

The Voice of the Upper Skagit Valley

Concrete Herald

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October 2016

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50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdview • Grasmere • Concrete • Cape Horn • Sauk City • Sauk Valley • Rockport • Van Horn • Darrington • Corkindale • Marblemount • Bullerville • Newhalem • Diablo

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Taste Washington Day

Concrete School District and its Farm to School program will celebrate Washington farms on Oct. 5. *Page 13.*

Clear Lake Elementary named School of Distinction

Clear Lake Elementary School has received a School of Distinction award for sustained improvement in English language arts and math during a five-year period. *Page 14.*

Search and preserve

Sedro-Woolley woman aims to restore the all-but-forgotten Northern State Hospital Cemetery. *Page 16.*

Old P.O. boxes return home

Two sections of Lyman Post Office boxes have found their way back to town after decades away and hundreds of miles traveled. *Page 18.*

Youth Councils begin with a bang

Newly established Youth Councils of Darrington and Arlington kicked off with a joint meeting in Oso last month. *Page 24.*

Something paranormal this way comes

Photo by Jude Dippold.

Concrete-based Forest Moon Paranormal hosts its first annual Paranormal Conference this month. *Page 11.*



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Concrete Herald

The Voice of the Upper Skagit Valley



Washington Newspaper Publishers Association

Jason K. Miller, publisher and editor 360.853.8213 / editor@concrete-herald.com

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Contacts
Newsroom: 360.853.8213 / editor@concrete-herald.com // Advertising: 360.853.8213 / ads@concrete-herald.com
Letters: P.O. Box 682, Concrete, WA 98237 / letters@concrete-herald.com // Classifieds: P.O. Box 682, Concrete, WA 98237 / classifieds@concrete-herald.com

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IN MEMORIAM

Sarai Lara, 16
Mount Vernon

Shayla Kathleen Martin, 52
Mount Vernon

Belinda Sue Galde, 64
Arlington

Beatrice Dotson, 95
Kingsport, Tennessee

Chuck Eagan, 61
Lake Stevens

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Opinion

Letters to the editor

Yummmmmmm!

I just had my first made-from-scratch meal at the Concrete Center. I had heard there was a new cook and wanted to try it out. I called a friend and met her at the center at noon for lunch. We arrived and heard lunch today was meatloaf. Yuck! I do not like meatloaf, but we were already there and my friend was interested in trying it.

I was pleasantly surprised when I tasted my first forkful of Terra's meatloaf! It was delicious! In addition to the meatloaf, there was mashed potatoes and gravy, a dinner salad, zucchini, and chocolate pudding for dessert. I will be going back often for lunch!

Needless to say, they are working on a tight budget to bring us these delicious meals. Right now our gardens and farms are producing an abundance of food. Please consider donating your excess to the Concrete Center between 7 a.m. and 3 p.m. Monday through Friday. It will be greatly appreciated.

The Concrete Center is for everyone to enjoy. So check out the events calendar at www.communityactionskagit.org under "East County," or on p. 29 of every issue of *Concrete Herald*.

Michelle Coda
Concrete

Dem's signs again ambushed

Once again, it seems as if only the Democratic political signs have disappeared. I say "again," because this vandalism was rampant during George Bush's bid for president and now it seems these small-minded thieves are back.

To drive Hwy 20 from west to east, one would think that Donald Trump was the only candidate running due to the plethora

of huge signs, but in fact, at least as many, if not more, of Skagit County voters polled are voting for Secretary Clinton.

So, where are those signs? Stolen or vandalized quickly after being erected! At \$10 each and a 100-mile round trip drive to Mount Vernon to pick one up, it is difficult for many of us living upriver to replace them. The fact that only Democratic or "liberal" political signs are being stolen reminds me that the Webster's Dictionary defines "liberal" as "tolerant of other people's views."

Isn't that what democracy is supposed to be about?

Christie Fairchild
Rockport

I-735 this November

We have met the enemy and it is us!

See **Letters**, p. 38

Letters policy

Letters of 200 words or fewer may be e-mailed to letters@concrete-herald.com or sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Corrections

The Furs & Things 4-H Club was incorrectly referenced as two separate clubs in the September issue. It is a single club.

In that same issue, Arthur Sanchez was named incorrectly by his brother's name, Eli. Sorry about that, gentlemen.

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Legion Hall to become bigger, better home for Upper Skagit Library

By John Boggs and Brooke Pederson

It's official: The Heskett-Arnold American Legion Post in Concrete plans to sell its building in Concrete Town Center to the Upper Skagit Library, which plans to call it home as soon as next year.

The decision by the American Legion to sell its building creates an opportunity for the Upper Skagit Library to move into a bigger, better facility and expand the services it provides for communities of Eastern Skagit County.

The number of people visiting the current facility has increased dramatically since the library opened in 2005 in space leased from the county. That space is now often so crowded that library visitors can find no available seat to read, study, work, or use the computers. The library, with the help of its board of trustees and other community volunteers, has long been

seeking a way to expand the facility.

The possibility of renovating the Legion Hall as the new home for the Upper Skagit Library comes at a very opportune time. The library recently determined that funding construction of a new building on vacant land is not feasible. This possibility was pursued when CalPortland generously offered to donate land near Concrete's Silo Park as the site for a new library. The library engaged the help of architects, engineers, and other experts to evaluate the site, develop preliminary plans, and estimate costs. The costs to develop the site and build a new library far exceeded the amount that realistically could be raised through grants and donations.

Library officials were pleased that the American Legion Hall was introduced as an option this summer. It quickly rose to be the top choice of all possible alternatives that had been explored.

Appreciated elements include the building's history, its fairly open floor plan, and its size. A move into the 3,700-square-foot building would more than double the library's current size and provide needed space for the many ways people use the library. It also seems feasible to renovate the building so the library could move into the new location as soon as 2017.

A distinguished history

American Legion Post 132 has a long and distinguished place in the history of the Concrete community. It was originally chartered just after World War I, by returning war veterans, and named after two young men from Concrete who paid the ultimate sacrifice to bring that conflict to an end.

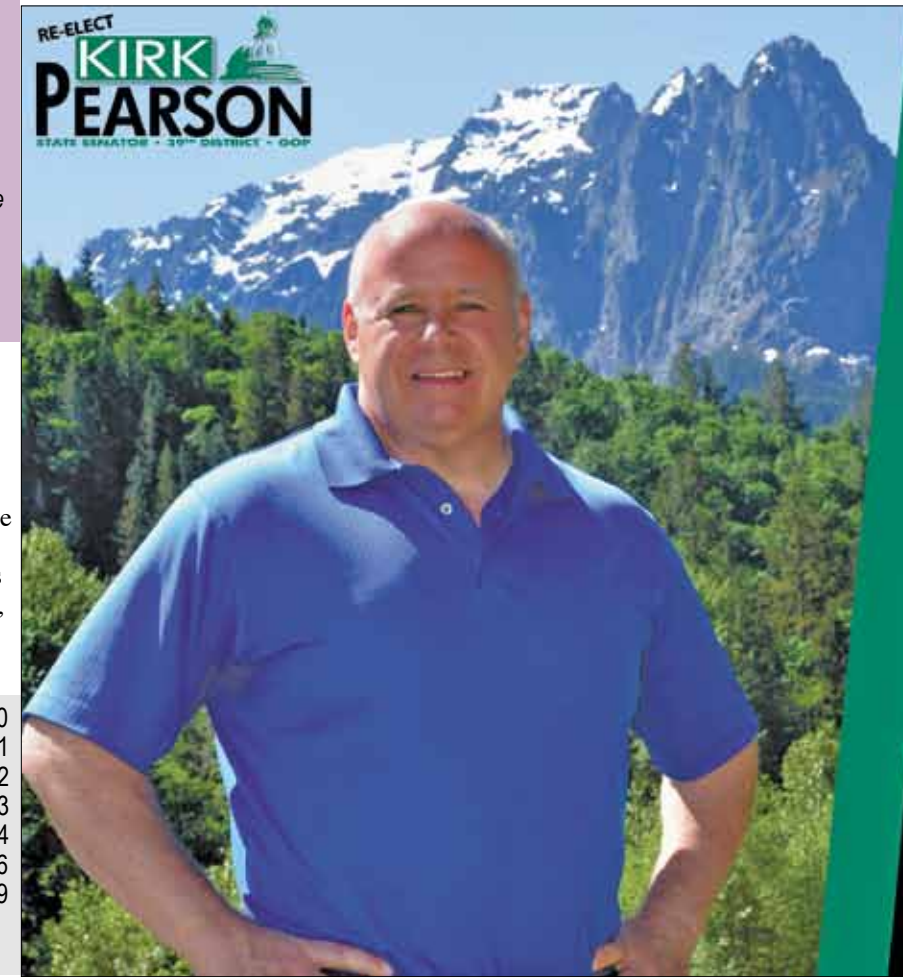
Many people can recall the post's grander times, and there were many.

Almost every other civic organization in the community received some benefit from its presence when the post was thriving. Since the 1960s, fewer and fewer people have been willing to participate in social or fraternal organizations, and the post has not been exempt. Without active participation and a reliable revenue stream, the post has endured a continual struggle to pay its monthly bills.

The post will embark on a new chapter in its history by first selling its Legion Hall. Second, its membership will set up a trust account with the proceeds from the sale, so it will be allowed to spend only whatever interest the account has earned each year; Legion administrators will not be allowed to touch the principal fund. This means the Legion will again have the ability to fund some of the things it used to, and the trust fund will last forever.

The Legion membership believes it is taking the honorable and responsible path to remedy its financial situation by eliminating expenses that it doesn't require. Instead of continually trying to raise a few extra dollars here and there to

See **Legion/Library**, p. 38



RE-ELECT
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Paid for by Kirk Pearson for State Senate (GOP)

Election 2016

This month, Skagit County voters will see familiar faces and newcomers on their general election ballots, which will be mailed Oct. 19. In advance of the Nov. 8 election, *Concrete Herald* invited several candidates to share their campaign aspirations in their own words.

Skagit County PUD Commissioner 3

Eron Berg



Berg

In his words:

"The PUD is mission-critical infrastructure for Skagit County and has a clear role in preserving a vibrant agricultural life with water for food, as well as the restoration of access to water in eastern Skagit County."

"With 20 years of experience in local government, I will work with residents at every opportunity to make the PUD stronger. Open, honest, and professional commissioner meetings with clear leadership to set the direction and support for PUD staff is my plan."

"Rates are increasing too much too fast. I will apply a consistent, fiscally conservative approach to managing assets and establishing rates."

Kevin Loy

In his words:

"As anyone who reads the newspaper knows, PUD has management problems. My past management experience fits the PUD situation perfectly. I have a history of successfully working with people to identify and solve problems. I also have experience working with underground piping, which is what PUD does."

"I'm the only candidate to have hands-on knowledge of the majority of PUD's operations. That gives me insight and knowledge to work with, which no other PUD candidate has. I have a proven

record of working positively with people to accomplish goals. I will work hard for you."

"I ask for your vote."

Skagit County Commissioner, Dist. 1

Ron Wesen
(incumbent)



Wesen

In his words:

"I'm known as someone who listens to all sides and acts fairly."

"As commissioner, I've worked to maintain essential services, public health and safety, and protect the environment for future generations while reducing the cost of government."

- Sensible spending: With reduced support from the state and federal government, Skagit County must be more efficient in providing essential services in the future.
- Quality of life: My goal is a safe, attractive, and affordable community with good jobs, good schools, and a healthy environment that maintains our community's heritage and natural beauty.
- Strengthen our natural resource industries and retain local jobs: Manage community change in a way that supports our maritime and marine industries, forestry and timber, agriculture, and tourism. Support development in our cities that provides affordable options for new homes and businesses."

Legislative Dist. 39 State Senator

Kirk Pearson (incumbent)

In his words:

"I have proudly been serving the people of the 39th District for the last 16 years. During my time in the State Senate, I have worked tirelessly to ensure that your voice and the issues that matter to the people of the North Cascades are heard in the Capitol. I've fought to create more jobs, fund education, and to provide more recreational opportunities."

"As always, one of my biggest concerns has been public safety, making sure you and your family are protected. It has been my honor to serve this district, and I ask for your support and your vote for State Senator."



Pearson

Legislative Dist. 39 State Rep. Position 1

Linda Wright

In her words:

"The incumbent has held this office for 14 years. I believe it is time for a change."

"Thirty years of small businesses experience. Eight years as a school bus driver. As a Union Representative, I negotiate school district and local government contracts."

"Twelve years assisting in the care of my mother-in-law, who was paralyzed by a stroke. I understand the needs of families and caregivers, the importance of not cutting essential programs for our elderly and our most vulnerable. I believe my experiences keep me in touch with real people and the real problems they face every day."



Wright

See Election, p. 21

Continue the cycle

Please recycle
this newspaper



OCTOBER IN CONCRETE

Join us in Concrete for a month-long celebration of fall and Halloween, with a variety of activities for young and old.

SCARECROW CONTEST

Help decorate Main Street with scarecrows! Register at Sb's Bakery before October 12 to get your scarecrow's "bones." Registration fee, \$20. Details at Sb's Bakery or: info@5bsbakery.com. Vote for your favorite scarecrow on the Facebook event page.

CONCRETE GHOST WALK

What if our local ghosts could talk? What stories would they tell of their lives, deaths and the reason they're still among us? Find out as we tour the haunted hot spots on Main Street, every Saturday in October starting at 6:00 p.m. at the Concrete Theatre. Adults only, please no babies, kids or pets. Tickets, \$10, are required; space is limited. Purchase online: www.Concrete-WA.com

PUMPKIN PAINTING

Sunday, October 23 • Free

2:00-3:00 pm | At Sb's Bakery
Cupcakes, local fresh apple cider, hot chocolate and face painting.

Events are sponsored by the Concrete Chamber of Commerce, Concrete Herald, Concrete Heritage Museum, Sb's Bakery, Concrete Theatre, and Concrete Lions Club.

For directions and more details, please contact the Concrete Chamber at
(360) 853-8784 or www.Concrete-WA.com.

PUMPKIN ROLL

Sunday, October 23 • Free

3:00-4:00 pm | Veteran's Park
Roll a painted pumpkin, win a prize!

TRUNK-OR-TREAT

Monday, October 31 • Free

The sidewalk parade starts at Sb's Bakery at 4:00 p.m., or join us at Bear Square in Town Center between 4:00 and 5:00 p.m.

HALLOWEEN CARNIVAL

Monday, October 31 • Free

5:00 - 7:00 p.m. | Concrete Elementary School Gym, sponsored by Concrete Lions Club

MOVIE: "The Visit"

Monday, October 31 • All tickets, \$5

At the Concrete Theatre, 8:00 p.m. | Rated PG-13



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Halloween-themed events abound

Concrete and the Upper Valley have never seen a more event-packed October.

Leading the way is a series of Concrete Chamber of Commerce-sponsored events, including the now-famous Concrete Ghost Walk (with new characters added), a Pumpkin Roll, "Trunk-or-Treat," and an edge-of-your-seat movie, "The Visit," playing at Concrete Theatre on Halloween night. See the full-page ad on p. 5 for more events and details for each.

But that's just the start.

Para-Con 2016

Concrete-area paranormal expert Eric Cooper is about to realize a years-long dream: He's organized a first annual Paranormal Conference, scheduled for Oct. 22. Read all about it on p. 11.

Ghosts of Concrete

Not to be confused with the Concrete Ghost Walk, Ghosts of Concrete is hosted by FOG Paranormal and is a featured event under the Para-Con 2016 umbrella.

Join FOG Paranormal founders Russ and SJ Wells on an after-hours walk-and-talk through town on Oct. 21 or 28, at 11 p.m. Meet at the East County Resource

Center in Concrete, and bring \$5.

Haunted Warehouse

For only \$5, you can support the Grasmere Fire Dept. (Dist. 10) and the Concrete High School Class of 2017—and get the life scared out of you.

The Haunted Warehouse is located at 44893 SR 20, across the open field east of the Grasmere Fire Hall—you know, the building that recently sprouted a mysterious entryway made of pallets.

The warehouse will be open Oct. 28 through 31, from 8 p.m. to midnight. Please note the warning on the event's Facebook page: "Not responsible for heart attacks, wetting of pants, tears, or paralysis. Not recommended for young children unless you want to pay for therapy."

Concrete Lions Club Halloween Party

The perennial favorite is back and better than ever. Concrete Lions Club will again host its party at the Concrete Elementary School gym on Halloween Day, Oct. 31, from 5 to 7 p.m. The event is free, and offers food, games, and oodles of candy.

—J. K. M.

Treatment plant earns award on Wilkins' watch

Town of Concrete's wastewater treatment plant has earned the Outstanding Wastewater Treatment Plant Award from the Washington State Dept. of Ecology.

This is the first time Town of Concrete has won the award. The town is one of five plants across the state who are getting the award for the first time, according to Dept. of Ecology spokeswoman Sandy Howard. Out of 300 plants in Washington, only 119 of them received the perfect-performance award.

"I've wanted this award for a long time," said Public Works Dir. Alan Wilkins, whose foremost duty is management of the plant.

Concrete's plant passed all environmental tests, analyzed all samples, turned in all state-required reports, and avoided permit violations during 2015. That hasn't happened since the Concrete sewer system was built in 1973.

Ecology devised the annual awards program as an incentive for compliance, because wastewater treatment plant operations are the first line of defense to protect public health and water quality in state lakes, rivers, and Puget Sound.

"It takes diligent operators and a strong management team to achieve this high level of compliance," wrote Ecology Water Quality Program Manager Heather Bartlett in a letter to the town. "It is not easy to operate a wastewater treatment plant 24 hours a day, 356 days a year, without violation."

"When the awards program began in 1995, only 14 treatment plants had perfect compliance," said Howard.

THIS AND THAT

By J. K. M.

Concrete Furs & Things 4-H Club

will kick off its new year with a meeting on Tue., Oct. 11, from 6 to 8 p.m. at Community Bible Church, 45672 Limestone St., Concrete. Anyone interested in the club is invited to meet its members and help plan the new year.

Furs & Things offers a large variety of projects to help educate and develop new skills for K-12 youth. Areas of involvement include training and showing pets, raising farm animals, cooking, bread baking, food preservation, photography, woodworking, arts and crafts, gardening, sewing, and more.

For more information, call 360.853.8095 or e-mail fursandthings@yahoo.com.

The **Community Closet** is still open and ready to serve area folks who need clothing. The closet is located on the Concrete Elementary School campus, in Portable A. It is open every Thursday from 3 to 5 p.m. for pick-up and drop-off of gently used clothing.

Community Action manages the Community Closet; for more information, call 360.853.7009.

