

# Concrete Herald

The Voice of Eastern Skagit County

American Alps Challenge

Page 26

Vol. 94, No. 9

September 2011

50 cents

75 years later ...

## WAR OF THE WORLDS

Documentary to revisit radio broadcast that helped put Concrete on the map.



Image by Langley West

There's a monument on the former site of a farmhouse in Grover's Mill, N.J. It reads, in part, "On the evening of Oct. 30, 1938, Orson Welles and the Mercury Theatre presented a dramatization of H.G. Wells' *The War of the Worlds* ... For a brief time as many as one million people throughout the country believed that Martians had invaded the earth, beginning with Grover's Mill, N.J."

Some of those people lived in Concrete, and they did not take the news very well. The Nov. 3, 1938, issue of *Concrete Herald* told of some east county citizens' reactions in graphic detail.

See **Worlds**, p. 38



### Founders' Day marks its 17th year in S-W

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### A Celebration of Generations

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### The lights are on in Newhalem

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*Published the first Wednesday of each month*

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# Concrete Herald

The Voice of Eastern Skagit County

Jason K. Miller, publisher and editor

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Concrete Herald owes its success to volunteer contributors from Sedro-Woolley to Diablo. **Cartoonists:** Joyce Harris, Stig Kristensen, Jonathan Carter. **Proofreading:** Katy Tomasulo. **Ad Production:** Lynn Jefferson. **Bookkeeping:** Upriver Bookkeeping Services. *Local contributors are welcome; call or e-mail Jason Miller at 360.853.8213 or editor@concrete-herald.com.*

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## Guest editorial Sauk-Suiattle Tribe information false

So much misinformation has been presented about the Sauk-Suiattle Indian Tribe of Darrington, Wash., that rumors and announcements of investigations have spread unfortunate and untruthful myths about the nature of this quiet and beautiful small tribe of Indian peoples.

The impending frenzy was well staged. Yes, the tribal council had begun a reorganization of its governmental and administrative systems. As a sovereign nation it has a right to make personnel adjustments just as any government will do. Eleven people were released in the most recent terminations on June 10, 2011. The claim was that all persons terminated were “white” or non-Indian/tribal. It was broadcast widely on television and written up in newspapers. However, such claims are false.

The Sauk-Suiattle Tribe is small by most Washington tribal standards. There are 205 enrolled members in the tribe, with about half of them living in the beautiful valley

See Editorial, p. 39



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# Opinion

## Letters to the editor

### Council isn’t following its own standards

Why has the Concrete Town Council decided to hold Jack Clifton to a higher standard of performance than the council levies on itself?

Over the same period that the council has been trying to get Mr. Clifton to clean up the crushed concrete remains of the old school, the town has increased the amount of concrete debris it chooses to store on Main Street.

Exactly what is the difference? Certainly the town has locations other than Main Street to store this debris and its sand and gravel. Either the council has been unwilling or unable to hold their own house to the standards they choose to impose on someone else. If they are unwilling to live by their own standards, possibly they shouldn’t be setting any. If they are unable to live by their own standards, maybe some changes in both leadership and the Public Works department are needed. Either way, this action does not send a positive message to the community.

John Boggs  
Concrete

### Rockport Fire Department garage sale a success

Rockport Volunteer Fire Department thanks everyone who donated their unwanted items to our garage sale. A special thanks goes to everyone who helped to set up, tear down, and just be there during this extremely busy weekend.

At this year’s three-day garage sale, we made \$2,978. These funds will go to our Auxiliary account, which supports building maintenance, supplies, and training.

Don’t forget to save your donation items for next year’s sale during the first weekend in August.

Thanks again!

Jessica Moore  
Rockport

### Show and Shine gratitude

To the Cascade Days Show and Shine trophy sponsors, helpers, and participants: Thank you all so very much for the great success of the 2011 Show and Shine.

The sponsorship of the trophies for this year’s car show was generous and greatly appreciated. We had 31 trophies from businesses and individuals in Concrete and the surrounding area, and two donated by DC’s Printing, the folks who made the trophies. As sponsors, I hope you got to see them, because they were beautiful! Thank you Don and Rene for the great job on them, and for the two you generously donated.

The car show was a wonderful success and couldn’t have been done so efficiently without all of the great help I had this year! Thank you to ALL of the people who helped in any way with the assorted jobs it takes to make it work—first to Richard, Mike, and Albert’s Red Apple ladies for all of the photocopies needed to advertise, do registrations, voting, etc., for a car show. For the hands-on help on Saturday, a HUGE thank you to Alice, Del, Ember, Shelby, Jeff, Shanna, Billy, Terry, Dan, Don P., Don L., Jerry, Howdy, Bill, Gordon, Sean, Brandon, and Eric. Thank you to Rob and company for the use of the PA and saving my voice. And finally a very big thank you to the Concrete Food Bank and Marty and Adrienne Smith for letting us use the facility as our headquarters and to display the trophies; that makes it convenient and easy every year!

And last but absolutely not least, thank you to the participants who brought their cars/trucks/bikes/tractor to Concrete that day. We had 76 registered vehicles—a great turnout! We had many happy compliments about what a good car show it was, and none of that would have been possible without all of your donations, help, and participation. Many, many thanks again!

Peggy Hatley, coordinator  
Cascade Days Show and Shine

See Letters, p. 3

### Letters policy

Letters of 200 words or fewer may be sent to Concrete Herald, P.O. Box 682, Concrete, WA 98237, or e-mailed to [letters@concrete-herald.com](mailto:letters@concrete-herald.com). Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

Letters, cont. from p. 2

### Cascade Days thanks supporters

The Cascade Days Committee thanks everyone who helped to make our event such a success this year.

We thank everyone who came to be in the parade, those who came to watch the parade, the vendors, the wood carvers, those in the Log Show, the Firemen’s Muster, all of those who took part in our car show, and those who came to enter the contests on Sunday.

Also a special thanks to the Town of Concrete and its employees who worked so hard to set up things and then clean up behind us. We do it for the community and it is great to see you all come to enjoy yourselves.

To our generous sponsors and supporters, thank you.  
See you next year, Aug. 18–19.

John Burmaster, president  
Cascade Days Committee

### A paper worth reading

Just wanted to take a minute and thank you and your contributors for publishing a paper worth reading. “The voice of eastern Skagit County”—not only is it a great tag line, it’s a great paper. Beautiful place, wonderful characters, I don’t

believe it gets better than this, at least not here on the planet.

Keep up the effort; it’s worth it to many of us.

Pastor Rick Miles  
Day Creek

## United General Hospital to hold Community Forums

United General Hospital is considering an alliance with PeaceHealth, a Northwest-based, nonprofit health care system with facilities in Wash., Ore., and Alaska, including PeaceHealth St. Joseph Medical Center in Bellingham. An alliance could mean that PeaceHealth would lease and operate United General Hospital. PeaceHealth operates three hospitals similar to United General, with a fourth opening on San Juan Island in 2012.

“We’re exploring all options that will strengthen our local health care services,” said Greg Reed, CEO of United General. “An alliance with PeaceHealth could offer many potential benefits to our community.”

The public is invited to share

comments and suggestions about this potential alliance at one of the following Community Forums:

Wed., Sept. 7, 7 p.m.  
Sedro-Woolley Community Center  
703 Pacific Street, Sedro-Woolley

Thur., Sept. 8, 7 p.m.  
Concrete Theatre  
45920 Main Street, Concrete

Tue., Sept. 13, 7 p.m.  
Burlington Public Library  
820 E Washington Ave, Burlington

Wed., Sept. 21, 7 p.m.  
Samish Island Community Hall  
11292 Blue Heron Road, Bow

If unable to attend, please direct questions, comments, or concerns to Valerie Stafford, Director of Communications, at 360.856.7323 or [communications@unitedgeneral.org](mailto:communications@unitedgeneral.org). More information also is available at [www.unitedgeneral.org/alliance](http://www.unitedgeneral.org/alliance).

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## Stafford a finalist for SWAN award

Concrete Chamber of Commerce President and United General Hospital Communications Director Valerie Stafford has been named as one of the five finalists for the Skagit Women’s Alliance and Network’s (SWAN) 2011 Business and Professional Woman of the Year award.

The five finalists were chosen from a field of businesswomen nominated by the community at large. The recipient of the annual award will be named during the 27th annual award banquet to be held at the Skagit Resort and Casino in Bow Oct. 20. The banquet will be open to the public; ticket sales will be announced soon.

The award is designed to laud a woman’s career accomplishments and community contributions. Organizers hope it will also inspire young professionals along the way.

This year’s other finalists are Julie Blazek, a partner in HKP Architects; Gail Bruce, director of counseling at Skagit Valley College; Peggy Flynn, pflynn+associates consulting; and Rebecca Spurling, environmental superintendent for Tesoro Refinery. Five independent judges will choose the winner in September.

# Angele Cupples



# Community Garden

The Angele Cupples Community Garden owes its existence to the following individuals, businesses, and organizations who donated time, money, and material support toward its creation and maintenance.

<b>INDIVIDUALS</b> Anonymous Floyd Anderson David & Rebecca Atwood Margie Bell James Brangham Tim Bridge Kay Brown Conrad Claybo Monica Crosson Kevin & Karna Cupples Robert Cupples Olivia Davis Joseph DiLeo Lillian DiLeo Robert DiLeo, Jr. Robert DiLeo, Sr. James & Sharon Dillon Jason Driver Allen & Carol Fabrick Karen Ganion Josh Gentry Lynette Gentry	Maryka Gentry Evalyn Goeringer Barb Hawkings Chad Hawkings Jim & Lou Hillman Chris Jansen Drake Jansen Eric Jonson Kyle Jonson Tom Jones Peter & Susan (Cupples) Kirchner Frank Knight Lonna & Jasmine Lloyd Jack Mears Jason Miller James & Stephanie Morga-reidge Larry Mosby Bill Newby Denise Newman Sarah Newman Randy ...	Jim Parker Don Payne Dan Pfluger Rich Phillips Cheryl Prier Darrel & Marla Reed Beverly Richmond Paul Rider Jerry Robinson Ed Rogge Don & Carol Rohan Tom Rose Steve & Charisse Scheer Tim & Lise Sconce Jerrie Sheppard David Soule Daniel Starks Keith & Susan Taxdahl Nicolette Thornton KC Tonkyn Jose Torres Michael Vandenberg Alan Wilkins	Judd and Crissie Wilson Barbara Withrow Gerald & Robin Wood Michelle Yarber Ann Young Bill & Diane Young	Jericho Farm North Cascade Law tenance North Cascades Ins Northwest Cedar Sa Northwest Garden E Payne Enterprises Perks Espresso & D RadioDownSound.c School's Out Washi Taxdahl Constructio Town of Concrete Upper Valley Aware Task Force
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## Want your name on this sign?

Help support Concrete’s first community garden with a donation of your time or money.

For more information, contact:

Jason Miller: 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com)  
Marla Reed: 360.391.2589 or [marla.mr@frontier.com](mailto:marla.mr@frontier.com)





**What an honor!** In a grand gesture, the husband-and-wife chainsaw-carving team of Dave and Debbie Tremko, with the Country Carver Chainsaw Carving Show, gave Town of Concrete a beautiful carving of a bald eagle. The Tremkos presented the eagle to town officials Aug. 20, during Cascade Days. From left, Councilman Jack Mears, Mayor Judd Wilson, Debbie and Dave Tremko, and Councilman Mike Criner. The eagle now resides in its new home: the Pilots' Lounge at Mears Field. The Tremkos were married recently in a wedding ceremony fit for carvers: They walked down the aisle with running chainsaws in hand. Town of Concrete thanks the Tremkos for their unique and beautiful gift.

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**Area boat launches closed for ramp replacement**

Two east county boat launches on the Skagit River are closed until mid- and late-September. Washington Department of Fish and Wildlife is installing new boat launches at both locations. Both projects are funded with a grant administered through the U.S. Forest Service.

**Birdsview**  
Beginning Aug. 16, the Birdsview boat launch near Hamilton was closed to public access as crews install a new boat ramp. The water access site, which is located six miles east of Hamilton, will be closed through Sept. 15.

Three alternative boat launches are nearby: the Hamilton, Faber Ferry North (see next closure notice, below), and Faber Ferry South boat launches.

**Faber Ferry North**  
The Faber Ferry North boat launch five miles east of Concrete closed Aug. 23 for ramp replacement. The site will be closed through Sept. 15.

Two alternative boat launches are nearby: the Hamilton and Faber Ferry South launch sites.

For more information on WDFW's water access sites, go to [http://wdfw.wa.gov/lands/water\\_access/](http://wdfw.wa.gov/lands/water_access/).

**State Parks and Rec honors Concrete couple**

OLYMPIA — The Washington State Parks and Recreation Commission has announced the recipients of the 2010 Volunteer Recognition Awards for outstanding volunteer service.

Among the recipients are Neil and Janet O'Connell of Concrete, who were awarded the Outstanding Contribution Award for service at Rasar State Park near Birdsview.

The O'Connells tended to the park in detail and encouraged visitors to support local and state parks. In a short time with little funding, the O'Connells completed many projects by reusing old and natural materials, and bartering with other parks for needed supplies. One of their accomplishments was the removal of old playground bark, replacing it with new bark, then reusing the old bark to manicure other areas of the park. They added ferns and river rock to complete the landscape project.

To maintain park facilities, the couple pressure washed every roof in the park, trimmed overhanging and dangerous limbs from the park roads and campsites, chipped branches for future landscape use, donated a personal collection of tools and materials to Rockport and Rasar state parks, and purchased and donated a new, self-propelled snow blower to Rasar.

State Parks works with volunteers throughout the state to continue enhancing agency efficiency and to stretch funding. Last year, volunteers performed 313,461 hours of work, equal to 150 full-time employees.

**Concrete church to host fun nights for kids**

Community Bible Church in Concrete invites all Upper Skagit children from kindergarten through eighth grade to its "His Kids Fall Fun Nights" kick-off ice cream social on Sept. 19 at 6:30 p.m.

The church's fun nights will begin in October. The kick-off is designed for kids to "bring their favorite adult" and learn more about the evening kids' program.

For more information, contact Deb Richmond at [debkayr@hotmail.com](mailto:debkayr@hotmail.com) or 360.873.4348.

**Concrete Herald**  
*The Voice of Eastern Skagit County*

**THIS AND THAT**  
By J. K. M.

The last **Friends of the Upper Skagit Library book sale** was a great success, pulling in about \$610 in donations for books and \$164 in quilt raffle ticket sales.

**Job Corps students** will host a dinner/silent auction to raise money for scholarships and grants on Oct. 6, from 4:30 p.m. to 8 p.m., at the Assembly Hall on the Job Corps campus.

The culinary art program will use locally sourced food and prepare a fall harvest dinner. Only 150 tickets are available; you can find them at area Chamber of Commerce offices for \$35 each.

The evening will include a brief program on the history of Northern State Hospital and student-led tours of the property.

In case you didn't notice, the Skagit County Fire Marshal's Office announced a **burn ban** in unincorporated areas of Skagit County to allow recreational burning only, effective Aug. 8 at 8 a.m.

Recreational fires are those used for cooking and pleasure, and consist only of charcoal or firewood. As of Aug. 8, all recreational fires must meet the following criteria:

- Fires must be in an enclosure that is a minimum of 18 inches high, no larger than 3 feet across, and made of cement block, stones, or No. 10 gauge steel.
- Burned materials must be kept lower than the sidewalls of the enclosure.
- A charged garden hose, or two 5-gallon buckets of water, or a 5-gallon class-A fire extinguisher with a shovel must be on site.
- Fires must be 10 feet from any standing timber and there must be no tree branches within 10 feet above the enclosure.
- There must be at least one person 16 years of age or older who is capable of putting the fire out in attendance at all times.

As of Monday, Aug 8 at 8:00 a.m., debris-burning fires are not allowed until further notice.

The permanent open burning ban remains in effect in the cities of Concrete, Hamilton, Lyman, Sedro-Woolley, and their urban growth areas.

For more information contact the Skagit County Fire Warden at 360.428.3293 or go to [www.skagitcounty.net/firemarshal](http://www.skagitcounty.net/firemarshal).

**Council summary**

*Concrete Town Council met for regular meetings Aug. 8 and 22. The following is a summary of topics addressed during those two meetings. Complete minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).*

- Aug. 8**
- **Public safety:** Mayor Wilson reported that he had spoken with the City of Burlington regarding the radar trailer it uses. He also reported that he spoke with a company in Lynnwood that does traffic studies for speeding and other traffic-related issues. He will contact them again regarding costs for this.
  - **Economic development:** Mayor Wilson reported on the interviews that were held. Mayor Wilson reported that he thought both companies were good. He stated that the recommendation from himself and Mike Criner would be to allow Community Stew six months to secure funding for its services. Jason Miller made a motion to allow Community Stew six months to secure funding. If funding is not secured by the end of six months, the council will revisit this item. The motion carried unanimously.
  - Mayor Wilson reported that he has spoken with 20–25 town, cities, and chambers, inviting them to the Becky McCray presentation. He reported that fliers had been sent out, stating the admission fees. Mayor Wilson also requested that Andrea Fichter be able to process any bills or invoices from Becky McCray as they come in. The motion carried unanimously. Andrea Fichter reported that she had set up separate accounting numbers for the costs of the presentation, along with a separate accounting number for any revenues received so that the mayor and council can see the town's actual cost for the presentation.
  - **Planning Commission update:** Rick Cisar reported that he is working with Puget Sound Energy on a permit for a new parking lot at the Visitors Center, with construction beginning this week. He also reported that he is working with Jeff McMeekin from PSE on shot-rock piles and storage of these piles for the possible use of the material by the town for filling in the sewer lagoon. Rick also reported that Mayor Wilson had contacted a real estate agent to discuss the possible donation of some property for the

town to construct a campground near the confluence of the Baker and Skagit rivers. Rick also reported on a possible meeting with Bob Wariner for Thursday to discuss the Lorenzen Creek re-route.

- Aug. 22**
- Janice Howard with the Association of Washington Cities (AWC) gave an overview of the town's insurance coverage through AWC. She updated council on scholarships that are offered for different trainings and the onsite trainings that can be held at no charge. She also reported on the land use and pre-litigation hotlines available through AWC. She also discussed special events, liability, and airport coverage.
  - Council discussed the piles of concrete at the town's stockpile site near the Skate Park, and the piles of crushed concrete on the Jack Clifton property. Mayor Wilson suggested that some of the stockpile pieces could be used to fill in large holes at 10 Acres. Alan Wilkins stated that some of the material could be used to fill in the sewer lagoon.

Audience member Ted Clifton introduced himself to council as Jack Clifton's son. He stated that he wanted to clear up any misconceptions regarding the insurance for his father's building, which burned in April 2009. He reported there was no insurance and that his father had more than \$400,000 in out-of-pocket expenses restoring the building, and then it cost around \$80,000 for the demolition and cleanup. He stated that the cleanup and demo were completed as quickly as legally possible. He stated that it took a lot of time to schedule the asbestos abatement. Mr. Clifton also stated that he believes the crushed concrete is valuable and should not be considered construction debris. He stated that crushed concrete is one of the most readily usable and valuable recyclable materials. He stated that he believes there is about \$13,000 worth of material in those piles and that it would not make any sense to truck it to Burlington for a third of what it's worth. He stated that he believes the premise of the letter is incorrect and the pile is just as safe as the hillside behind it.

Mike Criner questioned if the town was supposed to sit back and look at

See **Concrete Council**, p. 38

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From left, Alice Parker, Beverley Hathaway, and Anne Postill paused for a photo during a gathering of the Concrete High School Class of 1951 at the Jim and Alice Parker residence in Birdsview Aug. 19. Photo by Dick Harris.

## Gathering to remember

Members of Concrete High School Class of 1951 met Aug. 19 at Alice and Jim Parker’s home for an afternoon of re-acquainting, remembering, conversation, and home-cooked food.

Several stayed in Concrete for the Cascade Days parade and the annual Classes of 1950s–60s Potluck Aug. 20.

Classmates and guests attending were Les and Helen Bell, Oregon City, Ore.; George “Marv” and Linda Brown, Stanwood; Alice (Theodoratus) and Jim Parker; Allen and Naomi Evans, Mt. Vernon; Virginia (Hayes) and Bill Skaggs, Mt. Vernon; Beverly (Keith) and Gene Joy, Mt. Vernon; Dick McGovern, South Bend; Larry Vier, Granite Falls and Yuma, Ariz.; Marvin and Nelda Smith, Kennewick; Fred Swanson, Lake Stevens; Anne (Pyatte) Postill, Tumwater; Tom and Mary Wills, Venice, Fla.; Dick and Helen Harris, Bellingham; Beverley (Dahlgren) Hathaway, Marysville; and George Theodoratus, Concrete.

The day was spent sitting in the sunshine or at the dinner table sharing memories of high school escapades, catching up on each other’s lives, reading correspondence or relating what we knew about those who

couldn’t attend because of health or other circumstances. Special note was made of classmates whose presence is unknown or who have died.

Thirty-seven students graduated from the 8th grade in 1947. Along the way they added nine to the roster. During the next four years, several moved to other communities, joined the military, or married. One died.

On June 1, 1951, 21 walked across the old gym stage to be the last class to graduate from the old high school. At the potluck on Saturday, Al Evans, student body president from 1950–51 and high school math and science teacher and baseball coach from 1955–1961, led an informal tribute to Gordon McIntyre (1917–2011), well-respected teacher, coach, high school principal, and superintendent from 1946–1959. A public expression of thanks and recognition was given to Mrs. ‘Mac’ Kay McIntyre; her daughters, Jerrie Kay and Maryann; and families who traveled from Vancouver, Wash., to be at the potluck, as the McIntyres had done for the last several years.

