

# Concrete Ink

The Voice of the Upper Skagit Valley

Vol. 97, No. 9

September 2014

concrete-hera

50 cents

Clear Lake • Sedro-Woolley • Lyman • Day Creek • Punkin Center • Hamilton • Birdview • Grasmere • Concrete • Cape Horn • Sauk City • Sauk Valley • Rockport •

• Newhalem • Diablo

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Sedro-Woolley will come alive with history Sept. 13–14 as the city celebrates the 20th annual Founders' Day—and the final bank robbery reenactment. *Page 17.*

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During the second week of September, WSDOT and Snohomish County will host the last community meetings before the reconstruction of SR 530 is completed. *Page 25.*



### Honoring an icon

Lifelong Marblemount resident Merv Peterson was honored Aug. 17 when the bridge over the Skagit River was dedicated in his name. *Page 26.*

## what we think about our ink

Five years ago, Dyllan Norris' sister was murdered by her husband. The couple was going through a divorce and a restraining order proved to be too little, too late. The day the order was issued, he put on a trench coat, loaded it with weapons, hunted her down, and shot her outside her place of employment. After he killed her, he killed himself, leaving their two children without a mother and father.

Teresa Beiser was her name. She was 37 years old. Norris has her face, her name, and imagery to honor her tattooed over most of her left arm.

"This whole arm is her arm," said Norris of her sister. "I wanted her on my left arm, closest to my heart. That's where she resides. She is deeply, deeply missed."

See Ink, p. 10



Dyllan Norris of Sedro-Woolley wears her heart on her sleeve in the form of a memorial tattoo honoring her late sister.

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# Concrete Herald

The Voice of the Upper Skagit Valley



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From the editor

## Cascade Days needs volunteers

Another year, another successful Cascade Days event. The two-day bash is Concrete’s largest, drawing thousands into town from all over the state and country. But it doesn’t just happen. Cascade Days is the product of a committee of dedicated volunteers who plan the event during the year leading up to it. All those activities you love to see and participate in—the Log Show, parade, Car Show, Firemen’s Muster, kids’ games, chainsaw carving, the crazy mud run that debuted this year, scavenger hunts, pie- and watermelon-eating contests—those activities don’t just materialize out of thin air. It takes teams of people who are willing to work through the logistics and sometimes frustrating surprises in order to make sure *you* have a great time. The people who have brought you Cascade Days for the past several years are all volunteers, and they’re getting tired. They need help. They need *your* help. Think about what you might be able to bring to the table. Ever done any event planning? Are you willing to “grab a root and growl,” as my dad says? Can you simply be available to fill in any gaps, any needs the committee may have as it plans for 2015? Volunteering can be draining—believe me, I know. But it has its reward in a job well done, in a grateful citizenry, in happy children. You’ve heard it said that many hands make light work; that’s especially true in the volunteer world. Think your contribution is too small or insignificant? It’s not, I assure you. The valiant volunteers who sit on the Cascade Days Committee need your involvement to make sure it runs smoothly and with a minimum of roadblocks next year. If you’re ready to roll up your sleeves and help make Cascade Days be even better, send an e-mail to [information@cascaadedays.com](mailto:information@cascaadedays.com) or call 360.853.7867. Thank you for engaging in your community!

—J. K. M.

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# Opinion

## Letters to the editor

**Library district annexation should be a priority**  
It’s hard to understand the benefits of restoring the Superior Building. Years ago, other like-minded citizens worked hard to restore the Henry Thompson Bridge, believing it was important to the town’s heritage and tourism. Today it sits, apparently forgotten, looking much as it did before so much work and pride was invested.

If the town really wanted to invest in the future, the mayor and council would make annexation into the Upper Skagit Library District a priority. Libraries provide access to knowledge, information, and services (including the Internet), as well as resources for development and entertainment. Annexation would allow the town to participate in design and development of a modern library and community building with state-of-the-art facilities. (Check out the Darrington library). A library would be something that all Concrete citizens could use and be proud of. Imagine that!

Greta Movassaghi  
Rockport

**Airport leases: Both sides should own up to roles**  
The Concrete Town Council on Aug. 25 once again spent time discussing whether or not someone should be held to the terms of a contract. Not just anyone, but the lease holders on lots at the airport. If it was just anyone, I really don’t think this issue would keep coming up time after time after time. How many regular citizens would be forgiven for being years behind in their water and sewer bills? And forgiven not once but multiple times? In the past, these lease holders have been forgiven again and again for not meeting their agreed-to obligation to build

hangars on their leased property. Imagine a parent who assures their child that a certain behavior will be met with certain consequences. How many times does the parent have to ignore that promise before the child feels they can ignore the warnings and act with impunity? I think it’s time both sides own up to their roles and responsibilities. Just because one side doesn’t want to be responsible, it doesn’t mean the other side should shirk theirs.

John Boggs  
Concrete

**Mud run kudos**  
I would like to start by saying “wow.” This has been a learning experience for me. I have once again found that we live in an amazing town. I could not have accomplished such a huge task without

See **Letters**, p. 38

## Corrections

Michael Bartel was referred to by his brother’s name (Charlie) on p. 12 of the August issue. My apologies, Michael. The Business Spotlight column on page 7 of that issue should have noted that Harlyn Meyer, Jim Meyer’s wife, retired four years ago.

**Letters policy**  
Letters of 200 words or fewer may be e-mailed to [letters@concrete-herald.com](mailto:letters@concrete-herald.com) or sent to Concrete Herald, P.O. Box 682w, Concrete, WA 98237. Writers must include their name and town or community for publication, plus a daytime telephone number for confirmation purposes. *Concrete Herald* reserves the right to edit letters for length, clarity, accuracy, spelling, grammar, and potentially libelous statements. So be nice.

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## Message from the mayor

By Jason Miller



A major step toward construction of the **Fire and Life Safety Facility** was taken by our Town Council during a special meeting on Aug. 27, when they voted unanimously to award the project to Interwest Construction. Interwest was the low bidder, but still came in around \$100,000 over our budget, so we sat down with them and hashed out a series of changes and deletions that we could live with, in order to bring the total down to within our means. On Aug. 27, council approved those decisions and kept the ball rolling. We’re now looking at Sept. 15 for construction to begin. On Wed., Sept. 17, a **community forum** at Concrete Town Hall will allow you to discuss the pros and cons of the town possibly annexing into the County Library District. The forum will be held from 7 to 9 p.m. This will be the first of many opportunities for you to ask questions and make comments about this strategy. Councilmembers and library representatives will be on hand to listen and respond. Did you notice the **street-sweeping signs**? Our Public Works staff have begun sweeping Main St. at Concrete Town Center every Friday. We’re asking you not to park on Main St. between 6 and 8 a.m. every Friday. Your cooperation will help us keep your town neat and appealing. Kudos to **Don Payne**, who has almost singlehandedly funded the beautiful plaza that is taking shape at the west end of Town Center. Already the plaza is delivering on its promise to provide a place where locals and visitors can linger and take a load off. Thanks also to Don’s helpers. Remember, **Concrete Town Council** meets the second and fourth Mondays of each month, at 7 p.m. in Town Hall. Please grace us with your presence as often as you can. By doing so, you will be ensuring that you are getting the government you deserve. *Concrete Mayor Jason Miller can be reached at [goodwords@frontier.com](mailto:goodwords@frontier.com) or 360.853.8213.*

## East Valley Medical ownership shifts

At its regular meeting on Aug. 28, the Board of Commissioners of United General District 304 approved the change in ownership of East Valley Medical Center & Pharmacy in Concrete to Sea Mar, one of Washington State’s largest providers of community-based, comprehensive health care. The change takes effect October 1. United General District 304 has operated the Concrete facility since January 2013. In April 2014 the District finalized an alliance with PeaceHealth, which now operates the Sedro-Woolley hospital, as well as several clinics. District 304 has shifted its focus to community health promotion and wellness services. “It’s very important that East Valley Medical Center be maintained,” said Chuck Ruhl, one of five commissioners overseeing United General District 304, “as it serves a critical role for residents in eastern Skagit County. There was no way we would let that lapse.” Sea Mar health care services are available in 20 medical clinics, 13 dental clinics, and 16 behavioral health and/or substance abuse treatment centers in western Washington. Sea Mar serves people of all races, ethnicities, and income levels. For those with limited incomes, services are billed on a sliding-fee scale based on annual household income and family size. East Valley Medical Center has served eastern Skagit County since 1982, providing primary care, X-ray, lab, and pharmacy services. Daniel Garcia, MD, and his wife, Emily, have owned the building and he has been the clinic’s only physician for more than 20 years. Dr. Garcia will continue to practice there. Sea Mar anticipates adding a second provider in the future. “We’re extremely fortunate to have Sea Mar assume ownership of the clinic,” said Ruhl. “Not only will existing health care services be maintained, but additional programs and services may be added, and more people will be served, thanks to Sea Mar’s sliding-fee scale. This is exactly the type of community collaboration District 304 is focusing on.” United General District 304 also continues to serve the community through wellness, fitness, nutrition, and community outreach programs. Superintendent/CFO Ted Brockmann supervises those programs, leading a staff of approximately 25 employees.

—Submitted by UGD 304

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# Election 2014

## Janicki, Loy face off in General Election

Commissioner Sharon Dillon’s District 3 seat on the Board of County Commissioners is up for grabs, and two candidates will vie for it in the November General Election.

Democrat Lisa Janicki dominated the August Primary, garnering 57 percent of votes with 3,646. Her opponents, Sedro-Woolley City Councilman Kevin Loy and attorney Pat Hayden, ran neck and neck between them, but trailed Janicki with 1,419 and 1,387 votes, respectively.

**Lisa Janicki**

As Chief Financial Officer at Janicki Industries Inc., Janicki told *Concrete Herald* she’d thought about running for public office for some time. She looks at the long term and isn’t comforted by what she sees, especially when it comes to financial planning.

“There are some legacy decisions that are being made in the county that will affect generations down the road. The flood protection is part of it, the restoration of salmon habitat and its effect on farmlands, growing population and pressure to maintain density and build wisely. Right now seems the place and time where I can make a difference about what happens in the future,” said Janicki.

Janicki, 53, served on the board for Economic Development Association of Skagit County for two years, as well as board president twice. She’s also a board member for Association of Washington Business.

Janicki named water rights, property rights, health care access, SKAT



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issues, and the elk conundrum as topics that are top of mind for her, as well as constituents’ frustration with the sometimes glacial pace at which government sometimes seems to move.

“People are frustrated with government because government works so slowly,” she said, naming the Fruitdale Rd. collapse as an example of county and municipal gridlock. “The road has been out of commission for two years now, and the county and city can’t seem to figure out how to deal with it. So two government entities need to get down to the issues and figure it out. You need to prioritize the ideas, and logical funding will follow.”

Economic development is also a topic of interest for Janicki, who said she intends to put her EDASC experience to work with cities, towns, and chambers of commerce to come up with a collaborative business recruiting plan.

“We need to figure out what we want in terms of industry and jobs in the county,” she said. “It has become painfully apparent what we don’t want, because some companies have been run out on a rail when they propose to build in Skagit County. I intend to come up with a plan instead of waiting for random contacts to knock on our door and we have to decide if we want them here. I want to welcome



Janicki

the right kind of businesses, once we decide what that right kind of business is.”

**Kevin Loy**

A self-employed independent insurance broker, Kevin Loy, 60, believes he has what it takes to represent the people of District 3. The Republican is in his third year as a Sedro-Woolley City Councilman, spent eight years on the city’s Planning Commission, and is in his 13th year as a county Parks Board member.



Loy

Loy has seen the inner workings of government, and he’s not happy with it. “So many of our elected officials believe they represent the government and not the people. I will represent the people. Water rights, property rights issues—on these topics, too few elected officials represent the people. That’s not the way it’s supposed to work,” he said.

Loy told *Concrete Herald* he’s been in business his whole life, including time spent as an operations manager in the construction industry, at one point juggling \$9 million in revenue during a three-month period, and managing hundreds of people, plus equipment, in operations that stretched from Olympia to the Aleutian Islands.

“Working with people is a skill,” said Loy. “I seem to be able to get along with and come to agreements with people when we’re trying to accomplish something. I already have relationships with a lot of our state legislators and a couple congresspeople; they’ve stated they’re ready to work with me.”

Loy said he’s willing to take action to represent eastern Skagit County in particular, which he feels has been underserved in the past. “I think the east county has always been a bit of a

stepsister, given lip service. We need somebody who’s willing to listen and do what needs to be done, not someone telling them what needs to be done. It’s time to stop pretending to represent east county and start trying to do things. If you try, it’s bound to work.”

Loy said the Port of Skagit is an asset, as are the people of the district, because they represent necessary components of economic development. “Forty-nine percent of the workforce leaves Skagit County every day, and most of them go south,” he said.

Government should stick to doing what people can’t do for themselves, said Loy, adding that in the end, all stakeholders need to work toward good things for everyone.

“You have to work together, collaborate, build relationships with other commissioners and elected officials. You need to be flexible, because the needs of District 3 are great,” he said.

—J. K. M.

### Candidates in Concrete Sept. 24

The Saukrates Cafe discussion group will host a gathering of candidates for public office on Wed., Sept. 24, at 6 p.m. at Concrete Center, 45821 Railroad Ave., Concrete.

The following candidates have been invited to attend:

- 39th Legislative Dist.: Charles Jensen and Elizabeth Scott
- County Commissioner Dist. 3: Lisa Janicki and Kevin Loy
- County Assessor: Tom Pasma and Dave Thomas
- County Treasurer: Katie Jungquist and Bradley Whaley

Upper Valley residents are encouraged to attend and ask questions of the candidates. Coffee and cookies will be provided.

In October, *Concrete Herald* will host a Candidates’ Forum at Concrete Theatre on Mon., Oct. 6, from 7 to 8 p.m. County Commissioner candidates Lisa Janicki and Kevin Loy will answer questions during the forum, which will be moderated by *Concrete Herald* Publisher Jason Miller.

—Michelle Coda

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## Business Spotlight

### Rogers Towing

Rogers Towing owner-operator Roger Gugel starts our conversation with a grin. “My wife wants me to change our slogan—you’re gonna laugh, but just listen: ‘We don’t want an arm and a leg, just your tows!’”

He laughs. We’re standing near an outbuilding on his Sedro-Woolley property, with two gleaming trucks waiting to be pressed into service. One is a flatbed with a 19-foot bed; the other is a brand-new, four-wheel-drive wrecker that he stripped, rebuilt, and painted himself. Both trucks are paid off.

“That one’s just for upriver,” he says, pointing to the wrecker. “It’s basically a brand-new truck. And I have chains for all the tires, so when the weather gets nasty up there, guess who you’re gonna see bombing around and pulling people out? This truck right here.”

Roger has been in auto-related businesses for 30 years; he’s logged nine years so far with his towing company. Lesser companies fold in half that time, but Roger’s isn’t one of them.



“I know the business. I know it well; I know how it works,” he says.

Have a tow-truck horror story? He’s heard them all and will probably tell you one if you ask. He’s casual and easy to talk to, like a high school coach.

“I’m not your average tow guy,” he says. “I do this because I like people.”

No kidding. You’d have to like people if you’re willing to hold checks for them after you tow them. Roger travels all over Skagit County and beyond. His service is 24/7, handling towing, lock-outs, and more. He accepts credit cards and insurance. Give him a call and he’ll show

up, most of the time in his flatbed. “Flatbed is where it’s at,” he says. “Almost all the new cars have to be flatbedded or dollied, and you can clear an accident scene faster with one.”

Roger takes pride in his work and trucks, and it shows. “People say, ‘this is the cleanest truck I’ve ever been in,’” he laughs, “and I’m thinking, it’s kind of a mess right now!”

He summarizes his approach: “I try to help everyone I can, and do it as cheaply as I can. Nine years, and I’ve never damaged a vehicle.”

—J. K. M.

Roger Gugel owns and operates Sedro-Woolley-based Rogers Towing, serving all of Skagit County and beyond.

**At a glance:**

**Rogers Towing**

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**New Concrete Lions Club President Barb Hawkings** accepts a plaque from Lions Club Multiple District Executive Secretary Patty Allen during the local service club's 75th anniversary celebration on Aug. 23. The event drew more than 40 attendees and celebrated the club's history of service, including its efforts surrounding sight and hearing, water rescues, and fundraiser barbecues. *Photo by Kelly Siebecke Smithhart.*

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## Natural Hazard Mitigation Plan available for public review

SKAGIT COUNTY — A draft of the 2014 Skagit County Natural Hazard Mitigation plan will be available for public review through Sept. 15.

The purpose of the review period of the draft version of the Natural Hazard Mitigation Plan is to provide the public the time and opportunity to review the proposal. Comments from the public are encouraged.

The plan will be available on the Skagit County Web site ([www.skagitcounty.net](http://www.skagitcounty.net)), as well as physical copies at the Anacortes Library, Skagit County Emergency Management, and Concrete Town Hall.

Public comment also will be received at a meeting on Tue., Sept. 9, at 7 p.m. at Burlington City Chambers, 833 Spruce St.

## Imagine Concrete announces 2015 workshop topic

Silo Park in Concrete will be the topic of the next Imagine Concrete workshop, slated for March 2015.

The park is the largest in Concrete and offers a variety of options for park-related development. The Imagine Concrete steering committee will work with Parks Committee Chair Marla Reed to develop a program for gathering information from workshop participants regarding desirable additions and changes to the park.

Imagine Concrete began in 2009 as a grassroots effort intended to gather feedback from Concrete and Upper Valley residents regarding how the town should develop, grow, preserve its heritage, and other topics. The group holds bi-annual workshops, collects information from attendees, compiles it, and delivers it to the appropriate decision-making entities, such as the Concrete Town Council.

Past Imagine Concrete workshops have led to the creation of the Angele Cupples Community Garden, a campaign to salvage the Superior Building, and a partial fence around the Silo Park playground, among other projects.

—J. K. M.

## THIS AND THAT

By J. K. M.

**Community Action of Skagit County** has received \$336,253 from the Washington Families Fund for the Skagit Rapid Re-housing Retention Project. Skagit was one of four counties that were awarded funds to serve homeless families through rapid re-housing.

The three-year grant will provide funding for outreach, coaching, employment support, and flexible cash assistance for housing/work-related expenses. Rapid re-housing has gained national attention as a cost-effective best practice for quickly stabilizing families and preventing them from returning to homelessness.

For more information, call 360.416.7585.

Due to recent service expansion and construction at the Concrete Resource Center, the free adult **Basic Education & GED** program has been relocated to the Conference Room at the Concrete Center. Hours are Monday and Wednesday from 9 to noon. For more information, call 360.826.9101.

The summer's last **Community Movie Night** will be hosted by Town of Concrete on Sept. 5 at Veterans Memorial Park in Concrete. The movie will be shown at dusk. For the movie title, go to [www.townofconcrete.com](http://www.townofconcrete.com) or call 360.853.8401.

