.826.3443, 826.3785, or 826.3835

"Blast Open the Pass" party and taco feed, Marblemount Community Hall, 6 to 8 p.m. (food) and 8 to 11 p.m. (square dancing); see article, p. 22

Skagit Fisheries Enhancement Group presents "Bringing Back Salmon," Concrete Senior Center, 7 p.m.; info at 360.853.8549

Skagit County Sauk Transfer Station and Clear Lake compactor site closed for mandatory furlough

Concrete Saturday Market opens for the season, 9 a.m. to 4 p.m.

28 Concrete Heritage Museum opens for the season, noon to 4 p.m.

31 Sedro-Woolley Community Troop Support meeting, Eagles Aerie #2069, 1000 Metcalf St., Sedro-Woolley, 5 p.m.; info at mpineda@janicki.com

Blast from the Past, Sedro-Woolley; info at www.sedro-woolley.com

*Community Calendar is updated daily at www.concrete-herald.com/calendar

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A complete list of distribution points is posted online at www.concrete-herald.com/about-the-herald/distribution-points







www.concrete-herald.com

Lyman Elementary students hold coin drive for Japan tsunami victims

By Jason Miller

Like most of us, 4th grader Tayler Henderson from Lyman Elementary watched the Japanese tsunami coverage on TV. But unlike most of us, she was moved to contribute directly to the victims.

"I was listening to the news, and saw all the trouble, and I thought since we had [held a coin drive for] Haiti, we could do Japan," said Tayler.

She brought her idea of a coin drive to Principal Mark Nilson, talked through the logistics with him, then enlisted the willing aid of friends Brontë Stiles and Lily Millison and embarked on a mission to raise \$200 for the cause.

The girls made posters, bookmarks, and fliers to publicize the drive, and started getting donations before it began April 13.

They hit their goal just three days into the drive, so they bumped the target to \$300. On April 20 they had \$370, so they raised it again, to \$500. By their April 27 deadline, they'd collected \$517.22. The money will be sent to the Red Cross for distribution to tsunami victims.

"I'm really proud of these girls," said Nilson. "They initiated this; they did all the work. It really speaks to their character, their upbringing. Certainly their parents have instilled in them a greater purpose."

"It's a great idea, it's really easy," said Lily of the experience.

The girls said they were grateful for the assistance they received from the school's administrative secretary, Kristi Johnson.

Easter Bunny busy in Lyman By Tammie Werner

On April 23 the Easter Bunny made an early delivery in Lyman of about 1,500 Easter eggs for the annual Lyman Easter Egg Hunt. The lawn of Lyman Elementary School was covered with brightly colored eggs and excited children carrying their baskets in search of treasure. Organizer Amber Rooks said about 100 children

attended the community-sponsored event this year. Amber has organized this event for the past six years after taking over for founder Susan Esary. She wanted the tradition to continue and does this event with the help of friends who help her stuff all the plastic eggs with candy and treats. The Rook family donates the majority of the funds needed, as well as the time and energy it takes to put an event like this together.

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Lyman Elementary students (left to right) Brontë Stiles, Tayler Henderson, and Lily Millison started a coin drive April 13 to raise \$500 for the Red Cross to help victims of the tsunami in Japan. By their deadline of April 27, they had raised \$517.22.

Lyman Library tales

By Elaine Kohler

It looks like spring might actually be trying to get here. The last two days were lovely and gave us a great taste of what is

As you all know the library is being down-sized, and all is going well. Things are kind of mixed up in there at the moment, so I ask you to be patient and take time to look for what you want to read. We will have some leftover bookcases; if no one claims them, I will put them up for adoption. Just watch the Lyman Post Office bulletin board.

As I go through the books, I have been trying some of the old authors. The latest one I have found is the J. J. Marric's mysteries with George Gideon of Scotland Yard. We have four of them, and I have enjoyed them all. They will stay with the library, so if you like old-time mysteries, give these a try.

Welcome back to volunteer Jan Watts, who had to stop working with us for a little bit. Ann Leopard has taken on the alternate Saturday shift with Jan. Please remember to say thanks to these ladies,

(and gentleman) who give of their time so the library can stay open. It only takes a moment and it is nice to know your efforts are appreciated.

Again, thanks to All Valley Storage for the donated unit. It has been a great help. See you all next month.

Gearing up for annual **Car Show**

The 11th Annual Lyman Car & Craft Show is planned for July 9, from 8 a.m. to 4 p.m., and the town already is making plans for the popular event. On May 3, Car Show banners were hung on light poles that line the show space.

Organizers are encouraging attendees to bring the whole family for a fun day of cars and crafts. Booth spaces are available; interested parties should call Sonja Haigh at 360.826.4906.

Haigh also is the contact point for the event's raffle, with a 40-inch flat-screen TV as the prize. Tickets are \$5 each and are on sale now. Only 500 tickets will be

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Community notes

Day Creek is looking for ideas for **community events**—for fun and fundraising. These events will help us get to know our neighbors and help support our fire hall. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson at 360.826.3581.

Girl Scout Katie Edelson and her family recently returned from a visit to a remote village in Cambodia. As a Girl Scouts project, Katie gathered money from the community, with which she purchased school supplies and vitamins for the village.

Katie is compiling information for a

presentation to be held at Day Creek Chapel in mid-May, and at the Day Creek Community Club during the third Tuesday potluck May 17. It should be a wonderful and enlightening time, so plan to come. For more information, including the dates and times, contact Kathy Henderson at 360.826.3581

The reining and pro-cutter classes at Way Out Ranch have been postponed for spring cleaning. For riding information, contact Karen McCoy at 425.760.7860.

Women (and men) crafters are invited to work together on projects. Crafters meet the last Thursday of each month, from 5 to 9 p.m. in the parsonage building next door to Day Creek Chapel. Bring your own craft or come to learn a craft.

Bring a snack and have some crafty fun. For more information, call Virginia Learned at 360.770.1765.

Knitters, come one and come all. A knitting club began in February, with plans to read Debbie Macomber's book, Shop on Blossom Street, and learn to knit the baby blanket in the book. The group meets the first and third Mondays of each month at Cascade Christian Church (Township and Wicker in Sedro-Woolley), from 6:30 to 8 p.m. For more information, call Hilary Bonnette at 360.540.3978.

Church chatter

"Kingdom Builders" meets Wednesdays from 6:30 to 8:30 p.m. This is a group forming at Day Creek Chapel

involved: 360.826.3581. If you have information you want to

share, contact Kathy Henderson via e-mail at winningcircleranch@gmail.com.

to reach out to address others' needs in

the community. Call Kathy Henderson

for details or if you'd like to become

-Kathy Henderson

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Puget Sound Energy recognized for environmental project on Baker River

WASHINGTON, D.C. — The National Hydropower Association on April 5 presented Puget Sound Energy one of the hydropower industry's most prestigious honors—the Outstanding Stewards of America's Waters (OSAW) Award—in recognition of the utility's decades-long efforts to improve salmon runs on the Baker River.

PSE was recognized in the Recreational. Environmental, and Historical category for successfully reviving a sockeye salmon population once feared to be on the brink of extinction. This is the second time in recent years that PSE has won the industry award for its fish-enhancement work at the utility's 170-megawatt Baker River Hydroelectric Project in Concrete.

The NHA selection panel, which includes representatives from industry and a host of interests, chooses OSAW Award winners based on each project's challenges, innovations, collaboration with stakeholders, and results.

"For decades, Puget Sound Energy has worked collaboratively and innovatively to protect and restore salmon populations," said NHA Executive Director Linda Church Ciocci. "These efforts culminated in remarkable salmon run return results for 2010.

Puget Sound Energy's work at the Baker River Hydroelectric Project is an exciting example of best practices for the hydro industry and is a clear example of industry's commitment to good stewardship.'

PSE has worked closely for decades with federal and state agencies and Native American tribes on fish recovery, first to stabilize the Baker River's sockeye salmon population, then to increase the run's historic average of about 3,000 fish. The utility's collaborative efforts took on heightened urgency in the early 1980s when the river's sockeve numbers plummeted for reasons biologists still can't pinpoint. In 1985, the Baker River's adult sockeye return reached an all-time low of 99 fish

In the years since, PSE and its fisheries partners have devised a series of innovative fish-recovery initiatives. In 2010, their efforts produced a record return of 22,608 adult sockeye. Fisheries agencies predict that sustained adult returns of 50,000 to 70,000 sockeye are possible in the future.

"It is a great honor to be recognized for collaborative, creative, and committed efforts to protect the Baker River's prized salmon population," said Cary Feldman, a senior PSE biologist who accepted the award along with Ed Schild, PSE's director of electric operations and NHA Treasurer.

For more information about PSE's Baker River Hydroelectric Project, visit www.pse.com/bakerriver.

La Conner Quilt & **Textile Museum to hold** first international juried and judged show

La Conner Quilt and Textile Museum has issued a call for entries for its first International Juried & Judged Show, sponsored by the museum.

Entries will be accepted in the following categories: Traditional, Nontraditional, Wearable Art, and Eco-Green. Winning entries will be featured in a special exhibit at the La Conner Quilt & Textile Museum titled "AWE: Award Winning Entries," from Oct. 5 through Dec. 30.

The deadline for entry is June 15. To download an entry form, go to www. laconnerquilts.com.

The museum is located at 703 South 2nd St. in La Conner. For more information, call 360.466.4288 or go online to www.laconnerquilts.com.

Vaccination clinic returns

North Cascade Veterinary Hospital will bring its mobile vaccination clinic to Concrete on the third Tuesday of May and June (May 17 and June 21), from 3 to 5 p.m. each visit.

NCVH will charge a reduced rate for examinations (\$25) and vaccines, which range from \$16.50 to \$25.

No appointment is necessary, just bring your cat in a carrier or dog on a leash. For more information, call 360.856.1809.

Concrete Herald



Community meetings

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Hi. Lo. Country Bar & Grill, 7296 Baker St., Concrete Town Center. 360.466.8754 or concretechamber@mac.com.

Concrete Eagles Aerie 1444 holds Aerie meetings the first and third Wed. of each month at 7:30 p.m., and Auxiliary meetings the first and third Tue. at 7:30 p.m., at 45930 Main St., Concrete. tuffenuf1@frontier.com.

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station. Concrete. Social at 6 p.m.: meeting at 6:30.

Concrete School Board meets the last Wed, of each month, at 7 p.m. in the high school Commons. The board will hold a workshop May 23, at 6 p.m. in the high school Commons, 360,853,8141,

Concrete Town Council meets the second and fourth Mon. of each month at Town Hall, 45672 Main St., Concrete. at 7 p.m. 360.853.8401 or andreaf@ concretewa.gov

Darrington Area Business Assn (DABA) meets the third Wed, of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington.