—Dick Harris

Please recycle this newspaper!

## No easy answers, says small town expert

Rural business consultant Becky McCray stood before a small but engaged crowd in Concrete Aug. 30, holding a bag and asking if anyone knew what was inside. She got an answer—the first time anyone had got it right.

The bag was empty. McCray’s point was that there was no silver bullet, no magic wand the small, rural towns of eastern Skagit County could wave to produce economic vitality. “The solutions are going to come from within,” she said, outlining seven lessons that entrepreneurs in small town markets would do well to learn:

1. Plan for zero (no-profit years).
2. Spend brainpower before dollars.
3. Multiply your lines of income.
4. Work anywhere, “anywhen.”
5. Treat customers like community.
6. Be proud of being small.
7. Be local: Tell your story, connect with your community, and build engagement.

“In this environment, customer service is your only sustainable competitive advantage,” said McCray.

The latter half of the event included networking opportunities and McCray fielding questions about how to encourage citizen involvement, how to create an environment that attracts entrepreneurs, and how to capitalize on tourism.

—J. K. M.



Rural small business expert Becky McCray displays an empty bag to make a point before beginning her presentation Aug. 30. “I did not bring you a magic wand,” she told attendees. “The solutions are going to come from within.”

## This and That redux

By Dan Royal

Judy Dwelley Dawe of McCleary, Wash., visited the home of James and Alice (Theodoratus) Parker of Birdsview with her mother, the former Annie Pyatte Dwelley, in August. The former wife of Arthur Dwelley was attending a 60-year reunion of the 1951 class of Concrete High School.

While in the area, Judy visited the home of Dan and Maureen Royal of Birdsview. Ms. Dawe is the granddaughter of the late Charles M. Dwelley and his wife, the former Helen Grubb. Dwelley was the owner, publisher, and editor of *Concrete Herald* for 41 years until he sold the newspaper to Robert and June Fader in 1970. Helen Dwelley contributed to the production of the newspaper, including an ongoing “This and That” column until their divorce in the early 1960s.

Ms. Dawe was looking for interesting family tidbits from her late grandmother’s column to add to a family scrapbook from the archival copies of the *Concrete Herald* belonging to the Concrete Heritage Museum. The task proved to be overwhelming with the short amount of time available to her, so local historian Dan Royal will mail her a CD copy of front pages of *Concrete Herald* from 1913 to 1970.

Ms. Dawe was happy to find an interesting bit from her grandmother’s column that read, “Christmas at our house was a ball, and in Judy’s words ‘we flipped,’ we were so happy and excited over the holiday” (Jan. 1, 1959).



Judy Dwelley Dawe of McCleary, Wash., looks through old issues of *Concrete Herald* in August for tidbits from her late grandmother, Helen Grubb Dwelley, who wrote the This and That column for years. Photo by Dan Royal.

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# Sports

**Small but capable football squad this year**

The Concrete Lions football players faced their first opponent, Liberty Bell, on Sept. 2, with the fewest number of players they’ve had for years.

With only 20 helmets on this year’s team, Head Coach Ron Rood is both wary and optimistic about their prospects.

“It’s rare that we don’t have 30 players, but it won’t affect our strategy,” he said. “We should stack up well in our league. Orcas Island and Tacoma Baptist—we tied with them last year for league title; they’ll be strong again this year.”

With fewer players, Rood looks at the first home game—against South Whidbey, an AA school—with a careful eye. “We might get worn down,” he said. “They’ll suit up 70 players, we’ll suit up 20.”

But Rood is confident when he looks at the rest of the season schedule. Even with power player Kyler Howell graduated and gone, “we have two really good backs, and we returned four offensive starters,” he

said. “We’re not really big and not really numerous, but we have some younger backs that should do well. (Seniors) Tyler Clark and Tyler Kales will probably be our biggest threats this year. We should compete pretty good at our own level.”

Cody Corn is back too. The 6-2, 190-pound senior linebacker played only three games last year because of injuries. The team’s powerful offensive line remains relatively intact too.

Rood, 60, just retired from teaching after 36 years—26 of them spent at Concrete teaching mainly history, English, and physical education. He’ll focus his efforts on coaching now, with help from assistant coaches Kelly Howell, Chad Clark, and Josh Fichter.

A fierce competitor, Rood drives that focus into his players. “I think if we don’t get run down or injured or ineligible, I think we’ll be pretty competitive,” he said.

—J. K. M.



The Concrete Lions football team practiced under sunny skies Aug. 31. **Above:** Head Coach Ron Rood sets up a drill. **Middle:** Assistant Coach Kelly Howell calls out instructions to players. **Bottom left:** Senior quarterback Tyler Clark takes a snap. **Bottom right:** Coach Rood.



# Volleyball team strives to improve, win

By Matthew Williams, head coach

On Aug. 22, summer was put on hold for 18 young women as they shuffled into the Concrete High School gym. Their focus in the afternoons would shift from lakes, rivers, and fairs to the confines of a gymnasium. The first week of volleyball began in earnest for these young ladies as they readied themselves for another exciting season.

After winning their first league game in about a dozen years last season, this year’s squad has set loftier goals.

State? That would be a dream come true! Playoffs? That would be a definite plus. Winning? Ah, there’s the first step. Their simple goal is to “win more games,” said senior setter Bailey Dellinger.

Junior outside hitter Frankie Rohweder said her team goals will be, “to try and win more games than last year and improve, even if it’s just one game at a time.”

Junior middle hitter Kylee Warner

echoed her thoughts: “I’m just looking for improvement.”

With a solid group of returning starters, the leadership is there for the young squad. That will help tremendously with only two seniors turning out.

To do better this season, Dellinger said that they need to “buck up! We’re gonna have to go into games with a winning attitude. We need to have confidence and know that we can win.”

Wins are something the team would love to have more of, since they’ve been viewed as a rarity for the past decade. This year’s squad is ready for that image of them to dissolve.

“I want other teams to view us as competition,” Warner said. “If we work hard and give our all, we’ll do better as a team.”

The Lady Lions begin their season by traveling to Seattle to take on University Prep Sept. 6. They’ll return home Sept.

8 to tangle with neighbor and foe Sedro-Woolley. Sedro is a much larger, 3A school and competes in the Northwest Conference with 3A, 2A, and 1A schools.

Rohweder is a little nervous for the 3A matchup. “I really want to win,” she said. “It doesn’t really matter how big the school is. We’re better this year. We have more of a chance.”

To emphasize how much she’s looking for a turnaround season, she added, “I just really want to beat them!”

The positive attitude and outlook on the team will help the Lady Lions when it comes to league play. Concrete’s first Northwest 1A/2B League match is on the road against LaConner, who finished with an impressive second in state last year.

**Sports schedules are online**

Updated schedules for all Concrete School District sports teams are online and updated regularly. Go here:

[www.concrete.k12.wa.us/sports.html](http://www.concrete.k12.wa.us/sports.html)



Junior Kylee Warner (left), sophomore Samantha Christiansen, and freshman Kalysta Becker simultaneously serve during the high school volleyball team’s practice Sept. 1.

# Soccer team mostly returning vets

By Jason Miller

“I’m happier than I was with 11 last year.”

That’s the Lady Lions soccer team’s head coach, Adam Woodworth, who will suit up at least 14 players this year and dive into the fray.

For Woodworth, the added players are more than just uniforms. “We have a lot of returners; most of the players are returning, so there’s a lot of camaraderie,” he said.

In his sixth year coaching the team, and with a squad composed mostly of veteran players, Woodworth said he might have to show a little tough love. “They may

think they’re at the same level,” he said. “They may think they command the same amount of playing time. It might be tough for some to play a backing role. Some might need to learn a little humility.”

It’s a good problem to have, though: a team full of horses. Woodworth said the schedule looks good, with a blend of league and nonleague games, and decent periods of rest too, “although not so long that the girls get complacent,” he said.

“It’s challenging, but not overly.”

The challenge began Sept. 6, with a home-field matchup against Coupeville. The team has nine games in September. “We’ll keep our spirits up,” said Woodworth.

Women’s Soccer schedule			
Date	Opponent	Event location	Time
9.6	Coupeville	Concrete	5
9.8	Meridian JV	Meridian	4:30
9.10	Liberty Bell	Concrete	1
9.15	Mt. Vernon Christian	Mt. Vernon Christian	4
9.17	Ocosta	Ocosta	1
9.20	La Conner	La Conner	6:30
9.22	Friday Harbor	Concrete	3:30
9.23	Sedro-Woolley C Team	Sedro-Woolley	TBD
9.29	Orcas Island	Concrete	3:30



This year’s Lady Lions soccer team drilled Aug. 31 under the watchful eye of Head Coach Adam Woodworth (far right, in white shirt).

# Concrete Herald

The Voice of Eastern Skagit County

**Concrete Youth Activity Day Skateboard Contest winners**

<b>Beginner</b>	
1st place:	Jesse Stewart
2nd place	Chase Holder
3rd place	Chance Holder
<b>Intermediate</b>	
1st place	Jose Torres
2nd place	James Luttrell
3rd place	Sebastian Samora

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**CHS Open House/ Tailgate Party**

Before the first home football game, come support Concrete High School in the parking lot behind the high school.

**Sept. 9**

**Open House:** 5 to 5:30 p.m.  
Meet and greet the 2011–12 high school staff

**Tailgate Party:** 5:30 to 6:30 p.m.  
Music, cheers, games, and \$5 dinner with hamburger, chips, and water

Bring the whole family!

Proceeds go to the CHS ASB to help fund student activities.

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Parade

- Animal**  
Darrington Timberbowl Royalty
- Church/Community**  
Community Bible Church, Concrete
- Class Reunion**  
CHS Class of 1971
- Drill/Marching**  
Concrete High School cheerleaders
- Float**  
Sedro-Woolley Little League Softball
- Musical**  
TIE: Snohomish Sauerkraut Band  
Concrete High School Band
- Novelty**  
Lake City Western Vigilantes
- Vehicle, Auto**  
Chuck Metcalf Jr.
- Vehicle, Other**  
George Dickerson’s Homelite Tractor

Pet Show

- Best in Show**  
1st: Valentine (Anais Gurrola)  
2nd: Bit (Aunya Carpenter)
- Darn Cute**  
1st: Riley (Mary Kuebelbeck)  
2nd: Rufus (Shane Luttrell)
- Best Trick**  
1st: Trigger (Melissa Hockett)  
2nd: Trax (Tanner Wilson)
- Honorable Mention**  
Miss Lily (Sherrill Coville)

Firemen’s Muster

- Best Overall**  
Marblemount Volunteer Fire Department
- Hill Climb**  
District 8, East Battalion

No other results provided.

Cascade Days winners\*

Log Show

- Axe Throw**  
1st: Danny Coward  
2nd: Dave Dellinger  
3rd: Kodie Nick
- Stock Chain Saw**  
1st: Jarima Lenz  
2nd: Lee Williamson  
3rd: Dave Dellinger
- Modified Chain Saw**  
1st: Lee Williamson  
2nd: Dave Dellinger  
3rd: Judd Williams
- Unlimited Chain Saw**  
1st: Lee Williamson  
2nd: Jarima Lenz  
3rd: Dave Dellinger
- 2-Man Crosscut Saw**  
1st: Lee Williamson, Dave Dellinger  
2nd: Judd Wilson, Jarima Lenz  
3rd: Kodie Nick, Nickoel Nick
- 3-Man Relay**  
1st: Jerima Lenz, Kodie Nick, Ryan Moore  
2nd: Dave Dellinger, DJ Mitchell, Lee Williamson
- Choker Race, adult**  
1st: Kodie Nick  
2nd: George Nick  
3rd: Jarima Lenz
- Choker Race, 12 and under**  
1st: Tanner Wilson  
2nd: Grayson Luttrell

Show-and-Shine Car Show

Cascade Days Show-and-Shine welcomed 76 cars to this year’s event. Merchant- or individual-sponsored trophies went to (alpha by last name):

Pam and Jackie Aldridge, Dan and Sue Boesch, Noel Brown, Vic Carpine, Jeff Cory. Kathy Dahlbeck, Lonnie and Dixie David, Tom Dellinger, Art Dougan, Ken Dunn, Rick Gejka, Larry Higman, Brent Hoelzle. Kevin Jarmin, Shane Johnson, Fred Lively, Steve Melvor, Virgil Mellick, Michelle and Chuck Metcalf, Dwayne Mitchell. Roxanne Parish, Mickey Petro, Bill Pinkstaff, John Schilstra, Ron and Joan Shirk, Mark Stewart. Marvin Torie, Bob VanderLinden, Terry Walden, Gordon West, Terry Wilson.

Participant’s Choice went to Preston Bolan for his 1933 Chevy Rat Rod, which he built in only five weeks.

Chili Cook-off

- People’s Choice**  
Peggy Hatley
- 1st Place**  
Shelby Pratt
- 2nd Place**  
Becky and Gregg Snyder
- 3rd Place**  
Tammi Holman



Members of District 8 East Battalion pose with their trophy after winning first place in the Hill Climb event during the Firemen’s Muster at Cascade Days Aug. 20. From left, Blake Hanson, John Reno, and Chris Wood. Kids Laila Hanson and Kody Reno joined the photo op.

Jams and Jellies

- 1st Place**  
Alice Berner
- 2nd Place**  
Betty Seguin
- 3rd Place**  
Melissa Hockett



Peggy Hatley can’t seem to be defeated. Her chili recipe once again was named the People’s Choice at the Chili Cook-off during Cascade Days.

Buttons\* (alpha order)

Bea Bazinet, Nathan Brown, Rob Burns, Michael Carlon, Melissa Carr, Rodlynn Cheetham, Janet Clark, Carla Crawford, Sue Crinklaw.

Kaylee Diggs, Jason Driver, Pat Erwin, Michael Foster, Richard Frank, Jo Anne Gilbert, Clara Haight, Marietta Hendrickson, Manalchos Hodgins, Kelley House, Jennifer Hoyle.

Ember LaBounty, Valerie Lee, Michael McDonald, Randle McReynolds, Dannelle Mobley, Robert Nelson, Anita Nicklson, Nick Nickelson, Nick Nicklson, Gene Nisse.

Bobby Oneill, Katie Philbrick, Marty Smith, JoAnne Stafford, Cameron Swain, Mark Warpen, Daniel Williams, John Zartmart, John Zitkovich, Mickey Zitkovich.

No last name: Ray, Nancy S., Dan S.,

\* Prizes are available at Albert’s Red Apple Market. A complete list of winners and what they won is available at Red Apple.

Find Concrete Herald on Facebook!

\*As provided by Cascade Days organizers.

CONCRETE HERITAGE MUSEUM NEWS

What a great summer it has been, even though it started a bit late! The season came to an end for the **Concrete Heritage Museum** with the Labor Day weekend. You still can make an appointment to visit the museum or do research in our library outside of our regular hours by calling Robin at 360.826.3075 or e-mailing us at concreteheritagemuseum@stumpranchonline.com.

**Monthly meetings** are held year-round on the second Thursday of each month, at 7 p.m. at the museum. All meetings are open to the public.

Work is progressing on the **bathroom project**, although it’s not complete yet. Pressure washing has been done on the building, and the exterior painting project is under way.

On a special note, work will begin on making a documentary film about how Orson Welles’ radio broadcast of *The War of the Worlds* affected the Concrete area.

—Dan Royal

At the Upper Skagit Library

The Board of Trustees of the Upper Skagit Library has formed three committees to manage the long-range planning goals of the library district. These committees are composed of trustees, staff, and community members.

The Building Committee is planning for the growth of the library by checking out the various options available locally and figuring out an affordable and sustainable size of a building. The Marketing Committee is concentrating on making the library known in the community through mailings, booths during special events, and other forms of advertising. The Finance Committee is focusing on the district’s financial capabilities, both current and future, while investigating prospective grants, loans, and other fundraising opportunities.

If anyone is interested in serving on one of these committees, call Aimee at 360.853.7939 for details on the next meeting.

The library’s Marketing Committee had booths at Cement City Street Fair and Cascade Days. Feedback gathered during those events included interest in getting library cards, complimentary comments on the Library, requests for specific authors or DVDs to be added to the collection, and to increase the time open an additional day or extra hours. The four Board trustees who worked the booths (Ann Innes, Laurie Thomas, Ingeborg Hightower, and Heather Haj) gave away lots of free totes, coloring books, Frisbees, and other items, all donated for the events, along with library information. Many booth visitors were surprised to learn that the library in 2010 had more than 22,000 visitors and 7,000 computer users. The group considered the booths successful enough to do again in 2012.

National Park Service Artist in Residence Ian Campbell will arrive in September for a six-week residency to, he says, “redefine preconceptions of how humans experience nature through outdoor education.” He is trained as a landscape architect and designer, and utilizes technological tools to inspire new perspectives. Using a laser optical process, photography, drawings, and sculpture, Ian will seek to show how technology can create more meaningful and lasting connections between people and places in the North Cascades. Watch for the date of his talk at the library.

The September board meeting is Sept. 8, at 5 p.m. in the library.

—Aimee Hirschel



Kilroy’s Korner

By John Boggs

This month we’ll take a look at those benefits that last longer than we, the veterans, do. I’m speaking of the death and burial benefits available to veterans.

**National, state veterans cemeteries**

In 1862, President Lincoln signed into law legislation authorizing the establishment of national cemeteries. Today the number has grown to 113 and has been augmented by state veterans cemeteries, as well as programs to provide grants for gravesites in areas not adequately served by the system of national cemeteries.

The nearest national cemetery is the Tahoma National Cemetery in Kent, although there are three more national cemeteries in Oregon. Washington State maintains three cemeteries, located at Medical Lake, Orting, and Retsil. There is no charge for the gravesite, grave liner, opening and closing of the grave, a headstone or marker, and perpetual care as part of the national or state shrine.

Most veterans, including their spouses and minor dependent children, and in some cases parents, are eligible for burial in National Cemeteries. The most notable exceptions are those who have committed any national or state capital crimes, but there are too many specifics to list here. Reservations can no longer be made in advance, but reservations made before 1963 will be honored.

**Private cemeteries**

Headstones or markers are still available and allowances are available for burial and funeral expenses, and burial plots (\$300 each). Deaths resulting from service-related causes are eligible for higher allowances. However, for nonservice-connected deaths, there is a two-year time limit for applying for reimbursement of burial expenses.

Burial honors, flag, and Presidential Memorial Certificate are available, no matter where the veteran is buried.

As with everything from the VA, the proper forms and documentation are

Celebrations

Howard Boyd Royal will celebrate his 95th birthday this September at his home in Everett. He is the last living grandchild of the L. A. Boyd family, who came upriver in 1882 to join their in-laws, the George Savage family of Birdsvew, one of the first families in the area in 1878.

The photo below shows three of the five living generations during a recent visit of David Royal from Denmark to attend his brother Jon’s wedding. Howard is front and center with grandson Dan Royal, and great grandsons David Royal and Jon Royal in the back. Howard’s son Phil Royal of Bellingham will attend the birthday celebration. David and his wife Linda have three daughters at their home in Denmark.



Submitted photo.

required. Ensuring that your descendants have access to your discharge certificate (DD-214, DD-215, or WD form for WWII veterans) is essential in this process. Otherwise, they will need your Social Security number, date of birth, branch of military service, service number, and service dates.

Information extracted from the booklet: *Federal Benefits for Veterans, Dependents, & Survivors, 2011 Edition, from the Department of Veterans Affairs. Also available at www.va.gov/opa/publications/benefits\_book.asp.*

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A complete list of distribution points is posted online at [www.concrete-herald.com/about-the-herald/distribution-points](http://www.concrete-herald.com/about-the-herald/distribution-points)





District losing teachers to retirement, other employers

After losing high school principal Don Beazizo and elementary school principal Matt Whitten at the end of the 2010–11 school year, Concrete School District has lost some of its teachers to retirement, Mount Vernon High School, and Skagit County.

The district’s enrollment numbers have been falling during the past decade, which may account for some of the movements made by its teachers.

After almost 15 years with the district, teacher Mike Criner resigned his position at Concrete High School to teach computer repair, digital communications, and Web design at Mount Vernon High School. At Concrete, Criner taught pre-engineering classes, based on the science, technology, engineering, and math standards (STEM).

Criner also taught communications (including yearbook), and served as advisor for the school’s robotics program. The robotics team made impressive showings at state competitions; in his rookie year, Criner won the coveted Woodie Flowers Award for his efforts with the team. With Criner leaving, the future of the robotics program is uncertain; Superintendent Barbara Hawkings could not be reached for comment.

The district also recently lost 26-year teacher Ron Rood, and 21-year veteran Comador Stewart to retirement. Another teacher, Shawn Thompson, resigned after 10 years to accept a position with Skagit County as a juvenile detention manager. After three years with the district, school psychologist Beth Nyblade resigned to accept a new position in a district closer to her home.

**Filling the gaps**  
Concrete School District has moved to replace some of the outgoing staff, hiring Christopher Bartness as school



psychologist. Bartness had previously worked with the district. Beazizo and Whitten were replaced by Alternative Education Director Mike Holbrook and former Concrete assistant principal Rob Dahl, respectively. Beazizo’s role as athletic director was filled by Ashleigh Howell, who currently serves as a co-head coach for the high school’s track and field team. “Sports and working with kids has always been a passion of mine. Now, as athletic director, I get to enjoy and work with both,” said Howell.

Women’s Retreat slated for Oct. 7–9

The Upper Skagit Valley Women’s Ministries team will hold its annual nondenominational Women’s Retreat Oct. 7–9 at the Baker Lake Lodge.