United Way of Skagit County invites Concrete residents to attend a **Community Conversation** on Sept. 25 at 7 p.m., at Concrete Center. The hour-long conversation will allow participants to express hopes for the community, challenges to attaining community-wide goals, which organizations or agencies to trust to address important issues, and other topics.

An RSVP is required. Contact Bret at 360.755.9521, ext. 10, or [bret@unitedwayskagit.org](mailto:bret@unitedwayskagit.org) for more information and to RSVP.

Remember **Concrete Martians**, the graphic novel that tells the story of Concrete residents' reaction to Orson Welles' "War of the Worlds" radio broadcast? Well, the little green men who brought us part one have launched a second fundraiser for part two. Their second Indiegogo campaign began Aug. 19. For more information, go to [www.concretemartians.net](http://www.concretemartians.net).

## Council summary

*Concrete Town Council met for regular meetings Aug. 11 and 25, as well as for an airport-related workshop on Aug. 19 and an Aug. 27 special meeting regarding the Fire and Life Safety Facility project. Following is a summary of all four meetings. Complete and council-approved minutes for every council meeting are posted on the town's Web site at [www.townofconcrete.com/cminutes.php](http://www.townofconcrete.com/cminutes.php).*

### Aug. 11 regular meeting

- Sergeant Chris Kading reported there were 73 calls in July. He stated there have been a lot of domestic calls. He also reported on a woman who had been living in the Superior Ave. apartments; she has been charged with first-degree arson.
- Sgt. Kading also reported on a \$5 counterfeit bill that was used at Loggers Landing.
- Council approved CRH Engineering to take over the construction management portion of the Fire and Life Safety Facility project.
- Town engineer Cody Hart (CRH Engineering) reported that he, Andrea Fichter, and Councilmember Marla Reed will go to Olympia on Aug. 13 for the first presentation for the Water Spray Park grant. He stated they will go to Olympia again in two weeks for the second presentation.
- Council appointed Mike Bartel mayor pro tem for the next six months.
- Council approved an \$80 registration fee for Mayor Jason Miller to attend a seminar on publicly owned broadband utilities to be held in October.

### Aug. 19 airport workshop

- This workshop focused on lots and leases at Mears Field. The workshop was a period of discussion, based on comments solicited from lease holders at the airport; no decisions were made during the workshop.
- Council discussed the five-year build language in the current leases, which requires lot lessees to build a hangar on their lot(s) within five years of signing the lease. The rule was added to the leases in an attempt to prevent lease holders from moving the leases back and forth without ever building a hangar. Town of Concrete intends to build out the airport with hangars.
- Comments received from lease holders were divided on the five-year topic, with some seeing it as a detriment to build-out, and others

- feeling the town should "stick to its guns" with regard to that regulation. Councilmembers also are not unanimous on the subject, with Councilmember Jack Mears opposed to the regulation.
- Two similar approaches to adjusting the rule were discussed, whereby a series of penalties would be levied against a lease holder if s/he did not build a hangar within five years of signing a lease.
- Water, power, and surveying comments and questions were discussed, with town planner Marianne Manville-Ailles and Public Works Director Alan Wilkins responding as needed.
  - Councilmembers discussed adjusting town code to allow a 100-foot-wide hangar to be built across two adjoining 50-foot lots. Currently, setback requirements prohibit this approach.
  - Councilmembers discussed scenarios in which they might be inclined to be lenient regarding the five-year rule, including whether a lease holder has pulled a building permit for hangar construction.
  - Council discussed more stable means of determining how much lease rates should increase every five years.

### Aug. 25 regular meeting

- Sergeant Kading reported they have had approximately 50 calls so far this month. He stated they are working with the school district to install a camera system, as well as working on a middle school response plan.
- Sergeant Kading reported on a malicious incident call on Mill St., as well as a reported BB gun incident on Short St. He reported on a burglary-in-progress call they received at the Superior Apartments. He stated they believe they know who the suspect is. He reported the area around the river that had large amounts of garbage and people camping illegally has been cleaned up. He reported people have been living in their camper in town limits and have been moving to

See Council, p. 39

### Keep track of your council

To have Concrete Town Council agendas and meeting minutes e-mailed to you automatically, e-mail your request to [andrea@concretewa.gov](mailto:andrea@concretewa.gov) or call 360.853.8401. Concrete Town Council meets the second and fourth Mondays of each month, at 7 p.m. at Town Hall.



**Joe Frank makes life difficult for his wife, Anna Frank**, as the couple scrambled through a "paint tunnel" during the first annual Mud & Stuff Fun Run on Aug. 17. One of many events during Cascade Days in Concrete, the fun run pitted participants against steep ramps, rolling barrels, icy water, tire obstacles, and, of course, muddy pits.

**Area businesses bring you Concrete Herald each month. Please support them!**

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# Sports

## Concrete soccer players face challenging schedule

By Adam Woodworth, head coach

The Lions are no strangers to unique challenges when it comes to soccer seasons. Last season a wide range of experience levels, internal conflicts, and a squad of only 12 proved to be problematic, while the year prior to that required 8th graders to play up, just to keep the program alive.

The team still requires the participation of 8th graders, but this year's unique challenge is league-driven. The Lions' schedule this year includes four ferry trips: two to Orcas Island and two to Friday Harbor. While this is more of a logistical challenge, it still demands a lot of the girls, especially with maintaining grades. On days the team travels to the islands the bus leaves early and returns late, which translates to missed classroom hours, study time, and sleep. With all the

challenges this year's team has faced in the past, their experience makes them well poised to manage a little extra travel time.

This is the first year in a long while that the Lions' returning squad outnumbers its newcomers. Four third-year sophomores (all played as 8th graders) look to lead the team to a winning season. Brook Barnedt returns to goalkeeper, with Tate Mathis, Iris Nevin, and Chloe Stidman out in front. Each of these girls is very versatile, which will allow the Lions to pressure teams in weak areas, or firm up spots on the pitch when playing a stronger opponent.

Returning freshman are Whitney Claybo, Erica Knuth, Maddie Renzelman, Emily Schmidt, Mary Spangler, and McKenna Kononen, who has been gearing up to help with goalkeeping duties. This

year's newcomers bring a great deal of potential and are able to confidently step into starting positions right away. Freshmen Carlee Brigham and Kassi Roberts, plus 8th grader Nora Towner, round out the Lion squad to 13, one more than their season roster a year ago.

Having an extra substitute will help breed more competition in training, and with the whole team being so close in age and experience, the growth rate of the team's soccer knowledge and tactical comprehension will be rapid and cohesive. The team has been able to pick up right where they left off last October, and the expectations are high.

Higher expectations will be a common theme for the team this fall. Following last year's winless season and looking forward to two future seasons with the same group

of teammates, the Lions hope to set the bar high this year.

With all the high hopes, it really boils down to two primary goals. The Lions have a proven and memorable work rate, putting quality teams under pressure for 80 minutes, often playing short-sided or without subs. This year the goal is to translate that effort into quality performances that result in wins.

The second goal this season is to further build and firm up the foundation of this team's unity. This year's team will be together for a long time, and it's important to focus on how each individual contributes to the group.

This is a very exciting time to be part of the Lady Lions soccer team.



Chloe Stidman (left), Nora Towner, and Madisyn Renzelman work during an Aug. 27 soccer practice. The team's roster has increased by one over last year, giving it an extra substitute.

Come **see** the **stars** under the stars!

**COMMUNITY MOVIE NIGHTS**

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\*\*\*\*\*

★ **SEPTEMBER 5** ★

**Veterans Memorial Park, Concrete**

Showtime at dusk

Bring your own blanket and chair

For movie titles, go to [www.townofconcrete.com](http://www.townofconcrete.com).

**Sports schedules: [nw1a2bathletics.com](http://nw1a2bathletics.com)**

## Volleyball players “one year wiser”

By Kevik Rensink, head coach

The Concrete High School volleyball season is under way, and this is shaping up to be a very exciting season. We had a solid year last year, during which the girls grew accustomed to a new coaching staff, new terminology, a brand-new system, and all the expectations that come with participating at the highest level.

We are one year wiser and have grown tremendously as a team. Twenty-two players showed up this summer, volunteering precious summer hours to become better players so our team will have a better chance at success.

Those same 22 players showed up to the first day of practice, and they have been very impressive. We have a great group of returning seniors (Kelse Cargile, Anjelika Koenig, and Rebecca Torheim), and their leadership is going to be key to the development of all the younger players.

There are three new seniors on this year's team: Muriel Troka, Marissa Wenneker, and Kalysta Becker (a transfer from Sedro-Woolley). We have other new players in the program (Becky Azure, Sue Fregoso, Alyssa Roberts, Katelin Pritchard, and Ashlee Gilbert), and we

are doing our best to make sure that they feel accepted and that this is the best place for them to be. We also want to welcome two other new transfers (Ellie Grass, Selkirk, and Kaitlin Earhart, Darrington), and we are thrilled about how they are performing. These players join our seniors and our core group from last season (Diane Bergsma, Emily Bridge, Cassidy Cargile, Jasmine Hopfield, Jaycelyn Kuipers, Haley McNealy, and Hannah Rensink).

The effort and attitude have been there from the start, and I can already sense the girls coming together. Last year we finished 5–12 in a very tough league and in a new system. We never base our success on wins and losses, but on our team's development and character. I believe that if the girls come with an eagerness to learn and a willingness to come together, and show great class in everything they do, we will be successful both off and on the court. It is a joy to coach this sport and these young ladies. I am privileged to do so, and I want you to know that same privilege by coming out to support our Lady Lions this season.



Concrete volleyball players practice jumping at the net during a practice session Aug. 26. Head Coach Kevik Rensink said his three returning seniors will play a key leadership role this season.



Concrete football Head Coach Ron Rood (right) and Assistant Coach Don Olmstead (green shirt) drill their charges during an Aug. 27 practice on the home field.

## Football team aiming high

By Ron Rood, head coach

Concrete's football Lions have set some high goals for the 2014 season. The team will enjoy a boatload of returning players from last year's 7–3 state playoff team.

Many players put in yeoman work in the weight room, spring practice, and their annual trip to Camp Rilea, Ore. Lion coaches have welcomed more than 40 players to the field this fall, who will try to transfer that hard work into success this season in what is likely to be a very tough NWB League.

Friday Harbor has dropped to the 2B classification and joins La Conner, Darrington, Orcas Island, and the Lions in what should prove to be a dogfight for few playoff berths. The teams will play each other twice for a total of eight league games.

Senior Gibson Fichter, who ran for more than 1,300 yards last season, will lead a talented group in the backfield. Dylan Clark moves from slotback to quarterback, and Randall Beacham and Don Olmstead move back from the front line to run the ball this year. All four backs

should prove to be legitimate threats for defenses. Up front, All NWB lineman Robert Nevin leads a beefed-up offensive line. Returning junior starters Brayden Olmstead, Trevor Lerma, and Cameron Post are joined by newcomers senior Sean Geary, junior Tucker Scollard, and freshman Tyler Hansen to open holes in enemy defenses.

Many of the same players will start in what the Lions feel will be an improved defense. Nevin, Geary, Brayden Olmstead, Lerma, and speedy senior Clay Nelson will form the front wall. Don Olmstead, Post, Beacham, and Clark will be linebackers. Fichter returns at safety, and Scollard, Tyler LaBrousse, and Blaine Storms will fight for playing time as defensive backs.

The Lions face a tough opening schedule, competing against La Conner, Friday Harbor, and Orcas Island in their first three games—all are league games. Concrete will find out right away how they will compete in what promises to be a competitive NWB League.

**COUNTY COMMISSIONER**

**LOY**<sup>R</sup>

Ink, cont. from p. 1

The image of a bike lies at the top of Norris’ arm, with the words “live strong” in a ribbon wrapping through it—a reference to Beiser’s athleticism. Below Beiser’s face are forget-me-not and bleeding heart blossoms, and dog tags inscribed with the words “sis” and “nana.” Inside Norris’ left forearm are the words, “To the world you were one person ... to one person you were the world ...”

“I’m her older sister, and I looked up to her,” said Norris. “I love it when people look at my tattoo and ask who it is; I have the privilege of saying, ‘this is my sister, someone I’ll look up to for the rest of my life.’”

Memorial ink

Tattoos are common among Upper Valley residents and growing in popularity. Live here long enough and you’ll see children’s names, musical notes, fire department insignias, military references, eagles, deer, flames, white rabbits, Bible verses, flowers, butterflies, birds, and more inked into flesh.

But when *Concrete Herald* asked its readers to talk about their tattoos and their meanings, the first to step forward were

the people whose ink memorialized a loved one who has passed away.

Jaretta Osborne, who lives in Sedro-Woolley, lost her sister, Jill, to cancer in 2006, and her mother less than a year later. Osborne transformed her left forearm into a memorial tattoo that includes Jill’s signature, the word “hope,” wild curlicues signifying wind, and 45 stars designed by her son, Brent.

“I believe her soul is on a journey now that she’s gone,” said Osborne. “I wanted the tattoo to be about her. ‘Hope’ is the most powerful word out there, and after five years fighting cancer, she didn’t give up hope for one second.”

Concrete High School graduate Alyssa Wahlgren remembers her grandmother, “Oma,” with an in-progress tattoo on her right shoulder blade. Wahlgren investigated adding her grandmother’s ashes to the ink used for her tattoo, but decided against it. Her tattoo includes an anchor, Japanese cherry blossoms, the words, “Aiko Nohara,” and her grandmother’s birth date and date of death. All are references to her grandmother’s life, her meeting Wahlgren’s “Opa” (grandfather), his military service, and the location where they met—Okinawa, Japan. The blossoms will be colored red when the tattoo is complete.

“Now she’s always with me,” said Wahlgren.

A brief history of ink

Humans have been tattooing their skin for thousands of years, with the earliest known tattoo showing up on human remains discovered in 1991 that dated back 5,200 years. The body, which scientists dubbed “Iceman,” displayed tattooed dots and small crosses on his lower spine and right knee and ankle joints, which corresponded to areas of strain-induced degeneration. Scientists theorize that the tattoos may have been applied to alleviate joint pain.

Egyptian figurines dating to between 4000 and 3500 B.C. display evidence that women had tattoos on their bodies and limbs. Small bronze implements identified as tattooing tools were discovered at the town site of Gurob in northern Egypt and dated to 1450 B.C. There are mummies with tattoos, including female mummies with forms of permanent marks found in Greco-Roman burials.

In the literary world, Herman Melville’s masterpiece, *Moby Dick*, published in 1851, included a memorable character named Queequeg, a Polynesian prince and supposed “savage” cannibal whose entire body is a labyrinth of tattoos.



Alyssa Wahlgren, a 2012 graduate of Concrete High School, has a tattoo on her right shoulder blade to memorialize her grandmother. A work in progress, the tattoo eventually will have color added to it. “Now she’s always with me,” said Wahlgren. *Submitted photo.*

The novel’s narrator, Ishmael, feels great sympathy and much admiration toward Queequeg, and befriends him early in the book.

Queequeg’s full-body tattoos and the reactions from those who didn’t know him personally echo in present-day reactions.

“People wonder how I can have this on my arm,” said Norris. “But this tattoo has forced me to talk about what happened to my sister, because I’m a person who can stuff a lot of pain. This forces me to talk about it almost every day, because I get asked about it all the time. I share her story and what she meant to so many people—it has allowed me to grieve in a good way.

“So many people have tattoos to display their heart’s desire. It’s such a meaningful thing.”

**Family affair**

Sometimes tattoos are meant to avoid death, not memorialize it. Take Josh and Andrea Fichter of Concrete, for example. On their forearms lie references to Type 1 diabetes. For Josh and their 13-year-old son, Marshall, diabetes is a fact of life; Josh’s tattoo takes the place of a medic alert bracelet. Andrea’s tattoo includes an awareness ribbon, a show of support for her husband and son.

See Ink, p. 11

Ink, cont. from p. 10

The couple has plenty of other ink, too; their lives and loves are written on their bodies. Both have their three sons’ names. Andrea has angel tattoos colored after her sons’ birthstones. And a little frog. Josh bears the Fichter family coat of arms, plus musical notes and scales.

“He is a musician, after all,” said Andrea.

In Birdsvie, Kris Voigt has a heart tattooed on the inside of her left forearm. The initials “BV” (husband Bill Voigt),

the word “hope,” and the initials “KV” lie across it. The tattoo is a reminder for Kris of a rough patch her family went through in 2013. “I wanted to be able to look at it and give myself hope,” said Kris. “I think I was the last one in the family to get a tattoo; they couldn’t believe I did it.”

—J. K. M.

*Read Concrete Herald*  
The Voice of the Upper Skagit Valley



Andrea and Josh Fichter of Concrete have complementary tattoos. His makes a medic alert bracelet unnecessary. Hers is an awareness ribbon, a show of support for her husband and one of their sons, Marshall, 13, who also is Type 1 diabetic. *Photo by Denise DuVarney/Copperbear Photography.*



Jaretta Osborne from Sedro-Woolley lost a sister and her mother within the space of a year. Her left forearm bears her sister's signature, the word “hope,” and 45 stars designed by her son, Brent. The flourishes are one artist’s interpretation of wind. “‘Hope’ is the most powerful word out there,” said Osborne. “After five years fighting cancer, she didn’t give up hope for one second.” *Submitted photo.*

# NINTH ANNUAL GhostWalk

Hysterical, historical, and a tiny bit creepy.

Saturdays,  
October 4, 11, 18, 25  
6:00 to 7:30 p.m.

New this Year:  
**Ghost Stories on the Stage**  
(handicap accessible)  
**Thursday, October 30 at 7:00 p.m.**

**\$10 per person**

 **Meet at the Historic Concrete Theatre**  
**45920 Main Street Concrete WA**

Peek into the past, hear stories of ghosts and legends told by local residents. Dress for the weather if attending the walk. Ages 13 & above only. Minors must be accompanied by adult.

**Tickets & More Information at**  
**www.concrete-wa.com**





# Academics



Cascade Job Corps workers transformed the cafeterias at Concrete High School and Concrete K-8 School with fresh coats of bright yellow paint. This is a “before” photo; below is an “after” photo.



In August, Interwest Construction crew members transformed the parking lot at Concrete K-8 School into something that students, parents, and staff can be proud of. And no more lake!

## YD update

Every summer the volunteer staff of Concrete Youth Dynamics takes a break for work, play, and family vacations. We have the occasional summer adventure; this year it was a three-day horse-pack trip in Leavenworth. Ten students and two staff met with guides in Eastern Washington and had a great time learning the ins and outs of how to handle horses. Ken Solem (horse “whisperer”) worked with Paul Rider and Kellen Russell (horse “nonwhisperers”) to help the students learn not just about horses, but to gain knowledge of who they are. The retreats that we take our local teenagers on are challenging, encouraging, and life-changing. The time that we put into each one of these young lives is hard work, but is one of the greatest investments that we could ever make.

