

# The Voice of Eastern Skagit County Concrete Herald

Vol. 94, No. 10

October 2011

50 cents

## One year later ...

On Oct. 2, 2010, a woman separated from her friends while hiking on Sauk Mountain. She hasn't been seen since. A year after her disappearance, family and friends still wonder:



## Where is Patti Krieger?

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Main Street** Page 4

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*Published the first  
Wednesday of each month*

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# Concrete Herald

The Voice of Eastern Skagit County

Jason K. Miller, publisher and editor 360.853.8213 / editor@concrete-herald.com

Concrete Herald owes its success to volunteer contributors from Sedro-Woolley to Diablo. **Cartoonists:** Joyce Harris, Stig Kristensen, Jonathan Carter; **Proofreading:** Katy Tomasulo; **Ad Production:** Lynn Jefferson; **Bookkeeping:** Upriver Bookkeeping Services. Local contributors are welcome: call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.

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Concrete Herald is published the first Wednesday of each month and distributed via newspaper racks and retail businesses from Sedro-Woolley to Newhalem, Washington. A complete list of distribution points is posted online at [www.concrete-herald.com/about-the-herald/distribution-points](http://www.concrete-herald.com/about-the-herald/distribution-points). Mail subscriptions are \$26 annually for U.S. addresses, \$38 for Canadian addresses. Other subscription options are listed on the "Subscribe" page at [www.concrete-herald.com](http://www.concrete-herald.com). Physical address: 7674 Cedar Park, Concrete, WA 98237. POSTMASTER: Send address changes to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Printed with pride by The Daily Herald, Everett, Wash., using soy-based inks. Contents © 2011 Concrete Herald LLC.

## Guest editorial Capital budget "wants" sacrifice "needs" in state operating budget

By Rep. Dan Kristiansen

As a member of the House Transportation Committee, I am often asked how the Legislature can spend millions of dollars on highway projects when it cannot afford to pay teachers. The answer is simple: Money spent for state and local highways, ferries, motor vehicle registration, and enforcement comes from the state transportation budget. Its primary sources of funding are the state gas tax and license fees.

Teachers are paid from a separate pot of money—the state operating budget—which also funds the general day-to-day operating expenses of government, such as state agencies, colleges and universities, and public schools. Employee salaries and benefits, including those for teachers, are typical operating expenses. Funding for the operating budget comes primarily from the retail sales taxes, business and occupation taxes, property taxes, and real estate excise taxes. The operating budget received the most press attention during the legislative session with stories about the "deep deficit."

The transportation and operating budgets are independent from one another. When we pay for a road project, it does not take from money used to pay teachers or the general government operating expenses.

That is not the case with the state's third budget—the capital construction budget. The capital budget provides for construction and repair of state office buildings, public schools, facilities at colleges and universities, prisons, parks, and recreational facilities. While it has no ties to the transportation budget, more than half of the capital budget is funded by state general obligation bonds (money borrowed by the state) that are paid back over time with interest from the operating budget.

Bonds are like a mortgage. Let's say you purchase a home on a 25-year loan at 6.5 percent for \$100,000. The interest over 25 years will be nearly \$103,000, meaning



See Editorial, p. 39

# Opinion

## Letters to the editor

### Running Start a smart move

I am currently a junior at Concrete High School and enrolled in Running Start.

It is my opinion that juniors or seniors should enroll in Running Start. This program is free of tuition, but students must buy their own books and provide their own transportation. Running Start allows a student to have two years of college credit, as well as high school credit. If a student wants to go to a four-year college, he or she can get a transfer degree and graduate from high school at the same time, which is what I am doing.

Fall quarter started Sept. 19, and I am very excited for the year! The professors I have met are very kind and are willing to help with everything a student needs.

I recommend that high school students take this opportunity.

Hayden Holbrook  
Concrete

### Youth Dynamics makes a difference for high school youth

For almost 18 years, Youth Dynamics has been working to make a difference with high school students in the upper valley, first under the leadership of Paul and Shari Loeffler, and for the past 13 years under Kevik and Marta Rensink.

Tireless in their efforts to reach our teens with the gospel of Jesus Christ, this volunteer couple and their all-volunteer staff meet with high schoolers every Monday evening and many weekends between September and June. During these encounters the staff plays with, prays with, shares with, and counsels local teens, all in the name of Christian love.

Some outings find them rock climbing on the east side, white-water rafting on the Wenatchee River, or kayaking in Central Oregon. Closer to home they play Capture the Flag in a local cow pasture or endure the "Thirty Hour Famine" to raise money for World Vision. Or, you might find them in the school gym at the "Rave" illuminated only by glo-sticks, or at another teen special event known only as "Grasshopper." Strange stuff to those of us over 50. But to teens it's a way to meet together, have fun, and hear the gospel.

More than that, lives are being changed. Grades go up, discipline issues go down,

and many young people find the family that they never had. Praise the Lord!

Joe Shepherd  
Concrete

### Thanks to garden volunteers

The perimeter fence at the Angele Cupples Community Garden in Concrete got a second coat of stain during three separate work days in September.

Working together, volunteers from the area wielded brushes and tackled the formidable task. Counting both sides, about 1,316 feet of fence needed to be stained. The volunteers stained 987 feet. Amazing! With this second coat of stain, the fence should withstand our weather extremes for four years.

A heartfelt thank-you goes to the volunteers, some of whom showed up for more than one day: Bill Pfeifer, Josiah Martin, Ashlee Evans, Sue Buescher, Dan Buescher, Brandon Pratt, Eric Pratt, Frank Knight, Austin Herauf, Cameron Herauf, Stephanie Morgareidge, Jocelyn Hernandez, Anthony Moran, Shelby Pratt, James Morgareidge, Emily Holder, Elyjah Vialpando, Chaz Holder, and Dallen Ross.

Weather permitting, the remainder of the fence will be stained during the week of Oct. 10 or 17. Join Facebook and watch the *Concrete Herald* Facebook wall for notices of staining parties. And remember: Many hands make light work!

Jason Miller, co-manager  
Angele Cupples Community Garden  
Concrete

### Blade Chevrolet, volunteers contributed to Project Homeless Connect

On behalf of Skagit County Community Action Agency and the East County Resource Center in Concrete, I offer a special thank-you to Jon Kowalczyk, manager of Blade Chevrolet, for the use

See Letters, p. 3

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Letters of 200 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to [letters@concrete-herald.com](mailto:letters@concrete-herald.com). Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.



of two beautiful, brand new SUVs to shuttle folks from eastern Skagit County to the Project Homeless Connect event at Skagit Valley Community College on Sept. 8. Blade Chevrolet's willingness to help those in need of services was a great gesture and very much appreciated.

John Boggs of Concrete coordinated the shuttle service, drove one of the SUVs, and arranged for four pick-ups and returns from Marblemount, with stops along the way. He is a great volunteer and very much appreciated in the east county area.

Bill Sullivan of Concrete drove the other SUV and offered our clients transportation that otherwise may not have been possible.

Thank you all so much for your help.

*Lou Hillman, coordinator  
East County Resource Center*

### Saturday Market helps museum

The Concrete Heritage Museum thanks the Concrete Saturday Market for all the help, advertising, and baking for the bake sales they sponsored for us. With everyone's help, we are getting closer to having a bathroom in the museum.

*Robin Wood, president  
Concrete Heritage Museum  
Concrete*

### Gratitude for Giecek

Imagine Concrete Foundation is the proud recipient of an original linocut created by Arlington artist Ed Giecek. The image graces the center of the foundation's logo (see p. 20).

Giecek, who owns property across from Sauk Mountain on the south side of the Skagit River and is a Birdsvew Brewing Co. regular, donated his work to the foundation. Concrete designer Carol Pando incorporated the linocut into the logo.

Thank you, Ed.

*Jason Miller, president  
Imagine Concrete Foundation  
Concrete*

### Heroic youths saved my life

I want to thank the four young men who kicked down my front door, woke me, and led me to safety when my house burned on Sept. 23. These young heroes are "Mitch" Todd, Tyler Post, Caleb Omstead, and Taylor Sterne.

I had fallen asleep on my couch and never would have woken up. Those kids very politely escorted me out of my burning house, and they really did save my life. They deserve a plaque.

Thank you.

*Miechelle Herrera  
Concrete*



## House fire uproots three; young men save homeowner

Concrete and Grasmere fire departments responded to a single-family house fire in Concrete the evening of Sept. 23.

The blaze was first noticed at about 10:40 p.m. It destroyed the structure, located at 45501 Main St. at A Ave. in Concrete. The fire appeared to have been

electrical in nature, and started in the attic area at the back of the two-story building, according to Concrete Fire Chief Rich Philips. The fire's heat severed the connections of an electrical service at the north peak of the house, causing the electrical wires to fall across A Ave., throwing sparks up to 20 feet.

No lives were lost in the fire, thanks to quick responses from four Concrete young men. Anthony "Mitch" Todd, 20; Tyler

See Fire, p. 38

## This October, high spirits in Concrete

### Sixth annual Ghost Walk runs all five Saturdays.

For a fun, fanciful, and slightly frightening look at the spirited history of Concrete, join in the sixth annual Concrete Ghost Walk, sponsored by the Chamber of Commerce, Concrete Heritage Museum, Concrete Theatre, and *Concrete Herald*.

The Concrete Ghost Walk takes place on Saturdays, Oct. 1, 8, 15, 22, and 29, beginning at 6 p.m. at the Concrete Theatre, 45920 Main Street in Concrete. Participants must be 13 years of age or older; all minors must be accompanied by an adult.

The event features a brief presentation in the theatre, followed by a tour along Main Street to meet some of the characters from the past—the spirits of whom many people believe still exist in the community. One example is Mrs. Henry Thompson, whose husband was the Skagit County Commissioner responsible for the building of the Thompson Bridge, which spans the Baker River. Now some 80 years later, the ghost of Mrs. Thompson

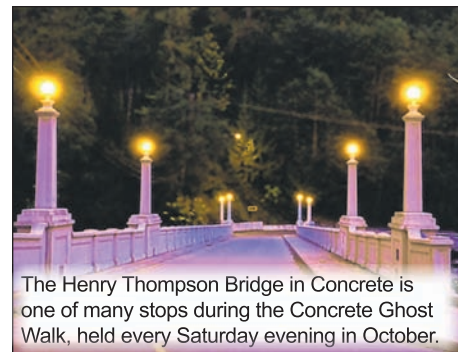
appears, telling the story of the "haunted Thompson Bridge."

The Ghost Walk also includes information gleaned from paranormal investigations over the years, as well as the inexplicable phenomena reported by current residents and building owners.

The event is held regardless of the weather and involves walking for an hour or more, so participants should plan accordingly.

Reservations are required. Cost per person is \$10; checks should be made payable to Concrete Chamber of Commerce and mailed to P.O. Box 743, Concrete, WA 98237.

For more information, call 360.853.8784 or e-mail [concreteghostwalk@mac.com](mailto:concreteghostwalk@mac.com).



The Henry Thompson Bridge in Concrete is one of many stops during the Concrete Ghost Walk, held every Saturday evening in October.

## Dana Lyons returns to Concrete Theatre Oct. 9

Singer/songwriter Dana Lyons from Bellingham will perform in concert on Sun., Oct. 9, at 3 p.m. at the Concrete Theatre, 45920 Main St. in Concrete.

Best known for his outrageous hit songs, "Cows With Guns," "RV," and "Ride the Lawn," Lyons is making Concrete one leg of his "Three Legged Coyote" tour.

Lyons' music mixes comedy, ballads, and love songs. His sharp wit and rich voice have him performing at concert halls, festivals, conventions, fundraisers, and universities across the U.S. and around the world. His music style includes a bit of everything; his biggest radio hit, "Cows With Guns," receives crossover radio play on country, rock, alternative, community, college, and oldies radio stations worldwide.

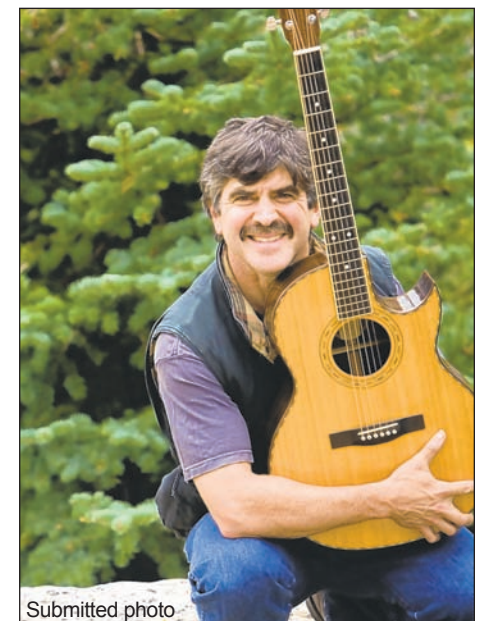
Lyons has eight releases to date, including his latest, "Three Legged Coyote," on which this tour is based.

Concrete Theatre owner Valerie Stafford said that when Lyons performed in Concrete last year, many people were sorry to have missed him.

"You don't want to miss him this year," Stafford said. "We need the community's

support to be able to offer live performances of this caliber in Concrete."

Tickets are \$10 in advance, \$12 at the door. Mail checks (payable to Concrete Theatre) to P.O. Box 954, Concrete, WA 98237, or purchase at the theater during regular weekend movie hours. For more information, go to [www.concrete-theatre.com](http://www.concrete-theatre.com) or call 360.941.0403.



Submitted photo



## First steps toward revitalization

A group of 20 business owners from the Concrete area met Sept. 9 to discuss economic development in Concrete Town Center and the surrounding region.

Facilitating the Concrete Main Street Revitalization Workshop was Eric Archuletta of Community Stew, the Arlington-based nonprofit organization to which Concrete Town Council recently gave the go-ahead—on Community Stew's own dime—to develop a strategy for revitalizing Concrete's economy.

Archuleta focused on Concrete Town Center, calling it “the lynchpin to a community.”

“By revitalizing your Main Street, it gives people an opportunity to go there for one reason and stay for another,” he said. “If a town has a healthy Main Street, all businesses will profit from it and prosper because of it, even if they’re not on Main Street.”

Archuleta's presentation discussed why Concrete should care about its town center, why a healthy Main Street is important, and what a healthy downtown core can do for a community.

A four-point method can revitalize Main Street, according to Archuletta, who holds a degree in environment and community:

- **Organize:** Establish consensus and cooperation by building partnerships among the various groups that have a stake in Concrete's Main Street.
- **Design:** Get Main Street into top physical shape and create a safe, inviting environment for shoppers, workers, and visitors.
- **Promote:** Sell the image and promise of Main Street to all prospects. Rekindle a positive image that will inspire community pride and improve consumer and investor confidence in the commercial district.
- **Economic restructuring:** Fully understand the social and economic characteristics of the downtown and its trade area so as to implement a



strategy that will retain existing businesses and recruit new businesses.

Archuleta laid out guiding principles and culture elements for attendees to consider moving forward; described the winning approach to economic development that the town of

Independence, Ore., has taken; and discussed concepts like economic gardening, an entrepreneurial approach to economic development that seeks to grow the local economy from within.

Representatives from Concrete's government and staff were conspicuously absent, attendees noted during the meeting. "Where is the town in this? Where are the council members?" asked one business owner.

That will need to change if Concrete expects to reach its full potential with regard to economic development, said Archuleta, adding that it is just one of three key players in a recipe for success.

[www.concrete-herald.com](http://www.concrete-herald.com)

The town should enforce its ordinances, such as building or public safety issues. It should examine its process and procedure for start-up businesses to determine if they're cumbersome.

The Chamber of Commerce should create a network of support for its members, give them the information they need, and host appropriate workshops. It can help to create new entrepreneurs by giving them the information they need and making sure they have a good business plan that will keep them afloat instead of closing down in six months.

The locals should support the businesses. "People have to get it into their heads that buying local is beneficial to them," said Archuleta. "There's a perfectly good hardware store in downtown Concrete, but people have it in their heads that they have to go down to Home Depot to get something more cheaply. When you add up gas and time, however, it would be cheaper to buy local."

“Buying local creates more businesses and more jobs. If Cascade Supply has more people coming through its doors, the owners might have to hire one or two more employees. And maybe they start thinking about expanding,” said Archuleta.

"This is not just an idea," he said. "The people at that meeting were engaged and ready to go to work."

In October, Archuletta plans to form a steering committee to develop a plan that all stakeholders can follow. He will present the Sept. 9 content to the Concrete Chamber of Commerce on Oct. 13.

—*J. K. M.*

## Town Park renamed

Town Park has a new name.

The popular recreational space in the shadow of the old high school and gymnasium at the west end of Concrete Town Center was renamed Veterans Memorial Park during the Aug. 22 Concrete Town Council meeting.

"I think we can do better than 'Town Park,'" said Councilman Paul Rider, who for weeks had pushed for the renaming and brought a list of suggestions to the meeting.

Rider, a staff sergeant and photo-journalist with the Air National Guard's 194th mission support wing at Camp Murray, is keenly aware of area veterans and current military members' contributions to their country and east county towns. Earlier this year, he secured a grant for \$2,000 for Town of Concrete to erect a flag pole in the park for what eventually will become a memorial to the town's military service members living and deceased (see photos, p. 20).

Rider's vision would see the south and west sides of Veterans Memorial Park incrementally built out with grant funds to include memorial trees and plaques for military members who gave their lives in defense of the United States.

## Fall Color Photo Workshop

The Skagit Valley Camera Club and the Concrete Chamber of Commerce will host a Photography Workshop Oct. 8, from sunrise to sunset, in Concrete.

For photographers of all skill levels, the workshop is the second installment of "A Day in the Life of Concrete."

Professional photographer Matt Brown of Anacortes is the workshop instructor. Participants can expect to learn tips and techniques for composition, exposure, portrait photography and more. The event will be held rain or shine.

The workshop begins at 8 a.m. at Concrete Theatre in Concrete Town Center. Workshop fee is \$35 per person, \$50 per couple, and \$10 for students 16 years or older. To register, contact Chamber President Valerie Stafford at 360.466.8754 or [chamber@concrete-wa.com](mailto:chamber@concrete-wa.com).

For information about Concrete, go to [www.concrete-wa.com](http://www.concrete-wa.com).



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## Council summary

Concrete Town Council met for regular meetings Sept. 12 and 26. The following is a summary of topics addressed during those two meetings. Complete minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).

### Sept. 12

- Town attorney David Day reported on his efforts to resolve the situation with the piles of ground-up concrete on Jack Clifton's property, which the town views as debris. Clifton's son, Ted Clifton, has stated the material is not debris, but a commodity. Day stated that this type of storage and/or selling of material is not allowed in the Town Center zone. He reported that once the town gets all the information to an Association of Washington Cities pre-litigation attorney for review and determines the actual enforcement provisions, it can proceed with litigation or fines.
- Speed bumps or rumble strips are being considered for Cedar St., between Superior Ave. S. and Concrete Sauk Valley Rd.
- There has been no change in status for the Burpee Hill road project. The town's engineering firm, Reichhardt & Ebe, is still waiting to hear back from the environmental reviewers with FEMA. R & E also has not received any feedback from the agency regarding preventive measures to ensure that no further damage is done to the subsidence-prone area if the town is unable to get it repaired before another winter.
- Concrete student Ashlee Evans was appointed to the student representative position on the Concrete Planning Commission.
- Council decided to use Movie Night funds to buy the vendor's outdoor movie equipment, plus some additional items, in order to bring that function in house, rather than renting it each year.
- Mayor Wilson was disappointed with the turnout at the Becky McCray presentation on Aug. 30, but stated that those who attended found it to be beneficial.
- Jack Mears reported that the construction of the two new hangars is progressing well. He also stated that the blacktop is finished and the rolling gate has been installed. Discussion ensued on the 2012 fly-in and the need for that event to get its own insurance.

### Sept. 26

- Public safety:** Mayor Wilson reported he had called 911 on three separate occasions recently, with great response time from the Sheriff's deputies. Mayor Wilson also reported on a call from a citizen regarding drug activity at certain houses in town. Mayor Wilson stated he spoke with deputies regarding this citizen's concern and they will be working together to get the issues resolved. Paul Rider stated there was a good response on the fire that occurred over the weekend.
- Town Council vacancy:** Andrea Fichter reported the deadline for submittal of applications was Sept. 30. She stated she had not received any applications. She also stated that Robert DiLeo had submitted an application after the deadline because his notice had arrived late in the mail. She also stated she will re-advertise and bring any applications, including Mr. DiLeo's, to the council at the Oct. 24 meeting.
- Parks:** Jason Miller will work with Alan Wilkins to relocate two bushes to Garden Club Park. He will also tag certain trees in that park so that Mayor Wilson can remove or prune them accordingly. Miller also is researching a replacement for the damaged concrete bench at the Silo Park playground, as well as a picnic table for the covered pavilion south of that playground. Alan Wilkins reported on the installation of the flag pole at Veterans Memorial Park.
- The state audit report is complete. An exit conference will be scheduled.
- Town Planning:** Jeroldine Hallberg reported on the Superior Building tour that will take place for potential bidders on Oct. 13. She will mail bid notices and discuss the contractor selection process further during the next HPLC meeting.
- Public Works:** Alan Wilkins reported on the quote he received for the repair of the Silo Park playground fence, which should be covered by the town's insurance. Alan reported they will put gravel around the base of the flag pole at Veterans Memorial Park. He also reported on the purchase of a tar pot for fixing cracks in the airport runway. He reported on a call from Enviroquip, during which he told them about the problems and issues they still are having with the wastewater treatment plant. He said they may make a site visit to assist in repairing problems and issues.

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## Hallberg named new town planner for Concrete

Former Skagit County planner Jeroldine Hallberg has stepped into the Town Planner position for Town of Concrete.

Hallberg replaces Rick Cisar, who served as town planner from November 2007 through Sept. 15.

Cisar will continue working on a very part-time basis on the major PSE projects already under way, so as not to disrupt the continuity of those efforts. He also will be available to consult with the Historical Preservation and Landmarks Commission, the Shorelines Master Plan efforts, and a possible campground on the west side of the Baker River, near its confluence with the Skagit River.



Hallberg



Cisar

## November vote looms for General Election

The next General Election will be held Nov. 8. Following is a list of east county and Darrington-area positions up for election or re-election, and the individuals who have filed for candidacy.

### Fire District 8, Commissioner Pos. 2

John E. Ruthford Jr.