Friends of the North Cascades Grizzly Bear will host a "Grizzly Bear Night" at Annie's Pizza Station in Grasmere Village (44568 SR 20), on Tue., Oct. 25, from 6:30 to 8 p.m.

Fewer than 10 grizzly bears are left in the North Cascades ecosystem, making it the most at-risk bear population in North America. State and federal agencies are weighing options for how to recover this endangered population.

Organizers plan a night of pizza, beer, a game, and a chance to win a free gift card to Annie's Pizza. Attendees will learn about the ongoing effort to restore grizzly bears to the North Cascades ecosystem.

The event is free, but organizers ask anyone interested in attending to RSVP to gtaylor@npca.org.

Council summary

Concrete Town Council met for regular meetings on Sept. 12 and 26, and for a budget workshop on Sept. 24. Following is a summary of those two meetings and workshop, in chronological order. Complete and council-approved minutes for every council meeting are posted on the town's Web site at www.townofconcrete.com/cminutes.php.

Sept. 12 regular meeting

Skagit 911 Dir. Helen Rasmussen presented an update on the Skagit 911 Funding Model. She stated a new model has been developed that all the mayors in Skagit County will need to sign off on. Rasmussen discussed how the current budget is developed and managed.

Rasmussen described what services are provided by 911 and what it takes to provide these services. She explained the outdated equipment, the limited space, the limited training facilities available, failing electrical, and the failing 911 phone system, all of which need to be updated or replaced.

She reported they were recently tasked with developing a new funding model. She discussed how the new funding model was developed and how this will correct funding decisions made in the past, and will provide funds for their needed capital expenditures. She reported that with this new funding model, each jurisdiction will pay for the services that they are actually receiving.

Council support for the new funding model was unanimous.

Public safety: Sgt. Chris Kading reported they'd had a few false alarm calls at the school. He stated the school is in the process of making updates to its system, so administrators have to work out small glitches. He also reported that Deputy Backstrom walked the Cascade Trail and did not see any homeless camps or people camping along the trail, as reported on Facebook.

Town engineer Cody Hart reported on the townwide metering project that is currently under way. He stated that this is going to require a large coordination effort. He stated there are more than 200 services that need to be reviewed for meter installation and possible service connection installation.

Hart also reported on a possible funding opportunity through WSDOT's mobility and consolidated grant programs. He stated this would be for a possible trolley or shuttle service for an in-town and Urban Growth Area (UGA) route. He stated the avenue being discussed would result in no matching fund requirement by the town. He stated the fund would pay for capital, which would be the actual trolley, and would also pay for two years of operations, such as the driver and maintenance costs. He stated if there is an interest by the town, then they would need to move forward soon. He stated that applications would be due the beginning of October.

Discussion ensued on the idea. It was stated this would be a great opportunity for locals to use the service to get into town. It was also stated that the route would not be one that would compete with SKAT services, but would complement them. It was the consensus of the council to move forward with the application process.

Hart also reported that he may have found a county program that will assist in funding the Boulderling Wall project. He stated he is still researching, but will start with getting support from Skagit Valley Hospital, which also has programs that this may be funded by if it's a good fit with the programs they offer.

Council voted to approve Ordinance No. 754, creating the town's first Economic Development Commission.

Council voted to approve the bylaws for the Economic Development Commission. Council approved Mayor Jason Miller's request for the following individuals to comprise the Economic Development Commission: Eric Archuleta, Claus Joens, Cheryl Werda, Em Beals, Brooke Pederson, Joshua Gonzalez, Lynette Gentry.

See **Council**, p. 35

Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to andrea@concretewa.gov or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 7 p.m. at Town Hall.

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Continue the cycle

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Sports



Mixed month for football squad

Vball playoff chances good in final month

By Kevik Rensink, head coach

Four years ago I took over the Concrete High School Volleyball Program five days before the season started. I had never coached volleyball, but I had played for many years. The thought of coaching volleyball excited me, and that excitement has increased as the program has developed.

Our team this year is very different than that team of four years ago, and so are their goals. I will never forget one of our team goals my first season. It was not to finish last place in league. I made a big promise to that group of 13

girls in that moment, and I usually don't make promises when it comes to wins and losses. I told them they would not finish last. We didn't finish last. We didn't finish second-to-last. In fact, we made the playoffs! Their goals grew from "scoring in double digits" versus teams like La Conner, Mount Vernon Christian, Friday Harbor, and Darrington, to beating those teams. We haven't beaten all of those teams yet, but we have beaten some of them, and that credit goes to the players who continue to put in the work to better themselves, their teammates, and our volleyball program.

This season our volleyball team is competing at a very high level. The girls continue to set the bar higher and higher, and it makes it really fun to be their coach.

Our first two matches of the year were against league opponents, which makes it tough because you don't get that adjustment time you so often need at the beginning of the season. We had to adjust on the fly, and it worked out in our favor. Down 2-0 at Shoreline Christian, and then again at home versus Orcas Island, we managed to come back and win both matches 3-2. It was an amazing (and stressful) start to the season.

Since then we have won only once, but have competed very well against the "BIG 4" (La Conner, Mount Vernon Christian, Friday Harbor, and Darrington).

The last week of September was a tough week for us, but I know we are a better team because of it. We hosted Friday Harbor at home and lost 25-21, 25-16, 25-22, 25-13, and 16-14. It was an absolute heartbreaker to lose the fifth set in overtime, and to come so close to beating a team we have not won against in the last four years. We had yet to win a single set against them until last Tuesday night, so for that I am proud of the girls and I know we are moving in the right direction.

We then traveled to Darrington, the



Above: Emily Bridge sets for a teammate during the Lady Lions' Sept. 22 home court matches against the La Conner Braves.

Above right: Jaycelyn Kuipers rejects a La Conner spike during the Sept. 22 clash, which ended with La Conner on top 3-0.



The girls hope to continue our success against those two teams, and build up some momentum as they push for a fourth consecutive post-season appearance.

If you haven't had a chance to see your Concrete Lions Volleyball team play, you are missing out. Take the time to come out and cheer these girls on. If you like to watch good volleyball played at a highly competitive level, you will not be disappointed. We would love to see and hear your support from the stands during the next few weeks, including Senior Night on Tue., Oct. 25 versus Darrington at 6:30 p.m.

If you are someone fortunate enough to have made it out and watched these girls play, thank you for your support.

Sports schedules:
nw1a2bathletics.com

The Concrete Lions football team had a mixed bag of wins and losses in September, ending the month with a 3-1 league record and 3-2 overall.

The team began the month with a Sept. 2 loss to Life Christian Academy, 55-6. The team fielded only 13 players and suffered an injury two minutes in, hampering their efforts. "We played hard the first half, down by only 14 at the half, then fatigue set in and they were able to pull away from us," said Head Coach Marcus Carr.

On Sept. 9 the Lions hosted Darrington and opened league play with a home stand win, 28-12. Senior Tyler Labrousse played a typically strong game, but suffered a broken finger that will sideline him for a couple more weeks, said Carr. "Hopefully we'll be able to suit him up for the (Oct. 21) Orcas game," said Carr.

Sept. 17 the Lions traveled to Orcas Island, where the host team forfeited the game because they couldn't field enough players.

The La Conner Braves handed Concrete

a bruising 60-0 shutout on Sept. 23. "Right now they're the big boys in the conference," said Carr. "We still have a ways to go to catch up to them."

Concrete's final game of the month came on Sept. 30 with an away match against Friday Harbor. The Lions led 26-12 with 30 seconds left in the game, but the Wolverines snagged one more touchdown to make the game closer than it was, 26-19.

"We're progressing," said Carr of the team's position in the standings so far, adding that the addition of a few more players is helping the team's depth and resilience.

"I'm happy with where the team is going. The guys are practicing hard. They want to be successful, so we're working toward that end. "Tyler's injury is a loss on and off the field, since he also has a leadership role and it's good to have a guy like that on the field, leading from the front."

—J. K. M.



The Lions football team hosted Darrington on Sept. 9 and came out on top 28-12. Above, Tyler Labrousse powers his way through a Darrington defender. **Bottom left:** Louie Ketchum pulls in a pass from Labrousse. **Below left:** Tyler Nevin catches a pass just in time to avoid Logger coverage. Concrete has dealt with its share of injuries so far this season, with Labrousse and Victoria Sheahan sitting out with a broken finger and a knee injury, respectively. Lane Ashe and Cole Meacham also are likely out for the season.



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Soccer team hungry for a win

The Concrete women's soccer team ended September with a 0-5 league record, leaving them hungry for wins in October.

September play began with an away game at Friday Harbor on the 8th, where the Wolverines handed Concrete a 5-0 loss.

On Sept. 13 the Lions hosted Orcas Island, losing to the Vikings in a tight squeeze, 5-4.

Concrete traveled to Mount Vernon Christian on Sept. 15, where they suffered a 3-0 loss. Another loss came the next

week at home against La Conner, 4-1.

A closer game on Sept. 27 at home for a second game against Friday Harbor still found Concrete on the shy side of the scoreboard, 2-1.

The team hopes to turn the tide in October, which kicked off with an Oct. 3 game against La Conner. After that:

- Oct. 6: Mount Vernon Christian
- Oct. 8: Orcas Island
- Oct. 15: Mount Rainier Lutheran
- Oct. 18: Orcas Island
- Oct. 20: Friday Harbor
- Oct. 25: Mount Vernon Christian



Chloe Stidman rocks a shot on goal during the Concrete soccer team's homefield game against Orcas Island Sept. 13. The Lady Lions played well, but the matchup ended in a heartbreaking 5-4 score in the Vikings' favor.

Something paranormal this way comes

By Haley McNealey

This year, a new October event will test its legs in the Upper Valley. Concrete-area resident Eric Cooper will host the first annual Para-Con 2016 (Paranormal Conference), with events at Lake Tyee and Concrete.

The one-day conference will be held on Sat., Oct. 22, with activities scheduled from 8 a.m. through midnight. Cooper has secured Lake Tyee as the venue for many of the scheduled events. Experts who will speak at the event will be sharing knowledge regarding six distinct paranormal topics.

SJ and Russ Wells with FOG Paranormal, Bigfoot specialist Tyler Allen, paranormal investigator Christina George, author Derek Tyler, paranormal investigator Dave Scott, and Cooper himself are scheduled to present on various paranormal topics, ranging from alien abduction and UFO history to local investigations and reported hauntings that have been documented.

A VIP Roundtable event is scheduled to take place from 8 to 10 p.m. at The Lonestar Restaurant in Concrete Town Center. The VIP Roundtable will consist of a panel of specialists responding to questions.

Para-Con attendance is free, but the roundtable event cost is \$25 per person; anyone interested in attending this portion of the event is encouraged to reserve seats early, because only 25 people will be permitted to attend. To reserve a seat, call Cooper at 360.840.7674.

An additional activity will be a workshop instructed by Allen, during which attendees will learn how to create a plaster cast for documenting Bigfoot prints. Admission for this activity is \$20 to help cover the cost of materials.

On Oct. 21, 22, 28, and 29 from 11 p.m. until around 12:30 a.m., FOG Paranormal investigators SJ and Russ Wells will lead Ghosts of Concrete, a stroll near and through Concrete Town Center during which they'll provide accounts of their paranormal encounters throughout the town. Not to be confused with the Concrete Chamber of Commerce-sponsored Ghost Walk, the FOG Paranormal tour has a \$5 admission fee and will begin well after the Chamber's Ghost Walk on the two Saturday nights.

The tour group will begin on the sidewalk in front of the East County Resource Center in Concrete.

Seeking the paranormal

Born and raised in Skagit County, Cooper moved to Concrete after retiring from a 20-year career in the U.S. Army. he said he's had paranormal experiences for most of his life, and founded his organization, Forest Moon Paranormal, in 2006.

Forest Moon is a crisis team that responds to reports of paranormal experiences and seeks to mediate or remove spirits. The organization deals with a range of fields relating to paranormal occurrences, including UFOs and alien abduction. Cooper, who specializes in alien abduction, stated the only way to help abductees is to make sure they do not feel alone in their experiences; he often connects abductees with peer support groups. Cooper practices Paganism, and states his connection to the tradition relates to his expertise in the paranormal field because experiences that are typically considered "paranormal" are regular events for Pagans, which makes these occurrences easier for Pagans to explain.

Cooper hosts S-4, a radio broadcast that airs from British Columbia, with North Carolina scientist and co-host Eric Markham, in addition to a segment on KSVU 90.1 FM.

In the future, Cooper says he intends for Para-Con to continue to transpire in Concrete. Through more fundraising efforts in future years, he anticipates the event will expand to two days, and invitations will be extended to even more experts.

Cooper stated he is still advertising for potential vendors to submit applications for the event. Vendor spaces are \$20 per booth.

For more information, find Forest Moon 1st Annual Paranormal Conference on Facebook or contact Cooper at 360.840.7674 or medicynes_eagle@yahoo.com.

Haley McNealey is a 2015 graduate of Concrete High School.



Eric Cooper, who heads Forest Moon Paranormal, is the brains behind Para-Con 2016. Cooper lives near Concrete with his wife and children, and has wanted to organize and host the event for years.

Sports schedules:
nw1a2bathletics.com

Middle school volleyball off and serving

By Rob Thomas, head coach

Volleyball season for Concrete Middle School began the afternoon of Sept. 6 with 19 girls arriving at the elementary school gym. With three 7th graders joining 16 8th graders, the season began with 10 practices before the first scheduled match against La Conner.

This was the first exposure to competitive volleyball for many of the girls. The goals for the season are:

1. Teach the fundamentals of the game.
2. Learn to work together as a team.
3. Improve each and every week.
4. Have fun.

In light of the number of girls turning out, Martha Schoolland was hired as an assistant coach. She has previously coached volleyball, as well as middle school basketball. It's been great having her back, as it allows for more individual coaching. Having 19 girls playing allows for two teams with a mix of 7th and 8th graders. Injuries and/or eligibility issues may prompt some girls to switch teams to keep the teams balanced.

The first contest of the season was a

home match against perennial power La Conner. As expected, many of the girls were nervous with this being their first opportunity to play against another school. Schoolland's team battled La Conner for all three games with good serving keeping them close. Though falling short in the score, it was not because of a lack of effort. My team struggled with serving and was overmatched by La Conner's experience and athleticism.

Our second match of the season welcomed Friday Harbor. After a slow start (25-11), Schoolland's team came on strong to win the second (25-18) and third (15-13) games to take the match. Serving was a critical component in both victories as the team was a combined 28 of 38 with 18 aces. My team followed the same pattern, losing the first game 25-18, then coming back to win the second 25-18 and the third 15-7 to win the match. In the two victories, the girls made 33 of 39 serves with 11 aces. In the third and deciding game of the match, they were 13 of 14 in serving, making their first 13 serves.

The season consists of 10 matches: five at home and five away. This year's schedule will include La Conner, Friday Harbor, Darrington, Mount Vernon Christian, Orcas, and Conway. The girls are looking forward to a competitive year, especially with getting to go to the islands (Orcas and Friday Harbor) for two of their matches. Matches are normally on Tuesday and Thursday, with the first game starting at 4 p.m. (Contact the high school for a current schedule.)



Sierra Rensink carefully readies her serve during a middle school match against Friday Harbor on Sept. 27.

Concrete Elementary PTO meetings are held the second Wednesday of each month, at 5 p.m., in the Concrete Elementary School library. For more information, call 425.350.5988.



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Academics



Walk-to-School Day

Wednesday, Oct. 5 is International Walk-to-School day. This is a day to bring light to safety concerns, celebrate the benefits of walking, and mark a special occasion: the 20th celebration of Walk-to-School Day in the USA.

As a way to celebrate this event, students at Concrete Elementary School who have written permission from their parents/guardians will ride their bus to the bottom of Superior Avenue (bottom of the hill), be dropped off to awaiting volunteer chaperones, walk up the hill, cross at the CHS crosswalk, then walk to a breakfast in the lunchroom.

Students who live close to school can walk with their parents or guardians to school. Families that drive to school can join walkers at the intersection of Superior Ave. South and Cedar St., then walk up the hill and to the elementary school.

Students who participate will also receive "100 Mile Club" credit.

Why is this event an important one?

Walking and biking to school gets kids active and builds healthful habits that can last a lifetime.

Walking is fun. It allows time to appreciate things you don't notice while driving such as the sights, sounds, and smells of nature.

For more information or to volunteer, e-mail Paul Bianchini at pbianchini@concrete.k12.wa.us.



Concrete Elementary School students gathered for a Sept. 16 Recognition Breakfast in honor of their special academic efforts. *Front row, from left:* Akira Thornton, patient and respectful; Hayden Maloy, excellent role model; Rafe Gilbert, works hard to complete work; Michael Casey, great work ethic; Willa Whitford, persevering and working hard; Maxwell Preis, challenging himself; Elijah Rider, friendly and well mannered. *Back row, from left:* Adalynn Whitaker, art skill and problem-solver; Dustin Meiers, consistent cooperation and helpfulness; Savannah Middlemist, leadership and excellent role model; Jade McAdam, PAX leader every day; Josie Sherman, enthusiastic learner and models perseverance; Trevor Howard, academic effort. Not pictured: Izzy Allard, patient and respectful. *Photo by Jaci Gallagher.*

Editor's note: Town of Concrete will be dredging Lorenzen Creek along Cedar St., which will be closed to through traffic the morning of this event. Please be aware of the equipment, employees, and volunteers involved with this effort, and stay on the east side of Superior Ave. South as you make your way to the school.

Emphasis party patrols to be conducted in Concrete

Underage drinking is a concerning health problem faced by many communities. Adolescents who binge drink are more likely to engage in risky behaviors and are at an increased risk of short- and long-term health problems. Underage drinking also contributes to both intentional and unintentional injury deaths, and puts youth at risk for behavioral problems.

In a step to address underage drinking, Skagit County Sheriff's Office East County Detachment will conduct multiple emphasis Party Intervention Patrols in Concrete and surrounding areas throughout the school year. The goals of the patrols are to discourage underage drinking and, if necessary, cite minors and prosecute adult suppliers of alcohol. For youth offenders, education and intervention opportunities will be provided. An educational marketing

campaign also will be conducted to help foster positive community norms.

Fortunately, studies have shown that kids are less likely to drink if they perceive that their parents and other adults in the community believe that youth drinking is wrong. Emphasis party intervention patrols are proven to be an effective strategy at addressing these perceptions and have been implemented in counties throughout Washington state. These emphasis party patrols were associated with a decrease in alcohol-related fatalities and serious injuries.

Funding for the emphasis patrols has been provided by a grant from the Washington State Traffic Safety Commission and is coordinated by United General District 304 Community Health Outreach Programs.