I want to take the time to thank all of you who support Concrete YD. Whether you give financially once a year, donate monthly, or are one of more than 100 people who sponsored us for our annual Golf Marathon fundraiser, thank you. Even if you cannot give financially, you can make a huge impact in other ways. There are so many of you who encourage our students and staff, and you pray for positive change in the Upper Skagit Valley. We thank you. We need you. Without your financial giving, your words of encouragement, and your continuous prayers we would not be able to sustain a youth ministry here in Concrete. It really is that simple. The hearts of this community make Concrete Youth Dynamics possible, and we are grateful beyond measure for the outpouring of support that our young people receive. We will assemble our leadership team shortly and then make plans for the upcoming school year. The first Monday night YD meeting will be Sept. 29, from 7 to 9 p.m. at Veterans Memorial Park. We would love to see all of the high school students there! We are looking forward to a very positive and fun-filled year, so come and join us. If you would like more information about Concrete Youth Dynamics, go to [www.yd.org](http://www.yd.org) or call 360.853.6815.

—Kevik and Marta Rensink, directors  
Concrete Youth Dynamics



## Inventors workshop slated for September

Got an idea for the next big thing? A free workshop at Skagit Valley College will reveal tips and tricks for getting your product ideas onto store shelves. The workshop will be held on Mon., Sept. 29, from noon to 4 p.m. It aims to help those would-be inventors get started on the path of actually inventing their ideas, so that they can swim with the sharks, launch a viral crowdfunding campaign, or pursue their entrepreneurial endeavors in building businesses that can bring economic vitality to Skagit Valley. The NW Innovation Resource Center, a NW Washington nonprofit with a program designed specifically for inventors, is partnering with EDASC, Skagit Valley College, and the Port of Skagit on this event. The event is about sharing insights into how inventors can use local resources to help them get their product ideas out of their heads and onto store shelves. The workshop will feature experts revealing what inventors need to know about intellectual property, design thinking, prototyping, manufacturing, crowdfunding, and more.

The event is free and includes a box lunch. Registration is required to attend; RSVP at [www.nwirc.com/events](http://www.nwirc.com/events) or by calling 360.255.7870. As a bonus, the design-thinking experts at PACCAR are offering a unique opportunity for 10 workshop attendees to participate in a design-thinking workshop to be held in October. Design thinking is a process employed by large consumer goods companies around the world to effectively and efficiently solve critical problems with unique solutions. By using these techniques at the individual scale, inventors will have an edge over other products on the market. Tools like rapid prototyping will allow them to develop their ideas quickly, getting them to market faster, while still designing for the consumer. The NW Innovation Resource Center is dedicated to creating economic opportunities by helping entrepreneurs bring their business ideas to life. They have specific programs to help inventors identify strategies for successfully taking their products to market.

For more information, go to [www.nwirc.com](http://www.nwirc.com) or call 360.255.7870.

—Submitted by Port of Skagit



Above: The Concrete High School cheerleading squad perform during a cheerleading competition at the Skagit County Fair Aug. 7. The event put cheerleading squads from almost every school in the county on stage.

Left: Samantha Mitchell, a kindergartener at Concrete K-8 School, shoots her mother a look during the pie-eating contest at Cascade Days, Aug. 17.

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- Daily specials include lasagna, pot pies or baked macaroni & 5 cheese

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7-5 Daily • Closed Tuesday



# Clear Lake



## Scenes from a street fair

The Clear Lake Street Fair again drew hundreds to the community to sample crafts and wares, eat good food, and have fun. Held this year on Aug. 23, the fair featured local vendors and activities for kids, including a bouncy house and an inflatable slide.



**Area businesses bring you Concrete Herald each month. Please support them!**



## HISTORY CORNER

In the spotlight this month is the Henderson family, from left, Lois Ann, Lyle (father), Lyle (little boy, called, "Dick"), Verna (Edzenga), and Arlene, shown in this undated photo thought to be taken in the mid-1940s. Verna Edzenga was born in North Dakota on Sept. 15, 1913. She moved to Clear Lake with her family when she was 9 years old. Verna was a truck driver during World War II in Bremerton, at the Puget Sound Shipyards. She married Lyle Henderson in 1933 and they had three children: Lois Ann, Arlene, and Lyle (Dick). Verna lives in Clear Lake and will celebrate her 101st birthday in September. Her daughter, Lois Ann, celebrated her 80th birthday in August. *Photo courtesy of Clear Lake Historical Association.*

CONCRETE HERITAGE MUSEUM

YARD SALE

A FUNDRAISER TO SUPPORT THE MUSEUM'S ROOF REPLACEMENT

Sat., Sept. 6 // 9 a.m. to 3 p.m.

Swap Meet Field, Concrete (west of Loggers Landing)

Donations accepted from 7 to 9 a.m.  
(no large furniture, large appliances, clothes, or books, please)

## Community Calendar

- SEPTEMBER
- 6

Concrete Heritage Museum Yard Sale, Swap Meet Field, Concrete (just west of Loggers Landing), 9 a.m. to 3 p.m.; donations accepted from 7 a.m. to 9 a.m. (no large furniture, large appliances, clothes, or books)
- 6

Six-week Tai Chi class begins at United General District 304 Fitness Center; info at 360.854.0247
- 6–7

Whatcom County Dahlia Society Flower Show, Bloedel-Donovan Park, 2214 Electric Ave., Bellingham; noon to 5 p.m. on Sat., 10 a.m. to 4 p.m. on Sun.; free admission; info at 360.354.4346
- 8

Twelve-week Fall Yoga class begins; registration at 360.854.0247 or [teresa.leisenring@unitedgeneral.org](mailto:teresa.leisenring@unitedgeneral.org)
- 8

Community meeting hosted by WSDOT and Snohomish County re: SR 530 reconstruction, Darrington Community Dining Hall, 570 Sauk Ave., Darrington, 7 to 9 p.m.; see notice, p. 25
- 9

Eight-week Tai Chi Chih course begins at Concrete Theatre, Concrete; 6 to 7:15 p.m.; see notice, p. 32; info at [lthomas.wa@gmail.com](mailto:lthomas.wa@gmail.com) or 360.873.4210
- 13

Uncorked: Woolley Wine & Music Festival, Eagle Haven Winery, 8243 Sims Rd., Sedro-Woolley, 3 p.m.; see ad, p. 7; info at [www.sedro-woolley.com](http://www.sedro-woolley.com)
- 13–14

Founders' Day, Sedro-Woolley, various locations; see article, p. 17; info at 360.708.0006
- 14

Marblemount Community Market, Marblemount Community Hall grounds, noon to 4 p.m.; info at 360.853.8388
- 16

WSU Know & Grow Workshop: Honey Bee Survival, WSU Mount Vernon NWREC Sakuma Auditorium, 16650 SR 536 (Memorial Highway), 1 to 2:30 p.m.; info at 360.428.4270
- 17

Community Forum to discuss Town of Concrete annexing into County Library District, Concrete Town Hall, 45672 Main St., Concrete; 7 to 9 p.m.; info at 360.853.8401
- 24

Candidates in Concrete, Concrete Center, 45821 Railroad Ave., Concrete, 6 p.m.; see notice, p. 4
- 25

United Way of Skagit County Community Conversation, Concrete Center, Concrete, 7 p.m.; see notice, p. 6; RSVP to 360.755.9521, ext. 10, or [bret@unitedwayskagit.org](mailto:bret@unitedwayskagit.org)
- 26

"God's Not Dead" plays at The River Gathering Church, 720 Puget Ave., Ste. B, Sedro-Woolley, 6:30 p.m.; refreshments and popcorn provided; info at [www.facebook.com/therivergathering](http://www.facebook.com/therivergathering) or 360.826.3818
- 26–28

Women's Retreat, Baker Lake Lodge; \$75 for both days, \$20 for Saturday only; see notice, p. 19; info at 360.840.2576
- 27

Harvest Festival and Pumpkin Pitch, Skagit River Park, see ad, p. 3

- OCTOBER
- 4, 11, 18, 25, 30

Ninth Annual Concrete Ghost Walk; see ad, p. 11
- 6

Candidates' Forum, Concrete Theatre, Concrete, 7 p.m.; see notice, p. 4; info at [editor@concrete-herald.com](mailto:editor@concrete-herald.com) or 360.853.8213
- NOVEMBER
- 27

Sedro-Woolley Community Thanksgiving Dinner, Cascade Middle School, 905 McGarigle Rd., Sedro-Woolley, 12:30 to 3 p.m.; see notice, p. 17; info or to volunteer, call 360.855.0231

\*Community Calendar is updated daily at [www.concrete-herald.com/calendar](http://www.concrete-herald.com/calendar)

Community meetings

Coffee Talk, a casual conversation about Concrete's transformation, meets the third Fri. of each month at 8 a.m. at Perks Espresso & Deli in Grasmere Village. 360.853.8213.

Community Chat, an informal conversation about projects in Darrington, meets the second Fri. of each month at 8 a.m., at Mountain Loop Books and Coffee, 1085 Darrington St., Darrington. 360.436.2167

Concrete American Legion Post and Auxiliary meet the second Tue. of each month, Sept. through May, at 5:30 p.m. in the American Legion Building. 360.853.8940.

Concrete Chamber of Commerce meets the second Thur. of each month at 8 a.m. Meetings usually are held at Concrete Center in Concrete. 360.466.8754 or [concretechamber@mac.com](mailto:concretechamber@mac.com).

Concrete Heritage Museum Board meets the third Wed. of each month, at 7 p.m. at the museum. Meetings are open to the public. 360.826.3075 or [concreteheritagemuseum@gmail.com](mailto:concreteheritagemuseum@gmail.com)

Concrete Lions Club meets the first and third Wed. of each month, at Annie's Pizza Station, Concrete. Social at 6 p.m.; meeting at 6:30.

Concrete Resource Coalition meets the third Thur. of each month, at 1 p.m., at the Concrete School District offices (usually in the north room at the eastern end of the building).

Concrete School Board will hold a work session on Sept. 22, at 6 p.m. in the high school Commons. The board will hold its regular meeting Sept. 25 at 6 p.m. in the high school Commons. 360.853.8141.

Concrete Town Council meets the second and fourth Monday of each month at Town Hall, 45672 Main St., Concrete, at 7 p.m. 360.853.8401 or [andreadf@concretewa.gov](mailto:andreadf@concretewa.gov).

Darrington Area Business Assn (DABA) meets the third Wed. of each month, 7 p.m., at Cascade Senior Center, 1115 Darrington St., Darrington. 360.436.2167.

Darrington Town Council meets the second Wed. of each month at Town Hall, 1005 Cascade St., at 7 p.m. 360.436.1131 or [darrcityhall@glacierview.net](mailto:darrcityhall@glacierview.net).

Forest Park Cemetery District No. 5 meets the second Wed. of each month at the cemetery office on Compton Lane in Concrete, at 8 a.m. 360.708.3656.

Hamilton Town Council meets the second Tue. of each month at Town Hall, 584 Maple St., Hamilton, at 7 p.m. 360.826.3027.

Imagine Concrete meets the third Tue. of each month in the Pilots' Lounge at Mears Field in Concrete, at 6 p.m. Open to the public. 360.853.8213 or [goodwords@frontier.com](mailto:goodwords@frontier.com).

KSVU station info and host training, second Wed. of each month at Portable B behind Concrete K-8 School, 1 to 4 p.m. Call 360.416.7001 to confirm appointment.

Lyman Town Council meets the second Tue. of each month at Lyman Town Hall (Minkler Mansion), 8405 S. Main St., Lyman, at 7 p.m. 360.826.3033 or [clerk\\_lyman@msn.com](mailto:clerk_lyman@msn.com).

PFLAG (Parents, Families, and Friends of Lesbians and Gays) Skagit County Chapter meets the second Sunday of each month at The Safe Haven Room, Central United Methodist Church, 1013 Polte Rd., Sedro-Woolley, from 5 to 7 p.m. 360.856.4676, [www.pflagskagit.org](http://www.pflagskagit.org).

Saukrates Cafe meets the last Wed. of each month at Annie's Pizza Station in Concrete, at 6 p.m. Conversation topics are posted at Upper Skagit Library and <http://saukratescafe.wordpress.com>.

Sedro-Woolley High School Alumni Association meets the third Wed. of each month, at 1 p.m., at the Sedro-Woolley Senior Center. 360.424.7243

Sedro-Woolley Town Council meets the second and fourth Wed. of each month, at 7 p.m., in the Council Chambers at City Hall, 325 Metcalf St. 360.855.1661.

Sedro-Woolley School District Board will meet for regular meetings on Sept. 8 at 7 p.m. in the Support Services Building, and on Sept. 22 at 7 p.m. at Cascade Middle School. 360.855.3500 or [kcargile@swsd.k12.wa.us](mailto:kcargile@swsd.k12.wa.us).

Upper Skagit Library District (USLD) Board meets the third Thurs. of each month at 5 p.m., at the library in Concrete. Public is welcome. 360.853.7939 or [info@upperskagit.lib.wa.us](mailto:info@upperskagit.lib.wa.us).

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# Leaving a legacy

After 55 years of service, Herb Nelson hands over the keys to his station.

On Sept. 1, Herb Nelson handed the keys to his Chevron station to new owner Rich Clark and his business partner, Tom Keel. After 55 years at 224 W. Ferry St. in Sedro-Woolley, Nelson is retiring at age 83.

It’s a bittersweet move for Nelson, who’s become an icon in town, known for his community service, friendly personality, and commitment to running a quality business.

“I’m going to miss the people,” said Nelson. “That’s something you just can’t replace. I’ve been here so long, I’m working with third-generation customers. The families, the kids, the history—the good, the bad—everything. That’s what I’ll miss the most.”

### The kid gets a break

In July 1959, Herb Nelson was 28 years old. (He likes to tell people he started when he was 10.) He had just come up to Sedro-Woolley and was looking for a job. A visiting uncle tipped him off about a local business for a reasonable price. “I borrowed \$800 from my mom and dad and I went into business, just like that,” said Nelson.

As the decades went by, Nelson remodeled three times and added two more service bays. He leased the property for the first five years, then bought it outright. From the late 1960s till about 2000, he ran a towing company out of the building, growing it from one truck to three and finally selling it to an employee who renamed it Carl’s Towing. Sound familiar?

The station has changed with technology too. At one point it had a pay phone that rang when someone called the station. Outgoing calls required coins. And the pumps are computerized now.

### Everyone has a Herb story

Nelson isn’t one to toot his own horn, but Sue, who he married on Pearl Harbor

Day in 1985, is proud of her husband. She tells of parade entries, Chamber of Commerce membership, and his position as Grand Marshal for the Loggerodeo Parade a few years ago. He’s been a Rotarian since 1974. This is a man who has woven himself into the community.

“His customers are the biggest thing in his mind. He’s having a hard time leaving them, more so than the work,” said Sue. “He has a lot of relationships.”

“Everyone has a Herb story,” said new owner Clark. “He showed me an old candy machine that had been in a box for a couple decades. I cleaned it up and got it working again, and a guy in his mid-60s comes in, says he used to live across the street and would buy gum out of that machine when he was seven years old. Another guy told me Herb used to fix his bike. You could write a book with Herb stories.”

“He’s had a good number of young men work for him over the years, and a few young women,” said Sue. “They stop in and say, ‘I used to work here.’”

Sue’s own uncle worked at the station for 16 years. “Some stayed a long time; some didn’t. But it was always the same owner, same location. That’s kind of unusual.”

### The next chapter

Nelson’s story won’t end with retirement. Sure, he’ll take it easy for awhile, relax with friends and visit family. “Travel some,” he said. “Maybe stay with the kids until they tell us to go home. I promised them I wouldn’t depend on them till I had to,” he said, laughing.

And barbershop. Did you know Nelson sings barbershop in his spare time? Yet another “Herb story.” He sang with the Anachords for 30 years, as well as the Jolly Boys and Gateway City Four. These days he sings with The Bellingham Blend, a gospel group from that city. One of its members is the son of a man Nelson sang



Herb Nelson (center) and his wife, Sue, stand with new owner Rich Clark outside Herb’s Chevron, the full-service gas station Nelson has owned and managed for the last 55 years. On Sept. 1, Nelson sold the business to Clark and his business partner, Tom Keel.

with in high school. “That was a surprise,” said Nelson.

As for Clark, he said he intends to recapture the look and feel of Herb’s Chevron, while retaining Herb and Sue’s

level of personal service.

“It’s not just about making money; it’s about being part of the community,” said Clark. “Herb has taught me a lot.”

—J. K. M.

# Founders’ Day celebrates 100 years since bank robbery

Sedro-Woolley will come alive with history Sept. 13–14 as the city celebrates the 20th annual Founders’ Day.

Events will kick off Saturday at 8 a.m. with a Founders’ Day Breakfast at the Sedro-Woolley Senior Center, 715 Pacific St.

From 10 to 11 a.m., the Sedro-Woolley Museum will present a video of the 1914 bank robbery photographs. The museum also will celebrate the release of its new book, *The Wages of Sin: The True Story & Photos of the Great Sedro-Woolley Bank Robbery of 1914*, which it published with local author Rustan Robertson. Robertson will sign copies of the book before and after the video presentation, from 10 a.m. to 2 p.m. The book will be on sale for \$14.95, a discount of \$5.00 off the retail price.

### Final robbery reenactment

At noon the museum will present its final reenactment of the 1914 Bank Robbery, an event that has drawn crowds for 20 years.

“This being the 100th anniversary of the bank robbery and the 20th anniversary of this dramatization, we felt the time was right to call an end to the annual reenactment of the bank robbery,” said Carolyn Freeman, president of the Sedro-Woolley Museum.

At 12:30 p.m., the museum will hold a ceremony honoring the Janicki family, pioneers of the Sedro-Woolley area and longtime supporters of the community. An open house will follow.

### Sunday activities

During the second day of the event, the fun moves to Riverfront Park, 2212 River Rd., Sedro-Woolley.

An Open Car Show kicks off the day and runs from 8 a.m. to 3 p.m. Sponsored by JJ’s Cruisers, the show carries a \$10 registration fee.

A community picnic will be held from 10:30 a.m. to 2:30 p.m. A \$3 donation buys a hot dog meal with chips, cookies, and pop or water. Proceeds benefit the Sedro-Woolley Museum.

Children’s activities sponsored by the Sedro-Woolley Boys & Girls Club will be offered from 10 a.m. to 1 p.m.

For more information, contact Sedro-Woolley Museum President Carolyn Freeman at 360.708.0006.

—J. K. M.

