

The Voice of the Upper Skagit Valley Concrete Herald

Vol. 99, No. 5

May

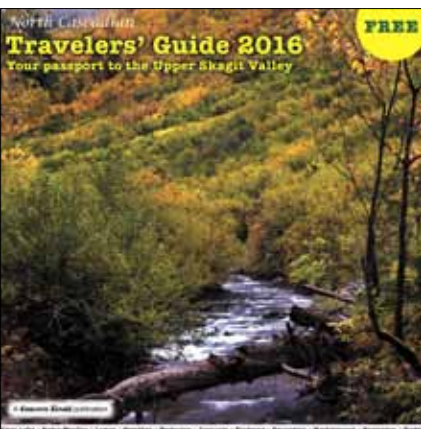
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Governor authorizes transfer of Northern State

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Author!

Author!

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Concrete Herald

The Voice of the Upper Skagit Valley

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Concrete Herald owes its success to citizen journalists and photographers. Proofreading: Katy Tomasulo; Ad Production: Lynn Jefferson; Bookkeeping: Upriver Bookkeeping Services. Local contributors are welcome; call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

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Concrete Herald is published the first Wednesday of each month and distributed via newspaper racks and retail businesses from Clear Lake to Newhalem and Darrington, Wash. A complete list of distribution points is posted online at www.concrete-herald.com/about-the-herald/distribution-points. Mail subscriptions are \$27 annually for U.S. addresses, \$39 for Canadian addresses. Other subscription options are listed on the "Subscribe" page at www.concrete-herald.com. Physical address: 7674 Cedar Park, Concrete, WA 98237. POSTMASTER: Send address changes to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Printed by Skagit Publishing, Mount Vernon, Wash. Contents © 2016 Concrete Herald LLC.

From the editor

Speak up, speak out

This month includes an opportunity to share your concerns and ask questions about virtually anything the county is doing in Concrete and the Upper Valley.

An East County Public Forum will be held on Wed., May 18, from 5:30 to 7 p.m. at Concrete Center in Concrete (details on p. 6). The county hosts the forum once or twice a year; it's proven to be a valuable method for gathering feedback from constituents. The approach is smart: Bring as many county representatives as possible to town so that almost any question or concern can be addressed in real time. The strategy works most of the time; when it doesn't, it brings issues to top of mind for the representatives and keeps them aware of what we feel is worth their time and attention.

This time around, EMS services, Concrete Center, and the continuing issue of water rights are in the news. Now is your chance to show up and share your thoughts. Want change to occur? Speak up. Speak out.

—J. K. M.

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Opinion

Letters to the editor



Thanks for 25 years

Concrete Girl Scout Troops 40567 and 44454 (above) sold more than 3,000 boxes of cookies this year! We thank Albert's Red Apple Market for letting us sell our cookies at the store, and we thank the Concrete and Upper Valley community for purchasing them.

The girls are using the money for community service projects, horseback riding, camp, and the zoo!

Stephanie Morgareidge
Concrete

Letters policy

Letters of 200 words or fewer may be e-mailed to letters@concrete-herald.com or sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. Concrete Herald reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

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Message from the mayor

By Jason Miller

The pass is open and we're headed into the tourist season. This is the time of year when our Upper Valley businesses, including this newspaper, make hay while the sun shines—literally. Revenue from visitors to our little corner of paradise is vital to the success of small, family-owned businesses that are largely responsible for the health of our economy. During the winter, some Upper Valley businesses close down, simply because they cannot survive on revenue generated from serving the locals alone.

What can we do to change that? That's one of many questions I hope to address with an economic development plan that will first see the light of day next month. The Economic Development Task Force, which formed in June 2014, has been meeting monthly and doing a lot of thinking and talking about the Concrete economy, which has toggled between struggle and stagnation ever since the cement industry pulled up stakes and left in the late 1960s. Next month, a draft plan will begin to circulate among members of the Town Council and the Planning Commission. The state wants to lay eyes on it too. Riding along with the economic development plan will be a series of recommendations for four other key players in this endeavor: the Chamber of Commerce, the school district, local businesses, and Concrete citizens.

Will the plan solve all of the economy woes faced by Concrete and the Upper Valley? That's unlikely. But since Concrete has never had an economic development plan, it's a step in the right direction. And, as a wise person once said to me, "As Concrete goes, so goes the rest of the Upper Valley. And vice versa."

No matter what "hat" you wear in our community, I hope you'll absorb the economic development plan when it becomes available, and consider what you can do to help us all.

Concrete Mayor Jason Miller can be reached at goodwords@frontier.com or 360.853.8213.



Commentary

Memorial Day 2016

By John Boggs

Memorial Day should not be confused with Veterans' Day, which recognizes all veterans. The observance of Memorial Day is a solemn occasion to honor those who made the supreme sacrifice of their lives to their nation. To our nation. To us.

Those men and women who sacrificed their lives in service to our nation came from every conceivable walk of life, religion, and creed. As individuals they did not always agree on what made America great, or what the American dream should be for themselves or for others. Instead they were united in their belief that our nation must endure, so that future generations can individually determine that for themselves.

We continue to exist as a nation because we are united by our ideals—ideals that transcend color, religion, or politics. Ideals that continue to bring us hope, even in times of despair. Hope that as a nation we can not only endure, but flourish.

That legacy of sacrifice continues. American heroes are lost every day in both combat and military training missions around the world. We must never forget that all freedoms come with responsibilities. Freedom is not free and it never has been.

This year, possibly more so than any other year I can remember, is a fitting time to reflect on the hopes and dreams borne from so many people, from so many varied backgrounds. Their hopes and dreams reflect our own hopes and our own dreams. The only real difference is how we apply them. For instance, if we desire to have the freedom to live according to our beliefs and pursue our dreams, we must strive to ensure that freedom for others—even when that freedom allows actions that we don't personally agree with. After all, it's not a freedom if it's based upon privilege or limited to only those who agree with you.

On May 30 we will give thanks to those who gave their lives in the worthy cause of protecting the freedoms we often take for granted, so that our hopes and dreams can live on. Those we've lost in this valiant struggle to keep America free would ask us not to merely mourn them, but to honor them. Honor them by fulfilling our own responsibilities and duties each and every day to preserve,

See **Memorial Day**, p. 18

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Swap Meet returns

Discussions conclude with framework for the popular summer attraction.

By Haley McNealey

Edited by Katy Tomasulo

The Cement City Swap Meet, which has operated successfully under the supervision of George Theodoratus since 2012, will return this year. Following ongoing discussion, the Concrete Town Council passed two resolutions regarding the Cement City Swap Meet at its April 25 regular meeting (Councilmember Marla Reed was not present).

The swap meet operates in a Commercial Light Industrial zone, where the development standards associated with the zoning code require services to be conducted in a permanent building or structure, with the exception of services classified as temporary use; this implies that the swap meet is not permitted to operate year-round.

The swap meet, which provides an assortment of used and handcrafted goods, has become increasingly popular, attracting both vendors and shoppers to the area and stimulating economic growth. However, Town Council has heard several concerns raised by residents living nearby, including noise complaints, reports of abandoned garbage, and a report of public defecation. In response to these complaints, councilmembers worked with Theodoratus to develop a framework under which the swap meet will operate, seeking to address the interests of the

business as well as neighbors. Mayor Jason Miller said, "Staff agrees the swap meet is a positive attraction to town, but parameters are necessary because of growth."

Several specific conditions were established in the first of two resolutions approved at the April 25 meeting. The Cement City Swap Meet will be permitted to operate seasonally each year, from April 1 through October 31. The days of operation are Friday, Saturday, and Sunday; if the following Monday is a holiday, conducting business that Monday is authorized. Vendors may begin setup and sales on Thursday afternoons. A maximum of four recreational vehicles are allowed overnight stays, limited to Thursday, Friday, Saturday, and Sunday nights (if the following Monday is a holiday).

In addition, the above conditions are subject to annual review prior to issuance of business license, so Theodoratus and Town Council may request changes to the conditions to reflect changes in circumstances at the end of each season, if necessary. A vendor application form also has been created, explicitly outlining rules and regulations of operation, and responsibilities associated with vendors.

See Swap Meet, p. 18

Resource Center hosts spring open house

Community members are invited to stop by the East County Resource Center on Thur., May 19, from 1 to 3 p.m. for free refreshments and door prizes as staff and volunteers host a Spring Open House.

Center Coordinator Claudia Marken looks forward to giving tours of the facility and sharing highlights of the many services offered there. Skagit County and Community Action of Skagit County collaborate with other agencies to provide legal assistance, veteran's services, and

more at the facility.

Stacey Webb, coordinator of the Women, Infants, and Children (WIC) program sponsored by United General District 304, also will be on hand to explain how WIC can benefit pregnant women, new mothers, and kids up to age 5, with nutrition education, vouchers for healthy food, and much more. The WIC clinic will be open at the center the second and fourth Tuesdays.

Cheryl Werda, Valerie Lee, and Valerie Stafford will welcome visitors in the Concrete Chamber and Vehicle Licensing Office, also located at the Resource Center.

The East County Resource Center is located at 45770 Main St. in Concrete. For more information, call 360.853.8767.

Friends of Concrete Trails announces logo design contest

Friends of Concrete Trails is holding a Logo Design Competition. All school-age children in East County are encouraged to take part.

Logo design guidelines

Logo submissions should communicate:

- A sense of place (silos, rivers, mountains)
- Trail/recreation themes
- A community element, such as people

Logo submissions must be round or square. Logo must be any combination of black, white, or gray.

The deadline for submissions is Fri., May 20. Entries may be submitted on paper or in digital format. If on paper, the submitter's name and phone number must be on the back. Paper submissions may be left with office staff at Concrete Elementary, High School, or Town Hall. Digital submissions should be e-mailed to katarinabunge@gmail.com.

Timeline for selection

Friends of Concrete Trails will select its favorite logo on Mon., May 23. All people who submit entries will be notified of the results by Fri., May 27. All logos will be displayed and honored in some way.

The winning logo will be fine-tuned by a professional graphic designer and adapted to meet requirements. The logo will appear on trail signs and in all Friends of Concrete Trails publicity and outreach materials.

Friends of Concrete Trails is a group devoted to trails for walking, biking, and other nonmotorized uses in and around Town of Concrete. Meetings are held quarterly and are open to the public.

The group hosts "First Fridays Trail Outings," during which group members and citizens of all ages meet for a stroll or bike or run along local trails, paths, and sidewalks. The first outing will be held on Fri., May 6, at 3 p.m. Anyone interested should meet at the silos.

For more information contact Jason Miller at goodwords@frontier.com.

Read Concrete Herald
The Voice of the Upper Skagit Valley

Chapman home after life-altering accident

After 101 days at Harborview Medical Center, local tow truck driver Dave Chapman is home again.

Chapman, who was paralyzed from the upper chest down on Jan. 16 during a routine vehicle extraction, is facing a "new normal" of life in a motorized wheelchair as he continues to work toward recovery.

Chapman had called to retrieve a BMW that had been driven off a cliffside along Burpee Hill Rd. approximately eight-tenths of a mile outside town limits. As he and an employee worked to prepare the car for removal, a boulder the size of a basketball dislodged from the hillside and struck Chapman on the head.

The boulder fractured Chapman's skull and broke his neck. Hardware in his neck from a previous surgery was dislodged and pressed against his spinal cord, paralyzing him from the neck down.

"I was awake for the whole thing," Chapman recalled during a phone interview on May 1. "It hit me right square in the head and flipped me up into the air, and I tumbled down the ravine. I knew as I was tumbling that I was in bad shape, because my arms weren't doing what I was trying to get them to do. When I stopped, I began to suffocate because my lungs weren't working well. Kudos to the first responders who got me out of there."

Concrete, Grasmere, and Birdview Fire Departments arrived at the scene, and Grasmere's rope rescue team brought Chapman roadside. He was then transported to Harborview Medical Center in Seattle, where he spent the first 45

days in the Intensive Care Unit, and the remainder of the time in rehab.

In spite of the expert care, his stay in the hospital was no picnic, said Chapman.

"I couldn't eat or drink anything while I was in the ICU," he said. "They had to turn me every two hours to prevent bed sores, so no sleep at all during that period."

He left the ICU only after he could stay off his respirator for an hour. The next goal was 24 hours. "I did that in record time," he said.



Concrete Lions Club members pour a concrete slab in Dave and Deborah Chapman's driveway on April 29. The slab will provide a smooth, hard surface for Dave's motorized wheelchair when he needs to enter or exit his vehicle.

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THIS AND THAT

By J. K. M.

Skagit County Commissioners will host an **East County Public Forum** on Wed., May 18, from 5:30 to 7 p.m. at Concrete Center, 45821 Railroad Ave., Concrete. County staff and staff from local agencies will be in attendance to give brief presentations and respond to questions and inquiries. Presenters include:

- Sheriff Will Reichardt
- Planning and Development Services Director Dale Pernula
- Planning and Development Services Assistant Director Ryan Walters
- Jennifer Johnson, Public Health
- Public Works Director Dan Berentson
- East County Resource Center Coordinator Claudia Marken
- Emergency Medical Services Director Mark Raaka
- County Administrator Tim Holloran
- Parks, Recreation and Fair Director Brian Adams

- Community Action of Skagit County Executive Director Bill Henkel
- Community Action of Skagit County Community Services Director Lynn Christofersen

Skagit County Commissioners Lisa Janicki, Ron Wesen, and Ken Dahlstedt also will be present to discuss local issues with East County residents and citizens countywide.

For more information, contact the Skagit County Commissioners' office at 360.416.1300 or at commissioners@co.skagit.wa.us.

Democracy Now!'s Amy Goodman is on a North American speaking tour to mark the 20th anniversary of the daily, independent, global TV/Radio news hour. Join her at the Lincoln Theatre in Mount Vernon; proceeds from this show will be donated to Skagit Valley College radio stations KSVR and KSVU 90.1 FM.

- When:** Sat., May 7, noon
- Reserved seating:** \$20 1st section; \$16 2nd section; \$8.50 3rd section; \$5.50 4th section

A book signing will follow Goodman's presentation.

The **34th Annual Bay View Women's Run & Walk** will be held Sat., May 14. All are invited to run or walk to help address domestic violence, sexual assault, and women's health issues.

This year the 2 mile Run & Walk, and the 5K and 10K Runs will start from the Padilla Bay Interpretive Center in Bay View.

For more information and to preregister and order a shirt, go to www.bayviewwomensrun.com.

Filing for Skagit County candidates begins Mon., May 16, and ends Fri., May 20, during normal business hours, 8:30 a.m. to 4:30 p.m., at the Skagit County Auditor's Office.

Candidates also can file online 24 hours a day beginning May 16 at 9 a.m. and ending May 20 at 4 p.m.

Candidates can file in the Office of the County Auditor, 2nd floor of the County Administration Building, 2nd and Kincaid, Mount Vernon, or online at www.skagitcounty.net/elections.

All candidates must be registered voters and possess the qualifications specified by law.

Candidates for office in Skagit County who will be out of the county during the

filing period should contact Skagit County Elections for absentee filing instructions.

Candidates may file by mail beginning May 2 and ending at 4:30 p.m. on the last day of the regular filing period. Filings received through the mail before or after the prescribed time, regardless of postmark, are invalid and will be returned.

All open offices, with the filing fees, and incumbents, are listed online at www.skagitcounty.net/elections. This includes Precinct Committee Officers for both parties.

For more information, contact the Skagit County Elections Department at 360.416.1702 or scelections@co.skagit.wa.us. The mailing address is Skagit County Elections, P.O. Box 1306, Mount Vernon, WA 98273.

The Skagit County Auditor's Office will send out send out ballots May 3 to approximately 70,300 registered voters for Washington's **2016 Presidential Primary**.

The 18-day voting period for the state's Presidential Primary ends May 24. Ballots must be returned or postmarked by that date.

For more information, see the FAQs posted at <http://tinyurl.com/hx2pgub>.

Council summary

Concrete Town Council met for regular meetings on April 11 and 25. Following is a summary of those two meetings. Complete and council-approved minutes for every council meeting are posted on the town's Web site at www.townofconcrete.com/cminutes.php.

April 11 regular meeting

- Public Safety:** Sgt. Chris Kading stated there have been approximately 40 calls since the beginning of this month, so they may be looking at a busy summer. He also reported on an incident that occurred the evening after the last council meeting.

Sgt. Kading also reported on a problem with the County 911 phone system at this time. He stated the operators are aware of the issue and are acting accordingly. He also reported they had an AED installed in their office in town. He stated they are currently in contract discussions with Puget Sound Energy for some overtime work that will coincide with some of the events happening in town this summer, which will give the town more coverage during those times.

Town engineer Cody Hart reported on the initial design for the spray park. Because the wastewater flowing into the plant that would put additional strain on the plant, other options were researched. He reported the most cost-effective option is the large on-site septic system (LOSS). He stated this will be a unique system and will require specialty design. He stated it will also require DOH approval prior to construction. Cody stated that timing will be an element that will need to be reviewed, since DOH approval could take up to six months. Council approved a task order to continue with the design work and submittal to DOH.

Council voted to approve Resolution No. 2015-28, opposing the proposed Skagit River Gene Bank Designation.

Parks Committee: Parks Committee Chair Marla Reed stated that she wants to get started soon on the pocket park in Mill Addition. It was stated that Andrea and Marla need to work with town planner Marianne Manville-Ailles to get the area rezoned and possibly complete the boundary line adjustment.

Mayor Miller stated they are hoping to get the climbing dome at Silo Park

Playground installed this week.

April 25 regular meeting

- Upper Skagit Library Director Brooke Pederson reported to council that a logo design contest had been held for the library's cards; she showed councilmembers the two winning designs.

Pederson announced the continuation of the Cache in Concrete geocaching/letterboxing event in Concrete for a second year, with some changes made to streamline the event and make it more low-maintenance.

