

The Voice of Eastern Skagit County Concrete Herald

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Eagle Festival gets new wings

Partnership between Concrete Chamber and SRBEAT revives popular event.

Its name may be shorter, but the newly revived 2011 Skagit Eagle Festival is aiming for a four-weekend run in January, packed with fun and educational events.

The Concrete Chamber of Commerce will plan the festival, bringing it back to life after the event was put on hold in 2010. The festival will have a new look and feel. Instead of all events being held on one weekend, a variety of activities are being planned for four weekends, from Jan. 8 through 30.

The Chamber will sponsor the festival in partnership with the Skagit River Bald Eagle Awareness Team (SRBEAT), which

hosted the Upper Skagit Bald Eagle Festival for many years before losing financial backing. SRBEAT operates an Interpretive Center in Rockport where many festival-related activities will continue to take place, including guided walks and educational programs. The Chamber will coordinate a variety of activities in the Concrete, Rockport, and Marblemount areas.

"Our local businesses definitely felt the impact of a winter without the Skagit Eagle Festival," explained Valerie Stafford, president of the Concrete Chamber. "The event is an important part

of our economic development strategy, in addition to being a wonderful experience for families from all over the region."

A committee made up of Concrete Chamber members, SRBEAT volunteers, and representatives from the National Parks Service, Puget Sound Energy, and many other organizations is meeting to develop a roster of attractions, such as photography workshops, musical performances, artist displays, children's activities, and more.

By coordinating the festival, the Concrete Chamber's goal is to provide tourists and visitors with entertainment,

education and recreational opportunities related to the hundreds of eagles that are

See Festival, p. 20



Kristina Collins

Low-income and energy assistance coming to town

Representatives from the Department of Social & Health Services (DSHS) and the Mobile Community Service Office (CSO); a 40-foot office on wheels, below) will visit the Resource Center in Concrete on Fri., Nov. 5, to assist low-income citizens with government assistance. The CSO is fully functional and staffed by representatives

See Assistance, p. 9



Photo courtesy of DSHS



Kristina Collins

From goats to Gouda: Making cheese in Marblemount

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Submitted photo

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Eric Warner

13-year-old endurance athlete challenges perceptions

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Concrete Herald

The Voice of Eastern Skagit County

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Community garden needs your help

One of the most popular ideas to come out of the Imagine Concrete visioning workshop in April 2009 was that of a community garden, one that included areas for gardeners of all ages and abilities, as well as plots for growing produce for our local food bank.

Now the time has come to put our money and time where our mouths are. The community garden needs donations in any amount, as well as sweat equity this winter and spring 2011 as we work to install raised beds. Can you help? The first step is to call either me or Marla Reed to let your intentions be known. You can reach me at 360.853.8213 or goodwords@frontier.com. Marla is at 360.391.2589 or marla.mr@frontier.com.

—J. K. M.



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Opinion

Letters to the editor

Toys for Tots mission unchanged

The mission of the U.S. Marine Corps Reserve Toys for Tots program is to collect new, unwrapped toys during October, November, and December of each year, and distribute those toys as Christmas gifts to NEEDY children in the community in which the campaign is conducted.

The primary goal of the Toys for Tots is to deliver, through a new toy at Christmas, a message of hope to less-fortunate youngsters that will assist them in becoming responsible, productive, patriotic citizens.

An article in the October issue of *Concrete Herald* stated that Toys for Tots does not give toys to nonprofit organizations. The writer, Gladys Silrus, clearly and totally misstated this. During the 2009 Christmas season, the Mount Vernon Local Community Organization provided toys to 28 different nonprofit agencies in Skagit County. This provided Christmas hope for more than 10,000 youngsters. Included in this number was the eastern Skagit County agencies of the Concrete Eagles, Concrete Legion, Upriver Christmas Baskets, Upriver Sheriff's Deputies, and Friends Helping Friends.

It became obvious during the 2009 holiday season that Friends Helping Friends was abusing the Toys for Tots program. The administrator of Friends Helping Friends viewed the Toys for Tots program as a place to get free toys for her Christmas parade. She had requested toys for nearly 400 youngsters. At that time, the total enrollment of the Concrete K–8 school district was 410 youngsters. She wanted to make her Christmas parade look good at the expense of the local Toys for Tots program. This is definitely not the intent of Toys for Tots.

All toys collected in the eastern Skagit County area stay in eastern Skagit County and are supplemented from the Central area and Marine Toys for Tots Foundation.

The Mount Vernon Toys for Tots most definitely gives to nonprofit agencies and will continue to do so. But care is the watch word with the large numbers we are talking about.

In the future, Ms. Silrus, it would

behoove you to research your statements. There are too many people giving of their time and money to tolerate your statements.

*Richard L. Crossley, coordinator
Mount Vernon Local
Community Organization*

We need to support Rick Williams

Rick Williams is an important member of this community, is an extremely talented native carver, and has suffered a terrible loss recently. It was his brother, John T. Williams, who was so wrongly shot and killed by a Seattle police officer on Aug. 30.

We as a community need to support Rick, Dunja, and the boys in any way we can! I suggest a fundraiser for starters, as I'm sure they could use the help. If anyone has ideas, please contact me at 360.853.8388 so we can get something going soon. Thank you.

*Christie Fairchild
Rockport*

See **Letters**, p. 3

Corrections

A story on the Concrete Middle School volleyball team in the October issue incorrectly named Rob Thomas as head coach and Cari Dellinger as assistant coach. Those titles should have been reversed, with Dellinger as head coach and Thomas as assistant coach.

Also in the October issue, a story on the Envision Skagit 2060 committee nominees incorrectly stated that Grace Popoff was a member of the Upper Skagit Library Board. Although Popoff is a past president of Friends of the Upper Skagit Library and participated in the library board's recent strategic planning process, she has never been a board member.

Letters policy

Letters of 150 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to letters@concrete-herald.com. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Letters, cont. from p. 2

Fire engine a needed emergency-response vehicle

On behalf of the Town of Concrete and the Concrete Volunteer Fire Department, I would like to extend a most sincere "thank you" to Sedro-Woolley Mayor Mike Anderson and the Sedro-Woolley Fire Department for the shared use of its 1991, Darley/Spartan pumper fire truck.

As you may know, the Town of Concrete Volunteer Fire Department is not financially capable of purchasing such a needed emergency response vehicle.

You and the City of Sedro-Woolley have greatly increased our abilities to provide our citizens with adequate emergency response services.

We look forward to a future of working with Sedro-Woolley and once again I, the Town of Concrete, the Concrete Volunteer Fire Department, and the citizens of Concrete thank you.

*Judd Wilson, mayor
Town of Concrete*

Community Troop Support thanks

THANK YOU to members of our community! The 3rd Annual Community Troop Support Donation Drop-off Day, hosted by Sedro-Woolley Food Pavilion on Oct. 16, received strong support from the residents of Sedro-Woolley and the surrounding area.

Volunteers from Skagit Ready Mix, Janicki Logging and Construction, the Sedro-Woolley Fire Department, and the Sedro-Woolley Public Works Department joined the event by displaying their heavy equipment for the enjoyment of shoppers and their families. Other activities held in appreciation for community support were face-painting, free balloons, conversations with Santa, and free mechanical pony rides.

The objective of this event is to raise funds and collect donations to fill Christmas boxes for our troops serving overseas. President Marilyn Pineda responded to this event by saying, "Donors and volunteers derive so much satisfaction from supporting our troops in this manner. Our efforts have resulted in the opportunity to embrace several Skagit communities with our fundraising efforts."

Donations will be accepted until Veterans Day, Nov. 11, at various Drop Box locations. For information on how to donate or become a volunteer, please call 360.826.3818 or visit our Web site at www.swcommunitytroopssupport.com.

*Cassie Freer, event manager
Sedro-Woolley*



On Oct. 20, members of the Sedro-Woolley Fire Department delivered a 1991 Darley/Spartan pumper fire engine to the Town of Concrete. The donated truck significantly improves the town's emergency response capabilities. Shown with the truck upon its delivery are, left to right, fire department members Jaesen Meacham, Concrete Mayor Judd Wilson, and Tim Bridge (Concrete), Sedro-Woolley Battalion Chief Gerald Chandler, Melissa and Dave Williams (S-W), Concrete Fire Chief Rich Philips, and Jim Past (Concrete).

In The Service



Sedro-Woolley Community Troop Support (SWCTS) has established a writing team for anyone who would like to write letters or cards to U.S. troops serving overseas.

There are no restrictions or commitments required; people of all ages can join the team. Writers' efforts supplement the annual SWCTS Christmas Care Packages, so that troops receive mail more than once a year.

Interested writers should contact coordinator Tammie Werner at 360.826.3818 or swctsgroup@gmail.com.

Names and addresses of military members serving overseas also should be submitted to Werner.

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Sheriff’s Office investigating multiple crimes

By Jason Miller

Skagit County Sheriff’s Office (SCSO) deputies and detectives got a little unwanted action this summer with two Concrete break-ins they continue to investigate. Neither case has been solved yet.

Cascade Supply

In July, intruders broke out a front window at Cascade Supply in Concrete’s Town Center and made off with several guns from the store’s display case, just one week before the store’s owners, Don and Carol Rohan, had scheduled their annual Customer Appreciation Day.

Eyewitnesses were scarce, but Sheriff deputies followed leads after the crime in an attempt to recover the stolen property.

“We followed up a lot of leads and a lot of rumors. We talked to a lot of people, but nothing has panned out to the point that we’ve been able to solve this one,” said Chief Criminal Deputy Will Reichardt.

During the Oct. 12 regular Concrete Town Council meeting, Deputy John Hendrickson reported following one such lead to a location along the shore of the Skagit River, which he searched with a boat and found nothing, although the boat sustained some damage.

Cascade Burgers

Still in a holding pattern, the investigation into the Sept. 7 burglary at Cascade Burgers, which had re-opened in February after the former Hal’s Burgers building had lain vacant for years.

In this case, the intruders broke the drive-through window and took the cash register, boxes of meat and cheese, bacon, and other food items. A soft drink canister was found tossed into the wooded area across South Superior Ave. to the east. Restaurant owners Keith and Susan Taxdahl of Birdsvie estimated damages at about \$1,500.

SCSO deputies and detectives gathered up items to fingerprint and were able to lift some prints, which were sent to a State Patrol-run crime lab in Seattle. Reichardt told *Concrete Herald* that the turnaround time for fingerprint results can be two months or more.

Missing beds

Another theft—the case of the missing Cascade Days Bed Race beds—was never reported to the SCSO, said Reichardt.

Anyone who has information about any of these cases is asked to call the SCSO tip line at 360.419.7785.

Koenig named new deputy clerk

Former Concrete Public Works maintenance employee Corrina Koenig was chosen to be the town’s deputy clerk, effective Nov. 1. In her new position, Koenig will assist Clerk Treasurer Andrea Fichter with day-to-day tasks and general bookkeeping. The decision is timely for Koenig, whose Public Works position was to be phased out in 2011.

Koenig replaces former deputy clerk Paula Mann, who resigned her position effective Oct. 1.

—J. K. M.

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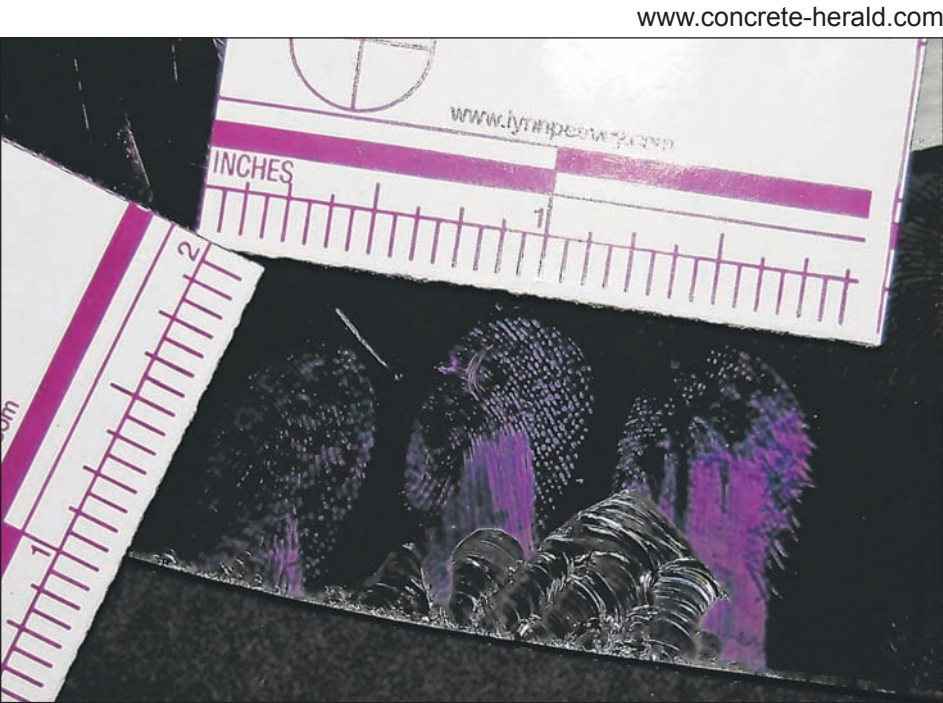
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Skagit County Sheriff’s Office deputies collected several sets of fingerprints at the site of the Sept. 7 break-in at Cascade Burgers in Concrete. The prints have been sent to a crime lab in Seattle; results can take two months or more. *Photo courtesy of Skagit County Sheriff’s Office.*

Is broadband in your future?

By Grace Popoff

Has the sale of Verizon’s landline services to Frontier Communications improved our chances of broadband access? Maybe.

Recently, a group of about 10 people met with Henry Van, regional manager for Frontier, to let him know we want “more, better, faster” service. The good news is that Frontier is at least willing to talk with people.

At the meeting, people explained their frustrations with spotty wireless service, satellite challenges, and download data caps (limits on the amount of Internet content one can access each day or month). In some areas that have DSL service, speeds are not keeping up with speeds in more urban areas.

Mike Almvig, who manages Skagit County’s Information Services and is responsible for the county’s award-winning Web site, talked about the need for county government to be able to communicate with emergency services and citizens throughout the county. Ken

See **Broadband**, p. 31

Concrete Donation Drop-off Day

By Tammie Werner

Sedro-Woolley Community Troop Support (SWCTS) will hold a Donation Drop-off Day on Sat., Nov. 13, from 11 a.m. to 2 p.m. at Albert’s Red Apple Market on State Route 20 in Concrete.

This is a free event for children and their families to come out and support our local troops serving overseas while enjoying some fun activities. There will be face painting, balloons, crafts, and an opportunity to explore big rigs such as a fire truck and ambulance and to write a letter or color a picture to a soldier. There might even be a visit from Santa!

All money raised will go toward this year’s Christmas Care Package campaign: sending packages to troops serving overseas. If you have a loved one serving overseas in the military this year, submit their name and address to Upriver Liaison Tammie Werner at 360.826.3818 or swctsgroup@gmail.com.

For the latest SWCTS news, become a “fan” on Facebook by searching Sedro-Woolley Community Troop Support or visit the Web site at www.swcommunitytroopsupport.com.

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4 Free Classes for Fall

To register for any of the classes below, please call (360) 856-7245 or send an email to wellness360@unitedgeneral.org.