## Founders’ Day events

### Saturday, Sept. 13

- Founders’ Day Breakfast, Senior Center, 715 Pacific St., 8 to 11 a.m., \$6 per person. Menu: Scrambled eggs, biscuits and gravy, juice and coffee. Proceeds benefit the Sedro-Woolley Senior Center.
- Video of the 1914 bank robbery, Sedro-Woolley Museum, 725 Murdock St., 10 to 11 a.m.
- Author Rustan Robertson signs his book, *The Wages of Sin: The true story and photos of the great Sedro-Woolley Bank Robbery of 1914*, 10 a.m. / 1 p.m.
- Bank robbery reenactment, Sedro-Woolley Museum, 725 Murdock St., noon. This will be the last year for the reenactment.
- Sedro-Woolley Museum Open House honoring the Janicki family, 725 Murdock St., 12:30 to 3:30 p.m.

### Sunday, Sept. 14

- Open Car Show, Riverfront Park, 2212 River Rd., 8 a.m. to 3 p.m.; \$10 registration fee; raffles. Sponsored by JJ’s Cruisers.
- Community Picnic, Riverfront Park, 2212 River Rd., 10:30 a.m. to 2:30 p.m. Featuring hot dog, chips, cookies, and pop or water for a \$3 donation (proceeds benefit the Sedro-Woolley Museum).
- Children’s activities sponsored by the Sedro-Woolley Boys & Girls Club, 10 a.m. to 1 p.m.



Local band Jenny and the Tomcats performed at Country Meadow Village Aug. 23 for the community’s Old-Fashioned Community Barbecue, Car Show, and Blue-Ribbon Pie Contest. From left, Jerry Muhasky, Jennifer Janda Dellinger, and Tommy Westley.

**Holy Clothes will distribute free clothes** on Sept. 20 from 10 a.m. to 2 p.m. at The River Gathering church, 720 Puget Ave. Ste. B, Sedro-Woolley. Clothing, shoes, and accessories are free to anyone in need. Clothing donations—especially men’s and children’s—and volunteers are welcome. For more information or to volunteer, call Stacey Rohweder at 360.661.7538.

## Save the date

The annual Sedro-Woolley Community Thanksgiving Dinner will be held at Cascade Middle School, 905 McGarigle Road, Sedro-Woolley, on Thur., Nov. 27, from 12:30 to 3 p.m.

The traditional Thanksgiving feast is free to all members of the community. Donations are accepted. For more information or to volunteer, e-mail [slokkebo@yahoo.com](mailto:slokkebo@yahoo.com) or call 360.855.0231.

Organizers are also taking orders for free home delivery. Call 360.855.1531 or 360.855.1841. Orders will be accepted through Wed., Nov. 19.

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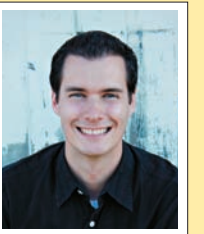
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Financial Advisor

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# Lyman



**Praise in the Pasture** again brought music and merriment to the field behind Lyman Baptist Church on Aug. 23. Activities included live performances, a bouncy house, a dunk tank, and vendor and information booths. The event is sponsored each year by Lyman Baptist Church.

## Council summary

*The Lyman Town Council held a regular monthly meeting on July 8. Following is a summary of that meeting. Complete minutes for every council meeting are posted in the hall by the front door of Lyman Town Hall.*

### July 8 regular meeting

- Tom Dixon from the Liquor Control Board was present to field questions from citizens regarding marijuana licensing. He stated that the LCB is the lead agency and they regulate of the licensees. All applicants must pass a background check, a review of their working funds and where they get them, and their ability to be licensed

- in the county or municipality they desire. After several questions from the audience, Dixon recommended anyone interested to go to the LCB Web site.
- Mayor Heinzman passed out a flier written by a Lyman resident, and the town’s response to the issues expressed in the flier. She encouraged attendees to take one.
  - Water loss for June was 27 percent.
  - Council accepted a bid for replacement of a gutter on the shop from Valley Gutter.
  - Council voted to move ahead with a project to widen Prevedell Rd. and add a sidewalk, starting with a \$1,200 payment to engineer Cody Hart.
- Compiled from staff notes

## Charity announces Sept. activities

Heart to Heart Charity’s KIDS Club will return for its third year on Wed., Sept. 17. The club will kick off at a new location, Hamilton Town Park, from 4 to 5 p.m. KIDS Club is for children 4 years and older (younger when accompanied by a parent or guardian) and is a free event for anyone who wants to attend. The club offers crafts, snacks, and fun, as well as involvement in community service through its Give Back Projects. Children may be let off the bus at Hamilton Town Park with a prior note from their parents given to the bus driver. For more information, send an e-mail to hearttoheartcharity@gmail.com. The club also is collecting donations of craft supplies and volunteers to help KIDS Club leader Tammy Roberts.

### Homeless needs

The charity is seeking items for its homeless backpacks and shower kits, including gently used backpacks, duffle bags, etc., to fill with items to distribute to the homeless. Each bag will contain a blanket or flannel sheet, books, puzzle books, toiletries, towel, washcloth, and non-perishable food that is easy to open, such as flip-top cans of chili, ravioli, tuna packets, top ramen, dry cereal, gum, and water bottles. All of the above items are sought.

Donations can be left at the charity’s office at 720 Puget Ave., Ste. B, Sedro-Woolley in the donation bin in the hall behind the partition, Mon. through Fri. from 9 a.m. to 5 p.m. Donations should be marked “Homeless Bags.” For more information, send an e-mail to hearttoheartcharity@gmail.com.

### Baby assistance drive

The charity is hosting a baby assistance drive for low-income mothers through Sat., Sept. 20. Generic and baby-specific wish lists are posted at [www.facebook.com/hearttoheartcharity](http://www.facebook.com/hearttoheartcharity). A baby shower will be held for low-income women who are pregnant and due in September or October, or for mothers whose baby is no more than three months old. Mothers can obtain a request form to be a participant in this event by e-mailing hearttoheartcharity@gmail.com.

Donations of generic baby items, such as diapers, wipes, clothing, blankets, burp cloths, bibs, and bath supplies are sought. The charity also accepts donations of gently used clothing, baby items, toys, high chairs, strollers, and related items. Donations can be dropped off at the charity’s office at 720 Puget Ave. Ste. B, Sedro-Woolley, in the donation bin in the hall behind the partition. Please mark donations “Baby Drive.” If you are shopping for a specific mother, list her tag ID. For more information, send an e-mail to hearttoheartcharity@gmail.com.

—Tammie Werner



# Day Creek



## Community notes

The Women’s Ministry team at Day Creek Chapel will host a **Quilt Day** at Virginia Learned’s house on Sept. 13 to begin making a quilt to raffle at next year’s Pancake Feed. There will be jobs for everyone and opportunities to learn. For more information, call 360.770.1765. This year’s **Women’s Retreat** will be held Sept. 26–28 at Baker Lake Lodge. The speaker is Sylvia Miles. Admission is \$75 for both days or \$20 for Saturday only; scholarships are available. Payment deadline is Sept. 21. For more information, call 360.840.2576.

### Davis Slough bridge project update

Portable traffic lights are installed to keep the road open at one traffic lane at mile marker 14. The speed limit will be 25 mph, and the road will be open to legal load weight restrictions allowances for an 11-foot width. Project Manager is Jennifer Swanson, 360.336.9400. Tiger Construction contact is Derek Isenhardt, 360.966.7252.

### Landslide update

Day Creek community members are collecting monetary donations and passing them to the Darrington Assembly of God Church. To date, we’ve collected \$4,022.76. To be a part of this effort, call Kathy Henderson at 360.826.3581 or mail your donation, payable to Day Creek Chapel (write “Darrington/Oso” on memo line), to: Day Creek Chapel 31438 S. Skagit Hwy.

## 2014 Community Potluck dates

September 16, 6:30 p.m.  
October 21, 6:30 p.m.  
November 18, 6:30 p.m.  
December 16, 6:30 p.m.

Sedro-Woolley, WA 98284

Any women’s ministry group that wants to be involved with **Women HAND in Hand** is encouraged to contact any one of the following:

Sylvia Miles	360.826.3067
Sharon Herring	360.661.5037
Bonnie Lintz	360.856.1385
Sue Walden	360.826.3944
Kathy Henderson	360.826.3581

Donna Pulver and Kathy Henderson, co-directors of **Kingdom Builders**, are reaching out to the Day Creek community by working with married couples who are seeking counseling help. Soon they’ll be back on the road. Along with traveling the roads of Day Creek, meeting community members, and gathering information, they will be available to the community for hospital visits and crisis calls. For more information, call 360.826.3003, 360.826.3581, or 360.826.3822.

The **Day Creek Walkie Talkies** are up and at ’em. Every day around 7 a.m., there is a group walking the streets of Day Creek. When you see them, wave or honk—or better yet, join them. For more information, call 360.826.4375.

**Day Creek Book Club** meets at Cedar Springs Lodge on Barben Rd. on the third Monday of each month. Club members plan to read the following books this year:

- *The Dog Stars*, by Peter Heller
- *Wild*, by Cheryl Strayed
- *Persuasion*, by Jane Austen
- *Steering by Starlight*, by Martha Beck

For more information, call 360.661.0247.

### Garden dirt

- September brings the beginning of fall, so start to winterize your garden areas.
- Set out winter pansies and chrysanthemums, and plant fall crocus. Plant or divide to replant perennials.
- Deadhead any summer annuals and you might get another round of blossoms.
- Start bringing fuchsias, begonias, and geraniums inside. Prune shrubs just enough to clean up the shape. As the days get cooler and daylight shorter, it

- is a great time to plant woody shrubs.
- Harvest and process all the fruit and vegetables you are growing.
  - It is time to sow seeds for winter crops or plant your starts in cold frames.
  - Nutrients are necessary for fall plants to succeed, so add compost to the area.
  - Warm soil temperatures allow soil bacteria to maximize the nutrients in the compost, making them available to the winter garden.

### Essential oils

Essential oils have been used by people for thousands of years. Lavender essential oil is among the most common today. Here are a few ways to use lavender oil on a daily basis.

- At night, put a few drops in the palm of your hand, rub you hands together, then rub your hands on your pillow. This will help you find sleep quickly.

- Put a few drops on sunburn and rub it in. You will feel immediate relief. Ditto for bug bites.
- Use a cotton ball to soak up the lavender oil and put it in your vacuum bag to remove undesirable smells.
- For lower abdominal cramps, put two to three drops on your lower stomach and rub it in. You will feel relief in minutes. This will help with bloating and cramping too.

We are looking for ideas for the Day Creek community—fun events and fundraisers—to support the fire hall and get to know the neighbors. If you have an idea, call Donna Pulver 360.826.3003 or Kathy Henderson at 360.826.3581.

—Kathy Henderson

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**Save Our Superior Building!**

Help us put a roof on the Superior Portland Cement Building in Concrete by December 31, 2015, and save it from the wrecking ball.

**Two ways to donate:**

**1** Indiegogo campaign  
(donations must be made by Sept. 30)  
[www.indiegogo.com/project/preview/61b6528b](http://www.indiegogo.com/project/preview/61b6528b)

**2** Send your tax-deductible check payable to Imagine Concrete Foundation to:  
**Imagine Concrete Foundation**  
P.O. Box 692  
Concrete, WA 98237

For more information, contact:  
**Imagine Concrete Foundation**  
**President Jason Miller**  
360.853.8213  
[goodwords@frontier.com](mailto:goodwords@frontier.com)



**Above:** Workers with Step Above Construction remove the old roof on the Concrete Heritage Museum on Aug. 14. The \$18,000 project is being paid for with museum funds, plus money raised through donations and a variety of fundraisers, including a concert, bake sales, and a yard sale scheduled for Sept. 6 at the swap meet field in Concrete.



**Left:** Gladys Silrus models the one-of-a-kind quilt created as a raffle item for Cascade Days this year. Pieced by Silrus and quilted by Linda Stearns, the work of art depicts Cascade Days logos from past years. The quilt was won by a Canadian man who wished to remain anonymous. He gave it back to Concrete, where it will be displayed in various locations throughout the coming years. What a cool guy.



**Left:** Concrete firefighters and government officials gathered Aug. 17 at the site of the planned Fire and Life Safety Facility for a groundbreaking ceremony. Construction on the building will begin Sept. 15. From left, town engineer Cody Hart; Concrete Mayor Jason Miller; Concrete Fire Chief Rich Philips; Congresswoman Suzan DelBene; former Concrete Mayor Judd Wilson; Concrete Asst. Fire Chiefs Darrel Reed and Tim Bridge; Luis Ponce with Reichhardt & Ebe Engineering; firefighters Corrina Hart, Rick Christiansen, and Dylan Abendroth; Skagit County Commissioner Sharon Dillon; firefighters Paul Rider and Robert Smith. *Photo by Denise DuVarney/Copperbear Photography.*

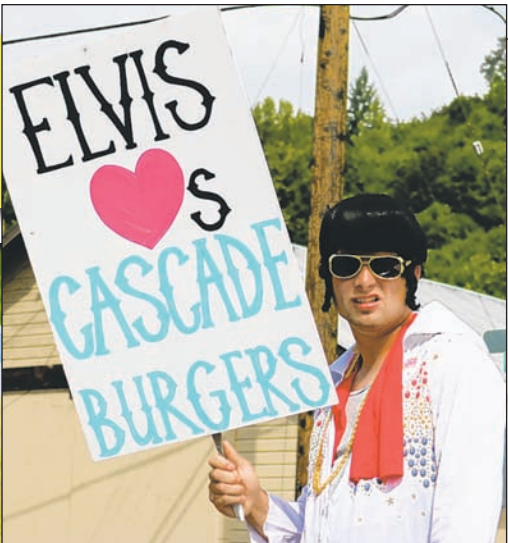


**Above:** Concrete Heritage Museum Treasurer Cheri Cook-Blodgett displays the water jug filled with coins that was delivered by an anonymous donor in August. The container weighed 130 lbs.; its contents totaled \$2,154—all of which went to support the museum's roof replacement project. A printed note taped to the container read, "A donation of roughly \$2,014 in memory of Herb Larsen and Kay Stafford."  
"Museum member Bill Sullivan found the jar wrapped in a pillowcase and wedged against the museum door on Aug. 9," said Cook-Blodgett. "It took about 10 hours to count and roll all the nickels, dimes, and quarters."



**Above:** Fire District 10 (Grasmere) firefighters pose proudly with The Boot after winning this year's Firemen's Muster at Cascade Days Aug. 16. Kneeling, from left, Becky Luttrell, Don Olmstead. Standing, from left, Zach Allard, Rick Reigal, Chris Archuleta.

# August in pictures



**Above:** This year's Cascade Days Parade included a surprise visit from Elvis, who "graced" (I'm sorry; I'm so sorry) the Cascade Burgers with his presence.



**Above:** Samantha Vogler, 7, from Concrete, gets her face painted by artist Mia Roozen during Cascade Days in Concrete Aug. 16.



**Right:** Tanner Wilson (right) and Grayson Luttrell, both from Concrete, try their hand at the crosscut saw during the Log Show at Cascade Days in Concrete, Aug. 16.



**Above:** Bare Feet's ranks swelled at one point during the Birdstock music festival at Birdview Brewing Co. Aug. 2. The event—a fundraiser for the Birdview Fire Dept.—pulled in more than \$3,100. *Photo by Denise DuVarney/Copperbear Photography.*



# Hamilton



**Jim Graafstra from Lake Stevens** poses with his 1941 Willys during the first annual Boots Bar & Grill Car Show in Hamilton Aug. 16. The bar has been operating under new owners Frank and Theresa Boots since February 20.



**Neal Prather from Sedro-Woolley** shows off his 1933 Plymouth Coupe during the Boots Bar & Grill Car Show in Hamilton Aug. 16.

## From the Mayor

Dog owners: Dog licenses are now available. The fee is \$10 for unspayed females, \$5 for all others. Please call or e-mail the office if you would like a form sent to you. Licensing helps us return the dog to its owner. After Sept. 12, unlicensed stray dogs may be taken to the Humane Society of Skagit Valley. Fines will need to be paid before the dog will be returned, or the dog may be adopted after 72 hours. The goal is to reduce stray dogs running around town.

The library is filling up quickly. Please come take a look! I've already borrowed a couple books, and I've spotted more books I want to read when I get a chance. We have large collections of some popular authors, in a variety of genres.

Office hours are Monday through Friday, from 9 to 11 a.m.

—Mayor Joan Cromley

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## Council summary

*The Hamilton Town Council held a regular meeting July 8. Following is a summary of that meeting.*

- The stray dog ordinance continued to be fine-tuned.
- Mike Brockman was sworn in as a new member of Hamilton Town Council.
- A budget review included \$4,569 for fire dept. pagers; this expense will be taken from the capital facilities fund.
- Council discussed resident Wilson's water leak at 589 Pettit St. This individual's June water bill was adjusted to compensate for the leak.
- **Fire Dept.:** Councilmember Bates demonstrated LED flares and stated the town needs to schedule a pump test.
- Councilmember Betlem read the ordinance for marijuana zoning. Councilmember Benjamin stated the town needs to add the FEMA building ruling. Council decided to postpone adopting the ordinance until next month's meeting to allow time for the public to make comments.

## Birdsview Buzz

Birdstock 2014 was held on Aug. 2. Birdsview Fire Dept. raised more than \$3,100. Eric Warner said it was a great year for them and will enable them to do lots of good things with the money.

On Aug. 23 the brewery held a fundraiser for the Central Washington fire victims. Bare Feet and Jumbled Pie provided the music, and Judd Wilson did the barbecue. Between food sales, a 50/50 raffle, and donations, we managed to raise \$1,700. North Central Washington Community Foundation Fire Relief Fund will get \$900 of that; the other \$800 is going to help deer and other wildlife affected by the fires.

All leftover food from both events was donated to the Concrete Food Bank.

The next big fundraiser will be in October: Cardiack Arrest Fest.

If you have something going on that you want to see here, stop by and let me know.

—Kris Voigt

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# Rockport



## PIONEERING TODAY

### Saving tomato seeds

By Melissa K. Norris

Seed-saving is a lost art to many modern gardeners. It's my aim to change that. Learning how to save seeds is one of the most important things you can do for your self-reliance, preparedness, and frugal nature. It's also an important tradition we're in danger of losing.

Reasons to save seeds include the fact that it costs nothing to do so. It's frugal, y'all! It keeps us from being dependent on stores. Did I mention it's free? Yeah, I kind of love that. But more importantly I love the taste of heirloom seeds.

Don't know if your seed is heirloom? Just put the name of your variety in Google and see if it's heirloom or hybrid.

Hybrid seed is usually sterile, or if you do

get it to sprout, the harvest won't taste right, grows stunted, or is unlike the plant from which it was saved.

To save seed you need to let it get overripe and go past the point where you'd eat it. Let it get mature.

For the most part, tomatoes are self-pollinating plants. You don't have to worry about cross-pollination with seed saving.

Some people like to store their seeds in the freezer. We did not have luck with this method. Plus, if you lose power, your seeds may thaw and have too much moisture if you're not ready to plant right away.