### Fire District 10, Commissioner Pos. 2

Samuel L. Johnson

### Fire District 14, Commissioner Pos. 2

Patrick Curran, Brian Holmkvist

### Fire District 16, Commissioner Pos. 2

Donna Pulver

### Fire District 16, Commissioner Pos. 3

Kathy A. Henderson

### Fire District 19, Commissioner Pos. 2

Bob Garrison

### Fire District 24, Commissioner

### Pos. 2

Diane Holz, Dale L. Hamlin  
Fire District 24, Commissioner

### Pos. 3

Judith Nations, Dale Coggins

### Town of Concrete, Council

### Pos. 1

Jack Mears

### Town of Concrete, Council

### Pos. 2

David Pfeiffer

### Town of Concrete, Council

### Pos. 4

Marla Reed

### Concrete School District No. 11

Merlene Buller, Dir., Dist. 2

Gladys Silrus, Dir., Dist. 3

Tony Hansen, Dir. Dist. 5,

At-Large

### Cemetery District 5

Mary E. Johnson, Commission

### 3

### Town of Hamilton, Mayor

Timothy A. Bates

### Town of Hamilton, Council

### Pos. 1

Dale Bonner

### Town of Hamilton, Council

### Pos. 2

Jennifer Benjamin

### Town of Hamilton, Council

### Pos. 3

Joan Cromley

### Town of Hamilton, Council

### Pos. 5

### P. R. Moore

### Town of Lyman, Mayor

Debra K. Heinzman

### Town of Lyman, Council Pos. 2

Rita Burke

### Town of Lyman, Council Pos. 3

Mike Swanson

### Town of Lyman, Council Pos. 5

Mike Couch

### City of Sedro-Woolley, Mayor

Mike Anderson

### City of Sedro-Woolley, Council

### Ward 1

Tim Post, Kevin Loy

### City of Sedro-Woolley, Council

### Ward 4

Keith L. Wagoner

### City of Sedro-Woolley, Council

### Ward 5

Hugh Galbraith

### Sedro-Woolley School District

### No. 101

Tim Howland, Dir., Dist. 2

Rich Weyrich, Dir., Dist. 3

### Hospital District 304

Chuck Ruhl, Commissioner

### Pos. 2

Daniel Garcia, Commissioner

### Pos. 4

### Darrington School District No.

### 330

Jennifer M. West, Dir., Dist. 1

W. Alan Pickard, Dir., Dist. 2

Judith K. Nevitt, Dir., Dist. 3

## KSVU 90.1 FM moves into new digs in Concrete

Eastern Skagit County's fledgling radio station, KSVU 90.1 FM, finally has a studio home close to its target audience: the citizens of Lyman, Hamilton, Concrete, Rockport, and Marblemount. Now it needs some original programming.

The station's general manager, Rip Robbins, hopes that east county residents will step forward to provide that and more.

"We need people to do shows. We need people to cover events. We need people who can help with publicity and marketing. And we need one or more individuals or businesses to step forward and underwrite the fee for a high-speed, business-quality Internet connection, which will cost \$90 per month," said Robbins. "At that point it will be great: Local people will control the studio, and local people will produce the programs."

The east county studio is located in portable B on the Concrete Elementary School campus. Much of the equipment to run the show is in place, said Robbins.

Donations can be made at [www.ksvu.org](http://www.ksvu.org) (click on the "donate" button), and could help fund an online streaming function, which costs \$1,600 annually.

## Parents' Night Out gives guardians a break

Local parent Stephanie Morgareidge is the kind of woman who runs with a great idea. Her latest brainchild is "Parents' Night Out," a low-cost childcare program that aims to give parents a break from child-rearing so they enjoy a night on the town in Concrete.

The program will be held at Concrete Center (formerly Concrete Senior Center) on the first and third Saturday of each month. In October, the schedule is bent just a little, with childcare offered on Oct. 8 and 29.

Children ages 4 to 11 will be accepted. Preregistration is preferred; registration begins at 5:15 p.m. and the program runs till 9:30 p.m. The cost is \$10 per child.

Details, including a schedule and curriculum, is posted online at [www.nightout.weebly.com](http://www.nightout.weebly.com). Contact Morgareidge at 360.770.2836 or [morgareidge@frontier.com](mailto:morgareidge@frontier.com) for more information.

## Sauk View Gallery to close at year's end

After more than four years, Concrete's artist-driven gift shop plans to close at the end of the year.

Sauk View Gallery, owned and operated by Merlene Buller, will close its doors after selling "down to the bare walls," said Buller.

"We have discovered in this last year that there is simply not enough traffic here to sustain this business," Buller said of the shop, which is located at the intersection of State Route 20 and South Dillard Ave. in Concrete.

Look for the gift shop's presence at the Holiday Bazaar Nov. 12-13, the Eagle Festival, and similar events. But Buller now plans to concentrate her efforts on the wholesale aspect of son Pat Buller's photography business.

"I can say it's been rewarding and well worth doing. I've given thought to doing a perhaps month-long, weekend bazaar for holidays in years to come," said Buller.

## Don't miss the Holiday Bazaar!

Nov. 12-13, 9 a.m. to 4 p.m.

Concrete High School gymnasium

Vendor? call 360.826.4848 or 360.853.8505

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## KSVU 90.1 FM needs you!

Want to contribute to the success of eastern Skagit County's first and only radio station?

KSVU 90.1 FM has the following needs:

- Show hosts (training provided)
- One or more underwriters to pony up \$90 per month to pay for a dedicated, high-speed Internet connection
- People who will cover local events, such as the Ghost Walk
- Volunteers to help with publicity and/or marketing

KSVU will hold monthly meetings for volunteers, staff, and the public, on the last Thursday of each month (except Nov. and Dec.), at portable B on the Concrete Elementary School Campus. The meetings will be held at 4, 5, and 6 p.m. (the 4 and 6 p.m. meetings will be identical).

Interested? Contact Rip Robbins, general manager, at [rip.robbins@skagit.edu](mailto:rip.robbins@skagit.edu) or 360.416.7711.



## In The Service



Proud parents Rob and Kathy Thomas (along with sister Beka and brother Caleb) announce that on Sept. 2, PFC Joshua D. Thomas graduated from his 13-week Recruit Training (boot camp) at the Marine Corps Recruit Depot in San Diego.

After a leave of 10 days in Concrete, Josh returned to Camp Pendleton in Southern California to attend the one-month-long School of Infantry (SOI). He is scheduled to graduate on Oct. 11.

Upon graduation, Josh will begin his Military Occupational Specialty (MOS) in Monterey, Calif.

Josh is a 2006 graduate of Concrete High School.



PFC Joshua Thomas of Concrete graduated from boot camp at the Marine Corps Recruit Depot in San Diego, Sept. 2. *Submitted photo.*

## Floating surface collector should bolster salmon runs, local economy

Puget Sound Energy has begun construction of a second floating surface collector (FSC) similar to the one in use at the Upper Baker dam. The new FSC will be located above the Lower Baker dam in the south end of Lake Shannon, and should be operational by March 2013.

"Fishermen are going to be the main beneficiaries of this project," said PSE Project Manager Dan Koch during a status presentation in Concrete Sept. 19. "We hope to increase the fish numbers sevenfold within the next 10 years."

The FSC will aid salmon and other fish by helping juveniles navigate around the Lower Baker dam. It works by creating a current of water that moves at 500 cubic feet per second. The increased water flow attracts the young fish, who think they're sensing the flow of the river that will carry them downstream to the Skagit River and beyond. Following the current, they move along a submerged net wall—a.k.a. the "Net Transition System" (NTS)—and into the FSC.

As they near the FSC, the fish are caught in a current too strong for escape and are corralled in holding ponds. From there they are moved to a sampling station, where data such as species and size are collected. They are then transported to shore, loaded onto trucks, and moved downstream around the Lower Baker dam. They are released into stress-relief ponds near the adult fish trap

facility on the Baker River, where they can "chill out" for a period before being released back into the Baker River.

### "Out of sight, out of mind"

Construction on the new FSC began in February of this year. The two-year project combines components currently being constructed off-site, some of which already have been trucked to the site at the south end of Lake Shannon.

Koch said every effort is being made to minimize the negative impacts on Concrete homeowners who live along the transportation route for some truly large pieces of equipment. Some of those units were moved into place during the early morning of Sept. 24. More deliveries will take place periodically into December.

"We're attempting to be out of sight, out of mind," said Koch.

So far, the job site has been graded and stabilized, the footings for the FSC and NTS have been poured, and temporary steel has been erected on the FSC footings. "Belly tanks," pontoons, and other metal elements are being fabricated by Jesse Engineering in Tacoma; the first round of Belly Tanks already has been delivered to the site.

The project feeds the local economy by bringing in about 30 construction workers through December, plus permit fees and a share of the sales taxes.

—J. K. M.

# SIXTH ANNUAL GhostWalk

*Hysterical, historical, and  
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**Saturdays,  
October 1, 8, 15, 22 & 29  
6:00 to 7:30 p.m.**

**\$10 per person**

**Reservations Required**

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Featuring a glimpse into the past, a tour of historic landmarks, and "ghost" stories told by local residents. Please dress for walking in the weather. Ages 13 and above are welcome, but minors must be accompanied by an adult.

**For more information or to make reservations:**

**(360) 853-8784**

**concreteghostwalk@mac.com**

**Concrete  
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**Concrete Heritage  
MUSEUM**





# Sports



## Lions football off to a strong start

By Brooke and Kelly Howell

The Concrete Lions Football team has roared to a 4–1 record to start the season. After going 2–1 in nonleague play, the Lions have opened up league play with a 2–0 record. With five games left in the season, the Lions will make a run for their fourth consecutive playoff run if they finish out the season strong.

Although small in numbers, the Lions have put up some big wins to kick off the season. Starting with only 16 on their roster, the Lions have outscored their opponents 232–122. The Lions roster now stands at 22, with seven seniors leading the way.

Concrete returned most of their line and two of their leading backs to bring back a majority of their experience. With the play of a few of the younger Lions, they have been able to hold their own in every game but one.

The Lions started the season by giving Liberty Bell a sound spanking, winning 50–13. Concrete put the game away early with senior Tyler Kales leading on the ground with 149 yards rushing and sophomore quarterback Dallas Newby having a spectacular debut as a varsity quarterback with four TD passes.

The second week saw Concrete at home against South Whidbey. Concrete fared well against the larger school, only to come up short 54–34.

South Whidbey put the game away in the first half with 34 points. Concrete battled hard to end the game against a school with 60 players out to Concrete's 16. Leading the way for the Lions was senior Tyler Clark, who ran 18 times for 115 yards; and junior James Luttrell, who ran four times for 49 yards. Kales ended up with three touchdowns.

Week three saw the Lions at home against the Inglemoor JV, where they won a squeaker by a score of 39–36. Tyler Clark set a new school single-game rushing record, running 19 times for 242 yards. Concrete jumped out to a 32–7 lead in the first half, then hung on for the victory highlighted by several long TD runs by Clark.

The Lions faced Chief Leschi in week four, where they jumped out to a 28–0 lead in the first quarter and never looked back. Clark scored running, catching, and throwing the ball against an outmatched Warrior team. Josh Rogge, a sophomore, rushed for his first two TDs of the season.



The Lions squared off against Seattle Lutheran at home Sept. 30, winning 42–13.

Concrete finished September with their second league win versus Seattle Lutheran who matched up with the Lions in numbers, but couldn't stay with them on the field after a close first half. The Lions came out on top winning 42–13. Scoring was highlighted by some key passing from Kales and Clark and by freshman Gibson Fichter's first career TD to put the game away in the 4th quarter.

Concrete has started out strong on

offense because of the line play of seniors Cody Corn, Jordan Clontz, and Zach Olmstead. All three returning starters have cleared the way for the Lions in their rushing and passing attack.

As the Lions go into the second half of the season, they will face three of the top league teams with Tacoma Baptist, Orcas, and La Conner. The top three teams move on to the playoffs. The Lions have reached the playoffs the past three seasons.

## Soccer team hitting its stride now

By Adam Woodworth, head coach

The Concrete Lions Girls Soccer team started out the season with very high hopes. With a majority of the team being experienced seniors, the outlook was good, and we built our team around a solid defense and attacking offense.

We had some tough games early on with no subs and less than a full team on the pitch. Those games teach you a lot about holding positions, keeping space, and letting the ball do the work. If you don't play well-organized soccer, you just get beat and tired.

We let some games get out of control and beyond our reach of getting back into them. The thing that really kept spirits up and hopes alive was being able to score in nearly every game. We've only been shut out twice.

We've gone through some really tough

games, playing good opponents and not bringing our A game. It's hard to move past some of those matches, but I'm so proud of these girls because they always keep their heads held high and look to the next game.

The last two weeks of the month proved to be the turning point for us. The girls played with passion, intensity, and confidence, and outplayed opponents. We always work hard enough to win, we made the transition to playing well enough and kept the work ethic up. The last three games we've outshot opponents 3:1, ending in two games we lost in shoot-outs and one that just didn't fall our way.

The rest of the season looks very promising. I'm excited about this team and look forward to how we will respond to our recent success.



Renae Miller takes off with the ball after an assist from teammate Melia Thompson during the soccer team's matchup with Orcas Island Sept. 13.



## Volleyballers aim for consistency

By Matthew Williams, head coach

The Lady Lions began September with high hopes, their minds set on being better and more competitive than in seasons past.

The first match was a struggle. Traveling down to University Prep Sept. 16, the team came away with a 0-3 loss. The ladies then turned their attention to their first home match against much larger Sedro-Woolley Sept. 8.

The girls fell behind the Cubs early and lost the first set. They fought back, though, and pushed the match to a decisive fifth set. They ultimately would fall short, though, 10-15.

This trend would continue for the squad in the coming home matches as the Lady Lions lost to Friday Harbor Sept. 22, and Mount Vernon's C squad Sept. 26 in a similar 2-3 fashion. The only difference between these two matches was that Concrete held the edge at one point against the Mount Vernon team, when they were up 2-1. The Bulldogs came storming back, however, to take the match from the Lions.

Concrete's goal at the beginning

of the season was to improve and be competitive. They have taken strides in each aspect.

"We have had our ups and downs," said junior Frankie Rohweder. "As of now we are improving, and I think we will continue to improve."

Senior Blaze Rautanen echoes the sentiment. "We improve more and more each game. We will continue to improve and will end the season with some victories."

Consistency has been a huge piece of the puzzle that the squad has been lacking. When playing well, the team can compete with any team in the league. The main areas they will focus on are their serving, communication, and movement.

"When we all play our hardest and remain focused, we're capable of competing against any team in our league," said junior Kylee Warner. "It just seems to be the simple things that we're messing up. We need to go into each game with confidence."

"If we keep our heads in the game and remain focused we can (win)," said senior

Bailey Dellinger. "We need to keep our heads up and in the game."

The Lady Lions have put themselves in positions to win, and now it's simply a matter of execution.

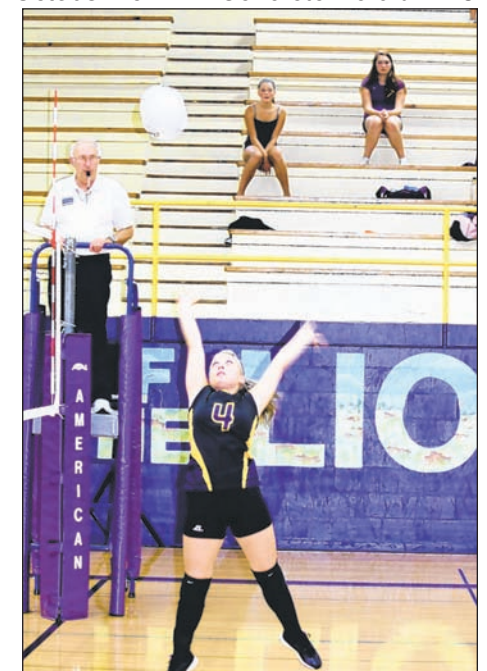
"In future games we just need to work on fundamentals and fix our mistakes," said Rohweder.

"Our small mistakes are our problem right now," confirms Warner. "We need to shake it off and move forward."

The Lions will move forward into October with an 0-7 record (0-3 in league). They will look for improvement as they face some teams for a second time. The biggest test will come when they host the La Conner Braves on Oct. 6. The team's seniors will play their last home match Oct. 20 against Mount Vernon Christian.

### Sports schedules are online

Updated schedules for all Concrete School District sports teams are online and updated regularly. Go here:  
[www.concrete.k12.wa.us/sports.html](http://www.concrete.k12.wa.us/sports.html)



Senior Bailey Dellinger sends the ball soaring during the varsity volleyball squad's game against Friday Harbor Sept. 22. The Lady Lions volleyball team has struggled in the first part of the season, heading into October with an 0-3 league record and 0-7 overall.

## Concrete Herald

## Middle School volleyballers look for wins while focusing on fundamentals, improvement

By Rob Thomas, eighth grade coach

The 2011 middle school girl's volleyball season began Sept. 6 with 29 girls having shown interest in playing volleyball for new eighth grade coach Rob Thomas and seventh grade volunteer coach Martha Schoolland. Former head coach Cari Dellinger stepped down to focus more attention on meeting the needs of her elderly parents, thus providing the opportunity for Thomas to assume the head coach role.

"I will miss coaching with Cari. I thoroughly enjoyed the eight years we had together," said Coach Thomas. "My expectations for the girls can be summed up with three words: dedication, desire, and discipline. As such, Martha and I have three goals that we seek to accomplish this year:

1. Teach the fundamentals of the game.
2. Learn to work together as a team
3. Improve each and every week."

Through the first three matches for both teams, the greatest challenge has been getting all the girls court experience. According to Thomas, "in consultation with Concrete High School volleyball

Head Coach Matt Williams, we are trying something new this year. Instead of a straight rotation, we are keeping the same six girls on the court at one time so that they can better learn to work together."

Though Concrete has yet to win a match, both coaches have seen some success with the new approach as the matches are going down to the final points of the third game.

"Both teams lost third-game heart-breakers at Orcas Island on Sept. 27," said Thomas. "But Coach Schoolland and I were extremely proud of their effort and attitude. We also were very appreciative of the many family members who came to Orcas to cheer the teams on. That means so much to the players."

With seven matches left in the season as of Sept. 28, there is a lot of volleyball to be played. Seventh graders play first on Tuesdays (4 p.m.) with the eighth graders playing second (5 p.m.). The schedule is reversed on Thursdays. Come out and support your present middle-school volleyball teams and your future high-school volleyball stars.



Concrete Middle School volleyballer Angelica Zapata (facing camera) gives the ball a bump while teammate Erika Holm positions herself for the spike during the eighth grade girls' game against La Conner on Sept. 22. The eighth grade team has a new head coach in Rob Thomas, who moved into the position after former head coach Cari Dellinger stepped down. Martha Schoolland is coaching the seventh grade squad.



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# Where is Patti Krieger?

One year later, still more questions than answers in missing Sauk Mountain hiker case.

By Jason Miller

This is a story with very few answers.

We know that Patti Krieger went hiking on Sauk Mountain with a group of six friends on Sat., Oct. 2, 2010. One of those hikers was her then-boyfriend, Larry Pressley. One of the purposes of the hike was to spread the ashes of Pressley's deceased parents.

After the hikers summited, scattered the ashes, and began their descent, Pressley stated that Krieger became upset and took a different trail down the mountain from the rest of the group. Her dog, a Rottweiler named Bear, went with her. No one else in her party went with her, even though she was 65 at the time, hearing-impaired, and did not have a cell phone or ID with her. Members of the group later stated they assumed the trails would reconnect and they would meet up with her and Bear at the trailhead.

They never did, and Krieger has not been seen since.

## The searches

Skagit County Sheriff's Office (SCSO) and Skagit County Search and Rescue (SAR) began searching later that day and during the next two days. They were aided by Whatcom, Snohomish, and King County Search and Rescue teams. There were search dogs. The SCSO brought in a helicopter with FLIR (thermal imaging) technology. They found nothing.

On Oct. 4, SCSO suspended the search, stating they didn't believe Krieger was on the mountain.

"Early on we did a thorough search of all areas that were conceivably reached in the time period she was initially missing," said Chief Deputy Tom Molitor with the SCSO in a Sept. 30 interview. "We were comfortable with the extent of the search and the thoroughness of it."

Krieger's family members, friends, and co-workers from the Burlington Fred Meyer—where she worked—are less convinced she is no longer on the mountain. Chris Nelson, a journeyman food clerk at Fred Meyer whom Krieger hired 16 years ago, began a "Find Patti Krieger" Facebook page and has coordinated vigils and rallies to keep her name top of mind among the general public. Another friend, Bud Carr, has coordinated numerous searches with Nelson, spending hundreds of hours scouring the slopes of Sauk Mountain. Krieger's son, Alan Patterson, and other family members also have spent long days—sometimes risking life and limb—combing back roads and overgrown trails for any sign of Krieger.

Few searchers believe Krieger is still alive; they simply want to find her body and reach some kind of closure to the ordeal.

## Leads getting thin

Credible leads have dwindled since Krieger went missing, and the rumor mill—especially on Facebook—is compounding the problem, said Patterson. "Facebook has been an Achilles heel in this situation. It's been giving info to everybody; it's like a poker game where you can see the other guy's cards," he said. "I've heard some pretty hellacious rumors."

Patterson openly points the finger at Pressley, suspecting foul play. Patterson encountered Pressley on Sauk Mountain Rd. two days after Krieger's disappearance, a fact that he finds suspicious.



A group of searchers gathered at the Sauk Mountain parking lot Sept. 17 to conduct another search of the area where Patti Krieger went missing on Oct. 2, 2010. Krieger's son, Alan Patterson, is fourth from the right. Chris Nelson, second from left, worked with Krieger at the Burlington Fred Meyer and is administering the "Find Patti Krieger" Facebook page. Photo by Frank Knight.

"What was Larry Pressley doing up there alone, shortly after she went missing? Some of the best profiling says that 99 percent of people who commit crimes where there's a body to be disposed of—99 percent of the time, they go back to where the body is.

"One thing I can say with absolute certainty is that Larry knows where my mom's remains are, and what happened to her on that day," said Patterson.

No charges have been filed against Pressley. Molitor said the investigation into Krieger's disappearance is ongoing.

## Do you know where Patti is?

Law enforcement, Search & Rescue, and Patti Krieger's friends and family welcome any leads as to her whereabouts. Here's how to connect:

Tip line: 360.419.7785

SCSO: 360.336.9450

[www.findpattikrieger.com](http://www.findpattikrieger.com)

[www.facebook.com/findpattikrieger](http://www.facebook.com/findpattikrieger)



Pacific Rim Tonewoods of Birdview sent 14 employees north to Bellingham Sept. 25 for the Bellingham Bay Marathon. The event actually is composed of three courses: a marathon (26.2 miles), a half-marathon (13.1 miles), and a 5K fun run. Shown are half-marathon participants, from left, Christi Schmidt, Derrick Schmidt, Ray Hambleton, Eric Warner, Steve Maloy, Steve McMinn, Clay Norris, Eli Sanchez, Arthur Sanchez, Eric Filtz, Steve Farrell, and Kevin Burke. Not pictured: Kelly Mielke, who ran the full 26.2-mile marathon, which started from a different location and two hours before the half marathon. Congratulations to Team Pacific Rim Tonewoods! Submitted photo.

## PEDIATRICS now in Sedro-Woolley

### with Brad Berg, MD, PhD

Skagit Regional Clinics is pleased to bring Pediatrics to their Sedro-Woolley office with Brad Berg, MD, PhD. Dr. Berg is a board certified pediatrician providing health care to children from infancy to 18 years. His focus is on general pediatrics, ADHD, depression and developmental disorders.



Pediatric appointments are available from 8 a.m. to 5 p.m. every Thursday in the Sedro-Woolley office. To schedule an appointment in Sedro-Woolley, please call (360) 856-4222. If we see an increase in demand for pediatric services for Sedro-Woolley we may be able to add additional days.

Dr. Berg also serves the Mount Vernon office which offers Pediatrics Monday through Friday from 8 a.m. to 8 p.m. and Saturdays from 9 a.m. to 5 p.m. To schedule an appointment in Mount Vernon, please call (360) 428-2500.

Additional services in our Sedro-Woolley clinic include: Internal Medicine, Cardiology, Optometry and Podiatry. Skagit Regional Clinics is committed to providing all of our communities with compassionate, multi-specialty health care.

### Dr. Berg's Education:

- MD - University of Rochester School of Medicine (1999)
- RESIDENCY - Cedars-Sinai Medical Center (Pediatrics-2002)
- FELLOWSHIP - Cedars-Sinai Medical Center (2003)

### SEDRO-WOOLLEY



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## CONCRETE HERITAGE MUSEUM NEWS

Don't forget! Even though the museum is closed for the season, you still can make an appointment to visit the museum or do research in our library year-round. Simply call Robin at 360.826.3075 or e-mail us at [concreteheritagemuseum@stumpranchonline.com](mailto:concreteheritagemuseum@stumpranchonline.com).