—Danika Troupe

Continue the cycle

**Please recycle
this newspaper**



School District and Farm to School team with local farms for Taste Washington Day

Concrete School District and its Farm to School program will celebrate Washington farms on Oct. 5 with Taste Washington Day.

On that day, Concrete schools will serve locally sourced meals to students, staff, farmers, and invited officials, providing education and conversation around the important role that local farms and farmers play in creating healthy schools and communities.

Food Services Director Marla Reed has worked with local farmers to purchase food for Taste Washington Day. Students will be treated to a meal of potato wedge nachos, cabbage-fennel-apple slaw, steamed green beans, and bosc pears, featuring produce from Blue Heron Farm, Ovenells, Forest Farmstead, Viva Farms, Sauk Valley Farm, Skagit Grown Potatoes, Ralph's Greenhouse, Hopewell Farms, Boldly Grown Farm, and Truitt Brothers Beans.

Taste Washington Day kicks off the fall

activities for Concrete School District's Farm to School Program. Since 2013, the school district has partnered with United General District 304 to increase the amount of fresh fruits and vegetables kids are eating and support the local farm economy. The program continues to grow each year in response to increasing community interest and involvement.

Last spring, volunteers constructed a new school garden that already has supplied some vegetables for use in the school kitchen. This fall marks the launch of a Fresh Fruits and Vegetables program, in which students sample and discuss a locally sourced fruit or vegetable in the classroom every day. As excitement grows, so do the educational and enrichment opportunities. Field trips to local farms, integrated school-garden curriculum, nutrition education, and Food Service staff scratch-cooking trainings are just a sampling of what's on the menu for this school year.

For more information on these programs in the Concrete School District, contact Rachel Sacco at concretefarmtoschool@gmail.com or 360.854.7171.

—Submitted by
United General District 304



Linda Wright

For State Representative 39th District (D) Pos 1

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Our seniors should not lose their life long investments, savings and their homes.

I will work to create and support programs that assist our seniors, veterans and others in need.

We should all work towards changing laws so our seniors can live out their lives with dignity and respect.

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Clear Lake



Submitted photo

Clear Lake Elementary named a School of Distinction

Clear Lake Elementary School is celebrating a School of Distinction award they received on Sept. 22 for sustained improvement in English language arts and math during a five-year period.

The school, part of the Sedro-Woolley School District, is one of 94 schools so honored by the Center for Educational Effectiveness (CEE) and its partner organizations that have recognized

schools all over the state for continuous and substantive improvement.

Principal Dina Fox explained that there are many reasons for the success of their students. Most importantly, every staff member is dedicated with helping every student achieve their learning goals. She cites their progress-monitoring system as one of the many reasons why students are successful at Clear Lake.

"When you check in and find out what each student is learning, no one is falling through the cracks," said Fox. "We are frequently and consistently assessing students in literacy and math. We are keeping our fingers on the pulse of their progress and doing triage when needed. No student is an invisible learner. All are successful."

Recognition for Clear Lake Elementary

staff, families, and students will be held on Mon., Jan. 9, 2017, during the School Board Meeting that will be held at the Support Services Building, 317 Yellow Lane, Sedro-Woolley. Those meetings typically begin at 7 p.m. The community is invited to attend the celebration and awarding of the School of Distinction banner to the school.

—Submitted by SWSD

HISTORY CORNER



Three of the Clear Lake Lumber Company cookhouse employees, also known as Flunkies, and young Billy Cholski, are shown in this month's circa 1920 photo, at left. An excerpt from Mollie Dowdle's book, *My Best Loved Stories*, had the following to say about her stint as a Flunkie:

"There had to be aprons: a straight piece of gathered material fastened to a band with a sash in back. And black sateen bloomers with plenty of width. With these, the admonition, 'Now when you do your laundry, be sure to hang a sheet over your bloomers.' The first day I went to work and saw the heavy dishes of hot food I had to carry—all stacked on my left arm—I almost called it quits. But then I went back to the cookhouse after everyone was asleep and learned how to balance and successfully carry six or eight dishes of hot

gravy at once. I don't remember that I ever spilled a spoonful of anything. I learned there was a rhythm and a swing to carry hot food when the technique was mastered. We were not waitresses; we were flunkies. We did not converse with men at our tables unless it was to ask for an empty dish. And the loggers did not break any rules by talking to us."

Things have certainly changed since the 1920s.

Photo courtesy of Clear Lake Historical Association.

If you have old photos of Clear Lake and/or Day Creek, please contact historian Deanna Ammons at 360.856.6798.

Like the Clear Lake Historical Association on Facebook at www.Facebook.com/clearlakehistory.

—Deanna Ammons, historian



Community Calendar



OCTOBER

1, 8, 15, 22, 29

Concrete Ghost Walk (every Saturday in October); see ad, p. 5

8 Harvest Festival, Mansford Grange, 1265 Railroad Ave., Darrington, 10 a.m. to 3 p.m.; free admission; see notice, p. 25

8 Darrington Community Dance, Mansford Grange, 1265 Railroad Ave., Darrington, 6 to 9:30 p.m.; see notice, p. 25; info at 206.402.8646

11 Concrete Furs & Things 4-H Club meeting, Community Bible Church, 45672 Limestone St., Concrete, 6 to 8 p.m.; see notice, p. 6; info at 360.853.8095 or fursandthings@yahoo.com

14 Skagit Reads Book and Film Discussion: *I am Malala* and "He Named Me Malala," 5:30 p.m., Upper Skagit Library, Concrete, 5:30 p.m.; free admission

19 Ballots mailed for Nov. 8 General Election

22 "Hunters' Breakfast" at Samish Valley Grange (5 miles north of Sedro-Woolley on SR 9), 8 to 11 a.m.; \$10 admission supports the grange's building maintenance and community support

22 Hero Craft Fair, Church of the Nazarene, 2710 E. Fir St., Mount Vernon, 8 a.m. to 5 p.m.; see notice, p. 34; info at rlmm2000@comcast.net or 360.399.3069

22 Para-Con (Paranormal Conference) 2016, Lake Tyee and various Concrete locations; most events free admission; see article, p. 11; info at 360.840.7674 or medicyn_eagle@yahoo.com

21 & 22 Ghosts of Concrete tour meets in front of East County Resource Center in Concrete at 11 p.m. both nights; \$5 admission; see notice, p. 6

22 Paws and Claws Cause fundraiser, Birdview Brewing Co., 38302 SR 20, Birdview, 4 to 8 p.m.; see notice, p. 22; info at 360.826.3406

25 Grizzly Bear Night, Annie's Pizza Station, 44568 SR 20 (Grasmere Village), 6:30 to 8 p.m.; see notice, p. 6; RSVP to gtaylor@npca.org

28 Dinner/dance at Concrete Center, 45821 Railroad St., Concrete, 6:30 p.m.; see notice, p. 29; info at 360.853.7009

28 & 29 Ghosts of Concrete tour meets in front of East County Resource Center in Concrete at 11 p.m. both nights; \$5 admission; see notice, p. 6

28–31 Haunted Warehouse, 44893 SR 20 (east of Grasmere Fire Hall), 8 p.m. to midnight; \$5 admission; see notice, p. 6

29 "Reading the Stones" (interpreting icons on cemetery stones), Sedro-Woolley Museum, 725 Murdock St., Sedro-Woolley, 1 p.m.; free admission, limited seating, reservations and info at 360.855.2390

29 Halloween Party fundraiser for KSVU 90.1 FM, Marblemount Community Hall, Marblemount, 6 to 10 p.m.; \$8 per person, \$15 per couple, 12 and under free admission; see notice, p. 26; info at 360.853.8588

31 Kiddies Halloween Parade and Merchant Trick-or-Treating in downtown Sedro-Woolley, 4:30 p.m.; line-up by Wells Fargo; see ad, p. 16

31 Concrete Lions Club Halloween Party, Concrete Elementary School gym, 5 to 7 p.m.; free admission; see notice, p. 6

NOVEMBER

8 Election Day. Ballots are due by 8 p.m.

12 3rd Annual Pearls for My Girls fundraiser to benefit North Puget Cancer Center, Skagit Lodge & Casino, 11 a.m.; \$30 admission; tickets at 360.724.3075 or mmcilmoyle@gmail.com

20 Pancake Breakfast to support Growing Veterans (charity) and White Elephant Sale, Fredonia Grange Hall, 14245 McFarland Rd., Mount Vernon (next to Sierra Pacific Mill on SR 20), 8 a.m. to 1 p.m.; adults \$7, children \$3; info and vendor inquiries at 360.399.7876

*Community Calendar is updated daily at www.concrete-herald.com/calendar

Community meetings

Cascade Days Committee Board of Directors meets the third Mon. of each month at 5:30 p.m., in the Pilots' Lounge at Mears Field, Concrete. 360.853.7867, ember@cascaadedays.com, info@cascaadedays.com.

Cedar Grove and Skagit Upriver C.E.R.T. Group meets the first Mon. of each month at 6:30 p.m., Concrete Center in Concrete. 360.853.7420 or emergencyresponsecomm@cedargrove-concrete.org.

Coffee Talk with Concrete Mayor Jason Miller meets the third Fri. of each month at 8 a.m., at 5b's Bakery in Concrete. 360.853.8213.

Community Chat, an informal conversation about projects in Darrington, meets the second Sat. of each month at 9 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

Concrete American Legion Post and Auxiliary meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

Concrete Economic Development Commission meets quarterly at Concrete Town Hall. Its first meeting is Oct. 12 at 6 p.m. 503.333.2406

Concrete Elementary PTO meets the second Wed. of each month at 5 p.m. in the Concrete Elementary School library. 425.350.5988.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held in the Pilots' Lounge at Mears Field in Concrete. 360.466.8754 or concretechamber@mac.com.

Concrete Heritage Museum Board meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or www.concreteheritagemuseum.org.

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete Resource Coalition meets the third Thur. of each month, at 1 p.m., at the Concrete School District offices (usually in the north room at the eastern end of the building).

Concrete School District Board will hold its next work session on Oct. 24, at 6 p.m. in the high school Commons. The board will hold its regular monthly meeting on Oct. 27 at 6 p.m., in the high school Commons. 360.853.8141.

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

Darrington Strong meets the third Wed. of

each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at 7 p.m. at Town Hall, 1005 Cascade St. 360.436.1131 or darrcityhall@frontier.com.

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the third Tue. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or goodwords@frontier.com.

KSVU station info and host training, second Wed. of each month at Portable B behind Concrete K-8 School, 11 a.m., open to public. Call 360.416.7001 to confirm appointment.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk_lyman@msn.com.

Mansford Grange meets the first Tue. of each month, 7 p.m., at the Mansford Grange Hall, 1265 Railroad Ave., Darrington. 360.436.0711.

Marblemount Community Hall board and staff meet the second Wed. of each month at the hall, at 6 p.m. 360.873.2323.

Paranormal Discussion Group meets the last Sunday of each month at Concrete Center, 45821 Railroad St., Concrete, at 7 p.m. 360.630.5143.

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

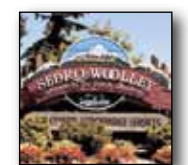
Sedro-Woolley School District Board will hold a regular meeting on Oct. 10 at 7 p.m. at the Support Services Bldg. It will hold a second regular meeting on Oct. 24 at 7 p.m. at Evergreen Elementary. 360.855.3500 or kcargile@swsd.k12.wa.us.

Skagit River Bald Eagle Interpretive Center Board meets the second Tue. of each month, 6:30 p.m., at Annie's Pizza Station in Grasmere. Open to the public. sauksister@frontier.com or www.skagitaeagle.org.

Upper Skagit Library District (USLD) Board meets the second Thurs. of each month at 5 p.m., at the library. Public is welcome. 360.853.7939 or info@upperskagit.lib.wa.us.

Upper Skagit Writers Group meets the fourth Mon. of each month at 7 p.m., at 5b's Bakery, Concrete. Open to the public and all skill levels. ctomas@upperskagit.lib.wa.us.

Parents! Get involved in your PTO!
Concrete Elementary PTO meetings are held the second Wednesday of each month, at 5 p.m., in the Concrete Elementary School library.
For more information, call 425.350.5988.



Sedro-Woolley



Reading the stones

the community. There is a dual purpose, finding hidden stories through ancestors' pasts, insights into the person and the life they lived."

Wilson learned that special kind of reading history when growing up in the northeastern United States in an area where history is a constant physical presence. She developed this interest first as a child, accompanying her family in historical research in cemeteries by reading inscriptions and the icons on the markers and noting differences in burial practices.

Seating in Sedro-Woolley Museum's theatre room is limited. To ensure places for "Reading the Stones," make a reservation by calling 360.855.2390. Don't miss the opportunity to hear Wilson, see examples of ordinary and extraordinary symbols, and learn to read the stones at this unique program.

Sedro-Woolley Museum is located at 725 Murdock St., Sedro-Woolley. For more information, call 360.855.2390.

Read
Concrete Herald
The Voice of the Upper Skagit Valley

Helping Hands Food Bank offers free Farmer's Share at the clubs

The Sedro-Woolley and Mount Vernon Boys & Girls Clubs enjoyed perfect weather for two consecutive weeks in September for an outdoor Farmer's Share orchestrated by Helping Hands Food Bank, where club youth and their families were able to stock up on free fresh vegetables and fruits.

To celebrate Hunger Action Month, Helping Hands Food Bank gathered fresh produce from local farms and grocery stores, such as Viva Farms, Hayton Farms, Ralph's Greenhouse, and more. Kids were allowed to select from a bounty of colorful boxes filled with potatoes, carrots, squash, apples, plums, peaches, and broccoli.

Two WSU Extension staff were on hand representing the Farmers' Market Flash program, and talked about nutrition and farmers' markets with the kids while making it fun, with prizes, temporary tattoos, and stickers. WSU Extension's

brand-new program, Farmers' Market Flash, is focused on spreading the good news about the Double Up Bucks Program, where SNAP (formerly known as food stamps) dollars are stretched at farmers' markets so that families can buy more fruits and vegetables at no extra cost to them.

Club youth were thrilled about the selection and especially loved seeing the rows of raspberries at the end. One club member even exclaimed, "Broccoli!" as he added it to his bag. As club member Michael Worley was busy helping unload and set up boxes of fresh fruits and vegetables at the Sedro-Woolley Boys & Girls Club, he said he really liked seeing everyone joining together and working toward the same goal: "helping get healthy food into people's homes."

Helping Hands Food Bank Operations Manager Rebecca Schlaht hopes that these Farmer's Share events can be expanded and plans to reach more clubs more often.

"Our goal is to showcase the amazing produce that is available at local food banks," said Schlaht.

The Boys & Girls Clubs of Skagit County thanks Helping Hands Food Bank and the WSU Extension for organizing the Farmer's Share events.

Search and preserve

Sedro-Woolley woman aims to restore all-but-forgotten Northern State Hospital Cemetery.

Just up Helmick Rd. from the Northern State Hospital property lies a 10-acre plot of land that looks like nothing more than a fenced-in lawn. If it weren't for a modest sign and curiously ornate entry, you'd never know that the remains of almost 1,500 former hospital patients lie beneath the grass.

Brenda Kinzer wants to change that. The Sedro-Woolley City Councilwoman has taken on a very personal task of uncovering upwards of 753 concrete markers that have sunk into the ground during the past several decades, and otherwise commemorating an additional 700 patients whose ashes were buried

randomly at the site.

Kinzer looked over the grassy expanse in late September, a few days before an Oct. 2 meeting there to drum up volunteers and support for her efforts.

"It looks empty. You think it is. Everybody thinks it's empty," she said. "There were rumors that there were no longer any headstones, and one terrible rumor that a now-deceased farmer had plowed all the headstones into that ravine. That did not happen. I knew him and talked to his son, and he said no way did his father do that."

Kinzer has spent many hours at the state-owned cemetery since June,



Historic preservationist Brenda Kinzer kneels next to the only above-ground headstone at the neglected Northern State Hospital Cemetery, for John K. Davis, born Nov. 6, 1878, died Jan. 5, 1918. "It's the only above-ground headstone that was ever here," said Kinzer. "I don't know why this particular individual got a real one." **Inset:** A typical concrete marker at the cemetery, partially buried at ground level. This one identifies burial site No. 27, for former patient Jessie Conner.

carefully searching for the concrete markers, which measure about 6 x 10 inches and are about 4 inches thick. She's found about 200 so far. Each marker contains minimal information about the deceased patient below it: a number and the patient's first and last initials. The hospital, which opened in 1909 and used physical labor as a form of therapy, had a ready workforce of patients who made the markers, built coffins, transported the bodies to the cemetery, and buried them.

Finding leftover ashes is more challenging, if not impossible. Kinzer believes that ashes were buried in the same metal cans that the patients used to preserve fruits and vegetables, so she's tried with Sedro-Woolley Mayor Keith Wagoner to use a metal detector to find their remnants. No luck. As for the concrete markers that have sunk so deep she can't locate them, even while barefoot, Kinzer said she might instead look into using ground-penetrating radar.

Kinzer is becoming consumed by the project, referring to it as "my own personal baby," and saying that once she realized the rumors about the supposedly

missing headstones weren't true, she knew she couldn't ignore the deceased patients.

"The more I looked, the more markers I found and the more I thought, this is not okay; people think there's nothing here. That's not right; it's an atrocity. There are people here."

Kinzer is now in the process of drumming up support and funding for her efforts to discover and raise all markers, and perhaps build a niche wall to commemorate the patients whose ashes are likely lost forever. She said the state fully supports her ideas, although it hasn't offered to pay for anything yet. She plans first to write a formal proposal for the state that outlines her plans, then start a nonprofit for fundraising purposes. She hopes others will come alongside her to provide elbow grease and donations for the cause.

"I want to give back to all of them—the patients—something so they remain visible forever. Let's do what we can, let's give these people some respect."

—J. K. M.