This year’s theme is “Choose Forgiveness,” featuring speaker Karen Ellison. The event will offer an additional day this year, beginning Friday night and continuing through Sunday morning, including worship services. The new, expanded format allows attendees to make a choice of an extra day of participation.

Registration brochures were made available in mid-June and mailed out to all previous participants. Brochures also are available at various outlets within the community.

The retreat features worship and learning opportunities in a relaxed and casual Christian atmosphere. The group’s stated mission is to provide an interlude of inspiration and refreshment for women in east county communities.

Details and a registration form can be found at [www.stumpranchonline.com/upperskagitwomen](http://www.stumpranchonline.com/upperskagitwomen). Interested women also may call 360.826.3849 or 360.826.6141.

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Bus routes

Bus routes will be the same as last year. Students will be picked up and dropped off at their stop at approximately the same time as last year as well. Anyone new to the district who needs more information on bus routes or times is asked to call the bus garage at 360.853.8117 or 360.853.7331.

Free Puyallup Fair tickets

The Concrete Elementary School office has free student Puyallup Fair tickets for students enrolled in the Concrete School District or who have filed an intent to homeschool through the district office. Tickets are good for any day between Sept. 9–25 at the Puyallup Fair.

**Find Concrete Herald on Facebook!**

2011–12 meal prices

Lunch

Reduced: \$.40 for 4–12th grade  
Free for K–3rd grade  
Elementary, K–6th grade: \$2.50  
Middle/high student, 7–12th: \$2.75  
Adult: \$3.50

Breakfast

Reduced: If student qualifies for free and reduced meals, breakfast is free  
Elementary student: \$1.25  
Middle/high student: \$1.25  
Adult: \$1.75  
Milk: \$.50

Free/reduced meal application

Parents or guardians who need an application for free or reduced meals may pick one up at their child’s school, the district office, or on the district’s Web site at [www.concrete.k12.wa.us](http://www.concrete.k12.wa.us). Click on the “Parents” tab, then “cafeteria menus,” then the link for the free/reduced application. Anyone who qualifies as “direct cert” does not need to fill out an application.

**Fire, Water, Bear, and Snow**

Fire  
Oh, I live in the fear of the water.  
It can sweep me up and throw me down.  
I live in the fear of the water.

Water  
Oh, I live in the fear of the bear.  
It can slash me with its claws and drink me up too.  
I live in fear of the bear.

Bear  
Oh, I live in the fear of the snow.  
When it comes, I must go.  
I live in the fear of the snow.

Snow  
Oh, I live in the fear of the fire.  
With its hot, hot fire, it can burn me up.  
I live in the fear of the fire.

Paul Lee, 10  
ESL student, Foothills Christian School  
*Submitted by tutor Heather Jordan, Birdsvie*

**Concrete Herald**  
*The Voice of Eastern Skagit County*

Skagit Farmers Supply awards scholarships to area students

Skagit Farmers Supply has announced six “Careers in Agriculture” scholarship awards to local area students for the 2011–2012 academic year.

Awarded \$1,000 scholarships were Lance Kidder, Brandon Nickels, Katie Nickels, Colbey Nelson, JoDee Snyder, and Emily Martin.

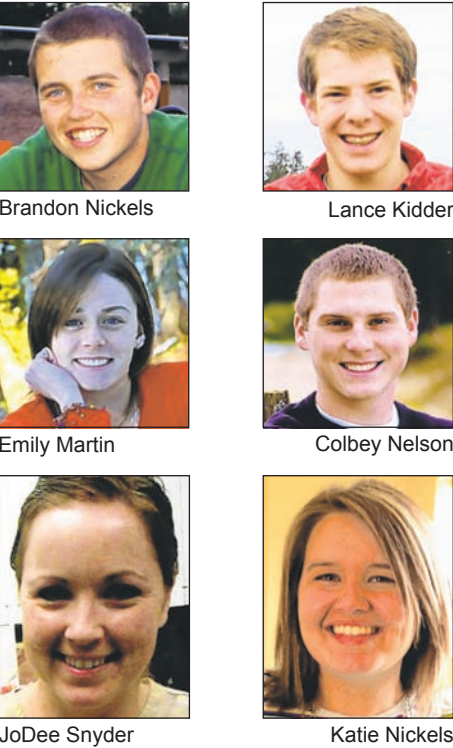
Lance Kidder, son of Jay and Monica Kidder of Coupeville, will attend Washington State University, where he will undertake freshman studies in Animal Science in preparation for veterinary school.

Brandon Nickels, son of Gerald Nickels and Heidi Montoya of Stanwood, also will enroll as a freshman at Washington State University, studying Agricultural Business.

Katie Nickels, daughter of Gerald Nickels and Heidi Montoya, will continue her studies at Washington State University as a junior, pursuing degrees in Agricultural Education and Economics.

Colbey Nelson, son of Norm and Sherrie Nelson of Burlington, will enter Washington State University this fall with a focus on Communications and Agricultural Business.

JoDee Snyder is studying for her Veterinary Technician degree through Penn Foster College. Jodee’s future plans are to complete her Doctor of Veterinary Medicine degree. She currently lives in Oak Harbor with her husband and children.



Emily Martin will graduate from South Whidbey High School this spring and continue her education as a freshman at Oregon State University, studying Environmental Horticulture Science.

Skagit Farmers Supply, in business since 1934, is a locally owned cooperative with agronomy centers, fuel and propane delivery, and retail “Country Stores” throughout Skagit, Island, and Snohomish counties. The company annually awards scholarships to area youth pursuing careers in agriculture or agricultural-related fields.

East county citizens at the Skagit County Fair

Citizens from Sedro-Woolley east brought their talents and pets to the Skagit County Fair in August, bringing home more than a few honors. Here’s a brief rundown of some of the winners.

**Taleah Werda, Concrete**  
Dog: Graduate Novice Obedience: Red and Reserve Champion  
Showmanship: Blue and Champion  
Dog Bowl: Blue and State Team  
Judging: Red  
Knowledge Test: Phase 3 Red  
Rabbit: Showmanship: Blue  
Type: Blue and Best of Class  
Judging: Blue  
Sewing: Two Blues  
Baking: Three Blues  
Food Preservation: One Blue  
Gardening: Two Blues and Best of Class  
Flowers: One Blue and Best of Class and Division  
Woodworking: One Red

**Craft:** One Red  
**Photography:** Four Blues, four Reds  
**Photo Story and Theme Board:** Two Blues  
**Photo Album:** Blue  
**Performing Arts:** Red  
**Educational Posters:** Three Blues  
**Josiah Werda, Concrete**  
Dog: Pre-Novice B Obedience: Blue  
Showmanship: Blue  
Dog Bowl: Blue and Reserve State Team  
Judging: Red  
Knowledge Test: Phase 3 Red  
Rabbit: Showmanship: Blue  
Type: Blue and Best of Class  
Judging: Blue  
Baking: Two Blues, Best of Class and Division  
Food Preservation: One Blue  
Woodworking: One Red  
Crafts: One Blue, one Red  
Model: One Blue  
Photography: Five Blues, three Reds  
Photo Story: One Blue  
Photo Album: One Red  
Educational Posters: 3 Blues, one Red  
**Bethany Werda, Concrete**  
Dog: Pre-Novice B Obedience: Blue  
Showmanship: Blue

Dog Bowl: Blue  
Judging: Blue and High Orals  
Knowledge Test: Blue  
Rabbit: Showmanship: Blue  
Type: Blue  
Judging: Blue  
Baking: One Blue, one Red  
Food Preservation: One Red  
Woodworking: One Red  
Gardening: One Blue, Best of Class, one Red  
Photography: Eight Blues  
Performing Arts: Red  
Educational Posters: Three Blues  
**Iona Werda, Concrete**  
Cat: Showmanship: Blue and Champion  
Type: Blue and Reserve Champion  
Judging: Blue  
Rabbit: Showmanship: Red  
Type: Red  
Baking: One Blue, one Red  
Food Preservation: One Blue  
Sewing: Two Blues  
Craft: One Red  
Woodworking: One Blue  
Art: One Blue, Merit, two Reds  
Educational Posters: Three Blues, one Red  
Iona Werda will show her cat at the Puyallup Fair the weekend of Sept. 9. Taleah, Josiah, and Bethany Werda will show their rabbits the weekend of Sept. 16, and their dogs the weekend of Sept. 23. All their nonanimal entries that received Blue ribbons will be shown at the Puyallup Fair as well.

**Becca Torheim, Concrete**  
Cat: Type: Blue, Best Kitten  
Cage: Blue  
Showmanship: Blue  
Goat: Showmanship: Blue  
Type: Best Nigerian Dwarf Goat  
Four Blues  
Dog: Obedience: Red  
Showmanship: Blue  
Agility: Two Whites  
Becca Torheim will go to the Puyallup Fair with her cat, goat, and dog.

**Kimberly Torheim, Concrete**  
Cat: Showmanship: Blue/Reserve Champion  
Type: Blue/Reserve Champion  
Cage Decoration: Blue  
Dog: Showmanship: Blue  
Obedience: White  
Agility Jumpers: Blue/Champion  
Agility Standard: White  
Bowl: Blue  
Knowledge Test: Blue  
Costume: Blue  
Judging: Red  
Breed Poster: Red  
Educational Poster: Blue

Earrings: Blue  
Dill Pickles: Blue  
No-Bake Cookies: Blue  
Tie Dye Shirt: Blue  
Decoupaged Trash Can: White  
Decorated Jean Pocket: Red  
Spray Painted Shirt: Red  
Decoupaged Canvas: Red  
Goat: Showmanship: Blue  
Type: Four Blues (four goats)  
Educational Poster: Blue  
Public Presentation: Blue, Merit (with Caleb Harrison)  
Kimberly Torheim will compete in the state competition at the Puyallup Fair in the following categories: Cat, Dog Obedience, Dog agility (Standard and Jumpers), Dog Educational Poster, Goats, Public Presentation, Earrings, Dill Pickles, No-Bake Cookies, Tie Dye Shirt, Goat, Educational Poster.

**Emilee Fenley, Rockport**  
Emilee Fenley is a member of Trailblazer 4-H club. She was placed on the senior equine gaming team with her horse, Lexi. Emilee and Lexi received first place Grand

Champion in pole bending this year at the Skagit County Fair. She will perform at the Paulhamus Horse Arena at the Puyallup Fair from Sept. 12–15.

**Megan Fenley, Rockport**  
Megan Fenley is a member of Furs-n-Things 4-H Club. Her accomplishments at the Skagit County Fair include a Merit award for her stained glass stepping stone and Best of Class ribbons for photography, baking, and table decorating. She received a total of 27 blue ribbons (first place) and three red ribbons (second place) this year. Any entry that received a blue ribbon is eligible for entry at the Puyallup Fair.

**Kate McLaughlin, Birdsvie**  
Dog: Obedience: Grand Champion  
Showmanship: Blue  
**Caleb Harrison, Concrete**  
Dog: Showmanship: Blue  
Obedience: Red, Reserve Grand Champion  
Costume: Blue  
Brace: White  
Food Preservation: Pickles: Red  
Salsa: Blue  
Strawberry jam: Blue  
Corn relish: Best in Class

Performing Arts: Piano: Blue, Merit  
Public Presentation: Blue, Merit (with Kimberly Torheim)  
Caleb has qualified to compete at the Puyallup Fair in dog obedience, performing arts, and public presentation.

**Judy Johnson, Sedro-Woolley**  
Best of Class, group quilts: “My Northwest Garden”  
Best of Class Reserve: Table runners: “Star Dancer”

**Linda Downing, Sedro-Woolley**  
Best of Class, Small Quilts, Senior Division:  
Log Cabin Roses  
**Adrienne Smith, Concrete**  
Photography: Portraits: First, “A mother’s guard”  
Best of Class, “Bathing Robin”  
Best Overall, Nature and Animals, “Male Rufus Hummingbird”

Did I miss you?

If you didn’t see the notices on Facebook for Skagit County Fair information, e-mail your name, event(s) you placed in, and your town of residence by Sept. 26 to [editor@concrete-herald.com](mailto:editor@concrete-herald.com) for inclusion in the October issue of *Concrete Herald*. You may also call 360.853.8213 with your information.



Mikayla Rolfs’ dog, Josie, jumps over an obstacle at Rolfs’ command during the Graduate Novice Obedience competition at the Skagit County Fair on Aug. 11. Rolfs, 14, lives in Mt. Vernon.





# Clear Lake



## Scenes from a street fair



Photo by Shelley Van Pelt.

## Apple Club accepting enrollments

By Erin Greene

The Apple Club, a before- and after-school program of Community Covenant Church in Clear Lake, is now accepting enrollments.

The church was approached by Clear Lake Elementary principal Henk Kruijthoff last fall through Clear Lake Community Connection, as there are no child care options in Clear Lake, which caused a hardship for local families.

Church members have been working for this program to become licensed by the WA State Department of Early Learning, modeling it after such respected childcare facilities as North Cascade Child Development Center in Sedro-Woolley and Crossroads Early Learning Center in Burlington.

The Apple Club will provide its faith-based children's program at the church beginning Aug. 31. The program is hiring for lead teachers and accepting enrollments for children ages 5 to 12.

Hours of operation will be from 7 to 9:30 a.m. for the morning session, noon to 3:30 p.m. for the kindergarten session, and

3:30 to 6 p.m. for the afternoon session.

A group at Clear Lake Elementary already hosts a kindergarten tutoring session on Tuesdays, Wednesdays, and Thursdays, so The Apple Club will offer its kindergarten session only on Mondays and Fridays.

The Apple Club will be open on school days and will follow the Sedro-Woolley School District calendar for closures and holidays. The church has made every effort to provide this service at minimal cost to families, charging only \$6 per day per child for the morning session, \$12.50 per day per child for the kindergarten session, and \$10 per day per child for the afternoon session. Families enrolled in DSHS for childcare billing are welcome, and participants need not subscribe to the church's belief system to attend.

Church members hope this program will benefit neighboring families from Big Lake and Sedro-Woolley as well.

An open house was held Aug. 24, from 5:30 to 7:30 p.m.

For more information on The Apple Club program, call 360.202.8947 or send an e-mail to erin.appleclub@gmail.com.

*Erin Greene is director for The Apple Club.*

Sat., Aug. 27, brought the 4th annual Clear Lake Street Fair to town, provided by the Clear Lake Community Connection.

Thirty-six vendors and several nonprofit organizations enjoyed the beautiful weather, the food, and activities. Clear Lake Historical Association sold baked goods, The Village from Clear Lake First Baptist Church had lots of activities at Clear Lake Elementary with bands, a

silent auction, and lots of bouncy toys for kids of all ages to enjoy. Clear Lake Community Connection sold hamburgers. The Chihuahua Rescue Group sold dog accessories to help support their rescue efforts.

Anyone interested in participating in next year's street fair on Aug. 25 is encouraged to contact Karen Wilson at 360.856.4253.

—*Sylvia Matterand*



**Top:** From left, Darrel Gadbois, Andy Mitchell, and Judy Olson sell hamburgers and hot dogs for Clear Lake Community Connection. *Photo by Sylvia Matterand.*

**Middle:** Jean and Cecil Little of Anacortes brought their custom made garden "flowers" to the street fair. *Photo by Shelley Van Pelt.*

**Bottom:** This little toothless Chihuahua is named Chance. He tagged along with the folks from Chihuahua Rescue and Referral, which rescues them, then finds foster—and permanent—homes. *Photo by Kathy Schmidt.*



## Community Calendar



### SEPTEMBER

- 7, 8, 13, 21 United General Hospital Community Forums, various locations; see article, p. 3; info at communications@unitedgeneral.org, 360.856.7323, or www.unitedgeneral.org/alliance
- 8 Project Homeless Connect / Veterans Stand-down, Skagit Valley College, Mt. Vernon, 9 a.m. to 4 p.m.; see article, p. 11, and shuttle schedule, p. 33; info at 360.853.7009
- 9 CHS Open House/Tailgate Party (open house: 5–5:30 p.m.; tailgate party: 5:30–6 p.m.), CHS parking lot behind high school; see notice, p. 8; info at 360.853.8143
- 10–11 Founders' Day, Sedro-Woolley; see article, p. 16; info at 360.855.2390 and www.sedrowoolleymuseum.org
- 10–11 Play Day for horses and humans, Darrington Rodeo grounds; see notice, p. 25; info at www.darringtonrodeogrounds.com/event-information.php
- 14 Back-to-School Community BBQ and Open House, Darrington School District parking lot and cafeteria, 5 to 8 p.m.; hot dogs, hamburgers, potluck dessert; free admission; info at 360.436.0308 or 360.436.1140
- 14 Lyman Back-to-School Parade, Lyman, 6 p.m.; see article, p. 18; info at www.facebook.com/lymanschoolparade
- 15 Darrington Ranger District Open House, Darrington Ranger Station, 3 to 8 p.m.; see notice, p. 25; info at 360.436.1155
- 17 Community garden fence-staining event, Angele Cupples Community Garden, Main St. and Superior Ave., Concrete; 9 a.m. to 5 p.m.; see notice, this page; info at goodwords@frontier.com or 360.853.8213
- 17 Author Bernadette Pajer signs books at Mountain Loop Books and Coffee, Darrington, 10 a.m. to 4 p.m.
- 17 Drive Out Human Trafficking double event; see article, p. 34
- 17 BINGO at Concrete American Legion, Concrete Town Center, 6 p.m.
- 19 Community Bible Church "His Kids Fall Fun Nights" kick-off ice cream social, Community Bible Church, Concrete, 6:30 p.m.; info at debkayr@hotmail.com or 360.873.4348
- 24 American Alps Challenge, Diablo Lake and vicinity; see article, p. 26; info at www.americanalps.org/challenge
- 24 Yellow Ribbon Poker Ride, Sedro-Woolley, see article, p. 17; info at www.swcommunitytroopssupport.com
- 24 North Cascades Institute's 25th Anniversary Celebration, 11 a.m. to 2 p.m.; free admission; info at www.ncascades.org/picnic
- 30–
- Oct. 2 2011 Quilt Festival, Maple Hall and La Conner Quilt & Textile Museum, La Conner; see article, p. 34; info at 360.466.4288; event listing at www.laconnerquilts.com

### OCTOBER

- 1 "Lightning & Loneliness" presentation, Mansford Grange, Darrington, 1 and 4 p.m.; see article, p. 25; info at 360.436.1562 or 360.436.0675
- 1 BINGO at Concrete American Legion, Concrete Town Center, 6 p.m.
- 1, 8, 15,
- 22, 29 Ghost Walk, beginning at Concrete Theatre at 6 p.m.; info at www.concrete-wa.com
- 7–9 Upper Skagit Valley Women's Ministries Women's Retreat, Baker Lake Lodge; see notice, p. 12; info at 360.826.3849 or 360.826.6141
- 8 Harvest Festival, Mansford Grange, Darrington, 10 a.m. to 3:30 p.m.; see notice, p. 25
- 8–9 Fall Color Festival, Concrete; info at www.concrete-wa.com
- 1–2 Skagit Valley Festival of Family Farms, area farms, 10 a.m. to 4 p.m., free admission; info and schedules at www.farmtour.com

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

## Community meetings

**Concrete Chamber of Commerce** meets the second Thur. of each month at 8 a.m. Meetings usually are held at Hi. Lo. Country Bar & Grill, 7296 Baker St., Concrete Town Center. 360.466.8754 or concretechamber@mac.com.

**Concrete Eagles Aerie 1444** holds Aerie meetings the first and third Wed. of each month at 7:30 p.m., and Auxiliary meetings the first and third Tue. at 7:30 p.m., at 45930 Main St., Concrete. tuffenuf1@frontier.com.

**Concrete Lions Club** meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

**Concrete School Board** will meet Sept. 29 at 6 p.m. in the high school Commons. The board will hold a workshop Sept. 26 at 6 p.m. in the high school Commons. 360.853.8141.

**Concrete Town Council** meets the second and fourth Mon. of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or andrea@concretewa.gov.

**Darrington Area Business Assn (DABA)** meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

**Darrington Town Council** meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or darrcityhall@glacierview.net.

**Forest Park Cemetery District #5** meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

**Friends of Upper Skagit Library** meets annually in Feb. each year. 360.853.8549 or uslfriends@gmail.com.

**Hamilton Town Council** meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

**Imagine Concrete** meets the second Wed. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. 360.853.8213 or goodwords@frontier.com.

**Lyman Town Council** meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or clerk\_lyman@msn.com.

**Saukrates Cafe** meets the first Thur. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

**Sedro-Woolley Chamber of Commerce** meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

**Sedro-Woolley School District Board** meets the second and fourth Monday of each month at locations TBA, at 7 p.m. Its Sept. 12 meeting will be held at the Support Service Building at 317 Yellow Ln., off Cook Rd. Its Sept. 26 meeting will be held at Clear Lake Elementary School. Info at 360.855.3500 or rmiller@swsd.k12.wa.us.

\*To add your organization's meeting to this list, e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com) or call 360.853.8213.

## Help stain the community garden fence!

**Angele Cupples Community Garden, Concrete**

**Sat., Sept. 17, 9 a.m. to 5 p.m.**

**(Rain date: Sat., Sept. 24, 9 a.m. to 5 p.m.)**

Wear old clothes! Bring a 3-in. brush, gloves, and a small container to hold stain. Stay as long as you like! Questions? 360.853.8213 or goodwords@frontier.com.

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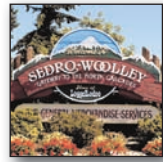
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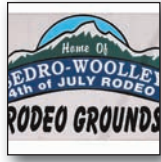
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# Sedro-Woolley



## Founders' Day

Family-focused event returns for its 17th year.