Pederson also reported the library board is still moving forward on its new building, but they are doing some reevaluating and further research into site development costs for the original site, as well as some other possible sites.

- Marjorie Bell with United General District 304 updated council on the Kettering Foundation Learning Exchange Project, and spent a brief period gathering feedback from councilmembers regarding community issues.
- Public Safety:** Sgt. Kading reported on an incident that had occurred the previous Friday evening, where an individual came to the East Detachment office to turn himself in, and when put in the back of the deputy's vehicle, proceeded to kick out its door and window.

Sgt. Kading stated there have been approximately 25 calls since the last council meeting. He stated they are beginning to get ready for Youth Activity Day in July.

Mayor Miller asked about the death on the incident report. Sgt. Kading stated he believes this was at Evergreen Manor and the person was deceased when the ambulance arrived.

Sgt. Kading also reported there is a new drug being used called phentanyl, which people are mixing with their heroin.

—Compiled from staff minutes

Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to andrea@concretewa.gov or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 7 p.m. at Town Hall.

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Sports



Softball team “learning how to win”

By Jason Miller
Photos by Denise DuVarney

With no injuries slowing them down, the Concrete softball team is playing with confidence and getting better every game. “We’re learning how to win,” said Head Coach Kelly Howell.

The Lady Lions kicked off April with a 7-6 win over Orcas. “Our Achilles heel during the first part of the season was to get ahead and not add runs,” said Howell. “But this time we jumped ahead early on and then stayed ahead.”

Iris Nevin led the team with three hits and three runs.

Unlike the men’s team, Concrete’s women had no trouble with La Conner on April 4, winning 14-5. After a slow start and trailing the Braves 5-0 by the third inning, Concrete roared back, scoring 13 runs and holding La Conner scoreless. Tate Mathis, Tessa Coffell, and Taylor Aldridge led the team with hits and RBI.

Everyone got to play when Darrington came to town for an April 15 doubleheader, which found the Lions dominating the scoreboard at 19-3 and 17-16.

Friday Harbor beat the Lady Lions 8-5 on April 19, but Concrete rebounded three days later by again cleaning up La Conner 19-2. In a sloppy, rainy game, Nevin brightened things with a lead-off home run, Chloe Stidman hit a grand slam homer, Sidney Hockett notched her first home run. Stidman and Hockett each had 5 RBI, and Coffell overcame the muddy ground for a great game pitching.

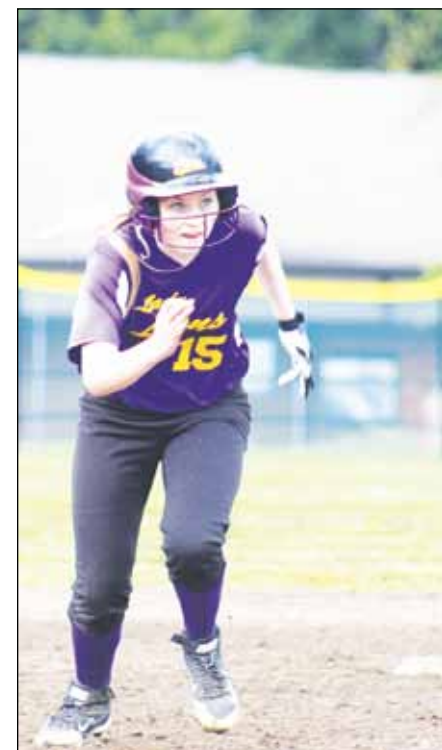
The team ended their April lineup with a win against Orcas, 9-3. Lots of controversial calls made the game a little “ugly,” said Howell, “but we were able to overcome and hold on.” The players hit well, with Stidman knocking in a three-run homer.



Vicky Sheahan sprints toward home plate and waiting teammate Chloe Stidman during an April 15 doubleheader against Darrington.



Scenes from the April 15 home doubleheader against Darrington (clockwise from left): Tessa Coffell waits for the signal, Madisyn Renzelman winds up, Vicky Sheahan races to third base. Concrete beat the loggers both games, 19-3 and 17-16.



Baseball team hampered by injuries

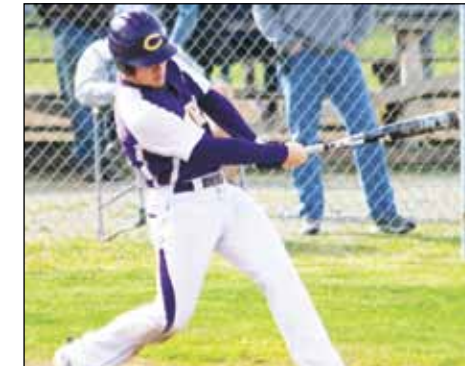
By Jason Miller

April was filled with ups and downs for the Concrete Lions baseball team as it struggled to perform with three of its best players injured. A sprained ankle put Will May in the dugout. Dylan Clark jammed his shoulder. And Austin Wenneker got hit in the wrist by a pitch; x-rays revealed a broken bone.

Still, Head Coach Randy Sweeney remains hopeful as those three players heal and step back onto the field this month. “We’re still optimistic going into the playoffs,” he said. “Anything can happen. We’ll get our guys healthy and back, and the double-elimination format during playoffs will be to our benefit.”

Although the Lions struggled in the field, they’re punching up good numbers at the plate, said Sweeney. “We’re hitting the ball well and scoring enough runs, but letting the other teams score too many runs because of errors on our part.”

Offensively, Dylan Clark, Tyler Labrousse, and Jonathan Goodwin have stood out. At catcher, Labrousse is destroying about two attempted steals per game. “That’s incredible,” said Sweeney.



The Lion bats have been reliable this season, but the team has struggled in the field, allowing opponents to overcome their high run counts.

to Orcas, followed by a 5-0 loss to La Conner.

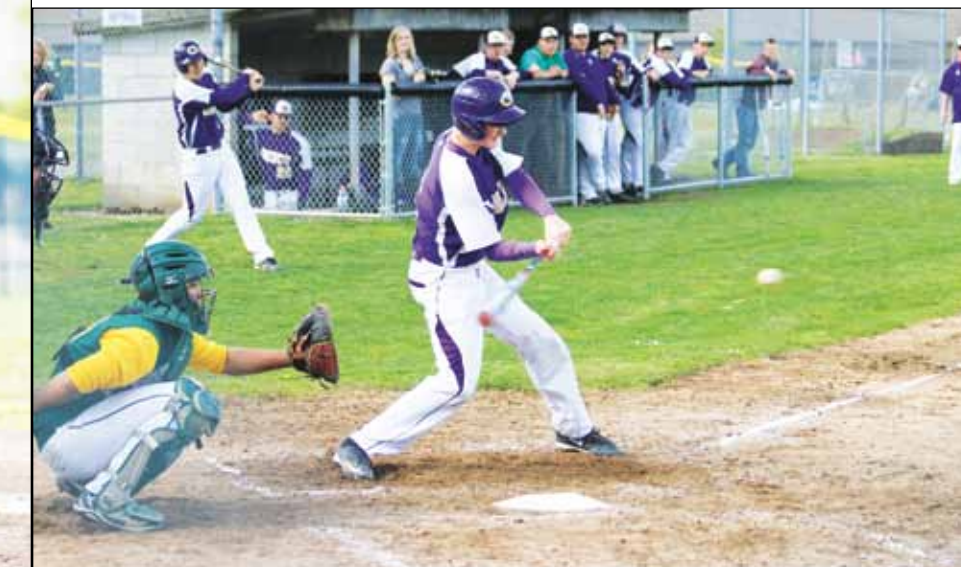
Things picked up on April 12 with a doubleheader against Shoreline Christian, which found Concrete on top 13-3. The second game was rained out.

Another solid doubleheader showing against Darrington on April 15 had the Lions wiping out their rivals 16-0 and 17-2. Lopez also fell to the Lion bats 10-0.

April ended with three straight losses to Friday Harbor, La Conner, and Orcas.

April wrap-up

Concrete wrapped April with a 2-6 league and 5-10 overall record. The team opened the month with a 19-9 loss



Riley Fichter swings at a Darrington pitch as the Lions hosted the Loggers for an at-home doubleheader on April 15. Concrete was gloriously ungracious, winning both games 16-0 and 17-2.

Athletes of the Month



Athletes of the Month: Tessa Coffell and Grayson Luttrell

Junior pitcher Tessa Coffell is known for her stability on the field, said Head Coach Kelly Howell. “Nothing gets her rattled; she’s a calm, steady influence on the mound. I’m amazed by her composure and her ability to stay focused. She’s the rock we can depend on. No drama. We wouldn’t be nearly as far along as we are without her.”

Junior pitcher and third baseman Grayson Luttrell has “turned out to be a pleasant surprise,” said Head Coach Randy Sweeney. “He’s one of the most dedicated kids we have out there. He shows up to every practice and packs the gear. He works hard, tries to improve. He’s learning a lot, gained a lot of experience, and he’s our No. 1 pitcher now. I’m really impressed with what he’s done this year.”

Coffell and Luttrell were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

Nick VanJaarsveld
Financial Advisor

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Track team prepares for League, District

By Jason Miller, assistant coach

League meets and an invitational kept the Concrete Track team busy in April. Our third league meet of the season was held on home turf, on March 31. The usual suspects were in town, including Friday Harbor, La Conner, Mount Vernon Christian, and Shoreline Christian.

April 9 found us at Civic Stadium in Bellingham for the Birger Solberg Invite. This was a large meet, with athletes from much larger schools attending, all the way up to 4A. It was a good experience for our athletes to dip their toes in much larger waters and rub shoulders with other amazing athletes. It was also a turning point for senior Josh Gentry, who arrived at the meet with a personal record in the long jump of 19'5" and left with a PR of 20'7"!

The team gathered for its fourth league meet on April 13.

As April drew to a close, we headed to Burlington-Edison High School for the Skagit County Championships—and things started to get interesting.

PRs fell like flies during the finals on April 29:

- Hannah Kononen went from 78'5" to 82'7" in the javelin.
- Jasmine Hopfield bested her long jump PR of 12'11.5" with a leap of 13'4".
- Becky Azure steamrolled her jav PR of 89'6" with a toss of 96'6". She surprised even herself with a shotput throw of 30'9" (old PR was 28'5").
- Bethany Werda's shotput PR increased from 17'9.5" to 19'7.5".
- Hannah Rensink also demolished her shotput PR, going from 24'8" to 28'7". That's right 4 FEET MORE.



Scenes from the Birger Solberg Invite at Civic Stadium in Bellingham on April 9: **Top left:** Hannah Kononen hurls the javelin. **Top right:** Josh Gentry competes in the long jump. **Below:** Jaycelyn Kuipers soars in the high jump. **Bottom:** Charles Parent stays with the pack in the 1600m.



Author! Author!

Upper Valley writers are an eclectic bunch.

Writers love the Upper Skagit River Valley. Maybe it's the solitude or the fresh air, the easy access to nature, or the quiet calm that comes with distance from I-5.

Whatever their reasons for living here, they're as eclectic as they are numerous. They write memoirs and novels, children's books and how-to tomes. They're by turns humorous, informative, dark, and thoughtful. Let's meet some of them.

Monica Crosson

Monica Crosson published her first book in 2013. Written for girls ages 10 to 14, *Summer Sage* follows Olivia Smith, a 13-year-old who views her world through the narrow window of her limited experiences. But one summer, above-average heat, feelings for a neighbor boy, a visit from a loathed cousin, and an eccentric old woman combine to teach Olivia a lesson.

"*Summer Sage* was fiction, but it was basically me as a kid," said Crosson, 50. The Rockport writer describes the bulk of her work as "memoir tied to lessons." "I tie it to family, the Upper Valley, my life," she said.

Crosson has since started working for Minnesota publisher Llewellyn Worldwide as a writer, and she's working on her next novel, *Lessons from the Greenwood*, due in 2017. Llewellyn plans for Crosson to write several more books for them too.

Why write? "Enjoyment," said Crosson. "It's hard to find time to write, but it's one of those things that's in my soul. I love to get lost in the little worlds that I create. It's almost like therapy."

Find *Summer Sage* at Barnes & Noble and Amazon.com.



Crosson

Robert Hodgson Van Wagoner

Concrete writer Robert Hodgson Van Wagoner is best known for his 2000 novel *Dancing Naked*, which won the Utah Book Award by the Utah Center for the Book, and the Utah Original Writing Competition's Publication Prize, the top literary award given by the Utah Arts Council and the State of Utah.

Dancing Naked deals with homophobia in Utah and elsewhere, "the special flavor of homophobia that comes out of Mormonism, but also any other conservative community trying to deal with that social issue," said Van Wagoner. *Dancing* tells the story of the suicide of a young gay man, and his father, a homophobe, coming to terms with it.

"I'm interested in difficult social issues that impact at the individual level," said Van Wagoner, 52. "I don't shy away from difficult subject matter or difficult characters, which can make my work sometimes difficult to publish."

Van Wagoner's next novel, *Upriver*, is waiting for a publisher. In it Van Wagoner creates a new town, "North Cascadia," formerly known as Concrete. In Van Wagoner's parallel universe, a wealthy person arrives in town and develops it into a tourist town, a logging theme park. The town's previous flavor is cannibalized and misused, and divisions rise up.

Upriver deals with a variety of important issues, primarily violence against women, said Van Wagoner. "It's couched in the cultural chaos of



Van Wagoner

class division, opportunity division in relationship to our changing dynamics. I'm interested in what's happening to white, rural males in this changing demographic—addressing the anger and frustration that comes, the pathology that has evolved out of those cultural class divisions."

For Van Wagoner, writing is in his blood. His father was a painter and although Van Wagoner is more inclined to use words to express himself, "I think I have that same soul. My dad and I found we could talk with each other about the process; we could understand each other. We came from the same place."

"I write because it's me; it's what speaks to me. It's the way my mind works."

Find *Dancing Naked* at Albert's Red Apple or Amazon.com, or order it through any major bookstore.

Melissa K. Norris

Rockport writer Melissa K. Norris broke into the publishing scene earlier this year with her nonfiction book, *The Made from Scratch Life: Simple Ways to Create a Natural Home*. Her book is all about teaching easy and practical methods to simplify and introduce natural elements

See Authors, p. 38

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Academics



Building a garden for Farm to School



Concrete Elementary students were honored April 29 at a "Character Assembly" that celebrated the ways they demonstrated sportsmanship. *Front row, from left:* Logan Alberts, Jaidyn Joyes, Josie Sherman, Eli Cyr, Kimi Ward, Jazmine Huebner, Cody West. *Back row, from left:* Ethan Hall, Cohen Poolos, James Janda, Clay Shields, Caleb Lewis, Melinda Scheer.



Concrete Elementary School students gathered for an April 27 Recognition Breakfast in honor of their special academic efforts. *Front row, from left,* Amelia Kuipers, PAX recognition; Ethan Derrick, big improvements and a "plan"; Zach Richter, most improved effort; Dalen Benjamin, improvement in reading; Lane Lloyd, academic achievement; Adalynn Whitaker, completing all homework for the year. *Back row, from left,* Keaton Craig, great growth in self management and academics; Ashley Parker, works well with others; Robert Rushin, shown great growth in patience and helpful in class; Vanessa Aiken, PAX leader all year; James Wallin, sportsmanship; Miles Elliot, adding, subtracting, and multiplying fractions.

Graduation 2016

By Sally Straathof, Counselor

Members of CHS Class of 2016 are wrapping up their high school careers and beginning to focus on life after high school. It is an exciting time of year for them and the following activities are coming up soon:

- May 20: Credit Retrieval Courses must be completed and turned in.
- June 3: Seniors must be passing all their classes by June 3 to go on the Senior Trip.
- June 5-7: Senior Trip to Lake Chelan for those eligible.
- June 9: Honor Cord and Yearbook assembly, 1 p.m., in the gymnasium
- June 9-10: Clean out lockers, checkout of school, and pay fines
- June 9: Senior Family Dinner at Community Bible Church, 5 p.m.
- June 9: Baccalaureate in the high school gym, 6:30 p.m.
- June 9: Scholarships and Awards Ceremony in the high school gym, 7:30 p.m.
- June 10: Graduation practice in high school gym, 9 a.m.; you must be at practice to walk in the ceremony.
- June 10: Graduation in high school gym, 7 p.m.

Concrete High School faculty and staff cordially invite you to attend the graduation ceremony as we salute our seniors for a job well done and wish them well on their next journey in life.

For more information, call the high school office at 360.853.4015.

YD update

At Concrete Youth Dynamics, we create a positive culture for our young people because the truth is, they don't hear it enough. We do this through games, food, conversations, dynamic speakers, and awesome adventures.

It took us a while to get back on track after Spring Break, but when we did we really hit the ground running. Our two Monday night events in April included two of our crazier annual events: Couch Derby and Jell-O Wrestling. While Hayden and David O'Neil's team won the couch derby in head-over-heels fashion, Blaine Storms and Gabby Munday were our Jell-O Wrestling Champions.

May will be an exciting month as well, as we head down the home stretch toward summer. May 2 was the Amazing Race, where the students run all over town accomplishing tasks and solving riddles to try to be the first ones back to the school.

Next up is a night of games at Veterans Memorial Park on May 9, where eggs are tossed and hot dogs are relayed.

May 16 is a really cool night because we get to give back to the community that we take advantage of the rest of year. Each year we meet with the town mayor and he lays out a project for us to accomplish. It is a ton of fun and we get a ton of work done.

Fear Factor is May 23, and then our end-of-the-year barbecue and softball game is May 30. We wrap up with food, fun, and sharing priceless memories from the year we just experienced together. We also talk about the amazing opportunity to go create more awesome memories through our two summer adventures we have planned. Rock-n-Roll is June 3-5 and is always a great time. Our second summer adventure is a three-day kayak trip down the Methow River from Winthrop to the Columbia River. The trip rosters are filling up fast, so if your son or daughter is interested in going and is in high school, send them to one of our Monday night meetings in May, where they will hear us talk more about them. We would love to see them there consistently, and there is a good chance we will tell them they're great. —Kevik and Marta Rensink

Many hands made for light work on April 23, when more than 30 volunteers converged on the Farm to School grounds at Concrete Elementary School to build a garden.