Kiddies Halloween Parade
in Downtown Sedro-Woolley
Monday, October 31
4:30 pm
Live up by Wells Fargo
& Merchant Trick or Treating

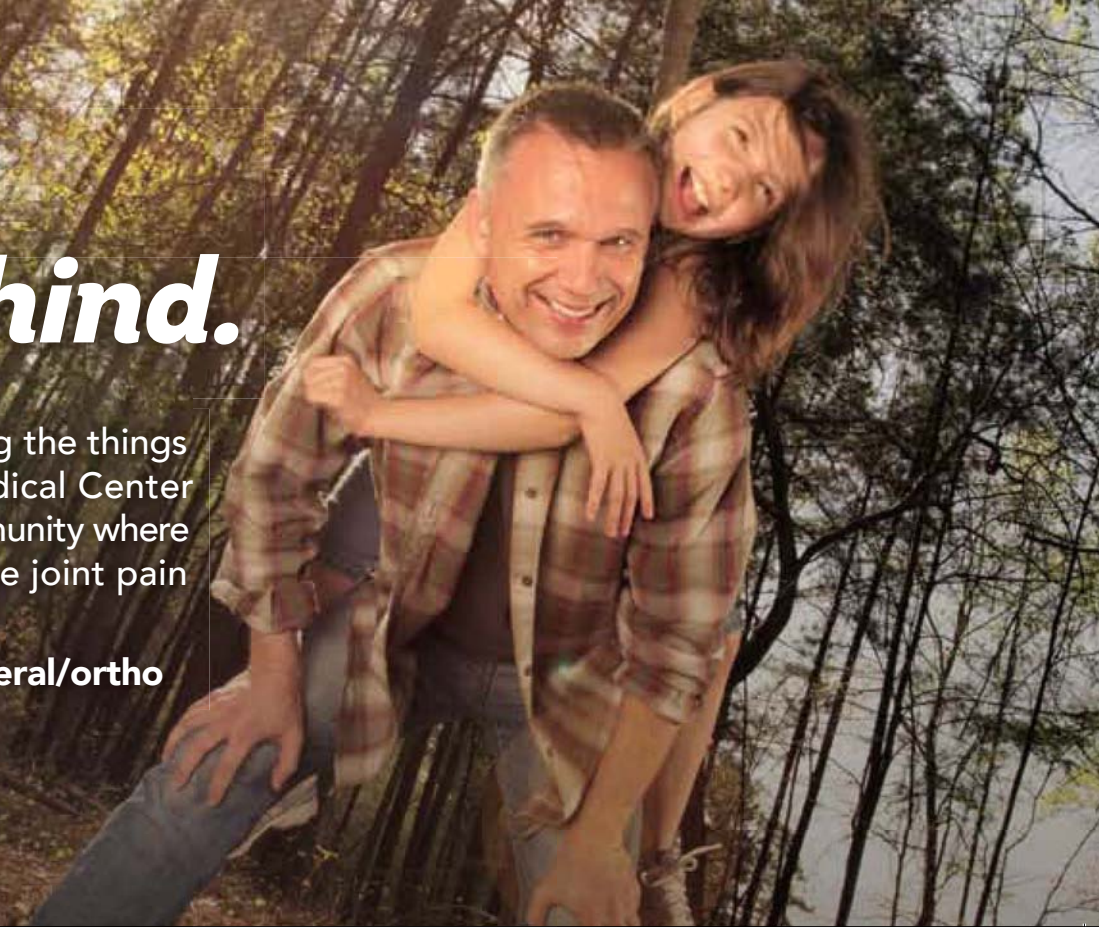
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Lyman



Day Creek



Old P.O. boxes return home after decades away

Two sections of Lyman Post Office boxes have found their way back home after decades away and hundreds of miles traveled.

Kirk Beasley, the grandson of former postmistress Enis Beasley, transported the two P.O. box sections—one oak and one steel—from his home in California last month and has left them at Lyman Town Hall. They likely will be displayed there in some fashion.

Beasley, 58, told *Concrete Herald* the boxes had moved several times before ending up in his attic.

When Lyman first started receiving mail, Enis Beasley handled the task in her own home, which she shared with her husband, Lyman Mayor Nate Beasley. In time, the town built a post office, bought used P.O. boxes, and used them for years.

"I found in my mother's records a June 1960 newspaper article confirming that my grandmother wanted to get new post office boxes, because even back then she considered them old," said Kirk Beasley.

Eventually the boxes were replaced. Having no functional purpose, they ended up in Nate Beasley's shed, where he used them to store tools.

Time passed, and the aging Beasleys needed to leave their home for health reasons. Kirk Beasley's father took the boxes to their house in Conway and stored them in the attic.

"They stayed there until Dad retired and moved to Winthrop, and put them in *that* attic," said Kirk Beasley. "Then my parents downsized to a retirement community in Centralia, and I took the boxes to California and put them in *my* attic. I've had them for about 20 years."

Beasley said he felt pangs of conscience when he remembered the boxes in his attic and thought about the history they contained. Many of the original names are still in the slots, and written on top of the box is "Minkler, Lyman, Wash."

"I didn't want to sell them, so I contacted the town. Nobody's enjoying them in my attic," said Beasley. "To me it felt like the right thing to do. Over time they've become more meaningful, and I'm happy to return them. I don't think of it as giving the town something; I think of myself as a custodian, returning something to the town."

—J. K. M.



Above: Kirk Beasley stands with the two sections of post office boxes he donated to Town of Lyman last month.

Left: Kirk Beasley's grandmother, Enis Beasley, is shown with the post office boxes in a June 1960 photo that ran in an unknown local newspaper. Enis Beasley was married to Nate Beasley, who was Lyman mayor at the time. Submitted photos.

Community notes

November potluck dinner

Our November dinner will be a progressive potluck event. The destinations and menu are in place. Come to the October 18 potluck at 6:30 p.m. for directions.

If you have an idea for a community gathering, call 360.826.3003 or 360.826.3581.

Cowboy Church

A "Cowboy Church" meets in the clubhouse at the Sedro-Woolley Rodeo Grounds (24538 Polte Rd.) every Wednesday evening at 6:30 p.m. For more information, call 425.395.4014, e-mail c4cowboychurch@gmail.com, or go to www.c4cowboychurch.com.

Friendship House Helping Hand

Dinner at the Friendship House has been a success. We have reached out to the homeless and are serving a monthly dinner, with prep at 3 p.m. and dinner at 5 p.m. on the last Sunday of each month.

For more information or to volunteer as a helper, call Sue Walden 360.391.1709.

Christmas Shoebox Fundraiser

On Oct. 9 at noon at the Day Creek Chapel, area kids will provide lunch for all guests as their Christmas Shoebox Fundraiser.

Support their efforts to help children around the world by filling 40 shoeboxes with toys and essentials, to be shipped overseas to children who may be hearing the true story of Christmas for the first time. Young and old, please come and support this life-changing ministry.

Coming in December: Christmas Breakfast Gala

On Sat., Dec. 10, Day Creek women along with their families and friends are invited to attend this year's Christmas Breakfast Gala.

A festive breakfast will be served, followed by instruction to paint a canvas, taught by a fabulous teacher supplied by Shelley's Shack of Sedro-Woolley.

Mark your calendar for Dec. 10 at 9 a.m. More details will follow; the contact person for this event is Sue Walden, 360.391.1709.

Christmas Performance

Calling all children for the annual Christmas Performance. Learn your parts, gather your props, and shine. Plans include a church performance on Dec. 18 and a second showing at the Mount Vernon Retirement Home.

Kingdom Builders

If you know anyone in need this year, please call the numbers below. Kingdom Builders can put together food baskets and gather other needs for kids and families.

Donna Pulver and Kathy Henderson, co-directors of Kingdom Builders, are reaching out to those in the Day Creek community who need help with trips to the doctor, hospital visits, store runs, and more. If you would like to become available to be a community helper, call 360.826.3003, 360.826.3581, or 360.826.3822.

Day Creek Book Club

The book club is open to new members. Members are welcome to host a book club meeting at their favorite "hang out" spot. Meetings are held on the third Monday of each month at Cedar Springs Lodge on Barben Road. For more information, call 360.661.0247.

News and tips should be sent via e-mail to winningcircle ranch@gmail.com.

—Compiled by Kathy Henderson

2016 Community Potluck dates

October 18, 6:30 p.m.

November 15, 6:30 p.m.

December 20, 6:30 p.m.

Continue the cycle

Please recycle this newspaper



Submitted photo

Local quilt guilds answer call to action

After the flooding in Louisiana made national news in August, a Day Creek woman decided to do something to help the people there, some of whom had lost everything.

Alerted by a friend that Victory Academy in Baton Rouge, La., had been devastated by the floods and needed 48 quilts for kindergarteners' nap time, Virginia Learned reached out to local and area quilting groups to meet the need.

Members of Woolley Fiber Quilters, Quilters by the River, Camano Island

Quilters, and Fidalgo Island Quilters started quilting and proved equal to the task, some working 15-hour days.

"In one day I had 20 'pledged' quilts, and by the end of a week we were over 50," said Learned. "On shipping day we had received 96 quilts."

"I don't know if these local guilds have ever cooperated on anything like this before, but it has been so great to get to know so many who want to share their talent and their hearts," said Learned.

—J. K. M.

Nick VanJaarsveld
Financial Advisor

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September in pictures



Left: Albert's Red Apple Market owners Mike and Richard Frank stand with a custom caricature drawing of them by Gary Daum. Daum and his wife, Karen, own property at Lake Tyee and have been shoppers at the Red Apple for 10 years. A retired graphic illustrator for Boeing, Daum has drawn hundreds of caricatures for friends, calling them "Garycatures." "I couldn't resist doing one for two great brothers," he said. The drawing now hangs at the market.



Left: Dan Whybark applies the last of the paint on the newly restored Concrete Heritage Museum floor on Sept. 26, just in time for the Concrete Ghost Walk. Whybark supplied elbow grease and personal funds to help make the project a success. *Photo by Bill Pfeifer.*

Right: Betty Seguin, Karen Krauch, and Merlene Buller, the "Three Marketeers," pause for a photo during last month's Marblemount Community Market. *Photo by Christie Fairchild.* **Middle: Cascade Days Parade Grand Marshals John and Gail Boggs**, driven by Bill Sullivan, interact with the crowd during Concrete's biggest party last month. *Photo by Leatha Sullivan.* **Far right: Rich and Rosie Philips'** home near Concrete is again decked out for Halloween this year. Their spooky property includes a graveyard with a skeletal tree, gargoyles, ghosts, gravestones, bats, and more chilling touches.



Clockwise from above: Caden Smith, 8, from Snohomish; Chase Holder, 17, from Sedro-Woolley; Corey Vihoski-Osborne, 15, from Sedro-Woolley; and James Luttrell, 21, from Concrete compete during the 4th Annual Sedro-Woolley Skate Competition Sept. 10.



Sedro-Woolley Skate Competition results

Beginners

1st: Cole McCombs, Mt. Vernon
2nd: Rayland Johnson, Everett
3rd: Tyler Wickenhagen, Mt. Vernon

Intermediate:

1st: Caden Smith, Snohomish
2nd: Griffan Dunlop, Bow
3rd: Brandon McCure, Ritzville

Advanced:

1st: Dylan Dowd, Burlington
2nd: Corrett Green, Sedro-Woolley
3rd: Chase Holder, Sedro-Woolley

Election, cont. from p. 4

Congressional Dist. 1 U.S. Representative

Suzan DelBene (incumbent)

In her words:

"Today, too many families are suffering from the same financial instability my family felt."

"That's why I'm fighting to expand economic opportunity."

I'm pushing to raise the minimum wage and ensure workers have paid sick leave. I'm also working to help Main Street businesses compete with out-of-state retailers and increase investments in schools, roads, student aid, and affordable housing.

"I will continue to stand up for our shared values. I'm fighting to protect Social Security and Medicare, and I support reforming our tax system to make it simpler and fairer."

"Working together, we can build an economy that works for everyone."



DelBene



Hamilton



Rockport



From the Mayor

Welcome to another flood season! Quick reminder:

Hamilton uses the fire siren to alert people of flood danger. The flood sirens are continuous, not the up and down wailing of a fire department call.



- A 1-minute siren means be on alert (WAKE UP), South St. should be evacuating.
- A 2-minute siren (1 minute on, break, 1 minute on) means prepare to evacuate (PACK UP).
- A 3-minute siren means if you are south of the slough, you should be leaving (MOVE UP).

"I pay my taxes, so I pay your wages, so you should..."

Part of being an adult means paying your bills, which include taxes. You may not agree with them, but it's an obligation we all bear. I don't always think that my tax dollars are spent in the best manner, but there are many programs that I know support all of us and help to make our world better. I would never presume that because my taxes support researchers trying to cure cancer that I should be able to tell one of them that they should instead focus on curing the common cold because my

taxes pay their wages. Some of my taxes support Washington's Department of Transportation, therefore I have the right to tell a paving crew to get out of my way? Skagit County is using my sales tax to build a new jail, so I should get to pick what color the walls are painted?

The reasoning sounds ludicrous, yet some people feel they have the right to dictate what I and the other Hamilton employees do. The small portion of your taxes that Hamilton receives goes to supporting the maintenance of Hamilton, plus the wages of our few employees who spend their time trying to make our community a nice place to live, while dealing with the many obligations we have as a government.

None of us are getting rich doing it. Hamilton's mayor salary is set at \$600/month, before taxes (that's only 40 hours at Seatac minimum wage). I spend a lot of time in meetings trying to make sure all Hamilton residents have a say in transportation, 911, emergency management, flood protection, other levels of government, and many other things that affect our daily lives that most of us don't think about. I'm trying to make sure our systems can handle current and future technology demands. I walk the levees and check how the water is changing almost every hour during high water events. Please don't assume that if I don't respond to your beck and call, that I'm not working on your behalf. Your neighbors, and my neighbors, also pay my wages.

—Mayor Joan Cromley

Birdsview Buzz

Welcome to fall everyone!
Please remember to say happy birthday to:

Pat Erwin Oct. 6
Jerry Steinbach Oct. 10
Dennis Russell Oct. 14
Ryan Gillian Oct. 25

Come by Anacortes Bier on the Pier Oct. 7 and 8. We will be there, along with 29 other breweries and 10 ciderhouses. Always a fun time. Stop by and say hi to the brewers Bill and Julie.

We decided to change things up a bit this year. After many years of Cardiac Arrest Fest and making our Cardiac Arrest beer and raising money for cardiac units, we decided to do something different.

October 22 will still be a fundraiser, but this year will be the Paws and Claws Cause, and we will raise money for the Skagit Valley Humane Society. We will accept donations of cat and dog food, as well as donating a portion of our day's sales to the cause. We will have a silent auction (looking for donations from local individuals and businesses), a 50/50 raffle, and two great bands to entertain you. Whiskey Fever will play from 4 to 6 p.m. and Back Porch Apostles will close out from 6 to 8 p.m. Stop by and support a good cause. We will accept donations all month long, just in case you can't make it that day. And if you have something to donate, please contact us.

If you have news or events that you want to see in next month's issue, stop by and share them with me.

—Kris Voigt

Barnaby Reach Habitat Project update

Editor's note: Barnaby Reach Habitat Project consultant Cynthia Carlstad with Bothell-based Carlstad Consulting last month sent the following update to individuals who requested to receive updates on the project.

During the last year, the project sponsors (Washington Department of Fish and Wildlife, Seattle City Light, The Nature Conservancy, and Skagit River System Cooperative (SRSC)) have worked to establish better communications with the community and other stakeholders. This has included convening a Stakeholder Advisory Committee, holding a community meeting in Rockport last December, conducting individual interviews and small group meetings,

expansion of the project goals and objectives, and regular project Web site updates, including meeting summaries (see <https://barnabystudy.wordpress.com>). No new technical project development work has occurred during this period.

The project sponsors are ready to begin the next phase of technical work. They are developing a scope of work that covers more detailed topographic and bathymetric (underwater) survey, surface and ground water data collection, sediment and groundwater characterization, hydrologic analysis, and hydraulic (river and flood flow) modeling. This work will build on the previous analysis and modeling, and will provide a more complete understanding about the river, floodplain, tributaries,

groundwater, and how all of those features are interconnected.

No decisions have been made yet on what alternative configurations will be modeled in the next phase of technical work; that step will come later, and will be discussed with the Stakeholder Advisory Committee prior to beginning the work.

A Technical Advisory Committee has also been formed to provide third party review for the upcoming technical work. The Technical Advisory Committee is composed of Rob Schanz of WSDOT, Jon Riedel of the National Park Service, and Vaughn Collins/Casey Kramer of Northwest Hydraulic Consultants. These individuals and organizations have the expertise needed to critically review upcoming work projects. They have also

been helping the project sponsors craft the scope of work for the next phase of technical work. The project sponsors hope to have a technical consultant selected for this next phase of work by November.

SRSC is also installing water level monitors around the Barnaby Reach vicinity to collect data that will help us better understand how water in the Skagit River, sloughs, tributary streams, and groundwater interact. These data monitors record water levels automatically at regular intervals and will be used by the project team and technical consultant to describe the interactions between these waters under current conditions, and, later, with potential Barnaby Reach project configurations.

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AREA FOOD BANKS

<p>Clear Lake Community Covenant Food Bank Next to church at 12605 Hwy 9, Clear Lake For a referral, call Love Inc. at 360.419.7061 between 9:30 a.m.–3 p.m.</p>	<p>360.826.4090</p>
<p>Concrete Concrete Food Bank 112 E. Main St., Concrete Second and fourth Tue. each month, Noon–3 p.m. 360.853.8505</p>	<p>Lyman Shepherd's Heart Food Bank 8334 S. Main St., Lyman Every Thur. 10:30 a.m.–1 p.m. Self-help classes after food bank closes; call for subjects: 360.853.3765</p>
<p>Darrington Darrington Food Bank First Baptist Church 1205 Emmens St., Darrington First and third week each month: Wed. and Thur., 10–noon and 1–2 p.m. 360.436.9603</p>	<p>Marblemount Bread of Life Food Bank 59850 State Route 20, Marblemount First and third Wed. each month 11 a.m.–4 p.m. 360.873.2504</p>
<p>Hamilton Hamilton Community Food Bank 951 Petit St., Hamilton Every Tue., 11–noon and 1–3 p.m.</p>	<p>Sedro-Woolley Helping Hands Food Bank 601 Cook Rd., Sedro-Woolley Wed., 10–11:30 a.m. and 12:30–4 p.m. Open every Wednesday 360.856.2211</p>

*Changes? Call 360.853.8213.

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Darrington



Snohomish County Sheriff's Report

Sept. 5

A motorcyclist died from a collision with a school bus during the Evergreen Fair Drag Race.

The driver of the motorcycle, who was wearing a helmet, was a 42-year-old Bothell man. Collision detectives believe he was traveling at 97 mph when he collided with the school bus. The bus was one of several parked at the track for other speedway events, including a figure 8 demolition derby the night before. No one was aboard the bus and it was stationary at the time of the accident.

Sept. 26

The Snohomish County Sheriff's Office Special Investigations Unit, in partnership with the U.S. Marshals Service, arrested eight adult males during the past weekend in an underage sex sting operation, "Operation Anvil." The men, who range in age from 26 to 60 years old, all responded to online ads placed by undercover detectives posing as a 15-year-old female.

One suspect, a 30-year-old Seattle man, sent photographs of himself driving a school bus and showed up to meet undercover detectives still driving the bus. A second suspect, a 34-year-old Bothell man, admitted to undercover detectives that he was a teacher.