We store our seeds in a glass jar on the pantry shelf, out of the light and away from moisture.

Tomato and cucumber seeds must be fermented. Seeds that are in really wet plants have a special gel to keep them from germinating or sprouting while inside the tomato or cucumber. Fermenting breaks down this coating and also kills any seed-borne diseases or bacteria.

Cut your tomato in half. Scoop out the seeds and the gelatin-like coating surrounding them with a spoon or your hand. Place the seeds in a clean glass jar. I use Fido jars without the rubber gasket. You can also use a Mason jar and cover it with cheesecloth or plastic wrap with holes. It needs oxygen to ferment. However, if you're not using the Fido jar, it will stink and you might want to store it in the garage.

Stir the seeds once a day. Look for bubbles and mold. Once mold covers the entire surface of the seeds (can take between one and five days; mine took three days this year), pour water into the container. The good seeds will sink to the bottom, the hollow seeds and the rest of the ick will float to the top. Pour off the junk, being careful not to pour out the tomato seeds. Continue doing this until they're clean.

Put seeds in a fine mesh wire sieve and rinse well. Use an absorbent towel and place seeds on a high-gloss plate or rimmed cookie sheet. Be sure they're not touching.

Stir with your fingers every few hours the first day, then once a day.

Make sure to label each variety of seed you're saving. Only save seed from healthy plants. Be sure to save seed from several plants. You'll eventually create a garden of your best-producing and best-tasting plants, completely tailored to you and your growing climate!

*Melissa K. Norris is a Christian fiction novelist who lives in Rockport.*

**Concrete Herald**  
*The Voice of the Upper Skagit Valley*

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P.O. Box 692  
Concrete, WA 98237

For more information, contact:  
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**President Jason Miller**  
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# Darrington



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Darrington area businesses bring Concrete Herald to you every month. Please support them!

Darrington High School cheerleaders perform for a large crowd during a competition at the Skagit County Fair Aug. 7. The event put cheerleading squads from almost every school in the county on stage.

## Open for Business Whiskey Ridge Brewing

Husband and wife team Jack and Francine Hatley own and operate Whiskey Ridge Brewing, located in Darrington’s historic Old City Hall.

The Hatleys have turned Jack’s favorite hobby into a new and exciting career. Creating handcrafted, small-batch ales and lagers is their passion.

Whiskey Ridge Brewing is currently producing between 60 to 90 gallons of beer per month.

Up to six styles of beer are being created weekly, including pale ale, Irish dry stout, oatmeal stout, kolsch, and two seasonal styles.

Delightful brews starting at \$6 a pint—plus peanuts!—are yours to enjoy in this unique industrial space with views of Whitehorse Mountain. Food service is currently unavailable, but you can pick up a delicious pizza at Darrington’s own IGA or a burger at Burger Barn and bring it with you to enjoy.

Whiskey Ridge Brewing Hours of operation are every other Friday from 5 to 8:30 p.m., and Saturday and Sunday from noon to 6 p.m. The brewery is open on Thursdays by appointment. Weekly updates are available on their Facebook page. For more information on



this mouthwatering new addition to the Darrington community, go to the Whiskey Ridge Brewing Web site at [www.whiskeyridgebrewing.com](http://www.whiskeyridgebrewing.com).

—Jentry L. Wright

Jack and Francine Hatley own and operate Whiskey Ridge Brewing, one of Darrington’s newest brew pubs. Photo by Jentry L. Wright.

## September at the Darrington Library

### Children’s programs

- Ready Readers Family Storytime, Wednesdays, Sept. 10, 17, 24; 10 to 10:45 a.m.; birth to 5 years; caregiver required
- Every Child Ready to Read and Rock! Thur., Sept. 24, 10:15 to 11 a.m.

### Families/All ages

- Lego Club, Thursdays, Sept. 4, 18; 3 to 4 p.m.

### Teen programs

- Arduino (microcomputer) Drop-In, Thur., Sept. 11, 3 to 4 p.m.

### Adult programs

- Darrington Friends of the Library meeting, Wed., Sept. 3, 5:30 to 6:30 p.m. DFOL is looking for new leaders; for more information, call 360.436.1600.

- *Walking On Trees: Russ Hanbey’s Views from the Back Country*, Wed., Sept. 10, 6 to 7 p.m., Mountain Loop Books & Coffee, Darrington.
- Basic Computer Skills Classes: Exploring the Internet, Thur., Sept. 11 and 18, 1 to 2 p.m.; pre-registration required.
- Darrington Library Board meeting, Thur., Sept. 18, 5:30 to 6:30 p.m.
- Basic Computer Skills Classes: Hoopla, Freegal, and Zinio, Oh, My! Tuesday, Sept. 23, noon to 1 p.m. Pre-registration required.

For more information, go to [www.sno-isle.org?ID=1194](http://www.sno-isle.org?ID=1194) or call 360.436.1600.

—Bryan Stratton, branch manager

## SR 530: More detours, community meetings scheduled

WSDOT has rescheduled the Wed., Sept. 3, SR 530 detour to avoid affecting traffic on the first day of school. Contractor crews now plan to detour SR 530 traffic to the Seattle City Light access road for one full weekend starting at 9 p.m. on Fri., Sept. 5. The closure will allow for the installation of a concrete culvert underneath the new roadway to help manage water from a stream flowing into the Stillaguamish River. Contractor crews will also continue work on building the elevated west section of the highway.

### Community meetings

During the second week of September, WSDOT and Snohomish County will host the last community meetings before the reconstruction of SR 530 is completed.

- Darrington: Sept. 8, 7 to 9 p.m., Darrington Community Center Dining Hall, 570 Sauk Ave., Darrington.
- Arlington: Sept. 10, 6 to 8 p.m., Stillaguamish Senior Center, 18308 Smokey Point Blvd., Arlington.
- Oso: Sept. 11, 7 to 9 p.m., Oso Community Chapel, 22318 Washington 530, Arlington.

### Yoga classes

Yoga Classes Beginner to Advanced. Mondays and Thursday Evenings 6pm. Wednesday morning 10:05 am. \$5/class or \$25/6. 2nd floor stairs First Baptist Church Darrington. 360.436.1267.

### Caretaker available

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# Marblemount



## Honoring an icon

Lifelong Marblemount resident Merv Peterson was honored Aug. 17 at the Old-Timers Picnic in Marblemount. Skagit County Public Works Director Dan Berentson was on hand to dedicate the bridge over the Skagit River to Peterson, 88, who has spent his life helping people

in need and working on causes that enrich the Upper Valley. Peterson helped start the local volunteer fire department and brought the community club building to town, among many other contributions.

With characteristic humility, Peterson shifted his accolades to colleague Bill Newby. “If anyone needs recognition, it’s Bill,” said Peterson.

## One more fling for Community Market

It’s harvest time, and the Marblemount Community Market will celebrate its final event this season on Sun., Sept. 14. With local vendors ranging from organic produce, handcrafted jewelry, felted hats, and goatmilk soaps to whimsical artwork and North Cascades photography, there is something for everyone. Live music, food, and cider pressing also will be on hand. Bring your own apples (or other fruit for juicing) and jars

to take home your fresh booty! In addition, the market will host a Harvest Share, where folks may bring their extra garden goods to trade or swap with others. Stop at the Marblemount Community Hall grounds (just around the bend from milepost 106) on Sun., Sept. 14. A vendor application is posted at [www.marblemountcommunityhall.org/events](http://www.marblemountcommunityhall.org/events). For more information, call Market Manager Christie Fairchild at 360.853.8388.

—Christie Fairchild



Alden Meyer from Rockport plays cello at the Marblemount Community Market in August. Last month’s market featured Upper Valley youth, as vendors and entertainers. *Photo by Christie Fairchild.*

## Cascade River Rd. to remain open

Originally scheduled to close for repairs Sept. 2 to all vehicle and pedestrian traffic, Cascade River Rd. will remain open as long as weather permits. The repair will be delayed until next year. It will consist of installing a 60-foot-

long concrete box culvert with a debris rack to prevent culvert plugging at Boston Creek. For information on trail and road conditions within the North Cascades National Park Service Complex, contact the Wilderness Information Center at 360.854.7245, the Golden West Visitor Center at 509.699.2080, ext. 14, or any park ranger station.



# Newhalem



## North Cascades National Park hosts Artists in Residence

September 3 marks the 50th anniversary of wilderness designation in the U.S. Visitors and artists to the wild lands of the North Cascades have been sharing their inspirations for at least as long. Two new experienced artists in the fields of writing and music will join the park in mid-September through early October to produce work inspired by Wilderness of the North Cascades. Skagit District of North Cascades National Park will welcome poet Paul Willis as its fall 2014 Artist in Residence. Willis is from Eastmont College in Santa Barbara, Calif. Willis will share a poetry writing workshop at the North Cascades Visitor Center in Newhalem on Sat., Sept. 20, from 1 to 3 p.m. Beginners are welcome, and participants may walk some short trails if weather permits. Class size is limited; call 360.854.7304 to register. Walk-ins will be allowed as space permits. Willis also will read poetry at some of the evening campfire programs during late September during his residency. Portland, Ore., composer Christina Rusnak has been chosen as the fall Artist in Residence for Lake Chelan National Recreation Area at Stehekin. Rusnak’s music is written for groups as diverse as jazz ensembles and symphony orchestras. Her work is strongly influenced by wilderness landscapes. “My intention is to follow in the footsteps of past and present composers who have been inspired by our National Parks,” she said. “As a composer, cultural explorer, and writer, my premise is that wilderness is not a static place—that the landscape is a vibrant, dynamic place, constantly evolving via wind, climate, fire, and regeneration.” Rusnak will work in Stehekin from mid-September through the first week in October.

—Submitted by National Park Service

## Campfire burn ban lifted for western Washington state parks

### Individual parks may still have fire restrictions, depending on conditions

OLYMPIA — Washington State Parks and Recreation Commission announced Aug. 15 that the ban on campfires in Western Washington state parks had been eased. Western Washington is considered the region west of the crest of the Cascade Mountain range. Park managers have the discretion to restrict campfires in these campgrounds, based on their assessment of conditions, which may change quickly. Campfires are allowed in approved fire pits only. Park managers also may require smaller fires than are normally acceptable. “We understand how important campfires are to our visitors’ camping experience,” said State Parks Director Don Hoch. “Even with the recent rains, we are still concerned about the possibility of wildfire. We urge everyone to use extreme caution and to let our staff know if they encounter any hazardous conditions in state parks. This summer’s fire season has been unprecedented, and we appreciate everyone’s understanding.” Easing of the burn ban followed the Aug. 15 announcement by the Commissioner of Public Lands and the Washington State Department of Natural Resources (DNR) that adjusted the current statewide burn ban to allow for recreational campfires in Western Washington. That agency has fire protection responsibility for nearly 13 million acres statewide, including most state parks. The public is encouraged to check individual parks’ Web pages for any exceptions regarding campfire restrictions. Go to [www.parks.wa.gov](http://www.parks.wa.gov) and click on the “Parks” link for a list of all parks. Any campfire restrictions will be listed under the “Alert Center” section of the Web page.

—Submitted by WA Parks and Rec

## Campsites to begin closing this month

As summer comes to an end, North Cascades National Park Service Complex begins to close campsites for the winter season. “As we reach the end of the annual visitation season and seasonal employees leave, camping facilities are closed and winterized so they will be ready for next year’s visitors to use,” said Superintendent Karen Taylor-Goodrich. Beginning the day after Labor Day and continuing through September, the

following sites will be closed until next spring:

- Sept. 2: Newhalem Loop C and group sites
- Sept. 8: Colonial North Loop and Newhalem picnic sites
- Sept. 15: Newhalem Loop B, Goodell group sites, and Goodell Campground
- Sept. 22: Colonial South Upper Loop, Newhalem Loop A, and Newhalem Dump Station
- Sept. 29: Colonial South Lower Loop, Lakefront, Gorge, and CC Dump Station

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# Seniors



## Coffee Break

Lies there  
By Patrick Kennedy

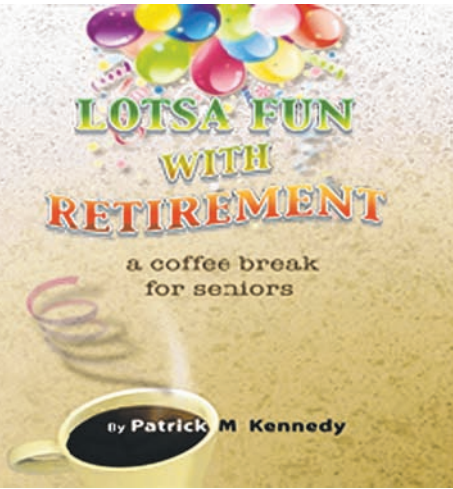
Glowing rolls a skyline  
Puffy shaped air forms  
Window shines outside in  
Rock and rolls rupture a clock  
Oh! Oh! Oh! searches for a rock

Rising lids for tired eyes  
Slowly breaking cracks  
Pressure resides swelling inside  
Anger fear pending boredom  
A superior time will one day come

A pitter patter of a door  
Beckoning to dream outside air  
Sounds of civilization tweed the ear  
Leading to a hard smelly car  
Going near going far

Days are days copy cats  
This then that this then that  
That then this that then this  
Its mundane silent cries  
Hard day's truth wrapped in lies

Patrick M. Kennedy is the author  
of Lotsa Fun with Retirement. Find  
it at Amazon.com.



## Way Back When

**70 years ago**  
*Sept. 24, 1944:* A stubborn fire blazing among combustible drugs and chemicals in the Rex Drug Store in Sedro-Woolley gutted the stock room and caused damage estimated at 75 percent of the stock Sunday morning. Sedro-Woolley's volunteer fire department battled desperately for more than two hours to prevent the spread of flames and subdue the fire.

The cause of the fire has not been determined. The blaze started before the store was opened, and the building was empty. No one was injured.

Gases from burning chemicals formed a pocket that was touched off by the flames, causing an explosion that shattered display windows and showered splintered plate glass on the sidewalks in front of the store.

The fire was discovered shortly before 10 a.m. by passersby who saw smoke inside the building. Immediately after the alarm was sounded, the windows blew out. Firemen laid three hose lines to the blaze and attacked it from the front and rear entrances.

*Sept. 31, 1944:* A forest fire covering more than 200 acres is raging unchecked at the north end of Lake Whatcom, about 16 miles from Sedro-Woolley, Forest Fire Warden Harry Osborne said this morning. Efforts to set backfires against the blaze failed when the wind shifted last night.

About 75 fire suppression crew members and crews from two

logging camps are fighting the fire. A squad of 25 men was dispatched to the blaze from Sedro-Woolley. The fire started Wednesday afternoon when a spark from a donkey engine set off the tinder-dry slash in some felled timber, and has reached green timber.

**60 years ago**  
*Sept. 23, 1954:* A plea to the Skagit County Prosecutor's office for relief from the rash of traffic arrests and fines at Lyman was met with a polite rebuff this week. The prosecutor's stand is that if there are an unusually large number of arrests being made, it is probably because of an unusually great amount of speeding involved.

He further gives his sympathy to the Lyman authorities by revealing that while roadside acceptance of bail is illegal, the procedure in Lyman is a kindness to the motorists, who are thus spared the necessity of appearing before the judge. The law officer is reported to have asked for the authority because the motorists "insist" on paying him the money and sign a receipt to that effect before he will accept it.

The prosecutor urges all those arrested who feel they are being imposed upon to stand trial and appeal their cases, saying "certainly if they have sufficient evidence, they should appeal any conviction where they believe they are not guilty." Those who forfeit bail have no recourse whatsoever.

**50 years ago**  
*Sept. 24, 1964:* A crowd of nearly 500 boosters of the North Cross State Highway accepted an invitation by the east side group to attend a Saturday barbecue at

Washington Pass, the midway and highest point of the road. As the morning progressed, 75 four-wheel-drive vehicles of every description gathered at the end of the Early Winters Creek road and loaded up to take the guests four miles over a cat trail into the 5,250-foot mountain pass. So great was the holiday spirit that few complained of the rough ride or the mist that fell during the day. President Lowell Peterson opened the program with a short speech of welcome and read a telegram from Gov. Rosellini expressing his regret at not being present. Mt. Baker National Forest Supervisor Harold Criswell flew in Friday by helicopter and spent time with Ranger Cal Dunnell of Marblemount in locating possible ski recreation areas in the pass. He said that they had found two good sites, plus a number of excellent camping and park sites.

**40 years ago**  
*Sept. 12, 1974:* Concrete's Visitor Center (now Concrete Center), delayed by strikes through the summer, was finally completed and opened for business this Tuesday morning.

National Park Service information center workers moved from the temporary office east of town to the center Tuesday, shortly after the building was officially accepted by General Services Administration inspector Richard Schultz.

The complex was financed by the Skagit County Port District for lease to the government as a visitor information center. A

See **Way Back**, p. 29

## Concrete Center September 2014

### Activities

Mon. - Fri., 10 a.m. to 3 p.m.  
Lunch served Tue. - Fri., noon

**Mondays**  
10 a.m. Jigsaw puzzles  
Noon Coffee Bar  
Noon Birthday party, 9/29  
12:30 p.m. Skip Bo, Cribbage

**Tuesdays**  
10 a.m. Jigsaw puzzles  
10:30 a.m. Tai Chi  
Noon Lunch  
12:30 p.m. Skip Bo, Cribbage

**Wednesdays**  
10 a.m. Jigsaw puzzles  
10:30 a.m. Advisory Board mtg., 9/10  
Noon Lunch  
12:30 p.m. Skip Bo, Cribbage  
12:30 p.m. White elephant bingo, 9/10, 9/24

**Thursdays**  
10 a.m. Jigsaw puzzles  
Noon Lunch  
12:30 p.m. Skip Bo, Cribbage  
12:30 p.m. Pinochle, 9/11, 9/25

**Fridays**  
10 a.m. Jigsaw puzzles  
Noon Lunch  
12:30 p.m. Dominoes, Skip Bo, Cribbage

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winking in the dark\***

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knows what you're doing.**

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**Way Back**, cont. from p. 28

separate portion of the building—the southwest corner—will be leased to Bonnie Drake and Lois Theodoratus for a gift shop. The present operators of The Knothole, just west of the *Concrete Herald* office on Main St., they plan to move to the new quarters as soon as possible.

**30 years ago**  
*Sept. 20, 1984:* Feeling every bit as proud as journalists in metropolitan newspapers winning Pulitzer Prizes, the *Concrete Herald* staff won an award in the 1984 Better Newspaper Contest Sept. 15.

In the annual contest sponsored by the Washington Newspaper Publishers Association (WNPA), the *Concrete Herald* won third place in single merchandising ad for an Oso Lumber advertisement that ran in the July 21 and 28, 1983, issues.

The award was presented during the WNPA Convention in Olympia, attended by *Concrete Herald* publishers Bob and June Fader, and staffers Patty Moore and Anne Bussiere.