A series of raised beds made from cinder block and livestock tubs comprise the garden and will be used as raised beds. Farm to School Coordinator Rachel Sacco will use the garden to teach elementary school students about growing their own food from seed to harvest.

Numerous stars aligned to help the garden become a reality, said Sacco, calling out Leadership Skagit team "Butterfly Effect" for their fundraising efforts and elbow grease, community partners such as Robert and Jennie Goforth of Finney Farm, a supportive school administration, "and lots of volunteers."

The first Farm to School class in the garden was held on April 28, with Mr. Ashe's sixth graders planting strawberries, nasturtiums, and calendulas in the raised beds.

—J. K. M.



Photo by Mitchell Metcalf

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Mike Geerdes owns and operates the newly opened North Cross Landscaping Materials in Lyman. "We have more material than anyone east of Burlington," he says.

Parents! Get involved in your PTO!

Concrete Elementary PTO meetings are held the second Wednesday of each month, at 5 p.m., in the Concrete Elementary School library. For more information, call 425.350.5988.



Clear Lake



HISTORY CORNER

This logging camp photo is a typical logging scene from the early 1900s. The camp belonged to Nelson-Neal Lumber Company, which was located near Bryant, Wash. Several members of the Bartl family, early Clear Lake settlers, are in the photo. This Kinsey photo

was taken around 1920. Photo courtesy of Clear Lake Historical Association. If you have old photos of Clear Lake and/or Day Creek, please contact historian Deanna Ammons at 360.856.6798.

—Deanna Ammons, historian



Community Calendar



MAY

- 6 Concrete Lions Club "White Cane Days," with donation stations at Albert's Red Apple Market and Concrete Post Office
- 6 "Giving Back," event at Sea Mar Concrete Community Health Center, 7438 S. D Ave., Concrete, 11:30 a.m. to 1:30 p.m.; sandwich bar at entry, care packages for homeless individuals; info at 360.503.1706 or kellihaddox@seamarchc.org
- 7 Run for Your Mum 5k fun run and 2k walk, a fundraiser for Pregnancy Choices, Bakerview Park, Mount Vernon, 9 a.m.; register online at www.runforyourmum.com or call 360.428.4777
- 7 Amy Goodman from Democracy Now! speaks at the Lincoln Theatre, Mount Vernon, noon; proceeds benefit KSVU 90.1 FM and KSVR; see notice, p. 6
- 8 Mother's Day
- 8 Free Day at Washington State Parks (no Discover Pass needed)
- 12 Barnaby Slough Stakeholder Advisory Committee meeting, Concrete Center, 45821 Railroad St., Concrete, 6 to 8 p.m.
- 14 Day Creek Annual Pancake Feed and Crafts
- 14 "Blast Open the Pass" spring dance fundraiser for KSVU, Marblemount Community Hall, Marblemount; potluck supper at 6 p.m., music and dancing from 7 to 10 p.m.; admission \$8 per adult or \$15 per couple, children 12 and under free; see article, p. 26
- 14 34th Annual Bay View Women's Run & Walk; see notice, p. 6; info and registration at www.bayviewwomensrun.com
- 15 "Meditation on the Mind," Skagit Valley Food Coop, 202 S. First St., Mount Vernon; free admission; info at www.skagitfoodcoop.com
- 16–20 Candidate Filing Week for Skagit County Public Offices; see notice, p. 6; info at 360.416.1702 or scelections@co.skagit.wa.us
- 18 East County Public Forum, Concrete Center, 45821 Railroad Ave., Concrete, 5:30 to 7 p.m.; see notice, p. 6; info at 360.416.1300 or commissioners@co.skagit.wa.us
- 19 East County Resource Center Spring Open House, 45770 Main St., Concrete, 1 to 3 p.m.; see article, p. 4; info at 360.853.8767
- 21 Barbara Hoover turns 89. Happy birthday, cutie.
- 23 Celebration of Life memorial for Kathy Lester, 2.20.41–8.9.15, Marblemount Community Hall, 60155 SR 20, Marblemount; 3 p.m.; potluck following, with barbecue items provided; share favorite dish, stories, memories; RV parking and hotel options available; info at mlealester@gmail.com
- 28 Concrete Heritage Museum opens for the season, noon to 4 p.m.
- 30 Memorial Day

JUNE

- 3–5 Blast from the Past, Sedro-Woolley; info at www.sedro-woolley.com
- 10 Concrete High School graduation ceremony, CHS gymnasium, 7 p.m.; see notice, p. 12
- 12 Marblemount Community Market opens for the season, Marblemount Community Hall, second Sunday each month through Sept., noon to 4 p.m.; see notice, p. 26; info at 360.853.8388

JULY

- 7 Concrete Youth Activity Day, Veterans Memorial Park
- 9 Sedro-Woolley Alumni and Schools Foundation All-Class Picnic, Riverfront Park, Sedro-Woolley; see notice, p. 16; info at www.swhsalumni.blogspot.com

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Cascade Days Committee Board of Directors meets the third Mon. of each month at 5:30 p.m., in the Pilots' Lounge at Mears Field, Concrete. 360.853.7867, ember@cascaadedays.com, cascaadedays.com, info@cascaadedays.com.

Cedar Grove and Skagit Upriver C.E.R.T. Group meets the first Mon. of each month at 6:30 p.m., Concrete Center in Concrete. 360.853.7420 or emergencyresponsecomm@cedargrove-concrete.org.

Coffee Talk with Concrete Mayor Jason Miller meets the third Fri. of each month at 8 a.m., at 5b's Bakery in Concrete. 360.853.8213.

Community Chat, an informal conversation about projects in Darrington, meets the second Sat. of each month at 9 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

Concrete American Legion Post and Auxiliary meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

Concrete Elementary PTO meets the second Wed. of each month at 5 p.m. in the Concrete Elementary School library. 425.350.5988.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or concretechamber@mac.com.

Concrete Heritage Museum Board meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or concreteheritagemuseum@gmail.com

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete Resource Coalition meets the third Thur. of each month, at 1 p.m., at the Concrete School District offices (usually in the north room at the eastern end of the building).

Concrete School District Board will hold its next workshop on May 23, at 6 p.m. in the high school Commons. The board will hold its regular monthly meeting on May 26 at 6 p.m., in the high school Commons. 360.853.8141.

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andreaf@concretewa.gov.

Darrington Strong meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at 7 p.m. at Town Hall, 1005 Cascade St. 360.436.1131 or darrcityhall@frontier.com.

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the third Tue. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or goodwords@frontier.com.

KSVU station info and host training, second Wed. of each month at Portable B behind Concrete K-8 School, 11 a.m., open to public. Call 360.416.7001 to confirm appointment.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.com.

Mansford Grange meets the first Tue. of each month, 7 p.m., at the Mansford Grange Hall, 1265 Railroad Ave., Darrington. 360.436.0711.

Marblemount Community Hall board and staff meet the second Tue. of each month at the hall, at 6:30 p.m. 360.873.2323.

Paranormal Discussion Group meets the last Sunday of each month at Concrete Center, 45821 Railroad St., Concrete, at 7 p.m. 360.630.5143.

Saukrates Cafe meets the last Wed. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

Sedro-Woolley School District Board will hold a work session on May 9 at 5:30 p.m. at the Support Services Bldg., followed by a regular meeting at the same location. The board will hold a second regular meeting on May 23 at 7 p.m. at Lyman Elementary. 360.855.3500 or kcargile@swsd.k12.wa.us.

Skagit River Bald Eagle Interpretive Center Board meets the second Tue. of each month, 6:30 p.m., at Annie's Pizza Station in Grasmere. Open to the public. sauksister@frontier.com or www.skagitteagle.org.

Upper Skagit Library District (USLD) Board meets the second Thurs. of each month at 5 p.m., at the library. Public is welcome. 360.853.7939 or info@upperskagit.lib.wa.us.

Upper Skagit Writers Group meets the fourth Mon. of each month at 7 p.m., at 5b's Bakery, Concrete. Open to the public and all skill levels. thomas@upperskagit.lib.wa.us.

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For more information, call 425.350.5988.



Governor authorizes transfer of Northern State property to Port of Skagit

By signing the state capital budget into law last week, Gov. Jay Inslee has authorized the transfer of the Northern State Hospital property in Sedro-Woolley to the Port of Skagit, the result of a collaborative public-private effort to preserve the historic property, increase access to open space, and provide more sustainable community wage jobs.

Port of Skagit Commission President Dr. Kevin Ware said: "By placing the site under local control the Governor's action will allow the Port of Skagit to put this beautiful and historically important publicly owned property to a much higher use than it has seen for nearly a generation. Over the next several years, in coordination with other local government agencies, the Port will work with Janicki Bioenergy to create much needed, well-paying, technology research and manufacturing jobs. The transition to local control will also allow the Port to make the park-like grounds more open to the general public and will lead to an improvement in mental health care by optimally locating and improving those facilities."

State Sen. Kirk Pearson, whose 39th district includes most of Skagit and Snohomish as well as the northeast corner of King County, led the effort in the State

Senate to include the transfer language in the supplemental Capital Budget.

Sen. Pearson said: "I strongly support this effort to economically develop the property and create good jobs here in Skagit County. Sedro-Woolley, Skagit County, and the state will all benefit from the new jobs and overall revenue growth."

The Northern State Hospital site, which was designed by the renowned Olmsted Brothers landscape architecture firm and is listed on the National Register of Historic Places, has been underutilized since the hospital closed in 1973, and the agricultural land associated with it was subsequently turned over to Skagit County for recreational usage. The facility was reopened on a small scale in 1978 as a multi-service center for the U.S. Forest Service and state Department of Social and Health Services. The Port will use federal standards to prioritize the revitalization of selected structures on the property to preserve the original Olmsted design.

Skagit County Board of Commission Chairperson Lisa Janicki said: "local partners have come together like never before and the collaborative process has helped make revitalization of the historic property a reality. The thought of a world-class technology center that will generate

more jobs is something we can all be excited about."

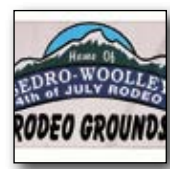
A memorandum of understanding has been established between the Port and Janicki Bioenergy regarding future revitalization of the property and structures.

The capital budget legislation is House Bill 2380. Last year, the Legislature passed Senate Bill 5887 granting the state the authority to pursue a 60-year lease of the campus.

City of Sedro-Woolley Mayor Keith Wagoner said: "It is gratifying to be part of the collaborative process which will revitalize this historic property. We now have an opportunity to reestablish Sedro-Woolley as a center for innovation and manufacturing."

Before the property can be transferred, the Washington Department of Enterprise Services, which manages the site, still needs to consult with the state Office of Financial Management to determine whether transferring the property from the state to the Port of Skagit is in furtherance of the interests of the people of Washington.

Concrete Herald
The Voice of the Upper Skagit Valley



CASCADE MIDDLE SCHOOL HONOR ROLL

The following 7th and 8th grade students at Cascade Middle School received honors for high marks for the third quarter of the 2015-16 school year. An asterisk denotes a student with a perfect 4.0 GPA.

Grade 7 Honor Roll

Elizabeth L. Abhold, Kalin J. Adkerson, Matthew Aguilar-Sanchez, Megan R. Andrews, Magali Antonio Salgado, Trinity H. Arellano, Gabrielle M. Ashton, Katie L. Backstrom*, Paula C. Banda, Alexa J. Becerra Torres, Kian Beisler, Noelle G. Belanger, Camryn A. Benham, Lauren A. Benham*, Brady O. Biggs, Brian T. Boyd, Diego Bueno, Alicia Cardenas, Jayda M. Carter, Megan E. Christensen*, Ashton C. Constantine*, Colby W. Constantine, Dalton J. Cook, Wyatt J. Covert, James A. Cukierski*, Victoria D'Arienzo*, Erin R. Davis, Olivia L. Dillard, Beau G. Elder, Harmony L. Fetterly, Damien L. Field*, Nathaly Flores, Dakota R. Fox*, Colsen J. Friedrichs, Alexis Frizzell, Shawn Froneberger, Bryan Garcia Cervantes, Kylie R. Gibson, Mackenzie E. Grimm, Alysa R. Hall, Savannah K. Halverson, Olivia J. Harvey, Ethan J. Hasenoehrl, Leslie C. Hastings, Claire Hindman*, Jacenda M. Hoagland, Arrora L. Hoelzle, Christopher J. Hoffman, Melissa A. Howry, Meghan N. Hudson*, Savannah G. Hupp*, Olivia M. Isakson*, Emily C. Johnson, Madilyn C. Johnson*, Hannah K. Jutte, Laura A. Kester, Curtis M. Klaus, Evan C. Kolb, Olivia A. Leas, Brynna K. Lee, Max A. Lloyd, Emma C. Martinson*, Gabriel Z. Maxson, Noelan T. Melton, Isabella M. Moore, Leonel W. Morales, Owen S. Murdock, Ty A. Neal, Annalee R. Nersten*, Camree L. Nilsen*, Alexis M. Noyes, Karlee M. Nurmi, Riley K. Olin, Troy L. Peterson, Jakob N. Pilon, Mallory C. Poppe, Jeffrey C. Prestmo, Cameron Queen, Emily M. Redling*, Xander M. Renkema, Madelyn A. Requa*, Dustin L. Rhodes, Isabella G. Rinne*, London A. Roberts*, Lyric P. Robinette, Isaac E. Sanders, Connor J. Schneider, Shanoah L. Shanes, Jeffrey Z. Sheridan, Keaton Skiles*, Madesyn C. Skinner, Katelyn S. Snodgrass, Vanessa Soto Lopez*, Seth Sternhill-Tift*, Jenna R. Stevens, Jakob E. Storm, Olivia A. Stormo, Bode J. Stout, Lila Suchsland*, Pedro I. Tamayo,

Keyaira L. Taylor, Keely A. Thibodeau, Abigail H. Thomas*, Cassie G. Thomas, Elizabeth N. Thramer, Gabriella M. Timblin, Mikayla R. Townsend, Colton J. Trammell, Layne A. Tucker, Carmen E. Ugalde, Kaylynn E. Vahovick, Amelia R. Vaith*, Verence S. Valdovinos-Reyes, Josiah A. Vellegas*, Josie M. Weppler*, Gracie A. Wesson, Devon M. Whitney, Tess A. Wimer*, Jasan S. Winship, Heidi M. Winters, Allison J. Wood, Gabriel W. Zarate.

Grade 8 Honor Roll

Emma C. Adams, Jonathan R. Adams, Josseline D. Aguirre, Maryna Baidak, Courtney M. Bawden, Angelina J. Benitez, Keegan A. Blaine, Lexani B. Brown, Kylee N. Bryan, Lorianne V. Castellanos, Elijah F. Choat, Emma L. Cook, Colby J. Dills, Camden J. Dowhaniuk*, Jasmine J. Evans*, Madelyn R. Farnham, Kaleb C. Ferris, Shauna C. Flores, Megan Friend*, Elise C. Gamson, Jens P. Gifford, Jeslie Denise D. Gonzales, Amy J. Graber, Isaiah M. Guero*, Jared C. Gunderson, Sebastian J. Hanna, Crista J. Harris, Jordyn R. Harris, Amber T. Helinski, Karin A. Henderson, Fatima Hernandez-Lara, Madysyn R. Hill, Caleb R. Hoogendam, Scott B. Hulse, Gabriel J. Hyder, Chloe N. Hynds, Jaiden M. Jenkins, Joseph L. Jennings, Eric J. Johnson, Cameron M. Kapan, Madison A. Lake, Dascha L. Larm, Alyssa J. Lecca La Cruz, Jacob N. Lennox, Mark S. Leus, Vladislav P. Leus, Kelsey N. Loop, Israel Lopez Martinez, Marcelino Lopez Martinez, Denisse Lopez Nolasco, Trinity R. Luchi, Alexa D. Lynn*, Emanuel Martinez, Asia A. McDermott, Jennifer Morales, Rachel M. Neeld, Jacob B. Norris, Mitchel A. Pepper, Makenna A. Peterson, Jerzee Pigford, Grace M. Pohl, Elijah I. Price*, Ariel A. Resnik, Karsyn T. Rooks, Luis D. Sanchez, Dylan J. Scheib, Alyssa J. Scherf, Natalya A. Schwetz*, Hallie J. Simpson, Zoe K. Slabodnik, Alex S. Smith, Tessa C. Smith, Shelly L. Staples, Brandi E. Stewart*, Heavenlee J. Strutzel, Liliana Tapia, Natalia R. Taylor, Kaylee M. Thomas, Madisun R. Tobisch, Ian A. Valdovinos, Brent J. VanderVeen, Avery E. Wagner, Roweann A. Wagner, David R. West Jr, Serina E. Wilson, Samantha R. Wise, Mitchell T. Wolkenhauer, Yasmin Zavala Mendoza.

Briefly ...

Woolley Fiber Quilters are preparing for their seventh annual quilt show June 3-5 in Sedro-Woolley.

Held this year at the former Skagit River Restaurant on SR 20 (next to Three Rivers Inn), the show will feature 250 quilts, a bed turning, vendors, demonstrations, member boutique, and more. All local quilters are invited to enter quilts in the show; entry forms are available from Cascade Fabrics, any member, or as a download from the Web site at www.woolleyfiberquilters.blogspot.com.

Entry forms are due May 16 and quilt turn-in day is May 31. For complete information, go to www.woolleyfiberquilters.blogspot.com.

The **Sedro-Woolley Alumni and Schools Foundation** will hold its annual All-Class Picnic on Sat., July 9, at Riverfront Park in Sedro-Woolley.