Originally designed to be a family-friendly fundraiser for the Sedro-Woolley Museum, Founders' Day has come a long way since its debut in 1994.

Organizers have tweaked the event lineup to find that sweet spot that draws crowds every year, said museum President Carolyn Freeman.

"It's still designed to be a family affair, with minimal or free admission for most events," she said.

This year's agenda for the two-day event begins with breakfast on Sat., Sept. 10, from 8 to 11 a.m. at the Senior Center. At 10 a.m., a video of the 1914 bank robbery will be shown at the Sedro-Woolley Museum. At noon, the popular bank robbery reenactment will play out in the street in front of the museum, followed by



a 1 to 4 p.m. open house at the museum.

Sunday takes the festivities to Riverfront Park for an open car show from 9 a.m. to 4 p.m. A community picnic in the park will serve up hot dogs, chips, a cookie, and pop for \$3 a plate.

For more information and a complete Founders' Day schedule, call 360.855.2390 or go to [www.sedrowoolleymuseum.org](http://www.sedrowoolleymuseum.org).

—J. K. M.

## Founders' Day

**When:** Sept. 10–11, all day both days

**Where:** Sat.: S-W Museum and Senior Center  
Sun.: Riverfront Park, Sedro-Woolley

**Cost:** Varies from free to \$5 per event

**Info:** [www.sedrowoolleymuseum.org](http://www.sedrowoolleymuseum.org)  
360.855.2390

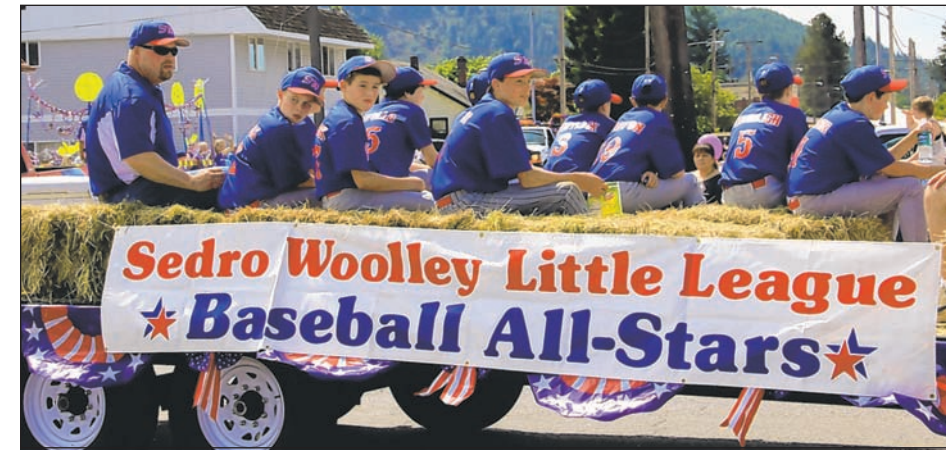
## Poker Run numbers down, spirits up

Sedro-Woolley Community Troop Support held its 2nd Annual July Poker Run on July 30, pulling in about \$900 after expenses. That figure was down from last year, when the event netted just over \$1,600 for the organization, which sends letters and care packages to troops stationed overseas.

The July 30 run began with breakfast at the Sedro-Woolley Eagles Aerie 2069 and traveled up South Skagit Highway to Eagles In Flight in Concrete. From there it ran west to Cascade Mercantile in Lyman, up to Sumas via Kendall, and ended with a party at Mt. Baker Harley-Davidson in Bellingham. The weather cooperated for the 45 participating bikers.

Organizers encourage all those interested to mark their calendars for next year's event, to be held July 28.

—J. K. M.



By popular demand, more Loggerodeo photos! Photos by Kristina Collins.



Emily Morrison of Mount Vernon shows off her prize-winning Shih Tzu, Shelby, who captured the "Smallest Dog" award at the first Bark Park Festival in Sedro-Woolley Aug. 7. The festival was hosted by Friends of the Sedro-Woolley Bark Park and drew dozens of dogs and their owners. Events included a "pooch parade," a hair dye station, a popcorn-catching contest, and bobbing for hot dogs.



Sedro-Woolley Mayor Mike Anderson walks with Otis, his 3-year-old Jack Russell Terrier, during the doggie cake walk at the Bark Park Festival Aug. 7. Anderson's wife, Julie, won the competition, walking with the couple's other Jack Russell, Ruby. The festival was a fundraiser for the bark park.

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A Senior Services of America  
Managed Community



Sedro-Woolley Allstate agent Pola Kelley stood with fellow agent Joshua Anderson in front of her home office Aug. 23. After almost 13 years, Kelley retired from the insurance business; Anderson will serve her customers from his Mount Vernon office. "[Allstate] made me an offer I couldn't refuse," said Kelley. This year the insurance provider gave its younger agents the opportunity to buy out its older agents. Kelley and Anderson went through the process and emerged with a win-win agreement.

Kelley will continue to serve Sedro-Woolley as its Chamber of Commerce director, but says she'll spend more time traveling in her newly purchased motor home.

"Josh is a great young man, and I think he's going to do very well with my clients, so I hope they stick with him," said Kelley. Anderson can be reached at 360.428.8844 or [jdanderson3@allstate.com](mailto:jdanderson3@allstate.com).

**We Need Your Help!**  
Become Part of the Adopt-a-Highway (AAH) Program

As a **Volunteer**, your group would pick up litter four times per year.

- Adopt a section of roadside (usually two miles).
- AAH sign with group name placed at site for recognition.

As a **Sponsor**, your business hires a contractor to pick up litter six times per year.

- Adopt a section of roadside (median, interchange, ramp, or right of way).
- AAH sign with company name/logo placed at site for recognition.

**Adopt-a-Highway**  
**360-705-7866**  
[www.wsdot.wa.gov/operations/adoptahwy](http://www.wsdot.wa.gov/operations/adoptahwy)

Soroptimist International of Sedro Woolley  
Washington State Department of Transportation

## Saying "cheese" for the DOT

The Washington State Department of Transportation has selected a photograph of members of Soroptimist International of Sedro-Woolley for a poster promoting the state's Adopt-a-Highway program. Local Soroptimist volunteers have collected litter on a two-mile stretch of Highway 9 north of Sedro-Woolley for 16 years as part of Adopt-a-Highway.

Led by Dr. Christine Johnson, club members pick up litter quarterly and stress safety, as well as cleaner roadsides.

From left, Pat Hammond, Christine Johnson, Sue Didway, Elinor Nakis, Lisa Janicki, and Becky Taft. Photo by Judy Johnson.

## Yellow Ribbon Ride planned

Sedro-Woolley Community Troop Support has announced its Yellow Ribbon Poker Ride, a classic car and motorcycle poker run scheduled for Sat., Sept. 24.

The Yellow Ribbon ride will start at 9 a.m. at Coho Liquidation, 408 Metcalf Street in Sedro-Woolley, then travel to Sound Harley in Smokey Point. From there it will come up through Darrington and on to Rockport Pub; then head west to Eagles In Flight in Concrete. The ride will end at Challenger Ridge Vineyard just west of Concrete for cash pot prizes, a

50/50 raffle, and a party.

The entry fee is \$30 for driver/rider and \$20 for passenger. The cost includes participants' entry into the afterparty, plus entertainment and lunch.

The party at the vineyard includes a catered lunch, wine tasting, jet boat rides on the Skagit, door prizes, and free music by Amethyst Skull.

Pre-registration is requested and strongly encouraged. Register by Sept. 21 at [www.swcommunitytroopsupport.com](http://www.swcommunitytroopsupport.com) or mail to SWCTS Ribbon Run, P.O. Box 817, Sedro-Woolley, WA 98284.

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**SEDRO-WOOLLEY MUSEUM & GIFT SHOP**

**Founders' Day**  
**September 10-11**

725 Murdock St. | 360.855.2390  
[www.sedrowoolleymuseum.org](http://www.sedrowoolleymuseum.org)





# Lyman



## Back to School Parade to pound the pavement Sept. 14

By Tammie Werner

The 7th annual Lyman Elementary Back to School parade will hit the streets of Lyman on Wed., Sept. 14, at 6 p.m.

The parade celebrates the start of the new school year and is immediately followed by an open house at the school. This is a fun event to meet the teachers and staff, see your children’s classrooms, and tour the school. Lyman Booster group is sponsoring a Book Fair in the gym to benefit the school library, so be sure to stop by.

Classes will compete for the best theme, costumes, student participation, and behavior to win a class party. Competition is always high for the honor of winning First Place and having bragging rights, not to mention the party. Classes are encouraged to decorate floats this year to help with keeping the pace moving smoothly during the parade. If you have a trailer, pickup, or flatbed truck that a classroom could use, please contact parade organizer Tammie Werner at

360.826.3818 or oney\_brat@yahoo.com. Community and civic groups are welcome to participate, but they’ll need to register with Tammie by Sept. 9.

**Grand Marshal reflects town values**  
This year’s Grand Marshal is Lyman resident Elaine Kohler. Elaine is quite involved in community activities and volunteers her time as the town librarian, makes numerous scarves and supports the Lyman Angel Tree, volunteers at the Lyman Food Bank, and is a member of the Sedro-Woolley Community Troop Support writing team. Elaine holds a first-degree black belt in shoushu karate with a title of *Shifu*, which means “teacher.” She volunteers her time and knowledge teaching free self-defense classes at the Sedro-Woolley Senior Center and has taught in them in Lyman as well. She is an Air Force veteran, having worked in the crypto center (one of the first women ever to attend the school) and was the crew chief. Elaine is a proud great-

grandmother, with number 11 due in January. She enjoys the small town values and way of life, and believes in helping others. We are honored to have her as this year’s Grand Marshal.

**Parade route**  
The parade route is from S. Main Street to W. Main St., following W. Main St. to Lyman Ave. and ending at the school. East 2nd St. and S. Main St. between 2nd and 3rd streets will be closed at 5:15 p.m. for parade preparation. In addition, all of W. Main Street from the intersection of S. Main and E. Main to Lyman Avenue and their intersections will be closed at 5:50 p.m. for the parade and will reopen immediately following the parade. Residents are encouraged to use alternate routes where possible or be patient and enjoy the parade while streets are closed.

Residents and families of Lyman Elementary students are encouraged to come out to support the school, staff, and kids. Spectators are urged to line the entire parade route as much as possible. The Town Park is always full of parade watchers, but it is wonderful for the participants to see people along the entire route as well.

Photos and information are available on Facebook at [www.facebook.com/LymanSchoolParade](http://www.facebook.com/LymanSchoolParade).



Rapper Josh Donnell poses with his little groupies during Praise in the Pasture Aug. 27. The event, hosted by Lyman Baptist Church, drew about 200 people, according to organizer Stacy LaCount. Photo by Stacy LaCount.

## Lyman Library tales

By Elaine Kohler

The library is all reset and in order, thanks to my helpers. We now have a place for you to put books being donated and those being returned. The donated ones are on a shelf of their own after being checked and separated. That way you can check right away and see if any of your favorites are there. We share our space now with the food bank on a full-time basis and it looks like it will work out great for everyone. The library is actually open all day Thursday since the food bank opens at 11 a.m.

My book choice this month is called *A Skeleton in God’s Closet*, by Paul L. Maier. It is fiction and a mystery that deals with the concept of what would happen



Lyman’s own Elaine Kohler will be Grand Marshal during this year’s Lyman Elementary Back to School Parade. A fixture in town, Kohler volunteers as the town librarian, as well as contributing to the Lyman Food Bank, Lyman Angel Tree, and Sedro-Woolley Community Troop Support efforts. An Air Force veteran, Kohler holds a first-degree black belt in shoushu karate and teaches free self-defense classes at the Sedro-Woolley Senior Center. *Submitted photo.*

if the bodily remains of Jesus Christ were found. Imagine the impact on all the religions based on the resurrection. It started a little slow, but as it went on I became more and more intrigued as to how this could happen and if it was a hoax, how did they do it? I have to admit it took me to the very end to know how it all was done. If you are looking for a mystery that is a little different from the usual shoot-em-ups, I recommend it.

On the subject of donations: We are again accepting donations. We ask that you only bring books in good condition and for pleasure reading. We do not accept reference or school books. I have a few boxes left with books that were so unusable they had to be disposed of. If the books are not in a condition to be in your home, we cannot use them. Please recycle.



# Day Creek



## Discover Pass sales through July reported

OLYMPIA — During the first six weeks of sales, the new Discover Pass raised \$2,914,434 in revenue to support state parks and other public recreation lands in Washington.

Of that total, \$1,008,469 in pass sales during July were reported at state parks and another \$1,905,965 were made through the Washington Interactive Licensing Database (WILD) managed by Department of Fish and Wildlife (WDFW) through a private business vendor.

Don Hoch, Washington State Parks director, said those sales are critical to the future of state parks, which must now rely on user fees and donations to cover costs.

For more information and to buy the Discover Pass, go to [www.discoverpass.wa.gov](http://www.discoverpass.wa.gov) or call 866.320.9933.

## Community notes

Day Creek is looking for **ideas for community events**—for fun and fundraising. These events will help us get to know our neighbors and help support our fire hall too. Coming events include a music and potluck evening, a firefighters appreciation dinner, and movie nights. Dates for these events will be announced later. If you have an idea, call Donna Pulver at 360.826.3003 or Kathy Henderson at 360.826.3581.

The ladies of Day Creek Chapel will host a yearly **Women’s Retreat** at Camp Casey. This year’s camp is scheduled for Sept. 23–25. Cost is \$110 for three days; food and lodging are included. For more information, e-mail Sharon Herring at [fishclan2@gmail.com](mailto:fishclan2@gmail.com).

Cape Horn hosted a **5-day Club** Aug. 22–26. Attendance was great. For more information or to host a club

or be a helper, contact Sue Walden at 360.826.3944.

**Kingdom Builders** is on the move. Working with Day Creek Chapel and Fire District 16, Donna Pulver and Kathy Henderson are serving as co-directors of a “helping hands” mission that is working to meet the needs of the Day Creek Community, including:

- Trip to the doctor or hospital
- Picking up groceries
- Home visits
- Simple house or yard work
- Small home repairs
- Help to locate doctors, banks, legal advice, a house- or pet-sitter, and more

Kingdom Builders is a gift-funded mission, using volunteers from Day Creek to reach out with a helping hand to their neighbors. In doing so, we hope to create a strong and healthy community.

The group meets Wednesdays from 6:30

to 8:30 p.m. at Day Creek Chapel. If you are interested in becoming a volunteer, please call 360.826.3003 or 360.826.3581. Any type of help is welcome and no effort is too small.

The **Day Creek Fire Hall** is looking for a community-minded person to take charge of maintenance. Tasks such as lawn mowing, bee control, pressure-washing, etc., are crucial to the upkeep of the hall. If you’re interested, call Travis Arendse at 360.826.5125.

If you have information you want to share, contact Kathy Henderson via e-mail at [winningcircularchapel@gmail.com](mailto:winningcircularchapel@gmail.com).

—Kathy Henderson

Find Concrete Herald on Facebook!

## Injured Great Horned Owl pays Concrete couple a visit

Frank and Marcia McAvoy noticed a surprise guest in their garden Aug. 5. An injured or dying Great Horned Owl sat quietly near one of their raised beds.

“My husband noticed a ‘big black thing’ in the garden at daybreak,” said Marcia. “It didn’t fly away and I walked slowly up to it to take pictures.”

Great Horned Owls are fairly common in the woods near the McAvoy’s house near Concrete, said Marcia, but it was unusual to see one so close.

When the bird was still there hours later, Marcia called Fish & Wildlife and other resources to come get it.

Fish and Wildlife enforcement officer W. Allen arrived with heavy gloves and a bedsheet, fully expecting the owl to fly away or object to capture, since they can be quite vicious when trapped, but the owl fell over once the sheet was placed over it.

Officer Allen told the McAvoy’s the bird of prey was dying so there was no need to borrow their cat carrier. He wrapped it up and took it away.

“We hope having an owl come here to die is not a bad omen!” said Marcia.

If you spot injured wildlife ...  
Information for reporting injured or orphaned wildlife can be found on the Washington Dept. of Fish & Wildlife Web site, <http://wdfw.wa.gov/conservation/health/rehabilitation>.  
Use the search tool and link on the right side of the page to find a local wildlife rehabilitator or connect with a WDFW regional office.



**Left:** The McAvoy’s cat, Dixie, decided to stalk the injured owl while the couple waited for Fish & Wildlife to arrive. Thankfully, Dixie never made a move.

**Above:** Fish & Wildlife enforcement officer W. Allen closed in on the owl with gloved hands and a bedsheet. The owl fell over after the sheet was placed over it, leading officer Allen to declare it was dying.

**Inset:** A close-up of the dying owl. *Photos by Marcia McAvoy.*





**Above left:** Concrete Public Works Director Alan Wilkins (in front) and Assistant Director Rich Philips work against the clock to install electrical service in Veterans Memorial Park (formerly Town Park) in Concrete just days before Cascade Days. **Above:** Philips (left) and Wilkins pound into place a treated-lumber cap over a roof access hole in the Superior Building on Main Street Aug. 30. Topped with treated plywood and a sheet of asphalt roofing, the cap is designed to prevent water from flowing into the building during the rainy winter months. **Left:** Wilkins (in loader) poured a load of drainage gravel over the town's new time capsule, which was buried Aug. 21 behind the safety monument in front of the Superior Building. With him are Philips and Concrete Mayor Judd Wilson (in white).



**Above:** John Burmaster (in background) and a helper pressure-washed and repainted another section of the Argerin Building's exterior Aug. 6. The Concrete Town Center building houses Burmaster's business, Baker River Woodworks. Burmaster has spent many months renovating the interior and giving the exterior a facelift.



**Left:** Artists Ron Wolff (left), Holly Cannell, and Gordy Beil pause for a photo Aug. 13 during the Big August Hoobajoob art show at the Mansford Grange in Darrington. The show featured Cannell's colorful abstract paintings and collages, Wolff's classically inspired charcoal works, and Beil's unique acrylic paintings and collages.

**Right:** PSE's Cascade Days parade entry was a "fish taxi" truck with a metal salmon leaping for a bee on the roof. (There, John, happy now?)

# August in pictures



**Left:** Former attendees of Lyman School gathered for a reunion Aug. 13 at Lyman Park. The group shared memories, photos, and a mouthwatering potluck lunch.



**Above:** Hollie Morgan takes aim at the dunk tank, sinking PUD Commissioner Jim Cook during Praise in the Pasture in Lyman Aug. 27. The event drew about 200 attendees. *Photo by Stacy LaCount.*

**Left:** Skagit County Historian Dan Royal from Birdview speaks and Mt. Vernon pastor John Ruhlman listens during the 107th Annual Skagit County Pioneer Association Picnic Aug. 4 in La Conner. The event honored the Swanson and Lemley families.



**Left:** Pam Bays, co-owner of Neapolis Restaurant in Sedro-Woolley, served up hearty Italian fare during Sample of Sedro Aug. 15. The event showcased Chamber-member restaurants, who brought their best recipes for the crowd.



**Above:** Members of Concrete High School classes of the 1940s gathered at Clark's Eatery in Marblemount Aug. 13 for a reunion BBQ.

**Above left:** Some of the participants in the Upper Skagit Library End-of-Summer Reading Program posed for a snapshot Aug. 12. The group of avid readers were led by Isaac Tiemens, 11, of Concrete (at far left), who logged 5,900 minutes of reading during the program. His secret to amassing such an impressive number? "Sometimes I stay up till midnight, sometimes I don't," he said.



**Left:** Jon Akers hands a *Concrete Herald* to a spectator during the Cascade Days parade.



More Cascade Days photos on p. 10—and on Facebook!

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# Hamilton



## Council summary

The Hamilton Town Council held a regular meeting on July 12. Following is a summary of that meeting.

- Council member Benjamin was appointed to serve as Mayor Pro-tem until January 2012.
- Council member Bonner requested the council perform the annual review of the water rates at the August council meeting to review where the town stands with revenues and expenses, and compare with last year.
- The clearing of Unimin’s property after they close was discussed. Margaret Fleek stated she spoke to the Department of Ecology, Mat Kaufman, and met with K. Kerry from Unimin. At Margaret’s request Unimin submitted a breakdown of what the pile of debris consists of for the Department of Ecology. Unimin has proposed leveling the pile, grade to 3 to 1, place dirt on top, and plant

grass. Margaret stated the problem is the material does not compact and if there was a flood, the material would be spread all over. Council member Bonner asked if the Indian Tribes and Department of Fisheries have been contacted. Margaret stated she would contact Larry Wasserman. Margaret reported there were three possible grants available in the near future for restoration funding that could possibly help. She suggested we partner with other communities.

- Margaret Fleek reported she is working on the new flood ordinance. Margaret stated there are three different ordinances covering RVs and flooding. The first ordinance is No. 186 from 1984 regarding RVs. Another is No. 187, also regarding RVs. A third, No. 1, is FEMA’s model ordinance regarding flooding.

Concrete Herald

## Savvy Businesses Targeted Advertise in Concrete Herald

5,000 copies circulate throughout Whatcom, Skagit, and Snohomish Counties (and beyond) every month, reaching a largely untapped market of readers, many of whom say they read only Concrete Herald. If you’re not advertising in “The Voice of Eastern Skagit County,” you’re missing thousands of potential customers.



“Our ads in Concrete Herald help us reach out to the community with health information and hospital news. I know it works, because I get calls and e-mails from Concrete Herald readers.”