The operation began last Thursday night and ended with the last arrest at around 1 a.m. Sunday morning. The following suspects were arrested and booked:

- A 36-year-old Mountlake Terrace man, booked for third-degree attempted rape of a child.
- A 26-year-old Marysville man, booked for third-degree attempted

rape of a child.

- A 35-year-old Snohomish man, booked for third-degree attempted rape of a child and commercial sexual abuse of a minor.
- A 30-year-old Seattle man, booked for third-degree attempted rape of a child.
- A 51-year-old Everett man, booked for third-degree attempted rape of a child and commercial sexual abuse of a minor.
- A 60-year-old Edmonds man, booked for third-degree attempted rape of a child.
- A 27-year-old St. Louis, Mo., man, booked for third-degree attempted rape of a child.
- A 34-year-old Bothell man, booked for third-degree attempted rape of a child and communication with a minor for immoral purposes.

Detectives continue to process evidence collected in the sting operation, including cell phones and vehicles.

The Sheriff's Office Special Investigations Unit investigates child sexual abuse cases and other crimes against children, including sex crimes via computer.

Sept. 27

Snohomish County Sheriff's Office collision detectives are investigating a fatal truck vs. train collision that was reported around 6:15 p.m. near the intersection of 92 Ave. NW and Pioneer Highway. The truck had attempted to cross the tracks when it was hit by the train. One male in the truck died at the scene and a second male in the truck was transported to Harborview Regional Medical Center. Representatives from Burlington Northern are on scene.

—Compiled from
SCSO and WSP releases



Darrington's Elrik Lynd sprints into the Concrete defense as the Loggers clashed with the Lions in football action Sept. 9. Unfortunately, the Lions defended their home turf well, handing Darrington a 28-12 loss.



Dianna Morgan, Bertha Nations, and Peggy Cairns make beautiful music during the grand opening of Whitehorse Market and 4-Corners Cafe in Darrington on Sept. 24. The cafe is the newest spot in Darrington to catch a meal, have coffee, choose a scoop of ice cream with a homemade waffle cone, sip beer from a local brewery, and make a purchase from a local vendor. Patrons can also purchase fresh, local produce in the cafe.

Val Peppinger and Lynne Cheney had their hands full on their first open day. Tables were filled with locals and visitors, delicious aromas drifted from the kitchen, and diners were entertained with Bluegrass music played by the trio of women. The cafe will be open Tue. through Sat. from 8 a.m. to 5 p.m., and closed Sundays and Mondays. The day also marked the launch of a collaboration with Cornerstone Gifts, a mini artisan mall featuring local crafts. —Marla Skaglund

Darrington merchants bring you Concrete Herald each month. Please support them!

Youth Councils begin with a bang

By Marla Skaglund

Newly established Youth Councils of Darrington and Arlington kicked off with a joint meeting in Oso last month.

The teens discussed the characteristics of leadership and how these qualities will help them represent their youth community as they develop a plan of action for the coming year.

Town of Darrington and City of Arlington selected youth in grades 8-12 (2016-17 school year) to become a member of the Darrington Youth Council or the Arlington Youth Council. Each council consists of seven youths who reside in the Darrington or Arlington school districts. Members will serve a term of one year, from September to June. During the first year, regular meetings will be held twice per month.

Students from Darrington and Arlington high schools will be invited to attend respective City Council meetings and discuss the future of each town from their perspectives. The councils will come together again on Oct. 23 for a day-long retreat on team-building.

Members of the Darrington Youth Council are Paul Franke, Robert Smith, Aden Requa, Natalie Stewart, Elizabeth Mugho, Alexandra Howe, and Max Pickard. Arlington Youth Council consists of Olivia Walker, Cole Cramer, Alec Villa, Zoe Tapper, Zach Bailey, Mikayla Beckley, and Morgan Bryson.



Robert Smith explains his ideas of good qualities for leadership during the first Youth Councils of Darrington and Arlington last month. Photo by Marla Skaglund.

Management of the youth councils will be independent to encourage self-direction by the participants. To support this, the town councils and other partnering agencies will look to provide long-term support for materials and operations.

Although the focus of youth councils will be on local areas, a regional retreat will be held annually to establish regional priorities, identify opportunities for collaboration, and celebrate major accomplishments.

The Youth Council is made possible through the ABC Community and Workforce Development section of the

Community Revitalization Plan, part of a \$100,000 grant that was awarded to the Arlington/Darrington cooperative effort.

The plan includes ways to invest in the development of strong workforce talent across all demographics and to expand programming and recreation opportunities for youth.

After the initial start-up period, the youth councils will continue their efforts, evolving and expanding their reach as they become established.

One critical component of community and workforce development is supporting the youth of today to become the leaders of tomorrow. Smaller rural communities frequently lose their young people as they move out of the area to pursue higher education and entry-level careers, resulting in a lack of talent needed to sustain a vibrant local economy. The youth council strategy focuses on issues that interest youth leaders by introducing young people into the political process and equipping them with the skills and resources to address these problems.

The objective is to encourage young people to make meaningful contributions to their communities and the region as a whole, giving them a sense of investment and a bond that will establish the Stillaguamish Valley as a place where they can grow professionally in the future.

For more information on the program, contact Marree Perrault at marreencfs@gmail.com.

Council summary

Darrington Town Council met for a regular meeting on Aug. 10. The following is a summary of that meeting. Complete and council-approved minutes for every council meeting are available at Darrington Town Hall.

Aug. 10 regular meeting

- Jeff Ketchel with Snohomish County Health District presented to council. He reported some of the current major concerns include Zika, Ebola, and other major epidemics. According to Ketchel, one of the most concerning epidemics we face is the opiate epidemic. Snohomish County accounts for 20 percent of heroin deaths in the state.

Recently Snohomish County Health District helped to pass the Medicine Take Back Bill. This bill will force pharmaceutical companies to pay for a program that will place locations where residents will be able to drop off unused medication to be disposed of in a safe manner, thus keeping it out of the hands of people who will abuse the medication.

Ketchel explained that because of budget cuts, Snohomish County has seen a 22 percent decrease in funding and a layoff of 34 percent of staff. The Health District is now going to each city/town in Snohomish County, asking for a \$2 per capita in city limits to help fund public health. Eighty percent of the new funding will go into hiring more staff, because their work is "boots on the ground."

Ketchel requested a decision from the town by the end of 2016.

- Council voted to allow CDC to move forward with new plans for Old School Park/Skate Park.
- Council discussed installation of a fence by resident Jerry Sellers, which partially blocks alley access between Commercial Ave. and Madison Ave. Sellers will be contacted by the town attorney and asked to move his fence.
- Council learned that one of the marijuana grow operations at the old truss plant will move to Eastern Washington.

—Compiled from staff minutes

October calendar

Harvest Festival

Mansford Grange will again host the Harvest Festival, scheduled for Sat., Oct. 8, from 10 a.m. to 3 p.m.

Browse the bake sale, build a garden critter, share recipes, and enjoy pumpkin-carving for the kids.

Mansford Grange is located at 1265 Railroad Ave. in Darrington. The event is free and open to the public.

Darrington Community Dance

The popular pastime is back. This

month's dance will be held on Sat., Oct. 8, at Mansford Grange, 1265 Railroad Ave. in Darrington.

The evening begins with a potluck dinner at 6 p.m., followed by dancing from 7 to 9:30 p.m.

Admission to this family-friendly event is a suggested \$7 donation; all proceeds go to the band and caller: Heliotrope and Amy Carroll, respectively.

Darrington Community Dances are held the second Saturday of each month from October through April. For more information, call 206.402.8646.

—Compiled by Marla Skaglund

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Marblemount



Newhalem



New look, new life for Marblemount church

Citipoint Church North Cascade is getting a makeover, inside and out. The Marblemount church building, which dates to 1937, had foundered significantly when Matt Del Bosque arrived in town in November 2014 as the congregation's new pastor. Now, almost two years later, parts of the interior are almost unrecognizable from their former condition.

"We hope to bring a little life back into this building," said Del Bosque. "We want to breathe a little life back into it and improve the food bank setup too."

Del Bosque, 37; his wife, Nikki; and three young children live in the parsonage that adjoins the church. For them and the congregation, the last 18 months have been filled with hard work that has yielded beautiful results. Using funds from the congregation and offerings from parent churches downriver, locals have embarked on a renovation project that is close to completion—at least for the interior.

In the sanctuary, a white room with faded carpet has been transformed into a warm, almost homelike setting. Behind the unobtrusive pulpit, rough cedar covers the back wall, punctuated by an offset cross built by church member Dan DuVarney. New carpet covers the floor. The old pews were replaced with new chairs. The walls and ceiling got a new coat of paint. And a pull-down screen was replaced by two large TV monitors for media presentations.

Off the entry foyer, the two bathroom remodeling jobs have been completed. Del Bosque is looking forward to getting his office back, which was used as a staging

area during the renovation efforts and is still filled with construction materials and everything else that had to be moved while the spaces were remodeled.

Upstairs, a room originally meant to be a library will become the main operation point for the Bread of Life Food Bank (administered by the church and managed by Nikki), with a work area for repackaging and a lunch room.

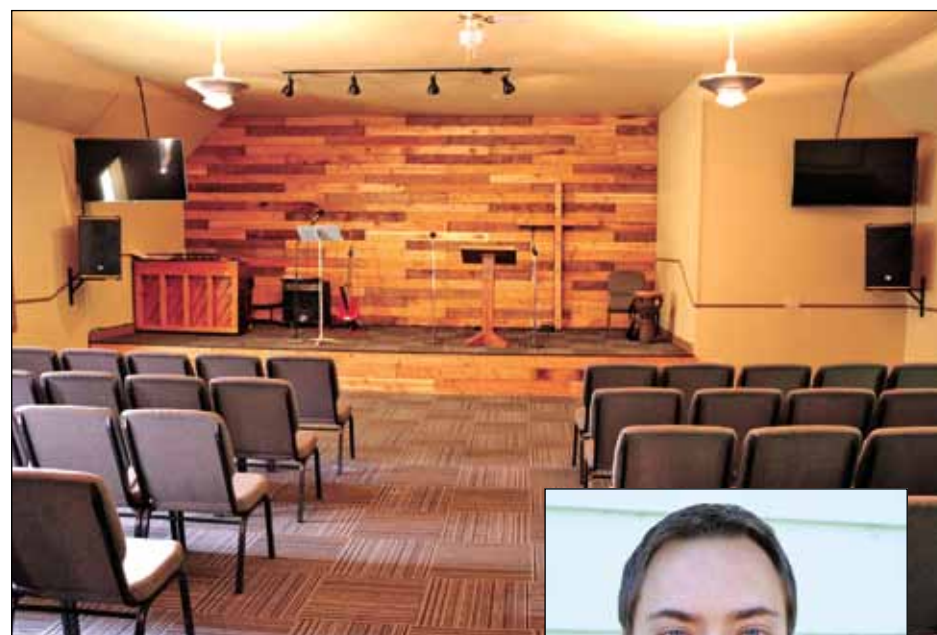
Downstairs, the church already has converted a former food bank prep area into a ministry area for children, and plans further improvements. Children were all but nonexistent in the church when Del Bosque arrived, but "now we have kids of all age levels in here. We have two curricula for kids running simultaneously."

"This is all smaller, cosmetic stuff," said Del Bosque. "This building is not perfect, and I'm okay with that. But this helps to create a warmer atmosphere here, so when people come in on Sundays, they almost feel like they're coming home."

Prodigal Son

Del Bosque has seen sweeping changes in the church's culture and spirit during the short time he's been there, many of which mimic his personal spiritual walk. After bouts with alcohol and two suicide attempts, he turned his life around and started living the way he knew he'd been called.

"God called me to be a pastor in my early 20s and I knew it, but I figured I could never do it. Pastors were superheroes. But then I noticed the kind of people Jesus called to follow him—they all had some pretty serious issues. And Jesus was asked what the greatest commandment was, and he said, 'Love God, and love others as yourself.' And that's it, isn't it. We might not always agree on every last point, but that's a core value: If we love people, we're not going to be jerks toward them. If you live by that, the rest of it will flow. We're all on this journey together; let's figure it out."



Above: Citipoint Church North Cascade's newly renovated sanctuary includes a cedar back wall, new carpet, new paint, chairs instead of pews, and large TV screens for media presentations.



Right: Pastor Matt Del Bosque began his ministry at the church in November 2014 and ever since has worked toward creating a culture of community inside and outside the church.

Gobbling goblins for KSVU

Saturday, Oct. 29 will find ghosts, goblins, faeries, and other costumed folk enjoying the 6th annual Halloween Party, a fundraising event for KSVU 90.1 FM Upriver Community Radio.

Starting with a potluck supper at 6 p.m., live music by local bands "Undecided" and "Jumbled Pie" will entertain listeners and dancers alike until 10 p.m. Interspersed with raffles of locally donated items and services, the Halloween and Harvest Fest-themed evening, hosted at the Marblemount Community Hall, has

become an annual favorite and a critically important fundraiser for the radio station. Suggested cover charges are \$8 per person and \$15 per couple. Ages 12 and under are free. Costumes are optional.

A volunteer, locally produced venue for music, news, and local conversation, KSVU accrues a monthly operations debt of \$1,200. Tower rent, studio rent, utilities fees, and more means that fundraising is an ongoing effort by the 10 to 12 volunteers to keep it on the air.

For more information and to donate a raffle item or service, call the KSVU studio at 360.853.8588 and leave a message with your name and phone number.

—Christie Fairchild

AG Ferguson proposes ban on assault weapons, high-capacity magazines

Attorney General Bob Ferguson, joined by a broad coalition of over 50 community leaders and elected officials, announced Sept. 7 that he will submit agency request legislation in the 2017 session to ban assault weapons and high-capacity magazines.

The bill would ban weapons like the AR-15 used to kill three teens and wound another at a party in Mukilteo in July. Reports indicate that the shooter used a 30-round magazine in that incident, which would also be banned under Ferguson's proposal.

Ferguson's proposed legislation has two key elements:

- A ban on semiautomatic weapons with military-style features that render them more easily concealable or more deadly.
- A limit on magazine capacity—currently unlimited under Washington law—to a maximum of 10 rounds of ammunition.

"The recent tragedy in Mukilteo drives home the need to act with urgency to end the availability of weapons designed with only one purpose—to kill people," Ferguson said. "I have a duty to protect the public, as well as uphold the constitution. My proposal will ban some of the deadliest weapons, while respecting

the Second Amendment right to bear arms."

Sen. David Frockt (D-46) and Sen. Kevin Ranker (D-40) are working with Ferguson to craft the legislation. The proposal will be modeled after successful assault weapon laws in other states, such as New York and Connecticut. The courts have determined these states' bans to be constitutional.

Unlike the bans in some other states, Ferguson's proposal targets only sales, grandfathering current gun ownership. The legislation would not require registration of existing weapons.

On July 30, three more young people were killed when a troubled 19-year-old

opened fire on a party in Mukilteo—reportedly using an AR-15, a military-style semiautomatic weapon that would be restricted under Ferguson's proposal.

A review of mass shootings between January 2009 and January 2013 by Mayors Against Illegal Guns found that incidents where assault weapons or large-capacity ammunition magazines were used resulted in 135 percent more people shot and 57 percent more killed, compared to other mass shootings.

When a gunman terrorized Seattle Pacific University with a double-barreled shotgun in 2014, student John Meis heroically tackled and disarmed the gunman while he was reloading. Even

more Washingtonians might have been shot if this weapon held more rounds and had the assault-style features of the alleged Mukilteo shooter's weapon.

A recent poll presented by Washington Ceasefire and Ceasefire Oregon showed that 65 percent of adults in the two states—including many gun owners—favor an assault weapons ban and want lawmakers to act.

Attorney General Ferguson will file this legislation in December.

—Submitted by Washington State Office of Attorney General

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Volunteers needed for Fire District 19, Marblemount Fire Department. Stop by the Fire Hall for an application on meeting nights, the second and fourth Mondays of every month at 7 p.m., or call Vanessa at 360.630.3900 for more info. This position is subject to a background check.



Seniors

Coffee Break Bits and pieces for seniors

By Patrick M. Kennedy

There's a lot to be said for getting half-price meals, discounts, shopping bargains, cheap rent, and other benefits simply because you are of a certain age.

Keep your eyes open; there are opportunities for nearly free stuff for most seniors. No matter where you live, the neighbors in the community try to take care of their elders.

Sometimes movie theaters have a 55 or 62 age-saving break for senior ticket prices. The average cost is either at or slightly less than the matinee price, regardless of the show time. And museums and other attractions also extend a discount for admission or memberships. Depending on the institution, the discount can be 15 to 20 percent.

Get a quality workout at a local health club for 50 to 70 percent less than other members just because you are a little older and maybe smaller than the other

members. Shopping? Retail stores and department stores offer 10 to 30 percent off purchases or on special days, and promote sales days exclusively for seniors.

And let's not forget the early bird specials, just one of many dining discounts that can be found. Some restaurants offer the standard AAA 10 percent off, while others have specials such as two-for-one entrees or special senior days.

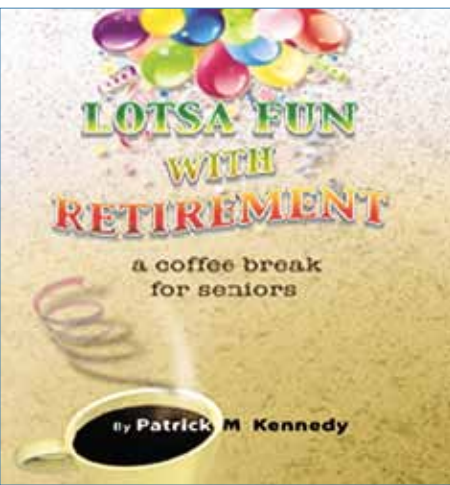
Numerous airlines offer senior discounts, either through incentive programs, such as the United Silver Wings Program, or by discounting standard fares 10 to 15 percent. However, there are many rules. Individuals who may qualify as a senior on one airline may not on another. It is best to review deals carefully. Other travel discounts available to seniors include car rentals, hotel stays, and theme park and attraction tickets, as well as reduced golf and other activity pricing.

Seniors who are interested in continuing their education can join a lifelong learning program for a small fee and no credit, or pursue a college degree at some institutions with a grant or reduced tuition.

As another bonus for seniors, various civic and social organizations encourage senior participation through a nominal fee or even free membership.

No matter where you live, there has to be a deal you can't pass up. Look around and save some money for that trip to Disneyland or a taxi to your grandchild's play land.

Patrick M. Kennedy is the author of Lotsa Fun with Retirement. Find it at Amazon.com. For more, go to www.funwithretirement.com.