One of the most popular local events, the picnic typically hosts 500 Cubs alumni for a catered picnic lunch and fundraising for the annual scholarship and classroom grants programs.

To reserve a spot, mail \$15 per person (pre-July 1 price) to Sedro-Woolley Alumni, P.O. Box 509, Sedro-Woolley, WA 98284.

For more information, go to www.swhsalumni.blogspot.com or find the foundation on Facebook.

—J. K. M.

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Lyman



Day Creek



Deadline to apply for special hunt permits is May 18

Hunters have through May 18 to apply for special hunting permits for fall deer, elk, mountain goat, moose, bighorn sheep, and turkey seasons in Washington State.

Permit winners will be selected through a random drawing conducted by the Washington Department of Fish and Wildlife (WDFW) in June. Special permits qualify hunters to hunt at times and places beyond those authorized by a general hunting license.

To apply for a special permit, hunters planning to hunt for deer or elk must purchase an application and hunting license for those species and submit the application with their preferred hunt choices.

Applications and licenses are available from license vendors statewide or on the WDFW Web site at https://fishhunt.dfw.wa.gov/wdfw/special_permits.html. Applications must be submitted on the Web site or by calling 877.945.3492.

Most special hunt permit applications cost \$7.10 for residents, \$110.50 for nonresidents, and \$3.80 for youth under 16 years of age.

The exception is the cost for residents purchasing applications for mountain goats, any bighorn sheep ram, any moose, and "quality" categories for deer and elk. Those applications cost \$13.70.

Instructions and details on applying for special permit hunts are described on pages 12–13 of the 2016 Big Game Hunting Seasons & Regulations pamphlet, available at WDFW offices, license vendors, and online at <http://wdfw.wa.gov/hunting/regulations>. Additional information is available at <http://wdfw.wa.gov/hunting/permits/faq.html>.

Memorial Day, cont. from p. 3

protect, and nourish our nation. Without that effort, our heirs will no longer have the freedoms those who we honor here today have fought and died for. In remembrance of those fallen, it is customary for the flag of the United States to be raised briskly to the top of the staff and then solemnly lowered to the half-staff position on Memorial Day. The half-staff position is in memory of the more than one million men and women who have given their lives in service of their country. At noon, it is then customary to raise it to the full-staff position for the remainder of the day. This is to remind us to not let their sacrifice be in vain. The fight for liberty and justice for all is now ours.

Read Concrete Herald
The Voice of the Upper Skagit Valley

Swap Meet, cont. from p. 4

"I agree with Council's decision," said Mayor Miller. "It places few restraints, and the resolution itself is based on requests [Theodoratus] presented to the town. It is not restrictive and provides a framework, in writing, for how the swap meet will be expected to operate."

The second resolution approved at the April 25 meeting is also an agreement between Town Council and Theodoratus, regarding the future development of the Cement City Swap Meet. The language in this resolution specifies that the council will continue discussion with Theodoratus to establish a permanent solution to allow the swap meet to operate on a permanent, full-time basis.

Writer Haley McNealey is a 2015 graduate of Concrete High School. Editor Katy Tomasulo lives in Seattle.

Community notes

Save these dates

Mark your calendar for the following events this year:

- May 14: Day Creek Annual Pancake Feed and Crafts
- July 19: Barbecue Potluck at Pulvers
- Nov. 15: Progressive Dinner

If you have an idea for a community gathering, call 360.826.3003 or 360.826.3581.

Community Block Watch planned

We have been going over a few ideas at the Community Potlucks as we begin to organize a Community Block Watch. Donna Pulver has been looking up plans and Web sites to setting up the Block Watch. There will be a planning meeting scheduled soon. There is lots of information to go over and much to plan.

If you are interested in being part of the coordinating team, contact Donna at 360.826.3003 or Kathy at 360.826.3581.

Let's make Day Creek safe and watched.

Friendship House Helping Hand

We are banding together as a community to reach out to the homeless and will be serving a monthly dinner at the Friendship House. Prep will happen at 3 p.m.; dinner at 5 p.m. on the last Sunday of each month.

If you are interested in being a helper, call Sue Walden at 360.391.1709.

Kingdom Builders

If you know anyone in need this year, please call the numbers below. Kingdom Builders can put together food baskets and gather other needs for kids and families.

Donna Pulver and Kathy Henderson, co-directors of Kingdom Builders, are reaching out to those in the Day Creek community who need help with trips to the doctor, hospital visits, store runs, and more. If you would like to become available to be a community helper, call 360.826.3003, 360.826.3581, or 360.826.3822.

Baldham Farm's Little Store Grand Opening and Open Farm Event

Join the good folks at Baldham Farm for this fun event.

- **When:** Sat., May 21, from 11 a.m. to 4 p.m.
- **Where:** 30595 Walberg Rd., Day Creek

Enjoy a nice afternoon at the farm, walk around and discover what they do at Baldham Farm. Family friendly; visitors will see pigs, cows, sheep, and chickens. Refreshments and appetizers will be served. For more information, go to www.baldhamfarm.com or call 360.722.4372.

Day Creek Book Club

The book club is open to new members. Members are welcome to host a book club meeting at their favorite "hang out" spot. Meetings are held on the third Monday of each month at Cedar Springs Lodge on Barben Road. For more information, call 360.661.0247.

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Community Meeting

Hamilton Town Hall

Wednesday, May 4th

7:00 PM to 9:00 PM

Join the Town of Hamilton and Skagit Fisheries Enhancement Group to learn about developing a habitat restoration plan for Carey's/Alder Slough. Help us ensure a project that benefits both fish and people.

584 Maple Street
Hamilton, WA

For details visit
www.skagitfisheries.org

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Concrete Herald

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Garden Dirt

Spring is here!

- With the warmer weather we're experiencing, May will be a good time to transplant all those veggies and flowers that need to get into the ground. Just remember to "harden off" the young summer crops; don't rush the process or you will not be happy with the results. With the good weather, (cooler and not so hot to start us off) you should be able to start all the seeds right into your garden.
- I don't know how all of you feel about organic gardening, but for me, that is the best. The more we do for our dirt, the healthier our lives will be. Plants require nourishment to grow. Fertilizer adds three basic building blocks to the soil: nitrogen for plant proteins, potassium for flowering, and cell developments, and phosphorus for good root health. Fertilizer ingredients must be balanced to specific uses and soil types. The benefit in soil tested to see what is needed.
- Plant material, after composting, makes a good fertilizer. Kelp is a complete food for plants. Grapes and banana contain potassium. Manure is rich in nitrogen. Dead fish also provide nitrogen. Bone meal is high in phosphates and calcium. Composting with worms (vermicomposting) is a great solution for household food garbage.

- Find what works best for you. Making that work will make a happy garden home.

News and tips should be sent via e-mail to winningcircularchapel@gmail.com.

—Compiled by Kathy Henderson

2016 Community Potluck dates

May 17, 6:30 p.m.
June 21, 6:30 p.m.
July 19, 6:30 p.m.
August 16, 6:30 p.m.
September 20, 6:30 p.m.
October 18, 6:30 p.m.
November 15, 6:30 p.m.
December 20, 6:30 p.m.

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The Voice of the Upper Skagit Valley

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March/April in pictures



Above: Upper Skagit Library Director Brooke Pederson (right) was selected by the Washington Library Association to receive the Outstanding Performance Award for 2016. Pederson received the award on April 29 at the WLA conference in Spokane. Pederson was nominated for the award by local Bill Pfeifer, who credited Pederson's outreach, advocacy, and leadership efforts for "a large increase in the number of patrons and culminated in the Town of Concrete voting for annexation into the District." Since becoming the director a year ago, Pederson has "turned the library around," wrote Pfeifer, and created "high morale and enthusiasm among the staff." Pederson is pictured with her friend and colleague Kylie Fullmer. *Submitted photo.*



Above: Michael McLaskey (foreground) and Linden Jordan perform with Pfeifer's Five & Friends during the Dave Chapman Benefit Concert April 10, which raised almost \$3,000 to help Chapman with medical bills. Joining the two performers on stage were Mardi McLaskey, Mary Leone, and Bill Pfeifer. The benefit included other performances from Barefeet, Jumbled Pie, Ger and Bill, and Kitchen Sync.



Above: Concrete High School seniors Shelby Meacham, Ashten Tygret, and Katie Joens were honored at an April 16 luncheon sponsored by the American Association of University Women. The annual event awards high school senior women with awards in areas of study that not too long ago were considered too challenging for women. Meacham was honored for her science acumen, Tygret for technology, and Joens for math.



Right: A crew of Kuipers and Jonathan Akers helped Concrete Mayor Jason Miller plant the last six flowering cherry trees in Veterans Memorial Park on March 20. From left, Adrienne, Jonah, Ava, and Amelia Kuipers, and Jon Akers.



Above: Concrete High School junior Louie Ketcham shows off the handmade gun cabinet he built and entered at WoodFest, which was held this year from April 2-3. Ketcham captured 1st place among the Concrete entries for the cabinet, which he fashioned from curly maple, red oak, walnut, and golden oak, coated with a clear finish. *Submitted photo.*



Above: Members of Girl Scout Troop 44454 joined Imagine Concrete Foundation board members Eric Archuleta and Stephanie Morgareidge, and Concrete Mayor Jason Miller on April 20 to clean the Safety Monument in front of the Superior Portland Cement Administrative Building on Main St. in Concrete.

Below: Eager runners and walkers kick off this year's Cement City Trail Run on April 16. The popular annual event is a fundraiser for the Concrete Lions Booster Club.



Below: Sunrise Services Concrete Behavioral Health held a ribbon-cutting event at its new Concrete location on April 5. Sunrise Services owner Sue Closser cuts the ribbon with Concrete Mayor Jason Miller. Left of Miller is Holly Morgan, Director of Behavioral Health. Shamora Bearwood (far right) will supervise the facility, which will open May 16 for scheduled appointments between 8 a.m. and 5 p.m., Monday through Friday. *Photo by Pam Dittich.*





Hamilton



Rockport



From the Mayor

May Town Hall meetings:

May 4, 7 p.m.

Skagit Fisheries Enhancement Group and Herrera will present some information about the Carey's Slough study to suggest crossing improvements and habitat improvement. We would love to hear everyone's thoughts and concerns so the study can reflect Hamilton's needs.

May 10, 7 p.m.

Regular Town Council meeting.



May 19, 7 p.m.

Ice cream! Meeting to discuss starting a nonprofit for the Hamilton area that would focus on fundraising and activities to support our community, such as the fire department, playground equipment, historic preservation, etc. You don't have to be a resident of Hamilton, you just need to want to help. I'll bring the ice cream.

Those are Wednesday, Tuesday and Thursday nights, so hopefully anyone interested can make at least one of those!

If you can't attend and want to know what happened, please send me an e-mail and I'll send you an update. My e-mail is hamilton.wa.mayor@gmail.com.

—Mayor Joan Cromley

Council summary

The Hamilton Town Council held a regular meeting March 8. Following is a summary of that meeting.

- Mayor Joan Cromley welcomed Susan Madsen from Skagit Fisheries Enhancement Group. Madsen talked about the Carey Slough Project.
- Council voted to appoint Brian Kirkpatrick as Mayor Pro-tem for the next cycle.
- Mayor Cromley explained the ESO subscription for software required and reimbursed by Skagit Emergency Medical Services. Council voted to sign the agreement.
- Mayor Cromley talked about the

Assignment of Vacant Land Real Estate Purchase and Sale Agreement. Council voted to sign the agreement.

- Water Dept.:** Cas Hancock was absent, so we did not have the unaccounted-for water loss percentages. Mayor Cromley talked about the water taxes Ordinance No. 320, which introduces authorizing an interfund loan from general checking to the water fund. Council voted to accept Ordinance No. 320.

Fire Dept.: Council member Bates announced that the Easter Egg Hunt is going to be on March 20 at 1 p.m. They will pack eggs on March 16, if anyone wants to volunteer some time.

—Compiled from staff minutes

Nature Notes

Are you smarter than the average bear?

By Laura Busby

Big. Powerful. Scary. Black bears live next door. We revere and fear them at the same time. We grow up with stuffed teddy bears and a host of cartoon bears. In contrast, we see sensationalized media such as Animal Planet's Maneaters Black Bear video. Every human-bear encounter is dramatically covered from coast to coast by all the major news networks. Can we safely co-exist with real bears?

Benefits and risks

Our neighborhood bears also have a mixed reputation. They enhance tourism; many local businesses benefit from our wild locality. Hunters enjoy the chance to "take" a bear. It's exciting to know they are here. On the other hand, they eat fruit from our trees, get into garbage, and can endanger free-roaming pets.

Our perception of bear-related risk is influenced by all these experiences, real and fiction. While a fear of bears is prevalent, our chances of being injured or killed by a black bear are very, very slim. Seventeen black bear-caused fatalities have occurred in the United States and Canada since 2000. Seven million people live in Washington State, but only 10 bear attacks and one fatality have ever happened here. By contrast, 969 Washingtonians died from accidental falls in 2014 alone.

How can we coexist safely with bears? Their habits and behavior can direct our course of action for cohabitation. Bears spend their time, like all wildlife, making the most of their activity in order to survive. For bears this means eat, eat, and eat more.

It's a bear's life

Bears emerge from their dens in April or May. They are hungry! In spring they scratch out a living grazing on nutritious grass shoots, leaf buds, cow parsnip, and skunk cabbage. They strip tree bark and

scrape off the cambium layer—the cells that transport sap (sugar). Approximately 85 percent of their diet is plant material. They do not digest plants well, so they require large quantities for caloric gain. They also rip apart dead logs for grubs, ants, and other insects. Carrion (dead animals), fawns, and rodents are other sought-after protein sources.

Through the summer, food becomes more plentiful. Ripe berries and spawning salmon are important staples when they are available. Bears may roam over large areas to find food and mates. Breeding happens in June and July, although bears have delayed implantation, a process where the embryo doesn't grow until denning time in November.

In the fall, acquiring significant calories that will convert to fat reserves is essential. Bears enter a state called hyperphagia where they eat excessively if food is available. They spend up to 20 hours a day foraging. Their body weight can increase by 35 percent during this time.

Bears den from October to April in Washington. As hibernators their heart rate slows down, but they maintain their body temperature, allowing them to awaken quickly if necessary. During this time, they don't defecate or urinate. Wastes are broken down internally into nutrients. Sows give birth in January or February to undeveloped babies that weigh ½ to ¾ of a pound. They sleep and suckle through the winter and emerge with Mom in spring.

Be bear safe

The number one reason for black bear conflict, (95 percent of the calls to offices) is the result of irresponsibility on the part of people: access to trash, pet food, bird feeders, and improper storage of food while camping make up the majority of the calls, according to the Washington

Department of Fish and Wildlife (WDFW).

Bear safety is up to us. Deliberately or unintentionally enticing them can mean their death. Once they find easy, high-calorie food in our garbage, compost, orchard, or bird feeders, they will return. This drives them to come in contact with us—something they would normally avoid.

Bears that are allowed to scavenge from humans become a nuisance and can be dangerous. We are training them to see our homes as a source of food. Returning bears are labeled as "problem bears" and the solution is removal. Relocation is often attempted first. If that doesn't work, which is generally the case, the bear is usually killed.

We can act to keep people and bears safe in our community. Here are recommendations from WDFW:

Keep bears from frequenting our neighborhoods with these simple actions:

- Never intentionally feed bears.
- Keep garbage cans in a garage or

another secure area until collection day.

- Remove attractants (use bird feeders only during bear hibernation months; pick up fallen fruit often, clean grills after each use).
- Protect livestock and pets: Bury carcasses, fence livestock and pets, keep animals contained during calving/lambing season, and keep livestock/pet food inside or inaccessible.

To avoid encounters with black bears while hiking or camping:

- Keep a clean camp. Put garbage in wildlife-resistant trash containers.
- Store food in double plastic bags and, when possible, place the bags in your vehicle's trunk or in wildlife-resistant food lockers. Double-wrapped food may also be placed in a backpack or other container and hung from a

See Bears, p. 26

Community Meeting
Hamilton Town Hall

Wednesday, May 4th
7:00 PM to 9:00 PM

Join the Town of Hamilton and Skagit Fisheries Enhancement Group to learn about developing a habitat restoration plan for Carey's/Alder Slough. Help us ensure a project that benefits both fish and people.

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Darrington



Snohomish County Sheriff's Report

April 18

Snohomish County today reached a \$250,000 settlement in a civil case regarding a mishandled public records request made to the Sheriff's Office.

The claim was brought by the sister of Marilyn Mowan, a 62-year-old woman who died at the jail in September 2014. The request was for video from the jail of Mowan's entire incarceration. Instead, however, the jail's public disclosure unit employee provided the requester with video of only a small portion of time immediately surrounding the time of her death.

This is the second settlement the county has made in less than a year because of a records request that was mishandled by jail staff. Since 2014 the Sheriff's Office has taken steps to overhaul the public records request fulfillment process, as well as making staffing changes in the jail's public records request unit.

The Sheriff's Office receives and processes more than half of all public disclosure requests made to the county each year.

April 20

One person is confirmed dead at a two-car collision at the intersection of Bickford Ave and Sinclair Ave. in Snohomish. The victim is believed to be an adult male.

The collision was reported just before 3 p.m. Several fire and aid units were on scene, as well as the Sheriff's Office Collision Investigation Unit. The cause of the collision is under investigation.

April 26

Mark Edward Stamps Jr., a convicted Level 3 sex offender, has been released from prison and is moving to the 8300 block of 184th St. NW in unincorporated Stanwood.

Stamps is a 34-year-old male who was convicted of first-degree rape of a child and four counts of indecent liberties in 2008. He is currently under active supervision with the Washington State Department of Corrections.

Additional information about Stamps can be found on the Sheriff's Office "Offender Details" page online.