**Monthly meetings** are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

The 6th Annual **Concrete Ghost Walk:** Walks are scheduled for all five Saturdays in October, plus a special one for Oct. 21 at 11 a.m. Leatha Sullivan will bake oatmeal cookies and Gail Boggs will bake chocolate chip ones. Cheri Cook-Blodgett will put up the lights, Kathy Huntley will provide the pumpkins, Leatha will dress up as an old lady, Ellen Kavanaugh will help, John Boggs will help and set up the spotlight for the guy in the tree, and

Gail will help as her schedule permits. The Concrete Ghost Walk is sponsored by the Concrete Chamber of Commerce, *Concrete Herald*, and the Concrete Heritage Museum. The walks end at the museum.

The Centennial reprint of *So They Called the Town Concrete* is still available. The new edition features enhanced photographs and a more readable font. New cover graphics were done by Philip Johnson. Copies are available at Albert's Red Apple (at the lottery counter; please pay for it there) and the museum. An order form also may be printed at our Web site: [www.stumpranchonline.com/concreteheritagemuseum](http://www.stumpranchonline.com/concreteheritagemuseum).

**WANTED: New Museum Association members!** Support your local historical museum.

—Dan Royal

## Kilroy's Korner

By John Boggs



In September I had the opportunity to attend a lunchtime briefing on medical services available to veterans by representatives of the Veterans Administration. Many of the veterans in our area have not-so-fond memories of traveling to the Seattle Veterans Administration Hospital for health services. Now another option is available.

The VA has established a network of Community Based Outreach Clinics, or CBOCs. Thanks to our locally elected officials at the federal level, one of those clinics is now located in Mount Vernon, just across the street from the Skagit Valley Hospital emergency room.

If you already are assigned a primary care provider in the VA's Puget Sound Health Care System, you may transfer your care from Seattle to Mount Vernon by contacting your current provider. It is a good idea to make that request prior to needing an appointment. As with everything, the request will take some time to process. For those not currently enrolled, enrollment is required. The easiest way to start that process is to call 800.329.8387, ext. 76542.

The Mount Vernon CBOC does not currently have its own pharmacy on site, but provides up to a 90-day supply on medications by mail. Small co-pays may be required for this service.

Even though some medical services are not yet available there, the Mount Vernon CBOC continues to grow. Optical, dental, and audiology services are currently available and many other services are planned. It's worth getting enrolled there in order to stay abreast of the extent of their services.

For some, Veterans Homes, of which Washington State has three (Orting, Spokane, and Retsil), provide another dimension of service for veterans and, in some cases, their spouses. They provide a safe environment with all the needed health services on site.

Some great sources of information are available. The Mount Vernon CBOC has plenty of handouts that explain all their services and how to obtain them, as well as other veteran support resources. Although Concrete has its own veterans service officer, there is another one available at the CBOC for assistance.

Help is out there; all you have to do is ask. This is true for veterans, their spouses, and, in some cases, their children.

The Web site of the Mount Vernon CBOC is [www.pugetsound.va.gov/vivitors/mountvernon.asp](http://www.pugetsound.va.gov/vivitors/mountvernon.asp).

## At the Upper Skagit Library



This summer we were received two grants: one for a LEGOS cart for use in the library and one for early learning materials. We will have LEGOS building for all ages on Oct. 28 and Dec. 30, from 3 to 5:30 p.m. in the library, so mark those dates on your calendars. Play and Learn for the 3- to 4-year-olds is on Fridays from 10 to 10:45 a.m. Parents learn how to enhance their child's reading experience using different themes and tools.

October 20 is another date to mark on those calendars. At 7 p.m., Pulitzer Prize-winning author William Dietrich will be at the library to talk about his books. He has written fiction (the Ethan Gage series) and nonfiction (*The Final Forest*, *Natural Grace*). His newest book, *Blood of the Reich*, has a small tie-in to this area.

Making Oct. 20 more exciting, Friends of the Upper Skagit Library will draw the winning name for the quilt raffle. If you haven't purchased your ticket (there are about 40 left), watch for a table at Albert's Red Apple on Oct. 8. October 16–22 is National Friends of the Library Week, a good time for you to join the group while the annual dues are only \$1. Applications are available at the library.

We have something new at the library for children: Playaway Views, where education meets entertainment with the first all-in-one video player! Each Playaway View is pre-loaded with multiple videos, so your kids can view great content wherever they are, whenever they want. The eight titles we have are a combination of fiction and nonfiction.

—Aimee Hirschel

## Looking for Concrete Herald?

A complete list of distribution points is posted online at [www.concrete-herald.com/about-the-herald/distribution-points](http://www.concrete-herald.com/about-the-herald/distribution-points)

## Parents' Night Out!

Childcare for kids ages 4–11 while you enjoy a night on the town in Concrete.

**When:** Saturdays, Oct. 8 and 29; Registration at 5:15 p.m.; program runs till 9:30 p.m.

**Where:** Concrete Center (formerly Concrete Senior Center)

**Cost:** \$10 per child

**Info:** [www.nightout.weebly.com](http://www.nightout.weebly.com), [morgareidge@frontier.com](mailto:morgareidge@frontier.com), or 360.770.2836

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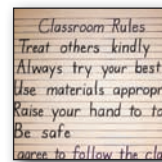
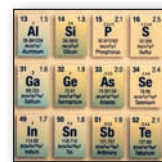
\*Valid only with coupon. Excludes other discounts or coupons. Limit one coupon per customer. Expires November 2, 2011.

205 Township St., Sedro-Woolley (next to Dairy Queen) **360.855.0418**





# Academics



## Hawkings: Criner's work load spread to other teachers

Concrete School District Superintendent Barbara Hawkings says courses taught by former technology-focused educator Mike Criner have been taken over by existing teachers in the district. The district is still working to address the robotics team vacancy left by Criner, and has no plans to replace him, according to Hawkings.

After almost 15 years with the district, teacher Mike Criner resigned his position at Concrete High School to teach computer repair, digital communications, and Web design at Mount Vernon High School. At Concrete, Criner taught pre-engineering classes, based on the science, technology, engineering, and math standards (STEM).

Criner also taught communications (including yearbook), and served as advisor for the school's robotics program.

Teachers Carrie Newby, Matt Slater, and Cheri Van Wagoner will cover Criner's information-processing, personal finances, and yearbook duties, respectively. Mary Janda is teaching a keyboarding class that Criner had taught in the past.

"Our goal is to continue the robotics program, but we haven't worked out the details on that yet," said Hawkings.

### Other faculty moves

Hawkings told *Concrete Herald* that the district's new athletic director, Ashleigh Howell, also has added a part-time teaching position to her plate. Howell will provide remedial services at the elementary school, said Hawkings.

At Concrete Elementary, Sheya Shields-Sanchez is filling in for Norma Carter, who teaches arts at the school. Carter is on medical leave.

**Concrete Herald**  
The Voice of Eastern Skagit County

## Concrete PTO news

By Debbie Ross, president

Your PTO has a full schedule of events lined up in October.

On Oct. 6, it's **Picture Day** for K through 6th grade, and retakes for 7th and 8th grade.

October 21 includes a **popcorn lunch recess**.

**Red Ribbon Week** is Oct. 24–28.

Finally, don't miss the Concrete Lions Club **Halloween Party** on Oct. 31. (See ad, this page.)

We are working to collect box tops and Campbell's Soup labels (bar code only), and we are going to start collecting the pull tabs from aluminum cans. The money collected will go to Ronald McDonald House.

The next **PTO meeting** is Oct. 10, 2:45 p.m. in the library. Please plan to attend. For more information, send an e-mail to [concretek6pto@yahoo.com](mailto:concretek6pto@yahoo.com).

## A note from Nilson

By Mark Nilson, principal  
Lyman Elementary School

We are off to a good start here at Lyman Elementary, with all our students settling in quickly and demonstrating their determination to achieve from the very first day. I couldn't be more proud of their work ethic and attitude toward learning.

By the time you read this your student(s) in grades 4–6 will have received their MSP (formerly WASL) results from last spring. Once again I am pleased with our results. Of the 10 separate tests administered grades 3 through 6, in six of those categories our students were above the district and state averages. Our teachers and students are doing a fantastic job of teaching and learning the essential standards that will make our students successful beyond Lyman Elementary.

On Sept. 19 we had our first of three professional development trainings for our teachers. It was a very productive day for our staff as we prepared intervention and enrichment programs for your children and finalized strategies for their success. In the afternoon we partnered with the Clear Lake Elementary staff on the application of quality instruction methodology and curriculum review at grade level. The next professional development day is Oct. 10, so plan now for no school.

I want to thank all the parent volunteers who have helped make our first month back a success. Your help in the classrooms, at our back-to-school night/parade, hosting the Scholastic Book Fair, and as members of our Parent Booster group is greatly appreciated.

On Tue., Oct. 4, we are excited to welcome a science bus for our 4th, 5th, and 6th graders. The rolling science lab is under the direction of Dr. Amanda Jones from Seattle Children's Research Institute.

This month there are two school-related opportunities for you at Lyman Elementary. On Oct. 3 we will have our monthly Parent Booster meeting in the library from 6:30 to 7:30. On Oct. 21 I am hosting "Coffee with the Principal" from 9:05 to 9:30 a.m. in the library.

Thank you all for sending us your wonderful children. Please feel free to contact me anytime at 360.855.3535.

## "His Kids" Fall Fun Nights

1st & 3rd Sundays, Oct. thru June  
6:30 to 8 p.m.

Community Bible Church  
Concrete

Songs! Games! Snacks! Stories!  
360.873.4348/debkayr@hotmail.com

## Women's Retreat slated for Oct. 7–9

The Upper Skagit Valley Women's Ministries team will hold its annual nondenominational Women's Retreat Oct. 7–9 at the Baker Lake Lodge. Reservations and scholarships are still available for the event.

This year's theme is "Choose Forgiveness," featuring speaker Karen Ellison. The event will offer an additional day this year, beginning Friday night and continuing through Sunday morning, including worship services. The new, expanded format allows attendees to make a choice of an extra day of participation.

Registration brochures were made available in mid-June and mailed out to all previous participants. Brochures also are available at various outlets within the community.

The retreat features worship and learning opportunities in a casual Christian atmosphere. The group's stated mission is to provide an interlude of inspiration and refreshment for women in east county communities.

Details and a registration form can be found at [www.stumpranchonline.com/upperskagitwomen](http://www.stumpranchonline.com/upperskagitwomen). Interested women also may call 360.826.3849 or 360.826.6141.

## Set clear rules about alcohol as your teen heads back to school

By Sharon Foster and Michael Langer

As your teen begins a new school year, they will be exposed to exciting new experiences and increased independence. The choices they make now will have an impact on their future.

So will the decision whether or not to use alcohol. Before you say "Kids will be kids," or "I drank alcohol when I was young and I turned out OK," we urge you to consider these facts about underage drinking:

- Each year, approximately 5,000 young people in the U.S. die as a result of underage drinking. Underage drinking puts young people at higher risk for violence, sexual assault, and school failure.
- In Washington State, about 1 in 7 eighth graders has used alcohol in the past 30 days (2010 Healthy Youth Survey).
- Youth who begin drinking before age 15 are five times more likely to

See **Alcohol**, p. 39

## Lions Club Halloween Party

Oct. 31, 5 to 7 p.m.  
Concrete Elementary School

Games! Hot dogs! Cider!  
And it's all FREE!

Contact Gladys Silrus for booth info:  
360.826.4848



## Where are they now?

# RadioDownSound.com

Concrete High School grad Dave Ramsey's Web site is music to the ears of people with—and without—disabilities.

When Dave Ramsey was a kindergarten kid in Renton, Wash., he'd play and nap with the other kids at school. Sometimes he'd play with kids who were disabled. He recognized their differences, but realized they were, in most ways, the same.

"These days, I look at everyone the same way," he said from Afghanistan during a recent phone interview. "We're here for a greater purpose, not just to serve the almighty dollar. If there's a need, fill that need. There's more to life than materialistic things, showing up your neighbor, how much money you have in the bank."

That philosophy is what drives RadioDownSound.com (www.radiodownsound.com), a Web site Ramsey manages with his friend, Archie Smith,

who lives in Germany. Like Smith, Ramsey is an aircraft mechanic. He's stationed at Bagram Air Force Base, supporting the U.S. military, even though he's a civilian now, having served the Air Force as a Forward Air Controller from 1980–89.

Ramsey launched the Web site in 2007, after doing a similar job for a different Internet radio station that he felt was giving too much priority to "the almighty dollar."

"I'm trying to create public awareness with the Web site for people with and without disabilities," said Ramsey. "We all need to realize that something could happen to us. These people didn't ask to have Down Syndrome or MS."

The Web site caters to both audiences

with stories and information that address a wide range of disabilities and how to live with them. The content is communicated in layman's terms, not technical. New products are discussed for people with virtually any common impairment. The comments section is popular. Music is available too—the site has its own DJ.

The site is designed to be accessible for anyone, because Ramsey intends to cross boundaries. It's surprising how little many people with disabilities know about other disabilities, he said.

"I'm just trying to create a positive awareness for all of us," he said. "A lot of times, people need a little more compassion or a little more understanding. It would make the world a lot better."

—J. K. M.



Dave Ramsey, CHS Class of 1980, started RadioDownSound.com in 2007 to provide information and music to people with and without disabilities. *Submitted photo.*

**Do you know someone who should be featured in "Where are they now?" Do you want to be? Contact Concrete Herald publisher Jason Miller at 360.853.8213 or editor@concrete-herald.com.**

## Youth Dynamics starts new year

Concrete's Youth Dynamics group kicked off the school year in typical Northwest weather: rain.

Even though the barbeque and game night was moved indoors just hours beforehand, nearly 50 high school students flocked to Concrete's elementary gym for the first YD meeting of the year.

Last school year, about 90 percent of Concrete High School students attended at least one of the Monday night meetings. About half of those were regular attendees.

YD in the Concrete community has grown in the last half-dozen years, from an average of about 25 kids per night to nearly 50 students showing up every Monday. Overall, 167 students attended last school year, 29 of which traveled from out-of-district to join in the events.

Teens have the opportunity to have fun interacting with each and to hear the gospel through community volunteers and guest speakers. Sharing their hearts and life experiences is what drives the volunteers to show up every Monday and offer an outlet to the kids.

Kevik Rensink has been Concrete's area director for YD for 12 years. Together with Marta, his wife, the Rensinks have poured their hearts into this YD the last dozen years to help make a positive impact in kids' lives.

"Every kid deserves to be loved and every kid deserves a chance at life," said Rensink. "We want every kid to have a chance at that experience before they leave this community."

"The leaders are great and are open to talk to anyone about anything," said senior Jonny Evans. "Everyone makes it feel like one group and are helpful."

Nearly every Monday night during the school year, high schoolers are invited to participate in events ranging from raves and couch derbies to Jell-O wrestling and Ultimate Frisbee. Students are encouraged to attend and have an enjoyable night making new friendships and creating closer relationships with Christ and each other.

"YD is a really good place for the student body to have a good time and have fun," said Evans. "Everybody's welcome! It's a great place to make friends in a healthy environment."

"It's a place where you can hang out with people you don't normally get a

chance to in school," said senior Sarah Spaeth. "It helps bring kids out of their shells, and everyone has fun no matter who they are."

Concrete YD also offers opportunities for kids to go on multiple retreats. They are gone anywhere from one to three nights at a time. These trips quite often are where kids can best connect with God. "They are real fun," said Spaeth. "It gives you time to get away and seriously talk about important issues and God. You get to experience God's power so much more than on a Monday night."

"The retreats are a great experience for any high schooler," said junior Jessica Filtz. "The atmosphere is awesome."

See YD, p. 14

**Find out more  
Youth Dynamics  
awareness/fundraising  
event**

**Nov. 13, 6 to 8 p.m., CHS Commons**

Youth Dynamics meets every Monday night during the school year, from 7 to 9 p.m.  
For more information, call 360.630.6063.

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# Clear Lake



## On the Clear Lake calendar

Clear Lake Historical Association will hold its **quarterly meeting** Oct. 25 at 7 p.m. Prior to that, the public is invited to join members for the organization's fall potluck at 6 p.m. Both events will take place at the CLHA Hall at 12655 Highway 9, next door to the Clear Lake Post Office.

Join members as they get acquainted with others interested in local history and learn more about the Clear Lake community. For more information, contact Deanna Ammons at 360.856.6798.

Clear Lake Historical Association will hold a **fundraising Pampered Chef party** on Oct. 18 at 6:30 p.m., at the CLHA Hall at 12655 Highway 9, next door to the Clear Lake Post Office. For more information, contact Deanna Ammons at 360.856.6798.

—Sylvia Matterand

## SW Community Troop Support begins gearing up for holiday season

Sedro-Woolley Community Troop Support already is eyeing the coming holiday season, when members will once again leap into action to make sure that locals' family members and loved ones serving in the military overseas are not forgotten.

The group has several initiatives and meetings under way. Here's a look at how those interested in the effort can get involved.

### October meeting

The SWCTS group meeting will be Oct. 11 at 5 p.m., at the Eagles Club in Sedro-Woolley. Members of the public are welcome to attend.

## Christmas Campaign Donation Drive

The 2011 Christmas Campaign Donation Drive has begun.

The group is now accepting names for Christmas care packages. Anyone who has a loved one serving overseas is welcome to submit their name for inclusion on the group's list for packages, and to be a recipient for its writing team. Names and addresses can be e-mailed to swctsgroup@gmail.com.

Care package items are needed; drop box locations are posted on the Web site at [www.swcommunitytroopssupport.com](http://www.swcommunitytroopssupport.com). Cash donations are needed to cover expenses for phone cards, Christmas treasures, boot socks, and more. Cash donations also may be made via PayPal on the Web site, or mailed to:

SWCTS 2011 Christmas Campaign  
P.O. Box 817  
Sedro-Woolley, WA 98284

## Donation Drop-off Day

This year's Donation Drop-off Day is planned for Sat., Oct. 22, from 10 a.m. to 4 p.m., at the Food Pavilion in Sedro-Woolley. Volunteers are needed to help set up and manage the event. The group also needs a volunteer to play Santa.

The event will include a Christmas tree, face painting, music, mechanical horse rides, a card signing table, and big rigs for kids of all ages.

Additional drop-off locations and a donation wish list are posted online at [www.swcommunitytroopssupport.com](http://www.swcommunitytroopssupport.com).

The drop-off locations include:  
**Anacortes:** Strawberry Bay Coffee Co., Anacortes Middle School Counseling Center.

**Birdsview:** Grandy Creek Grocery.

**Burlington:** Walgreens.

**Concrete:** East Skagit Community Action, Eagles in Flight.

**Lyman:** Cascade Mercantile, Town Hall.

**Mount Vernon:** KAPS/KBRC Radio Station.

**Rockport:** Rockport County Store (Shell station), Rockport Pub.

**Sedro-Woolley:** Janicki Logging and Construction, North Coast Credit Union, Valley Auto Supply, Janicki Industries.

## Skagit County Public Health announces Septics 101 and 201 class schedules

SKAGIT COUNTY — The Skagit County Health Department announced its upcoming Septics 101 and Septics 201 class schedule for the remainder of 2011. The free septic classes will inform and educate homeowners on septic system operation and maintenance, monitoring, cost-saving operations, problem-preventing maintenance procedures, and more. The classes also will discuss available financial resources for homeowners who need to repair or replace a failing septic system.

### Septics 101 schedule

- Oct. 4, 2:30 to 4 p.m.  
Skagit County Commissioners Hearing Room, 1800 Continental Pl., Mount Vernon
- Oct. 15, 10 a.m. to 11:30 a.m.  
Skagit County Admin. Bldg. Hearing Room C, 700 S. 2nd St. Mount Vernon
- Oct. 25, 1 to 2:30 p.m.  
WSU Research Center 16650 SR 536 (Memorial Hwy) Mount Vernon
- Nov. 7, 6 to 7:30 p.m.  
Samish Elementary School gym 23953 Prairie Rd., Sedro-Woolley
- Dec. 8, 6 to 7 p.m.  
Padilla Bay Center 10441 Bayview-Edison Rd. Mount Vernon

The Skagit County Health Department also will hold one Septics 201 class, with Septics 101 as a prerequisite. Septics 201 will provide homeowner training on how to inspect a conventional gravity septic system, as well as how to complete a septic system inspection form.

### Septics 201 schedule

- Oct. 25, 2:30 to 4:30 p.m.  
WSU Research Center 16650 SR 536 (Memorial Hwy) Mount Vernon

Pre-registration is recommended. To register or for more information, contact the Skagit County Health Department at [health@co.skagit.wa.us](mailto:health@co.skagit.wa.us) or 360.336.9380, or go to [www.skagitcounty.net/health](http://www.skagitcounty.net/health).

## Halloween Parade 2011

**WHAT:** Parade  
**WHEN:** October 31<sup>st</sup>  
**TIME:** Line up - 4:30pm  
**WHERE:** The MUNICIPAL PARKING LOT behind Wells Fargo Bank.

The parade will begin at 5:00pm with Trick-or-Treating to follow.

Please be Safe!  
 Questions? Call 855-1841

YD, cont. from p. 13

You're surrounded by people who share a common love: God. At the same time, you get to experience the beauty He's prepared for us."

"Last school year, there were 18 teens who made a re-commitment or a first-time decision for Christ," Rensink said.

Youth Dynamics is continuing its outreach to the community this year with its bi-annual rave on Oct. 17 and a Harvest Party on Oct. 24. For more information, call 360.630.6063.

—Matthew Williams

## Gary B's Church Of Blues

Sundays • 6 to 10 p.m.

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- Daily drink specials
- Open mic Tuesday nights!

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 Mon.-Thur. Noon to 2 a.m.