Valerie Stafford  
communications director  
United General Hospital

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## Record donations for Hamilton Community Food Bank

By Larry Weston

- Hamilton Community Food Bank had a record-breaking month in August and thanks all our donors, volunteers, and clients we serve.
- August commodities had 108 families, 320 individuals, and 3,240 lbs. of food.
  - 41 volunteers logged 1,094.8 hours in August.
  - The Concrete Saturday Market bake sale on Aug. 13 raised \$469.50. Leftover items were sold at Hamilton First Baptist Church the next day, which brought the total amount of donations for the bake sale to \$639.50.
  - Record of clients in an hour was 83 from 11 a.m. to noon on Aug. 23, with 163 total households for the day.
  - Our portable trailer storage units with a new deck between them are being used.

See Hamilton, p. 33



Birdstock 2011 drew musician Jack Mattingly (above), and a slew of other local favorites to raise money for the Birdsvew Fire Department, whose members cooked for the partygoers. The event raised upwards of \$1,400.

## Birdsvew buzz

By Kris Voigt

Happy Labor Day and Back to School! Seems like we never really had summer and now it’s over! On to fall and winter.

- Birthdays this month**
- 4 Robin Claybo, Kendra LaFayette
  - 5 Frank Knight
  - 7 Shile Magee
  - 11 Anita Conard
  - 16 Justin Garland
  - 19 Arthur Sanchez
  - 23 Our big city girl Nicolette Voigt Happy 30th!
  - 27 Liz Devries
  - 30 Kendall Havens

And on the 29th of this month, happy 36th anniversary to my best friend, Brewmaster Bill. Love you!

Birdstock 2011 was a big success. We had five bands this year and two solo acts. Thank you to Rodleen Getsic, Jack Mattingly and company, Bare Feet, Peek-a-boo Machete, Birdsvew Bluegrass, Fortune 500, and Fanny Alger. The

Birdsvew Fire Dept. members did their usual great job cooking up a storm. They said it was their best year yet. And from the almost 1,000 people that visited that day, I think everyone would agree it was our best Birdstock so far. Thank you to everyone who helped make it a success.

Looking ahead, we will be starting our new fall/winter hours in the next few weeks. Look for that, plus, when the Seahawks have a morning game, we will open for breakfast—and trying a new thing: Beermosas! It’s a great way to start your morning, with beer and orange juice!

During our annual vacation (the last week of September through the first week of October), we won’t be totally shut down the entire time. We will be open Fri. to Sun., with Jason, Sara, and Julie running the place.

If anyone has extra blackberries, bring them to the brewery. We will “buy” them from you for a drink a pound to be used in an upcoming brew.

Have a great September, everyone!

## Business Spotlight: Cascade Mercantile

By Jason Miller

Back in the good old days, small, rural towns had mercantile stores that carried just about every necessity its customers could imagine. As the decades and centuries marched on, retailers began to specialize and carry less and less variety—and the mercantile became less common.

In Lyman, however, the one-stop-shop model is going strong in the form of Cascade Mercantile, located at 31387 State Route 20, among a cluster of buildings that includes the Old Mill Restaurant. Don and Wonona Kaaland own the complex, which includes a coffee stand they lease to another party.

Cascade Mercantile has what you need, almost 100 percent of the time. Modeled after the mercantile stores of old, it carries on its shelves “anything your



## Open for business: Inventory Science Systems

By Jason Miller

The new building that George Theodoratus recently built at the corner of SR 20 and Concrete Sauk Valley Rd. has an interesting new tenant in the east suite. Inventory Science Systems, helmed by John Cunradi of Concrete, assembles inventory machines for retail businesses.

Maybe you’ve seen them: They’re the little machines strapped to inventory-takers’ waists as they walk down the aisles.

“They’re a small computer that you wear on your belt. The people who use them operate them by touch, they rarely look at the screen. To that computer we hook up bar code scanners for the merchandise,” says John, who’s been

heart desires,” laughs Wonona, including groceries, hardware, fishing gear, ammunition, propane and gas fuels, beer, pop, tobacco, automotive goods, frozen foods, and a full-service deli.

“We carry a little of everything,” says Wonona, “including school supplies.”

You can even buy your fishing and hunting licenses there.

Even a mercantile has to specialize in something, though, and Cascade Mercantile does. “We have a nice meat department,” says Wonona, masterfully understating the store’s capabilities.

What they have is Scott Thompson, a local meat cutter known for his talents, who cuts meat daily for the store. You can purchase frozen meat packs—either pre-cut or custom orders. “If there’s a type of steak you like cut a certain thickness, he’s more than happy to do that too,” says Wonona.

In September, 30-pound meat packs are 10 percent off, “so fill your freezer!” laughs Wonona.

**Part of the community**  
Wonona downplays her and Don’s contributions to their community, but the couple’s influence is undeniable.

In 2010, they donated almost 1,000 pounds of food to the Lyman Food Bank. And, just in case you’re thinking it, no, it wasn’t old canned junk. “We pull food from the shelves before the expiration date, or if we have too much of one item, that overstock goes to the food bank. Or, if we get a good deal on, say, a specific canned food item, we’ll buy extra and donate it to the food bank,” says Wonona.



John Cunradi owns Inventory Science Systems in Concrete.

building those computers with his wife, Lisa, for the past 15 years.

In the beginning, John owned a company that performed inventory services. “There was only one game in town for equipment, and I didn’t like their equipment,” says John.

You can probably see the rest coming. “I thought, I can do better myself! So we started designing and making the stuff.”

The Cunradis sold off the inventory



Don and Wonona Kaaland with one of their many hot-sellers at Cascade Mercantile: Nostalgia gum.

Like so many small town businesses, the Kaalands understand what it takes to thrive in a smaller market.

“It’s very important to put the customer first. We try to be of service at all times and do what we can for the community,” says Wonona. “It’s not just about being in business and making money. It’s about being part of your surroundings and the people you interact with every day. We try to provide a nice, clean, well-stocked store for the locals to come and shop in.”

The next time you’re near Cascade Mercantile, stop and see for yourself.

## At a glance: Cascade Mercantile

**Where:** 31387 State Route 20, Lyman

**Phone:** 360.826.3331

**E-mail:** cascademerc@gmail.com

**Hours:** 7 days/week, 5 a.m. to 10 p.m.

**Deli:** 6 a.m. to 7 p.m. daily

## Friends of Upper Skagit Library Quilt Raffle tickets are still available!

Look for raffle ticket sales events at Albert’s Red Apple Market, Concrete Saturday Market, and other locations.

Drawing will be held Oct. 22 at 7 p.m. in the Upper Skagit Library.

## At a glance: Inventory Science Systems

**Where:** 44511 Concrete Sauk Valley Rd., Ste. B, Concrete





# Rockport



## Garage sale nets almost \$3K for fire dept.

Rockport Volunteer Fire Department did it again, with this year’s fundraising garage sale pulling in \$2,978 for the department. Proceeds from the three-day event, which ran from Aug. 5–7, will go to the department’s Auxiliary account, which supports building maintenance, supplies, and training. Organizer Jessica Moore reported a predictable rush during the first day of the sale, which was held at the fire hall in Rockport. The next two days were slower, but steady, she said. Moore encouraged east county citizens to start saving donation items for next year’s sale, slated for Aug. 3–5.

—J. K. M.



Martin and Terry Mabey traveled from Anacortes to check out the Rockport Volunteer Fire Department Garage Sale Aug. 6. They perused the for-sale items, but seemed more interested in the free kittens resting in the shade of a tree. The three-day sale raised \$2,978 for the fire department.

## PIONEERING TODAY

### The pros of blackberries

By Melissa K. Norris

Summer and early fall were one of the busiest times for our pioneering ancestors. Most of them were unable to get through the deep snows or flooding rivers to purchase food at a store, so they depended on their own pantries to feed their families throughout the winter. Thankfully, we don’t suffer their hardships, not usually, anyway. Although I’m hoping Mother Nature doesn’t intend to play havoc with our winter and fall like she has with summer. Even if you don’t plant a garden, there is one food item out there available to everyone, free for the taking. Do you know what it is? No, not zucchini, though if you leave your car window down, you might find a seat full.

Blackberries! This invasive, prickly vine has one redeeming quality: its sweet, plump, juicy berries. Fields and roadsides abound with this free fruit through September. I recommend not picking along roadsides that are sprayed with weed killer. Most any field has loads of bushes, although you’ll want to check with property owners before showing up. Grab your bucket and start picking. Make sure to wear old clothes or ones you don’t care about getting purple splotches on. Blackberry cobbler or dumplings is one of my all-time favorites. Blackberry pie is another yummy treat, especially when it’s still warm from the oven. In true pioneer fashion, I recommend making either jam or syrup to enjoy this winter. The syrup is great over pancakes or vanilla ice cream.

*Melissa K. Norris is an inspirational fiction romance author who lives in Rockport. You can check out her writing and sign up for her newsletter at [www.melissaknorris.com](http://www.melissaknorris.com).*

### Become a Concrete Herald Facebook friend!

1. Go to [www.facebook.com](http://www.facebook.com) and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.

### Help stain the community garden fence!

**Angele Cupples**  
Community Garden,  
Concrete

**Sat., Sept. 17,  
9 a.m. to 5 p.m.**

**(Rain date: Sat., Sept. 24,  
9 a.m. to 5 p.m.)**

Wear old clothes! Bring a 3-in. brush, gloves, and a small container to hold stain. Stay as long as you like!

Questions? 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

## Fenleys headed to Puyallup Fair

Rockport 4-H’ers Emilee and Megan Fenley are at it again, showing their stuff at the Skagit County Fair and earning trips to the Puyallup Fair in September. Emilee Fenley is a member of the Trailblazer 4-H club. She was placed on the senior equine gaming team with her horse, Lexi. The dynamic duo captured first place “Grand Champion” in pole bending this year at the Skagit County Fair. Emilee and Lexi will perform next at the Paulhamus horse arena at the Puyallup Fair from Sept. 12–15. Megan Fenley is a member of the Furs-n-things 4-H club. Some of her accomplishments at the Skagit County Fair this year include a Merit award for her stained glass stepping stone and “Best of Class” ribbons for photography, baking, and table decorating. She received a total of 27 blue ribbons (first place) and three red ribbons (second place). Any entry that received a blue ribbon is eligible for entry at the Puyallup Fair. Congratulations to Emilee and Megan Fenley for their tremendous efforts!

—J. K. M.

## Free Red Cross disaster preparedness training

WHATCOM COUNTY — The Mt. Baker Chapter of the American Red Cross will hold its quarterly Be Red Cross Ready class on Sept. 13, from 6 to 7 p.m. at the Bellingham Chapter office at 2111 King Street. Red Cross staff and volunteers will teach attendees how to prepare themselves and their family for emergency situations. Participants will learn to build an emergency kit, create a disaster plan, and receive useful emergency tips about floods, house fires, and earthquakes. Disaster preparedness supplies will be available for purchase and a brief overview of Red Cross services will be provided. “Statistics show that it normally takes 72 hours for help to arrive, so the more prepared each individual is during that time, the better,” said Stacy Rice, emergency services director for the Mt. Baker Chapter of the American Red Cross. No RSVP is required. For more information, go to [www.mtbredcross.org](http://www.mtbredcross.org). For on-site American Red Cross disaster preparedness training, call 360.733.3290 or e-mail [info@mtbredcross.org](mailto:info@mtbredcross.org).



# Darrington



Colorfully costumed tribal members from all over the U.S. made their way into a large tent Aug. 6 during a Grand Entry at the “Celebration of Generations” Powwow at the Sauk-Suiattle Reservation.

## Powwow draws generations

For four days in August, the drums sang and the people danced. From Aug. 4–7, the 2011 Sauk-Suiattle Indian Tribe Powwow, a “Celebration of Generations,” welcomed hundreds of representatives from tribes all over the U.S. Mohawk and Seneca were there, as were Mohican, Pequot, Nez Perce, Cherokee, Iroquois, and Chilliwick, to name just a few. They came from Arizona, North Dakota, Idaho, Montana, Oregon, eastern Washington, and Canada. Their days were filled with ceremony, drumming, dancing, and feasting. True to its name, the gathering drew participants of all ages. Even the “tiny tots” were invited to compete in dance contests, leaving the fancy dancing and blanket dancing to the adults. The powwow had an almost fairlike atmosphere to it, too, with food and other vendors setting up booths to keep attendees fed and properly attired with regalia of all varieties. Accessories for sale included beadwork, rattles, stone and bone knives, leather clothing, drum beaters, drums, feathers, deer antlers, and cedar boxes. Most items were natural and real—not a lot of plastic.

—J. K. M.

## Lightning & Loneliness

On Oct. 1, the Darrington Historical Society will once again present the program “Lightning & Loneliness” at the Mansford Grange, located on Railroad Ave. behind the IGA. The doors will open at noon with the first showing at 1 p.m. and a second presentation at 4 p.m. Scott Morris will present the slide show featuring historic photos of local fire lookouts and the people who lived in them, built on top of area mountains. Forest Clark, who is also active in the preservation of area lookouts, may also assist in the presentation. He has presented the slide show twice before, in Snohomish.

“This will be the third time that the PowerPoint presentation has been shown,” said Leah Tyson, president of the Darrington Historical Society. “We always have a good turnout with standing room only. That’s why we’re having two showings this time.” Tyson said there will be replicas of original lookouts, pictures, books on the subject of Washington fire lookouts, and a fire finder that once was used to locate forest fires. “The public is encouraged to bring pictures and stories to share with others,” said Tyson. The free showing will include refreshments and sharing time before and after the presentation. Donations will be accepted. For more information, call Scott Morris at 360.436.1562 or Leah Tyson at 360.436.0675.

—Marla Skaglund

## Briefly ...

**Mountain Loop Books and Coffee** invites author Bernadette Pajer to its new store for a book signing on Sept. 17, from 10 a.m. to 4 p.m. Pajer recently completed her latest novel, *A Spark Of Death*. A **Play Day** for horses and their humans will be held at the Darrington Rodeo grounds from Sept. 10–11, from 9 a.m. to 5 p.m. both days. Look for speed barrels, stake races, figure 8 and more. For more information, go to [www.darringtonrodeogrounds.com/event-information.php](http://www.darringtonrodeogrounds.com/event-information.php). The Mansford Grange, located on Railroad Ave. behind the IGA, will host its annual **Harvest Festival** on Sat., Oct. 8, from 10 a.m. to 3:30 p.m. Local vendors will showcase their handcrafted items and homemade gifts. There will be pumpkin carving for the kids, a zucchini judging contest, and an Autumn Bake Sale. Refreshments will be served. Darrington School District will host a **Back-to-School Community BBQ and Open House** on Wed., Sept. 14, from 5 to 8 p.m., in the Darrington School District parking lot and cafeteria. Hot dogs and hamburgers will be served free; attendees are asked to bring a potluck dessert. For more information, call 360.436.0308 or 360.436.1140. **Darrington Ranger District** will host an open house Sept. 15 from 3–8 p.m. to discuss projects and access issues with the public. Federal Highway Administration staff will address the next steps in repairing flood-damaged Suiattle River Road (Forest Service Road 26). For more information, call 360.436.1155.

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# Marblemount



## American Alps Challenge

A day of “fun, learning, and conservation history” is planned for Sat., Sept. 24, at and around Diablo Lake, near the east-county communities of Marblemount and Newhalem.

Driven by the American Alps Legacy Project, the all-day event includes family-friendly nature-themed events, a picnic and tour of the North Cascades Institute’s Environmental Learning Center, and an opportunity to learn more about the American Alps Legacy Proposal.

Earlier plans to include a relay race from Washington Pass to Marblemount were scrapped because of low registration rates, so organizers are focusing on the fun and educational components of the event.

**Family Nature Events**

Birding hikes, canoe trips, and nature hikes will be offered. In collaboration with Skagit Audubon, two birding hikes will cater to novices and experts. Large 20-person canoes will offer a unique and fun opportunity for families with children to explore beautiful Diablo Lake with a guide on board. Two nature hikes will explore old-growth forests, pristine streams, and a beautiful waterfall near Diablo Lake.

**Picnic and tour**

The North Cascades Institute’s Environmental Learning Center will offer a BBQ picnic featuring food from local farms, plus guided tours of the ELC campus as part of its 25th anniversary celebration. The picnic and tours will be available from 11 a.m. to 3 p.m.

**American Alps Legacy Proposal**

The American Alps Legacy Proposal seeks to add more than 230,000 acres to the North Cascades National Park. A presentation of the proposal will be held at the North Cascades Institute’s ELC on Diablo Lake at 3 p.m. The presentation will explain how much was left out when the North Cascades National Park was created in 1968. Old growth forests, low-elevation wildlife habitats, pristine rivers and streams, magnificent mountains, and family recreation sites remain unprotected by national park status.

American Alps Challenge sponsors include North Cascades Conservation Council, The Mountaineers Foundation, North Cascades Institute, and Skagit Audubon. For more information, go to [www.americanalps.org/challenge](http://www.americanalps.org/challenge).

—J. K. M.

Rick Lemley

Chuck Ruhl

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## Marblemount Fire Department brings home the boot

The Marblemount Volunteer Fire Department did its community proud during the Firemen’s Muster competition at Cascade Days Aug. 20.

The squad “brought home the boot” by winning overall during the contest, which pitted members of area volunteer fire departments against each other in a variety of individual events, including scrambling up the east hill of Veterans Memorial Park (formerly Town Park) with a charged hose, and a version of tug-of-war, with opposing firefighters blasting a tire with water as it hung on a cable high above their heads.

Marblemount’s department was represented by Chief Larry Schroder, Bob Hopfield, Abe Meyer, and Kyle Penninger.

Mounted on a plaque that lists past years’ winners, the boot is the event’s makeshift trophy.

“It feels good,” said Marblemount Chief Schroder of his squad’s accomplishment. “For the first time ever, we took the boot away from Grasmere. We all had a blast.”

## SR 20 gets chip seal treatment near Marblemount

WSDOT crews closed one lane of State Route 20 Aug. 16 to chip seal the highway from three miles west of Marblemount to the community’s business core.

Chip sealing applies a layer of thick oil, then crushed rock, to the roadway. The rock is run over with a roller and drivers to help compact it. Then crews sweep up the extra rock from the roadway.

Crews returned the following week to put a seal coat on the roadway and repaint lane markings.

Some Marblemount citizens were puzzled that WSDOT repainted the lane markings in the chip-sealed area barely two weeks prior to beginning the chip-sealing process, which covered over the freshly painted striping.

## Postal news

Every Door Direct Mail  
By Kathy Watson

What if you could promote your business in nearby neighborhoods to help grow your business and increase revenue? Now you can with Every Door Direct Mail (EDDM). It’s easy and you do not need to buy or maintain a mailing list.

The six-step online process offers all the tools you will need to prepare your mailing. It also features a helpful cost estimator, search engine to identify postal service carrier routes near you, and a filter that allows you to limit your mailing to residences or to include businesses. You can access the tool at [www.usps.com/everydoordirectmail](http://www.usps.com/everydoordirectmail).

A few ways that you can utilize EDDM to expand your business:

- Invite customers to a grand opening or special event
  - Offer coupons or special offers—give customers something for their time
  - Announce events like clearance sales, anniversary celebrations, or holiday promotions
  - Publicize your participation in community events, such as sidewalk sales or seasonal activities
  - Highlight your hours of operation, especially if extending them for the holidays
  - Emphasize your location—give them a map to your door
  - Thank the community for its patronage; you may see new patrons sooner than you think
- For example, a new restaurant may send out coupons to let the area know that they are now open and to draw in customers. Or, a roofing service may target a neighborhood of older homes and offer a seasonal inspection, cultivating customers in a localized area.
- Log on to [www.usps.com/everydoordirectmail](http://www.usps.com/everydoordirectmail) and check out how to save in advertising and how to boost your business.

Kathy Watson is Postmaster of Marblemount.

**Concrete Herald**  
The Voice of Eastern Skagit County



# Newhalem



After a long wait, Seattle City Light repaired and fired up the Ladder Creek Falls lights in early August. The lights come on automatically at night and have been a favorite tourist destination for many years. *Photos by Barb Haight.*

The Skagit General Store in Newhalem is now open seven days a week, from 10 a.m. to 5 p.m. 206.386.4489.

## Improving your credit score

By Jason Alderman

Many people suffered blows to their credit scores during the unstable economy of the last few years, whether because they missed payments, exceeded credit limits, or experienced a home foreclosure or even bankruptcy. Is this a big deal? Absolutely.

If your credit score drops significantly, you’ll likely be charged higher loan and credit card interest rates and offered lower credit limits—or perhaps be disqualified altogether. And lower scores also can lead to higher insurance rates and harm your ability to rent an apartment or get a cell phone.

Fortunately, taking these few steps will begin improving your credit score almost immediately.

**Check your credit**

First, review your credit reports from the three major credit bureaus (Equifax, Experian, and Transunion) to see which negative actions your creditors have reported, and look for errors or fraudulent activity. You can order one free report per year from each at [www.annualreport.com](http://www.annualreport.com). You can also order a FICO credit

score (the score most commonly used by lenders) for \$19.95 from [www.myfico.com](http://www.myfico.com) to know exactly where you stand.

“It definitely pays to have a good FICO Score,” said Greg Pelling, vice president of Scoring and Analytics at FICO. “Based on today’s rates, you could save \$30,000 in interest on a \$100,000 home loan over 30 years if your score is above 740 rather than below 620. Lenders base their decision on many factors, but your FICO score plays a major role.”

**Live within your means**

Never exceed individual credit limits. In fact, the lower your credit utilization ratio (the percentage of available credit you’re using), the better. Try to keep your overall utilization ratio—and ratios on individual cards and lines of credit—below 30 percent.