April 28

Around 8:30 p.m., a female resident of a home in the 13700 block of Woods Lake

Rd. in Sultan called 911 to report that she had shot an intruder after he broke into her home and stabbed her husband. Her 75-year-old husband was airlifted to Harborview Regional Medical Center with abdominal stab wounds.

The suspect, a 25-year-old Gold Bar man, died at the scene. The woman, who is 80 years old, did not sustain any injuries, nor did the couple's 45-year-old son, who was also in the home at the time of the incident.

Detectives do not believe the suspect was known to the residents of the home and that this was an attempted home burglary.

WSP seeks witnesses to assault at Smokey Point Rest Area

The Washington State Patrol is investigating an assault that occurred at the southbound Smokey Point rest area in Arlington on April 12 at approximately 4:45 p.m.

According to the victim, the assault occurred when the victim returned to her parked vehicle. At that point the suspect physically assaulted the victim inside of her car.

The victim suffered non-life-threatening injuries.

Troopers are seeking witnesses to the assault or any events leading up to it. Anyone who witnessed the assault or knows someone who has information is asked to contact Sgt. Matt Sloan at 360.654.1121 or matthew.sloan@wsp.wa.gov.

Read
Concrete Herald
The Voice of the Upper Skagit Valley

Council summary

Darrington Town Council met for its regular meetings on Feb. 10 and March 10. The following is a summary of those meetings. Complete and council-approved minutes for every council meeting are available at Darrington Town Hall.

Feb. 10 regular meeting

- Council discussed and awarded an applicant for the Association of Washington Cities Scholarship. There were five applicants. Council awarded Alfred Mugho the nomination; his name will be sent to AWC.
- Funding for military flags at the cemetery is in the form of donations from community members who would like to see the flags there. Council approved installation of flags at the cemetery.
- Council approved an amendment to the town's 2015 budget. Council then approved the 2016 budget.
- Council approved Ordinance No. 711, approving an amendment to a municipal code that governs rates and charges for new service hookups.
- Council approved Mayor Rankin to accept and award the lowest responsible construction bid for the Darrington and Seeman St. projects.
- A T-Mobile cell tower proposal was discussed. T-Mobile wants to install a "Cell on Wheels" and has researched several different properties. They would like to investigate some temporary facilities and a permanent facility. Council voted to pursue a Cell on Wheels tower with T-Mobile.
- Todd Ronning reported there were dogs at large. Mayor Rankin stated that Stitch had taken six dogs to the pound. Discussion ensued. Ronning also inquired into Community Center positions; Mayor Rankin reported the

positions had been filled.

March 10 regular meeting

- Guest speakers:* Nicholas Chambers with Trout Unlimited spoke about why the Skagit River should be a Wild Steelhead Gene Bank. He explained a plan to manage wild fish, a root stock program on the Stillaguamish River. Discussion ensued. Impacts on the local economy were discussed.
- Adrienne Hall introduced herself and stated she had submitted a resume and information regarding a position as the official Town of Darrington Visitor Services Representative. This is not a paid position. She presented a Memorandum of Understanding between herself and Town of Darrington; council approved the MOU unanimously.
- Jessica Pierce attended regarding the T-Mobile cell phone tower proposal. She reported where existing towers were and where they'd like to install towers, such as Old School Park. Typical rent for similar towers is \$1,500. T-Mobile has proposed an economic development plan for the town as well. She provided coverage maps. Discussion ensued regarding aesthetics, radiation, helicopter and glider patterns, and tower height (120 feet). Airport Manager Jim Hale said he was opposed to any tower of that height within 5,000 feet of the airport.
- Council voted to move forward with an "entry and testing" agreement with T-Mobile for the Old School Park proposed site.
- Rivertime Brewing gained approval for an extended beer garden during Darrington Day on May 28.
- Cascade Design Group will do the construction at Old School Park.

—Compiled from staff minutes

Inslee visits STEM site

Story and photo by Marla Skaglund

On April 7, Gov. Jay Inslee toured the site of a proposed aquatic restoration stewardship project at the Clear Creek STEM site with leaders from conservation organizations, the local timber industry, and the Darrington community members of the newly formed Darrington Collaborative.

Inslee announced a \$20,000 grant for Darrington Collaborative stewardship projects would come from the state Department of Commerce to support the group's work restoring critical habitat, improving water quality, and creating local jobs.

Members from the Darrington Collaborative included Darrington Mayor Dan Rankin; Jon Owen, Pew Trusts; Ben Gruel, The Wilderness Society; Tom Uniack, Washington Wild; Derek Churchill, Stewardship Forestry; Oak Rankin, Glacier Peak Institute; and Jamie Kingsbury, Mount Baker-Snoqualmie National Forest supervisor. Each member spoke on the importance of different environmental, scientific, educational, and governmental groups working together to improve the quality of life and economic benefits for the local community.

When each speaker had finished their presentations, Gov. Inslee joined a group of STEM students monitoring water quality, collecting, and cataloging the various aquatic life in a creek that came from a waterfall, crossed the road, and continued down the hill.

"We have brought together a partnership of people from diverse backgrounds to assist the U.S. Forest Service Darrington Ranger District with forestry and restoration projects," said Mayor Rankin. "Through the expertise of these individuals and community input, we are developing projects to improve ecological diversity and forest health while creating sustainable jobs in the forest."

"This community, recognized for its grit and optimism, has found a way to bring together groups with a common interest in finding a way forward," Inslee said. "This collaborative effort will ensure the needs and interests of loggers, community leaders, environmentalists, students, and others are incorporated in a meaningful and productive plan for years to come."



STEM students Preston Johnson (left) and Alex Wicken discuss their data for a proposed aquatic restoration project at Clear Creek with Gov. Jay Inslee during the governor's April 7 visit to the site.

"If I were mayor" contest seeks ideas from students

Darrington Mayor Dan Rankin and the staff at Darrington Sno-Isle Library have invited students in grades 4–12, including homeschooled students, to participate in an "If I Were Mayor, I Would ..." contest.

The contest provides a forum for students to share their creative and inspirational ideas about what they would do if they were mayor. One winner from each category will receive recognition from the mayor and Town Council at the council's June 7 Town Council meeting at 7 p.m.

Each contest category will address the theme, "If I were Mayor, I Would..." Entrants in grades 4–6 should submit a poster, entrants in grades 7–8 should

submit an essay, and entrants in grades 9–12 should submit a video or digital presentation, such as PowerPoint. Contest information and entry forms can be found at the Darrington Library Circulation Desk.

All entries and completed entry forms must be submitted by May 28 at 5 p.m. to: Darrington Library Mayor Contest Attn: Robyn Yocum 1005 Cascade St. Darrington, WA 98241 Entries also may be e-mailed to ryocum@sno-isle.org.

The contest began on May 1 and runs through May 28.

—J. K. M.



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Marblemount



Newhalem



Community Hall gears up for season

By Christie Fairchild

With the pass open early, Marblemount is waking up from its "long winter's nap." Retailers and restaurants are reopening for the season, as is North Cascades National Park's ranger station, campgrounds, and visitors center in Newhalem.

The town's Community Hall is no exception. May 3 welcomed all to the Hall's annual open house, community meeting and elections, and dessert potluck to share what's in store for 2016.

First we'll be shaking a leg to the great local music of "Jumbled Pie" for the annual benefit potluck dinner, dance, and raffle for Upriver Radio KSVU, 90.1 FM on Sat., May 14.

About to enter its fourth season, the Marblemount Community Market is seeking a volunteer to co-manage the events. For more information, call 360.853.8388. If successful in securing more help, the market will begin Sun., June 12, and will run once a month on the second Sunday of each summer month through September.

Offering fresh, locally grown, organic produce, as well as locally handmade arts and crafts, the market also will feature live music. Set up under outdoor canopies on the grounds of the Community Hall, the market runs from noon to 4 p.m.

and entices local shoppers, as well as visitors to the North Cascades. It is scheduled on Sundays to complement Concrete's Saturday Market, but also to encourage campers heading home to stop in for fresh, local goods. The market will feature some of our finest local farmers and crafters, including Blue Heron Farm, Marblemount Homestead, Greenheart Gardens, Cindy's Artisan Jams, Crazy Ladies Co-op, Firewoman Studio, and Pat Buller Photography. If interested in being a vendor, please print and complete the application at www.marblemountcommunityhall.org/events, and follow the mailing directions.

We are seeking a food vendor to offer sandwiches, burritos, calzones, or other high-quality, handheld lunch offerings. Baked goods and fresh fruit are in demand, but Skagit County Health Dept. rules apply to any food item. Local musicians also are needed to provide entertainment each month.

A pre-season organizational meeting, social, and work party will take place at the Community Hall's outdoor covered barbecue shelter on Sun., May 22, at 1 p.m., including a potluck lunch. All are welcome.

For more information, call Market Mgr. Christie Fairchild at 360.853.8388.

Construction on Cascade River Rd. continues through May 25

Cascade River Rd. is closed to all vehicle and foot traffic through May 13 during construction on Hard Creek Bridge. Drivers may experience up to 20-minute delays from May 14 to May 25.

The road closure begins at the Lookout Mountain Trail parking area near milepost 7 and affects hikers and climbers approaching the area from the east or west side. The closure includes Eldorado Peak and other peaks accessed via Eldorado Creek.

Cascade River Rd. provides access to the very popular Cascade Pass, Horseshoe Basin, and Sahale Arm Trails, as well as a scenic route for visitors hiking across the park to Stehekin. Boston Basin is a popular climbing area, with access to Forbidden, Sahale, and Sharkfin peaks, among others. The temporary road closure will ensure continued access to these areas in the future, with less potential for road failure.

For assistance with trip planning, suggestions for alternative spring hikes or climbs, or to learn about alternate hiking routes to Stehekin, contact the information desk at 360.854.7304.

Concrete Herald
The Voice of the Upper Skagit Valley

The good news is ... Ladder Creek Falls Garden update

By Sasa and Starwalker

"When we heal ourselves, we heal our ancestors too."

—Unknown

"I see a time of Seven Generations when all the colors of mankind will gather under the Sacred Tree of Life and the whole Earth will become one circle again."

—Crazy Horse

Tides are turning. Standing up for what is right, even if it is coming out a bit gruff, is getting positive biofeedback from the cosmic energies. We must express ourselves with intention to harm none.

A while back we read about Iceland jailing its corrupt bankers, now facing charges, and parliament forgiving debts of their citizens. Here in the U.S., Stanford University is making education free. Maybe the next step is for our government to forgive student loans.

We read about Croatia erasing the debts of its poorest citizens. Calling for action and active love and forgiveness are very possible, even in our world's state, and will become more frequent as the frequency of fear shifts over to the frequency of love.

Change can be brought about in an abrupt or harmonious way. The more harmonious we achieve change, the less collateral damage we will have. When we react through fear and anger, we experience abrupt and unpleasant events. When we act out of love and compassion, we experience miracles where everyone—every one—ALL are included, honored, and acknowledged as part of all. Nobody is superior, nobody is inferior, but nobody is equal either. People are simply unique, incomparable.

Check out the Singing Revolution that changed the structure of the Soviet Union: www.singingrevolution.com. We will be bringing you more evidence of positive changes on Pacha Mama (Mother Earth).

Contact Sasa and Starwalker at cascadiaeffect@gmail.com. Experiences may be shared at <http://cascadiaeffect.weebly.com> and on Facebook: Cascadia Effect.

By Suzanne Ferris

One of the tragedies of the Goodell Creek fire last summer was the closure of the Ladder Creek Falls Garden. The fire caused large trees to topple into some of the more inaccessible parts of the box canyon, but the actual garden is relatively unscathed. This sad event is an opportunity to revisit the plantings at the heart of the garden. Neal Bonham, the new gardener at Seattle City Light's Skagit Project, and Andy Mitton, of Berger Associates, will have a new plant list organized in short order.

There are two types of plant experiences; the more typical for hikers is the hide-and-seek of searching for native plants along trails. But when in the North Cascades National Park, go see Ladder Creek Falls Garden when it reopens. It combines old with new ideas about renovating historical gardens using native and non-native plants. The suspension bridge across the Skagit River and the orange pop of the butterfly garden provide a dramatic entrance to the shaded understory plants of a woodland garden. The steep hillside is a reliquary of old ponds and spent fountains. The hand-laid granite steps lead up to a spectacular waterfall that captures light, creating rainbows flickering in and out of view. Visiting the garden at night was spectacular, with music accompanying the light show.

The original garden was quite the Disney experience if historical records are correct. J. D. Ross was the impresario of this semi-tropical paradise complete with monkeys borrowed from Woodland Park Zoo. The monkeys were brought in as part of a display from an island in Diablo Lake, where they lived until eaten by cougars. These monkeys were part of a petting zoo in the midst of tender orchids that needed heated soil and winter shelter to thrive. Evidence of the night lighting suspended from the tree canopy is still tacked onto the large trees. The multi-colored swirling light show was the draw, as well as lily pads large enough to support a child standing on them.

Mitton decided to include non-natives at the Ladder Falls Garden in Newhalem because J. D. Ross, the guiding spirit of City Light and this particular garden, used a mixed palette 80 years ago. Mitton renovated it for City Light in 2011, spending close to \$100,000 on lighting, stairway repairs, and irrigation.

The lighting was the big draw as much as the petting zoo, bringing to the Skagit Hydroelectric Project more than 30,000 visitors per summer season in the 1920s. Now we see many of the ponds drained, fewer giant gunnera on display.

We had the garden to ourselves in 2013 when we walked the trails that wind up the hillside behind the Gorge Power house. The Edwardian feel of the split wood railings whose stringers hang over the gorges made a picturesque setting for the updated plantings. Many maidenhair ferns burst from cracks in the concrete walls as you walk behind the Beaux Art Power House built in 1919 and ascend the hill toward a slot canyon falls.

The original garden was meant to be a celebration of progress and the power it delivered to the city was owned by the people. Seattle City Light enjoys to this day some of lowest electricity rates in the country because our utility is publicly owned. J. D. Ross wished to communicate to the masses this miracle of what must have seemed a limitless amount of energy. Let us hope that Al Ferrara, the site manager, is inspired by this tragic fire to surpass our expectations and help create a world-class tourist attraction.

Mitton's job as designer is to communicate the historical bones of the structures and cloak them with better lighting and harder plants that can stand up to the harsh winters of the North Cascades. I highly recommend a night visit to see what the LED installation does to light at night, and dignify the plant collection. We loved this wise solution to an embarrassment of riches we inherited when Diablo, Ross, and Gorge dams were built to power the Emerald City.



Tootsie Clark gets a hand opening the gates on SR 20 during the annual event, held this year on April 22. At 11 a.m., she swung the gates open with help from WSDOT employees Judd Wilson (right) and Bob Hopfield. Clark's daughter, Judi Brooks, steered Clark's wheelchair.

North Cascades Institute awarded \$40,000 from "No Child Left Inside" grant

Last month Gov. Jay Inslee announced the No Child Left Inside grant awards alongside State Park Director Don Hoch and State Senator Kevin Ranker during a ceremony in Bellingham.

More than \$940,000 in grants were awarded to North Cascades Institute and 18 other outdoor education and recreation programs located in 14 counties across Washington State—affecting an estimated 7,956 youth.

The No Child Left Inside grant will help fund North Cascades Institute's Youth Leadership Adventures, an innovative program that offers backcountry canoe-camping courses and year-round leadership training that serves low-income, ethnically diverse youth who are primarily Washington residents.

Backcountry courses take place in North Cascades National Park, and

Mt. Baker-Snoqualmie and Okanogan-Wenatchee National Forests, and provide opportunities to explore the wilderness, engage in hands-on stewardship work, build leadership skills, establish formal mentorships, and pursue next-step opportunities for college, outdoor recreation, jobs, or internships.

"This funding will help us get more deserving kids outside to experience our public lands while completing valuable service projects," said Amy Brown, youth program manager for North Cascades Institute.

The No Child Left Inside grants were awarded by the Washington State Parks and Recreation Commission. The grants target at-risk youth by focusing on programs that provide outdoor environmental, agricultural, or other natural resource-based education and recreation programs.

This year's grant recipients are offering a variety of educational activities, from sailing a 60-foot ship, to snow camping, to building trails.

"These grants create opportunities for kids who don't get to visit parks and other natural places. Investing in these programs helps all Washingtonians," said Gov. Inslee.

Bears, cont. from p. 23

- tree branch at least 10 feet above the ground and 4 feet out from the tree trunk. Never store food in your tent.
- When camping, sleep at least 100 yards from your cooking area and food storage site.
- Hike in small groups and make your presence known by singing or talking.
- Keep small children close and on trails.

If you come in close contact with a bear:

- Stay calm and avoid direct eye

contact, which could elicit a charge. Try to stay upwind and identify yourself as a human by standing up, talking, and waving your hands above your head.

- Do not approach the bear, particularly if cubs are present. Give the bear plenty of room.
- If you cannot safely move away from the bear, and the animal does not flee, try to scare it away by clapping your hands or yelling.
- If the bear attacks, fight back

aggressively. As a last resort, should the attack continue, protect yourself by curling into a ball or lying on the ground on your stomach and playing dead.

For more information on bears in Washington, see the WDFW Web site at: <http://wdfw.wa.gov/living/bears.html>

Laura Busby is an Interpretive Specialist for Washington State Parks.



Coffee Break

Passing the time

By Patrick M. Kennedy

Let's face it: No one else is going to help you out through these sometimes boring times, no matter how hard they try.

What to do? Get an idea! You seniors may select an idea from a variety of topics. The most important criterion in researching a potential idea is to determine whether or not the idea is researchable through credible sources—you know, the Internet or the local library, or even just a walk downtown. A senior will be discussing potential topics in his or her senior get-together, club, or elbow-bending stool.

There are several ideas for passing time: Read a book, then read another, then another. That will pass the time, but won't produce many distractions and attractions you can discuss with your companions. Take a long walk each day, alone? That's not much fun either.