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 12667 SR 9, Clear Lake

# Concrete Herald





## Community Calendar



### OCTOBER

- 3 East County Energy Assistance program begins; see schedule, p. 33
- 3 Lyman Angel Tree nomination forms available; see story, p. 18
- 6 Bob Cockburn Harvest Dinner and Silent Auction, Assembly Hall at North Cascades Gateway Center, S-W; campus tours, 4:30 p.m.; dinner and silent auction, 5:30 to 8 p.m.; \$35; info at 360.770.9923 or mtmcgoffin@gmail.com
- 7-9 Upper Skagit Valley Women's Ministries Women's Retreat, Baker Lake Lodge; see notice, p. 12; info at 360.826.3849 or 360.826.6141
- 8 Fall Color Photo Workshop, Concrete Theatre, sunrise (8 a.m.) to sunset, \$35 per person, \$50 per couple, \$10 for students; register at 360.466.8754 or chamber@concrete-wa.com; see notice, p. 4
- 8 Harvest Festival, Mansford Grange, Darrington, 10 a.m. to 3:30 p.m.; see notice, p. 25
- 8 Food & Toy Run to benefit the Upper Skagit Christmas Basket Program; leave Skagit Harley-Davidson at 11 a.m., end at Rockport for lunch and raffle drawing; info at 360.424.4543 or 360.855.2168
- 8, 29 Parents' Night Out childcare offered, 5:30 to 9:30 p.m., \$10 per child; see notice, p. 6; info at www.nightout.weebly.com, 360.770.2836, or morgareidge@frontier.com
- 8 Sedro-Woolley Eagles Club Christmas Basket/Dinner Auction, 1000 Metcalf St., S-W, dinner at 5 p.m., auction at 7 p.m.; see notice, p. 33; info at 360.855.0530
- 8-9 Fall Color Festival, Concrete; info at www.concrete-wa.com
- 11 Voters Forum, Cascade Senior Center, Darrington, 7 p.m.; see p. 25
- 8, 15, 22, 29 Ghost Walk, beginning at Concrete Theatre at 6 p.m.; see story, p. 3, and ad, p. 7; info at www.concrete-wa.com
- 9 Dana Lyons in concert, Concrete Theatre, 3 p.m.; \$10 in advance, \$12 at the door; see story, p. 3; info at www.concrete-theatre.com or 360.941.0403
- 14 Flu shot clinic, Red Apple Market, Grasmere, 4 to 6 p.m.; \$30
- 15 Community Contra Dance, Mansford Grange, Darrington, 7 p.m.; \$7 suggested donation; see story, p. 25; info at 206.402.8646
- 18 Clear Lake Historical Assn Pampered Chef fundraiser party, CLHA Hall, Clear Lake, 6:30 p.m.; see notice, p. 14; info at 360.856.6798
- 21-23 Annual Gala Lighting Event, Northwest Garden Bling, SR 20 and S. Dillard, Concrete; Fri. and Sat., 10 a.m. to 7 p.m.; Sun., noon to 5 p.m.; see classified ad, p. 39; info at www.nwgardenbling.com and 360.708.3279
- 22 Sedro-Woolley Community Troop Support Donation Drop-off Day, Food Pavilion, Sedro-Woolley, 10 a.m. to 4 p.m.; info and additional drop-off locations at www.swcommunitytroopsupport.com; see story, p. 14
- 29 Moonlight Dance for youth, Concrete Eagles, 45930 Main St., Concrete; 8 p.m. to 1 a.m.; free admission (donations accepted); info at 360.770.3300
- 31 Sedro-Woolley Halloween Parade, 4:30 p.m. line-up in municipal parking lot behind Wells Fargo Bank, 5 p.m. parade; trick-or-treating to follow; info at 360.855.1841
- 31 Lions Club Halloween Party, Concrete Elementary School, 5 to 7 p.m.; free admission; call 360.826.4848 for booth info

### NOVEMBER

- 10 Free Film Night: "Consider the Conversation: A Documentary on a Taboo Subject" (perspectives on end-of-life care), Concrete Theatre, 7 p.m.; info at valerie@concrete-theatre.com
- 12-13 Concrete Community Bazaar, Concrete High School gym, 9 a.m. to 4 p.m.; info and vendor sign-up details at 360.826.4848 or 360.853.8505
- 13 Youth Dynamics awareness/fundraising event, Concrete High School Commons room, 6 to 8 p.m.; info at 360.630.6063

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

## Community meetings

**Concrete American Legion Post and Auxiliary** meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

**Concrete Chamber of Commerce** meets the second Thur. of each month at 8 a.m. Meetings usually are held at Hi. Lo. Country Bar & Grill, 7296 Baker St., Concrete Town Center. 360.466.8754 or concretechamber@mac.com.

**Concrete Eagles Aerie 1444** holds Aerie meetings the first and third Wed. of each month at 7:30 p.m., and Auxiliary meetings the first and third Tue. at 7:30 p.m., at 45930 Main St., Concrete. tuffenu1@frontier.com.

**Concrete Lions Club** meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

**Concrete School Board** will meet Oct. 27 at 6 p.m. in the high school Commons. The board will hold a workshop Oct. 24 at 6 p.m. in the high school Commons. 360.853.8141.

**Concrete Town Council** meets the second and fourth Mon. of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

**Darrington Area Business Assn (DABA)** meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

**Darrington Town Council** meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.net.

**Forest Park Cemetery District #5** meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

**Friends of Upper Skagit Library** meets annually in Feb. each year. 360.853.8549 or uslfriends@gmail.com.

**Hamilton Town Council** meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

**Imagine Concrete** meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.com.

**KSVU 90.1 FM** meets the last Thur. of each month (except Nov. and Dec. 2011) at portable classroom B near the Concrete Elementary School campus, at 4, 5, and 6 p.m. (the 4 and 6 p.m. meetings are identical). 360.416.7711 or rip.robbs@skagit.edu.

**Lyman Town Council** meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk\_lyman@msn.com.

**Saukrates Cafe** meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

**Sedro-Woolley Chamber of Commerce** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

**Sedro-Woolley School District Board** meets the second and fourth Monday of each month at locations TBA, at 7 p.m. Its Oct. 10 meeting will be held at the Support Service Building at 317 Yellow Ln., off Cook Rd., and will be preceded by a 5:30 p.m. work study session. Its Oct. 24 meeting will be held at Lyman Lake Elementary School, 8183 Lyman Ave., in Lyman. Info at 360.855.3500 or miller@sbsd.k12.wa.us.

*\*To add your organization's meeting to this list, e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com) or call 360.853.8213.*



**Don't miss the Fall Sale at  
Oliver-Hammer Clothing,  
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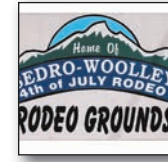


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# Sedro-Woolley



## Students honor friend after death

More than 100 students gathered at Riverfront Park Sept. 17 to share memories and mourn the death of a 17-year-old Sedro-Woolley student, who committed suicide Sept. 8. The gathering followed a memorial service at Inspire Church in Sedro-Woolley.

The youth, a senior at Sedro-Woolley High School, was “an amazing person,” said Alison Ammann, 18, who dated him during her freshman and sophomore years at SWHS and has since moved to Woodland, Wash. Like other classmates, she remembers his smile vividly, as well as his ability to cheer people up.

“You’d be sad and he’d tell you a joke. You could be in the worst mood in the world and he’d say, ‘Smile, beautiful. It’s gonna be all right.’ He had no negative side at all,” said Ammann.

At the Riverfront gathering, students sang songs—one of them written for

the deceased youth—played music, and passed around memorial stickers. They wrote memories on dozens of balloons, then released them simultaneously. At dusk, they held a candlelighting ceremony.

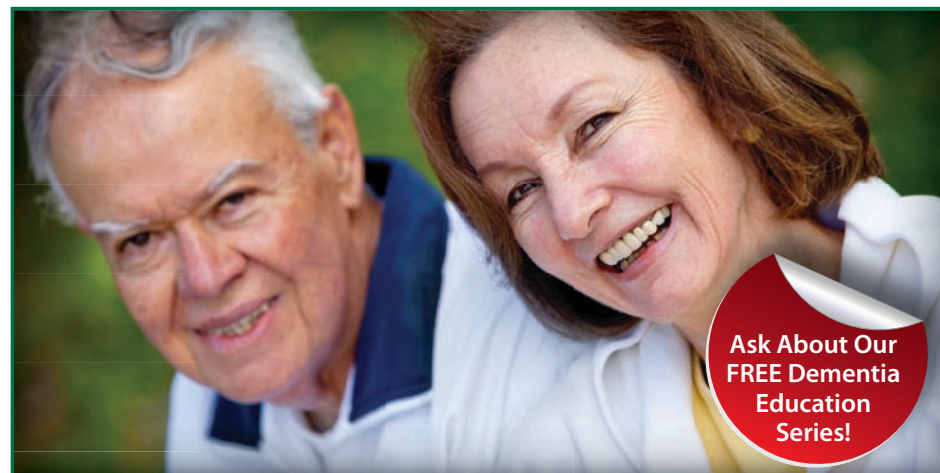
“He was funny. Definitely a caring person. He cared about everyone,” said Alyssa Wahlgren, a friend of the boy since sixth grade. “He helped everyone. He was an all-around great person. He always knew how to make people smile and make their day better. He was always happy. He had a good life.”

“It’s hard,” said Ammann. “I wish I could have helped, that I could have been there for him. But I look up at the sky and listen to a song every day. I listen and I cry. Then I smile. Because I know that he’d want me to smile and tell myself that everything is going to be all right. That’s the kind of person he was.”

—J. K. M.



**Above and right:** More than 100 students gathered Sept. 17 to remember their classmate. Photos by Alison Ammann.



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[www.birchviewmc.com](http://www.birchviewmc.com)

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## S-W Edward Jones branch tops in client service excellence

Edward Jones Financial Advisor Nick VanJaarsveld and Branch Office Administrator Jeanne McLennan in Sedro-Woolley recently were ranked within the top 25 percent of the country for excellence in client service at Edward Jones.

The honor was based upon the results of a survey in which random clients were asked to rank the service they received from the staffs of their local Edward Jones branch offices. The survey identified the two as providing some of the most exemplary client service within the firm.

“We are particularly honored by this award as it is one bestowed upon us by our clients,” VanJaarsveld said.

Edward Jones provides financial services for individual investors in the U.S. and Canada. The firm’s 12,000-plus financial advisors work directly with nearly 7 million clients to understand their personal goals and create long-term investment solutions.

The Sedro-Woolley Edward Jones office can be reached at 360.855.0239.

—Submitted by Jeanne McLennan

## SR 20 closed in S-W

**SEDRO-WOOLLEY** — The closed portion of State Route 20 between Metcalf and Township Lane in Sedro-Woolley will remain so till as late as Oct. 17. The closure allows crews to continue work on the city’s widening and bicycle/pedestrian improvements project at that location.

Detour routes have been in place since Sept. 26. The detour location is in the area of the BNSF trestle at milepost 65.5 on SR 20, with a detour directing eastbound traffic through downtown Sedro-Woolley and back out to SR 20 at Township Lane.

The closure allows Interwest Const. to re-grade SR 20 in the BNSF trestle area. All local businesses remain open during the planned detour and directional signs have been implemented to direct customers to the local businesses along SR 20. Look for updated detour/closure information on the City of Sedro-Woolley Web site ([www.ci.sedro-woolley.wa.us](http://www.ci.sedro-woolley.wa.us)).

Expect delays as flaggers allow equipment to access work zones. Side streets intersecting SR 20 in the work zone will be limited to right in and right out motions.

Questions may be addressed to the City of Sedro-Woolley Public Works Department at 360.855.0771.



**Right:** The new Brake & Alignment Shop and Truck Center at Pat Rimmer's Les Schwab Tire Center in Sedro-Woolley celebrated its grand opening Sept. 10. The new facility offers seven service bays and includes a canopied area to accommodate multiple large trucks.



## Pat Rimmer opens new brake and alignment shop and truck center

On Sept. 10 a grand opening celebration was held at Pat Rimmer's Les Schwab Tire Center, located at the roundabout in Sedro-Woolley. Representatives attended from the company's three stores in Sedro-Woolley, Burlington, and Stanwood.

The event centered on the company's new Brake & Alignment Shop and Truck Center, which was built north of the main structure that fronts Moore St. The 13,000-square-foot, seven-bay vehicle service facility includes a truck and motor home alignment service area. With its canopy-covered truck slab, it also has the capacity to service multiple large trucks.

Events during the celebration included a barbecue lunch, a live band, a live radio broadcast, the Les Schwab Speed Pitch Trailer, and a ribbon-cutting ceremony organized by the Sedro-Woolley Chamber of Commerce. There also was a drawing for a \$1,000 product certificate.

The Sedro-Woolley store has undergone many changes since its initial opening in September 1992. The original building is gone, replaced by two new buildings. The latest addition was completed in August.



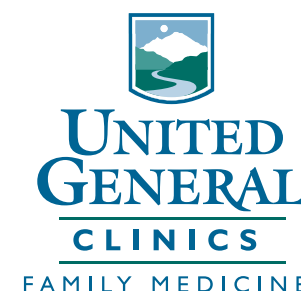
**Left:** What's a new brake and alignment shop and truck center without a ribbon cutting? Sedro-Woolley Mayor Mike Anderson (in red) joined Pat Rimmer Tire Center employees for the ceremony. In white shirts, from left, Daniel Arledge, General Manager Rick White, Brian Bobko, Sydney Howe, Joe Clevinger, Chris Oudman, Thor Orr, Lloyd Bray, President/Owner Patrick Rimmer, Mayor Anderson, Joe Jones, Assistant Manager Justin Ward, Clayton Delano, Assistant Manager Eric Whalen, Eli Cortez, and Brooke Holter. Not pictured: Manager Ed Perry, Travis McCool, and Mike Thurmond.

*Photo by Pola Kelley.*



## Walk-Ins Welcome at New Clinic

Recently we opened a new Family Medicine Clinic at United General Hospital. Dr. William Saunders (shown here cutting the ribbon) is now accepting new patients at the clinic and appointments are not required. The clinic is open Monday through Thursday from 8:00 a.m. to 5:00 p.m. (closed for lunch, noon – 1:00 p.m.), and Friday from 8:00 a.m. to noon. For more information, please call **(360) 856-7230**.



Located on the United General Hospital campus, directly across from our main entrance.





# Lyman



## Accepting nominations for Lyman Angel Tree

By Tammie Werner

The Fourth Annual Lyman Angel Tree is accepting nominations for this year's Angel Tree.

Nomination forms to submit names of local children for the Angel Tree are available at Lyman Town Hall or on our Facebook page ([www.facebook.com/lymanangeltree](http://www.facebook.com/lymanangeltree)), or can be obtained by contacting organizer Tammie Werner at [oney\\_brat@yahoo.com](mailto:oney_brat@yahoo.com) or 360.826.3818.

Nomination forms can be mailed, e-mailed, or dropped off at Town Hall.

The Angel Tree is meant primarily for children in the Lyman Elementary School district. Children who do not meet our criteria will be referred to other local groups.

It is our goal to again provide each child with a hat, scarf, and blanket this year and hopefully also be able to give each child a new pair of pajamas and socks in addition to their presents. If you would like to help knit or sew items, contact Werner.

Donations of items or cash/checks are appreciated. Make checks payable to Tammie Werner and leave them at Town Hall or mail them to P.O. Box 1372, Lyman, WA 98263.

## Back to School Parade brings back the fun

What would you do for a party? Ask a Lyman Elementary student that question and you'll get a very specific answer—especially if you ask someone in Julie Mayer's second grade class.

Mayer's 25 kids took home the win during the Lyman Elementary Back to School Parade for its themed float, "We're all good apples in the 2nd grade." Float judges Debbie Boyd and Jordan Cook gave the class the one-point edge for their good behavior. The kids wore colored masks cut out in the shape of apples.

The top prize was a class party provided by the Lyman Elementary Boosters.

Capturing second place was Debra Claybo's first grade class, with its theme, "The Sky is the Limit." Their float sported a hot air balloon.

Michelle Klope's Kindergarten class took home third place with a Dr. Seuss-themed float (see photo, right).

Parade Grand Marshal Elaine Kohler sat in a colorful float created by Patty Cook. The float called out all the different volunteer activities with which Kohler is involved, such as library volunteer. She was chauffeured by Larry Weston.

— J. K. M.



**Above:** Members of Michelle Klope's Kindergarten class are (mostly) all smiles during the Lyman Elementary Back to School Parade Sept. 14. **Right:** Grand Marshal Elaine Kohler winds up to throw candy from her float, which was created by Patty Cook.



## Council summary

The Lyman Town Council held a regular meeting on Aug. 16. Following is a summary of that meeting.

- A letter of resignation from former councilmember Jada Trammell was read. A letter of intent from Rita Burke was read. The council accepted Jada Trammell's letter of resignation and Rita Burke's letter of intent. Rita Burke was sworn in as Councilmember Position 2.
- Mark Kitchen reported that Bob Krebs from Evergreen Rural Water could not detect leaks in the town's water system with his equipment. Krebs suggested that Lyman hire a company that has more sensitive equipment. Kitchen stated this would cost about \$1,200 per day; the job should take less than a full day. Cas Hancock stated that Hamilton was having the same problem; maybe they could be done the same day.
- Councilmember Ed Hills motioned to complete a water detection audit; motion passed.
- Nancy Feagin from Department of Health was to be in Lyman Aug. 22 to perform a sanitary survey.
- Cas Hancock handed out an invitation for a workshop for elected officials on Oct. 26, from 3 to 5:30 p.m. The towns of Hamilton and Concrete also are invited to the workshop about planning, engineering, and financing to complete their Water System Plans.
- Mark Young reported he is planning to do the remodel for which he was approved last year.
- Further discussion took place regarding the town annexing into District 8. Mayor Heinzman said such an annexation would resolve issues with the WSFC and fire marshal.

## Lyman Library tales

By Elaine Kohler

Watching the rain yesterday made me realize winter is coming closer and that means more time spent indoors. One of the fun things to do when days are short and it gets dark so early is putting together jigsaw puzzles.

We have a great—and growing—collection of puzzles at the library. It's a great family activity. (I still hide that one piece so I can be the one to put it in.) The level of skill is pretty wide, ranging from easy 500-piece ones to a big one that is all golf balls and one that is all popcorn. We even have a couple "shaped" puzzles. My friend Marge loves to do those. When a new one comes in, I make sure the pieces are contained in a plastic bag to lower the chance of losing bits, but of course in time some are lost. We ask that if you do a puzzle and pieces are missing, would you

please mark the back of the box that some are gone and make a mark on the front where it is. This lowers the frustration level of the next person putting it together.

I tried a new author this month: Stuart Woods. The book I read is *Hot Mahogany*. No, it is not about a sexy tree, but a lost piece of very, very expensive furniture. I found it an easy read and put together so it wasn't till the end that I found out the solution to the mystery. I plan on checking out more of his books. If you are a fan, a donation of several of his books came in last week.

We appreciate having returned and donated books placed in the new designated areas. We share the building, and having them there makes it much easier for us to see they get back where they belong.

Till next month, enjoy the days when the sun shines, because the rain is coming.





# Day Creek



## Outdoor burning restrictions lifted Oct. 1

SKAGIT COUNTY — The outdoor burn ban was lifted for all unincorporated areas of Skagit County on Oct. 1.

Residents within an incorporated city, town, or Skagit County urban growth area should contact city fire departments for burn restriction information.

Four-foot-by-four-foot (or smaller) burn piles of natural vegetation are allowed without a permit in unincorporated Skagit County. Only natural vegetation (leaves, grass, and tree trimmings) may be burned. It is never legal to burn garbage, household trash, lumber, building construction waste, or demolition debris.

For more information, go to [www.skagitcounty.net/firemarshal](http://www.skagitcounty.net/firemarshal) or contact the Skagit County Fire Warden at 360.428.3293.

## Community notes

Day Creek is looking for **ideas for community events**—for fun and fundraising. These events will help us get to know our neighbors and help support our fire hall too. Coming events include a music and potluck evening, a firefighters appreciation dinner, movie nights, and “road” potluck parties. Dates for these events will be announced later. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson at 360.826.3581.

The **Women’s Retreat** was a success! Fort Casey was a beautiful and peaceful place, until 29 ladies from Day Creek and the surrounding areas showed up! There was laughter, sparkles, feathers, eating, and fellowship. The speaker, Cheryl Rhoades, inspired in all a deeper yearning to know the “Daddy” side of God and long to be kneeling before the king of kings.

**Backyard Bible Clubs** are planned.

For more information on hosting a club or being a helper, contact Sue Walden at 360.826.3944.

**Kingdom Builders** is on the move. Working with Day Creek Chapel and Fire District 16, Donna Pulver and Kathy Henderson are serving as co-directors of a “helping hands” mission that is working to meet the needs of the Day Creek Community, including:

- Trip to the doctor or hospital
- Picking up groceries
- Home visits
- Simple house or yard work
- Small home repairs
- Help to locate doctors, banks, legal advice, a house- or pet-sitter, and more

Kingdom Builders is a gift-funded mission, using volunteers from Day Creek to reach out with a helping hand to their neighbors. In doing so, we hope to create

a strong and healthy community.

The group meets Wednesdays from 6:30 to 8:30 p.m. at Day Creek Chapel. If you are interested in becoming a volunteer, please call 360.826.3003 or 360.826.3581. Any type of help is welcome and no effort is too small.

The **Day Creek Fire Hall** is looking for a community-minded person to take charge of maintenance. Tasks such as lawn mowing, bee control, pressure-washing, etc., are crucial to the upkeep of the hall. If you’re interested, call Travis Arendse at 360.826.5125.

If you have information you want to share, contact Kathy Henderson via e-mail at [winningcircularanch@gmail.com](mailto:winningcircularanch@gmail.com).

—Kathy Henderson

**Find Concrete Herald on Facebook!**

## Illabot Creek Rd. environmental assessment comments sought

The environmental assessment (EA) for the Illabot Road Project and two appendices of the EA were available for comment as of Oct. 3. The EA and appendices can be downloaded at [www.fs.fed.us/nepa/fs-usda-pop.php/?project=29892](http://www.fs.fed.us/nepa/fs-usda-pop.php/?project=29892).

The project proposes to decommission 16.07 miles of the Illabot Creek Road (Road 16) and its associated spur roads, and upgrade the remaining portion of Road 16 on National Forest System land and portions of Roads 1620 and 1620.012. The analysis area includes National Forest System Lands in the Illabot watershed, in numerous sections of Township 34 North, Ranges 10 and 11 East.

The public is invited to review and comment on this proposal. A 30-day comment period has been established. Written comments should be sent to:

Jon Vanderheyden, District Ranger  
Mt. Baker Ranger District  
810 SR 20  
Sedro-Woolley, WA 98237

Comments also may be submitted to Vanderheyden via phone, fax, e-mail, or

in person at the above address. The phone number is 360.854.2601. The fax number is 360.856.1934. Comments can be e-mailed to [jvanderheyden@fs.fed.us](mailto:jvanderheyden@fs.fed.us).

Office hours at the Mt. Baker Ranger Station are 8 a.m. to 4:30 p.m., Monday through Friday.

Vanderheyden may be contacted for more information or if a paper copy of the EA is preferred.

Other stipulations apply for those commenting; contact Vanderheyden for details.

The Forest Service preferred alternative at this time is Alternative P. Through the analysis presented in this EA, Vanderheyden determined that Alternative P is not a major Federal action that would significantly affect the quality of the human environment; therefore, an environmental impact statement is not needed.

All comments received on this proposal will be considered in the final decision. All those who comment on this document during the 30-day comment period will receive a copy of the Decision Notice and associated documents.

## AREA FOOD BANKS

### Clear Lake

#### Community Covenant Food Bank

Next to church at 12605 Hwy 9, Clear Lake  
For a referral, call Love Inc. at 360.419.7061  
between 9:30 a.m.–3 p.m.

### Concrete

#### Concrete Food Bank

112 E. Main St., Concrete  
Second, third, and fourth Thur. each month,  
Noon–3 p.m.  
360.853.8505

### Darrington

#### Darrington Food Bank

First Baptist Church  
1205 Emmens St., Darrington  
First and third week each month:  
Wed. and Thur., 10–noon and 1–2 p.m.  
360.436.9603

### Hamilton

#### Hamilton Community Food Bank

951 Petit St., Hamilton  
Every Tue., 11–noon and 1–3 p.m.

Commodities distributed first Tue. each month  
360.826.4090

### Lyman

#### Shepherd’s Heart Food Bank

8334 S. Main St., Lyman  
Thur. 11 a.m.–2 p.m.  
Third Thur. each month till 6 p.m.  
360.424.4927

### Marblemount

#### Bread of Life Food Bank

59850 State Route 20, Marblemount  
First and third Wed. each month  
11 a.m.–5 p.m.  
360.873.2504

### Sedro-Woolley

#### Helping Hands Food Bank

250 W. Moore St., Sedro-Woolley  
Wed., 10–11:45 a.m. and 12:30–4 p.m.  
Commodities distributed first Wed. each month  
360.856.2211

\*Changes? Call 360.853.8213.