Judges stated, "This classic advertisement sells lumber with description and price in beautiful layout and especially appropriate typefaces."

The entry was judged among others in a category based on circulation. *Concrete Herald* is in Group I, circulation up to 2,250.

In previous years, *Concrete Herald* won similar awards for editorials, columns, general excellence, advertising, and design.

The WNPA is composed of 129 member community newspapers from throughout the state with circulation sizes ranging from 500 to more than 20,000.

—Compiled from archives



**Cascade Days Parade Grand Marshals Marty and Adrienne Smith** were all smiles during the kickoff event to Concrete's biggest bash, Aug. 16–17.



**Concrete Lions Club members** rolled along the parade route during Cascade Days Aug. 16. The local service club celebrated its 75th anniversary on Aug. 23 with a dinner at the CCD Center in Concrete; more than 40 attended. A group of junior students from Concrete High School, along with facility advisor Claus Joens, handled setup, serving, and cleanup. The guest speaker was Patty Allen, executive secretary from Multiple District 19 out of Bellingham. There were representatives from various Lions clubs throughout Washington, including Sedro-Woolley, Burlington, Mount Vernon, Oak Harbor, and Bellingham. The Concrete Lions Club was formed on Oct. 21, 1939, and was sponsored by the Sedro-Woolley Lions Club. Throughout the club's 75 years it has been involved in many projects, including obtaining and running the first ambulance service for Concrete in the 1940s, helping to obtain the river rescue boat for Upper Valley water rescues, hosting Easter egg hunts for more than 60 years, hosting Halloween parties for more than 50 years, running the Sight and Hearing Screening Van for the last eight years, furnishing eye glasses and hearing aids for those in need, wood cutting, Christmas tree sales, building wheelchair ramps, hosting barbecues to support school sports and Wounded Warriors in Action, graduation scholarships, cement work, roofing, and many other projects.

# Obituaries

**John Woodworth** passed away peacefully surrounded by his family in the afternoon on Aug. 21, 2014.

John was born May 21, 1939, in Sturgis, Mich., to Bela Roosevelt and Margaret Orva (Eaton) Woodworth. Growing up, he played basketball and baseball and also played the drums in high school.



John attended Michigan Technical University before joining the U.S. Army in 1958. He served with a specialty in Construction Drafting and received an honorable discharge in 1961. After his service, John attended the Carpenter’s Apprenticeship in Pomona, Calif., from 1961–65 and graduated at the top of his class, achieving the highest score ever recorded at that time.

John knew from the time he was 16 and worked for a family friend that he wanted to be a carpenter. He loved his work and worked hard to excel and learn from each job. He was Carpenter Foreman with numerous construction firms and even designed and supervised building the first tip-out room to be used in the travel trailer industry. John’s local catalog of work includes parts of the Skagit County Courthouse, more than 30 custom homes, and various small commercial buildings.

He lived and worked in California after his apprenticeship before moving with his family to Washington in 1968, and then to Concrete in 1969. Here they raised chickens, geese, pheasants, peacocks, cows, horses, dogs, and cats. He loved growing a large garden, enjoyed farming, and was active in his children’s activities.

Brian Steimle, Jonathan (Kelli) and David (Amber) Woodworth, Jessica (Josh) Massingale, Rochelle Martin, Kayla and Keegun Zitkovich, and Ben and Becca Johnson; future grandson Woodworth, and numerous great-grandchildren.

There will a Celebration of Life potluck held at the CCD Center, 45590 Limestone St., Concrete, on Sat., Sept. 6, at 11 a.m.

In lieu of flowers, donations can be made to UW Medical Advancement, Box 358045, Seattle, WA 98195-8045.

Cremation arrangements are under the care of Lemley Chapel, 1008 3rd St., Sedro-Woolley. Share your memories of John and sign the online guest register at [www.lemleychapel.com](http://www.lemleychapel.com).

**“See ya a while ago.”**

**Obituaries published in Concrete Herald**

from May 2009 to present are posted online at:

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For more information, call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

## Sunday School lesson Admit it.

By Bill Mueller

I’m a sinner, and I know you are one too. That’s not easy to say. Try saying it right now. If you can’t, you are one of those “I can’t handle the truth” people. The proof of what I’m saying can be seen in the world we live in. The reality of sin

is everywhere. It manifests itself in the fact that everybody hurts and everybody hurts everybody else. Years ago, *Hurt People Hurt People* was published. That book underscored a reality we all know to be true: Our history and our lives are largely the history of hurting, the history of victimization. Ever since the Fall, we have had this terrible, inescapable, senseless addiction to hurting each other. No matter how hard we try, we cannot seem to break that habit. The Apostle Paul summarized it well, “For all have sinned and fall short of the glory of God,” (Rom. 3:23).

Don’t get me wrong. Sin is fun. The Bible even says so. We are told that Moses chose the harder path, rather than to “enjoy the pleasures of sin for a short time” (Heb.11:25). The point here is that sin doesn’t fulfill; it has a very short shelf life. Eventually all will come crashing down on the person who continually lives in a sinful reality. One author put it very well when he defined sin as a “waste of time.” It doesn’t live up to its expectations or its packaging. Why even go there? The truth is, we just can’t help ourselves. We need a savior, someone who can pull us up, dust us off, and lead us in a healthier way of life. It doesn’t matter who you are, how much money you have, or any other worldly status symbol that might be yours. As Bob Dylan once sang, “You gotta serve somebody ...” And we will.

The solution to this life problem is one you might guess: forgiveness. Initially it’s being forgiven. Here is where Jesus takes center stage; it is only through

See **Sunday School**, p. 39

# Skagit County Sheriff’s Office Blotter

**Aug. 2**

Deputies received a call from a stranded boater near Cockreham Island near Hamilton. The boat was headed upstream at full throttle when it hit a sand bar. The persons in the boat were not injured. A Sheriff’s deputy and a member of the newly formed East County Water Rescue responded to evaluate the situation. Not much could be done. The occupants were brought to shore and the boat was left there; once the river rises, the owner will retrieve it.

A homeowner on Limestone St. in Concrete woke to a loud crash at 2 a.m. The next day, the homeowner saw a trail of debris to a nearby house. A deputy was summoned to investigate. The deputy contacted the persons involved. All parties agreed to have the driver pay for the damage and restore the fence.


**Aug. 3**

Deputies were sent to a Concrete

**Level 3 Sex Offender NOTIFICATION**

The Skagit County Sheriff has released the following information pursuant to RCW 4.24.550 and the Washington State Supreme Court decision in State v. Ward, which authorizes law enforcement agencies to inform the public of a sex or kidnap offender’s presence.

**Brown, Nicholas Adam**  
Age: 33  
Race: W Sex: M  
Height: 6’ 2”  
Weight: 200  
Hair: Brown  
Eyes: Brown  
Address: Cape Horn



A Level 3 sex offender, Brown was convicted of first-degree child molestation in 2002, in Spokane.

Brown is not wanted by the police at this time. Citizen abuse of this information to threaten, intimidate, or harass registered sex or kidnap offenders is a punishable offense and also will result in the removal of the online notification resource.

*Source: Skagit County Sheriff*

address to check on the victim of a motor vehicle accident. The man had been driving his Jeep on private property near Lower Finney Creek Rd. The man said his dog jumped in his lap and caused him to wreck. The man was slightly injured and no charges were filed. The dog is grounded.

Deputies and medics were sent to a motorcycle crash about 12 miles up Finney Creek Rd. near Rockport. A man failed to negotiate a corner and was thrown from his bike. He was slightly injured. The real problem was intermittent cell phone reception; it was hard to get a good connection. Be prepared to have poor reception in some areas.

**Aug. 4**

An anonymous Lyman caller reported smelling what they believe was methamphetamine being cooked in their neighborhood. A deputy responded and discovered this same anonymous person reported the same issue in Sedro-Woolley. All of the calls were determined to be unfounded.

At approximately 7 a.m., SCSO responded to the report of an assault in the 24000 block of Hoehn Rd. near Sedro-Woolley. The initial report was that a woman had her throat cut at the residence. Deputies arrived shortly after the report and contained the scene and took the suspect into custody.

The victim, a 34-year-old Sedro-Woolley-area female, was taken to a local hospital and treated for nonlife-threatening injuries. The suspect, a 52-year-old Sedro-Woolley-area female, was taken to another hospital within Skagit County and also treated for nonlife-threatening injuries prior to being booked into the Skagit County Jail. The case is still an active investigation.

**Aug. 5**

A deputy was dispatched to a possible assault complaint in Rockport. A college student said he was mowing the yard when a neighbor came up behind him and shoved him. He was startled and didn’t initially know who it was. They were able to make introductions and all ended well, but it sure seemed like an odd way to say hello.

**Aug. 6**

A wife reported her husband had gone hiking alone and was now overdue in the Hidden Lake lookout area. She reported that he was more than two hours late. Shortly thereafter she called back and said he had just arrived at their Marblemount home and no search was needed. He was now probably in the doghouse and unavailable for comment. Remember to always hike with a friend or do what

## Sergeant’s corner School Zone safety tips

By Chris Kading



As we head into September, our beautiful summer in the Upper Skagit Valley is drawing to a close. That brings the beginning of the school year in Concrete. School officially begins Sept. 3 (kindergarten begins Sept. 8); however, there are many activities in and around the school prior to that, including class registrations and orientations. With this increased activity, there will be a noticeable increase of children in the area, on foot and on bikes.

As always, the Sheriff’s Department will monitor the crosswalk and enforce the 20 mph speed limit in the SR 20 school zone. The school zone should be staffed by a volunteer assisting with kids trying to cross at SR 20 and Superior Ave. The flashing “School Zone” lights will be active when kids are arriving

from 7:15 to 7:45 a.m., and in the afternoon from 2:30 to 3 p.m. Please pay attention and adhere to the posted speed limits during these times.

The speed limit in this area is normally 35 mph and at that speed, it takes 13.5 seconds to pass through the school zone. At 20 mph it takes 18.5 seconds, a mere five seconds longer.

The Concrete School District Web site has additional information on late start times and special activities, which may increase kids in the area. Remember, you’re not likely to be stopped by a deputy for driving too slowly through the School Zone, but if you’re driving too fast, we’ll have to have a brief roadside chat. For those teenagers who are driving to school, absolutely no texting and driving. I have a no-tolerance policy and you will be issued a ticket the first time you’re caught texting behind the wheel. That’s a \$124 reminder.

Thank you for being careful and driving respectfully out there.

*Chris Kading is sergeant for the Skagit County Sheriff’s Office East County Detachment in Concrete.*

this person did: Leave a detailed route as to where you’ll be if we need to begin searching for you.

**Aug. 7**

Deputies responded to Bella St. in Hamilton for an assault. A male subject living there has been causing problems for some time now. Many of the neighbors think he’s on drugs. Today he allegedly assaulted relatives and needed to be taken to jail. He was quite agitated and likely was on some sort of stimulant. Methamphetamine and heroin are the two most common forms of trouble lately.

**Aug. 9**

Around midnight, several callers from Howard Miller Steelhead Park reported two persons were in the Skagit River clinging to the river bank, yelling for help. Deputies and Swift Water Rescue Technicians arrived to assist in their recovery. Somehow, both parties had swum the river, self-rescued, and appeared to be OK. Witnesses heard arguing just prior to the yells for help. After all was said and done, no one was injured and two people are incredibly lucky. There’s much more to this story, I’m sure.

**Aug. 10**

A caller from Pandora’s Circle area near Marblemount reported a suspicious young man who showed up at their door, saying an unknown male was chasing him with

a baseball bat. That person then ran off, where he was later contacted by deputies. They never did find the “slugger” and the running man was booked into jail on outstanding warrants ... safe!

**Aug. 11**

An alert clerk at Loggers Landing gas station in Concrete spotted a counterfeit \$5 bill. Yes, a \$5 bill. The clerk was able to provide good suspect information and deputies are following up. If you or your business feel you have obtained counterfeit currency, please obtain as much suspect information as possible and call 911.

A caller from the 11000 block of Hwy 20 near Rockport reported a burglary. It appears a thief broke into his shed and stole a paint sprayer and his wheelbarrow. The homeowner also discovered his rototiller stashed in some brush nearby. Deputies are following up on a good lead.

**Aug. 13**

Deputies responded to a possible fight in the area of SR 20 and Superior Ave. in Concrete. A witness observed two males in a blue car get into a verbal altercation with one male in a red car. Prior to any punches being thrown, the red car driver displayed a taser. The blue car then left westbound at high speed.

See **Blotter**, p. 33

<h2>Worship directory</h2>			
<b>Assembly of God</b> <b>Concrete Assembly of God</b> 45734 Main St., Concrete; 853.8042 Sun. worship: 10 a.m. Tue.: Men’s meeting, 8:30 a.m. Wed.: Adult Bible study, 6 p.m. Thur.: Women’s Bible study, 6:30 p.m. Bruce Martin, pastor			
<b>North Cascade Community Church</b> 59850 SR 20, Marblemount 360.873.2504 // <a href="http://www.mmag.net">www.mmag.net</a> Sunday School: 9:30 a.m. Sun. worship: 10:30 a.m. Thur.: Men’s meeting, 8 a.m. Dave: Bible Study, 7 p.m. Dave Nichols, pastor E-mail: <a href="mailto:pastordave@fastmail.fm">pastordave@fastmail.fm</a>			
<b>Baptist</b> <b>First Baptist Church</b> 12732 Hemlock St., Clear Lake 360.856.2767			
<b>Sunday School:</b> 9:45 a.m. Sun. worship: 11 a.m. and 6 p.m. Wed.: 7 p.m. John Batts, pastor E-mail: <a href="mailto:pastorjohn@firstbaptistclearlake.com">pastorjohn@firstbaptistclearlake.com</a> Hamilton First Baptist Church 797 Hamilton Cemetery Rd. at SR 20 Office: 360.826.3307 Sunday School: 9:40 a.m. Sun. worship: 11 a.m. and 7 p.m. Ron Edwards, pastor			
<b>Lyman Church</b> 31441 W. Main St., Lyman Office: 360.826.3287 Sunday School: 9:30 a.m. Sun. worship: 11 a.m.			
<b>Catholic</b> <b>St. Catherine Mission Church</b> 45603 Limestone St., Concrete Mail: 719 Ferry St., Sedro-Woolley Office: 360.855.0077 Weekday hours: 9:30 a.m.–3:30 p.m. Sat. Mass: 8:30 a.m. Father Martin Bourke, pastor <a href="http://www.svc.us/scm">www.svc.us/scm</a>			
<b>Covenant</b> <b>Community Covenant Church</b> 12605 Highway 9, Clear Lake 360.856.1023 // <a href="mailto:covenant@wavecable.com">covenant@wavecable.com</a> <a href="http://www.clearlakecov.org">www.clearlakecov.org</a> Sunday School: 9:30 a.m. Sun. worship: 11 a.m. Call for weekly youth group/Bible studies Tim Hedberg, pastor			
<b>Free Methodist</b> <b>Day Creek Chapel</b> 31438 S. Skagit Hwy, Sedro-Woolley Office 360.826.3696 Sun.: 9:15 a.m. prayer svc, 10 a.m. worship Tue.: Women’s Bible study, 9:30 a.m. Thur.: Bible study at Louise’s complex, Mt. Vernon, 6:30 p.m. Fri.: Women’s Bible Study at Kathy’s in Day Creek, 8 a.m.			
<b>Methodist</b> <b>Central United Methodist Church</b> 1013 Polke Rd., Sedro-Woolley 360.856.6412 / <a href="mailto:centralumcsw@yahoo.com">centralumcsw@yahoo.com</a> <a href="http://centralumcsw.org">http://centralumcsw.org</a> Adult Sunday School: 9:30 a.m.			
<b>Sun. worship:</b> 11 a.m. Marilyn Kallshian, pastor			
<b>Presbyterian</b> <b>Mount Baker Presbyterian Church</b> 45705 Main St., P.O. Box 246, Concrete Church 360.853.8585; office 360.595.0446 <a href="http://www.mtbakerpresbyterian.synodnw.org">www.mtbakerpresbyterian.synodnw.org</a> Sun. worship: 9 a.m. Tom Ross, pastor			
<b>E-mail:</b> <a href="mailto:cbcofconcrete@earthlink.net">cbcofconcrete@earthlink.net</a> Sun. School: 9 a.m.; Worship Svc: 10 a.m. Childcare/Children’s Ministries at both Contact church for other ministries Rob Thomas, pastor			
<b>The RIVER Gathering</b> 720 Puget Ave., Sedro-Woolley Sun. worship: 10:30 a.m. Wed. potluck/study: 6 p.m. Thur. ladies group: 6:30 p.m. Last Fri./mo. potluck/games: 6 p.m. <a href="http://www.facebook.com/therivergathering">www.facebook.com/therivergathering</a> 360.853.6676 // Pastor Larry Weston			
<b>Rockport Christ the King Comm. Church</b> 11982 Martin Rd., Rockport, WA 98283 Church office: 360.853.8746 Pre-service fellowship: 9:30 a.m. Sun. service: 10 a.m. Sun. eve. Bible study: 5 p.m.			
<b>Wildwood Chapel</b> 41382 SR 20, Concrete Sun. worship: 10 a.m. Bible studies: Call for times 360.708.4330			

# CONCRETE HERITAGE MUSEUM NEWS

Stop by and see our new roof! Thanks to community members—both individual and corporate—our **fundraising drive** to pay for our new roof is well under way. However, we still have a ways to go. So far this year we have held three bake sales, one stint at the Bow Hill rest area, one concert, and one yard sale. Until we get closer to being able to pay off the entire amount, we will hold off any great celebration and formal dedication of the roof.

Yes, that means you still have opportunities to help us. If you prefer to be incognito and donate from the comfort of your easy chair, you may do so via our Web site: [www.concreteheritagemuseum.org](http://www.concreteheritagemuseum.org).

Please don't forget that this year we have **extended our season** and will be

open every Saturday in September from noon to 4 p.m.

We are beginning to gear up for the annual **Ghost Walk**, which will be conducted every Saturday evening during October. If you are interested in volunteering to help us, please call 360.853.8347. We have two kinds of positions available: "ghosts" and "herders." The ghosts get into character and become one of Concrete's memorable previous residents. The herders assist in keeping the guests safely bunched up as they walk from one location to another to visit the ghosts. It's nice to have helpers who can support all five performances, but that is not required. If you're interested, please call us at 360.853.8347.

—John Boggs

## T'ai Chi Chih course offered as Upper Skagit Library building fundraiser

Laurie Thomas, an accredited T'ai Chi Chih teacher, is offering an eight-week course on the exercise form, the proceeds for which will be donated to the Upper Skagit Library's Building Fund.

T'ai Chi Chih is a series of 19 movements and one pose that together make up a moving meditation that balances the vital energy within humans, known as chi.