How about a hobby to pass the time? It creates imaginative

pursuits, and maybe even keeps the fingers and inspirations nimble. There are many to choose from: paint; make jewelry; cross-stitch, embroider, or knit; quilt or sew; make pottery; learn basket-weaving or chair-caning; learn woodworking; or even make stained glass projects. Any of these can be made as decorations for your home or as gifts for friends and relatives. Cooking as a hobby allows you to make a practical end product and invite friends over to taste your hobby.

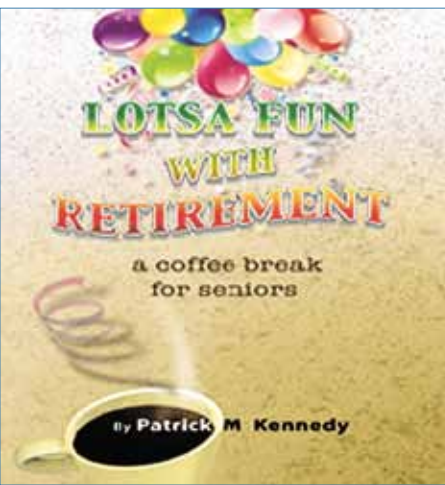
But how do you start this? First you must get the idea to do it, and then you must make a plan to do it. After you decide what the idea is, a list of things to get in order to do it is important. There are hobby shops, specialty stores, and even large market stores that can supply everything you'll need.

Then a working space must be planned. It would be nice if you had an empty bedroom or garage or an unused den. Even a large table in the corner would probably work fine; it depends on what your idea is.

The idea must be fun, but also should be something that fits your situation and location. Auto repair might be out of the question, or hiking in the mountains on questionable legs might be off the list. You could volunteer for helping others, or even teach some others about something you know.

Passing this time can be fun.

Patrick M. Kennedy is the author of Lotsa Fun with Retirement. Find it at Amazon.com. For more, go to www.funwithretirement.com.



Seniors

Way Back When

79 years ago

May 27, 1937: What might have been a serious accident was narrowly avoided on Tuesday morning when a logging truck tore the side off one of the local school buses in an accident on the east side boulevard. Quick thinking by the school bus driver, George O'Brien, saved the children from injury.

The bus was bringing its regular load from upriver and had just reached the turn near the Puget Sound storehouses when the driver saw a big truck coming down Lake Shannon Rd. Seeing that it was not going to stop, he ran the bus off the pavement, opened the door, and shouted for the children to get out. About half of them were out when the truck's trailer caught on the side of the bus and tore it from the driver's seat to the rear, smashing clear through the wall and taking out a couple of seat braces, breaking one seat and smashing the back window. All the children were away from that side of the bus by that time, and no one was injured.

The accident was immediately investigated by the highway patrol and insurance representatives. Bus owner Ben Solomon is exhibiting a relic: the side of the bus, pleated into a piece of metal hardly a foot wide.

70 years ago

May 16, 1946: Recent tree plantings by the Boy Scouts and others prompted another project

last weekend that will give the Scouts a mark to shoot at: The planting of 400 trees by one lone girl!

Glenrose Bust, who deservedly will represent the Birdview 4-H Club at Pullman this year, thought up the planting as a 4-H project and made all arrangements. She secured the trees from the Forest Service, contacted state forester Osborne for a section of land needing planting, and finally set up her project near Grandy Lake.

She started her task by hiking from her Birdview home to the location, and back when she had done a day's work. A second trip was made by bicycle to complete the job.

Bust is 16 and a sophomore at Concrete High School.

60 years ago

May 10, 1956: The Wilhelm Schimschal family from Hamburg, Germany, arrived in the valley last Friday after a 6,000-mile trip by ship and train to make their home in Hamilton.

The family includes Mr. and Mrs. Schimschal and three sons, Ulrich, Gunther, and Hilbert. They were admitted to the U.S. under the Refugee Relief Act and are sponsored by Les Wilkinson of Hamilton and Shepherd of the Hills Lutheran Church of Concrete.

Schimschal is a stone mason. His sons are 19, 15, and 12. The two younger boys are now attending school in Concrete; the oldest son is working in Birdview. Schimschal is working on construction of the new wing to the Lutheran church.

—Compiled from archives

Concrete Center

May 2016 Activities

Mon. - Fri., 10 a.m. to 3 p.m.

Lunch served Tue. - Fri., noon

Mondays

10 a.m. Jigsaw puzzles
Noon Lunch
12:30 p.m. Skip Bo

Tuesdays

10 a.m. Jigsaw puzzles
Noon Lunch
12:30 p.m. Skip Bo

Wednesdays

10 a.m. Jigsaw puzzles
10:30 a.m. Advisory Board mtg., 5/11
Noon Lunch
12:30 p.m. Skip Bo
12:30 p.m. Bingo, 5/11, 5/25

Thursdays

10 a.m. Jigsaw puzzles
Noon Lunch
Noon Mother's Day Lunch, 5/5
12:30 p.m. Skip Bo
12:30 p.m. Pinochle, 5/5, 5/19

Fridays

10 a.m. Jigsaw puzzles
Noon Lunch
12:30 p.m. Dominoes, Skip Bo
Noon Coffee with Commissioner Janicki, 5/13
1 p.m. Watercolor painting

Closures

5/30 Memorial Day

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Concrete Herald
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30 years ago, May 29, 1986: Forest Park Cemetery caretaker Vic Flores watches as his assistant Eddie Nick raises the flag up a newly built flagpole following Memorial Day observances at the cemetery by Veterans of Foreign Wars and American Legion Post of Concrete. Recently, Flores helped students from the Concrete Elementary School Talented and Gifted program plant 50 Douglas fir seedlings at the cemetery. The American Legion has furnished 29 American flags to fly at the cemetery; they were placed in rows along the entrance road on Memorial Day. *Photo by Anne Bussiere.*

30 years ago, May 22, 1986: Doug Vose (right), a sophomore at Concrete High School, his mother Polly Vose, and Whatcom County Sheriff Deputy George Sharp were presented a special award of recognition last week for saving the lives of two Diablo youth March 28 after a canoe mishap. Vose had been walking his dog near his home in Diablo and noticed two boys in a canoe on Gorge Lake, near rapids. Vose ran back to the campground at the lake to make sure the boys had made it through the rapids safely.

See **Way Back**, p. 39

Verna's Kitchen

By Verna McClure

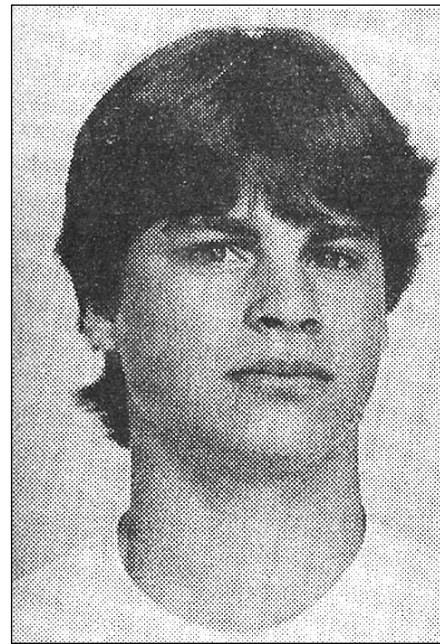


This month's recipe for German Cookies was given to me by an old German lady from Forks, Wash., in the 1940s.

German Cookies

4 eggs
2¼ cups brown sugar
2½ cups flour
½ tsp cloves
1 tbs cinnamon
Dash salt
1 cup raisins

1. Beat eggs. Add sugar and mix well.
2. Mix together the flour, cloves, cinnamon, and salt, and add to the sugar mixture. Add raisins.
3. The dough will be stiff. Spread on a 15 x 18-inch jelly roll pan. Push the dough out to the sides with wet hands.
4. Bake at 350 degrees for 20 minutes.
5. Mix together 1 cup of powdered sugar with 3 tbs of water. While still warm, spread this mixture over the cookie dough.
6. Let cool, cut into bars, and enjoy.



Sunday School lesson

Corporal Works of Mercy

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat others, as if they were Christ in disguise. The seven Corporal Works of Mercy are listed below with suggestions for living them out in our daily lives.

Feed the hungry. Many people go without food. Consider how to practice food habits that benefit others.

- Donate to a Thanksgiving or Christmas food drive.
- Research, identify, and contribute financially to organizations that serve the hungry.
- Make a double batch recipe that can be easily frozen, and donate to your local food pantry or soup kitchen.
- Try not to purchase more food than you are able to eat. Eliminate waste and donate the savings to those in need.

Give drink to the thirsty. Many people do not have access to clean water and suffer from the lack of this basic necessity. Support the efforts of those working toward greater accessibility of this essential resource.

- Donate to help build wells for water for those in need. Service groups such as Lions, Kiwanis, and Rotary build wells and water systems worldwide.

- Organize a group of children involved on a sports team or a summer camp. Invite them to collect bottled water to distribute at a shelter for families. Involve their parents. Do the same for youth and young adult groups.
- Make an effort not to waste water. Remember to turn off the water faucet when you brush your teeth or wash dishes.

Shelter the homeless. There are many circumstances that could lead to someone becoming a person without a home. Christ encourages us to go out and meet those without homes and help them seek a resolution to the challenges they face.

- See if your parish or diocese is involved with a local homeless shelter and volunteer some time.
- Donate time or money to organizations that build homes for those who need shelter, such as Habitat for Humanity.
- Clean your closets and food cupboards or buy extra items, then bring a bag in to an appropriate collection point.
- See Christ's face in millions of children and families who are on the move, fleeing from war, illness, hunger, and impossible living conditions, and searching for peace and safety. Seek ways to shelter the homeless locally, regionally, nationally, or internationally.

Visit the sick. Those who are sick are often forgotten or avoided. In spite of their

illness, these individuals still have much to offer to those who take the time to visit and comfort them.

- Give blood.
- Spend time volunteering at a nursing home. Get creative and make use of your talents (e.g., sing, read, paint, call bingo, etc.).
- Take time on a Saturday to stop and visit with an elderly neighbor.
- Offer to assist caregivers of chronically sick family members on a one-time or periodic basis. Give caregivers time off from their caregiving responsibilities.
- Make a meal that can be frozen and give it to a family in your community who has a sick loved one.

Visit the prisoners. People in prison are still people, made in the image and likeness of God. No matter what someone has done, they deserve the opportunity to hear the Word of God and find the truth of the message of Christ.

- See if your parish or church has a prison ministry and, if so, get involved.
- Volunteer to help out or donate to charities that give Christmas presents to children whose parents are in prison. Close by is Matthew House in Monroe, which for more than 30 years has been a hostel and hospitality center to thousands of family members and loved ones of people incarcerated in the prison.

Bury the dead. Funerals give us the opportunity to grieve and show others

support during difficult times. Through our prayers and actions during these times, we show our respect for life, which is always a gift from God, and comfort to those who mourn.

- Send a card to someone who has recently lost a loved one.
- Visit the cemetery and pray for those you have lost.
- Spend time planning your own funeral services and/or Mass. Family members appreciate knowing your wishes in advance.

Give alms to the poor. Donate money to organizations that have the ability to provide support and service to those in need. Do research and find organizations that put people in need first, rather than profit.

- Skip the morning latte and put that money in the collection basket at church.
- Find a charity that is meaningful to you and volunteer your time or donate.
- At Lent, give up eating out at restaurants. Pack your meals and donate the extra money.
- Participate in Operation Rice Bowl.

Submitted by Kitty Pederson, as cited from U.S. Conference of Catholic Bishops. Edited for length.

Celebration of Life for Kathy Lester
May 23
See Community Calendar, p. 15

Skagit County Sheriff's Office

Blotter

April 9

An alarm at Lyman Town Hall was activated. A neighbor saw a silver mini-van pull up and a family get out. The neighbor approached the building and found kids were throwing rocks at it. The neighbor asked them to straighten up the mess they created, and they yelled something about it being a government building and they could do what they wanted. They didn't cause any damage and left the area before a deputy arrived.

April 10

A deputy spoke to man in Concrete who'd been having an issue with his alcohol-ignition interlock device. The machine was indicating he needed to provide a sample and it showed a violation. The only thing the man had consumed was a roast beef sandwich. The deputy had the man provide a breath

Level 1 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence.

Bunner, Floyd Edward

Age: 53
Race: W
Sex: M
Height: 5' 9"
Weight: 270
Hair: Brown
Eyes: Brown
Address: Transient, Concrete



Bunner was convicted of second-degree rape of a child in Snohomish County.

Bunner is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also could result in the removal of the online notification resource.

Source: Skagit County Sheriff

sample into his PBT and the indications were zero alcohol. The deputy provided a card and a case number to the man indicating his results. He was, however, found to have violated the sandwich policy. We all know that ham and cheese is a better choice.

April 22

Deputies were dispatched to a motor vehicle accident just west of Lyman. The driver of a small red car said he swerved to miss a deer. Neither the deer nor the driver were injured. The deer didn't stick around to provide a statement. The driver was issued several tickets for no current driver's license, expired vehicle tabs, and driving too fast for the conditions.

A man pulled into the parking lot of the SCSO East Detachment in Concrete to speak with a deputy. It seems the man had been involved in a domestic dispute minutes earlier. The man already had active warrants for his arrest, so he was placed in the back seat of a deputy's truck. The deputy drove over to the residence and spoke to the other party. She showed the deputy damage caused by the man. The deputy then heard a large noise and discovered the man had kicked out his patrol truck's side window. At that point, in addition to the warrants and the domestic assault charge, he was charged with a felony for disabling a patrol car. I expect he'll be receiving a repair bill for several hundred dollars as he enjoys soup and a bologna sandwich in jail.

April 23

A deputy responded to a report of a male and female yelling at each other just east of Lyman. Upon arrival the deputy located a female from Hamilton on a bicycle, who admitted arguing with someone but refused to say who it was. The deputy checked the area and didn't locate anyone.

April 27

A Hamilton resident reported a probable fraud. The resident received a phone call indicating he had won \$250,000. He simply needed to provide his personal identification, including his credit card numbers. When the man refused to provide this information, the caller threatened him, so he disconnected the line. The phone number provided was traced to Jamaica. This is a typical shotgun approach to most phone scams. The callers will call hundreds of folks and unfortunately a few may fall for this.

April 28

A residential property on Cockreham Island near Hamilton that has been a focus of the Health Department and SCSO was recently bought by a local business. That business has indicated that the current

Sergeant's corner

Safety while hiking

By Chris Kading



With the warming weather, many folks are shaking off cabin fever and getting out to do some much-needed hiking. Hiking can be a fun family activity, but you need to make sure you are prepared.

At the Sheriff's Office, we often get calls of overdue persons. Many of these involve folks who were setting out on a short day hike, yet hadn't told anyone when they might return. Many people think they'll be just fine with a light jacket and a water bottle. That's probably true if you're walking in the shopping mall, but a whole different story if you're up on top of Sauk Mountain and the weather turns ugly.

There are several things you should do before setting off on a hike. First and foremost is to know the area you are hiking in and what types of supplies you will need.

Secondly, tell someone where you're

going, when you expect to return, and when they should begin to worry. In the event you don't make it back, because you're injured or lost, someone will notice. It really helps if folks know where you were headed and where searchers should begin looking. Also let someone know your license plate number and type of car you have.

It's a good idea to bring a small backpack with basic items; water, food, extra clothes, a whistle, first aid kit, flashlight, headlamp, extra batteries, and a fire starter. If you plan to walk for a significant distance or away from the public, use caution. Always bring your cell phone even if you think you may not have service where you're going.

Every year there are more than 40 search and rescue calls in Skagit County for lost or injured hikers. If you do find yourself lost, stay where you are and turn your cell phone on but try to conserve your battery. If you hear whistles or voice calls, respond to them.

Be prepared while enjoying the great outdoors.

Chris Kading is sergeant for the Skagit County Sheriff's Office East County Detachment in Concrete.

residents are increasing their mess before they need to vacate the property.

A Marblemount caller reported a suspicious person near the espresso stand. The person sat down in the middle of SR 20 and then wandered over to the stand. When deputies arrived the subject had left. They discovered he'd entered the stand and may have relocated the couch. The stand owner wasn't concerned about prosecution.

Correction

Last month I reported that a Rockport mother and son who had a heroin

addiction issue were contacted by deputies. I stand corrected. The mother was not involved. It was the son and his girlfriend who were suffering from this heroin issue. The mother is aware of both of their substance issues and is doing what she can to help. Sometimes calling the deputies is a start in getting that help so desperately needed. I applaud mom for having the courage to make those tough love decisions and thank her for catching my error.

—Compiled by Sgt. Chris Kading

Worship directory

Assembly of God

Concrete Assembly of God
45734 Main St., Concrete; 853.8042
Sun. worship: 10 a.m.
Tue.: Men's meeting, 8:30 a.m.
Wed.: Adult Bible study, 6 p.m.
Thur.: Women's Bible study, 6:30 p.m.

Citipoint Church North Cascade

59850 SR 20, Marblemount
360.873.2504
Sunday Gathering: 10:30 a.m.
www.citipointchurch.com
E-mail: mattd@citipointchurch.com

Baptist

First Baptist Church
12732 Hemlock St., Clear Lake
360.856.2767
Sunday School: 9:45 a.m.
Sun. worship: 11 a.m. and 6 p.m.
Wed.: 7 p.m.
E-mail: pastorjohn@firstbaptistclearlake.com

Hamilton First Baptist Church

797 Hamilton Cemetery Rd. at SR 20
Office: 360.826.3307
Sunday School: 9:40 a.m.
Sun. worship: 11 a.m. and 7 p.m.

Lyman Church

31441 W. Main St., Lyman
Office: 360.826.3287
Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Catholic

St. Catherine Mission Church
45603 Limestone St., Concrete
Mail: 719 Ferry St., Sedro-Woolley
Office: 360.855.0077
Weekday hours: 9:30 a.m.–3:30 p.m.
Sat. Mass: 8:30 a.m.
www.svcc.us/scm

Covenant

Community Covenant Church
12605 Highway 9, Clear Lake
360.856.1023 // covenant@wavecable.com
www.clearlakecov.org
Sunday School: 9:30 a.m.