**Above:** Imagine Concrete Foundation has a logo! Designed by Concrete graphic designer Carol Pando, the logo's image is a linocut by Arlington artist Ed Giecek. (The linocut differs from a woodcut in that the former is carved in red rubber.)

**Below:** Josselyn Howell, a second grader at Lyman Elementary, displays a sign from her class float during the Back to School Parade Sept. 14. (See story and contest results, p. 18.)



**Above:** High in the air, Ken Sparkman (left) and Jason Schmidt with Puget Sound Energy carefully screw in the eagle atop the new flag pole at Veterans Memorial Park in Concrete Sept. 30. **Right:** Public Works employees Dale Angell, left, Alan Wilkins, and Rich Phillips poured, spread, and leveled gravel in the area between the sidewalk and the flag pole. Next steps: a light at the base of the pole, a fence to match the one behind the Town Center sign to the west, benches, and landscaping.



**Above:** By Sept. 23, one of two camping cabins was open for business at Howard Miller Steelhead Park in Rockport, just west of the boat launch. Two more cabins are planned for sites on the east side of the launch; those will be built using dovetail construction.



**Above:** Professional painter Don Burns, who summers in Concrete, applies a coat of stain to the ceiling of the gazebo at the Angele Cupples Community Garden in Concrete Sept. 30. Burns put in time on the fence the day before.

**Below:** The Founders' Day cast of characters gather for a group photo after the Sept. 10 bank robbery reenactment.



# September



**Above:** Katie Philbrick from Rockport hams it up at the new KSVU studio in Concrete during an open house event Sept. 29. The fledgling radio station will cater exclusively to an east county audience, and needs volunteers from the area to run it. (See story, p. 6.)



**Right:** From left, Rebecca Torheim, 14; Iona Werda, 9; and Kimberly Torheim, 16, pose with their trophies from the Puyallup Fair. The girls are part of Furs & Things 4-H Club; they competed at the fair in the Cat Division. Out of five classes in the state, they won three: Grand Champion Kitten, Grand Champion Senior, and Grand Champion Long Hair. That bears repeating, don't you think? In all of Washington, with five trophies up for grabs, these three girls from Concrete brought home three of them.

Congratulations, girls! Furs & Things 4-H Club is beginning its new year. New members are welcome, from Kindergarten through 12th grade. The group meets Fridays from 5 to 7 p.m. at Community Bible Church, 45672 Limestone Street, Concrete. Questions? Call 360.853.8095.

**Above:** Center flag to the town of Concrete. Photo by [unclear]



# in pictures



**Left:** Murle Brown, a Marine Corps League member, assisted the Resource Center and Upper Skagit Library in Concrete Sept. 11 by lowering the facilities' roof to half-staff in honor of the 10-year anniversary of 9/11. Helping Murle with the task is his wife, Kay, resource technician at the Resource Center. Photo by Lou Hillman.



**Left:** Debbie Richmond of Marblemount caught this monster brown trout Sept. 9. She and her husband, Scott, were on vacation at Silverline Resort near Winthrop, with one more day to go. They gave it one last try at Pearygin Lake, with Scott hoping to catch that "big one" and Debbie content to catch "regular" fish. Debbie hooked a small rainbow trout, reeled it up to the dock—and that's when the big brown struck, taking the small trout and hoping to make a getaway. It didn't. Scott eventually netted the bruiser, which weighed 6.5 lbs. and measured 22.5 inches long. Look at the belly of that beast! "This truly will be a vacation to remember," said Scott. Photo by Scott Richmond.



**Above:** Michelle Herrera of Concrete poses on the steps of her former home with the young men she credits with saving her life after they kicked down her door and pulled her from her home while it burned the night of Sept. 23. With Herrera are, from left, Anthony "Mitch" Todd, Taylor Sterne, Tyler Post, and Caleb Omstead. (See story, p. 3.)

**Left:** Anthony Bjornstad of Burlington put in a couple four-hour volunteer shifts at the Angele Cupples Community Garden in Concrete, in September. Here, he's digging out a site for a raised bed that was donated to the young women of Concrete High School by Robert Cupples, the son of Angele, who was the Upper Skagit Garden Club's first president, elected in 1938.

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# Hamilton



## Council summary

The Hamilton Town Council held a regular meeting on Aug. 9. Following is a summary of that meeting.

- Unimin Plant Manager Kerry Kelly discussed the closing of the plant. Also present were Plant Supervisor Eric Knapp, Western Regional Manager Scott Atkins, Dan Sorenson with GEO Test, and Robb Bigger with Ecotone Solutions.

Some council members toured the Unimin grounds on Aug. 8. Kelly thanked them and spoke about Unimin's plans for the stockpile and the property after the plant closes. Kelly gave the floor to Sorensen, a licensed engineering geologist with Bellingham-based GEO Test. That firm has been contracted by Unimin to look at the structural aspects of the mineral pile and any other flood mitigation concerns, structural stability of the pile, lab testing, and permanent reclamation

of the pile, which will include re-grading and plant reclamation. Their report should be completed within the next month.

Robb Bigger with Mount Vernon-based Ecotone Solutions addressed the council. Ecotone Solutions specializes in wetland stream restorations, particularly native plant restorations. Ecotone Solutions has been contracted by Unimin to ensure the long-term restoration of the Unimin site. They will present Unimin with a plan to reach the goal of having the vegetation restored by spring 2012.

Margaret Fleek requested the Town of Hamilton see the planting plan. Bigger agreed to present the town with the plan. Councilmember Moore asked about the buildings on the Unimin site. Kelly stated Unimin's intention is to remove the buildings and haul the waste away. The current plan is to leave the concrete wall and concrete structures. The stockpile will

be reclaimed on the existing location, to grade the stock pile to slopes of 3:1 and cover with 4 inches of topsoil, broadcast seed, watch, and monitor.

After GEO Test and Ecotone Solutions have completed their review and presented Unimin with their results (approximately one month), Unimin can come up with a plan and a planting plan.

Councilmember Moore asked what Unimin planned to do with the property and when they planned to close the plant. Kelly stated that the property would belong to Unimin unless someone expressed an interest and that they were planning to close at the end of this year. They would employ Ecotone Solutions to maintain and monitor the site for the next five years. Fleek stated permits would be needed for much of the work. Unimin would apply for the necessary permits.

- Cas Hancock reported the Town of Hamilton needs a new Water System Plan, which is required by the state every six years. The new plan was due in 2009. Hancock also discussed the loss of water from leaks the Town could not find.

## Hamilton Community Food Bank update

Hamilton Community Food Bank thanks all our donors, volunteers, and clients that we serve. A summary of September follows:

- We served 537 families and 1,616 individuals, and handed out 20,985 lbs. of food, along with 1,850 lbs. of clothes; 21,064 lbs. of food/clothing were donated.
- The 37 volunteers logged in 1,012.1 hours.
- We now have 1,015 households in our database, from Marblemount/Darrington to Anacortes/Bow.

If you bring your own box, you get to draw two numbers for two prizes of your choice if you win. If you don't bring your own box, you may draw one number.

Local farmers have donated fresh vegetables.

TEFAP (Commodities) signatures are kept on the database for a year now instead of every October.

—Larry Weston, office manager

## Birdsview buzz

By Kris Voigt

Greetings from vacation in Oregon! Our kids are staying at the house and running the brewery—hope all is still there when we return! Met up with old friends and former upper valley residents Sarah Ridley and Randy Bonaventura, who live in Hood River. They are doing great, but say they miss friends from Washington.

Forgotten last month: Darrel and Anita Weidkamp had their 26th anniversary and Ed Giecek celebrated his birthday. Sorry to have overlooked those.

### Birthdays this month

- 3 Concrete Herald
- 6 Rashell Russell O'Neil
- 7 Jim Fichter
- 8 Paul Olson (my brother)
- 10 Brandon Hoover
- 13 Gilly Boardman, Don Smith
- 17 Josh Fichter
- 21 Gladys Silrus, Mandy Warner
- 23 Kellie Flaig, Becky Luttrell

- 25 Mickey Zitkovich
- 26 Riley Fichter
- 29 Sarah Ridley

This year's Cardiac Arrest Fest will be Sat., Oct. 22. We will raise money all month again for the cardiac unit at Children's Hospital in Seattle. We plan to have music from 3 p.m. on that day, as well as raffles and other fun surprises. Brewmaster Bill *might* barbecue his famous ribs.

On Sat., Oct. 29, from 1 to 4 p.m. (I think), Julie Voigt will host a pumpkin-carving/costume party. Five dollars gets you a pumpkin and a treat bag.

Our daughter, Nicki, and one of her roommates, Kristen, experienced a dream trip last month to London, Ireland, and Holland, and capped it all off with Germany for the last weekend of Oktoberfest. So happy they were able to do that.

Well, have a great month and let me know what's happening if you want to see it in this space.

## Savvy Businesses Targeted Advertise in Concrete Herald

**5,000 copies** circulate throughout Whatcom, Skagit, and Snohomish Counties (and beyond) every month, reaching a largely untapped market of readers, many of whom say they read only Concrete Herald. If you're not advertising in "The Voice of Eastern Skagit County," you're missing thousands of potential customers.

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**Valerie Stafford**  
communications director  
United General Hospital

# Concrete Herald

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## Business Spotlight: Darrington Family Dental

By Bill Mueller

In 2006 Ryan Johnstun began his dental practice in Darrington. Along with his wife, Amanda, they pursued the work, the networking, and the art of doing dentistry well. Their goal was to establish themselves in a community where they would serve for the long haul. Today, after five years, the two of them are well on their way to reaching their goal.

Ryan is a DDS, which stands for Doctor of Dental Surgery. It is somewhat similar to a DDA degree, which is a Doctor of Dental Medicine. He is a graduate of the University of Washington and completed his dental education at the University of the Pacific. He is well prepared to handle the challenges of dentistry for both old and young.

### No more tears

For many, an appointment with the



dentist is cause for fear and anxiety—but not at Darrington Family Dental. As the name implies, Ryan creates a very friendly atmosphere. He relaxes his patients with the information needed regarding how he will ensure their dental health.

“No question is out of bounds. I don’t want my patients to have any surprises in their treatment. Peace of mind is my goal for each of them,” he says.

For children and adults there is a TV, so they can be distracted during any procedures if they wish to be.

The practice accepts all types of insurance for payment. There are other payment plans that defer payment from 6 to 12 months. Ryan’s practice is on the preferred list with Washington Dental Services. His desire is to make dental care affordable for all who need it. His philosophy in dentistry is to improve the quality of life for each and every patient who seeks his services, whether it is in the area of improving one’s smile, ability to chew, hygiene, or even basic care and education in the area of overall dental health.

During the past couple of years, Ryan and Amanda have invested in technology to better help their patients. They bought a digital X-ray machine, which reduces the amount of radiation used in taking an X-ray. An Inter Oral Camera also was obtained, which allows Ryan to differentiate what areas need work and what areas do not. All this so he may be more precise in his work and care for his patients.

Ryan and Amanda make a great team at Darrington Family Dental. You’ll



The Darrington Family Dental team, from left, is Amanda Johnstun and Ryan Johnstun, DDS, and dental assistants Marvalee Smith and Johanna Jones. The practice is located at 1150 Seeman St., in Darrington. See information box below for details.

meet them both if you go in for any treatment. As receptionist, Amanda will greet you when you arrive. The practice is open on an alternating schedule, Mon. to Wed. from 8:30 a.m. to 5:30 p.m.; then Tue. to Thur. from 8:30 a.m. to 5:30 p.m., and Fri. from 8:30 a.m. to 2:30 p.m.

This is a lovely family that seeks to give care and consistency in their work. Taking care of one’s self in this area is so important, and Darrington Family Dental is a great place to do just that.

### At a glance:

## Darrington Family Dental

**Where:** 1150 Seeman St., Darrington

**Phone:** 360.436.1008

**E-mail:** darringtonfamilydental@yahoo.com

**Hours:** Alternates: Mon.-Wed. 8:30 to 5:30

Tue.-Thur. 8:30 to 5:30, Fri. 8:30 to 2:30

**Web:** www.darringtonfamilydental.net

## Open for business: Jay’s House & Yard Services Inc.

By Jason Miller

When house and landscaping tasks rear their heads, there’s a new choice in town for east county citizens.

Jason Driver of Concrete started Jay’s House & Yard Services Inc. in mid-September, aiming to provide affordable house and yard services from a trustworthy source.

A general contractor, Driver brings five years’ experience to whatever your house needs. Inside your four walls, he’ll provide basic remodeling, painting, drywall work, and general repairs. “Big or small, I do it all,” he says, stating that he can easily hire subcontractors if needed to take on larger jobs.

Outside, call Driver to cut down trees,

clear land, install fences, build decks, install siding and fascia, paint, repair your porch, install hand rails, create landscaping features, and mow your lawn.

Driver is licensed and bonded, and offers free estimates and special rates for seniors. He’s had the general contractor skill set for years, and says the move into a more formalized business was “a more suitable way to support my family.”

Driver’s business decision is timely, as government-funded home-repair grants become available to low-income homeowners. Grant options include:

- Community Development Block Grant Program and HOME Program: 800.333.4636
- USDA Rural Development: 800.670.6553
- Federal Emergency Management Agency (FEMA): 800.621.3362
- Special Housing Adaptations and Specially Adapted Housing Program: 800.827.1000



Jason Driver of Concrete started Jay’s House & Yard Services Inc. in September. “Big or small, I do it all,” said Driver, a general contractor.

## At a glance: Jay’s House & Yard Services Inc.

**Where:** P.O. Box 585, Concrete, WA 98237

**Phone:** 360.707.8177

## Friends of Upper Skagit Library Quilt Raffle tickets are still available!

**Look for raffle ticket  
sales events at Albert’s  
Red Apple Market,  
Concrete Saturday  
Market, and other  
locations.**

**Drawing will be held Oct. 22  
at 7 p.m.  
in the Upper Skagit Library.**





# Rockport



## Honoring Howard Miller

New informational signs and a kiosk dedicated to Howard Miller were in the spotlight Sept. 23 at the Howard Miller Steelhead Park in Rockport.

The signs tell the stories of the ferry, cabin, and canoe clustered at the east end of the park. They were created for the Skagit County Parks Department with funding from Seattle City Light and oversight by the U.S. Forest Service.

The kiosk honors Howard Miller, a lifelong resident of Skagit County who was committed to public service and enjoyed fishing and the outdoors. Howard Miller served four consecutive terms as county commissioner. During his tenure, Howard was instrumental in the purchase of the first 39 acres of the park's land. The park has since expanded to greater than 100 acres.

At the Sept. 23 dedication ceremony, representatives of families with close ties to the area were invited to share memories of growing up in the upper Skagit area.

After the ceremony, visitors were shown the first two of four camping cabins that the county hopes to complete by 2013.

—J. K. M.



Joyce Holt (Howard Miller's sister-in-law), Tami Miller (Howard Miller's daughter), Fred LaMont (Howard Miller's daughter, Candy Miller's, husband), Dan Harris (Jim and Joyce Harris' son), and Helen and Dick Harris posed for a photo in front of the Porter cabin. Dick Harris lived in the cabin when he was a boy. Dick Harris' brother, the late Jim Harris, provided photos for three background images used in the new informational signs at the park.



**Left:** One of several new informational signs recently installed at Howard Miller Steelhead Park in Rockport; this one tells the story of the Porter cabin. **Above:** Sisters Nancy (LaFleur) Moody (left) and Penny (LaFleur) Mitchell have lived in the area their whole lives and were on hand for the ceremony. **Above right:** Dick Harris read a poem from his collection, *Reimagine*, during the Sept. 23 dedication ceremony. **Right:** The jewel of the new installations, this kiosk tells the story of Howard Alden Miller, after whom the popular camping facility is named. The kiosk idea began when Miller's wife, Frances, was still alive.



## PIONEERING TODAY

### Vinegar's sweet side

By Melissa K. Norris

Are you ever overwhelmed while walking down the cleaning supply aisle? There are tons of products on the market, all claiming to do the best job of keeping your house clean. Back in the day, there weren't foams, sprays, or gels from which to choose. Good-old-fashioned elbow grease and water were the two products on hand for the pioneers, along with one other little ingredient: vinegar.

Vinegar's preserving ability is well known. My mouth waters thinking of the variety of pickles lining my pantry shelves. Sauces and dressings wouldn't taste the same without a small bite of vinegar.

Here are some other uses for vinegar you might not know about or use.

1. **Window cleaner.** Take a spray bottle (I used an old, rinsed-out Windex container), add approximately ¼ cup of white vinegar, then fill to the top with water. Even using paper towels, I washed my sliding glass door, mirrors, and all the windows without a single streak.
2. **Floor cleaner.** Add a cup or so to your bucket or sink full of water. No soap. Use to mop your hardwood, laminate, tile, or linoleum. Vinegar won't hurt your grout or your tile like other harsh cleaners; plus, it kills bacteria. Ever notice small dark spots in the dips of your linoleum? Over time, soap builds up and dirt sticks to it. Using vinegar eliminates these spots. If you have little ones or pets, you won't have to worry about harsh chemicals where they play.
3. **Laundry room.** Add ¼ cup vinegar to your laundry instead of bleach. It will kill odor-causing bacteria and clean your washing machine without discoloring your clothing. I toss mine into the liquid softener dispenser.

If you know of other uses for vinegar, drop me an e-mail at [melissaknorris@juno.com](mailto:melissaknorris@juno.com).

*Melissa K. Norris is a Christian fiction romance author who lives in Rockport. Visit her Web site: [www.melissaknorris.com](http://www.melissaknorris.com).*

**You have 30 days** →





# Darrington



## PSE offers new and increased energy efficiency rebates

BELLEVUE — Puget Sound Energy is offering new and increased rebates on energy-efficient water and space heating equipment, as well as windows, providing even more ways customers can save both energy and money this winter.

The utility offers a wide selection of rebates and incentives for equipment that reduces energy use and lowers customer bills; some rebates qualify for additional promotional offers by using PSE's contractor referral service.

Customers who combine PSE's rebates with participating contractors' promotional offers could receive as much as \$2,000 when they install home heating equipment and as much as \$2,250 for windows.

Residential customers can also take advantage of PSE rebates on energy-efficient appliances such as refrigerators and clothes washers, and energy-efficient equipment and upgrades including water heaters, furnaces, boilers, and heat pumps. Customers can receive up to \$3,950 when converting electric space- and water-heating equipment to natural gas. The utility also offers customers in-home services such as a free HomePrint Assessment and a \$450 rebate on Home Performance with ENERGY STAR.

To learn more about energy-efficiency rebates, call a PSE Energy Advisor at 800.562.1482, Mon. through Fri. between 8 a.m. and 5 p.m. or visit [www.pse.com/rebates](http://www.pse.com/rebates).

## October calendar

Events celebratory and cerebral mark October's calendar in Darrington.

### Voters Forum

A Voters Forum will be held at the Cascade Senior Center, 1115 Darrington St., Oct. 11, with a meet-and-greet at 6:30 p.m. Those running for positions on the Darrington School Board, Fire District, and City Council will deliver short presentations at 7 p.m. Moderators for the Voters Forum will be from the League of Women Voters.

### Harvest Festival

Enjoy old-fashioned fun at the Mansford Grange Harvest Festival, located on Railroad Ave. behind the IGA, Oct. 8, from 10 a.m. to 3:30 p.m. See who wins the Giant Zucchini Hall of Fame Award. There will be local vendors with handcrafted foods and other fine items.

### Darrington Holiday Bazaar

The colorful Darrington Holiday Bazaar is one-of-a-kind. Many children, moms, and dads will wait outside, gazing upward and listening for the first sound of the helicopter that brings Santa from the North Pole.

This year's bazaar will be held at 1085 Fir St. in Darrington, on Dec. 3, from 9 a.m. to 3 p.m., and is sponsored by the Darrington PTSA. Santa will arrive at 10 a.m., but he will have to leave by 2 p.m. to see more girls and boys.

The school will be filled with vendors selling handcrafted items, whimsical gifts, and tasty treats.

—Compiled by Marla Skaglund

## Concrete Herald



Photo courtesy of Granite Falls Historical Museum

## Community Contra Dance

A Community Contra Dance will be held Oct. 15, at 7 p.m. at the Mansford Grange in Darrington.

What's a "contra" dance? Centuries ago, it was an English "country dance" that the French picked up and translated as *contredanse*. The term morphed back into English as "contra dance."

The event is organized by Matthew Rikken, who said he was intrigued by the art form after a friend lent him some music upon which the dance is based.

"I thought it would be a fun thing to do in the community," said Rikken. "I'm hoping it will be an ongoing community event, with local musicians."

Rikken will attend with another dance enthusiast, Catherine Austin, who will be his dance partner, although dancers don't need partners to enjoy themselves.

"You can come alone, because you switch partners throughout the dances," said Rikken. "Very few people dance with the same partner throughout the evening."

Music will be provided by Two Thirds Cubic Roots, with calling by Michael Karcher. An instruction period will be held at 7 p.m., with the dance following at 7:30 p.m.

A \$7 donation is requested.

For more information, call Rikken at 206.402.8646.

**You have 30 days:**

**Illabot Creek Rd.  
environmental  
assessment  
comments sought.**

**See article, p. 19.**

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# Marblemount



## Remembering the fallen



Members of the Marblemount Volunteer Fire Department held a remembrance and meet-and-greet at the Marblemount Fire Hall Sept. 11 in memory of the firefighters and paramedics who lost their lives during the tragedy of Sept. 11, 2001. The firefighters sounded a siren at each moment a crash occurred on that day, at 8:46, 9:03, 9:37, and 10:30 a.m. Eastern time. **Above left:** A 9/11 memorial inside the fire hall. **Above right:** Several Marblemount firefighters paused for a photo during the remembrance. From left, Chief Larry Schroder, Bob Garrison, Abe Meyer, Bob Hopfield, and Kyle Peninger. *Photo by Elizabeth Lentz.*



**Above left:** Marblemount firefighters proudly display their trophies after "taking home the boot" by winning overall during the Firemen's Muster contest at this year's Cascade Days Aug. 20. From left, Abe Meyer, Bob Hopfield, Kyle Peninger, and Chief Larry Schroder. *Photo by Elizabeth Lentz.* **Above right:** Aurora Meyer, 7, accepts a donation from a motorist while her sister, Cheyanne Meyer, and father, Abe Meyer, look on. The trio were participating in the Marblemount Fire Department Boot Drive Sept. 4, which pulled in about \$4,000 during its three-day run. "It's definitely a big boost for the department," said Meyer.





# Newhalem



## Outdoor Skagit

By Bob DiLeo

There's a chill in the air, leaves are falling in brilliant colors, and there are geese honking throughout the Skagit valley. Fall is here.

For outdoor enthusiasts, fall is the best time of the year. Fishing season is in full swing on the Skagit River. Pinks are still in good numbers; there are still some good ones coming up. Use anything: pink jigs, pink spoons, pink spinners, or plunking with pink wing bobbers and a sand shrimp. Coho are starting to show up in good numbers all the way up to the Cascade River. Drifting salmon egg clusters with a small green or chartreuse corky with a lot of patience is working very well.

Hunting season is in for archery and bear. There are a lot of bear around this year if you find the right berry patch or look along the tributary streams of the

Skagit. There was good success with the elk and deer archery seasons. Deer gun season is coming up very soon in the Skagit valley and throughout the state. There seems to be good numbers of blacktail deer in the valley this year. The east side has lots of white tail and mule deer; with some good luck with the weather, it should be a good season.