Even if you pay off your balance each month, showing a high utilization ratio at any time during the month could conceivably hurt your score.

- Spread purchases among multiple cards to keep individual balances lower.
- Make extra payments midway through billing cycles so your outstanding balances appear lower.
- Ask lenders to reinstate higher limits if your payment history has been solid. Transferring balances to a new

credit card to get a lower rate dings your credit score by a few points—although it won’t take long to recover. But, say you move a \$2,000 balance from a card with a \$10,000 limit to one with a \$4,000 limit; you’ve immediately gone from a 20 percent utilization ratio to 50 percent on the new card.

**Other tips**

Make sure that credit card limits reported to credit bureaus are accurate. Don’t automatically close older, unused accounts; 15 percent of your score is based on credit history. In fact, occasionally make small charges on existing accounts to make sure lenders don’t close them out.

Each time you open a new account there’s a slight impact on your score, so avoid doing so in the months before a major purchase like a home or car. Pay off medical bills and parking, traffic, or library fines. Once old, unpaid bills go into collection, they can damage your credit.

To learn more about what you can do to repair and protect your credit scores, go to [www.myfico.com/CreditEducation](http://www.myfico.com/CreditEducation).

Jason Alderman directs Visa’s financial education programs. Follow Jason Alderman on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney).

Help stain the community garden fence!

Angele Cupples  
Community Garden,  
Concrete

Sat., Sept. 17,  
9 a.m. to 5 p.m.  
(Rain date: Sat., Sept. 24,  
9 a.m. to 5 p.m.)

Wear old clothes! Bring a 3-in. brush, gloves, and a small container to hold stain. Stay as long as you like!

Questions? 360.853.8213 or  
[goodwords@frontier.com](mailto:goodwords@frontier.com).





# Seniors



## Coffee Break Dark chocolate

By Patrick Kennedy

It’s wonderful news. Recent studies have shown dark chocolate and cocoa may be good for your heart. Thanks to the wonderful scientists and doctors, I can now eat chocolate covered raisins for twice the benefits! They’re fat- and cholesterol-free, naturally low in sodium, and packed with antioxidant protection for heart and colon health. In short-term clinical trials, dark chocolate has reduced blood pressure, improved blood flow, shown mild anti-clotting effects, and even may help prevent plaque formation in arteries.

It’s more than wishful thinking. Chocolate can be good for you. These studies show that eating chocolate, primarily dark chocolate, may contribute to improve that senior concern: cardiovascular health. Packed with natural antioxidants, dark chocolate and cocoa sit in the same good-for-you category as green tea and blueberries. That’s because chocolate comes from cocoa beans.

Most of the studies to date highlight dark chocolate’s health

values because it has the highest percentage of cocoa solids, therefore more antioxidants, which also are healthy for you. Dark chocolate and cocoa are rich in these cell-protecting antioxidants, the natural compounds found in fruits, vegetables, grains, and nuts. Scientists are saying antioxidants help prevent cardiovascular disease and premature aging and cancer. What? No more wrinkles? Is dark chocolate like a miracle drug or what?

Of course, beyond dark chocolate, there are some other healthy foods to eat, like sweet potatoes (not too bad), mangos, unsweetened yogurt, broccoli, wild salmon, whole grain rye crackers, garbanzo beans, watermelon, squash, and leafy greens. There is a whole list of bad things to eat, and they are probably everything you really like.

So there it is: Dark chocolate wins hands down as the best-tasting good food for senior citizens. To keep it all in perspective, we shouldn’t listen to Mark Twain, who said, “The only way to keep your health is to eat what you don’t want, drink what you don’t like, and do what you’d rather not.”

I think Mark was talking about someone other than us modern mind-set senior citizens.

*Patrick M. Kennedy is the author of Being a Senior Citizen. Find it at [www.funwithretirement.com](http://www.funwithretirement.com).*

## Way Back When

### 80 years ago

Sept . 17, 1931: In a sincere effort to lower the tax burden for the people of this county, the board of county commissioners is adopting a program of rigid economy for the next year, and has been using the pruning knife with a lavish hand on the 1932 budget. All county employees, both inside and outside the courthouse, will receive lower salaries and wages next year, and a number of items not considered strictly necessary have been stricken from the budget entirely.

Salaries and wages of all deputies and county employees in the courthouse will be cut by 10 percent next year, with only four exceptions: the deputy prosecuting attorney, the superintendent of the county farm, jail matron, and the court reporter.

### 70 years ago

Sept. 18, 1941: A hiking trip for two couples from Newhalem and Diablo turned into tragedy over the weekend when the two men of the party died of exhaustion and exposure near the summit of Sourdough Mountain.

The party, composed of Mr. and Mrs. Clarence Hale of Newhalem and Mr. and Mrs. Conrad Opitz of Diablo, left Saturday to climb Sourdough Mountain and had planned to spend the night in the lookout station on the summit.

### 60 years ago

Sept. 6, 1951: Warren Pressentin, son of Mr. and Mrs. Frank

Pressentin of Marblemount, and District Forest Ranger at Darrington was the objective of an extensive rescue operation on Miner’s Ridge the first of the week after he fell through the trap door at the lookout tower there and suffered broken ribs and a spinal injury.

The accident occurred while Pressentin, who was alone, was closing the lookout for the winter. After his 30-foot fall, he managed to crawl back up the stairs to the tower and call for help over the radio.

A Coast Guard helicopter was immediately dispatched for the Suitttle district ridge, but the plane had mechanical trouble while landing and crashed. The pilot and his passengers, Dr. Charles Mueller and Dr. Howard Terry, escaped serious injury, but Dr. Terry suffered a broken hand and an injured leg.

Smoke jumpers from the U.S. Forest Service made the jump to the ridge, while another crew started in via the 12-mile trail. They brought Pressentin out Tuesday.

### 50 years ago

Sept. 28, 1961: The first trial by jury to be held in the local justice court drew a big crowd last Friday evening, and although the jury had no choice under the regulations but to find Kenneth Cabe guilty of catching a salmon in closed waters, the game officials and fisheries men present for the trial were told in no uncertain terms just how the residents of the valley feel about the discriminatory regulations. Mr. Cabe admitted catching a fish, but based his defense on the premise

See **Way Back**, p. 29

## Concrete Center September 2011 Activities

Lunch served  
Mon. – Fri., 12:30 p.m.

### Mondays

9 a.m. Beginning quilting  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Tuesdays

10 a.m. Dominoes  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Wednesdays

8:30 a.m. – 3 p.m. Advanced quilting  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Thursdays

10 a.m. – 2 p.m. Wii Sports play  
11:30 a.m. Jigsaw puzzle  
1 p.m. Skip Bo

### Fridays

11:30 a.m. Jigsaw puzzle  
Noon Dominoes

### Special Events

9/1 Foot care by appt.  
9/14 11 a.m. Advisory Board mtg.  
9/14 1 p.m. Bingo  
9/19 1 p.m. Meals on Wheels drivers refresher course

9/22 11 a.m. Skagit Seniors Picnic, Riverfront Park, S-W  
9/27 12:45 p.m. Music w/Leap of Faith  
9/28 1 p.m. Bingo  
9/30 12:30 p.m. Birthday Lunch

### Holiday Closures

9/2 Furlough Day:  
All Skagit County offices closed  
9/5 Holiday

### CAN YOU HELP?

Concrete Center needs dishwashers, plus volunteer drivers for the Meals On Wheels program. For more information, call 360.853.8400 or e-mail [sarap@co.skagit.wa.us](mailto:sarap@co.skagit.wa.us).

**Way Back**, cont. from p. 28

that he was being denied his rights as a citizen because of an arbitrary line set by the fisheries department at Gilligan Creek, prohibiting fish to be kept above that point.

### 40 years ago

Sept. 23, 1971: Bathing nude in Baker Hot Springs resulted in the assessment of a \$50 fine against James H. Lavandier, 28, of Seattle. Magistrate Richard Nelle agreed with citing U.S. Forest Service officers that the heavy public use of this area precluded nude bathing.

Forest authorities stated that more than 7,000 people have used this facility both day and night during the summer. Baker Hot Springs is located about six miles northwest of Baker Lake in the Mt. Baker National Forest. A favorite family picnicking and bathing spot, it is used by many people throughout the year. The spring has been walled in and the bottom graveled to create an 8 x 8-foot-wide, crystal clear bathing area.

## Knowing Jack

By Eric N. Archuletta

I didn’t know Jack Hoover before he died. Today, I miss him. Jack was a lifetime resident of Concrete. Jack grew up in Concrete, graduating from Concrete High School in 1941. Looking through the pages of the Concrete High School yearbook of 1940, I see Jack’s young face looking back at me and I want to tell his story.

After graduation he worked for Boeing in Seattle until he enlisted in the Navy during WWII. Jack and I share a connection: We were in the Navy and served on USS Bunker Hill. During the war, Jack served on the Aircraft Carrier USS Bunker Hill (CV-17) in the island-hopping campaign of the Pacific. Five decades later, I served on the second USS Bunker Hill (CG-52), a cruiser stationed in Yokosuka, Japan.

See **Jack**, p. 38



Jack Hoover

## An occasional comment

By Jeanne Malbrain

Have you purchased your new, overpriced, LED flashlight? Why are they so overpriced? Is there that much difference? Yes, from one who paid the price. Prediction, read recently: Eventually all street lights will have LED lenses in them.

So: What does LED stand for? Light Emitting Diodes. My question: What is a diode? Don’t make your answers too technical. If I had wanted that, I probably would have known the answer.

What does one do while the coffee is brewing and the sweet roll is warming? Well, pester people of course, and if that is a crime, let there be punishment.

Since people are caught sometimes 40 or more years after they committed a crime (and DNA is helpful), one would think the “thrill,” or whatever the motive of the crime would cause the perpetrator to think long and hard before the deed was done.

Throughout the development of humans, there seems to be the worship of multiple gods (Gods) and heinous deeds committed, like sacrifices of humans (children, women) to appease these gods. I am not a student of religions, so I don’t know if multiple god worship is still going on. I only am aware of One God as espoused by the Jewish, Muslim, and Christian faiths. Each of these religions has a penalty for misbehavior according to their definition.

My wonderment is that if there are these penalties, why does humankind engage in this misbehavior? Contemplating the outcome and abandoning the endeavor, there go the prisons!

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# Sunday School lesson

## “No camping” this space

By Bruce Martin

Some years ago, a few friends and I were traveling on our motorcycles. Right after work we packed up, jumped on our bikes, and headed out of Seattle up and over Stevens Pass on Hwy 2. By the time we dropped into Leavenworth, it was almost dark. The nearest campground was nearby at Icicle Creek a couple miles out of town. As we circled the campground, we noted only one space that had remained vacant. Tired after a long day, we threw out our sleeping bags and dozed off. The next morning as the sunlight woke me up I discovered I was sleeping under a large sign that read, “NO CAMPING THIS SPACE.”

As we seek God’s leadership and blessing in our lives, I believe there are places and spaces where He has placed a NO CAMPING sign. They are places God does not want us to dwell and places where we should not set up spiritual camp. Let me share four of them with you.

### No camping: Weaknesses

The first place God does not want us to camp is by our weaknesses. It is natural for us to dwell upon our weaknesses and our shortcomings. We all have them and we all deal with them on a daily basis. But what a difference God’s forgiveness



makes! May we draw upon the grace and power of the Holy Spirit in our time of weakness and need.

The Apostle Paul put it this way for us in Philipians 4:13: “I can do everything through Him who gives me strength.”

It does not matter where we have come from. When we experience forgiveness in Jesus Christ, we become “new creations” empowered with true spiritual strength to face the challenges of this life.

### No camping: Resentments

A second place God does not want us to camp is by our resentments. Sad to say, even people who call themselves Christians may not treat you right. If you and I are going to keep our hearts right and retain the joy of our salvation, we must learn to forgive. Forgiving one another will keep us free and in right relationship to the Lord and others. You and I must choose to forgive. The disciple Peter asked Jesus how many times he should forgive someone who has wronged him. He said “the Pharisees say three,” Peter generously suggested seven, but Jesus said, “no, I say 70 times 7.

Was Jesus saying that 490 was the right number of forgivenesses? No! He was saying that we should forgive in the

same way God our Heavenly Father has forgiven us: completely, unconditionally. Colossians 3:13 tells us, “Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.”

### No camping: Failures

A third place the Lord does not want us to camp is by our failures. The truth is almost everything you and I do well today began with failure. Anything worthwhile is learned by trial and error. In many instances we could say that our failures are God’s true opportunities. God will not always keep us from falling, but He will always help us get up. If God’s grace is at work in our lives, we will always learn from our failures. The testimony of God’s Word is full of people who failed, but who did not give up. In those difficult times, we can draw from God’s strength and presence. Jesus said to the Apostle Paul when he prayed for strength and deliverance, “My grace is sufficient for you, for My power is made perfect in weakness” (2 Corinthians 12:9).

Paul understood (v. 10): “For when I am weak then I am strong.” The principle is simple dear friends: When we have exhausted all our own strength, we are most willing to invite the Spirit of the Living God to flow through our lives in His strength, power, and love.

### No camping: Success

Finally, believe it or not, God does not want us to camp by our successes. We are

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surrounded by people who have built their lives on something that happened many years ago.

There are many believers who live their present lives in the spiritual past. God does not want only our experience with Him to be a pleasant memory; it must be a present reality. Our past blessings are not enough to live on today! They were intended to strengthen our faith to trust God in the challenges we are facing now. He is faithful!

Let us embrace the strong admonition of the Apostle Paul when he encouraged us to be “forgetting what is behind and straining toward what is ahead” (Philipians 3:13b), not camping by those things and in those places that will stunt our spiritual growth. Instead, let us embrace the resources and blessings God has freely given us that will build us up in our relationship to the Lord and others.

*Bruce Martin is pastor of Concrete Assembly of God.*

## Obituaries

**Roy Nelles Pyatte**, 80, lost the fight with emphysema on Sept. 2, 2011, in Susanville, Calif. Roy was born in Pineola, N.C., in 1931 to Sudie Phillips Pyatte and Warsaw Pyatte, both preceding his death. In 1947 Roy came to Concrete and soon married Beverly Keith from Everett. They raised four children in Concrete as Roy worked at the cement plant. In 1971 Roy and Beverly moved to Mt. Vernon where Roy ran his own business, Roy’s Phones and Things. After a divorce in 1985, Roy found Del Young in 1994. Del and Roy spent 17 years as snowbirds spending winters in Yuma, Ariz., and summers at Del’s home in Susanville, Calif.

Roy is survived by his sister, Anne Postill, Tumwater, Wash.; and all four children, Jan Pyatte, Jefferson City, Mo.; Jo Gregory, Olympia, Wash.; Keith Pyatte, Alger, Wash.; and Cindy Attar, Sunnyside, Wash.; as well as four grandchildren.

A remembrance and memorial service will be held on Sept. 24, 2011, at a Mt. Vernon location to be announced soon. All who knew Roy will be welcome to attend.

For more information and to be notified of the location for services, contact Cindy Attar at 509.438.1867 or harmonyfarm@gmail.com.

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## Sheriff’s blotter

### July 25

A Cape Horn caller advised that she has been receiving threatening phone calls from ex-husband.

### July 27

A Hamilton caller advised his landlord has been turning the hall lights off at night. He wants it to stop.

### July 28

A Concrete caller wanted to turn in marijuana that he found in his wife’s dresser.

### July 30

A Cape Horn caller advised of an ongoing problem with the neighbor’s dogs barking. Deputies warned the owners of the noise ordinance.

A caller advised that someone pulled the stems out of her tires while parked in the Alger area.

### July 31

A Lyman caller advised of a loose cow in the area; it was returned to its field.

### Aug. 1

Equipment was taken at a logging site in Day Creek; the equipment was damaged sometime over the weekend.

### Aug. 2

A Hamilton caller advised of a subject revving his motorcycle for at least two hours. A deputy contacted the subject, who was working on his motorcycle. He promised to limit the noise.

### Aug. 3

A Sedro-Woolley caller advised of a suspicious person walking through the neighborhood. A deputy contacted the person, who was not deemed to be suspicious.

A Lyman caller advised he was in his yard, gardening, when he looked up and saw four legs standing near him, and realized a cow was attached to them. Deputies contacted the cow owner, who promised to keep it at home.

### Aug. 4

A Concrete caller advised of a dirt bike being ridden on the streets of Concrete. A deputy located a juvenile male, who had stashed the bike under a tarp. The juvenile eventually admitted to the crime.

### Aug. 5

A Day Creek caller advised that while he was out haying his field someone tried to break into his truck, which was parked at the edge of the field. No suspects were seen.

### Aug. 6

A 911 hangup call came into dispatch from the Grasmere area. Deputies responded; it was determined to be a child playing with the phone.

### Aug. 7

A Darrington caller advised of four gunshots heard near Derringer Park.

Deputies checked the park and were unable to locate the source.

A Concrete caller had questions about his renter, whom he believes is a “hoarder.”

### Aug. 23

A Hamilton caller advised someone burglarized his residence and stole his guns.

### Aug. 24

A Lyman caller reported a loose bull on his property. Deputies contacted the owner, who retrieved the animal.

### Aug. 25

A Concrete caller advised someone broke into his house and stole a chainsaw.

### Aug. 26

A Concrete caller advised they were receiving unwanted texts from someone.

A Sedro-Woolley caller advised someone threw a rock through his window. Deputies were unable to locate anyone.

### Aug. 27

A Cape Horn caller advised that they received a phone call with heavy breathing heard, then the door bell rang and no one was at the door.

### Aug. 28

A Cape Horn caller advised of loud music in the neighborhood.

## Level 2 Sex Offender NOTIFICATION

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender’s presence when, in the discretion of the agency, the release of information will enhance public safety and protection.

### Clark, James Lee

Age: 47

Race: W

Sex: M

Height: 6’ 1”

Weight: 210

Hair: Brown

Eyes: Green

Address: 2xx Nolle

Ave., Hamilton

Clark was convicted of first-degree child molestation in Skagit County. His victims were young females, ages 3–5, who were known to him.

Clark is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

Source: Skagit County Sheriff

# Area Food Banks

### Clear Lake

#### Community Covenant Food Bank

Next to church at 12605 Hwy 9, Clear Lake  
For a referral, call Love Inc. at 360.419.7061  
between 9:30 a.m.–3 p.m.

### Concrete

#### Concrete Food Bank

112 E. Main St., Concrete  
Second, third, and fourth Thur. each month,  
Noon–3 p.m.  
360.853.8505

### Darrington

#### Darrington Food Bank

First Baptist Church  
1205 Emmens St., Darrington  
First and third week each month:  
Wed. and Thur., 10–noon and 1–2 p.m.  
360.436.9603

### Hamilton

#### Hamilton Community Food Bank

951 Petit St., Hamilton  
Every Tue., 11–noon and 1–3 p.m.

Commodities distributed first Tue. each month  
360.826.4090

### Lyman

#### Shepherd’s Heart Food Bank

8334 S. Main St., Lyman  
Thur. 11 a.m.–2 p.m.  
Third Thur. each month till 6 p.m.  
360.424.4927

### Marblemount

#### Bread of Life Food Bank

59850 State Route 20, Marblemount  
First and third Wed. each month  
11 a.m.–5 p.m.  
360.873.2504

### Sedro-Woolley

#### Helping Hands Food Bank

250 W. Moore St., Sedro-Woolley  
Wed., 10–11:45 a.m. and 12:30–4 p.m.  
Commodities distributed first Wed. each month  
360.856.2211

\*Changes? Call 360.853.8213.

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## Worship directory

### Assembly of God

Concrete Assembly of God  
45734 Main St., Concrete; 853.8042  
Sun. worship: 10 a.m.  
Tue.: Men’s meeting, 8:30 a.m.  
Wed.: Adult Bible study, 6 p.m.  
Thur.: Women’s Bible study, 6:30 p.m.  
Bruce Martin, pastor

North Cascade Community Church  
59850 SR 20, Marblemount  
360.873.2504 // [www.mmag.net](http://www.mmag.net)  
Sunday School: 9:30 a.m.  
Sun. worship: 10:30 a.m.