"I started T'ai Chi Chih as a curious student more than 26 years ago," said Thomas, who earned her accreditation in 1997. "Right from the beginning, I felt wonderful changes. My mind quiets, tension melts away, and I'm in a state of calm relaxation to continue my day."

T'ai Chi Chih is easy to learn. It can be done by people of all ages and all ability levels, including people in wheelchairs.

The eight-week course begins on Tue., Sept. 9, from 6 to 7:15 p.m., at the Concrete Theatre, 45920 Main St., Concrete. The course cost is \$60 and will include T'ai Chi Chih texts. Returning students forgo the books and pay \$30, with all proceeds going to the New Library Building Fund.

For more information, contact Thomas at 360.873.4210 or [ltomas.wa@gmail.com](mailto:ltomas.wa@gmail.com).

## Upper Skagit Library at Cascade Days

The Upper Skagit Library had a large presence during this year's Cascade Days celebration in Concrete, with a Marketing Committee booth and a Dream Library Contest (using Legos) on Aug. 16.

"There was essentially a nonstop stream of visitors to the booth all day long," said Ann Innes, who chairs the library's marketing committee. "Some of the kids spent more than an hour on their entries and some did both drawings and Lego structures."

The booth gave away 180 donated items, including 51 stuffed toys, 50 Jelly Belly bubble wands, 12 superhero plastic drinking cups (each loaded with a USL bandana and painted rock), and assorted other items.

### Dream Library Contest winners

- Doug & Melissa Large hardwood blocks: Emersyn and Annebelle Hilburn
- Makit Tinker Toys: Jason Driver
- Mindware Keva Planks sets: Ashley Mabe
- Cool Crazy Connectors: Lilly McAdam

Contestants were asked to draw or build a Lego creation depicting their idea of a cool library. Fifty-two drawings and 10 Lego creations were submitted.

## At the Upper Skagit Library

As the cool breeze ushers in the beginning of another school year, we invite kids, teens, and parents/guardians to visit the library during September to explore our space and learn more about our long list of services. Stop by and add a free pencil and bookmark to your school supplies! For the entire school year, we hope you use the library and staff as one of your valued resources.

Concrete Town Council will host a **community forum** to be held at Town Hall in Concrete on Wed., Sept. 17, from 7 to 9 p.m. The purpose of this forum is to inform the community and public regarding the possibility of Town of Concrete annexing into the county library district. Here you will be able to voice your thoughts and pose questions surrounding this issue. Please attend; we appreciate your support in discussing this crucial library service for the town.

Remember, we have launched a **monthly e-newsletter**. Keep up to date on our new arrivals, community programs, special events, and the potential book review or staff picks. Sign up through our Web site; click on the newsletter link.

The book sale and activity booths at Cascade Days were a huge success! We had a nonstop stream of visitors at our booths all day long. Tons of kids flooded our tables to participate in our Dream Library contest and won raffles and received free giveaways. We would like to thank Friends of the Upper Skagit Library and everyone who coordinated the activities and volunteered on Aug. 16.

Remember to visit us at the **Marblemount Market** on Sept. 14. If you have a library card, bring it with you and look for the library's table. Browse the books we bring or special request the books you'd like by calling the library and we'll bring them with us to the market. We will also have used books for sale.

We are searching for a person to serve on the **Upper Skagit Library Board**. We are looking for someone with strong leadership skills, a love of libraries, and expertise in technology and finance. If you or someone you know is interested in this volunteer opportunity please e-mail or call Library Director Brooke Pederson at [bpederson@upperskagit.lib.wa.us](mailto:bpederson@upperskagit.lib.wa.us) or 360.853.7939.

**What's new** at the library? In adult fiction, check out the immensely popular *The Orenda*, by Joseph Boyden. Journey through 1940s America in search of fame and fortune with *Lucky Us*, by Amy Bloom. In adult nonfiction, delve into *A Wolf Called Romeo*, by Nick Jans and *American Catch: The Fight for Our Local Seafood*, by Paul Greenberg.

New children's books include *Tell Me a Scary Story*, and for those practical jokesters out there, *100% Pure Fake* by Lyn Thomas will surely gross you out. In Young Adult, *The Night Gardener* by Jonathan Auxier will keep you guessing.

The next Library Board Meeting will be Sept. 18 at 5 p.m. at the Rockport Fire Hall. Thanks for supporting your local library. See you soon!

—Cora Thomas, library associate

## Lions ROAR

September 3 is the **first meeting** for the Lions Club since we adjourned for the summer. Even without the meetings, we had a very busy August.

Lions Club members participated in the annual **Cascade Days** celebration by having their hot dog and hamburger barbecue and a float in the parade. We want to thank all of the folks who purchased food from us; we actually ran out of food twice. Also, we won the trophy for Best Float.

The highlight of this year was our **75th Anniversary celebration**, which was held Aug 23. There were more than 40

attendees.

The **next meetings** will be held on Sept. 3 and Sept. 17 in the front room at Annie's Pizza Station. The meetings start at 6:30 p.m.; however, there is always a group that gathers around 6 p.m. to eat and socialize before the meeting starts. All existing members mark your calendar. For those interested in becoming a member, submitting a request, or just want to see what we are about, please feel free to stop in.

The Lions Club has access to **medical equipment**, such as wheel chairs, walkers, shower chairs, and commodes, that can be loaned out to help those in need. Please contact any Lions Club member and we will do our best to help you out.

—Connie Smithhart

**Blotter**, cont. from p. 31

### Aug. 15

The Burlington Police Dept. asked SCSO deputies to check an address in Concrete for three runaway girls. The three were located by a deputy and returned to Burlington. The wrath of mom is upon them.

### Aug. 16

A caller from just outside Lyman town limits reported an odd finding. He was walking through his house and discovered a small plastic baggy stuck to his boot. He thought it might be a baggy of methamphetamine; he was right. A deputy took possession of the drugs and it will be destroyed. The man's roommate will be evicted.

## BUSINESS DIRECTORY

### Bookkeeping

**UpRiver Bookkeeping Services**  
360.853.7667 or 360.708.9761  
[upriver21@hotmail.com](mailto:upriver21@hotmail.com)  
Reasonable rates  
Payroll services to full-charge bookkeeping

### Brew pubs

**Birdsview Brewing Co.**  
Fresh micro beer brewed on our premises  
Great food! Family friendly!  
Open Tuesdays through Sundays  
38302 SR 20, Birdsview // 360.826.3406  
[www.birdsviewbrewingcompany.com](http://www.birdsviewbrewingcompany.com)

### Chiropractors

**Concrete Chiropractic**  
Headaches, neck pain, low back pain?  
\$25 chiropractic adjustment!  
7460 S. Dillard, Ste. D., Concrete  
Mon. – Fri., 9 to 6; Sat., 9 to noon  
360.214.2086 // [concretechiro@gmail.com](mailto:concretechiro@gmail.com)

### Construction

**Don Payne's Backhoe Services**  
Extensive experience, reasonable rates  
Trenching for electrical and plumbing lines, site preparation, road- and lot-clearing  
360.853.7838 / 770.0178 / #PAYNE\*066BC  
[dpaynes2001@yahoo.com](mailto:dpaynes2001@yahoo.com)

### Donald K. Moore Construction

Dump truck / Sand / Gravel / Topsoil  
Complete excavation and lots, to acreage cleared / log loads, underground utilities avail.  
Licensed, bonded, and insured  
360.853.8525 / Reg. #DONALKMO15KE

### Sconce Home Service, Darrington

\*Home repair/renovate/remodel. \*Home/Apts. maint. \*Drain cleaning & root removal  
Annual, monthly arrangmnts; on-call w/rentals (home) 360.436.2141 or (cell) 253.343.4762

### Gifts

**All Valley Storage & Gifts**  
31687 SR 20, Ste. 102, Lyman/Sedro-Woolley  
Our prices can't be beat! Beanpod candles, home/garden items, decorating ideas, more!  
360.826.6001 / [allvalleystorageinc@live.com](mailto:allvalleystorageinc@live.com)  
Online: [www.allvalleystorageinc.com](http://www.allvalleystorageinc.com)

**Matty's on Main**  
45726 Main Street, Concrete  
UNIQUE & ANTIQUE / JEWELRY & PAWN  
Inventory Clearance: 20 – 50% off!  
NEW INVENTORY WEEKLY  
360.333.8851

### Hair salons

**Hair Fitness**  
Complete family hair care, specializing in:  
PERMS / COLOR & CUTS / WAXING  
More than 25 years' experience!  
Call Kathy Monrad and Becki Hoover for appt  
360.853.8684

### Health insurance

**Salena Levy- licensed insurance producer**  
Health insurance is confusing with all the new laws and options, but it's never too late to be protected. I can help. Call for your free, no-obligation consultation: 360.333.9076  
Health/Life/Supplements

### Liquor stores

**Concrete Liquor Store & Convenience Store**  
45895 Main Street, Concrete // 360.853.7149  
Monday thru Saturday 11 a.m. – 7 p.m.  
Sundays Noon to 5 p.m.  
Gifts, Rocks, Tobacco, Cigars, and more!

### Pawn shops

**Gold Nugget Jewelry & Loan**  
New & Used guns, ammo, sporting goods  
We Buy, Sell, & Loan Guns, gold, coins  
Corner of Hwy 530 & Mt. Loop Hwy, Darrington  
Mon. - Fri. 10–6, Sat. - Sun. 10–5  
360.436.1029 [www.goldnuggetpawnshop.com](http://www.goldnuggetpawnshop.com)

### Restaurants

**Cascade Burgers**  
45292 State Route 20, Concrete  
Featuring great burgers, fries, and milkshakes in a 1950s, family-style atmosphere!  
OPEN DAILY: 11 a.m. – 7 p.m.  
Ask about our daily specials! 360.853.7580

**Perks Espresso & Deli**  
Full breakfast, espresso, sub sandwiches, drive-thru and take-out. Find us on Facebook.  
M–F, 5 a.m. to 2 p.m.; Sa.–Su. 7 a.m. to 2 p.m.  
44586 SR 20, Concrete  
360.853.9006

### RV Repair

**Goldner RV Repair, Concrete**  
Mobile RV Maintenance & Repair  
LP gas systems, water, heating systems, AC/DC electrical  
360.826.3303 // [rvrepair@frontier.com](mailto:rvrepair@frontier.com)

### Self-storage

**Concrete Self-storage**  
Located on Fir Street, Concrete  
Heated and nonheated, security surveillance, coded entry, 4x5 to 15x32 units, locks for sale. Customer service is our top priority!  
360.853.8100/[concreteseelfstorageinc@live.com](mailto:concreteseelfstorageinc@live.com)

### Septic services

**Cinema Septic**  
Inspection, troubleshooting and pumping  
Serving all of Skagit County  
Fred West, owner. 360.466.8753  
[fred@cinemaseptic.com](mailto:fred@cinemaseptic.com)  
[www.cinemaseptic.com](http://www.cinemaseptic.com)

## Don't be shy



**Got a story worth telling?**  
**Concrete Herald wants to tell it!**

**Contact:**  
**Jason Miller, editor**  
**360.853.8213**  
[editor@concrete-herald.com](mailto:editor@concrete-herald.com)

## Concrete Herald

### Thrift stores

**Second Floor Thrift Store**  
Antiques, Vintage, Collectibles, Thrift  
Inside & upstairs at Gold Nugget Pawn Shop  
Corner of Hwy 530 & Mt. Loop Hwy, Darrington  
Fri. 10–6, Sat. - Sun. 10–5  
360.436.1029 [www.goldnuggetpawnshop.com](http://www.goldnuggetpawnshop.com)

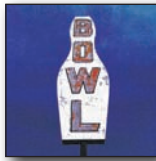
### Towing services

**Dave's Towing 360.853.7433, Concrete, WA**  
Cash for clunkers, towing and extractions, abandoned vehicle removal, lockouts, fuel delivery. Credit cards and insurance accepted. Discounts for locals.  
360.853.7433 or 360.770.6705

### Rogers Towing

"We don't want an arm and a leg, just your tows!" 24/7 towing, lock-outs, damage-free flatbed plus wheel-lift towing.  
Credit cards/insurance accepted.  
360.826.5514 -- Best price in Skagit!

**To add your business to this directory, call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com)**



# Out & About



## Anacortes

### Antique machinery in town

The 19th annual Anacortes Antique Engine and Machinery Show will be held Sat., Sept. 13, from 9 a.m. to 4 p.m. at Market St. and T Ave., behind the W. T. Preston steam-powered sternwheeler. A parade of tractors in downtown Anacortes is slated for 11 a.m. Visitors will enjoy hay rides, children's activities, music, demonstrations, and, of course, an assortment of chugging old engines. Machinery buffs from across the Northwest will show off tons of gas, steam, and kerosene-fueled machines that powered the mills, factories, and farms of days gone by. Check out working tractors, boats, trucks, cars, and more.

## Skagit County

### Heart Lake, Big Lake garner health warnings

SKAGIT COUNTY — Skagit County lakes began showing evidence of significant blue green algae blooms in August. Blue green algae can produce toxins that are harmful to humans and animals. Water samples tested from Heart Lake near Anacortes and Big Lake in Skagit County both showed the presence of blue green algae toxins. The level of the acute neurotoxin Anatoxin-a in Heart Lake triggered the posting of warning signs around the lake. Until further notice, people should not swim in the lake, drink lake water, or allow pets or horses access to the lake

water. Fish caught from Heart Lake should be cleaned well and guts discarded. Areas of scum should be avoided when boating. Big Lake had visual evidence of a significant bloom, but toxin levels remain below the Warning level. Toxin levels can change quickly, so users of Big Lake should avoid areas of scum and intensely colored water. A caution sign has been posted at the public access boat ramp at Big Lake. Water samples will be tested weekly from both lakes while the blooms persist. Users of Deception Pass State Park should be aware that Cranberry Lake in the Island County portion of the park remains closed until further notice due to high Anatoxin-a levels. For questions concerning lakes within Skagit County, e-mail Polly Dubbel at pollyd@co.skagit.wa.us or go to the Washington State Department of Health Web site at [www.doh.wa.gov/communityandenvironment/contaminants/bluegreenalgae](http://www.doh.wa.gov/communityandenvironment/contaminants/bluegreenalgae).

welcome at both workshop locations on the day of the classes as space becomes available. Classes may also be registered for individually for \$10 per specific class. A \$10 discount is offered if registered for all six classes (\$50 for six classes). For more information, go to [www.skagitvalleygenealogy.org](http://www.skagitvalleygenealogy.org), e-mail [genealogy0715@gmail.com](mailto:genealogy0715@gmail.com), or call 360.630.0170.

## La Conner

### Swinomish Channel dredging

The next round of maintenance dredging in the Swinomish Channel will begin in late September. On July 22 the Seattle Engineer District of the U.S. Army Corps of Engineers issued a contract to American Construction Co. Inc. for \$820,750, to complete the FY14 Swinomish Channel Maintenance Dredging project. American also was the contractor for the last round of dredging in 2012-13. According to the Corps, this year's dredging will be confined to the south end of the channel, where the accumulation of sediment is most prevalent. The project is expected to take 35 to 40 working days to complete and should be finished around Christmas.

## Burlington

### Genealogy workshops offered

Skagit Valley Genealogical Society (SVGS) will offer six-week courses at the Burlington and Anacortes Public Libraries starting in September. Beginners Genealogy Workshop will be held at the Burlington Public Library, 820 E. Washington Ave., Burlington, on Tuesdays from 1 to 3 p.m., from Sept. 9 through Oct. 14. The workshop will be repeated at the Anacortes Public Library, 1220 10 St., Anacortes, on Wednesdays from 12:45 to 2:45 p.m., from Sept. 10 through Oct. 8, with the final class on Oct. 22 (no class on Oct. 15). To register, go to [www.skagitvalleygenealogy.org](http://www.skagitvalleygenealogy.org) to download and print the mail-in registration form. Registration is by check or cash only. The fee for the six-week series of classes is \$50 for all six classes if pre-registered by Sept. 2. Space is limited, so early registration is recommended. Walk-ins are



# Home & Garden



## Garden Patch

By Gladys Silrus

As fall approaches, give some thought to getting the garden ready for the fall and winter months ahead. The cooler weather will be an ideal time to begin getting plants ready for winter, to plant spring bulbs, and cultivate and harvest fruits and veggies.

**Poinsettias and Christmas cactus** If you put some of your houseplants outdoors during the summer, it is time to bring them back inside before there is any chance of the cooler fall evenings spoiling them.

September also is the month to begin conditioning the Christmas Poinsettias and Christmas cactus to get them ready for the upcoming holiday season. Both of these plants should be put in a spot where they will receive 14 hours of darkness and 10 hours of bright light each day. The poinsettias need a warm spot where temperatures range between 65 and 72 degrees, while the Christmas cactus needs a spot where the temperatures are 50 to 60 degrees. These temperatures and light exposure are what help induce the development of the buds, flowers, and colored bracts.

**Bulbs** Plant bulbs in fall. The bulbs of spring-flowering tulips, daffodils, hyacinths, and crocus are planted during September, October, and November. Select firm, disease-free bulbs. Plant the bulbs three times deeper than the greatest diameter of the bulbs. Mix the correct amount of bone meal and bulb fertilizer into the planting hole as you prepare the soil. Add soil dust to protect the bulb from soil-borne insect and disease infestations. The bulbs will grow and flower best in well-drained soil.

**Lawns** September is one the best months for seeding or sodding new lawns. It is also a good time to overseed an old lawn with new lawn seed to help fill in thin spots and crowd out weeds and mosses. If the lawn needs thatching, it can be done during early fall. Be sure to fertilize after thatching. It is a good idea to also overseed the entire lawn so it recovers

more quickly. If thatch is not a problem, you may want to apply a fall or winter type of lawn fertilizer in September, October, or November. Fall feeding encourages good root development and helps green the grass.

**Weeding** Warm weather has encouraged weed growth this summer, so pull or cultivate them before they have a chance to go to seed and flower again.

**Color** If you want to add color to the garden, try winter pansies, flowering kale, and flowering cabbage. Fall mums also are nice. Pansies are particularly nice to use when planting bulbs because they reach their peak of beauty in spring, just about the time the bulbs bloom.

**Fall vegetables** Fall is a critical time for harvesting fruits and vegetables. It is easy to overlook the ripening time of some types. Corn is a good example: If you let it go too far past its peak, the corn loses a lot of its flavor. The same goes for apples, pears, and plums. There are ways to check produce to determine its ripeness: by appearance, by feel, and by taste.

**Slugs and bugs** Slugs are now laying their fall batch of eggs, so be on the lookout for slug eggs. They are usually in clusters of up to 50 eggs. Each egg is about the size of a BB. They are almost translucent in color, and are usually found along the edge of the lawn or under sticks and stones.

**Planting** Perennials can be started from seed this month. Simply scatter the seeds in a row or in open beds. The seedlings can be transplanted into a permanent spot next spring. This is also a good time to select and plant trees and shrubs. Fall planting encourages good root development and gives the plants a chance to get established before next year's growing season. Happy gardening!