360.436.2167. **Darrington Town Council** meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.

Friends of Upper Skagit Library meets annually in Feb. each year. 360.853.8549 or uslfriends@gmail.com

Hamilton Town Council meets the second Tue, of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027

Imagine Concrete meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.

Lyman Town Council meets the second Tue, of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk lyman@msn.com.

Saukrates Cafe meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and http://saukratescafe.wordpress.com.

Sedro-Woolley Chamber of **Commerce** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

*To add your organization's meeting to this list, e-mail editor@concrete-herald.com or call 360.853.8213.



Above: On April 20, representatives from the Concrete Saturday Market picked up litter along a stretch of SR 20, from the clinic to about two miles Hinds, Larry Lintz, Pat Horn.



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Above: Intrepid litter hounds gathered April 9 for the Concrete Chamber of Commerce annual litter pick-up along SR 20 between Dalles Rd. and the East Valley Medical Clinic in Concrete. Shown are (front row, left to right): Cherrish Wysong, Madison Norgord, Julie Tucker, Ethan Norgord, Susan Taxdahl. Back row, left to right: Seth Smith, Cindy Kleinhuizen, Jim Hillman, Carol Pando. Not shown: Anne Bussiere, Jason Miller.

Left: It's hard to tell who was more eager—the kids or their parents—at the Concrete Lions Club Easter egg hunt at Concrete Elementary April 23. Photo by Adrienne Smith.

Right: Mayor Mike Anderson (front left) and firefighters watch as Chet Griffith (Sedro-Woolley Firefighters Association President) cuts the ribbon at the Fire Station 2 Open House, held the evening of April 6. Photo



Above: The students in Mary Bianchini's third grade class at Concrete Elementary made beaded pins of the Japanese flag as a fundraiser for the Red Cross. "The Japan earthquake and tsunami brought about a great students see on the news and in our weekly TIME for KIDS magazine, the current event could not be ignored. The pins were an item that the students could make on their own. They were so excited to be helping are Nathaniel Cockrum (left) and Troy Schmidt. Submitted photo.



April in pictures

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Left: First-grader Killian Moore stands with her new "pet": The World's Largest Easter Bunny. Killian won the stuffed toy during a drawing at Cascade Supply on April 23. Submitted photo.



seems content with an egg in each hand during hunt April 23. Photo by

Concrete Elementary School janitor Schuvler Brown agreed to get his beard shaved off for a PTO fundraiser April 15. Two jugs were in play for days before the event, one marked "Shave," the other marked "Don't shave." In the end, "Shave" won with \$39.12 ("Don't shave" pulled in \$25.08). Above left: Schuvler before the big moment.

Left: In front of an excited crowd of kids, Secret Garden Styling Salon owner Dani Magee takes the electric clipper to Schuvler's beard.

Above: Schuyler looking a little less fuzzy for a good cause.





Above: Members of Girl Scouts Troop No. 50822 were on hand at Concrete Food Bank April 21 to help serve visitors and give each person a free box of Girl Scout cookies. Shown are (left to right): Elizabeth Kesterson, Erica Knuth, and Kassiopia Roberts. Also on hand that day were Emily and Cassie Bridge, Hannah Newman, Olivia and Emily Greso, and Alyssa Roberts.

Right: Seth Smith of The Valley's Buzz in Concrete examines a 4-lb. box of bees (about 20.000 bees) during Beekeepers Field Day April 16. Some of the bees. which had recently been transported from California, were delivered to budding beekeepers this day

Left: Twins Gracie and Ryder Aldridge, 4, from Bow, model clothing from Oliver-Hammer Clothing in Sedro-Woolley during the Sedro-Woolley Eagles Aerie No. 2069 Fashion Show fundraiser April 9. All proceeds from the event went to Hospice of the Northwest. Other clothing stores represented at the show were Lane Bryant, Maurice's, and The Bony Pony.



Above: Community Bible Church choir member Caleb Harrison sings a solo during the group's Easter Cantata performance at Concrete heatre April 14. The kid has pipes.

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deal of discussion with my class." said Bianchini. "We looked at maps to see where Japan was located, discussed the earth's tectonic plates and how they shift, and finally how a tsunami is created. With the images the in their own way. They have raised \$315 in two days! I am very proud of what they have accomplished and given to others." Shown with Bianchini

CD BUYERS

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Hamilton

Hamilton Cemetery

work party planned

The Hamilton Cemetery Association

located at the north end of Cabin Creek

Road, north of State Route 20, just east of

Hamilton. Volunteers will clean out flower

beds, weed, and perform general sprucing

will hold a work party on May 21,

beginning at 9 a.m. The cemetery is

up to get ready for Memorial Day.

"People come from all over to pay

member Roberta Melton, who also is

Lyman postmaster. Melton recalled a

woman from Alaska, who stopped by

the Lyman Post Office to compliment

the appearance of the cemetery and drop

off a donation. The woman had been to

impressed with how nicely the grounds

were kept. It meant a lot to her, and she

wanted to show her appreciation with a

with the work party. Organizers do not

anticipate a long day; any volunteers are

Anyone can come and volunteer

visit loved ones buried there and was

respects and visit their loved ones, and

we want it to look nice," said association





Easter fun for Hamilton kids

By Tammie Werner

On April 16 the children of Hamilton were treated to an Easter egg hunt in the town's park organized by Hamilton Fire

Approximately 70 children hunted for eggs that were hidden by Mandy Bates, Scott Bates, Cheryl Bates, and Roger and Susan Mani. Treats and cupcakes were provided afterward by Mandy Bates, Cheryl Bates, Jennifer Benjamin, and council members Andy Jensen and Dale Bonner. Each child took home their found eggs, as well as a coloring book made by council member Joan Cromley.

"Mandy did a wonderful job," said Hamilton Town Clerk Susan Mani. "The children were great and had a good time even with the cold weather."

Cascade Mercantile food drive and raffle to benefit Hamilton food bank

By Tammie Werner

Cascade Mercantile is holding a raffle and food drive to benefit the Hamilton Community Food Bank, which serves families in the area. Raffle prizes include a Pepsi cooler that is a replica of an old Pepsi dispenser, a mini Mountain Dew fridge, six 18-packs of Pepsi, three 18-packs of AMP, and three 18-packs of



Cascade Mercantile will raffle this replica Pepsi cooler and other prizes May 30 in a fundraiser to benefit Hamilton Community Food Bank. Submitted photo.

Mountain Dew. More prizes may be added as well. Raffle ticket prices are \$1 each, 6 for \$5, and 25 for \$20. The raffle and food drive have begun and will end on May 30.

accepted. A scale is in place to weigh

donations. The store hours are 5 a.m. to 10

greatly appreciated. Donations of essentials not covered For more information about the by EBT (nonfood items such as toilet cemetery, contact Ray or Roberta Melton paper, toothpaste, etc.) that are purchased at 360.826.3443, Richard Nelles at at Cascade Mercantile will receive a 10 826.3785, or Mack Judd at 826.3835. percent discount; customers can purchase a like item for themselves for the same discount. Food and cash items also are

-Tammie Werner

Food bank update

By Larry Weston

Hamilton Community Food Bank, located at 951 Petit St. in Hamilton, assisted 1,571 people in 486 households providing 7.855 meals during April. Upwards of 25,470 lbs. of donated perishable and nonperishable food items were distributed. We also have given out more than 2,500 lbs. of clothing and household items in addition to the food provided.

We had 30 volunteers who worked a total of 710 hours to minister to the needs in our community, which range from Darrington to Mount Vernon and other outlying areas. Our donations come from as far away as Tenino and Bellingham because people have heard through

word of mouth of the work that is being done through the food bank. The local community has stepped up to meet the needs in the area with donations coming in from local merchants, as well as from

The center is open every Tuesday from 11 a.m. to noon and 1 to 3 p.m., with commodities distributed the first Tuesday of each month. In addition to food, the center also offers a wide selection of clothing for the whole family, plus some household items.

local people helping others in need.

Donations of food and clothing can be made during regular hours; monetary donations can be dropped off or mailed to HCFB, P.O. Box 75, Hamilton, WA 98255. All donations are tax deductible Call 360.826.4090 for more information.

Larry Weston is volunteer office manager for Hamilton Community Food Bank.

Birdsview buzz

By Kris Voiat

Happy Mother's Day and Cinco de Mayo. Not much news to report from Birdsview this month; it's been pretty quiet.

May anniversaries

Bob and Lacy Lahr Kevin and Jayme Adkinson

May birthdays

Bruce Morgan

Marshall Fichter

14 Dan (the man) Brown

Blaine Burghduff

Jenny Janda

23 Jayme Adkinson

Welcome back, Baker River Hotshots and engine crew. Now we know spring is really here.

Hopefully, spring will *finally* stick around for longer than a day, WSDOT will get the pass open, we can get our gardens planted, and things will start to pick up in the upper valley. Remember, shop local, eat local, and support your local small businesses, or we won't be here when you

Please come in and let me know any comings and goings in Birdsview.

Have a great month, everyone.

Please recycle this newspaper!

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Business Spotlight:

Ovenell's Heritage Inn/ **Double O Ranch**

By Cora Thomas

"This place is the real deal, it's like out of a movie." This is how one Seattle guest described his stay at Ovenell's Heritage Inn in April of this year on yelp.com.

"You can't find anything like this," Eleanor Ovenell tells me as I sit across from her and two of her daughters, Kris Hansen and Cindy Kleinhuizen, as we all have tea in the dining room overlooking Mount Baker.

Eleanor is the owner and matriarch of the family. Her inn sits on the green slopes of the family farm, Double O Ranch, a 580-acre working cattle ranch on which they've raised high-quality Maine-Anjou cattle since 1945. You'll find it about three miles down Concrete-Sauk Valley Road, off of Hwy 20. Eleanor married Norman Ovenell in 1965 and both became sole owners of the Double O Ranch. Norman had inherited the farm from his parents. James and Mary. Norman Ovenell passed away a year and a half ago.

In the mid-1990s, Eleanor retired from teaching at the Concrete School District for 18 years. In 1997 she decided to embark on a new adventure. Her family and friends that would come to stay at the large historical Ovenell home originally built in 1915 had always asked, "Why don't you open a Bed & Breakfast?" She, her husband, and three of her daughters decided to actually do it!

In the main inn you'll find four rooms upstairs that used to be the bedrooms of Eleanor and Norman's five daughters. Each room is themed and named: Heirloom, Windsor, Brass, and Heritage.



Kleinhuizen, Kris Hansen, Norm Ovenell (dec.), and Molly, the Great Pyrenees.