Fall also is a good time to camp and hike if you're prepared for the weather—my favorite time to be outdoors. Always remember to be safe, however, and aware there are others outdoors doing what they like to do too. If you are outdoors simply for the sheer enjoyment, remember there could be hunters out and about, so a good fluorescent orange vest is this writer's suggestion. Check all laws and regulations before going outdoors.

If you have a question or suggestion, e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

I will hold a meeting on the Baker River sockeye fishery in late October. If you'd like to attend, let me know.

## Can't pay your phone bill? Telephone assistance program helps residents "stay connected"

OLYMPIA — Staying connected to local telephone services can improve and possibly save many lives, especially in these tough times, say state regulators.

Washington Telephone Assistance Program (WTAP) provides assistance to those who cannot afford to pay full price for phone service.

Residents who participate in or are eligible for certain public-assistance programs, such as Food Assistance or Temporary Assistance for Needy Families (TANF) from the state Department of Social and Health Services (DSHS), are entitled to receive local telephone service for about \$8 per month plus taxes and fees. WTAP also provides a reduced or no-cost service installation for qualifying households that do not currently have telephone service.

To apply for WTAP benefits, contact your local landline telephone company and provide your DSHS client ID number.

The WTAP Community Voice Mail Program also provides a free personal phone number and voice mailbox to qualifying residents in transition housing, because the line between a job interview and a job offer can be as thin as a phone cord. Without voice mail, applicants cannot respond quickly to job offers.

For more information on the WTAP program, contact DSHS at 888.700.8880 or [www.dshs.wa.gov](http://www.dshs.wa.gov). For information on the Community Voice Mail program, go to [www.cvm.org](http://www.cvm.org).

If you have problems signing up for WTAP benefits, call the UTC at 1.888.333.9882 or go to [www.utc.wa.gov/consumer](http://www.utc.wa.gov/consumer).

The **Skagit General Store** in Newhalem is now open seven days a week, from 10 a.m. to 5 p.m. Closed weekends beginning Oct. 22. 206.386.4489.

## Angele Cupples



## Community Garden

The Angele Cupples Community Garden owes its existence to the following individuals, businesses, and organizations who donated time, money, and material support toward its creation and maintenance.

### INDIVIDUALS

Anonymous  
Floyd Anderson  
David & Rebecca Atwood  
Margie Bell  
James Brangham  
Tim Bridge  
Kay Brown  
Conrad Claybo  
Monica Crosson  
Kevin & Karna Cupples  
Robert Cupples  
Olivia Davis  
Joseph DiLeo  
Lillian DiLeo  
Robert DiLeo, Jr.  
Robert DiLeo, Sr.  
James & Sharon Dillon  
Jason Driver  
Allen & Carol Fabrick  
Karen Ganion  
Josh Gentry  
Lynette Gentry

Maryka Gentry  
Evalyn Goeringer  
Barb Hawkings  
Chad Hawkings  
Jim & Lou Hillman  
Chris Jansen  
Drake Jansen  
Eric Jonson  
Kyle Jonson  
Tom Jones  
Peter & Susan (Cupples)  
Kirchner  
Frank Knight  
Lonna & Jasmine Lloyd  
Jack Mears  
Jason Miller  
James & Stephanie Morga-  
reidge  
Larry Mosby  
Bill Newby  
Denise Newman  
Sarah Newman  
Randy ...

Jim Parker  
Don Payne  
Dan Pfluger  
Rich Phillips  
Cheryl Prier  
Darrel & Marla Reed  
Beverly Richmond  
Paul Rider  
Jerry Robinson  
Ed Rogge  
Don & Carol Rohan  
Tom Rose  
Steve & Charisse Scheer  
Tim & Lise Sconce  
Jerrie Sheppard  
David Soule  
Daniel Starks  
Keith & Susan Taxdahl  
Nicolette Thornton  
KC Tonkyn  
Jose Torres  
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Alan Wilkins

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Barbara Withrow  
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Ann Young  
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Northwest Cedar Salvage  
Northwest Garden Bling  
Payne Enterprises  
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Town of Concrete  
Upper Valley Awareness  
Task Force

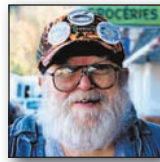
**Want your name  
on this sign?**  
Help support Concrete's first community garden  
with a donation of your time or money.

For more information, contact:  
Jason Miller: 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com)  
Marla Reed: 360.391.2589 or [marla.mr@frontier.com](mailto:marla.mr@frontier.com)





# Seniors



## Coffee Break

### Halloween forever

By Patrick Kennedy

Halloween is just around the corner, almost time to act, play the scene, and pretend to be another person or creature. If done right, seniors can become movie stars, athletes, teens, or tweens, or a ghost, zombie, or werewolf. A half human like Frankenstein is popular so your creepy side can come out, at least for one night.

To pretend is to give a false appearance of being, possessing, or performing; to make believe. "Acting is a nice childish profession—pretending you're someone else and, at the same time, selling yourself," said Katharine Hepburn.

Halloween, then, is a childish holiday that senior citizens can snag on to for one evening: Oct. 31, observed especially by dressing up in disguise, trick-or-treating, having a costume party, and displaying jack-o'-lanterns during the evening. It is a night to discard that dusty image that all seniors are tagged with and become someone else for a change. Or really bust the crust and go out trick-or-treating.

"Oh, what will the neighbors say?" you may wonder. Who cares? Besides, if your disguise is good enough, they won't know who you are.

Visit the local haunted house; every town has one or two on this special spooky eve. They are entertainment venues designed to thrill and scare patrons, but you've seen it all before so you'll have to fake it.

Seniors are accustomed to pretense. They pretend to be healthy when they're not, pretend to exercise and eat only healthful foods, and pretend to be happy when they're not. Pretending in these cases could almost be defined as lying. In most cases it's not that, it's just avoiding the bad things in life and trying to live life in a comfortable fashion.

Every now and then, these same people become too concerned and make life a little bumpy for senior citizens who don't want to eat or stretch those muscles to gain a day's worth of extra life. Yes, for these seniors the world is a stage and they are the sole star.

But on the other side of the stage, there are those who don't pretend but complain about everything, and still don't do the right things. "Happiness depends upon ourselves," said Aristotle.

On Halloween, seniors can dress up to be anything or anyone they want to be. It is their night to howl, growl, purr, sing, or even beg for candy from house to house. It only comes once a year, but the attitude can carry over into daily life: Halloween forever.

*Patrick M. Kennedy is the author of Being a Senior Citizen. Find it at [www.funwithretirement.com](http://www.funwithretirement.com).*

## Way Back When

### 80 years ago

Oct. 15, 1931: Thomas Ford of Edmonton, Canada, who is spending a three-week vacation with his wife at the home of their daughter, Mrs. R. M. Miller, in Concrete, had the unusual experience last week of being mistaken for a bandit and placed under arrest on a charge of grand larceny. He was arrested in Concrete last Wednesday and taken to Mount Vernon, where he was met by Mr. Harvey, chief of detectives of Calgary, who looked him over and asked him a few questions, and then decided he had the wrong man.

An oil line between Calgary and Edmonton had been tapped regularly and thousands of gallons of oil stolen, and in running down the guilty parties it was found that one Thomas F. Ford was the leader of the gang. It was known that Ford's wife lived in Bellingham, and when it was found by checking records of the customs service that a Thomas Ford had passed through on his way to Concrete, the Canadian authorities jumped to the conclusion that the man here was the one they wanted, so they had him placed under arrest. At latest reports, the Ford they want is still at large.

### 70 years ago

Oct. 2, 1941: A group of Birdsvie women met Monday at the Birdsvie gym to get books ready for the community library,

which is to be conducted by Miss Ruth Helickson at the school library room. Many fine books have been donated and will be ready to lend soon.

Oct. 23, 1941: The government fish hatchery at Baker Lake, which has been idle for the past few years, has now been declared officially abandoned under orders received last week by the U.S. Forest Service at Bellingham from the regional office in Portland.

Abandonment of the hatchery will leave the site open for development of an excellent resort, either under the forest service recreational program or possibly through leasing to private individuals.

The hatchery was built in 1900. At that time, it was one of the first and largest hatcheries in the state.

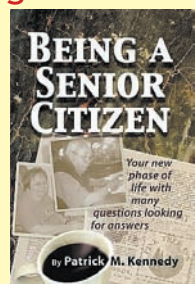
### 60 years ago

Oct. 4, 1951: The sweeping turn in the upper valley highway just below Bullerville was the scene of two wrecks Monday night, both being cars that were moving too fast to make the curve. Luckily, both drivers came out with only minor injuries. Another curious coincidence was that both men were driving borrowed cars and both cars were badly damaged.

The first accident occurred at 7:45 p.m. when Donald L. Holmes of Suquamish missed the turn and went off the road to the left, tearing out a group of mailboxes and coming to rest against a log. The State Patrol arrived to investigate, and the driver talked his way into an arrest.

The wrecker was hardly back to town when another call came from

### Being a Senior Citizen



Order your copy of  
Patrick M. Kennedy's book

<http://funwithretirement.com/BeingSenior.htm>

See **Way Back**, p. 29



## Concrete Center October 2011 Activities

Lunch served  
Mon. – Fri., 12:30 p.m.

### Mondays

9 a.m. Beginning quilting  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Tuesdays

10 a.m. Movie  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Wednesdays

8:30 a.m. – 3 p.m. Advanced quilting  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Thursdays

10 a.m. – 2 p.m. Wii Sports play  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Fridays

11:30 a.m. Jigsaw puzzle  
Noon Dominoes

### Special Events

10/4 Movie: "The Sting"  
10/5 12:30 p.m. Flu shots  
10/11 10 a.m. Movie: "Apollo 13"  
10/12 11 p.m. Advisory Board mtg.  
10/12 1 p.m. Bingo  
10/18 10 a.m. Movie: "2012"  
10/21 12:30 p.m. Birthday Lunch  
10/25 10 a.m. Movie: "Smokey and the Bandit 3"  
10/25 12:45 p.m. Leap of Faith  
10/26 1 p.m. Bingo

### Holiday Closures

10/17 Furlough Day:  
All Skagit County offices closed

### CAN YOU HELP?

Concrete Center needs dishwashers, plus volunteer drivers for the Meals On Wheels program. For more information, call 360.853.8400 or e-mail sarap@co.skagit.wa.us.

### Way Back, cont. from p. 28

the same spot. John E. Landenglas of Eatonville had rolled his car over into the yard of Bill Stephens at 11 p.m.

### 50 years ago

Oct. 12, 1961: Fifty years of waiting for a bridge is ample excuse for a big party when the bridge is finally opened, say the people of Rockport. They are busily working toward the biggest bridge dedication celebration in the valley for Sat., Oct. 21.

There will be a free meal of beef sandwiches, salads, and all the extra snacks, music by the Concrete High School Band, and speeches by local and imported dignitaries.

The biggest change, however, is that after the tumult and shouting die, the people of Rockport will no longer be wedded to the clock, which has been telling them for years just how much time they had to make the last ferry across the river, or how much to allow for the crossing each way.

## An occasional comment

By Jeanne Malbrain

My grandma had a plant in her house that was called "Wandering Jew." I didn't question the name of that plant, probably because I was just a kid and didn't even know what the word "Jew" meant.

After some war (you supply the date), the British looked at Palestine and carved out a hunk of their land, gave it to the Jews, and the state of Israel was born. Since then, somehow the Israelis managed to carve out the Gaza Strip and the West Bank, slowly enlarging that territory to add to Israel.

Jump back in history: In 550 B.C., Cyrus the Great was the ruler of Babylon, then the greatest city in the world. He allowed the Jews, who lived in exile, to return to Babylon and rebuild their temple in Jerusalem.

Is this hegemony? Wasn't Palestine a state long before it was carved up? Go figure.

Kakenya Natalya was born and raised in a South Kenyan village with no roads or electricity. She was expected to pledge marriage to a 6-year-old boy, and by age 13 be circumcised and marry the boy. She didn't want that.

In grade school she dreamed of becoming a teacher. She and her mother planted sugar cane to pay for her uniform and books. By 7th grade most girls in her class had dropped out to obey the custom. Her father was putting pressure on her to do likewise. She announced rather than do that she would run away. She did better than the boys.

This year, she will earn her Ph.D. in education from the University of Pittsburgh. She has opened a school for girls in her home state in South Africa. They have 94 girls enrolled in grades 4 through 6.

Takes tiny steps.

## Top 5 overlooked (but important) things when considering senior living options

By Mary Cordova

When the time comes to move a loved one into a senior living community, the options can be overwhelming and it can be difficult to determine what you need. Here are five important things that are often overlooked or misunderstood when considering senior living options.

### 1. You're not alone

One of the first things families experience when evaluating a new home for their loved one is overwhelming emotion: guilt, fear, sadness and more. It's important to remember you are not alone! These feelings are perfectly normal and nearly every person going through this process experiences them.

### 2. Know your benefits

Most benefits packages, from Medicare to Veteran's programs, are very complex. It's important to educate yourself in the intricacies of the benefits plan to ensure your loved one is able to take advantage of every benefit they are entitled to. Consume all information available.

### 3. Let family members narrow choices

The initial tours of senior living communities can be quite overwhelming. Often you'll want to visit multiple places and will have to meet with many different people. This can be a difficult experience for a senior, particularly for those against the idea of moving. It's often

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MAKING SENSE OF INVESTING

See Senior Living, p. 38



# Sunday School lesson

## Forgive us as we forgive

By Tom Ross



Last month's tenth anniversary of the 9/11 attacks coincided with Bible readings about forgiveness. More often than not, a list of verses assembled years ago can be a perfect fit for Sunday after Sunday. Some of our remembrance was devoted to the bravery of Ground Zero workers, police, firefighters, and passengers on United 93. Some reflected on the outcomes of those dark days, two major wars in Iraq and Afghanistan. Now that our forces have found and killed Osama bin Laden, are we as a nation any closer to resolution of the causes of the attacks?

Peter asked Jesus, "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?" (Matt. 18:21). Peter knew that rabbis required forgiving three times, but not four. Knowing Jesus as a man of peace, he added the two together and reached seven, a special number to Jews, and an extravagant show of forgiveness. Jesus said to him, "Not seven times, but, I tell you, 77 times (some translations say 70 times seven). Peter was astonished.

Jesus did not respond with a sermon, but a story comparing two slaves in debt (see Matt. 18:23-35). The first slave must have been some government official

because he owed the king 10,000 talents, an astronomical sum exceeding ten years of King Herod's entire tax collections. When he begged the king, the king took pity on him, released him from a sentence to debtor's prison, and forgave him. No known king had ever shown such undeserved kindness. Jesus had to be talking about God.

The sweat from fear of prison had scarcely dried from the first slave's forehead when on the palace steps he came across a fellow slave who owed him one hundred days' wages. The second slave must have stopped paying for some livestock or a boat. He attacked the second slave, began choking him, and demanded that he pay up immediately. In the same words he had used moments before, the second slave begged, "Have patience with me, and I will pay you." The first slave refused to listen and threw him into prison until his family would pay the debt for his release.

Other slaves who had witnessed the king's unprecedented forgiveness and the thoughtless cruelty of the first slave were outraged and ran to the king with the report. The king called the first slave before him, and reinstated his sentence

with the angry reprimand, "Should you not have had mercy on your fellow slave, as I had mercy on you?" (Matt. 18:33). For comparison, one talent is 6,000 days' wages or 60 times the second slave's debt. The king had forgiven 600,000 times as much as the second slave owed. The story has to be talking about God.

These astronomical amounts lead us to think how God set up an account when Jesus died on the cross, from which God forgives us when we ask. God is for us, not against us. God wants to bring us into the kingdom of heaven. God did not send the Son into the world to condemn the world, but in order that the world might be saved through him (John 3:17). This is the first practical application of this story. God forgives people who ask and welcomes them into the kingdom of heaven.

A second practical application: A member of the congregation said this story made him think of feuds, such as between the Hatfields and McCoys in Kentucky from the 1860s to 1890s. A feud is a cycle of revenge. One disrespect causes injury, injury leads to murder, murder leads to murders and more murders. It can continue even when the original insult has been forgotten. What breaks this cycle of violence? Forgiveness. We have heard of the racial violence in South Africa during apartheid. We have heard of the genocide of one tribe against another in Rwanda.

See **Sunday School**, p. 38

# Obituaries

**Grady Merritt Claybo Jr.**, age 72, passed away Sat., Sept. 17, 2011, at Peace Health St. Joseph Medical Center in Bellingham. He was born Jan. 1, 1939, in Cullowhee, N.C., to Grady M. and Maude (Pressley) Claybo.



Grady was a lifetime resident of Birdview, and he worked as a pot line supervisor at Intalco for 29 years, retiring in 1997. He was married to Shirley Deitz on Oct. 24, 1958, in Hamilton, and they would have celebrated 53 years together in October.

Grady enjoyed visiting with friends and family, traveling, hunting, fishing, gardening, and bird-watching. He was a member of the Wildwood Chapel and Lions Club, and a former member of the Birdview Fire Department for 25 years.

He is survived by his wife, Shirley, of the family home in Birdview; his mother, Maude Claybo of Birdview; his children, Bill Claybo of Birdview, Barbara Haight and her husband, Larry, of Birdview, David Claybo and his wife, Cindy, of Concrete, and Debra Claybo of Birdview; eight grandchildren, Kiele Claybo, Meghan Parker, Dustin Claybo, Amanda Claybo, Whitney Claybo, Baily Dalrymple, Nolan Claybo, and Lacey Haight; five great-grandchildren, Tyler, Callie, Gracyn, Race, and Mason; three brothers, Conrad Claybo and his wife, Lucy, Clyde Claybo and his wife, Phyllis, and Bob Claybo and his wife, Dene, all of Birdview; two sisters, Ann Mathis and her husband, Newman, and Sharon Mathis, all of Cullowhee, N.C.; and numerous nieces and nephews.

He is preceded in death by his father, Grady Claybo; brother, Kenneth Claybo; and daughter-in-law, Karen Claybo.

Graveside Services were held Fri., Sept. 23, 2011, at 11 a.m. at the Hamilton Cemetery, with Pastor Duane Stixrud of the Wildwood Chapel officiating. A potluck reception followed services at the Birdview Fire Hall.

In lieu of flowers, make donations to Wildwood Chapel, P.O. Box 407, Sedro-Woolley, or Concrete Lions Club Children's Fund, P.O. Box 40, Concrete.

Arrangements and services under the care of Lemley Chapel, Sedro-Woolley. Please share your memories of Grady and sign the online guestbook at [www.lemleychapel.com](http://www.lemleychapel.com).

## Worship directory

### Assembly of God

Concrete Assembly of God  
45734 Main St., Concrete; 853.8042  
Sun. worship: 10 a.m.  
Tue.: Men's meeting, 8:30 a.m.  
Wed.: Adult Bible study, 6 p.m.  
Thur.: Women's Bible study, 6:30 p.m.  
Bruce Martin, pastor

North Cascade Community Church  
59850 SR 20, Marblemount  
360.873.2504 // [www.mmag.net](http://www.mmag.net)  
Sunday School: 9:30 a.m.  
Sun. worship: 10:30 a.m.

Wed.: Teen Connection, 6 p.m.  
Women's Ministry, 2 p.m. (2nd, 4th, and 5th Wed.)  
Thur.: Men's Breakfast, 8 a.m.  
Dave Nichols, pastor  
E-mail: [pastordave@fastmail.fm](mailto:pastordave@fastmail.fm)

### Baptist

First Baptist Church  
12732 Hemlock St., Clear Lake  
360.856.2767  
Sunday School: 9:45 a.m.  
Sun. worship: 11 a.m. and 6 p.m.  
Wed.: 7 p.m.  
John Batts, pastor  
E-mail: [pastorjohn@firstbaptistclearlake.com](mailto:pastorjohn@firstbaptistclearlake.com)

Hamilton First Baptist Church  
797 Hamilton Cemetery Rd. at SR 20  
Office: 360.826.3307  
Sunday School: 9:40 a.m.  
Sun. worship: 11 a.m. and 7 p.m.  
Ron Edwards, pastor

Lyman Baptist Church  
31441 W. Main St., Lyman  
Office: 360.826.3287  
Sunday School: 9:30 a.m.  
Sun. worship: 11 a.m.

### Catholic

St. Catherine Mission Church  
45603 Limestone St., Concrete  
Office: 855.0077  
Weekday hours: 9:30 a.m.-1:30 p.m.  
Sun. Mass: 8:30 a.m.  
Father Martin Bourke, pastor

### Covenant

Community Covenant Church  
12605 Highway 9, Clear Lake  
360.856.1023 // [covenant@wavecable.com](mailto:covenant@wavecable.com)  
[www.clearlakecov.org](http://www.clearlakecov.org)  
Sunday School: 9:30 a.m.  
Sun. worship: 11 a.m.  
Call for weekly youth group/Bible studies  
Tim Hedberg, pastor

### Presbyterian

Mount Baker Presbyterian Church  
45705 Main St., P.O. Box 246, Concrete  
Church 853.8585; office 595.0446  
[www.mtbakerpresbyterian.synodnw.org](http://www.mtbakerpresbyterian.synodnw.org)  
Sun. worship: 9 a.m.  
Tom Ross, pastor

### Lutheran

Shepherd of the Hills Lutheran Church  
46372 Main St., Concrete / 853.8814  
Sun. worship: 10 a.m.  
Marcus Stroud, pastor

### Nondenominational

Community Bible Church  
45672 Limestone, Concrete; 853.8511  
E-mail: [cbcofconcrete@earthlink.net](mailto:cbcofconcrete@earthlink.net)  
Sun. School: 9 a.m.; Worship Svc: 10 a.m.  
Childcare/Children's Ministries at both  
Contact church for other ministries  
Rob Thomas, pastor

Rockport Christ the King Comm. Church  
11982 Martin Rd., Rockport, WA 98283  
Church office: 853.8746  
Pre-service fellowship: 9:30 a.m.  
Sun. service: 10 a.m.  
Sun. eve. Bible study: 5 p.m.

To add your place of worship to this directory, call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

### Worth repeating ...

"A man with God is always in the majority."

"No one else holds or has held the place in the heart of the world which Jesus holds. Other gods have been as devoutly worshipped; no other man has been so devoutly loved."

"You cannot antagonize and influence at the same time."

—John Knox

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# Sheriff's blotter

## Aug. 29

A dump truck driver advised something hit his truck as he drove past a residence near Hamilton. Deputies spoke to some juvenile males, who admitted to throwing a carrot.

## Aug. 30

A Concrete caller advised of juvenile males riding dirt bikes on the roadway.

## Aug. 31

A Concrete caller advised of a horse in a field without water. Deputies checked. The horse was fine, but had knocked over his water bin.

## Sept. 1

A Lyman caller advised of a deer in the road. A deputy moved it off the road.

## Sept. 2

A Concrete caller advised someone had entered his home through an open window and stole several items.

A Clear Lake caller advised someone was out tampering with his dog kennel, and ran into the woods when confronted.

## Sept. 3

A Lake Cavanaugh caller advised of someone running around naked near the lake. Deputies were unable to locate anyone.

A Grasmere caller advised of campers yelling at their own children all day long. Caller called back to say they had packed up and left.

## Sept. 5

A Sedro-Woolley caller reported cows crossing Sterling Rd. near United General Hospital.

A Rockport caller reported two Labrador retrievers missing in the Martin Rd. area. One is yellow; the other is brown. Yellow Lab is male, has tags, and is approximately 10 years old. Brown Lab is female, 8 months old, with no collar.

## Sept. 6

A Concrete caller reported loud music coming from a van parked on Limestone St., with a subject sitting inside the vehicle.