Sun. worship: 11 a.m.
Call for weekly youth group/Bible studies

Episcopal

St. Martin/St. Francis Episcopal Church
55223 Conrad Rd., Rockport
Services: first and third Sunday of each month, noon

Free Methodist

Day Creek Chapel
31438 S. Skagit Hwy, Sedro-Woolley
Office 360.826.3696
Sun.: 9:15 a.m. prayer svc, 10 a.m. worship
Tue.: Women's Bible study, 9:30 a.m.
Thur.: Bible study at Louise's complex, Mt. Vernon, 6:30 p.m.
Fri.: Women's Bible Study at Kathy's in Day Creek, 8 a.m.

Methodist

Central United Methodist Church
1013 Polke Rd., Sedro-Woolley
360.856.6412 / centralumcsw@yahoo.com
http://centralumcsw.org
Adult Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Presbyterian

Mount Baker Presbyterian Church
45705 Main St., P.O. Box 246, Concrete
Church 360.853.8585; office 360.595.0446
www.mtbakerpresbyterian.synodnw.org
Sun. worship: 9 a.m.

Lutheran

Shepherd of the Hills Lutheran Church
46372 Main St., Concrete / 360.853.8814
Sun. worship: 10 a.m.

Nondenominational

Agape Fellowship
Meets at Mount Baker Presbyterian,
45705 Main St., Concrete
Second and fourth Weds., 7 p.m.
360.708.4764

Community Bible Church

45672 Limestone, Concrete; 360.853.8511
E-mail: cbcofconcrete@earthlink.net
Sun. School: 9 a.m.; Worship Svc: 10 a.m.
Childcare/Children's Ministries at both
Contact church for other ministries

The RIVER Gathering

720 Puget Ave., Sedro-Woolley
Sun. worship: 10:30 a.m.
Wed. potluck/study: 6 p.m.
Thur. ladies group: 6:30 p.m.
Last Fri./mo. potluck/games: 6 p.m.
www.facebook.com/therivergathering

Rockport Christ the King Comm. Church

11982 Martin Rd., Rockport, WA 98283
Church office: 360.853.8746
Pre-service fellowship: 9:30 a.m.
Sun. service: 10 a.m.
Sun. eve. Bible study: 5 p.m.

Wildwood Chapel

41382 SR 20, Concrete
Sun. worship: 10 a.m.
Bible studies: Call for times
360.708.4330

CONCRETE HERITAGE MUSEUM NEWS

Time to shake off those winter doldrums and zing into spring! That may seem a little trite, but there is no time like the present to **make a commitment to volunteer** in your community.

Volunteering at the museum not only helps preserve our history, but is also a great way to learn about it. Contact us for opportunities.

The museum's **opening day** for the 2016 season will be Sat., May 28, and will continue every Saturday through Sept. 24. Our hours will remain the same, from noon to 4 p.m. Don't forget to bring your visiting friends and family. Our Web site, www.concreteheritagemuseum.org, has lots of interesting information, including *Concrete Herald* archives and historic photos. The site also has information on obtaining our three publications: *The Story of Kate*, *So They Called the Town Concrete*, and *The Concrete Heritage Museum Association Cookbook*.

Thanks to Bowen Beals, the museum now has an official logo. His creation will soon adorn attractive T-shirts that

will be available in our gift shop. We are also restocking our supply of paperback and DVD versions of "This Boy's Life," the story set and filmed in the Concrete area. It was the movie that helped make Leonardo DiCaprio and Concrete famous.

There are two Museum Bake Sales scheduled for the Concrete Saturday Market. Come hungry and prepared to find the best treats in town on July 9 and Aug. 13, from 9 a.m. to 3 p.m., or until sold out. Come early while the selection is amazing.

On Saturday, May 21, 1927, ladies silk dresses were being sold for \$7.75 at the Concrete Department Store and the comedy "Laughing Ladies" was playing at the Concrete Theatre. What an appropriate day for the birth of Barbara Hoover. We all wish her a happy 89th birthday!

For more information about the museum, contact museum president John Lloyd at 484.575.6374 or John Boggs at 360.853.8347. Our Web site is www.concreteheritagemuseum.org.

—John Boggs

At the Upper Skagit Library

New Library Update: Cost estimates for site development and a library building for the location on Superior Ave/SR 20 is much higher than we expected. Therefore, we are looking at more economical alternatives. These include a site already equipped with utilities, repurposing an existing building, or using alternative building methods. We are continuing to move forward on the building project. Your questions and suggestions are welcome. Contact Brooke Pederson at bpederson@upperskagit.lib.wa.us.

Upper Skagit Library District cardholders can now **access items free of charge** through the Whatcom County Library System. Contact us to learn more or visit their Web site: wcls.org/get-a-library-card.

Congratulations to all winners and participants of our "Change" **April Poetry Contest 2016**. Our Poetry Reading and Poetry Slam celebrated local talent. Our children's first place winner, Michael Casey, won the drawing for full admission to the Skagit River Poetry Festival (SRPF). The Slam winner, Damien Guerrero, won admission to a special event at the SRPF. The winning poems will be made into bookmarks. Thank you

sponsors, 5b's Bakery and the Skagit River Poetry Foundation.

The winners of the **Library Card Art Design contest** are Athena Hornsby and Emily Bridge. Their art will be featured on our official library card available this summer. Congratulations, Athena and Emily!

Craft Friday is May 6 at 5b's Bakery, at 6 p.m. We'll be making flower planters just in time for the summer blooms. Bring gloves, pliers, and a hammer. Open to all ages. Every first Friday of the month is crafts at 5b's Bakery at 6 p.m.

Storytime is May 7 at 11 a.m., "Up in the Garden, Down in the Dirt." Families with young children join us for stories, songs, and a simple craft.

New arrivals

In adult fiction, *The Last Mile* by David Baldacci. In adult nonfiction, *The Hidden Half of Nature* by David R. Montgomery. In Children's, *There Was an Old Woman Who Swallowed a Clover*.

The Upper Skagit Library **Board of Trustees meeting** is May 12 at 5 p.m.

—Cora Thomas, library associate

Lions ROAR

On May 6 and 7, donation stations will be set up at Albert's Red Apple and the Concrete Post Office for **White Cane Days**. Please stop by and learn more about the Concrete Lions Club and the help that can be given to those who are visually impaired.

The Concrete Lions Club has access to **medical equipment**, such as wheelchairs, walkers, shower chairs, and commodes, which can be lent to help those in need. Contact any Lions Club member and we will do our best to help you.

The **May meetings** will be on the 4th and 16th in the front room at Annie's Pizza Station. The meeting starts at 6:30 p.m.; however, there is always a group that gathers around 6 p.m. to eat and

socialize before the meeting starts. All current members mark your calendars. For those interested in becoming a member, submitting a request, or just wanting to see what we are about, please feel free to stop in.

As spring begins, it is the time to think about our commitment to ourselves and others. I encourage members of our community to think about and **join your local Lions Club**. Our club is your club. We are a club to serve you and our community. Our hope for 2016 is to increase our membership numbers times two. We all have friends and family who have seen the outreach of your local Lions Club, so now is the time to give great thought about being a member!

Thank you for your continued prayers for the healing of our Lions Club members.

—Connie Smithhart

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Online: www.allvalleystorageinc.com

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360.436.1029 www.goldnuggetpawnshop.com

Ranches

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46276 Concrete Sauk Valley Rd., Concrete
360.770.5380, 9–5 M-F, by appt. weekends.
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M–F, 5 a.m. to 2 p.m.; Sa.–Su. 7 a.m. to 2 p.m.
44586 SR 20, Concrete
360.853.9006

RV Repair

Goldner RV Repair, Concrete

Mobile RV Maintenance & Repair
LP gas systems, water, heating systems, AC/DC electrical
360.826.3303 // rvrepair@frontier.com

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fred@cinemaseptic.com
www.cinemaseptic.com

Thrift stores

Second Floor Thrift Store

Antiques, Vintage, Collectibles, Thrift
Inside & upstairs at Gold Nugget Pawn Shop
Corner of Hwy 530 & Mt. Loop Hwy, Darrington
Tue.–Fri. noon–6, Sat. 10–5
360.436.1029 www.goldnuggetpawnshop.com

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or e-mail

editor@concrete-herald.com

May at the Darrington Library

Children and family programs

- Family Storytime, Wed., May 4, 11, 18, 25; 11 to 11:45 a.m.
- LEGO Robotics, Wed., May 4; 1 to 2 p.m. Ages 7 and up.
- Mother's Day Crafts & Cards, Sat., May 7; 1 p.m.; supplies provided.
- LEGO Club free play, Wed., May 11; 1 p.m.

- Darrington Writers Group, Fri., May 20; 3 to 5 p.m. Join this supportive group to get feedback and guidance from peers, a published author, and library staff.
- 3C Book Group: Coffee, Cookies, & Classics, Fri., May 27, 4 to 5:30 p.m. May's title: *I Know Why the Caged Bird Sings*, by Maya Angelou.
- Darrington Friends of the Library meeting, Wed., May 4, 5:30 p.m.

The library will be closed on Mon., May 30, in observance of Memorial Day.

The Darrington Library is located at 1005 Cascade St., Darrington. For more information, go to www.sno-isle.org?ID=1194 or call 360.436.1600.

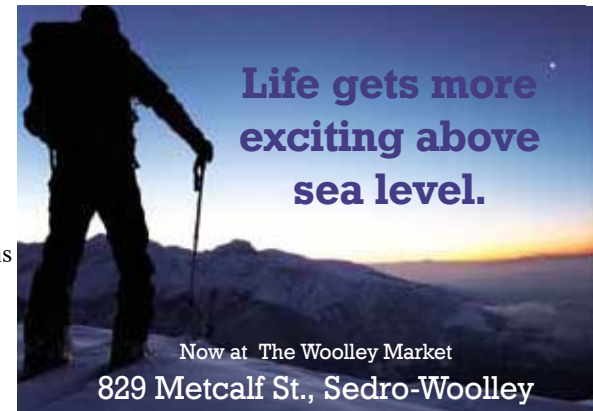
—Asheley Bryson, branch manager

Teen programs

- Teen Movie: "Jurassic World," Wed., May 4; 3 p.m.
- Teen Advisory Board meeting, Wed., May 11; 3 p.m.
- Marble Run Mania (STEM program), Wed., May 18; 1 p.m.

Adult programs

- "Mushroaming" with Daniel Winkler: mushroom hunting, Wed., May 11; 5:30 to 7 p.m.



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Out & About



Home & Garden



National

U.S. Marshals hunt for brothers suspected of murdering Washington couple

U.S. Marshals are turning up the heat in the search for brothers John Blaine Reed, 53, and Tony Clyde Reed, 49, by offering a reward of up to \$5,000 for information leading to their arrest in connection to the suspected murder of Washington state couple Patrick Shunn and his wife, Monique Patenaude.

Authorities with the Snohomish County Sheriff's Office established probable cause for the brothers' arrest after they obtained video surveillance tying them to the disposal of two vehicles belonging to the Washington couple. Further investigation led authorities to believe Shunn and Patenaude were victims of homicide because of the evidence collected from the scene where the vehicles were disposed, as well as the former residence of John Reed. Authorities continue to search for the couple's bodies.

"The U.S. Marshals are committed to assist the Snohomish County Sheriff's Office in apprehending the Reed brothers," said Acting U.S. Marshal David Miller of the Western District of Washington. "We, along with our state and local law enforcement partners, will leave no stone unturned until these dangerous fugitives are brought to justice."

Authorities have evidence that the Reed brothers were in Ellensburg, Wash., as recently as April 15 and in Phoenix, Ariz., on April 16. Their whereabouts as of April 28 were unknown. The brothers have personal ties in Arizona and California, and some tips even place them as far as Mexico. They are believed to be in possession of a 2002 Gold Acura 3.2 TL with Arizona license plates BNN-9968.

"Because of their criminal history and the nature of this crime, the Reed brothers should be considered armed and dangerous," said Miller.

John Reed is 5-foot-8 weighing 190 lbs., with hazel eyes and gray hair. Tony Reed is 5-foot-11 weighing 150 lbs., with green eyes and gray hair.

A reward of up to \$5,000 is being offered for information directly leading to their arrest. Anyone with information or tips should contact Deputy U.S. Marshal Robert Gerg at robert.gerg@usdoj.gov, or the U.S. Marshals Service Communications Center at 800.336.0102, or usms.wanted@usdoj.gov.



Tony Reed



John Reed

the best of our ability and do our best to ensure their safety. We welcome them to our community and ask that they respect the rights of the people who live and work here," the release said.

Officials also stated in the release that they knew the protesters included some who intend to engage in acts of civil disobedience that violate the law. "Police will enforce the law and make arrests when appropriate," said the release. "Responders are concerned that any attempts to interrupt the oil refining process could pose safety risks to refinery workers and the surrounding neighbors. Due to the safety risks involved with unauthorized people entering the secure areas surrounding the refineries, persons doing so will be subject to immediate arrest."

There may be small groups of individuals who will embed themselves with the protestors whose only purpose is to damage property, incite violence, and disrupt the flow of normal services in the area. "This community has no tolerance for that type of activity and those who engage in it will be identified, arrested, and prosecuted to the full extent of the law," according to the release.

Some delays and road closures are expected in Anacortes and the March's Point area to accommodate the event. Officials anticipate that protesters may arrive by bicycle, kayak, and motor vehicles.

some lakes and rivers—will be affected by the closure.

State fishery managers decided to separately secure the federal permit required to hold salmon fisheries this season in Puget Sound.

The decision was made April 19 after negotiations over salmon seasons with tribal leaders again came to an impasse. The Washington Department of Fish and Wildlife (WDFW) and the tribes could not reach an agreement during the annual season-setting process in mid-April.

"We had hoped additional conversations with the tribes would result in fisheries that were agreeable to both parties," said Jim Unsworth, director of the department. "Unfortunately, that did not happen, but our door remains open to further discussions."

WDFW officials said it is uncertain whether the department will have the permit in time to hold recreational and nontribal commercial salmon fisheries in Puget Sound through much of the season. The permit is necessary to hold fisheries in Puget Sound where there are fish stocks protected under the federal Endangered Species Act.

Tribal fishery managers are expected to separately seek federal permits from NOAA Fisheries for salmon fisheries in Puget Sound.

Over the course of negotiations, the department proposed fisheries that maintained some fishing opportunities and met conservation objectives, said Ron Warren, head of WDFW's Fish Program.

"This isn't the outcome we had hoped for, but we will do our best to obtain a federal permit as quickly as possible," Warren said.

Fishing closures that took effect May 1 in the Puget Sound area are outlined on the WDFW Web site at http://wdfw.wa.gov/fishing/puget_sound_salmon_update.

Meanwhile, Washingtonians can still take advantage of other fisheries open this month. Popular fishing opportunities include eastside salmon, lowland lakes, shrimping, razor clam digging, and halibut fishing. Licenses and permits are available online at <https://fishhunt.dfw.wa.gov>, by phone (866.246.9453), and from sporting goods stores and other retail license dealers around the state.

But in Puget Sound, traditional fisheries for salmon and steelhead closed May 1 because of an impasse in the season-setting process. Marine waters—as well as

No gardening space? No problem!

By Melinda Myers

Brighten up your patio, deck or front entrance with containers. They're an excellent way to add color, fragrance, and beauty where plantable space is limited or nonexistent.

Set a few containers on the front or back steps, in the corner of your deck, or other location where they can be enjoyed. Try stacking and planting several containers to create a display with greater vertical interest. Check the views when looking from inside the house out, as well as when enjoying the space outdoors. Strategically place containers for the greatest viewing pleasure.

Save even more space by using railing planters. You can dress up the porch or deck by filling these planters with colorful

flowers and edibles. Make sure they are sturdy and easy to install. Reduce time spent installing and maintaining with easy-to-install self-watering rail planters.

Don't limit yourself to flowers. Mix in a few edibles and bring some homegrown flavor to your outdoor entertaining. You and your guests will enjoy plucking a few mint leaves to flavor beverages, basil to top a slice of pizza, or sprig of dill to top grilled fish.

Herbs not only add flavor to your meals, but texture and fragrance to container gardens. And the many new dwarf vegetable varieties are suited to containers. Their small size makes them easy to include, and many have colorful fruit that is not only pretty, but delicious.

Add a few edible flowers like nasturtium and pansies. Dress up a plate of greens with edible flowers for a gourmet touch. Or freeze a few pansy flowers in ice cubes and add them to a glass of lemonade or sparkling water.

Include flowers like globe amaranth (*Gomphrena*), Lisianthus, and daisies, which are great for cutting. You'll enjoy your garden inside and out throughout the season.

Don't forget to plant some flowers for the butterflies to enjoy. Zinnias, cosmos, and marigolds are just a few that are sure to brighten any space, while attracting butterflies to your landscape. Salvia, penstemon, and flowering tobacco will help bring hummingbirds in close, so

you'll have a better view.

Make this the year you select a container or two that best fits your space and gardening style. Fill it with a well-drained potting mix and combination of beautiful ornamental and edible plants to enjoy all season long. The additions are sure to enhance your landscape and keep your guests coming back for more.

Gardening expert Melinda Myers has more than 30 years of horticulture experience and has written more than 20 gardening books. Myers' Web site, www.melindamyers.com, offers gardening videos and tips.