The rooms and hallway are decorated with family antiques and black-andwhite photographs of relatives. As you walk downstairs, there's a large living and dining room that leads out to a deck, perfect for lounging on a warm summer evening sipping an iced tea. Here you'll find the million dollar view of Mount Baker that the Ovenells boast about. They are not kidding! I've seen it for myself, it's truly a sight to see! The main inn is available May 1 through Sept. 30. Take a short drive down toward the river

and you'll find five quaint pine log cabins and a guest house, also themed and fully equipped with all you need. The Eagle Ridge Cabins are named the Woodsman, Wrangler, Fisherman, Foreman, and The Eagle; each can accommodate up to four people. The first four were built in 2000. The fifth cabin, The Eagle, was built in

2004 to accommodate more guests. The Wrangler and The Eagle are pet friendly. The guest house is named Bear Hollow, has two bedrooms, two baths, a living room and a full-size kitchen, and is perfect for families or reunions. The cabins are located next to beaver ponds, just a short walk from the river, and offer an excellent opportunity to view local wildlife. Eleanor says, "The abundance of wildlife, the historic cattle ranch, the freedom to roam the property is all unique and makes for a peaceful and private getaway." The cabins and guesthouse are available year-around

Their customers come from all over the world. "We've had a lot of Europeans come through here over the years," Eleanor explains. People from The Netherlands, Russia, Japan, May 2011 • Concrete Herald • 19

Canada, and Israel have found this gem in Skagit Valley.

This business is definitely a family effort. Three of Eleanor's five daughters help to operate the Inn and ranch. Kris is the Inn/Cabin Manager; Cindy and her husband, Jason, are the Ranch Managers and own the cattle. The youngest daughter, Helen, is the bookkeeper and also owns Perks Espresso.

Eleanor's motto is "If you're not going to do it right, then don't do it at all. That's why you'll find our place clean, well decorated, homey, and well priced for all that you get," she says with a smile.

Ovenell's Heritage Inn is AAA approved and also hosts weddings and other special events. It also won the Best Bed & Breakfast from Skagit Publishing People's Choice for 2010.

If you're looking for a destination getaway, Ovenell's Heritage Inn is a perfect spot for a family trip or a romantic getaway. It's close to the North Cascades National Park, so you can get your fill of outdoor activities or, if you're looking to just relax indoors with a good book, snuggle up in those cozy log cabins!

At a glance: Ovenell's Heritage Inn/ Double O Ranch

Where: 46276 Concrete-Sauk Valley Rd., Concrete

Phone: 360.853.8494

Hours: 8 a.m. to 8 p.m., 7 days a week E-mail: breakfast@ovenells-inn.com

Web: www.ovenells-inn.com

MS Track, cont. from p. 7

With a light touch, Lentz pushes her athletes to take ownership for improving themselves on the track and in the classroom. She assures them they want to keep their grades up or they won't get to compete in team events, such as relays. "And I tell them they won't get to hang out with me," she laughed.

Lentz hands out fliers to the athletes before meets, telling them she's rooting for them. She posts their stats in the lunchroom the day after each meet. And she's willing to help them with school work during track practice. "I want them to know it's not just about coming to practice and getting a whole bunch of yelling," she said.

The team's May schedule includes Harbor on the 11th, and Burlington on the 18th. The finals competition will be held at Mount Vernon High School on May 25.

After years of being "the one coaches called to get practice started before they showed up," Lentz is finally in the driver's

"I'm loving it. I really think the kids are enjoying a different atmosphere in the sport," she said. -J. K. M.



PSE hires Ertel to lead efforts in Skagit County

BURLINGTON — Puget Sound Energy hired Cory Ertel as community services supervisor responsible for leading the utility's community outreach efforts in Skagit County, effective March 21.

Ertel has several years of experience in local and regional community involvement and public affairs work. As the government affairs director for the Skagit/Island Counties Builders Association from 2008 to 2010, Ertel worked with city, county, and state public officials on various issues. He is also a recent Leadership Skagit

Program graduate and active in Skagit Young Professionals, the Skagit County Climate Action and Sustainability Task Force, and Envision Skagit 2060.

"I'm very excited to join PSE's community services team in

Skagit County," said Ertel. "My family and I know how important the utility is in serving the community, and I know that a clear vision for meeting our energy needs is vital for helping our economy grow."

As community services supervisor, Ertel will work closely with longtime PSE Local Government and Community Relations Manager Ray Trzynka.



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Rockport





Don't forget to call before you dig

Puget Sound Energy encourages everyone to contact the 811 "Call Before You Dig" hotline to schedule a free utility locator service to mark underground utility lines before beginning any work that involves digging, such as building a new fence or deck, planting trees and shrubs, or even pulling out a tree stump.

Residents and excavators should call the 811 service two business days before they dig to help avoid potential hazards with striking or damaging underground lines.

"Our underground utility lines are struck approximately four times a day, on average, with a significant amount of the damage to our natural gas and electric systems resulting from not calling 811 before digging," said Sue McLain, senior vice president of operations for Puget Sound Energy.

In 2009, PSE experienced 1,031 incidents related to accidental dig-ups of

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disease that causes cavities

the utility's 24,000 miles of underground natural gas lines and 481 incidents involving the utility's 10,000 miles of buried power lines, down 25 percent from a total of 1.977 combined incidents in 2008. More than one-third of the damage to PSE's underground natural gas lines was caused by residents, contractors, and other excavators who failed to call 811 to have the underground utility lines marked.

PSE advises anyone who may have damaged natural gas pipes or electric systems, or who smells the odor of natural gas, to take these steps:

- Quickly move a safe distance from the damaged line.
- Call 911 after reaching a safe distance.
- Report the damage to PSE at 888 225 5773

For more information about "Call 811 Before You Dig," visit www.call811.com.

Public invited to attend **Conservation Futures Advisory Committee** Strategic Planning work session

On May 12 at 6 p.m., the Conservation Futures Advisory Committee (CFAC) will hold a work session on strategic planning for the Farmland Legacy Program (FLP) in the Skagit County Commissioners Hearing Room, located at 1800 Continental Place, Mount Vernon. The CFAC is reviewing what processes have worked successfully for the FLP, which ones may hinder the program, and what new approaches should be considered.

The purpose of this work session is to solicit feedback from the community and gain any information that may help in this

Established in 1997, the FLP has been successful in purchasing development

rights on farmland in Ag-NRL designations. Throughout its 14 years, the program has undergone strategic planning to ensure that it is functioning as efficiently as possible to obtain its goal of protecting farmland in Skagit County. Now, with 8,000 acres protected, the current economy, and new partnerships and funding sources, the CFAC is engaging itself and others in updating the FLP Strategic Plan.

A draft paper will be available online at the FLP Web page at www.skagitcounty. net/farmland.

For more information, call Kendra Smith, Farmland Legacy Program executive director, at 360.419.3303.

Volunteers sought for **Traveling Tribute**

The American Veterans Traveling Tribute is coming to Sedro-Woolley in August. American Veterans Traveling Tribute (AVTT) travels the U.S. to provide a forum for the members of the community to come together to honor and remember defenders of the U.S.

If you'd like to help with this event in any way, contact event coordinator Shelley Prentice at 360.647.8268 or shelleyhd43@msn.com.

AREA FOOD BANKS

Clear Lake

We Have the Solution! Community Covenant Food Bank Next to church at 12605 Hwv 9. Clear Lake • Discover the truth behind what For a referral, call Love Inc. at 360.419.7061 causes cavities

Concrete

Concrete Food Bank

between 9:30 a.m.-3 p.m.

112 E. Main St., Concrete Second, third, and fourth Thur, each month. Noon-3 p.m. 360.853.8505

Darrington

Darrington Food Bank First Baptist Church 1205 Emmens St., Darrington First and third week each month: Wed, and Thur., 10-noon and 1-2 p.m. 360.436.1671

Hamilton

Hamilton Community Food Bank 951 Petit St., Hamilton Every Tue., 11-noon and 1-3 p.m.

Commodities distributed first Tue, each month 360.826.4090

Lyman Shepherd's Heart Food Bank

8334 S. Main St., Lyman Thur. 11 a.m. – 2 p.m. Third Thur. each month till 6 p.m. 360.424.4927

Marblemount Bread of Life Food Bank

59850 State Route 20, Marblemount First and third Wed, each month 11 a.m. – 5 p.m. 360.873.2504

Sedro-Woollev **Helping Hands Food Bank**

250 W. Moore St., Sedro-Woolley Wed., 10-11:45 a.m. and 12:30-4 p.m. Commodities distributed first Wed, each month 360.856.2211

*Changes? Call 360.853.8213.

How great is YOUR dad?

Tell your father how awesome he is by sending him a note in the June issue of Concrete Herald.

E-mail your message of 60 words or fewer to editor@ concrete-herald.com by May 22 for inclusion in the June issue. High-resolution photos also are welcome; just be sure to name the people in the photos, as necessary. Hardcopy submissions can be snail-mailed to P.O. Box 682, Concrete, WA 98237.

First come, first published! Preference will be given to folks living in Clear Lake, Sedro-Woolley, and all communities to the east, Questions? E-mail Jason Miller at the address above or call 360.853.8213.

Become a Concrete **Herald Facebook friend!**

- 1. Go to www.facebook.com and sign up.
- 2. Send a friend request to Concrete Herald.
- 3. Bask in the glow of its friendship.

www.concrete-herald.com





Home & Garden





Master Gardener Plant Fair May 7

WSU Skagit County Extension Master Gardeners will hold their annual Plant Fair on Sat., May 7, from 8 a.m. to 3 p.m. at the Skagit County Fairgrounds (Building F) in Mount Vernon.

There will be starts and established plants of many kinds for sale, including annual and perennial flowers, vegetables, herbs, peppers, and more than 20 varieties of tomatoes. The WSU Master Gardener Clinic also will be on hand to answer gardening questions. The sale will host other garden, art, and food vendors. Pot recycling will be available.

The Plant Fair is sponsored by the Skagit County Master Gardener Foundation. For more information, go to http://skagit.wsu.edu/MG/plantfair.htm or call 360.428.4270, ext. 0.

Free home energy

evaluations offered

BELLEVUE — Puget Sound Energy

energy-saving home improvements can

receive a free, in-home energy evaluation

qualified home-energy specialists as part

of PSE's updated HomePrint Assessment

"HomePrint Assessment can help our

customers—at no cost—better understand

their home's basic energy use and provide

them with tools to take action to save

energy, money, and the environment,"

said Cal Shirley, PSE vice president of

Energy Efficiency Services. "Our goal to

2011 has the potential to save 2.8 million

serve more than 233 homes for one year."