## Sept. 7

A Hamilton caller reported a loud party on Maple Ave., with subjects who had been drinking.

## Sept. 8

A Hamilton caller reported an ongoing problem with dogs barking at a residence on Maple St.

## Sept. 9

A Day Creek caller reported subjects had been camping out behind the reporting party's property and a neighbor's residence. It was unknown if the campers were allowed to be there.

## Sept. 10

A vehicle was reported to be passing on a reporting party's property. Vehicle is a purple and blue Subaru wagon, which was

blocking the reporting party's gate access from South Skagit Highway. Deputy did not see any subjects while investigating.

## Sept. 11

A Day Creek caller from an emergency room reported he had been bitten by a dog one week prior to the call in the W. Pressentin Dr. area of Day Creek.

A Sedro-Woolley caller reported suspicious activity on private property along Minkler Rd. A vehicle was parked on the reporting party's property, with a possible intruder on foot with a flashlight.

## Sept. 12

A caller from Baker Lake Rd. reported having fallen asleep at the wheel and hit a guardrail. No injuries.

## Sept. 13

A caller from Schulze Rd. in Hamilton reported having been assaulted by the caller's mother.

## Sept. 14

A Concrete caller reported an ongoing problem with a neighbor's dog barking.

## Sept. 16

A caller reported a burglary in a garage on Hideaway Lane in Grasmere and requested that a deputy investigate.

## Level 2 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence when, in the discretion of the agency, the release of information will enhance public safety and protection.

### Frost, Jesse Richard

Age: 42  
Race: W  
Sex: M  
Height: 5' 9"  
Weight: 160  
Hair: Brown  
Eyes: Brown  
Address: 256xx



Minkler Rd., Sedro-Woolley

Frost was convicted of sexual assault and false imprisonment in California, in 1994. His victim was a 21-year-old female who was not known to him.

Frost is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

Source: Skagit County Sheriff

## Sept. 17

A Lyman caller reported a neighbor's pet bull mastiff dog was loose along the Lyman-Hamilton Highway, chasing bikers and not allowing the reporting party to reach the caller's vehicle.

## Sept. 18

A person pumped \$100 worth of gas from a Marblemount gas station and then drove away without paying.

## Sept. 19

The owner of a vacant house on Division St. in Concrete reported extensive damage to the outside of the house and its yard, and gave suspect information to a deputy.

## Sept. 20

A caller along State Route 9 in Prairie reported a video camera stolen. Victim knows who took it.

A Cape Horn caller claimed he had heard something outside and someone had tried to kill him the night before. Deputies determined his claims to be unfounded.

## Sept. 21

A Clear Lake caller reported damage to the caller's fence and a neighbor's fence.

A burglary was reported along Shoemaker Lane near Marblemount. A woman's travel trailer residence had been entered and items were missing.

## Sept. 22

A caller reported a prowler along Old Day

Creek Rd. in Day Creek. The caller could see flashlights and hear drilling.

## Sept. 23

A brother punched another brother in a Spruce Court residence in Cape Horn. The confrontation was no longer physical when the call was made.

## Sept. 23

A Sedro-Woolley caller reported an ongoing problem with a neighbor's goats in her yard.

## Sept. 24

A theft of a wallet and credit cards was reported near the Sauk Connection Rd. near Concrete.

## Sept. 25

A call of suspicious behavior came in from Hamilton. A female was sitting on a front porch, stating she was lost.

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# Health



## Good habits can help prevent flu

With flu season fast upon us, it pays to take reasonable steps to prevent the influenza virus from getting a foothold or spreading to other people. Following these basic steps will help minimize your chances of coming down with the nasties—or passing the flu to someone else.

- Get a flu shot! Your doctor can administer the vaccine or you can take advantage of the flu shot clinic at Albert's Red Apple in Concrete on Oct. 14 (see notice, this page).
- Avoid close contact with people who are sick. If you are sick, keep your distance from others to protect them from getting sick too.
- If possible, stay home from work, school, and errands when you are sick. You will help to prevent others

- from catching your illness.
- Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.
- Germs often are spread when a person touches something that is contaminated, then touches his or her eyes, nose, or mouth.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious foods.

Source: Concrete Employee News.

## Protect your health. Protect your loved ones. Get your flu shot!

**When:**  
Fri., Oct. 14, 4 to 6 p.m.

**Where:**  
Albert's Red Apple Market  
44546 SR 20  
Concrete

**Cost:**  
\$30

Available for all persons older than 12 years. All immunizations administered by a licensed nurse.

Insurance plans accepted:  
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www.getaflushot.com

\*You must present your insurance card

## Sinus health tips for flu and cold season

(ARA) — If you're a "seasonal allergy" sufferer, you know the term "seasonal" can be a misnomer. Allergy symptoms can flare up year-round, even during the height of cold and flu season.

Just as cold and flu season doesn't stop when winter ends, allergies don't necessarily disappear just because summer is over. Taking care of your sinuses year-round can help you feel better whatever the season.

"Sinus health is the foundation for good respiratory health," said Mike Tringale, vice president at the Asthma and Allergy Foundation of America (AAFA). "And we are increasingly finding that relieving nasal congestion makes a huge impact on the quality of life for people of all ages."

AAFA offers some tips for reducing sinus symptoms, whether they're caused by allergies, a cold, or the flu:

- To reduce your chance of catching a cold, avoid touching your face or nose. Wash your hands with hot water and soap regularly, especially after being in public places like stores, transit stations, schools, or offices.
- To clear out nasal congestion, consider naturally derived saline moisturizers, available at most retailers, year-round. Drug-free and preservative-free options can be used as frequently as needed because they typically are made of purified water and sodium chloride.
- Talk to your doctor about getting a flu shot each year to try to avoid getting the flu. However, if you feel flu-like symptoms, talk to your doctor within the first few days to get medications that will reduce the severity.
- Manage your seasonal allergies by reading daily pollen counts and limiting your outdoor exposure on high-pollen days, and keep windows and doors closed during the morning hours before noon, when pollen tends to be most prevalent in the air.

## Halloween can be disastrous for oral health

By Ron Inge, DDS

While dental disease is the number one chronic disease of early childhood, most parents may consider Halloween among the worst holidays for oral health. However, Washington Dental Service, the state's largest provider of dental benefits, states that this spooky season actually provides children an opportunity to enjoy treats while learning good oral health habits for the rest of the year.

With trick-or-treating and stashes of sugary sweets creeping around the corner, here are my top five tips to help little ghosts and goblins avoid the oral health hazards of Halloween:

1. **Choose wisely.** Avoid hard or sticky candies that take a long time to eat and encourage kids to choose candy that melts quickly, like chocolate. Try treats—like gum and mints—with Xylitol, a natural sweetener that prevents bacteria from producing acids that cause tooth decay. Offer your children a new, brightly-colored toothbrush as a Halloween "goodie."
2. **No grazing.** Don't allow unsupervised grazing on candy. Provide a treat after a meal or as a reward for good behavior, immediately followed by a thorough tooth-brushing or at least a glass of water.
3. **Set a time limit on the treats.** Stock up on candy for trick-or-treaters as close to Halloween as possible to avoid the temptation for children to get a head start on the splurge. Get rid of the post-Halloween stash as soon as your kids forget about it.
4. **Eat this, not that.** Try to ensure children eat a good, hearty meal prior to trick-or-treating, so there will be less temptation to gorge on candy.
5. **Make a secret stash.** Don't leave candy around the house after Halloween, store it in a hidden place out of kids' reach.

Ron Inge, DDS, is vice president and dental director for Washington Dental Service, and executive director of the Institute for Oral Health.



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## East County Energy Assistance 2011-12 season schedule

### Marblemount

After Oct. 3, call 360.428.1011 for an appointment.

Appointments are Nov. 9, at the Upper Skagit Business Center (Quonset hut directly across SR 20 from the Bread of Life Church Food Bank).

### Seniors

After Oct. 3, call 360.428.1011 for an appointment.

Appointments are Nov. 28 in Concrete at the Concrete Center.

### Firewood assistance

After Oct. 3, go to the Resource Center

in Concrete for an application (20 applications will be accepted).

Appointments are Nov. 28 in Concrete at the Resource Center.

### All other energy assistance

After Nov. 1, the Resource Center can make 27 appointments for December 7.

After Dec. 1, the Resource Center can make 27 appointments for Jan. 4.

After Jan. 1, the Resource Center can make 27 appointments for February 1.

There will be 27 available appointments for the first Wednesday of the following month, until funding is exhausted.

## Eagles Club plans Christmas Basket/ Dinner Auction

The Sedro-Woolley Eagles Club will hold its annual Christmas Basket/Dinner Auction on Oct. 8, at the club, located at 1000 Metcalf St. in Sedro-Woolley.

A ham dinner with trimmings will be provided for \$8 per person. The meal will begin at 5 p.m.; the auction will follow at 7 p.m.

Over the years, contributions of merchandise, gift certificates, and services from merchants and individuals have enabled the club to raise the necessary funds to make the event

possible. Organizers are again asking for community support in the way of donations and help distributing baskets. All donations can be taken or sent to the Sedro-Woolley Eagles. All donations are tax-deductible.

For more information, contact the Sedro-Woolley Eagles Aerie and Auxiliary at 360.855.0530 or write to them at 1000 Metcalf St., Sedro Woolley, WA 98284.

### Become a Concrete Herald Facebook friend!

1. Go to [www.facebook.com](http://www.facebook.com) and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.

# BUSINESS DIRECTORY

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**Clear Lake Heavy Equipment Repair**  
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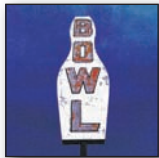
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# Out & About



## La Conner

### Taste of La Conner

The Taste of La Conner takes place on Fri., Oct. 14, from 4 to 8 p.m. The participating eateries use fresh, local ingredients, offering something different and exciting each month.

Because of the popularity of this delicious and fun event, all tickets must be pre-sold by 5 p.m. the day of the event. Tickets can be picked up at Will Call or sent through the mail. Each guest can enjoy five tastes for \$25.

Participating in the October Taste:

- La Conner Seafood & Prime Rib House
- La Conner Pub & Eatery
- Waterfront Café
- Seeds Bistro
- Nell Thorn

A map is provided showing diners where each stop is located.

To purchase tickets or for more information, contact the La Conner Chamber at [www.laconnerchamber.com](http://www.laconnerchamber.com), [info@laconnerchamber.com](mailto:info@laconnerchamber.com), or 360.466.4778.

### Quilt Walk continues through Oct. 16; free to see

Stroll through the unique shops in La Conner to view beautiful quilts from the Tri-City Quilters Guild of Southeast Washington.

A wide range of styles can be seen, including traditional, pieced, appliqué, contemporary, innovative, and art.

Quilt Walk maps will be available at

participating shops, the La Conner Quilt & Textile Museum, and online at [www.laconnerquilts.com](http://www.laconnerquilts.com).

Hours vary by shop; usually 10 a.m. to 5 p.m. Sponsored by the La Conner Quilt & Textile Museum as part of its 2011 Quilt Festival, the quilt walk is free.

## Mount Vernon

### Autumn Arts Festival Oct. 8

Immaculate Conception Regional School in Mount Vernon will hold its annual Autumn Arts Festival on Sat., Oct. 8, from 9 a.m. to 4 p.m. The school's annual PTO fundraiser will be held at the St. Joseph Center at 215 N. 15th St. in Mount Vernon.

Organizers are looking for vendors to participate in the festival. Interested vendors can obtain a registration form by going to the school's Web site at [www.icrsweb.org](http://www.icrsweb.org). Vendors who register by Sept. 9 can save \$5 on their booth fee.

For more information, send an e-mail to [l\\_c\\_yeo@msn.com](mailto:l_c_yeo@msn.com) or call 360.333.0713.

### Benefit concert to honor Babraitis

Mount Vernon High School Band Alumni plan a benefit concert to honor their band and choir director, John Babraitis, Thurs., Dec. 29, at 8 p.m., at the Lincoln Theatre in downtown Mount Vernon.

Ticket sales begin Oct. 15; tickets are \$20. Former students are encouraged to play.

### Jacket drive for the needy

A jacket drive spearheaded by the Mount Vernon Police Department aims to collect 1,000 jackets during October to be distributed to Community Action clients countywide in November and December.

Donations of new or gently used jackets will be accepted through Oct. 31. Fleece, down, and waterproof jackets for adults and children are all welcome.

Donations may be dropped off at the Mount Vernon Police Department, Community Action, and the East County Resource Center in Concrete. In-kind donation receipts are available.

The jackets will be distributed in November and December at the Mount Vernon Community Action office, the family shelter on N. 4th St. in Mount Vernon, and the Community Action satellite office in Concrete.



**International Justice Mission** Director Gary Haugen spoke at a Dessert Banquet Sept. 17 at the Mount Vernon Christ the King church. Hosted by Free At Last Ministries and sponsored by North Cascade Eye Associates, the event capped a full day of activities—including a "Tee It Up" golf tournament—designed to create awareness around human trafficking and eliminate it.

In a calm, measured tone, Haugen described the work IJM is doing worldwide, pointing to a 79 percent drop in child sex trafficking during the past 10 years because of IJM's efforts.

Haugen told of the grinding, dreary lives led by those trapped in slavery, then, borrowing language from Peter Gabriel's "The Book of Love," Haugen said, "The book of justice is long and boring. But I love it when you read it to me. And I love it when we read it to others."



**The 3/50 Project** Founder Cinda Baxter spoke Sept. 15 at the Lincoln Theatre in downtown Mount Vernon. Hosted by Mount Vernon Downtown Association, Baxter explained the genesis of The 3/50 Project, which aims to help brick-and-mortar businesses reclaim consumer dollars in a positive, effective manner. Individuals are encouraged to choose three businesses they can't live without, then spend \$50 per month on them.

Baxter also shared how the project can strengthen local businesses and spoke about her new Look Local app for iPhones, iPads, and other devices, which allows consumers to quickly identify locally owned businesses in their communities.

## Skagit County

### Planning Commission applicants sought

**SKAGIT COUNTY** — The Skagit County Board of Commissioners is seeking applicants to fill a vacancy on the Skagit County Planning Commission from County Commissioner District 2.

To apply, send a letter of interest and statement of qualifications to Skagit County Board of Commissioners, Attn: Linda Hammons, Re: Planning Commission Vacancy, 1800 Continental Place, Mount Vernon, WA 98273.

For more information, contact Linda Hammons at [lindah@co.skagit.wa.us](mailto:lindah@co.skagit.wa.us) or at 360.336.9300.

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Chuck Ruhl

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# Home & Garden



## Staining, staining, staining...

A series of September staining parties brought volunteers to the Angele Cupples Community Garden in Concrete to give the fence a second coat of stain. **Above left:** Eric Pratt, Brandon Pratt, Cameron Herauf, Austin Herauf, Frank Knight, Bill Pfeifer. **Above right:** James and Stephanie Morgareidge, Anthony Moran, Jocelyn Hernandez.

**Above:** Brandon Pratt, Eric Pratt, Shelby Pratt, and baby Pratt. Baby Pratt was present in a purely supervisory role. And for the record, the Pratt boys were there for two sessions.

**Above:** Representative Rick Larsen (in foreground) stopped by Sept. 17 and swung a brush with volunteers Sue Buescher, Joshua Martin, and Ashlee Evans.

## The Garden Corner

By Gladys Silrus

October is here, the perfect month for planting spring-blooming bulbs, including tulips, daffodils, and hyacinths, though you can plant through November too, as long as the ground doesn't freeze.

It's a ideal time to force bulbs too; that is, plant bulbs in pots to store in a fridge or other cold place, and then bring out to bloom in winter—indoors. As needed, prolong the growing season by throwing a sheet or other nonplastic material over your annuals and vegetables. In fact, you can cover vegetables indefinitely with any very light landscape fabric, anchoring the corners with bricks or stones. This lets in sun and rain, but prevents light frost from doing damage.

Now's the time to compost all the dead plants and vegetables; remember to cover your compost pile with a tarp for the winter. Too much water will slow the decomposition process. During the rainy season, just remove it periodically to allow the pile to moisten, then replace the tarp again.

Harvest summer squash when it's on the small side. To avoid damage to the plant,

use a very sharp knife to make a clean cut across the stem. Pick winter squashes when they have a mature color and the skin is hard enough to resist denting with a thumbnail. Cut them from the vine with as long a stem as possible; leave the stem attached in storage. Cure them in the sun for five to seven days, before storing at 50 to 60 degrees.

Remember to weed your beds now for fewer weeds next spring!

Watch next month for more garden tips.

*Got a question about gardening? Send your question to Gladys for an answer! Call her at 360.826.4848, or write to her at [gsilrus@frontier.com](mailto:gsilrus@frontier.com) or 42002 Pine St., Concrete, WA 98237.*

### WSU Know & Grow Workshop: Conifers for Color in the Landscape

**When:** Oct. 18, 1 to 2:30 p.m.

**Where:** WSU Mount Vernon NWREC  
Sakuma Auditorium  
16650 State Route 536  
Mount Vernon

**Info:** 360.428.4270  
<http://skagit.wsu.edu/MG>

## Our Garden needs YOU!

The Angele Cupples  
Community Garden in Concrete needs  
donations (in any amount) and volunteers.  
If you can handle a paint brush or a shovel,  
**YOU CAN HELP,**  
whether you're a teen or a senior.

Call 360.853.8213 or e-mail [goodwords@frontier.com](mailto:goodwords@frontier.com)  
to find out how you can help.





# Smile



## Dwelleysms

Wit from the Herald's former editor

"Add to difficult occupations: finding a Concrete businessman on the first day of fishing season."

"Next week is Clean-Up Week. Do your bit around the home and make your yard an asset to the community."

"The bank robbery here yesterday is only one of hundreds staged in this country every year, and proves that no community, however small or wherever located, is immune from such attacks. And nothing seems to be able to check them."

—April 16, 1931

"At last! Something has been done about the way our Navy is becoming smaller. Navy officials have ordered all ships to stop using holystone in cleaning their decks. It is an abrasive and is gradually wearing the ships down to nothing."

—May 28, 1931

"A little modesty is a fine addition to anyone's character, but when shown by an actor it becomes a virtue. Will Rogers again distinguished himself by refusing an

honorary degree from a university, with the statement that he has too much respect for those who have to earn them to see them handed around to 'every notorious character.' Will thinks with common sense and says what he thinks—no wonder he is unusual."

—May 21, 1931

"The crying need of a business today is a plan that will enable business owners to operate without any financial assistance from their customers."

"Mount Vernon has another great idea. It wants to be the only 'Mount Vernon' in the U.S. outside of the original and has requested 12 or 30 other cities to please change their names. Maybe it's just our idea, but as the whole thing is merely a publicity stunt to make a city's name more exclusive, we think that no city so self-

centered should be given any right at all to such a historical name."

—June 4, 1931

"The 'Peddler' season is now on. Stand by your home merchants and refuse to listen to those not known to be worthy. Remember, when the peddler leaves town, your chance of getting your money back for a poor article goes with him. It is not so with your local merchant."

—June 11, 1931

"More flyers have crossed the Atlantic Ocean and are receiving momentary publicity. Who remembers who crossed it second or third, or the names of those who failed? Such is fame."

"Due to so much anti-prohibition talk, even the weatherman has gone wet."

—June 25, 1931

## Painting the porch

A young woman in her late teens decided to hire herself out as a "handy woman" and started canvassing a nearby well-to-do neighborhood. She went to the front door of the first house and asked the owner if he had any odd jobs.

"Well, I guess I could use somebody to paint the porch," he said. "How much will you charge?"

Delighted, the woman said, "How about \$50?"

The man agreed and told her that the paint and everything else she needed were in the garage.

A few hours later the woman came to the door to collect her money.

"You're finished already?" the man asked.

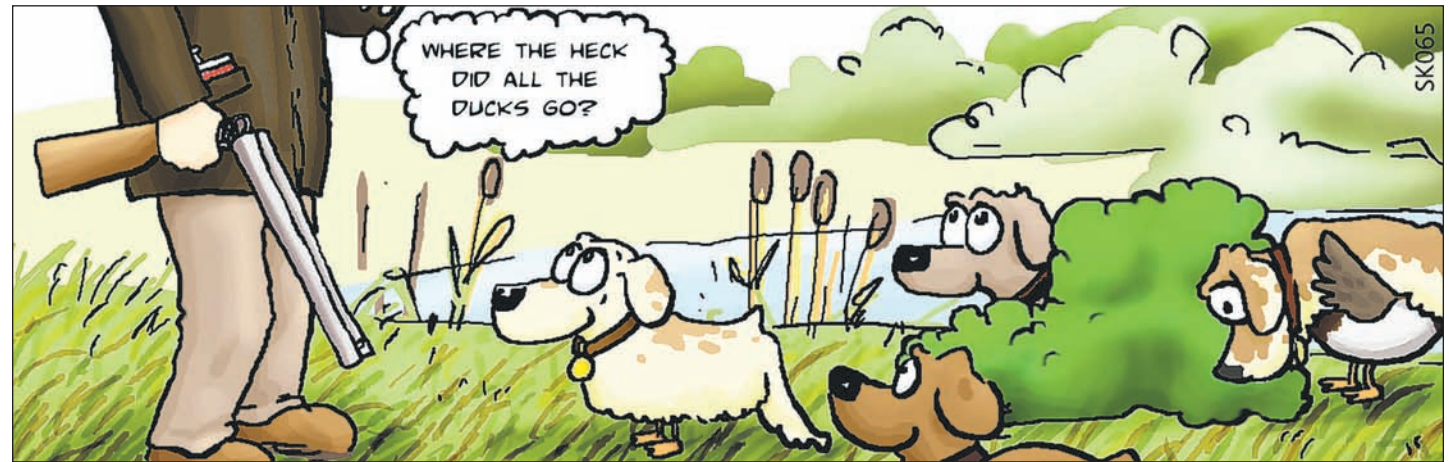
"Yes," the woman replied, "and I even had paint left over so I gave it two coats."

Impressed, the man reached into his pocket for the \$50 and handed it to her, along with a \$10 tip.

"Thank you," the woman said. "And by the way, it's not a Porch, it's a Lexus."