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6:00 – 7:30 p.m.

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THE LIGHT AT THE END OF CARPAL TUNNEL

Thursday, January 13
6:00 – 7:15 p.m.

Is the pain in your hands or wrists getting in the way of daily activities and hobbies? Learn ways to prevent further injury and how to arrange work areas to be more comfortable.



SMART GROCERY SHOPPING

Wednesday, November 10
6:30 – 7:30 p.m.

Brush up on label reading, and learn to put all the healthiest things into your grocery cart.



GET UP & GO: FALL PREVENTION

Wednesday, November 17
1:00 – 2:00 p.m.

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Sports



Football squad eyes 2B Championship

By Brooke Howell

The Concrete High School football team is one win away from securing a share of the Northwest/Seatac 2B Championship, with a 7–2 record coming into the final week against Darrington in the annual Saws and Claws classic. With a win Thursday night, they will secure a spot at home in the first round of the playoffs pending field approval. If the game is not played at home, it would likely be held in Mt. Vernon.

The past four games have brought some interesting wins for the Lions, along with one huge loss. On Oct. 9, the Lions saw themselves winning by forfeit as Rainier Christian was not able to field a team. Concrete continued their winning ways putting up wins against Tacoma Baptist and La Conner before being stopped by the Orcas Island Vikings.

Against Tacoma Baptist, Concrete had their first real league test of the season on

their Homecoming night. They came out strong and never looked back, winning 35–28. The Lions were led in the air by junior quarterback Tyler Clark who was 7/7 passing for 124 yards and two TD passes. He also set a school record with an 85-yard punt return for another TD. The majority of the scoring came from running back Kyler Howell, who led the team in rushing with 66 yards and scored three TDs. The win was huge as it put the Lions in control of their own destiny.

La Conner posed little challenge for the Lions as they won handily by a score of 41–12 with all 12 points being scored against our JV squad. Junior running back Tyler Kales led the ground attack with eight carries for 97 yards. Howell once again put points on the board with three TDs and five PATs.

A win against the Orcas Island Vikings on Oct. 29 would have secured the league



Tyler Kales pulls one in and heads upfield during the Lions' Oct. 15 game against Tacoma Baptist. The Lions handed the Crusaders a 35–28 loss. *Photo by Mike Criner.*

title outright for the mighty Lions, but it was not to be as the game was filled with many a miscue, most of which fell in the claws of the Lions. The Lions were racked with penalties and turnovers as they lost

27–20. Howell rushed 17 times for 103 yards, along with scoring two TDs and two PATs, and topped it off by returning

See Football, p. 31



Jonnie Rohweder tangled with an opponent as the Lady Lions soccer team took on Friday Harbor Oct. 14.

Women's soccer "closer, stronger"

By Adam Woodworth, head coach

Lady Lions soccer continued to improve right up until the last game of our season, showing signs of better game understanding and improved skill and decision making.

Throughout October we attended some college games and local upper-division high school games to learn from a different perspective and build some team bonds.

On Oct. 25 we played a great nonleague game against Sedro-Woolley's JV squad and tied 0–0, along with our final season game at Orcas Island. We lost to Orcas 3–0, but played an aggressive game and found ways to get shots, a struggle we've had all year.

As mentioned last month, we struggled with our numbers all year, but in the end this made us a closer and stronger team. I am thoroughly looking forward to our 2011 season!

Our final season record was 1 win, 12 losses, and 2 ties. Our league record: 0–8.

Volleyballers' playoff bid falls short

By Jason Miller

Baby steps toward a larger goal are often the hardest ones to accept, because you can't always see your improvements. But the inching-forward approach for the Concrete High School volleyball team has begun to yield positive results.

The Lady Lions took the Crusaders of Shoreline Christian to a fifth set during their first game in October, but ended up losing 10–15.

"It's nice to have the hard work the girls are putting in pay off," head coach Matthew Williams said. "That the girls understand they're capable of playing with the teams in our league is a huge mental boost."

The next week, the Lions won their first league match in 11 years.

"I had no idea that the streak was that long," Williams said. Williams was informed by Athletic Director Don Beazizo, about the lengthy drought and relayed the stat to the team. "I think it was a mixture of excitement and fascination, just trying to comprehend how long that streak was," he said of their reaction.

The Lions took down Cedar Park Christian at Mountlake Terrace 3–1. Concrete fell behind early, losing the first set, but then rallied to win three straight over the visiting Lions. "It was a huge relief to finally get that first win of the season," Williams said.

During the next two weeks, the Lions were unable to gain another match victory. They did, however, manage to stay with their opponents and come away with some set wins.

The Lions finished their regular season with a record of 1–12. They also had a strong showing at the Mount Vernon Volleyball Tournament.

The Lions' last chance for a trip to Bi-Districts rested in their own hands as they prepared for the Northwest 2B League Tournament on Sat., Oct. 30. The top four of seven participating teams would earn a trip to the playoffs.

"We can play with any of these teams," Williams said. "It's up to us how well we execute and whether or not we can remain consistent."

Some of that consistency came through. The Lions showed up to play on Oct. 30 with a sweep over the Cedar Park

See Volleyball, p. 31

Athletes of the Month



Athletes of the Month are Lonna Lloyd and Kyler Howell

Lonna Lloyd, a junior goalkeeper for the women's soccer team, "is a very deserving player to receive this honor," said Head Coach Adam Woodworth. "She is consistently a passionate and hardworking athlete. A coach couldn't ask for a more prepared player come game time," said Woodworth. Kyler Howell, a senior running back, has "a combination of great talent and hard work" going for him, said Head Coach Ron Rood. "He's put in a tremendous amount of work during his four years here, especially this year. His work ethic is really good," said Rood. Lloyd and Howell were selected by Concrete Lions Booster Club members based on their leadership, being team players, and demonstrating sportsmanship and character.

Middle School volley team members "improve each time they play"

By Jason Miller

With their 2010 season drawn to a close, the 7th and 8th grade volleyball teams can look to one particular late-season bright spot: game wins against Mount Vernon Christian on Oct. 21.

The Middle School squads finished with a 0–9 record, but showed strong gains

along the way, said Head Coach Cari Dellinger.

"They improve on the court each time they play, and they always improve each year on their serving," said Dellinger.

Dellinger said she wants to hear more chatter on the court. "They need to talk more. They get on the court and they quit talking," she said.



The 2010 7th grade (left) and 8th grade volleyball teams. *Photos by Lori Coffell.*

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Academics



Several Concrete Elementary School students posed with the 4x16-foot mural they helped National Park Service Artist-in-Residence Kathleen Durkin create. Students provided Durkin with written and drawn ideas about what the North Cascades National Park means to them. "This is something we've never done before, and that's to have a partnership between the school and the Artist-in-Residence program," said National Park Service Community Outreach Specialist Cindy Bjorklund during the unveiling ceremony Oct. 18. "We're glad to make a lasting contribution to the school," said Bjorklund. *Photo by Bonnie Brigham.*



National Park Service Artist-in-Residence Kathleen Durkin explains her interactions with Concrete Elementary School students, which informed her design choices for the mural. The massive artwork is mounted on a south-facing wall of the school.



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PTO news

By Debbie Ross, president

Concrete Elementary PTO will host a **Family Fitness Night** on Nov. 10 from 6 to 8 p.m. in the Concrete Elementary gym. The PTO will provide some healthful snacks. Attendees also will be able to buy T-shirts and magnets at this event.

From Nov. 1 through 5 we'll hold our **parent/teacher conferences**. During that same week, look for a **Scholastic Book Fair** in the Elementary School library from 8 a.m. to 3:30 p.m. each day except Thursday, when it will be held from 8 a.m. to 7:30 p.m.

On Nov. 15, look for **Chinese Acrobats** and prepare to be awed!

Thanksgiving Break is Nov. 24–26. **PTO meetings** have been changed to the second Monday of each month, at 2:45 p.m., in the Elementary School library. This month's meeting is Nov. 8.

To **volunteer** or ask questions about the PTO or any of its events, send an e-mail to concretek6pto@yahoo.com or use the suggestion box, which is located in the elementary school office.

Thank you for your support. Remember to save your box tops, Red Apple receipts, and Campbell's soup labels (bar code only).



Above: Junior Ben Troka and sophomore Heather Collins sported complementary footwear at Concrete's Homecoming Oct. 16. **Below:** Kellen Russell did what he does best at the Homecoming dance.



School Board meeting

The Concrete School Board will hold its next regular board meeting on Mon., Nov. 29, at 6 p.m. in the high school Commons. There will be no board work session in November.

What's inside a salmon?

By Jason Miller

The Junior Stream Stewards were at it again in October, with cries of "Can I eat that?" and "Ewww, gross!"

Concrete Middle School science teacher Mary Janda's eager 7th and 8th graders got a lesson on salmon biology Oct. 21, when Skagit Fisheries Enhancement Group (SFEG), Washington Fish & Wildlife, and PSE Foundation representatives came to class to teach them the ins and outs of salmon—especially the "ins."

Bob Warinner, a watershed steward with Fish & Wildlife, explained the external and internal anatomy of salmon, and dissected hatchery-raised Coho salmon for four classes. Warinner passed around several internal parts for the students to examine up close: Gills, heart, liver, eggs, brain, and more were sliced out and discussed.

The exercise was a Junior Stream Stewards effort, the year-long watershed education program funded by the PSE Foundation and facilitated by SFEG. The dissected salmon came from the Marblemount fish hatchery.

When the eggs found their way to him, Donnie Olmstead looked closely at one of the glistening spheres as it clung to his finger. "Look at that, look at that. I love this," he said.

Warinner kept up a steady stream of interesting facts as he sliced into each salmon: Male salmon mouths are usually more hooked than female jaws. The adipose fin is clipped on hatchery fish to encourage growth of wild salmon (fishers can keep only hatchery fish). A salmon's scales can be used to determine its age, since, like trees, one ring is added to each scale every year.



Farren Phillips touches a cluster of salmon eggs during a salmon-dissection exercise in Mary Janda's science class at Concrete Middle School Oct. 21.

See Taylor run (and bike and swim)

By Jason Miller

Think you have teenagers figured out? Think again.

Meet Taylor Warner, Concrete's up-and-coming endurance athlete. Taylor, 13, started running long-distance just last year. But she's already logged plenty of experience on and off the track.

"I love to compete. I love being active," said Taylor, who already is eyeing a career as a personal fitness trainer.

In October, Taylor traveled to San Diego with her father, Eric, to participate in two back-to-back events. First up was the GOTRIBal National Conference on Oct. 16, where she had been invited to sit on a panel and represent teen women, along with three other women endurance athletes, aged 55, 50, and 22.

"I want to encourage other girls to step out, take the chance, sign up for a race," said Taylor.

"I wanted a young person on the panel," said Tanya Maslach, the event organizer and CEO of GOTRIBal, who said she

See **Warner**, p. 15



Above: Taylor Warner crosses the finish line at the U.S. Women's Triathlon Series in San Diego Oct. 17, placing second in her age bracket.



Right: Taylor speeds along during the biking stage of the triathlon.

Photos by Eric Warner.

Assistance, cont. from p. 1

who are capable of accepting and processing public assistance applications.

The downturn in the economy has affected many individuals and families in our community. DSHS and the Resource Center, a Skagit County Community Action Agency satellite, has seen a huge increase in demand for services. The mobile CSO is a new "roll-out," designed to assist with the needs of people living in rural environments and not able to access public assistance benefits easily.

Proper documentation needed

Citizens can apply for Basic Food (food stamps), cash, and medical benefits. With the appropriate documents, approvals can often be immediate. Applicants

do not need appointments, but some documentation is required, including papers that confirm their address, income, and rent or mortgage amounts.

Energy Assistance

The Energy Assistance program will continue into May 2011. Appointment schedules for the Resource Center in Concrete are shown in the table below.

Only 45 clients can be scheduled per day. Applicants who cannot get an appointment on their desired date are encouraged to apply for an appointment the following month.

Applications for an appointment in Marblemount on Nov. 17 at the Marblemount Community Hall can be made by calling Energy Assistance at 360.428.1011.

—Lou Hillman

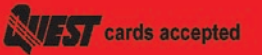
Energy Assistance appointment schedule, Resource Center, Concrete

Sign-up date	Maximum clients	Appointment date
Nov. 3, 2010	45	Dec. 8, 2010
Dec. 1, 2010	45	Jan. 12, 2011
Jan. 5, 2011	45	Feb. 9, 2011
Feb. 2, 2011	45	March 8, 2011
March 2, 2011	45	April 13, 2011
April 6, 2011	45	May 11, 2011



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www.redapplemarkets.com



Clear Lake



Historical association holds quarterly meeting

By Sylvia Matterand

Clear Lake Historical Association members met for their quarterly meeting on Tues., Oct. 26 at 6 p.m.

We had a delicious potluck, followed by a business meeting. Discussions included a meeting that was held in September with the Clear Lake Community Connection group regarding the Clear Lake Beach County Park. Skagit County Parks Director Brian Adams, Skagit County Commissioner Sharon Dillon, and Skagit County Administrator Tim Holloran attended the meeting and assured our community that they want the beach to be safe, fun, and accessible. Needed repairs and maintenance to the hall also were discussed.

Deanna Ammons, our historian, discussed Clear Lake Lumber Co. and

displayed some items from that mill as well as documents and photos. She talked about the mill history and owners.

The historical association’s next meeting is scheduled for Tues., Jan. 25, 2011, at 7 p.m. at the Clear Lake Historical Association Hall.

Save the date!
Clear Lake
Historical Association
quarterly meeting

When: Jan. 25, 2011, 7 p.m.
Where: Clear Lake Historical Assn Hall

Troop Support still accepting care package donations

By Tammie Werner

Sedro-Woolley Community Troop Support (SWCTS) will accept donations through Nov. 11 for its 2010 Christmas Care Package drive. Donors are encouraged to e-mail names and complete mailing addresses for any military personnel stationed overseas to swctsgroup@gmail.com.

There is still time left to help with this year’s drive by volunteering at upcoming Donation Drop-off Days on Nov. 6 and 13, donating items for our care package boxes, making a cash donation, or helping with the assembly and packing of care packages.

Care package assembly will begin Mon., Nov. 15, in the fire truck bay at the Old City Hall in Sedro-Woolley. Assembly crews will work Monday

through Thursday from 4 p.m. until workers are ready to stop for the night. Anyone who wants to help with packing should contact Marilyn at info@swcommunitytroopsupport.com.

Suggested care package donation items include AA or D batteries; DVDs; travel-sized personal care items such as deodorant, toothpaste, toothbrush, and soap; small packaged food items; and individually wrapped hard candies. For a complete list of donation items, go to www.swcommunitytroopsupport.com.

Donations can be dropped off at Rockport (Shell) Country Store in Rockport, East Skagit Resource Center and Eagles in Flight in Concrete, Grandy Creek Grocery in Birdsvew, and Cascade Mercantile and Town Hall in Lyman.

Cash donation jars are located at local area businesses; checks can be mailed to SWCTS, P.O. Box 817, Sedro-Woolley, WA 98284. All donations are tax-deductible.