The in-home assessment includes an

systems, including space heating, water

overview of a home's major energy

heating, insulation, and appliances.

on their home's energy assessment,

Customers then receive a summary of

energy-saving recommendations based

information on PSE rebates for energy-

kilowatt hours of electricity, enough to

provide 5,000 assessments to customers in

electric customers looking to make

from 35 local, independent, PSE pre-

program.

WSU Master Gardener Diagnostic Clinics offered to the public

Need answers to your gardening questions? Whether it's an insect pest infestation or an unknown pathogen destroying your beloved plants, Washington State University (WSU)certified Master Gardeners are available to answer your questions during diagnostic clinics this growing season. Area gardeners are encouraged to bring plant or insect samples to the clinics for identification along with their questions.

The clinics are offered at two locations: The Burlington Clinic takes place at WSU Skagit County Extension, 11768 Westar Lane, Ste. A in Burlington from 10 a.m. to 2 p.m. every Wednesday starting in April and continuing through the last Wednesday in October.

−J. K. M. The Anacortes Plant Clinic takes place

other helpful energy-saving tips.

efficient products, contractor referrals, and

HomePrint Assessment also provides

customers with on-site installation of up

to 50 free compact fluorescent light bulbs.

which use up to 75 percent less energy

than traditional incandescent bulbs and

bulb changed can save more than \$40 in

electricity costs over the lifetime of the

PSE offers HomePrint Assessment

services throughout the utility's nine-

county electric service area. To qualify

homeowners or renters must be a PSE

electric customer living in an existing

with four units or fewer.

to www.pse.com/homeprint.

single-family property or attached housing

For more information or a referral to

Assessment specialist in your area, call

a PSE Energy Advisor at 800.562.1482,

Mon. through Fri., 8 a.m. to 5 p.m., or go

Concrete Herald

on Facebook!

an independent PSE-qualified HomePrint

last up to 10 times longer. Every light

every Thursday from 9 a.m. to noon, April through September, at the Anacortes Senior Center, located at 1701 22nd Street in Anacortes.

WSU Skagit County Master Gardener volunteers offer these services to the public free of charge and allow you access to the latest research-based information available from WSU.

For more information, call WSU Skagit County Extension at 360.428.4270, ext. 0, or go to http://skagit.wsu.edu/mg.

Grow a great veggie garden

So you want to grow a vegetable garden this year, but you don't know where to start. Here's the down-and-dirty on what it takes to grow great veggies.

Pick a good spot

Sun is most important: The area should get at least six hours of full sun each day. Slight slopes are good; water can't pool anywhere and drown your plants. Wind protection is a good thing, but not absolutely crucial. You can always support plants with stakes. Fence in the area if you have problems with deer, dogs, or other wildlife.

Get a soil test

Plunging into vegetable-growing without first testing your soil is a gamble. It's like medicating yourself without knowing what illness has jumped you. A good soil-test source is the University of Massachusetts at Amherst: www.umass.edu/plsoils/soiltest/ brochlink1.htm.

pH is important

If your soil is too acidic or too alkaline, your plants won't be able to access the nutrients they require. Generally speaking, vegetables prefer a soil pH between 6 and 7 (7 being pretty much neutral). A lower number indicates higher acidity; a higher number indicates higher alkalinity.

Veggies need nutrients

All vegetables need the "big three" nutrients: nitrogen, phosphorous, potassium (NPK). Nitrogen supports vegetative growth. Phosphorus is essential for healthy growth, strong roots, fruit and flower development, and greater resistance to disease. Potassium (a.k.a. potash) is

essential for the development of strong plants. It helps plants resist diseases, protects them from cold temperatures, and protects them during dry weather by preventing excessive water loss.

Now that you have good background knowledge, it's time to leap into action. Adjust soil pH, if necessary

Add elemental sulfur to lower pH. Add dolomitic lime to raise pH.

Adjust soil texture, if necessary

For sandy soils, add plenty of compost and/or amend with topsoil. Clay soil? Only certain types of clay soils respond well to the addition of sand; others will develop a concrete-like consistency. Better to amend with plenty of compost and be patient: soil texture will improve over time. Loamy soils are a gardener's dream. It's unlikely you need to do anything; this is the soil you want.

Fertilize according to soil test results Remember, more is not better! Always

See Veggies, p. 29

Quarry products: 5/8" to large riprap You haul or we deliver

> Robert Hornbeck. owner, L.B. & R. Logging

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Marblemount |





Blast Open the Pass returns

By Christie Fairchild

After a hiatus of more than 20 years, the Marblemount Community Club will once again host a celebration to welcome the season. Reviving the late '70s to mid '80s tradition of (literally) flinging into spring, east county residents should soon be peeling off those old winter-worn woolies to shake a leg with live music and good

With a fairly mild winter behind us. spring has slammed in with almost constant rain, sleet, hail, and snow: More than 20 inches of snow has fallen in Marblemount and more than 20 feet mor has covered the pass since March. No wonder the plowing is taking so long!

It's past time to shake those cabin fever blues, so head to Marblemount Community Hall on Sat., May 21, for a great taco feed from 6 to 8 p.m., and square dancing from 8 to 11 p.m., with music by John Rantschler, Roger Weaver, John Boyd, and the Jandas. The square dance caller will be Celeste Weaver.

The taco feed is \$7 per person or \$15 per family. The square dancing is \$6 per

\$12 gets a single person in the door for both events; \$20 gets an entire family in for both events.

Be there to be square (dancing)!

Concrete Herald





Fidgety weather didn't dampen the spirits of Civil War reenactors or their spectators April 16–17. Above: A cannon barrel glows with igniting powder in its belly as Union forces fire on Confederate soldiers. Below: Smoke blooms from a rifle as Confederate forces return fire. Right: A historically correct tableau of life during wartime back at the encampment









Marblemount Diner up for sale

First, let's dispel any rumors that Marblemount Diner owners Alan and Lori Goerdt are skidding feet first into bankruptcy. The simple truth is that, after seven years of serving delicious meals from one of Marblemount's iconic eating establishments, the Goerdts have decided to hang up their aprons.

"It's time to retire," said Alan, who acknowledged the real estate market isn't precisely where they'd like it to be.

Finding a buyer shouldn't be overly difficult for the couple, though. At just a whisker shy of an acre, the property includes the diner and a neighboring Victorian home built in 1901 by the Von Pressentin family. The property is listed with La Conner Realty and Investment Company; the asking price is \$525,000.

"We've explored a dream and now it's time," said Lori of their decision to sell. "It's been a hard decision, though, I love it here."

For more information about the property, contact Larry Thomas at 360.466.3181 or go to www.loopnet.com/ profile/17221556061/L-Goerdt/. -J. K. M.





Newhalem





Pass, cont. from p. 1

cooperate, it will open before Memorial Day. If not, it won't. It's just entirely too early to make a dependable prediction."

Adams' words aren't much comfort to east county business owners who depend on an influx of travelers to keep them in the black each year.

"From mid-April to mid-May, I will lose \$30,000 to \$40,000," said Marshall Cooper, who, with Candi, his wife, owns the Buffalo Run Inn and Restaurant in Marblemount. On April 30 Cooper told Concrete Herald via e-mail that he'd "already had several cancellations to the hotel, and the restaurant will only be open on Saturdays and Sundays until the pass opens. Our summer normal day averages \$2.500."

In Concrete, Annie's Pizza Station owner Anne Bussiere said she doesn't feel the sting of a late pass opening quite as much as other businesses.

"One thing I've noticed over the years when the pass opens is that until the weather warms up and school is out, you really don't get the higher business volumes," Bussiere wrote in an e-mail. "Many people heading to Eastern Washington are on a mission to get there, and they really hate to get out of the traffic line unless they are starving, need gas, or have to stretch their legs. They panic a bit in Marblemount and stop, but Concrete is still not so much on their radar."

State Route 20's route was a problem even before it opened. In the May 27, 1971, issue of *Concrete Herald*, on the eve of the highway opening in 1972, publisher Robert Fader wrote that "severe snow and avalanche conditions may cause closure of the highway in winter months," and referenced consultant Edward LaChapelle, who said there were at least 76 potential avalanche areas along the highway.

We're still living with the problem. Looks like Tootsie's rolls will have to wait.



This April 21 photo shows the pass-clearing efforts at Cutthroat Creek, which is at mile post 167 on the North Cascades Highway. This is about a mile west of Lone Fir campground and at the beginning of Cutthroat Ridge where the avalanche zone begins. In this area there are a dozen chutes in about one mile. Photo courtesy of WSDOT.

Be "bear aware" this spring

By Rose Oliver

Spring sure takes her sweet time to visit the upper Skagit, but it's safe to say she's finally here. Red flowering currants are exploding with color, hummingbirds buzz about, random daffodils are popping up in fields, and bears are emerging from their winter dens.

Spring also is a time for us to shake off our winter slumber. Time to clear out the clutter with a bit of spring-cleaning, start up the lawn mower again, and take on that task you've been putting off all winter. As the days get lighter and longer, it seems we have a little extra time and energy.

Which brings me back to those bears ... having lost over half of their body weight during their winter denning, they need an easy food source and they need it fast. The problem is that you may have this food source on your property and you may not know it. Bears are naturally wary of humans, but they can easily overcome their wariness when they have access to non-natural food sources.

The good news is that there are just four



Photo by Steven Kazlowski.

simple steps you can take and with that extra springtime energy it should be no problem, right? Here's what you can do:

- 1. Stop feeding wild birds from April 1 through Nov. 1. Keep garbage indoors until the day of
- pick-up or dump run. 3. Let your barbeque burn for 5 minutes
- after use to remove grease and odor. 4. Feed pets and store pet food indoors.
- Prevention is key. A bear that becomes food or garbage conditioned can become problematic. A bear's world is governed by its unparalleled sense of smell. The minute a bear finds and receives a food reward, it will keep coming back for more—just like a dog begging at the dinner table. They are smart and have good memories. Such encounters very rarely result in human injury, but are often

lethal to the bear. In fact, last year 23 black bear cubs were orphaned because adult female bears were put down because of birdseed and garbage attractants. By taking those four preventive measures, people can greatly reduce negative human/bear encounters.

There are approximately 6,000 black bears in the North Cascades and an estimated fewer than 20 grizzly bears. There are many simple things that people can do to help ensure successful coexistence with these Washington natives, and the things you do to prevent conflict with one species will also apply to the other. Experience has shown that when

community members understand bear behavior and ecology, they are willing to take the steps to become better neighbors to wildlife and reduce negative encounters. The more people understand bears, the more likely they are able to coexist peacefully with them. If you would like to know more, including what to do in case of a bear encounter and how to stay safe while living, hiking, working, and recreating in bear, cougar, or wolf country, please visit www.bearinfo.org.

Rose Oliver is a resident of Marblemount and the Skagit County Field Coordinator for the Grizzly Bear Outreach Project.