Wed.: Teen Connection, 6 p.m.  
Women’s Ministry, 2 p.m. (2nd, 4th, and 5th Wed.)  
Thur.: Men’s Breakfast, 8 a.m.  
Dave Nichols, pastor  
E-mail: [pastordave@fastmail.fm](mailto:pastordave@fastmail.fm)

### Baptist

First Baptist Church  
12732 Hemlock St., Clear Lake  
360.856.2767  
Sunday School: 9:45 a.m.  
Sun. worship: 11 a.m. and 6 p.m.  
Wed.: 7 p.m.  
John Batts, pastor  
E-mail: [pastorjohn@firstbaptistclearlake.com](mailto:pastorjohn@firstbaptistclearlake.com)

### Hamilton First Baptist Church

797 Hamilton Cemetery Rd. at SR 20  
Office: 360.826.3307  
Sunday School: 9:40 a.m.  
Sun. worship: 11 a.m. and 7 p.m.  
Ron Edwards, pastor

### Lyman Baptist Church

31441 W. Main St., Lyman  
Office: 360.826.3287  
Sunday School: 9:30 a.m.  
Sun. worship: 11 a.m.

### Catholic

St. Catherine Mission Church  
45603 Limestone St., Concrete  
Office: 855.0077  
Weekday hours: 9:30 a.m.–1:30 p.m.  
Sun. Mass: 8:30 a.m.  
Father Martin Bourke, pastor

### Covenant

Community Covenant Church  
12605 Highway 9, Clear Lake  
360.856.1023 // [covenant@wavecable.com](mailto:covenant@wavecable.com)  
[www.clearlakecov.org](http://www.clearlakecov.org)  
Sunday School: 9:30 a.m.  
Sun. worship: 11 a.m.  
Call for weekly youth group/Bible studies  
Tim Hedberg, pastor

### Presbyterian

Mount Baker Presbyterian Church  
45705 Main St., P.O. Box 246, Concrete  
Church 853.8585; office 595.0446  
[www.mtbakerpresbyterian.synodnw.org](http://www.mtbakerpresbyterian.synodnw.org)  
Sun. worship: 9 a.m.  
Tom Ross, pastor

### Lutheran

Shepherd of the Hills Lutheran Church  
46372 Main St., Concrete / 853.8814  
Sun. worship: 10 a.m.  
Marcus Stroud, pastor

### Nondenominational

Community Bible Church  
45672 Limestone, Concrete; 853.8511  
E-mail: [cbcofconcrete@earthlink.net](mailto:cbcofconcrete@earthlink.net)  
Sun. School: 9 a.m.; Worship Svc: 10 a.m.  
Childcare/Children’s Ministries at both  
Contact church for other ministries  
Rob Thomas, pastor

Rockport Christ the King Comm. Church  
11982 Martin Rd., Rockport, WA 98283  
Church office: 853.8746  
Pre-service fellowship: 9:30 a.m.  
Sun. service: 10 a.m.  
Sun. eve. Bible study: 5 p.m.

To add your place of worship to this directory, call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

## Worth repeating ...

“A man with God is always in the majority.”  
“No one else holds or has held the place in the heart of the world which Jesus holds. Other gods have been as devoutly worshipped; no other man has been so devoutly loved.”  
“You cannot antagonize and influence at the same time.”

—John Knox





# Health



## Gum disease: 80 percent have it

By Robert H. Gregg, DDS

Gingivitis, “pyorrhea,” periodontitis— all words for bad germs infecting and swelling the gum tissues around the teeth—have been closely linked to major health problems, including heart disease, strokes, and pre-term and stillborn births, as well as certain cancers.

Four out of five American adults have gum disease. Fifty percent of those have “moderate” to “severe” gum disease.

### What is gum disease?

Gum disease is an infection of the tissues and bone that support your teeth. It begins with gingivitis—red puffy gums—caused by plaque buildup. Plaque is the film found on your teeth. It is a sticky combination of germs and bacteria known

as a biofilm. If not brushed away, plaque hardens into a barnacle-like material to form calculus, commonly known as tartar. Just like lime deposits on a shower drain, the hardened calculus is difficult to remove. The biofilm will continue to grow and infect your gums, sometimes causing redness and bleeding you may or may not see.

Gingivitis will progress and become periodontitis, a much more serious form of gum disease. With periodontitis, calculus deposits expand on the surface of your teeth, edging down below your gum line. This causes your gums to separate slightly from the teeth and supporting bone, forming periodontal pockets. The infection and the pockets may continue to deepen, eating away at the jawbone until your teeth become loose and fall out—unless you seek treatment.

### Do I have gum disease?

Are your gums red or puffy? Do your gums bleed when you brush or floss? Are any teeth loose? Has anyone told you that you have bad breath? Do you wake up with a bad taste in your mouth or blood on your pillow? You could still have gum disease, however, even if you don’t see any of these clues. Because symptoms don’t typically appear until advanced stages, if they appear at all, most patients don’t realize they are infected with this disease.

### Can I avoid getting gum disease?

Prevention is always the least painful and least expensive path to good health. A complete and gentle tooth and gum exam will tell if any infection is present. If there are no infections, then your gum care doctor or hygienist will suggest a plan that includes regular brushing, flossing, and dental hygiene visits as your best bet for avoiding dental infections. Since gum disease germs are easily passed on to others through saliva, dental infections can also be passed through tooth brushes, spoons, and forks—anything that touches saliva. Even kissing can spread gum disease and dental infections.

Grinding your teeth or having a bite that isn’t aligned can cause irritation and invisible swelling of the tiny ligaments around the teeth, also leading to dental infections. Don’t skip your regular cleanings and make sure your dentist

checks for the signs of gum infections to help catch the disease in early stages.

### What if I have gum disease?

There are a variety of treatment options, all with a common goal: killing the germs, removing the infection, and closing up the pockets.

In the early stages, “deep cleaning” of all teeth in the mouth is first recommended.

If your early stage gum infection treatment does not work completely or the infection is “moderate” or “severe”—when many more germs are present than “slight” or “early” stages—your dentist may then recommend gum surgery.

If you are one of the 80 percent of adults with gum disease (according to US Surgeon General statistics) don’t risk your health by avoiding treatment of your mouth. Ask your dentist about the LANAP protocol to eliminate periodontal infection for healthier gums and a healthier body.

*Robert H. Gregg II, DDS, is Co-Director for The Institute for Advanced Laser Dentistry and maintains a private practice in Cerritos, Calif.*

## Is coffee good for you?

For many Americans, coffee is a daily habit, even an addiction. For others, it is a guilty pleasure. But some new research suggests that coffee often gets a bad rap, and that coffee drinkers have no need to be ashamed.

Dr. Roseane M. Santos, a professor at South University’s school of pharmacy in Savannah, Ga., runs a research team focused on coffee and health and recommends drinking coffee.

“Coffee is much more than a steaming cup of get-up-and-go,” said Santos. “It contains important minerals such as potassium, iron, and zinc, and an abundance of natural antioxidants known as chlorogenic acids.”

Santos does raise one warning to those who would turn to coffee as a health drink. The blacker your ground coffee is, the less healthful it is. The reason is that when coffee is roasted for too long, there is not much left but caffeine.

So grab that cup of coffee and sip to your health.

## March of Dimes seeks 2011 Nurse of the Year nominations

SEATTLE— In recognition of nurses whose extraordinary efforts stand out, the March of Dimes Washington Chapter is seeking nominations for its ninth annual Western Washington Nurse of the Year Awards honoring local nurses.

The event, which will be held Dec. 8 at the Meydenbauer Conference Center, is presented by Premera Blue Cross.

If you have been touched by the work and caring of an exceptional nurse, you may nominate that nurse by completing a nomination form posted online at [www.marchofdimes.com/washington](http://www.marchofdimes.com/washington) or obtained by calling 206.624.1373.

Nominations are being accepted through Oct. 14.

RNs working at all staff levels in Western Washington who are in good standing with the Washington State Nursing Commission and have been a resident of Western Washington for at least one year are eligible to be nominated. In addition, any student currently enrolled in a nursing program in Western Washington is eligible for the New Generation category. Nominations for Nurse Case Managers are also encouraged.

### Extension volunteers sought

Are you looking for an exciting and rewarding way to contribute to your community? Do you want to learn new skills? Do you enjoy working with people? Then the WSU Extension Ideas for Living program may be for you.

You’ll learn how to present interesting and informative classes on a variety of topics involving money management, parenting, nutrition, food safety, and more. You’ll soon be helping others learn skills that enhance day-to-day living and strengthen families. A six week, one-day-per-week training will be held in Burlington from 9 a.m. to 2 p.m. Thursdays from Oct. 13 through Nov. 17.

To apply, call 360.428.4270, ext. 239 for an application or go to <http://skagit.wsu.edu/FAM/IFL.htm>.

You must apply by October 1.

www.concrete-herald.com

Hamilton, cont. from p. 22

- Purchased a walk-in freezer/cooler unit and had the form framed and backfilled to set it on.
- Thank you to Janicki Industries & Logging for transportation and setting of our storage trailers.
- Thank you to Skagit Ready Mix for the 10 yards of concrete for our freezer/refrigerator deck foundation.
- Donations of food, clothes, and household items were 82,959 lbs. via 15 individuals and businesses. Of this, 28,681 lbs. was paid at approximately \$.04 per lb. through Food Lifeline for shipping/handling

and considered a donation.

TEFAP (Commodities) signature renewals started Aug. 31. We are changing from September-to-September signatures to one year from signature date. This will make the re-signatures less stressful on volunteers and clients. If a client has not yet completed a signature renewal, they will need to do that one year after their original visit.

We are on Facebook ([www.facebook.com/HCFoodBank](http://www.facebook.com/HCFoodBank)) and encourage you to become a fan.

Donations can be dropped off on Tuesdays during regular hours at 951B Petit. Cash donations can be sent to Hamilton Community Food Bank, P.O.

# BUSINESS DIRECTORY

### Auto/Equipment repair

**Clear Lake Heavy Equipment Repair**  
12785 State Route 9, Clear Lake  
360.856.9004  
Maintenance and Repair of Cars/Pick-ups  
Excavators/Dump Trucks and more!  
Roadside Service Available

### Bookkeeping

**UpRiver Bookkeeping Services**  
360.826.4448 or 360.708.9761  
[upriver21@frontier.com](mailto:upriver21@frontier.com)  
Reasonable rates  
Payroll services to full-charge bookkeeping

### Brew pubs

**Birdsview Brewing Co.**  
Fresh micro beer brewed on our premises  
Great food! Family friendly!  
Open Tuesdays through Sundays  
38302 State Route 20, Birdsview  
360.826.3406 / [www.birdsviewbrewingco.com](http://www.birdsviewbrewingco.com)

### Brush cutting

**BrushCutting & Tractor NW**  
Mechanical trimming of: roadsides, berries, ditches, driveways, fields. Tilling/Bx blade. 40hp w/mulching sideboom cutter/brush hog  
360.393.9484 // [bobbyington@gmail.com](mailto:bobbyington@gmail.com)  
[www.brushcuttingandtractornw.com](http://www.brushcuttingandtractornw.com)

### Construction

**Don Payne's Backhoe Services**  
Extensive experience, reasonable rates  
Trenching for electrical and plumbing lines, site preparation, road- and lot-clearing  
360.853.7838 / 770.0178  
[dpaynes2001@yahoo.com](mailto:dpaynes2001@yahoo.com)

### Donald K. Moore Construction

Dump truck / Sand / Gravel / Topsoil  
Complete excavation and lots, to acreage cleared / log loads, underground utilities avail.  
Licensed, bonded, and insured  
360.853.8525 / Reg. #DONALKMO15KE

### Farm and estate sales

**Salmagundi Farms / George A. Lloyd**  
We buy, sell, trade; consignment or cash paid  
35 yrs. sales experience  
Licensed, bonded, & insured  
360.678.5888  
SALES EVERY SATURDAY AND SUNDAY

### Gifts

**All Valley Storage & Gifts**  
31687 SR 20, Ste. 102, Lyman/Sedro-Woolley  
Our prices can't be beat! Beanpod candles, home/garden items, decorating ideas, more!  
360.826.6001 / [allvalleystorageinc@live.com](http://allvalleystorageinc@live.com)  
Online: [www.allvalleystorageinc.com](http://www.allvalleystorageinc.com)

### Matty's on Main

45905 Main Street, Concrete  
\*\* UNIQUE & ANTIQUE \*\*  
Family Gift Shop / Special Orders  
FREE GIFT-WRAPPING AVAILABLE  
360.333.8851

### Hair salons

**Hair Fitness**  
Complete family hair care, specializing in: PERMS / COLOR & CUTS / WAXING  
More than 25 years' experience!  
Call Kathy Monrad and Becki Hoover for appt  
360.853.8684

### Insurance

**Farmers Insurance**  
Notary Public  
45905 Main Street, Concrete  
\*\* CHECK OUT OUR NEW LOW RATES!! \*\*  
PLEASE CALL FOR QUOTE  
360.333.8851

### Lodging

**Ovenell's Heritage Inn/Double O Ranch**  
Fully equipped log cabins; AAA; 580-acre cattle ranch; all-natural, grain-fed beef; special events; getaways; local discounts; and wildlife! See our views of Mount Baker!  
360.853.8494 / [www.ovenells-inn.com](http://www.ovenells-inn.com)

### Photography

**Kristina Collins Photography**  
Specializing in commercial, advertising, and freelance photography.  
Also online social media marketing.  
360.622.6204 [photography@kristinacollins.com](mailto:photography@kristinacollins.com)  
[www.KristinaCollins.com](http://www.KristinaCollins.com)

### Pregnancy counseling

**Pregnancy Choices**  
Pregnancy tests • Options counseling  
Parenting classes and store  
Free and confidential • Walk-ins welcome  
45080 Fir St., Concrete (next to Self-Storage)  
360.853.7700 • [www.pregnancychoices.org](http://www.pregnancychoices.org)

### Restaurants

**Buffalo Run Restaurant**  
Featuring buffalo, venison, elk, ostrich, vegetarian, and all-American favorites!  
M–Th, noon–9 p.m.; F–Su, noon–10 p.m.  
60084 State Route 20, Marblemount  
360.873.2103

### Cascade Burgers

45292 State Route 20, Concrete  
Featuring great burgers, fries, and milkshakes in a 1950s, family-style atmosphere!  
OPEN DAILY: 11 a.m. to 8 p.m.  
Ask about our daily specials! 360.853.7580

### Lyman Tavern

8328 S. Main St., Lyman  
360.826.4131  
Full menu, including fresh burgers, fresh-cut salads, tenderloin steaks  
Find us on MySpace! Go to [www.myspace.com](http://www.myspace.com).

### Neapolis Restaurant

Authentic Mediterranean, dine-in or take out  
108 W. Moore St., Sedro-Woolley  
Sunday through Thursday, 11 a.m. to 9 p.m.  
Friday and Saturday, 11 a.m. to 10 p.m.  
360.855.1400

Box 75, Hamilton, WA 98255. Our phone number is 360.826.4090. We are open every Tuesday from 11 to noon and 1 to 3 pm. The first Tuesday of each month is Commodity Day.

*Larry Weston is office manager for Hamilton Community Food Bank.*

## Become a Concrete Herald Facebook friend!

1. Go to [www.facebook.com](http://www.facebook.com) and sign up.
2. Send a friend request to Concrete Herald.
3. Bask in the glow of its friendship.

**Not advertising in Concrete Herald is like winking in the dark\***

**\*You're the only one who knows what you're doing.**

**Call 360.853.8213 today to be seen in Concrete Herald.**

**To add your business to this directory, call 360.853.8213 or e-mail [ads@concrete-herald.com](mailto:ads@concrete-herald.com)**

**Help stain the community garden fence!**

**Sat., Sept. 17, 9 a.m. to 5 p.m. (Rain date: Sat., Sept. 24)**

Wear old clothes! Bring 3-in. brush, gloves, and a small container to hold stain.  
Questions? Contact Jason Miller at 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

**PEDIATRICS now in Sedro-Woolley**

with **Brad Berg, MD, PhD**

Skagit Regional Clinics is pleased to bring Pediatrics to their Sedro-Woolley office with Brad Berg, MD, PhD. Dr. Berg is a board certified pediatrician providing health care to children from infancy to 18 years. His focus is on general pediatrics, ADHD, depression and developmental disorders.

Pediatric appointments are available from 8 a.m. to 5 p.m. every Thursday in the Sedro-Woolley office. To schedule an appointment in **Sedro-Woolley**, please call (360) 856-4222. If we see an increase in demand for pediatric services for Sedro-Woolley we may be able to add additional days.

Dr. Berg also serves the Mount Vernon office which offers Pediatrics Monday through Friday from 8 a.m. to 8 p.m. and Saturdays from 9 a.m. to 5 p.m. To schedule an appointment in **Mount Vernon**, please call (360) 428-2500.

Additional services in our Sedro-Woolley clinic include: Internal Medicine, Cardiology, Optometry and Podiatry. Skagit Regional Clinics is committed to providing all of our communities with compassionate, multi-specialty health care.

**Dr. Berg's Education:**

- MD - University of Rochester School of Medicine (1999)
- RESIDENCY - Cedars-Sinai Medical Center (Pediatrics-2002)
- FELLOWSHIP - Cedars-Sinai Medical Center (2003)

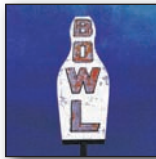
**SEDRO-WOOLLEY**

**Skagit Regional Clinics**  
*A department of Skagit Valley Hospital*

(360) 856-4222 | [www.srclinics.org](http://www.srclinics.org)  
1990 Hospital Drive, Sedro-Woolley, WA 98284

Stanwood | Sedro-Woolley | Arlington | Anacortes | Oak Harbor | Camano Island





# Out & About



## Mount Vernon

### Autumn Arts Festival slated for Oct. 8

Immaculate Conception Regional School in Mount Vernon will hold its annual Autumn Arts Festival on Sat., Oct. 8, from 9 a.m. to 4 p.m. The school's annual PTO fundraiser will be held at the St. Joseph Center at 215 N. 15th St. in Mount Vernon.

Organizers are looking for vendors to participate in the festival. Interested vendors can obtain a registration form by going to the school's Web site at [www.icrsweb.org](http://www.icrsweb.org). Vendors who register by Sept. 9 can save \$5 on their booth fee.

For more information, send an e-mail to [l\\_c\\_yeo@msn.com](mailto:l_c_yeo@msn.com) or call 360.333.0713.

## Burlington

### Human Trafficking event coming Sept. 17

"Drive out Human Trafficking," a double event hosted by Free At Last Ministries, will be held Sat., Sept. 17.

The event, which seeks to address and eradicate the scourge of human trafficking, will begin with a golf tournament at 12 p.m. at Avalon Golf Links, located at 19345 Kelleher Rd. in Burlington. Participation fee is \$500 per team of four and includes golf, cart, lunch, range balls, prizes, and more.

The second half of the event is a dessert

banquet at Mt. Vernon Christ the King Church, located at 2111 Riverside Dr. in Mt. Vernon. Doors open at 6 p.m. for the 7 p.m. banquet. Admission is \$15 prepaid or \$20 at the door.

All proceeds benefit International Justice Mission. Gary Haugen, president and CEO of IJM, will speak at both events. Event sponsored by North Cascades Eye Associates.

Space is limited. Register online only at [www.freeatlastministry.org](http://www.freeatlastministry.org). For more information, call Mary Bron, director of Free At Last Ministries, at 360.840.4347.

### Harvest Festival, Pumpkin Pitch

The 9th Annual Harvest Festival and Pumpkin Pitch, the "first on the West Coast" is set to impress the masses on Sept. 24 at Skagit River Park, located at 1100 S. Skagit St. in Burlington.

With free family activities from 10 a.m. to 3 p.m., this year's event will be featured on The Weather Channel's "Pumpkin Palooza," which will air in mid-October.

With organizers expecting crowds to exceed 7,000, this year's 9th Annual Harvest Festival and Pumpkin Pitch promises to be the best yet. Look for trebuchets pitching pumpkins more than 1,000 feet, the famous zucchini race cars, and contestants devouring 5-pound pumpkin pies in minutes.

- Scheduled activities include:
- Local sprint car on display, Sportsman Sprint with driver Justin Youngquist
  - Pumpkin painting

## Skagit County

### Planning Commission applicants sought

SKAGIT COUNTY — The Skagit County Board of Commissioners is seeking applicants to fill a vacancy on the Skagit County Planning Commission from County Commissioner District 2.

To apply, send a letter of interest and statement of qualifications to Skagit County Board of Commissioners, Attn: Linda Hammons, Re: Planning Commission Vacancy, 1800 Continental Place, Mount Vernon, WA 98273.

For more information, contact Linda Hammons at [lindah@co.skagit.wa.us](mailto:lindah@co.skagit.wa.us) or at 360.336.9300.

## La Conner

### 2011 Quilt Festival

LA CONNER — The 2011 Quilt Festival is a celebration that includes a three-day show of juried and judged quilts.

The event runs Fri., Sept. 30, from 9:30 a.m. to 5 p.m.; Sat., Oct. 1, from 9:30 a.m. to 5 p.m.; and Sun., Oct. 2, from 10 a.m. to 4 p.m. at Maple Hall and the La Conner Quilt & Textile Museum. A \$10 donation includes entrance to both venues.

Maple Hall will showcase the juried and judged show, demonstrations, specialty vendors, and a silent auction. Four days of workshops led by international instructors and quilt events will take place within walking distance of Maple Hall and the La Conner Quilt & Textile Museum.

For more information, call 360.466.4288. A complete list of events is posted at [www.laconnerquilts.com](http://www.laconnerquilts.com).

### Quilt Walk in La Conner Shops Sept. 1 through Oct. 16

Stroll through the unique shops in La Conner to view beautiful quilts from the Tri-City Quilters Guild of Southeast Washington.

A wide range of styles will be seen, including traditional, pieced, appliqué,

## Skagit County

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For more information, contact Linda Hammons at [lindah@co.skagit.wa.us](mailto:lindah@co.skagit.wa.us) or at 360.336.9300.



**Above:** Anne Bussiere of Annie's Pizza Station in Concrete has entered her work, "Skagit Sunset," in the 2011 Quilt Festival. The piece was created from pieces of recycled snack chip and other packaging bags. Each little bit of color was first lightly glued and then stitched by machine to the backing, which is cut from a plastic beer sign. Additional stitching was added for enhancement. It was originally made for the recycled art contest earlier this year.

contemporary, innovative, and art. Quilt Walk maps will be available at participating shops, the La Conner Quilt & Textile Museum, and online at [www.laconnerquilts.com](http://www.laconnerquilts.com).

Hours vary by shop; usually 10 a.m. to 5 p.m. Sponsored by the La Conner Quilt & Textile Museum as part of its 2011 Quilt Festival, the quilt walk is free.