Coming events at Community Covenant

By Jason Miller

Christmas Bazaar is Dec. 4. Needs include homemade baked goods and crafts, kitchen workers, and servers. Contact Donna Lange at 360.424.1274 or Donna Friend at 360.424.7769.

Ministry Fair is Sun., Nov. 14. The fair will provide several opportunities for members to help children and families who are in need in our own community, as well as around the world.

Community Thanksgiving Meal is planned for Nov. 21. Along with the Clear Lake Historical Association and the Clear Lake Baptist Church, we will serve this progressive Thanksgiving meal. If you wish to help, please sign up in the church entryway.

Christmas care for the military

If you have a loved one serving in the military overseas, Sedro-Woolley Community Troop Support wants to send them a Christmas care package. Submit their name and address to swctsgroup@gmail.com or call 360.826.3818.

Dynamic youth kick off school year

By Kevik Rensink

As Concrete Youth Dynamics (YD) begins with another school year, we are excited about what is happening in the lives of our local teens.

We have been meeting weekly for more than a month now, playing Ultimate Frisbee, capture the flag, and bucket ball; dancing our faces off at the infamous RAVE; and having some ferocious competition at cardboard gladiator night.

Next up is our annual Harvest Party at the Harrison Farm, followed by kick ball/dodgeball night, not to mention several other exciting events yet to come.

Youth Dynamics was first established 40 years ago in Anacortes. It is a nonprofit, local outreach to teenagers. YD offices are based in Washington, Oregon, and Idaho. Concrete is one of several areas active here in Washington and is in its 19th year.

My wife, Marta, and I have been the area directors here for 12 of those years and have enjoyed every minute. Our mission is to reach today’s youth through dynamic relationships and challenging experiences. We meet every Monday night



A Youth Dynamics-style rave (sans the ecstasy) drew about 100 students on Oct. 18.

at various locations for activities that draw teenagers into a safe and positive atmosphere.

We also take several trips during the course of the year, including:

- “Hotdoggin”: Our annual snow retreat in Leavenworth
- “30-Hour Famine” weekend retreat at Baker Lake
- “Rock-n-Roll” camping/white water rafting trip on the Wenatchee River

- Other trips from rock climbing to mountain biking to kayaking to backpacking
- High school-age youth are welcome to experience YD. If you are interested in your son or daughter getting involved with Concrete YD, call us at 360.853.6815 or go to www.yd.org.

Kevik Rensink is area director for Concrete Youth Dynamics.

Where is Patti Krieger?

By Jason Miller

A month after Patti Krieger’s disappearance on Sauk Mountain, hope is fading that she’ll be found alive. Friends and family members have held three “Find Patti Rallies” in front of the courthouse in Mount Vernon, but Patti Krieger still has not been found.

Krieger, 65, went missing on the mountain Oct. 2, after hiking to the summit with her fiancé and a group of friends to spread the ashes of one of the fiancé’s parents. Her dog, a rottweiler named Bear, was with her.

On Oct. 27, a Rockport citizen reported having found Bear, who was malnourished and underweight, according to a Skagit County Sheriff’s Office (SCSO) release.

“I spoke with the lady who found the dog and she said he looked like a Vietnam vet that just came back,” said Krieger’s son, Alan Patterson, in an Oct. 30 interview. “The dog definitely suffered some emotional strain—26 days on the mountain and finally having to leave as a course of self-preservation.”

The dog was “dejected-looking,” said Patterson, a state he and family members share as the ordeal approaches the one-month mark. “We’re pretty beat up after

30 days of this, emotionally, mentally, physically,” he said.

Bear’s appearance points to a grim probable reality, said Patterson, who has climbed the mountain four times to search for his mother since her disappearance. “The dog showing up is an indicator to me that we’re definitely in a recovery effort now,” he said.

Weather a factor

Will Reichardt, chief criminal deputy with SCSO, said a search-and-rescue team took Bear up the mountain on Oct. 30, but snow had obscured the trail and an avalanche threat existed. The team was unable to get Bear to the point where Patti was last seen.

“If the snow clears out sufficiently, we’ll take Bear back in, but the weather is going to dictate what happens for now,” said Reichardt.

Reichardt added that he’s talked to dog experts, who have told him it’s possible for Bear to find Krieger. “He might go back to the scene,” said Reichardt.

While acknowledging the probability that Krieger is surviving her ordeal, Reichardt said, “we always have a glimmer of hope” that Krieger will be

found alive. “But it’s not looking like that’s a realistic hope at this point, after this much time has gone by. If she’s on that mountain, it’s most likely a (body) recovery situation.”

Patterson agrees, and said he has “an agreement” with the SCSO not to go up on the mountain again until they say it’s safe.

“But if they say they won’t get a search-and-rescue team up there till spring, that deal’s off the table,” said Patterson. “I firmly believe my mom’s up there, and I’ve got a damn good idea where she is. I’ll search—not alone, but I’ll go up there and search in such a way that I can get in and out in a day. I know the area, I know what I’m doing. And I’ll be prepared if I get stuck,” he said.

The SCSO continues to investigate Krieger’s disappearance, and friends of



Above: Sauk Mountain, seen from Concrete on Oct. 27.



Left: Patti Krieger, who went missing after hiking the mountain on Oct. 2. *Submitted photo.*

Krieger are offering a \$25,000 reward for information leading to her whereabouts. Anyone with information is asked to call the SCSO tip line at 360.419.7785.

Other updates are posted on a Facebook page set up by friends at www.facebook.com/#!/pages/Find-Patty-Krieger/153897757983025.

Senior Center offers more than you think

By Bill Mueller

If you think the Concrete Senior Center is just a hangout for the older and wiser among us, think again.

Sure, it offers a full complement of programs and events for seniors, but it’s hardly a “members only” affair. The center’s main room and library also can be rented by groups, and can accommodate dozens of people with ease. Concrete Heritage Museum, Eagle Festival organizers, Upper Skagit Library, and

private parties alike have taken advantage of this community resource. During the summer, the Concrete Saturday Market rents the area around the outside of the building for its vendors and activities.

The center offers a host of monthly activities that include bingo, quilting, and musical entertainment with Leap of Faith. There is hoop quilting, dominoes, Skip Bo, jigsaw puzzles, and foot care, too. All of these offerings produce a great time of interaction and fellowship. Annual events, such as holiday dinners, parties, and a salmon barbecue add more opportunities for socializing. Defensive driving classes, first aid/CPR training, and flu shots help seniors stay safe and healthy.

“Helping people has always been important to me,” said Sara Pritchard, the center’s coordinator, who started at the Center in 1991 as its nutrition manager. In 1997 she was promoted to her current position.

Pritchard enjoys watching



Visitors to the Concrete Senior Center enjoyed good conversation and a little laughter during an open house Oct. 21.

the fellowship of strangers that takes place every day. “Folks come in who may not know a lot of people, they are greeted warmly and before you know it are one of the crowd,” she said.

2008 saw budget cuts at the county that affected the county-owned center in a big way. The cuts forced Pritchard to bring in food from a Burlington kitchen, instead of preparing it on site.

Helping folks by providing food is a big part of Pritchard’s commitment. The center offers hot food through Meals on Wheels to the homebound seniors who live close by. Frozen meals go to those outside of the town. Currently Meals on Wheels delivers food from Hamilton to Rockport. Seniors age 60 or older who stop in Monday through Friday can get a hot, nutritious lunch for a suggested donation of \$3.

See Center, p. 31



The Concrete Senior Center offers a gathering place for seniors and other members of the community. During the summer months, it hosts the Concrete Saturday Market around its exterior perimeter.

Check it out

Concrete Senior Center
45821 Railroad Street
P.O. Box 787
Concrete, WA 98237
360.853.8400



Sedro-Woolley



Holland Drug closes after 116 years

By Jason Miller

More than a century after opening its doors, a downtown fixture has closed. On Oct. 15, Holland Drug Company on Metcalf ended 116 years of community service. The drugstore was owned by Omnicare Inc., which decided to close the store as a business decision. Holland Drug started its life as a family-owned business that was sold to larger and larger corporations as the years went by. The closure creates a vacancy in Sedro-Woolley’s downtown streetscape, which recently made gains as Oliver-Hammer took over a larger space and Save on Furniture set up shop in the old Bus Jungquist building. Jerry Willins, who owns the Holland Drug building, said he already has “considerable interest” from possible future tenants, and plans to retrofit the

building by replacing the awning and updating some of the systems. “Sedro-Woolley lost, at least in the short term, an important part of its downtown,” said Willins. “Since the building is built specifically for pharmacy use, we’re working hard to put a retail pharmacy back in there.”



Photo by Kristina Collins.



Nevaeh and a throng of other spirited kids and their parents braved a blustery Oct. 30 and marched in the Halloween Parade downtown. See more parade photos on p. 17. Photo by Kristina Collins.

Christmas challenge: Decorate your business for the holidays

The City of Sedro-Woolley and the Sedro-Woolley Chamber of Commerce invite all businesses and residents to go all-out this year: We want to be the best decorated town around. The Chamber, with the help of Malcolm Peterson of Peterson Enterprises, is working to ensure that all the lights along the top of the buildings are properly strung and working, thanks to donations by Puget Sound Energy, Dyrk Meyers of Oliver-Hammer, and Virgil Morgan of VM Properties. The Offender Work Program will help in the pole decorating, along with Janicki Industries employees who will do the lashing to the poles. Now it is up to you, the residents and businesses, to put your best display work forward. Prizes will be awarded and may involve cash or merchandise.

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Open for business: Simply Silver & More Allya Moore Massage

By Jason Miller

A mother/daughter team has set up a shared space on Metcalf Street with two new community-oriented businesses. **Simply Silver & More**, owned by the mother, Elizabeth Fernando, offers exactly what the shop’s name implies. Sterling silver rings, bracelets, necklaces, and earrings abound, some set with amber, turquoise, topaz, and other semi-precious stones. Elizabeth carries pearls, too, in short and long strands, bracelets, and more. “I believe I have the best selection of pearls in the valley,” she says. The “more” in the store’s name comes from Elizabeth’s commitment to local artists. On the shelves you’ll find wood bowls by Bill Lefeber, mosaic art by Angela Farnham, and photography by Kristina Collins. All three are from Sedro-Woolley. Elizabeth also carries pottery by Clear Lake artist Cheryl Harrison. Look for Celtic designs, too. With the holidays approaching, Simply Silver & More should be on your list.

Elizabeth offers “wish lists” for people whose spouses don’t know what to buy as a gift, and every gift gets a special touch: “If it’s a gift, it goes out the door in a gift box,” says Elizabeth. Elizabeth’s daughter, Allya Moore, runs **Allya Moore Massage**, located at the back of Simply Silver. Raised in Burlington and back in the area after working in King County, Allya is a licensed massage therapist who’s been providing her services for 11 years. Head to her relaxing space for deep tissue, reflexology, Reiki, Swedish and treatment massage, and seated chair massage. She’s open whenever Simply Silver is open, and also is available by appointment. Allya accepts selected insurance carriers, too. This dynamic duo celebrated their businesses with an Oct. 28 open house, even though Elizabeth opened her doors in June and Allya settled into place in late August.

At a glance:

Simply Silver & More Allya Moore Massage

Address: 805B Metcalf, Sedro-Woolley

Phone: 360.588.4384 (Simply Silver)
360.588.4384 (Allya Moore)
206.353.9453 (Allya’s cell)

Hours: Mon.–Fri. 10–6, Sat. 10–5
Allya available by appt.;
holiday hours TBA



Showing up to cut the ceremonial ribbon were, left to right, Paula Johnsen, Les Moller, Elizabeth Fernando, Charles Moore, Mayor Mike Anderson, Allya Moore, Eron Berg, and Jeanne Hathaway. Photo by Kristina Collins.

CONCRETE HERITAGE MUSEUM NEWS

This year’s seasonal Ghost Walks, hosted jointly by the Concrete Chamber of Commerce, *Concrete Herald*, and the Museum Association, were a resounding success! Large groups were booked for all three performances. Special thanks to all Ghost Walk performers and presenters: Margaret Baker, Cheri and Dalton Blodgett, John and Gail Boggs, Annie Bussiere, Dee Clapp, Karen Ganion, Darcie Lloyd, Patti McLucas, Don Payne, Nicola Pearson, Robin and Gerry Wood, Jason Miller, and last but not least, Valerie Stafford. This year’s event has been such a success that a private tour has been scheduled for mid-November. The Museum Association also wishes to extend its gratitude to the Concrete Chamber of Commerce for another one of its endeavors: the fundraising drive to help get the tourist trolley, the Sockeye Express, repaired or replaced. Thousands of dollars have either been raised or pledged toward this goal. Many hurdles still remain to get the vehicle back on the road, providing memorable experiences for visitors and residents alike. Many donors have placed

conditions on their donations/pledges that require “doing something different” when it comes to future maintenance for the Sockeye. I believe they’ve heard the old adage that says that “if you keep doing the same thing, you shouldn’t be surprised when you keep getting the same results.” That’s why they feel a change is needed. At this point, the Museum Association has reasons to remain optimistic that the previous maintenance problems will be resolved in a manner that is mutually acceptable to the Association and the Town of Concrete. We also request you continue to turn in your receipts from Albert’s Red Apple to the collection boxes at Upriver Services, the Liquor Store, or museum members. Thanks to your efforts and the generosity of the Frank Family, this remains our biggest source of income. The current project we are trying to complete is the installation of a bathroom. As always, please contact us if you wish to visit the museum during our off-season by calling Robin Wood at 360.826.3075. For research assistance, please e-mail Dan Royal at dmoroyal@earthlink.net. —John Boggs

At the Upper Skagit Library

Sept. 25–Oct. 2 was Banned Books Week. We had some of those books on display and lists of banned and challenged books, as well as a link to that information on our Web site. There were many questions concerning the topic, so this will be an attempt to answer them. The books and lists on display were books that have been challenged or banned all across the country, not at Upper Skagit Library. Banned Books Week is an annual event celebrating the freedom to read and the importance of the First Amendment. Banned Books Week highlights the benefits of free and open access to information while drawing attention to the harms of censorship by spotlighting actual or attempted bannings of books across the United States. A challenge is an attempt to remove or restrict materials, based upon the objections of a person or group. A banning is the removal of those materials. Because of the commitment of librarians, teachers, parents, students, and other concerned

citizens, most challenges are unsuccessful and most materials are retained in the school curriculum or library collection. Books usually are challenged with the best intentions: to protect others, frequently children, from difficult ideas and information. Often challenges are motivated by a desire to protect children from “inappropriate” sexual content or “offensive” language. Parents challenge materials more often than any other group. On another topic, the book drive sponsored by Borders Books in the Cascade Mall will provide us with 76 new children’s books! Thanks to everyone who participated. We will receive several laptops through a successful grant application. We plan to use them in our computer classes. We may not actually receive them before 2011, but we know they’re on their way. The November board meeting is scheduled for Nov. 11, 5 p.m., at the library. —Aimee Hirschel