Bear Awareness Week May 15-22

During Bear Awareness Week, visit these local businesses for some delicious "bear-themed" menu items, and pick up literature on how to be Bear Aware this

- Annie's Pizza Station, Concrete: Grizzly Bear, Mama Bear, and Baby Bear Pizza specials
- Birdsview Brewing Co., Birdsview: Grizzly Ale
- Good Food Drive-In, Marblemount: "Bearylicious" shake special

Skagit General Store winter hours

The Skagit General Store in Newhalem is now open seven days a week, from 10 a.m. to 5 p.m. 206.386.4489.









Seniors







Coffee Break

A rusty bucket list By Patrick Kennedy

Expectation, or the act of antici pating what will happen, is a catch-22 that many seniors will find themselves in as they enter retirement.

Making plans is a good idea, but setting goals too high can lead to disappointment. That brings up anticipation, looking forward to a pleasurable outcome. The future looks bright for many retirees, but recommend you bring a flashlight, because it may be darker than you

Some have suggested that the best solution to a happy and fruitful retirement is to set no goals, because you'll succeed no matter what. That has a lot of possibilities for many, but it can result in the gathering of a lot of rust on the bucket list.

Setting a lot of high goals with lots of planning can result in the opposite: days of gloom. Did you only replace work drudgery with retirement drudgery? You know all those things you swear you're going to do: Making a bucket list is how you keep track of them all. If vou haven't heard about the bucket

low to Have Fun with Retiremen

Patrick M. Kennedy

Patrick M. Kennedy's Book www.funwithretirement.com

list, it is a list of all the goals you want to achieve, dreams you want to fulfill, and life experiences you desire to partake of before you die. The easy way out? You can always flip a coin, heads for nothing or a rusty bucket list, or tails for intricate planning and filling that bucket.

The novel *Great Expectations* was written in the first person from the point of view of the orphan, Pip. The novel draws on the experiences of life and people. In our time, great expectations must be written in the form of planning the future of each individual senior based on experiences and life. Of course, "Retirement is the ugliest word in the language," said Ernest Hemingway. He kept working and never acknowledged retirement; like him, many seniors say they are retired but never change and fall into the same habits of working for friends, children, parents, and former work mates. Projects

There are two people who know the past and present, and can reflect on the future: "The future ain't what it used to be," Yogi Berra; and "The greatest discovery of all time is that a person can change his future by merely changing his attitude," Oprah Winfrey. It ain't what it used to be, but it can change for the best for you. The idea is to control those expectations and not leave them to chance. No matter what you want to do, it's your choice.

around the house can keep anyone

busy 24/7 if they get out of hand.

Patrick M. Kennedy is the author of How to Have Fun with Retirement, a sneak peek of which is available online at www.funwithretirement.com.

Way Back When

80 years ago

MAY 14, 1931: Puget Sound Power & Light recently decided to extend its power and light service to Rockport, and service lines are now being built between Concrete and Rockport. Erection of the pole line was started about a week ago from the Rockport end, and poles are now in place to a point about a mile on this side of the Sauk post office. It is estimated that it will take a month to six weeks to complete the Concrete-Rockport line.

70 years ago

May 15, 1941: Walter C. Thornton, U.S. forest ranger for the Baker River district for the past seven years, announced this week that he had resigned from the service and would leave his post at the Koma Kulshan ranger station this week.

Mr. Thornton's stay at the Baker River ranger station has been a very profitable one for the people of this community, as it was under his guidance that a comprehensive study of lakes and streams of the district was made, and a program of fish planting put into action that has stocked almost every lake and stream in the Baker area with game fish for future sport. His program is almost complete; few lakes remain unstocked.

60 years ago

May 3, 1951: Mark Angel, a young Darrington logger, was killed Monday in a logging accident across the river at Sauk. According to reports, he was

running choker for the cat and fell between the cat and the tracks on the machine. His body was badly mangled, but it is believed that he was killed instantly.

50 years ago

May 25, 1961: A tourism brochure for the upper Skagit Valley was assured Monday night when the committee appointed to canvass the businesses of the valley turned in a favorable report on donations for financing the publication.

Hamilton has pledged \$100, Marblemount about \$260, and Concrete between \$300 and \$350. Donations will range from \$10 to \$20, and instead of advertising each firm on the folder, the space will be used for promotional material and information.

40 years ago

May 23, 1971: Mrs. Ellen Kirkland received a communitywide tribute today at a public reception honoring her retirement after 42 years in the teaching profession, 31 of which have been at the Hamilton School, All residents of the area were invited to participate at the reception at the Hamilton Grade School gymnasium from 2 to 4 p.m.

Mrs. Kirkland was a native daughter of Skagit County. During World War II she was chair of war bond sales in the upper Skagit area. She also was active in work for the Red Cross, as well as the United Good Neighbors. She also served the Girls Scouts organization for 22 years.

> Find Concrete Herald on Facebook!

Concrete Senior Center May 2011 Activities

www.concrete-herald.com

Lunch served Mon. - Fri., 12:30 p.m.

Mondays

Hoop Quilting 9 a.m. 11:30 a.m. Jigsaw puzzle Skip Bo 1 p.m. Dominoes

Tuesdays

Walking group 8 a.m. Jigsaw puzzle 11:30 a.m. Skip Bo 1 p.m.

Wednesdays

8:30 a.m. - 3 p.m. Quilting 11:30 a.m. Jigsaw puzzle Skip Bo 1 p.m.

Thursdays

10 a.m. – 2 p.m. Wii play 11:30 a.m. Jigsaw puzzle Skip Bo 1 p.m.

Fridays Watercolor painting 10 a.m. - Noon 11:30 a.m. Puzzles 1 p.m. **Dominoes** Special Program dates

12:30 p.m. Mother's Day Lunch Advisory Board mta. 11 a.m. 5/11 1 p.m. Bingo

5/19 Foot care by appointment 5/24 12:45 p.m. Leap of Faith 5/20 12:30 p.m. Birthday Lunch

5/25 1 p.m. Binao

Holiday Closures

Furlough Day: All Skagit County offices closed

5/30 Holiday

Please recycle this newspaper!



photo of students in the home repairs class taught by Richard Riehl at Concrete High School. The students were learning bricklaving techniques while "facing" a storage building. The cement-block structure in the photo was erected behind the school's shop building by an earlier class and was to be used for storage of propane and oxygen. Archive photo.

Senior driver refresher sessions announced

SKAGIT COUNTY — The next scheduled sessions of "Getting There Safely," a senior driver refresher course, will occur through August 2011 on the following dates:

- May 12–13
- June 9–10
- July 7–8
- Aug. 4–5

The class will be held at the Mount Vernon Senior Center, 1401 Cleveland Ave., Mt. Vernon.

The eight-hour class, divided into two four-hour sessions, is designed for senior drivers. The sessions will run from 9 a.m. to 1 p.m. both days. People 55 years of age and older who complete the program will qualify for a modest reduction in their automobile insurance.

There is a \$10 fee per person for this class.

For details or to enroll, contact Kathryn Bowen at 360.336.9333. ext. 13140#, or through the Skagit County Public Works Department at 360.336.9400, ext. 3140. All participants must pre-register.

Concrete Herald The Voice of Eastern Skagit County

U.S. Treasury to end paper checks for new recipients of Social Security

WASHINGTON, D.C. — The U.S. Department of the Treasury is retiring the paper Social Security check for millions of baby boomers and others applying for federal benefits, a move that will save taxpayers \$1 billion during the next 10 years. Beginning May 1, 2011, anyone newly applying for Social Security, Veterans Affairs, or other federal benefits will need to choose an electronic payment method; paper checks will no longer be an option. People currently receiving their federal benefits by paper check must switch to direct deposit by March 1, 2013.

Electronic payments are safer and more convenient than paper checks. Last year, more than 540,000 Social Security and SSI paper checks were reported lost or stolen, and had to be replaced.

Anyone already receiving federal benefit payments electronically will continue to receive their money as usual on their payment day. No action is required.

For more information on the switchover, call the U.S. Treasury Electronic Payment Solution Center's toll-free helpline at 800.333.1795 or go to www.godirect.com.



Sunday School lesson

Everyday spirituality

Bv Tom Ross

"In the beginning, God created the heavens and the Earth" (Gen. 1:1). "God saw everything that he had made, and indeed, it was very good" (Gen. 1:31). It did not stay good, for we humans messed it up by trying to do it our way. God's word says, "all have sinned and fall short of the glory of God" (Rom. 3:23). So God sent his son, Jesus, as we celebrated at Christmas a few months ago. He took our sins to the cross, as we remembered on Good Friday last month.

"God proves his love for us in that while we still were sinners, Christ died for us" (Rom. 5:8). Victorious over sin and death. God raised Jesus from the tomb. Jesus found his fearful and depressed disciples, who were hiding in a locked room, to show them he was alive again. Fifty days after Easter, Jesus sent the Holy Spirit to empower the disciples to carry his good news throughout the world, to love God and to love our neighbors as ourselves (Luke 10:27).

My everyday spirituality begins with God. God created the world, and everything in it, including me. God called Abraham to follow God's ways. God grew one family into a nation and rescued them from Egypt. On the way to



the promised land, they rebelled against God, not trusting him to provide. When they reached the land, they repeated the sins of their ancestors. God sent prophets to turn them from their selfish ways, and to promise that God would send his Holy Spirit to change people from the inside out. My first word of everyday spirituality is "remember." Remember whose we are.

My second word is "repent." Repent means "think it over again." Everyday spirituality is not something I do, but something that God gives. When we recognize God's gift and our need, we allow God to get into the driver's seat while we take a back seat.

My third word is "receive." God fed the people of Israel on manna for 40 years. God is well able to provide what we really need. God loves us when family and friends disappoint. God asks us to be thankful for all that we have and all that we are. God wants to give us more than we can imagine, but the best things in life are not things. The Holy Spirit on the inside, and sisters and brothers in Christ on the outside, fill one's life to overflowing.

See Sunday School, p. 31

Obituaries

Edward (Edd) Everett Watson, III

On Sunday, April 3, 2011, Edd lost his 15-month battle with lung cancer at his home in Rockport. His wife and son were at his side.

Edd was born Feb. 28, 1942, to Ruth G. (Pickel) and Edward E. Watson Jr. in Lynn, Mass., where he spent his early childhood. He moved to Baltimore, Md., as a teen to live with his father and beloved stepmother, Edna (Benfield) Watson until joining the U.S. Air Force at age 17. He served his enlistment stationed at Paine Field, Everett. After his discharge he returned



to Baltimore until his love of the Northwest drew him back to Washington in the early 1970s.