Way Back When

79 years ago

Oct. 28, 1937: Two local men, L. T. Mitchell and Dan Wolton, were severely burned, as was Ed Baker of Forks, in an accident that occurred while they were hunting elk on the Olympic Peninsula last week. According to information received here, the men were

burned when a hunter fired a bullet into a can of gasoline in their tent. The gasoline exploded and burned the men about the hands and face.

Mitchell was brought home and is recovering from his injuries in Concrete. Wolton was taken to a hospital in Bellingham and was reported in serious condition.

70 years ago

Oct. 10, 1946: Stricken and helpless, Dr. E. F. Mertz, pioneer

See **Way Back**, p. 29



30 years ago, Oct. 16, 1986: Students in Steve Shubert's sixth grade classes at Concrete Elementary School explore various science, math, and physics principles at Concrete Airport with Ralph Prisel, who builds airplanes in a hangar at the airport. Prisel is an enthusiastic aviator who sees airplane construction and theory classes as a potential and important subject that could be added to the school district curriculum.

Archive photo by Anne Bussiere.

Concrete Center October 2016 Activities

Mon. – Fri., 9 a.m. to 3 p.m.
Breakfast served at 8:30 a.m.
Lunch served at noon

East County Veterans Center
meets Mon., Tue., Wed.
from 10 a.m. to 3 p.m.

Mondays

10 a.m. Jigsaw puzzles
12:30 p.m. Walking group
12:30 p.m. Skip Bo
7 p.m. Songfest

Tuesdays

10 a.m. Jigsaw puzzles
12:30 p.m. Walking group
12:30 p.m. Skip Bo

Wednesdays

10 a.m. Jigsaw puzzles
10:30 a.m. Neighborhood Watch Program, 10/12
12:30 p.m. Walking group
12:30 p.m. Skip Bo

Thursdays

10 a.m. Jigsaw puzzles
12:30 p.m. Walking group
12:30 p.m. Skip Bo
12:30 p.m. Bingo, 10/13, 10/27
12:30 p.m. Pinochle, 10/6, 10/20
1 p.m. GED class

Fridays

10 a.m. Jigsaw puzzles
10:30 a.m. Advisory Board mtg., 10/21
12:30 p.m. Walking group
12:30 p.m. Dominoes, Skip Bo
12:30 p.m. Coffee with Commissioner Janicki, 10/14
1 p.m. Watercolor painting
1 p.m. GED class
1:30 p.m. Senior photo shoot, 10/14
6:30 p.m. Dinner/Dance, 10/28

Way Back, cont. from p. 28

doctor of Concrete, lay in the rain and mud on a lonely road above Everett Lake from late Saturday evening until Sunday afternoon, following a series of incidents that caused him to get on the wrong road in answering a call. The doctor is now at the Sedro-Woolley hospital with only slight hope held for his recovery.

Dr. Mertz, who is past 70 and has been in ill health for some time, was on his way to answer a call at Lake Shannon Saturday evening when he took the wrong road and started up a narrow logging road. He evidently became aware of his mistake and tried to turn the car around, but the car got stuck and he was forced to leave it and start back down the road on foot.

He was found some distance from the car, where he had been suddenly stricken with a heart attack and had lain in the mud and rain for almost 24 hours before R. J. Finney came up the road on his way to cut some wood and found him.

The ambulance was called, and Dr. Mertz was rushed to the hospital. After apparently rallying for a time, his condition gradually has become worse; today the hospital reports that death is a matter of hours.

Dr. E. F. Mertz has been practicing in Concrete since shortly after World War I.

60 years ago

Oct. 11, 1956: Dr. H. L. Foss, district president of the Evangelical Lutheran Church, will lay the cornerstone for the new edifice of Shepherd of the Hills Lutheran Church this Sunday at the 11 a.m. service. This will mark a milestone in the building program.

The public is invited.
—Compiled from archives

Verna's Kitchen

By Verna McClure

This is a good and easy dessert. Enjoy!



Oatmeal Cake

1¼ cups boiling water
1 cup quick cooking oatmeal
½ cup Crisco
1 cup brown sugar
1 cup white sugar
2 eggs
1 teaspoon cinnamon
1 teaspoon soda
½ teaspoon salt
1-1/3 cups flour

1. Pour boiling water over oatmeal and let stand 20 minutes.
2. Meanwhile, cream Crisco, sugars, and eggs.
3. Sift flour with cinnamon, soda, and salt.
4. Add to creamed mixture.
5. Add oatmeal and pour into a greased 9 x 13-inch pan.
6. Bake at 350 degrees for 30 to 40 minutes.
7. Top with frosting:

Broiled frosting:

1/3 cup butter
2/3 cup brown sugar
¼ cup cream (milk works also)

1. Mix well. Put under broiler until bubbly.
2. Frost cooled cake.

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Obituaries

Hazel Dolly Bernice

Cargile, 79, of Prosser, Wash., passed away on Wed., Sept. 14, 2016, at Prosser Memorial Hospital.

Hazel was born on May 24, 1937, to Marshall and Ressie (Sieglar) Roach in Greenville, S.C., where she was raised and educated.

She married William Hartwell Thomason on July 27, 1952, in York, S.C.

William was in the Air Force and together they traveled from South Carolina to Florida, Maine, Texas, California, and Wyoming.

In 1974 Hazel moved to Concrete and worked for the American Legion for six years, and for 10 years at the Eagles as a bartender. She also bartended at the Willie's Hi-Lead in Hamilton. She was very friendly and knew everyone by their name and their favorite drink.

Hazel was president of the Woman's Auxiliary for four years and very much involved in all of the fundraising that took place in and around her community. She was Santa's Helper, she cooked, she organized luncheons, Cub Scouts, Girl Scouts, Christmas dinners, the clown in the Good Ole Days Parade in Concrete, operating the two-wheel bike and carrying goats to raise money for veterans, even winning a trophy, making a paper mache eagle for the float parade, making sure families in need in her community that were affected by tragedies were taken care of by helping to raise funds for them, and other charitable events. She was a spearhead for her community and served her community well.



She was active with her family and enjoyed fishing with her sons, making crafts and ceramics, seeing Yellowstone National Park, visiting the casino, and traveling in their RV. She was a big giver, every year having a present for everyone at Christmas. In July 2011, Hazel received a very special present of her own that she was very proud of and was baptized in Lake Wylie by Rev Bart Plaxco, a memory she held dear.

Hazel is survived by her five children: Rhonda Davis (Lynn) of Clover, S.C.; Michael Thomason Sr. (Diane) of Richburg, S.C.; Sandra Huyke (Victor) of Benton City, Wash.; James "Jimmy" Thomason of Richburg, S.C.; and Ray "Steve" Currie (Kelly Elliott) of Clyde, Iowa; 13 grandchildren; 18 great-grandchildren; four great-great-grandchildren; her sister, Doris Isenhour of Mooresville, N.C.; and numerous nieces and nephews.

She was preceded in death by her parents; two sisters, Trudy Roach and Jean Human; and one brother, Perry Roach.

The family wishes to thank the staff at Sun Terrace for taking wonderful care of her in her last 15 months in Prosser. In lieu of flowers, donations may be made in honor of Hazel to the American Diabetic Association.

A reception for family and friends was held at 6 p.m. on Mon., Sept. 19, 2016, at Bethel Baptist Church, 6031 Charlotte Hwy., York, S.C., followed by a Celebration of Life at 7 p.m.

The family would like family and friends to save the date of May 21, 2017, for an honorary 80th birthday party to celebrate and gather at Bethel Baptist Church in memory of Hazel. Time to be determined at a later date.

Messages for the family may be left at www.prosserfuneralhome.com.

Concrete Herald
The Voice of the Upper Skagit Valley

Sunday School lesson

Get perspective.

By Bill Mueller

What are we doing? We are a part of what is called the civilized world. Yet, there are more and more acts of terror, violence, and uncivilized acts on a daily basis. It reminds me of our country between 1870 and 1890, the period we refer to as the "Wild West." This was the time of Wyatt Earp, Wild Bill Hickok, Sam Bass, Jesse James, and many more. In that time, gunfights leading to death were a daily occurrence. Our lives today do not seem much different.

There are many reasons for this reality in our lives. One of the foundational reasons, I believe, is the continued break down of the family. The statistics certainly back this up. One could provide a long list of reasons for this downward turn in family life.

All of these issues place a great deal of stress on each of us. Interestingly, the word "stress" means "to give emphasis." We allow things to weigh down our lives and disrupt them. We let things get to us. Following is a list of some of those things:

- Economics is a challenge. This is the cause of more friction in a family than anything else.
- Children's behavior, discipline, siblings in conflict. These stress out a family on many levels.
- Relationship with spouse. Little

time is set aside for building the relationship via communication, friendship, and intimacy at any level. Insufficient family play time. Because of technology, we all live individual lives within the family dynamic. Very little true interaction takes place, especially between fathers and children.

- A lack of shared responsibility in the family. Someone carries the weight of getting things done. It is a lonely responsibility.

One of the answers to this dilemma is found in the writings of the greatest Hebrew king, David. In Psalm 127:3-4, we discover some insights and perspective into being a family. He states that "children are a reward from Him." We have to ask ourselves, how do we view our children? I guarantee it is not always as a reward. The Bible says that they are. Perhaps we as adults need to check our perspective when it comes to working with the little people in our lives.

The other insight from David that I really like is found in verse 4: "Like arrows in the hands of a warrior are sons born in one's youth." In that day and age warriors didn't go down to the local sporting goods store to buy arrows. In most cases they had to make their own. This took a good deal of time to shape them so that when the arrows were needed they would fly where they were being aimed. Warriors had to take the time to become good at creating a quiver of

See Sunday School, p. 38

Skagit County Sheriff's Office Blotter

Sept. 9

Two hunters near the Harry Osborne camp near Hamilton reported a suspicious event. They said a man driving a red Cadillac had arrived near their camp. The man walked out into a field near them and changed his clothes. He then came back, asked a few odd questions and walked away again. They observed him strip down to his skivvies and head off down a trail. Odd as this person may seem, the deputy knows who this person is, and he's actually harmless and committed no crime. Maybe he's discovered a new way

Level 3 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender's presence.

Davis, Phillip R.

Age: 44
Race: H
Sex: M
Height: 5' 6"
Weight: 190
Hair: Black
Eyes: Brown
Address: 95xx



Chuckanut Dr., Burlington

Davis was convicted of second-degree rape of a child in August 2005, in Snohomish County. His victim was a 13-year-old female who was known to him. He was 32 at the time.

Davis also was convicted of third-degree rape in June 1994, in Skagit County. His victim was a 17-year-old female who was known to him. He was 21 at the time.

Davis is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also could result in the removal of the online notification resource.

Source: Skagit County Sheriff

Worship directory

Assembly of God

Concrete Assembly of God
45734 Main St., Concrete; 853.8042
Sun. worship: 10 a.m.
Tue.: Men's meeting, 8:30 a.m.
Wed.: Adult Bible study, 6 p.m.
Thur.: Women's Bible study, 6:30 p.m.

Citipoint Church North Cascade

59850 SR 20, Marblemount
360.873.2504
Sunday Gathering: 10:30 a.m.
www.citipointchurch.com
E-mail: matt@citipointchurch.com

Baptist

First Baptist Church
12732 Hemlock St., Clear Lake
360.856.2767
Sunday School: 9:45 a.m.
Sun. worship: 11 a.m. and 6 p.m.
Wed.: 7 p.m.
E-mail: pastorjohn@firstbaptistclearlake.com

Hamilton First Baptist Church

797 Hamilton Cemetery Rd. at SR 20
Office: 360.826.3307
Sunday School: 9:40 a.m.
Sun. worship: 11 a.m. and 7 p.m.

Lyman Church

31441 W. Main St., Lyman
Office: 360.826.3287
Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Catholic

St. Catherine Mission Church
45603 Limestone St., Concrete
Mail: 719 Ferry St., Sedro-Woolley
Office: 360.855.0077
Weekday hours: 9:30 a.m.-3:30 p.m.
Sat. Mass: 8:30 a.m.
www.svcc.us/scm

Covenant

Community Covenant Church
12605 Highway 9, Clear Lake
360.856.1023 // covenant@wavecable.com
www.clearlakecov.org
Sunday School: 9:30 a.m.

Sun. worship: 11 a.m.

Call for weekly youth group/Bible studies

Episcopal

St. Martin/St. Francis Episcopal Church
55223 Conrad Rd., Rockport
Services: first and third Sunday of each month, noon

Free Methodist

Day Creek Chapel
31438 S. Skagit Hwy, Sedro-Woolley
Office 360.826.3696
Sun.: 9:15 a.m. prayer svc, 10 a.m. worship
Tue.: Women's Bible study, 9:30 a.m.
Thur.: Bible study at Louise's complex, Mt. Vernon, 6:30 p.m.
Fri.: Women's Bible Study at Kathy's in Day Creek, 8 a.m.

Methodist

Central United Methodist Church
1013 Polke Rd., Sedro-Woolley
360.856.6412 / centralumcsw@yahoo.com
<http://centralumcsw.org>
Adult Sunday School: 9:30 a.m.
Sun. worship: 11 a.m.

Presbyterian

Mount Baker Presbyterian Church
45705 Main St., P.O. Box 246, Concrete
Church 360.853.8585; office 360.595.0446
www.mtbakerpresbyterian.synodnw.org
Sun. worship: 9 a.m.

Lutheran

Shepherd of the Hills Lutheran Church
46372 Main St., Concrete / 360.853.8814
Sun. worship: 10 a.m.

Nondenominational

Agape Fellowship
Meets at Mount Baker Presbyterian,
45705 Main St., Concrete
Second and fourth Weds., 7 p.m.
360.708.4764

Community Bible Church

45672 Limestone, Concrete; 360.853.8511
E-mail: cbcofconcrete@earthlink.net
Sun. School: 9 a.m.; Worship Svc: 10 a.m.
Childcare/Children's Ministries at both
Contact church for other ministries

The RIVER Gathering

720 Puget Ave., Sedro-Woolley
Sun. worship: 10:30 a.m.
Wed. potluck/study: 6 p.m.
Thur. ladies group: 6:30 p.m.
Last Fri./mo. potluck/games: 6 p.m.
www.facebook.com/therivergathering

Rockport Christ the King Comm. Church

11982 Martin Rd., Rockport, WA 98283
Church office: 360.853.8746
Pre-service fellowship: 9:30 a.m.
Sun. service: 10 a.m.
Sun. eve. Bible study: 5 p.m.

Wildwood Chapel

41382 SR 20, Concrete
Sun. worship: 10 a.m.
Bible studies: Call for times
360.708.4330

to "bare" hunt.

Sept. 10

About 10:30 p.m., a caller from Hamilton Cemetery Rd. near Hamilton reported hearing someone crash their moped in the area. Deputies checked the area, but learned the moped rider had apparently left uninjured just prior to their arrival.

At approximately 10 p.m. an alert Concrete caller reported a suspicious dark vehicle driving slowly through neighborhoods, possibly casing houses. A deputy found the car and immediately contacted it. It seems the driver was an employee of PSE from Seattle and was actually checking the status of the new LED streetlights in Concrete. Really, he was legitimate.

Sept. 15

Recently a longtime female Hamilton resident passed away. She had property in town that has begun to accumulate unwanted residents. The estate will be serving eviction paperwork to the current residents, and soon the deputies will be escorting them off the property.

A local person utilizing the Wi-Fi near the library in Concrete wanted to file a report. She said she'd been threatened by a man she met online, who stated if she didn't send him \$500, he'd send nude pictures to her family. She declined to give any more information to the deputy and hung up on him. It's not clear if she wants to continue the investigation or if it even really occurred.

A 17-year-old male student was charged with bringing a weapon onto Concrete School District grounds. The male subject was being investigated for smoking on school grounds when a search of his backpack revealed a BB gun. This is considered a weapon and is prohibited by state law. The Sheriff's Department and school have a zero tolerance policy for such an incident. The male subject was taken to juvenile detention and booked for possession of a dangerous weapon on school premises. He will have to see the judge and face expulsion from school. The BB gun looked extremely real and would have led to a very unfortunate situation if displayed. Watch the news; never bring a gun to school.

Sept. 18

A deputy received some photos of a possible neglected horse near Hamilton. The pictures showed a very skinny, undernourished animal, and the Animal Control Officer was summoned. She met with the horse owner and they formulated a feeding plan to try and save this horse. The owner could face charges of neglect if

the horse doesn't improve.

Sept. 21

A minor car accident sent a nice elderly lady for a tumble at the Concrete Center in Concrete. A 72-year-old driver was slowly backing up using her mirrors. Her 75-year-old friend was walking behind the car in an apparent blind spot. The car bumped into the woman's walker and down she went. She suffered only a nonlife-threatening injury, thankfully.

Sept. 22

Deputies are following up on reports of several young men in Lyman throwing rocks at cars and other assorted mischief. The initial information came to light via the Internet. This information had apparently spread far and wide on social media, but no one seemed to do the now old-fashioned thing and call the Sheriff's Department. A deputy has identified several young men who are involved and will be facing charges. I encourage anyone to call 911 and report this type of activity. Social media is a great way to share information; however, it's not 911.

Sept. 23

A drunk man was hanging out in the parking lot of a Lyman restaurant. The man, who is known to local law enforcement, was given a ride to

a relative's house in Cedar Grove.

Unfortunately, I'm not so certain he'll stay out of trouble there ...

Sept. 24

A female Concrete caller reported a possible meth lab-type smell in the area of S. Park Ave. After sniffing around, all parties seemed to think it might be the pile of wood debris nearby.

A man reported being bit by a large dog while riding on the trail near Concrete Center in Concrete. The sergeant and medics arrived to find the man suffering from a minor abrasion, not dog bite puncture wounds. The sergeant investigated further and it seems the man may have some mental health issues and never really was bitten by a dog. The man also reported two other false calls through 911 during the preceding weekend. We'll be looking at getting him some mental health help.

Sept. 25

Residents on Hamilton Cemetery Rd. near Hamilton are about fed up with some of the neighborhood folks. It seems there's one specific house that keeps accumulating criminals and antagonizing the neighborhood. Deputies have

See Sheriff's Blotter, p. 33

Renew your Vehicle or Boat Online and pick the tabs up at your local Chamber of Commerce In Sedro-Woolley or Concrete

Go to Vehicle Licensing WA on the internet

What you'll need

- License plate number
- MasterCard, Visa, or American Express
- Email address and/or printer

EVERGREEN STATE

When you are near the end of your transaction select where you want to pick them up in Sedro-Woolley or Concrete, and they will be ready for you when you stop by, they can also be mailed from the local chamber to your home. By selecting your local sub agency you keep a part of the fees here locally

810 Metcalf St, Sedro-Woolley (360) 855-1162

45770 Main St, Concrete (360) 853-8784

CONCRETE HERITAGE MUSEUM NEWS

September marked the end of another well-attended season for the museum.