# Home & Garden



### WSU Know & Grow Workshop: Low-Impact Design

WSU Skagit County Extension Master Gardeners in partnership with WSU-Mount Vernon NWREC present a WSU Know & Grow workshop, "Low-Impact Design," on Sept. 13, from 1 to 2:30 p.m. at WSU Mount Vernon NWREC Sakuma Auditorium, 16650 State Route 536 (Memorial Highway).

Local landscape designer Zsofia Pasztor will explain how to design a landscape that uses less water and how to incorporate native plants into your yard or garden. For more information, call 360.428.4270 or go to <http://skagit.wsu.edu/MG>.

WSU Know & Grow is a series of Tuesday afternoon workshops for the home gardener that combine the latest in horticultural research with sound gardening advice presented by the Washington State University Skagit County Extension Master Gardeners.

### Extension to offer livestock classes

The Skagit County Extension office will offer livestock classes covering beef, sheep, poultry, goats, horses, rabbits, swine, and more beginning Sept. 13.

For 10 weeks (Tuesdays from 6 to 9 p.m.), attendees will learn the housing, feeding, and care requirements to successfully raise their own livestock.

Classes are tailored to accommodate beginning micro farmers and those with considerable acreage. Students will learn handling techniques and economic considerations while networking with other livestock owners.

Graduates agree to return 60 hours of volunteer time during the next two years. Cost is \$200. Classes are held at the Skagit County Extension office in Burlington.

To register, download an application at <http://skagit.wsu.edu> or call 360.428.4270, ext. 0.

### Join the Arbor Day Foundation in September and get 10 free live oak trees

As part of the Arbor Day Foundation's Trees for America campaign, everyone from Washington who joins the Foundation in September will receive 10 free live oak trees.

Trees for America is a program of the Arbor Day Foundation that encourages everyone to plant trees to help the environment. The Arbor Day Foundation is the largest nonprofit organization in the United States dedicated to planting trees, with more than 1 million members nationwide.

"Those who plant live oak trees will enjoy their shade and splendor for years and years to come," said John Rosenow, chief executive and founder of the Arbor Day Foundation. "These trees will also add to the proud heritage of Washington's 80 Tree City USA communities. For 35 years, Tree City USA has supported community forestry across Washington, and planting these live oaks will enhance the state's tree-planting tradition."

The trees will be shipped postpaid at the right time for planting, between Oct. 15 and Dec. 10. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge. Planting instructions are enclosed with each shipment of trees.

New members of the Arbor Day Foundation will also receive The Tree Book, which includes information about tree planting and care.

To receive 10 free live oak trees, send a \$10 membership contribution to Ten Live Oaks, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by Sept. 30, or join online at [www.arborday.org/september](http://www.arborday.org/september).

**Not advertising in Concrete Herald is like winking in the dark\***

**\*You're the only one who knows what you're doing.**

**Call 360.853.8213 today to be seen in Concrete Herald.**

## The Garden Corner

By Gladys Silrus

### September tips

September can be the driest month of the year. Keep up the watering, as well as other garden chores. Wait for a cool day to plant your container roses.

Watering basics: Water in the early morning. Water the soil, not the leaves. Water deeply and occasionally, rather than shallow and often.

For the best selection, buy bulbs as soon as you see them in stores. Keep them in a cool, dry place until October planting.

September is an excellent month to reseed and repair lawns. You'll need to water as often as daily until the seed has sprouted and established.

Stop fertilizing roses and perennials, because it will only encourage tender new growth that will get zapped in winter.

Whack those weeds. I know you are tired of gardening but this is the time to

weed. Remember the old saying about weeds: One year's seeding means seven year's weeding.

Deadheading 101: Even now, keep deadheading! You'll have more flowers longer. Tired of deadheading? Throw them in the compost and wait for winter.

Happy gardening!

*Got a question about gardening? Send your question to Gladys for an answer! Contact her at 360.826.4848, or write to her at [gsilrus@frontier.com](mailto:gsilrus@frontier.com) or 42002 Pine St., Concrete, WA 98237.*

**Help stain the community garden fence!**  
**Sat., Sept. 17, 9 a.m. to 5 p.m.**  
**(Rain date: Sat., Sept. 24)**  
Wear old clothes! Bring 3-in. brush, gloves, and a small container to hold stain.  
Questions? Contact Jason Miller at 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

**90.1 KSVU-FM**  
88 News, Talk, and Music 108  
**Skagit Valley Upriver Community**

To volunteer for KSVU call 416-7001  
To sponsor KSVU call 416-7711

**Our Garden needs YOU!**

**The Angele Cupples Community Garden in Concrete needs donations (in any amount) and volunteers. If you can handle a paint brush or a shovel, YOU CAN HELP, whether you're a teen or a senior.**

**Call 360.853.8213 or e-mail [goodwords@frontier.com](mailto:goodwords@frontier.com) to find out how you can help.**





# Smile

## Dwelleysms

Wit from the Herald's former editor

“Castro is like all little dictators, who trade on being cocky with big countries until they get to believing it is fear instead of patience that keeps reprisal away. His itchy trigger finger, however, is now aimed directly at the Cuban people, who will suffer for his stupidity.”

—Jan. 5, 1961

“Castro now has the problem of deciding whether the naval show in the Caribbean is a display of might—or might not.”

“The first step in disarmament to end war should be putting a few mouths in mothballs.”

—Jan. 12, 1961

“One heartening thing about unemployment with compensation is that there are always a few found to be working at it.”

—Jan. 19, 1961

“A bit of a furor over new shoe styles. If they get any longer and sharper pointed, they can be banned as dangerous weapons.”

“There are many ways to get what you want in this world. One of the simplest

is to ask for it. You’d be alarmed by how many times you’d get turned down, but quite surprised at the percentage of successes.”

—April 20, 1961

“Standing on your head is recommended as a sure relief from tension. It works, however, only for those who are free enough of inhibitions to stand on their heads.”

“Any good fishing tackle salesman will tell you that his displays catch more fishermen than fish.”

—April 27, 1961

“Fishing is a true test of patience. However, it has never been satisfactorily established whether it is that of the fisherman or his wife.”

—May 4, 1961

## Thanks

I want to thank all of you for your educational e-mails during the past year. I am totally screwed up now and have little chance of recovery.

- I can’t shake hands with someone who has been driving because the No. 1 pastime while driving alone is picking one’s nose.
- I no longer have any savings because I gave it to a sick girl (Penny Brown) who is about to die for the 1,387,258th time.
- I no longer have any money, but that will change once I receive the \$15,000 that Bill Gates/Microsoft and AOL are sending me for participating in their special e-mail program.
- I can’t use cancer-causing deodorants even though I smell like a water buffalo on a hot day.

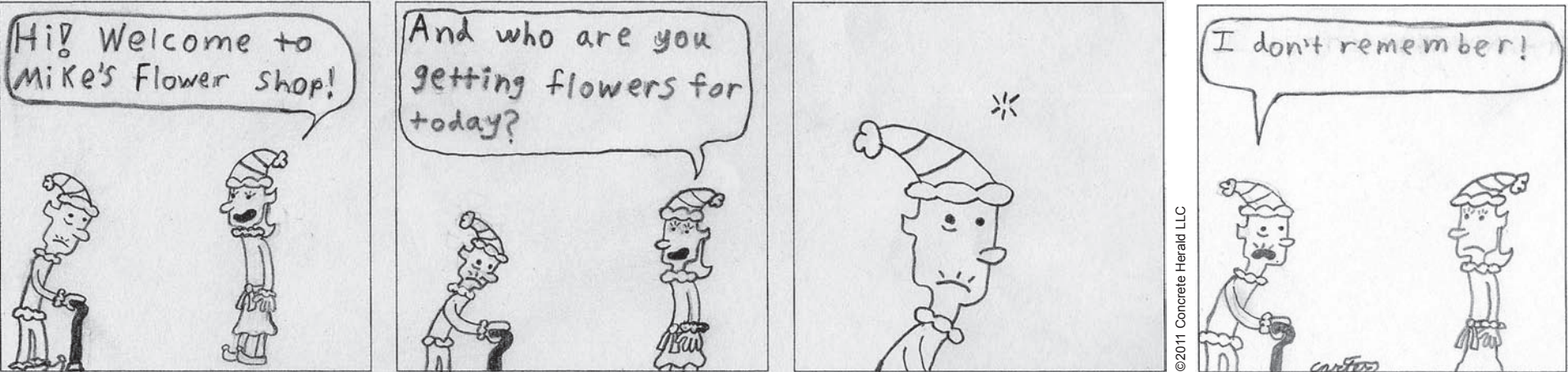
—Anonymous

## Concrete Harold



By Joyce Harris

## An Elf’s Life



By Jonathan Carter

## Crossword: “Tricolored”

By Myles Mellor

1	2	3	4		5	6	7	8	9		10	11	12	13
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62								63	64					
65					66						67			
68					69						70			

### Across

1. Driven transport  
5. Jewish teacher  
10. Kind of instrument  
14. “By yesterday!”  
15. Betelgeuse’s constellation  
16. “Cogito, \_\_\_\_ sum”  
17. Rarely  
20. Back  
21. Outdo  
22. Annexes  
25. Dates  
26. Chop (off)  
29. Piques  
31. Can’t stand  
35. “The \_\_\_\_ Daba Honeymoon”  
36. Andrea Doria’s domain  
38. Arabic for “commander”  
39. Fab Four film  
43. Otherwise  
44. Character  
45. Poetic meadow  
46. Mideast capital  
49. Goose speech  
50. Time zone  
51. Froth  
53. Big laugh

55. Astronomer  
58. Choker  
62. Destination of the disgruntled?  
65. Dirty coat  
66. Sea gear  
67. Ball field covering  
68. Barley beards  
69. 1980s-’90s ring champ  
70. Cut down

### Down

1. Golden Triangle country  
2. “\_\_\_\_ She Lovely?”  
3. Disabling spray  
4. “La Bohème,” e.g.  
5. Howard of “Happy Days”  
6. Victorian, for one  
7. Food collectors?  
8. Dense mass  
9. Accustomed  
10. Learn again  
11. “Aeneid” figure  
12. These may be inflated  
13. Family head  
18. Deep blue  
19. Old weapon  
23. Attracted

24. Taste, e.g.  
26. Cake part  
27. Ancient editorial marks  
28. Buddy-buddy  
30. Pole position?  
32. “South Pacific” hero  
33. Trig functions  
34. Foot the bill  
37. Dislike intensely  
40. Flyers  
41. Like old recordings  
42. Obliquely  
47. Slay  
48. Most healthy  
52. Compassion  
54. Licks  
55. Cultivate  
56. Long, long time (var.)  
57. Sonata, e.g.  
59. Daunting exam  
60. “Buona \_\_\_\_” (Italian greeting)  
61. Glimpse  
62. Fed. construction overseer  
63. Blood group system  
64. Gabriel, for one

## Sudoku

By Myles Mellor and Susan Flanagan

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

		1	5	3			4		
		2				4			3
		9				6	5		
						3	7		6
6				7	5	1			8
9			7	8					
			8	1				4	
4				6				2	
			9			5	6	1	

\*Solutions to both puzzles are on p. 38.

## Bumper stickers ...

- Very funny, Scotty. Now beam down my clothes.
- Lottery: A tax on people who are bad at math.
- Few women admit their age. Few men act theirs.
- We have enough youth, how about a fountain of SMART?
- Forget world peace. Visualize using your turn signal.
- So you’re a feminist ... Isn’t that cute.
- As long as there are tests, there will be prayer in public schools.

—Source: Ahajokes.com

## Help stain the community garden fence!

Angele Cupples Community Garden  
Main St. and Superior Ave.  
Concrete

Sat., Sept. 17, 9 a.m. to 5 p.m.  
(Rain date: Sat., Sept. 24)

Wear old clothes! Bring 3-in. brush, gloves, and a small container to hold stain.  
Questions? Contact Jason Miller at 360.853.8213 or goodwords@frontier.com.

## Taco Tuesdays! 3 tacos for \$3

Concrete Eagles, Aerie #1444  
Concrete Town Center

Every Tuesday, 5 to 7 p.m.,  
through September

All proceeds go to  
scholarships for CHS  
or local charities



Jack, cont. from p. 29

After the war, Jack settled back in Concrete, started a family, and for several years worked as an operator for Puget Power on the lower Baker Dam. Later, he worked as the Public Works Supervisor for the Town of Concrete.

Jack built his family home some five decades ago; he also built the Hoover’s Food Center, which he operated with his father and brother. Today, that building serves as the town’s post office.

I came to know Jack from the people that knew him. Jack was a mainstay of his little town; each person I spoke with had a story about him from serving as Mayor (1952–1960) to being the Fire Chief and his many years of service to the Concrete Fire Department. Jack was involved in many civic organizations in town, including the Elks, American Legion Post 132, a lifetime member of the USS Bunker Hill Survivors Association, and a principal supporter of the Concrete Heritage Museum.

Jack passed away on a Friday and was buried with full military honors on a Monday. He is now a thread in the fabric of the town’s history. It has been my honor to tell his story. Today, Jack is on the high ground overlooking the town he loved.

I miss him.

Concrete Council, cont. from p. 5

the piles until the Cliftons can find a buyer for them. Mr. Clifton responded very sternly with a yes.

Jason Miller stated that he would like to see the section of the code that discusses construction debris and attractive nuisances.

Jack Mears stated that Mr. Clifton may consider the pile of crushed concrete as valuable, but that does not change the fact that it is still construction debris and needs to be removed as agreed during the beginning of the demo project.

Alan Wilkins requested information regarding the large rocks that line the north side of McKee Alley and if they were going to be removed. Alan stated that the public works department used to mow this area. Mr. Clifton stated that it is private property and is none of the town’s business as to what it is done with the rocks.

Mayor Wilson ceased further discussion at this point. David Day requested if Ted or his father should be the main contact in the future regarding this issue. Ted requested that both he and his father be notified.

- Alan Wilkins discussed complaints received regarding speeding on Hillside Alley and requested that a 10 mph speed limit be imposed on this road. It was the consensus of the mayor and council to proceed with imposing this speed limit.
- Paul Rider reported to the council on name suggestions for Town Park. He stated he believes the town should honor and recognize its heroes. Discussion ensued on the future plans for the park. Jack Mears made a motion to rename the park Veterans Memorial Park. The motion carried unanimously.



This scanned image from the Nov. 3, 1938, issue of *Concrete Herald* shows the front-page story of many Concrete citizens’ reaction to Orson Welles’ radio broadcast of an adaptation of H. G. Wells’ *War of the Worlds*. A freak coincidence caused the town’s power to fail just as the broadcast was building to its climax. Main Street immediately filled with frantic citizens; some fled to the hills.

Worlds, cont. from p. 1

“Sheer terror, as real and as compelling as ever experienced in any war-torn city visited the homes of many in Concrete Sunday evening,” wrote then-editor Charles M. Dwelley. “... the experience was just as real as if the frightened people had met the death they expected.”

The War of the Worlds story and its impact on Concrete and the rest of the country is the subject of a planned film by Bellingham documentary filmmaker Todd Warger. Warger hopes to complete the documentary by the broadcast’s 75th anniversary in October 2013, and is looking for stories and information from current and former Concrete residents to help him tell the tale. Warger is especially interested in talking with anyone who might have witnessed the reaction in Concrete during the original broadcast.

“Our film documentary on what happened to Concrete in 1938 will certainly recreate the chaos that occurred there. But in no circumstance will it mock the town or the people taken in by the broadcast. I want to concentrate on the fear that captured the town and how that was possible,” said Warger, who is teaming with visual effects artist Langley West and cameraman and film editor David Lowrance of Family History Video to produce the film.

### Can you help?

Documentary filmmaker Todd Warger is seeking stories, photographs, journal entries, movie clips, etc., about Concrete’s reaction to the War of the Worlds broadcast, especially from those who may have witnessed the event. Contact him at toddwarger@yahoo.com or 360.223.1597.

www.concrete-herald.com

www.concrete-herald.com

Editorial, cont. from p. 2

of the Sauk and Suitttle Rivers, and surrounded by the Cascade Mountains.

There has never been a public acknowledgement that this small tribe employs 63 people on a full-time basis, 50 percent of whom are nonIndian or Caucasian. In fact, the Sauk-Suitttle tribal members make up only 29 percent of the workforce; other tribal members (nonSauk-Suitttle) make up another 19 percent, and other, 2 percent. The tribal employment statistics do not include part-time or casual labor, nor do they include the people who work for their enterprises.

When the employment adjustments began three months ago, the first three persons who were terminated were tribal members. Since that time, two nonIndians were hired, including one in the police department and one as the Fisheries Manager. One Sauk-Suitttle person was hired in the Health and Social Services (HSS) Department; most recently, a Tribal person was hired as Director of HSS.

When a reduction in force or restructuring of administrative job positions occurs, obviously all segments of the worker population are going to be affected.

This tribe has three departments that employ all nonIndian employees: The Education Department, the Police Department, and the Finance Department.

This tribe is not alone in its efforts to remain fiscally responsible. Unlike the various states of our nation, it is not suffering from uncontrolled debt and deficits. In Washington alone, tens of thousands of jobs are being lost to “budget shortfalls,” including thousands of teachers and staff in our school districts. In January of this year, the tribal council went through some very revealing realities in terms of budgets. The tribe’s response is not to current financial problems, but to the avoidance of problems in the near future, if costs are not put in check. The continued review of costs, especially as related to the tribe’s own funds, will continue on an orderly basis, although no further layoffs are anticipated. However, positions may change and salaries may be adjusted accordingly.

Of the 11 positions that were terminated, 55 percent were nonIndian, 36 percent Tribal, and 9 percent other. Some of the positions have been eliminated, others redefined with new beginning wage rates, and others will be advertised as changed. All persons may apply for any jobs announced at the tribe on a competitive basis.

The Sauk-Suitttle Indian Tribe has in its long history been a fair and considerate

employer. It is an “at will” employer and all personnel hired acknowledge that they are working for an “at will” employer. The Sauk-Suitttle Indian Tribe is the 2nd largest employer in the Darrington area.

At the tribe’s two enterprises, a gas station and a discount smoke shop, there are another 10 full-time employees, of which 90 percent are nonIndian. They also employ an additional six part-time employees.

This tribe is not prejudiced against any people of any color, race, religion, or sexual preference. It is a sound government that seeks to preserve its rich tribal culture; beneficially contribute to the environment all around its mountains, valleys, and rivers; and build a place for the future of its peoples, while employing professional personnel for the benefit of the Sauk-Suitttle Indian people.

*Jim Thomas  
Office of the Chief Executive Officer  
Sauk-Suitttle Indian Tribe*

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**\*You’re the only one who knows what you’re doing.**

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### NOTICES

**NOTICE OF TOWN COUNCIL VACANCY.**

Notice is hereby given that the Town of Concrete Town Council will accept letters of interest and applications from any interested, qualified person to serve on the Town Council.

Applications and letters of interest must be submitted to the Town of Concrete Clerk-Treasurer, 45672 Main Street, P.O. Box 39, Concrete, WA 98237 no later than 4:30 PM September 20, 2011. For more information, please contact Andrea Fichter at (360) 853-8401.

Per Town of Concrete Council Rules of Procedure, a committee composed of the Mayor and two (2) Council members will review the letters of interest and/or interview the applicants. The committee will then submit the names of the proposed appointee(s) to the full Council for action.

Applicants are also requested to attend a Council meeting to give oral testimony as to why they wish to serve on the Council and answer questions from the Mayor and Council.

### RENTAL PROPERTIES

**Small, 1-bedroom cabin for 6-mo. rental period.**

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### SERVICES

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**Gladys’ Upholstery Shop.** Quality work, reasonable prices. 360.826.4848.

**Got aluminum cans?** Don’t throw them away! Give them to Grayson and Tanner. 360.853.8542.

**Pat Buller Photography.** Incomparable North Cascades scenery in notecards, postcards. 360.873.4344.

**Sauk View Gallery.** Flea Market Sept.17, 10–4. Produce, etc. \$10/ space. Apple cider pressing! Your apples or ours. Oct. 2. 360.853.8209.

To place a Classified ad, call 360.853.8213 or e-mail [ads@concrete-herald.com](mailto:ads@concrete-herald.com).

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# Help stain the community garden fence!

## Angele Cupples Community Garden Main St. and Superior Ave., Concrete

### Sat., Sept. 17, 9 a.m. to 5 p.m. (Rain date: Sat., Sept. 24, 9 a.m. to 5 p.m.)

Wear old clothes! Bring a 3-in. brush, gloves, and a small container to hold stain. Stay as long as you like!  
Questions? 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).



# Choices Ahead

## COMMUNITY FORUMS ABOUT THE PROPOSED ALLIANCE WITH PEACEHEALTH

United General Hospital is considering an alliance with PeaceHealth, a Northwest-based, nonprofit health care system with facilities in Washington, Oregon and Alaska, including PeaceHealth St. Joseph Medical Center in Bellingham. An alliance, if approved, could mean that PeaceHealth would lease and operate United General Hospital. We would like to hear your comments and suggestions as we explore ways to strengthen health care services in our community. Please plan to attend one of the following Community Forums. For more information, please contact Valerie Stafford at (360) 856-7323, or [communications@unitedgeneral.org](mailto:communications@unitedgeneral.org).

### **Wednesday, September 7 at 7:00 p.m.**

Sedro-Woolley Community Center  
703 Pacific Street, Sedro-Woolley

### **Thursday, September 8 at 7:00 p.m.**

Concrete Theatre  
45920 Main Street, Concrete



### **Tuesday, September 13 at 7:00 p.m.**

Burlington Public Library  
820 E Washington Ave., Burlington

### **Wednesday, September 21 at 7:00 p.m.**

Samish Island Community Hall  
11292 Blue Heron Road, Bow



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