He was married to his wife, Kathryn (Kathy) Mae Swigart, on Oct. 4, 1980, in Sunnyside, Wash. They were blessed with their son, Cody Justin Watson, in 1983. Edd found his dream location at Rockport, where they have resided for the past

Big Edd retired from Boeing in 2003 after 25 years of service. He enjoyed the challenge of each new assignment in the variety of work that he did and was known for his strong work ethic. A friend of his recently said, "Edd didn't lose any battles to cancer. His life was a success and worthy of song, as they used to say a few hundred years ago. He was a warrior and he died an honorable death after a life of fulfilling his duties as a man, a father, a husband, a patriot. No losers here, only champions!" This was a true description of Edd!

Edd was preceded in death by his mother; father; and stepmother; his sister, Marcia-Ann (Watson) Lothrop; and nephew, Keith Lothrop.

He is survived by his wife, Kathy; son, Cody Watson and future daughter-in-law, Shannon Claybo of Concrete; nieces Susan Ramsey of Lake Stevens, Wash., Kathy Nelson of Lynnwood, Wash., Janet Laderbush of Manchester, N.H., and Karen Chipman of Lynn, Mass.; and many great-nieces and nephews; also his uncle, Robert (Marge) Watson and aunt, Lillian Watson; and numerous cousins.

A Celebration of Life Open House was held at the CCD Center (across from St. Catherine's Catholic Church) at 45603 Limestone St., Concrete, on April 23, 2011, from 1 to 4 p.m. Memorials are suggested to Hospice of the Northwest or Skagit Valley Cancer Care Center.

www.concrete-herald.com

Marna Star Titus, 87, of Boise, Idaho, died peacefully at home Thur., March 10, 2011, following a lengthy illness. We know that she is now with her loved ones who were waiting to welcome Marna home.

Marna was born Nov. 10, 1923 in Montague, Calif., to Charles Beebe and Ivy Wharton Beebe. Ivy Beebe passed away before Marna was 2 years old. Marna was raised by her maternal grandparents. George and Dollie Wharton of Sedro-Woolley.

Marna married the love of her life, James Ernest "Ernie" Titus on Dec. 7, 1941. They were married 62 years. Ernie pre-deceased Marna in 2003.

Marna was a homemaker during the early years of their marriage, but later worked in Newhalem, Wash., for Seattle City Light Company. After moving to Seattle in 1961, she worked at Frederick and Nelson department store and Pacific Northwest Bell Telephone Company, Marna and Ernie moved to Yountville, Calif., in the 1970s, Marna retired from AT&T in 1985.

Marna was an inspiration to all who knew her. She experienced ill health for many years, but would say, "It's all right, I can handle it. God won't give me more than I can deal with." Marna knew her true Spiritual nature and was ready to return home. She will be missed by her loving family and friends.

Marna is survived by her sons James E. Titus Jr. of Mokelumne Hill, Calif., and Kenneth A. Titus of Cle Elum, Wash.: her daughter. Sharron Cummons of Boise. Idaho: grandsons Douglas Titus of Oklahoma and James Lay of Boise; granddaughters Dyan Lay of Boise and Betsy Masterson of American Canyon, Calif.; Song Soon Lay, of Boise, her caregiver for many years; and six greatgrandchildren and one great-great-grandson.

Final arrangements were made under the direction of Cremation Society of Idaho, Boise.

National Day of prayer

Community Bible Church is one of

National Day of Prayer on May 5.

Located at 45672 Limestone St. in

many area churches participating in the

Concrete, the church's fellowship hall will

someone will be on site to pray for visitors

be open May 5 from 6 a.m. to 6 p.m., for

prayer. There will be a place for visitors

A time of collective prayer, reading,

and worship also is planned in the church

sanctuary from 6 to 7 p.m. that same day.

For more information, call Coral Karns

to write their prayers for others, and

personally.

observed May 5

See **Obituaries**, p. 27

Worship directory

Assembly of God Concrete Assembly of God 45734 Main St., Concrete; 853.8042 Sun. worship: 10 a.m. Tue.: Men's meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women's Bible study, 6:30 p.m.

Bruce Martin, pastor North Cascade Community Church 59850 SR 20, Marblemount 360.873.2504 // www.mmag.net Sunday School: 9:30 a.m. Sun. worship: 10:30 a.m.

Wed.: Teen Connection, 6 p.m Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.) Thur.: Men's Breakfast, 8 a.m.

Dave Nichols, pastor E-mail: pastordave@fastmail.fm

Baptist

First Baptist Church 12732 Hemlock St., Clear Lake 360.856.2767 Sunday School: 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: pastorjohn@firstbaptistclearlake.com

Hamilton First Baptist Church 797 Hamilton Cemetery Rd. at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor

Lyman Baptist Church 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.

Catholic

St. Catherine Mission Church 45603 Limestone St., Concrete Office: 855.0077 Weekday hours: 9:30 a.m.-1:30 p.m. Sun. Mass: 8:30 a.m. Father Martin Bourke, pastor

Covenant

Community Covenant Church 12605 Highway 9, Clear Lake 360.856.1023 // covenant@wavecable.com www.clearlakecov.org Sunday School: 9:30 a.m Sun. worship: 11 a.m. Call for weekly youth group/Bible studies Tim Hedberg, pastor

Presbyterian

Mount Baker Presbyterian Church 45705 Main St., P.O. Box 246, Concrete Church 853.8585; office 595.0446 www.mtbakerpresbyterian.synodnw.org Sun. worship: 8 a.m.; Wed.: 7 p.m. Tom Ross, pastor

Lutheran

46372 Main St., Concrete / 853.8814 Sun. worship: 10 a.m. Marcus Stroud, pastor

Community Bible Church 45672 Limestone, Concrete: 853.8511 E-mail: cbcofconcrete@earthlink.net Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children's Ministries at both Contact church for other ministries

11982 Martin Rd., Rockport, WA 98283 Church office: 853.8746 Pre-service fellowship: 9:30 a.m Sun. service: 10 a.m.

directory, call 360.853.8213 or e-mail

Shepherd of the Hills Lutheran Church

Nondenominational

Rob Thomas, pastor

Rockport Christ the King Comm. Church Sun. eve. Bible study: 5 p.m.

editor@concrete-herald.com.

To add your place of worship to this

Worth repeating ...

"The key to Christian

living is a thirst and hunger for God. And one of the main reasons people do not understand or experience the sovereignty of grace and the way it works through the awakening of sovereign joy is that their hunger and thirst for God is so small."

"It is about the greatness of God, not the significance of man. God made man small and the universe big to say something about himself."

-John Piper

www.concrete-herald.com Obituaries, cont. from p. 26

Wesley ("Wes") Earl Shreffler July 2, 1945 - March 24, 2011

Surrounded by his loving family, Wes went home to his Lord on March 24, 2011. He was born and raised in Everett. Wash., attended Everett schools, and graduated from Everett High School in 1964.

Wes was a phenomenal artist and an accomplished musician, at times playing lead

guitar, but his main love was the drums. He worked with several Northwest bands and also formed bands of his own throughout the years (TIMBER, MUDDY WATER, and S.O.S.). He also toured in Washington, Canada, and Alaska.

Wes worked for a while as a draftsman for the Boeing Company, and later in its Wire Shop. He later worked as a supervisor for Northwest Center at Naval Station Everett. Wes and his wife, Karen, moved to Concrete in 2006, where he retired and began creating beautiful and unique items from recycled wood. He referred to his woodshop as his "playpen" and spent many happy hours crafting wonderful

Wes and Karen began attending Community Bible Church in Concrete in 2007. In August 2008, Wes was baptized. Wes was preceded in death by his parents. Earl and Sieaetta, and his brother Ted. He is survived by his best friend, wife, and soulmate, Karen; two children, Alicia Love of Marysville, Wash., and Frederick Wallace of Victoria, Texas; eight grandchildren, Brandon, Jareck, Nicholas, Jacob, Kurtis, Zachary, Tiva, and Prudence; brothers-in-law Roddy Howard of Concrete and Harold (Sara) Preston of Kennewick, Wash.; sister-in-law Cheryl (Larry) McNulty of Mt. Vernon, Wash.; numerous nieces and nephews; and many, many friends.

Wes was a bright light to all who knew him. We will miss his smile, laughter, fantastic sense of humor, his music and artistic creations, and those sparkling, crystal-blue eyes, but most of all the totally unconditional love that he gave to his wife, his family, and his many friends. Rest in God's perfect peace. You are, and will always be, greatly loved.

There will be a Celebration of Life at the family home in Concrete on Sat., May 14, 2011, at 1 p.m. Please come and share your memories of Wes with everyone. The address is 47794 SR 20, Concrete, WA 98237-9488. Telephone 425.876.5243.

Baseball, cont. from p. 6

"Those three horses have carried us and they will continue to carry us," said Newby. "It's just a matter of getting some more people involved, and being able to play some team baseball. We need to get some solid defense behind our pitching, which has been coming around just fine."

The team will need an "all hands on deck" mindset as its schedule progresses into playoffs, said Newby. "We're done with the weaker teams now," he said. "Everybody we face now is going to be a solid baseball team."

April games

Concrete hosted Cedar Park Christian on April 8 and handed them a loss. On April 12, the team traveled to SeaTac to take on

Sheriff's blotter

March 26

A Lyman caller reported a horse lying dead in a field. Deputy responded and woke it up. March 28

A Lyman caller reported gasoline being siphoned from several vehicles. March 30

A Day Creek caller reported an unoccupied cabin being washed into Day Creek because of high water.

March 31

A restaurant patron in Concrete disputed that they did not get the food they had

A Rockport caller reported finding some bones they thought might be human. They April 1

A Concrete caller reported being thrown out of a vehicle by her boyfriend

A Sedro-Woolley principal called and said a student made a comment about bringing a gun to school. It turned out the student had been flexing his arms and asking his friends "if they had bought tickets to the gun show" and that he had brought "his guns" to school, pointing to his arms.

April 2

A Hamilton caller reported that his locked vehicle had been broken into.

Tyee High School, bringing home a win. April 15 found the players at Lummi, notching a 24–5 win against the opposing team. Overlake handed Concrete an 11–1 loss on April 21.

A tight game versus Darrington on April 22 ended in a 5–2 Concrete win. The teams repeated their performances April 27, with Concrete again coming out on top 5-2.

Friday Harbor brought the pain on April 26, 10-running Concrete twice in a doubleheader. April wound down with Concrete at Cedar Park Christian April 29. notching a 16–0 win against the Eagles.

-J. K. M.