COMMUNITY CALENDAR

- NOVEMBER**
- 1–14 Grandy Creek Grocery Food Drive, drop off nonperishable canned or boxed foods during normal business hours; info at 360.826.3690
 - 2 General election ballots must be postmarked by today’s date or submitted to a drop-off location by 8 p.m. tonight; see article, p. 5, for details
 - 4 Saukrates Cafe meeting, Annie’s Pizza Station, 6 p.m.; conversation topic posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>
 - 5–7 Arts Alive! festival, La Conner; info at www.laconnerchamber.com or 888.642.9284
 - 6 Sedro-Woolley Community Troop Support Donation Drop-off Day, Cascade Mercantile, Lyman, 11 a.m. to 2 p.m.; info at 360.826.3818 or swctsgroup@gmail.com
 - 6 Holiday Bazaar, Sedro-Woolley Senior Center, 715 Pacific St., 9 a.m. to 3 p.m.
 - 7 Daylight saving time ends: Set clocks back 1 hour at 3 a.m. today
 - 10 Veterans Day Parade, Concrete, 1 p.m.; info at 360.826.3406
 - 10 Imagine Concrete meeting, Mears Field Pilots Lounge, Concrete, 6 p.m.; info at 360.853.8213 or goodwords@frontier.com
 - 11 Concrete Chamber of Commerce meeting, Concrete Theatre, 8 a.m.
 - 12 Spaghetti Feed benefit for Sedro-Woolley Museum, Joy’s Bakery & Cafe, Sedro-Woolley, 4 p.m.
 - 12 Sauk Transfer Station and Clear Lake compactor site closed
 - 13 Filling Santa’s Bag variety show to raise funds for Concrete kids, Concrete Theatre, 7:30 p.m.; \$8 adults, \$6 children 12 and under; info at info@concrete-theatre.com or 360.941.0403
 - 13 Sedro-Woolley Community Troop Support Donation Drop-off Day, Albert’s Red Apple Market, Concrete, 11 a.m. to 2 p.m.; info at 360.826.3818 or swctsgroup@gmail.com
 - 13–14 Skagit Rock & Gem Club presents “Treasures of the Earth” gem, mineral, fossil, and jewelry show, Sedro-Woolley Community Center, 720 State St., 9 a.m. to 5 p.m. (Sat.) and 10 a.m. to 5 p.m. (Sun.), free admission
 - 14 Concrete author John (Jack) de Yonge reads from his memoir, *Boom Town Boy*, at Sauk View Gallery, 7460 South Dillard, Concrete, 1 to 3 p.m.
 - 15 Lyman Christmas Angel Tree donation period begins, Lyman Town Hall; info at 360.826.3818 or oney_brat@yahoo.com
 - 17 Holiday Shopping Extravaganza supporting Sedro-Woolley Boys & Girls Club, Sedro-Woolley Senior Center, 724 State St., free admission; info at jreid@bgcskagit.org or 360.856.1830
 - 20 Holiday Bazaar, Country Meadow Village, 1501 Collins Rd., Sedro-Woolley, 9 a.m. to 3 p.m.
 - 21 Rockport/Marblemount Fire Depts. Thank-You Potluck, Rockport Fire Hall, 5 p.m.; open to all Rockport and Marblemount Fire Dept. volunteers and family members
 - 21 Historic Northwest Newsreel Film Show benefit for Concrete Heritage Museum Association, \$5 donation, Concrete Theatre, 6:30 p.m.; info at 360.853.8533
 - 26 Skagit River Bald Eagle Interpretive Center opens for every weekend (Fri.–Sun.), 10 a.m. to 4 p.m., through Jan. 30, 2011, except Christmas

- DECEMBER**
- 2 Saukrates Cafe meeting, Annie’s Pizza Station, 6 p.m.; conversation topic posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>
 - 4–5 and 11–12 Concrete Lions Club Christmas Tree Sale, George Theodoratus’ field (west of Loggers’ Landing, south side of SR 20), Concrete, 10 a.m. to 3 p.m.
 - 11 Christmas Parade, Concrete
 - 11 Christmas in Concrete holiday program, Concrete Theatre, 7:30 p.m.; free admission; room for more performers; info at valerie@concrete-theatre.com.

*Community Calendar is updated daily at www.concrete-herald.com/calendar



Lyman



Budget season in Lyman

By Kathryn Brady-Good

Like many other rural communities in the area, the Town of Lyman is working on its 2011 budget. According to the town’s Clerk/Treasurer, Debbie Boyd, the current budget estimate for the upcoming year is slightly more than \$400,000.

The town does not expect to make any changes to consumer water rates in 2011, as it converted to a “customer-driven rate,” said Boyd, in April of this year. The town reduced base rates and modified charges for usage to create a more equitable distribution of charges and give customers ultimate control over their water bills. Boyd indicates the estimated operating budget for the water fund is \$107,328 or approximately 27 percent of the total budget.

The preliminary budget, now in the hands of council members, also encompasses funds for maintenance of the town’s streets, its cemetery/park, the

operation of a small library and food bank, and its administrative needs.

The town also is working on the Minkler Mansion restoration project. Although the purchase transaction closed this past August, Phase II (restoration and conversion to Town Hall) is slated to begin in 2011. According to Boyd, the budget for this project is not yet set, as final input from council members and the advisory committee has not been received.

For updates on this project, go to www.townoflyman.com and click on “Minkler Mansion” at the top of the page.

The Town Council is scheduled to hold a public hearing on the budget prior to its November meeting, and a vote to finalize it will be taken during its regular meeting in December. The council meets on the second Tuesday of each month at 7 p.m.; public hearings are typically scheduled 30 minutes prior to each meeting.

Christmas Angel Tree returns to Lyman

By Tammie Werner

The Third Annual Lyman Angel Tree will be set up inside Lyman Town Hall from Nov. 15 through Dec. 15.

Anyone wishing to help those in the Lyman School District area (Lyman, Hamilton, and parts of Birdsvew) can stop by during regular office hours of Mon. through Fri., 8 a.m. to 4 p.m., and pick an angel tag from the tree.

Tags will include information such as sizes, hobbies, specific needs, etc. Choose the boy or girl of your choice and then return the tag with your unwrapped, unopened gifts by Dec. 15.

There are no rules for what to purchase; that choice is up to the sponsor. There also will be generic tags for items such as wrapping paper, socks, hats/mittens, toys, and other needed items.

It is our goal again this year to provide each child with a hat, scarf, and blanket, and hopefully also be able to give each child a new pair of pajamas and socks. If



Lyman’s Third Annual Angel Tree will return to town from Nov. 15 through Dec. 15. All gifts will be due by Dec. 15. *Submitted photo.*

you would like to help knit or sew items, contact Angel Tree organizer Tammie Werner at 360.826.3818 or oney_brat@yahoo.com.

Donations of cash/checks are greatly appreciated to help with additional needed items. Checks need to be made payable to Tammie Werner and can be dropped off at Town Hall or mailed to P.O. Box 1372, Lyman, WA 98263. If you cannot make it to Town Hall during regular hours, tags can be obtained by contacting Tammie.

The Angel Tree is on Facebook and can be found by searching for Lyman Angel Tree. Fans can see tag information available and select their tags online.

To submit names of local children to be placed on the Angel Tree, pick up a nomination form at Town Hall or contact Tammie. Names and information is kept strictly confidential. Forms can be mailed, e-mailed, or dropped off at Town Hall for inclusion on the tree. Submit names as soon as possible and no later than Dec. 6.

The Angel Tree will celebrate the holidays with a party for the Angel Tree children and their families on Fri., Dec. 17, from 6–8 p.m. at the old Town Hall on 3rd Street behind the Fire Department. Currently the Angel Tree is looking for someone to be “Santa” for the party. Please contact Tammie if you would like to help with this event.

Donation Drop-off Day Nov. 6

By Tammie Werner

Sedro-Woolley Community Troop Support (SWCTS) will hold a Donation Drop-off Day on Sat., Nov. 6, from 11 a.m. to 2 p.m., at Cascade Mercantile on SR 20 in Lyman.

This is a free event for children and their families to come out and support our local troops serving overseas while enjoying some fun activities. There will be face painting, balloons, crafts, and even a possible visit from Santa!

Raffle tickets are being sold for a chance to win many wonderful prizes donated by local businesses. Tickets are \$1 each or six for \$5 and can be purchased at the event or prior to it by contacting swctsgroup@gmail.com or 360.826.3818. All money raised will benefit this year’s Christmas Care Package campaign.

Lyman Library tales

By Elaine Kohler

I just finished reading one of the books on Oprah’s Book Club list: *Where the Heart Is*, by Billie Letts. It’s a story about people helping people and how, sometimes, strangers become our closest friends. I highly recommend it.

The Dick Francis series has had some heavy use. One of the perks of working in the library is that I “meet” more and more new authors and have broadened my reading circle. I also found a new Debbie Macomber in the “Blossom Street” series. There are now several people picking up this set; it’s a fun set to enjoy.

As the holidays approach, remember that we have several excellent books on decorations and gifts that you can make. Cookbooks also abound; I’m sure you can find lots of great recipes.

Thanks to Linda Nasin for taking over one of the Saturday positions. She started in October and does a great job. Lynn Jonasson and her husband do a lot of work with the food banks, so they had to step down. Our thanks for all you have done with the library this past year, Lynn.

If you are looking for ways to use some sweat equity on your home, there are lots of home improvement books available.

Hope the ghosts and goblins didn’t get you on Halloween, and I will be talking to you again next month.



Day Creek



KSVU 90.1 FM plans to go on the air by January 2011

After numerous struggles and setbacks, Skagit Valley College Radio Project Manager Rip Robbins believes he can see the light at the end of the dial. By January 2011, KSVU 90.1 FM should be on the air.

At the October 25 Concrete Town Council meeting, Robbins brought before the council an idea that would drop one of the last puzzle pieces into place. After discussing the idea with Mears Field representative Jack Mears, Robbins proposed mounting a 2-ft. dish on the north wall of the pilots lounge, aimed at a tower roughly two miles to the northwest, on the north side of State Route 20. The tower would hold a studio link antenna that would communicate with the proposed airport site. Above that, a broadcast antenna would be mounted to communicate with the radio studio at Skagit Valley College (SVC).

The council approved the idea and

currently is working on an agreement with SVC to cover the small amount of electricity that the radio equipment will draw annually.

“Everything is coming together,” said Robbins of the project, which got its start more than a year ago and has taken a few unexpected twists and turns along the way.

Elusive studio space

Robbins’ idea of a radio station focused primarily on east county residents was met with much enthusiasm by the citizens of every community east of Sedro-Woolley. Station set-up and programming is Robbins’ specialty; he secured federal grants and dove into the project with gusto. When Concrete businessman Don Payne offered a free rental space in Concrete’s Town Center, the fledgling radio station seemed destined to be a reality sooner rather than later.

Unfortunately, in the eyes of SVC

administrators, Payne’s building wasn’t suitable for a radio studio.

“I applaud Don Payne for stepping up and offering us a sweet deal, but after the college got involved, in order to rise to the standard the college requires, it was going to require thousands more dollars than we had,” said Robbins. “The college came up with a bare minimum scenario, but electrical issues still remained. Finally, the college said, ‘You don’t have enough money to fix this place up,’” said Robbins.

Robbins has run into cost overruns at every turn. Because of the location of the tower and the specialists he’s had to hire to do the job right, the bottom line is swelling. Skagit Valley College isn’t paying for the project; rather, the college’s existing station, KSVR, is the source of the matching money for the federal grant

See **KSVU**, p. 31

Warner, cont. from p. 9

founded the online network at www.gotribal.com “for the Taylors of the world” because “there are so many life lessons you can learn from endurance sports.”

The conference was a physical manifestation of what GOTRIBal does through its online presence: Bring people together and connect and empower women.

The event drew 100 women, who spent the day attending 21 educational

clinics. The purpose of the four-woman panel was “to have women talk to women, discussing what they do as women athletes in different age groups,” said Maslach. “Taylor talked about her perspective as a 13-year-old. She’s an inspiration to women to stay fit from their young ages all the way through adulthood. She gave a voice to that as a young person. She did an excellent

See **Warner**, p. 31



Taylor Warner (far left) posed with her three panelist colleagues—all of whom have competed in the Ironman Triathlon in Kona, Hawaii—at the GOTRIBal National Conference in San Diego, Oct. 16. *Photo by Eric Warner.*

Lasagna Dinner

Whether the levy passes or not, all firefighters and workers for the 2010 levy-lift effort are invited to a fire hall-hosted lasagna dinner on Nov. 18, at 7 p.m., during the firefighters’ monthly meeting.

A big THANK YOU to all!

Christmas care for the military

If you have a loved one serving in the military overseas, Sedro-Woolley Community Troop Support wants to send them a Christmas care package. Submit their name and address to swctsgroup@gmail.com or call 360.826.3818.

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Above: Sedro-Woolley photographer Kristina Collins snapped this glorious fall scene along Mt. Baker Highway between Maple Falls and Glacier, Oct. 2. *Photo by Kristina Collins.*



Above: Sauk City playwright Nicola Pearson traveled to New Harmony, Ind., where she was presented with the Gina Walker Outstanding New Project Award from the Communal Studies Association (CSA) for her play, *Carried By the Current*. Pearson (left) is shown accepting her award on Oct. 2 from Kathy Willins, who sits on CSA's board. *Submitted photo.*



Above: Concrete High School Homecoming royalty posed for a photo Oct. 16. Front row, left to right: Sophomore Prince Cody Jarmin, Sophomore Princess Jessica Filtz, Freshman Princess Jonnie Rowheder, Freshman Prince Josh Rogge. Back row, left to right: Junior Prince Aiden Walsh, Junior Princess Adrianna Canales, Senior Queen Megan Rogge, Senior King Kevin August, Senior Prince Kellen Russell, Senior Princess Sherry Pringle.



Above: Kaela Lee, 14, of Concrete, got a happy birthday hug from Bullet For My Valentine bassist Jason "Jay" James after the band's Oct. 22 concert in Seattle. *Submitted photo.*

Right: Donnie Olmstead studiously examines a salmon egg clinging to his middle finger during salmon-dissection day in Mary Janda's class, Oct. 21.



Above: This owl spent several minutes resting in a tree after flying into Anna Page's window on Oct. 17. *Photo by Anna Page.*



Above: There's nothing like a wagon ride at the Ovenell's Double O Ranch during the Festival of Family Farms! *Photo by Amber Lee.*



Above: A fun wagon ride awaited visitors to a trio of farms on the eastern edge of Sedro-Woolley during the Festival of Family Farms Oct. 2-3. Clustered together are Hemlock Highlands, Eagle Haven Winery, and Perkins Apple Orchard. *Photo by Kristina Collins.*

Left: Ovenell's Double O Ranch near Concrete benefited from the grilling prowess of (left to right) Ailene Good, Norm Mitchell, Randy Good, and Mike Hull (not pictured: Linda Mitchell). *Photo by Amber Lee.*

Below: Margaret Baker (left) and Anne Bussiere played historical characters Ethel Thompson and Nell Wheelock, respectively, during the Fifth Annual Concrete Ghost Walk the last three weekends in October.



Left: The Valley's Buzz owner Seth Smith (right) chats with a visitor to the Ovenell's Double O Ranch during the Festival of Family Farms, Oct. 2-3. *Photo by Amber Lee.*

October in pictures



Above: These cute kiddos got a "train ride" at the Sakuma Bros. Farm in Burlington during the October Festival of Family Farms. *Photo by Kristina Collins.*



Above: Mary Bron, who directs the Concrete office for Pregnancy Choices, speaks during the organization's fundraising dinner Oct. 7. The evening included an announcement that Bron had been named the new president of the Pregnancy Choices board.