We thank everyone who has visited us or recommended us. Community support ranges from donating or purchasing at our Annual Yard Sale, seasonal bake sales, or even buying donated local veggies from Verna at the Saturday Market—it all helps us survive, and we appreciate it.

By the time this issue is released, we will have shifted gears and be well into our annual **Ghost Walk**. We retired some of our characters and brought six more into the lineup. You'll be surprised at all the spirits that continue to make Concrete their home.

To better manage the Ghost Walk crowds that are drawn to Concrete from all over the Puget Sound area, all tickets must be purchased online through the Chamber of Commerce Web site (www.concrete-wa.com).

concrete-wa.com) under Annual Events, or the Concrete Theatre Web site (www.concrete-theatre.com). The crowds are smaller and the weather is usually better for the performances early in the month, but by the end of the month we frequently get more than 50 people participating in this fun evening.

Our regular season may be over, but we are still available for **special tours** upon request. Please give us plenty of advance notice—our volunteers are active in many other things in the community. Call 360.853.8347 or e-mail requests to jboggswash@aol.com.

The next monthly business meeting will be on Wed., Oct. 19, at 7 p.m. at the museum. The public is always welcome, and we will appreciate your input.

—John Boggs

October at the Darrington Library

October is Preparedness Month at the Darrington Library.

Coloring Time

Coloring pages and colored pencils provided free, Oct. 10, 17, 24; 3 p.m.

Children and family programs

- LEGO Club: Robotics, Wed., Oct. 5; 1 to 2 p.m.; ages 7 and older, free admission
- LEGO Free Play, Wed., Oct. 12; 1 to 2 p.m. Ages 5 and up.
- Amazing and Astounding Crayon Rock Cycles, Sat., Oct. 8; 1 to 2 p.m.; ages 7 and older
- Family Storytime, Wed., Oct. 5, 12, 19, 26; 11 to 11:45 a.m.; all ages welcome, caregiver required.
- DIY: Make a Mask, supplies and treats provided, Mon., Oct. 31; 3 to 4 p.m.

Teen programs

- Tween Steam Club: Minecraft, Wed., Oct. 19; 1 to 2:30 p.m.; ages 9–13.
- Steam In Action Series: Brainteasers, Thur., Oct. 20; 1 to 2 p.m.
- Steam In Action Series: Intro to

Structure—K'nex Bridges, Fri., Oct. 21; 1 to 2 p.m.

- Steam In Action Series: Community Art Mural (help create a community art mural), Sat., Oct. 22; 10 a.m. to 5 p.m. (stop by anytime during that period).

Adult programs

- Computer Basics: Cursor, Mouse, and Keyboard (for beginning computer users), Mon., Oct. 24; 1 to 2 p.m.
- Live stream of the third 2016 Presidential Debate. Wed., Oct. 19, 6 to 7:30 p.m., library meeting room.
- Internet for Beginners, Mon., Oct. 31; 1 to 2 p.m.

Darrington Book Group

Discussing *Behind the Beautiful Forevers* by Katherine Boo. Newcomers welcome. Potluck optional. Wed., Oct. 5; 5:30 to 7 p.m.

The Darrington Library is located at 1005 Cascade St., Darrington. For more information, go to www.sno-isle.org?ID=1194 or call 360.436.1600.

—Asheley Bryson, branch manager

At the Upper Skagit Library

Get involved with **Skagit Reads 2016!** This fall we are reading *I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban*, which “touches on education, human rights, and activism in a part of the world quite different from our own, but these issues impact us all,” according to www.skagitreads.org. Upper Skagit Library will host a book discussion and film viewing of the documentary “He Named Me Malala,” on Oct. 14 at 5:30 p.m. *I Am Malala* is now available in multiple formats at Upper Skagit Library and the other Skagit County libraries. View the schedule of events at www.skagitreads.org.

We are happy to announce new developments in the **Library Building Project**. Our goal is to move into Concrete Town Center by the end of 2017. Read about our new direction for a bigger and better home for the Upper Skagit Library on p. 3.

We thank **Marblemount Community Market** coordinators for all their hard work this season. The library was happy to return this summer to serve the Marblemount area. Patrons checked out books, travelers bought used books, and many signed up for brand-new cards. The many positive comments we received included simply thanking us for

being there. We will continue to provide outreach for Marblemount and Rockport into next year.

Join us for **Storytime** the first and third Fridays of each month, at noon. October dates are the 7th and 21st. Families with young children, please join us for storytelling, singing, and crafts.

October 7 is **Craft Friday, Leaf Relief**. Supplies needed: air dry clay, Exacto knife, four to five leaves. November: Gift Cards/Tags. December: story snowflakes return. Craft Friday is the first Friday of each month at 6 p.m. at 5b's Bakery.

Guitar classes at the library are now by appointment only. Bring your own instrument and train with a local instructor. Saturdays from 9 to 10 a.m. Call for an appointment: 360.853.7939.

New on our shelves

In adult fiction, the newest Harlan Coben thriller, *Home*. In adult nonfiction, *Well Fed: Paleo Recipes for People Who Love to Eat* by Melissa Joulwan. In junior nonfiction, *National Geographic presents, How to Speak Cat: A Guide to Decoding Cat Language*.

The next Upper Skagit Library Board of Trustees meeting will be held Thur., Oct. 13, at 5 p.m.

—Cora Thomas, Library Associate

Lions R-O-A-R



Concrete Lions Club is proud to sponsor our **Halloween Party** at Concrete Elementary School on Mon., Oct. 31 from 5 to 7 p.m. There will be games, candy, and hot dogs!

This month's Concrete Lions Club **meetings** will be on Oct. 5 and 19, at Annie's Pizza. The meeting starts at 6:30 p.m.; however, there is always a group that gathers there around 6 p.m. to eat and socialize before the meeting starts. All existing members mark your calendar. For those interested in becoming a member, submitting a request, or just want to see what we are about, please feel free to stop in.

The Concrete Lions Club has access to **medical equipment**, such as wheelchairs,

walkers, shower chairs, and commodes, which can be lent to help those in need. Contact any Lions Club member and we will do our best to help you.

I encourage members of our community to think about and join your local Lions Club. Our club is your club. We are a club to serve you and our community. Our hope for 2016 is to double our membership numbers. We all have friends and family who have seen the outreach of your local Lions Club, so now is the time to give great thought about being a member!

Thank you for your continued prayers for the healing of our Lions Club members.

—Connie Smithhart

Sheriff's Blotter, cont. from p. 31

responded on several occasions to loud noise complaints, assaults, and possible drug activity. Deputies are working some options with the good neighbors to try and eliminate the criminal activity.

Sept. 26

A caller north of Lyman reported finding a golden retriever dog. The caller is looking to adopt the dog if a rightful owner isn't found. Anyone missing a dog with a Whatcom County rabies tag on the collar?

Sept. 27

A deputy made a routine traffic stop near Concrete on a car for expired tabs. The vehicle had expired four years

ago—not a few months ago, four years ago. The driver had no license, he had only an identification card. He had no insurance on the car, and, lastly, he had four outstanding warrants for his arrest. The four warrants were for Driving While License Suspended, and the jail was unable to accept him. The deputy issued several more citations and directed the man to park his vehicle. This unfortunate but all too real event occurs daily. This man will continue to drive, we will continue to arrest him, and hopefully the jail will one day have room for him.

Sept. 28

A deputy responded to an area near Yeager Rd. near Marblemount for someone yelling and shooting off rounds.

When the deputy arrived, he discovered a couple who'd recently been victims of a theft, and had armed themselves. OK, follow me here: The man's car alarm was activated, so he went outside and fired a few rounds safely into the ground. The issue is he apparently set the alarm off while the key fob was in his own pants pocket. The deputy suggested several things, including safe firearms practice and safe key fob storage.

—Compiled by Sgt. Chris Kading

Read
Concrete Herald
The Voice of the Upper Skagit Valley

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An Important Reminder

To All Skagit County Property Owners
SECOND HALF PROPERTY TAXES are due October 31, 2016

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Out & About



Memorials covered the Cascade Mall entry sign prior to a Sept. 26 candlelight vigil in the aftermath of the Sept. 23 shootings at the mall. The suspect in the shootings, an Oak Harbor man, is being held in the Skagit County Jail on \$2 million bail. Photo by Dan DuVarney.

Book review

I am Malala: The girl who stood up for education and was shot by the Taliban

Author: Malala Yousafzai
with Christina Lamb

By Cora Thomas

Malala Yousafzai, the youngest recipient of the Nobel Peace Prize, shares her astounding experience of being the target of the Taliban in 2012. She was only 15 years old when she was shot in the head for standing up for girls' education in Swat Valley, northern Pakistan, where she grew up. Few thought she would survive. But after her successful recovery, she inspired the world by continuing to advocate for girls' education.

The reader will feel a young perspective leap from the page as seen through a unique lens of a child growing up in the lush and beautiful landscape of the Swat Valley with her parents and brothers. Special attention is given to her father's early life and growing up in the school that her father created and oversaw in Mingora.

Lifelong learning was instilled in Malala from a young age. Her father, a heavy influence, was an educational activist who invested almost everything he had to start his own school for girls. Her mother was uneducated, but still encouraged Malala's gifts and curiosities. The family was forward-thinking in a region of the world where rights for women were restricted.

The style of writing is simple and in lay terms explains the different beliefs, religions, and politics in her region of Pakistan and the surrounding countries that affect Pakistan's government. Malala describes the carnage she witnessed when the Taliban descended upon her region and tightened their grip on the local residents and government officials. The memory of the Taliban's assassination attempt on Malala that October day cannot be captured any more eloquently than through the eyes of the survivor herself.

The basic right to an education is a fundamental issue that concerns us all. Studies show that by educating girls and women, the infrastructures of communities and countries become stronger. I think this story has a unique opportunity to touch and teach all audiences, especially younger readers who are beginning to learn about the broader scope of the world map, its many cultures, and a prime introduction to educational activism. There is also a younger reader's version of this story.

Malala went to school with books hidden under her clothes. She spoke up about the importance of educating girls and for that she was almost killed. Malala was named after a woman poet and warrior from southern Afghanistan. Quite suitable, since she became a warrior in her own right both literally and metaphorically. She is a determined young woman who inspired the world by choosing the pen over the sword.

I Am Malala is the Skagit Reads book for 2016. Books are now available at Skagit libraries. For a schedule of events and book discussions in September and October, go to www.skagitreads.org.

Cora Thomas is a library associate at Upper Skagit Library in Concrete.

Council, cont. from p. 7

Sept. 24 budget workshop

- Council reviewed the 2016 budget, the proposed 2017 utility rates and fees, and the 2017 salaries and benefits. While no formal action was taken, council agreed to propose the following significant changes:

A bump to \$5 for the fee associated with tracking and mailing business license reminders/renewals for businesses who are no longer doing business in town, but who haven't informed the town.

A Sani-Can replacement cost increase from \$220 to \$700, to accurately reflect real costs.

No increase to the sewer utility. Water rates increased minimally.

An increase to the fees for the town's chipping service, from \$10 to \$15 within town limits and \$20 within the town's UGA.

Salary increases of 5 percent for all town staff, to compensate for low or nonexistent increases during the past several years. No changes were made to compensation for Town Council members or the mayor.

Sept. 26 regular meeting

- Professional archer Andrew Griffin addressed council, requesting that bows and arrows be removed from the town's ordinance banning the discharge of firearms inside town limits. Griffin stated that he has researched establishing an archery range outside of town limits. Town planner Marianne Manville-Ailles stated there may be some other options as well, such as a special use permit or a home occupation permit. Staff will review the town ordinance and bring to the council some options on how to proceed.
- Public safety:** Deputy Morgan reported two separate domestic dispute calls to the same address, a possible transient living in an abandoned home north of Limestone St., and a low-speed collision that occurred at Concrete Center.
- Manville-Ailles reported that the Parks and Recreation and Economic Development components of the Comprehensive Plan should be completed this year.

—Compiled from staff minutes

tower

M-SAT 9AM-6PM

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Mount Vernon

Hero Craft Fair planned

A Hero Craft Fair is slated for Sat., Oct. 22, from 8 a.m. to 5 p.m., at the Church of the Nazarene, 2710 E. Fir St., Mount Vernon.

For this event, a hero is defined as anyone who has served in the armed forces, first responders and firefighters, police, and medical personnel.

Money earned from booth rental fees

will be used to help children and families of those responders.

For more information, contact T/Sgt Robert Longdon at 360.399.3069 or rc1mm2000@comcast.net.

Nation

Pokemon Go causing accidents

A new study indicates Pokémon Go

poses a significant hazard for younger drivers. The Journal of the American Medical Association (JAMA) on Sept. 16 released a national report that tracked 14 Pokémon Go-related crashes over a 10-day period in July. The researchers correlated driver's tweets with crash data found on news reports.

According to the study, 18 percent of tweets indicated a person was playing and driving.

Washington State Patrol urged drivers to put the brakes on using Pokémon Go or other apps while behind the wheel of a motor vehicle.

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Smile



In a burst of eloquence against the vices of the world, the minister shouted, "Hell is full of cocktails, highballs, short skirts, and two-piece bathing suits!"

And from the back pew came this: "Oh, death, where is thy sting?"

— § —

Sophisticated people: Those who do naughty things without feeling guilty.

— § —

"You know," Henry was telling his wife at breakfast, "a funny thing happened at the lodge last night. Our president offered a quart of Scotch to the brother who could stand up and truthfully say that throughout his married life, he had never kissed any other woman but his own wife. And no kidding, not one man stood up."

"Henry," said his wife ominously, "why didn't you stand up?"

"Why, my dear, I was going to, but you know my stomach won't take that stuff anymore."

— § —

The judge had just awarded a divorce to a wife who had charged nonsupport.

"And," he said to the husband, "I have decided to give your wife \$50 a month."

"That's fine, judge," the man replied, "and once in a while, I'll try to slip her a few bucks myself."

— § —

Guide: "This castle has stood for 300 years. Not a stone has been touched, nothing altered, nothing repaired or replaced."

Tourist: "They must have the same kind of landlord we have!"

— § —

A pat on the back develops character—if it is administered young enough, often enough, and low enough.

Dwelleysms

Wit from former
Concrete Herald editor
Charles M. Dwelley

"This week's paper is a sample of what you can expect with cooperation of the community and the resulting respect given it by outside advertisers. Thank you all."
—March 21, 1946

"Having Ickes as a columnist instead of a cabinet member is much nicer. He can still amuse people with what he thinks, but he can't do anything about it."
—April 4, 1946

"We hear one Grandy Lake fisherman gave up angling because people laugh at the way he swims."
—April 11, 1946

"Add to the mystery of woman: the overwhelming desire to own a pair of stockings that make her look like she isn't wearing any."
—April 18, 1946

"Many rivers of enthusiasm are dammed by faint praise."
—May 2, 1946

"Straw hats are now in style, and just in time, too. If the wheat shortage continues, you can eat them with cream in place of breakfast food."

"Now we have television complete with transmission of odors. What a spot for a cheese program."
—May 16, 1946

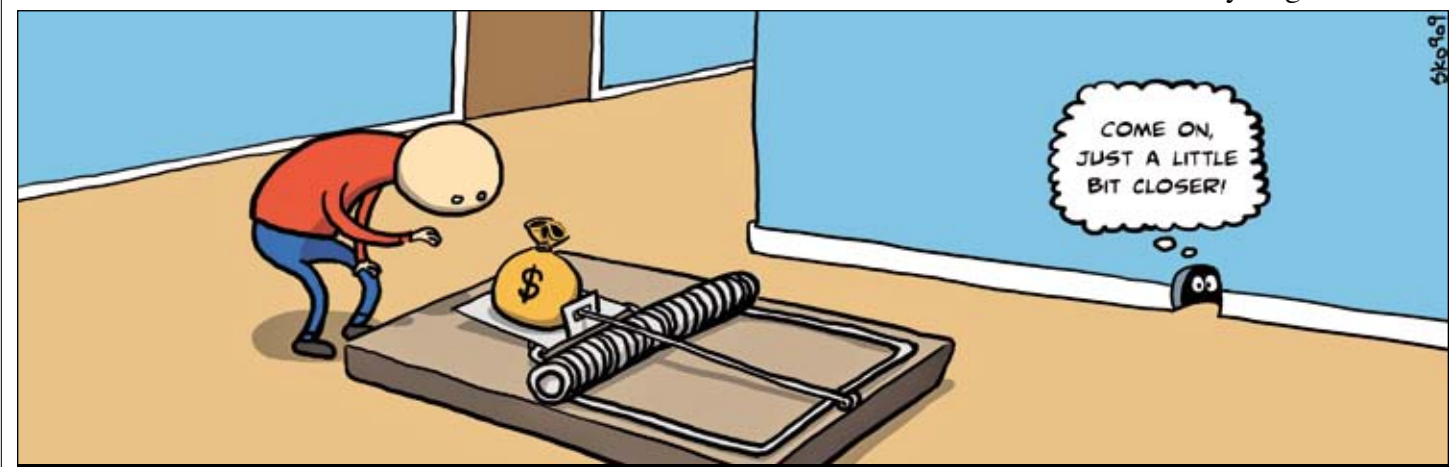
Concrete Harold

By Joyce Harris

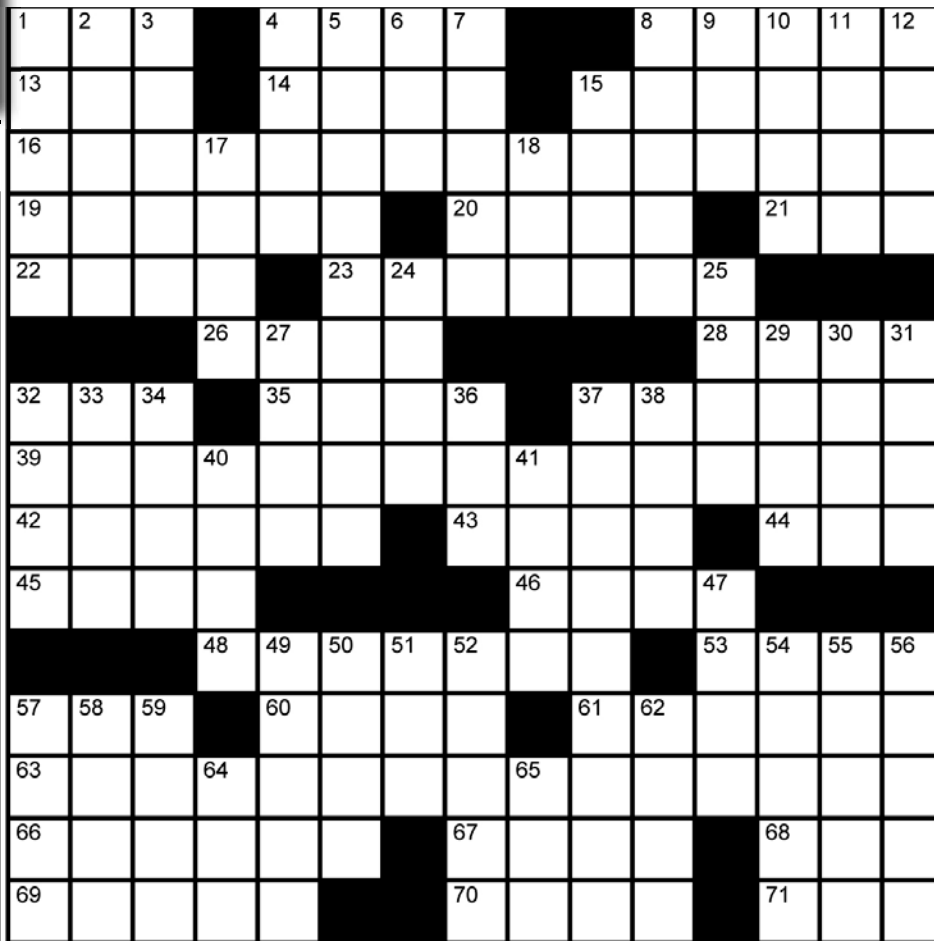


Public Service Announcement

By Stig Kristensen



Crossword: "Walking on Air"