## Public Service Announcement

By Stig Kristensen



## Concrete Harold



By Joyce Harris

## An Elf's Life

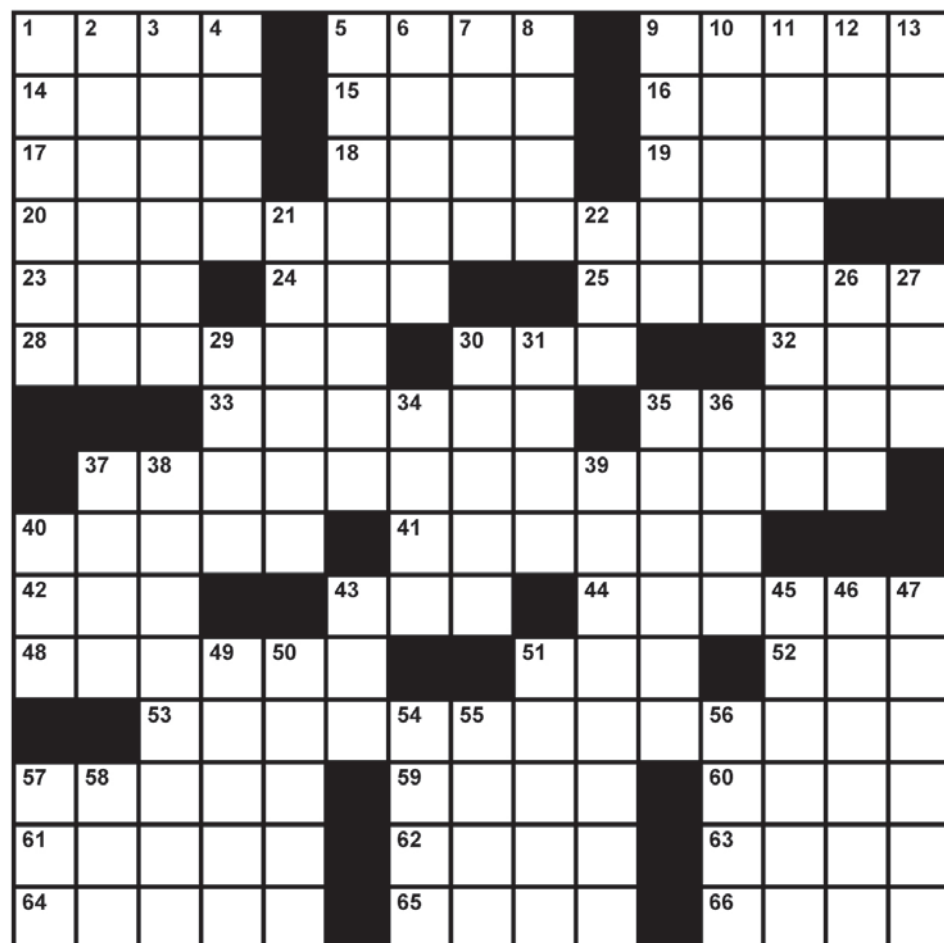
By Jonathan Carter





**Crossword: "Tricolored"**

By Myles Mellor

**Across**

1. Santa's present carrier
5. Physics calculation
9. Goes with Saxon
14. S-shaped molding
15. Chip in?
16. Fabric
17. Part
18. Back of the house
19. Rumba relative
20. Start of a house?
23. In-flight info, for short
24. Consume
25. Jane Eyre, e.g.
28. It's always sold in mint condition
30. Appear
32. "We \_\_\_ family"
33. Gas used in welding
35. Wolf, coyote, fox, dog family
37. House plan related
40. Maids
41. Actress Bloom
42. Alter, in a way
43. Not just "a"
44. "Indian Idol," for example
48. Italian town
51. Absorbed, as a cost

**Down**

1. Cold dessert
2. Short-eared rabbit
3. Abdominal
4. Fall (over)
5. "Besame mucho" singer
6. Concerning
7. For men only
8. Balkan native
9. Knight's "suit"
10. Civil rights org.
11. Equestrians' field day
12. Court play
13. "Walking on Thin Ice" singer
21. "Six Feet Under" subjects?
22. What a house stands on

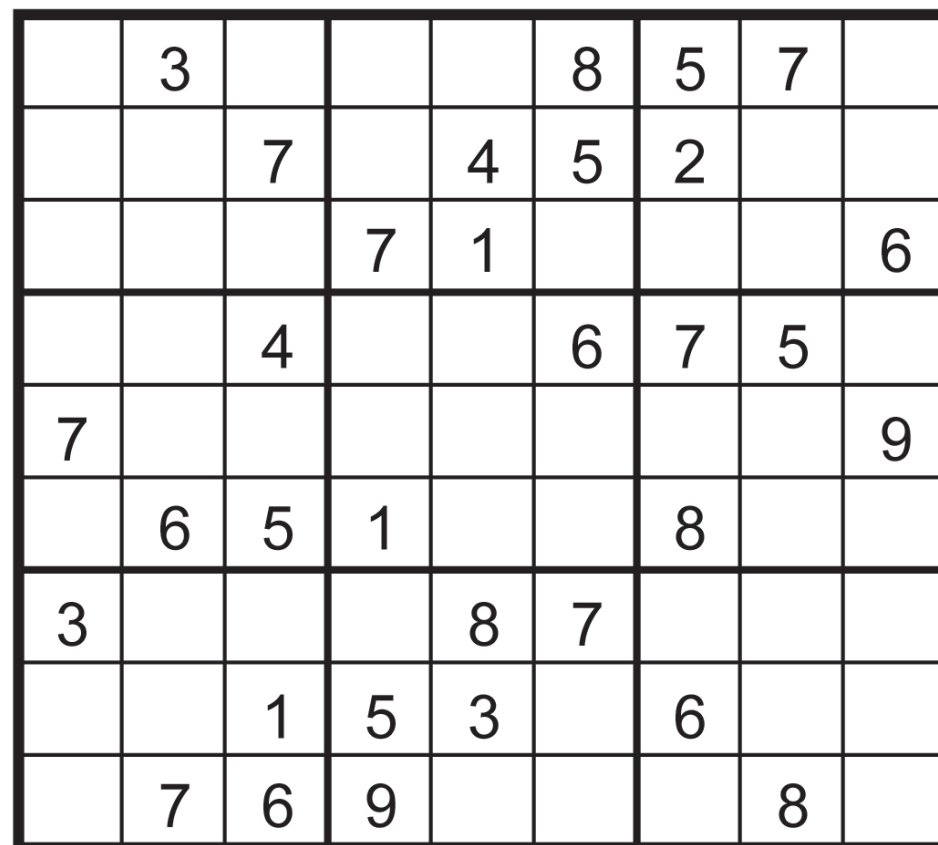
26. Fleshy seed covering
27. "Waking \_\_\_\_ Devine" (1998 film)
29. Microsoft support rep
30. Nee Al (anagram)
31. Gut areas
34. Carve in stone
35. Horse move
36. God of war
37. "The \_\_\_\_ have it"
38. Butting equipment
39. Snigger maker
40. "Bingo!"
43. Backgammon impossibility
45. Attach a hose
46. An alloy
47. Supposed, for Shakespeare
49. Building style
50. Refine, as metal
51. Eagle home
54. Didn't dillydally
55. Ending with hard or soft
56. Shakira's don't lie
57. Appropriate
58. Orchid arrangement

**Concrete Herald**  
The Voice of Eastern Skagit County

**Sudoku**

By Myles Mellor and Susan Flanagan

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.



\*Solutions to both puzzles are on p. 38.

**Painfully funny jokes**

- What do you call a boomerang that doesn't work? A stick.
- What do fish say when they hit a concrete wall? Dam!
- What do you call four bullfighters in quicksand? Quatro sinko.
- What lies at the bottom of the ocean and twitches? A nervous wreck.
- Where do you find a dog with no legs? Right where you left him.
- Why do gorillas have big nostrils? Because they have big fingers.
- Why did Pilgrims' pants always fall down? Because they wore their belt buckles on their hats.

**New Fall/Winter Hours!**

*"Few try harder at customer service!"*

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best to allow adult children or other family members to conduct the first visits. Once the choices have been narrowed down to two or three communities, bring the senior in for a low-stress tour.

#### 4. Make yourself at home

It's essential for families to visit communities multiple times to get a true feel for the environment. Be sure to try visiting at different times, arranging a meal at the community, and keeping an eye out for new things each time you visit.

#### 5. Safety first

Not all senior living communities are created equal and, while most are trustworthy and safe establishments, safety and security still must be a top priority with every community you consider. If you are using a placement agency, tap its expertise. Some agencies also perform careful background checks on every community they recommend, including combing legal filings for any pending complaints or lawsuits, checking into the records of employees, and visiting the communities multiple times to ensure every resident is treated safely and respectfully.

Families not using referral agencies can access resources through DSHS. Even sites like Angie's List can be helpful, with reviews and referrals from other users in a dedicated "Elder Care" category. Additionally, one of the most important resources a family can tap is speaking with first-hand references.

*Mary Cordova is co-founder and vice president of Business Development and Senior Concierge for Concierge Care Advisors. Concierge Care Advisors offers free referral services for families and seniors, helping them through the entire process of transition into senior housing. There are seven dedicated advisors covering the greater Puget Sound region.*

Truth and Reconciliation Commissions in those countries have brought perpetrators and victims together for forgiveness and reconciliation instead of revenge and incarceration or death.

A third practical application: A clever member of the congregation noticed that this story is about brothers and sisters in the congregation, not about enemies. Although it would take another Sunday School lesson to develop fully, for now listen to Jesus' words: "Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven" (Matt. 5:44-45). Some Christians responded to 9/11 by befriending Muslim neighbors, by praying for them, and by bringing them to the cross to meet Jesus.

Finally, the Lord's Prayer contains the line which we pray often, "Forgive us our sins, as we also have forgiven those who sin against us" (Matt. 6:12). Take a serious look at the second half of this line. In his prayer and his story, Jesus warns us that we who have been forgiven much by God need to forgive other people.

But what if you can't forgive? As a pastor I hear people tell me there is a person in their lives who has done such horrible things to them that they cannot forgive them. Again, the Lord's Prayer helps. The previous line says, "Give us this day our daily bread" (Matt. 6:11). Perhaps you and I need some forgiveness bread instead of whole wheat, meat, potatoes, and salad. The line before that says, "Your will be done, on Earth as it is in Heaven" (Matt. 6:10). The parable pictures God forgiving the first slave of a fantastic debt. Jesus told this story so we would know God wants to forgive us as we forgive others. God will give us a way to do it, which seems impossible to us.

*Tom Ross is pastor of Mount Baker Presbyterian Church in Concrete.*

Post, 17; Caleb Omstead, 17; and Taylor Sterne, 17, were walking west on Main St., intending to go to the high school and await the Concrete football team, which was returning from an away game in Fife.

Sterne and Post first noticed flames and sparks coming from the roof peak at the rear of the house. Todd raced back to alert the Sheriff's office at Town Hall. Sterne kicked down the front door and went inside with Post, while Omstead ran to the back door to see if he could get in there. Meanwhile, Sterne and Post found homeowner Michéle Herrera asleep on the main-floor couch.

"I woke up to hear these boys saying, 'Excuse me, ma'am, your house is on fire,'" said Herrera, who shares her house with niece Britnie Oversby and friend Allison Donovan. "Then they very politely escorted me out of my burning house. They deserve a plaque."

Herrera managed to save her passport; purse; a poster-size photo of her son, Daniel; and her three Chihuahuas: Hollywood, Koko, and Rain.

Four engines from the Concrete and Grasmere fire departments arrived at 10:45 p.m. to do the heavy lifting of extinguishing the fire, taking care not to go near the downed power line until PSE crews arrived to shut off the power at the pole. Chief Philips said the state of the roof and second floor were so bad, he wouldn't allow the crews inside. Concrete firefighter Dylan Abendroth corralled one of Herrera's dogs, Rain, who had broken free and was trying to get back inside the house.

Herrera's niece and friend weren't home when the fire started, a fact that has its up and down sides, said Philips.

"Granted, they were never in any danger, but had they been in their (upper-floor) bedrooms, they might have noticed the fire and been able to report it sooner," he said.

The four young men who rescued Herrera are being called really nice names, like "heroes." But they shrug off compliments with grins.

"Anyone else in our shoes would have done the same thing. You can't let a person burn," said Sterne.

Herrera, Oversby, and Donovan have found temporary housing with help from the Red Cross and locals, such as Hi. Lo. Country Inn & Café owners Harold and Cheryl Pitts.

"I'm lucky that I live in a small town and am surrounded by good people who know me," said Herrera. She said her girlfriends and others bought her shoes,

clothes, dog food, and a stash of Pringles potato chips—her favorite snack. The Concrete Eagles—of which Herrera is a member—held a fundraiser, as did the Hi. Lo. Country Bar & Grill.

Herrera and her housemates were able to salvage only a few personal items, however, so Herrera has set up accounts at Columbia Bank for Oversby and Donovan. Anyone who wishes to contribute is encouraged to do so. Questions may be directed to Herrera at 360.722.0077.

Herrera is understandably grateful to the four young men who acted quickly. "I don't know if they realize this, but they did save my life. I would have slept through that fire," she said.

Post and Todd's father, Rich Post, a friend of Herrera's, is proud of the four young men, but can't help analyze the situation in hindsight. "I told them, 'that's good, what you did. But no more running into burning houses,'" he said.

### Become a Concrete Herald Facebook friend!

1. Go to [www.facebook.com](http://www.facebook.com) and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.

### Crossword solution, from p. 37

S	A	C	K		M	A	S	S		A	N	G	L	O
O	G	E	E		A	N	T	E		R	A	Y	O	N
R	O	L	E		R	E	A	R		M	A	M	B	O
B	U	I	L	D	I	N	G	B	L	O	C	K		
E	T	A		E	A	T			O	R	P	H	A	N
T	I	C	T	A	C	A	C	T		A	R	E		
				E	T	H	E	N	E	C	A	N	I	D
	A	R	C	H	I	T	E	C	T	U	R	A	L	
A	Y	A	H	S		C	L	A	I	R	E			
H	E	M			T	H	E		T	V	S	H	O	W
A	S	S	I	S		A	T	E		O	R	E		
		H	O	M	E	S	W	E	E	T	H	O	M	E
A	L	O	N	E		P	A	R	R		I	K	O	N
P	E	R	I	L		E	R	I	E		P	U	L	E
T	I	N	C	T		D	E	E	R		S	P	U	D

### Sudoku solution, from p. 37

4	3	9	2	6	8	5	7	1
6	1	7	3	4	5	2	9	8
2	5	8	7	1	9	4	3	6
1	2	4	8	9	6	7	5	3
7	8	3	4	5	2	1	6	9
9	6	5	1	7	3	8	4	2
3	4	2	6	8	7	9	1	5
8	9	1	5	3	4	6	2	7
5	7	6	9	2	1	3	8	4

**Youth! Don't miss the ...  
Moonlight dance**

**Saturday, Oct. 29  
8 p.m. to 1 a.m.**

**Concrete Eagles  
45930 Main St., Concrete**

**It's FREE! (donations accepted)**

**Questions?  
360.770.3300**



you'll pay more than double the original purchase price. It's the same for the state.

Many people are surprised that the capital and operating budgets are connected. When the state issues bonds to receive money for a new school, a park, or recreational facilities under the capital budget, it commits the operating budget to repay both principal and debt service for the next 25 years. Not only that, the state charges itself sales tax on capital projects. So it must take out a higher loan to cover the cost of the sales tax. Taxpayers pay far more than the original price tag.

How substantial is this? In the 2011–13 operating budget, debt service from capital budget projects will cost taxpayers \$1.97 billion. That's just a little more than the \$1.7 billion that was cut from K-12 education in the same budget. Imagine how many more teachers could be funded if there wasn't such a large amount of debt? Unfortunately, because of "wants" that increase debt, the Legislature is sacrificing funding of the state's "needs."

Recently, an older school in Snohomish County was leveled that would have been sufficient for some years to come. But the school district wanted a more modernized facility. So it received voter approval to build a new school, with matching funds from the capital budget. Those funds are bonded, meaning that additional debt will be paid from the operating budget—the same pot of funding that pays for teachers' salaries. In the new operating budget, the Legislature reduced teacher pay by 1.9 percent. We're cutting teachers' salaries, and yet a new school is now under construction that will add more debt and more strain to the operating budget, when the original school would have been fine with far less expensive upgrades. How does this make sense?

The 2011–13 capital budget spends millions of dollars to purchase new lands for parks and recreation use. Yet the Legislature found itself short in the operating budget to take care of existing state parks. So it is now charging a \$10 day fee or a \$30 annual Discover Pass fee for people to access parks. How can we afford to purchase new park lands when we can't afford to take care of the state parks we now have?

Other vital services paid from the operating budget, including public safety, health care, and programs for vulnerable citizens, are also placed at risk when we take on more debt. This is why it is important to look at the overall picture when making decisions about your tax money.

Certainly there are worthwhile capital budget projects that are needed and valid. Unfortunately, there are too many "wants" that ratchet up long-term debt and put the operating budget in deeper trouble.

Part of the debate during this year's legislative sessions centered on lowering our state's debt limit. The Legislature passed and I supported a measure (Senate Bill 5181) that sets a statutory debt limit reduction from 8.75 percent to 7.75 percent by 2020. That's a good start. However, when adding projects to the capital budget, we should also ask, "Is this a need or a want? What is the total cost? Can we afford to fund and maintain it? Will it harm our abilities to fund needs, such as education, in the operating budget?"

In my household and probably yours too, if it is a want, if it costs too much, if it must be put on a credit card to obtain it, and if we can't afford to maintain it, perhaps the best decision is to go without. Shouldn't state government do the same?

*Rep. Dan Kristiansen, R-Snohomish, serves as chairman of the Washington House Republican Caucus and represents the 39th Legislative District. He can be contacted at 360.786.7967 or e-mailed through his Web site: www.housepublicans.wa.gov/kristiansen. His office address is P.O. Box 40600, Olympia, WA 98504-0600.*

## Alcohol, cont. from p. 12

develop alcohol problems when they get older.

- Teen alcohol use can damage the areas of the brain that are responsible for learning, memory, decision-making, and good judgment.

The good news is that youth tell us that parents are still the No. 1 influence on whether they choose to drink. Adults have the opportunity to help youth choose a safe and healthy path.

Clearly progress has been made. For example, eighth grade use has been cut in half in the past decade. But there is still work to be done.

So what can you do as a parent or other caregiver?

- Start by talking to your children about alcohol use, from the time they start elementary school through high school and college. For tips on how to start the conversation, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- When it comes to drinking alcohol, dispel the myth that "everyone is doing it." While too many youth drink, the fact remains that most

youth don't. When teens know that most of their peers are making good decisions about not drinking alcohol, they are less likely to drink.

- Make your expectations and rules about alcohol use clear. Set consequences and keep the lines of communication open if they want to talk.
- Build your child's self-esteem by giving them words of encouragement each day. With greater self-esteem, your child will be better equipped to withstand peer pressure.
- Balance freedom with responsibility. Know your teen's friends, monitor their activities, and be involved in their lives.
- Set a good example by what you do and say. Alcohol use is often glamorized by the media, especially in advertisements.

The teen years go by fast, and you don't want them to miss a moment. Help your child be safe, healthy, and productive by talking to him or her early and often about alcohol use.

To learn more about underage drinking in Washington State, view statistics for your county, and get involved in your community, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).

*Sharon Foster and Michael Langer are co-chairs of the Washington State Coalition to Reduce Underage Drinking.*

## Classifieds

### MOVIES EVERY WEEKEND AT THE HISTORIC CONCRETE THEATRE

Fridays at 7:30 p.m.

Saturdays at 5:00 and 7:30 p.m.

Sundays at 4:00 p.m.

All ticket prices \$6 or less

24-hour MovieLine: 360.941.0403

[www.concrete-theatre.com](http://www.concrete-theatre.com)

### EVENTS

#### Annual Gala Lighting Event, Oct. 21–23

Northwest Garden Bling Invites you to join in this event Fri. and Sat., 10 a.m. to 7 p.m.; and Sun., noon to 5 p.m. Showcasing handcrafted Tiffany lamps and featuring stained glass artwork by students of Northwest Garden Bling.

Refreshments provided by The Sissy Bar. Floral arrangements by Interior Gardens & Florist.

Located at the corner of Hwy 20 and S. Dillard Ave. Concrete. [www.nwgardenbling.com](http://www.nwgardenbling.com) // 360.708.3279.

### FOR SALE

**Headstones.** Traditional & One-Of-A-Kind.

TODD'S MONUMENTS, 360.708.0403.

[www.toddsmonuments.com](http://www.toddsmonuments.com)

**Wood-bricks firewood.** Throw down your axe and saw. 100% wood bricks burn clean and hot. No more bugs, bark, or creosote. No more aching back. Buy a ton and get 200 lbs. FREE. Buy 1/2 ton and get 100 lbs. FREE. \$250/ton in 25-lb. flats; \$220 in 20-lb. bundles; \$200 in bulk. \$140/half ton in flats; \$120 in bundles; \$110 in bulk. Fill up your car! Fill up your truck! Jump for joy—you're in luck! Pacific Rim Tonewoods, 38511 SR 20, Concrete. 360.826.6101. Mon. - Thur., open 8 a.m.–3:30 p.m. More info at [www.pacificrimtonewoods.com](http://www.pacificrimtonewoods.com). ♡



### NOTICES

Notice is hereby given that the Town of Concrete Town Council will accept letters of interest and applications from any interested, qualified person who resides within the town limits of the Town of Concrete to serve on the Town Council.

Applications and letters of interest must be submitted to the Town of Concrete Clerk-Treasurer, 45672 Main Street, P.O. Box 39, Concrete, WA 98237 no later than 4:30 p.m., Oct. 18, 2011. For more information, contact Andrea Fichter at 360.853.8401.

Per Town of Concrete Council Rules of Procedure, a committee composed of the mayor and two (2) council members will review the letters of interest and/or interview the applicants. The committee will then submit the names of the proposed appointee(s) to the full council for action.

Applicants also are requested to attend a council meeting to give oral testimony as to why they wish to serve on the council and answer questions from the mayor and council.

Published in *Concrete Herald*, Oct. 2011 issue.

### RENTAL PROPERTIES

**Fish from home on the Skagit River.** 3 bed, 3 bath, game room with bar, garage, shop with heat, gazebo, hot tub, appliances included. \$1,200/mo. + deposit. 360.853.8188, leave msg.

### SERVICES

**Eagles In Flight Motorcycle Sales and Service / Sissy Bar.** 360.853.7000.

**Gladys' Upholstery Shop.** Quality work, reasonable prices. 360.826.4848.

**Got aluminum cans?** Don't throw them away! Give them to Grayson. 360.853.8542. Thanks to you, I got my motorcycle! I will continue to collect cans to buy some racing gear. Thanks again!

**Jay's House & Yard Services, Inc.** Lic., bonded gen. contractor. #JAYSHY8920L. 360.707.8177.

**Sauk View Gallery.** Second Annual Gala Lighting Event Oct. 21–22, 10 a.m. to 7 p.m.; Oct. 23, noon to 5 p.m. Hwy 20 & S. Dillard Ave, Concrete, 360.853.8209. You owe this to yourself!

To place a Classified ad, call 360.853.8213 or e-mail [ads@concrete-herald.com](mailto:ads@concrete-herald.com). Classified ads are \$5 per every 10 words, rounded up to the nearest 10. Payment for classified ads is due at time of placement.





# Imagine

## A Women's Health Fair

Saturday, October 22  
8:30 a.m. – 3:30 p.m.  
United General Hospital  
Sedro-Woolley

Our 8th annual women's health fair is a day full of education and inspiration. Imagine making healthy changes to your life! \$15 per person, includes lunch and all activities.

- Keynote address by Elaine Bernstein Partnow
- Workshops on nutrition, fitness, healthy aging and more
- Free screenings for blood pressure, lung health and skin cancer
- Lunch catered by the Coho Cafe
- Resources tables featuring local products and services
- Networking and socializing opportunities
- Closing celebration with music, dance and treats

For more information

or to register:

[imagine@unitedgeneral.org](mailto:imagine@unitedgeneral.org)  
(360) 856-7245.



UNITED  
GENERAL  
HOSPITAL



Our keynote speaker is Elaine Bernstein Partnow, a veteran actor and scholar who will introduce you to a number of outstanding women, including Eleanor Roosevelt, Sojourner Truth and Mae West. With simple yet remarkable props and costumes, Elaine's uncanny ability to alter her voice and appearance will bring these women to life before your eyes. You will be captivated by the unforgettable portraits Elaine creates of women who made life better by leaving their mark on the world.

Elaine is known for her acting ability as well as her many books, notably *The Quotable Woman: The First 5,000 Years*, *The Quotable Jewish Woman*, and *The Female Dramatist*. She lives in the San Fernando Valley in California where she works as a writer, editor and actor.