Scenes from the Concrete Lions Club Halloween Party, above, from left to right: Ember LaBounty with frightful teeth, Alyssa Wahlgren as Gumby, and pee wee logger Dawson McDaniel, age 1.

Left: A wee bee made an appearance at the Halloween parade in Sedro-Woolley. **Below:** Parents and kids marched in the parade, which was followed by trick-or-treating the downtown merchants. *Photos by Kristina Collins.*



Above: There was a whole lotta spookin' going on at the Hi. Lo. Country Haunted House in Concrete, which ran from Oct. 29-31. *Photo by Amber Lee.*



Above: The Honeybees made a Concrete Theatre audience swoon during the Fall Color Show Oct. 9. The Bellingham quartet shared the stage with singer/songwriter Dana Lyons. *Photo by Amber Lee.*





Hamilton



Hamilton 2011 budget shows little fluctuation

By Kathryn Brady-Good

From an outsider’s point of view, the Town of Hamilton is still a place where kids can be kids, everyone knows their neighbors, and the difference between those who have and those who have not is virtually imperceptible.

Perhaps, for Hamilton, the budgeting process is made much easier than for most, simply because it has always been a town of modest means. Town Clerk Susan Mani says the 2010 annual budget is approximately \$300,000. The largest portion of expenditures directly relate to the costs of operating its water system, which serves approximately 170 customers, although the town also is responsible for maintaining its streets and a park.

While 2010 sales tax revenues have fallen slightly and property tax revenues derived from Janicki’s expansion at the Punkin Center facility were lower than expected, Mani reports that the town probably will end the year slightly under budget, based on her year-to-date figures. She also indicates water customers should not expect an increase in water rates in 2011.

That’s the good news. Unfortunately, the town has not yet addressed an increasing need to repair deteriorating town streets, where funding is not nearly adequate to meet needs.

Mani presented a preliminary budget to the council at its last regular meeting and discussion will be held at the Nov. 9 meeting, if residents wish to comment.

The Town Council will vote on the 2011 budget at its December meeting, to be held Dec. 14 at 7 p.m.

Council summary

The Hamilton Town Council held a special meeting on Sept. 27 to review bids on the well pump. The following is a summary of that meeting.

Mayor Bates reported Woods Electric determined it was not an electrical problem at the well. It was determined the problem was with the pump and a new pump was necessary.

Bids to replace the pump at the well were discussed. The bid amounts were as follows:

Aquatech:	\$11,326.54
Dahlman:	\$10,654.40
Hayes:	\$13,784.05

All bids require the Town of Hamilton to supply the crane and operator.

Bids were compared. It was decided that the bid from Hayes was too high. The difference between Dahlman’s price and Aquatech’s price was in the footage and cost of the 3-inch galvanized pipe. Aquatech’s bid included 189 feet (9- to 21-foot sticks) and Dahlman’s bid included 168 feet of galvanized pipe.

Councilmember Benjamin asked if it was necessary to replace the pipe. Councilmember Bonner inquired as to the purpose of replacing the pipe. Could the reason be that there was a screen at the bottom that needed to be replaced?

Mayor Bates responded there was a check valve, a screen, and the pump. It was possible as the pipe would not need to be replaced that it was not that old. It

was agreed that the contract would include a clause stating the pipe would only be replaced if necessary.

Mayor Bates stated when the pump was replaced, the new meter would be installed.

Dwight Washburn attended the meeting. He stated he is the only civilian on the Skagit County Water Advisory Committee and is interested in water issues in the valley. He asked how old the pump and pipes were and was there a warranty on the old pump. Mayor Bates responded the pump and pipes were 6-1/2 years old and the pump was a “Columbian,” with no warranty.

A warranty for the pump and labor to install the pump would be included in our contract to perform the work.

Councilmember Jensen stated he preferred the Aquatech bid because the brand of the pump, motor, and control box were listed and all were the same manufacturer. They also included clean-up on their bid.

Councilmember Jensen made the motion to accept the bid from Aquatech. Councilmember Bonner seconded the motion. Councilmember Benjamin agreed. 3 ayes.

A Contract Agreement will be written by the Town of Hamilton including a clause that upon inspection when removed, if the 3-inch galvanized pipe is found reusable and new pipe not necessary the cost would be deleted. Councilmember Benjamin requested the old pump be returned to the Town of Hamilton.

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If you have a loved one serving in the military overseas, Sedro-Woolley Community Troop Support wants to send them a Christmas care package. Submit their name and address to swctsgroup@gmail.com or call 360.826.3818.

Birdsview buzz

By Kris Voigt

Happy Thanksgiving, everyone! Don’t forget to “fall back” on Sat., Nov. 7.

I mixed up a birthday last month. It should have been Ashley (our favorite prison guard) not James, her hubby, celebrating an Oct. 5 birthday. Sorry about that.

Happy birthday this month to:

- 2 Andy Cambo
- 10 Kathy Hurn
- 13 Debbie Riehl
- 18 Brewmaster Bill
- 21 Adam Lafayette, Brooke Howell, Judy Monrad
- 22 Kathy Lemon
- 25 Donnie Ross
- 29 Ned Voigt (my brother-in-law)
- 30 Elaine Fichter, Seth Shields

In October, Eric Warner traveled to China for business and then to San Diego to watch daughter Taylor compete in a triathlon. Congrats to Taylor for a great job.

Save the date: Veterans Day Parade

On Nov. 10 at 1 p.m. on Main Street in Concrete, we’ll hold the first-ever (that most people can remember) Veterans Day parade. I’m organizing this parade to honor my husband and all other vets, especially those who served in Vietnam and were not properly thanked when they came home.

Please feel free to come out and watch or be part of this parade. We need lots of both for this event to honor all the vets out there. If you have any questions, please feel free to call me at the brewery: 360.826.3406. And spread the word!

Grandy Creek Grocery to hold food drive

Grandy Creek Grocery in Birdsview plans to host a food drive from Nov. 1–14.

Owner Dave Needham told Concrete Herald he’ll accept nonperishable canned or boxed food during normal business hours.

“Our goal is to collect 1,000 pounds of food to be distributed to local food banks,” said Needham, who will update the drive’s totals regularly on the store’s Facebook page.

For more information, call the store at 360.826.3690.

Business Spotlight: 3DH Aggregates

By Cora Thomas

3DH Aggregates Inc. was founded in 1999 by Dave and Darcy Harvin and Dave and Helen Weber (hence the “3DH” in the company name).

“The Webers had a landscape business on Camano Island and wanted to venture out into something bigger and asked the Harvins to come along,” says Darcy.

The company’s 40-acre site is located on State Route 20 at milepost 95, between Concrete and Rockport, and holds approximately four million tons of Class A, well-graded sand and gravel.

3DH maintains a range of inventory and products, with large stock piles. Services include wholesale and retail sand and gravel products, plus recycling of concrete, asphalt, and debris. Landscape supplies are offered on a seasonal basis. Quantity pricing is available, as is delivery services, although customers are welcome to pick up their orders.

3DH Aggregates focuses on eastern



Opening for business: Lupita’s Restaurant

By Jason Miller

Concrete’s Town Center is about to get a new flavor.

During the second or third week in November, Lupita’s Restaurant will open the doors of the former Red Cedar Inn at 45938 Main St., and offer something that’s been a rarity in Concrete: Mexican cuisine. And even that comes with a twist.



Lupita’s, Concrete’s first Mexican restaurant, will open in November in Concrete Town Center, serving American-style breakfast in the mornings and Mexican cuisine the rest of the day.



The people behind 3DH Aggregates, left to right: Darcy and Dave Harvin, and John Shepherd, a.k.a. “Johnny Rock.” Not pictured: Mike Dopierski, Robin Bass, and Les Hoover.

Skagit County residents, says Darcy. “Most of our business is within a 20-mile radius. We do go farther for special projects, such as the public works restoration project at the Port of Anacortes,” she says.

The 3DH motto is “Few try harder at customer service than we do.” Harvin explains this further: “As consumers ourselves, we know what we appreciate as good customer service. We pride ourselves on making sure that we are providing the

same kind of service to this community that we would expect. We make sure patrons are receiving the correct product for their projects and that it’s there when they need it.”

“Johnny Rock,” whose real name is John Shepherd, serves as the 3DH pit manager. He got his nickname in 1987 from a customer who came into the cement business where he worked. “In our opinion the name fits, as you will not find

“We’ll serve American-style breakfast from 6 till 11 a.m., then switch to Mexican,” says Maria Apreza, who co-owns the restaurant with her husband, Arturo, and their business partner, Raul Reyes. The restaurant’s name comes from Maria’s middle name, Guadalupe, and Reyes’ wife’s name, Lupe.

Arturo and Maria currently live in Bothell, but Arturo plans to live in the spacious apartment above the restaurant while he works to get it operating smoothly. Maria currently is working on a nursing degree.

The couple has solidly grounded plans for success. Breakfasts will be predictable American fare, such as eggs, bacon, sausage, hash browns, pancakes, and French toast. The Mexican menu will include burritos, carne asada, taquitos, and other popular Spanish dishes.

“We’ll open up the lounge in the back and hopefully be doing karaoke,” says Maria.

Arturo is an old hand in the Mexican restaurant business, having worked in it for several years. The couple has operated a second restaurant, El Balero, in Lynnwood.

The Lupita’s building, which began its life as the T P Inn, has been getting a makeover to make it more suitable for the new restaurant. The exterior got a coat of bright red and orange, with bright green trim. Inside, the design motif is decidedly hispanic, with wall illustrations that reference a Mexican theme.

At this writing, the renovation was still under way. The Aprezas are still working through the inspections process and trying to determine closing times. They intend to open at 6 a.m. seven days a week, and say they plan to open for business sometime during the second or third week in November. For more information, call 360.853.8308 or go to www.lupitasrestaurant.org.

a better expert on sand and gravel in the East County!” Darcy says.

3DH Aggregates has donated topsoil for Concrete’s community garden.

“After reading about the community garden project, we knew this was very important to the surrounding community. This garden is a means for gathering and teaching. Fortunately, we had supplies that were needed to help get this project off the ground, and to supply others who were donating their time,” Darcy says.

3DH also has donated to various youth sports, local fire districts, and the Backcountry Horsemen.

“Our success is all about employing local people, buying our business supplies locally, and creating satisfied customers. Our hope is that this business will be well established and supporting this community for years to come,” says Darcy.

At a glance:

3DH Aggregates

Site: Hwy 20 at Milepost 95, adjoining the Sauk Transfer Station

Phone: 360.853.8927 or 360.239.0076

Hours: Mon. – Fri., 7:30 a.m. – 4:30 p.m.
Sat. by appointment

Web: www.3dhaggregates.net



Lupita’s Restaurant is family owned and operated. Back row: Arturo and Maria Apreza, and cousin Avel Apreza. Front row: Arturo and Maria’s kids Daniel, Julia, Elena, and Irene Apreza. Not pictured: Roberto Jimenez.

At a glance:

Lupita’s Restaurant

Address: 45938 Main St., Concrete

Phone: 360.853.8308

Hours: 6 a.m. – TBA, 7 days/week

Web: www.lupitasrestaurant.org

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Rockport



Questions loom as Illabot Creek Road faces closure

By Jason Miller

The U.S. Forest Service wants to close 14.5 miles of the Illabot Creek Road near Rockport, from mile posts 9.5 to 24. Predictably, the idea is meeting with some dissent.

Also predictably, the issue is money, according to a project information document distributed by Don Gay, interdisciplinary team leader with the Mount Baker Ranger District, who could not be reached for further comment. According to the document, Illabot Creek Road has served its initial purpose to access timber harvest areas near Illabot Creek, and is no longer as necessary as it once was.

Illabot Creek Road also requires maintenance to the tune of \$8,500 annually, since long sections of it are prone to washouts, which damage the road and allow sediment to flow into Illabot Creek. “Because of the susceptibility of [Illabot Creek Road] to slumps and slides, road maintenance costs are higher for this road than other roads in the Ranger District. Although [Illabot Creek Road] accounts for only 2.3% of the District’s road miles, it consumed 5.5% of the road maintenance budget from 2007–2010,” the report states.

In addition to the road closure, the report proposes the removal of a steel bridge crossing Otter Creek “for use elsewhere,” and the removal of a concrete bridge over Illabot Creek, which would be “buried in pieces at suitable locations along the road or placed on spur roads.”

Steve Murray of Sauk City isn’t buying the money argument. He points to the relatively small amount of money spent annually maintaining the road and told *Concrete Herald* that some years the Forest Service does no maintenance at all. “They’re saying they don’t have money, but I’ll bet you they’re going to spend \$500,000 to close it,” said Murray.

Some questions are not addressed in the report. How much is it going to cost to move one bridge and destroy another? Given that figure, is this still seen as a valid strategy?

User-created trails originate from Illabot Creek Road, too, linking it to remote lakes such as Slide, Jordan, Falls, and Marten Lakes. If the road closes, access to these popular trails will be complicated at best.

Look for a follow-up article on this topic in the December issue of *Concrete Herald*.

Festival, cont. from p. 1

present in eastern Skagit County during the winter months.

“Every one of us on the board are excited. We’ve encouraged businesses to get on board with this program for the past 22 years, so we’re excited,” said Judy Hemenway, president of the SRBEAT board.

Following in the footsteps of the popular Skagit Valley Tulip Festival, the Chamber has established a “Sanctioned Events” tool as a way to organize the schedule of activities and pool resources for advertising. Businesses, organizations, and individuals who become an official part of the festival will be included in printed promotional materials and online news stories.

Event applications are available in the Concrete Chamber office at the Skagit County Community Resource Center in Concrete. Applications must be submitted no later than Nov. 15 to be considered. For more information, call 360.853.8767 or e-mail chamber@concrete-wa.com.

Be a U.S. Forest Service volunteer!

The sign-up period for the Skagit Eagle Watchers Volunteer Stewardship Program with the U.S. Forest Service is now open. Volunteers will attend two days of training, then commit to working three winter weekend shifts along the Skagit River. At viewing stations between Rockport and Marblemount, volunteers answer questions and educate the public about eagle and salmon ecology, and use spotting scopes to allow visitors to get a close-up view of wintering bald eagles. Volunteer applications are available at the Mt. Baker-Snoqualmie National Forest Web site and at the Mt. Baker Ranger Station in Sedro-Woolley. For more information, call the Mt. Baker Ranger District at 360.856.5700.

Rockport 4-H kids celebrate success

By Lisa Fenley

Rockport girls Emilee and Megan Fenley celebrated a successful 4-H year. Emilee is a member of Trailblazers 4-H club with her horse, Lexi. She rode grand entry for the Sedro-Wolley rodeo grounds carrying their sponsorship flag in Burlington and S-W parades and S-W rodeo. She was second place overall in the Darrington Horse Association playday series.

Emilee and Lexi’s highest accomplishments were at the Skagit County Fair, where they earned four Grand Champion and one Reserve Grand Champion ribbons in gaming events. Emilee received her first reserve hi-point belt buckle for overall placement of combined events. Skagit County has a medal program for 4-H horse members and they received a bronze medal in pole bending.