Across

1. Ancient Hebrew unit of measure
4. Party acronym
8. More talented
13. Part of a cell nucleus
14. U.N. agency acronym
15. Horse-drawn vehicle
16. Ecstatic
19. Desolate
20. Minor
21. Founded: Abbr.
22. Deer sir
23. Really bad
26. Gumbo
28. Drop
32. Asian language
35. Green land
37. Adulterate
39. Ecstatic
42. Ear inflammation
43. Contrived
44. Classic rock band
45. Like some decrees
46. Starting point
48. Persuasive one
53. Pool site, maybe
57. Small amount

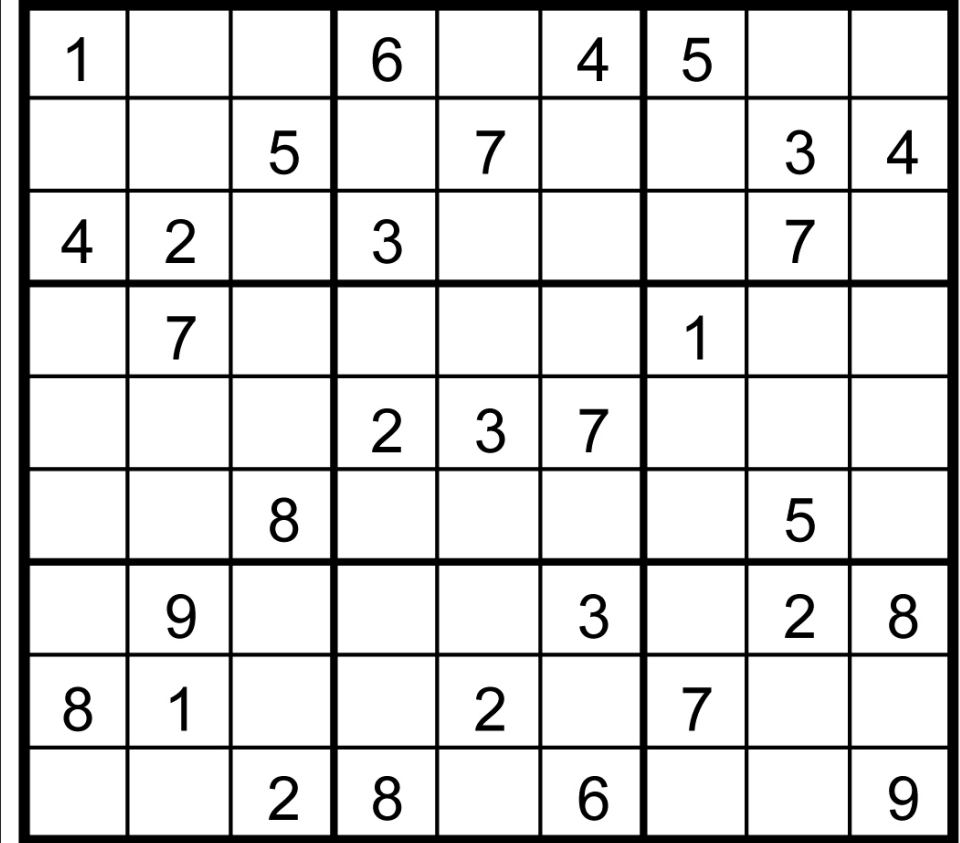
Down

1. Plagiarizes
2. City in Scotland
3. Iraqi port
4. Bank of Paris
5. Settings
6. Johnson or Morrison
7. Eccentric, British
8. Sacramento's Arco ____
9. Wrap
10. In play
11. ____ out (manages)
12. Diatribe
15. Unnamed ones
17. "Cogito, ____ sum"
18. Cock and bull
24. Regurgitate, slangily
25. Western wolf

27. Cap
29. Pietà figure
30. Archipelago part
31. Sen. Stevens and others
32. Nut
33. Fighting
34. Elevator inventor
36. Abbr. after a comma
37. Deem
38. Porcelain piece
40. Suffix with neur-
41. Extremely popular
47. Ragnarok, e.g.
49. Devise
50. Urdu poet
51. Ex-Yankee Guidry
52. Fruit residue
54. Blair's predecessor
55. Copy
56. Still
57. Recipe amt.
58. Election losers
59. Ilium's alternative name
62. Logan postings
64. As written
65. Joker

Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.



*Solutions to both puzzles are on p. 38.

Funny as Facebook

The following funnies were pulled verbatim from Facebook status updates in September.

- "In Santa Monica. There is a disturbing lack of aliens attacking. The Rock flying helicopters, and Godzilla. Be right back, I think I got off at the wrong stop."
- "Spent the day down on the Santa Monica pier. So many street performers! Didn't meet anyone to share stories with, as I looked like a scary, angry red lobster from the heat. 92 degrees is silliness."
- "What started out as a quick trip to take pictures of the sunrise ended up with meeting a guy who worked the refineries 40 years ago. He shared memories about cars flipping off docks or bridges, where he assured me 'everyone was okay, no one died' for each story. It was interesting how he marked the passage of time using car wrecks."
- "It is 1:30 am and you are awakened by the sound of the front door slowly creaking open, footsteps, and someone rustling around on the table. You put on your best Come At Me Bro face, storm into the front room ... and almost murder your damn cat. Now that the family has discovered how to kill me, as well as the cat, I'll be fixing the latch on the front door today. Also, good morning, dammit."
- "Trying to trade scar stories with Jeffrey. He isn't convinced my newest one was from a shark attack I suffered while out cataloging the predominant left or right flipperedness of a wild seal colony off the Faroe islands. He is terrible at this game."
- "We have three kids in high school. This is the most nonsensical thing I've run across in my life."
- "Aaah, our beloved Pacific Northwest gloom is back, ushered in with some flooding and a rare thunderstorm. All that sun was getting ridiculous. I almost caught a tan!"
- "My Bitmoji looks nothing like me. Life is hard."
- "I ordered six different bras and tried them all on tonight. I was a little sweaty after and none of them fit right, but I totally stuck the dismount."

Letters, cont. from p. 2

After the Supreme Court of the United States passed the ill-advised 2010 Citizens United Ruling, which essentially said that corporations are people with the right to contribute unlimited money to candidates in local, state, and national elections, we sat back and complained like spoiled children. Even though more than 80 percent of our citizens in both parties oppose the 2010 Citizens United Ruling, and even though we have seen an increase in the wealth and power of the 1 or 2 percent who own more land and money than the rest of the nation combined, we have allowed the corporations and wealthy individuals inordinate power to influence our democracy.

Now is the time to reverse that trend. In November, Washington state citizens can join the 17 other states that have already voted to amend the Constitution to reject Citizens United. We can do our part to

Legion/Library, cont. from p. 3

pay its bills, it will now be able to focus on its primary mission, which is service. This strong belief in service also drove us to sell the building for a specific purpose: as the new home of the Upper Skagit Library.

This is a win-win situation for the Post and the community. The community has long needed a larger library, and the hall will serve them well in that role. The Post has a long history of making all sorts of contributions to this community, the very community the members sought to preserve, and the overwhelming number of its members see this as a continuation of this proud tradition.

The Post is not closing; its members intend to become more involved in the community the way they used to be, but without the overhead of owning an aging building. Its members will continue to meet and encourage all those Legionnaires affiliated with Post 132 to not only bear with them, but to join them at future meetings.

level the playing field.

There was a time when the good of the whole community was more important than the wealth of the few. We do better when all are educated, all are expected and helped to contribute to society, and when all people have a decent living wage.

In the 1950s the wealthiest Americans paid a 92 percent tax on all income over \$400,000 (today over \$4,000,000?). This allowed your parents and grandparents to own homes and cars. It built our schools, bridges, highways, and hospitals, and took us to the moon. It created the Middle Class. Now, many Fortune 500 companies that are making billions in profits contribute little or no taxes.

We have less than a month to make sure we are all registered to vote and informed about the dangerous 2010 decision that gave corporations the right to influence our elections, our policies, and our laws. We must vote YES on I-735, a

Partnerships and improvements

The Upper Skagit Library staff and its trustees and supporters look forward to partnering with the Concrete Heritage Museum and neighboring businesses on safe and ample parking, enhancement of outdoor spaces, and support of community events, to both augment and help grow Concrete Town Center.

With demand for library space and services at its highest, this move will provide a much-needed larger space for the Upper Skagit Library's home and base of operations, so its staff can better serve Upper Skagit communities with the entertainment and information services upon which they have come to depend.

When relocated, the library plans to be open an additional day of the week.

For more information about the library building project, contact Library Director Brooke Pederson at 360.853.7939 or bpederson@upperskagit.lib.wa.us.

John Boggs is a member of the Heskett-Arnold American Legion Post in Concrete. Brooke Pederson is the director at Upper Skagit Library.

bipartisan initiative, to change that. More than 130 courageous political leaders of Washington state have committed to do so. We must join them.

*Nancy Larsen
Anacortes*

Please respect the flag

As a veteran, I appreciate people being patriotic and flying the American flag, but it's bothersome to see them flying when faded and/or torn, and flags being flown at night without proper lighting. I have seen this in the towns and in counties and sometimes even in federal locations.

Please respect the flag. Replace them when torn and/or faded. If flying the flag at night, use some sort of light. Solar lights work well, whether in-ground or on the pole. Make sure it will be powerful enough to illuminate the flag.

*Don Johnson
McMurray, WA*

Sunday School, cont. from p. 30

arrows that would not let them down. What a great word picture David gives us for dealing with children. It takes time, wisdom, and effort to shape a young mind so that it will affect the next generation.

Take some time and look at the brief list above concerning family stresses. Are these found in your family? If we took more time and made more of an effort to create healthier families and help others with the same quest, we might see fewer news reports that portray our world as drifting toward self-destruction. We need to become healthier warriors on behalf of the family. I've especially appreciated one man's conclusion about the significant things in life:

"I have concluded that the accumulation of wealth, even if I could achieve it, is an insufficient reason for living. When I reach the end of my days a moment or two from now, I must look backward on something more meaningful than the pursuit of houses and land and machines and stocks and bonds.

"Nor is fame of any lasting benefit. I will consider my earthly existence to have been wasted unless I can recall a loving family, a consistent investment in the lives of people, and an earnest attempt to serve the God who made me. Nothing else makes much sense, and certainly nothing else is worthy of my agitation. How about you?"

That's the perspective I want.

*Bill Mueller preaches at Martha Lake
Covenant Church in Lynnwood.*

*Read
Concrete Herald
The Voice of the Upper Skagit Valley*

Sudoku solution, from p. 37

1	3	7	6	9	4	5	8	2
6	8	5	1	7	2	9	3	4
4	2	9	3	8	5	6	7	1
2	7	4	5	6	8	1	9	3
9	5	1	2	3	7	8	4	6
3	6	8	9	4	1	2	5	7
5	9	6	7	1	3	4	2	8
8	1	3	4	2	9	7	6	5
7	4	2	8	5	6	3	1	9

Crossword solution, from p. 37

1	C	A	B			R	S	V	P		A	B	L	E		
13	R	N	A			I	C	A	O		T	R	O	I	K	A
16	I	N	S			E	V	E	N	T		H	H	E	A	V
19	B	A	R			R	E	N		T	E	E	N		E	S
22	S	T	A			G				A	B	Y	S	M	A	L
25						O				K	R	A				
32	L	A					E	I	R		E				D	B
35															C	M
38	O	N	T			O	P	O	F		T	H	E	W	O	R
42	O	T	I			T	I	S				C	U	T	E	
45	N	I	S			I									G	E
48																
51																
54																
57	T	O	T				A	N	O						M	E
60	B	U	R				S	T	I	N						
63																
66	S	T	O				I	C	S							
69	P	S	Y				C	H								

Classifieds

**MOVIES & EVENTS AT THE
HISTORIC CONCRETE THEATRE
WEEKEND MOVIE SCHEDULE:
Fri., 7:30 p.m.; Sat., 5 and 7:30 p.m.;
Sun., 5 p.m.**

**TIX: \$8 general admission, \$7 for 65
and over/12 and under
24-hour MovieLine: 360.941.0403
www.concrete-theatre.com**

EMPLOYMENT

Tow-truck driver needed. No experience needed.
360.853.7433.

FOR SALE

Chickens for sale. Young hens, \$5 and up. Barred Rock/mix. 360.853.7186.

257 oxygen tank, No. 4 acetylene, cart, hoses, cutting torch, 3 welding tips. \$300 obo. 360.724.8139.

Truck: 1993 Ford Ranger 4x4 w/canopy, \$3,400 obo. 360.853.7433.

Truck: 1998 Chevrolet Silverado, \$4,200 obo. 360.853.7433.

NOTICES

**NOTICE OF CONCRETE TOWN COUNCIL
2017 BUDGET WORKSHOPS**

NOTICE IS HEREBY GIVEN that the Concrete Town Council will hold workshops on the following dates in preparation for the 2017 Budget:

October 15, 8:00 a.m.:
Review 2017 Proposed Budget

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at Concrete Town Hall 360.853.8401.
Published in the October 2016 edition of *Concrete Herald*.

**NOTICE OF 2017 BUDGET
PUBLIC HEARINGS**

NOTICE IS HEREBY GIVEN that public hearings will be held by the Town Council of the Town of Concrete at its regular Council Meeting in the Town Hall at 45672 Main Street, Concrete, Washington, on November 14, 2016, and November 28, 2016, at 7:00 p.m.

The purpose of the public hearing is to review the proposed 2017 Budget. Action may be taken at these meetings.
The public is encouraged to attend and give

written or oral testimony.

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at the Concrete Town Hall (360) 853-8401.

Published in the October and November 2016 editions of *Concrete Herald*.

**NOTICE OF PUBLIC HEARING:
2017 PROPERTY TAX**

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Town Council of the Town of Concrete at its regular Council Meeting in the Town Hall at 45672 Main Street, Concrete, Washington, on Monday, November 14, 2016, at 7:00 p.m. or as soon as possible thereafter.

The purpose of the public hearing is to review the proposed 2017 Property Tax. Action may be taken at this meeting.

The public is encouraged to attend and give written or oral testimony.

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at the Concrete Town Hall (360) 853-8401.

Published in the October and November 2016 editions of *Concrete Herald*.

**NOTICE OF PUBLIC HEARING:
2017 UTILITY RATES AND FEES**

The Concrete Town Council will hold a public hearing on October 24, 2016, at 7:00 p.m. or as soon as possible thereafter at the Concrete Town Hall located at 45672 Main Street, regarding Fees and Utility Rates for the 2017 Budget Year.

The public is encouraged to attend and give written or oral testimony.

Published: In the October 2016 issue of *Concrete Herald*.

Andrea Fichter, Clerk-Treasurer
Town of Concrete
45672 Main St., P.O. Box 39
Concrete, WA 98237
360.853.8401 // FAX 360.853.8002
andrea@concretewa.gov

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www.sedro-woolley pianostudio.com

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PRIVACY VIEWS: This lot has it all! 1 acre at the end of a small, 10-lot subdivision with several nice homes built. Lots of trees, like having a forest for a backyard. Sit back and enjoy the wildlife. \$59,900.

Valleys West Realty
360.853.8155 Concrete

FREE HOME-BUYING WORKSHOP

Everyone welcome. Oct. 15, 11 a.m., at Burlington Public Library, 820 E. Washington Ave., Burlington. Learn everything about home buying and loans, and receive a certificate for downpayment assistance good for two years. Lunch will be served. No pressure! Call Dianne at Hendrickson Realty at 360.421.1112. Just show up!

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An Important Reminder

To All Skagit County Property Owners

**SECOND HALF PROPERTY TAXES
are due October 31, 2016**

Katie Jungquist
SKAGIT COUNTY TREASURER
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360-416-1750
Credit Cards Accepted

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**Monday – Tuesday by appointment only
Wednesday – Sunday, 10 a.m. to 6 p.m.**

Wanted: Gold, Silver, Coins, Broken Gold, Sterling Silver Jewelry, Antique & Black Powder Guns, Seahawks Memorabilia, Autograph Memorabilia, Concrete Historical items, including Old Antique - Vintage Advertising, Musical Instruments, Compound Bows, Hunting / Fishing Equipment, Used Name Brand Tools DeWalt, Milwaukee, Makita just to name a few...

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Facebook: <https://www.facebook.com/concretecoins/>

EVENTS

ANNUAL LIGHTING EVENT. Northwest Garden Bling presents its Annual Lighting Event featuring new items, local treasures, vintage and holiday gifts.

Oct. 21–23, from 10 a.m. to 5 p.m.
44574 Hwy. 20, Concrete, in Grassmere Village. 360.708.3279.

**LARGE
Indoor Garage Sale**

McKee Alley
(behind Concrete Liquor Store)

**Saturday, Oct. 8:
11 a.m. to 6 p.m.
Sunday, Oct. 9:
11 a.m. to 5 p.m.**

**Lots of antiques, tools,
household items, much
more!**

To place a Classified ad, call 360.853.8213 or e-mail ads@concrete-herald.com. Ads are \$5 per every 10 words. Payment is due at time of placement. Deadline for the November 2016 issue is Oct. 24.

Continue the cycle

Please recycle this newspaper



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