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Lyman

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8334 S. Main St., Lyman
Every Thur. 10:30 a.m.–1 p.m.
Self-help classes after food bank closes; call
for subjects: 360.853.3765

Concrete

Concrete Food Bank

112 E. Main St., Concrete
Second and fourth Tue. each month,
Noon–3 p.m.
360.853.8505

Marblemount

Bread of Life Food Bank

59850 State Route 20, Marblemount
First and third Wed. each month
11 a.m.–4 p.m.
360.873.2504

Darrington

Darrington Food Bank

First Baptist Church
1205 Emmens St., Darrington
First and third week each month:
Wed. and Thur., 10–noon and 1–2 p.m.
360.436.9603

Hamilton

Hamilton Community Food Bank

951 Petit St., Hamilton
Every Tue., 11–noon and 1–3 p.m.

*Changes? Call 360.853.8213.

Anacortes

Large-scale demonstration expected

Public safety officials in Anacortes are preparing for a large-scale demonstration in Anacortes and the March's Point area from May 13–15. The Anacortes Police Dept. stated in an April 22 press release that while officials anticipate large crowds, they believe that the vast majority of protestors will be peaceful and will not adversely impact the community. "We will protect their first amendment rights to

State

Puget Sound salmon, steelhead fisheries closed May 1

Trout fishing is off and running at hundreds of lakes across the state, followed in the weeks ahead by new fishing opportunities for halibut, shrimp, razor clams and other species.

But in Puget Sound, traditional fisheries for salmon and steelhead closed May 1 because of an impasse in the season-setting process. Marine waters—as well as

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Smile



Dwelleysms

Wit from former
Concrete Herald editor
Charles M. Dwelley

“The newspaper still has something over TV. For instance, we at least get one chance to correct our subject’s language in an interview. A few slips of the tongue livened up the races last week and proved that people do talk like Steinbeck writes.”

“Next year’s car will have smaller wheels to make the bodies look lower. In fact, everything will be sleek and sneaky. But in order to keep from stereotyping the car, the price will be raised to a new high. Thoughtful.”

“In related news, you know you are in a really high-class place when you see signs that read, ‘Patrons will please not park sports cars under the tables.’”

“A big league baseball player has been fined \$5,000 for spitting. Missed the cuspidor, eh?”

“One trouble with fishing as relaxation is that the fish are relaxed about it, too.”

—Aug. 9, 1956

“The best test of compatibility is when a man and a woman go through a quarter century of married life together, work to raise a family and run a business, and then discover that during all that fuss, they have become pretty good friends.”

“Aid to the underprivileged foreign nations has been saddled on the taxpayers for years. We’re sort of unwilling Robin Hoods.”

“Sleeping sickness is reported among horses. Most rabid race track followers have noted this, especially on long shots carrying \$2 on the nose.”

—Aug. 16, 1956

“In spite of the modern age, there is nothing that gives such a feeling of inner satisfaction as a shed full of firewood.”

“The old saying that talk is cheap certainly does not apply to news coverage of a political convention.”

“You have to have a starting place to climb. Many a career has sprung from a flat ‘no.’”

“One reason you know the other guy is getting wealthy is that he doesn’t have

your bills to pay.”

—Aug. 23, 1956

“Faith, hope, and charity go together. If you depend solely on the first two, you’ll surely need the last.”

—Aug. 30, 1956

“It will make your political listening and reading much more relaxing if you will only remember that nine-tenths of the promises made could not possibly be fulfilled by one man in one office.”

“The rising birth rate is nature’s way of taking care of the human race. Taxes having reached the limit we can stand; the solution is more taxpayers.”

—Sept. 6, 1956

“This week we go to a newspaper convention. The convention is an American custom whereby all the people in a similar business get together once a year to rebuild their egos, salve each other’s woes, and swap profit lies. Its most soothing panacea is that reassurance that if you are a darn fool to stick to the business, you have a lot of company.”

“Again the balloting proves the old adage of politics: A name remembered is worth more than all the virtues in the world when a voter makes his mark.”

“The wheels of justice grind slowly, but last week the state’s weathermen were rained out of their annual picnic.”

—Sept. 13, 1956

“No man’s opinion is as good as your own, especially after you have adapted the best of several.”

“Specialization overwhelms us. Politicians now have special writers in charge of impromptu remarks.”

—Sept. 20, 1956

Public Service Announcement



Concrete Harold

By Joyce Harris



By Stig Kristensen

Crossword: “Bravo!”

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20						21					22			
				23	24					25				
26	27	28							29			30	31	32
33							34	35	36				37	
38						39					40	41		
42						43					44			
45				46	47						48			
				49			50	51	52	53				
54	55	56					57					58	59	60
62							63					64		
65							66					67		
68							69					70		

Across

- 1. Kingdom ruled by Herod
- 6. Special disposition
- 10. Magazine for pool and spa pros
- 14. Reversed
- 15. Tissue additive
- 16. Indigenous Brazilians
- 17. Coveted response
- 20. Transformers, e.g.
- 21. Salon creation
- 22. Failed to act
- 23. 10-year-old, for one
- 26. Match
- 29. Tense
- 33. It flows into the North Sea
- 34. Chinese dynasty
- 37. Torn comic?
- 38. Warm response
- 42. Long-eared beast
- 43. Makes a scene?
- 44. Japanese cartoon art
- 45. Cleans, in a way
- 48. Carpentry grooves
- 49. Religious instructor
- 54. Member of the Donner party?
- 57. Cross

Down

- 1. Merely
- 2. “Law ____ oneself”
- 3. Make-or-break time
- 4. Brainiac
- 5. Combine
- 6. Pirogue
- 7. Ice cream thickener
- 8. Bath sponge
- 9. Bulgarian cash
- 10. Habiliments
- 11. Mouthful of tobacco
- 12. ____ reflection
- 13. Isn’t wrong?
- 18. Italian ____
- 19. Yemeni city
- 24. Proceed
- 25. Scale
- 58. Enough, for some
- 62. Spirited responses
- 65. Book before Nehemiah
- 66. Le ____, city in Switzerland
- 67. Sticky sweetener: Var.
- 68. 2002 Robbie Williams single
- 69. Earth barrier
- 70. Puff ____, old Combs nickname

Across

- 26. Capital of Pas-de-Calais
- 27. Hamlet’s father, e.g.
- 28. Put into service again
- 30. Ancient Celtic priest
- 31. Doodad
- 32. Old weapons
- 34. Ozone depleter: Abbr.
- 35. Skimmer, e.g.
- 36. Wife of Saturn
- 39. Hops heater
- 40. Shavers
- 41. Turkey part
- 46. Volatile liquid
- 47. Foot pads
- 50. Bud Grace comic strip
- 51. Computer programmer
- 52. Mediocre
- 53. International language
- 54. One who takes orders
- 55. Sludge
- 56. Oliver’s request
- 59. Unlikely candidate for prom king
- 60. “Phooey!”
- 61. Make out
- 63. Priestly garb
- 64. Leary dropped it

Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

			1		4	7		
			6	3				4
		8		5			3	9
						6	4	3
4		2					9	
		7	9	8				
1	4	8				9		2
	5					1	6	
				2	5		8	

*Solutions to both puzzles are on p. 39.

Funny as Facebook

- The following funnies were pulled verbatim from Facebook status updates in April.
- “Tomorrow, could we maybe not start and end the day with, like, the biggest emotional meltdowns ever please? Or maybe just save up all the meltdowns for another time when you’re with Oma or Grandma. That’d be great.”
 - “That moment when you’re in Costco and go use the restroom and you go out and realize you accidentally used the men’s ... good thing it’s closed and there wasn’t anyone in there.”
 - “Evidently instead of getting dressed for work, I put on my crabby pants this morning.”
 - “Happy 110th birthday to one of my favorite logical geniuses, Kurt Gödel. I either do or do not have a copy of *On Formally Undecidable Propositions in Principia Mathematica and Related Systems* in my library, but I can’t decide whether or not to make a pun about it.”
 - “A big shout out to the guy driving the BMW who did not kill me today on my bicycle! I’m sorry for riding right in front of you ... thank you for not running me over ... you didn’t even honk your horn and shoot me a bird ... you are my hero today!!!”
 - “Me: ‘Silas, you’re 3 1/2 years old.’
Silas: ‘Dad, I’m not old.’”
 - “If peanuts are good for you, I’m thinking peanut butter cookies must be even better. Softy and chewy and lovely.”
 - “Why is the only technical bit of information that I need to know about my bike in the smallest font?”
 - “Fifty days till my vacation. Not that I’m counting or anything.”
 - “It’s National Clickbait Day ... BECAUSE YOU WON’T BELIEVE WHAT HAPPENS NEXT!!!!”
 - “We’re scared of Bigfoot, but they’re also scared of us, so who’s to say who’s the enemy?”

Authors, cont. from p. 11

into the home. Think organic gardening, natural pest controls, foods with no GMOs, natural cleaners, cooking like your grandma did. "From the garden to the barnyard, from the kitchen to the bathroom," said Norris.



Norris

The book grew from her life and personal journey, said Norris, 35. When her daughter was 3 years old, Norris had her own upper stomach and esophagus biopsied for cancer. "It came back clean, but there were some indicators that I was at a higher risk for developing cancer there. So I began to cut out the 'contributors,' began raising our own food, eliminating potentially dangerous elements from my diet, and began sharing the information with family and friends." She started with a podcast, "Pioneering Today," that morphed into a regular column by the same name for *Concrete Herald*. From there, it was a short hop to an organized, book-length manuscript. "I focus on getting back to the heart of things that really matter, the things that are really important. Simplifying," she said. "I'm miserable if I'm not writing. It's God's calling on my life; it's part of the way he made me. I was born to write. I've noticed that when I write, I process an emotion or event as I'm writing it, so I can move on to the next step. The writing facilitates that for me. My faith is an integral part of it, the heart of it, because I share how God has worked things out in my life, in hopes that it will give comfort to someone who may be going through the same things."

Norris just signed a contract for her next book, whose working title is *The Made from Scratch Home*, to be published October 2017.

Find *The Made from Scratch Life* wherever books are sold, including Amazon.com, Barnes & Noble, and Christian book distributors. For a freebie, buy the book, then go to <http://madefromscratchlife.com/bonuses>, fill out the form there, and get more than \$20 worth of goodies, including a companion workbook.

Nicola Pearson

Sauk City playwright Nicola Pearson has six full-length plays and several one-act plays under her belt, but then she started hearing a different tune.

"I write what I hear," said Pearson, 57. An actress by training, she had written plays because "that's what I heard, as an actress." But a few years ago, while working on a series of one-act plays called "The Soul Plays," she "heard" a story about a shop, a potter, and a customer. So she wrote it. Then she heard another one. And another. She thought the stories would eventually become marketing pieces for Sauk Mountain Pottery, with its shelves of one-of-a-kind pottery pieces made by her husband, Stephen Murray.

"Then customers suggested I turn the stories into a book," said Pearson. And the rest, as they say, is history. Her first novel, *How to Make a Pot in 14 Easy Lessons*, was published in 2013, and she's working on a sequel.

As if that weren't enough, Pearson penned a children's book, *The Lost Hour*, released earlier this year. And then a couple of serial crime novellas, which were published in *Concrete Herald*.

"I started writing because I was an actress who married a potter who lived in the middle of nowhere," said Pearson with a laugh. "When we started having children, I knew I had to wean myself off the theatre, so I started writing so that I could 'play' the characters."

"Writing is another way for me to perform: I get to play different roles, envision different people ... it's a good way for me to stay in touch with my own creativity. I love my husband's business and his pottery, but I never want to lose touch with myself."

Find Pearson's writing at Sauk Mountain Pottery, independent bookstores like Snow Goose Books and Village Books, and Amazon.com.

Josh Hamilton

As lead singer for local heavy metal band Ravages of Time, Josh Hamilton (stage name Ticker Twizted) is equal parts metal, Steampunk, and goth. He writes most of the band's lyrics, and now he's a published author too.

Hamilton, 27, dreams and writes on an epic scale. Inspired by his favorite holiday, Halloween, he has published the first of seven planned



Pearson

novels, has written the second, and is five chapters into the third. He describes the first book in the series, *The Rise of Darkus*, published in 2014, as "Lord of the Rings meets Mad Science."

Darkus, a monster, inhabits a haunted world, "Remains," filled with tribes and creatures. He was created by a madman, Azoth Tinkarius, who has gone into hiding while creating an army of monsters. He intends for Darkus to lead the army, but Darkus has a "flaw": He thinks for himself. The novel follows Darkus as he searches for his creator, seeking some form of resolution and answers to his existence.

"I'm very influenced by my music; that rock-and-roll attitude is definitely a key element in what I write," said Hamilton. "Combine that with things that fascinate me: the afterlife, the paranormal, the story of Frankenstein, Steampunk everything. There's always wacky comedy in there too: sometimes dark humor, sometimes silly."

Hamilton is a creative force. He's written more than 15 movie scripts and wrote 16-piece, orchestrated songs to accompany each chapter of *Darkus* (buy the book to find out how to download the songs for free). He even researched languages to include in *Darkus* (J. R. R. Tolkien, anyone?)—but he's quick to bring up key people in his life who are helping him realize his dream. His father, Howard "Augie" Hamilton, is his editor. The band's business manager, Michael Decker, is paying for a graphic illustrator to draw the monsters that populate *Darkus*. And his fiancé Heather Mills is "extremely supportive."

How's that for inspiration? "I love storytelling," said Hamilton. "I love to create. I've always been that way."

Find *The Rise of Darkus* at Amazon.com.



Hamilton

Sudoku solution, from p. 37

3	9	1	6	4	7	2	8	5
5	2	6	3	9	8	7	4	1
7	8	4	5	1	2	3	9	6
8	1	5	9	2	6	4	3	7
4	3	2	1	7	5	9	6	8
6	7	9	8	3	4	1	5	2
1	4	8	7	6	9	5	2	3
2	5	3	4	8	1	6	7	9
9	6	7	2	5	3	8	1	4

Terri Lenee Peake

Last year, Concrete newcomer Terri Lenee Peake published her memoir, *6200 Carbon Canyon Road: My Life as a Penthouse Pet*.

Carbon Canyon is a cautionary tale for young women who long for fame and fortune. A 1987 Penthouse Pet, Peake was engaged to a strip club owner named Big Mac McKenna. He was gunned down in his driveway, taking 21 bullets to the chest. Peake had left McKenna only months earlier, or she would also have been dead.



Peake

Rocked by the murder and frightened by the likely culprit, she fled from California to Hawaii and began rebuilding her life. Her story paints a less-than-flattering picture of show business, acting, modeling, and celebrity life, and follows her through trying times, including chronic illness from breast implants, which she has since had removed.

Peake will turn 54 this month. She looks back at her life and hopes that her story will set an example for her children and others. "I went from aspiring actress and centerfold to material witness in a high-profile murder case," she said.

Peake is in Las Vegas for the next several months, doing the obligatory author book events and some radio and theatre. A film contract is in the works for her story. She's also planning a documentary with Jerry Lewis' son, Anthony. All that, and she still finds time for her KSVU show with Marren Yarborough, "Catch Up with Marren and Terri."

Find *6200 Carbon Canyon Road* at Amazon.com, Barnes & Noble, and ebay (tpeake11).

—J. K. M.

Crossword solution, from p. 37

1	J	U	D	E	A	6	C	A	L	L	10	A	Q	U	13			
14	U	N	D	I	D	15	A	L	O	E	16	T	U	P	I			
17	S	T	A	N	D	18	I	N	G	O	V	19	A	T	I	O	N	
20	T	O	Y	S	21	C	O	I	F	22	D	I	D	N	T			
23	T	W	E	E	N	24	A	G	E	R	25	O	N	E	26	G	E	
28	A	G	R	E	E	29	C	H	O	U	30	R	I	P				
33	R	H	E	I	N	34	C	H	O	U	35	R	I	P				
36	R	O	U	N	D	37	O	F	A	P	P	38	L	A	U	S	E	
42	A	S	S	43	A	C	T	S	44	A	N	I	M	E				
45	S	T	E	A	M	S	46	A	D	O	S	47	D	A	D	O	S	
49	C	A	T	E	C	H	I	S	50	T								
54	C	O	M	E	T	55	R	O	O	D	56	O	N	C	E			
62	H	O	O	T	S	63	S	A	N	D	H	O	64	L	L	E	R	S
65	E	Z	R	A	66	L	I	E	U	67	S	I	R	U	P			
68	F	E	E	L	69	B	E	R	M	70	D	A	D	D	Y			

Way Back, cont. from p. 29

and heard a woman screaming for help because the canoe had capsized.

The general alarm sounded. Vose took his dog and ran back toward the SR 20 bridge over Gorge Lake, where he knew the overturned canoe and passengers would pass. Polly Vose and the Seattle City Light Medic-Unit and Deputy Sharp arrived at the bridge in a few minutes.

Everyone tried to decide how to snag the youths, Mike and Steve Brickinshaw, out of the lake before they passed out of reach downstream from the bridge. They had no ropes.

Mike had tried to swim for shore and was becoming weighted down by his clothes in the chilly water. Polly tossed a backboard to him to use as a flotation device, since neither boy was wearing a life jacket.

"I think Mike would have drowned if she hadn't done that," said Vose. "He was starting to sink."

Meanwhile, Steve was clinging to the canoe. Polly and Sharp tied straps from backboards together to make a rope and hung it over the bridge for Steve to grab as he went past. He was successful at holding on while Sharp pulled him to shore.

"I saw Mike floating past under the bridge, and it looked like he would make it to shore, so I ran to where I thought he'd land," said Vose.

Mike, who had been in the water for about 45 minutes, made it to some rocks, where Vose pulled him out, took off his wet coat, and gave him his dry one to wear. They clung together on the rocks until the Seattle City Light jet boat

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arrived to help him to shore and into the ambulance.

The three rescuers were honored by Whatcom County Sheriff Larry Mount in Bellingham on May 16.

Seattle City Light Skagit Supervisor Bill Newby stated shortly after the rescue, "Without their help, we'd still be looking."

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