Emilee and Lexi traveled to the Western Washington State Fair in Puyallup to compete with other State qualifying gamers from Washington. They had a wonderful experience, receiving second and first place ribbons. Emilee also

qualified at State level this year for horse judging and knowledge bowl teams. Megan is a member of a our local 4-H club, “Furs-n-Things.” She doesn’t participate in the “fur” events, but is very active in the “things” part of the club. Megan works throughout the year meeting every other Friday to make items to enter at the Skagit County Fair. If they receive a blue ribbon at the county level, the items get taken to the Puyallup Fair. Megan’s projects consist of sewing, canning, photography, scrapbooking, crafts, modeling, baking, and public presentations. She earned a Merit Award, two Best of Lot ribbons, and numerous other ribbons (41 overall) at the Skagit County Fair. Megan participated at the state level, too, modeling her outfit for creative consumer of fashion design. She was interviewed by a judge on her knowledge of the material, cost, care, and purpose of the outfit. Megan also stood in front of an audience in Puyallup and demonstrated how to make “Colorful Candy Pretzels.” She walked away feeling confident after earning blue ribbons in both events. 4-H isn’t just about having fun and earning ribbons. The girls volunteer a minimum of 20 hours throughout the year.



Home & Garden



Big and small energy savers for every room in your house

(ARA) — With the information available about how to make your home more energy efficient, it’s easy to become bewildered when thinking about all the improvements you could make. But there’s no need to worry, as you don’t have to make your home into a model for green living all at once.

You can still do your part even if you don’t retrofit your entire home. And a few small measures can result in immediate savings. There are a variety of big and small steps you can take to make each room in your home more eco-friendly:

Bathroom *Big:* Install a low-flow aerating showerhead. Most models allow you to save around 30 percent on water usage without compromising on your shower experience.

Small: Avoid using toxic cleaning products, as chemicals find their way into the atmosphere and waterways. As you run out of old cleansers, replace them with nontoxic cleaning products.

Kitchen *Big:* Replace your old refrigerator or dishwasher with an energy-efficient model. Look for models that either meet or exceed ENERGY STAR levels.

Small: Plant a garden, as the food out of your garden will be fresher and won’t need to be transported to the store or to your home.

Bedroom *Big:* Buy all-natural bedding that is made from earth-friendly materials. *Small:* Unplug gadgets like cell phone chargers and unused appliances before going to bed, since they can use energy

even when they are plugged in and not in use.

Laundry room *Big:* Buy an energy-efficient washer and dryer. Consider a high-efficiency, front-load machine, which can use more than 50 percent less water per load and can be 86 percent more energy-efficient than conventional top-load machines.

Small: Clean your dryer vent after each load, because even a partially clogged vent will hurt your dryer’s efficiency.

Energy center *Big:* Invest in a programmable thermostat, which can save you money by setting temperatures lower when you plan to be away or while you sleep. Some even can be controlled remotely while you are away.

Small: Replace incandescent light bulbs with more energy-efficient CFL or LED bulbs.

Garage *Big:* If you’re in the market for a new car, buy a gas-sipping hybrid.

Small: Take public transportation. Better yet, where possible, bike or walk on one trip each week where you would usually drive.

Living room *Big:* Buy an ENERGY STAR-rated TV that will save you money when it’s on *and* when it’s off. With very low standby and on-mode power consumption, some new LED HDTVs use only about 7 cents of electricity a day for average viewing of six hours daily.

Small: Unplug your DVD player or other accessories when they are not in use, especially when leaving for an extended time like a vacation.

Whether they are big or small, your energy-saving contributions won’t go unnoticed by Mother Nature or your pocketbook. For more helpful home energy tips, go to energystar.gov and join with millions of others in making energy-efficient choices at home and at work that save energy and money while protecting the environment.

Christmas care for the military

If you have a loved one serving in the military overseas, Sedro-Woolley Community Troop Support wants to send them a Christmas care package. Submit their name and address to swctsgroup@gmail.com or call 360.826.3818.

Thank-you potluck

...for Rockport/Marblemount Fire Depts., Nov. 21, 5 p.m., at the Rockport Fire Hall. Open to all Rockport and Marblemount Fire Dept. volunteers and family members.

Our finest Merino Wool is put through a special process to create a garment that is washable, dryable and so soft and supple it's unbelievable. In addition our Minus33 100% Merino Wool baselayer wicks moisture away from the skin 30% faster than any synthetic fabric. Even when it's scorching hot or at Minus33, while at work, hunting, fishing, exercising, skiing, snowmobiling, or just relaxing, Minus 33 Merino Wool baselayer is the most comfortable fabric you have ever worn.

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Marblemount



From goats to Gouda and more

Corina Sahlin of Marblemount teaches others how to transform goat milk into mouthwatering cheeses.

Story by Patricia Blauvelt, photos by Kristina Collins

“Alpine cheese, it’s in my blood,” says Corina Sahlin.

Born and raised in Wangen, a small alpine village on the border between Switzerland and Germany, Sahlin grew accustomed to fresh dairies and an assortment of fine cheeses, and developed taste buds that would not settle for anything less.

When asked to build and operate an organic farm for a man who feared the potential repercussions of Y2K, Sahlin purchased goats for the farm to make cheese, “an obvious source of protein and nutrition that could be stored for a long time,” says Sahlin. In 2001, roughly a year after establishing the farm, Sahlin began working for Samish Bay Cheese where she met husband, Steve Sahlin, then an employee of Blue Heron Farm.

Six years later, Sahlin began offering cheese-making classes to the public at their homestead in Marblemount. Sahlin’s goat Gouda cheese-making course is a hands-on, 3½-hour class that not only allows participants to make cheese, but also provides an opportunity to meet the goats, ask questions, and taste several of Sahlin’s fine cheeses that may include: chevre, feta, Gouda, cheddar, manchego, Swiss, mozzarella, or Colby.

“Making cheese is a wonderful skill to have ... I really love cheese and am happy to be sharing this gift with others,” says Sahlin.

An attendee at Sahlin’s Oct. 23 class, Sacha Johnson of Arlington praised the class, stating, “The learning environment was wonderful: sitting around Corina’s kitchen table munching on homemade chevre, feta, and Gouda, while Corina sits on her counter sharing her expertise and walking you through the process of making homemade Gouda. It made cheese-making at home seem less daunting.”

Sahlin, along with Steve and their three children, Kai, 7; Lukas, 6; and Eva, almost 1, maintains a 5½-acre farm and a bamboo nursery, Marblemount Bamboo. Steve also runs his own business, Calypso Restoration, which performs stream stabilization for salmon habitat, and Corina, “a seriously compulsive knitter,” also has started Creations by Corina, an



Above: Marblemount cheese maker Corina Sahlin demonstrates her craft during a goat Gouda cheese-making class in her home on Oct. 23.

Right: A wheel of cheese and crackers complements any table. A rich source of protein, most hard cheeses can be stored for long periods.



online business selling her knitted goods.

The future looks bright for the Sahlins, who plan to develop their homestead into one that “empowers people to be self-sufficient and reconnect with nature,” says Sahlin.

The Sahlins wish to share their vision with adults and children so that they can visit the homestead to learn life skills, such as how to grow their own food, start seedlings, and preserve food, and learn wilderness survival skills such as bow-making, bow hunting, and creating fire by friction.

“Things are busy now, we have a little one and all of these other endeavors, but we’re holding on to this ... we want to share this with the world,” says Sahlin.

Christmas care for the military

If you have a loved one serving in the military overseas, submit their name and address to Sedro-Woolley Community Troop Support, at swctsgroup@gmail.com or call 360.826.3818.

From the kitchen of Corina Sahlin

Cauliflower Cheese Soup

- 3 cups diced potatoes
- 1 large cauliflower
- 2 chopped carrots
- 4 cloves chopped garlic
- 2 cups chopped onion
- 1-1/2 tsp salt
- 4 cups chicken stock or water
- 2 cups cheese (I use my Gouda for this)
- 3/4 cups milk (I use my raw goat milk)
- 1 tsp dill
- 1/2 tsp caraway seeds
- black pepper to taste

1. Place all the veggies, salt, and liquid in a large pot, bring to a boil, then cover and simmer till the veggies are tender.
2. Puree in a blender or food processor, and transfer to another pot.
3. Add all the remaining ingredients and heat gently.



Newhalem



Skagit Tours to resume in 2011

By Jason Miller

After suspending its Skagit Tours for the 2010 season because of budget cuts, Seattle City Light (SCL) plans to bring back the popular tourist attraction in 2011.

Squeezed by a projected \$67 million general fund deficit in 2011, the City of Seattle—whose City Council makes decisions governing the tours—will vote on its 2011 budget on Nov. 22, said Suzanne Hartman, director of Communications and Public Affairs for the City of Seattle.

“Our plan is to move forward with the tours,” said Hartman, who added that the tours’ final format—or whether they exist at all—will be more certain after the Nov. 22 council vote.

For now, the 2011 Seattle City Light Skagit Tours are envisioned as follows:

- Boat tours every Friday, Saturday, and Sunday in July and August; lunch would be included; cost would be \$29 for adults, \$25 for seniors, and \$12.50 for children 12 and under

- Seniors tour on Thursdays in July and August
 - Free guided walking tours of Newhalem and Ladder Creek Falls twice a day every day in July and August, depending on demand
 - “Dining on the Dam,” a van tour for 14 people, which would include lunch and a walk along the top of Ross Dam from the ferry access point; offered three days a week in July and August
- At least four specialty tours are planned for September, two of which would be themed “Fish, Fowl, and Foliage” and would include a boat tour as well as a van tour. The other two specialty tours would be of the Ross power house, which also would include a boat tour. All four specialty tours would be \$35. Meals would be provided at the North Cascades Institute Environmental Learning Center. The Visitors Center in Newhalem is scheduled to be open every day in July and August, and four days a week in June

and September.

The tours plan won’t be set in stone until the Seattle City Council votes on its 2011 budget during the Nov. 22 meeting, but the lineup does include some additional ideas that were not part of a presentation brought to a Sept. 9 public meeting in Concrete by Hartman and two other SCL representatives.

During that meeting, preliminary tour ideas were met with a lack of enthusiasm on the part of the attendees, most of whom represented businesses from Concrete, Rockport, and Marblemount.

No matter what form the tours take in 2011, Hartman said SCL will provide local tourism-oriented businesses with the tools they need to help market the attraction.

“We’ll be revamping and updating materials, such as brochures and handouts, for the 2011 season,” said Hartman.

Another meeting between SCL and east county businesses is likely before spring, according to Hartman.

Postal news

Shipping out the holidays to military heroes

By Kathy Watson

The recommended mailing date for the most economical postage to overseas military destinations (APO and FPO destinations), including Iraq and Afghanistan, is Nov. 12.

Mail sent to overseas military addresses is charged only domestic mail prices. The domestic mail price for the Priority Mail Large Flat Rate Box is \$14.50, but for packages to APO and FPO addresses overseas, the price is reduced to \$12.50. Additional discounts are available for customers printing their Priority Mail postage labels online at Click-N-Ship. Environmentally friendly Priority Mail Flat Rate boxes are available at no cost and should be available at every Post Office or they can be ordered online at shop.usps.com. Postage, labels, and customs forms can be printed online anytime using Click-N-Ship. Military Care Kits also are available by calling

800.610.8734. For online ordering of the large Priority Mail APO and FPO Flat Rate boxes featuring the “America Supports You” logo and information about mailing letters and packages to military destinations, go to Supporting Our Troops at www.usps.com.

To ensure delivery of holiday cards and packages by Dec. 25 to military APO and FPO addresses overseas, visit www.usps.com and search “military mailing deadlines.”

Mail addressed to military Post Offices overseas is subject to certain conditions or restrictions regarding content, preparation, and handling. APO and FPO addresses generally require customs forms.

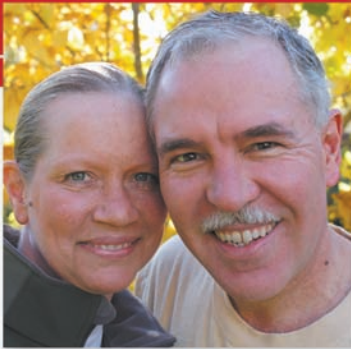
Kathy Watson is Postmaster of Marblemount.

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Cheese-making classes

Corina Sahlin offers cheese-making classes regularly. Upcoming classes:

- Nov. 6, from 12 to 3:30 p.m.
- Dec. 4, from 12 to 3:30 p.m.

Class fee is \$45 per person; all materials are provided. Show up with a good appetite and a thirst for making cheese!

To register for a cheese-making class, contact Corina Sahlin at 360.873.2542 or corinaschaedler@yahoo.com.

Spaghetti dinner and auction!

When: Nov. 13, 5 to 8 p.m.
Where: Community Hall, 60055 SR 20, Marblemount

Why: Support your community hall!
Menu: Spaghetti, salad, garlic bread, dessert, beverage

Price: \$5 per person or \$15 per family
Details: Kathy Lester, 360.873.4240

Brunch and Bazaar!

When: Dec. 5, 9 a.m. to 3 p.m.
Brunch 9 to 1; Santa 11 to 1

Menu: Pancakes/eggs/ham or biscuits/gravy plus beverage

Price: \$6 per person
Bazaar: Lots of vendors!
\$12 per vendor space

Where: Community Hall, 60055 SR 20, Marblemount

For event and booth spaces, contact Connie Clark, 360.873.4631.



Seniors



Coffee Break

Start your own business

By Patrick Kennedy

The senior citizen population is growing like squash in a backyard garden. It could double in the next few decades. Money is tight, and jobs for the 65+ demographic are hard to come by, but that demographic also is a growing market for special and necessary items.

You can't be a worker, but maybe you can be the boss by starting your own business. There are opportunities for knowledgeable entrepreneurs who want to start a business serving this growing and mostly well-to-do market. It doesn't have to be an elaborate industry; it can be a one-person operation working from home in a spare room.

There are many approaches to this potential income-enhancer. You can start your own business from scratch or you can purchase an existing one. The latter option sounds simpler, but it may be more costly and you don't know what you are buying. Plus, you

have to be wary of why someone is selling a profitable business. Think about it, and check the facts before you put out your hard-earned retirement funds.

Before you take either approach, however, there are some things you must do first. Examine your finances, determine a budget, check your knowledge bank, decide what you know and do the best, and decide what and how you can sell this knowledge.

No matter how you spent your days during your "career years," it's likely there are people who need that service. You can get a group of steady clients who will pay for this service.

This is where the Internet and e-mail come in handy. Learn about these technological tools. Many services and information can be provided using your computer. You must learn about marketing and advertising, your local taxes and licenses, shipping (if you have a product to sell), and cash or credit cards. You'll need a good name for your business, too, as well as a Web site. This isn't as hard as it seems because there are many sites out there that will host your Web site, as well as provide the tools you need to build your own.

Now that you've thought about it, start your own business.

Patrick M. Kennedy is the author of *How to Have Fun with Retirement*, a sneak peek of which is available online at www.funwithretirement.com.