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A Concrete caller reported that someone had shot the front of the Senior Center with paintballs April 4

A Hamilton caller reported a hit-and-run collision. Deputy was able to locate other driver and a civil resolution was reached. April 5

A Hamilton caller reported that someone dropped off a rooster on their property. April 6

A Marblemount caller reported that she had been poisoned by another subject. April 7

A Concrete caller reported that his children, who were alone at the residence. were reporting that someone in camouflage was on their property. Deputies located the subject, who had no connection to the property. He was charged with trespassing. April 8

A theft of gasoline occurred from two vehicles in Concrete. Theft of gasoline is something we are seeing much more frequently as fuel prices rise.

April 9

A Sedro-Woolley caller reported that her ex-boyfriend was at her door at 2 a.m. wanting to see her. Deputies advised him not to return.

A Concrete caller reported that someone

had attempted to break into a travel trailer. Suspect information is being investigated April 10

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A Sedro-Woolley caller reported seeing a bag of marijuana along the road. Deputy responded and retrieved more than 1.000 grams of marijuana leaves, which appeared to be only byproduct of indoor processing. April 11

A Day Creek caller reported theft of a pallet of batteries from a business. April 12

A Sedro-Woolley caller reported that a

subject who was dog-sitting for him would not return the pet. The situation resolved itself when law enforcement was called. April 13

A Hamilton caller reported that a subject was at her residence in violation of a court order, and that he had assaulted her. The subject fled prior to deputy arrival.

April 14

A Concrete caller reported that someone had stolen his mother's prescription medication. Unknown suspect.

April 15

A Concrete caller reported her son had stolen her laptop and threatened to kill her.

A Concrete caller reported that he had just purchased a home and found seven marijuana plants in the yard.

Corete Herald



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a tree!







Health





Events to improve your health this month

Free health screenings

On May 11 at 5:30 p.m., United General Hospital will offer free health screenings at Encore Fitness in the Concrete Theatre, 45920 Main Street, Concrete Town Center.

The event is part of the hospital's celebration of National Women's Health Week. Participants will receive information on their body composition, blood pressure, lung function, and resting heart rate. Registration is not required. For more information, call 360.856.7245.

Hospital Hosts Open House May 12 United General Hospital will celebrate National Hospital and Nurses Week with an open house on May 12, from 4–7 p.m. The event will pay tribute to Florence Nightingale, the original health care reformer. The free and informative event is sponsored by the Burlington,

5,000 copies circulate throughout Whatcom,

Skagit, and Snohomish Counties (and beyond)

of readers, many of whom say they read only

Concrete Herald. If you're not advertising in

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every month, reaching a largely untapped market

Sedro-Woolley, and Concrete chambers of commerce. Enjoy guided tours, tasty refreshments, free health screenings, and demonstrations. Also, hear about new physicians and clinics, and meet Graham "Galloping Gourmet" Kerr, who will sign copies of his book, *The Gathering Place*. For more information, go to www.unitedgeneral.org.

Friday health screenings at **United General**

Cholesterol and diabetes screenings are offered at United General Hospital every Friday for \$15. Screening includes total cholesterol check: HDL, LDL, triglycerides, and glucose levels. A 12-hour fast is required; water and medications are OK.

Vitamin D screenings are available every Friday for \$35. Fasting is not

Results are mailed to your home and/ or physician. All of these screenings are available Fridays from 8 a.m. to noon. No appointment necessary; check in at main

lobby of United General Hospital. For more information, call 360.856.7245. Sustainable agriculture documentary to screen at Concrete Theatre

Concrete Theatre and Concrete Herald, along with other local sponsors, are proud to announce a local community screening of "FRESH," a new feature documentary film by Ana Sofia Joanes that celebrates the food architects around the country who are boldly reinventing our food system with sustainable agriculture initiatives.

FRESH will screen at Concrete Theatre on May 19 at 7:30 p.m. Admission is by donation. The movie will be followed by a brief presentation on local resources, a question-and-answer period, and informal discussion.

The documentary is presented as part of the theater's Third Thursday Film Night, billed as "movies for deep thinkers."

FRESH is a reflection of a rising movement of people and communities across America who are re-inventing our food system. FRESH celebrates the food architects who offer a practical vision of a new food paradigm and consumer access to it. Encouraging individuals to take matters into their own hands. FRESH is a guide that empowers people to take an array of actions as energetic as planting urban gardens and creating warm composts from food waste, and as simple as buying locally grown products and preserving or freezing seasonal produce to eat later in the year.

Throughout the film, we encounter inspiring people, ideas, and initiatives happening around the country right now. At the Growing Power urban farm in

Milwaukee, Will Allen is turning three acres of industrial wasteland into a mecca of nutrition for his neighborhood. In Kansas City, we witness David Ball revitalize his community, turning the modern concept of the supermarket on its head by stocking his Good Natured Family Farm stores with produce from a cooperative of local farmers. And we journey to Joel Salatin's farm in Virginia's Shenandoah Valley to witness his methods for closing the nutrient cycle, allowing cows, chickens, pigs, and natural grasses to flourish and produce without even an ounce of chemical fertilizer or industrial

FRESH tells the stories of real people. connecting audiences with examples of personal initiative and concrete ways to engage in a new food model.

animal feed.

Stress and food: Tips for curbing cravings

(ARA) — Everyone reaches for comfort foods and junk food when stressed out. When stressed, you are more likely to make a quick, bad choice. Follow these tips to steer clear of unhealthful foods.

- Stay away from caffeine and sugar.
- Eat whole foods and complete meals, and forget about the bag of cookies.
- Eat dark, leafy greens, high-fiber foods, and lean cuts of protein as a complete meal.
- Eschew heavily seasoned foods and eat four to six small meals a day.
- Make informed, careful food choices during times of stress.

"Our ads in Concrete Herald help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from Concrete Herald readers."

Our advertisers agree... Valerie Stafford communications director

Concrete Herald

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follow the directions on the fertilizer bag or box. To add nitrogen, use blood meal or corn gluten meal (after seeds have germinated, because corn gluten meal inhibits weed germination). For phosphorous, use Sul-Po-Mag (if soil is alkaline) or soft rock phosphate. To add potassium, choose soluble sulfate of potash or kelp extract. Trace minerals help to round out your soil's health and can be found in blood meal, composted chicken manure, and compost.

www.concrete-herald.com

Veggies, cont. from p. 21

Choose region-appropriate and diseaseresistant vegetable varieties

Here are a few good choices:

• Tomatoes: Early Girl, Oregon Spring

- Corn: Jubilee, Bodacious, Kandy Korn
- Zucchini: Black Beauty, Round Zucchini
- Spinach: Olympia
- Radish: Cherry, Champion
- Onion: Walla Walla
- Lettuce: Red Sails, Buttercrunch
- Cucumber: Spacemaster, Marketmore 76
- Carrot: Little Finger, Imperator
- Broccoli: Waltham, Purple Sprouting
- Beet: Red Ace Hybrid, Detroit Supreme Bean: Kentucky Blue Pole

Water appropriately

Water deeply, once a week (more often, as necessary); use a timer, if necessary. Use soaker hoses, rather than overhead sprinklers, to resist disease problems and conserve water.

Control weeds

Spray them with vinegar on sunny days, hand pull them, and use corn gluten meal to prevent weed seeds from germinating (don't forget: Corn gluten meal prevents ALL seeds from germinating).

Control pests

Take an integrated approach to managing pests by selecting healthy plants that are recommended for the Pacific Northwest and creating a healthy soil environment. When using pest control materials, use the safest materials first. B.t. (Bacillus thuringiensis) can control caterpillars, if applied properly. Insecticidal soap is effective on soft-

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bodied insects such as aphids. Introduce beneficial insects, and manually remove egg clusters and small infestations.

-J. K. M.

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Sauk View Gallery

Flea Market Sat., May 21, from 10 a.m. to 4 p.m. Spaces still available (bring your own tent) \$10.00 each. Call 360.853.8209 soon to reserve your spot. Hwy 20 and S. Dillard, Concrete / 360.853.8209

Hair salons

Hair Fitness

Complete family hair care, specializing in: PERMS / COLOR & CUTS / WAXING More than 25 years' experience! Call Kathy Monrad and Becki Hoover for appt 360.853.8684

Insurance

Farmers Insurance Notary Public 45905 Main Street, Concrete ** CHECK OUT OUR NEW LOW RATES!! ** PLEASE CALL FOR QUOTE 360.333.8851

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Ovenell's Heritage Inn/Double O Ranch Fully equipped log cabins; AAA; 580-acre cattle ranch; all-natural, grain-fed beef; special events; getaways; local discounts; and wildlife! See our views of Mount Baker! 360.853.8494 / www.ovenells-inn.com

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Pat Buller Photography

Bookmark cards available. Come see North Cascades scenery in this unique new format at Sauk View Gallery, SR 20 and S. Dillard, Concrete. 360.853.8209. Open 10 a.m. to 6 p.m. Thur.-Mon.; open at noon on Sundays.

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To add your business to this directory, call 360.853.8213 or e-mail ads@concrete-herald.com

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www.concrete-herald.com 30 • Concrete Herald • May 2011







Smile







seems we are running into an awful shortage of Dwelleyisms

Wit from the Herald's former editor

"As car manufacturers battle toward the ultimate goal of the perfect car, we look forward to the day when they will be all so much alike that all the salesman will ask is. 'What size and color?'"

"The nation's Liar's Club is worried over the lack of originality displayed in last year's contest. There is no need for alarm. It's just that we husbands are keeping the best ones for our wives."

"Congress was opened with prayer. And the taxpayers had better continue doing so until the next session."

-Jan. 6, 1955

"The latest hospital bed is equipped with push-buttons that automatically provide all the needs of a patient short of wheels and power to get him home when he's well enough to get homesick."

"Along with recommending that horror comics be banned for children, we would suggest that lawmakers stop scaring the pants off grown-ups with all those wild tax proposals."

"The average American ate 53 pounds of tomatoes last year, not counting the several gallons of catsup used to kill the taste of other foods. He likes 'em."

"Special nonfattening sweets have been developed for fat people, thereby taking all the thrill hazard out of snitching an extra chocolate."

"Strange how in our noble efforts to promote world peace, we always end up supplying war materials to one of the quarreling nations involved."

"Have you ever noticed that no matter where the hemline will be, women never go out of style?"

"Don't get discouraged. These are the 'good old days' you'll tell the grandchildren about."

-Jan. 20, 1955

"With packaged and prepared foods gradually taking woman's place in the kitchen, we presume the ultimate goal will be a canned wife, to be opened and served, hot or cold, as the man of the house desires.'

"If the best things in life are free, it

-Feb. 24, 1955

"A teacher has purchased the one-room school in which she taught her first class. A nice hobby. Think of the extreme pleasure you could get from setting it on fire some gloomy Monday morning."

"It is easy to find a man with ideas. All you have to do is find which committee he's heading at the moment."