Send gardening questions to Gladys. Call her at 360.826.4848, or write to her at [gsilrus@frontier.com](mailto:gsilrus@frontier.com) or 42002 Pine St., Concrete, WA 98237.



Volunteer Kaitlynn Michaud takes a break after building a small retaining wall at the Angele Cupples Community Garden in Concrete in August. The wall was made with salvaged concrete core samples.

Come see the stars under the stars!

**FREE MOVIE!** **COMMUNITY MOVIE NIGHTS IN CONCRETE!** **FREE POPCORN!**

★ **SEPTEMBER 5** ★

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editor@concrete-herald.com



# Smile

## Dwelleysms

Wit from former Concrete Herald editor Charles M. Dwelley

“If you ever get involved in a murder case, don’t be the victim. He gets little sympathy and is soon only the cause of the murderer’s misfortune.”

“Basically life is a struggle between the sexes. In most cases, the housewife against the bill collector.”

—Dec. 2, 1954

“The growth of our education system is most strikingly illustrated by the fact that we put more kids in one little yellow school bus than we used to teach in a couple of little red schoolhouses.”

“The woman hit by a meteorite wants it back when the Air Force gets through investigating it. A valuable souvenir—the first instance of a person being hit by a rock thrown by neighbors in space.”

“Apparently most of the fighting against communism is effective only when done in abstract and in a loud voice.”

“Home basements are returning to popularity. It seems there just was no place to throw things when cleaning up the yard.”

“Keeping Santa Claus round and jolly is keeping a lot of pocketbooks sad and skinny.”

—Dec. 9, 1954

“Air travel is becoming commonplace, more so because the illusion of grandness that once covered traveling has been shattered by speed. You can now cover half the world without moving out of a comfortable chair in a small room. The room does the traveling for you. You have to use your imagination to realize you’ve been anywhere.”

“They have invented a laugh machine to spark TV comedians in their acts. Now for a smaller model to be installed with the set for folks who are too tired of the old jokes to chuckle, even on cue.”

“Time was when a home was held together by Love, Faith, Hope, and Charity. Then they discovered they were enough for a game of bridge, and nobody has heard much from them since.”

“This is the time of year when political

parties decide just how much of their campaign oratory is to be junked in favor of doing what they intended to do all the time.”

“Headlines are wonderful things. Without them, half the newspaper readers would never know what was going on in the world.”

“Dehydrated steak has been developed, so say the scientists. Pshaw, my wife discovered those when a mere bride.”

—Dec. 16, 1954

“Many of our economic problems arise from relying on mental midgets to give orders for intellectual giants to carry to completion. The performance is efficient enough, but the original ideas are stupid.”

“Big plans ahead in the highway department, and the Upper Valley is on the list for practically everything we need except the cross-state highway. It’s a ‘future’ project that keeps getting futurer.”

“Natural gas is the next public utility to enter the discussion in the Pacific Northwest. And as usual, the greatest argument is over just who is going to make the profit that prospective customers will so gladly provide.”

—Dec. 23, 1954

“We may be able to beat Russia to the moon, but never to the dinner table. We furnish tax money so they can buy tax-supported wheat surpluses at bargain prices.”

“What the world needs most in the way of gadgets right now is a revival kit for people who couldn’t care less.”

“They say the man who never makes a mistake is one who never does anything. Could be, but from our vantage point, we’d say he is making the biggest mistake of all.”

—Jan. 2, 1964

## Concrete Harold

By Joyce Harris



## Public Service Announcement

By Stig Kristensen



## Crossword: “Renovations”

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20						21					22			
			23											
24	25	26							27		28	29	30	31
32						33	34	35	36		37			
38			39	40					41					
42						43						44		
45						46				47	48	49		
					50		51	52	53					
54	55	56	57									58	59	60
61						62					63			
64						65					66			
67						68					69			

### Across

- Spring flowers
- Holder for 1-Across
- Luxury home features
- Ready for battle again
- Regrettably
- Broke down
- Available
- Barber’s supply
- Part of WATS
- Liposuction, e.g.
- Encirclement
- Maximum
- James, for one
- Clavell’s “ \_\_\_\_-Pan”
- Decorative pitcher
- Emmy-winning Lewis
- Hit TV show
- Turbine part
- Decorative inlay
- Corroded
- Supplement
- Waders
- \_\_\_\_ sin
- Updating a kitchen, e.g. (Brit.)
- Start of something big?

- Stake driver
- Like some calendars
- Make waves?
- Bugbear
- Computer acronym
- Deep black
- Engine parts
- Gave out

### Down

- Video game
- City near Sparks
- These may be sowed
- Doggerel
- Drives
- Oracular
- “Wellaway!”
- Hot stuff
- 100 centavos
- Booty
- Title for some priests
- Monkey
- Corset part
- \_\_\_\_ pole
- Apply anew
- Female organs
- Phylum, for one

- Paws
- Howe’er
- They go with the flow
- Mountain ridge
- Some messages
- It’s catching
- Down Under bird
- Noise from a fan
- Lobster eggs
- Overthrow, e.g.
- “In & Out” star, 1997
- Aftershock
- “Johnny Armstrong,” for one
- Maltreat
- Insect stage
- Noggin
- Wastes time
- Arizona Native American
- Dutch \_\_\_\_
- Gloom
- Prize since 1949
- Machu Picchu builder
- Hit hard
- Pluck

## Sudoku

To solve the Sudoku puzzle, place a number in the empty boxes in such a way that each row across, each column down, and each small 9-box square contains all of the numbers from one to nine.

1		2	7		3	5		
	8	9					7	
3				9		2	1	
	5		4					
	2		8		9		5	
					5		2	
	9	6		7				5
	7					3	8	
		5	1		4	9		7

\*Solutions to both puzzles are on p. 39.

# CONCRETE HERITAGE MUSEUM YARD SALE

## A FUNDRAISER TO SUPPORT THE MUSEUM’S ROOF REPLACEMENT

Sat., Sept. 6  
9 a.m. to 3 p.m.

Swap Meet Field, Concrete  
(west of Loggers Landing)

Donations accepted from 7 to 9 a.m.  
(no large furniture, large appliances, clothes, or books, please)

**Letters**, cont. from p. 2

friends, family, and the support of the community; help came from all directions. Thank you to everyone who donated time, physical labor, money, or ideas. Although we are a small town, we have big ideas and heart.

Kudos to all the young people who came out to give a hand; you make our community strong.

This year everyone who came to play in the mud had a great time, and next year we are expecting more muddy runners.

We have already started planning for next year’s Mud Run and are so excited. Keep your eyes open for early registration in 2015, for good deals.

Thanks again!

*Becky Luttrell  
Concrete*

**Alliance supports Easton**

Just Water Alliance is pleased to support Jason Easton in the upcoming Skagit PUD Commissioner race for District #1. Skagit PUD has an inherent responsibility to cooperatively and proactively protect our water resources throughout the entire community. We see that Jason’s extensive experience from the planning

commission and elsewhere will provide citizens with renewed commitment and leadership at the PUD, one that is focused on fiscal accountability, transparency, and community-based advocacy. His enthusiasm and genuine concern for the future of our community, environment, and its water resources are needed to stabilize the utility’s direction.

Jason will provide a balance giving rural landowners and farmers a broader voice in the Skagit Watershed’s water resource issues. We know that he will work tirelessly to realign Skagit PUD’s focus in our community that truly includes providing water for everyone. We look forward to working with him on solutions.

*Zachary J. Barborinas, Mount Vernon  
Just Water Alliance*

**Back-to-School Blessing  
a repeat success**

This community proves its dedication to its students year after year in its generous support for the Concrete Back-to-School Blessing project.

The B2SB team thanks all of you for your donations in both monetary and school supplies, which enabled us to assemble 195 backpacks with pencils and paper and other classroom necessities.

We also appreciate all of our wonderful volunteers who helped fill and move the backpacks.

We were able to use the CCD building for our project; many thanks to St. Catherine’s Catholic Church for letting us use this space. Special thanks also to Lou and Jim Hillman and Kay Berkhouse-Brown for getting the leftover backpacks to the East County Resource Center, which is enabling families who couldn’t get to the original event to pick them up afterward.

Thank you to our corporate sponsors: Community Action of Skagit County, 5b’s Bakery, Walmart, Costco, Yeates Family Dental, Rita Odonez of the Community Action Food Distribution Center, and Northwest Coast Presbytery. We also thank Albert’s Red Apple and Annie’s Pizza Station for allowing us to place donation cans at their businesses.

Thank you all for making this assistance to our students available to them once again. Because of you, our students can start the school year with the supplies they need.

*Naomi Rumpff  
Concrete Back-to-School Blessing*

**Book Sale a winner**

For the Friends of the Upper Skagit Library, I want to thank all who made our Cascade Days Book Sale a success. They include:

The exceptional crew of guys with the canopies and tables: John Boggs, Dan Schei, Dan Beheytt and his son, Tim (visiting from New Orleans), Tom Gibson, Bill Pfeifer, Steve Johnson, and John’s helper, Bill Sullivan. They made a lot of work look like fun.

The members and friends who helped our book buyers find and bag their books: Erma Baude, Rosemary Bettikofer, Kathy Manzoor, Connie McCloud, Doris Pollack, Anita Hagen, Becky Schmidt, Nancy Sparkowich, Dianna Wood, Linda Carpine, and Michelle Coda (who helped me organize); Brooke Pederson, Nancy Sparkowich, and Ingeborg Hightower from the library sorted books at the end of the day.

Dianna Woods took the discards to Value Village. The Beheytt family delivered and put away books, and took a big load to Auburn for Thriftbooks. Sue Beheytt supported me and handled our generous donations from all who bought books and slipped in a little extra. And, especially, Steve Johnson for all he did and does.

And I can’t forget the nice lady who scooted the rubber-ducks out of the way so I could leave the parking lot.

What a wonderful place we live in. Thanks to you all.

*Nancy B Johnson, Book Sale chair  
Friends of the Library  
Rockport*

**Skagit Valley Natural Hazards Survey**

A new survey aims to gather information about natural hazards in the Skagit Valley while educating participants.

“The Skagit Valley is affected by a number of natural hazards with potentially severe impacts,” said Boise State University Geoscience masters student Kimberley Corwin, who is administering the survey as part of her studies. “A few simple steps can prepare you and your family and keep these natural hazards from becoming natural disasters.”

The survey invites residents to answer a few simple questions about their

awareness of and preparedness for select hazards. The survey provides educational material on natural hazards, plus ways to prepare. Participants also have the chance to win a 7-inch tablet.

To take the survey, go to [www.surveymonkey.com/s/skagithazards](http://www.surveymonkey.com/s/skagithazards).

Participants must be 18 years or older and live or work in the Skagit Valley. The survey is completely anonymous.

For more information, contact Corwin at [kimberleycorwin@u.boisestate.edu](mailto:kimberleycorwin@u.boisestate.edu) or research advisor Dr. Brittany Brand at [brittanybrand@boisestate.edu](mailto:brittanybrand@boisestate.edu).

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**Classifieds**

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**EMPLOYMENT**

**Drivers wanted.** Dave’s Towing. 360.853.7433.

**Reporter, contract position.** *Concrete Herald* seeks a competent writer to cover Concrete town government on a monthly basis, beginning ASAP. Compensation will be based on attendance at all Town Council meetings, plus production of two articles per monthly issue. Interested persons should send resume, two journalism samples, and letter of interest to [editor@concrete-herald.com](mailto:editor@concrete-herald.com). For more information on this position, call 360.853.8213 or e-mail [editor@concrete-herald.com](mailto:editor@concrete-herald.com).

**GARAGE SALES**

**Sedro-Woolley.** Sept. 13, 9 a.m. to 3 p.m. Sedro-Woolley Eagles parking lot. 1000 Metcalf St. Lots of things to buy! Buy a hot dog and soda. All proceeds go to Women’s Auxiliary Scholarship Fund. No early birds!

**NOTICES**

**NOTICE OF TOWN COUNCIL  
2015 BUDGET WORKSHOPS**

NOTICE IS HEREBY GIVEN that the Concrete Town Council will hold workshops on the following dates in preparation for the 2015 Budget:

Sept. 22, 6 p.m.: 2015 Fees/Utility Rates  
Oct. 14, 6 p.m.: Review 2014 Budget  
Oct. 27, 6 p.m.: 2015 Salary/Benefit Workshop  
Nov. 10, 6 p.m.: Review 2015 Proposed Budget

**Sudoku solution, from p. 37**

1	6	2	7	4	3	5	9	8
5	8	9	2	6	1	4	7	3
3	4	7	5	9	8	2	1	6
9	5	8	4	2	7	6	3	1
6	2	3	8	1	9	7	5	4
7	1	4	6	3	5	8	2	9
8	9	6	3	7	2	1	4	5
4	7	1	9	5	6	3	8	2
2	3	5	1	8	4	9	6	7

Nov. 24, 6 p.m.: 2015 Budget (IF NEEDED)

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at the Concrete Town Hall (360) 853-8401.

Published in the September, October, and November 2014 editions of *Concrete Herald*.  
Andrea Fichter, Clerk-Treasurer  
TOWN OF CONCRETE  
45672 Main Street  
P.O. Box 39  
Concrete, WA 98237  
(360) 853-8401 FAX (360) 853-8002  
E-mail: [andrea@concretewa.gov](mailto:andrea@concretewa.gov)

**TOWN COUNCIL TO HOLD  
COMMUNITY FORUM**

NOTICE IS HEREBY GIVEN the Concrete Town Council will hold a community forum on Sept. 17, 2014, from 7 p.m. to 9 p.m. at the Town of Concrete Town Hall. The purpose of this forum would be to educate and inform the community and public regarding the possibility of the Town of Concrete annexing into the county library district, as well as to gather community and public feedback. All community members are encouraged to attend, especially those living within the town limits of Concrete.

The Concrete Town Council chambers are handicap accessible. Arrangements to reasonably accommodate the needs of special classes of citizens, including handicap accessibility or interpreter, will be made upon receiving twenty-four (24) hour advance notice. Contact Andrea Fichter at the Concrete Town Hall (360) 853-8401.

Published in the September 2014 issue of *Concrete Herald*.  
Andrea Fichter, Clerk-Treasurer  
Town of Concrete

**SERVICES**

**Eagles In Flight** Motorcycle Sales and Service / Sissy Bar. 360.853.7000.

**Crossword solution, from p. 37**

1	C	R	O	C	5	6	V	A	S	9	10	S	P	A	S
14	R	E	A	R	M	15	A	L	A	S	16	W	E	P	T
17	O	N	T	A	P	18	T	A	L	C	19	A	R	E	A
20	C	O	S	M	E	21	I	C	S	U	R	G	E	R	Y
23	B	L	O	C	K	A	D	E							
24	T	M	O	S	T	27	O	U	T	L	A	S	W		
32	T	A	I			33	E	W	S	E	R	37	S	H	A
38	E	X	T	R	E	M	E	M	A	K	E	O	V	E	R
42	R	O	T	O	R	43	B	U	H	L	44	A	T	E	
45	I	N	S	E	R	46	T				47	I	B	I	S
						50	O	R	I	G	I	N	A	L	
54	H	O	M	E	R	E	M	O	D	E	L	L	58	N	G
61	O	V	U	M	62	M	A	U	L	63	L	U	N	A	R
64	P	E	R	M	65	O	G	R	E	66	A	S	C	I	I
67	I	N	K	Y	68	R	O	D	S	69	D	E	A	L	T

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**Council, cont. from p. 7**

- different spots in town.
- Council approved \$11,365 toward engineering a water line replacement along Cupples Alley from Main St. to Limestone. The project would replace the existing wood water pipe, replace a leaking standpipe with a fire hydrant, and add three valves at the north end of the line to more precisely control the flow.
- Hart reported that formal announcements have been made regarding the grant applications the town submitted to the Skagit Council of Governments (SCOG). The town received funding for three different projects: bicycle and pedestrian improvements on Cedar St., sidewalks on West Main St. from Superior Ave. to Park Ave. North, and design for the overlay on West Main St. from Superior Ave. to Park Ave. North.
- Hart also reported on the Fire and Life Safety Facility bid opening. He stated that Interwest Construction was the apparent low bidder. He reported on the current gap in the funding available to complete construction. He reported on the bid schedules, as well as the alternate items. He reported the increased bid came from one schedule for the construction of the building and the estimated amount of the shortfall.

Audience member and former mayor Judd Wilson asked why the funding amount is short. He stated that \$1,785,000 had been secured when he was the mayor and asked for an explanation on why the funding is now short.

Fichter reported on how the state allocation was reduced by \$23,500 by the Department of Commerce to cover their administering those funds. She also reported on the amounts that were expended prior to award, as well as those that have been paid out so far for design engineering, architectural, and environmental services. She also reported on what is left in the actual construction budget, as well as the other costs.

Cody reported on the bid items and that the bid had come close to

the engineer’s estimate on most everything except for the actual building.

Dave Pfeiffer asked if this would delay the project. Cody stated they have already begun working with the contractor to reduce costs and still get this project completed.

- Lacking all the numbers needed to make a decision, Councilmembers Reed and Ginger Kyritsis stated they would recommend scheduling a special meeting so that they can have all costs in front of them to review before awarding the project.

**Aug. 27 special meeting**

- Council met to discuss the budget shortfall associated with the Fire and Life Safety Facility project, as well as to discuss additional cost-saving measures provided by Milo Sligar from Interwest Construction, Inc.
- With a \$100,000 gap, efforts by town staff, Hart, Interwest, and architect Carletti Associates found \$116,000 in savings, although not all changes were recommended.
- Council voted to award the project to Interwest. Construction should begin Sept. 15.

—Compiled by J. K. M.

**Sunday School, cont. from p. 30**

Him that we can be forgiven. Once we come to Him, we can be empowered to forgive ourselves and others (John 1:12). Forgiveness dissolves the glue that sticks the sinner to sin. As someone said, “Sins are inevitably burned in the eternal garbage dump called hell, or Gehenna, the valley of burning. Sinners are too if they stick to their sins, if they hold on to their garbage.”

There is a way out of the dilemma of sin, thanks to the life and work of Jesus Christ. All we have to do is admit it, meaning admit what I wrote to begin with. This is not easy, as we don’t see ourselves as sinners, yet we truly are. We all must say “I am a sinner.” As the Reformer Martin Luther once said, “First you have the bad news, then the good news.” We have to let go of the rope, stop the anger, the blaming, the hurting. Once we admit it, we begin a life that never ends, and it is what one might call Real Life. There is a brief description of it in the writings of David, Psalm 16:11. Read this passage, “admit it,” and begin the adventure.

*Bill Mueller preaches at Martha Lake  
Covenant Church in Lynnwood.*

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Sale ends 9/30/14

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Lipscomb, MD

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Williamson, MD

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