How to Have Fun with Retirement

Order your copy of Patrick M. Kennedy's Book www.funwithretirement.com

Way Back When

80 years ago

Nov. 6, 1930: The dreaded Halloween season is over and Concrete residents escaped with very little damage done. There was the usual liberal use of soap on windows, and window washing was a general occupation Saturday morning. There was no malicious damage. Councilman Ira Gates' cow was led uptown from Crofoot addition and stabled in the waiting room of the Concrete depot, and a number of gates and signs were found in unusual places. It is reported that one irate housewife in West Concrete threw diluted acid over a party of boys, causing considerable damage to apparel and some slight burns.

70 years ago

Nov. 28, 1940: Roy Buchanan of Rockport was severely injured last Saturday at the Studebaker Loggin Co. works at Van Horn when he was caught under a rolling log that slipped from a pile. The log crushed him into the ground and a donkey was required to remove the timber from his body.

He was rushed to the Rowley hospital in Mount Vernon, where it was found he had suffered a broken pelvis and internal injuries. A specialist from Seattle performed an emergency operation to save his life.

60 years ago

Nov. 2, 1950: Fred Elders, who

was found guilty of second-degree murder for the knife slaying of Sid Stephens in Sedro-Woolley July 3, was sentenced Monday by Judge W. L. Brickey to life imprisonment at hard labor.

Elders asked that a petition for a new trial not be granted. He will serve his sentence at Walla Walla.

50 years ago

Nov. 24, 1960: Mr. and Mrs. William Hooper of Concrete narrowly escaped death Monday evening when their pick-up truck was hit by a Great Northern Railroad freight train.

The accident occurred at the crossing on the old Lyman-Sedro-Woolley highway about three miles east of Sedro-Woolley. The couple climbed out of the wreckage with only minor injuries.

40 years ago

Nov. 19, 1970: The nation's largest Engelmann Spruce, as measured by the American Forestry Association system, was discovered in North Cascades National Park this past summer, announced Park Superintendent Roger J. Contor.

The record tree measured 25.6 feet in circumference and 230 feet in height, and has a 49-foot crown spread. It surpasses the previous record tree in Olympic National Park by 77 points under the system applied by the American Forestry Association.

30 years ago

Nov. 27, 1980: Charles Cameron of Lyman received a cash award for outstanding contributions to Young Adult Conservation

www.concrete-herald.com

Corps (YACC) as coordinator of the automotive servicing shop. Cameron has been employed in YACC through the Senior Community Employment Program since 1978.

Concrete Senior Center

November 2010

Activities

Lunch is served Monday through Friday, 12:30 p.m.

Mondays	
9 a.m.	Gray Ladies Hoop Quilting
1 p.m.	Skip Bo
Tuesdays	
11:30 a.m.	Jigsaw puzzle
1 p.m.	Skip Bo
Wednesdays	
8:30 a.m. - 3 p.m.	Quilting
11:30 a.m.	Jigsaw puzzle
1 p.m.	Skip Bo
Thursdays	
10 a.m. - 2 p.m.	Wii Sports play
11:30 a.m.	Jigsaw puzzle
Fridays	
11 a.m.	Men's group
11:30 a.m.	Jigsaw puzzle
Noon	Mexican Train Dominoes

Special Events	
11/10 11 a.m.	Advisory Board meeting
11/10 1 p.m.	Bingo
11/16 12:45 p.m.	Leap of Faith
11/18 12:30 p.m.	Thanksgiving Lunch
11/19 12:30 p.m.	Birthday Lunch
11/24 11 a.m.	Bingo

Holiday Closures	
11/11	Veterans Day Holiday: Senior Center closed
11/12	Furlough Day: all Skagit County offices closed
11/25-26	Thanksgiving Holiday: Senior Center closed



20 years ago: On Nov. 26, 1990, Skagit Valley College Chorale members Fritz Donaldson and Jana Hogan of Concrete and Cheri Cook of Marblemount experienced a once-in-a-lifetime event. They joined other Chorale members as part of a nationwide invitational program that combined 17 community college choirs to perform at Carnegie Hall in New York. The massed choral presentation featured hundreds of voices performing Mozart's Requiem, accompanied by the Manhattan Philharmonic Orchestra. Shown left to right are Cheri Cook; Joan Penny, director of the Skagit Valley Chorale; Dr. Will Kessling, conductor of the Manhattan Philharmonic and director of the invitational program; Jana Hogan; and Fritz Donaldson. Concrete Herald *archive photo*.

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■ Energy Assistance	■ Women, Infant & Children Program
■ Food Handler Permits	■ Women's AA

Call for more information & schedules or visit: www.concrete-wa.com.

Sunday School lesson

A day unlike any other

By Rob Thomas

The holidays are right around the corner. And with them come many activities and commitments.

Feeling overwhelmed yet? In his book, *Margin*, Richard Swenson writes that we are on overload: activity overload, change overload, choice overload, commitment overload, debt overload—the list goes on.

The summation? We have no built-in margin in our lives. The result? We are tired when we wake up in the morning because we are overwhelmed knowing that our day is already packed full. And we can’t blame the holiday season; we live this way year-round.

What’s the solution? I haven’t identified the problem yet! I’ve identified only the primary symptom: busyness. The problem is disobedience.

Let me explain. I believe that God gave us a pattern and a precept by which to live. When we respond in obedience, life is a blessing. When we respond in disobedience, life becomes a burden. I’m talking about the precept and pattern of a regular day of rest. The Christian church calls it a “Sabbath.” The precept regarding the Sabbath is clearly taught in Exodus 20:8–11, when God gave Moses the Ten Commandments.

Before you accuse me of being legalistic regarding the Old Testament and Law, let



me remind you that the pattern of a Sabbath originates in the seven-day creation story in Genesis 2:1–3 (before the giving of the Law). It says that “God blessed the seventh day, and sanctified (set apart) it, because that in it He had rested . . .”

There is a Greek proverb that says, “The bow that is always bent (always stretched taut) will cease to shoot straight.” I’m afraid that is how many of us live our lives. Stretched. Pulled. How often do we speak of our busyness to others or the fact that we have “too much on our plate” or that we feel overwhelmed with life?

God gave us a gift every seven days. It is the gift of a Sabbath, a day that is to be unlike any other day of the week. Whatever day you choose, it is to be a day in which we are renewed and refreshed physically, emotionally, mentally, and most importantly, spiritually. But as with any gift, we can choose to open it or not.

My purpose in sharing these thoughts is simply to encourage you to take a look at your calendar. Is there any time scheduled for rest? Why not try, in the words of that old country song, to “stop and smell the roses?” Why not schedule A Day Unlike Any Other?

Rob Thomas is pastor of Community Bible Church in Concrete.

Obituaries

Tim Duane Roetman, a longtime resident of Rockport, passed away Sun., Oct. 10, 2010, at St. Joseph Hospital in Bellingham, Wash.

He was born in Woodstock, Minn., on July 30, 1922.

He graduated from Akeley High School. He was just a Minnesota farm boy, Dutch to the core, raised by a father who decided that his four strong sons would be working that farm. So his work ethic was acquired at an early age. He had great “marks” in school, but college was out of the question. The farm came first.

About that time, he met Dorna Lemon at a dance in a neighboring town. Tall, strong, and handsome, he was easy to notice. Mom liked to tell the story about the first time she saw Dad. He was in the parking lot of the dance hall, lifting up cars by the bumper, by himself! Always had to impress the ladies! But of course, the cars were much smaller then. The sparks flew, and the romance began.

But the war got in the way, and he was drafted quickly. He was tested, and again, did very well, so the Air Corps sent him to Ellington, Texas, to flight school. Meanwhile, Mom had become a teacher, had begun teaching in a one-room schoolhouse, and lived for her “fly-boy’s” furloughs. On June 12, 1943, they met in St. Louis, Mo., ran down the street (yes, a long gown and a dozen roses clutched in her hands), and got married. Two days together and Dad was shipped overseas to Bungay, England, with the 8th Air Force, 707th squadron, 446th bomb group. He was commissioned as a 2nd Lieutenant.

He flew in the biggest air raid over Berlin in the history of WWII. He was a navigator and flew the famous Liberator, B-24 (Goin’ My Way?). They had missions all over Nazi-occupied Europe. Right off the farm, scared to death, flying in sub-zero temperatures; those leather jackets were not issued just to look cool. It was really cold in a B-24. For the rest of his life, he blamed the poor circulation in those huge hands of his on frostbite during the war.

He came home in 1944 and began a farm of his own, but Mom’s family had come to Washington, and the young couple decided to make the trip too. By this time they had four children. They settled in Burlington, Wash., and Dad went to work on a farm. The work was hard and the days were long. They moved to Marblemount, Wash., soon after, and have lived there since that time. He worked at several places, and then went into a logging business.

After several years, he began a contracting business, and Roetman Construction was born. He built many of the local state parks, and many buildings, water systems, etc. In the meantime, after 40 years of marriage, he lost Mom. She died in 1984.

In February 1997, he married Rose Casarez of Blythe,



Calif., and they lived in Quartzsite, Ariz. He met Rose the same way as he met Mom: One look and she walked out of the American Legion Club in Blythe with Dad, infatuated with the handsome old guy in the cowboy hat. But April 1 would come around, and he longed to get back to his beloved Marblemount, and fish and hunt, and work. Then after Thanksgiving, he would take off for the winter to Arizona.

Dad outlived three of his children. That was difficult for him. He never really recovered after Gary’s passing two years ago. They had worked together and lived together for many years.

He retired two years ago, really, but still did the odd job around town up on that backhoe. Thanks to the Clark family, he was getting up in the morning, whistling while he went out the door, backfilling that water system at Clark’s Cabins. So happy to be “back in the saddle again.” That was just two months ago. How many people would hire an 88-year-old guy to do that? He was always busy, ran when he could have walked just as well, and had the stamina of a much younger man until age finally came knocking at his door. All of a sudden, my big, strong, larger-than-life daddy got old. And it was hard to witness, because he never gave up. He still tried to do it all. He was a child of the Great Depression, and life was hard when he was a child. He never liked waste of any kind after that. He was a member of “The Greatest Generation,” and they didn’t call them that for nothing! Hardly ever without the cowboy hat, he was still the boy off the farm right until the end. He worked hard, played hard, and loved hard. He had a positive outlook, and always tried to find the best in people.

He became very ill suddenly, and was gone in just five days. I laid my head on that big chest for the last time and heard his last heartbeat, and I let my old cowboy go. He was my protector, my confidant, and my daddy. I will miss him forever.

He is survived by his wife, Rose Casarez Roetman, of Blythe, Calif.; a daughter, Vicki (Mike) Frank, of Concrete; four grandchildren, Tim Roetman III and his wife Shanon, Dianne Aamot and her husband Doug, Michael W. Frank and his wife Kimberly, and Danielle Frank; seven great-grandchildren, Ian Roetman, Justin Roetman, Owen Aamot, Gianna Aamot, Jocelyn Krieg, Ethan Frank, and Isabella Frank; two brothers, Marinus Roetman Jr. of Akeley, Minn., Alvin Roetman of Zimmerman, Minn.; a sister, Katherine Elmes of Anchorage, Alaska; and stepchildren Ida Marie Peebles and her husband Bob, and Ray Armenta and his wife Sarah.

He was preceded in death by his parents; his first wife, Dorna; his daughter, Dianne Roetman; sons Tim D. Roetman Jr., Gary Roetman, and an infant son Terry Roetman; and his brother, Jacob Roetman.

A Life Celebration Memorial Service was held Fri., Oct. 15, 2010, at 1 p.m. at Shepherd of the Hills Lutheran Church in Concrete with Pastor Marcus Stroud officiating. Memorials are suggested to the Doug Voss Memorial Scholarship Fund c/o Summit Bank in Concrete.

Arrangements and Cremation are under the care of Lemley Chapel, Sedro-Woolley. Please share your memories of Tim and sign the online guestbook at www.lemleychapel.com.

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Sheriff’s blotter

October 14

A 54-year-old Hamilton woman was contacted by a deputy because she had two outstanding misdemeanor warrants for driving with a suspended license. The jail was too crowded; the woman was given a new court date and released.

October 14

A Sedro-Woolley caller reported a yellow sports car whose driver appeared to be stealing mail. A deputy located the car in the area and determined the driver was delivering newspapers.

October 13

A deputy on routine patrol in Birdsview discovered a wide-open door at a government building. Deputy checked the building and determined nobody was present. It appears the door was left open accidentally. Nothing was missing. Deputy secured the building.

October 12

A Sedro-Woolley caller reported he had a trailer and the person he bought it from was threatening to have a couple of his “bros” come over and beat him if he did not pay the \$4,000 for the trailer. Caller was concerned. Deputy advised the caller to call if anyone showed up at his house to make good on the threat.

October 11

A Cape Horn caller reported that he was in a lot of pain. A deputy arrived to find the man crying and saying his stomach hurt. The man refused medical attention, so deputy advised him there was nothing he could do. The man then started to threaten suicide, so the deputy took him in for a mental health evaluation.

October 10

A Hamilton caller reported a fight outside a bar. Deputy arrived to find a man and woman who said the woman’s ex-boyfriend had punched and kicked them. They had bruises and abrasions. A few days later, the deputy located the 22-year-old Concrete male suspect; he was cited for two counts of 4th-degree assault.

October 9

A Lyman caller complained about harassing phone calls from a young male making obscene comments. The caller did not recognize the voice. Deputy tracked the number and determined the caller was a 13-year-old boy, whose parents were to deal with the issue. No further problems expected.

October 8

A deputy stopped a pickup truck for speeding in Rockport. Deputy smelled marijuana odor. Driver was a 45-year-old Arlington man who showed deputy a small amount of marijuana in the truck’s

glove box. Driver was cited for possession of marijuana and warned on speeding violation.

October 3

A Marblemount caller reported a fire in a building. The fire was extinguished. A 52-year-old Illinois man was found deceased in a bed inside the home. Fire appeared to be accidental. Fire marshals assisted Sheriff’s Office with this investigation.

October 2

A Concrete caller said he and his new girlfriend were getting unwanted text messages from his ex-girlfriend. Deputy contacted caller and suggested he contact his ex and tell her to stop, to see if that solves the problem.

October 1

A Concrete caller reported a 53-year-old Concrete man violated a no-contact court order with a female friend of the caller. Deputy contacted the man at his home; he denied being at the house. Deputy took eyewitness info, then arrested the man for Violation of a No-contact Order and booked him into jail.

September 30

A Hamilton caller reported a white van had been parked near an intersection, and the woman driver and a dog had walked away from it. Caller believed the van was blocking the road and causing a hazard. Deputy checked and found the van belonged to a woman who was attending a nearby funeral. The woman said she would move the van and warn other funeral attendees to be careful where they park.

September 29

A Lyman caller reported she was aware that two people had been evicted from a residence and was concerned for the animals left behind. Animal Control Officer investigated and found two beagles on a leash outside, with water but no shelter. They also were getting tangled in their leash. Animal Control Officer could not get into the house to determine the condition of the cats. Later that day, the owner of the animals called and said they would remove the animals.

September 28

A Birdsview caller at 4:05 a.m. reported seeing someone outside with a flashlight. It appeared the person was prowling cars. Deputy arrived in the area to find no one around and no cars broken into.

September 17

A deputy in the Grasmere area found a man walking around a convenience store late at night. Deputy tried to talk to the man, who became very agitated. Eventually, the man walked away and the deputy determined there was no problem

at the store. Later, the wandering man called 911 to claim he was questioned by a person who was impersonating an officer and shining a light in his eyes.