"One thing about being in business for yourself: The boss may not be rich, but he certainly is [always] on your side."

"Love may not make the world go around, but it keeps sweethearts as dizzy as if it did."

-Jan. 27, 1955

-Feb. 17, 1955

"If you are going to tell your troubles to someone else, talk fast. Nine times out of 10, he can top you the moment you stop for breath."

"The guy who was going to drive Highway 99 blindfolded backed out. Too many doing it now." -Feb. 10, 1955

"Hurricanes will continue to be named after girls, despite feminine protests. Still unpredictable.'

"No better way has ever been found for raising a family than use of the original do-it-yourself kit: A keen interest, a lot of love, and a willow switch."

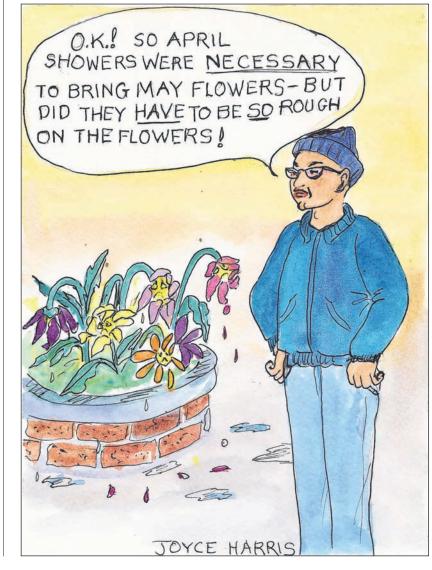
"We see no future at all for conversation. The TV commercials just aren't long enough to fully express yourself during pauses in the program." "Life is getting too complicated. It used to be

that when you had nothing to do, you had time to

-March 3, 1955

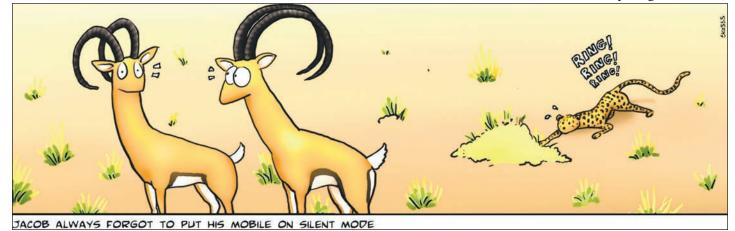
Concrete Harold

By Joyce Harris



Public Service Announcement

By Stig Kristensen



www.concrete-herald.com Editorial, cont. from p. 2

considered a low risk to reoffend, and a 60-day sentence reduction for those considered a high risk to offend.

Nearly 2,500 offenders would have their sentences reduced under this proposal and would be back out on the streets with little or no supervision. Incredibly, when discussing the issue of early release with the sponsor of the bill, he acknowledged there would be a human price to his proposal, but intimated that the cost savings were such that we should be willing to pay it on the backs of innocent

Trading public safety for monetary benefit is a really bad deal. This legislation would also add to local government costs for law enforcement to deal with the increase in crimes that early release would generate. The Washington State Institute for Public Policy estimated an increased cost of \$900,000 in local governments' 2011–13 budgets if early release is enacted. I believe the consequences of the proposed House budget will be worse because it would enact a more liberal policy toward prison sentence reductions.

Every item in the budget requires scrutiny, but instead of slashing public safety and corrections staff, why not privatize the state printer? Ferret out fraud, waste, and abuse in the state's social programs? These ideas would help reform state government and save taxpayers millions of dollars, some of which could be used to keep communities safe, educate children, and protect safety net programs for vulnerable citizens like the elderly and disabled.

A sustainable, responsible budget is about choices and priorities. Balancing the budget by allowing more crimes to be committed against our citizens is immoral. My hope is as these ideas are given further consideration in the special session, budget writers will realize we can and should do better for Washington.

Rep. Kirk Pearson, R-Monroe, is serving his 6th term representing the 39th Legislative District.

Sunday School, cont. from p. 26

My fourth word is "renew." Do you have too much anger and not enough peace? How about too much selfishness and not enough love? Or too much doubt and not much faith? Too much time and not enough purpose? Too many wounds and not enough healing? God makes all things new, beginning in our hearts. God is in the heart-, home-, and world-renovation

business. Everyday spirituality is asking God what we are to do next (James 1:5). Rejoice!

Tom Ross is pastor of Mount Baker Presbyterian Church in Concrete.

Friendship House, cont. from p. 5

S. Third Street near downtown Mount Vernon.

Friendship House serves the community by rebuilding lives through empowerment and hope. As the economic situation puts pressure on many in the Skagit Valley, we provide a community that encourages positive advances in people's lives toward health and self-sufficiency. When each of us follows our golden compass, we get in touch with our compassion and we are reminded that, together, we can make it through these tough times.

Marie Marchand is executive director of Friendship House. www.skagitfriendshiphouse.org.

Deputy Clerk, cont. from p. 4

report by changing its processes to create more checks and balances, according to Fichter, who bristled a little at the allegation of "lack of oversight" found in the report, since the town's small office staff of two doesn't always allow for a thorough check of each other's work. "What about right and wrong? What

about honesty?" she said. "We have two different jobs, and that's just the way it is. We can't always be looking over each other's shoulders."

Moving on

The case has been handed over to the Skagit County Sheriff and the Skagit County prosecutor. Fichter said she has been in contact with Detective Tobin Meyer in the Sheriff's Investigation Division, who told her via e-mail that "the prosecutor's office will file charges based on the auditor's report if they determine a crime has occurred. This process can take a few weeks to a few months depending on case load at the prosecutor's office."

After an intensive search complete with background and reference checks, Town of Concrete hired former Public Works employee Corrina Koenig as its new deputy clerk effective Nov. 1, 2010.

-J. K. M.

Please recycle this newspaper!

Jo's Java, cont. from p. 10

we really are. Our anniversary date is an opportunity for us to say 'thank you' to the community that helps drive our business and continues to keep us smiling day in and day out."

Anniversary day sales set a 2011 record for the stand, with 160 items sold. including both beverages and deli. In addition, patrons donated \$80 in cash, which also will go toward the cause.

Softball, cont. from p. 6

Concrete hosted Friday Harbor for a doubleheader April 26 and lost both games, 16–0 and 16–3.

The team ended April with a 17–7 win against the Lakewood JV squad on April 28.

Some of the games could be closer if the players could up their RBI stats, said Beazizo. The team had only 41 RBI at the end of April, and had left more than 100 players on base. "We're leaving runners on base," he said. "It's not like we're not hitting the ball, we're just not hitting it when we need to. If we could bring in a few more of those runners, we'd average five to six more runs per game."

Players of the Week

Catcher Lonna Lloyd was selected as Player of the Week for the week of April 17, after going 9 for 16 from the dish. She hit two doubles and seven singles, and scored seven runs during three games that week.

Freshman outfielder Jonnie Rohweder took Player of the Week honors for the week of April 24. Rohweder went 1–2 against Friday Harbor in the first game of the April 26 doubleheader, and 1–2 in the second game. Against Lakewood she went 3–4. She scored four total runs during the week, and logged three RBI. She went 5–8 at the plate.

Rohweder also knocked an over-thefence home run against Darrington April 22, during the first game of the doubleheader. It was a first for Coach Beazizo, who said he's grooming her as his lead-off hitter on next year's team.

Next vear

Coach Beazizo can't help but think about next year's crew. His strategy of continuous improvement and addressing physical and mental mistakes is gradually creating a strong ball club.

To that end, he's hoping any player who will be in high school next year will call him and start laying the groundwork by playing summer ball Wednesday nights at Skagit Valley College. That program begins June 15. Anyone interested should contact Beazizo at 360.853.8143.

Classifieds

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MOVIES EVERY WEEKEND AT THE HISTORIC CONCRETE THEATRE

Fridays at 7:30 p.m. Saturdays at 5:00 and 7:30 p.m. Sundays at 4:00 p.m. All ticket prices \$6 or less 24-hour MovieLine: 360.941.0403

www.concrete-theatre.com

EMPLOYMENT

Waitstaff/Cooks. Buffalo Run Restaurant is now accepting applications for waitstaff and experienced cooks. 360.873.2103.

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Chicken and duck eggs. Chicken: \$2.50/doz.; duck: \$2.00/doz. Concrete. 360.853.7932. Headstones. Traditional & One-Of-A-Kind. TODD'S MONUMENTS, 360,708,0403.

www.toddsmonuments.com Wood-bricks firewood. Throw down your axe and

saw. 100% wood bricks burn clean and hot. No more bugs, bark, or creosote. No more aching back. Buy a ton and get 200 lbs. FREE. Buy 1/2 ton and get 100 lbs. FREE. \$250/ton in 25-lb. flats; \$220 in 20-lb. bundles; \$200 in bulk. \$140/half ton in flats; \$120 in bundles; \$110 in bulk. Fill up your car! Fill up your truck! Jump for joy-you're in luck! Pacific Rim Tonewoods, 38511 SR 20, Concrete. 360.826.6101 Mon. - Thur., open 8 a.m. – 3:30 p.m. More info at www.pacificrimtonewoods.com.



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Cash for clunkers! Dave's Towing, 360.853.7433. Eagles In Flight Motorcycle Sales and Service / Sissy Bar. 360.853.7000.

Gladys' Upholstery Shop. Quality work, reasonable prices, 360,826,4848.

Northwest Garden Bling. Stained glass classes/ supplies. 360.708.3279 / www.nwgardenbling.com.

To place a Classified ad, call 360.853.8213 or e-mail ads@concrete-herald.com. Classified ads are \$5 per every 10 words. Payment is due at time of ad placement.

Dear Mom,

HAPPY MOTHER'S DAY!

I love you very much. You have always been there for me my whole life, and I know that if I ever needed "anything," that you would give or do it for me in a second.

I just wanted to let you know that I love you and always will!

Love, AJ

What Would Flo Think?



Florence Nightingale May 12, 1820 - August 13, 1910

Each May, we celebrate National Hospital and Nurses Week with special events. This year, we're paying tribute to Florence Nightingale, because we know she'd be pleased at how her commitment to quality lives on at United General Hospital. While she will only be here in spirit, we'll be singing her praises and sharing a birthday cake in her honor. We hope you'll join us at this free, fun and informative event, sponsored by four local chambers of commerce.

ANNUAL OPEN HOUSE

Thursday, May 12, 4:00 – 7:00 p.m. More information at www.unitedgeneral.org

- Guided Tours
 Tasty Refreshments
- Free Health Screenings Demonstrations

Also: Hear about our new physicians and clinics.

Meet Graham "Galloping Gourmet" Kerr,
who will be signing copies of his latest book, The Gathering Place.