September 16

People at Mears Field (airport) in Concrete confronted a man at the airport about using his car on the taxiway for planes. The man said he had a right to drive on the taxiway in order to get to his hangar. Words were exchanged and the man “peeled out” on some nearby grass. The parties involved were advised that this is a civil problem for the airport administrator, who should talk to the man.

September 13

A Rockport caller complained about a neighbor playing loud music in the very early morning hours. Deputy arrived and contacted the person, who said he had just bought a new unit and was trying it out. The man agreed to turn off the unit.

September 10

A squatter report resolved in Rockport.

Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender’s presence when, in the discretion of the agency, the release of information will enhance public safety and protection.

Dalling, Jeffrey Lynn

Age: 63
Race: W
Sex: M
Height: 5’09”
Weight: 175
Hair: Black
Eyes: Brown
Address: 83xx Cedar Grove Ave., Concrete



Dalling was convicted of third-degree child molestation in 1998. His victim was an 8-year-old female who was known to him; physical force was used. He also has an indecent liberties conviction from 1984; his victim was an under-14 female who was known to him.

Dalling is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

Source: Skagit County Sheriff



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Health



Safety tips for the holidays and cold weather

The holiday season is upon us, and the Northwest winter along with it. The American Red Cross offers some safety tips to prepare you and your family for a safe and enjoyable holiday season. As you travel during this holiday season, protect yourself against extreme weather conditions by preparing ahead of time. Exposure to cold can cause injury or serious illness, including frostbite and hypothermia. The likelihood of injury or

illness depends on such factors as physical activity, clothing, wind, humidity, working and living conditions, and a person’s age and general state of health. But we can all be a bit safer with some forethought. Follow these tips to stay safe in cold weather and enjoy your holiday season.

1. Holiday traveling and winter can be a dangerous combination. Allow extra time when traveling. Monitor weather conditions carefully and adhere to travel advisories.
2. Keep a winter storm survival kit in your car. This should include blankets, food, flares, chains, gloves, and first aid supplies. To purchase a disaster or emergency road kit, go to

- the Red Cross online store at www.redcrossstore.org.
3. Designate a driver. When attending a party, always designate a nondrinking driver. If you are the host of a holiday gathering, be sure there are nonalcoholic beverages available.
4. Buckle up. During the holiday months, people travel more than ever. Wearing a seat belt is the easiest and best way to prevent injury in a motor vehicle collision. Ensure that all passengers also are wearing safety belts.
5. Always be careful with holiday candles. Avoid using candles during

parties. Take special care when burning candles and make sure they are never left unattended. Keep them away from decorations and other combustible materials. Do not leave children unattended in a room with lit candles, and always keep candles, as well as matches and lighters, out of the reach of children. Never display lighted candles in windows or near exits.

6. Decorate only with flame-retardant or noncombustible materials. If guests will be smoking, provide them with large, deep ashtrays.

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Is lead bogging your brain?

Screen yourself *and* your kids with a hair analysis.
By Karl Mincin

Despite years of progress in reducing lead contamination in the environment, this pervasive heavy metal toxin stubbornly refuses to break down, remaining a hidden threat to the developing brain and thinking ability of children.

Bruce Lanphear, M.D., M.P.H., of the Children’s Hospital Medical Center of Cincinnati and fellow researchers have discovered that blood levels of lead even well below the level currently defined as toxic (greater than 10 parts per billion) in children are associated with poorer cognitive skills. Lanphear’s team evaluated 4,853 American children between ages 6 and 16, and found that as blood lead levels rise, starting at concentrations as low as 2.5 parts per billion, scores for reading, math, and other basic skills significantly drop.

Contributing factor to delinquency? Psychiatrist Herbert Needleman, M.D., of the University of Pittsburgh, along with other researchers, has presented strong evidence that lead exposure is an important risk factor for juvenile delinquency. Compared to a group of controls, youths arrested and charged in a local juvenile court had bone lead levels that were, on average, nearly seven times

higher than their peers. Higher lead levels made males twice as likely, and females almost eight times more likely, to be arrested for delinquent behavior.

“Early lead exposure accounts for between 11 and 37 percent of arrested delinquents,” Needleman and his colleagues’ study asserts. Reducing lead exposure should be a primary prevention strategy against delinquency in adolescents, Needleman and his colleagues argue.

Parental education would undoubtedly play a strong role in such a prevention program. According to a survey by pediatrician Hans Kersten, M.D., of Saint Christopher’s Hospital for Children in Philadelphia, this education is very much needed: His interviews with more than 240 parents of young infants in suburban and inner-city locations alike uncovered little more than a basic knowledge of lead exposure and poisoning.

Analysis effective Analysis of hair, blood, and urine analyzes short- and long-term exposure to lead and other toxins, as well as nutrient adequacy, for a thorough assessment of major minerals in the body affecting behavior, mood, and thinking ability. Hair testing is also especially helpful for monitoring the effectiveness of treatment and preventive therapies.

Karl Mincin is a clinical nutritionist in practice locally for 25 years. He specializes in nutrition assessment testing and may be reached at 360.336.2616 or online at www.Nutrition-Testing.com.

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Historic newsreel footage to be shown

By Cheri Cook-Blodgett

An evening of historic Northwest movie newsreel footage, plus a sneak preview of a new film about the 1911 Mount Baker Marathon, are scheduled for Sun., Nov. 21, at 6:30 p.m. at the Concrete Theatre. A suggested donation of \$5 will benefit the Concrete Heritage Museum Association, which is sponsoring the event.

Guest hosts Todd Warger and David Lowrance edited and produced this rare video, featuring the work of Northwest resident Will E. Hudson, one of the first newsreel cameramen in the nation.

The Whatcom Museum of History & Art provided archives of Hudson’s film footage.

The video begins with scenes from the 1909 Alaska Yukon Exposition in Seattle and continues through 30 years of action film clips, including polar expeditions, Native American canoe races, climbing on Mount Rainier, Boeing B-17 prototype flights, salmon fishing with horses on the Columbia, tree-topping Cascade lumberjacks, construction of Grand Coulee Dam, and more.

The evening will continue with previews from “The Mountain Runners,” a 2011 documentary film re-creation of America’s first endurance race, the Mount Baker Marathon of 1911. Participants raced by

a combination of auto, train, and foot to the 10,778-foot summit, then back to Bellingham for a prize purse of \$100.

Warger and Lowrance will describe their research and filming challenges, and field questions. Mountain Runner hats and sweatshirts will be available for sale. For more information, go to <http://themountainrunners.com> or www.familyhistoryvideos.com.

For more information about this event, call 360.853.8533.

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Smile



Dwelleysms

Wit from the Herald's former editor

“Buying a new car is like gypsy trading these days. The object is to get the best of the other guy, whether or not you really need something better and more expensive.”

“Too many wished-for ‘green thumbs’ are not full color. They pale when used to turn pages of too many expert treatises on ‘how to.’”

—May 25, 1966

“Ever notice how a lot of facts are just rumors that came true?”

“Consider the poor space-age lovers of a few years hence when the moon becomes nothing but a piece of real estate.”

“The only trouble with minimum wage laws is that they don’t spell out a maximum effort quota.”

“The ultimate has been reached: You can now get a bank account on a credit card.”

—June 1, 1966

“A panty raid at the University of Washington is heartening. Maybe some of our college boys are not the same sick, dismal protesters after all.”

“Speed may not cause accidents, but you can get to the place where they are going to happen on time.”

“Next to talking about things that should be done, people like best the myth that somebody else is shirking the job. Apathy often appears so entrancing that we feel it shouldn’t be allowed to be practiced in public.”

“Blessings are old-fashioned. When pressed with troubles, just sit down quietly and add up your fringe benefits.”

“To young adults who have not yet reached the martini stage, happiness is a dry baby.”

—July 20, 1966

“Heaven help Aunt Zedibel! Fruit jelly that gets a zing in it has been ruled subject to the state liquor laws. A zing of 3.2 percent alcohol could conceivably cause arrest for serving minors and prevent the ladies from sitting at the breakfast bar.”

“The state made a \$10 million profit on

Public Service Announcement



By Stig Kristensen

its liquor sales the past year. The curse of drink is losing its sting as a threat to society.”

“Drive like you don’t have to go, and you won’t.”

—July 29, 1966

“A lot of people have problems that could be eased by a psychiatrist. The big trouble is that if anybody is going to say they are balmy, they’re not going to take it lying down.”

—July 13, 1966

“Some of the best ideas for raising a kid right were worked out on the backside of a tight pair of britches.”

“They keep talking about tight money. Must be somebody else’s. Ours is so loose it won’t stay in our keeping long enough to count.”

—July 27, 1966

“They can’t raise the speed limit much more. Maybe they’d better shorten the mile.”

“One of the lesser mistakes our hectic society has led us into is trying to put a price tag on faith.”

“Sometimes it appears that man’s fear of death is not half as great as being embarrassed by becoming involved in an unpleasant situation. So he steps on the gas instead of the brakes.”

—Sept. 21, 1966

“When all efforts fail, try a fresh approach: Do it right.”

—Sept. 14, 1966

“All this fuss about diet. Come to think of it, fat people are the only ones who are going to take it with them.”

—Aug. 31, 1966

Concrete Harold

By Joyce Harris



Broadband, cont. from p. 4

Nelson, Wide Area Network Manager for Skagit Valley College, in conjunction with the KSVR folks who are bringing a new local radio station, KSVU, to the east county, explained their need for a quality broadband connection to feed our new broadcast radio tower from the studios in Mount Vernon.

Van explained that Frontier is moving as quickly as possible to gain a full understanding of the status of equipment throughout their new service area. The company will then begin upgrading equipment and services. Some easily upgraded areas will see improvements within a few months. Other areas will take more time, but work will progress steadily. Some areas are simply too isolated for DSL, but more areas will be served within our lifetime, and areas that already have DSL will see some improvements as older equipment is upgraded.

One regulatory change will work to our advantage. The “Universal Service Fee” that is a part of all of our phone bills, has until now been used only to support improved phone service in rural areas. Now that fee can be used by companies such as Frontier to help pay for improved broadband access in areas where the free market might not justify investment. Still, Frontier must choose where to invest resources from a great many underserved areas, and areas with the most potential customers will naturally appeal to them.

Volleyball, cont. from p. 7

Christian squad 3–0 to advance to bracket play, facing Mount Vernon Christian. The Lions lost in straight sets and continued on in the Losers side of the bracket.

Facing the Orcas Island Vikings for the second time that week, Concrete looked to take advantage of a team playing its third straight match in a row on Saturday. The end result would send the winners to the seeding match for 3rd and 4th place to Bi-Districts, and the losing team would be done for the season.

The Lady Lions played tough and kept the games close, with many second- and third-chance efforts to keep scattered balls in play. However, they fell short in three straight sets to the Vikings; 16–25, 16–25, and 15–25. Serving helped to keep the Lions squad close: They served over 90 percent on the day over a three-game span.

“We had the opportunity to go to the playoffs,” Williams said, “but we just couldn’t put it all together.”

The Lions finished the season going 1–2 at the League Tournament. The outlook on

next season is bright, as the squad returns a talented core of girls and has more waiting in the wings to step up and fill the shoes of those leaving.

“There are many things we need to work on and improve next year,” said Williams. “But we’ll take the same approach on each area with that team, all just one step at a time.”

Center, cont. from p. 11

Seniors who are not able to donate are still welcomed and fed for free. Anyone younger than 60 may come and eat for \$6, a great bargain in this economy.

As for rentals, the fee for the main room or library is \$10 per hour with a \$300 refundable damage deposit. For large groups (40 or more), there is a monitor fee of \$12 an hour in addition to the rental fee. The center does not rent its kitchen, nor does it allow smoking or alcohol in the facility. Use of the center for political reasons also is not allowed.

Concrete Senior Center is open from 8 a.m. to 3 p.m. Monday through Friday, so for quality activities, food, and fellowship, head to the center.

Warner, cont. from p. 15

job and represented her age group in a sophisticated way.”

The challenge

Family friend Heidi Crosson, herself a triathlete, was the one who lit an enduring fire under Warner. She challenged Taylor, Eric, and oldest daughter Kylee to do a triathlon in August 2009.

“It clicked for Taylor; she wanted to do another one,” said Eric. “So we did another one three weeks later. Ever since then, we’ve been doing it,” he said.

Taylor’s mom, Mandy, was encouraged by their efforts and today, endurance running has become a Warner family affair. It shouldn’t be too long before the youngest Warner, Heather, straps on her running shoes.

The race

The day after the GOTRIBal conference, Taylor competed in the U.S. Women’s Triathlon series triathlon, which also took place in San Diego. She swam .75 kilometers, biked 20 kilometers, and ran 5 kilometers. She finished with a time of 1:29:52, capturing second place in her age bracket.

“She’s a speedy little chickadee,” said Maslach.

Eric admitted he watched the race with a little trepidation. “She’s never swam that far before; it’s hard to train for swimming. I was just happy that she didn’t drown

out there. Not drowning is a ‘win’ in my book,” he said.

Not only did Taylor not drown, she took back ground she’d lost during the swimming leg of the race and passed one of the competitors in her age bracket.

Results that last

Endurance racing has done more for Taylor than bring her to peak physical condition. It’s given her confidence that she brings to every other area of her life. She practices discipline while training for triathlons and other long-distance contests; that focus and determination also should transfer to other endeavors.

Eric appreciates the ripple effect Heidi Crosson’s encouragement has had on his family. “It took one person—Heidi—throwing out that challenge, and it’s made a difference,” he said.

KSVU, cont. from p. 15

that’s being used to bring the project to fruition.

A temporary strategy

Local studio space remains a movable target, so Robbins has decided that in the interest of getting the station up and running before the grant money deadline arrives, he’ll get the broadcast infrastructure in place and run the station from the KSVR studio at SVC. This should buy him some time to find a suitable studio space farther east, preferably in Concrete.

“We’re putting this thing together during everybody’s spare time. It made a lot of practical sense to reduce our challenges. The FCC permit expires April 1, 2011, and the grant money runs out in a similar timeframe. So by forfeiting the building of the studio for now, we can focus on getting the signal up, and satisfying and closing out the federal grant. Then we can turn our attention to program production and looking for a space in Concrete,” said Robbins.

Robbins said the best studio space will be one that is secured, lighted, and heated, has a handicap-accessible bathroom, and one that allows them to add soundproofing materials and additional utilities—such as the Internet—as necessary.

For now, though, he’ll aim at the baseline: getting the new station on the air from the Mount Vernon studio.

“When we turn it on, we won’t have any local programming in place, but I think when we turn it on and people hear the localized identity, I think the potential will become obvious for east county residents,” said Robbins, who hopes those residents will get involved with the station, even taking turns behind the microphone.

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Football, cont. from p. 6

a kickoff for 75 yards, which led to one of the scores. Senior DJ Mitchell had an outstanding night, catching two passes for 106 yards and a TD as Clark passed 6–12 for 161 yards.

With the win Thursday night at Darrington, the co-league championship will be wrapped up with the first playoff game likely to happen on Friday night, Nov. 12, or Sat., Nov. 13.

The last time Concrete made it past the first round of the state playoffs came in 1997. Come out and cheer the Lions on in their quest for the Tacoma Dome.

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